

Icosatrienoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	29.7	10.7	256	29.4	11.3	283	27.9	11.0	280	26.0	8.9	232	23.9	9.5	42	28.1	10.6	1093
Female	26.5	10.7	275	24.6	9.3	265	23.9	9.2	259	23.1	8.6	256	21.7	7.4	49	24.4	9.5	1104
Total	28.1	10.8	531	27.1	10.6	548	26.0	10.4	539	24.4	8.8	488	22.8	8.5	91	26.3	10.3	2197

Icosatetraenoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	33.6	34.7	256	43.0	39.3	283	42.5	34.5	280	41.4	42.1	232	40.8	36.8	42	40.3	37.7	1093
Female	26.2	25.3	275	31.5	29.3	265	31.9	28.0	259	34.8	30.3	256	27.3	38.5	49	30.9	28.9	1104
Total	29.8	30.4	531	37.5	35.3	548	37.4	31.9	539	38.0	36.5	488	33.5	38.1	91	35.5	33.9	2197

Arachidonic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	169.7	57.6	256	181.2	68.7	283	170.6	60.4	280	160.8	56.0	232	144.2	61.6	42	170.0	61.7	1093
Female	148.0	53.4	275	145.9	56.1	265	140.4	53.9	259	142.8	58.1	256	126.8	55.9	49	143.5	55.5	1104
Total	158.4	56.5	531	164.1	65.3	548	156.1	59.3	539	151.3	57.8	488	134.8	58.9	91	156.7	60.1	2197

Icosapentaenoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	268.3	238.9	256	361.8	298.5	283	375.4	257.8	280	353.9	312.5	232	365.1	250.0	42	341.8	279.4	1093
Female	219.1	194.9	275	271.3	213.0	265	289.0	226.9	259	296.9	208.3	256	235.9	247.6	49	266.8	214.5	1104
Total	242.8	218.4	531	318.0	264.4	548	333.9	247.0	539	324.0	264.3	488	295.5	255.7	91	304.1	251.6	2197

Henicosapentaenoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	6.5	9.1	256	8.8	12.3	283	9.9	11.6	280	9.5	15.9	232	8.4	7.5	42	8.7	12.2	1093
Female	5.4	6.9	275	7.1	8.7	265	6.8	8.1	259	7.3	9.2	256	4.5	7.3	49	6.5	8.2	1104
Total	5.9	8.0	531	8.0	10.7	548	8.4	10.2	539	8.3	12.8	488	6.3	7.6	91	7.6	10.5	2197

Docosadienoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	0.1	0.3	256	0.1	0.3	283	0.1	0.2	280	0.1	0.3	232	0.0	0.1	42	0.1	0.3	1093
Female	0.1	0.3	275	0.1	0.2	265	0.1	0.2	259	0.1	0.3	256	0.1	0.3	49	0.1	0.3	1104
Total	0.1	0.3	531	0.1	0.3	548	0.1	0.2	539	0.1	0.3	488	0.0	0.2	91	0.1	0.3	2197

Docosatetraenoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	11.7	5.7	256	11.9	5.8	283	11.0	5.4	280	10.1	5.3	232	8.3	3.7	42	11.1	5.6	1093
Female	9.6	4.9	275	8.9	4.5	265	8.8	4.8	259	8.3	4.5	256	7.2	3.6	49	8.8	4.7	1104
Total	10.6	5.4	531	10.5	5.4	548	9.9	5.2	539	9.1	5.0	488	7.7	3.7	91	10.0	5.3	2197

n-3 Docosapentaenoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	85.9	75.2	256	106.2	81.5	283	106.7	73.3	280	106.0	86.0	232	104.1	78.8	42	101.4	79.3	1093
Female	67.2	54.8	275	80.0	61.4	265	82.8	60.9	259	87.5	64.6	256	68.9	79.5	49	78.7	61.8	1104
Total	76.2	66.1	531	93.5	73.6	548	95.2	68.6	539	96.3	76.0	488	85.2	80.7	91	90.0	71.9	2197

n-6 Docosapentaenoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	9.7	9.4	256	12.3	12.5	283	13.2	12.2	280	13.4	17.0	232	11.4	8.4	42	12.1	12.8	1093
Female	7.8	7.0	275	10.4	8.8	265	9.5	8.7	259	10.6	9.6	256	6.9	8.9	49	9.5	8.6	1104
Total	8.7	8.3	531	11.4	10.9	548	11.5	10.8	539	11.9	13.7	488	9.0	8.9	91	10.8	11.0	2197

Docosahexaenoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	505.5	384.4	256	657.1	493.0	283	668.1	415.0	280	637.6	488.6	232	609.6	394.1	42	618.5	449.1	1093
Female	416.7	314.0	275	491.4	348.0	265	513.1	358.8	259	536.5	341.7	256	400.2	382.4	49	484.3	345.3	1104
Total	459.5	352.2	531	577.0	436.6	548	593.6	396.3	539	584.6	420.6	488	496.8	399.7	91	551.0	405.8	2197

Alcohol (g)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	14.8	19.1	256	19.0	23.5	283	18.7	24.3	280	11.1	14.8	232	6.7	10.0	42	15.8	21.0	1093
Female	4.3	8.7	275	3.2	7.6	265	2.2	4.5	259	1.6	4.4	256	1.0	2.3	49	2.7	6.6	1104
Total	9.4	15.6	531	11.4	19.4	548	10.8	19.6	539	6.1	11.7	488	3.7	7.5	91	9.2	16.9	2197

4) State of using supplement in previous 1 year (DSFQ)

