

Tetracosenoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	35.2	32.1	65	54.3	43.8	67	73.9	46.7	68	64.8	47.7	72	39.0	24.5	12	56.6	44.7	284
Female	35.7	25.6	54	57.0	37.9	61	42.2	31.5	56	48.7	41.3	55	31.3	19.9	9	45.7	35.0	235
Total	35.5	29.2	119	55.6	41.0	128	59.6	43.4	124	57.8	45.6	127	35.7	22.4	21	51.7	40.9	519

Hexadecadienoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	9.9	17.7	65	11.4	13.8	67	11.8	10.9	68	12.1	12.1	72	9.0	6.5	12	11.2	13.5	284
Female	4.4	4.9	54	10.5	9.0	61	10.0	10.4	56	9.3	10.9	55	7.1	7.9	9	8.6	9.3	235
Total	7.4	13.7	119	11.0	11.7	128	11.0	10.7	124	10.9	11.6	127	8.2	7.0	21	10.0	11.9	519

Hexadecatrienoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	5.6	6.2	65	9.2	11.2	67	9.9	10.8	68	9.6	9.9	72	8.9	7.1	12	8.6	9.7	284
Female	3.4	3.4	54	7.7	6.6	61	8.3	9.6	56	8.0	9.5	55	5.7	6.1	9	6.9	7.8	235
Total	4.6	5.3	119	8.5	9.3	128	9.2	10.2	124	8.9	9.7	127	7.6	6.7	21	7.8	9.0	519

Hexadecatetraenoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	5.2	6.3	65	10.4	13.5	67	10.7	11.9	68	9.6	10.7	72	8.3	7.7	12	9.0	11.0	284
Female	3.1	3.4	54	9.2	8.4	61	8.0	7.9	56	8.0	11.0	55	4.8	7.2	9	7.1	8.4	235
Total	4.3	5.3	119	9.9	11.3	128	9.5	10.4	124	8.9	10.8	127	6.8	7.5	21	8.1	9.9	519

Linoleic acid (g)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	11.216	3.198	65	11.180	3.354	67	10.271	2.908	68	9.091	2.573	72	9.207	2.461	12	10.358	3.103	284
Female	9.735	3.089	54	9.116	2.620	61	8.815	3.155	56	8.382	2.543	55	8.631	2.060	9	8.996	2.851	235
Total	10.544	3.222	119	10.197	3.187	128	9.614	3.096	124	8.784	2.574	127	8.960	2.262	21	9.741	3.065	519

α -Linolenic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	1600.0	522.0	65	1580.6	502.4	67	1441.2	489.5	68	1280.8	418.2	72	1315.8	389.4	12	1464.5	494.0	284
Female	1345.9	539.8	54	1277.1	422.9	61	1194.4	561.9	56	1237.4	445.1	55	1124.6	443.2	9	1258.1	492.0	235
Total	1484.7	542.9	119	1436.0	488.7	128	1329.7	535.6	124	1262.0	428.8	127	1233.8	413.9	21	1371.0	503.3	519

γ -Linolenic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	3.7	3.6	65	5.5	6.2	67	6.1	5.1	68	6.2	5.4	72	4.4	3.0	12	5.4	5.1	284
Female	2.6	2.6	54	6.5	5.4	61	8.4	24.4	56	4.9	5.0	55	4.0	4.3	9	5.6	12.6	235
Total	3.2	3.2	119	6.0	5.8	128	7.1	16.8	124	5.7	5.2	127	4.2	3.5	21	5.5	9.3	519

Octadecatetraenoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	55.7	72.1	65	111.9	116.6	67	139.2	104.3	68	129.0	120.3	72	63.3	56.4	12	107.9	108.3	284
Female	53.7	51.6	54	113.3	100.7	61	78.7	81.3	56	91.2	94.3	55	56.6	49.4	9	84.0	85.9	235
Total	54.8	63.4	119	112.6	108.9	128	111.9	99.0	124	112.7	111.0	127	60.5	52.3	21	97.1	99.4	519

Icosadienoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	66.9	36.8	65	68.0	39.3	67	63.1	28.4	68	50.6	29.5	72	40.3	13.5	12	61.0	33.9	284
Female	49.3	23.8	54	49.3	19.9	61	43.8	22.7	56	42.9	26.0	55	48.8	31.6	9	46.5	23.4	235
Total	58.9	32.6	119	59.1	32.8	128	54.4	27.6	124	47.3	28.2	127	44.0	22.8	21	54.4	30.5	519

Icosatrienoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	31.5	13.5	65	31.9	12.9	67	30.4	10.6	68	28.3	12.7	72	29.2	10.5	12	30.4	12.4	284
Female	25.9	9.7	54	25.3	9.7	61	24.8	8.9	56	24.8	10.6	55	26.0	9.0	9	25.2	9.6	235
Total	28.9	12.2	119	28.8	11.9	128	27.9	10.2	124	26.8	11.9	127	27.9	9.8	21	28.1	11.5	519

Icosatetraenoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	22.7	24.3	65	42.3	38.7	67	56.3	38.8	68	54.6	39.5	72	30.7	27.1	12	43.8	37.9	284
Female	26.5	22.4	54	43.1	33.2	61	31.7	28.2	56	39.9	34.0	55	31.5	29.6	9	35.4	30.4	235
Total	24.4	23.4	119	42.7	36.0	128	45.2	36.4	124	48.2	37.8	127	31.0	27.4	21	40.0	34.9	519

Arachidonic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	171.2	76.2	65	186.6	68.4	67	191.9	68.3	68	171.5	67.0	72	162.2	38.7	12	179.5	69.2	284
Female	143.1	48.7	54	144.9	58.6	61	146.9	50.8	56	145.9	56.4	55	144.9	66.0	9	145.2	53.9	235
Total	158.4	66.4	119	166.7	67.0	128	171.6	64.8	124	160.4	63.7	127	154.8	51.4	21	163.9	65.0	519

Icosapentaenoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	223.0	225.3	65	361.0	309.5	67	451.3	287.6	68	433.2	276.4	72	280.2	166.0	12	366.0	285.6	284
Female	208.5	144.9	54	324.1	206.5	61	283.0	216.8	56	301.3	209.5	55	256.3	195.6	9	279.8	200.0	235
Total	216.4	192.4	119	343.5	265.1	128	375.3	270.4	124	376.1	257.2	127	269.9	175.0	21	326.9	253.9	519

Henicosapentaenoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	5.4	6.6	65	10.7	13.0	67	11.4	10.7	68	11.0	10.7	72	7.6	6.1	12	9.6	10.6	284
Female	3.7	5.0	54	10.6	10.0	61	8.5	8.7	56	8.2	10.3	55	6.5	7.7	9	7.8	9.0	235
Total	4.7	6.0	119	10.6	11.6	128	10.1	9.9	124	9.8	10.6	127	7.1	6.7	21	8.8	9.9	519

Docosadienoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	0.0	0.1	65	0.1	0.3	67	0.0	0.1	68	0.1	0.5	72	0.1	0.2	12	0.1	0.3	284
Female	0.1	0.4	54	0.2	0.6	61	0.1	0.3	56	0.1	0.2	55	0.2	0.5	9	0.1	0.4	235
Total	0.1	0.3	119	0.1	0.5	128	0.0	0.2	124	0.1	0.4	127	0.1	0.3	21	0.1	0.3	519

Docosatetraenoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	12.2	6.1	65	13.1	5.6	67	12.8	5.1	68	9.8	4.6	72	11.1	5.1	12	11.9	5.5	284
Female	9.3	5.3	54	10.5	5.0	61	9.8	3.8	56	9.5	5.1	55	11.1	5.3	9	9.8	4.8	235
Total	10.9	5.9	119	11.9	5.4	128	11.4	4.8	124	9.7	4.8	127	11.1	5.1	21	11.0	5.3	519

n-3 Docosapentaenoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	69.6	62.2	65	101.9	82.3	67	133.1	81.1	68	128.6	83.3	72	80.8	51.4	12	107.8	80.6	284
Female	66.0	46.2	54	100.2	65.0	61	78.8	53.3	56	93.5	74.5	55	79.4	72.1	9	84.9	62.2	235
Total	68.0	55.3	119	101.1	74.3	128	108.6	74.8	124	113.4	81.2	127	80.2	59.4	21	97.4	73.7	519

n-6 Docosapentaenoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	8.2	7.8	65	13.2	13.4	67	14.2	10.2	68	15.1	12.4	72	10.9	7.4	12	12.7	11.3	284
Female	6.8	5.8	54	12.7	9.6	61	11.3	9.4	56	10.5	9.1	55	7.6	6.4	9	10.3	8.8	235
Total	7.6	7.0	119	13.0	11.7	128	12.9	9.9	124	13.1	11.2	127	9.5	7.0	21	11.6	10.3	519

Docosahexaenoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	416.1	363.0	65	658.4	508.9	67	823.9	455.8	68	777.6	469.0	72	513.6	261.9	12	666.6	470.9	284
Female	399.9	234.2	54	595.8	348.6	61	483.6	321.0	56	551.9	361.0	55	429.6	253.8	9	507.4	325.0	235
Total	408.7	310.1	119	628.6	439.3	128	670.2	433.7	124	679.8	438.6	127	477.6	255.5	21	594.5	418.5	519

Alcohol (g)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	14.7	16.6	65	23.1	26.0	67	18.1	20.4	68	11.8	15.7	72	12.8	11.8	12	16.7	20.1	284
Female	2.5	4.9	54	3.0	7.3	61	2.9	5.5	56	1.9	3.5	55	1.1	1.5	9	2.5	5.4	235
Total	9.1	14.1	119	13.6	21.9	128	11.2	17.3	124	7.5	13.0	127	7.8	10.6	21	10.3	16.9	519

4) State of using supplement in previous 1 year (DSFQ)

Total supplement

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Not used	Female	62	31.8	60	40.5	54	34.0	52	31.1	17	32.1	245	33.9
	Male	68	36.8	89	57.1	85	52.5	77	45.3	22	42.3	341	47.0
	Total	130	34.2	149	49.0	139	43.3	129	38.3	39	37.1	586	40.5
Used	Female	133	68.2	88	59.5	105	66.0	115	68.9	36	67.9	477	66.1
	Male	117	63.2	67	42.9	77	47.5	93	54.7	30	57.7	384	53.0
	Total	250	65.8	155	51.0	182	56.7	208	61.7	66	62.9	861	59.5

Vitamin supplement

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Not used	Female	136	69.7	111	75.0	124	78.0	108	64.7	34	64.2	513	71.1
	Male	149	80.5	146	93.6	134	82.7	130	76.5	38	73.1	597	82.3
	Total	285	75.0	257	84.5	258	80.4	238	70.6	72	68.6	1110	76.7
Used	Female	59	30.3	37	25.0	35	22.0	59	35.3	19	35.8	209	28.9
	Male	36	19.5	10	6.4	28	17.3	40	23.5	14	26.9	128	17.7
	Total	95	25.0	47	15.5	63	19.6	99	29.4	33	31.4	337	23.3

Mineral supplement

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Not used	Female	168	86.2	132	89.2	145	91.2	149	89.2	48	90.6	642	88.9
	Male	179	96.8	153	98.1	155	95.7	157	92.4	47	90.4	691	95.3
	Total	347	91.3	285	93.8	300	93.5	306	90.8	95	90.5	1333	92.1
Used	Female	27	13.8	16	10.8	14	8.8	18	10.8	5	9.4	80	11.1
	Male	6	3.2	3	1.9	7	4.3	13	7.6	5	9.6	34	4.7
	Total	33	8.7	19	6.3	21	6.5	31	9.2	10	9.5	114	7.9

