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Second Primary Cancers in Patients with Stage III Non-Small Cell Lung Cancer Successfully Treated with Chemo-radiotherapy

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Background: Patients successfully treated for non-small cell lung cancer (NSCLC) remain at risk for developing second primary cancer (SPC). The purpose of the current study is to assess the incidence of SPC and the impact of smoking status on the SPC in long-term survivors with stage III NSCLC after chemo-radiotherapy.
Methods: Using the database from the Japan National Hospital Lung Cancer Study Group between 1985 and 1995, information was obtained on 62 patients who were more than 3 years disease-free survivors. Details of clinical information and most smoking history were available from the questionnaire.
Results: Nine of the 62 patients developed SPC 3.9–12.2 years (median, 6.2 years) after the initiation of the treatment. The site of SPC was 2 lung, 1 esophagus, 2 stomach, 1 colon, 1 breast, 1 skin and 1 leukemia. Among these nine, three cancers occurred inside the radiation field. The relative risk of any SPC was 2.8 [95% confidence interval (CI) 1.3–5.3]. The risk changed with the passage of time and it increased significantly (5.2 times at or beyond 7 years) after the treatment. In univariate analysis, the patients who were male, had more cumulative smoking and continued smoking, had an increased risk of SPC [relative risk (RR) 2.7, CI 1.1–5.3; RR 3.0, CI 1.2–6.2; RR 5.2, CI 1.6–11.7, respectively]. In multivariate analysis, factors including smoking status and histological type had no effect on the development of a SPC.
Conclusion: The patients with stage III NSCLC successfully treated with chemo-radiotherapy were at risk for developing SPC and this risk increased with time.

Key words: second primary cancer – non-small cell lung cancer – chemo-radiotherapy

INTRODUCTION

The introduction of combined modality therapy as chest radiotherapy (RT) and chemotherapy for patients with stage III non-small cell lung cancer (NSCLC) has resulted in achieving ~15% long time survivors (123). However, patients successfully treated for NSCLC as well as small cell lung cancer (SCLC) remain at risk for developing second primary cancer (SPC) (4). The risk of SPC in patients with NSCLC has been studied mainly in cohorts of surgically resected patients for stage I NSCLC (567). These reports suggest that the risk of developing SPC and second primary lung cancer (SPLC) is 1–4% and 1–2% per patient per year, respectively, and it appears to increase with the passage of time. Another study including stages I and II patients treated with chest RT confirmed a similar trend that the risk of developing SPC and SPLC is 4.3 and 1.4% per patient per year, respectively (8). Unlike the studies of the patients with SCLC (9–11), these did not provide adequate follow-up information to determine relative risk. Also, there has been no report to date to evaluate the risk of SPC associated with the treatment of RT with chemotherapy as well as smoking status in stage III NSCLC patients.

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PATIENTS AND METHODS

Information was obtained on 1643 patients with stage III NSCLC between 1985 and 1995, using the database from the National Hospital Study Group for Lung Cancer, including

National Hospital Organization Kinki-chuo Chest Medical Center, National Hospital Organization Toneyama Hospital and National Hospital Organization Okinawa Hospital. Among them, 547 patients were treated with chemo-radiotherapy with or without surgery. Of the 547, the 62 patients were more than 3 years disease-free survivors. The patients who relapsed within the 3 years were excluded in this study. Details of clinical information after the treatment and smoking history of the patients were obtained by a questionnaire, which was completed by directly interviewing the patients or the relatives of deceased patients, or by checking the patient's medical records.

Smoking cessation was defined as completely stopping smoking within 6 months after initiation of treatment. Smoking-related cancers include cancer of the lung, larynx and oral cavity, including pharynx, esophagus, pancreas, bladder, kidney, stomach and uterine cervix. A second primary lung cancer was diagnosed according to the criteria provided by Martini and Melamed in 1975 (12). The period of the study was taken as starting from the first day of therapy, and the date of second cancer was taken as the day of histological or cytological documentation of cancer.

For estimation of the expected values of SPC development, the period of risk began 3 years after initiation of treatment and ended with the date of death, date of last follow-up or date of diagnosis of a SPC, whichever occurred first. Age, gender and period-specific rates for cancer incidence within the period 1985–98 obtained from the Research Group for Population-based Cancer Registration in Japan were applied to the appropriate person-years of observation (13). Statistical methods for risk estimation were based on the assumption that observed number of second cancers followed a Poisson distribution (14). To calculate excess risks per 10 000 patients per year in subgroups with significant relative risks, the expected number of cases was subtracted from the number observed. The difference was divided by person-years of observation, and multiplied by 10 000. The risk of a SPC with a specific exposure as smoking was estimated by comparing the patients without the specific exposure, using Poisson regression methods adjusting for gender, histology (squamous cell carcinoma versus non-squamous cell carcinoma) and cumulative smoking amount before the treatment of NSCLC (40 pack-years > versus ≥40 pack-years) (15).

RESULTS

The 62 questionnaires completed for each patient showed that none of the patients had past history of cancer of any site nor received previous chemotherapy or RT. The patient characteristics are summarized in Table 1. The end of observation to count the person-years was 31 December 1998. The median follow-up from initiation of therapy was 6.2 years (range 3.1–12.2 years). Of the 62 patients, nine developed SPC in 435 person-years of follow-up. Forty-six patients have remained free of cancer since initial treatment. Three other patients relapsed with NSCLC and still remain alive receiving second line chemotherapy. Of the 62 patients, 13 have died: 5 from recurrent NSCLC, 4 from SPC, 4 from other causes. Regarding chemotherapy for initial treatment, 39 patients were treated with cisplatin (CDDP) + mitomycin (MMC) + vindesine (VDS), 16 with CDDP + VDS, 4 with carboplatin, 2 with CDDP + irinotecan, with 1 with CDDP + MMC + inorelbine. In the treatment of RT, 66 Gy were given to 5 patients, 60 Gy to10, 56 Gy to 28, 50 Gy to 15 and 40 Gy to 4. Of the 62 patients, surgery was performed in 24 patients after the chemo-radiotherapy.

Table 1. Patient characteristics (n = 62)

Gender	
Male	50
Female	12
Age (median, range)	61, 34–80
Histology	
Squamous cell carcinoma	30
Adenocarcinoma	21
Large cell carcinoma	10
Adenosquamous carcinoma	1
Stage	
IIIA	32
IIIB	30
Surgery	
Yes	24
No	38
Smoking (median, range)	40 pack-years, 0–120
Stop smoking	
Yes	29
No	16
Unknown	17

For smoking status, information was obtained for all the 62 patients before the treatment, but was available for 45 patients after the treatment. Of the 45 patients treated in the analysis, 16 patients continue to smoke and 19 patients stopped smoking. For assessment, 10 never smokers were also added to the 19 stopped patients, and the 29 patients were categorized to the stop smoking group.

Details of nine patients who developed SPC out of the 62 patients are shown in Table 2. There has been no SPC among the ten never smokers. Two patients (cases 5 and 9) developed a SPLC in different lobes from the original NSCLC. Both tumors arose from the ipsilateral side and both patients continued to smoke after the treatment. One of the two lung cancers developed inside the radiation field. The other malignancies consisted of carcinoma of the esophagus, stomach, colon, skin, breast and acute myelogenous leukemia. Two SPC with skin and breast cancer (cases 6 and 8) also developed inside the radiation field.

Table 3 shows the relative and absolute risks of SPC after initiation of therapy for NSCLC. The risk for development of any SPC increased significantly to 2.8 [95% confidence interval (CI) 1.3–5.3]. In spite of the overall increase in risk, there was no significant increase in relative risk of developing a particular cancer. When smoking-related cancers are combined, there was still no significant increased relative risk in the development of SPC.

Table 2. Characteristics of nine patients with second primary cancers

Patient	Age	Gender	CFI (years)	P His	SPT/His	
1	70	M	3.9	LA	Stomach/AD	
2	69	M	11.5	AD	Colon/AD	
3	61	M	6.3	SQ	Esophagus/SQ	
4	65	M	4.5	SQ	Stomach/AD	
5	62	M	5.6	SQ	Lung/SQ	
6	58	M	4.5	AD	Skin/SQ	inside RT field
7	66	M	8.1	SQ	AML	
8	54	F	10.4	LA	Breast/AD	inside RT field
9	66	M	7.9	AD, SQ	Lung/Undiff	inside RT field

CFI, cancer-free interval; P, Primary; His, Histology; AD, adenocarcinoma; LA, large cell carcinoma; SQ, squamous cell carcinoma; Undiff, undifferentiated carcinoma; AML, Acute myeloid leukemia; RT, radiotherapy.

Table 3. Risk of second primary cancers

Site	Obs	E	O/E	95% CI	Absolute risk*
All cancers	9	3.23	2.8	1.3–5.3	238.9
Esophagus	1	0.12	8.6	0.1–47.7	
Stomach	2	0.81	2.5	0.3–8.9	
Colon	1	0.39	2.5	0.1–14.1	
Lung	2	0.50	4.0	0.4–7.2	
Skin	1	0.03	36.2	0.4–201.3	
Breast	1	0.03	36.7	0.4–204.1	
Leukemia	1	0.03	30.9	0.4–171.5	
Smoking-related	5	1.81	2.8	0.9–6.4	

Obs, observed; E, expected.
*Excess risk per 10 000 persons per year.

