

Distribution of DEHP in rat testis.

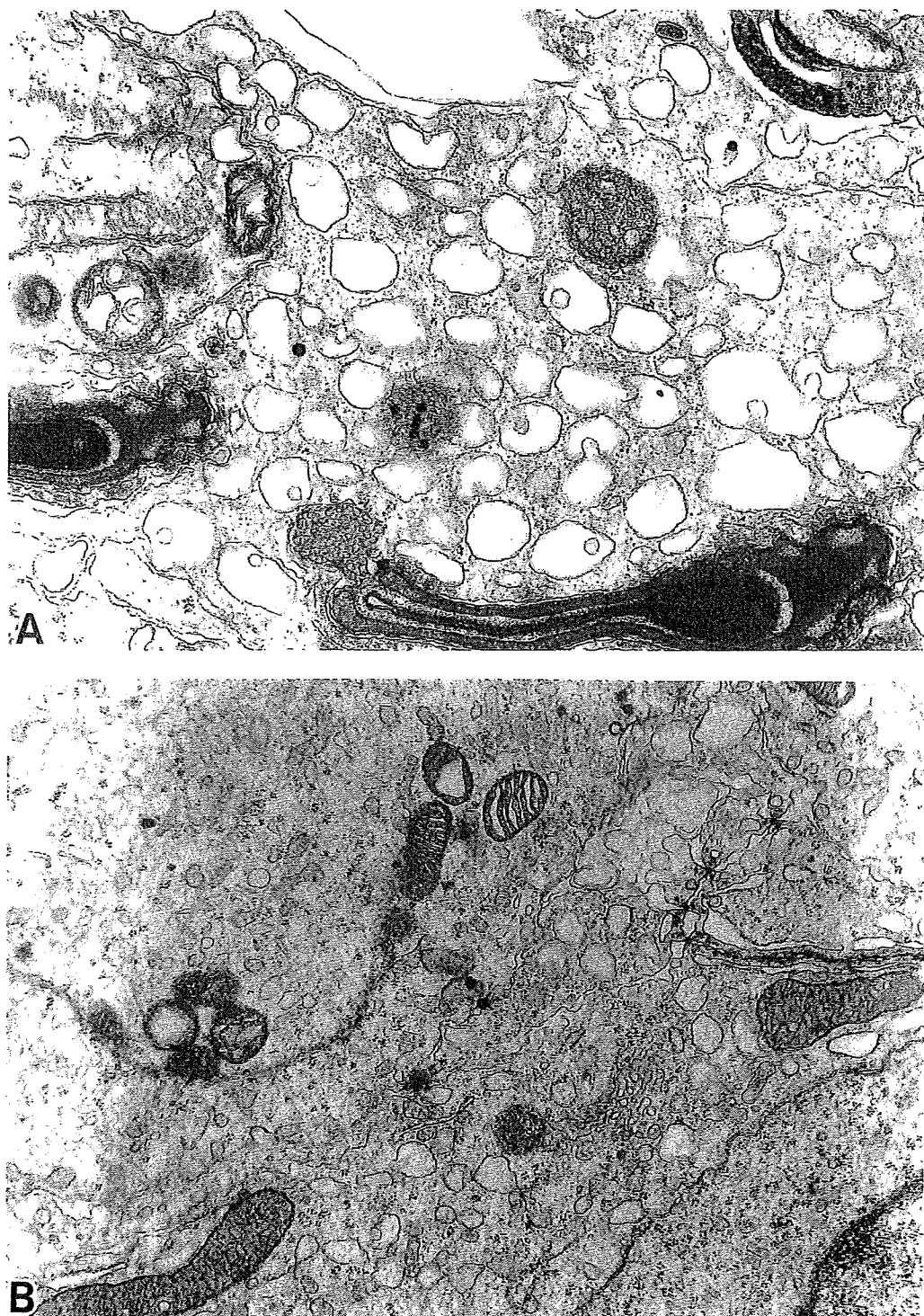


Photo 5. Electron microscopic autoradiographs from seminiferous tubules of testis sacrificed 6 hr after administration of [3,4,5,6-³H]-phthalic acid di(2-ethylhexyl) ester.
A: A few silver grains are noted on the mitochondria and smooth-surfaced endoplasmic reticulum of Sertoli cell, $\times 22800$.
B: A few silver grains are noted on the extracellular space. Seminiferous tubule at stage I of spermatogenesis, $\times 17100$.

Table 1. Distribution of silver grains on electron microscopic autoradiographs after single oral administration of DEHP.

Group	Organ Cell	Organelle	After administration	
			6 hr	24 hr
[3,4,5,6- ³ H]-Phthalic acid, di-(2-ethylhexyl)ester : DEHP- ³ H	Testis Sertoli cell	mitochondria	•••••	••
		s-ER	••••••••••	••••••••••
		r-ER		••••
		extracellular space	•••	••••••••••
		Golgi apparatus	•	
		lysosome	•	
	spermatogonia spermatocyte spermatid			••••••••
			•••	••••••••
				•••
	Liver hepatocyte	mitochondria		••
			r-ER	••••
		peroxisome	••••	••
		sinusoid		
Kidney proximal tubule epithelial cell	brush border	••••••••••	•	
	mitochondria	••••	•••••	
	s-ER	••••		
	lysosome		••	
	peroxisome	•••		
	Golgi apparatus	•		
Phthalic acid, di-(2-ethyl[¹³ H]hexyl)ester : ³ H-DEHP			ND	ND

ND: not detected, •: count of silver grains.

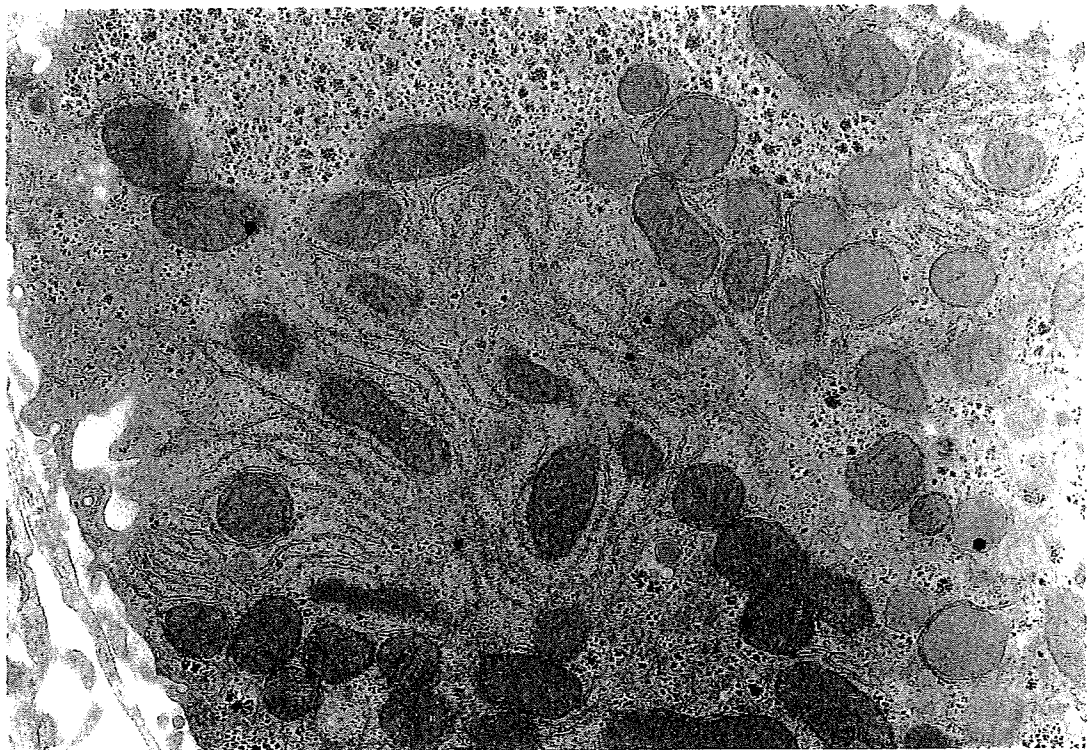


Photo 6. An electron microscopic autoradiograph from hepatocyte of a rat sacrificed 24 hr after administration of [3,4,5,6-³H]-phthalic acid di(2-ethylhexyl)ester. A few silver grains are noted on the mitochondria, rough-surfaced endoplasmic reticulum and peroxisome., × 14000.

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alcohol was administered to 8-week-old rats of the Sprague-Dawley strain (92.5 MBq/rat). The rats were sacrificed and autopsied at 6 or 24 hr after administration, autoradiographs prepared for the testes, liver, and kidneys, and observed under light microscope or electron microscope.

On the autoradiographs of animals administered with DEHP- ^3H , labeled at the phthalic acid, considerable distribution of radioactivity was observed in the testes at the basal area of seminiferous tubules at the stages from IX to I of spermatogenic cycle, which corresponded well to the location of DEHP toxicity observed in our previous study (Saitoh *et al.*, 1997). By electron microscopic observation, subcellular localization of radio-sensitized grains was observed at smooth-surfaced endoplasmic reticulum and mitochondria of Sertoli cells. Fewer grains were also noted at the Golgi apparatus and lysosome of Sertoli cells, and at the junctions between the neighboring Sertoli cells or between a Sertoli cell and spermatocytes. On the other hand, on the autoradiographs by administration of ^3H -DEHP, labeled at the alcohol moiety, only a few grains

were observed by light microscopy in the testes at 6 hr after administration.

There are already many studies on the distribution of DEHP in the body. Schulz and Rubin (1973) studied the metabolism of ^{14}C -DEHP by oral administration in rats and reported that more than 80% of radioactivity was recovered within 24 hr, about 35% in urine and 55% in feces. Williams and Blanchfield (1974) administered ^{14}C -DEHP orally to rats, and observed that most of the radioactivity was excreted in urine and feces by 24 hr after administration and that the distribution of radioactivity among tissues was most highly to the spleen, testes, and adipose tissue, followed by kidneys and liver. Radioactivity levels in tissues reached the peak 4 hr after administration, and no radioactivity was observed 24 hr after administration. On the other hand, the study on oral administration of ^{14}C -DEHP by Daniel (1978) suggested that enterohepatic circulation of DEHP or its metabolites might have occurred, since 14% of radioactivity was excreted in bile for 4 days. Gaunt and Butterworth (1982) have conducted a study of whole-body autorad-

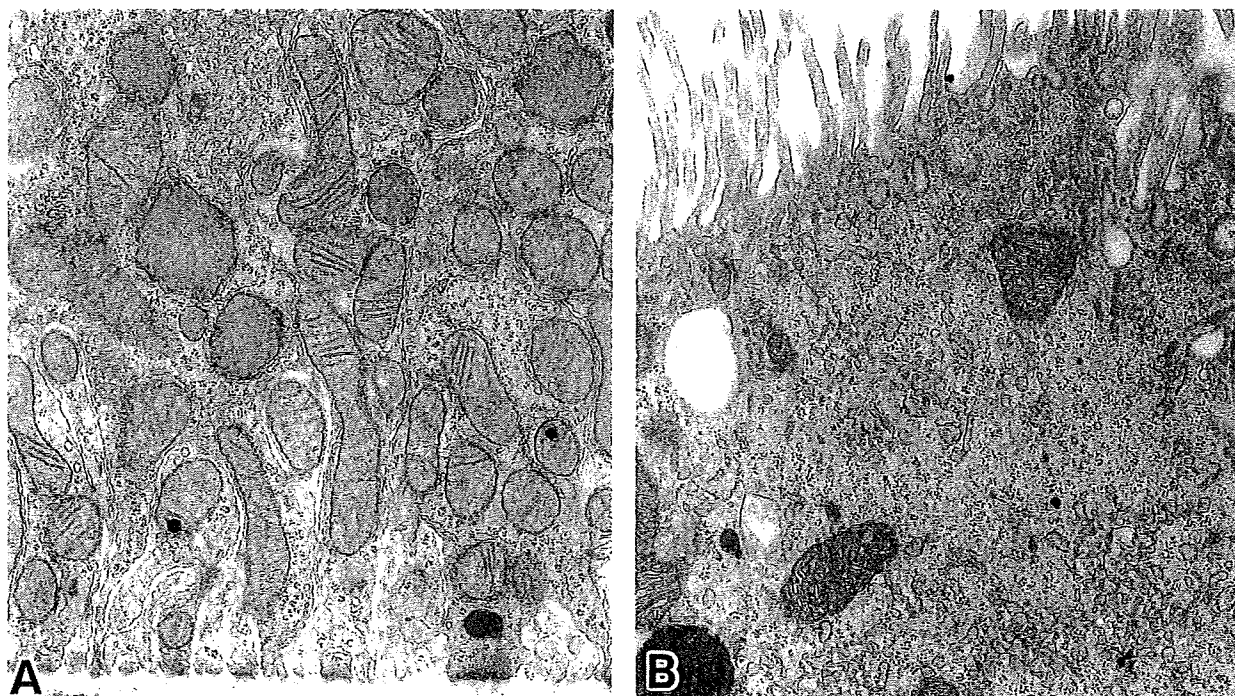


Photo 7. Electron microscopic autoradiographs from renal tubular epithelial cell of a rat sacrificed 6 hr after administration of [3,4,5,6- ^3H]-phthalic acid di(2-ethylhexyl)ester. A few silver grains are noted on the brush border, smooth surfaced endoplasmic reticulum and mitochondria of the cell.