Total supplement

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Not used	Female	89	30.3	99	35.0	106	38.8	93	32.6	17	28.8	404	33.8
	Male	111	38.8	150	50.8	156	52.0	120	47.1	22	41.5	559	47.0
	Total	200	34.5	249	43.1	262	45.7	213	39.4	39	34.8	963	40.4
Used	Female	205	69.7	184	65.0	167	61.2	192	67.4	42	71.2	790	66.2
	Male	175	61.2	145	49.2	144	48.0	135	52.9	31	58.5	630	53.0
	Total	380	65.5	329	56.9	311	54.3	327	60.6	73	65.2	1420	59.6

Vitamin supplement

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Not used	Female	212	72.1	211	74.6	207	75.8	173	60.7	38	64.4	841	70.4
	Male	238	83.2	259	87.8	249	83.0	198	77.6	39	73.6	983	82.7
	Total	450	77.6	470	81.3	456	79.6	371	68.7	77	68.8	1824	76.5
Used	Female	82	27.9	72	25.4	66	24.2	112	39.3	21	35.6	353	29.6
	Male	48	16.8	36	12.2	51	17.0	57	22.4	14	26.4	206	17.3
	Total	130	22.4	108	18.7	117	20.4	169	31.3	35	31.3	559	23.5

Mineral supplement

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Not used	Female	258	87.8	260	91.9	252	92.3	259	90.9	53	89.8	1082	90.6
	Male	275	96.2	286	96.9	289	96.3	241	94.5	49	92.5	1140	95.9
	Total	533	91.9	546	94.5	541	94.4	500	92.6	102	91.1	2222	93.2
Used	Female	36	12.2	23	8.1	21	7.7	26	9.1	6	10.2	112	9.4
	Male	11	3.8	9	3.1	11	3.7	14	5.5	4	7.5	49	4.1
	Total	47	8.1	32	5.5	32	5.6	40	7.4	10	8.9	161	6.8

Fat supplement

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Not used	Female	288	98.0	279	98.6	268	98.2	281	98.6	58	98.3	1174	98.3
	Male	284	99.3	294	99.7	299	99.7	251	98.4	53	100.0	1181	99.3
	Total	572	98.6	573	99.1	567	99.0	532	98.5	111	99.1	2355	98.8
Used	Female	6	2.0	4	1.4	5	1.8	4	1.4	1	1.7	20	1.7
	Male	2	0.7	1	0.3	1	0.3	4	1.6	0	0.0	8	0.7
	Total	8	1.4	5	0.9	6	1.0	8	1.5	1	0.9	28	1.2

Protein supplement

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Not used	Female	289	98.3	279	98.6	269	98.5	283	99.3	59	100.0	1179	98.7
	Male	271	94.8	291	98.6	296	98.7	254	99.6	53	100.0	1165	98.0
	Total	560	96.6	570	98.6	565	98.6	537	99.4	112	100.0	2344	98.4
Used	Female	5	1.7	4	1.4	4	1.5	2	0.7	0	0.0	15	1.3
	Male	15	5.2	4	1.4	4	1.3	1	0.4	0	0.0	24	2.0
	Total	20	3.4	8	1.4	8	1.4	3	0.6	0	0.0	39	1.6

Dietary fiber supplement

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Not used	Female	290	98.6	283	100.0	272	99.6	283	99.3	59	100.0	1187	99.4
	Male	286	100.0	295	100.0	298	99.3	255	100.0	53	100.0	1187	99.8
	Total	576	99.3	578	100.0	570	99.5	538	99.6	112	100.0	2374	99.6
Used	Female	4	1.4	0	0.0	1	0.4	2	0.7	0	0.0	7	0.6
	Male	0	0.0	0	0.0	2	0.7	0	0.0	0	0.0	2	0.2
	Total	4	0.7	0	0.0	3	0.5	2	0.4	0	0.0	9	0.4

Supplement contained other nutrients

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Not used	Female	160	54.4	165	58.3	168	61.5	186	65.3	37	62.7	716	60.0
	Male	210	73.4	233	79.0	229	76.3	202	79.2	46	86.8	920	77.4
	Total	370	63.8	398	68.9	397	69.3	388	71.9	83	74.1	1636	68.7
Used	Female	134	45.6	118	41.7	105	38.5	99	34.7	22	37.3	478	40.0
	Male	76	26.6	62	21.0	71	23.7	53	20.8	7	13.2	269	22.6
	Total	210	36.2	180	31.1	176	30.7	152	28.1	29	25.9	747	31.3

Drink type supplement

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Not used	Female	238	81.0	224	79.2	217	79.5	228	80.0	44	74.6	951	79.6
	Male	183	64.0	226	76.6	247	82.3	200	78.4	41	77.4	897	75.4
	Total	421	72.6	450	77.9	464	81.0	428	79.3	85	75.9	1848	77.5
Used	Female	56	19.0	59	20.8	56	20.5	57	20.0	15	25.4	243	20.4
	Male	103	36.0	69	23.4	53	17.7	55	21.6	12	22.6	292	24.6
	Total	159	27.4	128	22.1	109	19.0	112	20.7	27	24.1	535	22.5

Drug contained some nutrients

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Not used	Female	260	88.4	252	89.0	249	91.2	271	95.1	57	96.6	1089	91.2
	Male	259	90.6	273	92.5	273	91.0	244	95.7	51	96.2	1100	92.5
	Total	519	89.5	525	90.8	522	91.1	515	95.4	108	96.4	2189	91.9
Used	Female	34	11.6	31	11.0	24	8.8	14	4.9	2	3.4	105	8.8
	Male	27	9.4	22	7.5	27	9.0	11	4.3	2	3.8	89	7.5
	Total	61	10.5	53	9.2	51	8.9	25	4.6	4	3.6	194	8.1

