

Leisure activities: Creative activity

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Nothing	Male	128	69.2	115	73.7	101	62.7	105	62.5	34	68.0	483	67.1
	Female	107	54.9	86	58.1	76	47.8	83	50.6	26	50.0	378	52.6
	Total	235	61.8	201	66.1	177	55.3	188	56.6	60	58.8	861	59.9
Once or several times a year	Male	30	16.2	19	12.2	19	11.8	17	10.1	5	10.0	90	12.5
	Female	39	20.0	23	15.5	13	8.2	5	3.0	3	5.8	83	11.6
	Total	69	18.2	42	13.8	32	10.0	22	6.6	8	7.8	173	12.0
Once or several times a month	Male	20	10.8	13	8.3	24	14.9	23	13.7	4	8.0	84	11.7
	Female	25	12.8	21	14.2	35	22.0	25	15.2	7	13.5	113	15.7
	Total	45	11.8	34	11.2	59	18.4	48	14.5	11	10.8	197	13.7
Once a week	Male	6	3.2	6	3.8	7	4.3	8	4.8	1	2.0	28	3.9
	Female	16	8.2	7	4.7	13	8.2	15	9.1	5	9.6	56	7.8
	Total	22	5.8	13	4.3	20	6.3	23	6.9	6	5.9	84	5.8
Several times a week	Male	1	0.5	3	1.9	6	3.7	6	3.6	4	8.0	20	2.8
	Female	5	2.6	10	6.8	11	6.9	25	15.2	4	7.7	55	7.7
	Total	6	1.6	13	4.3	17	5.3	31	9.3	8	7.8	75	5.2
Everyday	Male	0	0.0	0	0.0	4	2.5	9	5.4	2	4.0	15	2.1
	Female	3	1.5	1	0.7	11	6.9	11	6.7	7	13.5	33	4.6
	Total	3	0.8	1	0.3	15	4.7	20	6.0	9	8.8	48	3.3

Leisure activities: Art appreciation

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Nothing	Male	33	17.8	46	29.5	63	39.1	71	42.3	27	54.0	240	33.3
	Female	27	13.8	32	21.6	45	28.3	58	35.4	23	44.2	185	25.8
	Total	60	15.8	78	25.7	108	33.8	129	38.9	50	49.0	425	29.6
Once or several times a year	Male	75	40.5	60	38.5	64	39.8	57	33.9	12	24.0	268	37.2
	Female	103	52.8	81	54.7	73	45.9	56	34.1	14	26.9	327	45.5
	Total	178	46.8	141	46.4	137	42.8	113	34.0	26	25.5	595	41.4
Once or several times a month	Male	46	24.9	28	17.9	15	9.3	17	10.1	5	10.0	111	15.4
	Female	43	22.1	19	12.8	26	16.4	22	13.4	7	13.5	117	16.3
	Total	89	23.4	47	15.5	41	12.8	39	11.7	12	11.8	228	15.9
Once a week	Male	18	9.7	11	7.1	11	6.8	10	6.0	1	2.0	51	7.1
	Female	8	4.1	7	4.7	5	3.1	9	5.5	4	7.7	33	4.6
	Total	26	6.8	18	5.9	16	5.0	19	5.7	5	4.9	84	5.8
Several times a week	Male	9	4.9	7	4.5	6	3.7	9	5.4	3	6.0	34	4.7
	Female	8	4.1	7	4.7	5	3.1	8	4.9	3	5.8	31	4.3
	Total	17	4.5	14	4.6	11	3.4	17	5.1	6	5.9	65	4.5
Everyday	Male	4	2.2	4	2.6	2	1.2	4	2.4	2	4.0	16	2.2
	Female	6	3.1	2	1.4	5	3.1	11	6.7	1	1.9	25	3.5
	Total	10	2.6	6	2.0	7	2.2	15	4.5	3	2.9	41	2.9

