

表S-13.大豆と乳がんとの関連に関するケース・コントロール研究(サマリーテーブル)

References		Study subjects				Strength of association	
Author	Year (Ref. No.)	Study period	Sex	Ranged age	Number of cases		Number of controls
Hirohata	1985 (1)	Not given	Women	NA	212	424	Fat from soy —
Hirose	2003 (2)	1988-2000	Women	18yr or over	2,385 1,332 premenopausal	19,013 11,943 premenopausal	Soybean curd — Miso soup — Soybean curd — Miso soup —
Hirose	2005 (3)	2001-2002	Women	30yr or over	167 79 premenopausal	854 414 premenopausal	Soybean products ↓ Isoflavone ↓ ↓ ↓ Tofu ↓ ↓ ↓ Miso ↓ AisUAGE — Aburage — Natto — Koyadofu — Soybean products — Isoflavone ↓ Tofu — Miso ↓ AisUAGE ↑ ↑ ↑ Aburage ↑ Natto — Koyadofu —
					88 postmenopausal	440 postmenopausal	

表S-14. Summary of cohort studies on chronic hepatitis B virus infection and liver cancer among Japanese (N = 16)

Reference	Study period	Sex	Number of subjects	Study population		Event	Number of incident cases or deaths	Magnitude of association
				Age range	Event			
Oshima et al. (1984) (1)	1972-1980	Men	8646	15-64	Incidence	20	↑ ↑ ↑	
Fukao (1985) (2)	1971-1980	Men	11000	30-64	Incidence	4	↑ ↑ ↑	
Tamura et al. (1986) (3)	1970-1984	Men	81404	0-89	Death	223	↑ ↑ ↑	
		Women	97119	0-89	Death	75	↑ ↑ ↑	
Tokudome et al. (1987) (4)	1977-1985	Women	3769	Not specified	Death	4	↑ ↑ ↑	
Tokudome et al. (1988) (5)	1977-1983	Men	2595	Not specified	Death	15	↑ ↑ ↑	
Sakuma et al. (1988) (6)	1977-1985	Men	25547	40, 45, 50, 55	Death	30	↑ ↑ ↑	
Inaba et al. (1990) (7)	1973-1988	Men	270 (liver cirrhosis)	26-75	Death	46	↓	
Kato et al. (1992) (8)	1987-1990	Men and women	777 (decompensated liver cirrhosis or post-transfusion hepatitis)	>=16	Incidence	74	↑	
Ikeda et al. (1993) (9)	1974-1989	Men and women	588 (liver cirrhosis)	19-84	Incidence	185	↓	
Tsukuma et al. (1993) (10)	1987-1991	Men and women	917 (chronic hepatitis or compensated cirrhosis)	40-69	Incidence	54	↑ ↑ ↑	
Kato et al. (1994) (11)	1977-1993	Men and women	255 (compensated cirrhosis)	22-83	Incidence	96	↑ ↑ ↑	
Tanaka et al. (1998) (12)	1985-1995	Men and women	72 (liver cirrhosis)	40-69	Incidence	26	↓ ↓	

Reference	Study period	Study population					Event	Number of incident cases or deaths	Magnitude of association
		Sex	Number of subjects	Age range	Age range	Event			
Iida et al. (1999) (13)	1985-1996	Not described	100 (chronic schistosomiasis or chronic liver disease)	Not specified	Not specified	Incidence	9	↑	
Mori et al. (2000) (14)	1992-1997	Men and women	3052	>=30	>=30	Incidence	22	↑ ↑ ↑	
Nagao et al. (2004) (15)	1990-2002	Men and women	509	20-94	20-94	Death	9	↑ ↑	
Tanaka et al. (2004) (16)	1991-2000	Men and women	154850	40-64	40-64	Incidence	127	↑ ↑ ↑	

Symbols used are: ↑ ↑ ↑, strongly positive; ↑ ↑, moderately positive; ↑, weakly positive; ↓ ↓, weakly inverse; ↓ ↓ ↓, moderately inverse.

