

ためのシステムである。日本はこの検診システムを実用的レベルで運用するための体制を構築しておく責務がある。このためには読影医に対する支援、および低線量 CT 検診の幅広い実施を目的として、CT 検診の分野に特化した肺結節の発見を目的する肺がん CT 検診認定技師の養成が必要となる。肺がん CT 検診認定技師は、精度の高い CT 検診を実施していくために構想されている①肺がん CT 検診認定医師、②認定施設などの制度の中に位置づけられて検討されることが必要である。

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The study of certified Radiological Technician in CT screening for Lung Cancer  
running title: CT screener for Lung cancer

### Abstract

For periodic medical screening of lung cancer by low-dose computed tomography (CT), it is essential, for efficient and accurate CT examination of a large number of patients, to establish a new medical examination system that is different from the conventional one. To resolve this task, we assessed the inclusion of a certified Radiological Technician in CT screening for Lung Cancer (CT screener) as a factor for "construction of a new medical examination model" in "A study of construction of a new medical examination model and of improvement in the efficacy of medical examination" (A sub-group of Tsuchiya's study group" in the tertiary anti-cancer comprehensive strategic project). The results of the assessment are reported herein, with a discussion of the future prospects. A person is qualified as a CT screener by qualification test after he/she receives professional training. It shall be taken for granted that only a qualified physician for CT screening of lung cancer, which will be assessed in the future, can work as a CT screener. The work of a CT screener would include three aspects: First, imaging under optimum scanning conditions according to the individual need of the examinees, with the aim of reducing the exposure to radiation; second, supply CT images with the maximum image information to physicians; third, identification of pulmonary nodules on CT images during the primary image-reading. We aim at the establishment of a system which will allow wide-ranging CT screening with high accuracy by arranging three systems, including a qualified physician for CT screening of lung cancer, a qualified technical expert for CT screening of lung cancer, and a high-class facility for the treatment of lung cancer.

Key word. : Low dose Computed Tomography (CT).  
CT screening of lung cancer.  
Certified radiological technician

Medical Practice

● 今月のテーマ

# M.P.

## 高脂血症・ 脂質異常症

メタボリックリスクとしての高脂血症・  
脂質異常症の実地診療

内科総合誌

# 7

● 座談会

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● One Point Advice

● 今月の話題

### 低線量CTによる肺がん検診の現状

● この症例から何を学ぶか

### 高トリグリセリド血症により急性膵炎を 発症した2型糖尿病の1例

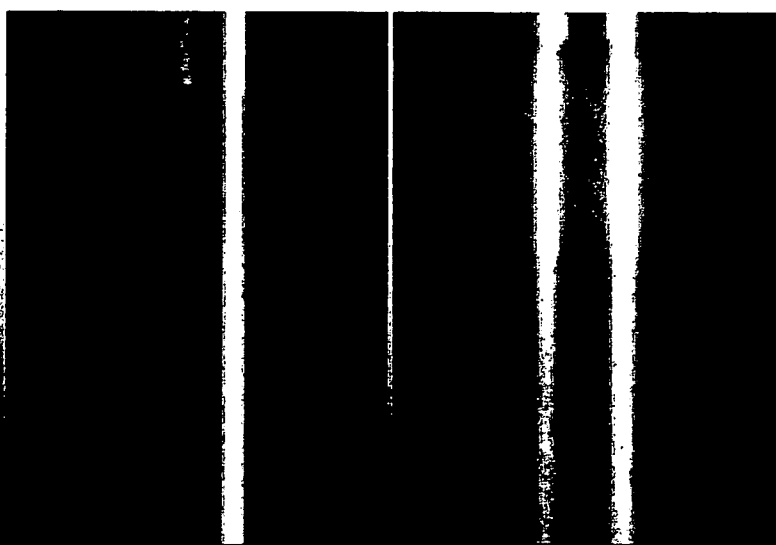
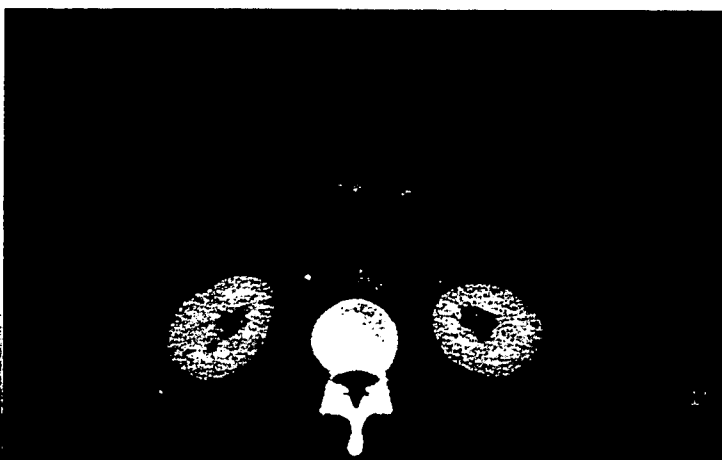
2007  
vol.24  
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● 連載