A: Basal area, $\times 10640$.

B: Adluminal area, $\times 12160$.

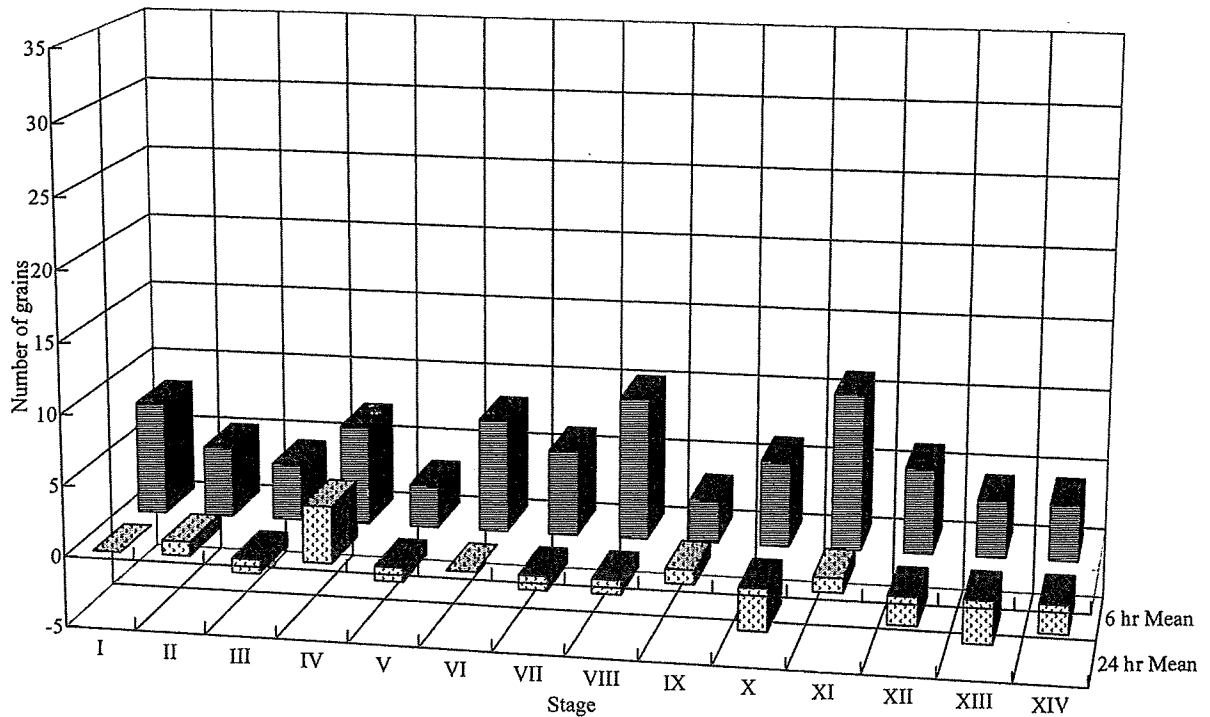


Fig. 2. Distribution of radioactivity to seminiferous tubules of the testis of rats 6 and 24 hr after administration of di(2-ethyl[1-³H]hexyl)ester. Mean counts of radiosensitized grains per seminiferous tubule on the autoradiographs are shown by the stage of spermatogenesis.

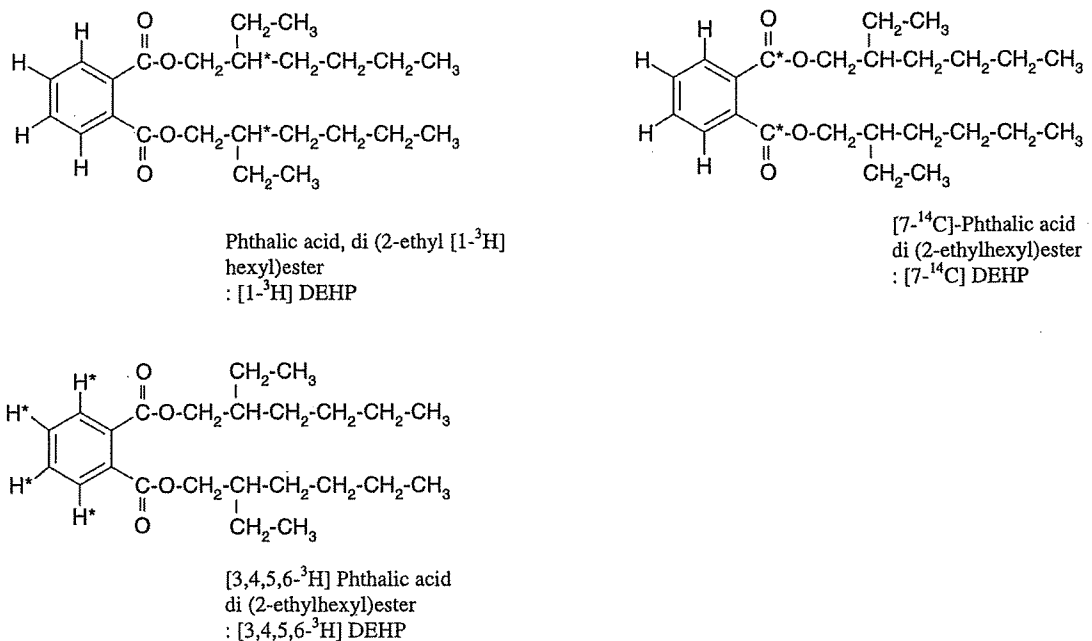


Fig. 3. Chemical structures of the labeled compounds used in the present study and used in the study of Gray and Gangolli (1986). The positions of radio-labeling are shown with *.

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iography in mice by oral administration of ^{14}C -DEHP and observed that radioactivity levels of the intestinal wall, renal pelvis, bladder, urine, and liver reached their peaks at 4 hr after administration, and that they decreased afterwards except in the renal pelvis. In the present study, distribution of radioactivity observed as grains in testes and kidneys at 6 hr after administration of DEHP- ^3H , significantly decreased at 24 hr after administration. Thus, DEHP or its metabolites distributed to testes and kidneys after single administration disappeared from the tissue rather fast. On the other hand, the grain count of the liver at 24 hr increased more than at 6 hr after administration, which suggests that DEHP or its metabolites were accumulated in the liver, possibly by enterohepatic circulation.

On autoradiography with oral administration of ^3H -DEHP, only a few radiosensitized grains were observed under light microscopic observation of thick sections of any tissues of the testes, liver or kidneys, and no grains were observed on electron microscopic autoradiography. This result implies that DEHP is rapidly splitted in the body into phthalic acid and alcohol, and only the phthalic acid moiety is transported into the tissues. It has been reported that orally administered phthalate diesters such as DEHP are rapidly changed in the gut to monoesters such as MEHP and absorbed, and that MEHP was similarly as potent as DEHP in causing testicular changes (Gray and Gangolli, 1986; Thomas and Thomas, 1984). On the other hand it has been reported that oral administration of phthalic acid did not cause testicular atrophy in rats (Cater *et al.*, 1977). From this and other experimental evidence, MEHP has been assumed to be the proximate toxicant (Albro *et al.*, 1989). In the present study, the radioactivity of DEHP labeled at the phthalic acid moiety penetrated the blood-testis barrier into Sertoli cells, while almost no tissue distribution of radioactivity were observed by autoradiography with DEHP labeled at the alcohol moiety (Fig. 1 and 2). Since MEHP metabolized from ^3H -DEHP was still radioactive, it is considered that orally administered DEHP was metabolized to MEHP before intestinal absorption and then further metabolized to the form of phthalic acid and taken into the testicular tissue. Thus, the phthalic acid moiety seems to be responsible for toxicological changes in testes. However, contradictory to the present results, Gray and Gangolli (1986) reported that ^{14}C -MEHP penetrated the blood-testis barrier only to a very limited extent. They used DEHP labeled with ^{14}C supposedly at the 7th position of phthalic acid or carbonyl carbon (Fig. 3). (They have not described the

labeled position of the compound, but preceding papers had given the relevant information (Albro *et al.*, 1973; Schultz and Rubin, 1973).) It is chemically implausible that the carbonyl radical is detached so easily from the phthalic acid in the body. The conclusion of Gray and Gangolli (1986) that MEHP did not pass the blood-testis barrier was drawn from their observation that very little ^{14}C -MEHP appeared in rete testis fluid 25 min after intravenous administration. They remarked that MEHP affected Sertoli cells from the outside of the cells. The present study has demonstrated with autoradiography that the radioactivity of DEHP labeled at the phthalic acid moiety did pass the blood-testis barrier into Sertoli cells. Differences of test methods, amount of radioactivity used and timing of measurement may explain the discrepancy.

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Effects of aromatase inhibitors on human osteoblast and osteoblast-like cells: A possible androgenic bone protective effects induced by exemestane

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Abstract

Effects of aromatase inhibitors (AIs) on the human skeletal system due to systemic estrogen depletion are becoming clinically important due to their increasing use as an adjuvant therapy in postmenopausal women with breast cancer. However, possible effects of AIs on human bone cells have remained largely unknown. We therefore studied effects of AIs including the steroidal AI, exemestane (EXE), and non-steroidal AIs, Aromatase Inhibitor I (AI-I) and aminoglutethimide (AGM), on a human osteoblast. We employed a human osteoblast cell line, hFOB, which maintains relatively physiological status of estrogen and androgen pathways of human osteoblasts, i.e., expression of aromatase, androgen receptor (AR), and estrogen receptor (ER) β . We also employed osteoblast-like cell lines, Saos-2 and MG-63 which expressed aromatase, AR, and ER α/β in order to further evaluate the mechanisms of effects of AIs on osteoblasts. There was a significant increment in the number of the cells following 72 h treatment with EXE in hFOB and Saos-2 but not in MG-63, in which the level of AR mRNA was lower than that in hFOB and Saos-2. Alkaline phosphatase activity was also increased by EXE treatment in hFOB and Saos-2. Pretreatment with the AR blocker, flutamide, partially inhibited the effect of EXE. AI-I exerted no effects on osteoblast cell proliferation and AGM diminished the number of the cells. hFOB converted androstenedione into E2 and testosterone (TST). Both EXE and AI-I decreased E2 level and increased TST level. In a microarray analysis, gene profile patterns following treatment with EXE demonstrated similar patterns as with DHT but not with E2 treatment. The genes induced by EXE treatment were related to cell proliferation, differentiation which includes genes encoding cytoskeleton proteins. We also examined the expression levels of these genes using quantitative RT-PCR in hFOB and Saos-2 treated with EXE and DHT and with/without flutamide. HOXD11 gene known as bone morphogenesis factor and osteoblast growth-related genes were induced by EXE treatment as well as DHT treatment in both hFOB and Saos-2. These results indicated that the steroidal aromatase inhibitor, EXE, stimulated hFOB cell proliferation via both AR dependent and independent pathways.

