

Fig. 3. BPS-induced mobilization of bone marrow cells. (A) Expression of prostacyclin receptor (IP receptor) on bone marrow cells. (B–E) Quantification of BPS-induced MNC mobilization by FACS analysis. Administration of BPS markedly increased the number of circulating progenitor cells such as CD34-positive cells and c-kit-positive cells. BPS also increased the number of CD45-positive hematopoietic lineage cells. Data are expressed as means \pm SEM. * $p < 0.05$, ** $p < 0.01$ vs. Control group.

biological activities of BPS appear to be insufficient to explain the decrease in infarct size as well as suppression of LV remodeling.

Recent studies have shown that mobilization of bone marrow cells by cytokines promotes myocardial repair and regeneration after acute myocardial infarction [5,6]. In the present study, three-day administration of BPS markedly increased the number of circulating progenitor cells such as CD34-positive cells and c-kit-positive cells in rats. In addition, treatment with BPS enhanced recruitment of bone marrow cells to the ischemic myocardium and increased capillary density in the peri-infarct area. Earlier studies have shown that CD34-positive cells have angiogenic potential to treat ischemic heart [29–31]. Also, another stem cell fraction, c-kit-positive cells have ability to repair ischemic myocardium by differentiating into vascular endothelial cells [32,33]. These findings suggest that administered BPS induces neovascularization partly via enhancement of bone marrow cell mobilization. RT-PCR demonstrated that IP receptor mRNA was expressed in bone marrow cells, indicating a direct effect of BPS on these cells. A recent study has shown that BPS increases eNOS expression in cultured endothelial cells through activation of c-AMP/Protein kinase A signal transduction [19]. Also, earlier studies have shown that eNOS plays essential role in the recruitment of EPCs to the ischemic myocardium [20]. Taken together, administered BPS may act as a

potent stimulator of cell mobilization from bone marrow, although further studies are necessary to examine the underlying mechanisms.

In the present study, treatment with BPS significantly attenuated infarct size after myocardial infarction. BPS improved cardiac function and attenuated the development of LV remodeling after acute myocardial infarction, as indicated by increases in LV fractional shortening and maximum dP/dt , and decreases in LVEDP and LVDD. Taken together, BPS may attenuate myocardial infarction through enhancement of neovascularization via modification of bone marrow kinetics. Interestingly, a small fraction of mobilized bone marrow cells expressed cardiac troponin T in the ischemic myocardium in the BPS group, suggesting that BPS may partially contribute to myocardial regeneration after acute myocardial infarction. Earlier studies have demonstrated that BPS has other beneficial effects for ischemic heart disease including anti-thrombotic activity [34], inhibition of reperfusion injury [35], and prevention of coronary spasm [36], and re-stenosis [37]. These findings suggest that administration of BPS may be a promising therapy for acute myocardial infarction.

Granulocyte colony stimulating factor (G-CSF) is currently used agent for mobilization of bone marrow. Infusion of G-CSF after myocardial infarction improves LV function increasing peripheral stem cell fraction [5,38]. A recent clinical trial, however, claimed the G-CSF therapy

