antitumor activity comparable to that of cisplatin but is less toxic to the kidney as shown in preclinical experiments (8). Nedaplatin produced a promising response rate for NSCLC, especially for squamous cell lung cancer (9,10). In addition, this drug can be safely administered with full-dose thoracic radiation, as shown in patients with esophageal cancer (11). Paclitaxel is another promising drug for the treatment of stage III NSCLC, as shown by the favorable response rate and survival in phase II trials in combination with platinum and thoracic radiation (6,7).

Our previous study of the nedaplatin and paclitaxel combination in patients with systemic disease showed that the recommended dose of these drugs was 80 mg/m^2 and 180 mg/m^2, respectively, repeated every 3–4 weeks. A promising response rate of 55% was achieved in patients with squamous cell lung cancer (12). The objectives of the present study were primarily to evaluate the toxicity of nedaplatin, paclitaxel and concurrent thoracic radiotherapy and determine the recommended dose of these two drugs for a phase II trial, and secondarily to observe the antitumor effect of this regimen in patients with stage III NSCLC.

PATIENTS AND METHODS

Patient Selection

The eligibility criteria were: histologically or cytologically proven NSCLC; unresectable stage IIIA or IIIB disease indicated for curative radiotherapy; no previous treatment; measurable disease; the percentage of the normal lung volume receiving 20 Gy or more (V_{20}) (13) expected to be 30% or less; age between 20 years and 74 years; Eastern Cooperative Oncology Group (ECOG) performance status (14) 0 or 1; adequate bone marrow function (12.0 $\times$ 10^9/L $\geq$ white blood cell (WBC) count $\geq$ 4.0 $\times$ 10^9/L, neutrophil count $\geq$ 2.0 $\times$ 10^9/L, hemoglobin $\geq$ 10.0 g/dL and platelet count $\geq$ 100 $\times$ 10^9/L), liver function (total bilirubin $\leq$ 1.5 mg/dL and transaminase $\leq$ twice the upper limit of the normal value), and renal function (serum creatinine $\leq$ 1.5 mg/dL and creatinine clearance $\geq$ 60 mL/min); and a PaO_2 of 70 torr or more. Patients were excluded if they had malignant pleural or pericardial effusion, active double cancer, a concomitant serious illness, such as uncontrolled angina pectoris, myocardial infarction in the previous 3 months, heart failure, uncontrolled diabetes mellitus, uncontrolled hypertension, interstitial pneumonitis or lung fibrosis identified by a chest X-ray, chronic obstructive lung disease, infection or other diseases contraindicating chemotherapy or radiotherapy, pregnancy, or breast-feeding. All patients gave their written informed consent.

Pretreatment Evaluation

The pretreatment assessment included a complete blood cell count and differential count, routine chemistry determinations, creatinine clearance, blood gas analysis, electrocardiogram, lung function testing, chest X-rays, chest computed tomographic (CT) scan, brain CT scan or magnetic resonance imaging, abdominal CT scan, and radionuclide bone scan.

Treatment Schedule

Paclitaxel and nedaplatin were administered as previously described (12). Briefly, paclitaxel diluted in 500 ml of 5% glucose was administered as a 3-h intravenous infusion with premedication consisting of dexamethasone, ranitidine and diphenhydramine. Nedaplatin diluted in 250 ml of normal saline was administered in a 1-h intravenous infusion. This treatment was repeated every 4 weeks for 3–4 cycles. The dose of paclitaxel was escalated as follows: 120 mg/m^2 (level 1), 135 mg/m^2 (level 2), and 150 mg/m^2 (level 2). The dose of nedaplatin was 80 mg/m^2 through the levels 1–3.

Thoracic radiation therapy was given with photon beams from a liniac or microtron accelerator with energy between 6 and 10 MV. The total dose of 60 Gy was delivered at a single dose of 2 Gy once daily Monday through Friday for 6 weeks without interruption beginning on day 1 of the chemotherapy. Three-dimensional conformal radiotherapy technique was used in all patients. The gross target volume (GTV) included the primary lesion (GTV1) and involved lymph nodes whose short diameter was 1 cm or larger (GTV2) based on conventional chest X-ray and CT scans. The clinical target volume (CTV) consisted of CTV1 and CTV2, identical to GTV1 and GTV2, respectively, and CTV3, the ipsilateral hilum and bilateral mediastinum area. The contralateral hilum was excluded from the CTV. The supraclavicular fossa was also excluded unless it was involved. The planning target volume (PTV) for the initial dose up to 40 Gy consisted of CTV1-3 with the superior and inferior field margins extended to 1–2 cm and the lateral field margins extended to 0.5 cm for respiratory variation and fixation error. The PTV for the boost 20 Gy included only CTV1-2 based on the second CT scans with the same margins. The spinal cord dose was limited to 44 Gy by using oblique parallel opposed fields.

Toxicity Assessment and Treatment Modification

Complete blood cell counts and differential counts, routine chemistry determinations and a chest X-ray were performed once a week during the course of treatment. Toxicity was graded according to the NCI Common Toxicity Criteria version 2.0. Subsequent cycles of chemotherapy were delayed if any of the following toxicities was noted on day 1: WBC count $<$3.0 $\times$ 10^9/L, neutrophil count $<$1.5 $\times$ 10^9/L, platelet count $<$100 $\times$ 10^9/L, serum creatinine level $\geq$1.6 mg/dL, infection $\geq$ grade 2, elevated hepatic transaminase level or total serum bilirubin $\geq$ grade 2, pneumonitis $\geq$ grade 2, peripheral neuropathy, musculoskeletal pain $\geq$ grade 3, fever $\geq$ 38°C, or performance status $\geq$ 2. Chemotherapy was terminated if the toxicities did not

recover within 2 weeks. The doses of nedaplatin and paclitaxel were reduced by 25% in all subsequent cycles if any of the dose-limiting toxicities (DLTs) defined below were noted. The dose of nedaplatin was reduced by 25% in all subsequent cycles if the serum creatinine level was elevated to 2.0 mg/dl or higher. Thoracic radiotherapy was suspended if any of the following toxicities was noted: fever $\geq 38^{\circ}$C, infection $\geq$ grade 2, esophagitis of grade 3, performance status ≥ 3, or radiation pneumonitis was suspected. Thoracic radiotherapy was terminated if radiation pneumonitis that required corticosteroid administration was noted, or radiotherapy was not completed within 60 days. Both chemotherapy and thoracic radiotherapy were terminated if any of the following was noted: disease progression, any of the grade 4 non-hematological toxicities except abnormal electrolytes, performance status of 4, patient refusal to receive subsequent treatment, protocol violation, or patient death of any cause. Granulocyte colony-stimulating factor and antibiotics were administered if febrile neutropenia was noted.

DLT, Maximum Tolerated Dose (MTD), and Recommended Dose For Phase II Trials

The DLT was defined as a grade 4 leukopenia, grade 4 neutropenia lasting 7 days or longer, febrile neutropenia, platelet count $<20 \times 10^9$/L, grade 3 or a more severe non-hematological toxicity other than nausea, vomiting and transient electrolyte abnormality, and treatment termination before two cycles of chemotherapy and thoracic radiotherapy were completed. Dose levels were escalated according to the frequency of DLT evaluated during the first and second cycles of chemotherapy and thoracic radiation. Six patients were initially enrolled at each dose level. If none to two of the six patients experienced DLT, the next cohort of patients was treated at the next higher dose level. If three or more of the six patients experienced DLT, that level was considered to be the MTD. The recommended dose for phase II trials was defined as the dose preceding the MTD.

Response Evaluation

Objective tumor response was evaluated according to the Response Evaluation Criteria in Solid Tumors (RECIST) (15).

Study Design, Data Management and Statistical Analyses

This study was designed as a phase I study at the National Cancer Center Hospital. The protocol and consent form were approved by the Institutional Review Board of the National Cancer Center. Registration was conducted at the Registration Center. Data management, periodic monitoring, and the final analysis were performed by the Study Coordinator. A patient accrual period of 2 years and a follow-up period of 3 years were planned. Overall survival time and progression-free survival time were estimated by the Kaplan–Meier method (16). Overall survival time was measured from the date of registration to the date of death from any cause or last follow-up. Progression-free survival time was measured from the date of registration to the date of disease progression or death from any cause or last follow-up. Patients who were lost to follow-up without event were censored at the date of their most known follow-up. A confidence interval for the response rate was calculated using methods for exact binomial confidence intervals. Response rates among patients with squamous cell carcinoma and those with non-squamous carcinoma were assessed with the χ^2 test. The Dr. SPSS II 11.0 for Windows software package (SPSS Japan Inc., Tokyo, Japan) was used for statistical analyses.

RESULTS

Registration and Characteristics of The Patients

From October 2003 to July 2004, six patients were registered at dose level 1, eight patients at dose level 2 and five patients at dose level 3. Two patients at dose level 2 were excluded from the DLT evaluation, because they discontinued receiving the treatment early because of disease progression and anaphylactic shock, respectively. Initially, DLT was noted in only two of the six patients at dose level 2, and therefore, patient registration at dose level 3 was started. However, severe radiation pneumonitis developed 5 weeks after the end of radiotherapy in another patient at dose level 2 and this pneumonitis was counted as DLT. Thus, because DLT was finally noted in three of the six patients at dose level 2, patient registration at dose level 3 was stopped. One patient at dose level 3 was found to be ineligible because the radiation treatment planning showed that the V_{20} exceeded 30%. The patient did not receive the current treatment and was excluded from the analysis. Thus, a total of 18 patients were subjects of this study and their detailed demographic characteristics are listed in Table 1.