Leisure activities: Using computers for communication

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Nothing	Male	16	8.6	27	17.3	73	45.3	118	70.2	46	92.0	280	38.9
	Female	39	20.0	73	49.3	119	74.8	148	90.2	51	98.1	430	59.9
	Total	55	14.5	100	32.9	192	60.0	266	80.1	97	95.1	710	49.4
Once or several times a year	Male	4	2.2	6	3.8	2	1.2	3	1.8	1	2.0	16	2.2
	Female	5	2.6	8	5.4	4	2.5	0	0.0	0	0.0	17	2.4
	Total	9	2.4	14	4.6	6	1.9	3	0.9	1	1.0	33	2.3
Once or several times a month	Male	11	5.9	12	7.7	8	5.0	5	3.0	0	0.0	36	5.0
	Female	22	11.3	12	8.1	8	5.0	4	2.4	0	0.0	46	6.4
	Total	33	8.7	24	7.9	16	5.0	9	2.7	0	0.0	82	5.7
Once a week	Male	13	7.0	18	11.5	9	5.6	8	4.8	2	4.0	50	6.9
	Female	38	19.5	14	9.5	7	4.4	5	3.0	0	0.0	64	8.9
	Total	51	13.4	32	10.5	16	5.0	13	3.9	2	2.0	114	7.9
Several times a week	Male	43	23.2	32	20.5	15	9.3	12	7.1	0	0.0	102	14.2
	Female	39	20.0	17	11.5	6	3.8	3	1.8	0	0.0	65	9.1
	Total	82	21.6	49	16.1	21	6.6	15	4.5	0	0.0	167	11.6
Everyday	Male	98	53.0	61	39.1	54	33.5	22	13.1	1	2.0	236	32.8
	Female	52	26.7	24	16.2	15	9.4	4	2.4	1	1.9	96	13.4
	Total	150	39.5	85	28.0	69	21.6	26	7.8	2	2.0	332	23.1

Leisure activities: Playing individual sports

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Nothing	Male	110	59.5	88	56.4	100	62.1	119	70.8	44	88.0	461	64.0
	Female	161	82.6	126	85.1	133	83.6	139	84.8	51	98.1	610	85.0
	Total	271	71.3	214	70.4	233	72.8	258	77.7	95	93.1	1071	74.5
Once or several times a year	Male	33	17.8	24	15.4	15	9.3	9	5.4	0	0.0	81	11.3
	Female	19	9.7	4	2.7	6	3.8	2	1.2	0	0.0	31	4.3
	Total	52	13.7	28	9.2	21	6.6	11	3.3	0	0.0	112	7.8
Once or several times a month	Male	24	13.0	22	14.1	26	16.1	14	8.3	2	4.0	88	12.2
	Female	5	2.6	4	2.7	5	3.1	6	3.7	0	0.0	20	2.8
	Total	29	7.6	26	8.6	31	9.7	20	6.0	2	2.0	108	7.5
Once a week	Male	11	5.9	18	11.5	9	5.6	11	6.5	2	4.0	51	7.1
	Female	6	3.1	4	2.7	11	6.9	10	6.1	0	0.0	31	4.3
	Total	17	4.5	22	7.2	20	6.3	21	6.3	2	2.0	82	5.7
Several times a week	Male	4	2.2	4	2.6	8	5.0	10	6.0	2	4.0	28	3.9
	Female	4	2.1	10	6.8	4	2.5	5	3.0	1	1.9	24	3.3
	Total	8	2.1	14	4.6	12	3.8	15	4.5	3	2.9	52	3.6
Everyday	Male	3	1.6	0	0.0	3	1.9	5	3.0	0	0.0	11	1.5
	Female	0	0.0	0	0.0	0	0.0	2	1.2	0	0.0	2	0.3
	Total	3	0.8	0	0.0	3	0.9	7	2.1	0	0.0	13	0.9

Leisure activities: Participating in team games

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Nothing	Male	128	69.2	129	82.7	143	88.8	156	92.9	45	90.0	601	83.5
	Female	178	91.3	140	94.6	145	91.2	156	95.1	52	100.0	671	93.5
	Total	306	80.5	269	88.5	288	90.0	312	94.0	97	95.1	1272	88.5
Once or several times a year	Male	34	18.4	10	6.4	3	1.9	3	1.8	0	0.0	50	6.9
	Female	5	2.6	1	0.7	2	1.3	1	0.6	0	0.0	9	1.3
	Total	39	10.3	11	3.6	5	1.6	4	1.2	0	0.0	59	4.1
Once or several times a month	Male	12	6.5	11	7.1	6	3.7	1	0.6	1	2.0	31	4.3
	Female	2	1.0	1	0.7	1	0.6	1	0.6	0	0.0	5	0.7
	Total	14	3.7	12	3.9	7	2.2	2	0.6	1	1.0	36	2.5
Once a week	Male	6	3.2	4	2.6	5	3.1	6	3.6	2	4.0	23	3.2
	Female	6	3.1	2	1.4	5	3.1	2	1.2	0	0.0	15	2.1
	Total	12	3.2	6	2.0	10	3.1	8	2.4	2	2.0	38	2.6
Several times a week	Male	4	2.2	2	1.3	2	1.2	2	1.2	2	4.0	12	1.7
	Female	3	1.5	4	2.7	6	3.8	3	1.8	0	0.0	16	2.2
	Total	7	1.8	6	2.0	8	2.5	5	1.5	2	2.0	28	1.9
Everyday	Male	1	0.5	0	0.0	2	1.2	0	0.0	0	0.0	3	0.4
	Female	1	0.5	0	0.0	0	0.0	1	0.6	0	0.0	2	0.3
	Total	2	0.5	0	0.0	2	0.6	1	0.3	0	0.0	5	0.3

