

Table 2
The therapeutic response to IFN β in microarray-determined four MS subgroups

	Total	A	B	C	D	UC
IFN β -treated patients (<i>n</i>)	46	14	14	11	5	2
Age of IFN β -treated patients (average, SD)	34.9 \pm 9.2	33.2 \pm 7.6	36.5 \pm 10.4	33.1 \pm 8.3	36.2 \pm 13.3	41.5
Male to female ratio of IFN β -treated patients	8 to 38	1 to 13	3 to 11	3 to 8	0 to 5	1 to 1
IFN β responder/nonresponder score (average, SD)	1.9 \pm 2.6	2.5 \pm 2.3	2.1 \pm 2.6	1.3 \pm 2.1	-0.3 \pm 4.0	3
Dropout during a follow-up (<i>n</i>)	7	2	0	3	2	0
IFN β responder (<i>n</i> , %)	19 (41.3%)	8 (57.1%)	8 (57.1%)	2 (18.2%)	0 (0%)	1 (50%)
IFN β nonresponder (<i>n</i>)	7	2	3	1	1	0
Undetermined group (<i>n</i>)	13	2	3	5	2	1
The patients with IFN β -related adverse effects (<i>n</i> , %)	29 (63.0%)	8 (57.1%)	9 (64.3%)	7 (63.6%)	4 (80%)	1 (50%)
Increase in the number of lesions on T2-weighted MRI during a follow-up (average, SD)	1.7 \pm 1.9	-2.0 \pm 7.1	2.8 \pm 6.6	7.6 \pm 15.8	-0.7 \pm 8.1	-3.5
The patients satisfied with IFN β treatment (<i>n</i> , %)	17 (37.0%)	8 (57.1%)	6 (42.9%)	2 (18.2%)	0 (0%)	1 (50%)
The patients neither satisfied nor unsatisfied with IFN β treatment (<i>n</i>)	21	4	7	7	2	1
The patients unsatisfied with IFN β treatment (<i>n</i>)	8	2	1	2	3	0

Among 72 MS patients, 46 patients were treated with IFN β for two years after enrollment. The therapeutic response was evaluated by IFN β responder/nonresponder score shown in Table 1. Abbreviations: UC, unclassifiable.

3.4. Clinical characteristics of microarray-determined MS subgroups

Next, we investigated clinical characteristics of four MS subgroups (Supplementary Table 2 online and Fig. 3). No statistically significant differences were found among the subgroups in the age, disease duration, EDSS score, and the number of lesions on T2-weighted MRI at enrollment. However, there was a trend that the subgroup D showed a greater EDSS score and had a larger number of MRI lesions, suggestive of an advanced stage of the disease (Supplementary Table 2 online). The female outnumbered the male in all the subgroups. The male to female ratio was relatively higher in C, while no male patient was included in D. The patients with RRMS outnumbered those with SPMS in all the subgroups, although there was a mild bias for SPMS in B. The number of relapse, the day of IVMP treatment, and the day of hospitalization during preceding two years before enrollment were the largest and longest in subgroup B, and this difference was statistically significant, when compared between subgroups B and C ($p=0.0128$, 0.0183, and 0.0329 for each parameter) (Supplementary Table 2 online and Fig. 3). These observations indicate that the subgroup B included the patients who were the clinically most active before starting IFN β .

In all MS subgroups, the conventional form of MS (CMS) greatly outnumbered non-CMS, the latter was composed of the opticospinal form (OSMS) and multifocal recurrent myelitis without optic nerve involvement. No obvious association was identified between a particular MS subgroup and the spinal cord involvement. However, 5 of 6 patients having the lesions restricted to the cerebrum (CBR) were included in subgroup C (Supplementary Table 2 online). These observations suggest that the status of T-cell gene expression might affect the lesion distribution in this subgroup.

3.5. IFN β responders were clustered in subgroups A and B

Based on the patient's own determination at enrollment, 72 MS patients were separated into two groups; 46 who started to receive IFN β treatment for following two years, and 26 who were followed up without IFN β treatment for successive two years (Supplementary Table 3 online). All the IFN β -treated patients were evaluated by the IFN β responder/nonresponder score (Table 1) at the end of the two year-treatment. They were classified into 19 IFN β responders, 7 nonresponders, 13 undetermined subjects, and 7 dropouts (Table 2). The difference in the score among the subgroups (A: 2.5 \pm 2.3; B: 2.1 \pm 2.6; C: 1.3 \pm 2.1; and D: -0.3 \pm 4.3) did not reach the level of statistical significance (Table 2). However, there existed a trend that IFN β responders were clustered either in subgroup A or B. Because the subgroup A contains the greatest proportion of IFN β responders (57.1%), the patients of A were judged as being the most IFN β responsive (Table 2). All the responders of A expressed a satisfaction on IFN β treatment. The patients of the subgroup B also showed a good response equivalent to A (57.1%), although the number of satisfied patients was smaller. In contrast, only 2 of 11 IFN β -treated patients in subgroup C (18.2%) and none of the patients in subgroup D were judged as IFN β responders. The patients of C showed a trend for great increase in the number of MRI lesions during IFN β treatment, consistent with the poor response to IFN β (Table 2). A battery of IFN β treatment-related adverse effects, including skin reactions, flu-like symptoms, leukocytopenia, depression, and amenorrhea, were observed in more than 50% of IFN β -treated patients in all the subgroups (Table 2). Seven patients of the IFN β -treated group discontinued the treatment: five due to adverse effects, one due to a severe relapse, and another by a personal reason.

We also studied T-cell gene expression profile of IFN β -treated MS patients at 3 or 6 months after starting the

treatment. Although hierarchical clustering analysis classified these patients into several subgroups, they did not match with the subgroup A, B, C, or D determined at pretreatment (data not shown). Furthermore, no significant association was identified between these new clusters and the response to IFN β . These observations suggest that T-cell gene expression profiling at pretreatment is the most valuable to predict the clinical outcome, whereas the analysis after starting IFN β treatment is less informative.

3.6. Temporal profile of IFN-responsive gene expression in the first six months discriminated responders and nonresponders

Finally, we investigated the temporal expression profile of the genes with IFN-responsive promoter elements named IFN-responsive genes (IRGs) following IFN β treatment. As we previously reported (Koike et al., 2003), IFN β treatment for 6 months enhanced the expression of a battery of IRGs in T cells (Fig. 4). A remarkable difference was found between IFN β responders (R) and nonresponders (NR) in the kinetics of several IRGs, such as IFN-stimulated protein 15 (ISG15), small inducible cytokine A2 (SCYA2, CCL2, or MCP-1), TNF receptor subfamily member 1B (TNFRSF1B, TNFRp75),

and IFN α -inducible protein 27 (IFI27) (Fig. 5). The IFN β responders exhibited a pattern of persistent upregulation during 6 months of the treatment. In contrast, the nonresponders showed a seesaw pattern, i.e. higher upregulation at 3 months than the responders, followed by substantial downregulation at 6 months. The differences between R and NR in the kinetics of both TNFRSF1B and IFI27 levels from 3 to 6 months were statistically significant ($p=0.0092$ and 0.0307 , respectively) (Fig. 5). These observations suggest that IFN β nonresponders also well respond to IFN β at 3 months, but they could not maintain the responsiveness until 6 months.

4. Discussion

To elucidate the molecular basis underlying clinicopathological variability of MS, we conducted a comprehensive study that combines T-cell gene expression profiling and clinical characteristics of Japanese MS patients. Hierarchical clustering analysis of 286 genes differentially expressed between 72 untreated MS patients and 22 CN subjects classified a clinically heterogeneous population of MS into four distinct subgroups, named A, B, C, and D, and identified five gene classes numbered #1 to #5. The class

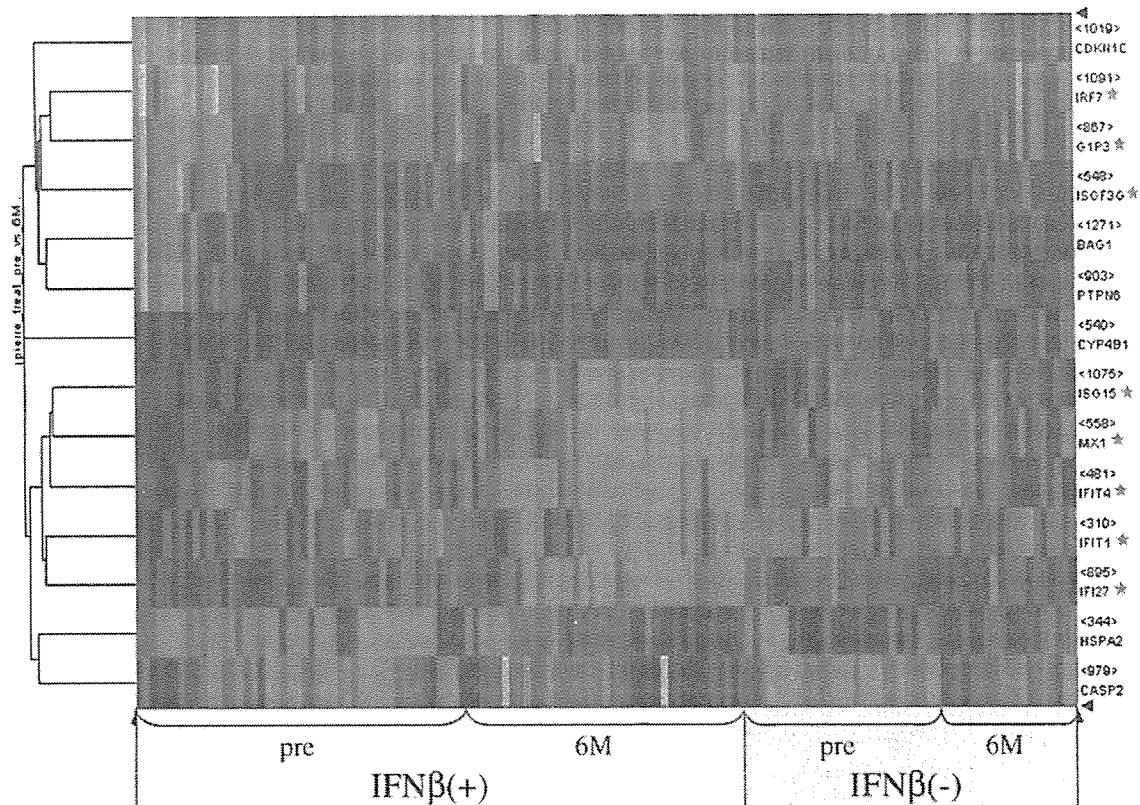


Fig. 4. Induction of IFN-responsive genes in IFN β -treated MS patients. Seventy-two MS patients were divided into IFN β -treated group (IFN β +; $n=46$) and untreated group (IFN β -; $n=26$). A cluster of known IFN-responsive genes (IRGs) indicated by the star were significantly upregulated exclusively in IFN β -treated patients at 6 months after starting the treatment.