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Keywords: Osteoblast; Aromatase inhibitor; Androgen; Estrogen; Exemestane

Introduction

Results in various epidemiological or clinical studies demonstrated that estrogens play important protective roles in human skeletal as well as cardiovascular systems, and estrogen deficiency resulted in accelerating the development of osteoporosis in postmenopausal women [1–3]. In breast cancer of

postmenopausal women, hormone therapies without any clinically deleterious effects due to estrogen deficiency on bone metabolism as well as lipid metabolisms are preferable. Estrogen deficiency has been generally detected in the patients with breast cancer following chemotherapy induced ovarian failure, gonadotropin analogue, and aromatase inhibitors (AIs) therapy [4]. Aromatase is the pivotal enzyme of *in situ* or intratumoral estrogen biosynthesis in postmenopausal breast cancer patients, and catalyzes the conversion from androgens into estrogens (Fig. 1A). AIs therefore play an important role in

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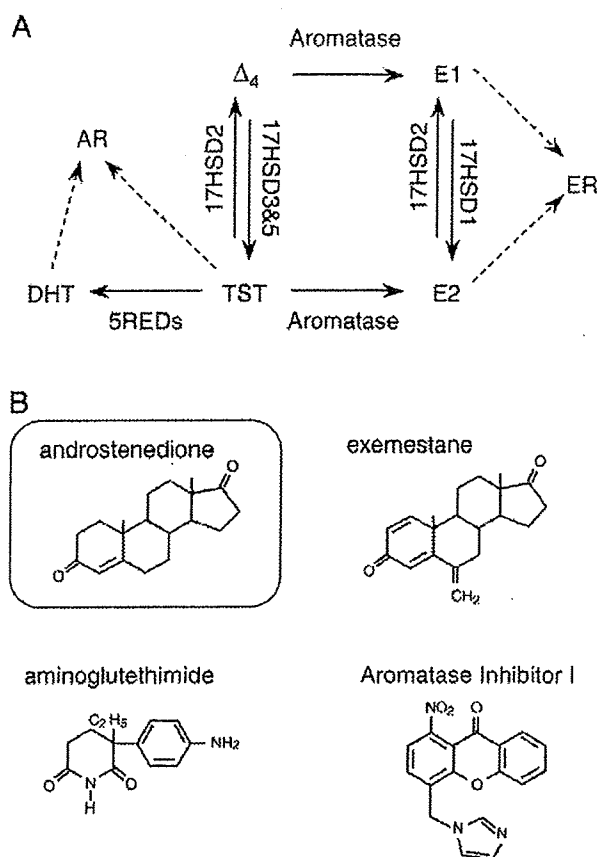


Fig. 1. (A) Summary of the pathway of estrogens and androgens production. Aromatase catalyzes the change from androstenedione (Δ_4) and testosterone (TST) into estrone (E1) and estradiol (E2), respectively. 17HSD, 17 β -hydroxysteroid dehydrogenase; 5REDs, 5 α -reductase types 1 and 2; AR, androgen receptor; DHT, 5 α -dihydrotestosterone; ER, estrogen receptor (B) Structure of aromatase inhibitors used in this study. Androstenedione is a natural substrate of aromatase. Steroidal aromatase inhibitor, exemestane has an androstenedione-like structure.

clinical management of both primary and advanced breast cancer in postmenopausal women [5]. AIs are classified into two classes according to their modes of action. Type I AIs are steroidal inhibitions and one of them, exemestane (EXE) inhibits aromatase irreversibly and has an androstenedione (Δ_4)-like structure (Fig. 1B) [5–7]. Type II AIs are non-steroidal inhibitions and include aminoglutethimide (AGM), anastrozole, and letrozole [5].

Results of *in vivo* study using ovariectomized (OVX) rats demonstrated that EXE and its principal metabolite form, 17-hydroxexemestane (17H-EXE) but not letrozole significantly prevented bone loss in OVX rats [8,9]. EXE and its principal metabolite, 17H-EXE, are structurally related to Δ_4 and bind to androgen receptor (AR) with relatively low affinity compared to 5 α -dihydrotestosterone (DHT) [7]. These findings suggest that EXE may demonstrate protective effects toward bone tissues through its androgenic actions. However, detailed mechanisms of effects of EXE or androgen itself on human bone cells have remained largely unknown.

Various studies using human or animal bone tissues [10,11] and osteoblast cell culture using osteosarcoma cells [12,13] demonstrated that aromatase mRNA or protein was detected in osteoblast cells, which play an important role in bone remodeling. Therefore, in this study, we focused on effects of EXE in human osteoblast in an initial attempt to evaluate the effects of these AIs (summarized in Table 1 and Fig. 1B) [5–7,14], including AGM, EXE, and an experimental compound for inhibition of aromatase, Aromatase Inhibitor 1 (AI-1) [14] on human osteoblast and osteoblast-like cell lines. In our present study, we employed normal human cell line, hFOB, which maintains native characteristics of sex steroid hormone pathway of human osteoblasts, i.e., expression of AR, ER β but not ER α , and aromatase. We also employed other osteoblast-like cell lines, Saos-2 and MG-63 which expressed ER α as well as ER β in order to further study the mechanisms of effects of AI on human osteoblasts. We first examined the effects of estradiol (E2), DHT, progesterone (Prg), and AIs described above on cell proliferation of these cell lines, because the status of cell proliferation is important in the maintenance of homeostasis of bone tissue [15]. In addition, the effects of AIs on the conversion ratio of Δ_4 into E2 or testosterone (TST) in hFOB cultured medium were examined. We then screened E2, DHT, and EXE responsive genes using a microarray analysis in these cells, in order to further characterize the possible genomic effects of EXE on cell proliferation of osteoblasts. In this microarray analysis, hFOB was employed in order to examine the effects of E2, DHT, and EXE on native status of human osteoblasts but not on pathological status of osteoblasts such as osteosarcomas.

Materials and methods

Chemicals

Exemestane (EXE; FCE24304; 6-methyleneandrosta-1,4-diene-3,17-dione) and 17-hydroxexemestane (17H-EXE; FCE25071; 6-methyleneandrosta-1,4-diene-17 β -ol-3-one) were obtained from Pfizer, Inc. (MI, USA). Aminoglutethimide (AGM) and Aromatase Inhibitor 1 [AI-1; 4-(imidazolylmethyl)-1-nitro-9H-9-xanthenone] were obtained from Sigma-Aldrich Co. (MO, USA) and EMD Biosciences, Inc. (CA, USA), respectively. Estradiol (E2), progesterone (Prg), and RU38,486 (RU; mifepristone), spironolactone were obtained from Sigma-Aldrich. ICI 182,780 (ICI; fulvestrant) and hydroxyflutamide (OHF) were obtained from Tocris Cookson Inc. (MO, USA) and Toronto Research Chemicals, Inc. (Ontario, Canada), respectively. 5 α -dihydrotestosterone (DHT) was obtained from Wako Pure Chemical Industries, Ltd. (Osaka, Japan).

Table 1
Aromatase inhibitors used in this study

	Aminoglutethimide	Exemestane	Aromatase inhibitor 1
Trademark ^a	Cytadren [®]	Aromasin [®]	–
Type ^b	Type II	Type I	Type II
Generation	First	Third	–
IC50 (nM) ^c	3000	50	40

^a Cytadren[®] is trademark of Novartis Pharmaceutical Corporation. Aromasin[®] is trademark of Pfizer Inc. Aromatase Inhibitor 1 is non-clinical compound of Calbiochem[®].

^b Type I is steroidal compound. Type II is a non-steroidal compound.

^c Refs, Aminoglutethimide and Exemestane are Miller et al. [5]; Aromatase Inhibitor 1 is Recmatini et al. [14].

These materials were dissolved in pure ethanol (Wako Pure Chemical industries) and serially diluted (final concentrations: 10^{-12} M to 10^{-5} M), respectively. AGM was dissolved in DMSO (Wako Pure Chemical industries). The final concentration of ethanol and DMSO used in this study did not exceed 0.05%.

Osteoblast cell and osteoblast-like cell lines and culture conditions

Human normal osteoblast cell, hFOB 1.19 cell line (CRL-11372) was obtained from American Type Culture Collection (VA, USA). hFOB 1.19 cell was cultured according to the protocol previously described [16]. The cell line was maintained in a mixture of Dulbecco's Modified Eagle Medium and Ham's F12 medium (1:1) without phenol red (Invitrogen Corporation, CA, USA) supplemented with 10% fetal bovine serum (FBS; JRH Biosciences, KS, USA) and 50 mg/mL G 418 sulfate (EMD Biosciences). Human osteosarcoma cell lines Saos-2 and MG-63 were provided from the Cell Resource Center for Biomedical Research, Tohoku University (Sendai, Japan) and were maintained in a RPMI-1640 (Sigma-Aldrich) with 10% FBS. These cells were pre-incubated for 24 h with FBS-free medium prior to examination in order to remove exo-/endogenous steroid hormones from the culture medium and study the effects of various compounds in the absence of steroids and also to synchronize the cell cycle. Different concentrations of test compounds were added, and the assay was terminated after 3 or 5 days by removing the medium from wells. Steroid blockers were added simultaneously.

Characteristics of hFOB, Saos-2, and MG-63

Expressions of relevant steroid receptors, i.e., ER α , ER β , and AR were determined using quantitative RT-PCR methods in hFOB, Saos-2, and MG-63 cell lines. mRNA transcripts of steroid synthesis/metabolite enzymes, aromatase, 17 β -hydroxysteroid dehydrogenase (17 β -HSD) types 1, 2, 3, 4, and 5, and 5 α -reductase (5 α -Red) types 1 and 2 were all evaluated using RT-PCR methods. The details of quantitative RT-PCR including primer sets employed were previously described in detail [17,18]. Positive controls for these receptors and enzymes were cell lines of human breast cancer, T-47D, and

human prostate cancer, LNCaP obtained from Cell Resource Center for Biomedical Research, Tohoku University (Sendai, Japan). Alkaline phosphatase (ALP), an osteoblast-specific marker, was also studied using RT-PCR for characterization of these cell lines.

Estradiol and testosterone production assay

hFOB cells were plated in 10 mm dishes at a density of 10^6 viable cells and cultured for 48 h. Then media were changed to FBS-free medium, and hFOB cells were incubated with 10^{-7} M androstenedione (Δ_4 ; Sigma-Aldrich) in the presence or absence of EXE or AI-1 (10^{-7} M). The media were then collected after 24 h, and E2 and TST were measured by solid-phase radioimmunoassay. Radioimmunoassay was performed in SRL Inc. (Tokyo, Japan) using DPC estradiol kit and DPC total testosterone kit (Diagnostic Products Corporation, LA, USA). In addition, we confirmed that the concentrations of E2 and TST were under the detection limits (E2, 5 pg/mL; TST, 30 pg/mL) in the serum- and phenol red-free medium.

Cell proliferation assay

hFOB, Saos-2, and MG-63 cells were treated with steroids and test compounds for 24, 48, and 72 h, when specimens were harvested and evaluated for cell proliferation using the WST-8 method (Cell Counting Kit-8; Dojindo Inc., Kumamoto, Japan) [18]. Optical densities (OD, 450 nm) were evaluated using a SpectraMax 190 microplate reader (Molecular Devices, Corp., CA, USA) and Softmax Pro 4.3 microplate analysis software (Molecular Devices). The status of proliferation (%) was calculated according to the following equation: (cell OD value after test materials treated/vehicle control cell OD value) \times 100.