Leisure activities: Performing exercise

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Nothing	Male	149	80.5	136	87.2	128	79.5	133	79.2	40	80.0	586	81.4
	Female	125	64.1	91	61.5	94	59.1	104	63.4	30	57.7	444	61.8
	Total	274	72.1	227	74.7	222	69.4	237	71.4	70	68.6	1030	71.6
Once or several times a year	Male	13	7.0	6	3.8	2	1.2	2	1.2	0	0.0	23	3.2
	Female	16	8.2	12	8.1	5	3.1	1	0.6	0	0.0	34	4.7
	Total	29	7.6	18	5.9	7	2.2	3	0.9	0	0.0	57	4.0
Once or several times a month	Male	6	3.2	4	2.6	4	2.5	1	0.6	1	2.0	16	2.2
	Female	17	8.7	9	6.1	12	7.5	1	0.6	5	9.6	44	6.1
	Total	23	6.1	13	4.3	16	5.0	2	0.6	6	5.9	60	4.2
Once a week	Male	11	5.9	3	1.9	7	4.3	9	5.4	3	6.0	33	4.6
	Female	21	10.8	14	9.5	25	15.7	28	17.1	9	17.3	97	13.5
	Total	32	8.4	17	5.6	32	10.0	37	11.1	12	11.8	130	9.0
Several times a week	Male	3	1.6	4	2.6	12	7.5	13	7.7	1	2.0	33	4.6
	Female	12	6.2	15	10.1	15	9.4	18	11.0	6	11.5	66	9.2
	Total	15	3.9	19	6.3	27	8.4	31	9.3	7	6.9	99	6.9
Everyday	Male	3	1.6	3	1.9	8	5.0	10	6.0	5	10.0	29	4.0
	Female	4	2.1	7	4.7	8	5.0	12	7.3	2	3.8	33	4.6
	Total	7	1.8	10	3.3	16	5.0	22	6.6	7	6.9	62	4.3

Leisure activities: Swimming

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Nothing	Male	128	69.2	141	90.4	141	87.6	147	87.5	49	98.0	606	84.2
	Female	152	77.9	134	90.5	130	81.8	149	90.9	51	98.1	616	85.8
	Total	280	73.7	275	90.5	271	84.7	296	89.2	100	98.0	1222	85.0
Once or several times a year	Male	40	21.6	7	4.5	12	7.5	7	4.2	0	0.0	66	9.2
	Female	26	13.3	6	4.1	11	6.9	5	3.0	0	0.0	48	6.7
	Total	66	17.4	13	4.3	23	7.2	12	3.6	0	0.0	114	7.9
Once or several times a month	Male	8	4.3	3	1.9	4	2.5	8	4.8	0	0.0	23	3.2
	Female	8	4.1	4	2.7	4	2.5	4	2.4	0	0.0	20	2.8
	Total	16	4.2	7	2.3	8	2.5	12	3.6	0	0.0	43	3.0
Once a week	Male	5	2.7	4	2.6	4	2.5	5	3.0	1	2.0	19	2.6
	Female	4	2.1	3	2.0	8	5.0	1	0.6	0	0.0	16	2.2
	Total	9	2.4	7	2.3	12	3.8	6	1.8	1	1.0	35	2.4
Several times a week	Male	4	2.2	1	0.6	0	0.0	1	0.6	0	0.0	6	0.8
	Female	5	2.6	1	0.7	6	3.8	4	2.4	1	1.9	17	2.4
	Total	9	2.4	2	0.7	6	1.9	5	1.5	1	1.0	23	1.6
Everyday	Male	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
	Female	0	0.0	0	0.0	0	0.0	1	0.6	0	0.0	1	0.1
	Total	0	0.0	0	0.0	0	0.0	1	0.3	0	0.0	1	0.1