Next, the effect of the passage of time was evaluated. The relative risk for 3–4 years after the treatment was 2.2 (95% CI 0.1–23.9) and 1.8 (95% CI 0.1–23.9) for 5–6 years, and 5.2 (95% CI 1.4–13.2) for at or beyond 7 years. The risk changed with the passage of time and it increased significantly (5.2 times at or beyond 7 years) after the treatment. The absolute risk was 600.1 per 10 000 persons per years.

Table 4 shows the results of univariate analysis on the relative risk for a SPC. The risk was significant but modestly increased relative to the general population in male and more cumulative smoking amount (2.7 times; 95% CI 1.1–5.3 and 3 times; 95% CI 1.2–6.2, respectively). Among those who continued to smoke, there was a significantly increased relative risk (5.2 times; 95% CI 1.6–11.7). In contrast, those who stopped smoking showed only a 1.8-fold increase (95% CI 0.3–5.9), which was not significantly different from the general population.

Finally, we assessed multivariate analysis and examined the relationship between continued smoking habits and the risk of a SPC, adjusted for gender, histology type and cumulative smoking amount. The results are shown in Table 5. We could not demonstrate that factors such as continued smoking habits, gender, histology type and cumulative smoking amount had effect on the development of a SPC.

Table 4. Risk of second primary cancers by histology, gender and smoking status

	Obs	O/E	95% CI	Absolute risk*
Histology				
SQ	4	2.7	0.7–6.9	
Non-SQ	5	2.6	0.9–6.7	
Gender				
Male	8	2.7	1.1–5.3	246.7
Female	1	4.3	0.1–23.9	
Surgery				
Yes	4	3.6	0.9–9.2	
No	5	2.3	0.7–5.4	
Smoking				
≤40 pack-years	2	2.2	0.2–8.0	
≥40 pack-years	7	3.0	1.2–6.2	324.2
Intercurrent smoking				
Yes	3	1.8	0.3–5.9	
No	5	5.2	1.6–11.7	430.5

SQ, squamous cell carcinoma; Obs, observed.
*Excess risk per 10 000 persons per year.

Table 5. Relative risk of second primary cancers estimated by multivariate analysis

Risk factor	Relative risk	95% CI
Cumulative smoking (<40 pack-years/≥40 pack-years)	1.4	0.2–8.4
Intercurrent smoking (yes/no)	2.3	0.5–10.8
Histology (SQ/non-SQ)	3.3	0.2–3.3
Gender (male/female)	1.0	0.1–11.2

SQ, squamous cell carcinoma.

DISCUSSION

There has been a large body of work that evaluated the risk of SPC in the patients with NSCLC in the treatment of surgery or RT alone (5678). Although the number of survivors in patients with stage III NSCLC has increased by combined modality therapy as chemotherapy and RT, there has been no report to date to evaluate the risk of SPC in these patients. Additionally, Ng and co-workers (16) reported that the relative risk of SPC was 6.1 with the combined chemotherapy and RT and 4.0 with the RT alone, showing a significant difference ($P = 0.03$) in the surviving patients in Hodgkin's disease. Given that, we focused on the NSCLC patients treated with chemo-radiotherapy.

In our study, 9 patients out of 62 long-term survivors of stage III NSCLC treated with chemo-radiotherapy had a SPC. The relative risk for any SPC (2.8; 95% CI 1.3–5.3) compared with the general population was significantly increased. Instead of many reports examining the risk, these do not provide adequate follow-up information to determine relative risk in the patients with NSCLC. Most studies only show a percent risk per patient per year (5–8). In the current study, the overall rate of developing SPC is estimated at 2.9% per patient per year, which is in agreement with the rates in most surgical series. Ginsberg and Rubinstein (5) reported that SPC occurrence rate was 1.7% per patient per year on 247 patients operated for T1 N0 NSCLC. Other studies showed the rate of 2.8% by Martini et al. (6) and 2.4–3.6% by Thomas and Rubinstein (7). In the current study, we also confirmed the effect of the passage of time on developing SPC. Thomas and Rubinstein (7) reported that the rate of SPC increased from 2.4% for the first 5 years after surgical resection to 3.6% after the fifth year.

We previously studied the relative risk of SPC in the SCLC patient successfully treated with chemotherapy with or without RT (9). Our results showed a similar trend as previous studies (10,11) and demonstrated that the patient had a significantly increased relative risk of 3.6 (95% CI 2.0–5.9) and that the patients who continued to smoke demonstrated a significantly increased risk for a SPC (4.3, 95% CI 1.1–15.9, $P = 0.03$) compared with those who stopped smoking.

Unlike the results of SCLC patients study, the risk of SPC in NSCLC patients was lower, and the impact of continued smoking on developing SPC in the patients was less significant, but the reason for this observation is not completely understood. According to the case–control study from Japan (17), lung cancer risk reduction due to smoking cessation appeared to be greater in SCLC than squamous cell carcinoma or adenocarcinoma, and SCLC seems to be more smoking-related than NSCLC. However, there have been a couple of germline polymorphism as cytochrome P 450 1A1 (CYP1A1) and glutathione *S*-transferase class mu (GSTM1), reported, which is implicated in smoking-related carcinogenesis (18,19). Therefore, SCLC patients are speculated to have a higher potential to develop a SPC, particularly smoking-related cancers.

Among NSCLC patients, there seems to be a special group of roentgenographically occult early stage squamous cell carcinoma of the lung. In this patient group, the rate of occurrence of SPC, particularly SPLC was estimated at 3–4% per patient per year (20,21). The risk for SPLC seemed to be substantially higher than that of 1–2% in the NSCLC patients treated with surgery or RT from the previous study and treated with chemo-radiotherapy from our study. Therefore, the group should be given a special focus and be divided from the general population of NSCLC patients in the research of risk of SPC. Most of the patients can be cured by surgery, photodynamic therapy, brachytherapy and chest RT because of its early clinical stage (22), and are not included in our study. Roentgenographically occult early stage squamous cell carcinoma of the lung is associated with the concept of field cancerization (23), and smoking status seems to be very important to evaluate the risk of SPC, which awaits further examination.

A relatively small sample size and rare events such as SPC in this study resulted in large confidence intervals for the estimates. It is still difficult to conclude the effect of continued smoking on the development of SPC. Cigarette smoking causes not only developing cancers but also cardiovascular and lung damage as well (24,25). It may be speculated that continued smokers died off early when interpreting the results. The cessation of smoking is still warranted among patients with stage III NSCLC treated by chemo-radiotherapy.

In conclusion, stage III NSCLC patients treated with chemo-radiotherapy were at risk of developing SPC and this risk increased with time. A large sample size study in a longer follow-up period may be required in further research to conclude the effect of continued smoking on the development of SPC. SPC in another particular group such as roentgenographically occult early stage squamous cell carcinoma of bronchus also awaits further studies.

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EKB-569, a new irreversible epidermal growth factor receptor tyrosine kinase inhibitor, with clinical activity in patients with non-small cell lung cancer with acquired resistance to gefitinib

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Irreversible inhibitor of EGFR

Summary EKB-569 is a potent, low molecular weight, selective, and irreversible inhibitor of epidermal growth factor receptor (EGFR) that is being developed as an anticancer agent. A phase 1, dose-escalation study was conducted in Japanese patients. EKB-569 was administered orally, once daily, in 28-day cycles, to patients with advanced-stage malignancies known to overexpress EGFR. Two patients with advanced non-small cell lung cancer with EGFR mutations and acquired gefitinib resistance from the phase 1 study are described in detail. *Case #1* is a 63-year-old man with smoking history. He received treatment from 4 March 2004. Because he had no severe adverse events, a total of 10 courses of therapy were completed through December 16. Grade 2 skin rash and ALT elevation, and grade 1 diarrhea and nail changes developed. A chest CT scan on 4 August 2003 revealed multiple pulmonary metastases that had decreased in size. *Case #2* is a 49-year-old woman with no smoking history. She received therapy from 9 February 2004. She received a total of five courses of the therapy until 22 June 2004. Grade 3 nausea and vomiting

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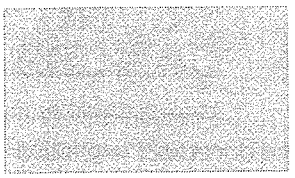

and grade 1 diarrhea and dry skin developed. A chest CT scan on March 3 revealed multiple pulmonary metastases that had decreased in size. A brain MRI on March 4 showed that multiple brain metastases also had decreased in size. Based on RECIST criteria, they had stable disease but radiographic tumor regression was observed.

1. Introduction

1.1. Efficacy of gefitinib

The epidermal growth factor receptor (EGFR) autocrine pathway contributes to a number of processes important to cancer development and progression, including cell proliferation, apotosis, angiogenesis, and metastatic spread [1]. EGFR-tyrosine kinase has become a particularly promising drug targeting for treating non-small cell lung cancer. Gefitinib is an orally active, selective EGFR tyrosine kinase inhibitor that blocks signal transduction pathways implicated in proliferation and survival of cancer cells [2]. Responsiveness characteristics include distinct subgroups of women, patients who have never smoked, patients with adenocarcinoma, and Asians [3–5]. Molecular predictive markers have also been investigated. It is suggested that MAPK is a predictive marker for survival after treatment with gefitinib in chemo-naive patients with bronchioloalveolar carcinoma [6]. Patients with P-Akt-positive tumors who received gefitinib had a better response rate, disease control rate, and time to progression than patients with P-Akt-negative tumors, suggesting that gefitinib may be most effective in patients with basal Akt activation [7]. However, it was not possible to predict gefitinib sensitivity by the level of EGFR overexpression as determined by immunohistochemistry [8] or immunoblotting [9]. Recently it has been reported that somatic mutations in the tyrosine kinase domain of the *EGFR* gene occur in a subset of patients with lung cancer who showed a dramatic response to the EGFR tyrosine kinase inhibitors gefitinib and erlotinib [10–12]. All of these mutations were within exons 18 through 21 of the kinase domain of the *EGFR* gene.