Alkaline phosphatase activity assay

hFOB, Saos-2, and MG-63 cells were plated in 48 well plate at a density of 10^6 viable cells and cultured for 48 h. All cell lines were treated with 10^{-9} to 10^{-7} M exemestane for 72 h, when cells were lysed with 0.05% Triton X-100 (Wako Pure Chemical industries) and evaluated for alkaline phosphatase activity

Table 2
Primer sequences used in quantitative RT-PCR analysis

cDNA	GB#	Sequence	cDNA position	Size (bp)
MYBL2	NM_002466	Forward 5'-GTAACAGCCTCACGCCCAAGA-3' Reverse 5'-TCCAATGTGTCCTGTTTGTCCA-3'	1522–1615	94
OSTM1	NM_014028	Forward 5'-TTGAGAATAAGGCTGAACCTGGAAC-3' Reverse 5'-TTACAGGCACTGTGTCACCTGCAAG-3'	801–926	126
HOXD11 ^a	NM_021192	Forward 5'-CAC TGT CCT TGG GTT TAA TG-3' Reverse 5'-GGT AAA ATT GTA ACG GGA CG-3'	1091–1245	174
GPC2	NM_152742	Forward 5'-AGA AAT GTG GTC AGC GAA GC-3' Reverse 5'-ACA CCT TCG CAC TGT TTT CC-3'	871–1183	313
ADCYAP1R1	NM_001118	Forward 5'-CAG CAA AAG GGA AAG ACT CG-3' Reverse 5'-GAG CTG CTC TTG CTC AGG AT-3'	1351–1584	234
COL1A1	NM_000088	Forward 5'-GGT GGT GGT TAT GAC TTT GGT T-3' Reverse 5'-CTT GGC TGG GAT GTT TTC AGG T-3'	3784–4092	309
SMAD1 ^a	NM_005900	Forward 5'-GGT TCA CCT CAT AAT CCT-3' Reverse 5'-CCT TTG TCA GTT CTC AAT C-3'	1779–1887	127
SMAD5 ^a	NM_005903	Forward 5'-AGC TAA AGC CGT TGG ATA-3' Reverse 5'-AGG CAC TAA TAC TGG AGG T-3'	668–768	119
RUNX2	NM_004348	Forward 5'-GTG GAC GAG GCA AGA GTT T-3' Reverse 5'-TAC TGG GAT GAG GAA TGC G-3'	782–961	198
SPARC	NM_003118	Forward 5'-CCT GTA CAC TGG CAG TTC-3' Reverse 5'-CCA GGG CGA TGT ACT TGT C-3'	793–937	163
ALP	NM_000478	Forward 5'-ACC ATT CCC ACG TCT TCA CA-3' Reverse 5'-AGA CAT TCT CTC GTT CAC CGC C-3'	1379–1540	162
RPL13A	NM_012423	Forward 5'-CCT GGA GGA GAA GAG GAA AGA GA-3' Reverse 5'-TTG AGG ACC TCT GTG TAT TTG TCA A-3'	487–612	126

GB#, GeneBank accession number.

All primer sets were designed using OLIGO Primer Analysis Software (TAKARA Bio Inc., Shiga, Japan).

^a Forward and reverse primers were located in same exon.

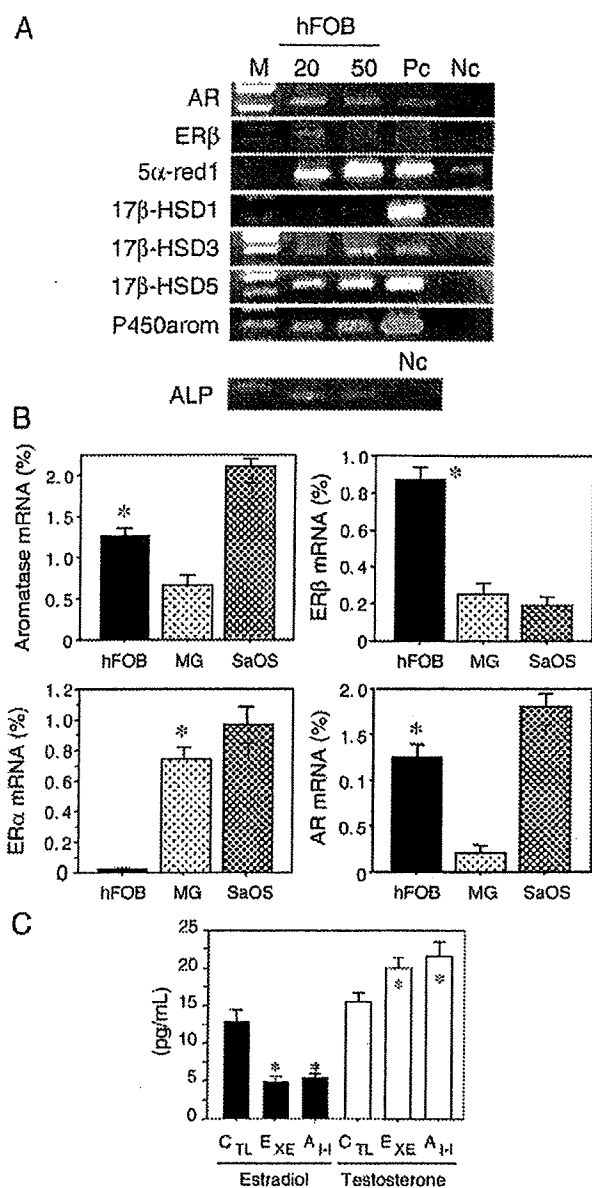


Fig. 2. (A) Results of RT-PCR analysis of steroid hormone receptors and steroid-related enzymes. Both 20 and 50 ng/ μ L cDNA of hFOB were used for PCR (ALP was 20 ng/ μ L alone). AR, androgen receptor; ER, estrogen receptor; 5 α -red1, 5 α -reductase type 1; 17 β -HSD, 17 β -hydroxysteroid dehydrogenase; P450arom, aromatase; M, molecular marker; Pc, positive control; Nc, negative control. (B) Expression levels of aromatase, AR, ER α , and ER β in hFOB, Saos-2, and MG-63. * p <0.05 vs. MG-63 (aromatase and AR), vs. MG-63 and vs. Saos-2 (ER β), vs. hFOB (ER α); † p <0.05 vs. hFOB and MG-63 (aromatase and AR), vs. MG-63 and hFOB (ER α). (C) Estradiol and testosterone productions in hFOB cells. The data are expressed as the mean SD ($n=3$). * p <0.05 vs. control cells (CTL). EXE, 10^{-7} M exemestane; AI-I, 10^{-7} M aromatase inhibitor I.

using the *p*-nitrophenylphosphate method (LabAssay ALP; Wako Pure Chemical Industries) [19]. Optical densities (OD, 405 nm) were evaluated using a SpectraMax 190 microplate reader (Molecular Devices) and Softmax Pro 4.3 microplate analysis software (Molecular Devices). ALP activity (units/ μ L)=(concentration of *p*-nitrophenol/15 min) \times 1 (dilution factor of sample). The ALP activities were presented as units/ μ L/ 10^6 cells. The ALP activity levels in each case were represented as a ratio of vehicle control (%).

Microarray analysis

The procedure was based on a previously reported study [20]. Cell lysates were prepared using RLT buffer (QIAGEN GmbH, Hilden, Germany). Total RNA was extracted using RNeasy Mini Kit (QIAGEN). First-strand cDNA was synthesized by incubating 5 μ g of total RNA with 200 U SuperScript II reverse transcriptase (Invitrogen), 100 pmol T7-(dT)24 primer (Invitrogen). Ten units of T4 DNA polymerase (Invitrogen) were then added, and the dsDNA was mixed with T7 RNA polymerase (Invitrogen). The purified cRNA was fragmented at 300–500 bp as target solution. Hybridization was performed with the GeneChip Human Genome 133 ver. 2.0 (Affymetrix, Inc., CA, USA). The reacted arrays were then scanned as digital image files and scanned data were analyzed with GeneChip software (Affymetrix). Relative levels of gene expression were calculated by global normalization.

Data were subjected to hierarchical clustering analysis and visualization using the Cluster and TreeView programs (Stanford University) in order to generate tree structures based on the degree of similarity, as well as matrices comparing the levels of expression of individual genes in each sample [21].

Real-time PCR

Real-time PCR was carried out using the LightCycler System and the FastStart DNA Master SYBR Green I (Roche Diagnostics GmbH, Mannheim, Germany). The primer sequences used in this study are summarized in Table 2. An initial denaturing step of 95 $^{\circ}$ C for 10 min was followed by 35 cycles, respectively, at 95 $^{\circ}$ C for 10 min; 15 s annealing at 65 $^{\circ}$ C (ALP, COL1A1), 64 $^{\circ}$ C (MYBL2, OSTM1, RPL13A), 62 $^{\circ}$ C (SMAD1, SMAD5, SPARC, RUNX2), or 60 $^{\circ}$ C (HOXD11); and extension for 15 s at 72 $^{\circ}$ C. Negative control experiments included those lacking cDNA substrates to confirm the presence of exogenous contaminant DNA. No amplified products were detected under these conditions. The mRNA levels in each case were represented as a ratio of RPL13A (%) [22].

Immunohistochemistry of AR

Five non-pathological bone tissues were retrieved from surgical pathology files (two females and three males, 17 to 55 years old) of Department of Pathology, Tohoku University Hospital (Sendai, Japan).

Tissue sections were immunostained using a biotin-streptavidin method with Histofine kit (Nichirei Co. Ltd., Tokyo, Japan). The monoclonal antibody for AR (AR411) [23] was obtained from DakoCytomation (Kyoto, Japan). Experimental procedures employed in our present study have been previously described in detail [22,23]. The dilutions of primary AR antibody were 1:100. The antigen-antibody complex was then visualized with 3,3'-diaminobenzidine solution, and counterstained with hematoxylin. Prostate cancer was used as a positive control for AR. Normal mouse IgG was used as a negative control for immunostaining and no specific immunoreactivity was detected.

Statistical analysis

Results were expressed as mean \pm SD. Statistical analysis was performed with the StatView 5.0 J software (SAS Institute Inc., NC, USA). All data were analyzed by analysis of variance (ANOVA) followed by post hoc Bonferroni/Dunnnett multiple comparison test. A *p*-value<0.05 was considered to indicate statistical significance.