Leisure activities: Walking

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Nothing	Male	102	55.1	67	42.9	40	24.8	46	27.4	17	34.0	272	37.8
	Female	109	55.9	68	45.9	51	32.1	70	42.7	36	69.2	334	46.5
	Total	211	55.5	135	44.4	91	28.4	116	34.9	53	52.0	606	42.1
Once or several times a year	Male	27	14.6	14	9.0	10	6.2	5	3.0	1	2.0	57	7.9
	Female	31	15.9	9	6.1	10	6.3	7	4.3	1	1.9	58	8.1
	Total	58	15.3	23	7.6	20	6.3	12	3.6	2	2.0	115	8.0
Once or several times a month	Male	20	10.8	24	15.4	20	12.4	14	8.3	4	8.0	82	11.4
	Female	18	9.2	16	10.8	14	8.8	7	4.3	1	1.9	56	7.8
	Total	38	10.0	40	13.2	34	10.6	21	6.3	5	4.9	138	9.6
Once a week	Male	8	4.3	18	11.5	18	11.2	18	10.7	2	4.0	64	8.9
	Female	15	7.7	17	11.5	21	13.2	13	7.9	4	7.7	70	9.7
	Total	23	6.1	35	11.5	39	12.2	31	9.3	6	5.9	134	9.3
Several times a week	Male	14	7.6	18	11.5	24	14.9	34	20.2	10	20.0	100	13.9
	Female	12	6.2	21	14.2	31	19.5	31	18.9	4	7.7	99	13.8
	Total	26	6.8	39	12.8	55	17.2	65	19.6	14	13.7	199	13.8
Everyday	Male	14	7.6	15	9.6	49	30.4	51	30.4	16	32.0	145	20.1
	Female	10	5.1	17	11.5	32	20.1	36	22.0	6	11.5	101	14.1
	Total	24	6.3	32	10.5	81	25.3	87	26.2	22	21.6	246	17.1

Leisure activities: Jogging

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Nothing	Male	145	78.4	128	82.1	137	85.1	151	89.9	49	98.0	610	84.7
	Female	180	92.3	139	93.9	151	95.0	158	96.3	52	100.0	680	94.7
	Total	325	85.5	267	87.8	288	90.0	309	93.1	101	99.0	1290	89.7
Once or several times a year	Male	13	7.0	11	7.1	9	5.6	0	0.0	0	0.0	33	4.6
	Female	10	5.1	4	2.7	2	1.3	2	1.2	0	0.0	18	2.5
	Total	23	6.1	15	4.9	11	3.4	2	0.6	0	0.0	51	3.5
Once or several times a month	Male	7	3.8	6	3.8	4	2.5	7	4.2	0	0.0	24	3.3
	Female	2	1.0	1	0.7	0	0.0	2	1.2	0	0.0	5	0.7
	Total	9	2.4	7	2.3	4	1.3	9	2.7	0	0.0	29	2.0
Once a week	Male	13	7.0	2	1.3	1	0.6	3	1.8	1	2.0	20	2.8
	Female	1	0.5	2	1.4	3	1.9	0	0.0	0	0.0	6	0.8
	Total	14	3.7	4	1.3	4	1.3	3	0.9	1	1.0	26	1.8
Several times a week	Male	5	2.7	6	3.8	5	3.1	4	2.4	0	0.0	20	2.8
	Female	1	0.5	1	0.7	0	0.0	2	1.2	0	0.0	4	0.6
	Total	6	1.6	7	2.3	5	1.6	6	1.8	0	0.0	24	1.7
Everyday	Male	2	1.1	3	1.9	5	3.1	3	1.8	0	0.0	13	1.8
	Female	1	0.5	1	0.7	3	1.9	0	0.0	0	0.0	5	0.7
	Total	3	0.8	4	1.3	8	2.5	3	0.9	0	0.0	18	1.3

