

core-promoter mutation might lead to fulminant hepatitis.

That HBV DNA levels were lower in patients with fulminant than acute hepatitis, despite a high replication capacity of HBV/Bj incriminated in the development of fulminant hepatic failure, may seem surprising. Because destruction of hepatocytes proceeds swiftly in patients with fulminant hepatitis, hepatic mass for HBV to thrive would have been extremely reduced in them at presentation. As a consequence, some patients with fulminant hepatitis B are without serum HBsAg; they are diagnosed by high-titered IgM anti-HBc.⁴¹ On the contrary, HBV DNA levels were higher in the patients with HBV/Ae than Bj (Table 1); those with Ae tend to delay reducing HBV DNA, some of whom have chronic outcome. Combined, correlating HBV DNA levels with the clinical outcome in acute HBV infection would be difficult.

A wide variation has been seen in the rate of persistence after acute HBV infection in adulthood. No chronic outcomes of acute hepatitis B were seen in female recipients of red blood cells contaminated with HBV (0/28)⁴² or patients in an acupuncture-associated outbreak (0/35).⁴³ In marked contrast, they ranged from 0.2% (14/715) in Greece⁴⁴ through 2.7% (1/37) in university students in Taiwan⁴⁵ to 10.4% (5/8) in Alaskan Eskimos⁴⁶ and 12.1% (7/58) in Germany.⁴⁷ HBV genotypes are implicated in a high rate of persistence in European countries where HBV/A is predominant.⁴⁸ In Japan, also, adulthood infection tends to persist longer with HBV/A than B or C (23% $\frac{3}{13}$ vs. 13% $\frac{1}{8}$ or 12% $\frac{3}{25}$).⁴⁹ In the current series on 256 patients with acute hepatitis B in Japan who were followed rigorously, HBV infection persisted in only three (1%), representing 2 of the 32 (6%) with HBV/Ae and 1 of the 21 (5%) with Ba. Hence, 99% of patients lost their HBsAg by 6 months. Persistence of HBV observed in the patients with HBV/Ae (6%) is less frequent than that in 4 of the 31 (13%) patients with Ae from a hospital in metropolitan Tokyo.⁴⁹ The difference would be ascribable, at least in part, to lamivudine given to some patients in this study (18%). All patients treated with lamivudine recovered from acute hepatitis, whereas none of the three patients with chronic outcome had received antiviral treatment during their acute phase of illness, indicating that lamivudine might be able to prevent the chronic outcome. Likewise, some patients from metropolitan Tokyo, in whom HBV persisted,^{49,50} had received immunosuppressants in the acute phase of infection before referral to their hospital.

Using cell culture and chimeric mice models for the replication system of different genotype/subgenotype clones, we have observed that the replication of HBV is the highest for HBV/Bj or C and the lowest for Aa/Ae

(Sugiyama M et al., manuscript in submission). It is probable that the propensity of HBV/A infection to chronicity would be due to less intensive immune response against its slow viral dynamics. Taken together, the infection with HBV/A appears to persist longer than those with the other genotypes; this needs to be confirmed by further investigation in patients from various countries.

In conclusion, persistence of HBV after acute infection is rare and occurs more often in patients infected with HBV/Ae than others. Fulminant outcome is frequent in hospitalized patients and associated with HBV/Bj accompanied by the lack of serum HBeAg as well as high replication due to precore stop-codon mutation (G1896A), a finding supported by an *in vitro* replication model.

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Association of virus infected-T cell in severe hepatitis caused by primary Epstein-Barr virus infection

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Abstract

Background: Infectious mononucleosis owing to primary Epstein-Barr virus (EBV) infection sometimes causes hepatitis, which is usually self-limiting with mildly elevated transaminases, but can rarely develop into severe hepatitis with jaundice.

Objective: To clarify the pathogenesis of severe hepatitis by primary EBV infection.

Methods: We experienced four cases of severe hepatitis with jaundice caused by primary EBV infection. These cases were analyzed virologically and histologically, and compared with infectious mononucleosis patients without jaundice.

Results and discussion: Using real-time PCR, more EBV-DNA was detected in peripheral blood from patients with severe hepatitis, as compared to those without jaundice. Furthermore, CD3⁺, CD4⁺ or CD8⁺ cells contained more EBV DNA than did other cell populations, indicating that in severe hepatitis, T cells harbor most of the EBV. By contrast, mainly B cells were infected in infectious mononucleosis patients without jaundice. The liver was biopsied in three of the four cases. An in situ hybridization study showed that EBV infected lymphocytes, not hepatocytes. In addition, in one patient, it was confirmed that the infected lymphocytes were CD8⁺ T cells. These results suggest that a large EBV burden and T cell infection may play major roles in the mechanism of severe hepatitis caused by primary EB virus infection.

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Keywords: EBV; Primary infection; Hepatitis; T cells

1. Introduction

Epstein-Barr virus (EBV) is ubiquitous in humans and is the causative agent of infectious mononucleosis. Although

primary EBV infection in children is usually asymptomatic, some children or young adults manifest infectious mononucleosis with typical symptoms of fever, pharyngitis, lymphadenopathy, hepatosplenomegaly and atypical lymphocytosis (Sumaya and Ench, 1985). Infectious mononucleosis is caused by an intense cytotoxic T lymphocyte response to eliminate EBV-infected B cells (Rickinson and Kieff, 2001). This disease is usually benign, and self-limiting. In the acute phase of infectious mononucleosis, elevated transaminases are found in 80% of patients, while jaundice is noted in only 5.0–6.6% (Markin, 1994; White and Juel-Jensen, 1984).

Abbreviations: ALT, alanine aminotransferase; EBER1, Epstein-Barr encoded small RNA 1; EBNA, Epstein-Barr nuclear antigen; EBV, Epstein-Barr virus; GAPDH, glyceraldehyde-3-phosphate dehydrogenase; LMP, latent membrane protein; PBMCs, peripheral blood mononuclear cells; VCA, viral capsid antigen; WBC, white blood cells

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Hepatitis owing to primary EBV infection is usually mild and self-limited, although the mechanism is unclear. Rarely, it results in hepatic failure with severe jaundice in fatal infectious mononucleosis (Markin et al., 1987; Tazawa et al., 1993).

We previously reported on one severe hepatitis patient with primary EBV infection. In that case, EBV did not infect hepatocytes, but infected T cells (Kimura et al., 2001b). In this study, we report three additional cases of severe hepatitis with jaundice caused by primary EBV infection. We performed virological and histological studies of the four cases, and compared them with results for infectious mononucleosis patients without jaundice.

2. Patients and methods

2.1. Patients

Four female patients, aged 2–22 years old (mean age: 15.5 years) with severe hepatitis caused by EBV, were enrolled in this study (Table 1). Severe hepatitis was defined on the basis of clinical jaundice. All four were previously healthy and had no prior serious infections, and none had contributory family histories. Two were hospitalized in the University Hospital of Nagoya University Graduate School of Medicine, one in the University Hospital of Okayama University Graduate School of Medicine, and one University Hospital of Iwate Medical University. They all had sev-

eral clinical symptoms typical of patients with infectious mononucleosis, including fever, lymphadenopathy, pharyngitis and hepatosplenomegaly. The percentage of atypical lymphocytes exceeded 20% in three patients and that of normal and atypical lymphocytes exceeded 60% of the white blood cells (WBC) in all of them (Table 1). The Paul-Bunnell test was performed on serum samples from two patients, but was negative. In the EBV-specific serology, viral capsid antigen (VCA)-IgG antibody was positive and EB nuclear antigen (EBNA) antibody was negative in all cases. VCA-IgM was positive in three cases, indicating the presence of primary EBV infection. Antibodies against hepatitis viruses A, B and C, and human immunodeficiency virus were negative. Cytomegalovirus DNA was not detected in their blood.

Each patient received different treatments. In case 1, acyclovir was administered intravenously without clinical improvement, then vidarabine was administered, which led to improvement. Administration of methylprednisolone pulse therapy combined with acyclovir led to clinical improvement in case 3. Case 4 was treated with γ -globulin and acyclovir without clinical improvement; subsequent administration of methylprednisolone pulse therapy led to a remarkable clinical improvement. Glycyrrhizic acid was administered to all of the patients. Cases 1 and 3 were hospitalized for about 1 month, while cases 2 and 4 were hospitalized for about 2 months. They were all discharged without sequelae.

2.2. Controls

As controls, 21 infectious mononucleosis patients without clinical jaundice were enrolled. They aged 1–21 years old (mean age: 6.8 years). All fulfilled at least three of the following criteria for infectious mononucleosis: (1) fever, (2) tonsillopharyngitis, (3) cervical adenopathy, (4) hepatomegaly or splenomegaly, and a peripheral WBC count of (a) at least 50% or 5000 lymphocytes per microliter and (b) at least 10% or ≥ 1000 atypical lymphocytes per microliter. Moreover, they met one or more of the following serologic criteria: (1) early detection of VCA-IgM, (2) four-fold or greater VCA-IgG titer rise during the course of the disease and (3) early presence of VCA-IgG with early absence and later emergence of EBNA (Sumaya and Ench, 1985).