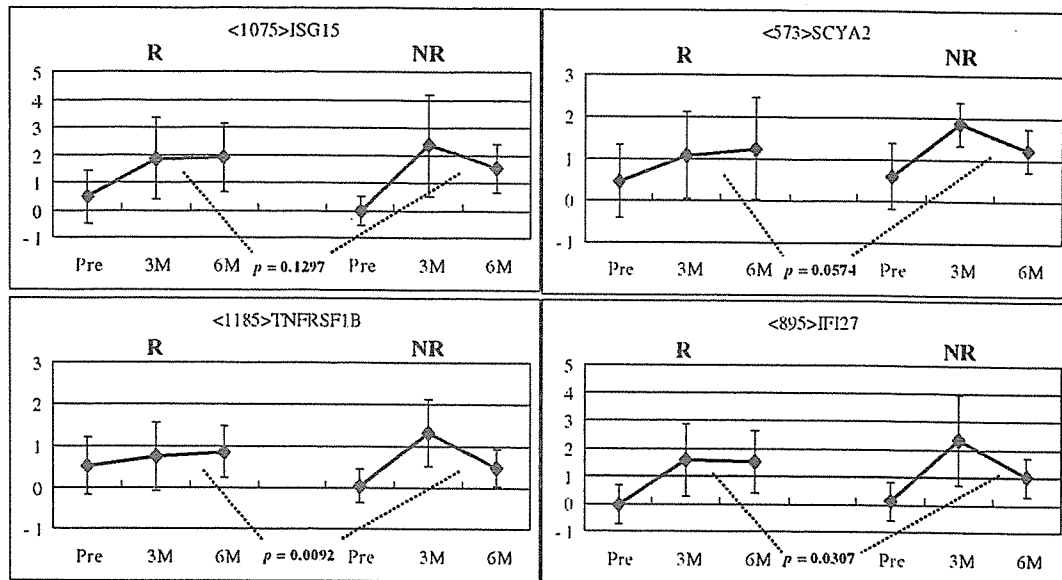


Fig. 5. Temporal profile of induction of IFN-responsive genes in IFN β responders and nonresponders during IFN β treatment. T-cell gene expression profiling was examined in 46 IFN β -treated MS patients at three time points: before starting IFN β treatment (Pre), and at 3 months (3M) and 6 months (6M) after starting the treatment. Based on the IFN β responder/nonresponder score, they were separated into 19 IFN β responders (R: the left) and 7 nonresponders (NR: the right) as shown in Table 2. The temporal expression profile of IFN-responsive genes (IRGs), such as IFN-stimulated protein 15 (ISG15), small inducible cytokine A2 (SCYA2), TNF receptor subfamily member 1B (TNFRSF1B), and IFN α -inducible protein 27 (IFI27), is shown with the statistical differences in the kinetics during 3 to 6 months between R and NR. The vertical axis represents the gene expression level (GEL), while the horizontal axis indicates the time course.

#5 genes containing nine chemokines were upregulated exclusively in MS. The most clinically active subgroup B showed the highest upregulation of the class #5 genes. These observations suggest that the higher disease activity of B is in part attributable to overproduction of chemokines which promote lymphocyte and macrophage trafficking into the CNS (Balashov et al., 1999; Opdenakker et al., 2003). Recently, using this database as a training set for support vector machine (SVM) analysis of T cell gene expression, we found that the great majority of active RRMS patients were classified into MS subgroups, while clinically stable patients without obvious relapses for several years were occasionally classified into CN group (unpublished observations).

The class #5 genes upregulated in MS T cells include various cytokines, growth factors and their receptors, whose expression was detected at high levels in demyelinating lesions of MS, such as IL-12p40 (Windhagen et al., 1995), IL-10 (Hulshof et al., 2002), granulocyte colony-stimulating factor (G-CSF) (Lock et al., 2002), platelet-derived growth factor receptor- α (PDGFRA) (Maeda et al., 2001), transforming growth factor- β 2 (TGFB2) (Peress et al., 1996), and insulin-like growth factor-II (IGF-II) (Gveric et al., 1999). The class #5 genes also contain many apoptosis-signaling regulators pivotal for T cell development. It is worthy to note that nuclear receptor subfamily 4, group A, member 2 (NR4A2) in the class #5 was the most strongly upregulated gene in MS T cells. NR4A2 encodes an orphan member of the steroid- thyroid hormone receptor superfamily transcription factors designated Nurr1. Nurr1 is induced

in T cells during apoptosis (Okabe et al., 1995) and the members of this family regulate clonal deletion of self-reactive T cells in the thymus (Zhou et al., 1996). Nurr1 activates the transcription of osteopontin (Lammi et al., 2004), a Th1 cytokine that plays a key role in progression of inflammatory demyelination in MS (Steinman and Zamvil, 2003). In contrast, a previous study showed that NR4A2 is downregulated in unfractionated PBMC of MS patients (Achiron et al., 2004), although the following study from the same group indicated a significant upregulation of NR4A2 in PBMC of both MS and SLE patients (Mandel et al., 2004). We validated upregulation of NR4A2 mRNA levels in MS T cells by quantitative real-time RT-PCR analysis (unpublished observations).

The present study suggests that the microarray-based classification of MS is useful to predict therapeutic response to IFN β . The proportion of IFN β responders greatly differed among MS subgroups: 57.1% in A, 57.1% in B, 18.2% in C and 0% in D. Furthermore, the responders are significantly different from the non-responders in the kinetics of IFN-responsive genes (IRGs). A panel of IRGs were upregulated persistently in IFN β responders, whereas they were downregulated to some extent in nonresponders by 6 months. The precise reason for downregulation of IRGs in nonresponders after a long-term treatment remains unknown, because our study did not determine neutralizing antibody (NAb) development in individual patients. Unexpectedly, the patients of subgroup B exhibited a good response to IFN β , despite its highest clinical activity. A recent study showed that IFN β res-

ponders are characterized by higher relapse rates during the year prior to initiation of IFN β treatment (Waubant et al., 2003), supporting our observations. In contrast, the patients of C with the poor response to IFN β showed a trend for great increase in the number of MRI lesions during IFN β treatment. A different study indicated that the number of on-treatment new T2 MRI lesions correlates with poor response to IFN β -1a (Rudick et al., 2004), being consistent with our study. Although the subgroup D did not include any IFN β responders, the number of MRI lesions did not increase much during the treatment, suggesting that this subgroup undergoes a neurodegenerative process independent of active inflammation (Steinman, 2001).

A number of differentially expressed genes between MS and CN include those having IFN-responsive elements in the promoter regions: p300 (EP300) and IFN α receptor 1 (IFNAR1) in the class #1, CXCL10, ATP-binding cassette (ABC) subfamily E member 1 (ABCE1 or RNS4I) (Bisbal et al., 1995), IFN γ -inducible protein 16 (IFI16), and STAT1 in the class #2, myxovirus resistance 2 (MX2) in the class #3, IFN-regulatory factors IRF9 and IRF2 in the class #4, and IFN α -16 (IFNA16) and CXCL9 (MIG) in the class #5. These observations suggest that T cells of MS patients have a constitutive defect in regulation of IFN signaling. We previously showed that CXCL9 expression was suppressed in T cells of 13 RRMS patients by a long-term treatment with IFN β (Koike et al., 2003), suggesting that IFN β produces a beneficial effect on MS by correcting the preexisting disturbance in the IFN-signaling pathway.

Finally, T-cell gene expression profiling identified an aberrant expression of key regulators for drug metabolism, whose role has not previously been proposed in MS (Nguyen et al., 2000). A panel of cytochrome P450 (CYP) family, which regulates Ca²⁺ influx in activated T cells (Aussel et al., 1994), were overexpressed in MS T cells. On the other hand, a wide range of ABC transporters in the classes #2, #3, and #4 were downregulated in MS T cells (see Supplementary Table 1 for all datasets). The ABC transporter superfamily regulates the transport of amino acids, ions, sugars, lipids and drugs across the cell membrane by consuming the energy derived from ATP hydrolysis. The downregulated genes in MS include ABCB1 and ABCG2 expressed on brain endothelial cells, which act as a main transporter in the blood–brain barrier and determine bioavailability of corticosteroids and mitoxantrone in the brain (Zhang et al., 2003). The clinicopathological relevance of opposing changes in CYP family enzymes and ABC transporters to MS remains to be further investigated.

In conclusion, T-cell gene expression profiling is highly valuable to identify distinct subgroups of MS associated with differential disease activity and therapeutic response to IFN β . This approach could be applied for designing tailor-made treatment of MS.

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Appendix A. Supplementary data

Supplementary data associated with this article can be found, in the online version, at doi:10.1016/j.jneuroim.2006.02.004.

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Research article

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Microarray analysis identifies a set of CXCR3 and CCR2 ligand chemokines as early IFN β -responsive genes in peripheral blood lymphocytes *in vitro*: an implication for IFN β -related adverse effects in multiple sclerosis

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Abstract

Background: A substantial proportion of multiple sclerosis (MS) patients discontinue interferon-beta (IFN β) treatment due to various adverse effects, most of which emerge at the early phase after initiation of the treatment and then diminish with time. At present, the molecular mechanism underlying IFN β -related adverse effects remains largely unknown. The aim of this study is to identify a comprehensive list of early IFN β -responsive genes (IRGs) in peripheral blood mononuclear cells (PBMC) that may play a key role in induction of adverse effects.