Treatment Delivery

The planned three to four cycles of chemotherapy were administered in 83% of patients in level 1 and in 50% of patients in levels 2 and 3. Radiation delivery was generally well maintained and it did not differ among the three dose levels (Table 2).

Toxicity, DLT and MTD

Hematological toxicity was generally mild. No more than 50% of patients developed grade 4 neutropenia, and no one developed grade 2 or higher thrombocytopenia (Table 3). Non-hematological toxicity other than lung toxicity was also well tolerated. One patient developed transient grade 3 esophagitis and grade 3 infection not associated with neutropenia, which were considered DLTs. Another patient developed grade 4 anaphylactic shock 1 min after the second cycle infusion of paclitaxel, but soon recovered with fluid

Table 1. Patient characteristics

	n	(%)
Number of patients	18	
Gender		
male	14	(78)
female	4	(22)
Age		
median (range), years	62.5	(46–69)
PS		
0	11	(61)
1	7	(39)
Body weight loss		
< 5%	15	(83)
5–9%	2	(11)
≥ 10%	1	(6)
Clinical stage		
IIIA	10	(56)
IIIB	8	(44)
Histology		
adenocarcinoma	8	(44)
squamous cell carcinoma	6	(33)
non-small cell, not specified	4	(22)

PS, performance status.

replacement and oxygen therapy. This patient was excluded from DLT evaluation. One patient in level 1 and another patient in level 2 developed grade 4 pneumonitis after completion of two cycles of chemotherapy and thoracic radiotherapy and they died of the pneumonitis. The V_{20} and mean lung dose (MLD) of these patients were 23% and 30%, and 1341 cGy and 1675 cGy, respectively.

Table 2. Treatment delivery

Dose level	Level 1	Level 2	Level 3
	(*n* = 6)	(*n* = 8)	(*n* = 4)
Number of chemotherapy cycles			
3–4	5	4	2
2	1	3	1
1	0	1	1
Total radiation dose (Gy)			
60	6	7	3
50–59	0	1	0
NE	0	0	1
Radiotherapy delay (days)			
0–4	5	7	2
5–9	1	0	1
NE	0	1	1

NE, not evaluable.

Table 3. Toxicity in all patients

Dose level	Level 1 (*n* = 6)			Level 2 (*n* = 8)			Level 3 (*n* = 4)		
Toxicity grade	2	3	4	2	3	4	2	3	4
Leukopenia	2	3	0	3	3	0	1	2	1
Neutropenia	0	4	1	2	3	1	0	2	2
Anemia	0	0	0	2	0	0	2	0	0
GPT elevation	1	0	0	2	0	0	0	0	0
Total bilirubin elevation	1	0	0	1	0	0	1	0	0
Infection	0	0	0	1	1	0	0	0	0
Allergic reaction	1	0	0	2	0	1	0	0	0
Anorexia	1	0	0	2	0	0	0	0	0
Nausea	0	0	0	1	0	0	0	0	0
Constipation	0	0	0	2	0	0	0	0	0
Esophagitis	1	0	0	2	1	0	0	0	0
Pneumonitis	0	0	1*	1	0	1*	0	0	0
Musculoskeletal pain	1	0	0	1	0	0	1	0	0
Alopecia	4	0	0	4	0	0	0	0	0

GPT, glutamic pyruvic transaminase.
*Pneumonitis was fatal in these patients.

Both patients were former heavy smokers with a smoking index of 520 and 1680, respectively. The chest CT scan of the former patient disclosed mild emphysematous, but no interstitial changes. A spirometry analysis showed a vital capacity (VC) of 3480 ml (104% of predicted), and a forced expiratory volume one second percent (FEV1.0%) of 82%. The lung diffusing capacity measurement using carbon monoxide (DL_{CO}) was not done in this patient. The PaO_2 was 93.3 torr. The serum LDH level before treatment was 241 IU/l (the upper limit of the normal value was 229 IU/l). The chest CT scan of the latter patient disclosed slight changes in the dorsal portion of the both lungs, which were considered the gravitation effect, or fibrotic changes. The VC was 3810 ml (107% of predicted), % DL_{CO} was 111%, and PaO_2 was 99.7 torr. The serum LDH level before treatment was 147 IU/l. Another patient in level 2, whose V_{20} and MLD were 15% and 822 cGy, respectively, developed grade 2 pneumonitis when he received 52 Gy of radiotherapy and the subsequent protocol treatment was stopped. The chest CT scan of this patient before treatment showed no abnormal findings except for lung cancer. Pulmonary function test values were all within normal limits. The serum LDH level before treatment was 178 IU/l. Thus, in total three (17%) of 18 patients developed unacceptable severe pneumonitis induced by the current treatment, which was counted as DLT.

To sum up, DLT was noted in one of six patients in level 1, three of six patients in level 2, and one of three patients in level 3. The DLTs were pneumonitis in three patients, grade 4 leukopenia in one patient, and grade 3 esophagitis and grade 3 infection in one patient. Thus, the MTD was determined to be level 1.

Objective Response and Survival

All patients were included in the analyses of tumor response and survival. No CR, 12 PRs, and 3 SD were noted among the 18 patients and the overall response rate (95% confidence interval) was 67% (41–87%). The response rate in patients having squamous cell carcinoma was 100%, while that for non-squamous histology was 58%. The median progression-free survival time was 9.7 months. The median overall survival time has not yet been reached and the 1-year survival rate was 78%.

DISCUSSION

The feasible doses of anticancer agents in this study were paclitaxel 120 mg/m^2 and nedaplatin 80 mg/m^2 every 4 weeks. These figures are lower than those in a randomized phase II trial for stage III NSCLC conducted in the USA, where paclitaxel 135 mg/m^2 and cisplatin 80 mg/m^2 were administered every 3 weeks concurrently with thoracic radiotherapy (6). The occurrence of severe pneumonitis hampered the dose escalation of the anticancer agents in this study. A Japanese phase I/II study of weekly paclitaxel, nedaplatin and concurrent thoracic radiotherapy for stage III NSCLC showed that the DLT was also pneumonitis and that the response rate was 75% and progression-free survival was 5.6 months, similar to the outcome of this study (17). The reasons for the frequent pneumonitis in this study remain unknown. Paclitaxel was the most frequently used anticancer agent together with thoracic radiotherapy in patients with NSCLC outside Japan. A randomized phase II study of induction chemotherapy followed by concurrent chemoradiation therapy in patients with stage III NSCLC (CALGB study 9431) showed that grade 3–4 pneumonitis during chemoradiation was noted in 14% of patients treated with gemcitabine and cisplatin, 20% of patients treated with paclitaxel and cisplatin, and 20% of patients treated with vinorelbine and cisplatin. One patient died of pneumonitis in the vinorelbine and cisplatin arm (6). Thus, incidence of pneumonitis in patients receiving paclitaxel was reported to be the same as that for other agents in this setting. Nedaplatin was a new agent but one of the platinum that has been repeatedly shown to be safely administered with radiation (1). A case series of 24 esophageal cancer patients treated with radiation therapy (60–70 Gy) combined with Nedaplatin (80–120 mg) and 5-fluorouracil (500–1000 mg for 5 days) showed that toxicity was mainly hematological and no grade 3 or higher non-hematological toxicity was observed (18). Treatment-related pneumonitis may be more readily developed among Japanese patients, because gefitinib-induced pneumonitis is more common in Japan than in other countries (19–21). Similarly, a relatively high incidence of drug-induced pneumonitis was noted among Japanese patients in association with the use of weekly docetaxel (20) and leflunomide, a newly developed disease-modifying antirheumatic drug that exhibits anti-inflammatory, antiproliferative and immunosuppressive effects (22). Further studies are needed to define ethnic or geographic variation of treatment-related pneumonitis.

Recent dose–volume histogram studies showed that the volume–dose parameters such as the V20 and MLD were significantly associated with development of severe radiation pneumonitis (23). The V_{20} and MLD in the three patients who developed unacceptable pneumonitis in this study (15–30% and 822–1675 cGy, respectively) were not so large, and therefore, the severe pneumonitis in these patients could not be fully explained by their irradiation volume alone. Patient characteristics such as age, sex, smoking habit, location of the primary tumor and pre-existing lung diseases may be associated with the development of radiation pneumonitis, but their contribution was inconclusive (24).

Radiation pneumonitis is the most common dose-limiting complication of thoracic radiation. Its incidence varies greatly from one report to another: the incidence of grade 2 radiation pneumonitis was between 2% and 33% and that of grade 3 was between 0% and 20% (25). This inconsistency among reports can be explained by the different radiation pneumonitis scoring system and follow-up duration in each study. No scoring system for radiation pneumonitis is perfect. The distinction between grade 2 and grade 3 toxicity is highly subjective. In addition, these scoring systems do not account for intercurrent symptoms from tumor, infection and chronic lung illnesses such as chronic obstructive pulmonary diseases (25).

For future trials, it is an important strategy to reduce the lung volume receiving radiation without an increase in the local recurrence rate. Elective nodal regions with potential subclinical micrometastases (CTV3 in this study) have been included in the standard irradiation volume. The advent of three-dimensional conformal treatment techniques, however, has allowed for a more precise definition of target volume and may allow the possibility of reduced toxicity and increased radiation dose delivery by the omission of elective nodal irradiation (26). We are conducting a phase I study of high-dose thoracic three-dimensional conformal radiotherapy without elective nodal irradiation concurrently combined with cisplatin and vinorelbine in patients with inoperable stage III non-small cell lung cancer.