表S-15. Summary of case-control studies on chronic hepatitis B virus infection and liver cancer among Japanese (N = 17)

Reference	Study period	Sex		Age range	Study subjects		Number of controls	Magnitude of association
		Not described	Men and women		Number of cases	Number of controls		
Nishioka et al. (1975) (1)	Not described	Not described	Men and women	Not specified	215	10738	↑ ↑ ↑	
Kubo et al. (1977) (2)	Not described	Men and women	Men and women	21-76	124	299	↑ ↑ ↑	
Akagi et al. (1982) (3)	1960-1979	Men and women	Men and women	12-86	105	171	↑ ↑ ↑	
Inaba et al. (1984) (4)	1977-1979	Men and women	Men and women	Not specified	62	62	↑ ↑ ↑	
Hiraga et al. (1986) (5)	1981-1985	Men	Men	31-81	78	78	↑ ↑ ↑	
Tsukuma et al. (1990) (6)	1983-1987	Men and women	Men and women	<=74	229	266	↑ ↑ ↑	
Fukuda et al. (1993) (7)	1986-1992	Men and women	Men and women	40-69	368	485	↑ ↑ ↑	
Tanaka et al. (1995) (8)	1992-1993	Men and women	Men and women	40-79	137	334	↑ ↑ ↑	
Tanaka et al. (1996) (9)	1985-1989	Men and women	Men and women	40-69	91	410	↑ ↑ ↑	
Shibata et al. (1998) (10)	1992-1995	Men	Men	40-74	115	115	↑ ↑ ↑	
Mukaiya et al. (1998) (11)	1991-1993	Men	Men	Not specified	104	104 (chronic liver disease)	↓	
Koide et al. (2000) (12)	1994	Men and women	Men and women	46-79	84	84	↑ ↑ ↑	
Itida et al. (2002) (13)	1999-2001	Men and women	Men and women	Not specified	506	197	↑ ↑ ↑	
Sharp et al. (2003) (14)	1954-1988	Men and women	Men and women	Not specified	238	894	↑ ↑ ↑	
Matsuo et al. (2003) (15)	1995-2000	Men and women	Men and women	40-75	222	326	↑ ↑ ↑	

Reference	Study period	Sex	Age range	Study subjects		Magnitude of association
				Number of cases	Number of controls	
Munaka et al. (2003) (16)	1997-1998	Men and women	34-92	78	138	↑ ↑ ↑
Sakamoto et al. (2006) (17)	2001-2004	Men and women	40-79	209	275 (hospital controls)	↑ ↑ ↑
					381 (chronic liver disease)	↑

Symbols used are: ↑ ↑ ↑, strongly positive; ↑, weakly positive; ↓, weakly inverse.

表S-16. Summary of cohort studies on chronic hepatitis C virus infection and liver cancer among Japanese (N = 9)

Reference	Study period	Sex	Number of subjects	Study population			Event	Number of incident cases or deaths	Magnitude of association
				Age range	Age range	Event			
Ikeda et al. (1993) (1)	1974-1989?	Men and women	588 (liver cirrhosis)	19-84	Incidence	185	↑ ↑ ↑		
Tsukuma et al. (1993) (2)	1987-1991	Men and women	917 (chronic hepatitis or compensated cirrhosis)	40-69	Incidence	54	↑ ↑ ↑		
Kato et al. (1994) (3)	1977-1993	Men and women	255 (compensated cirrhosis)	22-83	Incidence	96	↑ ↑ ↑		
Tanaka et al. (1998) (4)	1985-1995	Men and women	72 (liver cirrhosis)	40-69	Incidence	26	↑ ↑		
Iida et al. (1999) (5)	1985-1996	Not described	218 (chronic schistosomiasis or chronic liver disease)	Not specified	Incidence	37	↑ ↑ ↑		
Boschi-Pinto et al. (2000) (6)	1984-1997	Men and women	965	Not specified	Death	8	↑ ↑ ↑		
Mori et al. (2000) (7)	1992-1997	Men and women	3052	>=30	Incidence	22	↑ ↑ ↑		
Nagao et al. (2004) (8)	1990-2002	Men and women	509	20-94	Death	9	↑ ↑ ↑		
Tanaka et al. (2004) (9)	1991-2000	Men and women	154850	40-64	Incidence	127	↑ ↑ ↑		

Symbols used are: ↑ ↑ ↑, strongly positive; ↑ ↑, moderately positive.