Methods: Total RNA of PBMC exposed to 50 ng/ml recombinant human IFN β for 3 to 24 hours *in vitro* was processed for cDNA microarray analysis, followed by quantitative real-time RT-PCR analysis.

Results: Among 1,258 genes on the array, IFN β elevated the expression of 107 and 87 genes, while it reduced the expression of 22 and 23 genes at 3 and 24 hours, respectively. Upregulated IRGs were categorized into conventional IFN-response markers, components of IFN-signaling pathways, chemokines, cytokines, growth factors, and their receptors, regulators of apoptosis, DNA damage, and cell cycle, heat shock proteins, and costimulatory and adhesion molecules. IFN β markedly upregulated CXCR3 ligand chemokines (SCYB11, SCYB10 and SCYB9) chiefly active on effector T helper type 1 (Th1) T cells, and CCR2 ligand chemokines (SCYA8 and SCYA2) effective on monocytes, whereas it downregulated CXCR2 ligand chemokines (SCYB2, SCYB1 and IL8) primarily active on neutrophils.

Conclusion: IFN β immediately induces a burst of gene expression of proinflammatory chemokines *in vitro* that have potential relevance to IFN β -related early adverse effects in MS patients *in vivo*.

Background

Multiple sclerosis (MS) is an inflammatory demyelinating disease of the central nervous system (CNS) white matter mediated by an autoimmune process, whose development is triggered by a complex interplay of both genetic and environmental factors [1]. Administration of interferon-gamma (IFN γ) induced acute relapses, along with activation of the systemic immune response [2], suggesting that T-lymphocytes producing proinflammatory T helper type 1 (Th1) cytokines play a pivotal role in the immunopathogenesis of MS. In contrast, interferon-beta (IFN β) significantly reduces the frequency of clinical exacerbations and delays the progression of disability in relapsing-remitting MS (RRMS), accompanied by a reduction in the number of new brain lesions on MRI [3,4]. Furthermore, an early initiation of IFN β delays the conversion to clinically definite MS in the patients who experienced a first demyelinating event [5]. Although the precise mechanism underlying therapeutic effects of IFN β on MS remains to be fully elucidated, previous studies proposed several possibilities, including the inhibition of Th1 cell development [6], induction of Th2 immune deviation [7], restoration of function of the disrupted blood-brain barrier [8], and downregulation of IFN γ -induced expression of class II major histocompatibility complex (MHC) molecules [9].

Although clinical benefits of IFN β in MS are meaningful, approximately one-third of the patients receiving IFN β therapy suffered from a higher or identical annual relapse rate on treatment [10]. New lesion formation on MRI during the treatment correlates with poor response to IFN β [11]. Furthermore, a substantial proportion of the patients discontinued IFN β treatment because of various adverse effects, including skin reactions, flu-like symptoms, leukocytopenia, liver dysfunction, depression and amenorrhea [12]. The molecular mechanisms accounting for IFN β -related adverse effects remain unknown, although most of these emerge at the early phase after initiation of the treatment, and then diminish with time [12]. At present, no biologically relevant markers capable of predicting either therapeutic or detrimental responses of IFN β in MS are available [13].

DNA microarray technology is a novel approach that allows us to systematically monitor the expression of a large number of genes. It has given new insights into the complexity of molecular interactions promoting the autoimmune process in MS [14]. IFN β induces a complex pattern of gene regulation in peripheral blood mononuclear cells (PBMC) of MS [15]. Recently, we studied the gene expression profile of CD3 $^+$ T cells isolated from PBMC of 13 Japanese MS patients before and after treatment with IFN β -1b by analyzing a custom cDNA microarray containing a set of well-annotated, immunologically

relevant genes. IFN β upregulates the expression of 7 IFN β -responsive genes (IRGs) during the treatment [16]. A following study performed on RRMS patients receiving IFN β -1a supported our observations [17]. More recently, we found that the vast majority of genes expressed in CD3 $^+$ T cells differentially between 72 untreated MS patients and 22 healthy controls are categorized into apoptosis regulators [18]. Regarding the gene expression profile of IFN β responders in MS, baseline levels of IL-12p35 mRNA are significantly lower in the responders [19]. Downregulation of IL-8 expression in PBMC during IFN β treatment distinguishes the responders from nonresponders in RRMS [20]. IFN β responders differ from nonresponders in the kinetics of expression of IRGs at 3 and 6 months after starting the treatment [21]. A three-dimensional model of gene triplets detected by RT-PCR analysis predicts IFN β response status in RRMS [22]. However, all of previous observations do not clearly illustrate the molecular basis of complex biological effects of IFN β in MS. Furthermore, no databases of immediate early IRGs in PBMC are currently available.

The present study is designed to identify a comprehensive list of immediate early IRGs in PBMC with potential relevance to IFN β -related early adverse effects in MS.

Methods

Treatment of peripheral blood lymphocytes with IFN β

PBMC were isolated from heparinized blood by centrifugation on a Ficoll density gradient. PBMC were suspended at 5×10^6 cells/ml in RPMI 1640 medium containing 10% fetal bovine serum, 2 mM L-glutamine, 55 μ M 2-mercaptoethanol, 100 U/ml penicillin, and 100 μ g/ml streptomycin (culture medium). The cells were incubated in a 5%CO $_2$ /95% air incubator at 37°C for 3 hours to characterize the immediate response or for 24 hours to detect the early response, in the culture medium with or without inclusion of 50 ng/ml recombinant human IFN β (a specific activity of = 2×10^7 units/mg, PeptoTech, London, UK), 50 ng/ml recombinant human IFN γ (a specific activity of = 2×10^7 units/mg, PeptoTech), 50 ng/ml recombinant human TNF α (a specific activity of = 2×10^7 units/mg, PeptoTech), or 50 ng/ml recombinant human IL-1 β (a specific activity of = 1×10^7 units/mg, PeptoTech). They were then processed for RNA preparation as described previously [16,18,21]. Written informed consents were obtained from the subjects involved in the present study according to the form approved by the Ethics Committee of National Center of Neurology and Psychiatry (NCNP), Tokyo, Japan. The samples of the subjects #1, #2 and #4 were processed for both microarray and real-time RT-PCR analysis, while those of the subject #3 were studied only by real-time RT-PCR analysis.

Table 1: Primers utilized for real-time RT-PCR analysis

Genes	GenBank accession No.	Sense primers	Antisense primers	PCR product (bp)
ISG15 (G1P2)	NM_005101 (M13755)	5'aagccctgagcaccgtgtcat3'	5'ttgatcctcctcggagctggtg3'	102
SCYB10 (CXCL10, IP-10)	NM_001565 (X02530)	5'tcgatgcagtgcttccaaggatgg3'	5'ccttccacagagtagtagcagc3'	162
SCYA8 (CCL8, MCP2)	NM_005623 (Y10802)	5'tctgtgctgaccccaaggagagat3'	5'taatgtcacactgcacctggggga3'	164
SCYA2 (CCL2, MCP1)	NM_002982 (S71513)	5'ctagcttccccagacaccctgtt3'	5'ccagggtagaactgtggttcaag3'	197
SCYB2 (CXCL2, GRO2)	NM_002089	5'cccgcacgcccattgtaagaaa3'	5'tcttctgttctgtaaggcagggc3'	131
FOS	NM_005252	5'gagctggtcattacagagaggag3'	5'ggacttgagtcacacatggatgc3'	140
RGS14	NM_006480	5'tgacagctaccacaagtcaggga3'	5'agggattgggggtgagctgttga3'	222
G3PDH	NM_002046	5'ccatgttcgtcatgggtgaaacca3'	5'gccagtagaggcaggatgatgttc3'	251

Abbreviations: ISG15, interferon-stimulated gene 15; SCYB10, small inducible cytokine subfamily B, member 10; SCYA8, small inducible cytokine subfamily A, member 8; SCYA2, small inducible cytokine subfamily A, member 2; SCYB2, small inducible cytokine subfamily B, member 2; FOS, cellular oncogene c-fos; RGS14, regulator of G-protein signaling 14; and G3PDH, glyceraldehyde-3-phosphate dehydrogenase

Quantitative real-time RT-PCR analysis

DNase-treated total RNA was processed for cDNA synthesis using oligo(dT)₁₂₋₁₈ primers and SuperScript II reverse transcriptase (Invitrogen, Carlsbad, CA). cDNA was amplified by PCR in LightCycler ST300 (Roche Diagnostics, Tokyo, Japan) using SYBR Green I dye and the primer sets listed in Table 1. To calibrate the concentration of mRNA levels in test cDNA samples, serially-diluted purified PCR products generated by conventional RT-PCR (a 10-fold dilution from 1 pg/ml to 0.0001 pg/ml) were amplified in parallel. The levels of expression of target genes were standardized against those of the glyceraldehyde-3-phosphate dehydrogenase (G3PDH) gene detected in the identical cDNA samples. The assays were performed in triplicate measurements of the same sample and the results were expressed as the average with standard error.

cDNA microarray analysis

The present study utilized a custom microarray containing duplicate spots of 1,258 cDNA immobilized on a poly-L-lysine-coated slide glass (Hitachi Life Science, Kawagoe, Saitama, Japan) [16,18,21]. They were prepared by PCR of well-annotated genes, selected from cytokines, growth factors and their receptors, apoptosis regulators, oncogenes, transcription factors, cell cycle regulators and housekeeping genes. The complete gene list is shown in Additional file 1. Five µg of purified RNA was *in vitro* amplified and antisense RNA (aRNA) was processed for microarray analysis. aRNA derived from IFNβ-treated PBMC was labeled with a fluorescent dye Cy5, while aRNA of untreated PBMC was labeled with Cy3 by reverse transcriptase reaction. The arrays were hybridized at 62°C for 17 hours in the hybridization buffer containing equal amounts of Cy3- or Cy5-labeled cDNA, and they were then scanned at two different photomultiplier tube (PMT) gains by the

ScanArray 5000 scanner (GSI Lumonics, Boston, MA). The data were analyzed by using the QuantArray software (GSI Lumonics). The fluorescence intensities (FI) of individual spots were quantified following global normalization between Cy3 and Cy5 signals. The average of FI of duplicate spots was calculated, then the ratio of FI of Cy5 signal versus FI of Cy3 signal exceeding 2.0 was defined as significant upregulation, whereas the ratio smaller than 0.5 was considered as substantial downregulation. The impact of inter-experiment variability was validated by analyzing a scatter plot (see Additional file 2).