Leisure activities: Hiking or climbing

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Nothing	Male	147	79.5	124	79.5	106	65.8	133	79.2	46	92.0	556	77.2
	Female	166	85.1	115	77.7	113	71.1	149	90.9	51	98.1	594	82.7
	Total	313	82.4	239	78.6	219	68.4	282	84.9	97	95.1	1150	80.0
Once or several times a year	Male	36	19.5	29	18.6	45	28.0	32	19.0	4	8.0	146	20.3
	Female	28	14.4	30	20.3	38	23.9	14	8.5	1	1.9	111	15.5
	Total	64	16.8	59	19.4	83	25.9	46	13.9	5	4.9	257	17.9
Once or several times a month	Male	1	0.5	2	1.3	10	6.2	1	0.6	0	0.0	14	1.9
	Female	1	0.5	3	2.0	6	3.8	1	0.6	0	0.0	11	1.5
	Total	2	0.5	5	1.6	16	5.0	2	0.6	0	0.0	25	1.7
Once a week	Male	1	0.5	1	0.6	0	0.0	2	1.2	0	0.0	4	0.6
	Female	0	0.0	0	0.0	2	1.3	0	0.0	0	0.0	2	0.3
	Total	1	0.3	1	0.3	2	0.6	2	0.6	0	0.0	6	0.4

Leisure activities: Fishing

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Nothing	Male	126	68.1	114	73.1	128	79.5	151	89.9	45	90.0	564	78.3
	Female	186	95.4	146	98.6	155	97.5	162	98.8	52	100.0	701	97.6
	Total	312	82.1	260	85.5	283	88.4	313	94.3	97	95.1	1265	88.0
Once or several times a year	Male	49	26.5	25	16.0	18	11.2	10	6.0	2	4.0	104	14.4
	Female	8	4.1	2	1.4	4	2.5	2	1.2	0	0.0	16	2.2
	Total	57	15.0	27	8.9	22	6.9	12	3.6	2	2.0	120	8.3
Once or several times a month	Male	9	4.9	14	9.0	12	7.5	6	3.6	2	4.0	43	6.0
	Female	1	0.5	0	0.0	0	0.0	0	0.0	0	0.0	1	0.1
	Total	10	2.6	14	4.6	12	3.8	6	1.8	2	2.0	44	3.1
Once a week	Male	1	0.5	2	1.3	2	1.2	0	0.0	0	0.0	5	0.7
	Female	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
	Total	1	0.3	2	0.7	2	0.6	0	0.0	0	0.0	5	0.3
Several times a week	Male	0	0.0	1	0.6	1	0.6	1	0.6	1	2.0	4	0.6
	Female	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
	Total	0	0.0	1	0.3	1	0.3	1	0.3	1	1.0	4	0.3

Leisure activities: Gardening

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Nothing	Male	107	57.8	62	39.7	31	19.3	29	17.3	10	20.0	239	33.2
	Female	96	49.2	38	25.7	25	15.7	36	22.0	11	21.2	206	28.7
	Total	203	53.4	100	32.9	56	17.5	65	19.6	21	20.6	445	30.9
Once or several times a year	Male	38	20.5	28	17.9	9	5.6	10	6.0	3	6.0	88	12.2
	Female	23	11.8	14	9.5	7	4.4	7	4.3	0	0.0	51	7.1
	Total	61	16.1	42	13.8	16	5.0	17	5.1	3	2.9	139	9.7
Once or several times a month	Male	25	13.5	28	17.9	29	18.0	17	10.1	4	8.0	103	14.3
	Female	36	18.5	24	16.2	24	15.1	20	12.2	3	5.8	107	14.9
	Total	61	16.1	52	17.1	53	16.6	37	11.1	7	6.9	210	14.6
Once a week	Male	10	5.4	27	17.3	30	18.6	26	15.5	8	16.0	101	14.0
	Female	15	7.7	27	18.2	23	14.5	12	7.3	5	9.6	82	11.4
	Total	25	6.6	54	17.8	53	16.6	38	11.4	13	12.7	183	12.7
Several times a week	Male	4	2.2	9	5.8	40	24.8	35	20.8	17	34.0	105	14.6
	Female	15	7.7	28	18.9	33	20.8	32	19.5	10	19.2	118	16.4
	Total	19	5.0	37	12.2	73	22.8	67	20.2	27	26.5	223	15.5
Everyday	Male	1	0.5	2	1.3	22	13.7	51	30.4	8	16.0	84	11.7
	Female	10	5.1	17	11.5	47	29.6	57	34.8	23	44.2	154	21.4
	Total	11	2.9	19	6.3	69	21.6	108	32.5	31	30.4	238	16.6

