

Table 1. Patient-, disease-, and transplantation-related characteristics

Variable	No. (%) [*]
Patient characteristics	
Younger than 40 y	158 (68)
40 y or older	75 (32)
Male sex	150 (64)
Disease characteristics at diagnosis	
Histology	
Indolent	38 (16)
Follicular	37 (16)
MALT	1 (0)
Aggressive	111 (48)
Diffuse large B cell	44 (19)
Peripheral T cell, unspecified	22 (9)
Extranodal NK/T cell, nasal type	19 (8)
Anaplastic large cell	7 (3)
Mantle cell	5 (2)
Others	14 (6)
Lymphoblastic	84 (36)
Precursor B cell	7 (3)
Precursor T cell	77 (33)
Stage I	9 (4)
Stage II	25 (11)
Stage III	30 (13)
Stage IV	150 (64)
No data	19 (8)
Disease characteristics at transplantation	
Response to chemotherapy[†]	
Sensitive	128 (55)
Complete remission [‡]	90 (39)
Partial remission	38 (16)
Resistant	104 (45)
Primary refractory disease	41 (18)
Refractory relapse	63 (27)
No. of prior chemotherapy regimens [†]	3 (0-11)
Fewer than 4 regimens	143 (61)
At least 4 regimens	90 (39)
Prior autograft	40 (17)
Prior radiotherapy	81 (35)
Transplantation characteristics	
Year of transplantation	
1990-1995	46 (20)
1996-2001	187 (80)
No. of patients receiving a transplant per hospital	
Fewer than 9 patients	146 (63)
At least 9 patients	87 (37)
Donor	
HLA-matched related	154 (66)
HLA-1 antigen-mismatched related	19 (8)
HLA-matched unrelated	43 (19)
HLA-1 antigen-mismatched unrelated	17 (7)
Donor-recipient sex match	
Male-male	80 (34)
Male-female	66 (28)
Female-male	33 (14)
Female-female	46 (20)
Donor-recipient CMV status[§]	
+ / +	131 (57)
- / +	14 (6)
+ / -	14 (6)
- / -	11 (5)
Source of stem cells	
Bone marrow	159 (68)
Peripheral blood cells	70 (30)
Bone marrow + peripheral blood cells	2 (1)
Cord blood	2 (1)

Table 1. Continued

Variable	No. (%) [*]
Conditioning regimen	
TBI-containing	193 (83)
Non-TBI	40 (17)
GVHD prophylaxis	
Cyclosporin + methotrexate	204 (88)
Tacrolimus + methotrexate	22 (9)
Others	7 (3)

The study included 233 patients. The median age was 31 years (range, 15-59 years). Age was a continuous variable.

MALT indicates extranodal marginal zone B-cell lymphoma of mucosa-associated lymphoid tissue; NK, natural killer; HLA, human leukocyte antigen; CMV, cytomegalovirus; TBI, total body irradiation; GVHD, graft-versus-host disease.

^{*}Categorical variable.

[†]One patient with mediastinal B-LBL did not receive prior chemotherapy for an unknown reason but did receive prior radiotherapy.

[‡]Includes 2 patients in complete remission, unconfirmed.

[§]Sixty-three pairs were not evaluated for CMV status.

GVHD occurred in 33 (19%) and 16 (27%). In allo-HSCT from HLA-matched (n = 197) and mismatched (n = 36) donors, grade II to IV acute GVHD occurred, respectively, in 76 (39%) and 15 (42%), grade III to IV acute GVHD occurred in 30 (15%) and 7 (19%), chronic GVHD occurred in 65 (33%) and 14 (39%), and chronic extensive GVHD occurred in 41 (21%) and 7 (19%). The distribution pattern of the incidences of acute and chronic GVHD by background factors was analyzed by using a chi-square test. Although none of the factors correlated with acute GVHD, the incidence of chronic GVHD was higher in patients who had GVHD prophylaxis with tacrolimus plus methotrexate than in those with cyclosporin plus methotrexate ($P = .015$, chi-square test; $P = 0.023$, Fisher exact test).