### 病歴と画像からすすめる神経疾患診療の実際 新目で見ると血液疾患—印象的なカラー写真から

● 知っておきたいこと ア・ラ・カルト

### 本態性振戦



## 低線量 CT による肺がん検診の現状

● 太田真由子・柿沼龍太郎

国立がんセンターがん予防検診研究センター

肺がんは近年増加の一途をたどり現在日本人におけるがん死亡原因の第1位となっている。本邦では1993年から低線量CTによる肺がん検診が開始されている。その後、研究、実地検診、人間ドック、自治体のモデル事業として日本の中では広まってきている。代表的な低線量CTによる肺

がん検診の概要を表1に示した<sup>1)</sup>。検診発見肺がんの病理病期IA期の占める割合は50~93%と報告されており、肺がん発見率は0.36~3.3%であった<sup>2)</sup>。通常のシングルヘリカルCTの場合の被曝線量は7.62 mSvと多かったが撮影電流を100~210 mAから25 mAに減らして撮影すると

表1 低線量CTによる肺がん検診の対象、撮影条件、検診期間、被験者数、発見肺がん、病理病期IA期の割合の比較

	ALCAP	信州	ELCAP	Mayo	Munster	SMC
年齢(歳)	≥ 40	≥ 40	≥ 60	≥ 50	≥ 40	≥ 45
喫煙(pack-years)	NL	NL	≥ 10	≥ 20	≥ 20	NL
期間	1993~1998	1996~1998	1993~1998	1999~2001	1995~1999	1999~2003
CT撮影条件						
Tube voltage(kVp)	120	120	140	120	120	120
Tube current(mA)	50	25~50	40	40	50 <sup>1)</sup>	48~50 <sup>1)</sup>
Collimation(mm)	10	10	10	5	5	5
Pitch	2	2	2	1.5	2	0.75~1.5
検出器の数	1	1	1	4	1	1, 4, 8, 16
検診間隔(月)	6	12	3, 6, 12	12	3, 6, 12, 24	6, 12
被験者数	1,611	5,483	1,000	1,520	817	6,406
CT発見肺がん	36	60	33	38	12	23
病理病期IA期	28(77)	53(93)	27(82)	21(60)	6(55)	13(62)

ALCAP: anti-lung cancer association project, ELCAP: early lung cancer action project, SMC: Samsung Medical Center, NL: 制限なし

カッコの中の数字は%である。<sup>1)</sup> mAs

(文献1)より引用。Lee先生の御好意による)

低線量 CT の被曝線量は 1.27 mSv に減らすことができる<sup>3)</sup>。CT による検診がはじまってから多くの小型肺がんの画像所見の知見が蓄積されてきたが、最近の multislice CT の機器の進歩により微小結節がさらに多数発見されるようになってきている。

最近の報告としては、International Early Lung Cancer Action program (I-ELCAP) study では 1993 年から 2005 年まで 3 万 1,567 人の肺がん CT 検診を行い、484 人の肺がんを発見し、その 85% が病期 I で 10 年生存率が 88% であったと報告した<sup>4)</sup>。しかし肺がん CT 検診は胸部単純 X 線による検診に比べ、発見可能前臨床期 preclinical detectable phase の長さが長いこと lead time bias (見かけ上発見後の観察期間が長い)、length bias (進行の遅いがんほど発見されやすい)、過剰診断バイアス (overdiagnosis bias : 致死的でないがんを含む) の影響を強く受けると考えられるため、肺がん CT 検診が有効であるかの直接的な証拠とはならない。