Leisure activities: Traveling

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Nothing	Male	16	8.6	26	16.7	22	13.7	18	10.7	14	28.0	96	13.3
	Female	28	14.4	24	16.2	18	11.3	28	17.1	20	38.5	118	16.4
	Total	44	11.6	50	16.4	40	12.5	46	13.9	34	33.3	214	14.9
Once or several times a year	Male	151	81.6	111	71.2	114	70.8	124	73.8	27	54.0	527	73.2
	Female	150	76.9	106	71.6	110	69.2	120	73.2	26	50.0	512	71.3
	Total	301	79.2	217	71.4	224	70.0	244	73.5	53	52.0	1039	72.3
Once or several times a month	Male	16	8.6	17	10.9	23	14.3	25	14.9	8	16.0	89	12.4
	Female	16	8.2	16	10.8	30	18.9	15	9.1	5	9.6	82	11.4
	Total	32	8.4	33	10.9	53	16.6	40	12.0	13	12.7	171	11.9
Once a week	Male	1	0.5	2	1.3	1	0.6	0	0.0	1	2.0	5	0.7
	Female	1	0.5	2	1.4	1	0.6	1	0.6	0	0.0	5	0.7
	Total	2	0.5	4	1.3	2	0.6	1	0.3	1	1.0	10	0.7
Several times a week	Male	1	0.5	0	0.0	0	0.0	1	0.6	0	0.0	2	0.3
	Female	0	0.0	0	0.0	0	0.0	0	0.0	1	1.9	1	0.1
	Total	1	0.3	0	0.0	0	0.0	1	0.3	1	1.0	3	0.2
Everyday	Male	0	0.0	0	0.0	1	0.6	0	0.0	0	0.0	1	0.1
	Female	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
	Total	0	0.0	0	0.0	1	0.3	0	0.0	0	0.0	1	0.1

2. Work commitment scale

This scale comprises 16 items (4 options) to measure commitment to own work. Higher score indicates higher commitment with own work. Only participants who have job (either full employment or part time employment) administer this scale.

Work commitment scale: total score of 16 items (possible range 16-64)

Work commitment scale: total score of 16 items (possible range 16-64)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	39.4	5.3	183	38.5	5.5	153	40.0	5.5	99	42.1	5.5	35	42.0	4.6	3	39.4	5.5	473
Female	37.2	5.2	145	38.5	5.8	101	39.9	5.2	57	43.2	4.7	14	43.7	2.6	6	38.5	5.6	323
Total	38.4	5.4	328	38.5	5.6	254	40.0	5.4	156	42.4	5.3	49	43.1	3.2	9	39.0	5.5	796

8) Background examinations

Present life worth living

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Connection with family	Male	141	76.2	121	77.6	126	77.8	132	77.6	38	73.1	558	77.0
	Female	132	67.7	107	72.3	120	75.5	106	63.5	18	34.0	483	66.9
	Total	273	71.8	228	75.0	246	76.6	238	70.6	56	53.3	1041	71.9
Growth of children or grandchildren	Male	125	67.6	73	46.8	95	58.6	110	64.7	30	57.7	433	59.7
	Female	127	65.1	88	59.5	114	71.7	106	63.5	28	52.8	463	64.1
	Total	252	66.3	161	53.0	209	65.1	216	64.1	58	55.2	896	61.9
Connection with friends	Male	70	37.8	61	39.1	78	48.1	89	52.4	21	40.4	319	44.0
	Female	109	55.9	84	56.8	116	73.0	120	71.9	24	45.3	453	62.7
	Total	179	47.1	145	47.7	194	60.4	209	62.0	45	42.9	772	53.4
Work	Male	97	52.4	79	50.6	69	42.6	44	25.9	4	7.7	293	40.4
	Female	66	33.8	52	35.1	45	28.3	31	18.6	8	15.1	202	28.0
	Total	163	42.9	131	43.1	114	35.5	75	22.3	12	11.4	495	34.2
Housework	Male	3	1.6	4	2.6	17	10.5	22	12.9	8	15.4	54	7.4
	Female	45	23.1	38	25.7	67	42.1	81	48.5	14	26.4	245	33.9
	Total	48	12.6	42	13.8	84	26.2	103	30.6	22	21.0	299	20.7
Voluntary social activity	Male	6	3.2	18	11.5	26	16.0	29	17.1	8	15.4	87	12.0
	Female	9	4.6	14	9.5	23	14.5	15	9.0	2	3.8	63	8.7
	Total	15	3.9	32	10.5	49	15.3	44	13.1	10	9.5	150	10.4
Community activity	Male	6	3.2	9	5.8	24	14.8	32	18.8	6	11.5	77	10.6
	Female	6	3.1	7	4.7	11	6.9	9	5.4	4	7.5	37	5.1
	Total	12	3.2	16	5.3	35	10.9	41	12.2	10	9.5	114	7.9
Saving money	Male	14	7.6	11	7.1	7	4.3	16	9.4	3	5.8	51	7.0
	Female	18	9.2	12	8.1	16	10.1	21	12.6	5	9.4	72	10.0
	Total	32	8.4	23	7.6	23	7.2	37	11.0	8	7.6	123	8.5
Going out	Male	85	45.9	69	44.2	84	51.9	90	52.9	20	38.5	348	48.0