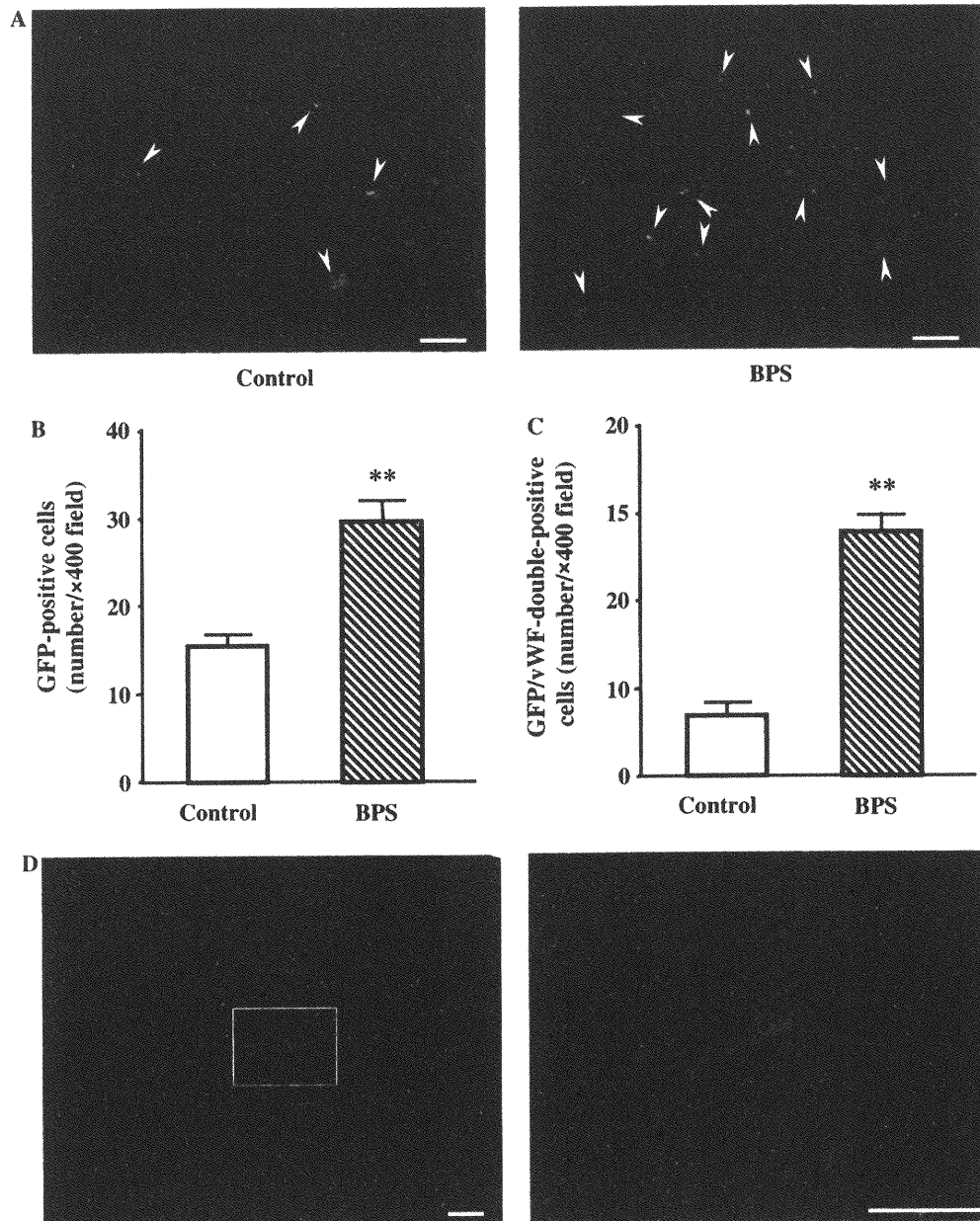


Fig. 4. BPS-induced neovascularization. (A) Representative immunofluorescent images stained with antibodies to von-Willbrand factor (vWF, red) and green fluorescent protein (GFP, green). Nuclei were counterstained with DAPI (blue). (B,C) Semi-quantitative analyses of numbers of GFP-positive cells and GFP-vWF double-positive cells in the peri-infarct area. (D) Representative immunofluorescent image of GFP-positive cells (green) expressing cardiac troponin T (red) observed in the BPS group. Scale bars = 50 μ m. Data are expressed as means \pm SEM. ** $p < 0.01$ vs. Control group.

has serious problem with re-stenosis after recanalization [39]. On the other hand, the safety of BPS has been identified in the treatment of peripheral arterial disease [12,13] and pulmonary arterial hypertension [14,15]. A randomized, controlled clinical trial failed to demonstrate therapeutic potential of prostacyclin for the treatment of severe congestive heart failure [40], which has long discouraged the pursuit of prostacyclin as a therapeutic option for the treatment of acute myocardial infarction. Interestingly, however, double-blinded, randomized, placebo-controlled, large-scale studies showed that treatment with BPS decreased vascular events in patients with peripheral

arterial disease [41,42]. Thus, adequate use of BPS for only acute myocardial infarction may have beneficial effects on ischemic myocardium, although further preclinical trials are required to verify the safety and efficacy of BPS.

Conclusion

In summary, administration of BPS improved cardiac structure and function in rats with acute myocardial infarction. This beneficial effect of BPS may be mediated partly by its ability to enhance neovascularization in ischemic myocardium by mobilizing bone marrow cells.