また、肺がん CT 検診は、肺がんと診断されて切除されるものは増加するが、肺がんによる死亡率を低下させる効果がないとの報告もある<sup>5)</sup>。この調査は、肺がんリスクの高い喫煙者と過去喫煙者 3,246 人を対象に、4 年間、毎年 1 回の肺がん CT 検診を実施し、この間肺がんで死亡したり、進行肺がんと診断された患者の割合を予測モデルと比較したものである。

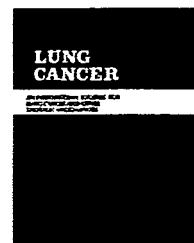
米国国立がん研究所では 2002 年 9 月から 5 万人規模の無作為化比較対照試験 randomized control trial (RCT) を開始している。肺がん高危

険群を低線量肺がん CT 検診群と胸部単純写真群とに無作為割付し、肺がん死亡率を両群で比較する研究計画で 3 年間年 1 回の検診を実施した後、2009 年まで経過観察し結果が報告される予定である。また、他の RCT としては、オランダとベルギーの Nelson Trial (2 万人を対象、CT 検診対非検診) も開始されている。日本では、第三次対がん総合戦略研究事業の研究班により、コホート研究 (肺がん CT 検診対胸部単純写真) が進行中である<sup>2)</sup>。

低線量 CT による肺がん検診により、より小型で早期の肺がんが発見されるようになったが、肺がん死亡を減少させるかどうかのエビデンスはまだなく、研究途上であることを十分認識し、エビデンス確立に役立つようなデータ収集の体制を極力整備して実施することが望まれる。

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# Phase II trial of carboplatin and paclitaxel in non-small cell lung cancer patients previously treated with chemotherapy

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**KEYWORDS**  
Non-small cell lung cancer;  
Carboplatin;  
Paclitaxel;  
Chemotherapy;  
Second-line treatment;  
Toxicity

**Summary** The purpose of this phase II trial was to evaluate the efficacy and toxicity of carboplatin plus paclitaxel in the treatment of advanced non-small cell lung cancer (NSCLC) previously treated with chemotherapy. Patients with a performance status (PS) of 0 or 1 who had received one or two previous chemotherapy regimens for advanced NSCLC were eligible. Paclitaxel 200 mg/m<sup>2</sup> was infused over 3 h and followed by carboplatin (area under the curve 6) infusion over 1 h, once every 3 weeks. Thirty patients were enrolled. A complete response was observed in 1 patient and a partial response in 10 patients, for an overall response rate of 36.7%. The median time to progression was 5.3 months. The median survival time was 9.9 months, and the 1-year survival rate was 47%. Hematological toxicity in the form of grade 3/4 neutropenia occurred in 54%, but grade 3 febrile neutropenia developed in only 3%. Non-hematological grade 3 toxicities were less frequent. There were no treatment-related deaths. The combination of carboplatin plus paclitaxel is an active and well-tolerated regimen for the treatment of NSCLC patients who have previously been treated with chemotherapy and have a good PS.  
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## 1. Introduction

Lung cancer remains a major cause of death from cancer in many countries. More than half of all patients diagnosed with non-small cell lung cancer (NSCLC) have advanced stage

IIIB or IV disease at presentation, and patients with advanced NSCLC are candidates for systemic chemotherapy. Platinum-based chemotherapy is considered the standard first-line treatment for patients with advanced NSCLC, and prolongs survival, palliates symptoms, and improves quality of life [1,2]. Many patients with good performance status (PS) when progression occurs after first-line chemotherapy are suitable candidates for second-line chemotherapy [3].

The taxanes are an important class of new agents for the treatment of advanced NSCLC. Paclitaxel, in combination with carboplatin, is the most common regimen

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used as first-line chemotherapy for advanced NSCLC, and this combination has a more favorable toxicity profile and is more convenient to administer than other platinum-based regimens [4,5]. Docetaxel has been investigated more extensively than any other agent for second-line treatment of advanced NSCLC, and the results of two randomized phase III trials of second-line chemotherapy in patients with advanced NSCLC demonstrated that docetaxel monotherapy significantly improved survival compared with best supportive care or other single agents (vinorelbine or ifosfamide) [6,7].