1.2. Drug summary

EKB-569 (Wyeth Research, Collegeville, PA) is a potent, low molecular weight, selective, and irreversible inhibitor of EGFR that is being developed as an anticancer agent. EGFR is a receptor tyrosine kinase that is activated by a variety of growth factors. Upon binding ligands, including epidermal growth factor (EGF) or transforming growth factor alpha (TGF-α), EGFR dimerizes and its intracellular kinase domain is activated, leading to the recruitment and phosphorylation of a number of proteins that ultimately lead to cell growth [13,14]. Several features of EKB-569 may provide certain advantages over other EGFR inhibitors. First, EKB-569 is an orally available, small-molecule EGFR inhibitor, whereas antibody-targeted EGFR inhibitors require intravenous (IV) administration. Second, EKB-569 is an irreversible inhibitor of EGFR, while other small-molecule EGFR inhibitors bind EGFR reversibly [15].

1.3. Effects in humans (Japanese)

A phase 1, open-label, dose-escalation study to assess the safety, tolerability, and pharmacokinetics of EKB-569 was conducted in Japanese patients. EKB-569 was administered orally, once daily, in 28-day cycles, to patients (pts) with advanced-stage malignancies known to overexpress EGFR. Enrollment and treatment are completed; 15 pts (six men, nine women) were treated with 25 mg (3 pts), 35 mg (8 pts), or 50 mg (4 pts) of EKB-569. Their median age was 62 years (range 47–72); ECOG performance status varied: 0 = 4/15 (26.7%) or 1 = 11/15 (73.3%).

The most frequently occurring tumor types included non-small cell lung (10 pts) and breast (2 pts). The remaining tumors were renal, leiomyosarcoma, and malignant thymoma (1 pt each). The most frequently reported EKB-569-related adverse events were diarrhea (86.7%), rash (53.3%), anorexia (40.0%), and dry skin (40.0%). Dose-limiting toxicities were observed at the 50-mg dose level with grade 4 interstitial lung disease and grade 3 diarrhea, stomatitis, and increased blood calcium levels. Thus, the maximum tolerated dose was 35 mg EKB-569 per day.

1.4. Molecular analysis of lung cancer specimens

We obtained appropriate approval from the institution and written informed consent from the patients for the comprehensive use of tumor samples for molecular and pathologic analyses. Surgically resected tumor samples were obtained retrospectively before the patients received

any systemic treatment. All of these tumors were formalin fixed and paraffin embedded by the Department of Pathology. To minimize non-neoplastic tissue contamination, the tumor portion was first selected and marked on an H&E-stained tissue section slide by a pathologist. Only the tumor portion was dissected from the unstained tissue section and sent for DNA extraction.

DNA was extracted from the paraffin section containing a representative portion of each tumor, using the QIAamp DNA Mini kit (Qiagen, Hilden, Germany). For mutational analysis of the kinase domain of the *EGFR* coding sequence, exons 19, 20, and 21 were amplified with three pairs of primers (exon 19, F: 5′-TCACAATTGCCAGTTAACGTCT-3′-(this is the convention for writing a primer), R: 5#-cagcaaagcagaaactcacatc; exon 20, F: 5#-tgaaact-caagatcgcattcat, R: 5#-catggcaaactcttgctatcc; exon 21, F: 5#-gagcttcttcccatgatgatct, R: 5#-gaaaatgctggctgacctaaag). The PCR conditions were one cycle at 95 °C for 11 min, 46 cycles at 95 °C for 30 s, 60 °C for 30 s, 72 °C for 40 s, followed by one cycle at 72 °C for 7 min. PCR products were diluted and cycle-sequenced using the Big Dye Terminator v3.1/1.1 cycle sequencing kit (Applied Biosystems, Forster City, CA) according to the manufacturer's instructions. Sequencing products were electrophoresed on an ABI PRISM 3100 Genetic Analyzer (Applied Biosystems). All sequencing reactions were performed in both forward and reverse directions and chromatograms were reviewed manually and analyzed by BLAST (basic local alignment search tool). High-quality sequence variations found in both directions were scored as candidate mutations.

2. Clinical cases

Two patients from the Japanese phase 1 study are described in detail.

2.1. Case #1

A 63-year-old man with smoking history (BI: 720) who was treated for hyperlipidemia and hypertension showed an abnormal chest X-ray in February 1996. Further examinations including a chest computed tomography (CT) scan and bronchoscopy revealed an adenocarcinoma of the lung, c-T1N0M0, stage Ia, in the right upper lobe. He had undergone a right upper lobectomy with mediastinal lymph node dissection in July 1996 and was proven to have a well-differentiated adenocarcinoma, p-T1N0M0, stage Ia. After further follow-up, multiple pulmonary metastases in both lungs were found in January 2000. Then he was given first-line chemotherapy of cisplatin and docetaxel beginning in May 2000. After two courses of this regimen, multiple pulmonary metastases had not increased in size by CT scan; however skin metastases were found. He was started on oral gefitinib 250 mg/day on November 2000. After 4 weeks, a CT scan indicated a reduction of multiple pulmonary metastases. During this treatment, grade 2 rash and grade 1 nail changes, AST/ALT elevations, and diarrhea were observed. On June 2002, multiple pulmonary metastases had increased, and this treatment was discontinued. The patient entered a phase I study of a new EGFR tyrosine kinase inhibitor (TAK-165), starting treatment on October 2002. After 2 weeks of treatment, grade 3 anorexia was observed and the therapy was stopped. On February 2003, multiple pulmonary metastases had more increased, and on March 2003, he entered a phase I study of EKB-569, receiving treatment from 4 March 2004. EKB-569 (25 mg) was administered orally, once daily, in 28-day cycles. Because he had no severe adverse events, a total of 10 courses of therapy were completed through December 16. Grade 2 skin rash and ALT elevation, and grade 1 diarrhea and nail changes developed during this therapy. Based on RECIST criteria, the patient had stable disease (SD) but radiographic tumor regression was observed on 4 August 2003 (day 27 in the sixth course) (Fig. 1). The size of multiple pulmonary metastases increase by CT scan on 8 December 2003, and the treatment was stopped on 17 December 2003.

A lung cancer specimen was obtained at surgery and studied by immunohistochemistry. EGFR overexpression was detected. In addition, we found the heterozygous in-frame deletion E746-A750 in exon 19 of the *EGFR* gene by direct sequencing of the specimen.

2.2. Case #2

A 49-year-old woman with no smoking history, who was treated for Basedow's disease, insomnia, and bronchial asthma, had an abnormal chest X-ray in October 2000. Further examinations including a chest CT scan and bronchoscopy revealed lung cancer in the left upper lobe. She was diagnosed with adenocarcinoma, c-T1N0M0, stage Ia. She had a left-upper lobectomy with mediastinal lymph node dissection, which revealed a well-differentiated adenocarcinoma, p-T4N2M1, stage IV. She was then given first-line chemotherapy of carboplatin and paclitaxel beginning in January 2001. After two courses of therapy, she discontinued treatment because of adverse events. Right supraclavicular lymph node metastases were found on August

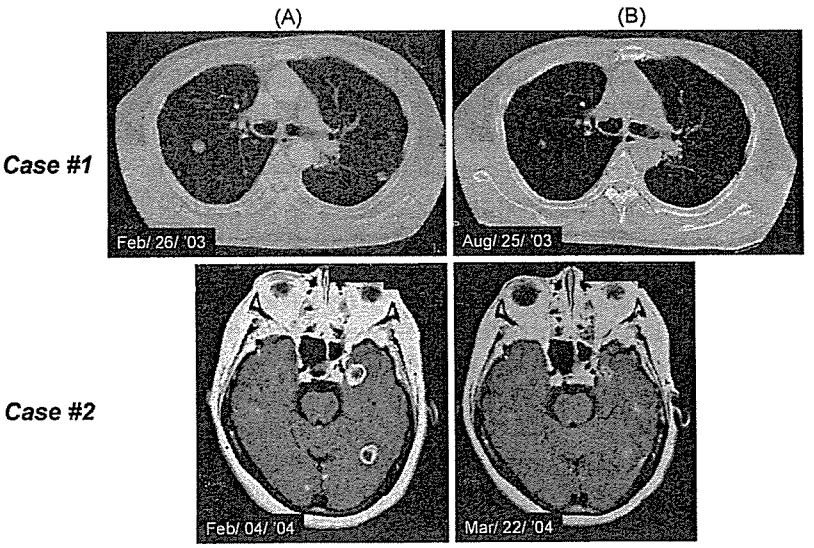

Fig. 1 *Clinical case* #1: a 63-year-old man with adenocarcinoma of lung. CT scan before treatment (A) and after initiation of EKB-569 (B). *Clinical case* #2: a 49-year-old woman with adenocarcinoma of brain metastasis. MRI scan before treatment (A) and after initiation of EKB-569 (B).