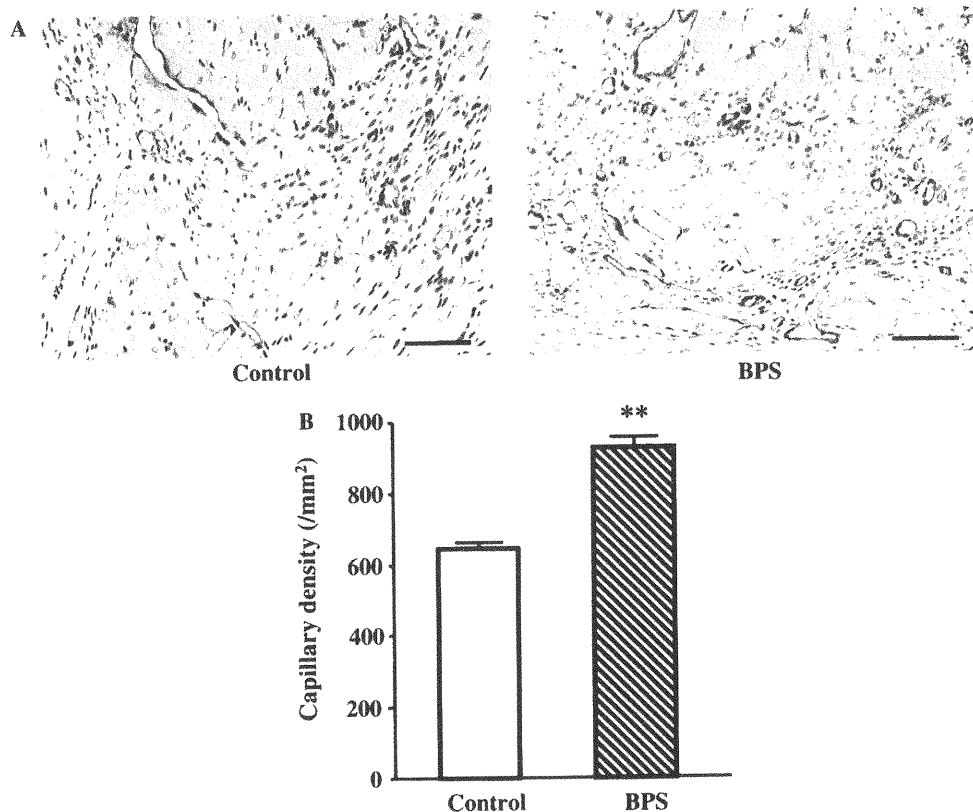


Fig. 5. (A) Representative samples stained with antibody to von Willebrand factor by bright-field DAB. (B) Quantitative analysis of capillary density in peri-infarct area. Administration of BPS increased capillary density by 37%. Scale bars = 50 μm . Data are expressed as means \pm SEM. ** $p < 0.01$ vs. Control group.

Acknowledgment

This work was supported by research grants for Cardiovascular Disease (16C-6) from the Ministry of Health, Labor and Welfare, and for Japan Vascular Disease Research Foundation.

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補助人工心臓の現況

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はじめに

各種治療法の進歩により心不全の治療成績は向上してきた。しかし、高度心筋障害を伴う心不全に対しては、心臓ポンプ機能を機械的に代行する補助人工心臓の適応が考慮される。本稿において我が国の現状を概説する。

我が国で現在用いられる補助人工心臓 (ventricular assist system: VAS)¹⁾

補助人工心臓 (VAS) は、自己心臓を温存し自己心の近傍に設置する人工心臓で、血液ポンプを体外に設置するタイプと、体内に植込むタイプがある。

(1) 体外設置型VAS

体外設置型は、急性重症心不全において自己心回復を図るための1ヶ月程度の循環補助を目指して開発が進められた。我が国での開発は、日本ゼオン/アイシン精機製東京大学型と、東洋紡製国立循環器病センター(国循)型の2種のシステムが行なわれ、1980年代には臨床応用が開始された。その後、世界に先駆けて1994年に施設限定で健康保険に採用された²⁾。最近チューブ型の血液ポンプで、体から離れて設置するタイプのAbiomed製BVS 5000も用いられるようになったが、これはベッド上管理が必要であり1-2週程度の使用が想定されている。

最近東大型は製造が中止され、体外設置型としては東洋紡製国循型(図1左上)が用いられる。血液ポンプは、セグメント化ポリウレタン製の空気圧駆動ダイアフラム型で、1回拍出量70 ml、最大拍出

量7 l/minの補助能力がある。制御駆動装置は、固有レートと心電図同期駆動が可能で、VCT-50では、内蔵バッテリーおよび空圧ポンプにより病院内移動が可能である。また、最近開発された小型駆動装置(モバートNCVC)は、装着患者のQOL向上が期待されている。装着法は、左心補助(LVAS)では当初左房脱血-上行大動脈送血方式であった。しかし、自己左室内での血栓形成や変動する脱血量などの問題があり、1999年からは、左室の直接減圧が可能で左室内血栓形成の危険性も減少する左室心尖脱血方式(図1左)が用いられている。右心補助(RVAS)は、右房脱血-主肺動脈送血方式で行われる。送・脱血管は上腹部で体外へ出し、上腹部に設置された血液ポンプに接続される。

(2) 体内植え込み型左心補助人工心臓

長期使用を目的として米国で開発されたWorld-Heart社製Novacor LVAS(図1右上)およびThoratec社製HeartMate-VE(Vented Electric) LVAD(図1右中)が、我が国に導入されている。Novacorは電磁力駆動プッシャープレート型で、耐久性に優れている。HeartMate-VEは、モーター駆動プッシャープレート型で血液接触面を粗面構造とすることで良好な抗血栓性が得られている。また、HeartMateには空気圧駆動(Implantable pneumatic type(IP))方式があり、VE typeで駆動系に問題が生じた場合、空気圧駆動が可能である。なお、両者とも左室心尖脱血-上行大動脈送血である。装着は、駆動部を含む血液ポンプを左腹壁内あるいは腹腔内に収納し、制御用およびエネルギー供給用のチューブを腹壁を介して体外へ出し、制御装置およびエネル

Mesenchymal stem cells attenuate cardiac fibroblast proliferation and collagen synthesis through paracrine actions

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Received 2 July 2007; accepted 12 July 2007