Fat supplement

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Not used	Female	190	97.4	146	98.6	157	98.7	163	97.6	53	100.0	709	98.2
	Male	183	98.9	156	100.0	161	99.4	169	99.4	52	100.0	721	99.4
	Total	373	98.2	302	99.3	318	99.1	332	98.5	105	100.0	1430	98.8
Used	Female	5	2.6	2	1.4	2	1.3	4	2.4	0	0.0	13	1.8
	Male	2	1.1	0	0.0	1	0.6	1	0.6	0	0.0	4	0.6
	Total	7	1.8	2	0.7	3	0.9	5	1.5	0	0.0	17	1.2

Protein supplement

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Not used	Female	188	96.4	145	98.0	158	99.4	165	98.8	53	100.0	709	98.2
	Male	174	94.1	156	100.0	158	97.5	168	98.8	52	100.0	708	97.7
	Total	362	95.3	301	99.0	316	98.4	333	98.8	105	100.0	1417	97.9
Used	Female	7	3.6	3	2.0	1	0.6	2	1.2	0	0.0	13	1.8
	Male	11	5.9	0	0.0	4	2.5	2	1.2	0	0.0	17	2.3
	Total	18	4.7	3	1.0	5	1.6	4	1.2	0	0.0	30	2.1

Dietary fiber supplement

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Not used	Female	194	99.5	146	98.6	159	100.0	166	99.4	53	100.0	718	99.4
	Male	185	100.0	156	100.0	162	100.0	170	100.0	52	100.0	725	100.0
	Total	379	99.7	302	99.3	321	100.0	336	99.7	105	100.0	1443	99.7
Used	Female	1	0.5	2	1.4	0	0.0	1	0.6	0	0.0	4	0.6
	Male	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
	Total	1	0.3	2	0.7	0	0.0	1	0.3	0	0.0	4	0.3

Supplement contained other nutrients

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Not used	Female	116	59.5	96	64.9	83	52.2	107	64.1	37	69.8	439	60.8
	Male	128	69.2	128	82.1	121	74.7	132	77.6	40	76.9	549	75.7
	Total	244	64.2	224	73.7	204	63.6	239	70.9	77	73.3	988	68.3
Used	Female	79	40.5	52	35.1	76	47.8	60	35.9	16	30.2	283	39.2
	Male	57	30.8	28	17.9	41	25.3	38	22.4	12	23.1	176	24.3
	Total	136	35.8	80	26.3	117	36.4	98	29.1	28	26.7	459	31.7

Drink type supplement

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Not used	Female	145	74.4	116	78.4	136	85.5	135	80.8	44	83.0	576	79.8
	Male	128	69.2	120	76.9	140	86.4	143	84.1	42	80.8	573	79.0
	Total	273	71.8	236	77.6	276	86.0	278	82.5	86	81.9	1149	79.4
Used	Female	50	25.6	32	21.6	23	14.5	32	19.2	9	17.0	146	20.2
	Male	57	30.8	36	23.1	22	13.6	27	15.9	10	19.2	152	21.0
	Total	107	28.2	68	22.4	45	14.0	59	17.5	19	18.1	298	20.6

Drug contained some nutrients

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Not used	Female	177	90.8	130	87.8	151	95.0	154	92.2	52	98.1	664	92.0
	Male	167	90.3	147	94.2	153	94.4	159	93.5	49	94.2	675	93.1
	Total	344	90.5	277	91.1	304	94.7	313	92.9	101	96.2	1339	92.5
Used	Female	18	9.2	18	12.2	8	5.0	13	7.8	1	1.9	58	8.0
	Male	18	9.7	9	5.8	9	5.6	11	6.5	3	5.8	50	6.9
	Total	36	9.5	27	8.9	17	5.3	24	7.1	4	3.8	108	7.5

5) Frequency of supplement intake (DSFQ)

Total supplement

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
0	Male	68	36.8	89	57.1	85	52.5	77	45.3	22	42.3	341	47.0
	Female	62	31.8	60	40.5	54	34.0	52	31.1	17	32.1	245	33.9
	Total	130	34.2	149	49.0	139	43.3	129	38.3	39	37.1	586	40.5
1	Male	47	25.4	41	26.3	41	25.3	47	27.6	11	21.2	187	25.8
	Female	42	21.5	35	23.6	41	25.8	48	28.7	17	32.1	183	25.3
	Total	89	23.4	76	25.0	82	25.5	95	28.2	28	26.7	370	25.6
2	Male	33	17.8	16	10.3	16	9.9	25	14.7	11	21.2	101	13.9
	Female	39	20.0	20	13.5	29	18.2	29	17.4	5	9.4	122	16.9
	Total	72	18.9	36	11.8	45	14.0	54	16.0	16	15.2	223	15.4
3	Male	15	8.1	6	3.8	10	6.2	11	6.5	8	15.4	50	6.9
	Female	17	8.7	17	11.5	14	8.8	18	10.8	7	13.2	73	10.1
	Total	32	8.4	23	7.6	24	7.5	29	8.6	15	14.3	123	8.5
4	Male	13	7.0	2	1.3	2	1.2	3	1.8	0	0.0	20	2.8
	Female	16	8.2	6	4.1	11	6.9	7	4.2	3	5.7	43	6.0
	Total	29	7.6	8	2.6	13	4.0	10	3.0	3	2.9	63	4.4
5-9	Male	8	4.3	2	1.3	8	4.9	7	4.1	0	0.0	25	3.4
	Female	15	7.7	8	5.4	10	6.3	11	6.6	4	7.5	48	6.6
	Total	23	6.1	10	3.3	18	5.6	18	5.3	4	3.8	73	5.0
10-	Male	1	0.5	0	0.0	0	0.0	0	0.0	0	0.0	1	0.1
	Female	4	2.1	2	1.4	0	0.0	2	1.2	0	0.0	8	1.1
	Total	5	1.3	2	0.7	0	0.0	2	0.6	0	0.0	9	0.6