2001. Radiotherapy for the metastases (60 Gy/30 fractions) was done, and they decreased in size. On March 2002, right supraclavicular lymph node metastases increased and left clavicular lymph node metastases were found. On April 2002, the patient enrolled in a phase II trial of cisplatin, gemcitabine, and irinotecan for non-small-cell lung cancer. After two courses of therapy, bone metastases were found and pulmonary metastases had grown slowly so the treatment was stopped. She entered a phase I study of a new EGFR tyrosine kinase inhibitor (TAK-165) and started treatment on July 2002. The treatment was stopped after a week later due to grade 3 fatigue. In September 2002, the patient was started on oral gefitinib 250 mg/day. While she was taking 250 mg gefitinib daily for 15 months, the size of multiple pulmonary and bone metastases did not increase by CT scan and she had SD. On December 2003, the patient developed grade 3 oral mucositis and discontinued treatment. On January 2004, the size of multiple pulmonary and bone metastases increase by CT scan. She then entered a phase I study of EKB-569 and received therapy from 9 February 2004. EKB-569 (35 mg) was administered orally, once daily, in 28-day cycles. She received a total of five courses of the therapy until 22 June 2004. Grade 3 nausea and vomiting and grade 1 diarrhea and dry skin developed during the therapy. A chest CT scan on March 3 (day 24 in the first course) revealed multiple pulmonary metastases that had decreased in size. A brain MRI on March 4 (day 25 in the first course) showed that multiple brain metastases also had decreased in size (Fig. 1). The response was SD by RECIST criteria, although tumor regression was observed. The size of bone metastases increase by CT scan on 18 June 2004, and the treatment was stopped on 22 June 2004.

A lung cancer specimen was obtained by surgery and studied by immunohistochemistry. EGFR overexpression was detected. This lung cancer specimen had a heterozygous point mutation in exon 21 (L858R, CTG to CGG) of the *EGFR* gene.

3. Discussion

This is the first case report to describe the effects of EKB-569 on patients with adenocarcinoma of the lung. Case 1 is a 63-year-old man with a smoking history (BI: 720), and case 2 is a 49-year-old woman with no smoking history. Case 1 had an exon 19 deletion of E746-A750, and case 2 had an exon 21-point mutation. These patients underwent surgery and were treated with platinum-based chemotherapy and EGFR tyrosine kinase inhibitors. The treatment with EKB-569 was effective in these two patients after resistance to gefitinib and cytotoxic chemotherapy. These cases suggest that EKB-569 is effective in patients with *EGFR* mutations as has been reported for gefitinib and erlotinib. Despite initial responses to these EGFR inhibitors, patients eventually progress by unknown mechanisms of "acquired" resistance.

Recently, a second mutation in the *EGFR* kinase domain, which is associated with acquired resistance of non-small cell lung cancer to gefitinib or erlotinib, was reported [16,17]. Pao et al. showed that in two of five patients with acquired resistance

to gefitinib or erlotinib, progressing tumors contained, in addition to a primary drug-sensitive mutation in EGFR, a secondary mutation in exon 20. This mutation leads to a substitution of methionine for threonine at position 790 (T790M) in the kinase domain [16]. Kobayashi et al. reported the case of a patient with EGFR-mutant, gefitinib-responsive, advanced non-small cell lung cancer who relapsed after two years of complete remission during treatment with gefitinib. The DNA sequence of the EGFR gene in his tumor biopsy specimen at relapse also revealed the presence of the secondary point mutation, T790M [17]. Kurata et al. reported an interesting case in which acquired resistance to gefitinib could be overcome [18]. In this case, the patient received gefitinib, then a combination of nedaplatin and gemcitabine, and then gefitinib again. The cytotoxic agents may have altered the *EGFR* gene or associated genes to produce acquired sensitivity to gefitinib.

Kobayashi et al. also found that CL-387,785, a specific and irreversible, anilinoquinoline EGFR inhibitor [19], strongly inhibited the EGFR kinase in cells transfected with DNA containing the L747-S752 deletion in the *EGFR* gene or a double mutation with the L747-S753 deletion and the T790M point mutation. They speculated that CL-387,785 inhibited the EGFR kinase of the double mutant because of its altered binding to the kinase domain or its covalent binding to EGFR [17]. Kwak et al. used a bronchoalveolar cancer cell line with an L746-A750 deletion in the *EGFR* gene to isolate gefitinib-resistant clones. These clones had not acquired secondary EGFR mutations but were sensitive to the irreversible, anilinoquinoline EGFR inhibitor EKB-569 [20].

We have shown that EKB-569 had clinical activity in two patients with advanced non-small cell lung cancer with EGFR mutations and acquired gefitinib resistance. Thus, irreversible EGFR inhibitors may be an effective therapy for patients with EGFR-mutant advanced non-small cell lung cancer who have relapsed after treatment with gefitinib.

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ORIGINAL REPORT

Phase II Study of Etoposide and Cisplatin With Concurrent Twice-Daily Thoracic Radiotherapy Followed by Irinotecan and Cisplatin in Patients With Limited-Disease Small-Cell Lung Cancer: West Japan Thoracic Oncology Group 9902

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Authors' disclosures of potential conflicts of interest and author contributions are found at the end of this article.

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ABSTRACT

Purpose
We initially conducted a randomized phase II study to compare irinotecan and cisplatin (IP) versus irinotecan, cisplatin, and etoposide (IPE) after etoposide and cisplatin (EP) with concurrent twice-daily thoracic radiotherapy (TRT) in limited-disease small-cell lung cancer (LD-SCLC). We amended the protocol to evaluate IP after EP with concurrent twice-daily TRT in a single-arm phase II study because of an unacceptable toxicity in IPE.

Patients and Methods
Previously untreated patients with LD-SCLC were treated intravenously with etoposide 100 mg/m^2 on days 1 through 3 and cisplatin 80 mg/m^2 on day 1 with concurrent twice-daily TRT (1.5 Gy per fraction, a total dose of 45 Gy) beginning on day 2 followed by three cycles of irinotecan 60 mg/m^2 on days 1, 8, and 15 and cisplatin 60 mg/m^2 on day 1 of a 4-week cycle.

Results
Of the 51 patients enrolled, 49 patients were assessable for response and toxicity. The overall response rate and complete response rate were 88% and 41%, respectively. The median survival time for all patients was 23 months. The 2-year and 3-year survival rates were 49% and 29.7%, respectively. The median progression-free survival was 11.8 months. The major toxicities observed were neutropenia (grade 4, 84%), febrile neutropenia (grade 3, 31%), infection (grade 3 to 4, 33%), electrolytes imbalance (grade 3 to 4, 20%), and diarrhea (grade 3 to 4, 14%).

Conclusion
EP with concurrent twice-daily TRT followed by the consolidation of IP appears to be an active regimen which deserves further phase III testing in patients with LD-SCLC.

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INTRODUCTION

Small-cell lung cancer (SCLC), which accounts for approximately 15% of all lung cancer cases, is clinically categorized as the two stages, limited disease and extensive disease. Two meta-analyses have shown the combined modality of chemotherapy and thoracic radiotherapy (TRT) to improve the survival of patients with limited-disease (LD-) SCLC in comparison to chemotherapy alone.[1,2] The schedule, dose, and fractionation of TRT have previously been examined in patients with LD-SCLC in several randomized controlled studies.[3-7] On the basis of the results of these studies, etoposide and cisplatin (EP) with concurrent twice-daily TRT is currently a standard care for the treatment for LD-SCLC. However, the 5-year survival rate is less than 30%, and most patients experience a relapse of the primary tumor or distant metastasis.[3-6] To further improve the therapeutic efficacy, one approach is to develop a new chemoradiotherapy regimen incorporating with a novel active agent.

Irinotecan hydrochloride, a camptothecin derivative, is among the most active chemotherapeutic agents against SCLC with a response rate of 37% as a single agent.[8] A randomized phase III study revealed that irinotecan and cisplatin (IP) was superior to EP in patients with extensive-disease SCLC (ED-SCLC).[9] However, the role of IP in the treatment of LD-SCLC remains to be defined. To clarify the role of this combination regimen in LD-SCLC, we initially conducted a randomized phase II study to

compare two consolidation chemotherapy regimens, IP versus irinotecan, cisplatin and etoposide (IPE), after EP with concurrent twice-daily TRT in LD-SCLC.[10] However, EP with concurrent twice-daily TRT followed by IPE was not feasible because of unacceptable toxicity including grade 4 neutropenia (92%), grade 4 diarrhea (25%), grade 4 infection (25%) and one treatment-related death. We therefore amended the protocol to evaluate EP with concurrent twice-daily TRT followed by consolidation therapy with IP in a single-arm phase II study and herein report the results of this study.

PATIENTS AND METHODS

Eligibility Criteria

Patients with histologically or cytologically confirmed LD-SCLC (stage I disease was excluded) were eligible for this study. A limited stage was defined as disease confined to one hemithorax, the mediastinum, and the bilateral supraclavicular area. Cases with a small amount of pleural effusion and a negative cytology were included in the limited-stage group. Other eligibility criteria included the following: no prior chemotherapy or radiotherapy; measurable disease; Eastern Cooperative Oncology Group (ECOG) performance status of 0 to 2; age between 20 and 70 years; life expectancy of at least 3 months; adequate baseline organ function defined as leukocyte count ranging from 4,000 to 12,000/mm^3, hemoglobin concentration of at least 9.5 g/dL, platelet count at least 100,000/mm^3, AST and ALT 2.0× the upper limit of the normal range (ULN) or less, serum total bilirubin 1.5 mg/dL or less, serum creatinine ULN or less, 24-hour creatinine clearance of at least 60 mL/min, and Pao_2 at rest of at least 70 mmHg. The radiation portal should be equal or less than half of one lung.