The IFN-regulated expression of the genes we identified was verified by computerized search of PubMed database and IFN Stimulated Gene (ISG) database [23].

Results

Microarray analysis identified immediate early IFNβ-responsive genes in PBMC

Among 1,258 genes on the array, IFNβ treatment for 3 hours elevated the expression of 107 genes in PBMC isolated from a 46 year-old healthy man (the subject #1), while it reduced the expression of 22 genes (see Additional files 3 and 4 for the complete list). IFNβ treatment for 24 hours upregulated 87 genes and downregulated 23 genes (see Additional files 5 and 6 for the complete list). Sixty-nine genes were upregulated at both 3 and 24 hours, while only two genes such as FOS and IL1A were downregulated at both. The IRGs upregulated at both time points contained 11 *in vivo* IRGs reported previously by us [16], including IFIT1 (IFI56), ISG15 (G1P2), IFIT4 (IFI60), IFI27, G1P3 (IFI6-16), IRF7, ABCB2 (TAP1), ATF3, IFITM1 (IFI17), SULT1C1, and TNFAIP6, whose expression was elevated in T cells and non-T cells *ex vivo*, isolated from 13 RRMS patients during IFNβ treatment for 3 to 6 months. Top 20 most significant genes, either

Table 2: Top 20 upregulated genes in PBMC following exposure to IFN β

No.	Cy5/Cy3 ratio	Symbol	GenBank	Gene name
at 3 hours				
1	188.50	<u>IFIT1</u>	<u>X03557</u>	interferon-induced protein with tetratricopeptide repeats 1 (IFI56)
2	149.82	SCYB11	<u>AF030514</u>	chemokine (C-X-C motif) ligand 11 (CXCL11, IP-9, I-TAC)
3	81.81	ISG15	<u>M13755</u>	interferon-stimulated gene ISG15 (GIP2)
4	67.84	<u>IFIT4</u>	<u>AF083470</u>	interferon-induced protein with tetratricopeptide repeats 4 (IFI60)
5	66.38	MX1	<u>M30817</u>	myxovirus resistance protein 1 (MXA)
6	64.43	SCYB10	<u>X02530</u>	chemokine (C-X-C motif) ligand 10 (CXCL10, IP-10)
7	55.01	SCYA8	<u>Y10802</u>	chemokine (C-C motif) ligand 8 (CCL8, MCP2)
8	36.88	SCYB9	<u>X72755</u>	chemokine (C-X-C motif) ligand 9 (CXCL9, MIG)
9	35.14	TNFSF10	<u>U37518</u>	tumor necrosis factor superfamily, member 10 (TRAIL)
10	32.86	MX2	<u>M30818</u>	myxovirus resistance protein 2 (MXB)
11	21.99	<u>IFI27</u>	<u>X67325</u>	interferon alpha-inducible protein 27
12	21.98	GIP3	<u>X02492</u>	interferon alpha-inducible protein (IFI6-16), isoform a
13	19.26	ISG20	<u>U88964</u>	interferon-stimulated gene ISG20
14	19.12	STAT1	<u>M97935</u>	signal transducer and activator of transcription 1, isoform alpha
15	13.71	<u>IRE7</u>	<u>U53830</u>	interferon-regulatory factor 7, isoform alpha
16	13.44	CCNA1	<u>U66838</u>	cyclin A1
17	12.72	IL6	<u>M14584</u>	interleukin 6
18	10.86	IL1RN	<u>X53296</u>	interleukin 1 receptor antagonist, isoform 1
19	10.47	SCYA2	<u>S71513</u>	chemokine (C-C motif) ligand 2 (CCL2, MCP1)
20	9.91	STAT2	<u>M97934</u>	signal transducer and activator of transcription 2
at 24 hours				
1	193.19	SCYA8	<u>Y10802</u>	chemokine (C-C motif) ligand 8 (CCL8, MCP2)
2	124.77	<u>IFIT1</u>	<u>X03557</u>	interferon-induced protein with tetratricopeptide repeats 1 (IFI56)
3	107.21	<u>IFI27</u>	<u>X67325</u>	interferon alpha-inducible protein 27
4	70.51	<u>ISG15</u>	<u>M13755</u>	interferon-stimulated gene ISG15 (GIP2)
5	53.22	SCYB11	<u>AF030514</u>	chemokine (C-X-C motif) ligand 11 (CXCL11, IP-9, I-TAC)
6	38.07	MX1	<u>M30817</u>	myxovirus resistance protein 1 (MXA)
7	37.95	<u>IFIT4</u>	<u>AF083470</u>	interferon-induced protein with tetratricopeptide repeats 4 (IFI60)
8	31.56	SCYB10	<u>X02530</u>	chemokine (C-X-C motif) ligand 10 (CXCL10, IP-10)
9	23.65	<u>GIP3</u>	<u>X02492</u>	interferon alpha-inducible protein (IFI6-16), isoform a
10	23.10	TNFSF10	<u>U37518</u>	tumor necrosis factor superfamily, member 10 (TRAIL)
11	21.31	MX2	<u>M30818</u>	myxovirus resistance protein 2 (MXB)
12	20.68	PDGFRL	<u>D37965</u>	platelet-derived growth factor receptor-like protein
13	15.95	CD80	<u>M27533</u>	CD80 antigen (B7-1)
14	13.99	<u>IRE7</u>	<u>U53830</u>	interferon-regulatory factor 7, isoform alpha
15	13.93	IL1RN	<u>X53296</u>	interleukin 1 receptor antagonist, isoform 1
16	13.31	ISG20	<u>U88964</u>	interferon-stimulated gene ISG20
17	11.81	<u>IFITM1</u>	<u>J04164</u>	interferon induced transmembrane protein 1 (IFI17)
18	8.67	SCYA2	<u>S71513</u>	chemokine (C-C motif) ligand 2 (CCL2, MCP1)
19	8.54	IL6	<u>M14584</u>	interleukin 6
20	8.51	IL8RB	<u>L19593</u>	interleukin 8 receptor beta (CXCR2)

Top 20 upregulated genes in PBMC of the subject #1 (a 46 year-old healthy man) by exposure to 50 ng/ml recombinant human IFN β for 3 or 24 hours are listed with Cy5/Cy3 signal intensity ratio, gene symbol, GenBank accession number, and gene name. In vivo IRGs in T cells and non-T cells of RRMS patients reported previously (Ref. 16) are underlined.

upregulated or downregulated, are listed in Table 2 and Table 3, respectively. All of top 20 upregulated genes were found as known IRGs identified in various cell types by searching through PubMed and ISG databases.

The upregulated IRGs in the complete lists (see Additional files 3 and 5) were classified into several functional categories following; (i) conventional IFN-response markers (n = 12), (ii) components of classical and Toll-like receptor (TLR)-dependent IFN-signaling pathways (n = 12),

(iii) chemokines and their receptors (n = 11), (iv) cytokines, growth factors and their receptors (n = 17), (v) apoptosis, DNA damage, and cell cycle regulators (n = 29), (vi) heat shock proteins (n = 9), and (vii) costimulatory and adhesion molecules (n = 7) (Table 4). The chemokine and chemokine receptor group included both CXC and CC chemokines and their receptors, such as SCYB11 (CXCL11, I-TAC), SCYB10 (CXCL10, IP-10), SCYA8 (CCL8, MCP2), SCYB9 (CXCL9, MIG), SCYA2 (CCL2, MCP1), CCR5, SCYA4 (CCL4, MIP1B), IL8RB (CXCR2),

Table 3: Top 20 downregulated genes in PBMC following exposure to IFN β

No.	Cy5/Cy3 ratio	Symbol	GenBank	Gene name
at 3 hours				
1	0.29	RGS14	NM_006480	regulator of G-protein signaling 14
2	0.30	FOS	NM_005252	cellular oncogene c-fos
3	0.31	SCYB2	NM_002089	chemokine (C-X-C motif) ligand 2 (GRO2, MIP2A)
4	0.41	PPARG2	U63415	peroxisome proliferative activated receptor gamma, isoform 2
5	0.41	TNFSF11	NM_003701	tumor necrosis factor ligand superfamily, member 11 (RANKL), isoform 1
6	0.42	ABCC4	NM_005845	ATP-binding cassette, subfamily C, member 4 (MRP4)
7	0.42	MERTK	NM_006343	c-mer proto-oncogene tyrosine kinase
8	0.42	TGFBR3	NM_003243	transforming growth factor beta receptor III (betaglycan)
9	0.44	ATP2B1	J04027	ATPase, Ca ⁺⁺ transporting, plasma membrane 1, isoform 1b
10	0.45	SCYB1	NM_001511	chemokine (C-X-C motif) ligand 1 (GRO1, MGSA)
11	0.45	IL8	NM_000584	interleukin 8 (SCYB8, CXCL8)
12	0.45	TRAF5	NM_004619	TNF receptor-associated factor 5, variant 1
13	0.47	CD3G	NM_000073	CD3G antigen, gamma polypeptide
14	0.47	IL1A	NM_000575	interleukin 1 alpha
15	0.47	TCFL5	NM_006602	transcription factor-like 5
16	0.48	LAT	AF036905	linker for activation of T cells, isoform b
17	0.48	HNMT	U08092	histamine N-methyltransferase, isoform 1
18	0.48	SLC3A1	NM_000341	solute carrier family 3, member 1
19	0.49	MGST1	NM_145764	microsomal glutathione S-transferase 1, variant 1d
20	0.49	TNFSF8	NM_001244	tumor necrosis factor ligand superfamily, member 8 (CD30L)
at 24 hours				
1	0.18	ABCC3	AF083552	ATP-binding cassette, subfamily C, member 3, isoform MRP3
2	0.20	FOS	NM_005252	cellular oncogene c-fos
3	0.30	ALDH2	NM_000690	aldehyde dehydrogenase 2 family
4	0.30	TPST1	NM_003596	tyrosylprotein sulfotransferase 1
5	0.31	CD9	NM_001769	CD9 antigen
6	0.34	NRG1	NM_013962	neuregulin 1, isoform GGF2
7	0.35	TLR5	NM_003268	toll-like receptor 5
8	0.36	PTGS1	NM_000962	prostaglandin-endoperoxide synthase 1 (COX1), isoform 1
9	0.37	MGST2	NM_002413	microsomal glutathione S-transferase 2
10	0.38	ITGAM	NM_000632	integrin, alpha M (CD11B, MAC-1, CR3A)
11	0.38	SCYA24	NM_002991	chemokine (C-C motif) ligand 24 (eotaxin 2)
12	0.38	CYP27A1	NM_000784	cytochrome P450, family 27, subfamily A, polypeptide 1 (CTX)
13	0.39	ALDH1A1	NM_000689	aldehyde dehydrogenase 1 family, member A1
14	0.39	MYCL1	NM_005376	v-myc myelocytomatosis viral oncogene homolog 1 (LMYC)
15	0.41	ATP6AP2	NM_005765	ATPase, H ⁺ transporting, lysosomal accessory protein 2 (ATP6M8-9)
16	0.44	PRKCG	NM_002739	protein kinase C gamma
17	0.45	ATP2B1	J04027	ATPase, Ca ⁺⁺ transporting, plasma membrane 1, isoform 1b
18	0.46	APIS2	NM_003916	adaptor-related protein complex 1, sigma 2 subunit
19	0.47	NR6A1	NM_001489	nuclear receptor subfamily 6, group A, member 1 (RTR), isoform 2
20	0.47	GCG	NM_173916	glucagon