Available online 23 July 2007

Edited by Veli-Pekka Lehto

Abstract Mesenchymal stem cells (MSC) transplantation has been shown to decrease fibrosis in the heart; however, whether MSC directly influence the function of cardiac fibroblasts (CFB) remains unknown. MSC-conditioned medium significantly attenuated proliferation of CFB compared with CFB-conditioned medium. MSC-conditioned medium upregulated antiproliferation-related genes such as elastin, myocardin and DNA-damage inducible transcript 3, whereas CFB-conditioned medium upregulated proliferation-related genes such as alpha-2-macroglobulin and v-kit Hardy-Zuckerman 4 feline sarcoma viral oncogene homolog. MSC-conditioned medium significantly downregulated type I and III collagen expression, and significantly suppressed type III collagen promoter activity. MSC may exert paracrine anti-fibrotic effects at least in part through regulation of CFB proliferation and collagen synthesis.

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Keywords: Mesenchymal stem cell; Cardiac fibroblast; Cell proliferation; Collagen; Paracrine effect; Collagenase activity

1. Introduction

Mesenchymal stem cells (MSC) can differentiate into a variety of cell types including cardiomyocytes and vascular endothelial cells, and can be easily isolated from bone marrow and expanded in culture [1]. These features make MSC an attractive therapeutic tool for cardiovascular disease. We and others have previously demonstrated that MSC transplantation caused significant improvement in hindlimb ischemia [2], myocardial infarction [3,4], dilated cardiomyopathy [5] and acute myocarditis [6]. MSC transplantation has been shown

to result in cardiac repair and protection at least in part through paracrine actions such as angiogenic, anti-apoptotic, and anti-inflammatory effects [2,3,5–10]. In addition, it has been demonstrated in animal models that MSC transplantation decreases fibrosis in the heart [5] and other organs such as lung [11,12], liver [13,14] and kidney [15]. However, whether transplanted MSC directly influence the function of cardiac fibroblasts (CFB) remains unknown.

Deposition of collagen fibers in the myocardial interstitium occurs in the remodeling process seen in a variety of cardiovascular diseases, and CFB are predominantly involved in the maintenance of extracellular matrix such as types I and III collagen by cell proliferation, collagen synthesis and degradation [16]. Collagen synthesis is regulated by fibrogenic factors, and collagen degradation is mediated by members of the matrix metalloproteinases (MMPs), which are also regulated by tissue inhibitors of metalloproteinases [17,18].

Thus, we investigated the paracrine effects of MSC on (1) CFB proliferation, (2) collagen synthesis and (3) collagen degradation *in vitro*.

2. Materials and methods

2.1. Cell culture and collection of conditioned medium

Isolation and expansion of MSC were performed as described previously [2]. Briefly, bone marrow cells were isolated from male Lewis rats weighing 220–250 g by flushing out the femoral and tibial cavities with phosphate-buffered saline, and cultured in standard medium: α -minimal essential medium, 10% fetal bovine serum, 100 U/ml penicillin and 100 μ g/ml streptomycin. Five days after plating, non-adherent cells were removed, and adherent cells were further propagated for 4–5 passages. These cells were previously demonstrated to be positive for CD29 and CD90 surface markers, and negative for CD34 and CD45 [5]. The Animal Care Committee of the National Cardiovascular Center approved the experimental protocol.

Primary CFB were obtained as described previously with modification [19]. Briefly, after heparinization by intraperitoneal injection of 1000 U/kg heparin sodium, the heart was rapidly excised, and pulmonary, connective and other non-cardiac tissues were removed. The heart was then mounted on the cannula of a modified Langendorff apparatus and perfused with buffer containing 0.75 mg/ml collagenase type I (Worthington, Lakewood, NJ), 0.5 mg/ml hyaluronidase (Sigma-Aldrich, St. Louis, MO) and 1% bovine serum albumin (fraction V, ICN, Aurora, OH), in a recirculating fashion for 3 h. After perfusion, the heart was removed from the perfusion apparatus, and the atrium was removed and gently minced. CFB were gravitationally separated from cardiomyocytes, and cultured in standard medium.

Conditioned medium was collected from MSC and CFB after the second passage of 3×10^5 cells cultured in standard medium for 48 h, and filtered through a 0.22 μ m-filtration unit (Millipore, Bedford, MA).