Vitamin supplement

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
0	Male	149	80.5	146	93.6	134	82.7	130	76.5	38	73.1	597	82.3
	Female	136	69.7	111	75.0	124	78.0	108	64.7	34	64.2	513	71.1
	Total	285	75.0	257	84.5	258	80.4	238	70.6	72	68.6	1110	76.7
1	Male	22	11.9	5	3.2	21	13.0	28	16.5	9	17.3	85	11.7
	Female	39	20.0	31	20.9	24	15.1	47	28.1	9	17.0	150	20.8
	Total	61	16.1	36	11.8	45	14.0	75	22.3	18	17.1	235	16.2
2	Male	12	6.5	4	2.6	6	3.7	11	6.5	5	9.6	38	5.2
	Female	14	7.2	4	2.7	9	5.7	9	5.4	6	11.3	42	5.8
	Total	26	6.8	8	2.6	15	4.7	20	5.9	11	10.5	80	5.5
3	Male	2	1.1	0	0.0	1	0.6	1	0.6	0	0.0	4	0.6
	Female	4	2.1	2	1.4	2	1.3	3	1.8	3	5.7	14	1.9
	Total	6	1.6	2	0.7	3	0.9	4	1.2	3	2.9	18	1.2
4	Male	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
	Female	1	0.5	0	0.0	0	0.0	0	0.0	1	1.9	2	0.3
	Total	1	0.3	0	0.0	0	0.0	0	0.0	1	1.0	2	0.1
5-9	Male	0	0.0	1	0.6	0	0.0	0	0.0	0	0.0	1	0.1
	Female	1	0.5	0	0.0	0	0.0	0	0.0	0	0.0	1	0.1
	Total	1	0.3	1	0.3	0	0.0	0	0.0	0	0.0	2	0.1

Mineral supplement

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
0	Male	179	96.8	153	98.1	155	95.7	157	92.4	47	90.4	691	95.3
	Female	168	86.2	132	89.2	145	91.2	149	89.2	48	90.6	642	88.9
	Total	347	91.3	285	93.8	300	93.5	306	90.8	95	90.5	1333	92.1
1	Male	6	3.2	2	1.3	4	2.5	12	7.1	5	9.6	29	4.0
	Female	26	13.3	15	10.1	14	8.8	16	9.6	5	9.4	76	10.5
	Total	32	8.4	17	5.6	18	5.6	28	8.3	10	9.5	105	7.3
2	Male	0	0.0	1	0.6	3	1.9	1	0.6	0	0.0	5	0.7
	Female	1	0.5	0	0.0	0	0.0	2	1.2	0	0.0	3	0.4
	Total	1	0.3	1	0.3	3	0.9	3	0.9	0	0.0	8	0.6
3	Male	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
	Female	0	0.0	1	0.7	0	0.0	0	0.0	0	0.0	1	0.1
	Total	0	0.0	1	0.3	0	0.0	0	0.0	0	0.0	1	0.1

Fat supplement

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
0	Male	183	98.9	156	100.0	161	99.4	169	99.4	52	100.0	721	99.4
	Female	190	97.4	146	98.6	157	98.7	163	97.6	53	100.0	709	98.2
	Total	373	98.2	302	99.3	318	99.1	332	98.5	105	100.0	1430	98.8
1	Male	2	1.1	0	0.0	1	0.6	1	0.6	0	0.0	4	0.6
	Female	5	2.6	1	0.7	2	1.3	3	1.8	0	0.0	11	1.5
	Total	7	1.8	1	0.3	3	0.9	4	1.2	0	0.0	15	1.0
2	Male	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
	Female	0	0.0	1	0.7	0	0.0	1	0.6	0	0.0	2	0.3
	Total	0	0.0	1	0.3	0	0.0	1	0.3	0	0.0	2	0.1

Protein supplement

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
0	Male	174	94.1	156	100.0	158	97.5	168	98.8	52	100.0	708	97.7
	Female	188	96.4	145	98.0	158	99.4	165	98.8	53	100.0	709	98.2
	Total	362	95.3	301	99.0	316	98.4	333	98.8	105	100.0	1417	97.9
1	Male	7	3.8	0	0.0	4	2.5	2	1.2	0	0.0	13	1.8
	Female	7	3.6	3	2.0	1	0.6	2	1.2	0	0.0	13	1.8
	Total	14	3.7	3	1.0	5	1.6	4	1.2	0	0.0	26	1.8
2	Male	3	1.6	0	0.0	0	0.0	0	0.0	0	0.0	3	0.4
	Female	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
	Total	3	0.8	0	0.0	0	0.0	0	0.0	0	0.0	3	0.2
3	Male	1	0.5	0	0.0	0	0.0	0	0.0	0	0.0	1	0.1
	Female	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
	Total	1	0.3	0	0.0	0	0.0	0	0.0	0	0.0	1	0.1

Dietary fiber supplement

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
0	Male	185	100.0	156	100.0	162	100.0	170	100.0	52	100.0	725	100.0
	Female	194	99.5	146	98.6	159	100.0	166	99.4	53	100.0	718	99.4
	Total	379	99.7	302	99.3	321	100.0	336	99.7	105	100.0	1443	99.7
1	Male	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
	Female	1	0.5	2	1.4	0	0.0	1	0.6	0	0.0	4	0.6
	Total	1	0.3	2	0.7	0	0.0	1	0.3	0	0.0	4	0.3

Supplement contained other nutrients

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
0	Male	128	69.2	128	82.1	121	74.7	132	77.6	40	76.9	549	75.7
	Female	116	59.5	96	64.9	83	52.2	107	64.1	37	69.8	439	60.8
	Total	244	64.2	224	73.7	204	63.6	239	70.9	77	73.3	988	68.3
1	Male	40	21.6	21	13.5	24	14.8	21	12.4	6	11.5	112	15.4
	Female	41	21.0	30	20.3	37	23.3	31	18.6	9	17.0	148	20.5
	Total	81	21.3	51	16.8	61	19.0	52	15.4	15	14.3	260	18.0
2	Male	5	2.7	4	2.6	7	4.3	9	5.3	5	9.6	30	4.1
	Female	21	10.8	11	7.4	25	15.7	13	7.8	2	3.8	72	10.0
	Total	26	6.8	15	4.9	32	10.0	22	6.5	7	6.7	102	7.0
3	Male	7	3.8	3	1.9	7	4.3	5	2.9	1	1.9	23	3.2
	Female	9	4.6	6	4.1	5	3.1	6	3.6	3	5.7	29	4.0
	Total	16	4.2	9	3.0	12	3.7	11	3.3	4	3.8	52	3.6
4	Male	2	1.1	0	0.0	1	0.6	2	1.2	0	0.0	5	0.7
	Female	3	1.5	2	1.4	4	2.5	5	3.0	0	0.0	14	1.9
	Total	5	1.3	2	0.7	5	1.6	7	2.1	0	0.0	19	1.3
5-9	Male	3	1.6	0	0.0	2	1.2	1	0.6	0	0.0	6	0.8
	Female	4	2.1	3	2.0	5	3.1	5	3.0	2	3.8	19	2.6
	Total	7	1.8	3	1.0	7	2.2	6	1.8	2	1.9	25	1.7
10-	Male	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
	Female	1	0.5	0	0.0	0	0.0	0	0.0	0	0.0	1	0.1
	Total	1	0.3	0	0.0	0	0.0	0	0.0	0	0.0	1	0.1