In conclusion, the doses of paclitaxel and nedaplatin combined with thoracic radiotherapy could not be escalated owing to severe pulmonary toxicity. We do not recommend a phase II study of this chemoradiotherapy regimen.

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Conflict of interest statement

None declared.

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Serum Total Bilirubin as a Predictive Factor for Severe Neutropenia in Lung Cancer Patients Treated with Cisplatin and Irinotecan

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Objective: To clarify the association between pre-treatment total bilirubin (PTB) level and severe toxicity in patients receiving cisplatin and irinotecan.
Methods: We analyzed retrospectively the relationships of grade 4 neutropenia or grade 3–4 diarrhea and clinical variables including PTB and pre-treatment neutrophil counts (PNC) using a logistic regression model.
Results: One hundred and twenty-seven patients (93 men, 34 women; median age: 61 years; range: 24–74 years) received cisplatin (60 or 80 mg/m^2) on day 1 and irinotecan (60 mg/m^2) on days 1 and 8 every 3 weeks or on days 1, 8 and 15 every 4 weeks. Grade 4 neutropenia occurred in 29 patients (23%) and grade 3–4 diarrhea occurred in 13 patients (10%). Grade 4 neutropenia was associated with a higher PTB level (odds ratio: 4.9; 95% confidence interval: 1.4–17.7), a higher cisplatin dose (2.8, 1.0–7.8) and a lower PNC (1.5, 1.0–2.3). Grade 3–4 diarrhea was associated with liver metastasis (11.2, 2.2–57.4), a higher cisplatin dose (5.0, 1.2–21.3) and a lower PNC (2.0, 1.1–3.6).
Conclusions: PTB level was associated with the severity of neutropenia caused by cisplatin and irinotecan.

Key words: irinotecan – toxicity – lung cancer

INTRODUCTION

Although irinotecan is an active agent against several solid tumors, it sometimes exhibits serious adverse effects, the most common being bone marrow toxicity, in particular leucopenia and neutropenia, and ileocolitis, which leads to diarrhea (1–4). The severity of these toxicities varies greatly between individuals, and thus identifying pre-treatment factors that predict an increased risk for severe toxicities is a critical issue in the treatment of cancer patients undergoing chemotherapy.

Irinotecan needs to be activated by systemic carboxylesterases to SN-38 to exert its anti-tumor activity, which is mediated by the inhibition of topoisomerase I (5). Glucuronidation of SN-38 (SN-38G) by UDP-glucuronosyltransferase (UGT) 1A1 during biliary excretion is the primary route of detoxification and elimination. A higher ratio of plasma SN-38 to SN38-G has been correlated with severe diarrhea, suggesting that the efficiency of SN-38 glucuronidation is an important determinant of toxicity (6–8).

Genetic polymorphisms of the UGT 1A1 gene, such as the number of TA repeats in the TATA box that are associated with reduced transcriptional efficiency and functional activity, have been reported previously (7). Some studies have demonstrated an association between UGT1A1 polymorphisms and the risk for severe toxicity from irinotecan (6, 8–11).

The UGT1A1 enzyme is also responsible for hepatic bilirubin glucuronidation. Serum bilirubin levels, therefore, may reflect UGT1A1 activity and may also be associated with irinotecan activity and toxicity. The pre-treatment serum total bilirubin (PTB) level has been shown to be related to

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severe neutropenia in patients receiving 350 mg/m^2 of irinotecan (8). We extended this observation in patients receiving cisplatin and irinotecan to clarify the association between PTB and severe toxicity, including neutropenia and diarrhea, in these patients.

PATIENTS AND METHODS

Treatment Schedule

The subjects consisted of consecutive lung cancer patients who had received cisplatin and irinotecan therapy at the National Cancer Centre Hospital between February 1999 and May 2004. Irinotecan, diluted in 500 ml of normal saline, was given intravenously over 90 min at a dose of 60 mg/m^2 on days 1 and 8 or on days 1, 8 and 15. Cisplatin was given intravenously over 60 min after the irinotecan infusion at a dose of 60 or 80 mg/m^2 on day 1 with at least 2500 ml of hydration. The first phase I trial of irinotecan and cisplatin showed that 80 mg/m^2 of cisplatin on day 1 and 60 mg/m^2 of irinotecan on days 1, 8, and 15 were the recommended dose for phase II trials (12), and this dose schedule was used for subsequent phase II and phase III trials of non-small cell lung cancer (NSCLC) (13,4,14). The second phase I trial of this combination showed that 60 mg/m^2 of cisplatin on day 1 and 80 mg/m^2 of irinotecan on days 1, 8, and 15 were the recommended dose (15). A phase II trial for small cell lung cancer, however, showed that this dose schedule was too toxic, and thereafter the dose of irinotecan was reduced from 80 to 60 mg/m^2 (16). From the above, we used 80 mg/m^2 of cisplatin and 60 mg/m^2 of irinotecan for patients with NSCLC, and 60 mg/m^2 of cisplatin and 60 mg/m^2 of irinotecan for the other patients. Administration of irinotecan was omitted if any of the following toxicities were noted on days 8 and 15: a white blood cell count $<2.0 \times 10^9$/l, a platelet count $<75 \times 10^9$/l, or grade 1–3 diarrhea. Each course was repeated every 3 or 4 weeks until the occurrence of unacceptable toxicity, disease progression, patient's refusal to continue treatment, or the investigator's medical decision to stop treatment. To control for cisplatin-induced emesis, a 5-HT3 receptor antagonist and dexamethasone were given prior to cisplatin administration.

Study Design

We retrospectively reviewed the patients' clinical records, including patient characteristics (age, sex, Eastern Cooperative Oncology Group performance status, histology of primary disease, clinical stage, prior treatment, evidence of liver metastasis), the dose and schedule of chemotherapy, and pre-treatment complete blood counts and serum chemistry profiles. We defined 'severe toxicity' as grade 4 neutropenia or grade 3–4 diarrhea during the first cycle of chemotherapy, in accordance with the NCI-CTC Version 2.0 criteria. All patients were treated as in-patients, and complete blood counts and serum chemistry profiles were assessed at least once a week. PTB was defined as the serum total bilirubin level at fasting just prior to the administration of cisplatin and irinotecan.

Table 1. Patient characteristics

		No. of patients
Sex	Male/female	93/34
Age	Median (range)	61 (24–74)
Performance status	0/1/2	34/91/2
Histology	Non-small cell lung cancer	57
	Small cell lung cancer	63
	Others	7
Liver metastasis	Yes/no	18/109
Prior chemotherapy	Yes/no	17/110
PTB (mg/m^2)	Median (range)	0.6 (0.2–2.4)
PNC ($\times 10^9$/l)	Median (range)	4.1 (1.8–8.5)
Chemotherapy	CDDP (60) day 1 + CPT-11 (60) days 1.8 q3w	32
Regimens (mg/dl)	CDDP (60) day 1 + CPT-11 (60) days 1.8.15 q4w	39
	CDDP (80) day 1 + CPT-11 (60) days 1.8 q3w	24
	CDDP(80) day1 + CPT-11 (60) days 1.8.15 q4w	32

PTB, pre-treatment total bilirubin; PNC, pre-treatment neutrophil count.

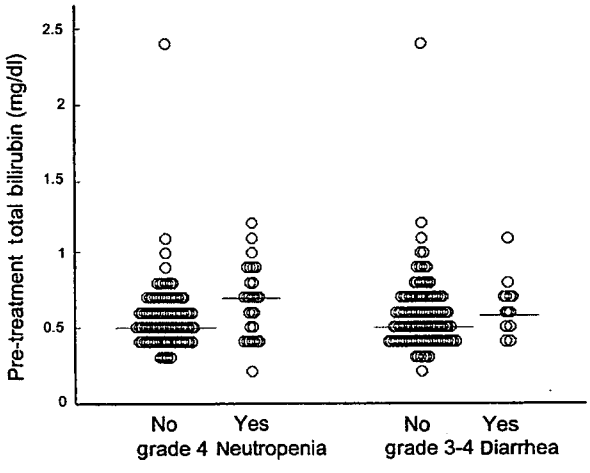

Figure 1. Association of PTB in patients who developed severe toxicity and in those who did not. The median PTB in patients who developed grade 4 neutropenia and those who did not was 0.7 (range, 0.2–1.2) mg/dl and 0.5 (range, 0.3–2.4) mg/dl, respectively ($P = 0.03$, Mann–Whitney U test). The median PTB in patients who developed grade 3–4 diarrhea and those who did not was 0.6 and 0.5 mg/dl, respectively ($P = 0.22$). The bars represent the median values.