Disease response

Of the 143 patients who had measurable disease at allo-HSCT, 89 (62%) achieved CR, 7 (5%) PR, 6 (4%) stable disease (SD), and 12 (8%) PD, whereas 29 (20%) were not evaluable because of early death. Of the 90 patients who were in CR at transplantation, 80 (89%) maintained CR, 4 (4%) showed PD, and 6 (7%) were not evaluable because of early death. Thirty-five patients died before the first response evaluation, with a median survival of 29 days (range, 0-72 days) after allo-HSCT. In the 27 patients with indolent lymphoma who had measurable disease at allo-HSCT, 22 (81%) achieved CR or PR. In the 72 patients with aggressive lymphoma who had measurable disease at allo-HSCT, 49 (68%) achieved CR or PR. In the 41 patients with lymphoblastic lymphoma who had measurable disease at allo-HSCT, 26 (63%) achieved CR.

TRM, disease relapse, and progression

Ninety-eight patients (42%) died of TRM, and its cumulative incidence is shown in Figure 1. Of the 98 patients who died of therapy-related complications, 60 (61%) died within day 100 of transplantation and 38 (39%) died thereafter. The major causes of TRM included GVHD (n = 11), infection (n = 29), interstitial pneumonitis (n = 16), venoocclusive disease of the liver (n = 11), thrombotic microangiopathy (n = 8), heart failure (n = 7), hemorrhage (n = 4), renal failure (n = 3), and others (n = 9), as shown in Table 2. The causes of infection-related mortality (n = 29) were bacterial (n = 13), fungal (n = 11), or viral (n = 5). Seventeen (59%) of 29 patients died of infections within 100 days of allo-HSCT, 7 (24%) from 101 days to 1 year and 5 (17%) thereafter. Fourteen patients died of TRM before engraftment. Of the 98 patients who died of TRM, 67 (68%) had GVHD, and 11 of

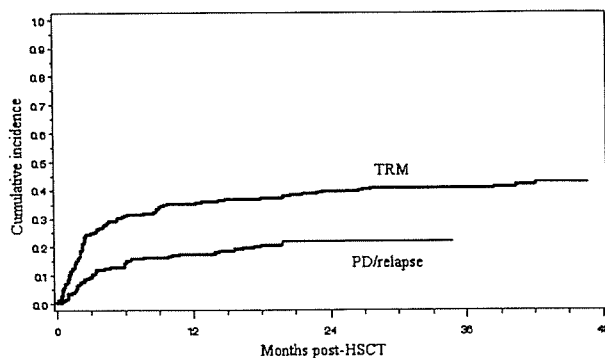


Figure 1. Cumulative incidences of treatment-related mortality (TRM) and disease relapse/progression (PD/relapse).

these died of GVHD (6 acute, 5 chronic) itself. The 14 factors shown in Table 3 were assessed with regard to their relation to TRM. A univariate analysis revealed that 6 factors, including older patient age, chemoresistant disease, prior autograft, prior radiotherapy, aggressive lymphoma other than PTCL, and chronic GVHD, were associated with a significantly increased risk of TRM. In a multivariate analysis using a logistic model, chemoresistant disease, prior autograft, and chronic GVHD remained significant.

The cumulative incidence of relapse and PD is shown in Figure 1. Relapse or progression of lymphoma after allo-HSCT was observed in 49 patients (21%; 5 indolent, 19 aggressive, 25 LBL), and 32 (14%; 3 indolent, 13 aggressive, and 16 LBL) died of PD. Of the 105 patients with chemoresistant disease before allo-HSCT, 61 (58%) died of treatment-related complications, 19 (18%) died of PD, and 25 (24%) are alive with a median follow-up of 20.9 months (range, 1.8-136.0 months). Of the 128 patients with chemosensitive disease before allo-HSCT, 37 (29%) died of treatment-related complications, 12 (9%) died of PD, and 79 (62%) are alive with a median follow-up of 35.2 months (range, 4.4-140.2 months). Eight (16%) of the 49 patients who showed PD died of treatment-related complications such as infection (n = 4), interstitial pneumonitis (n = 3), and GVHD (n = 1). Only 6 of the 70 patients who had passed 2 years after transplantation developed relapse thereafter.