Drink type supplement

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
0	Male	128	69.2	120	76.9	140	86.4	143	84.1	42	80.8	573	79.0
	Female	145	74.4	116	78.4	136	85.5	135	80.8	44	83.0	576	79.8
	Total	273	71.8	236	77.6	276	86.0	278	82.5	86	81.9	1149	79.4
1	Male	42	22.7	30	19.2	19	11.7	21	12.4	9	17.3	121	16.7
	Female	41	21.0	27	18.2	20	12.6	28	16.8	9	17.0	125	17.3
	Total	83	21.8	57	18.8	39	12.1	49	14.5	18	17.1	246	17.0
2	Male	13	7.0	6	3.8	2	1.2	4	2.4	1	1.9	26	3.6
	Female	7	3.6	5	3.4	2	1.3	4	2.4	0	0.0	18	2.5
	Total	20	5.3	11	3.6	4	1.2	8	2.4	1	1.0	44	3.0
3	Male	1	0.5	0	0.0	1	0.6	2	1.2	0	0.0	4	0.6
	Female	1	0.5	0	0.0	1	0.6	0	0.0	0	0.0	2	0.3
	Total	2	0.5	0	0.0	2	0.6	2	0.6	0	0.0	6	0.4
4	Male	1	0.5	0	0.0	0	0.0	0	0.0	0	0.0	1	0.1
	Female	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
	Total	1	0.3	0	0.0	0	0.0	0	0.0	0	0.0	1	0.1
5-9	Male	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
	Female	1	0.5	0	0.0	0	0.0	0	0.0	0	0.0	1	0.1
	Total	1	0.3	0	0.0	0	0.0	0	0.0	0	0.0	1	0.1

Drug contained some nutrients

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
0	Male	167	90.3	147	94.2	153	94.4	159	93.5	49	94.2	675	93.1
	Female	177	90.8	130	87.8	151	95.0	154	92.2	52	98.1	664	92.0
	Total	344	90.5	277	91.1	304	94.7	313	92.9	101	96.2	1339	92.5
1	Male	16	8.6	9	5.8	9	5.6	11	6.5	3	5.8	48	6.6
	Female	17	8.7	15	10.1	7	4.4	12	7.2	1	1.9	52	7.2
	Total	33	8.7	24	7.9	16	5.0	23	6.8	4	3.8	100	6.9
2	Male	2	1.1	0	0.0	0	0.0	0	0.0	0	0.0	2	0.3
	Female	1	0.5	2	1.4	1	0.6	1	0.6	0	0.0	5	0.7
	Total	3	0.8	2	0.7	1	0.3	1	0.3	0	0.0	7	0.5
3	Male	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
	Female	0	0.0	1	0.7	0	0.0	0	0.0	0	0.0	1	0.1
	Total	0	0.0	1	0.3	0	0.0	0	0.0	0	0.0	1	0.1

6) Beverage and citrus fruits intakes

Frequency of intakes
Japanese sake

		40 - 49yr		50 - 59yr		60 - 69yr		70 - 79yr		80yr -		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Male	Never	141	76.2	101	64.7	108	66.7	105	61.8	30	57.7	485	66.9
	Once a month	19	10.3	22	14.1	8	4.9	9	5.3	4	7.7	62	8.6
	2 to 3 times a mo.	7	3.8	3	1.9	7	4.3	9	5.3	1	1.9	27	3.7
	Once a week	8	4.3	11	7.1	10	6.2	11	6.5	2	3.8	42	5.8
	2 to 3 times a week	5	2.7	14	9.0	17	10.5	16	9.4	2	3.8	54	7.4
	4 to 6 times a week	4	2.2	0	0.0	4	2.5	5	2.9	2	3.8	15	2.1
	Once a day or more	1	0.5	5	3.2	8	4.9	15	8.8	11	21.2	40	5.5
Female	Never	182	93.3	143	96.6	146	91.8	151	90.4	50	94.3	672	93.1
	Once a month	8	4.1	2	1.4	5	3.1	4	2.4	2	3.8	21	2.9
	2 to 3 times a mo.	2	1.0	1	0.7	1	0.6	3	1.8	0	0.0	7	1.0
	Once a week	1	0.5	1	0.7	4	2.5	4	2.4	0	0.0	10	1.4
	2 to 3 times a week	2	1.0	0	0.0	2	1.3	4	2.4	1	1.9	9	1.2
	4 to 6 times a week	0	0.0	1	0.7	0	0.0	1	0.6	0	0.0	2	0.3
	Once a day or more	0	0.0	0	0.0	1	0.6	0	0.0	0	0.0	1	0.1
Total	Never	323	85.0	244	80.3	254	79.1	256	76.0	80	76.2	1157	80.0
	Once a month	27	7.1	24	7.9	13	4.0	13	3.9	6	5.7	83	5.7
	2 to 3 times a mo.	9	2.4	4	1.3	8	2.5	12	3.6	1	1.0	34	2.3
	Once a week	9	2.4	12	3.9	14	4.4	15	4.5	2	1.9	52	3.6
	2 to 3 times a week	7	1.8	14	4.6	19	5.9	20	5.9	3	2.9	63	4.4
	4 to 6 times a week	4	1.1	1	0.3	4	1.2	6	1.8	2	1.9	17	1.2
	Once a day or more	1	0.3	5	1.6	9	2.8	15	4.5	11	10.5	41	2.8