Top 20 downregulated genes in PBMC of the subject #1 (a 46 year-old healthy man) by exposure to 50 ng/ml recombinant human IFN β for 3 or 24 hours are listed with Cy5/Cy3 signal intensity ratio, gene symbol, GenBank accession number, and gene name.

SCYA3 (CCL3, MIP1A), SCYA19 (CCL19, MIP3B) and SCYA13 (CCL13, MCP4). It is worthy to note that both CXCR3 ligand chemokines (SCYB11, SCYB10 and SCYB9) and CCR2 ligand chemokines (SCYA10 and SCYA2) were clustered in top 20 genes greatly elevated at 3 and 24 hours of IFN β treatment (Table 2). With respect to top 20 downregulated genes, four genes such as SCYB2 (CXCL2, GRO2), SCYB1 (CXCL1, GRO1), IL8 (SCYB8, CXCL8), and SCYA24 (eotaxin-2) were categorized into the chemokine group (Table 3). Among them, SCYB2, SCYB1 and IL8, whose expression was reduced immedi-

ately at 3 hours of IFN β treatment, belong to CXCR2 ligand and chemokines. Although the analysis in the present study was a single microarray for each sample design, the results from two additional subjects, including a 28 year-old healthy man (the subject #2) and a 27 year-old woman with RRMS who was a dropout of IFN β treatment due to induction of frequent severe relapses (the subject #4), verified the observations of immediate early induction of CXCR3 ligand and CCR2 ligand chemokine genes in PBMC by exposure to IFN β , supporting the reproducibility of these results (see Additional file 7).

Table 4: Functional classification of IFN β -upregulated genes in PBMC

Categories	Number of genes	Gene symbols (alternative symbols or names)
1 Conventional IFN-response markers	12	IFIT1 (IFI56), ISG15 (G1P2), IFIT4 (IFI60), MX1 (MXA), MX2 (MXB), IFI27, G1P3 (IFI6-16), ISG20, IFI16, IFITM1 (IFI17), IFITM3 (I-8U), ABCB2 (TAP1)
2 Components of IFN-signaling pathways	12	STAT1, IRF7, STAT2, JAK2, IRF2, ISGF3G (IRF9), MYD88, IRF8, STAT3, JAK3, IRF1, TLR3
3 Chemokines and receptors	11	SCYB11 (CXCL11, I-TAC), SCYB10 (CXCL10, IP-10), SCYA8 (CCL8, MCP2), SCYB9 (CXCL9, MIG), SCYA2 (CCL2, MCP1), CCR5, SCYA4 (CCL4, MIP1B), IL8RB (CXCR2), SCYA3 (CCL3, MIP1A), SCYA19 (CCL19, MIP3B), SCYA13 (CCL13, MCP4)
4 Cytokines, growth factors, and receptors	17	IL6, ILRN (IL-1 receptor antagonist), IL1R2, IL15RA, IL15, SPP1 (osteopontin), CSF1, IL12RB2, TNF (TNFA), IL2RB, IFNG, NTRK1 (TRKA), PDGFRL, TNFAIP6, KITLG (SCF), IL10, IL3RA
5 Apoptosis, DNA damage, and cell cycle regulators	29	TNFSF10 (TRAIL), CASP10, BAG1, TNFRSF6 (FAS), CASP4, TRADD, GZMA, CASP7, RIPK2, MAD, RIPK1, CFLAR (FLIP), RELA, STK3, CASP1, TNFSF6 (FASL), PARP4, TANK (I-TRAF), POLE2, LMNB1, E2F2, CCNA1 (cyclin A1), CDKN1A (p21), PPP1R15A (GADD34), CASP3, CDKN1C (p57), CDK5R2 (p39), TERF1, NBS1 (nibrin)
6 Heat shock proteins	9	HSPA6 (HSP70B'), HSJ2 (HSPF4), HSPA1A (HSP70-1), HSPA1B (HSP70-2), HSPCA (HSP90A), HSPA5 (GRP78), HSPA1L (HSP70-HOM), HSPA8 (HSC70), HSPB1 (HSP27)
7 Costimulatory and adhesion molecules	7	CD80 (B7-1), SELL (selectin L), TNFRSF5 (CD40), CD163, CD86 (B7-2), HLA-DRA, FCER1G

The upregulated IRGs in PBMC listed in Additional files 3 and 5 were classified into seven functional categories.

Real-time RT-PCR analysis validated IFN β -regulated expression of IRGs identified by microarray analysis

Although the microarray we utilized contains total 64 spots of the G3PDH gene (see Additional file 1), G3PDH was neither identified as a significantly upregulated nor a downregulated gene in the microarray analysis, suggesting that G3PDH represents a reliable housekeeping gene in gene expression analysis of PBMC following treatment with IFN β . Therefore, quantitative real-time RT-PCR analysis was performed by evaluating the levels of expression of target genes standardized against those of G3PDH detected in the identical cDNA samples. It verified the key observations of microarray analysis, such as marked upregulation of ISG15, the prototype of IRGs (Figure 1a-c), and great elevation of SCYB10, SCYA8 and SCYA2 (Figures 2, 3, 4a-c) in PBMC at both 3 and 24 hours of IFN β treatment. Furthermore, the quantitative analysis confirmed substantial downregulation of FOS at both time points (Figure 5a-c), and RGS14 and SCYB2 predominantly at 3 hours (Figures 6, 7a-c). Exposure of PBMC to IFN γ greatly elevated the expression of SCYB10 and SCYA2, and to a lesser extent, ISG15 and SCYA8 at both time points (Figures 1, 2, 3, 4d), suggesting a functional overlap in induction of CXCR3 ligand and CCR2 ligand chemokines between type I and type II IFN signaling pathways. In contrast, TNF α and IL-1 β the prototype of proinflammatory cytokines, did not at all elevate the levels of expression of ISG15, SCYB10 or SCYA8 (Figures 1, 2, 3e, f), while IL-1 β significantly ($p = 0.041$ at 3 hours and $p = 0.004$ at 24 hours by two-sided paired *t*-test) but TNF α

only marginally ($p = 0.2102$ at 3 hours and $p = 0.0825$ at 24 hours by two-sided paired *t*-test) upregulated SCYA2 expression (Figure 4e, f). Treatment with IFN γ , TNF α or IL-1 β reduced the levels of FOS and RGS14 substantially at 24 hours (Figures 5, 6d-f). IFN γ reduced the expression of SCYB2, whereas TNF α and IL-1 β elevated its levels at both time points, suggesting differential regulation of SCYB2 gene expression in PBMC by exposure to distinct cytokines (Figure 7d-f). The IFN β -regulated gene expression pattern was similar among PBMC derived from three distinct healthy subjects #1, #2 and #3, supporting the reproducibility of these observations (Figures 1, 2, 3, 4, 5, 6, 7a-c).