(Continued)

Present life worth living

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Going out	Female	82	42.1	66	44.6	101	63.5	86	51.5	14	26.4	349	48.3
	Total	167	43.9	135	44.4	185	57.6	176	52.2	34	32.4	697	48.2
Learning or study	Male	13	7.0	13	8.3	9	5.6	16	9.4	5	9.6	56	7.7
	Female	18	9.2	12	8.1	14	8.8	10	6.0	7	13.2	61	8.4
	Total	31	8.2	25	8.2	23	7.2	26	7.7	12	11.4	117	8.1
Religion or spiritual training	Male	4	2.2	2	1.3	8	4.9	14	8.2	7	13.5	35	4.8
	Female	8	4.1	10	6.8	7	4.4	19	11.4	12	22.6	56	7.8
	Total	12	3.2	12	3.9	15	4.7	33	9.8	19	18.1	91	6.3
Sports	Male	59	31.9	37	23.7	46	28.4	40	23.5	8	15.4	190	26.2
	Female	31	15.9	23	15.5	38	23.9	26	15.6	2	3.8	120	16.6
	Total	90	23.7	60	19.7	84	26.2	66	19.6	10	9.5	310	21.4
Health maintenance and promotion	Male	25	13.5	28	17.9	57	35.2	59	34.7	14	26.9	183	25.2
	Female	32	16.4	25	16.9	51	32.1	47	28.1	13	24.5	168	23.3
	Total	57	15.0	53	17.4	108	33.6	106	31.5	27	25.7	351	24.3
Hobby or amusement	Male	96	51.9	82	52.6	83	51.2	79	46.5	25	48.1	365	50.3
	Female	65	33.3	63	42.6	87	54.7	87	52.1	24	45.3	326	45.2
	Total	161	42.4	145	47.7	170	53.0	166	49.3	49	46.7	691	47.8
Others	Male	4	2.2	2	1.3	4	2.5	4	2.4	3	5.8	17	2.3
	Female	3	1.5	4	2.7	1	0.6	2	1.2	4	7.5	14	1.9
	Total	7	1.8	6	2.0	5	1.6	6	1.8	7	6.7	31	2.1
Nothing	Male	2	1.1	3	1.9	2	1.2	9	5.3	3	5.8	19	2.6
	Female	6	3.1	6	4.1	3	1.9	3	1.8	3	5.7	21	2.9
	Total	8	2.1	9	3.0	5	1.6	12	3.6	6	5.7	40	2.8
Total	Male	185	100.0	156	100.0	162	100.0	170	100.0	52	100.0	725	100.0
	Female	195	100.0	148	100.0	159	100.0	167	100.0	53	100.0	722	100.0

(Continued)

Present life worth living

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Total	Total	380	100.0	304	100.0	321	100.0	337	100.0	105	100.0	1447	100.0