Belani et al. recently reported that results of a phase III trial comparing a carboplatin plus paclitaxel regimen with a cisplatin plus etoposide regimen for first-line treatment of advanced NSCLC [8]. Carboplatin plus paclitaxel yielded a higher response rate (23% versus 15%), time to progression (121 days versus 111 days), and overall quality of life benefit than cisplatin plus etoposide, but the median survival time was better in the cisplatin plus etoposide arm than in the carboplatin plus paclitaxel arm (274 days and 233 days, respectively [ $P=0.086$ ]). The authors reported that a substantially greater proportion of patients in the cisplatin plus etoposide arm received second-line chemotherapy with a taxane-containing regimen than in the carboplatin plus paclitaxel arm, and suggested that treatment with taxanes in a second-line setting may have had an impact on the survival in their study. Remarkably, more than half of the regimens that were used in the second-line setting of their study consisted of paclitaxel alone or carboplatin plus paclitaxel, not docetaxel. While the efficacy of paclitaxel-containing regimens as first-line chemotherapy for advanced NSCLC has been established in many randomized phase III trials [9], the data on the efficacy of paclitaxel-containing regimens in second-line settings are limited [10,11].

Based these considerations we conducted a phase II trial to evaluate the efficacy and toxicity of carboplatin plus paclitaxel in the treatment of advanced NSCLC previously treated with chemotherapy.

## 2. Patients and methods

### 2.1. Eligibility criteria

The inclusion criteria were: pathologically confirmed advanced NSCLC patients with measurable disease who had received one or two previous chemotherapy regimens for their disease. Patients were required to submit evidence of failure of prior chemotherapy. Patients who were previously treated with carboplatin or paclitaxel were excluded if the best response was progressive disease (PD). Patients who had received prior radiotherapy were eligible provided that at least 30 days had elapsed between the completion of radiotherapy and entry into the study. Patients were also required to be 20–75 years of age, have an Eastern Cooperative Oncology Group PS of 0 or 1, and have adequate organ function as indicated by the following parameters: absolute neutrophil count  $\geq 1500\text{ mm}^{-3}$ , platelet count  $\geq 100,000\text{ mm}^{-3}$ , hemoglobin  $\geq 9.0\text{ g/dl}$ , AST and ALT  $\leq 2.0 \times$  the institutional upper normal limits, total bilirubin  $\leq 1.5\text{ mg/dl}$ , creatinine  $\leq 1.5\text{ mg/dl}$ ,  $\text{PaO}_2 \geq 65\text{ Torr}$ .

Exclusion criteria were: uncontrolled pleural or pericardial effusion, active concomitant malignancy, prior irradiation to areas encompassing more than a third of the pelvis plus spine, active infection, myocardial insufficiency or myocardial infarction within the preceding 6 months, uncontrolled diabetes mellitus or hypertension, any other condition that could compromise protocol compliance, pregnancy and/or breast-feeding. All patients were required to provide written informed consent before entry into the study. The study was approved by the institutional review board of our institution.

### 2.2. Treatment plan

Treatment was started within a week of entry into the study. Patients received paclitaxel  $200\text{ mg/m}^2$  diluted in 500 ml of 0.9% saline as a 3-h intravenous infusion followed by carboplatin (area under the curve [AUC] 6; Calvert formula) diluted in 250 ml of 5% glucose as a 1-h intravenous infusion, every 3 weeks. All patients were premedicated with dexamethasone (24 mg i.v.), famotidine (20 mg i.v.), and diphenhydramine (50 mg orally) 30 min before the paclitaxel infusion to prevent a hypersensitivity reaction. A 5-HT<sub>3</sub>-receptor antagonist was intravenously administered as an antiemetic before carboplatin. Therapy was continued for at least two cycles unless the patient experienced unacceptable toxicity or had PD. The maximum number of cycles of chemotherapy was six. In the event of grade 4 leukopenia or thrombocytopenia or of grade 3 neutropenic fever, the dose of carboplatin and paclitaxel was reduced to AUC 5 and  $175\text{ mg/m}^2$ , respectively, in the following cycle of chemotherapy. The next cycle of chemotherapy was started if the neutrophil count was  $\geq 1500\text{ mm}^{-3}$ , the platelet count  $\geq 100,000\text{ mm}^{-3}$ , AST and ALT  $\leq 100\text{ IU/l}$ , total bilirubin  $\leq 2.0\text{ mg/dl}$ , creatinine  $\leq 1.5\text{ mg/dl}$ , PS 0 or 1, and the patient was afebrile.