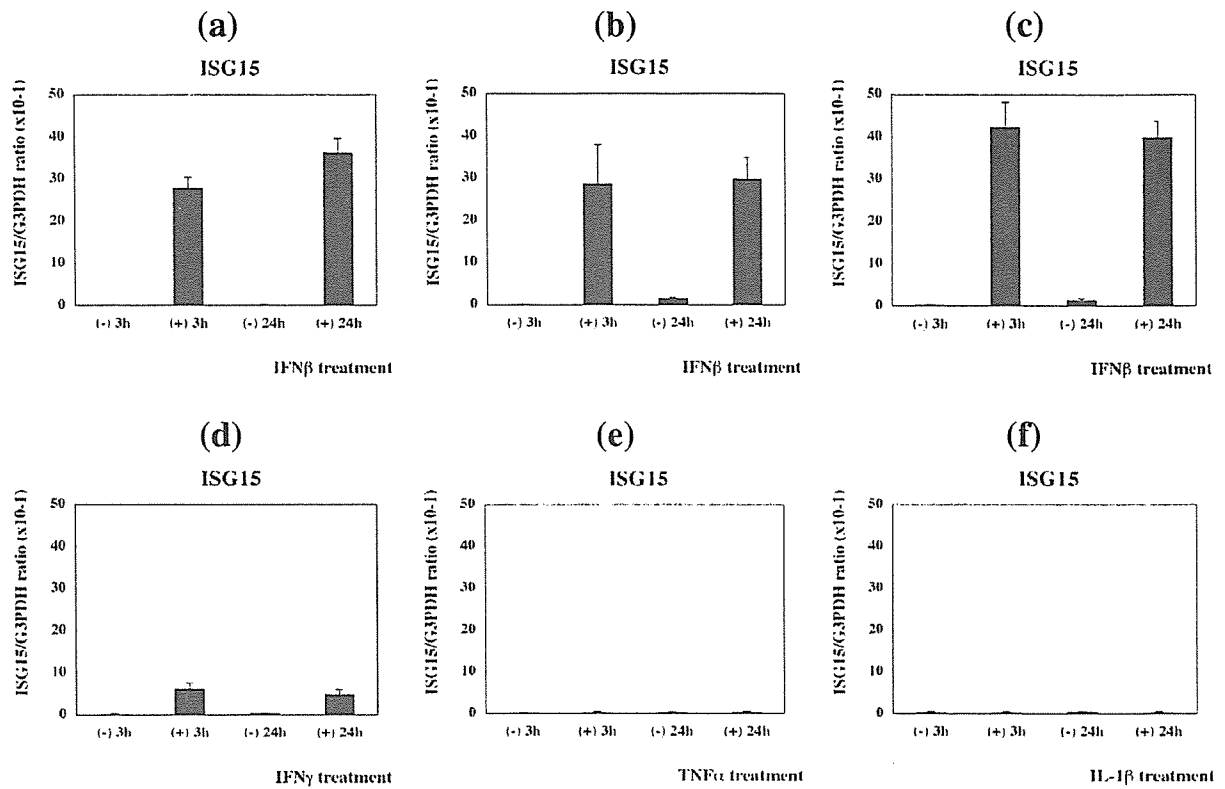


Figure 1

Real-time RT-PCR analysis of *ISG15* expression in PBMC. PBMC derived from three distinct healthy subjects numbered #1 (a 46 year-old man), #2 (a 28 year-old man), and #3 (a 42 year-old woman) were incubated for 3 hours or 24 hours in the culture medium with (+) or without (-) inclusion of recombinant human IFNβ, IFNγ, TNFα or IL-1β at a concentration of 50 ng/ml each. cDNA was processed for real-time PCR analysis using specific primers listed in Table 1. The levels of expression of *ISG15* are standardized against those of the glyceraldehyde-3-phosphate dehydrogenase (*G3PDH*) gene detected in identical cDNA samples. The assays were performed in triplicate measurements of the same sample, and the results were expressed as the average with standard error. The panels represent the expression of *ISG15* in (a) #1, IFNβ; (b) #2, IFNβ; (c) #3, IFNβ; (d) #1, IFNγ; (e) #1, TNFα; and (f) #1, IL-1β.

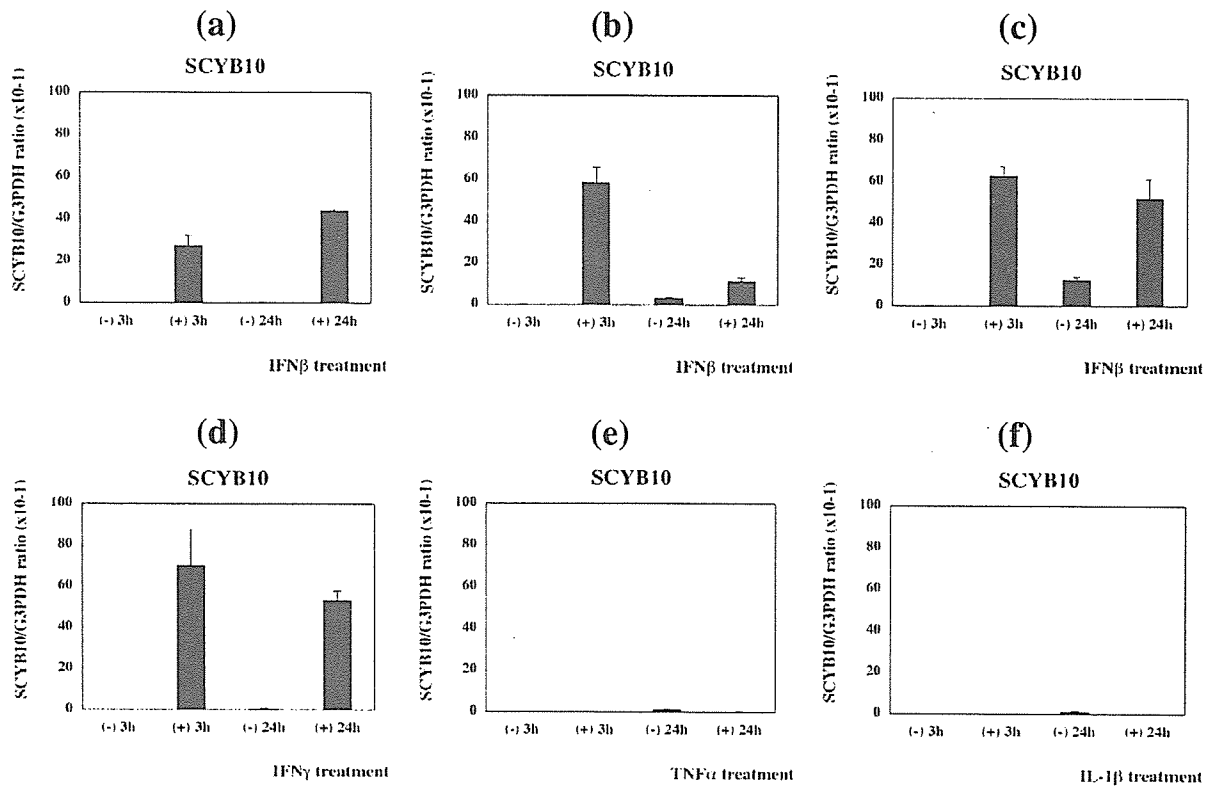


Figure 2
 Real-time RT-PCR analysis of SCYB10 expression in PBMC. See the footnote of Figure 1. The panels represent the expression of SCYB10 in (a) #1, IFNβ; (b) #2, IFNβ; (c) #3, IFNβ; (d) #1, IFNγ; (e) #1, TNFα; and (f) #1, IL-1β.

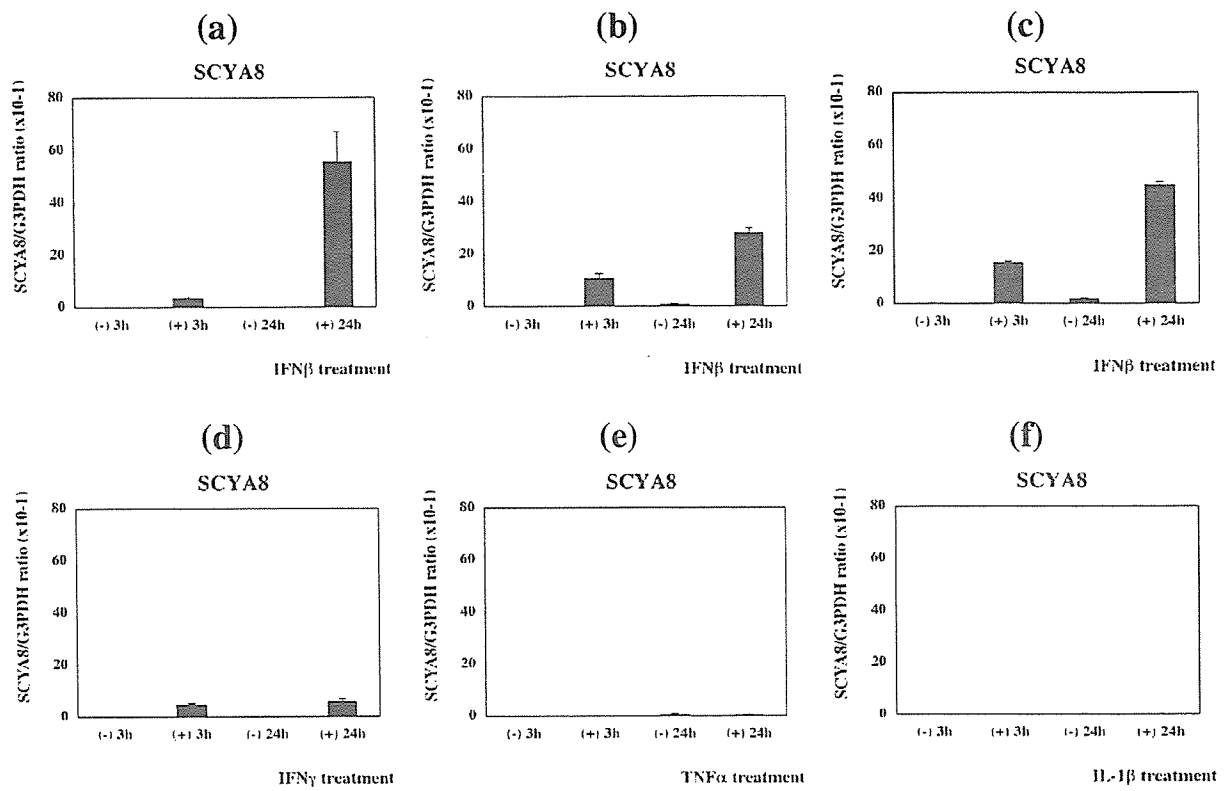


Figure 3
 Real-time RT-PCR analysis of SCYA8 expression in PBMC. See the footnote of Figure 1. The panels represent the expression of SCYA8 in (a) #1, IFNβ; (b) #2, IFNβ; (c) #3, IFNβ; (d) #1, IFNγ; (e) #1, TNFα; and (f) #1, IL-1β.