2.3. Samples

Blood samples were collected after obtaining informed consent from the patients or their parents. Plasma was separated from whole blood by centrifugation. Peripheral blood mononuclear cells (PBMCs) were separated by density gradient with Ficoll-Paque (Pharmacia Biotech, Uppsala, Sweden). Alanine aminotransferase (ALT), total bilirubin and EBV-DNA in plasma were examined sequentially. ALT was measured at no less than three points and EBV-DNA was quantified at no less than two points in all patients and controls.

Table 1
Characteristics of the patients with severe hepatitis

	Case 1	Case 2	Case 3	Case 4
Age	2	17	22	21
Sex	F	F	F	F
Symptoms				
Fever	+	+	+	+
Lymphadenopathy	–	+	+	+
Pharyngitis	+	–	+	+
Hepatosplenomegaly	+	+	+	+
Rash	–	–	–	–
Laboratory data				
WBC count (μl^{-1})	14700	2400	16000	12700
Lymphocytes (%)	64	43	27	53
Atypical lymphocytes (%)	0	27	44	21
Hemoglobin (g/dl)	11	13	12	14
Platelet count ($\times 10^4 \mu\text{l}^{-1}$)	13.9	6.5	7.4	18.6
EBV-related antibody				
Anti-VCA-IgG	2560	160	1280	1280
Anti-VCA-IgM	<10	10	20	40
Anti-EBNA	<10	<10	<10	<10
Viral load at peak				
PBMCs (copies/ μg DNA)	13000	470 ^a	3700	1920 ^a
Plasma (copies/ml)	530	290000	32000	43

Note: WBC, white blood cells; VCA, viral capsid antigen; EBNA, Epstein-Barr nuclear antigen; PBMCs, peripheral blood mononuclear cells.

^a PBMCs were not available in their acute phase.

2.4. Real-time quantitative PCR assay using a fluorogenic probe

Both PBMCs and plasma were used for the real-time PCR assay. DNA was extracted from either 1×10^6 cells or 200 μ l of plasma using a QIAamp Blood Kit (Qiagen, Hilden, Germany) and eluted in 50 μ l distilled water; 10 μ l solution were used for the real-time PCR assay, which was performed with a TaqMan PCR kit and a Model 7700 Sequence Detector (Applied Biosystems, Foster, USA) as previously described (Kimura et al., 1999). The copy number of virus DNA was expressed as copies/ μ g DNA in PBMCs and copies/ml in plasma samples.

2.5. Determination of EBV-infected cells

The PBMCs from three severe hepatitis patients were fractionated into CD3⁺, CD16⁺ and CD19⁺ cells using an immunobeads method (DynaBeads; Dynal AS, Oslo, Norway), as reported previously (Ito et al., 2001; Kimura et al., 2005, 2001a). In two cases, the PBMCs were further fractionated into CD4⁺ and CD8⁺ cells. As controls, the PBMCs obtained from six patients with infectious mononucleosis were fractionated into CD3⁺, CD16⁺ and CD19⁺ cells. The purity of each subpopulation was confirmed by flow cytometry analysis (Ito et al., 2001). The immunomagnetic beads were detached from isolated cells by Detachabeads (Dynal AS). Aliquots of 1×10^5 isolated cells were incubated with Opticlone CD4-fluorescein isothiocyanate/CD8-phycoerythrin or CD3-fluorescein isothiocyanate/CD19-phycoerythrin or CD16-fluorescein isothiocyanate/CD56-phycoerythrin (Immunotech, Marseilles, France). Cell samples were analyzed on FACScan (Becton Dickinson, Mountain View, USA) using CellQuest software (Becton Dickinson). Live cell gating was performed and 5000 events were acquired for each analysis. All purity results were greater than 92% (range: 92–97%). EBV-DNA was quantified in all of the fractionated cells using real-time quantitative PCR. As an internal reference, human β -actin gene was also quantified in the fractionated cells using TaqMan β -actin Control Reagent (Applied Biosystems). The copy number of β -actin DNA was expressed as copies/ μ g DNA in the fractionated cells.

2.6. Histology

Liver tissue was fixed in 10% formalin, dehydrated in alcohol and embedded in paraffin. Samples were sectioned at 4- μ m thickness. Routine hematoxylin- and eosine-stained sections were made for histologic examination. The in situ hybridization assay was performed using the Epstein-Barr encoded small RNA 1 (EBER 1; Dako A/S, Glostrup, Denmark), as previously described (Kimura et al., 2001b). 5-Bromo-4-chloro-3-indoyl phosphate (BCIP) was used for visualization. Immunostaining was performed using the streptavidin-biotin peroxidase complex method using mon-

oclonal antibodies against CD45RO, CD4, CD8, CD20 and CD56 (Kimura et al., 2001b). Diaminobenzidine was used for visualization.

In one case, for double labeling with immunostaining and in situ hybridization, the immunohistochemical studies were performed before in situ hybridization using a previously published technique with monoclonal antibodies against CD4, CD8 and CD56 (Sheibani and Tubbs, 1984).

2.7. Statistical analysis

EBV DNA copy number was compared between the severe hepatitis group and infectious mononucleosis without jaundice group by using analysis of co-variance. Days after onset were used as covariate. Since viral load tends to change in a logarithmic fashion, statistical analysis was completed after logarithmic (base 10) transformation. Statistical analyses were performed by using software StatView 5.0.1 (SAS Institute Inc., Cary, USA).

3. Results

ALT was measured sequentially and compared between patients with severe hepatitis and those without jaundice (Fig. 1). In 4 of 21 patients without jaundice, ALT levels were normal throughout the clinical course. Peak ALT levels in patients with severe hepatitis ranged from 239 to 1426 (average: 886) IU/l, and were much higher than levels in patients without jaundice (range: 21–443, average: 117 IU/l). ALT levels peaked 5–11 (average: 7.3) days after the onset of the disease in patients with severe hepatitis as compared to 2–17 (average: 6.9) days after onset in control patients. In patients without jaundice, ALT levels decreased to normal within 1 month, whereas ALT levels remained elevated for more than 1 month in patients with severe hepatitis (Fig. 1). As Fig. 2 shows, total bilirubin was markedly elevated in the patients with severe hepatitis, peaking at 8.7–19.8 mg/dl 17–29 days after the onset of the disease. Jaundice lasted about 2 months.

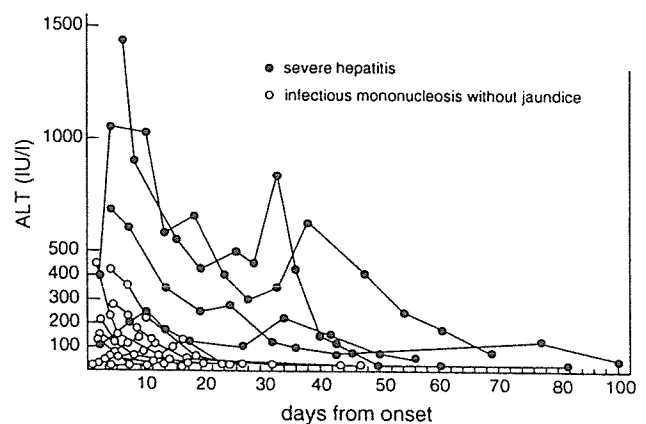


Fig. 1.

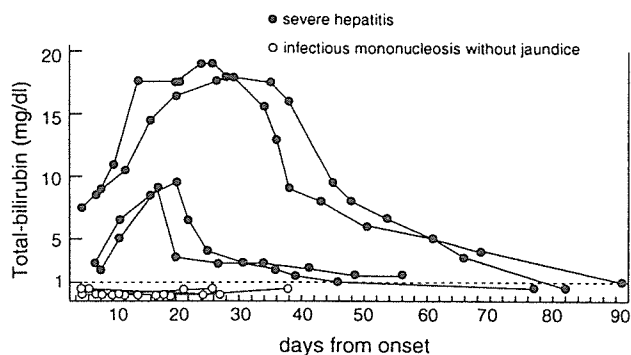


Fig. 2.

Fig. 3 shows sequential data on EBV-DNA in plasma. In infectious mononucleosis patients without jaundice, EBV-DNA copy numbers decreased and became undetectable within 1 month after onset. The mean copy number of EBV-DNA at the onset was $10^{3.3}$ (range: $10^{1.1-4.4}$) copies/ml. On the other hand, the mean copy number at the onset was $10^{4.0}$ (range: $10^{1.7-5.5}$) copies/ml in patients with severe hepatitis. Copy numbers were higher in patients with severe hepatitis and decreased more slowly than in patients without jaundice ($P=0.02$ by analysis co-variance).

Infected cells were determined using fractionated PBMCs followed by quantitative PCR (Table 2). CD3⁺, CD4⁺ or CD8⁺ cells contained more EBV-DNA than did other cell populations, indicating that EBV infected mainly T cells in patients with severe hepatitis. By contrast, CD19⁺ cells harbored most of the EBV in infectious mononucleosis patients without jaundice, indicating that mainly B cells were infected. In parallel, human β -actin gene was quantified in the fractionated cells to investigate the quality and quantity of DNA (Table 2). The number of β -actin gene was similar among fractionated cell populations in each patient.

The liver was biopsied in three of the four patients with severe hepatitis. Table 3 summarizes the histological findings.