Table 2. Univariate analysis of association between grade 4 neutropenia and pre-treatment clinical variables

	Neutropenia grade		Odds ratio (95% CI)
	Grade <4 ($n = 98$)	Grade 4 ($n = 29$)	
Sex			
Male	70	23	1
Female	28	6	0.65 (0.24–1.77)
Age			
Median (range)	61 (24–74)	65 (38–73)	1.04 (0.99–1.09)
Performance status			
0	29	5	1
1, 2	69	24	2.02 (0.70–5.80)
Liver metastasis			
No	82	27	1
Yes	16	2	0.38 (0.08–1.76)
Prior chemotherapy			
No	84	26	1
Yes	14	3	0.69 (0.19–2.60)
Treatment schedule			
Every 3 weeks	41	15	1
Every 4 weeks	57	14	0.67 (0.29–1.54)
Cisplatin dose (mg/m^2)			
60	56	15	1
80	42	14	1.24 (0.54–2.86)
AST (IU/l)			
Median (range)	22 (11–161)	22 (11–56)	0.98 (0.95–1.01)
ALT (IU/l)			
Median (range)	18 (6–266)	20 (5–67)	0.99 (0.97–1.02)
PNC ($\times 10^9$/l)			
Median (range)	4.4(2.0–8.5)	3.9 (1.8–8.3)	0.84 (0.61–1.14)
PTB (mg/dl)			
Median (range)	0.5 (0.3–2.4)	0.7 (0.2–1.2)	3.74 (0.70–19.9)
≤0.7	87	20	1
>0.7	11	9	3.56 (1.30–9.73)

AST, aspartate aminotransferase; ALT, alanine aminotransferase; PNC, pre-treatment neutrophil count; PTB, pre-treatment total bilirubin.

Statistical Methods

The Mann–Whitney U test was used to compare the PTB levels of patients who developed severe toxicity and those who did not. Possible explanatory factors were compared using a logistic regression model. A PTB threshold of ≤0.7 mg/dl was selected to categorize this variable because a total bilirubin level higher than 0.7 mg/dl has been correlated with a mutated UGT1A1 genotype and the occurrence of grade 4 neutropenia (8). Furthermore, sex, performance status, liver metastasis, prior chemotherapy, treatment schedule and cisplatin dose were defined as categorized variables, and age, AST, ALT and pre-treatment neutrophil count (PNC) were examined as continuous variables. Variables that seemed to be associated with severe toxicity ($P < 0.1$) were considered for inclusion in a multivariate analysis using a backward stepwise regression model. We performed these analyses using the SPSS statistical package (SPSS version 11.0 for Windows; SPSS Inc., Chicago, IL, USA).

RESULTS

A total of 127 consecutive patients with thoracic malignancy received cisplatin and irinotecan therapy. The patient characteristics are listed in Table 1. In all, two patients (1.5%) had

Table 3. Backward stepwise regression analysis of association between severe toxicity and pre-treatment clinical variables

Variable	Co-efficient	*P*	Odds ratio (95% CI)
Grade 4 neutropenia			
Cisplatin dose	1.04	0.04	2.84 (1.03–7.81)
PNC	0.42	0.04	1.53 (1.02–2.27)
PTB	1.59	0.02	4.93 (1.37–17.7)
Grade 3–4 diarrhea			
Liver metastasis	2.41	0.004	11.2 (2.18–57.4)
Cisplatin dose	1.61	0.03	5.00 (1.18–21.3)
PNC	0.67	0.03	1.96 (1.07–3.60)

Adjusted for age and PS.
PNC, pre-treatment neutrophil count; PTB, pre-treatment total bilirubin.

stage IIA disease, seven patients (5.5%) had stage IIIA disease, 26 patients (20%) had stage IIIB disease and 85 patients (67%) had stage IV disease. The median PTB level was 0.6 (range, 0.2–2.4) mg/dl and the median PNC was 4.1 (range 1.8–8.5) $\times$ 10^9/l. A total of 93 patients (73%) received the planned doses without skipping the irinotecan administrations on day 8 or 15. Among the remaining 34 patients, the irinotecan on day 8 or 15 was omitted in 27 of 164 (16.5%) planned doses in patients with PTB level $\leq$0.7 mg/dl, while in 11 of 34 (32.4%) planned doses in patients with PTB level >0.7 mg/dl ($P = 0.053$). Thus, the actual irinotecan dose delivered was lower with marginal significance in patients with PTB level >0.7 mg/dl. Grade 4 neutropenia occurred in 29 (23%) patients and grade 3–4 diarrhea occurred in 13 (10%) patients.

The median PTB level was higher in patients who developed grade 4 neutropenia than in those who did not (0.7 and 0.5 mg/dl, respectively; $P = 0.03$) (Fig. 1), but PTB was not correlated with the presence or absence of grade 3–4 diarrhea ($P = 0.22$).

In a univariate analysis, grade 4 neutropenia was associated with only the PTB level ($\leq$0.7 versus >0.7 mg/dl; $P = 0.01$, Table 2). When PTB level was analyzed as a continuous variable, the association was not significant (OR: 3.74; 95% CI: 0.70–19.9; $P = 0.12$). In a multivariate analysis, grade 4 neutropenia was associated with the PTB level ($\leq$0.7 versus >0.7 mg/dl; $P = 0.02$), the cisplatin dose ($P = 0.04$), and PNC ($P = 0.04$, Table 3). In a univariate analysis, grade 3–4 diarrhea was associated with only liver metastasis ($P = 0.01$, Table 4). We analyzed serum levels of PTB and pre-treatment AST and ALT between patients with ($n = 18$) or without ($n = 109$) liver metastasis. The median (range) PTB was 0.6 (0.4–2.4) mg/dl in patients with liver metastasis and 0.6 (0.2–1.2) mg/dl in patients without liver metastasis ($p = 0.19$). In contrast, the median (range) levels of pre-treatment AST and ALT were 30 (16–114) IU/l and 30 (11–84) IU/l, respectively, in patients with liver metastasis and 21 (11–161) IU/l and 17 (5–266) IU/l, respectively, in patients without liver metastasis ($P = 0.0054$). In a multivariate analysis, grade 3–4 diarrhea was associated with liver metastasis ($P = 0.004$), the cisplatin dose ($P = 0.03$) and PNC ($P = 0.03$, Table 4).

DISCUSSION

This study showed that the PTB level was significantly associated with severity of neutropenia in patients treated with cisplatin and weekly irinotecan. Although irinotecan-induced toxicity can be reduced by skipping irinotecan on day 8, 15, or both, this dose modification is not enough to eliminate severe toxicity completely. In this study irinotecan was more frequently omitted on days 8 and 15 in patients with PTB level >0.7 mg/dl, and therefore, the association between PTB and irinotecan-induced toxicity may be underestimated. Thus, the PTB level, a simple routine measure in clinical practice, can be a useful predictive marker for irinotecan-induced toxicity.

The most compelling evidence for a genetic marker of toxicity caused by irinotecan therapy is seen with the *UGT* gene. In some retrospective pharmacogenetic studies, patients with at least one *UGT*1A1*28 allele encountered severe irinotecan-induced toxicity, compared with those with the wild-type genotype who were homozygous for the 6 TA repeat allele (6,9,10). In a prospective study, the *UGT*1A1 genotype was strongly associated with severe neutropenia in patients treated with irinotecan (8). More than 30 polymorphic variations have been reported to date for the *UGT*1A1 gene (17). Novel polymorphisms (*1, *6, *28,*60 and so on) in *UGT*1A1 and the functional characterization of known variants are helpful in elucidating the role of *UGT*1A1 genetic variation in irinotecan toxicity (18). The FDA has approved a *UGT*1A1 molecular assay test to detect polymorphisms in the *UGT*1A1 gene in clinical practice, so that patients with particular *UGT*1A1 gene variations that raise the risk of certain adverse effects can receive safer doses of irinotecan. This assay is intended to aid physicians to make decisions for individualized patient. Nevertheless, other important factors that affect dosing should also be considered, because severe toxicity sometimes occurs even in patients without particular *UGT*1A1 gene variations that place them at risk.

The *UGT*1A1 enzyme is responsible for hepatic bilirubin glucuronidation. A polymorphism in the *UGT*1A1 promoter has been linked with reduced *UGT*1A1 expression and is consequently associated with familiar hyperbilirubinemia. Accordingly, bilirubin levels may be associated with *UGT*1A1 function. The PTB level may reflect the total function of some polymorphisms in the *UGT*1A1 region and may be used as a simple and available surrogate marker for *UGT*1A1 function.

Recent studies have revealed that two major hepatic UGT, *UGT*1A1 and *UGT*1A9, and extra-hepatic *UGT*1A7 are involved in SN-38 glucuronidation (SN-38G) (7,19). The

Table 4. Univariate analysis of association between grade 3–4 diarrhea and pre-treatment clinical variables

	Diarrhea grade		Odds ratio (95% CI)
	Grade 0–2 ($n = 114$)	Grade 3–4 ($n = 13$)	
Sex			
Male	84	9	1
Female	30	4	1.24 (0.36–4.34)
Age			
Median (range)	65 (24–74)	65 (53–73)	1.07 (0.99–1.16)
Performance status			
0	29	5	1
1, 2	85	8	0.55 (0.17–1.80)
Liver metastasis			
No	101	8	1
Yes	13	5	4.86 (1.38–17.1)
Prior chemotherapy			
No	99	11	1
Yes	15	2	1.20 (0.20–7.04)
Treatment schedule			
Every 3 weeks	50	6	1
Every 4 weeks	64	7	0.91 (0.29–2.88)
Cisplatin dose (mg/m^2)			
60	66	5	1
80	48	8	2.20 (0.68–7.14)
AST (IU/l)			
Median (range)	21 (11–161)	23 (15–65)	1.00 (0.98–1.03)
ALT (IU/l)			
Median (range)	17 (5–266)	21 (14–84)	1.01 (0.99–1.02)
PNC ($\times 10^9$/l)			
Median (range)	4.2 (1.8–8.5)	3.5 (2.2–5.2)	0.77 (0.49–1.20)
PTB (mg/dl)			
Median (range)	0.55 (0.2–2.4)	0.6 (0.4–1.1)	1.95 (0.29–13.2)
≤ 0.7	96	11	1
>0.7	18	2	0.97 (0.20–4.75)

AST, aspartate aminotransferase; ALT, alanine aminotransferase; PNC, pre-treatment neutrophil count; PTB, pre-treatment total bilirubin.

efficacy of irinotecan is possibly affected by the activity of these genes. Thus, the product of some genetic polymorphisms in several genes may be a better pharmacogenetic marker for selecting patients who may not respond favorably to irinotecan-containing chemotherapy.