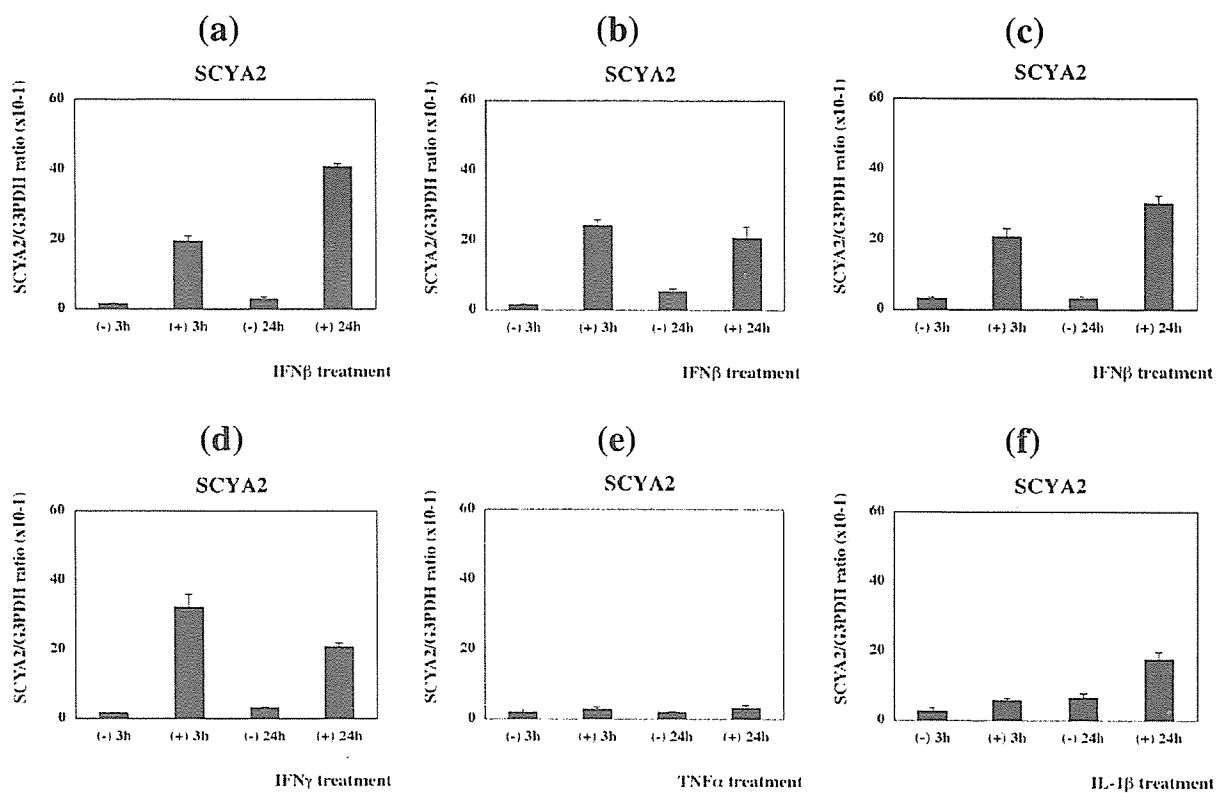


Figure 4
 Real-time RT-PCR analysis of SCYA2 expression in PBMC. See the footnote of Figure 1. The panels represent the expression of SCYA2 in (a) #1, IFN β ; (b) #2, IFN β ; (c) #3, IFN β ; (d) #1, IFN γ ; (e) #1, TNF α ; and (f) #1, IL-1 β .

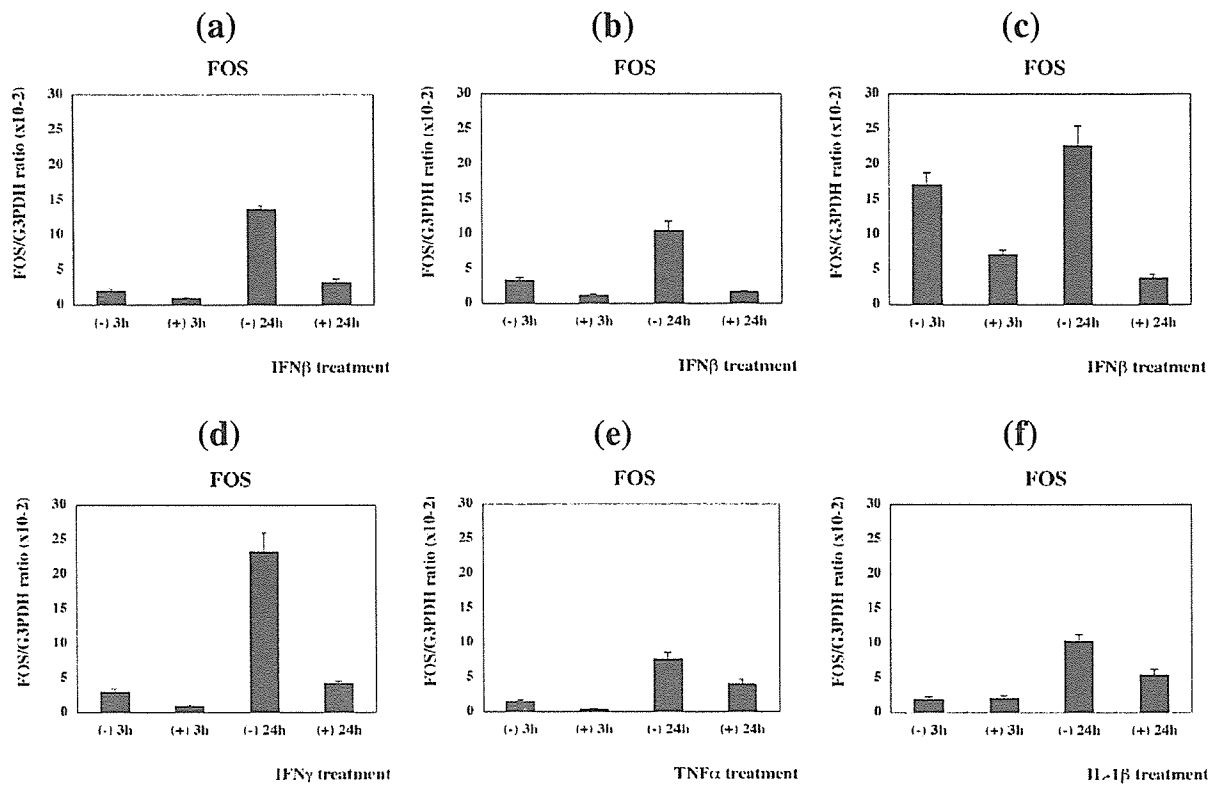


Figure 5
 Real-time RT-PCR analysis of FOS expression in PBMC. See the footnote of Figure 1. The panels represent the expression of FOS in (a) #1, IFNβ; (b) #2, IFNβ; (c) #3, IFNβ; (d) #1, IFNγ; (e) #1, TNFα; and (f) #1, IL-1β.

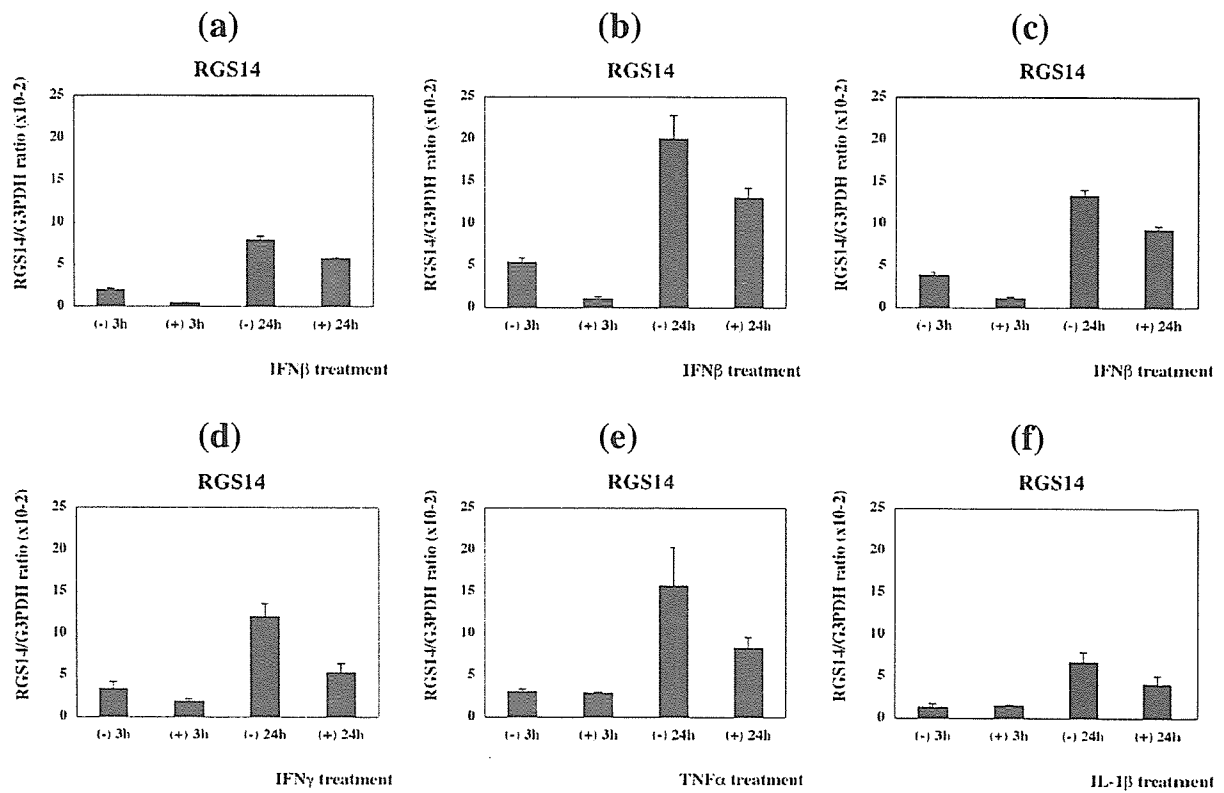
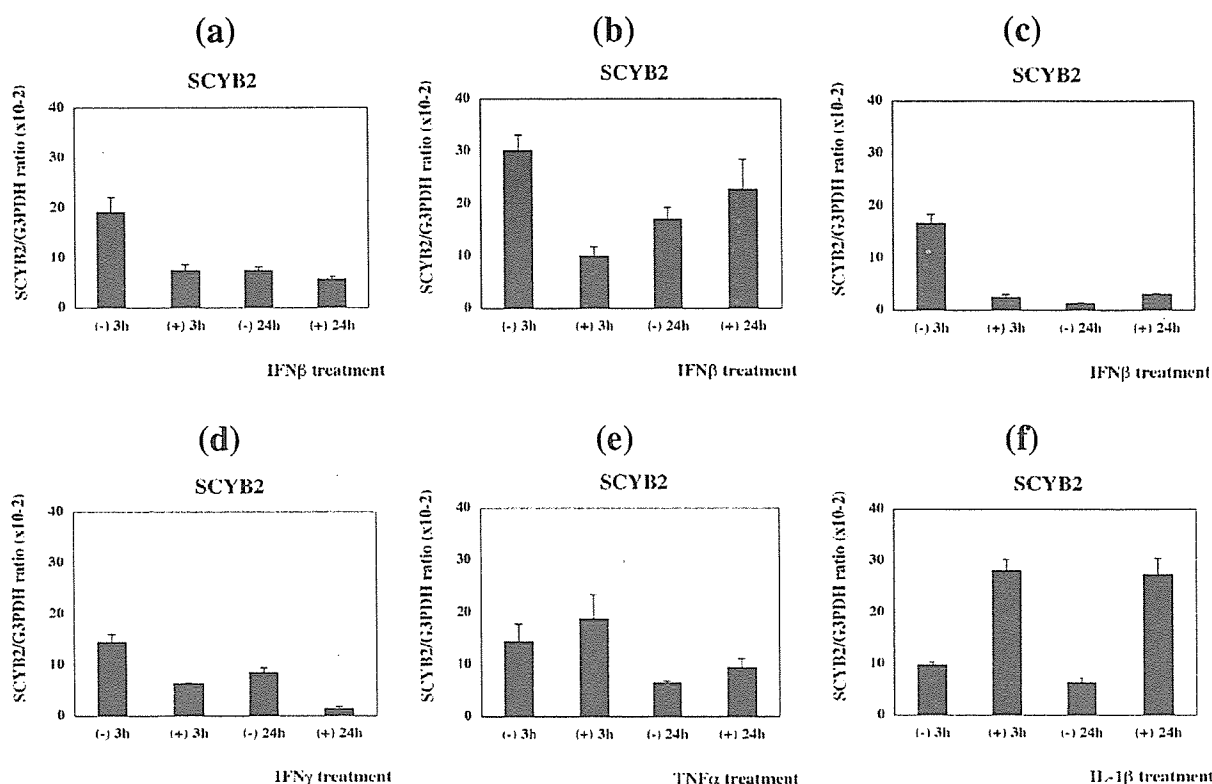