5) Number of dietary supplement consumed in the previous 1 year

Number of dietary supplement consumed in the previous 1 year  
Total supplement

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
0	Male	111	38.8	150	50.8	156	52.0	120	47.1	22	41.5	559	47.0
	Female	89	30.3	99	35.0	106	38.8	93	32.6	17	28.8	404	33.8
	Total	200	34.5	249	43.1	262	45.7	213	39.4	39	34.8	963	40.4
1	Male	75	26.2	79	26.8	70	23.3	73	28.6	20	37.7	317	26.7
	Female	70	23.8	65	23.0	65	23.8	67	23.5	15	25.4	282	23.6
	Total	145	25.0	144	24.9	135	23.6	140	25.9	35	31.3	599	25.1
2	Male	42	14.7	41	13.9	34	11.3	31	12.2	7	13.2	155	13.0
	Female	45	15.3	45	15.9	33	12.1	59	20.7	14	23.7	196	16.4
	Total	87	15.0	86	14.9	67	11.7	90	16.7	21	18.8	351	14.7
3	Male	28	9.8	15	5.1	21	7.0	13	5.1	4	7.5	81	6.8
	Female	36	12.2	42	14.8	27	9.9	24	8.4	7	11.9	136	11.4
	Total	64	11.0	57	9.9	48	8.4	37	6.9	11	9.8	217	9.1
4	Male	10	3.5	5	1.7	6	2.0	8	3.1	0	0.0	29	2.4
	Female	25	8.5	14	4.9	16	5.9	20	7.0	2	3.4	77	6.4
	Total	35	6.0	19	3.3	22	3.8	28	5.2	2	1.8	106	4.4
5-9	Male	20	7.0	5	1.7	13	4.3	9	3.5	0	0.0	47	4.0
	Female	23	7.8	16	5.7	25	9.2	20	7.0	4	6.8	88	7.4
	Total	43	7.4	21	3.6	38	6.6	29	5.4	4	3.6	135	5.7
10-	Male	0	0.0	0	0.0	0	0.0	1	0.4	0	0.0	1	0.1
	Female	.6	2.0	2	0.7	1	0.4	2	0.7	0	0.0	11	0.9
	Total	6	1.0	2	0.3	1	0.2	3	0.6	0	0.0	12	0.5

Vitamin supplement

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
0	Male	238	83.2	259	87.8	249	83.0	198	77.6	39	73.6	983	82.7
	Female	212	72.1	211	74.6	207	75.8	173	60.7	38	64.4	841	70.4
	Total	450	77.6	470	81.3	456	79.6	371	68.7	77	68.8	1824	76.5
1	Male	36	12.6	31	10.5	37	12.3	47	18.4	13	24.5	164	13.8
	Female	51	17.3	51	18.0	51	18.7	65	22.8	13	22.0	231	19.3
	Total	87	15.0	82	14.2	88	15.4	112	20.7	26	23.2	395	16.6
2	Male	8	2.8	4	1.4	9	3.0	7	2.7	1	1.9	29	2.4
	Female	23	7.8	14	4.9	11	4.0	30	10.5	5	8.5	83	7.0
	Total	31	5.3	18	3.1	20	3.5	37	6.9	6	5.4	112	4.7
3	Male	3	1.0	0	0.0	5	1.7	0	0.0	0	0.0	8	0.7
	Female	3	1.0	7	2.5	3	1.1	13	4.6	3	5.1	29	2.4
	Total	6	1.0	7	1.2	8	1.4	13	2.4	3	2.7	37	1.6
4	Male	0	0.0	0	0.0	0	0.0	2	0.8	0	0.0	2	0.2
	Female	5	1.7	0	0.0	1	0.4	4	1.4	0	0.0	10	0.8
	Total	5	0.9	0	0.0	1	0.2	6	1.1	0	0.0	12	0.5
5-9	Male	1	0.3	1	0.3	0	0.0	1	0.4	0	0.0	3	0.3
	Female	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
	Total	1	0.2	1	0.2	0	0.0	1	0.2	0	0.0	3	0.1



Mineral supplement

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
0	Male	275	96.2	286	96.9	289	96.3	241	94.5	49	92.5	1140	95.9
	Female	258	87.8	260	91.9	252	92.3	259	90.9	53	89.8	1082	90.6
	Total	533	91.9	546	94.5	541	94.4	500	92.6	102	91.1	2222	93.2
1	Male	10	3.5	9	3.1	9	3.0	13	5.1	4	7.5	45	3.8
	Female	27	9.2	19	6.7	21	7.7	24	8.4	6	10.2	97	8.1
	Total	37	6.4	28	4.8	30	5.2	37	6.9	10	8.9	142	6.0
2	Male	1	0.3	0	0.0	2	0.7	0	0.0	0	0.0	3	0.3
	Female	7	2.4	3	1.1	0	0.0	1	0.4	0	0.0	11	0.9
	Total	8	1.4	3	0.5	2	0.3	1	0.2	0	0.0	14	0.6
3	Male	0	0.0	0	0.0	0	0.0	1	0.4	0	0.0	1	0.1
	Female	1	0.3	1	0.4	0	0.0	1	0.4	0	0.0	3	0.3
	Total	1	0.2	1	0.2	0	0.0	2	0.4	0	0.0	4	0.2
4	Male	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
	Female	1	0.3	0	0.0	0	0.0	0	0.0	0	0.0	1	0.1
	Total	1	0.2	0	0.0	0	0.0	0	0.0	0	0.0	1	0.0

Fat supplement

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
0	Male	284	99.3	294	99.7	299	99.7	251	98.4	53	100.0	1181	99.3
	Female	288	98.0	279	98.6	268	98.2	281	98.6	58	98.3	1174	98.3
	Total	572	98.6	573	99.1	567	99.0	532	98.5	111	99.1	2355	98.8
1	Male	2	0.7	1	0.3	1	0.3	3	1.2	0	0.0	7	0.6
	Female	6	2.0	4	1.4	5	1.8	3	1.1	1	1.7	19	1.6
	Total	8	1.4	5	0.9	6	1.0	6	1.1	1	0.9	26	1.1
2	Male	0	0.0	0	0.0	0	0.0	1	0.4	0	0.0	1	0.1
	Female	0	0.0	0	0.0	0	0.0	1	0.4	0	0.0	1	0.1
	Total	0	0.0	0	0.0	0	0.0	2	0.4	0	0.0	2	0.1