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Abbreviations: MSC, mesenchymal stem cell; CFB, cardiac fibroblast; MMP, matrix metalloproteinase; qRT-PCR, quantitative real-time reverse-transcription polymerase chain reaction; Gapdh, glyceraldehyde 3-phosphate dehydrogenase; A2m, alpha-2-macroglobulin; Kit, v-kit Hardy-Zuckerman 4 feline sarcoma viral oncogene homolog; Catn1, catenin alpha 1; Rarb, retinoic acid receptor beta; Eln, elastin; Myocd, myocardin; Ddit3, DNA-damage inducible transcript 3

2.2. MTS assay

We investigated the paracrine effects of MSC on fibroblast proliferation *in vitro*. Experiments were carried out using cells derived from five passages. CFB were plated on 96-well plates (4×10^3 cells/well). After 24 h, the medium was changed to conditioned medium obtained from MSC or CFB culture for 48 h. After 48 h, the cellular level of 3-(4,5-dimethylthiazol-2-yl)-5-(3-carboxymethoxyphenyl)-2-(4-sulfophenyl)-2H-tetrazolium (MTS), indicative of the mitochondrial function of living cells and cell viability, was measured with a CellTiter96 Aqueous One Solution Kit (Promega, Madison, WI) and a Microplate Reader (490 nm, Bio-Rad, Hercules, CA).

2.3. Microarray analysis

Total RNA was extracted from cells using an RNeasy Mini Kit (Qiagen, Hilden, Germany) according to the manufacturer's instructions. RNA was quantified by spectrometry and the quality confirmed by gel electrophoresis. Microarray analysis was performed as described previously [20]. In brief, double-stranded cDNA was synthesized from 4 µg total RNA, and *in vitro* transcription was performed to produce biotin-labeled cRNA using GeneChip One-Cycle Target Labeling and Control Reagents (Affymetrix, Santa Clara, CA) according to the manufacturer's instructions. After fragmentation, 10 µg cRNA was hybridized with GeneChip Rat Genome 230 2.0 Array (Affymetrix) containing 31 099 genes. GeneChips were then scanned in a GeneChip Scanner 3000 (Affymetrix). Normalization, filtering, and Gene Ontology analysis of the data were performed with GeneSpring GX 7.3.1 software (Agilent Technologies, Palo Alto, CA). The raw data from each array were normalized as follows; each CEL file was preprocessed with Robust Multichip Average (RMA), and each measurement for each gene was divided by the 80th percentile of all measurements. Genes with an at least 1.8-fold change were then selected.

2.4. Quantitative real-time reverse-transcription polymerase chain reaction (qRT-PCR)

One microgram of total RNA was reverse-transcribed into cDNA using a Quantitect Reverse Transcription Kit (Qiagen). PCR amplification was performed in 50 µl containing 1 µl cDNA and 25 µl Power SYBR Green PCR Master Mix (Applied Biosystems, Foster City, CA). Glyceraldehyde 3-phosphate dehydrogenase (Gapdh) mRNA amplified from the same samples served as an internal control. Primers used in qRT-PCR analysis were as follows: Col1a1: forward, 5'-TCAAGATGGTGGCCGTTAC-3', reverse, 5'-CTGCGGATGTC-TCAATCTG-3', Col3a1: forward, 5'-CGAGATTAAGCAA-GAGGAA-3', reverse, 5'-GAGGCTTCTTACATACCAC-3', Gapdh: forward, 5'-TGAAGGTCCGTGTCAACGGATTTGGC-3', reverse, 5'-CATGTAGGCCATGAGGTCCACCAC-3'. After an initial denaturation at 95°C for 10 min, a two-step cycle procedure was used (denaturation at 95°C for 15 s, annealing and extension at 60°C for 1 min) for 40 cycles in a 7700 sequence detector (Applied Biosystems). Gene expression levels were normalized according to that of Gapdh. The data were analyzed with Sequence Detection Systems software (Applied Biosystems).

2.5. Transient transfection and reporter gene assay

Transient transfection and subsequent reporter gene assay were performed as described previously with modification [21]. The Col1a1 clones containing the promoter fragments -1685/+68Luc and -96/+68Luc were provided by Dr. H. Yoshioka of Oita University, Japan. CFB were plated at a density of 1×10^4 cells in 96-well plates with 100 µl culture medium. After incubation for 24 h at 37°C, cells were transfected with 200 ng luciferase plasmid DNA plus 10 ng Renilla phRL-TK vector (Promega, Madison, WI) as an internal control, using lipofectamine2000 (Invitrogen). Six hours after transfection, cells were rinsed with PBS, fed with conditioned medium obtained from MSC or CFB culture, and then further cultured for 48 h. Reporter gene assay was performed using the Dual-Glo Luciferase reporter assay system (Promega), and the luminescence intensity was measured using a microplate reader (Dia-latron, Tokyo, Japan), according to the manufacturer's protocol. The transcription activity was normalized according to Renilla luciferase activity.

2.6. Collagenase activity

Collagenase activity assay was performed using a collagenase assay kit (Chondrex, Redmond, WA) following the manufacturer's instruc-

tions. CFB were cultured in CFB- or MSC-conditioned medium with fluorescein isothiocyanate-labeled type I collagen for 48 h, and degraded collagen was extracted by denaturation, proteinase treatment and centrifugation. Fluorescence intensity was measured using a fluorometer (Tecan, Salzburg, Austria) at excitation/emission of 485/535 nm.

2.7. Statistical analysis

Data were expressed as means \pm standard error (S.E.). Comparisons of parameters among groups were made by one-way ANOVA, followed by Newman-Keuls' test. Differences were considered significant at $P < 0.05$.