Results

Characteristics of hFOB, MG-63, and Saos-2 cell line

Characteristics of osteoblast and osteoblast-like cell lines are summarized in Figs. 2A and B. hFOB cells expressed mRNA transcripts of AR and ER β . Relatively low level of ER α mRNA transcript was detected in hFOB cells. Aromatase, 17 β -HSD type 1, 3, and 5, and 5 α -Red types 1 and 2 mRNA transcripts were all detected in hFOB cells by

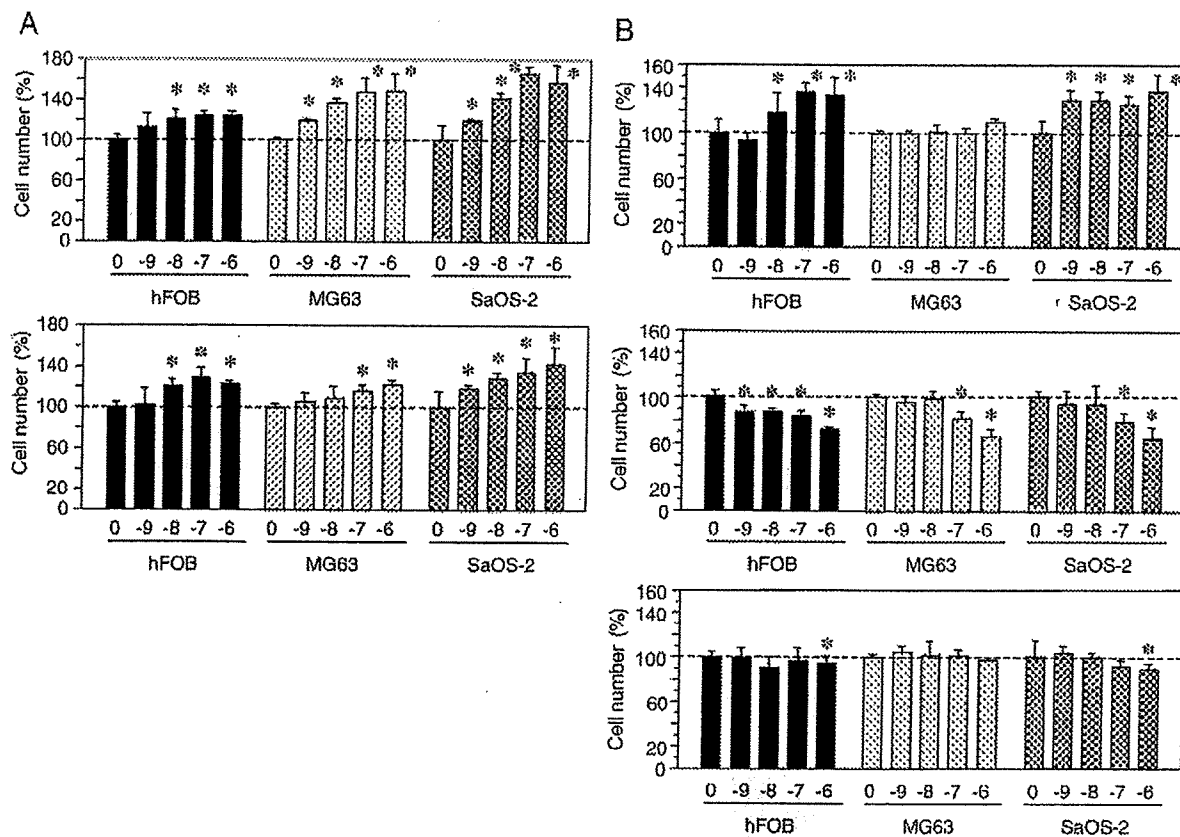


Fig. 3. (A) Proliferation of hFOB cells treated by estradiol (top) and 5α-DHT (bottom). **p*<0.05 vs. vehicle control (0). (B) Proliferation of hFOB cells treated by exemestane (top), aminoglutethimide (middle), and Aromatase Inhibitor-1 (bottom). **p*<0.05 vs. vehicle control (0). *n*=5.

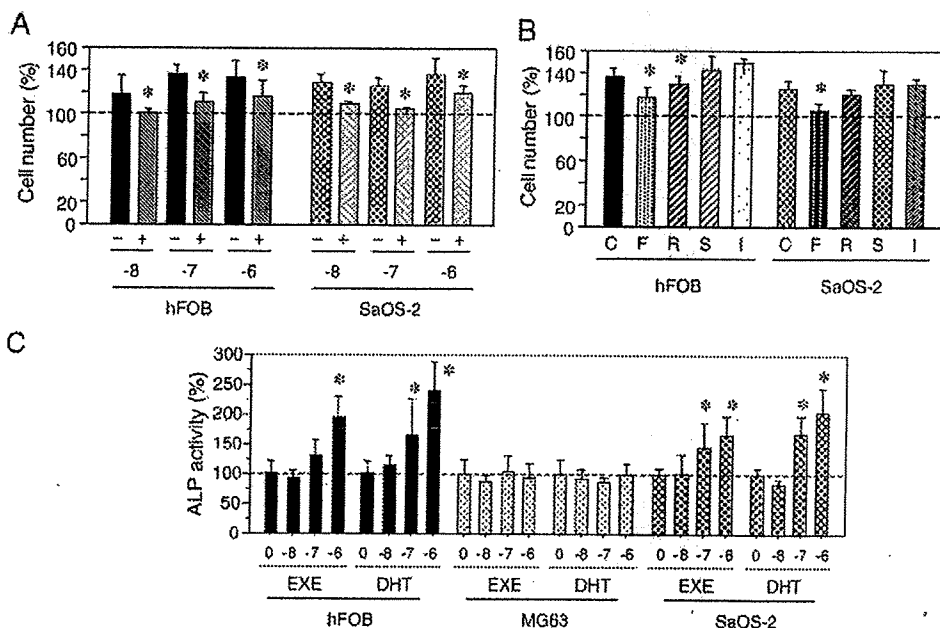


Fig. 4. (A) Effects of hydroxyflutamide on exemestane (10⁻⁸ to 10⁻⁶ M) stimulated the cell proliferation of both hFOB and Saos-2. With (+) or without (-) hydroxyflutamide, *p*<0.05 vs. without hydroxyflutamide (*). (B) Effects of steroid receptor blockers on exemestane (10⁻⁷ M) stimulated cell proliferation of hFOB and Saos-2. C, 10⁻⁷ M exemestane; F, hydroxyflutamide (5 × 10⁻⁶ M); R, RU38,486 (5 × 10⁻⁶ M); S, spironolactone (5 × 10⁻⁶ M); I, ICI182,720 (5 × 10⁻⁶ M). **p*<0.05 vs. C (C) ALP activity in hFOB, Saos-2, MG-63 treated with exemestane (EXE, 10⁻⁸ to 10⁻⁶ M), or 5α-DHT (DHT, 10⁻⁸ to 10⁻⁶ M). **p*<0.05 vs. vehicle control (0).

RT-PCR. Aromatase, ER α , ER β , and AR were all detected in osteoblast-like cell lines, Saos-2 and MG-63 (Fig. 2B). In hFOB cell, expression of ER β mRNA was more predominant than that of ER α mRNA. ER α mRNA as well as ER β mRNA was detected in Saos-2 and MG-63 cells. The levels of AR mRNA expression in both hFOB and Saos-2 were significantly higher ($p=0.01$) than that in MG-63. ALP mRNA was also detected in intact hFOB, Saos-2, and MG-63 cells (data not present), respectively.

Estradiol and testosterone production

Results were summarized in Fig. 2C. The E2 levels in the medium of hFOB supplemented with Δ_4 treated with EXE or

AI-1 were significantly lower than that of cells without AIs. The levels of TST in the medium of hFOB supplemented with Δ_4 treated with EXE or AI-1 were significantly higher than that of cells without AIs.

Cell proliferation

Results of the cell proliferation assays are summarized in Figs. 3 and 4. There was a significant increment in the number of the cells after 72 h in hFOB, Saos-2, and MG-63 cells treated with 10^{-9} M (Saos-2 and MG-63) or 10^{-8} M (hFOB) to 10^{-6} M E2 (Fig. 3A). The cell number of hFOB and Saos-2 cells treated by 10^{-9} M (Saos-2) or 10^{-8} M (hFOB) to 10^{-6} DHT for 72 h was also significantly higher than control (Fig. 3A). The number of MG-63 cells was significantly increased only by high dose of DHT (10^{-7} M and 10^{-6} M) treatments (Fig. 3A). Prg (10^{-9} M to 10^{-6} M) treatments did not change the number of cells even after 72 h in all three cell lines examined (data not present).

Both EXE (Fig. 3B) and 17H-EXE (data not present) treatments of 10^{-8} M to 10^{-6} M, which were comparable to pharmacological inhibition doses of aromatization (Table 1), significantly increased the hFOB cell number for 72 h, respectively. In Saos-2 cells treated with relatively low dose, 10^{-9} to 10^{-6} M EXE, there was a significant increment in the number of the cells after 72 h (Fig. 3B). However, all the dose (10^{-9} M to 10^{-6} M) of EXE employed did not results in the change of cell number of MG-63 even after 72 h of treatment (Fig. 3B). The cell number of both hFOB and Saos-2 cells treated by both 10^{-6} M EXE and/or 17H-EXE for 48 h was also significantly higher than that treated for 24 h (data not present).

AGM treatment [10^{-9} (hFOB) or 10^{-7} (Saos-2 and MG-63) to 10^{-6} M] diminished the number of these three cells (Fig. 3B) and morphological changes in these cells were consistent with those caused by cytotoxic effects (data not present). AI-1 treatment (10^{-9} to 10^{-7} M) was not associated with significant increment of the cell number in these cell lines (Fig. 3B). Only high dose (10^{-6} M) of AI-1 significantly diminished the cell numbers of hFOB and Saos-2 but not of MG-63 (Fig. 3B).

The androgen receptor antagonist OHF (5×10^{-6} M) diminished the effects of EXE on these increments of both hFOB and Saos-2 cells (Figs. 4A and B). Treatment with RU but not spironolactone and ICI also inhibited EXE effects on hFOB cells (Fig. 4B).

ALP activity assay

Results of the ALP activity assay were summarized in Fig. 4C. There was a significant increment in the ALP activity of both hFOB and Saos-2 cells treated with 10^{-7} M (Saos-2) and/or 10^{-6} M (hFOB and Saos-2) EXE. Both 10^{-7} M and 10^{-6} M DHT treatment also increased the ALP activity in hFOB and Saos-2 cells, respectively. There were no changes of ALP activity in MG-63 treated with 10^{-8} M to 10^{-6} M of EXE and DHT, respectively.



Fig. 5. In clustering analysis of the expression levels of each gene in hFOB cells treated with estradiol (E2), 5 α -dihydrotestosterone (DHT), and exemestane (Exe).

Table 3a
Genes induced by exemestane treatment in hFOB cells—2.0 higher

Gene title	Gene symbol	Raw data			Ratio		
		C	D	Ex	D	Ex	
NM_002466	V-myb myeloblastosis viral oncogene homolog (avian)-like 2	MYBL2	70.9	156.9	150.3	2.2	2.1
AW444985	–	–	57.8	124.7	127.1	2.2	2.2
AF143684	Myosin IXB	MYO9B	48.3	64.4	122.2	1.3	2.5
NM_024682	TBC1 domain family, member 17	TBC1D17	31.7	37.6	64.8	1.2	2.0
BE965311	Chromosome 16 open reading frame 23	C16orf23	29.2	44.2	64.0	1.5	2.2
NM_004233	CD83 antigen (activated B lymphocytes, immunoglobulin superfamily)	CD83	29.0	66.5	60.9	2.3	2.1
AI806031	Skeletal muscle and kidney enriched inositol phosphatase	SKIP	27.7	48.6	55.4	1.8	2.0
AL136729	Ring finger protein 123	RNF123	20.0	23.7	41.3	1.2	2.1
NM_015254	Kinesin family member 13B	KIF13B	13.0	24.5	39.4	1.9	3.0
AL110249	Chromosome 20 open reading frame 194	C20orf194	13.4	39.0	29.7	2.9	2.2
AF208502	Early B-cell factor	EBF	12.5	21.1	28.5	1.7	2.3
AW007221	Solute carrier family 13 (sodium/sulfate symporters), member 4	SLC13A4	12.3	9.6	27.8	0.8	2.3
AB007458	TP53 activated protein 1	TP53AP1	12.6	22.2	26.2	1.8	2.1
AV713913	Osteopetrosis associated transmembrane protein 1	OSTM1	9.8	16.5	21.3	1.7	2.2
BF339201	THAP domain containing 6	THAP6	6.0	14.0	20.6	2.3	3.4
AK000455	Hypothetical gene MGC16733 similar to CG12113	MGC16733	7.3	16.6	18.8	2.3	2.6
AW974816	–	–	2.2	16.0	17.2	7.2	7.7
AK025325	Transcribed locus, moderately similar to NP_689573.2 zinc finger protein 573	–	7.3	11.4	16.2	1.6	2.2
NM_021192	Homeo box D11	HOXD11	5.3	16.2	15.8	3.0	3.0
NM_022169	ATP-binding cassette, sub-family G (WHITE), member 4	ABCG4	7.0	10.5	15.7	1.5	2.2
R62907	Disabled homolog 2, mitogen-responsive phosphoprotein (<i>Drosophila</i>)	DAB2	7.7	13.0	15.5	1.7	2.0
NM_002661	Phospholipase C, gamma 2 (phosphatidylinositol-specific)	PLCG2	7.3	12.3	15.3	1.7	2.1
BG393032	Solute carrier family 13 (sodium/sulfate symporters), member 4	SLC13A4	6.4	6.7	15.1	1.0	2.3
BC002794	Tumor necrosis factor receptor superfamily, member 14	TNFRSF14	6.2	11.3	13.6	1.8	2.2
BC042908	KIAA0690	KIAA0690	5.6	7.4	13.5	1.3	2.4
AW451961	Adenylate cyclase activating polypeptide 1 (pituitary) receptor type 1	ADCYAP1R1	4.3	11.7	13.2	2.7	3.1
AI863264	Glypican 2 (cerebroglycan)	GPC2	5.3	7.2	13.2	1.3	2.5
AF130050	ACA47 scaRNA gene	–	5.6	9.5	12.9	1.7	2.3
AK022326	Hypothetical gene supported by AK022326	–	6.1	12.7	12.9	2.1	2.1
AK021807	Low density lipoprotein receptor-related protein 11	LRP11	5.9	6.2	12.8	1.0	2.2
AU155415	Kallikrein 7 (chymotryptic, stratum comeum)	KLK7	5.6	13.5	12.7	2.4	2.3
BF673779	Hypothetical protein FLJ30834	FLJ30834	5.5	6.3	12.3	1.1	2.2
AV646335	–	–	2.6	13.0	11.2	5.0	4.3
BC040600	–	–	5.0	5.4	10.6	1.1	2.1
AI131035	–	–	5.1	9.2	10.5	1.8	2.1