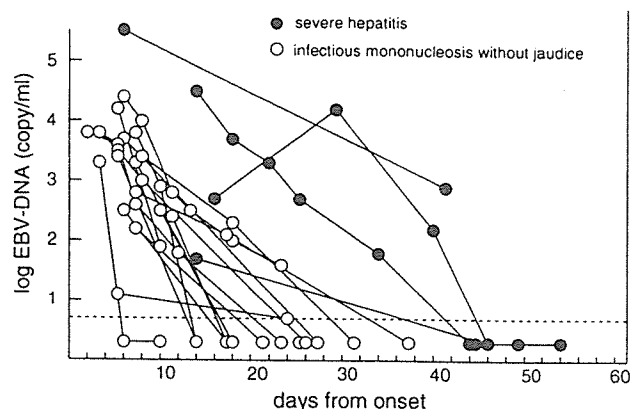


Fig. 3.

Table 3

Histological findings of the liver biopsy in patients with severe hepatitis

	Case 1	Case 2	Case 4
Histology			
Spotty necrosis	++	+	++
Lymphoid infiltration of the portal tract	++	+	+
Destruction of the limiting plate	+	+	–
Sinusoidal lymphoid infiltration	++	–	++
Fatty degeneration of liver cells	+	+	+
Cholestasis	+	+	–
Vasculitis	+	–	–
Fibrosis	–	–	–
EBER-1 in situ hybridization			
Lymphocytes	+	+	n.d.
Hepatocytes	–	–	n.d.

Note: EBER-1: Epstein-Barr-encoded small RNAs, n.d.: not done.

In all cases, mononuclear lymphocytes infiltrated the portal and lobular areas. Spotty necrosis of the liver parenchyma and fatty degeneration of liver cells were also seen in all. In the two cases, destruction of the limiting plate was noted. EBER-1 RNA was positive in infiltrating lymphocytes, but negative in hepatocytes in two patients in whom the in situ

Table 2

Determination of Epstein-Barr virus (EBV)-infected cells using peripheral blood mononuclear cells

	EBV-DNA copy number (copies/ μ g DNA)						β -Actin DNA copy number (\log_{10} copies/ μ g DNA)					
	Unfractionated cells	Fractionated cells					Unfractionated cells	Fractionated cells				
		CD3 ⁺	CD4 ⁺	CD8 ⁺	CD16 ⁺	CD19 ⁺		CD3 ⁺	CD4 ⁺	CD8 ⁺	CD16 ⁺	CD19 ⁺
Severe hepatitis												
Case 1	8600	12000	7800	14000	n.d.	5400	5.9	5.4	5.0	5.3	n.d.	5.1
Case 2	470	580	n.d.	n.d.	250	360	5.6	5.8	n.d.	n.d.	6.0	5.7
Case 3	1700	60	2800	470	1400	710	5.4	5.8	5.0	5.9	5.7	5.5
Infectious mononucleosis without jaundice												
Case A	580	260	n.d.	n.d.	190	1600	5.6	5.7	n.d.	n.d.	5.8	5.9
Case B	1100	120	n.d.	n.d.	40	2300	6.0	6.2	n.d.	n.d.	6.3	6.9
Case C	280	310	n.d.	n.d.	450	4400	n.d.	n.d.	n.d.	n.d.	n.d.	n.d.
Case D	2800	760	n.d.	n.d.	1800	3100	5.5	5.7	n.d.	n.d.	5.8	5.9
Case E	270	130	n.d.	n.d.	270	1300	6.0	5.9	n.d.	n.d.	6.0	6.0
Case F	2900	1300	n.d.	n.d.	3100	4300	5.6	5.8	n.d.	n.d.	5.9	5.9

Note: n.d., not done. Fractions in bold letters indicate that EBV-DNA was concentrated after fractionation.

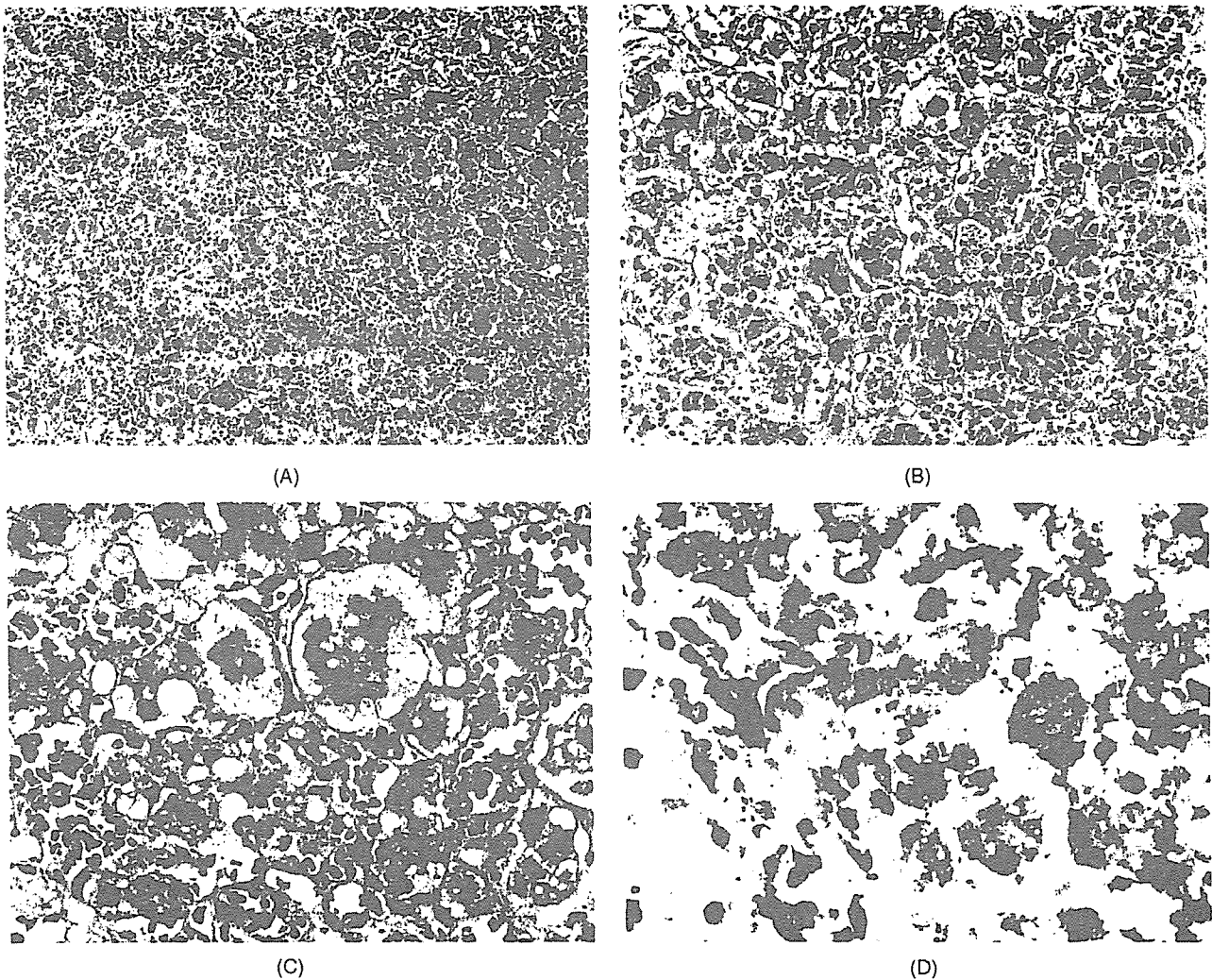


Fig. 4.

hybridization assay was performed. In case 1, double labeling with EBER-1 and surface marker analysis showed that most of the EBER-1-positive cells were CD8⁺ T cells, as we previously reported (Kimura et al., 2001b). Histology of the case (Case 1) is shown in Fig. 4 as a representative case.

4. Discussion

We present four cases of severe hepatitis with primary EBV infection. Relative to infectious mononucleosis patients without jaundice, patients with severe hepatitis had higher, more prolonged elevation of ALT and total bilirubin levels and larger viral loads in their blood. It is unlikely that they had congenital or acquired immunodeficiency, as they were previously healthy and are now well after recovering from their hepatitis.

In infectious mononucleosis, B cells harbor EBV (Rickinson and Kieff, 2001). We found that in severe hepatitis patients, EBV infected mainly T cells, whereas in

patients without jaundice EBV infected B cells. Peripheral blood or bone marrow T cells harbor EBV in life-threatening infectious mononucleosis (Baumgarten et al., 1994; Iijima et al., 1992), EBV-associated hemophagocytic syndrome (Kawaguchi et al., 1993; Su et al., 1994) and chronic active EBV infection (Kimura et al., 2001a; Quintanilla-Martinez et al., 2000; Yuge et al., 2004), all of which have high mortality rates, with multiple organ failure, including hepatic failure. Many papers concerning these EBV-associated severe diseases have emanated from the East Asia. The genetic backgrounds of East Asia people may be associated with the functions of virus-specific or non-specific lymphocytes that allow the expansion of EBV-infected T cells. On the one hand, EBV-infected T cells may escape the host's immunity and thereby proliferate, because they express fewer and less antigenic viral proteins than do B cells (Rickinson and Kieff, 2001).