Cisplatin and irinotecan therapy is a standard regimen for both advanced non-small cell and small cell lung cancer (4). A randomized trial of irinotecan with or without cisplatin in patients with non-small cell lung cancer showed that grade 4 neutropenia was observed more frequently in the cisplatin–irinotecan arm (37%) than in the irinotecan-alone arm (8%), whereas grade 3 and 4 diarrhea was observed at the same frequency in both arms. In the present study, a higher cisplatin dose was associated with both grade 4 neutropenia and grade 3 and 4 diarrhea. The addition of cisplatin to another anti-cancer agent aggravated diarrhea in phase III studies (20), although diarrhea was moderate in cisplatin monotherapy observed in clinical trials (21). Thus, a higher dose of cisplatin seems to be associated with diarrhea, but the mechanism for this association remains unclear.

In this study PTB level was associated with the severity of neutropenia, but not with severity of diarrhea. When SN-38G is excreted in the bile and intestines, the bacteria-derived enzyme beta-glucuronidase converts SN-38G back

into SN-38 (22,23). Presence of SN-38 in the stool is associated with the occurrence of severe diarrhea as a result of the direct enteric injury caused by SN-38 (24). This phenomenon probably occurs because UGT1A1 is not involved in this step.

Liver metastasis was associated with the development of grade 3–4 diarrhea in both univariate and multivariate analyses in this study. This may be explained by small, but statistically significant differences in the pre-treatment transaminase levels between patients with or without liver metastasis. However, in contradiction to this explanation are that: (1) neither the pre-treatment AST nor ALT level was associated with grade 3–4 diarrhea in this study, and (2) in dose-finding studies of irinotecan monotherapy in patients with liver dysfunction, patients were categorized into subgroups by the PTB and serum AST and ALT levels, criteria of which were three times or five times the upper limit of normal (25,26). Thus, the small difference in the AST and ALT levels in this study is unlikely to be significant from the medical point of view.

The PNC in patients who developed grade 3–4 diarrhea was slightly lower than that in the other patients and the PNC was associated with grade 3–4 diarrhea in the multivariate analysis. Neutrophils play an important role in maintaining the mucosal barrier of the intestine and inflammatory responses against mucosal damage (27). Thus, reduced number, dysfunction, or both, of neutrophils may lead to impairment of the mucosal integrity, rendering these patients prone to develop diarrhea. In addition, the decreased number of neutrophils in the blood is closely related to malnutrition associated with cancer (28), which may in turn be associated with enhanced toxicity during chemotherapy with irinotecan and cisplatin.

In conclusion, the PTB level was significantly associated with severity of neutropenia in patients treated with cisplatin and weekly irinotecan. This will provide a simple and useful marker required for individualized therapy to reduce the risk of harmful chemotherapy.

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Conflict of interest statement

None declared.

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Bodyweight change during the first 5 days of chemotherapy as an indicator of cisplatin renal toxicity

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To determine whether bodyweight (BW) loss, daily urine volume (UV) or furosemide use are associated with cisplatin nephrotoxicity, performance status, serum chemistries before treatment, average daily UV, maximum BW loss and use of furosemide on days 1–5 of chemotherapy were evaluated retrospectively in chemotherapy-naive patients with thoracic malignancies who had received 80 mg/m^2 cisplatin. Associations between these parameters and the worst serum creatinine levels (group 1, grade 0–1; and group 2, grade 2–3) during the first cycle were evaluated. Of the 417 patients (327 men and 90 women; median age, 59 years), 390 were categorized into group 1 and 27 were categorized into group 2. More women and older patients were observed in group 2 than in group 1 (11.1 *vs* 5.2%, $P = 0.044$, and 65 *vs* 59 years, $P = 0.041$, respectively). The median average daily UV was 3902 mL in group 1 and 3600 mL in group 2 ($P = 0.021$). A maximum BW loss ≥2.1 kg was noted in 4.4% of patients in group 1 and 18.5% of patients in group 2 ($P = 0.006$). Furosemide was used in 206 (49.4%) patients. The median total dose of furosemide in groups 1 and 2 were 0 mg and 26 mg, respectively ($P = 0.024$). A multivariate analysis showed that a maximum BW loss ≥2.1 kg and the total furosemide dose were significantly associated with group category. In conclusion, BW loss and total furosemide dose were associated with cisplatin nephrotoxicity. (*Cancer Sci* 2007; 98: 1408–1412)

Cisplatin alone or in combination with other chemotherapeutic agents has been the most frequently used chemotherapy regimen against a variety of solid tumors for 30 years because of its significant therapeutic effects.[1] In spite of intensive efforts to devise platinum analogs and the successful development of carboplatin, cisplatin remains a key agent in the treatment of germ cell tumors, head and neck cancer and bladder cancer, as shown in several randomized controlled trials comparing the two platinum agents.[2] In addition, cisplatin has a significant role in the treatment of lung and ovarian cancers, although carboplatin is becoming increasingly used against these cancers as an alternative chemotherapeutic agent.[3,4]

Cisplatin nephrotoxicity has been a major dose-limiting toxicity for this drug in most drug administration schedules.[5] Although the exact mechanism is unclear, high concentrations of platinum and widespread necrosis were observed in the proximal tubules of the kidney. This tubular impairment secondarily leads to a reduction in renal blood flow and glomerular filtration rate, potentiating primary tubular damage. This vicious circle causes a delayed deterioration in renal function, as an increase in the serum creatinine level typically appears 6–7 days after cisplatin administration in humans.[5,6] The standard prophylaxis for cisplatin nephrotoxicity is a normal saline infusion of 1–4 L with osmotic diuresis on the day of cisplatin administration.[5] Although this vigorous hydration diminishes life-threatening renal toxicity, 7–40% of patients still develop a mild to moderate increase in their serum creatinine levels, which influences subsequent cisplatin therapy.[7,8] For the prevention of cisplatin nephrotoxicity, the maintenance of good renal hemodynamics may be necessary for a week or longer after cisplatin administration, although indicators of hydration management on day 2 of chemotherapy and thereafter have not been reported. The purpose of this retrospective study was to evaluate bodyweight (BW) changes, daily urine volumes (UV) and use of furosemide on days 1–5 of chemotherapy as well as pretreatment patient characteristics in the hope of finding an association between these factors and nephrotoxicity during the first cycle of cisplatin-based chemotherapy.

Patients and Methods

Patient selection. Patients were selected retrospectively for the present study according to the following criteria: (1) a histological or cytological diagnosis of thoracic malignancy; (2) no prior chemotherapy; (3) a chemotherapy treatment regimen that included 80 mg/m^2 of cisplatin; and (4) treatment as an in-patient at the National Cancer Center Hospital. Patients were excluded if: (1) their pretreatment serum creatinine level was abnormal; or (2) no record of BW or daily UV on days 1–5 of chemotherapy was available.

Treatment. Cisplatin at a dose of 80 mg/m^2 was administered intravenously over 60 min on day 1 in combination with other chemotherapeutic agents. Hydration just before cisplatin administration consisted of 500 mL normal saline, 500 mL 5% glucose and 10 mL KCl over 4 h. Hydration just after cisplatin infusion consisted of 500 mL normal saline with 40 g mannitol over 2 h, followed by 500 mL normal saline, 1000 mL 5% glucose and 15 mL KCl over 6 h. On days 2–5, 1000 mL normal saline, 1000 mL 5% glucose and 20 mL KCl were administered over 8 h. Antiemetic prophylaxis consisted of a $5HT_3$ antagonist and 16 mg dexamethasone on day 1 followed by 8 mg dexamethasone on days 2 and 3, 4 mg on day 4 and 2 mg on day 5. Furosemide was given orally or intravenously if fluid retention was suspected based on an increased BW or a decreased UV. These treatments were repeated every 3–4 weeks.