C, vehicle control; D, 5 α -dihydrotestosterone; Ex, exemestane. Genes that performed quantitative RT-PCR were described in bold style.

Microarray/clustering analysis

In hFOB cells, the hierarchical clustering analysis contains 430 genes which demonstrated expression ratios above 2.0-fold and below 0.5-fold compared with vehicle control cells after 12 h of each gene treated with 10⁻⁸ M E2, 10⁻⁸ M DHT, or 10⁻⁷ M EXE. The expression profiles of EXE treated cells were closely related to those of DHT (Fig. 5). In this study, we focused on 35 genes (Table 3a), which were all up-regulated twice or more than control. In this group, we further focused on 5 genes, B-Myb 2 (MYBL2), osteopetrosis associated transmembrane protein 1 (OSTM1), homeo box D 11 (HOXD11), adenylate cyclase activating polypeptide 1 receptor (ADCYAP1R1), and glypican 2 (GPC2) which are all considered to play important roles in EXE or DHT induced cell proliferation. We therefore examined whether these 5 genes were increased by EXE or DHT treatments using quantitative RT-PCR in hFOB cells. We also examined the validation of results of microarray analysis obtained in hFOB cells in Saos-2 and MG-63 cells.

Validation of microarray analysis using quantitative RT-PCR

In hFOB cells, all of these 5 genes described above were significantly increased by 10⁻⁷ M EXE treatment, and 3/5 genes (except for OSTM1 and GPC2) were also significantly increased by 10⁻⁸ M DHT treatment. HOXD11 and ADCYAP1R1 genes increased by both EXE and DHT were significantly diminished by OHF (5 \times 10⁻⁶ M) treatment (Figs. 6A–C).

The similar results of changes of MYBL2 expression were also obtained in both Saos-2 and MG-63 treated with EXE and DHT, respectively (Fig. 6A). In addition, the results of HOXD11 expression in hFOB were equivalent to those in Saos-2 but not in MG-63 treated with EXE and DHT (Fig. 6B). Other genes induced by treatment of EXE and DHT in hFOB such as OSTM1, GPC2, and ADCYAP1R1 were not changed in both Saos-2 and MG-63 cells treated with EXE and DHT, respectively (data not present). A1-I or AGM treatment did not increase all of these genes expression in hFOB (data not present).

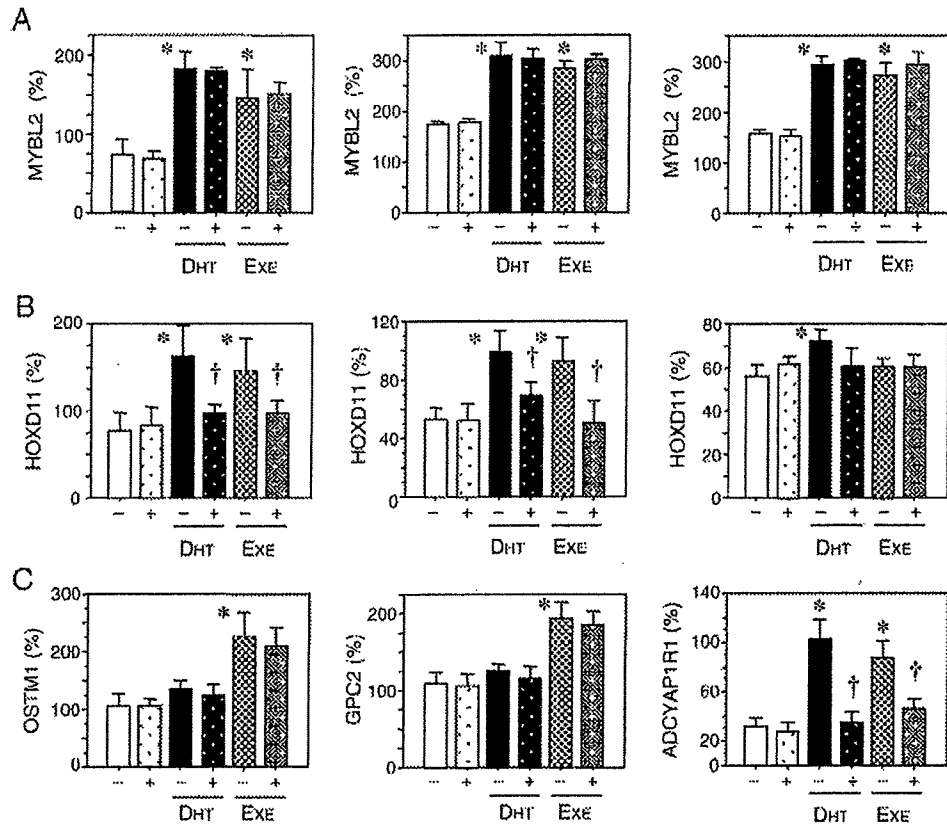


Fig. 6. Validation of microarray analysis. (A) Expression levels of MYBL2 in hFOB (left), Saos-2 (middle), and MG-63 (right). (B) Expression levels of HOXD11 in hFOB (left), Saos-2 (middle), and MG-63 (right). (C) Expression levels of OSTM1, GPC2, and ADCYAP1R1 in hFOB. DHT: 10^{-8} M 5 α -dihydrotestosterone, EXE: 10^{-7} M Exemestane, with (+) or without (-) hydroxyflutamide, $p < 0.05$ vs. control (*) or without hydroxyflutamide (†).

Analysis of osteoblast growth-related genes

Results of microarray analysis in hFOB cell demonstrated that osteoblast growth-related genes [24,25] such as COL1A1, SMAD1, SMAD5, SPARC, and RUNX2 were all up-regulated by exemestane (10^{-7} M) treatment but the degrees of increment were all under 2-fold (Table 3b). In this microarray analysis, other expression levels of previously reported osteoblast-related genes were not altered.

In hFOB cells, the validation analysis of these genes described above using quantitative RT-PCR (Fig. 7) demonstrated that 4/5 genes (except for COL1A1) were significantly increased by 10^{-7} M EXE treatment, and 4/5 genes (except for SMAD1) were also significantly increased by 10^{-8} M DHT treatment. The increased expression of the SMAD1, SMAD5, and SPARC genes by EXE or DHT, was significantly diminished by OHF (5×10^{-6} M) treatment. There were no effects of OHF pretreatment on the increased expression levels of RUNX2 that had occurred after both EXE and DHT treatments. Both AI-1 and AGM treatment could not increase all of these genes expression in hFOB (data not present).

In Saos-2 cells, 4/5 genes (except for RUNX2) were significantly increased by 10^{-7} M EXE treatment, and 3/5 genes (except for RUNX2 and SMAD1) were also significantly increased by 10^{-8} M DHT treatment. The increment of the

COL1A1, SMAD5, and SPARC genes expression by EXE or DHT, was significantly diminished by OHF (5×10^{-6} M) treatment. All of these 5 genes did not change in MG-63 cells treated with EXE or DHT, respectively (data not present).

Immunohistochemistry of AR

Marked AR immunoreactivity was detected in the nuclei of osteoblasts or lining cells but not in osteoclasts in four cases (Fig. 8). In these four cases, AR immunoreactivity was also detected in osteocytes and condrocytes. In one case, there was no immunoreactivity in all types of bone cells.

Discussion

In the clinical study of EXE compared to placebo administered for two years [26,27], EXE modestly enhanced bone loss from the femoral neck without significant influence on lumbar bone loss despite a marked systemic estrogen depletion. Furthermore, the risks of clinical bone fractures are considered to be lower with EXE treatment than that seen with non steroidal AIs [27,28], though it is also important to recognize that EXE has not been shown to significantly increase the amount of bone mass in various clinical studies of breast cancer patients [26,27]. The relative protective effect of EXE, a

Table 3b
Genes induced by exemestane treatment in hFOB cells—the osteoblast growth-related genes

	Gene title	Gene symbol	Raw data			Ratio	
			C	D	Ex	D	Ex
K01228	Collagen, type I, alpha 1	COL1A1	2797.2	3240.9	3058.5	1.2	1.1
BE221212	Collagen, type I, alpha 1	COL1A1	2741.1	3048.3	3052.2	1.1	1.1
A1743621	Collagen, type I, alpha 1	COL1A1	228.0	241.6	242.5	1.1	1.1
AA788711	Collagen, type I, alpha 2	COL1A2	2250.6	2474.3	2375.4	1.1	1.1
NM_000089	Collagen, type I, alpha 2	COL1A2	1749.1	1848.7	1787.6	1.1	1.0
M60485	Fibroblast growth factor receptor 1	FGFR1	178.9	185.7	198.6	1.0	1.1
BE467261	Fibroblast growth factor receptor 1	FGFR1	165.4	208.6	189.7	1.3	1.1
M63889	Fibroblast growth factor receptor 1	FGFR1	119.3	111.6	140.5	0.9	1.2
NM_023110	Fibroblast growth factor receptor 1	FGFR1	60.5	84.0	70.2	1.4	1.2
AU145411	Fibroblast growth factor receptor 1	FGFR1	29.2	44.1	37.5	1.5	1.3
A1359368	Fibroblast growth factor receptor 3	FGFR3	41.4	65.5	58.7	1.6	1.4
NM_001552	Insulin-like growth factor binding protein 4	IGFBP4	809.1	1027.5	1040.4	1.3	1.3
AL353944	Runt-related transcription factor 2	RUNX2	192.9	226.3	216.3	1.2	1.1
AU146891	SMAD, mothers against DPP homolog 1 (<i>Drosophila</i>)	SMAD1	161.2	195.6	204.6	1.2	1.3
NM_005901	SMAD, mothers against DPP homolog 2 (<i>Drosophila</i>)	SMAD2	100.3	108.2	113.7	1.1	1.1
NM_005902	SMAD, mothers against DPP homolog 3 (<i>Drosophila</i>)	SMAD3	110.2	106.5	127.7	1.0	1.2
BF526175	SMAD, mothers against DPP homolog 5 (<i>Drosophila</i>)	SMAD5	361.0	488.3	514.2	1.4	1.4
A1478523	SMAD, mothers against DPP homolog 5 (<i>Drosophila</i>)	SMAD5	300.7	384.9	346.9	1.3	1.2
AF010601	SMAD, mothers against DPP homolog 5 (<i>Drosophila</i>)	SMAD5	79.2	99.7	87.6	1.3	1.1
AY014180	SMAD-specific E3 ubiquitin protein ligase 2	SMURF2	804.2	844.7	851.8	1.1	1.1
AU157259	SMAD-specific E3 ubiquitin protein ligase 2	SMURF2	77.1	81.5	86.3	1.1	1.1
AL575922	Secreted protein, acidic, cysteine-rich (osteonectin)	SPARC	1702.1	1935.5	1925.8	1.1	1.1
BF508662	Sprouty homolog 1, antagonist of FGF signaling (<i>Drosophila</i>)	SPRY1	31.9	46.3	45.4	1.5	1.4
NM_014886	TGF beta-inducible nuclear protein 1	TINP1	1185.7	1259.5	1241.1	1.1	1.0