Protein supplement

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
0	Male	271	94.8	291	98.6	296	98.7	254	99.6	53	100.0	1165	98.0
	Female	289	98.3	279	98.6	269	98.5	283	99.3	59	100.0	1179	98.7
	Total	560	96.6	570	98.6	565	98.6	537	99.4	112	100.0	2344	98.4
1	Male	13	4.5	4	1.4	4	1.3	1	0.4	0	0.0	22	1.9
	Female	5	1.7	4	1.4	4	1.5	2	0.7	0	0.0	15	1.3
	Total	18	3.1	8	1.4	8	1.4	3	0.6	0	0.0	37	1.6
3	Male	2	0.7	0	0.0	0	0.0	0	0.0	0	0.0	2	0.2
	Female	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
	Total	2	0.3	0	0.0	0	0.0	0	0.0	0	0.0	2	0.1

Dietary fiber supplement

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
0	Male	286	100.0	295	100.0	298	99.3	255	100.0	53	100.0	1187	99.8
	Female	290	98.6	283	100.0	272	99.6	283	99.3	59	100.0	1187	99.4
	Total	576	99.3	578	100.0	570	99.5	538	99.6	112	100.0	2374	99.6
1	Male	0	0.0	0	0.0	2	0.7	0	0.0	0	0.0	2	0.2
	Female	4	1.4	0	0.0	1	0.4	2	0.7	0	0.0	7	0.6
	Total	4	0.7	0	0.0	3	0.5	2	0.4	0	0.0	9	0.4

Supplement contained other nutrients

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
0	Male	210	73.4	233	79.0	229	76.3	202	79.2	46	86.8	920	77.4
	Female	160	54.4	165	58.3	168	61.5	186	65.3	37	62.7	716	60.0
	Total	370	63.8	398	68.9	397	69.3	388	71.9	83	74.1	1636	68.7
1	Male	45	15.7	40	13.6	39	13.0	30	11.8	4	7.5	158	13.3
	Female	67	22.8	66	23.3	49	17.9	53	18.6	15	25.4	250	20.9
	Total	112	19.3	106	18.3	88	15.4	83	15.4	19	17.0	408	17.1
2	Male	16	5.6	16	5.4	18	6.0	11	4.3	1	1.9	62	5.2
	Female	31	10.5	27	9.5	27	9.9	25	8.8	6	10.2	116	9.7
	Total	47	8.1	43	7.4	45	7.9	36	6.7	7	6.3	178	7.5
3	Male	5	1.7	4	1.4	7	2.3	5	2.0	2	3.8	23	1.9
	Female	19	6.5	17	6.0	17	6.2	8	2.8	0	0.0	61	5.1
	Total	24	4.1	21	3.6	24	4.2	13	2.4	2	1.8	84	3.5
4	Male	6	2.1	2	0.7	6	2.0	6	2.4	0	0.0	20	1.7
	Female	7	2.4	2	0.7	5	1.8	8	2.8	0	0.0	22	1.8
	Total	13	2.2	4	0.7	11	1.9	14	2.6	0	0.0	42	1.8
5-9	Male	4	1.4	0	0.0	1	0.3	1	0.4	0	0.0	6	0.5
	Female	7	2.4	6	2.1	7	2.6	5	1.8	1	1.7	26	2.2
	Total	11	1.9	6	1.0	8	1.4	6	1.1	1	0.9	32	1.3
10-	Male	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
	Female	3	1.0	0	0.0	0	0.0	0	0.0	0	0.0	3	0.3
	Total	3	0.5	0	0.0	0	0.0	0	0.0	0	0.0	3	0.1

Drink type supplement

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
0	Male	183	64.0	226	76.6	247	82.3	200	78.4	41	77.4	897	75.4
	Female	238	81.0	224	79.2	217	79.5	228	80.0	44	74.6	951	79.6
	Total	421	72.6	450	77.9	464	81.0	428	79.3	85	75.9	1848	77.5
1	Male	77	26.9	58	19.7	47	15.7	45	17.6	12	22.6	239	20.1
	Female	48	16.3	51	18.0	46	16.8	53	18.6	12	20.3	210	17.6
	Total	125	21.6	109	18.9	93	16.2	98	18.1	24	21.4	449	18.8
2	Male	17	5.9	7	2.4	3	1.0	6	2.4	0	0.0	33	2.8
	Female	6	2.0	7	2.5	8	2.9	4	1.4	3	5.1	28	2.3
	Total	23	4.0	14	2.4	11	1.9	10	1.9	3	2.7	61	2.6
3	Male	9	3.1	4	1.4	3	1.0	3	1.2	0	0.0	19	1.6
	Female	2	0.7	1	0.4	1	0.4	0	0.0	0	0.0	4	0.3
	Total	11	1.9	5	0.9	4	0.7	3	0.6	0	0.0	23	1.0
4	Male	0	0.0	0	0.0	0	0.0	1	0.4	0	0.0	1	0.1
	Female	0	0.0	0	0.0	1	0.4	0	0.0	0	0.0	1	0.1
	Total	0	0.0	0	0.0	1	0.2	1	0.2	0	0.0	2	0.1