表S-17. Summary of case-control studies on chronic hepatitis C virus infection and liver cancer among Japanese (N = 11)

Reference	Study period	Study subjects		Age range	Sex	Number of cases	Number of controls	Magnitude of association
		Study subjects	Sex					
Fukuda et al. (1993) (1)	1986-1992	Men and women	Men and women	40-69	Men and women	99	114	↑ ↑ ↑
Tanaka et al. (1995) (2)	1992-1993	Men and women	Men and women	40-79	Men and women	137	334	↑ ↑ ↑
Tanaka et al. (1996) (3)	1985-1989	Men and women	Men and women	40-69	Men and women	91	410	↑ ↑ ↑
Shibata et al. (1998) (4)	1992-1995	Men	Men	40-74	Men	115	115	↑ ↑ ↑
Mukaiya et al. (1998) (5)	1991-1993	Men	Men	Not specified	Men	104	104 (chronic liver disease)	-
Koide et al. (2000) (6)	1994	Men and women	Men and women	46-79	Men and women	84	84	↑ ↑ ↑
Iida et al. (2002) (7)	1999-2001	Men and women	Men and women	Not specified	Men and women	502	190	↑ ↑ ↑
Sharp et al. (2003) (8)	1954-1988	Men and women	Men and women	Not specified	Men and women	238	894	↑ ↑ ↑
Matsuo et al. (2003) (9)	1995-2000	Men and women	Men and women	40-75	Men and women	222	326	↑ ↑ ↑
Munaka et al. (2003) (10)	1997-1998	Men and women	Men and women	34-92	Men and women	78	138	↑ ↑ ↑
Sakamoto et al. (2006) (11)	2001-2004	Men and women	Men and women	40-79	Men and women	209	275 (hospital controls) 381 (chronic liver disease)	↑ ↑ ↑ -

Symboles used are: ↑ ↑ ↑, strongly positive; □, no association.

表S-18. 喫煙と食道がんとの関連に関するコホート研究 (サマリテーブル)

Author	References				Study subjects				Strength of association	
	Year	(Ref. No.)	Study period	Sex	No. of subjects	Ranged age	Event	Number of incident cases or deaths		Category
Hirayama T.	1990	(1)	1965-1981	Men	122,261	40 yrs or older	Death	438	Daily smoking,	↑ ↑ ↑
				Women	142,857	40 yrs or older	Death	147	Cigaretts/day, Yrs of smoking	↑ ↑
Akiba S.	1990	(2)	1965-1981	Men	122,261	40 yrs or older	Death	361	Cigaretts/day	↑ ↑ ↑
				Women	142,857	40 yrs or older	Death	128	Cigaretts/day	↑ ↑
Kinjo Y et al.	1998	(3)	1965-1981	Men	100,840	40-70 yrs	Death	328	Cigaretts/day	↑ ↑ ↑
				Women	119,432	40-70 yrs	Death	112	Cigaretts/day	↑ ↑
Sakata M et al.	2005	(4)	1988-1999	Men	46,465	40-79 yrs	Death	100	Smoking status Yrs of smoking Age started smoking Pack-yrs	↑ ↑ ↑
Ishikawa A et al	2006	(6)	Cohort 1 1984-1992 Cohort 2 1990-1997	Men	9,008	40 yrs or older	Incidence	38	Cigaretts/day	↑ ↑ ↑
				Men	17,715	40-64 yrs	Incidence	40	Cigaretts/day	↑ ↑ ↑

表S-19. 喫煙と食道がんとの関連に関するケースコントロール研究 (サマリーテーブル)

Author	References Year	Study period (Ref. No.)	Sex	Ranged age	Number of cases	Number of controls	Category	Strength of association
Nakachi et al.	1988	(2) 1973-1985	Men and women	Not specified	343 (M:257, F:86)	343 (M:257, F:86)	Cumulative cigarett:	↑ ↑ ↑
Sasaki R et al.	1990	(3) 1974-1979	Men Women	Not specified Not specified	145 56	285 118	Smoking status Smoking status	↑ ↑ ↑ ↑ ↑
Hanaoka T et al.	1994	(4) 1989-1991	Men	Not specified	141	141	Tobacco consumpti:	-
Takezaki T et al.	2000	(5) 1988-1997	Men	40-79	346	11,936	Smoking status	↑ ↑ ↑
Matsuo et al.	2001	(6) 1999-2000	Men and women	40-76	102 (M:86, F:16)	241 (M:118, F:123)	Smoking status	↑ ↑ ↑
Tsuda T et al.	2001	(7) 1986-1993	Men and women	Not specified	22 (sex not specified)	198 (sex not specified)	Smoking status	↑ ↑
Yokoyama A et al	2002	(8) 2000-2001	Male	40-79	234	634	Pack-years	↑ ↑ ↑
Yang CX et al.	2005	(9) 2001-2004	Men and women	18-80	165 (M: 148, F:17)	495 (M: 444, F:51)	Smoking status	↑ ↑ ↑
Yokoyama A et al	2006	(10) 2000-2004	Women	40-79	52	412	Pack-years	↑ ↑ ↑