In this study, we used immunomagnetic cell isolation to fractionate PBMCs, followed by quantitative PCR. Although this method is very convenient and rapid, its disadvantage is the relatively low purity of the selected cells. EBV-infected

cells can contaminate uninfected cell fractions, and the real-time PCR assay is sufficiently sensitive to detect the contaminating genome. Therefore, this method can be used only to determine the main infected cell population. The low levels of EBV-DNA seen in other populations do not always indicate that they are infected with EBV (Kimura et al., 2005). For example, 120 copies of EBV-DNA/ μg DNA was detected in the CD3⁺ fraction from case B (Table 2). The number nearly equals to that of 5% of the CD19⁺ fraction (2300 copies/ μg DNA). If 5% of B cells contaminated the CD3⁺ fraction, 120 copies of EBV DNA/ μg DNA would be detected in T cells. Thus, EBV DNA in the CD3⁺ or CD16⁺ fraction does not mean that T or NK cells are infected with EBV in infectious mononucleosis. Another drawback in this method is that the immunomagnetic sorting can be incomplete if surface expression of targeted antigens was decreased. It is possible that some surface marker molecules might be down-regulated in EBV-infected cells. In fact, there was a discrepancy between the CD3⁺ cell fraction and the CD4⁺ cell fraction in case 3.

The histological features of acute infectious mononucleosis are characterized by a mild increase in portal inflammation that consists primarily of lymphocytes (Markin, 1994). The bile ducts, hepatic arterioles and portal venules are usually unaffected. The hepatic parenchyma may show mild hepatocellular ballooning (Markin, 1994). In our cases of severe hepatitis caused by primary EBV infection, spotty necrosis of the liver parenchyma was seen in all patients and destruction of the limiting plate was seen in two patients. These findings indicate that the liver was more inflamed in severe hepatitis than in infectious mononucleosis without jaundice. Interestingly, the *in situ* hybridization assay showed that lymphocytes, not hepatocytes, were infected with EBV. Furthermore, the cells were CD8⁺ T cells, which is in accord with the results for peripheral blood.

The mechanism of EBV-induced hepatitis remains unclear. T cell infection might be associated with the pathogenesis of severe hepatitis, although this might be a bystander event associated with more severe infection or genetic predisposition. A recent animal model showed that activated CD8⁺ T cells are trapped in the liver selectively, primarily by intracellular adhesion molecule 1, which is expressed constitutively on sinusoidal endothelial cells and Kupffer cells (Mehal et al., 1999). In EBV-associated hepatitis, EBV-infected CD8⁺ T cells, presumably activated T cells, may accumulate in the liver. A series of experiments showed that certain soluble products of the immune response, especially interferon γ , tumor necrosis factor α and Fas ligand, induce hepatitis (Bradham et al., 1998; Kondo et al., 1997; Kusters et al., 1996). In EBV-associated hepatitis, these products, which are produced by either EBV-infected CD8⁺ T cells or infiltrating cytotoxic T lymphocytes, may induce hepatocyte injury. Although further studies are necessary to clarify the precise mechanisms, our observations suggest that a large EBV burden and T cell infection play major roles in severe hepatitis following primary EBV infection.

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Analysis of the Full-Length Genome of Genotype 4 Hepatitis E Virus Isolates From Patients With Fulminant or Acute Self-Limited Hepatitis E

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It was suggested that hepatitis E virus (HEV) genotype 4 is associated more closely with the severity of hepatitis E than genotype 3, although the virological basis remains unknown. The aim of this study was to examine whether genomic differences among genotype 4 HEVs are responsible for the development of fulminant hepatitis. Full-length sequences of genotype 4 HEVs from three patients with fulminant hepatitis and six patients with acute self-limited hepatitis were determined. The sequences were analyzed with those of 13 genotype 4 HEV isolates whose entire nucleotide sequence is known. Analysis of 22 full-length sequences (fulminant hepatitis, 5; acute hepatitis, 17) revealed that C at nt 1816 and U at nt 3148 (U3148), both of which do not change the amino acid sequences, were significantly associated with fulminant hepatitis ($P=0.0489$, respectively). When partial nucleotide sequences containing nt 1816 or nt 3148 were determined in 16 additional HEV isolates of genotype 4, a closer association between U3148 and fulminant hepatitis ($P=0.0018$) was observed. The comparison of 86 HEV isolates of all four genotypes showed that U3148 had a stronger association with fulminant hepatitis than other nucleotides at nt 3148 ($P=0.0006$). Patients infected with HEV with U3148 had a significantly lower value of the lowest prothrombin activity ($P=0.0293$). Nt 3148 is located within the RNA helicase domain, and 22-nt sequence including nt 3148 was well conserved among all genotypes. A silent substitution of U3148 in HEV may be associated with the development of fulminant hepatitis. Further studies are needed to clarify the underlying mechanism. *J. Med. Virol.* 78:476–484, 2006. © 2006 Wiley-Liss, Inc.

KEY WORDS: hepatitis E virus; fulminant hepatitis; full-length genome; genotype; silent mutation

INTRODUCTION

Hepatitis E virus (HEV) is a major cause of epidemic and sporadic hepatitis in many developing countries [Purcell and Emerson, 2001]. Recently, sporadic cases of HEV infections have been reported in industrialized countries [Harrison, 1999; Schlauder and Mushahwar, 2001; Smith, 2001; Okamoto et al., 2003], where zoonotic transmission of HEV has been suggested; animals such as swine serve as reservoirs for HEV [Meng, 2003; Tei et al., 2003; Yazaki et al., 2003]. HEV is currently classified as the sole member of the genus *Hepevirus* in the family *Hepeviridae* [Emerson et al., 2004a; http://www.ncbi.nlm.nih.gov/ICTVdb/Ictv/fs_hepev.htm]. The genome of HEV is a single-stranded, positive-sense RNA of approximately 7.2 kb and consists of a short 5'-untranslated region, three partially overlapping open reading frames (ORF1, ORF2, and ORF3), and a short

The nucleotide sequence data reported in this study have been assigned DDBJ/EMBL/GenBank accession numbers AB220971–AB220979 (full-length sequences) and AB221706–AB221758 (partial ORF1 sequences).

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3'-untranslated region terminated by a poly(A) tract [Tam et al., 1991; Wang et al., 2000]. Based on sequence analysis, HEV sequences have been classified into four major genotypes (1–4). Genotype 1 is the main cause of hepatitis E in developing countries in Asia and Africa, and genotype 2 has been documented in Mexico and Nigeria. Genotype 3 or 4 has been described in the United States, European countries, China, Taiwan, and Japan [Schlauder and Mushahwar, 2001; Mizuo et al., 2002].

Infection of HEV induces self-resolving hepatitis or a subclinical state in most cases, but it can cause fulminant hepatitis. It was reported that HEV infection is a major cause of fulminant hepatitis in endemic areas for HEV [Nanda et al., 1994; Coursaget et al., 1998; Sheikh et al., 2002]. Patients with fulminant hepatitis have been reported in an industrialized country [Suzuki et al., 2002]. Recent observations suggest that the HEV genotype influences the severity of hepatitis E, and that genotype 4 is associated more strongly with the severe form of hepatitis E than genotype 3 [Mizuo et al., 2005]. To date, nine HEV-associated fulminant hepatitis cases have been reported in Japan, and seven of them were infected with genotype 4 HEV [Suzuki et al., 2002; Ohnishi et al., 2003; Takahashi et al., 2003; Yazaki et al., 2003; Kato et al., 2004; Takahashi et al., 2005], although a larger number of patients are infected with genotype 3 than genotype 4 in Japan [Okamoto et al., 2003]. These observations suggest that there is a close relationship between infection with genotype 4 HEV and progression to fulminant hepatitis, which prompted us to investigate whether genomic differences among HEVs are responsible for the development of fulminant hepatitis. The full-length genome of genotype 4 HEV in patients with fulminant hepatitis and in those with acute self-resolving hepatitis was determined.

MATERIALS AND METHODS

Serum Samples

Sera collected between 1998 and 2004 in Japan from three patients with type E fulminant hepatitis and six patients with the mild form of type E acute hepatitis, who had a lowest prothrombin activity of $\geq 80\%$, were used for full-length sequencing of HEV. Clinical characteristics and laboratory data of the three patients with fulminant hepatitis (isolate names: HE-JF3, HE-JF4, and HE-JF5) [Suzuki et al., 2002; Yazaki et al., 2003] and six acute hepatitis patients (isolate names: HE-JA2, HE-JA19, HE-JA28, HE-JA36, HE-JA37, and HE-JA41) [Mizuo et al., 2002, 2005; Yazaki et al., 2003] were reported previously.

Serum samples collected between 1993 and 2004 from 20 patients with genotype 3 HEV and 16 patients with genotype 4 HEV were used for partial sequencing of ORF1 of HEV. One each of the patients with genotype 3 or 4 was diagnosed with type E fulminant hepatitis whose isolate was designated as HE-JF2 and HE-JF1, respectively [Suzuki et al., 2002]. The remaining 34 patients were diagnosed as having type E acute

hepatitis [Mizuo et al., 2002, 2005; Kuno et al., 2003; Yajima et al., 2003; Yazaki et al., 2003; Sainokami et al., 2004; Saitoh et al., 2004; Yamamoto et al., 2004; Hijioka et al., 2005].

Amplification of Full-Length HEV Genome

Total RNA was extracted from 120 to 300 μ l of serum, and subjected to cDNA synthesis and nested polymerase chain reaction (PCR) for six overlapping regions excluding the extreme 5'- and 3'-terminal regions; the amplified regions were nt 37–1199 (1163 nt) (primer sequences excluded), nt 991–3148 (2158 nt), nt 3029–4603 (1575 nt), nt 4401–5325 (925 nt), nt 5240–5998 (759 nt), and nt 5985–7142 (1158 nt).