3. Results

3.1. Effect of MSC-conditioned medium on proliferation of CFB

To investigate the effect of MSC-conditioned medium on CFB proliferation, we cultured CFB in standard medium, CFB- or MSC-conditioned medium for 48 h, and MTS assay was performed. Viable cell number was significantly larger when CFB were cultured in CFB-conditioned medium compared with standard medium, whereas this increase was not observed when CFB were cultured in MSC-conditioned medium (Fig. 1A, B). These results suggest that MSC attenuates proliferation of CFB through paracrine actions.

3.2. Effect of MSC-conditioned medium on expression of genes involved in cell proliferation in CFB

We next performed microarray analysis to examine the effect of MSC-conditioned medium on the expression of genes involved in the regulation of cell proliferation in CFB. Highly expressed genes in CFB cultured in CFB-conditioned medium (>1.8-fold) included positive regulators for cell proliferation such as alpha-2-macroglobulin (A2m) and v-kit Hardy-Zuckerman 4 feline sarcoma viral oncogene homolog (Kit), as well as negative regulators for cell proliferation such as catenin alpha 1 (Catn1) and retinoic acid receptor beta (Rarb). On the other hand, CFB cultured in MSC-conditioned medium highly expressed negative regulators for cell proliferation such as elastin (Eln), myocardin (Myocd) and DNA-damage inducible transcript 3 (Ddit3) (Table 1).

3.3. Effect of MSC-conditioned medium on collagen gene expression

To investigate the effect of MSC-conditioned medium on collagen gene expression, we performed qRT-PCR on types I and III collagen genes (Col1a1 and Col3a1, respectively) in CFB. Expression of Col1a1 and Col3a1 genes was significantly upregulated when CFB were cultured in CFB-conditioned medium in comparison to standard medium. However, this increase was significantly attenuated when CFB were cultured in MSC-conditioned medium (Fig. 2A, B).

3.4. Effect of MSC-conditioned medium on collagen gene promoter activity

To investigate the effect of MSC-conditioned medium on Col3a1 gene promoter activity, we performed reporter gene assay in CFB. We prepared -1685/+68Luc and -96/+68Luc constructs (Fig. 3A), as the -96 to -34 region has been reported to be fundamental for Col3a1 gene transcription [21]. The activity of -1685/+68Luc was significantly higher in

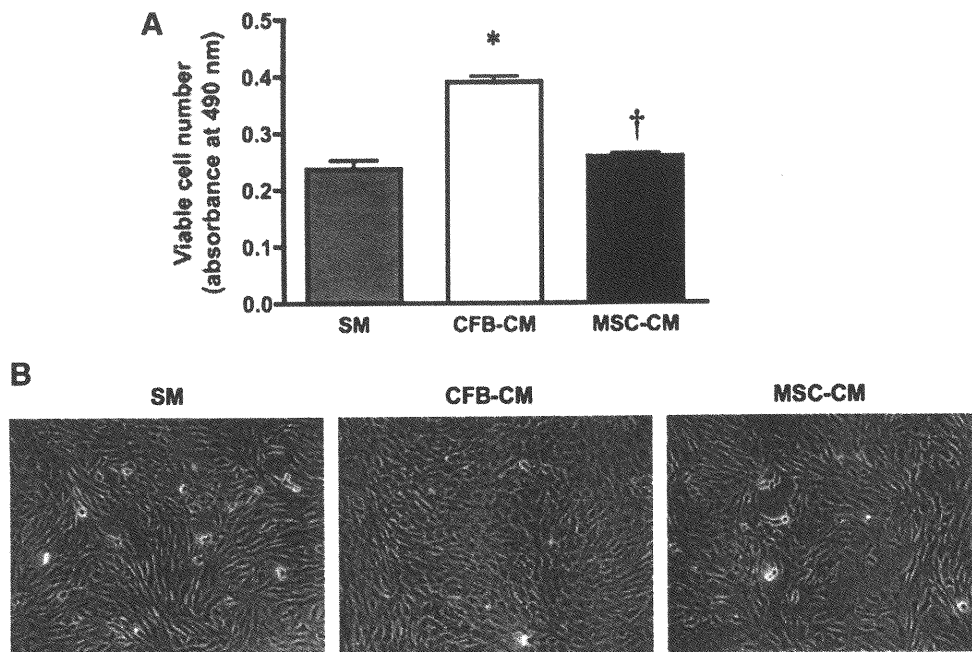


Fig. 1. Effect of MSC-conditioned medium on CFB proliferation MTS assay (A) and representative photographs (B) of CFB after 48 h of culture in the indicated medium. SM, standard medium; CM, conditioned medium. Values are means \pm S.E. * $P < 0.05$ vs SM, † $P < 0.05$ vs CFB-CM.