表S-20. 飲酒と食道がんとの関連に関するコホート研究 (サマリテーブル)

References			Study subjects					Strength of association		
Author	Year	(Ref. No.)	Study period	Sex	No. of subjects	Ranged age	Event	Number of incident cases or deaths	Category	Strength of association
Hirayama T.	1990	(1)	1965-1981	Men	122,261	40 yrs or older	Death	438	Daily drinking	↑ ↑
				Women					142,857	40 yrs or older
Kinjo Y et al.	1998	(2)	1965-1981	Men	100,840	40-70 yrs	Death	328	Drinking freq.	↑ ↑
				Women					119,432	40-70 yrs
Sakata M et al.	2005	(3)	1988-1999	Men	46,465	40-79 yrs	Death	100	Drinking status	↑ ↑
									Units/day	↑ ↑
									Yrs of drinking	↑ ↑
Ishikawa A et al	2006	(5)	Cohort 1 1984-1992	Men	9,008	40 yrs or older	Incidence	38	Daily drinking	↑ ↑
									Cohort 2 1990-1997	Men

表S-21. 飲酒と食道がんとの関連に関するケースコントロール研究 (サマリテーブル)

Author	References		Study period	Sex	Ranged age	Study subjects		Category	Strength of association
	Year	(Ref. No.)				Number of cases	Number of controls		
Sasaki R et al.	1990	(2)	1974-1979	Men Women	Not specified Not specified	145 56	285 118	Sake drink in evenings	↑ ↑ ↑ NA
Hanaoka T et al.	1994	(3)	1989-1991	Men	Not specified	141	141	Freq. of alcoho	↑ ↑ ↑
Yokoyama A et al.	1996	(4)	1991-1995	Male	44-75 yr	40	55	NA	NA
Takezaki T et al.	2000	(5)	1988-1997	Men	40-79 yr	346	11,936	Drinking status Dose of alcohol consumption	↑ ↑ ↑
Matsuo et al.	2001	(6)	1999-2000	Men and	40-76 yr	102 (M:86, F:16)	241 (M:118, F:123)	Drinking status	↑ ↑ ↑
Yokoyama A et al.	2002	(7)	2000-2001	Men	40-79 yr	234	634	Drinking status	↑ ↑ ↑
Yang CX et al.	2005	(8)	2001-2004	Men and	18-80 yr	165 (M:148, F:17)	495 (M: 444, F 51)	Drinking status	↑ ↑ ↑
Yokoyama A et al.	2006	(9)	2000-2004	Women	40-79 yr	52	412	Drinking status	↑ ↑ ↑

表S-22. 喫煙と膀胱がんとの関連に関するコホート研究 (サマリーテーブル)

Author	References		Study subjects							Strength of association
	Year	(Ref. No.)	Study period	Sex	No. of subjects	Ranged age	Event	Number of incident cases or deaths	Category	
Hirayama T.	1990	(1)	1965-1981	Men Women	122,261 142,857	40 yrs or older 40 yrs or older	Death Death	399 280	Daily smoking, Daily smoking.	↑ ↑ ↑ ↑
Lin et al.	2002	(3)	1988-1997	Men Women	46,465 64,327	40-79 yrs 40-79 yrs	Death Death	120 105	Smoking status Cigaretts/day Yrs of smoking	↑ ↑ ↑ ↑

表S-23. 喫煙と肺癌がんとの関連に関するケースコントロール研究 (サマリテーブル)