The 5'-end sequence (nt 1–60) was determined by a modified rapid amplification of cDNA ends (RACE) technique called RNA ligase-mediated RACE (RLM-RACE) with the First Choice RLM-RACE kit (Ambion, Austin, TX), as described previously [Okamoto et al., 2001]. Amplification of the 3'-end sequence (nt 7071–7240: excluding poly [A] tail) was attempted by the RACE method as described previously [Okamoto et al., 2001].

Amplification of Partial Nucleotide Sequences of ORF1 Including Nt 1816 and 3148

Total RNA extracted from 50 μ l of serum was reverse-transcribed and subjected to PCR with genotype-specific primers. To amplify the nt 1543–2086 sequence (primer sequences excluded) of genotype 4 HEV, first round PCR was performed with primers HE296 and HE269, and second round PCR was performed with primers HE297 and HE298 (Table I). To amplify the nt 2827–3286 sequence of genotype 4 HEV, HE299 and HE302 were used for the first round PCR and HE300 and HE301 for the second round PCR. Genotype 3-specific PCR was performed to amplify the nt 1546–2074 sequence with HE303 and HE306 in the first round and HE304 and HE282 in the second round. To amplify the nt 2995–3469 sequence of genotype 3 HEV, HE307 and HE310 were used in the first round and HE308 and HE309 in the second round.

Semi-Quantitation of HEV RNA

Semi-quantitation of HEV RNA was performed by the end-point dilution method, with primers targeting the ORF2 region as described previously [Mizuo et al., 2002]. The highest dilution (10^N) of extracted RNA that was found to be positive was estimated and it was converted to the relative titer per 1 ml of serum.

Sequence Analysis

The amplification products were sequenced on both strands either directly or after cloning into pT7Blue T-Vector (Novagen, Inc., Madison, WI), using the BigDye Terminator Cycle Sequencing Ready Reaction Kit. Sequence analysis was performed using Genetyx-Mac (version 12.6.6; Genetyx Corp., Tokyo, Japan) and

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TABLE I. Positions and Nucleotide Sequences of Primers Used for Polymerase Chain Reaction (PCR) Amplification of Partial Nucleotide Sequences of Hepatitis E Virus (HEV) ORF1

Primer	Polarity	Nucleotide position ^a	Specificity	Nucleotide sequence ^b
HE269	Antisense	2135–2154	Genotype 4	5' ARSCCYGAMACCGACCAGGT 3'
HE282	Antisense	2075–2094	Genotype 3	5' GACTCCCARVYRTGSCCRGG 3'
HE296	Sense	1509–1528	Genotype 4	5' AGGGTAYGAYAAAGAGGCA 3'
HE297	Sense	1523–1542	Genotype 4	5' GAGGCATTTGARGGGTCCGA 3'
HE298	Antisense	2087–2106	Genotype 4	5' AARGGRTRGYWGACTCCCA 3'
HE299	Sense	2765–2784	Genotype 4	5' GAYGCTGGGARCGYAACCA 3'
HE300	Sense	2807–2826	Genotype 4	5' CTKACYGAGCCRGCBATAGC 3'
HE301	Antisense	3287–3306	Genotype 4	5' TTTGTWGGDACMAGCTCAGG 3'
HE302	Antisense	3303–3322	Genotype 4	5' RGTAAASRTGCCACCCTTG 3'
HE303	Sense	1448–1467	Genotype 3	5' CRGTGGYTVGGSCAGGAGTG 3'
HE304	Sense	1526–1545	Genotype 3	5' GCYTAYGAGGRBTCYAGGTT 3'
HE306	Antisense	2087–2106	Genotype 3	5' AADGGRTTVGCAGRCTCCA 3'
HE307	Sense	2933–2952	Genotype 3	5' CGTGCYTGCGYGGYTGCAC 3'
HE308	Sense	2975–2994	Genotype 3	5' TAYCAGTTYACYGCGGGGT 3'
HE309	Antisense	3470–3489	Genotype 3	5' TGRACHGTRATYGCACCAGG 3'
HE310	Antisense	3518–3537	Genotype 3	5' GCVTRGCTATRATTGTGGT 3'

^aThe nucleotide numbers are in accordance with HE-JA1 (AB097812).

^bR = A or G; S = C or G; Y = C or T; M = A or C; V = A, C or G; W = A or T; K = G or T; B = C, G or T; D = A, G or T; H = A, C or T.

ODEN (version 1.1.1) from the DNA Data Bank of Japan (National Institute of Genetics, Mishima, Japan) [Ina, 1994]. Sequences were aligned by CLUSTAL W (version 1.8) [Thompson et al., 1994]. A phylogenetic tree was constructed by the neighbor-joining method [Saitou and Nei, 1987]. Bootstrap values were determined with 1,000 resamplings of the data sets [Felsenstein, 1985]. The final tree was obtained using the TreeView program (version 1.6.6) [Page, 1996].

Statistical Analysis

Statistical analyses were performed using Fisher's exact probability test for comparison of proportions between two groups and the Mann-Whitney U test for comparison of continuous variables between two groups. Differences were considered to be statistically significant when $P < 0.05$.

RESULTS

Analysis of Full-Length Genome of Genotype 4 HEV Isolates

Seven of the nine HEV isolates, that is, HE-JF4, HE-JF5, HE-JA19, HE-JA28, HE-JA36, HE-JA37, and HE-JA41, had the same genomic length of 7239 nt, excluding the poly(A) tract at the 3'-terminus. HE-JF3 and HE-JA2 had a genomic length of 7240 nt and 7243 nt, respectively; the differences in genomic length were attributed to an insertion of 1 nt or 4 nt in HE-JF3 and HE-JA2, respectively, in the 3'-untranslated region. When the full genome sequences were compared with those of reported HEV isolates, HE-JF3 was closely related to HE-JA1 [Nishizawa et al., 2003] with a nucleotide identity of 99.6%. HE-JF4 shared an identity of 99.7% with HE-JF5, and had the highest identity of 99.9% with both JYW-Sap02 and JTS-Sap02 [Takahashi et al., 2004]. HE-JA19 and HE-JA37, which shared an

identity of 99.3%, were 99.2% and 98.9% similar to JKK-Sap00 [Takahashi et al., 2003], respectively. HE-JA28, HE-JA36, and HE-JA41 were 99.5–99.6% identical to each other and had an identity of 98.4–98.7% with JSM-Sap95 [Takahashi et al., 2004]. HE-JA2 was only 84.3–86.8% similar to the other genotype 4 isolates. A phylogenetic tree was constructed based on the full genome sequence of genotype 1–4 HEV (Fig. 1). HE-JF3 segregated into a cluster consisting of JSN-Sap-FH02 [Takahashi et al., 2003] and JSF-Tot03 [Takahashi et al., 2005], both of which had been obtained from fulminant hepatitis patients. HE-JF4, HE-JF5, HE-JA19, and HE-JA37 were grouped into another cluster consisting of JKK-Sap00, JYW-Sap02, and JTS-Sap02. HE-JA28, HE-JA36, and HE-JA41 formed a mini-cluster, separate from the latter cluster.

To investigate nucleotide differences that may be related to fulminant hepatitis, the nine full-length sequences of HEV determined in this study were examined along with 13 previously reported, entire or nearly entire HEV sequences [Wang et al., 2000; Kuno et al., 2003; Liu et al., 2003; Nishizawa et al., 2003; Takahashi et al., 2003, 2004, 2005]. No nucleotide substitutions within the 5'- and 3'-untranslated regions were specific for the HEV isolates from patients with fulminant hepatitis, although some of the reported isolates lacked the extreme 5'-terminal part of the 5'-untranslated region. A total of 7,145 nucleotides within the coding region of the 5 genomes (HE-JF3, HE-JF4, HE-JF5, JSN-Sap-FH02, and JSF-Tot03) recovered from patients with fulminant hepatitis were compared with those of the 17 genomes recovered from patients with acute hepatitis. At each nucleotide position, we examined whether a particular nucleotide was significantly more prevalent among the HEV genomes from patients with fulminant hepatitis than among those from patients with acute hepatitis. A P -value was determined for each nucleotide position.