Pretreatment evaluation included a medical history, a physical examination, vital signs, height and body weight, PS, complete blood count, biochemical studies, arterial blood gas analysis, electrocardiogram, chest radiograph and computed tomography scan (CT), abdominal ultrasound or CT, and brain magnetic resonance imaging or CT. A complete blood count, biochemical studies, and chest radiograph were performed weekly during the first cycle of chemotherapy, and 2 weekly starting with the second cycle.

### 2.3. Response and toxicity assessment

Objective tumor response was assessed as complete response (CR), partial response (PR), stable disease  $\geq 8$  weeks (SD), or PD according to the Response Evaluation Criteria in Solid Tumors. Measurable lesions were defined as lesions whose longest diameter was  $\geq 2\text{ cm}$ . Imaging studies were repeated every 4 weeks until the objective tumor response was confirmed. All responses were reviewed by an independent radiologist. Toxicity was graded using National Cancer Institute-Common Toxicity Criteria version 2.0.



## 2.4. Statistical analysis

The primary endpoint of this study was the response rate, defined as the proportion of patients whose best response was CR or PR among all enrolled patients in the intent-to-treat analysis. The secondary end points were toxicity and overall and progression-free survival (PFS) from the date of enrollment in this study.

According to Simon's minimax two-stage phase II study design, the treatment program was designed for a minimal response rate of 5% and to provide a significance level of 0.05 with a statistical power of 80% in assessing the activity of the regimen according to a 20% response rate. The upper limit for first-stage drug rejection was no response in 13 evaluable patients. The upper limit for second-stage drug rejection was three responses in 27 evaluable patients. Overall survival time was defined as the interval between enrollment in this study and death or the most recent follow-up visit. PFS was defined as the interval between enrollment in this study and the first documented PD, death, or the most recent follow-up visit. Survival was estimated by the Kaplan-Meier analysis method. All comparisons between proportions were performed by Fisher's exact test.

## 3. Results

### 3.1. Patient characteristics

Between October 2002 and November 2003, 30 patients were enrolled in this study, and their characteristics are shown in Table 1. Twenty-six (87%) patients were men, and 21 (70%) patients had adenocarcinoma. Median age was 60 years. The majority of the patients (93%) had received prior platinum-based chemotherapy, and seven (23%) patients had received two prior chemotherapy regimens. The platinum-based chemotherapy regimens that had been used were: cisplatin plus vinorelbine ( $n=26$ ), cisplatin plus gemcitabine ( $n=1$ ), and carboplatin plus gemcitabine ( $n=1$ ). There were 15 (50%) responders to any of the prior chemotherapy regimens and 12 of them had experienced a response (CR/PR) to cisplatin-based chemotherapy. Twenty-one (70%) patients had a treatment-free interval of 3 or more months since the final dose of the prior chemotherapy regimen.

A total of 94 cycles of chemotherapy were administered, and the median number of cycles per patient was three (range, 1-6). Four patients had received only one cycle of treatment either because of toxicity (two patients, grade 3 rash), the patient's refusal (one patient), or PD (one patient).

### 3.2. Response and survival

Two patients were not evaluable for response because the protocol treatment had been terminated because of toxicity (grade 3 rash) during the first cycle of chemotherapy, and they subsequently received further chemotherapy without PD. There was 1 CR and 10 PRs among the 30 patients, and the objective response rate in the intent-to-treat analysis was 36.7% (95% confidence interval [CI], 19.9-56.1%) (Table 2). Treatment outcomes of all patients are listed in

Table 1. Patient characteristics

Characteristic	No. of patients (%)
Patients enrolled	30
Sex	
Male	26
Female	4
Age, years	
Median	60
Range	39-75
ECOG performance status	
0	7
1	23
Stage	
IIIb	11
IV	19
Histology	
Adenocarcinoma	21
Squamous cell carcinoma	7
Large cell carcinoma	2
Prior treatment	
Platinum-based chemotherapy	28 (93)
Docetaxel	5 (16)
Chest radiotherapy	4 (13)
No. of prior chemotherapy regimens	
1	23
2	7