Donor lymphocyte infusion

Donor lymphocyte infusions (DLIs) were given after the withdrawal of immunosuppressive therapy to those who relapsed or showed evidence of disease progression or persistent disease without any sign of GVHD. A total of 7 patients, including 5 with

T-LBL, received DLI after allo-HSCT from an HLA-matched related donor (n = 6) or a -matched unrelated donor (n = 1). Two patients who received DLI from an HLA-matched related donor developed grade II acute GVHD, which subsequently extended to extensive chronic GVHD; one of them with T-LBL died without a response, whereas the other with T-cell lymphoma is still alive without disease progression 3.8 years after allo-HSCT. Five patients did not develop GVHD following DLI; 3 patients subsequently died of disease progression, but 2 patients with T-LBL are still alive without disease progression at 361 and 783 days after allo-HSCT.

OS and PFS

One hundred four (45%) of the 233 patients are currently alive with a median follow-up of 31 months (range, 1.8-138 months). The OS and PFS are, respectively, 45% and 40% at 2 years, and 39% and 36% at 5 years after allo-HSCT (Figure 2). Median OS and PFS are, respectively, 15.6 months (95% confidence interval, 9.6-27.6 months) and 9.6 months (6-18 months). The 2-year OS of those with indolent, aggressive, and lymphoblastic lymphoma was, respectively, 57%, 42%, and 41%. Patients with indolent lymphoma tended to have a better survival (P = .131, log rank test; P = .064, G. Wilcoxon test) (Figure 3). Kaplan-Meier estimates of OS of patients with 4 histologic subtypes of aggressive lymphoma, including diffuse large B-cell lymphoma (n = 44), PTCL (n = 22), extranodal NK/T-cell lymphoma, nasal type (n = 19), and others (n = 26), are shown in Figure 4.

The 14 clinical factors shown in Table 4 were assessed with regard to their relation to OS. A univariate analysis revealed that 5 factors, including chemoresistant disease, prior autograft, prior radiotherapy, aggressive lymphoma other than PTCL, and clinical subtype (aggressive versus indolent), were associated with a significantly worse OS. In a multivariate analysis using Cox proportional hazard models, chemoresistant disease, prior autograft, and prior radiotherapy were associated with a worse OS (Table 4). Acute GVHD, which was treated as a time-dependent variable, was not a significant factor for OS in both univariate and multivariate models. The relation between OS and response to chemotherapy is shown in Figure 5.

Discussion

This report describes the general outcome of patients with NHL who underwent modern allo-HSCT with a myeloablative regimen

Table 2. Causes of treatment-related mortality

Causes of TRM	Patients, no. (%)	No. of patients with GVHD	No. of patients without GVHD	Early death, no.*
GVHD	11 (11)			
Infection	29 (30)	15	8	6
Interstitial pneumonitis	16 (17)	15	0	1
Venocclusive disease	11 (11)	5	4	2
Thrombotic microangiopathy	8 (8)	7	1	0
Heart failure	7 (7)	3	1	3
Hemorrhage	4 (4)	3	1	0
Renal failure	3 (3)	2	1	0
Others†	9 (9)	6	1	2
Total	98 (100)	56	17	14

*GVHD indicates graft-versus-host disease.

*Early death was defined as treatment-related death before engraftment.

†Others (n = 9) were acute respiratory distress syndrome (n = 2), hepatic failure (n = 2), leukoencephalopathy (n = 1), secondary solid cancer (n = 1), suicide (n = 1), and unknown cause (n = 2).