Author	References		Study period	Sex	Ranged age	Study subjects		Category	Strength of association
	Year	(Ref. No.)				Number of cases	Number of controls		
Mizuno S et al.	1992	(1)	1989-1990	Men and women	40-79	124 (M:68, F: 56)	124 (M:68, F: 56)	Smoking status	↑ ↑
Ohba et al.	1996	(2)	1987-1992	Men and women	Not specified	123 (sex not specified)	246 (sex not specified)	Smoking status	-
Inoue M et al.	2003	(3)	1988-1999	Men Women	30-84 32-85	200 (M: 122, F: 78)	2000 (M: 1220, F:780)	Smoking status Smoking status	- -

表S-24. 飲酒と膵臓がんとの関連に関するコホート研究 (サマリーテーブル)

References		Study subjects							Strength of association
Author	Year (Ref. No.)	Study period	Sex	No. of subjects	Ranged age	Event	Number of incident cases or deaths	Category	
Kono S et al.	1986 (1)	1965-1983	Men	5,477	25 or older	Death	14	Drinking status	↑
Hirayama T.	1990 (2)	1965-1981	Men Women	122,261 142,857	40 yrs or older 40 yrs or older	Death Death	399 280	Drinking status Drinking status	- -
Qui D et al.	2005 (3)	1988-1997	Men	46,465	40-79 yrs	Death	120	Drinking status	-
Luo J et al.	2006 (5)	Cohort 1 1990-2003 Cohort 2 1993-2003	Men Women	47,499 52,171	Cohort 1 40-59 yrs Cohort 2 40-69 yrs	Incidence Incidence	128 96	Drinking status Drinking status	- -

表S-25. 飲酒と膵臓がんとの関連に関するケースコントロール研究 (サマリーテーブル)

References		Study subjects				Strength of association		
Author	Year (Ref. No.)	Study period	Sex	Ranged age	Number of cases		Number of controls	Category
Mizuno S et al.	1992 (1)	1989-1990	Men and women	40-79	124 (M:68, F: 56)	124 (M:68, F: 56)	Drinking status	-
Inoue M et al.	2003 (3)	1988-1999	Men Women	30-84 32-85	200 (M: 122, F: 78)	2000 (M: 1220, F:780)	Drinking status Drinking status	- -

表S-26. 喫煙と前立腺がんとの関連に関するコホート研究(サマリナーテーブル)

References		Study population					Number of incident cases (follow-up period)	Results	
Author	Year	No.	Study period	Sex	Number of subjects	Ranged age	Event		
Allen et al	2004	(1)	1963-1996	men	18,115men	18-99yrs	Incidence	196	NS

表S-27. 喫煙と前立腺がんとの関連に関するケース・コントロール研究(サマリナーテーブル)

References		Study population					Results	
Author	Year	No.	Study period	Sex	Ranged age	No. of cases	No. of controls	
Mishina et al.	1985	(2)	1976	men	47-86yrs	100	100	NS
Oishi et al.	1989	(3)	1981-1984	men	Not specified	117	186BPH 110HC	NS ↓
Nakata et al.	1993	(4)	1985-1990	men	≥50yrs	91(≤69yrs) 203(≥70yrs)	86(≤69yrs) 208(≥70yrs)	NS ↑ ↑
Furuya et al	1998	(5)	1986-1995	men	46-92yrs	329	188	NS

表S-28. 飲酒と前立腺がんとの関連に関するコホート研究(サマリナーテーブル)

References		Study population					Number of incident cases (follow-up period)	Results	
Author	Year	No.	Study period	Sex	Number of subjects	Ranged age	Event		
Allen et al	2004	(1)	1963-1996	men	18,115men	18-99yrs	Incidence	196	NS

表S-29. 飲酒と前立腺がんとの関連に関するケース・コントロール研究(サマリナーテーブル)

References		Study population					Results	
Author	Year	No.	Study period	Sex	Ranged age	No. of cases	No. of controls	
Mishina et al.	1985	(2)	1976	men	47-86yrs	100	100	↑
Nakata et al.	1993	(3)	1985-1990	men	≥ 50yrs	91(≤ 69yrs)	86(≤ 69yrs)	NS
						203(≥ 70yrs)	208(≥ 70yrs)	NS
Sonoda et al.	2004	(4)	1996-2002	men	59-73yrs	140	140	↓