Data collection and statistical analyses. The patients' baseline characteristics, including age, sex and performance status as well as serum albumin, Na, K, Ca and fasting blood sugar levels were analyzed. The modified Ca level was calculated using the following formula:

$$\text{modified Ca (mg/dL)} = \text{serum Ca (mg/dL)} + 4 - \text{serum albumin (g/dL)}.$$

The daily UV and BW at 0800 hours (before breakfast) and at 1600 hours (before dinner) were measured once a day on days

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Table 1. Patient demographics and pretreatment blood chemistry tests in groups categorized according to worst creatinine grade

		Group 1 (n = 390)		Group 2 (n = 27)		P-value
		n	%	n	%	
Sex	Male	310	94.8	17	5.2	0.044
	Female	80	88.9	10	11.1	
Age (years)	Median	59	(Range 18–77)	65	(Range 38–74)	0.041
Performance status	0	169	92.3	14	7.7	0.82
	1	218	94.3	13	5.6	
	2–3	3	100	0	0	
Serum albumin	≥3.7 g/dL	319	94.1	20	5.9	0.32
	≤3.6 g/dL	71	91.0	7	9.0	
Serum Na	≥138 mEq/L	341	93.2	25	6.8	0.43
	≤137 mEq/L	49	96.1	2	3.9	
Serum K	≤4.9 mEq/L	373	93.7	25	6.3	0.46
	≥5.0 mEq/L	17	89.5	2	10.5	
Modified Ca†	≤10.4 mg/dL	376	93.3	27	6.7	0.31
	≥10.5 mg/dL	14	100	0	0	
Fasting blood sugar	≤125 mg/dL	322	92.8	25	7.2	0.36
	≥126 mg/dL	54	96.4	2	3.6	
	Not done	14	100	0	0	

†Calculated using the equation: modified Ca (mg/dL) = serum Ca (mg/dL) + 4 − serum albumin (g/dL). Groups 1 and 2 were patients with worst creatinine grades of 0–1 and 2–3, respectively.

1–5 of the chemotherapy regimens. The BW at 0800 hours on day 1 was used as the baseline BW. During the chemotherapy course, blood chemistry was analyzed at least once a week. Data on furosemide use and the BW gain just before furosemide use during the first course of chemotherapy were obtained from medical charts.

The worst serum creatinine level during the first course of chemotherapy was graded (WCG) according to the National Cancer Institute (NCI) Common Toxicity Criteria, version 2.0. The patients were categorized into two groups according to their WCG: patients with WCG_{0-1} (group 1) and patients with WCG_{2-3} (group 2). The daily UV and BW changes, compared with the baseline BW, on days 2–5 of the chemotherapy regimens were noted, and differences in the averages of these measures between groups 1 and 2 were evaluated using repeated measures analyses of variance. Correlations between daily UV and BW changes were assessed using scatter diagrams and Pearson correlation coefficients.

The daily UV on days 1–5 and the maximum BW loss during days 1–5 of the first chemotherapy course were calculated for each patient. These parameters, the pretreatment parameters, the use of furosemide, and their associations with the two group categories were evaluated using χ-tests for categorical variables, Mann–Whitney tests for continuous variables, and logistic regression analyses for both types of variables. The total furosemide dose was calculated using the following formula:[9]

$$\text{total furosemide dose (mg)} = \text{intravenous dose (mg)} + 0.65 \times \text{oral dose (mg)}.$$

The Dr SPSS II 11.0 for Windows software package (SPSS Japan, Tokyo, Japan) was used for the statistical analyses.

Results

Between November 2000 and May 2006, 427 patients met the four inclusion criteria. Of these, six patients were excluded because their pretreatment serum creatinine levels were elevated, and four patients were excluded because no data on their daily UV or BW were available. Thus, a total of 417 patients were analyzed in the present study. The subjects comprised 327 men and 90 women, with a median age of 59 years (range 18–78 years) (Table 1). Non-small cell lung cancer was the most common tumor type, noted in 338 patients, followed by small cell lung cancer in 71 patients, thymic cancer in four patients, malignant mesothelioma in three patients, and tracheal cancer in one patient. Thirty-two patients with stage I–II diseases received chemotherapy as an adjuvant therapy after surgery. The remaining 385 patients with stage III–IV diseases or postoperative recurrent diseases received chemotherapy for the treatment of locally advanced or metastatic diseases.

All of the patients received cisplatin at a dose of 80 mg/m^2 in combination with other agents. The chemotherapy regimens were cisplatin and vinorelbine (n = 200), cisplatin and etoposide (n = 77), cisplatin, vindesine and mitomycin (n = 48), cisplatin and irinotecan (n = 41), cisplatin and gemcitabine (n = 41), and cisplatin and docetaxel (n = 10). The WCG was evaluated in all of the patients, with 390 patients categorized into group 1 and 27 patients categorized into group 2.

The average daily UV during days 1–5 of the chemotherapy regimens showed that the UV on day 1 did not differ between groups 1 and 2, but the daily UV on days 2–5 in group 2 were lower than those in group 1 (Fig. 1A, P = 0.042). The average changes in BW on days 2–5 showed that patients gained BW on days 2–3 and lost BW on days 4–5 (Fig. 1B). The line plotting the changes in BW in group 2 was always below that for group 1 (P = 0.036). Thus, the patients in group 2 retained less water than the patients in group 1. Furthermore, the patients in group 2 may have developed dehydration on day 5, as their average BW dropped to below the baseline level (Fig. 1B). Scatter diagrams comparing the average UV on days 1–2 and the BW change on day 3, and the average UV on days 1–4 and the BW change on day 5 showed no correlation between the UV and BW changes (data not shown), suggesting that the reduction in fluid intake may have caused the BW loss.

The development of renal toxicity was associated with some patient demographics. The percentage of women was higher in group 2 than in group 1 (11.1 *vs* 5.2%, P = 0.04). The median age of the patients in group 1 was 59 years (range 18–77 years), whereas that for group 2 was 65 years (range 38–74 years) (P = 0.041). None of the pretreatment chemistry parameters differed between the groups (Table 1). The frequency of renal toxicity did not differ according to chemotherapy regimen but was associated with a decreased average daily UV during days

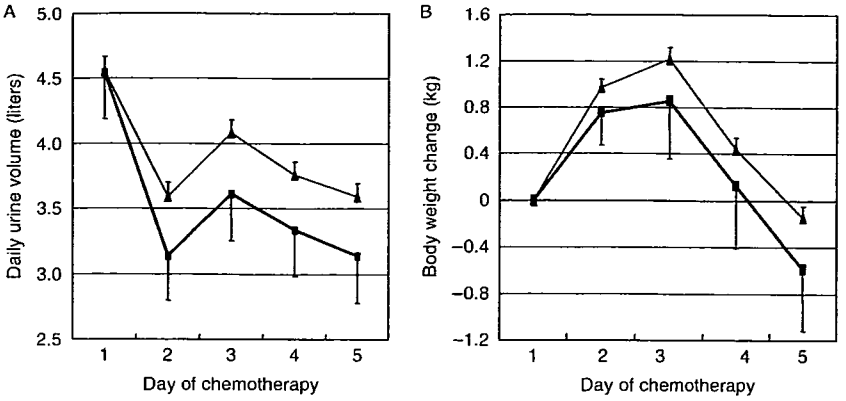

Fig. 1. (A) Average daily urine volumes during days 1–5 of chemotherapy. The differences were statistically significant ($P = 0.042$, repeated measures analysis of variance). (B) Average bodyweight changes on days 1–5 of chemotherapy. The differences were statistically significant ($P = 0.036$, repeated measures analysis of variance). Thin line with closed triangles: group 1, patients with a worst creatinine grade of 0–1 ($n = 390$); thick line with closed squares: group 2, patients with a worst creatinine grade of 2–3 ($n = 27$). Error bars show the 95% confidence intervals.

Table 2. Treatment-related parameters and groups categorized according to worst creatinine grade

		Group 1 ($n = 390$)		Group 2 ($n = 27$)		*P*-value
		n	%	*n*	%	
Agents combined with cisplatin	Vinorelbine	184	92.0	16	8.0	0.83
	Etoposide	74	96.1	3	3.9	
	Vindesine + mitomycin	45	93.8	3	6.2	
	Gemcitabine	39	95.1	2	4.9	
	Irinotecan	39	95.1	2	4.9	
	Docetaxel	9	90.0	1	10.0	
Average daily urine volume (mL)†	Median	3902	(Range 2058–6680)	3600	(Range 1700–5020)	0.021
	≤3000	41	87.2	6	12.8	0.054
	3001–4000	185	92.5	15	7.5	
	≥4001	164	96.5	6	3.5	
Maximum bodyweight loss (kg)‡	Median	0.2	(Range 0–3.9)	0.4	(Range 0–4.6)	0.11
	0	172	95.0	9	5.0	0.006
	0.1–2.0	201	93.9	13	6.1	
	≥2.1	17	77.3	5	22.7	
Total furosemide dose§	Median	0	(Range 0–160)	26	(Range 0–360)	0.024
	0	201	95.2	10	4.7	0.015
	1–30	87	94.6	5	5.4	
	31–60	70	93.3	5	6.7	
	61–90	11	91.7	1	8.3	
	≥91	21	77.8	6	22.2	

†The average daily urine volume on days 1–5 of chemotherapy. ‡Maximum body weight loss during days 1–5 of chemotherapy. §Total furosemide dose (mg) = intravenous dose (mg) + 0.65 × oral dose (mg). Groups 1 and 2 were patients with worst creatinine grades of 0–1 and 2–3, respectively.

1–5 of the chemotherapy regimens (Table 2). In addition, only 5–6% of the patients with a maximum BW loss of 2 kg or less were classified as WCG_{2-3}, whereas 23% of the patients with a maximum BW loss of more than 2 kg were classified as WCG_{2-3} ($P = 0.006$). Furosemide was administered to 206 of the 417 patients (49.4%). Of these patients, 198 did not complain of any symptoms whereas eight developed mild edema in the lower extremities or face, which disappeared after a few days. The difference in the frequencies of renal toxicity among patients who received furosemide and those who did not (8.3 *vs* 4.7%, respectively; $P = 0.14$) was not large enough to be statistically significant. Administration route (intravenous or oral), day of use (day 1, day 2 or days 3–8), or BW gain just before use of furosemide (0–1.4, 1.5–2.9 or ≥3.0 kg) did not influence the frequency of renal toxicity. The total dose of furosemide, however, differed between groups 1 and 2 (median, 0 mg; range, 0–160 mg *vs* median, 26 mg; range, 0–360 mg, respectively; $P = 0.024$). In particular, 22% of the patients who received more than 90 mg of furosemide were classified as WCG_{2-3} (Table 2).