The patients were ineligible if they had the following criteria: interstitial pneumonitis or pulmonary fibrosis; other respiratory diseases that precluded TRT; malignant pleural effusion or malignant pericardial effusion; active concomitant or a recent (< 3 years) history of any malignancy; uncontrolled angina pectoris, myocardial infarction less than 3 months before the enrollment or congestive heart failure; uncontrolled diabetes mellitus or hypertension; severe infection; intestinal paralysis or obstruction; pregnancy or lactation; or other serious concomitant medical conditions. The study protocol was approved by each institutional review board for clinical use. All patients gave their written informed consent before enrollment.

Study Evaluation

The pretreatment baseline evaluation included a complete medical history and physical examination, a CBC, blood chemistry studies, flexible bronchoscopy, electrocardiography, chest radiography, computed tomography of the chest, computed tomography or ultrasound study of the abdomen, computed tomography or magnetic resonance imaging of the brain, bone scintigraphy and bone marrow aspiration with or without biopsy. A CBC and blood chemistry studies were repeated every week. At the end of the study, all of these studies except for flexible bronchoscopy and bone marrow aspiration were repeated unless the patient had stable or progressive disease.

Treatment Schedule

The patients initially received induction chemoradiotherapy consisting of etoposide 100 mg/m^2 on day 1 through 3 and cisplatin 80 mg/m^2 on day 1 with concurrent twice-daily TRT. After the induction chemoradiotherapy, the patients received three cycles of consolidation chemotherapy consisting of irinotecan 60 mg/m^2 on days 1, 8, and 15 and cisplatin 60 mg/m^2 on days 1. Consolidation chemotherapy was repeated every 4 weeks for three cycles.

The first cycle of consolidation chemotherapy was begun 4 week after the initiation of induction chemoradiotherapy if the leukocyte count was at least 4,000/mm^3; the platelet count was at least 100,000/mm^3; AST and ALT 2.0× ULN or less; serum bilirubin 1.5 mg/dL or less; serum creatinine of ULN or less; the patient did not have fever (≥ 38°C), diarrhea within the past 24 hours, or intestinal paralysis or obstruction; and Pao_2 of at least 70 mmHg. The subsequent cycle of consolidation chemotherapy was repeated if the leukocyte count was at least 3,500/mm^3; the platelet count was at least 100,000/mm^3; AST and ALT 2.0× ULN or less; serum bilirubin 1.5 mg/dL or less; serum creatinine ULN or less; the patient did not have fever (≥ 38°C), diarrhea within the past 24 hours, or intestinal paralysis or obstruction. The use of granulocyte colony-stimulating factor (GCSF) was recommended after day 4. However, its administration was withheld on the day of administration of irinotecan.

TRT was performed with 6 MV or higher photons from a linear accelerator and began on day 2 of the induction chemoradiotherapy. Patients received 1.5 Gy per fraction twice daily with at least a 4-hour interval (preferably a 6-hour interval or more) between each fraction over a 3-week period (a total dose of 45 Gy). A radiation field included the primary tumor, the bilateral mediastinal and ipsilateral hilar lymph nodes with a margin of 1.5 to 2.0 cm. Radiation to the supraclavicular lymph nodes was administered only if they were involved. The inferior border extended 5 cm below the carina or to a level including ipsilateral hilar structures, whichever was lower. After initial irradiation with a dose of 30 Gy, off-cord (ie, the spinal cord was outside the field) oblique boost fields were used. The radiation field in the afternoon was not different from that in the morning. Computed tomography planning was not required and lung density corrections were not performed. Prophylactic cranial irradiation (PCI) was administered to the patients achieving complete response or good partial response with a total dose of 25 Gy in 10 fractions.

Dose Modification

Dose modification based on the toxicity of the induction chemoradiotherapy was not allowed at the time of the first administration of IP. In each cycle of IP, irinotecan on day 8 or 15 was withheld if a leukocyte count of less than 2,000/mm^3 or a platelet count of less than 50,000/mm^3 was determined, or if a patient had fever (≥ 38°C) or grade 2 or higher hepatotoxicity or any diarrhea within the last 24 hours or intestinal paralysis or obstruction. In the second and the third cycle of consolidation chemotherapy, the dose modification was made as follows. If a leukocyte nadir count of less than 1,000/mm^3 or a neutrophil nadir count of less than 500/mm^3 for 3 or more days or if febrile neutropenia developed or if a platelet nadir count of less than 25,000/mm^3 was observed or if grade 2 hepatotoxicity or diarrhea was observed, irinotecan was decreased by 10 mg/m^2 in the subsequent cycle, if grade 2 or lower renal toxicity was observed during the previous course of treatment, only cisplatin decreased by 25%, if grade 3 or higher nonhematologic toxicity (excluding nausea, vomiting, and hair loss) developed, then cisplatin decreased by 25% and irinotecan decreased by 10 mg/m^2 in the following cycle. The patients were removed from the study if the following toxicities were observed: grade 4 diarrhea; grade 3 or higher renal toxicity or creatinine of at least 2.0 mg/dL; grade 3 or higher hepatotoxicity; grade 2 or higher pulmonary toxicity or Pao_2 at rest less than 60 mmHg.

Evaluation

The Response Evaluation Criteria in Solid Tumors (RECIST) were used for the response assessment.[11] Toxicity was evaluated according to the National Cancer Institute–Common Toxicity Criteria (version 2.0). An extramural review was conducted to validate the eligibility of the patients, staging, and response.

Statistical Analysis

The primary end point of this study was the 2-year survival rate. We calculated the sample size based on Fleming's single-stage design of the phase II study.[12] We set a 2-year survival rate of 35% as a baseline survival rate and 20% as the high level of interest with a power of 0.9 at a one-sided significance level of .05, requiring an accrual of 53 eligible patients. The study was initially begun as a randomized phase II study to compare two consolidation arms, namely IP versus IPE after concurrent chemoradiotherapy. Because of the unacceptable toxicity in the triplet regimen, the study was modified to a single-arm phase II study to evaluate IP after EP with concurrent TRT and 11 patients in the IP arm were included in the analysis of this study.

The duration of survival was measured from the day of entry onto the study, and the overall survival curve and progression-free survival curve were calculated according to the method of Kaplan and Meier.[13]

RESULTS

Patients Characteristics

Between February 2000 and November 2002, 51 patients were enrolled onto this study. Table 1 lists the baseline characteristics of the patients. Two patients were considered to be ineligible because a secondary primary tumor was found after the administration of EP with concurrent TRT. Therefore, 49 patients were assessable for response and toxicity.

Treatment Administration

Seven patients were removed from the study after the administration of EP with concurrent TRT because of treatment delay due to toxicity (six patients) and patient rejection (one patient). Eight patients each discontinued the treatment after each cycle of IP. The major reasons for the discontinuation of IP included treatment delay due to toxicity (three patients), diarrhea (three patients), and ileus (three patients), patient rejection (two patients), and the doctor's judgment (two patients). Overall, 34 patients (69%) received at least two cycles of IP and 26 patients (53%) completed the entire treatment. Irinotecan was omitted in 35 (11%) of 306 cycles. The dose-intensity of irinotecan was 30.5 mg/m^2/wk (68% of the planned dose) and cisplatin 11.6 mg/m^2/wk (77% of the planned dose) in the consolidation chemotherapy.

Response and Survival

On an intention-to-treat basis, the overall response rates and the complete response rates were 88% (95% CI, 78.6% to 96.9%) and 41%, respectively. After a median follow-up of 29.9 months, the median survival time for all patients was 23 months (Fig 1). The 2-year and 3-year survival rates were 49% and 29.7%, respectively. The median progression-free survival was 11.8 months (Fig 2).

Toxicity

Tables 2 and 3 show the major toxicities. Grade 4 neutropenia was observed in 80% of the patients and 10 (20%) patients had febrile neutropenia in concurrent chemoradiotherapy, whereas grade 4 neutropenia was observed in 40% of the patients and seven patients (17%) had febrile neutropenia in consolidation chemotherapy. In contrast, anemia and thrombocytopenia were relatively mild. One patient had grade 4 esophagitis in concurrent chemoradiotherapy. In the consolidation chemotherapy, grade 3 or 4 diarrhea was observed in six patients (14%) and grade 3 or 4 infection was observed in seven patients (17%). Two patients had grade 3 or 4 radiation pneumonitis. Grade 4 adhesive ileus developed in a patient who had a history of abdominal surgery and ileus. The major toxicities observed through the entire course of the treatment were neutropenia (grade 4, 84%), febrile neutropenia (grade 3, 31%), infection (grade 3 to 4, 33%), electrolytes imbalance (grade 3 to 4, 20%) and diarrhea (grade 3 to 4, 14%). There was one treatment-related death caused by radiation pneumonitis.