Table 3. The response rate of patients who experienced a response (CR/PR) to prior cisplatin-based chemotherapy was 43% (6/14), as opposed to 23% (3/13) among the non-response patients ( $P=0.41$ ). The response rate of the patients who had received one prior chemotherapy regimen was 39% (9/23), as opposed to 28% (2/7) among the patients who had received two regimens ( $P>0.99$ ). According to the treatment-free interval since the final dose of the prior chemotherapy regimen, the response rate of patients whose interval was 3 months or more was 33% (7/21), com-

Table 2. Treatment efficacy ( $n=30$ )

	No. of patients	%
Response		
Overall response rate	11	36.7
Complete response	1	3.3
Partial response	10	33.3
Stable disease	12	40
Progressive disease	5	16.7
Not evaluable	2	6.7
Survival		
Median (months)	9.9	
1 year (%)	47	
Progression-free survival		
Median (months)	5.3	

Table 3. Treatment outcomes of all patients

Patient No.	Prior first-line therapy		Prior second-line therapy		Time from last therapy (months)	CBDCA + PTX: best response	PFS (months)	Survival (months)
	Regimen	Best response	Regimen	Best response				
1	GDDP + VNR	SD	DOC	PD	1.8	SD	1.4	25.2
2	CBDCA + GEM	NE	Gefitinib	PD	0.8	PR	3.8	8.8
3	GDDP + VNR	SD	—	—	6.8	SD	7.6	18.1
4	GDDP + GEM	PR	—	—	9.5	PR	7.5	33.8+
5	GDDP + VNR	SD	—	—	4.8	SD	2.8	7.0
6	GDDP + VNR + DOC + RT	PR	—	—	6.0	PR	8.0	21.6
7	GEM + VNR	SD	—	—	23.0	PD	1.2	7.8
8	GDDP + VNR + RT	PR	—	—	13.6	SD	6.7	25.0+
9	GDDP + VNR	SD	—	—	5.0	SD	2.1	3.7
10	GDDP + VNR	SD	—	—	5.0	PD	1.2	6.7
11	GDDP + VNR	PR	—	—	8.9	NE	1.1	3.3
12	GDDP + VNR	SD	Gefitinib	CR	1.9	SD	6.3	6.3
13	GDDP + VNR	PR	—	—	5.4	NE	1.0	13.4
14	GDDP + VNR	PR	—	—	1.7	SD	4.8	5.7
15	GDDP + VNR + RT	PR	—	—	9.3	SD	5.0	15.7
16	GDDP + VNR	SD	—	—	2.8	PR	3.7	15.8
17	GDDP + VNR	SD	—	—	3.8	SD	5.3	21.6+
18	GDDP + VNR + DOC + RT	PR	DOC + GEM	SD	3.9	SD	4.5	9.0
19	GDDP + VNR	PR	—	—	12.9	PR	9.4	16.0
20	GDDP + VNR	PR	—	—	11.5	GR	24.8+	24.8
21	GDDP + VNR	PD	—	—	1.1	PR	9.2	23.6+
22	GDDP + VNR	SD	DOC	SD	4.5	PD	2.3	5.5
23	Gefitinib	SD	—	—	0.9	PR	8.8	12.7
24	GDDP + VNR	PR	—	—	11.1	PR	5.3	10.2
25	GDDP + VNR	PR	Gefitinib	PR	4.4	PR	5.5	9.9
26	GDDP + VNR	NE	—	—	11.7	PR	7.0	12.2
27	GDDP + VNR	PR	—	—	5.4	SD	6.2	9.4
28	GDDP + VNR	SD	—	—	0.8	PD	1.4	2.5
29	GDDP + VNR	PR	—	—	4.4	PD	0.2	8.4
30	Gefitinib	PD	GDDP + VNR	PD	0.9	SD	3.1	3.3

CBDCA, carboplatin; PTX, paclitaxel; PFS, progression-free survival; GDDP, cisplatin; VNR, vinorelbine; GEM, gemcitabine; DOC, docetaxel; RT, chest radiotherapy; SD, stable disease; NE, not evaluable; PR, partial response; PD, progressive disease; CR, complete response.