A multivariate analysis showed that the maximum BW loss (odds ratio, 1.77; 95% confidence interval, 1.08–2.90) and the total furosemide dose (odds ratio, 1.21; 95% confidence interval, 1.11–1.33) were significantly associated with the WCG_{2-3} category. Associations with sex and the daily UV were marginally significant (Table 3).

Discussion

The present study showed that the maximum BW loss during days 1–5 of chemotherapy was associated with the development of cisplatin renal toxicity. In particular, 23% of patients with a maximum BW loss of more than 2 kg were classified as WCG_{2-3}. Because dehydration amounting to as little as a 2% loss in BW results in impaired physiological and performance responses,[10] the BW loss and dehydration observed in the present study may be enough to aggravate cisplatin nephrotoxicity. No correlation was noted between the UV and BW changes, suggesting that the dehydration was attributable to a reduced oral intake by patients as a result of cisplatin-induced emesis. BW measurements are

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Table 3. Multivariate analysis of pretreatment and treatment-related parameters and groups categorized according to worst creatinine grade

Parameter		Odds ratio (95% confidence interval†)	*P*-value
Sex	Male	1	0.082
	Female	2.34 (0.90–6.10)	
Age	10-year increments	1.55 (0.91–2.64)	0.11
Average daily urine volume†	100-mL increments	0.94 (0.88–1.00)	0.073
Body weight loss	1-kg decrements	1.77 (1.08–2.90)	0.024
Total furosemide dose	10-mg increments	1.21 (1.11–1.33)	<0.001

†The average daily urine volume on days 1–5 of chemotherapy.

a simple and useful indicator of the hydration status of these patients.

The current study also showed that the total furosemide dose was associated with the development of renal toxicity. Vigorous fluid infusion and diuresis with mannitol or furosemide have been used widely for the prevention of cisplatin nephrotoxicity.[11,12] These interventions are thought to reduce the cisplatin concentration in the renal tubules and the time during which this drug and the tubular epithelial cells are in contact.[5] However, numerous experimental studies have provided conflicting results regarding the renal protective effects of these diuretics; cisplatin nephrotoxicity was reduced in some studies but was enhanced in others.[5] A randomized trial of cisplatin at a dose of 100 mg/m^2 and hydration with or without mannitol in patients with malignant melanoma showed that this regimen prevented nephrotoxicity during the first treatment course.[13] Another randomized trial of cisplatin hydration with mannitol or furosemide in patients with advanced solid tumors showed that a serum creatinine elevation of more than 2 mg/dL was observed in 28% of the courses in the mannitol-treated group and 19% of the courses in the furosemide-treated group.[14] A third randomized trial of cisplatin at a dose of 75 mg/m^2 and hydration alone, hydration with mannitol, or hydration with furosemide showed that creatinine clearance did not change before or after cisplatin treatment in the hydration alone and the furosemide-treated groups, but decreased in the mannitol-treated group.[15] However, these randomized trials included only small numbers of patients and therefore are not conclusive. Thus, no reports have convincingly shown any advantage of diuretics in preventing cisplatin nephrotoxicity. These studies differed from the current study, in which furosemide was administered only when fluid retention was suspected based on an increased BW or a decreased UV. Although an association between renal toxicity and the total furosemide dose was observed in this study, patients with fluid retention may be more prone to develop renal toxicity. Another explanation is that furosemide may have a direct toxic effect on the kidney. Thus, the administration of furosemide may be inevitable in some cases to prevent fluid overload during aggressive hydration, but its frequent use should be avoided.

Because renal function decreases physiologically with aging,[16] cisplatin use in elderly patients remains controversial. Some authors of clinical studies for patients aged 70 years or older have concluded that the use of cisplatin at moderate doses (60–100 mg/m^2) should be encouraged in these patients, just as it is in younger patients.[17–19] Studies that evaluated risk factors for cisplatin nephrotoxicity in more than 400 patients showed that an older age was a significant risk factor in two studies[7,20] but not in a third study.[8] In the current study, age was not a risk factor for renal toxicity according to a multivariate analysis, probably because 80 mg/m^2 of cisplatin was administered only to selected elderly patients. In our practice, many elderly patients are treated with cisplatin at a dose of 25 mg/m^2 on three consecutive days or weekly; these patients were excluded from the present study.

In the present study women were more likely to suffer from cisplatin nephrotoxicity than men. Another study also showed that women had a twofold increased risk for renal toxicity compared with men.[7] Although the reason for this difference is not definitely known, it may be explained, at least in part, by a 15% lower unbound cisplatin clearance in women than men,[7,21] because pharmacokinetics of unbound cisplatin have been repeatedly shown to be correlated with cisplatin nephrotoxicity.[22–24]

Although intravenous fluid infusion on the day of cisplatin administration is a well established treatment for preventing nephrotoxicity, the use of subsequent fluid infusions has not been reported. Because the present study showed that dehydration progressed on day 5 in many cases and an elevated serum creatinine level appeared thereafter, maintaining the total body water level during days 1–5 of chemotherapy seems to be important for the prophylaxis of cisplatin nephrotoxicity. For this purpose, a BW measurement carried out before breakfast would be a simple and useful indicator; if oral intake is found to be insufficient, vigorous infusion therapy on days 2–5 may be effective.

In conclusion, the maximum BW loss during days 1–5 of chemotherapy and the total furosemide dose were associated with the development of cisplatin renal toxicity. Maintaining total body water levels during this period seems to be important, and measuring BW would be a simple and useful indicator for this purpose.

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Effect of Platinum Combined with Irinotecan or Paclitaxel against Large Cell Neuroendocrine Carcinoma of the Lung

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Background: The efficacy of chemotherapy in patients with large cell neuroendocrine carcinoma of the lung (LCNEC) remains unclear.
Methods: Of 42 consecutive patients with LCNEC, 22 with measurable disease receiving chemotherapy were enrolled as the subjects of this study. The clinical characteristics and objective responses to chemotherapy in these patients were analysed retrospectively.
Results: The distribution of the disease stage in the patients consisting of 21 males and one female (median age: 67 years; range: 47–78 years) was as follows: stage IIB ($n = 1$), stage IIIA ($n = 1$), stage IIIB ($n = 5$), stage IV ($n = 8$), and post-operative recurrence ($n = 7$). Chemotherapy consisted of cisplatin and irinotecan ($n = 9$), a platinum agent and paclitaxel ($n = 6$), paclitaxel alone ($n = 1$), cisplatin and vinorelbine ($n = 1$), cisplatin and docetaxel ($n = 1$), and a platinum and etoposide ($n = 4$). The objective response rate in the 22 patients was 59.1% (95% CI, 38.1–80.1). An objective response was obtained in five of the nine patients receiving irinotecan and five of the seven patients receiving paclitaxel. The progression-free survival, median overall survival and 1-year survival rates were 4.1 months (95% CI, 3.1–5.1), 10.3 months (95% CI, 5.8–14.8) and 43.0% (95% CI, 20.7–65.3), respectively. The median overall survival of the patients treated with irinotecan or paclitaxel was 10.3 months (95% CI, 0–21.8), and the 1-year survival rate of these patients was 47.6% (95% CI, 20.4–74.8).
Conclusion: Our results suggest that irinotecan and paclitaxel may be active against LCNEC.

Key words: lung cancer – large cell neuroendocrine carcinoma – chemotherapy – irinotecan – paclitaxel

INTRODUCTION

Neuroendocrine tumors of the lung can be placed in the biological spectrum ranging from typical to atypical carcinoid, which are tumors of low to intermediate grade malignancy, to large cell neuroendocrine carcinomas (LCNEC) and small-cell lung carcinomas (SCLC), which are high-grade malignant tumors. LCNEC was proposed as a separate category by Travis et al. in 1991, who recognized a type of poorly differentiated high-grade carcinoma exhibiting features of neuroendocrine appearance on light microscopy, immunohistochemistry, and/or electron microscopy (1). Several different terminologies and classifications have been proposed to date, and this class of tumors is likely to become widely recognized and included in the updated histological classification of the World Health Organization (2).

The clinical features of LCNEC have not yet been completely clarified. The prognosis of patients with surgically resected LCNEC is intermediate between that of an atypical carcinoid and SCLC, and is the same as that of resected non-small-cell lung carcinoma (NSCLC), except for stage I LCNEC, which has a poorer prognosis than that of stage I NSCLC (3–6). In a multi-institutional study in Japan, it was found that both LCNEC and SCLC were similarly aggressive and that there was no survival difference between the two types of lung cancer (7). In a small case series of LCNEC, we reviewed the records of patients with surgically resected,

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and patients treated medically who were autopsied before 1995, and determined that the chemosensitivity of LCNEC to cisplatin-based regimens may be intermediate between that of NSCLC and SCLC (8). Third generation cytotoxic agents developed in the 1990s, such as paclitaxel, docetaxel, gemcitabine, vinorelbine and irinotecan, have been shown to be active agents against advanced lung cancer, and combinations of platinum and one of the third generation cytotoxic agents have been shown to be superior in terms of prolonging the survival to the existing platinum-based combinations in both patients with NSCLC and those with SCLC (9–14). In the present study, we conducted a retrospective review of the records of our patients with LCNEC who had been treated with chemotherapy, and analysed the efficacy of the chemotherapy regimens.