C, vehicle control; D, 5 α -dihydrotestosterone; Ex, exemestane. Genes that performed quantitative RT-PCR were described in bold style.

steroidal aromatase inhibitor, has been therefore attributed to its actions through AR in osteoblasts. Systemic androgenic effects such as hypertrichosis, hair loss, hoarseness, and acne have been reported only in 4% [6] of the patients treated with EXE (25 mg/day) and the frequency of these effects increases to approximately 10% in those treated with higher dose 200 mg/day of EXE [6]. This finding suggests that the patients treated with EXE are under relatively weak systemic androgenic effects. Androgen sensitivity has been well-known to be subject to great individual variation caused by AR gene CAG polymorphism in women as well as men [29,30]. Therefore, this 5 to 10% of the patients who manifested clinical androgenic effects by EXE treatment may be individuals associated with relatively enhanced androgenic sensitivity. Replacement therapy with TST is generally effective at restoring bone in hypogonadal men [31]. In female-to-male, genetic female transsexual subjects, high-dose TST therapy generally increased BMD at the femoral neck, despite decrement of E2 to postmenopausal levels [32,33]. Therefore, androgens may play an important role in bone protection in women as well as men.

The results of cell proliferation assay demonstrated that the cell number of MG-63 was increased by both E2 and DHT treatments, but the dose of DHT was relatively higher than that in two other cells. MG-63 expressed higher levels of ER α / β mRNA, but the level of AR mRNA was lower than that in both Saos-2 and hFOB. Both cell proliferation and ALP activity of MG-63 could not be stimulated by EXE treatment. Molecular mechanisms of androgen actions on osteoblasts have remained largely unknown. Androgen is well-known to stimulate

osteoblast proliferation [34] and differentiation [35]. For instance, osteoprotegerin mRNA was increased by TST as well as DHT treatments in mouse 3T3-E1 cells [36].

AR and ER β but not ER α are predominantly detected in osteoblasts located on human cancellous bone using immunohistochemical analysis [37]. Therefore, hFOB examined in this study is considered to maintain relatively native status of sex steroids pathways in human osteoblasts. Therefore, we employed hFOB for further examination of EXE effects on osteoblast gene expression pattern using microarray analysis. In this study, we demonstrated that the genes MYBL2 [38], OSTM1 [39], HOXD11 [40], ADCYAP1R1 [41], and GPC2 [42] were target genes of EXE alone or both EXE and DHT in hFOB using microarray/PCR analysis. These genes were demonstrated to be involved in regulation of cell cycle, differentiation, and transcription. In EXE or DHT treatment in hFOB and Saos-2, in which cells proliferations were stimulated, an increased expression of HOXD11 gene was detected. The product of the mouse Hoxd11 gene was reported to play a role in forelimb morphogenesis [40,43]. Therefore, these finding suggest that osteoblast cell proliferation stimulated by EXE treatment may depend on HOXD11 gene expression through AR. In this study, the cell proliferation of MG-63, which expressed relatively low level of AR, was not stimulated by EXE. In addition, HOXD11 gene expression was not up-regulated by EXE treatment in MG-63 cells. These results were also consist with the protective effects of EXE through potential androgen-HOXD11 pathway in osteoblast cells. In this study, we also examined the effects of EXE and DHT on osteoblast growth-related genes using micro-

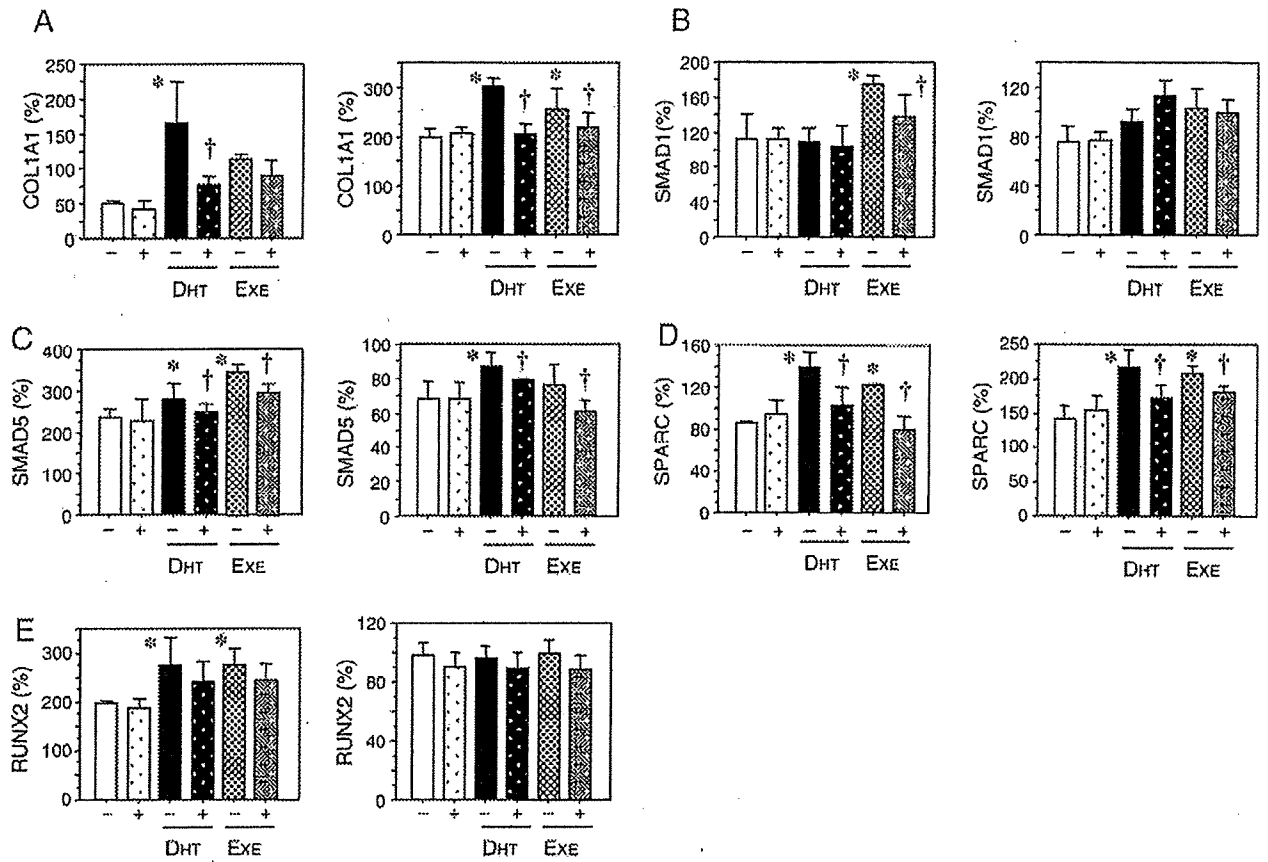


Fig. 7. Expression levels of osteoblast growth-related genes in hFOB (left) and Saos-2 (right). DHT: 10^{-8} M 5 α -dihydrotestosterone, EXE: 10^{-7} M Exemestane, with (+) or without (-) hydroxyflutamide, $p < 0.05$ vs. control (*) or without hydroxyflutamide (†).

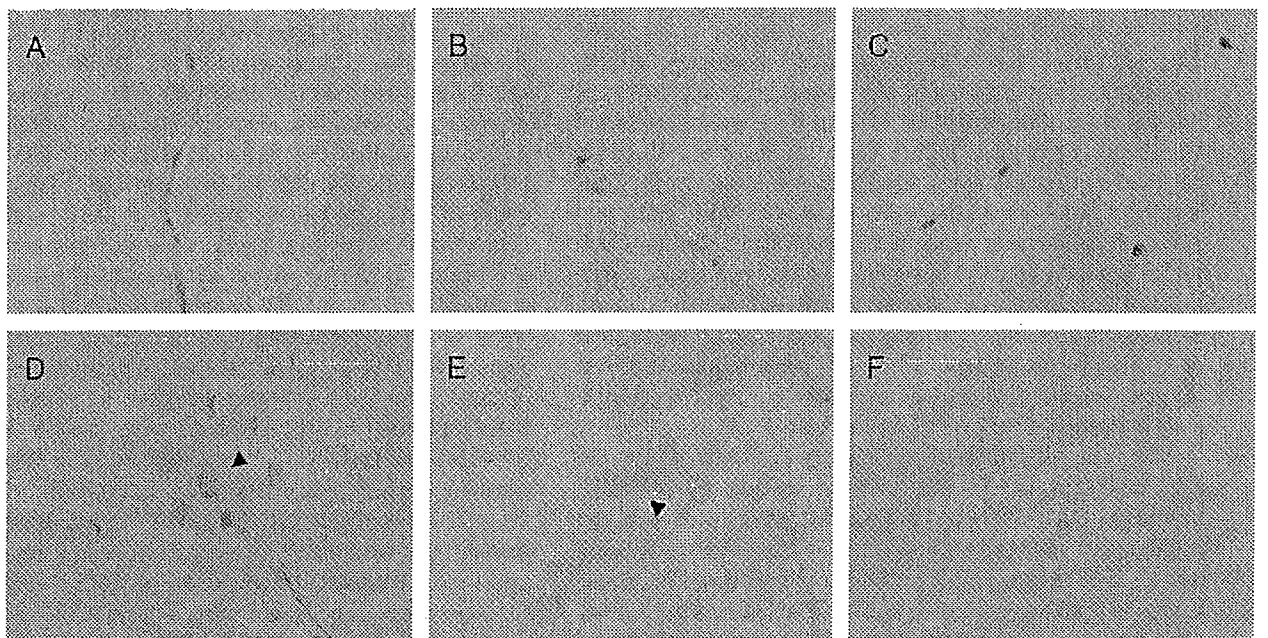


Fig. 8. Immunohistochemistry of androgen receptor in human bone tissues. Immunoreactivity of androgen receptor was detected in nuclei of osteoblasts/liner cells (A, B) but not in osteoclasts (D, E; arrowheads). Immunoreactivity of androgen receptor was also detected in nuclei of osteocytes (C) and condrocytes (F).

array analysis and following quantitative RT-PCR. COL1A1, SMAD5, and SPARC (osteonectin) were up-regulated by EXE and/or DHT treatments in both hFOB and Saos-2 cells. EXE or DHT treatments in both hFOB and Saos-2 also resulted in increased ALP activity. There have been, however, no studies reported on whether these genes are primary or secondary androgen responsive genes in osteoblasts. The AR-specific antagonist, OHF demonstrated no inhibitory effects on RUNX2 expression increased by EXE or DHT treatment in hFOB cells. In addition, hFOB cell growth induced by high dose of EXE treatment was not completely inhibited by OHF treatment. These results all suggest that EXE also may stimulate hFOB cell proliferation through both AR dependent and independent pathways. From our data of steroid production in hFOB, EXE may have an additional androgenic effect through increased TST levels in conjunction with inhibition of aromatization in hFOB cells. However, it awaits further investigations for clarification.