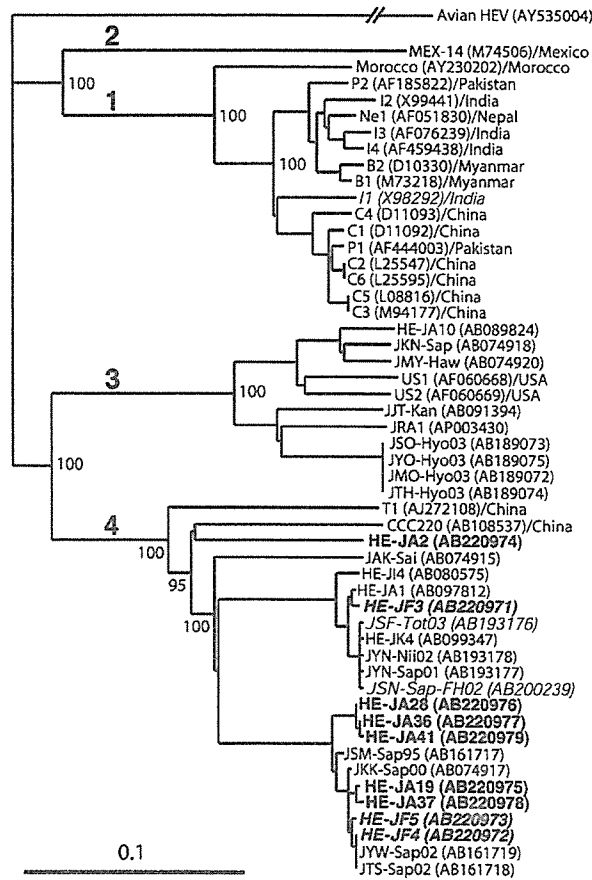


Fig. 1. Phylogenetic tree constructed by the neighbor-joining method based on the full-length nucleotide sequences of 51 human hepatitis E virus (HEV) isolates, using a chicken HEV isolate (AY535004) as an outgroup. The nine HEV isolates whose full-length sequence was determined in the present study are indicated in bold type for visual clarity. Forty-two isolates whose entire or nearly entire sequence has been reported were included for comparison, with the accession number in parentheses. After the slash, the name of the country other than Japan where the HEV isolate was isolated is shown. The six isolates that were obtained from patients with fulminant hepatitis are indicated in italic type. Bootstrap values are indicated for the major nodes as a percentage of the data obtained from 1,000 resamplings.

All 21 nucleotide substitutions with $P < 0.2$ did not change the amino acids (Table II). Among them, C at nt 1816 (C1816) and U at nt 3148 (U3148) were seen significantly more frequently among the HEV isolates from patients with fulminant hepatitis than among those from patients with acute hepatitis (100% vs. 47%, $P = 0.0489$; 100% vs. 47%, $P = 0.0489$).

Comparison of Nucleotides at Nt 1816 and 3148 in Genotype 4 HEV Isolates

To determine the nucleotides at nt 1816 and 3148 in an additional 16 HEV isolates from patients with genotype 4 HEV, including a patient with fulminant hepatitis (HE-JF1), the partial nucleotide sequences of

two different regions within ORF1 (nt 1543–2086 and nt 2827–3286) were determined. The nucleotides at nt 1816 and 3148 in the obtained sequences and those in the 22 full-length genomes were compared between the fulminant and acute hepatitis patients (Table III). C at nt 1816 and U at nt 3148 remained significantly more prevalent among the patients with fulminant hepatitis than among those with acute hepatitis ($P = 0.0268$ and $P = 0.0018$, respectively). Of note, U3148 was found to have a closer relationship with fulminant hepatitis than C1816.

Comparison of the Nucleotides at Nt 3148 in HEV Isolates of All Four Genotypes

Figure 2A depicts the genomic organization of the four genotypes of HEV and the location of nt 3148. Nt 3148 is located within the RNA helicase domain of ORF1, and is the third base of a triplet codon encoding valine. The consensus sequence of each of the four genotypes of HEVs whose entire or nearly entire sequence was known was determined. When the consensus sequences of the 4 genotypes were aligned, a 22-nt sequence including nt 3148 was found to be well conserved (Fig. 2B). To compare the 22-nt sequence among additional isolates, the nucleotide sequence of nt 2995–3469 was determined for 20 additional isolates from patients infected with genotype 3 HEV, including that from a fulminant hepatitis patient (HE-JF2). Comparison of the 22-nt sequence among 86 isolates including the 20 genotype 3 and 16 genotype 4 isolates, whose partial nucleotide sequence was determined in the present study, disclosed that there are some minor substitutions in this conserved area (Fig. 2C). Notably, genotype 4 isolates had a much higher prevalence of U3148 than isolates of the other three genotypes (39.5% [15/38] vs. 4.2% [2/48], $P < 0.0001$), and U3148 was associated significantly more frequently with fulminant hepatitis than other nucleotides at nt 3148 (C or G) (35.3% vs. 2.9%, $P = 0.0006$). On the other hand, at nt 1816, no particular nucleotide was seen significantly more frequently among the HEV isolates from patients with fulminant hepatitis than among those from patients with acute hepatitis when the 86 isolates of four distinct genotypes were compared (data not shown).

Comparison of Demographic Characteristics and Laboratory Parameters Among the Hepatitis E Patients According to the Presence of U3148

The demographic features and laboratory parameters were compared in relation to the presence or absence of U3148 among 48 patients with type E acute or fulminant hepatitis for whom such data were available [Mizuo et al., 2002, 2005; Suzuki et al., 2002; Kuno et al., 2003; Yajima et al., 2003; Yazaki et al., 2003; Sainokami et al., 2004; Saitoh et al., 2004; Yamamoto et al., 2004; Hijioka et al., 2005]. Twenty-seven patients were infected with genotype 4 HEV and the remaining 21 patients with genotype 3 HEV. A patient who was infected with both genotypes 3 and 4 HEV isolates [Takahashi et al., 2002]

TABLE II. Differences in the Nucleotide Sequence of Genotype 4 HEV Genomes Obtained From Patients With Fulminant or Acute Hepatitis E

Isolate name ^a	Diagnosis	Nucleotide no. ^b																			
		37	370	421	1345	1816	1963	2101	2128	2224	2725	3148	3185	3796	3856	4579	4888	5071	5907	5943	6126
HE-JF3	FH	U	C	G	U	C	U	U	U	U	U	U	C	U	U	G	U	U	C	C	C
HE-JF4	FH	U	C	G	U	C	U	U	U	U	U	U	C	U	U	G	U	U	C	C	C
HE-JF5	FH	U	C	G	U	C	U	U	U	U	U	U	C	U	U	G	U	U	C	C	C
JSN-Sap-FH02	FH	U	C	G	U	C	U	U	U	U	U	U	C	U	U	G	U	U	C	C	C
JSF-Tot03	FH	U	C	G	U	C	U	U	U	U	U	U	C	U	U	G	U	U	C	C	C
HE-JA2	AH	U	U	G	C	A	C	C	A	C	C	U	U	C	C	A	U	C	A	U	U
HE-JA19	AH	U	C	G	U	U	U	U	U	U	U	U	C	U	U	G	U	U	C	C	C
HE-JA28	AH	U	C	C	U	C	C	C	C	C	C	C	U	C	C	A	C	U	U	U	G
HE-JA36	AH	U	C	C	U	U	U	U	U	U	U	U	C	U	C	A	C	U	U	U	G
HE-JA37	AH	U	C	A	U	U	U	U	U	U	U	U	C	U	C	A	C	U	U	U	G
HE-JA41	AH	U	C	C	U	U	U	U	U	U	U	U	C	U	C	A	C	U	U	U	G
T1	AH	U	C	U	C	C	C	C	C	C	C	C	U	C	C	A	C	U	U	U	G
CCC220	AH	U	C	U	C	U	U	U	U	U	U	U	C	U	C	A	C	U	U	U	G
HE-JA1	AH	U	C	G	U	C	C	U	U	U	U	U	C	U	C	A	C	U	U	U	G
HE-JK4	AH	U	C	G	U	C	C	U	U	U	U	U	C	U	C	A	C	U	U	U	G
JAK-Sai	AH	U	U	A	U	U	C	U	U	U	U	U	C	U	C	A	C	U	U	U	G
JSM-Sap95	AH	U	C	G	U	U	U	U	U	U	U	U	C	U	C	A	C	U	U	U	G
JKK-Sap00	AH	U	C	G	U	U	U	U	U	U	U	U	C	U	C	A	C	U	U	U	G
JYN-Sap01	AH	U	C	G	U	U	U	U	U	U	U	U	C	U	C	A	C	U	U	U	G
JYW-Sap02	AH	U	C	G	U	U	U	U	U	U	U	U	C	U	C	A	C	U	U	U	G
JTS-Sap02	AH	U	C	G	U	U	U	U	U	U	U	U	C	U	C	A	C	U	U	U	G
JYN-Nii02	AH	U	C	G	U	U	U	U	U	U	U	U	C	U	C	A	C	U	U	U	G
		U/C	C/U	G/H	U/C	C/K	C/W	U/C	U/C	U/M	U/C	U/C	C/U	U/C	U/C	G/M	U/C	C/W	C/U	C/U	C/K
	FH	5/0	5/0	5/0	5/0	5/0	5/0	5/0	5/0	5/0	5/0	5/0	5/0	5/0	5/0	5/0	5/0	5/0	5/0	5/0	5/0
	AH	9/8	11/6	11/6	11/6	11/6	11/6	10/7	10/7	10/7	8/9	10/7	11/6	10/7	10/7	11/6	10/7	9/8	10/7	11/6	11/6
	P value ^c	0.076	0.166	0.166	0.166	0.166	0.114	0.114	0.114	0.114	0.049	0.114	0.166	0.114	0.114	0.166	0.114	0.076	0.114	0.166	0.166

FH, fulminant hepatitis; AH, acute hepatitis; H = A or C or U; K = G or U; W = A or U; M = A or C. Nucleotide substitutions in which the prevalence of a particular nucleotide at a nt position was higher among the HEV genomes from FH patients than among those from AH patients with *P* < 0.2 are shown.

^aThe isolate names whose entire sequences have been determined in this study are indicated in bold face.

^bNucleotide numbers are in accordance with HE-JA1 (AB097812).