Frequency of intakes
Japanese distilled alcoholic beverages (Shochu)

		40 - 49yr		50 - 59yr		60 - 69yr		70 - 79yr		80yr -		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Male	Never	107	57.8	80	51.3	89	54.9	121	71.2	45	86.5	442	61.0
	Once a month	12	6.5	4	2.6	4	2.5	3	1.8	0	0.0	23	3.2
	2 to 3 times a mo.	12	6.5	7	4.5	6	3.7	4	2.4	3	5.8	32	4.4
	Once a week	9	4.9	12	7.7	7	4.3	7	4.1	1	1.9	36	5.0
	2 to 3 times a week	16	8.6	19	12.2	19	11.7	5	2.9	1	1.9	60	8.3
	4 to 6 times a week	8	4.3	10	6.4	9	5.6	10	5.9	1	1.9	38	5.2
	Once a day or more	21	11.4	24	15.4	28	17.3	20	11.8	1	1.9	94	13.0
Female	Never	171	87.7	134	90.5	150	94.3	155	92.8	52	98.1	662	91.7
	Once a month	7	3.6	3	2.0	0	0.0	3	1.8	1	1.9	14	1.9
	2 to 3 times a mo.	1	0.5	1	0.7	6	3.8	0	0.0	0	0.0	8	1.1
	Once a week	3	1.5	4	2.7	1	0.6	2	1.2	0	0.0	10	1.4
	2 to 3 times a week	8	4.1	1	0.7	1	0.6	2	1.2	0	0.0	12	1.7
	4 to 6 times a week	3	1.5	3	2.0	1	0.6	2	1.2	0	0.0	9	1.2
	Once a day or more	2	1.0	2	1.4	0	0.0	3	1.8	0	0.0	7	1.0
Total	Never	278	73.2	214	70.4	239	74.5	276	81.9	97	92.4	1104	76.3
	Once a month	19	5.0	7	2.3	4	1.2	6	1.8	1	1.0	37	2.6
	2 to 3 times a mo.	13	3.4	8	2.6	12	3.7	4	1.2	3	2.9	40	2.8
	Once a week	12	3.2	16	5.3	8	2.5	9	2.7	1	1.0	46	3.2
	2 to 3 times a week	24	6.3	20	6.6	20	6.2	7	2.1	1	1.0	72	5.0
	4 to 6 times a week	11	2.9	13	4.3	10	3.1	12	3.6	1	1.0	47	3.2
	Once a day or more	23	6.1	26	8.6	28	8.7	23	6.8	1	1.0	101	7.0

Frequency of intakes
shochu-based beverage (Chuhai)

		40 - 49yr		50 - 59yr		60 - 69yr		70 - 79yr		80yr -		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Male	Never	136	73.5	135	86.5	149	92.0	154	90.6	46	88.5	620	85.5
	Once a month	10	5.4	3	1.9	4	2.5	5	2.9	0	0.0	22	3.0
	2 to 3 times a mo.	8	4.3	7	4.5	3	1.9	1	0.6	1	1.9	20	2.8
	Once a week	11	5.9	8	5.1	2	1.2	3	1.8	1	1.9	25	3.4
	2 to 3 times a week	13	7.0	1	0.6	2	1.2	2	1.2	1	1.9	19	2.6
	4 to 6 times a week	3	1.6	1	0.6	0	0.0	1	0.6	1	1.9	6	0.8
	Once a day or more	4	2.2	1	0.6	2	1.2	4	2.4	2	3.8	13	1.8
Female	Never	141	72.3	124	83.8	149	93.7	152	91.0	50	94.3	616	85.3
	Once a month	15	7.7	13	8.8	5	3.1	0	0.0	0	0.0	33	4.6
	2 to 3 times a mo.	18	9.2	2	1.4	0	0.0	4	2.4	0	0.0	24	3.3
	Once a week	10	5.1	4	2.7	1	0.6	4	2.4	0	0.0	19	2.6
	2 to 3 times a week	6	3.1	4	2.7	2	1.3	2	1.2	0	0.0	14	1.9
	4 to 6 times a week	3	1.5	1	0.7	1	0.6	1	0.6	0	0.0	6	0.8
	Once a day or more	2	1.0	0	0.0	1	0.6	4	2.4	3	5.7	10	1.4
Total	Never	277	72.9	259	85.2	298	92.8	306	90.8	96	91.4	1236	85.4
	Once a month	25	6.6	16	5.3	9	2.8	5	1.5	0	0.0	55	3.8
	2 to 3 times a mo.	26	6.8	9	3.0	3	0.9	5	1.5	1	1.0	44	3.0
	Once a week	21	5.5	12	3.9	3	0.9	7	2.1	1	1.0	44	3.0
	2 to 3 times a week	19	5.0	5	1.6	4	1.2	4	1.2	1	1.0	33	2.3
	4 to 6 times a week	6	1.6	2	0.7	1	0.3	2	0.6	1	1.0	12	0.8
	Once a day or more	6	1.6	1	0.3	3	0.9	8	2.4	5	4.8	23	1.6