Table 3. Univariate and multivariate analyses of treatment-related mortality

Variable	No.	Univariate analysis		Multivariate analysis	
		Hazard ratio (95% CI)	P	Hazard ratio (95% CI)	P
Age at transplantation			.035		—
Younger than 40 y	158	1.00		—	
40 y or older	75	1.82 (1.04-3.17)		—	
Clinical subtype			.349		—
Indolent	38	1.00		—	
Lymphoblastic	84	1.47 (0.66-3.32)		—	
Clinical subtype			.103		—
Indolent	38	1.00		—	
Aggressive	111	1.91 (0.88-4.16)		—	
Aggressive lymphoma			.045		—
PTCL	22	1.00		—	
Non-PTCL	89	2.85 (1.02-7.94)		—	
Response to chemotherapy			< .001		< .001
Sensitive	128	1.00		1.00	
Resistant	105	3.41 (1.97-5.88)		2.95 (1.66-5.25)	
Prior autograft			< .001		< .001
No	193	1.00		1.00	
Yes	40	4.74 (2.23-10.07)		4.09 (1.85-9.04)	
Prior radiotherapy			.010		—
No	152	1.00		—	
Yes	81	2.05 (1.18-3.55)		—	
Years of transplantation			.225		—
1996-2001	187	1.00		—	
1990-1995	46	1.49 (0.78-2.86)		—	
Donor			.295		—
HLA-matched	197	1.00		—	
HLA-mismatched	36	1.46 (0.72-2.98)		—	
HLA-matched donor			.437		—
Related	154	1.00		—	
Unrelated	43	1.24 (0.72-2.15)		—	
Source of stem cells*			.544		—
BM	159	1.00		—	
PBSCs	70	1.09 (0.82-1.46)		—	
Conditioning regimen			.144		—
TBI-containing	193	1.00		—	
Others	40	1.67 (0.84-3.30)		—	
GVHD prophylaxis†			.169		—
Cyclosporin + methotrexate	204	1.00		—	
Tacrolimus + methotrexate	22	1.86 (0.77-4.51)		—	
Acute GVHD			.537		—
No	78	1.00		—	
Yes	155	1.19 (0.69-2.06)		—	
Chronic GVHD			< .001		.029
No	79	1.00		1.00	
Yes	154	2.76 (1.53-4.98)		2.02 (1.07-3.77)	

CI indicates confidence interval; PTCL, peripheral T-cell lymphoma; HLA, human leukocyte antigen; BM, bone marrow; GVHD, graft-versus-host disease; and —, not applicable.

*Those who received cord blood (n = 2) or BM + PBSC (n = 2) were excluded because of the small number of patients.

†Seven patients using other GVHD prophylaxis were excluded.

in Japan, focusing on the background problems of myeloablative therapy and the identification of risk factors for TRM and OS. We showed that long-term, lymphoma-free survival could be achieved in approximately 40% of patients. Patients with FL had a better prognosis, consistent with previous reports.^{8,10} Even in patients with aggressive lymphoma or LBL, long-term survival of 35% was identified, consistent with previous reports.^{8,9} However, there were no significant differences between clinical subtypes (eg, aggressive versus indolent or PTCL versus non-PTCL) in a multivariate analysis. Because rituximab became commercially available after 2001 in Japan, patients with B-cell NHL who received anti-CD20

antibody therapy were not included in this study. The clinical effect of the introduction of rituximab on outcome after allogeneic transplantation should be carefully evaluated in a future study.

Our study confirmed a high TRM rate (42%) after conventional allo-HSCT with a myeloablative regimen, consistent with previous reports.^{4-8,25} One of the major causes of death was severe regimen-related toxicities, which included interstitial pneumonitis, venoocclusive disease, cardiac and renal toxicity, and organ hemorrhage. Although TBI-based regimens are frequently chosen because lymphoma cells are considered to be sensitive to irradiation, they have also been associated with long-term complications, including

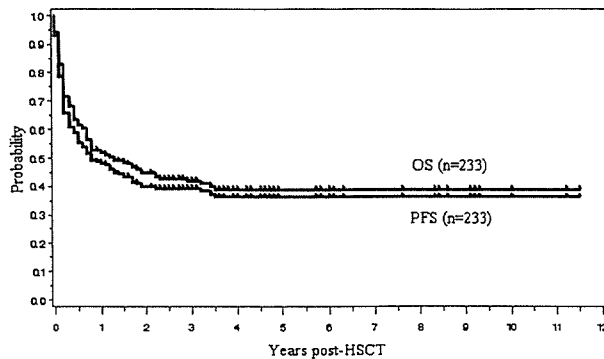


Figure 2. Overall survival (OS) and progression-free survival (PFS) for all 233 patients.

interstitial pneumonitis.^{26,27} Because most patients received TBI-based regimens as reported,^{4,5,7} we failed to detect any significant differences in TRM between those who received or did not receive TBI.