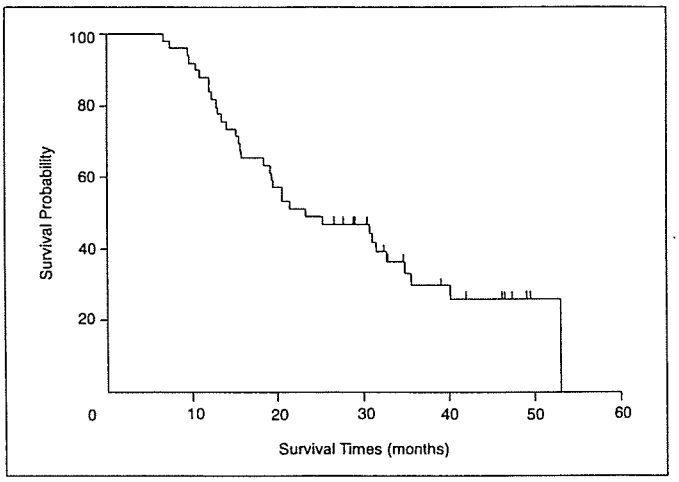

Fig 1. Kaplan-Meier survival curve of 49 eligible patients with limited-disease small-cell lung cancer. The median survival time was 23 months, and the 2-year and 3-year survival rates were 49% and 29.7%, respectively.

Patterns of Relapse

Table 4 lists first sites of relapse. Of 12 patients (24%) with local relapse (defined as relapse within the radiation portal), only one had a relapse solely at locoregional sites and 11 at both local and distant site including three with brain metastasis. Of 27 patients (55%) with distant relapse only, 13 had brain metastasis. Overall, 16 patients (33%) showed brain metastasis as the initial site of relapse, and eight of them had received PCI.

Table 1. Patient Characteristics (N = 51)

Characteristic	No.	%
Age, years		
Median	62	
Range	45-70	
Sex		
Male	42	82
Female	9	18
ECOG performance status		
0	22	43
1	28	55
2	1	2
Stage		
II	2	4
IIIA	35	69
IIIB	14	27

Abbreviation: ECOG, Eastern Cooperative Oncology Group.

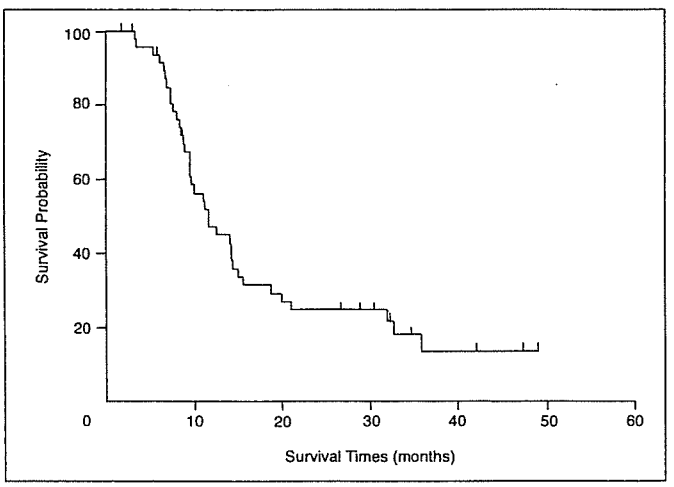

Fig 2. Kaplan-Meier progression-free survival curve of 49 eligible patients with limited-disease small-cell lung cancer. The median progression-free survival time was 11.8 months.

Table 2. Major Toxicities During Concurrent Chemoradiotherapy (n = 49)

Toxicity	Grade 3		Grade 4	
	No.	%	No.	%
Hematologic				
Leukopenia	27	55	19	39
Neutropenia	8	16	39	80
Anemia	2	4	1	2
Thrombocytopenia	10	20	0	0
Febrile neutropenia	10	20	0	0
Nonhematologic				
Nausea/vomiting	7	14	0	0
Diarrhea	0	0	0	0
Constipation	0	0	0	0
Infection	9	18	0	0
Mucositis	0	0	0	0
Esophagitis	0	0	1	2
Dyspnea	1	2	0	0
Pneumonitis	0	0	0	0
Hepatic	0	0	0	0
Electrolytes	2	4	2	4

DISCUSSION

In this phase II study, we evaluated the consolidation of IP after EP with concurrent twice-daily TRT and thus achieved an overall response rate of 88%, a 2-year-survival rate of 49% and a 3-year-survival rate of 29.7%. Although the number of assessable patients was slightly smaller than the planned sample size, this study confirmed 24 2-year survivors, and the power calculation showed a 97% probability to correctly reject inactive treatment, thus yielding only a 35% or less 2-year-survival rate. These results are comparable to those in phase III studies evaluating EP with concurrent twice-daily TRT.[3-6] Jeremic et al[7] reported a better survival outcome by using daily carboplatin and etoposide with concurrent twice-daily TRT followed by EP. However, this result has rarely been confirmed

Table 3. Major Toxicities During Consolidation Chemotherapy (n = 42)

Toxicity	Grade 3		Grade 4	
	No.	%	No.	%
Hematologic				
Leukopenia	27	64	8	19
Neutropenia	18	43	17	40
Anemia	17	40	5	12
Thrombocytopenia	8	19	0	0
Febrile neutropenia	7	17	0	0
Nonhematologic				
Nausea/vomiting	9	21	0	0
Diarrhea	5	12	1	2
Constipation	3	7	2	5
Ileus	2	5	1	2
Infection	9	21	1	2
Mucositis	0	0	0	0
Esophagitis	0	0	0	0
Dyspnea	2	5	0	0
Pneumonitis	1	2	1	2
Hepatic	1	2	0	0
Electrolytes	4	10	1	2

Table 4. Site of First Failure (n = 49)

Site	No. of Patients	%
Progression free	10	20
Locoregional	1	2
Locoregional and distant	11	22
Distant	27	55
Brain only	8	16
Brain and others	5	10
Others	14	29

by other groups. The Japanese Clinical Oncology Group (JCOG) conducted a pilot study to evaluate the feasibility of IP after EP with concurrent TRT (JCOG9903).[14] The doses and schedule of cisplatin, etoposide, and irinotecan and dose, fractionation and schedule of TRT were similar to ours. They reported that this regimen was feasible with a response rate of 97%, a 2-year survival rate of 41% and a 3-year survival rate of 38%, which are similar to those in our study. Although a phase III study conducted in Japan showed the superiority of IP over EP in ED-SCLC,[9] another phase III study conducted in North America failed to confirm the superiority of IP over EP.[15] A randomized phase III study to compare IP versus EP after EP with concurrent TRT is currently ongoing in patients with LD-SCLC in Japan.

Although a potential approach is to substitute irinotecan for etoposide in the combination of EP with concurrent TRT, we did not combine IP concurrently with TRT because two phase I studies demonstrated that combining IP with concurrent TRT was not feasible when the full dose of irinotecan was administered on days 1, 8, and 15.[16,17] On the basis of these results, we administered IP as consolidation therapy after EP with concurrent twice-daily TRT. After this article was initially submitted, Langer et al[18] reported phase I study of once every 3 weeks scheduling of IP with concurrent twice-daily TRT (45 Gy) or once-daily TRT (70 Gy) in patients with LD-SCLC, thus concluding that IP with concurrent twice-daily TRT was safe and feasible. A further evaluation of this regimen is thus warranted.

One group evaluated IP administered as an induction followed by EP with concurrent twice-daily TRT.[19] Their results are comparable to those of our study and EP with concurrent twice-daily TRT.[3-6] However, this regimen was highly myelotoxic (grade 4 neutropenia, 91%) with febrile neutropenia in 60% of the patients. Furthermore, early TRT is an important issue to obtain the improved outcome in LD-SCLC. Recent meta-analyses revealed that when platinum-based chemotherapy was concurrent with TRT in LD-SCLC, an improved survival was associated with early TRT.[20-22] Another group evaluated the addition of paclitaxel to EP with concurrent TRT.[23] Although their results are comparable to those of our study and EP with concurrent twice-daily TRT,[3-6] they concluded that the triplet regimen would not further improve the survival outcome in patients with LD-SCLC.

Esophagitis is a toxicity of a particular concern in concurrent chemoradiotherapy. We observed grade 3 or 4 esophagitis in one patient (2%), whereas the JCOG9903 trial reported it in 7% of the patients. These figures contrast with those in the studies evaluating etoposide and a platinum with concurrent twice-daily TRT (9% to 32%).[3-7] The substitution of irinotecan for etoposide may reduce the incidence of grade 3 or 4 esophagitis. Furthermore, a lower incidence of esophagitis has been noted in a Japanese trial.[4] A possible explanation for this includes differences in the

chemotherapy interval (once every 4 weeks *v* once every 3 weeks) and in ethnic background. Neutropenia was the most prominent toxicity in this study and its incidence is higher than that in the Turrisi et al study.[3] However, no toxic death resulting from neutropenia was observed. Diarrhea was the most troublesome nonhematologic toxicity of irinotecan and one of the major causes for treatment discontinuation in this study.

Brain metastasis as an initial site of relapse was observed in 33% of our patients. The JCOG9903 trial reported brain metastasis in 37% of their patients. These rates were higher than those in the studies evaluating etoposide and a platinum with concurrent twice-daily TRT.[4,7] The rate of local recurrence solely was observed in only one patient and none in the JCOG9903 trial. This contrasts with the higher rate of distant failure either with or without local failure in these two studies (77% and 67%, respectively). These increased rates of distant failure including brain metastasis may be partly explained by insufficient administration of IP as consolidation.