^c*P* values (Fisher's exact probability test) that are significant are indicated in bold face.

TABLE III. Comparison of Nucleotides at Nt 1816 and 3148 Among 38 Isolates of Genotype 4 HEV Recovered From Patients With Fulminant or Acute Hepatitis E

Patients with	Nt 1816		Nt 3148	
	C	G or U	U	C
Fulminant hepatitis	5	1	6	0
Acute hepatitis	10	22	9	23
P value	0.0268		0.0018	

was excluded. The patients infected with HEV with U3148 tended to have a higher peak level of total bilirubin than those with C3148 or G3148 ($P = 0.0721$) (Table IV). Of note, the value of the lowest prothrombin activity was significantly lower in patients with U3148 than in those with C3148 or G3148 ($P = 0.0293$).

DISCUSSION

It is generally considered that the severity of hepatitis E depends on host factors of the infected patients such as

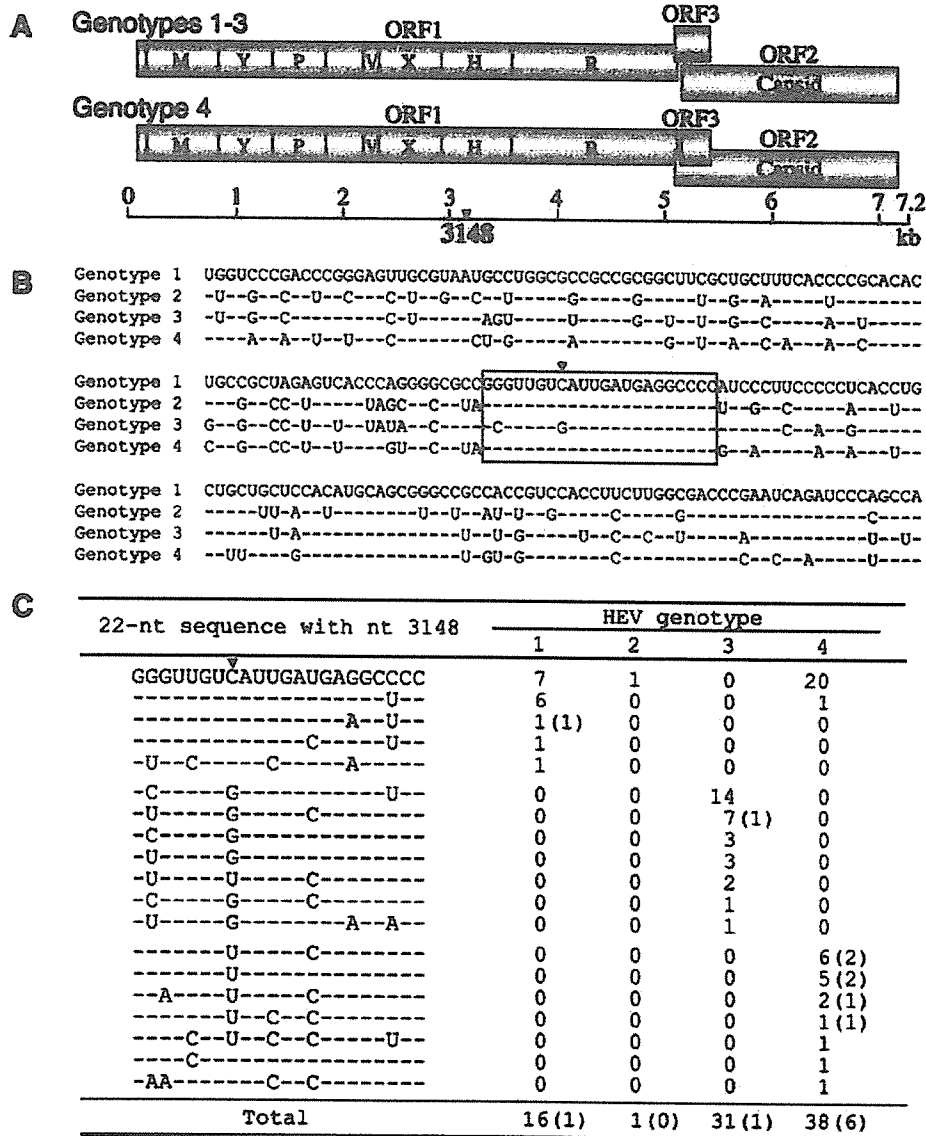


Fig. 2. Characteristics of nt 3148 in HEV and its surrounding sequence. A: Organization of the HEV genome of genotypes 1-3 and that of genotype 4 showing the location of nt 3148. M, methyltransferase; Y, Y domain; P, papain-like protease; V, proline-rich hinge domain; X, X domain; H, RNA helicase; R, RNA polymerase. B: Comparison of consensus sequences of the region including nt 3148 (201 nt) in each of the four distinct genotypes of HEV. The inverted triangle indicates the position of nt 3148, and the box indicates a conserved area including nt 3148. The consensus sequence of each genotype was deduced from nucleotides common to each of the four genotypes (genotype 1, 16

isolates; genotype 2, 1 isolate; genotype 3, 11 isolates; and genotype 4, 22 isolates). C: Comparison of a 22-nt sequence including nt 3148 among 86 HEV isolates of four distinct genotypes. The inverted triangle indicates nt 3148. The numbers on the right of the sequences indicate the number of isolates with the indicated sequences, and the number in parentheses indicate the number of isolates obtained from patients with fulminant hepatitis. The genotype 1 isolate from a patient with fulminant hepatitis (11, X98292 [Donati et al., 1997]), and the genotype 3 isolate from a patient with fulminant hepatitis (HE-JF2 [Suzuki et al., 2002]) are shown.

TABLE IV. Comparison of Demographic Characteristics and Laboratory Parameters Between Patients Infected With HEV With U at Nt 3148 or Those With Another Nucleotide at Nt 3148

	Nt 3148		P value ^a
	U (n = 8)	C or G (n = 40)	
Age (years)	58.5 ± 8.9	57.7 ± 12.0	0.7085
Male [number (%)]	8 (100)	33 (82.5)	0.2532
Peak ALT (IU/l)	2,814 ± 1,009	2,459 ± 1,237	0.2685
Peak total bilirubin (mg/dl)	16.5 ± 10.3	9.6 ± 8.3	0.0721
Lowest prothrombin activity (%)	51.8 ± 29.1	76.8 ± 25.9	0.0293
High HEV load ^b [number (%)]	3 (37.5)	10 (25.0)	0.3704

The demographic characteristics and laboratory parameters of patients with type E acute or fulminant hepatitis were studied [Mizuo et al., 2002, 2005; Suzuki et al., 2002; Kuno et al., 2003; Yajima et al., 2003; Yazaki et al., 2003; Sainokami et al., 2004; Saitoh et al., 2004; Yamamoto et al., 2004; Hijioka et al., 2005]. Twenty-seven patients were infected with genotype 4 HEV and 21 patients were infected with genotype 3 HEV.

^aP value that is statistically significant is indicated in bold face.

^bWith HEV RNA titer of $\geq 10^5$ copies/ml at the first examination.

pregnancy [Harrison, 1999; Purcell and Emerson, 2001; Smith, 2001] or aging [Harrison, 1999]. The mortality rate among pregnant women who acquired hepatitis E is as high as 20%. In addition, the presence of an underlying disease may influence the severity of hepatitis E [Mizuo et al., 2005]. However, similar to other known hepatitis viruses, viral factors may play a role in the pathogenesis of type E fulminant hepatitis. Hepatitis B virus variants with mutations in the precore region [Kosaka et al., 1991; Liang et al., 1991; Omata et al., 1991; Terazawa et al., 1991; Yotsumoto et al., 1992] and/or the core promoter [Sato et al., 1995] have been implicated in fulminant hepatitis. Possible associations were also suggested between the severity of hepatitis A and significant numbers of nucleotide substitutions in the 5'-untranslated region of the hepatitis A virus genome [Fujiwara et al., 2001, 2002]. Recently, it was suggested that the severity of hepatitis E is influenced by the genotype of HEV, based on the finding that patients infected with genotype 4 HEV tend to have more severe disease than those with genotype 3 HEV in Japan [Mizuo et al., 2005]. The mortality rate of hepatitis E in developing countries where genotype 1 HEV prevails is reported to be about 1% [Purcell and Emerson, 2001]. As for genotype 2 HEV, no fulminant cases have been reported thus far. In Japan where HEV isolates of genotypes 3 and 4 circulate, 4 (14.8%) of 27 patients with genotype 4 HEV and 1 (4.8%) of 21 patients with genotype 3 HEV died due to fulminant hepatitis, indicating that genotype 4 HEV may be more closely associated with the development of fulminant hepatitis than HEV of other genotypes. Genotype 4 HEV is unique in that there is an insertion of a single nucleotide (U) at nt 5159, which affects both ORF2 and ORF3 (Fig. 2A). The ORF2 of genotype 4 HEV overlaps ORF1 by one nt, whereas ORF2 in all reported isolates of genotypes 1–3 begins 41 nt downstream of ORF1. The first initiation codon of ORF3 in genotype 4 HEV isolates is 28 nt downstream of ORF1, in contrast with ORF3 in reported isolates of genotypes 1–3 which overlaps ORF1 by one nt. Consequently, genotype 4 HEV has an additional 14 codons in ORF2. The predicted size of ORF3 of

genotype 4 HEV at the 5'-terminal portion is nine codons shorter than that of reported isolates of genotypes 1–3 [Wang et al., 2000; Takahashi et al., 2003]. The uniqueness of the genotype 4 HEV genome may explain, at least in part, its association with the severe form of hepatitis E.