Drug contained some nutrients

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
0	Male	259	90.6	273	92.5	273	91.0	244	95.7	51	96.2	1100	92.5
	Female	260	88.4	252	89.0	249	91.2	271	95.1	57	96.6	1089	91.2
	Total	519	89.5	525	90.8	522	91.1	515	95.4	108	96.4	2189	91.9
1	Male	25	8.7	20	6.8	23	7.7	8	3.1	1	1.9	77	6.5
	Female	30	10.2	27	9.5	22	8.1	13	4.6	1	1.7	93	7.8
	Total	55	9.5	47	8.1	45	7.9	21	3.9	2	1.8	170	7.1
2	Male	2	0.7	1	0.3	3	1.0	3	1.2	1	1.9	10	0.8
	Female	2	0.7	3	1.1	1	0.4	1	0.4	1	1.7	8	0.7
	Total	4	0.7	4	0.7	4	0.7	4	0.7	2	1.8	18	0.8
3	Male	0	0.0	1	0.3	1	0.3	0	0.0	0	0.0	2	0.2
	Female	2	0.7	1	0.4	1	0.4	0	0.0	0	0.0	4	0.3
	Total	2	0.3	2	0.3	2	0.3	0	0.0	0	0.0	6	0.3

## 6) Beverage intakes

Frequency of beverage intakes  
Japanese sake

		40 - 49yr		50 - 59yr		60 - 69yr		70 - 79yr		80yr -		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Male	Never	199	69.6	181	61.4	185	61.9	158	62.0	33	62.3	756	63.6
	Once a month	27	9.4	26	8.8	24	8.0	14	5.5	2	3.8	93	7.8
	2 to 3 times a mo.	16	5.6	22	7.5	10	3.3	12	4.7	3	5.7	63	5.3
	Once a week	17	5.9	22	7.5	20	6.7	12	4.7	1	1.9	72	6.1
	2 to 3 times a week	18	6.3	25	8.5	28	9.4	26	10.2	3	5.7	100	8.4
	4 to 6 times a week	4	1.4	6	2.0	11	3.7	11	4.3	2	3.8	34	2.9
	Once a day	5	1.7	13	4.4	21	7.0	20	7.8	9	17.0	68	5.7
	2 to 3 times a day	0	0.0	0	0.0	0	0.0	2	0.8	0	0.0	2	0.2
Female	Never	279	94.9	257	91.1	252	92.3	262	91.9	56	94.9	1106	92.7
	Once a month	7	2.4	14	5.0	7	2.6	6	2.1	2	3.4	36	3.0
	2 to 3 times a mo.	2	0.7	4	1.4	3	1.1	7	2.5	0	0.0	16	1.3
	Once a week	3	1.0	2	0.7	2	0.7	4	1.4	0	0.0	11	0.9
	2 to 3 times a week	2	0.7	3	1.1	6	2.2	3	1.1	0	0.0	14	1.2
	4 to 6 times a week	1	0.3	0	0.0	2	0.7	1	0.4	1	1.7	5	0.4
	Once a day	0	0.0	2	0.7	1	0.4	2	0.7	0	0.0	5	0.4
	2 to 3 times a day	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
Total	Never	478	82.4	438	75.9	437	76.4	420	77.8	89	79.5	1862	78.2
	Once a month	34	5.9	40	6.9	31	5.4	20	3.7	4	3.6	129	5.4
	2 to 3 times a mo.	18	3.1	26	4.5	13	2.3	19	3.5	3	2.7	79	3.3
	Once a week	20	3.4	24	4.2	22	3.8	16	3.0	1	0.9	83	3.5
	2 to 3 times a week	20	3.4	28	4.9	34	5.9	29	5.4	3	2.7	114	4.8
	4 to 6 times a week	5	0.9	6	1.0	13	2.3	12	2.2	3	2.7	39	1.6
	Once a day	5	0.9	15	2.6	22	3.8	22	4.1	9	8.0	73	3.1
	2 to 3 times a day	0	0.0	0	0.0	0	0.0	2	0.4	0	0.0	2	0.1

Frequency of beverage intakes  
Japanese distilled alcoholic beverages (Shochu)

		40 - 49yr		50 - 59yr		60 - 69yr		70 - 79yr		80yr -		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Male	Never	142	49.7	145	49.2	169	56.5	181	71.0	44	83.0	681	57.3
	Once a month	25	8.7	14	4.7	16	5.4	4	1.6	0	0.0	59	5.0
	2 to 3 times a mo.	25	8.7	11	3.7	7	2.3	6	2.4	0	0.0	49	4.1
	Once a week	21	7.3	26	8.8	18	6.0	7	2.7	0	0.0	72	6.1
	2 to 3 times a week	32	11.2	38	12.9	24	8.0	19	7.5	3	5.7	116	9.8
	4 to 6 times a week	15	5.2	24	8.1	24	8.0	13	5.1	0	0.0	76	6.4
	Once a day	26	9.1	37	12.5	41	13.7	24	9.4	6	11.3	134	11.3
	2 to 3 times a day	0	0.0	0	0.0	0	0.0	1	0.4	0	0.0	1	0.1
Female	Never	223	75.9	247	87.6	248	90.8	267	93.7	56	94.9	1041	87.3
	Once a month	14	4.8	10	3.5	11	4.0	6	2.1	0	0.0	41	3.4
	2 to 3 times a mo.	18	6.1	3	1.1	4	1.5	3	1.1	0	0.0	28	2.3
	Once a week	13	4.4	5	1.8	4	1.5	1	0.4	0	0.0	23	1.9
	2 to 3 times a week	11	3.7	10	3.5	4	1.5	4	1.4	0	0.0	29	2.4
	4 to 6 times a week	7	2.4	2	0.7	0	0.0	2	0.7	0	0.0	11	0.9
	Once a day	8	2.7	5	1.8	2	0.7	2	0.7	3	5.1	20	1.7
	2 to 3 times a day	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
Total	Never	365	62.9	392	67.9	417	72.9	448	83.0	100	89.3	1722	72.3
	Once a month	39	6.7	24	4.2	27	4.7	10	1.9	0	0.0	100	4.2
	2 to 3 times a mo.	43	7.4	14	2.4	11	1.9	9	1.7	0	0.0	77	3.2
	Once a week	34	5.9	31	5.4	22	3.8	8	1.5	0	0.0	95	4.0
	2 to 3 times a week	43	7.4	48	8.3	28	4.9	23	4.3	3	2.7	145	6.1
	4 to 6 times a week	22	3.8	26	4.5	24	4.2	15	2.8	0	0.0	87	3.7
	Once a day	34	5.9	42	7.3	43	7.5	26	4.8	9	8.0	154	6.5
	2 to 3 times a day	0	0.0	0	0.0	0	0.0	1	0.2	0	0.0	1	0.0