Frequency of intakes
Regular or draft beer

		40 - 49yr		50 - 59yr		60 - 69yr		70 - 79yr		80yr -		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Male	not recorded	0	0.0	1	0.6	0	0.0	0	0.0	0	0.0	1	0.1
	Never	54	29.2	33	21.2	61	37.7	88	51.8	23	44.2	259	35.7
	Once a month	14	7.6	13	8.3	13	8.0	14	8.2	4	7.7	58	8.0
	2 to 3 times a mo.	15	8.1	4	2.6	5	3.1	13	7.6	3	5.8	40	5.5
	Once a week	13	7.0	18	11.5	15	9.3	15	8.8	13	25.0	74	10.2
	2 to 3 times a week	37	20.0	26	16.7	26	16.0	13	7.6	5	9.6	107	14.8
	4 to 6 times a week	20	10.8	18	11.5	7	4.3	10	5.9	1	1.9	56	7.7
	Once a day or more	32	17.3	43	27.6	35	21.6	17	10.0	3	5.8	130	17.9
Female	not recorded	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
	Never	117	60.0	100	67.6	113	71.1	133	79.6	45	84.9	508	70.4
	Once a month	11	5.6	9	6.1	10	6.3	7	4.2	2	3.8	39	5.4
	2 to 3 times a mo.	12	6.2	5	3.4	8	5.0	4	2.4	0	0.0	29	4.0
	Once a week	14	7.2	12	8.1	10	6.3	9	5.4	1	1.9	46	6.4
	2 to 3 times a week	21	10.8	7	4.7	7	4.4	10	6.0	1	1.9	46	6.4
	4 to 6 times a week	12	6.2	4	2.7	6	3.8	1	0.6	1	1.9	24	3.3
	Once a day or more	8	4.1	11	7.4	5	3.1	3	1.8	3	5.7	30	4.2
Total	not recorded	0	0.0	1	0.3	0	0.0	0	0.0	0	0.0	1	0.1
	Never	171	45.0	133	43.8	174	54.2	221	65.6	68	64.8	767	53.0
	Once a month	25	6.6	22	7.2	23	7.2	21	6.2	6	5.7	97	6.7
	2 to 3 times a mo.	27	7.1	9	3.0	13	4.0	17	5.0	3	2.9	69	4.8
	Once a week	27	7.1	30	9.9	25	7.8	24	7.1	14	13.3	120	8.3
	2 to 3 times a week	58	15.3	33	10.9	33	10.3	23	6.8	6	5.7	153	10.6
	4 to 6 times a week	32	8.4	22	7.2	13	4.0	11	3.3	2	1.9	80	5.5
	Once a day or more	40	10.5	54	17.8	40	12.5	20	5.9	6	5.7	160	11.1

Frequency of intakes
Wine

		40 - 49yr		50 - 59yr		60 - 69yr		70 - 79yr		80yr -		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Male	Never	152	82.2	126	80.8	139	85.8	157	92.4	47	90.4	621	85.7
	Once a month	16	8.6	14	9.0	9	5.6	9	5.3	3	5.8	51	7.0
	2 to 3 times a mo.	7	3.8	9	5.8	7	4.3	3	1.8	0	0.0	26	3.6
	Once a week	5	2.7	3	1.9	4	2.5	1	0.6	1	1.9	14	1.9
	2 to 3 times a week	4	2.2	3	1.9	3	1.9	0	0.0	0	0.0	10	1.4
	4 to 6 times a week	1	0.5	1	0.6	0	0.0	0	0.0	1	1.9	3	0.4
	Once a day or more	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
Female	Never	172	88.2	124	83.8	146	91.8	154	92.2	52	98.1	648	89.8
	Once a month	14	7.2	9	6.1	5	3.1	8	4.8	1	1.9	37	5.1
	2 to 3 times a mo.	4	2.1	4	2.7	2	1.3	2	1.2	0	0.0	12	1.7
	Once a week	2	1.0	1	0.7	3	1.9	1	0.6	0	0.0	7	1.0
	2 to 3 times a week	0	0.0	7	4.7	2	1.3	1	0.6	0	0.0	10	1.4
	4 to 6 times a week	3	1.5	1	0.7	1	0.6	0	0.0	0	0.0	5	0.7
	Once a day or more	0	0.0	2	1.4	0	0.0	1	0.6	0	0.0	3	0.4
Total	Never	324	85.3	250	82.2	285	88.8	311	92.3	99	94.3	1269	87.7
	Once a month	30	7.9	23	7.6	14	4.4	17	5.0	4	3.8	88	6.1
	2 to 3 times a mo.	11	2.9	13	4.3	9	2.8	5	1.5	0	0.0	38	2.6
	Once a week	7	1.8	4	1.3	7	2.2	2	0.6	1	1.0	21	1.5
	2 to 3 times a week	4	1.1	10	3.3	5	1.6	1	0.3	0	0.0	20	1.4
	4 to 6 times a week	4	1.1	2	0.7	1	0.3	0	0.0	1	1.0	8	0.6
	Once a day or more	0	0.0	2	0.7	0	0.0	1	0.3	0	0.0	3	0.2

Frequency of intakes
 Hard liquor (such as whisky, brandy, gin, vodka, rum, cocktails, etc.)

		40 - 49yr		50 - 59yr		60 - 69yr		70 - 79yr		80yr -		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Male	Never	159	85.9	134	85.9	146	90.1	152	89.4	46	88.5	637	87.9
	Once a month	12	6.5	11	7.1	5	3.1	3	1.8	2	3.8	33	4.6
	2 to 3 times a mo.	6	3.2	5	3.2	5	3.1	2	1.2	1	1.9	19	2.6
	Once a week	3	1.6	3	1.9	2	1.2	6	3.5	2	3.8	16	2.2
	2 to 3 times a week	3	1.6	2	1.3	2	1.2	0	0.0	0	0.0	7	1.0
	4 to 6 times a week	0	0.0	0	0.0	0	0.0	4	2.4	1	1.9	5	0.7
	Once a day or more	2	1.1	1	0.6	2	1.2	3	1.8	0	0.0	8	1.1
Female	Never	193	99.0	144	97.3	157	98.7	163	97.6	52	98.1	709	98.2
	Once a month	1	0.5	2	1.4	1	0.6	1	0.6	0	0.0	5	0.7
	2 to 3 times a mo.	1	0.5	0	0.0	0	0.0	2	1.2	0	0.0	3	0.4
	Once a week	0	0.0	1	0.7	0	0.0	0	0.0	0	0.0	1	0.1
	2 to 3 times a week	0	0.0	0	0.0	0	0.0	1	0.6	1	1.9	2	0.3
	4 to 6 times a week	0	0.0	1	0.7	0	0.0	0	0.0	0	0.0	1	0.1
	Once a day or more	0	0.0	0	0.0	1	0.6	0	0.0	0	0.0	1	0.1
Total	Never	352	92.6	278	91.4	303	94.4	315	93.5	98	93.3	1346	93.0
	Once a month	13	3.4	13	4.3	6	1.9	4	1.2	2	1.9	38	2.6
	2 to 3 times a mo.	7	1.8	5	1.6	5	1.6	4	1.2	1	1.0	22	1.5
	Once a week	3	0.8	4	1.3	2	0.6	6	1.8	2	1.9	17	1.2
	2 to 3 times a week	3	0.8	2	0.7	2	0.6	1	0.3	1	1.0	9	0.6
	4 to 6 times a week	0	0.0	1	0.3	0	0.0	4	1.2	1	1.0	6	0.4
	Once a day or more	2	0.5	1	0.3	3	0.9	3	0.9	0	0.0	9	0.6