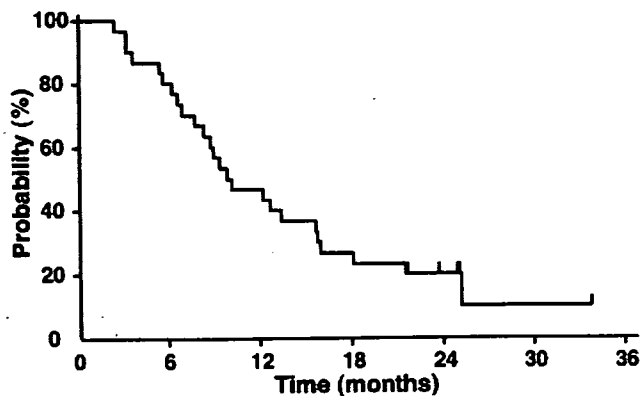


Fig. 1 Kaplan-Meier curve for overall survival.

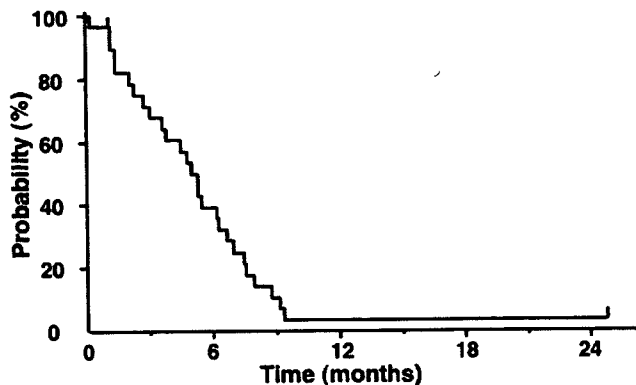


Fig. 2 Kaplan-Meier curve for progression-free survival.

pared with 44% (4/9) in patients in whom it was less than 3 months ( $P=0.68$ ).

The median follow-up time was 24 months. The median survival time (MST) was 9.9 months (range, 2.5–33.8 months), and the 1-year survival rate was 47% (95% CI, 29–65%). The median PFS was 5.3 months. The Kaplan-Meier curve for overall survival and for PFS is shown in Figs. 1 and 2, respectively. Nineteen patients (63%) received at least one subsequent chemotherapy regimen, and their regimens are shown in Table 4. Fourteen of them were treated with gefitinib, and a PR was achieved in three of them.

3.3. Toxicity

The common toxicities associated with carboplatin plus paclitaxel are listed in Table 5. Grade 3/4 neutropenia occurred in 54% of the patients in our study, but grade 3 febrile neutropenia developed in only 3%. Grade 3/4 anemia and thrombocytopenia were observed in five patients (16%)

and two patients (13%), respectively. Non-hematological grade 3 toxicities were less frequent. Grade 3 hyponatremia was observed in five (16%) patients, but they were all asymptomatic. Grade 2 neuropathy occurred in 33% of the patients. There were no treatment-related deaths.

4. Discussion

Docetaxel, pemetrexed, and erlotinib have been approved for second-line treatment of advanced NSCLC on the basis of the results of phase III trials [6,7,12,13]. Hanna et al. reported a phase III study comparing 3-weekly pemetrexed 500 mg/m<sup>2</sup> with 3-weekly docetaxel 75 mg/m<sup>2</sup> as second-line treatment for advanced NSCLC. The overall response rate with pemetrexed and docetaxel was 9.1% and 8.8%, respectively, and MST was 8.3 months and 7.9 months, respectively. Although efficacy in terms of the outcome as measured by survival time and response rate was similar for both treatments, the pemetrexed group experienced less grades 3–4 hematological toxicity and alopecia of all grades [12]. In the trial reported by Shepherd et al. 731 NSCLC patients previously treated with chemotherapy were randomized to receive either erlotinib at a dose of 150 mg daily or placebo, and the response rate in the erlotinib group was 8.9%. MST was 6.7 months in the erlotinib group and 4.7 months in the placebo group ( $P<0.001$ ). The results of their trial showed that erlotinib significantly prolonged the survival of patients with advanced NSCLC who had previously been treated with chemotherapy [13]. Despite the positive results of these phase III trials, the response rate of advanced NSCLC to second-line chemotherapy remains low, and the life expectancy of advanced NSCLC patients remains short. Alternative effective chemotherapy option is needed for second-line treatment of advanced NSCLC.