Frequency of beverage intakes  
Regular or draft beer

		40 - 49yr		50 - 59yr		60 - 69yr		70 - 79yr		80yr -		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Male	Never	122	42.7	109	36.9	148	49.5	150	58.8	35	66.0	564	47.5
	Once a month	51	17.8	31	10.5	25	8.4	17	6.7	4	7.5	128	10.8
	2 to 3 times a mo.	27	9.4	37	12.5	22	7.4	19	7.5	2	3.8	107	9.0
	Once a week	27	9.4	34	11.5	35	11.7	22	8.6	3	5.7	121	10.2
	2 to 3 times a week	34	11.9	45	15.3	34	11.4	23	9.0	5	9.4	141	11.9
	4 to 6 times a week	8	2.8	15	5.1	14	4.7	11	4.3	1	1.9	49	4.1
	Once a day	17	5.9	24	8.1	21	7.0	11	4.3	3	5.7	76	6.4
	2 to 3 times a day	0	0.0	0	0.0	0	0.0	2	0.8	0	0.0	2	0.2
Female	Never	219	74.5	216	76.6	220	80.6	250	87.7	52	88.1	957	80.2
	Once a month	28	9.5	24	8.5	17	6.2	17	6.0	2	3.4	88	7.4
	2 to 3 times a mo.	16	5.4	6	2.1	9	3.3	4	1.4	3	5.1	38	3.2
	Once a week	11	3.7	7	2.5	12	4.4	5	1.8	1	1.7	36	3.0
	2 to 3 times a week	9	3.1	18	6.4	9	3.3	6	2.1	1	1.7	43	3.6
	4 to 6 times a week	4	1.4	4	1.4	3	1.1	1	0.4	0	0.0	12	1.0
	Once a day	7	2.4	7	2.5	3	1.1	2	0.7	0	0.0	19	1.6
	2 to 3 times a day	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
Total	Never	341	58.8	325	56.3	368	64.3	400	74.1	87	77.7	1521	63.9
	Once a month	79	13.6	55	9.5	42	7.3	34	6.3	6	5.4	216	9.1
	2 to 3 times a mo.	43	7.4	43	7.5	31	5.4	23	4.3	5	4.5	145	6.1
	Once a week	38	6.6	41	7.1	47	8.2	27	5.0	4	3.6	157	6.6
	2 to 3 times a week	43	7.4	63	10.9	43	7.5	29	5.4	6	5.4	184	7.7
	4 to 6 times a week	12	2.1	19	3.3	17	3.0	12	2.2	1	0.9	61	2.6
	Once a day	24	4.1	31	5.4	24	4.2	13	2.4	3	2.7	95	4.0
	2 to 3 times a day	0	0.0	0	0.0	0	0.0	2	0.4	0	0.0	2	0.1

Frequency of beverage intakes  
Light beer

		40 - 49yr		50 - 59yr		60 - 69yr		70 - 79yr		80yr -		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Male	Never	142	49.7	169	57.3	197	65.9	207	81.2	45	84.9	760	64.0
	Once a month	12	4.2	8	2.7	6	2.0	3	1.2	0	0.0	29	2.4
	2 to 3 times a mo.	12	4.2	9	3.1	10	3.3	7	2.7	0	0.0	38	3.2
	Once a week	20	7.0	17	5.8	22	7.4	10	3.9	4	7.5	73	6.1
	2 to 3 times a week	37	12.9	31	10.5	27	9.0	8	3.1	1	1.9	104	8.8
	4 to 6 times a week	23	8.0	17	5.8	15	5.0	5	2.0	0	0.0	60	5.1
	Once a day	40	14.0	44	14.9	22	7.4	14	5.5	3	5.7	123	10.4
	2 to 3 times a day	0	0.0	0	0.0	0	0.0	1	0.4	0	0.0	1	0.1
	4 or more times	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
Female	Never	204	69.4	224	79.4	245	89.7	262	91.9	56	94.9	991	83.1
	Once a month	17	5.8	10	3.5	3	1.1	4	1.4	0	0.0	34	2.8
	2 to 3 times a mo.	11	3.7	6	2.1	3	1.1	5	1.8	0	0.0	25	2.1
	Once a week	19	6.5	7	2.5	7	2.6	2	0.7	1	1.7	36	3.0
	2 to 3 times a week	18	6.1	19	6.7	4	1.5	4	1.4	1	1.7	46	3.9
	4 to 6 times a week	6	2.0	1	0.4	7	2.6	2	0.7	0	0.0	16	1.3
	Once a day	18	6.1	15	5.3	4	1.5	6	2.1	1	1.7	44	3.7
	2 to 3 times a day	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
	4 or more times	1	0.3	0	0.0	0	0.0	0	0.0	0	0.0	1	0.1
Total	Never	346	59.7	393	68.1	442	77.3	469	86.9	101	90.2	1751	73.5
	Once a month	29	5.0	18	3.1	9	1.6	7	1.3	0	0.0	63	2.6
	2 to 3 times a mo.	23	4.0	15	2.6	13	2.3	12	2.2	0	0.0	63	2.6
	Once a week	39	6.7	24	4.2	29	5.1	12	2.2	5	4.5	109	4.6
	2 to 3 times a week	55	9.5	50	8.7	31	5.4	12	2.2	2	1.8	150	6.3
	4 to 6 times a week	29	5.0	18	3.1	22	3.8	7	1.3	0	0.0	76	3.2
	Once a day	58	10.0	59	10.2	26	4.5	20	3.7	4	3.6	167	7.0
	2 to 3 times a day	0	0.0	0	0.0	0	0.0	1	0.2	0	0.0	1	0.0
	4 or more times	1	0.2	0	0.0	0	0.0	0	0.0	0	0.0	1	0.0