Frequency of intakes
Regular coffee

		40 - 49yr		50 - 59yr		60 - 69yr		70 - 79yr		80yr -		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Male	not recorded	1	0.5	0	0.0	0	0.0	0	0.0	0	0.0	1	0.1
	Never	11	5.9	14	9.0	18	11.1	24	14.1	10	19.2	77	10.6
	Once a month	1	0.5	3	1.9	2	1.2	11	6.5	1	1.9	18	2.5
	2 to 3 times a mo.	5	2.7	1	0.6	1	0.6	6	3.5	2	3.8	15	2.1
	Once a week	7	3.8	4	2.6	4	2.5	10	5.9	5	9.6	30	4.1
	2 to 3 times a week	11	5.9	10	6.4	11	6.8	14	8.2	3	5.8	49	6.8
	4 to 6 times a week	5	2.7	5	3.2	5	3.1	5	2.9	1	1.9	21	2.9
	Once a day or more	144	77.8	119	76.3	121	74.7	100	58.8	30	57.7	514	70.9
Female	not recorded	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
	Never	20	10.3	15	10.1	22	13.8	27	16.2	15	28.3	99	13.7
	Once a month	2	1.0	3	2.0	5	3.1	11	6.6	1	1.9	22	3.0
	2 to 3 times a mo.	3	1.5	5	3.4	6	3.8	12	7.2	2	3.8	28	3.9
	Once a week	5	2.6	3	2.0	8	5.0	14	8.4	6	11.3	36	5.0
	2 to 3 times a week	10	5.1	8	5.4	18	11.3	19	11.4	7	13.2	62	8.6
	4 to 6 times a week	8	4.1	5	3.4	8	5.0	7	4.2	2	3.8	30	4.2
	Once a day or more	147	75.4	109	73.6	92	57.9	77	46.1	20	37.7	445	61.6
Total	not recorded	1	0.3	0	0.0	0	0.0	0	0.0	0	0.0	1	0.1
	Never	31	8.2	29	9.5	40	12.5	51	15.1	25	23.8	176	12.2
	Once a month	3	0.8	6	2.0	7	2.2	22	6.5	2	1.9	40	2.8
	2 to 3 times a mo.	8	2.1	6	2.0	7	2.2	18	5.3	4	3.8	43	3.0
	Once a week	12	3.2	7	2.3	12	3.7	24	7.1	11	10.5	66	4.6
	2 to 3 times a week	21	5.5	18	5.9	29	9.0	33	9.8	10	9.5	111	7.7
	4 to 6 times a week	13	3.4	10	3.3	13	4.0	12	3.6	3	2.9	51	3.5
	Once a day or more	291	76.6	228	75.0	213	66.4	177	52.5	50	47.6	959	66.3

Frequency of intakes
Black tea

		40 - 49yr		50 - 59yr		60 - 69yr		70 - 79yr		80yr -		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Male	Never	127	68.6	120	76.9	133	82.1	131	77.1	42	80.8	553	76.3
	Once a month	11	5.9	10	6.4	10	6.2	11	6.5	3	5.8	45	6.2
	2 to 3 times a mo.	15	8.1	5	3.2	3	1.9	5	2.9	3	5.8	31	4.3
	Once a week	14	7.6	7	4.5	7	4.3	6	3.5	1	1.9	35	4.8
	2 to 3 times a week	6	3.2	4	2.6	3	1.9	7	4.1	2	3.8	22	3.0
	4 to 6 times a week	4	2.2	1	0.6	1	0.6	1	0.6	0	0.0	7	1.0
	Once a day or more	8	4.3	9	5.8	5	3.1	9	5.3	1	1.9	32	4.4
Female	Never	92	47.2	92	62.2	96	60.4	94	56.3	34	64.2	408	56.5
	Once a month	15	7.7	6	4.1	9	5.7	20	12.0	2	3.8	52	7.2
	2 to 3 times a mo.	19	9.7	7	4.7	17	10.7	15	9.0	2	3.8	60	8.3
	Once a week	26	13.3	16	10.8	13	8.2	12	7.2	6	11.3	73	10.1
	2 to 3 times a week	19	9.7	10	6.8	11	6.9	18	10.8	6	11.3	64	8.9
	4 to 6 times a week	9	4.6	2	1.4	4	2.5	1	0.6	2	3.8	18	2.5
	Once a day or more	15	7.7	15	10.1	9	5.7	7	4.2	1	1.9	47	6.5
Total	Never	219	57.6	212	69.7	229	71.3	225	66.8	76	72.4	961	66.4
	Once a month	26	6.8	16	5.3	19	5.9	31	9.2	5	4.8	97	6.7
	2 to 3 times a mo.	34	8.9	12	3.9	20	6.2	20	5.9	5	4.8	91	6.3
	Once a week	40	10.5	23	7.6	20	6.2	18	5.3	7	6.7	108	7.5
	2 to 3 times a week	25	6.6	14	4.6	14	4.4	25	7.4	8	7.6	86	5.9
	4 to 6 times a week	13	3.4	3	1.0	5	1.6	2	0.6	2	1.9	25	1.7
	Once a day or more	23	6.1	24	7.9	14	4.4	16	4.7	2	1.9	79	5.5