Another major cause of death in our study was GVHD and/or infection. Of the 98 patients who died of treatment-related complications in our study, 29 (30%) died of infection. At least half of the patients (15 of 29) who died of infectious complications also had GVHD. In a prospective trial of allo-HSCT for patients with NHL, infection accounted for 63% of all TRM,²⁸ whereas other studies, including ours, have reported an incidence of 25% to 30%.^{4,6} In practical transplantation procedures, complications are usually multifactorial, and it is always very difficult to define the exact cause of death, which may account for the wide variations in the incidence of infections among those who died of TRM (18%-63%) in previous reports.^{4,5,28,29}

In this study, the incidence of chronic GVHD was high (48%), and chronic GVHD was a risk factor for TRM. The reason for the higher incidence of chronic GVHD in our study compared with the IBMTR report^{9,30} was that the IBMTR study included data of patients who died within 100 days after allo-HSCT, whereas we excluded these patients. Unexpectedly, the incidence of chronic GVHD was higher in patients who had GVHD prophylaxis with tacrolimus plus methotrexate than in those with cyclosporin plus methotrexate. In Japan, there is a clear tendency to select tacrolimus rather than cyclosporine for GVHD prophylaxis in unrelated or HLA-mismatched transplantation.^{31,32} In addition, PBSCT is not yet permitted for unrelated transplantation. Altogether, the higher

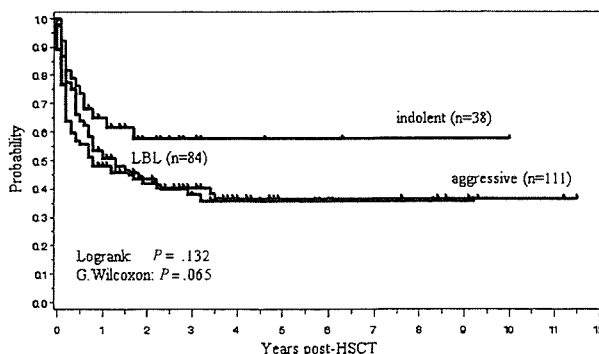


Figure 3. Overall survival stratified according to the clinical subtype. Indolent lymphoma included all grades of FL and extranodal marginal zone B-cell lymphoma of mucosa-associated lymphoid tissue. Aggressive lymphoma included all lymphomas except for indolent and lymphoblastic lymphoma (LBL).

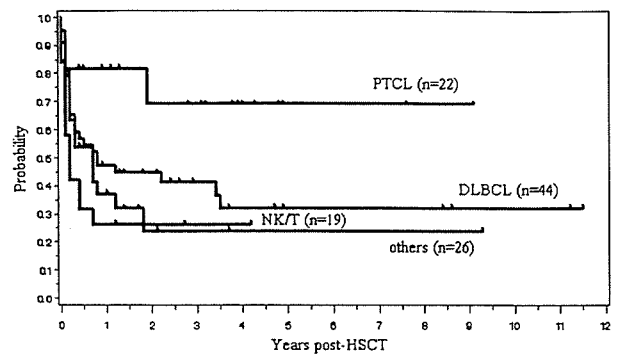


Figure 4. Overall survival for patients with 4 histologic subtypes of aggressive lymphoma. PTCL indicates peripheral T-cell lymphoma, unspecified; DLBCL, diffuse large B-cell lymphoma; NK/T, extranodal NK/T-cell lymphoma, nasal type.

incidence of GVHD observed in the tacrolimus group may simply reflect that patients with a higher risk of GVHD were selected to receive tacrolimus.

We found that the incidence of disease relapse/progression of NHL was low (21%). High TRM in the early phase of the transplantation course may mask later disease relapse/progression, and this made it difficult to estimate the relapse rate in this study. OS and PFS were not affected by the severity of acute GVHD. Our limited analysis failed to confirm a GVL effect after myeloablative allo-HSCT. Although the risk of relapse for patients with acute or chronic GVHD was not significantly different from that of patients without acute or chronic GVHD in previous studies with malignant lymphoma,^{8,10,30} a study from the Japan Marrow Donor Program showed that the development of grade II to IV acute GVHD was associated with a lower incidence of disease progression after unrelated HSCT.³¹ It has been reported that a low level of acute GVHD was associated with improved OS, and all levels of acute GVHD were associated with a decrease in the relapse rate for intermediate-grade NHL.⁸ High levels of acute GVHD had a deleterious effect on OS but were associated with an improved relapse rate for LBL.⁸ Thus, our study confirmed that greater effort is required to reduce GVHD-related complications after myeloablative allo-HSCT.