Frequency of beverage intakes  
Wine

		40 - 49yr		50 - 59yr		60 - 69yr		70 - 79yr		80yr -		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Male	Never	239	83.6	234	79.3	269	90.0	232	91.0	48	90.6	1022	86.0
	Once a month	30	10.5	32	10.8	14	4.7	11	4.3	1	1.9	88	7.4
	2 to 3 times a mo.	7	2.4	11	3.7	8	2.7	3	1.2	1	1.9	30	2.5
	Once a week	5	1.7	11	3.7	5	1.7	5	2.0	1	1.9	27	2.3
	2 to 3 times a week	5	1.7	4	1.4	2	0.7	3	1.2	1	1.9	15	1.3
	4 to 6 times a week	0	0.0	1	0.3	0	0.0	1	0.4	0	0.0	2	0.2
	Once a day	0	0.0	2	0.7	1	0.3	0	0.0	1	1.9	4	0.3
Female	Never	247	84.0	248	87.9	247	90.5	270	94.7	57	96.6	1069	89.6
	Once a month	23	7.8	18	6.4	10	3.7	6	2.1	0	0.0	57	4.8
	2 to 3 times a mo.	10	3.4	9	3.2	4	1.5	4	1.4	0	0.0	27	2.3
	Once a week	9	3.1	0	0.0	5	1.8	3	1.1	0	0.0	17	1.4
	2 to 3 times a week	3	1.0	4	1.4	3	1.1	1	0.4	0	0.0	11	0.9
	4 to 6 times a week	1	0.3	1	0.4	1	0.4	0	0.0	0	0.0	3	0.3
	Once a day	1	0.3	2	0.7	3	1.1	1	0.4	2	3.4	9	0.8
Total	Never	486	83.8	482	83.5	516	90.2	502	93.0	105	93.8	2091	87.8
	Once a month	53	9.1	50	8.7	24	4.2	17	3.1	1	0.9	145	6.1
	2 to 3 times a mo.	17	2.9	20	3.5	12	2.1	7	1.3	1	0.9	57	2.4
	Once a week	14	2.4	11	1.9	10	1.7	8	1.5	1	0.9	44	1.8
	2 to 3 times a week	8	1.4	8	1.4	5	0.9	4	0.7	1	0.9	26	1.1
	4 to 6 times a week	1	0.2	2	0.3	1	0.2	1	0.2	0	0.0	5	0.2
	Once a day	1	0.2	4	0.7	4	0.7	1	0.2	3	2.7	13	0.5

Frequency of beverage intakes  
 Hard liquor (such as whisky, brandy, gin, vodka, rum, cocktails, etc.)

		40 - 49yr		50 - 59yr		60 - 69yr		70 - 79yr		80yr -		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Male	Never	247	86.4	245	83.1	259	86.6	212	83.1	50	94.3	1013	85.3
	Once a month	25	8.7	19	6.4	11	3.7	12	4.7	1	1.9	68	5.7
	2 to 3 times a mo.	7	2.4	8	2.7	7	2.3	7	2.7	0	0.0	29	2.4
	Once a week	4	1.4	9	3.1	9	3.0	7	2.7	0	0.0	29	2.4
	2 to 3 times a week	3	1.0	5	1.7	6	2.0	8	3.1	1	1.9	23	1.9
	4 to 6 times a week	0	0.0	3	1.0	1	0.3	1	0.4	0	0.0	5	0.4
	Once a day	0	0.0	6	2.0	5	1.7	8	3.1	1	1.9	20	1.7
	2 to 3 times a day	0	0.0	0	0.0	1	0.3	0	0.0	0	0.0	1	0.1
Female	Never	275	93.5	275	97.5	267	97.8	277	97.2	59	100.0	1153	96.6
	Once a month	9	3.1	4	1.4	1	0.4	2	0.7	0	0.0	16	1.3
	2 to 3 times a mo.	4	1.4	3	1.1	1	0.4	1	0.4	0	0.0	9	0.8
	Once a week	6	2.0	0	0.0	0	0.0	2	0.7	0	0.0	8	0.7
	2 to 3 times a week	0	0.0	0	0.0	3	1.1	0	0.0	0	0.0	3	0.3
	4 to 6 times a week	0	0.0	0	0.0	0	0.0	2	0.7	0	0.0	2	0.2
	Once a day	0	0.0	0	0.0	1	0.4	1	0.4	0	0.0	2	0.2
	2 to 3 times a day	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
Total	Never	522	90.0	520	90.1	526	92.0	489	90.6	109	97.3	2166	91.0
	Once a month	34	5.9	23	4.0	12	2.1	14	2.6	1	0.9	84	3.5
	2 to 3 times a mo.	11	1.9	11	1.9	8	1.4	8	1.5	0	0.0	38	1.6
	Once a week	10	1.7	9	1.6	9	1.6	9	1.7	0	0.0	37	1.6
	2 to 3 times a week	3	0.5	5	0.9	9	1.6	8	1.5	1	0.9	26	1.1
	4 to 6 times a week	0	0.0	3	0.5	1	0.2	3	0.6	0	0.0	7	0.3
	Once a day	0	0.0	6	1.0	6	1.0	9	1.7	1	0.9	22	0.9
	2 to 3 times a day	0	0.0	0	0.0	1	0.2	0	0.0	0	0.0	1	0.0