State of employment

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Inoccupation	Male	2	1.1	3	1.9	59	36.4	131	77.1	49	94.2	244	33.7
	Female	4	2.1	6	4.1	28	17.6	88	52.7	35	66.0	161	22.3
	Total	6	1.6	9	3.0	87	27.1	219	65.0	84	80.0	405	28.0
Housewife or househusband	Male	0	0.0	0	0.0	2	1.2	4	2.4	0	0.0	6	0.8
	Female	42	21.5	41	27.7	74	46.5	64	38.3	12	22.6	233	32.3
	Total	42	11.1	41	13.5	76	23.7	68	20.2	12	11.4	239	16.5
Full employment	Male	181	97.8	149	95.5	56	34.6	17	10.0	0	0.0	403	55.6
	Female	45	23.1	32	21.6	17	10.7	7	4.2	2	3.8	103	14.3
	Total	226	59.5	181	59.5	73	22.7	24	7.1	2	1.9	506	35.0
Part time employment	Male	2	1.1	4	2.6	45	27.8	18	10.6	3	5.8	72	9.9
	Female	104	53.3	69	46.6	40	25.2	8	4.8	4	7.5	225	31.2
	Total	106	27.9	73	24.0	85	26.5	26	7.7	7	6.7	297	20.5

Present job

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Not recorded/ Inoccupation/ Housewife or househusband	Male	2	1.1	4	2.6	62	38.3	135	79.4	49	94.2	252	34.8
	Female	46	23.6	47	31.8	103	64.8	152	91.0	47	88.7	395	54.7
	Total	48	12.6	51	16.8	165	51.4	287	85.2	96	91.4	647	44.7
Specialist (doctor, lawyer, researcher, engineer, teacher, artist, journalist, etc)	Male	44	23.8	28	17.9	9	5.6	4	2.4	1	1.9	86	11.9
	Female	31	15.9	17	11.5	3	1.9	2	1.2	3	5.7	56	7.8
	Total	75	19.7	45	14.8	12	3.7	6	1.8	4	3.8	142	9.8
Administrative position (higher grade than chief in office, stationmaster, head in school, etc)	Male	37	20.0	39	25.0	14	8.6	4	2.4	0	0.0	94	13.0
	Female	2	1.0	0	0.0	0	0.0	1	0.6	1	1.9	4	0.6
	Total	39	10.3	39	12.8	14	4.4	5	1.5	1	1.0	98	6.8
Office work (company, bank, government office, etc)	Male	22	11.9	17	10.9	9	5.6	5	2.9	0	0.0	53	7.3
	Female	48	24.6	23	15.5	7	4.4	0	0.0	0	0.0	78	10.8
	Total	70	18.4	40	13.2	16	5.0	5	1.5	0	0.0	131	9.1
Engagement in service or selling (clerk, salesman, beauty artist, caterer, etc)	Male	18	9.7	9	5.8	12	7.4	2	1.2	0	0.0	41	5.7
	Female	38	19.5	30	20.3	23	14.5	2	1.2	0	0.0	93	12.9
	Total	56	14.7	39	12.8	35	10.9	4	1.2	0	0.0	134	9.3
Engagement in skilled or labor work (driver, engineering, construction, manufacture, processing, repairment, printing, etc)	Male	49	26.5	51	32.7	38	23.5	8	4.7	1	1.9	147	20.3
	Female	20	10.3	22	14.9	13	8.2	5	3.0	0	0.0	60	8.3
	Total	69	18.2	73	24.0	51	15.9	13	3.9	1	1.0	207	14.3
Engagement in security (policeman, fire officer, self- defence official)	Male	2	1.1	2	1.3	1	0.6	0	0.0	0	0.0	5	0.7
	Female	1	0.5	0	0.0	0	0.0	0	0.0	0	0.0	1	0.1
	Total	3	0.8	2	0.7	1	0.3	0	0.0	0	0.0	6	0.4

(Continued)

Present job

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Worker in agriculture, forestry and fishery	Male	4	2.2	1	0.6	3	1.9	5	2.9	1	1.9	14	1.9
	Female	2	1.0	3	2.0	3	1.9	2	1.2	2	3.8	12	1.7
	Total	6	1.6	4	1.3	6	1.9	7	2.1	3	2.9	26	1.8
Self-management other than agriculture, forestry and fishery	Male	7	3.8	3	1.9	11	6.8	6	3.5	0	0.0	27	3.7
	Female	3	1.5	5	3.4	4	2.5	2	1.2	0	0.0	14	1.9
	Total	10	2.6	8	2.6	15	4.7	8	2.4	0	0.0	41	2.8
Others	Male	0	0.0	2	1.3	3	1.9	1	0.6	0	0.0	6	0.8
	Female	4	2.1	1	0.7	3	1.9	1	0.6	0	0.0	9	1.2
	Total	4	1.1	3	1.0	6	1.9	2	0.6	0	0.0	15	1.0