In normal bone remodeling, bone formation by osteoblasts follows bone resorption by osteoclasts and occurs in a precise and quantitative manner (coupling). In this coupling between bone formation and resorption, a coupling factor that induces bone formation is considered to be released during osteoclastic bone resorption [44]. This study has focused on the specific effects on osteoblast cells. However, it is true that there were significant increases in both serum bone formation and resorption markers in postmenopausal women administered with EXE for 2 years [26]. Osteoclasts, which are responsible for bone resorption, are target cells for many anti-osteoporosis therapeutic agents such as bisphosphonate of postmenopausal women [45]. However, it is unclear whether EXE acts on osteoclast directly. Chen et al. [46] reported that testosterone inhibited osteoclast formation stimulated by parathyroid hormone through the AR but not through the production of intrinsic estrogen using primary mouse osteoclast cells. In both human and rodent bone tissues, AR is expressed in both osteoblasts and osteocytes [47,48]. However, AR is detected in osteoclasts of rodent but not in human cells [31,47,48]. Therefore, in humans, androgens are considered to exert their effects on bone through osteoblasts. EXE may therefore exert its possible androgenic effects on human bone through osteoblasts but not osteoclasts. Results of our present study also suggest the possible roles of EXE on osteoblast cells through AR independent manner. Results of clinical studies suggest that the combination therapy of AI and COX-2 inhibitors could provide more effective aromatase inhibition than single therapy in hormone-sensitive postmenopausal breast cancer [49]. Bone resorption induced by IL-1 and IL-6 was also reported to occur via stimulation of COX-2 dependent PGE₂ production in osteoblasts *in vitro* [50]. Therefore, further investigations are required to clarify the effects of AI including EXE on human bone tissues.

In summary, this study using osteoblast and osteoblast-like cell lines suggested the potential protective effect of steroidal AI, EXE on osteoblasts occurred through both AR dependent and independent pathways. HOXD11 gene known as bone morphogenesis factor and osteoblast growth-related genes were induced by EXE treatment as well as DHT treatment in both hFOB and Saos-2. Damages of bone tissues by estrogen

depletion caused by AI administration are considered unavoidable but the selection of potential hormone therapies which could minimize the damages or injuries of bone tissues is considered important.

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Endocrine-Disrupting Organotin Compounds Are Potent Inducers of Adipogenesis in Vertebrates

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Dietary and xenobiotic compounds can disrupt endocrine signaling, particularly of steroid receptors and sexual differentiation. Evidence is also mounting that implicates environmental agents in the growing epidemic of obesity. Despite a long-standing interest in such compounds, their identity has remained elusive. Here we show that the persistent and ubiquitous environmental contaminant, tributyltin chloride (TBT), induces the differentiation of adipocytes *in vitro* and increases adipose mass *in vivo*. TBT is a dual, nanomolar affinity ligand for both the retinoid X receptor (RXR) and the peroxisome proliferator-activated receptor γ (PPAR γ). TBT promotes adipogenesis in the murine 3T3-L1 cell model and perturbs key regulators of adipo-

genesis and lipogenic pathways *in vivo*. Moreover, *in utero* exposure to TBT leads to strikingly elevated lipid accumulation in adipose depots, liver, and testis of neonate mice and results in increased epididymal adipose mass in adults. In the amphibian *Xenopus laevis*, ectopic adipocytes form in and around gonadal tissues after organotin, RXR, or PPAR γ ligand exposure. TBT represents, to our knowledge, the first example of an environmental endocrine disrupter that promotes adipogenesis through RXR and PPAR γ activation. Developmental or chronic lifetime exposure to organotins may therefore act as a chemical stressor for obesity and related disorders. (*Molecular Endocrinology* 20: 2141-2155, 2006)

ORGANOTINS ARE A diverse group of widely distributed environmental pollutants. Tributyltin chloride (TBT) and bis(triphenyltin) oxide (TPTO), have pleiotropic adverse effects on both invertebrate and vertebrate endocrine systems. Organotins were first used in the 1960s as antifouling agents in marine shipping paints, although such use has been restricted in recent years. Organotins persist as prevalent contaminants in dietary sources, such as fish and shellfish, and through pesticide use on high-value food crops (1, 2). Additional human exposure to organotins may occur through their use as antifungal agents in wood treatments, industrial water systems, and tex-

tiles. Mono- and diorganotins are prevalently used as stabilizers in the manufacture of polyolefin plastics (polyvinyl chloride), which introduces the potential for transfer by contact with drinking water and foods.

Exposure to organotins such as TBT and TPTO results in imposex, the abnormal induction of male sex characteristics in female gastropod mollusks (3, 4). Bioaccumulation of organotins decreases aromatase activity leading to a rise in testosterone levels that promotes development of male characteristics (5). Imposex results in impaired reproductive fitness or sterility in the affected animals and is one of the clearest examples of environmental endocrine disruption. TBT exposure also leads to masculinization of at least two fish species (6, 7), but TBT is only reported to have modest adverse effects on mammalian male and female reproductive tracts and does not alter sex ratios (8, 9). Instead, hepatic-, neuro-, and immunotoxicity appear to be the predominant effects of organotin exposure (10). Hence, the current mechanistic understanding of the endocrine-disrupting potential of organotins is based on their direct actions on the levels or activity of key steroid-regulatory enzymes such as aromatase and more general toxicity mediated via damage to mitochondrial functions and subsequent cellular stress responses (11-15).

However, it remains an open question whether *in vivo* organotins act primarily as protein and enzyme

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Abbreviations: Acac, Acetyl-coenzyme A carboxylase; b.w., body weight; C/EBP, CCAAT/enhancer binding protein; 9-*cis* RA, 9-*cis* retinoic acid; DMSO, dimethylsulfoxide; F, forward; Fatp, fatty acid transport protein; LBD, ligand-binding domain; LXR, liver X receptor; MDIT, 3-isobutyl-1-methylxanthine, dexamethasone, insulin and T $_3$ adipocyte differentiation mix; PPAR, peroxisome proliferator-activated receptor; R, reverse; RAR, retinoic acid receptor; RXR, retinoid X receptor; Srebf1, sterol-regulatory element binding factor 1; TBT, tributyltin chloride; TPTO, triphenyltin oxide; TTNPB, (E)-4-[2-(5,6,7,8-tetrahydro-5,5,8,8-tetramethyl-2-naphthyl-1-propenyl) benzoic acid; VDR, vitamin D receptor.

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inhibitors, or rather mediate their endocrine-disrupting effects at the transcriptional level. Recent work has shown that aromatase mRNA levels can be down-regulated in human ovarian granulosa cells by treatment with organotins or ligands for the nuclear hormone receptors, retinoid X receptor (RXRs) or peroxisome proliferator-activated receptor γ (PPAR γ) (16–18). Furthermore, Nishikawa *et al.* (19) have demonstrated that the gastropod *Thais clavigera* RXR homolog is responsive to 9-*cis*-retinoic acid (9-*cis*-RA) and TBT, and 9-*cis* RA can also induce imposex, suggesting a conserved transcriptional mechanism for TBT action across phyla. These ligand-dependent transcription factors belong to the nuclear hormone receptor superfamily—a group of approximately 150 members (48 human genes) that includes the estrogen receptor, androgen receptor, glucocorticoid receptor, thyroid hormone receptor, vitamin D receptor (VDR), retinoic acid receptors (RARs and RXRs), PPARs, and numerous orphan receptors. We were therefore intrigued by the similar effects of TBT and RXR/PPAR γ ligands on mammalian aromatase mRNA expression and hypothesized that TBT might be exerting some of its biological effects via transcriptional regulation of gene expression through activation of one or more nuclear hormone receptors.

Our results show that organotins such as TBT are indeed potent and efficacious agonistic ligands of the vertebrate nuclear receptors, retinoid X receptors (RXRs) and PPAR γ . The physiological consequences of receptor activation predict that permissive RXR heterodimer target genes and downstream signaling cascades are sensitive to organotin misregulation. Consistent with this prediction we observe that organotins phenocopy the effects of RXR and PPAR γ ligands using *in vitro* and *in vivo* models of adipogenesis. Therefore, TBT and related organotin compounds are the first of a potentially new class of environmental endocrine disrupters that targets adipogenesis by modulating the activity of key regulatory transcription factors in the adipogenic pathway, RXR α and PPAR γ . The existence of such xenobiotic compounds was previously hypothesized (20, 21). Our results suggest that developmental exposure to TBT and its congeners that activate RXR/PPAR γ might be expected to increase the incidence of obesity in exposed individuals and that chronic lifetime exposure could act as a potential chemical stressor for obesity and obesity-related disorders.

RESULTS

Organotins Are Agonists of Vertebrate RXR and RXR-Permissive Heterodimers

Many known or suspected environmental endocrine-disrupting chemicals mimic natural lipophilic hormones that act through members of the superfamily of nuclear receptor transcription factors (22, 23). In a

screen of high-priority endocrine-disrupting chemicals against a bank of vertebrate nuclear receptor ligand-binding domains (LBDs), we observed that organotins, specifically tributyltin chloride (TBT) and bis(triphenyltin) oxide (TPTO), could fully activate an RXR α LBD construct (GAL4-RXR α) in transient transfection assays. Both TBT and TPTO were as potent (EC_{50} ~3–10 nM) as 9-*cis* retinoic acid, an endogenous RXR ligand and approximately 2- to 5-fold less potent than the synthetic RXR-specific ligands LG100268 (EC_{50} ~2 nM) or AGN195203 (EC_{50} ~0.5 nM) (Fig. 1A and see Table 2). Maximal activation for TBT reached the same levels as LG100268 or AGN195203.

We next tested whether activation by TBT was unique to RXR α only, restricted to RXR heterodimer complexes, or a general nuclear receptor transcriptional response (Fig. 1, B–D, and Table 1). TBT activated RXR α and RXR γ from the amphibian *Xenopus laevis* in addition to human RXRs (Table 1). Our results are consistent with recent findings by Nishikawa *et al.* (19, 24) that organotins promote activation of all three human RXR subtypes in a yeast two-hybrid screen. We also observed significant activation of receptors typically considered to be permissive heterodimeric partners of RXR including human PPAR γ (Fig. 1B, ~30% maximal activation of 10 μ M troglitazone, but note that activation is compromised by cellular toxicity above 100 nM), PPAR δ , liver X receptor (LXR), and the orphan receptor NURR1. In contrast, typical nonpermissive partners such as RARs, thyroid hormone receptor, and VDR failed to show activation by organotins (Fig. 1C and Table 1). Murine PPAR α was also not activated by TBT although it was fully activated by its specific synthetic agonist WY-14643 (Fig. 1D). The steroid and xenobiotic receptor was likewise unresponsive. The orphan receptor NURR1, which has no discernable ligand pocket and is believed to be ligand independent (25), was nevertheless activated 7- to 10-fold at 100 nM TBT. Similarly, other RXR-specific ligands, e.g. LG100268, activated NURR1 to the same degree, suggesting that this response occurred through NURR1's heterodimeric partner RXR as has been previously described (25, 26). Like other RXR-specific ligands, tributyltin was also able to promote the ligand-dependent recruitment of nuclear receptor cofactors such as receptor-associated coactivator 3 (ACTR), steroid receptor coactivator-1, and PPAR-binding protein in mammalian two-hybrid interaction assays (data not shown). We infer from these results that nuclear receptor activation by TBT activation is specific to a small subset of receptors and not a consequence of a general effect on the cellular transcriptional machinery.

We next investigated the relationship between the structure of the tin compounds and RXR activation by testing the response of GAL4-RXR α to mono-, di-, tri-, and tetra-substituted butyltin, branched side chains, variations in the alkyl chain length, and changes in the halide component (Fig. 1A and Table 2). Overall, trialkyltin compounds were the most effective with nano-