Frequency of beverage intakes  
Regular coffee

		40 - 49yr		50 - 59yr		60 - 69yr		70 - 79yr		80yr -		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Male	Never	11	3.8	24	8.1	35	11.7	41	16.1	12	22.6	123	10.4
	Once a month	2	0.7	2	0.7	6	2.0	12	4.7	2	3.8	24	2.0
	2 to 3 times a mo.	8	2.8	9	3.1	7	2.3	15	5.9	1	1.9	40	3.4
	Once a week	7	2.4	11	3.7	14	4.7	12	4.7	3	5.7	47	4.0
	2 to 3 times a week	17	5.9	23	7.8	26	8.7	23	9.0	8	15.1	97	8.2
	4 to 6 times a week	13	4.5	12	4.1	6	2.0	6	2.4	0	0.0	37	3.1
	Once a day	45	15.7	58	19.7	73	24.4	74	29.0	16	30.2	266	22.4
	2 to 3 times a day	128	44.8	111	37.6	97	32.4	55	21.6	9	17.0	400	33.7
	4 or more times	55	19.2	45	15.3	35	11.7	17	6.7	2	3.8	154	13.0
Female	Never	20	6.8	18	6.4	36	13.2	44	15.4	17	28.8	135	11.3
	Once a month	7	2.4	6	2.1	8	2.9	15	5.3	4	6.8	40	3.4
	2 to 3 times a mo.	7	2.4	9	3.2	12	4.4	25	8.8	3	5.1	56	4.7
	Once a week	3	1.0	9	3.2	11	4.0	21	7.4	9	15.3	53	4.4
	2 to 3 times a week	14	4.8	27	9.6	23	8.4	30	10.5	7	11.9	101	8.5
	4 to 6 times a week	9	3.1	10	3.5	6	2.2	11	3.9	1	1.7	37	3.1
	Once a day	69	23.5	69	24.5	95	34.8	89	31.2	11	18.6	333	27.9
	2 to 3 times a day	133	45.2	112	39.7	67	24.5	50	17.5	7	11.9	369	30.9
	4 or more times	32	10.9	22	7.8	15	5.5	0	0.0	0	0.0	69	5.8
Total	Never	31	5.3	42	7.3	71	12.4	85	15.7	29	25.9	258	10.8
	Once a month	9	1.6	8	1.4	14	2.4	27	5.0	6	5.4	64	2.7
	2 to 3 times a mo.	15	2.6	18	3.1	19	3.3	40	7.4	4	3.6	96	4.0
	Once a week	10	1.7	20	3.5	25	4.4	33	6.1	12	10.7	100	4.2
	2 to 3 times a week	31	5.3	50	8.7	49	8.6	53	9.8	15	13.4	198	8.3
	4 to 6 times a week	22	3.8	22	3.8	12	2.1	17	3.1	1	0.9	74	3.1
	Once a day	114	19.7	127	22.0	168	29.4	163	30.2	27	24.1	599	25.2
	2 to 3 times a day	261	45.0	223	38.6	164	28.7	105	19.4	16	14.3	769	32.3
	4 or more times	87	15.0	67	11.6	50	8.7	17	3.1	2	1.8	223	9.4

Frequency of beverage intakes  
Decaffeinated coffee

		40 - 49yr		50 - 59yr		60 - 69yr		70 - 79yr		80yr -		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Male	not recorded	1	0.3	0	0.0	0	0.0	0	0.0	0	0.0	1	0.1
	Never	283	99.0	295	100.0	298	99.7	255	100.0	52	98.1	1183	99.6
	Once a month	0	0.0	0	0.0	1	0.3	0	0.0	0	0.0	1	0.1
	2 to 3 times a mo.	1	0.3	0	0.0	0	0.0	0	0.0	0	0.0	1	0.1
	Once a week	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
	2 to 3 times a week	1	0.3	0	0.0	0	0.0	0	0.0	1	1.9	2	0.2
	4 to 6 times a week	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
	Once a day	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
	2 to 3 times a day	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
Female	not recorded	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
	Never	293	99.7	278	98.6	272	99.6	283	99.3	59	100.0	1185	99.3
	Once a month	1	0.3	0	0.0	0	0.0	0	0.0	0	0.0	1	0.1
	2 to 3 times a mo.	0	0.0	1	0.4	0	0.0	0	0.0	0	0.0	1	0.1
	Once a week	0	0.0	0	0.0	0	0.0	2	0.7	0	0.0	2	0.2
	2 to 3 times a week	0	0.0	1	0.4	0	0.0	0	0.0	0	0.0	1	0.1
	4 to 6 times a week	0	0.0	1	0.4	0	0.0	0	0.0	0	0.0	1	0.1
	Once a day	0	0.0	1	0.4	0	0.0	0	0.0	0	0.0	1	0.1
	2 to 3 times a day	0	0.0	0	0.0	1	0.4	0	0.0	0	0.0	1	0.1
Total	not recorded	1	0.2	0	0.0	0	0.0	0	0.0	0	0.0	1	0.0
	Never	576	99.3	573	99.3	570	99.7	538	99.6	111	99.1	2368	99.5
	Once a month	1	0.2	0	0.0	1	0.2	0	0.0	0	0.0	2	0.1
	2 to 3 times a mo.	1	0.2	1	0.2	0	0.0	0	0.0	0	0.0	2	0.1
	Once a week	0	0.0	0	0.0	0	0.0	2	0.4	0	0.0	2	0.1
	2 to 3 times a week	1	0.2	1	0.2	0	0.0	0	0.0	1	0.9	3	0.1
	4 to 6 times a week	0	0.0	1	0.2	0	0.0	0	0.0	0	0.0	1	0.0
	Once a day	0	0.0	1	0.2	0	0.0	0	0.0	0	0.0	1	0.0
	2 to 3 times a day	0	0.0	0	0.0	1	0.2	0	0.0	0	0.0	1	0.0