A limitation of this study is the treatment feasibility. In this study, 53% of the patients completed the entire treatment and 69% received two or more cycles of IP. The respective values were 58% and 73% in the JCOG9903 trial.[14] In contrast, Takada et al reported that 86% of the patients completed the treatment in EP with concurrent twice-daily TRT.[4] Although the optimal duration of consolidation chemotherapy remains unclear, we consider that at least two cycles of IP is clinically meaningful in view of encouraging survival outcomes in these phase II studies. Whether the relatively low completion rate of IP causes increased distant metastasis and detrimentally affects the outcome will be addressed by the ongoing phase III study. To improve the feasibility, certain supportive measures including the prophylactic GCSF and/or antidiarrheal measures[24] and different dose scheduling (eg, 3-weekly scheduling of IP) should be considered in future studies.

In conclusion, EP with concurrent twice-daily TRT followed by the consolidation of IP appears to be active in patients with LD-SCLC, thus supporting the conduct of the currently ongoing phase III study to compare EP with concurrent twice-daily TRT followed by the consolidation of either EP or IP.

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Appendix

The Appendix is included in the full-text version of this article, available online at www.jco.org. It is not included in the PDF version (via Adobe® Reader®).

Authors' Disclosures of Potential Conflicts of Interest

The authors indicated no potential conflicts of interest.

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Full Paper

A phase I study of pemetrexed (LY231514) supplemented with folate and vitamin B_{12} in Japanese patients with solid tumours

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The purpose of this study was to determine the maximum tolerated dose (MTD) and recommended dose (RD) of pemetrexed with folate and vitamin B12 supplementation (FA/VB_{12}) in Japanese patients with solid tumours and to investigate the safety, efficacy, and pharmacokinetics of pemetrexed. Eligible patients had incurable solid tumours by standard treatments, a performance status 0–2, and adequate organ function. Pemetrexed from 300 to 1200 mg m^{-2} was administered as a 10-min infusion on day 1 of a 21-day cycle with FA/VB_{12}. Totally, 31 patients were treated. Dose-limiting toxicities were alanine aminotransferase (ALT) elevation at 700 mg m^{-2}, and infection and skin rash at 1200 mg m^{-2}. The MTD/RD were determined to be 1200/1000 mg m^{-2}, respectively. The most common grade 3/4 toxicities were neutropenia (grade (G) 3:29, G4:3%), leucopenia (G3:13, G4:3%), lympopenia (G3:13%) and ALT elevation (G3:13%). Pemetrexed pharmacokinetics in Japanese were not overtly different from those in western patients. Partial response was achieved for 5/23 evaluable patients (four with non-small cell lung cancer (NSCLC) and one with thymoma). The MTD/RD of pemetrexed were determined to be 1200/1000 mg m^{-2}, respectively, that is, a higher RD than without FA/VB_{12} (500 mg m^{-2}). Pemetrexed with FA/VB_{12} showed a tolerable toxicity profile and potent antitumour activity against NSCLC in this study.

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Keywords: antifolate; lung cancer; pemetrexed; pharmacokinetics; vitamin supplementation

Pemetrexed (LY231514, Alimta®, Eli Lilly and Company, IN, USA) is a novel antifolate (Taylor and Patel, 1992) that is approved in the United States and a number of European Union countries , for treatment of patients with malignant pleural mesothelioma (MPM) in combination with cisplatin, and non-small cell lung cancer (NSCLC) after prior chemotherapy as a single agent. *In vitro* experiments show that pemetrexed inhibits three enzymes in folate metabolism: thymidylate synthase (TS), dihydrofolate reductase (DHFR), and glycinamide ribonucleotide formyltransferase (GARFT) (Shih *et al*, 1998). Given the schedule dependency observed preclinically, three regimens were explored in phase I studies: (1) 0.2–5.2 mg m^{-2} daily for 5 days every 3 weeks (McDonald *et al*, 1998); (2) 10–40 mg m^{-2} weekly for 4 weeks repeated every 6 weeks (Rinaldi *et al*, 1995); and (3) 50–700 mg m^{-2} every 3 weeks (Rinaldi *et al*, 1999).

The third regimen (one dose every 3 weeks) was chosen for subsequent phase II studies because of its convenient administration, ability to give repeated doses, and occurrence of objective responses. The original maximum tolerated dose (MTD) and the recommended dose (RD) was 600 mg m^{-2}, but was decreased to 500 mg m^{-2} owing to toxicities experienced early in phase II studies. The initial phase I and II studies showed that myelosuppression was the principle drug-related toxicity, with a frequency of grade 3/4 neutropenia of 50% and grade 3/4 thrombocytopenia of 15% (Hanauske *et al*, 2001). Less than 10% of patients experienced gastrointestinal toxicities such as diarrhoea or mucositis. Although the prevalence of gastrointestinal toxicities and severe hematologic toxicities was low, these toxicities were associated with a high risk of mortality.

Infrequent severe myelosuppression with gastrointestinal toxicity has been observed not only for pemetrexed, but for the class of antifolates, including the DHFR inhibitor methotrexate (Morgan *et al*, 1990), the TS inhibitor raltitrexed (Maughan *et al*, 1999), and the GARFT inhibitor lometrexol (Alati *et al*, 1996; Mendelsohn *et al*, 1996). Clinical experience and nonclinical studies with methotrexate and lometrexol indicated that severe toxicity may be associated with nutritional folate status (Morgan *et al*, 1990; Alati *et al*, 1996; Mendelsohn *et al*, 1996). In fact, in the study of lometrexol, a significant effect of folate supplementation on toxicity was observed (Laohavinij *et al*, 1996). Based on these experiences, Niyikiza *et al* (2002a) investigated relationships between toxicity and baseline patient characteristics for early pemetrexed studies. They found total plasma homocysteine and methylmalonic acid levels to predict severe neutropenia and

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thrombocytopenia, with or without grade 3/4 diarrhoea, mucositis, or infection. Homocysteine and methylmalonic acid are known as indicators of folate and vitamin B_{12} deficiencies (Rosenberg and Fenton, 1989; Savage *et al*, 1994). Thus, it was hypothesized that a patient's risk for severe toxicity could be reduced by decreasing the levels of homocysteine and methylmalonic acid with folate and vitamin B_{12} supplementation (FA/VB_{12}) (Niyikiza *et al*, 2002a).

FA/VB_{12} is now required for all patients participating in pemetrexed studies. Using this strategy, the pivotal phase III studies for MPM and NSCLC were successfully conducted with amelioration of severe drug-related toxicity (Niyikiza *et al*, 2002b; Vogelzang *et al*, 2003; Hanna *et al*, 2004).

One may expect that pemetrexed administration with supplementation would be more tolerable for patients and permit significant dose escalation above the current RD of 500 mg m^{-2}. Therefore, we conducted a phase I study to determine the MTD of pemetrexed with FA/VB_{12} for Japanese patients with solid tumours and to identify the RD for subsequent Japanese phase II studies. Our secondary objectives were to investigate the safety, antitumour effect, and pharmacokinetics of pemetrexed with supplementation in Japanese patients. A similar phase I study has been conducted outside Japan, but only preliminary data are available at this time (Hammond *et al*, 2003).

PATIENTS AND METHODS

Patient selection

Eligible patients had histologic or cytologic diagnosis of solid cancer that was incurable by standard treatments. Patients also must have been between 20 and 75 years of age, have an Eastern Cooperative Oncology Group (ECOG) performance status of 0–2, and have an estimated life expectancy of at least 3 months. Adequate organ function was required, which included bone marrow reserve (white blood cell count $4.0-12.0 \times 10^3\,mm^{-3}$, platelets $\geqslant 100 \times 10^3\,mm^{-3}$, haemoglobin $\geqslant 9.0\,g\,dl^{-1}$, and absolute granulocyte count $\geqslant 2.0 \times 10^3\,mm^{-3}$), hepatic function (bilirubin $\leqslant 1.5 \times$ upper limit of normal, aspartate/alanine transaminase (AST/ALT) $\leqslant 2.5 \times$ upper limit of normal, and serum albumin $\geqslant 2.5\,g\,dl^{-1}$), renal function (serum creatinine $\leqslant$ upper limit of normal and Cockcroft and Gault creatinine clearance $\geqslant 60\,ml\,min^{-1}$), and lung function (PaO2 $\geqslant 60$ torr).

Prior chemotherapy or hormone therapy was allowed if it was carried out $\geqslant 14$ days before study entry ($\geqslant 35$ days for nitrosourea or mitomycin-C). Previous radiotherapy was also allowed, but only if $\leqslant 25\%$ of marrow was irradiated and if it was completed $\geqslant 21$ days before study entry. Pretreated patients must have recovered from all toxicities before study entry. Prior surgery was allowed if patients recovered from the effect of the operation. Patients were excluded from this study for active infection, symptomatic brain metastasis, interstitial pneumonitis, or pulmonary fibrosis diagnosed by chest X-ray, serious concomitant systemic disorders incompatible with the study, clinically significant effusions, or the inability to discontinue aspirin and other nonsteroidal anti-inflammatory agents during the study.

This study was conducted in compliance with the guidelines of good clinical practice and the Declaration of Helsinki Principles, and it was approved by the local institutional review boards. All patients gave written informed consent before study entry.

Treatment

Pemetrexed was administered as a 10-min infusion on day 1 of a 21-day cycle. Patients remained on study unless they were discontinued because of disease progression, unacceptable adverse events, inadvertent enrollment, use of excluded concomitant therapy, cycle delay >42 days, or patient refusal.

Patients were instructed to take a daily 1 g multivitamin with 500 μg of folate beginning 1 week before day 1 of cycle 1 until study discontinuation. Vitamin B_{12} (1000 μg) was intramuscularly injected, starting 1 week before day 1 of cycle 1 and repeated every 9 weeks until study discontinuation.