表S-30. BMIと前立腺がんとの関連に関するコホート研究(サマリテーブル)

References		Study population						Results
Author	Year	No.	Study period	Sex	Number of subjects	Ranged age	Event	Number of incident cases (follow-up period)
Allen et al	2004	(1)	1963-1996	men	18,115men	18-99yrs	Incidence	196
Kuriyama et al.	2005	(2)	1984-1992	men	12,485men	≥40yrs	Incidence	45
Kurahashi et al	2007	(3)	1995-2004	men	43,509men	40-69yrs	Incidence	307
								NS
								NS
								NS

表S-31. BMIと前立腺がんとの関連に関するケース・コントロール研究(サマリテーブル)

References		Study population				Results	
Author	Year	No.	Study period	Sex	Ranged age	No. of cases	No. of controls
Furuya et al	1998	(4)	1986-1995	men	46-92yrs	329	188
Nagata et al	2007	(5)	1996-2003	men	59-73yrs	200	200

表S-32. 野菜・果物摂取と前立腺がんとの関連に関するコホート研究 (サマリテーブル)

Author	Year	No.	Study period	Sex	Number of subjects	Study population		Event	Number of incident cases (follow-up period)	Results
						Ranged age	Incident			
Allen et al.	2004	(1)	1963-1996	men	18,115 men	18-99yrs	Incident	196	Yellow/green vegetables: NS Pickled/salted vegetables: NS Fruits: NS	

表S-33. 野菜・果物摂取と前立腺がんとの関連に関するケース・コントロール研究 (サマリテーブル)

Author	Year	No.	Study period	Sex	Ranged age	No. of cases	No. of controls	Results
Mishina et al.	1985	(2)	1976	men	47-86yrs	100	100	Green and yellow vegetables: ↑ Pickles: NS
Oishi et al.	1988	(3)	1981-1984	men	50-79yrs	100	100BPH	Vegetables: ↑ Spinach: ↓ ↓ Salty pickles: NS Brackenfern: ↓
Nakata et al.	1993	(4)	1985-1990	men	≥ 50yrs	91 (≤ 69yrs) 203 (≥ 70yrs)	100 100HC 86 (≤ 69yrs) 208 (≥ 70yrs)	Vegetables: NS Spinach: ↓ ↓ ↓ Salty pickles: NS Brackenfern: ↓ ↓ ↓
Sonoda et al.	2004	(5)	1996-2002	men	59-73yrs	140	140	All vegetables: ↓ Green-yellow vegetables: NS Tomatoes: NS Fruits: NS

表S-34. 大豆摂取と前立腺がんとの関連に関するコホート研究(サマリテーブル)

References		Study population				Event	Number of incident cases (follow-up period)	Results
Author	Year	No.	Study period	Sex	Number of subjects			
Allen et al	2004	(1)	1963-1996	men	18,115men	18-99yrs	196	Tofu: NS Miso soup: NS Total soya intake: NS
Ozasa et al	2004	(2)	1988-1999	men	14,105men	40-79	52	Genistein: NS Daidzein: NS Equol: ↓ ↓ ↓
Kurahashi et al	2007	(3)	1995-2004	men	43,509men	45-74yrs	307	Genistein: NS Daidzein: NS Miso soup: NS Soy food: NS

表S-35. 大豆摂取と前立腺がんとの関連に関するケース・コントロール研究(サマリテーブル)

References		Study population				No. of controls	Results	
Author	Year	No.	Study period	Sex	Ranged age			No. of cases
Oishi et al.	1988	(4)	1981-1984	men	50-79yrs	100	100BPH 100HC	Miso soup: NS Miso soup: ↓
Akaza et al.	2002	(5)	?	men	?	141	112	Equol producer: ↓
Somoda et al.	2004	(6)	1996-2002	men	59-73yrs	140	140	Tofu: ↓ ↓ Natto: ↓ ↓ All soy products: ↓
Nagata et al.	2007	(7)	1996-2003	men	59-73yrs	200	200	Isoflavone: ↓ ↓ ↓ Genistein: NS Daidzein: ↓

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全がん

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該当なし

胃がん

ヘリコバクター・ピロリ菌感染と胃がんとの関連に関するコホート研究 (表 S-2)

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