Amino acid substitutions in viral proteins that are related with altered pathogenesis have been well documented [Brack et al., 1998; Raychaudhuri et al., 1998; Lum et al., 2003; Glenn and Novembre, 2004]. The viral RNA 5'- and 3'-untranslated region sequences can also affect the expression of disease symptom [Slobodskaya et al., 1996; Brack et al., 1998; Bryant et al., 2005]. In the present study, amino acid changes in the coding regions or nucleotide substitutions in the 5'- and 3'-untranslated regions, that may be associated with the development of fulminant hepatitis, were not observed among patients who were infected with genotype 4 HEV and diagnosed with fulminant hepatitis. However, a silent substitution of U at nt 3148, that is located within the RNA helicase domain of ORF1, was observed significantly more frequently among genotype 4 HEV isolates than among isolates of the other genotypes ($P < 0.0001$), and among HEV isolates obtained from patients with fulminant hepatitis than among those obtained from patients with acute hepatitis ($P = 0.0006$). The results suggest that U3148 in the HEV genome is associated with progression to fulminant hepatitis or the severe form of hepatitis E. The underlying reason for the association of a silent substitution at nt 3148 in the HEV genome with the progression to fulminant hepatitis remains unknown. Two possible explanations are as follows. One explanation is that the silent substitution at nt 3148 may influence the efficiency of replication of HEV. Nt 3148 is located at the RNA helicase domain [Koonin et al., 1992] and the particular nucleotide at nt 3148 may alter the secondary structure of the genome, thereby affecting the expression of RNA helicase. The secondary structure of the RNA genome with U3148 may be favorable for translation of the RNA helicase and RNA polymerase whose coding region is located downstream of the RNA

helicase domain, as discussed previously [Hirata et al., 2003]. Another explanation is that the nucleotide sequence containing nt 3148 may regulate the transcription of the subgenomic mRNA of the HEV genome. It was reported that in the liver of cynomolgus macaques infected with HEV, there was a subgenomic mRNA that was shorter than the entire genome and had a common 3'-end with genomic RNA [Tam et al., 1991; Yarbough et al., 1991]. The 22-nt sequence including nt 3148 was conserved among all four genotypes, supporting the latter explanation. As the 5'-end of the subgenomic mRNA has not been determined as yet, it is uncertain whether nt 3148 can affect the transcription of the mRNA. As to whether the sequence including nt 3148 plays a role at the genomic level, the 15-nt sequence including U3148 is homologous to the sequence 5' UGCYAUGGAGCAGGC 3' (nt 67–81) in the methyltransferase domain of ORF1, which is well conserved among the genotypes, and further investigation may be warranted.

Of interest, a plant virus, *Apple stem grooving virus* (ASGV), that contained a single silent substitution in the coding region, did not induce the symptoms in host plants that are characteristic of the wild-type virus [Hirata et al., 2003]. As the substitution did not affect the abundance of mRNA transcribed from the downstream, the mechanism of symptom attenuation is under discussion. Its genome consists of a single-stranded, positive-sense RNA of 6.5 kb that is 5'-capped and 3'-polyadenylated. Some features of the ASGV genome resemble those of the HEV genome, suggesting that a silent substitution in the HEV genome may also affect the symptoms in the host. HEV RNA replication occurred in primate cell cultures transfected with *in vitro* transcripts of an infectious cDNA clone of the HEV genome [Emerson et al., 2004b]. Studies using a mutagenized genotype 4 HEV with U3148 that is constructed *in vitro*, may elucidate the mechanism by which the silent substitution of U3148 leads to progression to fulminant hepatitis.

In conclusion, the results of this study suggest that a silent substitution of U at nt 3148 in genotype 4 HEV is associated closely with the occurrence of fulminant hepatitis. As the number of patients with type E fulminant hepatitis is limited, accumulation of patients with type E fulminant hepatitis not only in Japan but also in other countries and extensive clinical and virological analyses of a large number of such cases are needed in future studies to evaluate our proposal. Studies on the mechanism by which the silent substitution of U3148 leads to progression to fulminant hepatitis may elucidate a novel determinant of disease severity of HEV infection.

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<原 著>

本邦に於ける E 型肝炎ウイルス感染の統計学的・疫学的・
ウイルス学的特徴：全国集計 254 例に基づく解析

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要旨：極く最近まで殆んど不明状態にあった我国の E 型肝炎の実態を明らかにする目的で、我々は全国から総数 254 例の E 型肝炎ウイルス (HEV) 感染例を集め、統計学的・疫学的・ウイルス学的特徴を求めてこれを解析した。その結果、[i] HEV 感染は北海道から沖縄まで全国津々浦々に浸透していること；[ii] 感染者の多くは中高年（平均年齢約 50 歳）で、且つ男性優位（男女比約 3.5 対 1）であること；[iii] 我国に上着している HEV は genotype 3 と genotype 4 であるが、後者は主に北海道に偏在していること；[iv] 年齢と肝炎重症度との間に相関があること；[v] Genotype 3 より genotype 4 による感染の方が顕性化率も重症化率も高いこと；[vi] 発生時期が無季節性であること；[vii] 集積症例全体の約 30% は動物由来食感染、8% は輸入感染、2% は輸血を介する感染に帰せしめ得たものの、過半の症例（約 60%）に於いては感染経路が不明のままであること；等の知見を得た。

索引用語： E 型肝炎 E 型肝炎ウイルス 疫学 日本

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Table 1 Remarkable predominance of male over female, irrespective of severity of the disease.

Gender	Total n = 243	Disease categories			
		Subclinical n = 71	AH ^a n = 135	ASH ^a n = 21	FH ^a n = 16
Female	55(23%)	18(34%)	29(21%)	4(19%)	4(25%)
Male	188(77%)	53(66%)	106(79%)	17(81%)	12(75%)
F/M ratio	1 / 3.4	1 / 2.9	1 / 3.7	1 / 4.3	1 / 3

^aAbbreviations : AH, acute hepatitis ; ASH, acute severe hepatitis (defined by prolonged prothrombin time, i.e., PT value < 40%) ; FH, fulminant hepatitis.

Table 2 Age of the subjects, possibly influencing clinical manifestations.

Age in yrs	Total n = 242	Disease categories			
		Subclinical n = 70	AH n = 135	ASH n = 21	FH n = 16
Less than 40	63(26%)	38(54%) ^a	21(16%)	3(14%)	1(6%)
40 to 59	105(43%)	20(29%)	70(52%)	11(53%)	4(25%)
60 or more	74(31%)	12(17%)	44(32%)	7(33%)	11(69%) ^b
Mean ± SD	50.1 ± 15.6	42.3 ± 15.9 ^c	52.8 ± 14.4	52.8 ± 15.6	58.9 ± 10.1 ^d

^a P < 0.001, 0.003, < 0.001 against "AH", "ASH", "FH" respectively; ^b P = 0.010, < 0.001 against "AH", "Subclinical" (Chi square test). ^c P < 0.001, 0.009, < 0.001 against "AH", "ASH", "FH" (t test); ^d P = 0.047 against "AH" (Welch test).

緒 言

我国や西欧諸国は、アジア・アフリカの熱帯亜熱帯地域諸国と異なり、E型肝炎が頻発する地域ではないから、相当数の症例を集積するには時間と手間がかかる故、100例以上の症例を纏めて解析した報告は、我々の知る限り英文であれ和文であれ一報だけに存在しない。我々は、約3年の歳月をかけて、共著者の夫々が過去およびリアルタイムに経験した症例の情報と検体を持ち寄り、更にはこれに我国から学会や論文で発表された症例の情報をも追加し、2006年1月末までに総数254例の、国内で経験されたHEVヒト感染例を集積することを得た。かほどの多数例を纏めて解析した仕事は未見であるし、聊か興味深い知見も得られたので、以下にそれを報告する。

方 法

症例の任意登録

共著者の夫々が、過去及び現在進行形で経験したHEV感染例について、地域、年齢、性、発病年、発病月、病型診断(Subclinical, Acute Hepatitis, Acute Severe

Hepatitis, Fulminant Hepatitisのいずれか)、経過中最高ALT値、経過中最高総ビリルビン値、経過中最延長プロトロンビン時間値、ウイルス学的診断根拠(HEV RNA陽性、あるいはIgM抗体・IgG抗体共陽性)、HEV genotype、推定あるいは確定された感染経路、海外渡航歴の有無、等の情報を任意登録した。2006年1月末の時点で、この『任意登録』によって集積し得た症例数はn=206である。尚、HEV RNAが陽性でありながらgenotypingが未施行であった症例については、可能な限り検体の入手に努力し、sequencingを行った(方法後出)。

既報告例の引用登録

国内学会での過去の報告例については、抄録から上記調査項目に相当するデータを拾い集めた。論文発表例^{1)~16)}については、一部は、当該論文著者自身から上記調査項目に相当するデータを任意登録して貰ったが、それが不可能であった場合には論文中の記載から該当データを引用登録した。この『引用登録』によって集積し得た症例数はn=48であり、そのうち最古の症例