We confirmed that chemoresistance before allo-HSCT and prior autograft were significant risk factors for both OS and TRM. RIST or a less organ-toxic myeloablative allo-HSCT using a combination of fludarabine plus intravenous busulfan may be applied more safely in this population to reduce TRM.^{19-21,33,34} However, further studies are needed to determine whether reduced-intensity conditioning could control activity of chemoresistant disease. In contrast to previous studies, we showed that prior radiotherapy was associated with a significantly worse OS, which may be related to the fact that 44 (54%) of the 81 patients who had a history of local radiotherapy had refractory disease at transplantation. Hence, it might be that prior radiotherapy was a marker of survival for more advanced and refractory disease.

In conclusion, we confirmed that myeloablative allo-HSCT is a curative therapeutic option in a subset of patients with NHL, but it carries a high risk of toxicities and TRM. Chemoresistant disease and a history of previous autograft are risk factors for both OS and TRM. Whether the introduction of a reduced-intensity transplantation procedure results in reduction of TRM should be evaluated, and more effective GVHD prophylaxis while maintaining a GVL effect should be developed.

Table 4. Univariate and multivariate analyses of overall survival

Variable	No.	Univariate analysis		Multivariate analysis	
		Hazard ratio (95% CI)	P	Hazard ratio (95% CI)	P
Age at transplant			.134	—	—
Younger than 40 y	158	1.00		—	—
40 y or older	75	1.32 (0.92-1.90)		—	—
Clinical subtype			.126	—	—
Indolent	38	1.00		—	—
Lymphoblastic	84	1.57 (0.88-2.80)		—	—
Clinical subtype			.045	—	—
Indolent	38	1.00		—	—
Aggressive	111	1.77 (1.01-3.11)		—	—
Aggressive lymphoma			.004	—	—
PTCL	22	1.00		—	—
Non-PTCL	89	3.45 (1.47-7.69)		—	—
Response to chemotherapy			< .001	—	—
Sensitive	128	1.00		—	—
Resistant	105	3.31 (2.30-4.76)		3.12 (2.16-4.51)	< .001
Prior autograft			< .001	—	—
No	193	1.00		—	—
Yes	40	2.59 (1.73-3.87)		2.18 (1.43-3.30)	< .001
Prior radiotherapy			< .001	—	—
No	152	1.00		—	—
Yes	81	1.99 (1.41-2.83)		1.47 (1.02-2.11)	.037
Years of transplantation			.932	—	—
1996-2001	187	1.00		—	—
1990-1995	46	1.02 (0.67-1.54)		—	—
Donor			.076	—	—
HLA-matched	197	1.00		—	—
HLA-mismatched	36	1.50 (0.96-2.33)		—	—
HLA-matched donor			.769	—	—
Related	154	1.00		—	—
Unrelated	43	0.93 (0.58-1.50)		—	—
Source of stem cells*			.095	—	—
BM	159	1.00		—	—
PBSCs	70	1.37 (0.95-2.00)		—	—
Conditioning regimen			.107	—	—
TBI-containing	193	1.00		—	—
Others	40	1.42 (0.93-2.17)		—	—
GVHD prophylaxis†			.227	—	—
Cyclosporin + methotrexate	204	1.00		—	—
Tacrolimus + methotrexate	22	1.40 (0.81-2.40)		—	—
Acute GVHD-time‡	—	1.25 (0.85-1.84)	.264	1.28 (0.87-1.90)	.213

CI indicates confidence interval; PTCL, peripheral T-cell lymphoma; HLA, human leukocyte antigen; BM, bone marrow; GVHD, graft-versus-host disease; and —, not applicable.

*Those who received cord blood (n = 2) or BM + PBSCs (n = 2) were excluded because of the small number of patients.

†Seven patients using other GVHD prophylaxis were excluded.

‡Acute GVHD was treated as time-dependent variable.

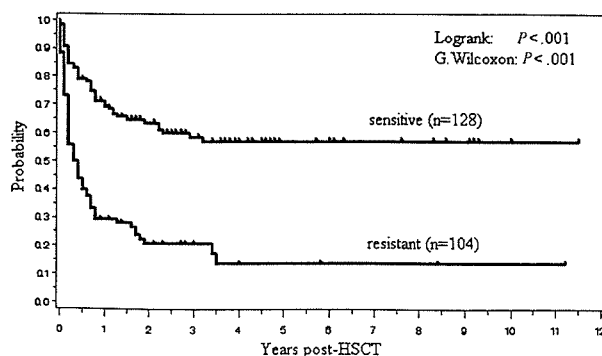


Figure 5. The relation between overall survival and response to chemotherapy.

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Appendix

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