The combination of carboplatin plus paclitaxel has proved effective as one of the standard platinum-based doublet regimens for first-line treatment of advanced NSCLC [4,5,14]. However, since the efficacy of carboplatin plus paclitaxel used in a second-line setting had hardly been assessed, in the present study we evaluated the efficacy and toxicity of carboplatin plus paclitaxel in the second- or third-line treatment of advanced NSCLC. The results in the 30 patients with advanced NSCLC previously treated with chemotherapy indicated that the combination of carboplatin plus paclitaxel yielded an objective response rate of 36.7% and an MST of 9.9 months, with a 1-year survival rate of 47%. Our study had not included patients who were treated with the platinum/taxane combination chemotherapy. Most of the toxicity observed in our study was hematological. Grade 3/4 neutropenia, anemia, or thrombocytopenia occurred in 54, 16, or 13% of the patients in our study, respectively. Hematological toxicity of carboplatin plus paclitaxel used in first-line treatment for Japanese patients with advanced NSCLC has been reported that grade 3/4 neutropenia, anemia, or thrombocytopenia occurred in 88, 15, or 11% of the patients [15]. The toxicity observed in our study appeared similar to that of carboplatin plus paclitaxel, which was administered as the first-line treatment, although the number of patients in our study was not large. The combination of carboplatin plus paclitaxel seems to be effective and tolerable, not only as first-line therapy for advanced NSCLC but

Regimen	No. of patients	Response (%)
Gefitinib	14	3 (21)
Docetaxel	9	0
Gemcitabine plus viborelbine	1	0

**Table 5** Hematological and non-hematological toxicity (n = 30)

Toxicity	NCI-CTC Version 2.0, grade							
	0-1		2		3		4	
	n	%	n	%	n	%	n	%
Leukopenia	11	37	10	33	9	30	0	0
Neutropenia	10	33	4	13	14	47	2	7
Anemia	7	23	18	60	3	10	2	7
Thrombocytopenia	27	90	1	3	2	7	0	0
Febrile neutropenia	29	97	—	—	1	3	0	0
Nausea	27	90	3	10	0	0	—	—
Fatigue	30	100	0	0	0	0	0	0
Neuropathy	20	67	10	33	0	0	0	0
Arthralgia	21	70	8	27	1	3	0	0
Rash	28	93	0	0	2	6	0	0
Infection	29	97	0	0	1	3	0	0
Arrhythmia	29	97	0	0	1	3	0	0
Alopecia	21	70	9	30	—	—	—	—
AST/ALT	29	97	1	3	0	0	0	0
Hyponatremia	25	83	—	—	5	17	0	0

as second-line therapy as well if the patients had not been previously treated with the platinum/taxane combination chemotherapy.

Hotta et al. reported a meta-analysis based on abstracted data to compare the effect of carboplatin-based chemotherapy with that of cisplatin-based chemotherapy on overall survival, response rate, and toxicity in the first-line treatment of patients with advanced NSCLC [16]. The results indicated that combination chemotherapy consisting of cisplatin plus a third generation agent produced a significant survival benefit compared with carboplatin plus a third generation agent, although the toxicity profiles of the two modalities were quite different. Recently, Pignon et al. reported a pooled analysis from five randomized clinical trials of cisplatin-based chemotherapy in completely resected NSCLC patients [17]. Their analysis suggested that adjuvant cisplatin-based chemotherapy improved survival in patients with NSCLC. Based on the results of their meta-analysis, cisplatin-based chemotherapy should be recommended as first-line therapy for patients with advanced NSCLC. Moreover, in view of the results of our own study, we speculate that the combination of carboplatin plus paclitaxel may be suitable as second-line treatment for advanced NSCLC patients who had experienced progression after first-line cisplatin-based chemotherapy.

Care must be exercised in interpreting the favorable outcome in our study. One concern is that it was a single-institution phase II study, and therefore patient selection may have influenced the outcome. The responders to any of the prior chemotherapy regimens accounted for 50% of the 30 patients enrolled in this study, and about 80% of the patients had received only one prior chemotherapy regimen. The selection criteria, such as an ECOG PS of 0 or 1, may also have contributed to this favorable outcome. Another concern is that our study had included only five patients who were previously treated with chemotherapy using taxanes. Therefore, the efficacy of carboplatin plus paclitaxel as the

secondary therapy after chemotherapy using taxanes is not clear. A further randomized study is warranted to be able to draw definitive conclusions about our results.

### Conflict of interest statement

None declared.

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