Figure 6
 Real-time RT-PCR analysis of *RGS14* expression in PBMC. See the footnote of Figure 1. The panels represent the expression of *RGS14* in (a) #1, IFN β ; (b) #2, IFN β ; (c) #3, IFN β ; (d) #1, IFN γ ; (e) #1, TNF α ; and (f) #1, IL-1 β .

**Figure 7**

Real-time RT-PCR analysis of SCYB2 expression in PBMC. See the footnote of Figure 1. The panels represent the expression of SCYB2 in (a) #1, IFNβ; (b) #2, IFNβ; (c) #3, IFNβ; (d) #1, IFNγ; (e) #1, TNFα; and (f) #1, IL-1β.

Discussion

IFNs are a family of cytokines that mediates antiviral, anti-proliferative and immunoregulatory activities. Type I IFNs, IFNα and β, are produced principally by virus-infected host cells, whereas type II IFN, IFNγ, is produced by activated T cells and natural killer (NK) cells. Type I IFNs activate JAK protein tyrosine kinases associated with the cell surface receptors for IFNs, leading to formation of the complex of signal transducer and activator of transcription (STAT) molecules with the IFN regulatory factor (IRF) family of transcription factors. The STAT/IRF complex translocates into the nucleus, and binds to the DNA sequences termed the IFN-stimulated response element (ISRE) or the IRF-recognition element (IRE). This binding subsequently activates transcription of a wide variety of IFN-responsive genes (IRGs) as well as the genes of type I and type II IFNs, leading to the biological responses triggered by the IFNs [24]. Both type I and type II IFNs enhance the expression of class I and class II MHC molecules [25]. Among nine distinct IRFs, IRF7 and IRF3 play a central role in induction of type I IFN genes via the virus-

activated MYD88-independent pathway or Toll-like receptor (TLR)7, 8 or 9-activated MYD88-dependent pathway [26], while IRF1 plays more active roles in induction of IFNγ-target genes essential for Th1-type immune response [25].

The present study by analyzing DNA microarray characterized a comprehensive list of immediate early IRGs in PBMC *in vitro*. Following a 3 to 24 hour-exposure to IFNβ, upregulated genes greatly outnumbered downregulated genes. All top 20 upregulated genes represent known IRGs previously identified in various cell types. The upregulated IRGs of PBMC were classified into several functional categories. The list included not only conventional IFN-response markers and components of IFN-signaling pathways, but also contained many proinflammatory chemokines and cytokines. This is surprising because IFNβ acts principally as an anti-Th1, anti-inflammatory cytokine [6,7]. By analyzing global gene expression profile, the present study for the first time showed that IFNβ induced a burst of gene expression of CXCR3 ligand chemokines

(SCYB11, SCYB10 and SCYB9) and CCR2 ligand chemokines (SCYA8 and SCYA2), which was verified by quantitative real-time RT-PCR analysis. The chemokine genes actually have ISRE or IRE in the promoter regions, indicating direct targets of IFN β [27,28].

CXCR3 is expressed predominantly on activated Th1 T cells, while CCR2 is expressed chiefly on monocytes [29]. The number of CXCR3⁺T cells is increased in the blood of RRMS, and they accumulate in perivascular infiltrates in active MS lesions [30,31], while SCYB10 (IP-10) and SCYB9 (MIG) are detected in the cerebrospinal fluid (CSF) of RRMS at acute relapse and expressed in reactive astrocytes in active MS lesions [31,32]. SCYA2 (MCP1) and SCYA8 (MCP2) immunoreactivities are also identified in reactive astrocytes in active demyelinating lesions of MS [33,34]. These observations suggest that CXCR3, CCR2, and their ligand chemokines positively regulate active inflammation in MS. Although the precise cell types expressing CXCR3 ligand and CCR2 ligand chemokines in PBMC in response to IFN β remain to be characterized, the chemokine burst plays a central role in rapid activation and systemic recruitment of Th1 T cells and monocytes immediately after initiation of IFN β treatment. A recent study showed that IFN β promotes trafficking of mouse leukocytes by regulating a specific set of chemokines [35]. However, concurrent upregulation of a set of CXCR3 and CCR2 ligand chemokines has not previously been reported in MS patients on a long-term IFN β treatment [16,17,20-22], suggesting that this phenomenon is an immediate early but transient event *in vivo*. IFN β immediately reduced the expression of RGS14 (the most significantly downregulated gene at 3 hours; see Table 3), a member of the regulator of G protein signaling (RGS) gene family that acts as a negative regulator of G protein-coupled receptor (GPCR) signaling. Since all chemokine receptors are GPCR, IFN β -induced downregulation of RGS14 might facilitate chemokine responsiveness in the cells expressing RGS14 [36,37]. Much less is known about the mechanism for regulation of IFN β -repressed genes [38]. We identified IL-8 as one of IFN β -repressed genes in PBMC (Table 3). IFN β inhibits the transcription of IL-8 gene, possibly by binding of NF- κ B repressing factor (NRF) to a negative regulatory element of the IL-8 promoter [39]. Serum IL-8 levels and IL-8 secretion from PBMC are elevated in untreated MS, and then reduced following IFN β therapy [40]. Downregulation of IL-8 expression in PBMC during IFN β treatment provides a predictive indicator for the responders in RRMS [20].

IFN β also promptly upregulated a variety of proinflammatory cytokines, such as IL-6, IL-15, osteopontin, TNF α , and IFN γ in PBMC (Table 4). IFN β promotes production of TNF α and IFN γ in unstimulated PBMC but decreases their levels in preactivated PBMC [41-43]. IFN β increases

the number of IFN γ -secreting cells *in vivo* at the early period of the treatment [44]. Most importantly, proinflammatory cytokines and chemokines induced by IFN β have relevance to treatment-related early adverse effects. There exists a close relationship between flu-like symptoms and increased levels of IL-6 [45]. A single injection of IFN β induces a transient burst of SCYB10 (IP-10) in the plasma of RRMS patients, which correlates with an incidence of flu-like symptoms [46]. IFN β enhances the expression of CD80, SCYB10 (IP-10) and SCYA2 (MCP1) *in situ* at sites of injection, leading to chemotaxis of lymphocytes and monocytes in the lesions of skin reaction [47-49]. We found that IFN β aberrantly regulated the levels of expression of several cytochrome P450 (CYP) enzymes (see Additional files 3,4,5,6). Type I IFN reduces the activity of CYP enzymes that metabolize various endogenous and exogenous substrates, probably leading to an increase in the potential for IFN-related hepatotoxicity [50].

Finally, the list of IRGs included various apoptosis regulators and HSP family members. ISRE-like sequences are identified in the regulatory element of CASP1, CASP4, CASP8, TNFRSF6 (FAS), TNFSF6 (FASL) and TNFSF10 (TRAIL), suggesting that IFN β acts as a proapoptotic cytokine [51,52]. A recent study showed that early and sustained induction of TRAIL provides a marker for IFN β treatment response in MS [53]. Furthermore, IFN β -inducible apoptosis regulators play an immunoregulatory role. TNFR1-associated via death domain (TRADD) inhibits IFN γ -induced STAT1 α activation [54]. Receptor-interacting serine-threonine kinase 1 (RIPK1) regulates TLR3-independent viral double-stranded RNA-induced type I IFN production [55]. Because HSPs in general act as an anti-apoptotic defender, the induction of HSP gene expression might occur as a counterbalance against upregulation of proapoptotic regulators. Alternatively, IRGs could directly enhance HSP expression. IFN β -induced STAT1, by interacting with heat shock factor-1 (HSF1), activates the HSP70 and HSP90 β gene promoters [56].

Conclusion

Microarray analysis showed that IFN β immediately induces a burst of gene expression of proinflammatory chemokines and cytokines *in vitro* that have potential relevance to IFN β -related early adverse effects in MS patients *in vivo*.

Abbreviations

MS = multiple sclerosis; IFN β = interferon-beta; IRGs = IFN β -responsive genes; PBMC = peripheral blood mononuclear cells; CNS = central nervous system; IFN γ = interferon-gamma; Th1 = T helper type 1; MHC = major histocompatibility complex; RRMS = relapsing-remitting multiple sclerosis; ISG = IFN stimulated gene; TLR = Toll-