PATIENTS AND METHODS

From April 1999 to January 2006, 42 patients were diagnosed as having LCNEC at our institution. Of these, one patient underwent surgery, four were treated with radiation therapy alone, and three received only supportive care. Of the 34 patients who had received chemotherapy, four who had also received concurrent radiotherapy and two without evaluable lesions were excluded from this study. In addition, six patients who entered a phase II trial of cisplatin and irinotecan combination for LCNEC were also excluded from this study, because their results will be published elsewhere. Thus, 22 patients were finally enrolled as the subjects of this study.

The histological confirmation of the diagnosis of LCNEC in the medically treated patients was based on examination of biopsy and/or cytology specimens. The histological or cytological diagnosis was reviewed by one of the authors (K.T.). We classified LCNEC according to the histopathological criteria proposed in the WHO classification. Immunohistochemical analysis was performed to confirm the neuroendocrine differentiation of the tumor cells (2).

Clinical information about the cases was obtained from medical records. All patients underwent a chest and abdominal computed tomography, a head computed tomography or magnetic resonance imaging and a bone scintigraphy in clinical disease staging before chemotherapy. The clinical disease staging was reassessed according to the latest International Union Against Cancer (UICC) staging criteria (15). The response to chemotherapy and the survival were assessed retrospectively. The objective tumor response was evaluated according to the Response Evaluation Criteria in Solid Tumor guidelines (16). The survival distributions for overall survival (OS) and progression-free survival (PFS) were estimated according to the Kaplan–Meier method (17). The OS was measured from the date of start of chemotherapy to the date of death or the last follow-up. For PFS, documented disease recurrence was scored as an event. All analyses were performed using the SPSS statistical software (SPSS version 11.0 for Windows; SPSS Inc, Chicago, IL).

RESULTS

The clinical characteristics of the 22 patients are summarized in Table 1. Surgical resected primary tumor, incisional biopsy of metastatic lesion, exploratatory thoracotomy, transbronchial or percutaneous biopsy and cytological examination were positive in seven, five, two, six and two patients, respectively. Thus, the histological diagnosis was made based on examination of a large tumor sample in 14 (63.6%) of the 22 patients. The marked predominance of men and smokers in this study was consistent with the demographic features of our previous LCNEC studies (6–8). One patient with stage IIB received chemotherapy and was enrolled to this study, because surgical resection and definitive radiotherapy were not indicated in this patient because of his poor pulmonary function. Abnormally high serum levels of CEA, NSE and proGRP at the start of chemotherapy were found in 52.4% (11/21), 72.7% (16/22) and 52.4% (11/21) of the patients, respectively.

Table 1. Patient characteristics

Characteristics		*n*	%
Gender	Male	21	95
	Female	1	5
Age	Median (range)	67 (47–78)	
Smoking history	Yes	21	95
	No	1	5
Performance status	0	7	32
	1	14	64
	2	1	5
Clinical stage	IIB	1	4
	IIIA	1	5
	IIIB	5	23
	IV	8	36
	Post-operative recurrence	7	32
Prior treatment	None	14	64
	Surgery	7	32
	Surgery for brain metastasis	1	5
	Radiotherapy	3	14
Site of metastasis	None	7	32
	Brain	2	9
	Lung	3	14
	Liver	5	23
	Bone	4	18
	Lymph node	6	27
	Others	3	14

The chemotherapy regimens used were as follows: cisplatin (80 mg/m^2, day 1) and irinotecan (60 mg/m^2, days 1 and 8) ($n = 6$); cisplatin (60 mg/m^2, day 1) and irinotecan (60 mg/m^2, days 1, 8 and 15) ($n = 3$); carboplatin (AUC = 6, day 1) and paclitaxel (200 mg/m^2, day 1) ($n = 5$); cisplatin (80 mg/m^2, day 1) and paclitaxel (175 mg/m^2, day 1) ($n = 1$); paclitaxel alone (80 mg/m^2, weekly) ($n = 1$); cisplatin (80 mg/m^2, day 1) and vinorelbine (20 mg/m^2, days 1, 8 and 15) ($n = 1$); cisplatin (25 mg/m^2, days 1, 8 and 15) and docetaxel (20 mg/m^2, days 1, 8 and 15) ($n = 1$); carboplatin (AUC = 5, day 1) and etoposide (100 mg/m^2, days 1–3) ($n = 3$); cisplatin (80 mg/m^2, day 1) and etoposide (100 mg/m^2, days 1–3) ($n = 1$). The median number of chemotherapy cycles was three (range, 1–5). One complete response and 12 partial responses were noted in the 22 patients, yielding an overall response rate of 59.1% (95% CI, 38.1–80.1) (Table 2). An objective response was obtained in five of the nine patients (55.6%) receiving irinotecan and five of the seven patients (71.4%) receiving paclitaxel. The toxicities related to these treatments were, in general, acceptable. Two patients received gefitinib after failure of the first-line chemotherapy, but none of them achieved an objective response. The overall PFS, median OS and 1-year survival rate of all the patients were 4.1 months (95% CI, 3.1–5.1), 10.3 months (95% CI, 5.8–14.8) and 43.3% (95% CI, 21.0–65.6), respectively (Fig. 1). The median OS of the patients treated with irinotecan or paclitaxel was 10.3 months (95% CI, 0–21.8), and the 1-year survival rate of these patients was 47.6% (95% CI, 20.4–74.8).

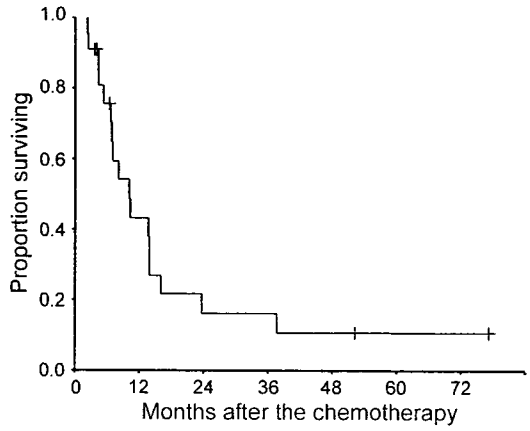

Figure 1. Kaplan–Meier curve for overall survival ($n = 22$). The median survival time was 10.3 months, and the 1- and 2-year survival rates were 43.3 and 16.2%, respectively.

DISCUSSION

In this study, the histological diagnosis of LCNEC was based on examination of a large tumor sample in 14 (63.6%) of the 22 patients, based on biopsies or cytological specimens in the remaining patients (36.4%). Numerous studies have demonstrated that the diagnosis of LCNEC is possible from biopsies or cytological specimens if a sufficient number of tumor cells can be obtained (8,18–21). To establish the pathological diagnosis of LCNEC in this series, we performed a pathological review of the biopsy and cytology specimens, because it was difficult to obtain large specimens of the tumor in these patients with advanced cancer treated medically.

We previously reported a response rate of 64% in 14 chemo-naïve patients with LCNEC who received cisplatin plus mitomycin, vindesine, or etoposide (8). In that study, however, patients with a diagnosis of poorly differentiated adenocarcinoma, poorly differentiated squamous cell carcinoma, large cell carcinoma and small cell carcinoma were selected, and then a diagnosis of LCNEC was made retrospectively by reviewing autopsy or surgically resected specimens. Thus, they were not consecutive, but highly selected patients. This explains, at least partly, the high response rate in the previous study. On the other hand, in the current study we analysed consecutive patients with a diagnosis of LCNEC that is established before treatment.

Rossi et al. showed that objective responses were observed in six (50%) of 12 patients with metastatic LCNEC who received a platinum and etoposide regimen, while no response was obtained in 15 patients receiving regimens for NSCLC treatment (cisplatin and gemcitabine in 10 patients, gemcitabine alone in two patients, and carboplatin and paclitaxel in three patients) (22). In addition, the patients receiving the platinum and etoposide regimen had a significantly better survival than the patients who received the other regimens (median survival time, 51 months versus 21 months). These survival data, however, sound too good for lung cancer patients with a metastatic disease. Neither patient characteristics nor explanation for

Table 2. Chemotherapy regimens and responses

Regimens		No. of patients	CR/PR/SD/PD	Response rate (%)
CPT-11-based	CDDP + CPT-11	9	0 / 5 / 3 / 1	55.6
PTX-based	CBDCA + PTX	5	0 / 3 / 2 / 0	60.0
	CDDP + PTX	1	1 / 0 / 0 / 0	–
	PTX	1	0 / 1 / 0 / 0	–
VNR-based	CDDP + VNR	1	0 / 1 / 0 / 0	–
DTX-based	CDDP + DTX	1	0 / 1 / 0 / 0	–
ETP-based	CBDCA + ETP	3	0 / 0 / 3 / 0	0
	CDDP+ ETP	1	0 / 1 / 0 / 0	–
Total		22		59.1

CPT-11, irinotecan; PTX, paclitaxel; VNR, vinorelbine; DTX, docetaxel; ETP, etoposide; CDDP, cisplatin; CBDCA, carboplatin; CR, complete response; PR, partial response; SD, stable disease; PD, progressive disease.