Table 1
Expression of genes involved in regulation of cell proliferation (>1.8-fold)

Gene name	Action on cell proliferation	Fold change
<i>Genes highly expressed in CFB-conditioned medium</i>		
catenin, alpha 1 (Catn1)	Neg	2.3
retinoic acid receptor, beta (Rarb)	Neg	2.1
alpha-2-macroglobulin (A2m)	Pos	2.0
v-kit Hardy-Zuckerman 4 feline sarcoma viral oncogene homolog (Kit)	Pos	1.8
<i>Genes highly expressed in MSC-conditioned medium</i>		
elastin (Eln)	Neg	3.8
myocardin (Myocd)	Neg	1.9
DNA-damage inducible transcript 3 (Ddit3)	Neg	1.8

CFB-conditioned medium as compared to standard medium, whereas it was markedly decreased in MSC-conditioned medium (Fig. 3B). However, the activity of $-96/+68$ Luc was not affected in either CFB- or MSC-conditioned medium. These results suggest that MSC-conditioned medium inhibits Col3a1 gene transcription through regulation of the -1685 to -96 promoter region.

3.5. Effect of MSC-conditioned medium on collagenase activity

We finally investigated the effect of MSC-conditioned medium on collagen degradation. Type I collagenase activity was markedly higher in CFB-conditioned medium than in standard medium; however, MSC-conditioned medium had

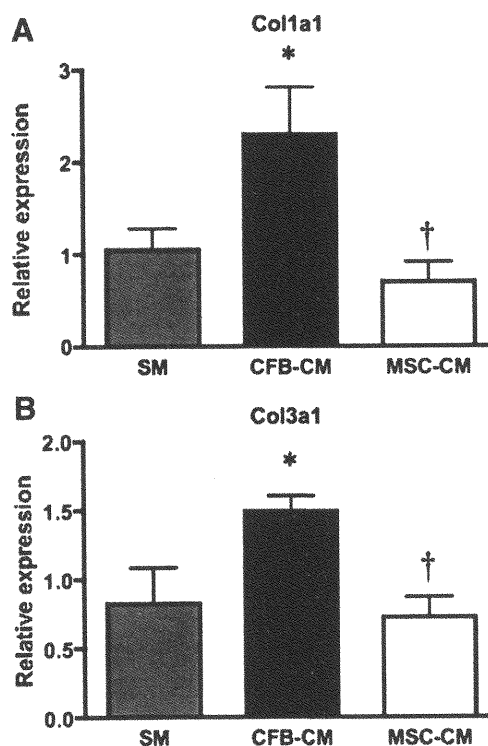


Fig. 2. Effect of MSC-conditioned medium on collagen gene expression (A) Quantitative RT-PCR for Col1a1 expression in CFB after 48 h of culture in the indicated medium. (B) Quantitative RT-PCR for Col3a1 expression in CFB after 48 h of culture in the indicated medium. SM, standard medium; CM, conditioned medium. Values are means \pm S.E. * $P < 0.05$ vs SM, † $P < 0.05$ vs CFB-CM.

as high collagenase activity as CFB-conditioned medium (Fig. 4).

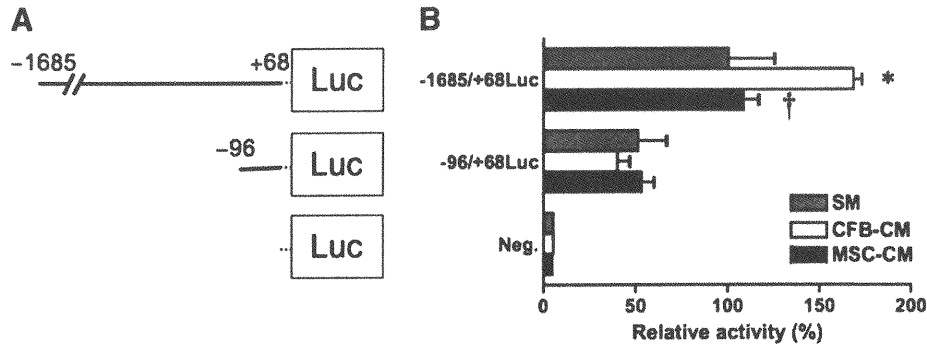


Fig. 3. Effect of MSC-conditioned medium on type III collagen gene promoter activity (A) Schematic illustration of 5'-deletion constructs of the Col3a1 promoter. (B) Luciferase activity in CFB after 48 hours of transfection of reporter plasmids and culture in the indicated medium. All constructs were co-transfected with the phRL-TK vector as an internal control for transfection efficiency. SM, standard medium; CM, conditioned medium. Values are means \pm S.E. * P < 0.05 vs SM, † P < 0.05 vs CFB-CM.

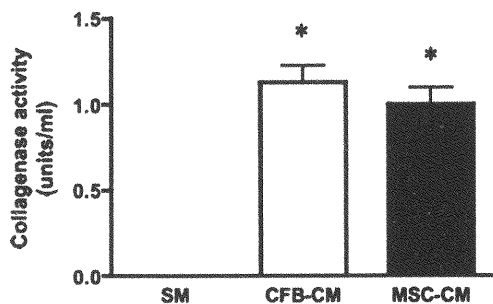


Fig. 4. Effect of MSC-conditioned medium on collagenase activity. Type I collagenase activity of the indicated medium. SM, standard medium; CM, conditioned medium. Values are means \pm S.E. * P < 0.05 vs SM.