Patients enrolled in pemetrexed clinical studies have received dexamethasone prophylactically to avoid pemetrexed-induced rash. As this was the first study of pemetrexed in Japanese patients and the incidence of the drug-induced rash in Japanese patients was unknown, the steroid was not to be administered prophylactically.

Dose escalation

In this study, 10 dose levels of pemetrexed, 300, 500, 600, 700, 800, 900, 1000, 1200, 1450, and 1750 mg m^{-2}, were to be examined with a starting dose of 300 mg m^{-2}. At dose levels from 300 to 1000 mg m^{-2}, three patients were to be treated initially. If no dose-limiting toxicities (DLTs) occurred during cycle 1, escalation proceeded to the next dose level. If 1 DLT occurred, three patients were added. If no additional DLTs were observed, escalation proceeded to the next dose level. At dose levels from 1200 to 1750 mg m^{-2}, six patients were to be treated at once. If two or more patients had DLTs at any dose level, dose escalation stopped, and this dose level was considered the MTD. The RD was then established by discussion with principal investigators, and the Efficacy and Safety Evaluation Committee.

A DLT was defined as the occurrence of one of the following toxicities during cycle 1: any grade 3/4 nonhematologic toxicity (except grade 3 nausea/vomiting and AST, ALT, or alkaline phosphatase elevation $<10 \times$ upper limit of normal that returns to grade 0–1 by the beginning of cycle 2), grade 3/4 febrile neutropenia ($<1000\,mm^{-3}$ with $\geqslant 38.0°C$), grade 4 leucopenia ($<1000\,mm^{-3}$) or neutropenia ($<500\,mm^{-3}$) lasting $\geqslant 4$ days, thrombocytopenia ($<20\,000\,mm^{-3}$), or thrombocytopenia ($\geqslant 20\,000\,mm^{-3}$) requiring platelet transfusion. A failure to start the second cycle by day 42 owing to toxicity was also considered a DLT. All toxicities were assessed according to National Cancer Institute-Common Toxicity Criteria (NCI-CTC) version 2.

Treatment assessments

Tumour response was assessed by the Response Evaluation Criteria in Solid Tumors (RECIST) criteria. Evaluable patients were subjected to CT or MRI measurement to determine the size of tumours at anytime at the discretion of investigators.

Pharmacokinetic analysis

Blood and urine were collected from each patient over a period of 72 h following administration in cycle 1. Blood samples were taken just before administration, at the end of infusion, and approximately 5, 15, 30 min and 1, 2, 4, 6, 8, 24, 48 and 72 h after the start of infusion. Urine was collected over the following time intervals: 0–4, 4–8, 8–12, 12–24, 24–36, 36–48, 48–60, and 60–72 h. Plasma and urine samples were analysed for pemetrexed at Taylor Technology Inc., Princeton, NJ, USA. Plasma samples were analysed using a validated liquid chromatography/electrospray ionisation-tandem mass spectrometry method that generated a linear response over the concentration ranges of 10–2000 ng/ml and 1000–200 000 ng/ml (Latz *et al*, 2006). Urine samples were analysed using a similar analytical technique (Chaudhary *et al*, 1999).

Pharmacokinetics were evaluated using noncompartmental methods (WinNonlin Professional Version 3.1; Pharsight Corporation, Cary NC, USA). Pharmacokinetic parameters determined

based on plasma concentration *vs* time data were maximum plasma concentration (C_{max}), elimination half-life ($t_{1/2}$), area under the plasma concentration *vs* time curve (AUC) from time 0 to infinity ($AUC_{0-\infty}$), volume of distribution at steady-state (V_{ss}) and plasma clearance (CL_p) (Rowland and Tozer, 1995). The fraction of drug excreted unchanged in urine (F_e) was calculated by dividing the cumulative amount of pemetrexed excreted unchanged in urine within 72 h (Ae_{0-72}) by the administered dose (Rowland and Tozer, 1995).

RESULTS

Patient disposition and characteristics

From October 2001 to September 2004, a total of 35 Japanese patients were enrolled and 31 were treated at four centres in Japan. Four patients were not treated owing to protocol criteria not met ($n=3$) and investigator decision ($n=1$). The majority of patients were male (65%), had an ECOG performance status of 1 (84%), were diagnosed with NSCLC (61%), and received prior chemotherapy (94%) (Table 1).

Table 1 Baseline patient characteristics

Parameter	N=31
Sex, n (%)	
Male	20 (65)
Female	11 (35)
Age, years	
Median (range)	59 (31–74)
Mean (s.d.)	57 (11)
ECOG performance status, n (%)	
0	4 (13)
1	26 (84)
2	1 (3)
Diagnosis, n (%)	
Non-small cell lung cancer	19 (61)
Malignant pleural mesothelioma	7 (23)
Thymoma	2 (7)
Alveolar soft part sarcoma	1 (3)
Rectal cancer	1 (3)
Unknown primary cancer	1 (3)
Prior therapy, n (%)	
Surgery	14 (45)
Radiation	9 (29)
Chemotherapy	29 (94)

ECOG = Eastern Cooperative Oncology Group; s.d. = standard deviation.

Table 2 Dose escalation and DLTs

Dose ($mg\,m^{-2}$)	Number of patients	DLTs (*n*)
300	3	None
500	3	None
600	3	None
700	6	G3 ALT elevation (1)
800	3	None
900	4[a]	None
1000	3	None
1200	6	G3 infection (1); G3 rash (1)

ALT = alanine transaminase; DLT = dose-limiting toxicity; G3 = grade 3. [a]One patient was excluded for DLT analysis because of grade 3 hyperglycemia at the beginning of the study.

Dose escalation and dose-limiting toxicities

Three or six patients were enrolled at each dose level from 300 to 1200 $mg\,m^{-2}$, except the 900 $mg\,m^{-2}$ dose level (Table 2). At this dose level, one additional patient was enrolled because a patient was excluded from the DLT analysis. Before the dose initiation, this patient had grade 3 fasting hyperglycemia that was aggravated after the start of dosing. Therefore, this patient was rated as inappropriate for evaluation.

The first DLT was observed at the 700 $mg\,m^{-2}$ dose level. This 66-year-old woman with NSCLC experienced grade 3 ALT elevation. After an additional three patients were enrolled, no other DLTs were observed.

The next DLTs were observed at the 1200 $mg\,m^{-2}$ dose level, which enrolled six patients at once. One patient, a 72-year-old woman with MPM, had grade 3 infection at day 6 of cycle 1. Neutropenia was not simultaneously observed in this cycle. After 12 days, the event was resolved with antibiotics. This patient continued in study with dose reduction to 1000 $mg\,m^{-2}$. The other patient, a 68-year-old man with NSCLC, had grade 2 rash at day 5 of cycle 1. The severity of the event reached grade 3 at day 7. After 9 days from the occurrence, rash was resolved with dexamethasone and H_1-antihistamine. This patient continued in study without dose reduction. As two DLTs were observed, the 1200 $mg\,m^{-2}$ dose level was considered as the MTD. The RD for subsequent phase II studies was then evaluated to be pemetrexed 1000 $mg\,m^{-2}$. Both events were considered as drug-related events by investigators.

Safety

The safety evaluation was completed from data obtained from cycle 1–6 for all dose levels except 1200 $mg\,m^{-2}$ (cycle 1–3). These data were collected and analysed to evaluate safety when the MTD and RD were determined. The major toxicities observed in >50% of patients during all cycles evaluated for this report included rash, nausea, anorexia, fatigue, ALT elevation, AST elevation, lactate dehydrogenase elevation, leucopenia, neutropenia, lymphopenia, hematocrit decreased, haemoglobin decreased and erythropenia (Table 3). The most commonly reported grade 3/4 toxicity was neutropenia: nine patients (29%) had grade 3 neutropenia, and one patient (3%) had grade 4 neutropenia. Other grade 3/4 hematologic toxicities were grade 3 leucopenia in four patients (13%), grade 4 leucopenia in one patient (3%), grade 3 lymphopenia in four patients (13%), and grade 3 haemoglobin decreased in two patients (6%). The most commonly reported grade 3 nonhematologic toxicity was ALT elevation (four patients (13%)). Other grade 3 toxicities included AST elevation in one patient (3%), anorexia in one patient (3%), infection in one patient (3%), malaise in one patient (3%), and rash in one patient (3%) were observed. No grade 4 nonhematologic toxicities were reported.

The only serious adverse event was observed at the 900 $mg\,m^{-2}$ level. This 71-year-old man with NSCLC experienced grade 1 pyrexia at day 18 of cycle 3 and was hospitalized; however, the event was resolved the next day. The investigator did not consider it as a drug-related event. One patient at 900 $mg\,m^{-2}$ level discontinued treatment owing to adverse events (neutropenia, anorexia, and pyrexia). No deaths were observed during the study period or for 31 days after the last dose.

At the 900 $mg\,m^{-2}$ and higher dose levels, all patients had either grade 1/2 or grade 3/4 rash. At cycle 1, 25 patients experienced rash. Of these, 20 patients received corticosteroid. At or after cycle 2, corticosteroid treatment was given only for nine rash events, whereas rash events were observed in 20 cycles in cumulative total among patients. In addition, the severity of rash quickly improved or disappeared after administration of corticosteroid. Although the protocol allowed corticosteroid use for prevention of rash from cycle 2, only seven patients actually received the preventive treatment. Among those who did not receive the prophylactic