4. Discussion

In this study, we focused on the paracrine effects of MSC on CFB *in vitro*, and demonstrated that MSC-conditioned medium: (1) attenuated CFB proliferation, (2) regulated expression of several genes involved in CFB proliferation, (3) transcriptionally inhibited type I and III collagen gene expression in CFB, and (4) had comparable collagenase activity to that of CFB-conditioned medium.

We and others have previously demonstrated that MSC mediate pleiotropic effects by secreting a large number of growth factors, anti-apoptotic factors and cytokines [2,3,5–10]. In addition, we have recently reported that MSC transplantation improved cardiac function at least in part through an anti-fibrotic effect in a rat model of dilated cardiomyopathy and acute myocarditis [5,6], and also demonstrated that the highly expressed genes in cultured MSC included a number of molecules involved in biogenesis of extracellular matrix such as collagens, MMPs, serine proteases and serine protease inhibitors [20]. These results suggest that transplanted MSC may inhibit the fibrogenic process through paracrine actions.

In the present study, CFB proliferation was slower when they were cultured in MSC-conditioned medium than in CFB-conditioned medium, and microarray analysis demonstrated that the expression levels of several genes involved in cell proliferation were differently regulated. Out of four highly expressed genes in CFB cultured in CFB-conditioned medium,

two genes (A2m and Kit) are known to positively regulate cell proliferation, whereas the other two genes (Catn1 and Rarb) are known to be negative regulators. Catn1 encodes α -catenin which interacts with cadherin, a cell adhesion molecule, and targeted deletion of Catn1 in either the skin or in neuronal progenitor cells leads to hyperproliferation [22]. Rarb encodes a member of retinoic acid receptors, and regulated cell growth and differentiation in a variety of cells [23]. A2m encodes a plasma proteinase inhibitor [24], and induces macrophage proliferation through cAMP-dependent signaling [25]. Kit encodes c-kit protein, a tyrosine kinase receptor for stem cell factor, and ectopic expression of c-kit in fibroblasts induces tumorigenesis [26]. On the other hand, three negative regulators of cell proliferation were upregulated in CFB cultured in MSC-conditioned medium. Eln encodes a polymer of a precursor protein (tropoelastin), and impaired elastogenesis coincides with increased cell proliferation [27]. Mycd encodes a transcription factor important for smooth muscle and cardiac muscle development, and inactivation of Mycd in fibroblasts increases their proliferative potential [28]. Ddit3 belongs to the CCAAT/enhancer binding protein family of transcription factors, and exogenous Ddit3 is capable of inducing growth arrest and apoptosis [29]. Taking these findings together, MSC may negatively regulate CFB proliferation by controlling these factors, although the precise mechanism remains to be elucidated.

Types I and III collagen are the major fibrillar collagen produced by CFB, and the expression of collagen genes is regulated at the transcriptional and post-transcriptional levels [30]. It has been suggested that an initial mesh of type III collagen forms the scaffold for subsequent deposition of large, highly aligned type I collagen fibers at the fibrotic phase after myocardial infarction [31]. In the present study, the expression of Col1a1 as well as Col3a1 was downregulated when CFB were cultured in MSC-conditioned medium. This result is consistent with a recent study by Guo et al., which demonstrated that MSC transplantation in a rat model of myocardial infarction inhibited deposition of types I and III collagen [32]. Although the transcriptional mechanism of the Col3a1 gene is not entirely characterized, our *in vitro* experiments suggest that, in comparison to CFB-conditioned medium, MSC-conditioned medium may be rich in humoral factors that can inactivate transcription, or poor in humoral factors that can activate transcription, of Col3a1.

Collagenase (MMP-1) and gelatinase (MMP-2 and -9) activity are known to be elevated during the necrotic phase of infarct healing, and are involved in disruption of the collagen network [33]. In the present study, type I collagenase activity of MSC-conditioned medium was as high as that of CFB-conditioned medium. Type I collagen is a substrate for MMP-1, -2, -8 and -13, and the mechanisms involved in the differential regulation of the various collagen types during cardiac fibrosis appear to be complex and diverse [34]. However, our results imply that MSC have equivalent paracrine effects on type I collagenase activity to those of CFB.

In conclusion, MSC exerted paracrine anti-fibrotic effects at least in part through regulation of CFB proliferation and transcriptional downregulation of types I and III collagen syntheses. These features of MSC may be beneficial for the treatment of heart failure in which fibrotic changes are involved.

Acknowledgements: This work was supported by research grants for Cardiovascular Disease (18C-1 and 19C-7) and Human Genome Tissue Engineering 009 from the Ministry of Health, Labour and Welfare, and by the Japan Vascular Disease Research Foundation.

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