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局所限局非小細胞肺がんの集学的治療に関する研究

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総合研究報告書

局所限局非小細胞肺がんの集学的治療に関する研究

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研究要旨:2002年10月から実施した臨床病期IB-II非小細胞肺癌症例に対してCisplatin+Docetaxel併用(DC)とDocetaxel(D)単剤という二種類の化学療法のいずれかを行い大規模試験に適切な術前化学療法のレジメンを選択するというランダム化臨床第II相試験の評価を行った。術後合併症は併用療法(DC)群に多かったが、Primary endpointである1年無再発生存割合は、DC群の77.3%に対し単剤群(D群)のそれは59.0%であり、併用群が単剤群を上回っていた。また、治療完遂率、治療奏効割合、完全切除割合のいずれの項目においてもDC群が良好な成績であった。治療関連死はDC群の2例に認められた。これらの結果から、当該病期における次期術前化学療法を含む臨床試験においてはシスプラチン併用療法(DC療法)を治療レジメンとして選択をすると結論した。次いで、本邦における術後補助化学療法の当該病期における妥当なレジメンを決定する大規模臨床試験(本研究A)のコンセプトシートを作成した。試験のデザインは、術後病理学的に病期IB-III A期と診断された非小細胞肺癌完全切除例を対象に本邦で有用性が証明されたテガフルール・ウラシル配合剤と欧米で評価されたプラチナ化合物を含む2剤併用化学療法との無作為化比較試験(第III相試験)で、実地臨床試験計画書を作成、計画中であった。しかし、2006年6月の米国臨床腫瘍学会(ASCO)において、シスプラチンを含む2剤併用療法による術後化学療法のメタアナリシス:Lung Adjuvant Cisplatin Evaluation(LACE)の結果と対象を臨床病期IB期に特化したCALGB9633の追加報告がなされ、病期によっては化学療法のリスクがベネフィットを上回る可能性が示唆され、術後化学療法によってIA期ではむしろ死亡リスクが高くなり、IB期では生存の延長に寄与することに疑問を残す結果であった。以上の経緯を踏まえグループ内で議論した結果、対象集団をプラチナ製剤の有効性が示されたII、III期と本邦においてのみ有効性が示されたIB期に分けて、新たに大規模臨床試験を計画する方針とした。IB期においてはUFT投与群を対照として経口抗がん剤であるテガフルール・ギメラシル・オテラシルカリウム配合剤(S-1)の有用性を評価する試験を、II-III A期に対しては、プラチナ製剤を含む2剤併用療法投与群を対照として経口剤もしくは分子標的薬剤の維持療法としての上乗せ効果を検証する試験をそれぞれ検討中である。当該期間においては本研究の結果を求めることができなかった。

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A. 研究目的:

- 1) 奏効率・毒性の異なる二種類の化学療法レジメンから術前・術後化学療法への適性を検討し、臨床第III試験の試験治療を決定する。
- 2) 臨床病期(c-Stage)IB-II非小細胞肺癌(NSCLC)に対する術後化学療法の安全性および有用性を検証し、本邦における術後化学療法レジメンの妥当性を検討する。

3)臨床病期(c-Stage)IB-II 非小細胞肺癌(NSCLC) に対する術前化学療法の有用性を検討する。

1. 本研究の必要性:

当該疾患の標準的治療は外科的切除もしくは外科切除+術後補助療法であるが、治療成績は不満足であり、より安全な全身治療の強化による治療成績の向上が期待される。最近、プラチナを用いた術後化学療法の有用性が当該病期において明らかになり、世界的に術後補助化学療法が「標準的治療」の一角を担いつつある。本邦では当該病期の一部(II)の術後補助療法としてテガフル・ウラシル(UFT)の有効性が明らかになったが、欧米では当該病期に対してプラチナ製剤を含む2剤併用療法を標準的レジメンとしている。後者は本邦における安全性は確立しておらず、まずは標準的治療群に組み込まれるべき治療レジメンを決定する大規模比較試験が必要である。一方、術後化学療法の治療完遂率は50~85%であり、術前では90%以上のそれが期待できる。プラチナを用いた化学療法の有効性、安全性を考えれば、依然術前化学療法は有望であり、その治療意義を検証する必要がある。

2. 本研究の特色:

- 1) 欧米では進行病期に汎用される化学療法を用いて同様の症例を対象に術前化学療法と切除単独の比較試験を開始しているが、その化学療法の妥当性については検討されていない。
- 2) UFTに関する臨床試験は海外に無く、欧米では同様の試験デザインで臨床試験が進む予定はない。

B. 研究方法

前研究では、臨床病期 IB-II 非小細胞肺癌症例に対して Cisplatin+Docetaxel (DC)と Docetaxel (D)単剤という二種類の化学療法のいずれかを行い、一年無再発生存割合、治療完遂率、治癒切除率、治療関連合併症をエンドポイントとして大規模試験に適切な術前化学療法を選択する。登録症例数は80例。今年度、集積後1年の評価を行い、当該病期の術前化学療法における至適治療レジメンを決定する。次いで、本研究では、まず術後の標準的化学療法レジメンを決定する比較試験(研究A)を行った後、先に決定された術前化学療法+手術群を手術+術後補助療法群を対照とした比較試験(研究B)で検証する。エンドポイントは生存率もしくは無再発生存割合。研究Aの予定登録は1群300例、

合計600例;2年間で症例集積を行い、集積終了時点で中間解析を行う。引き続き、研究Bを行う。ここでもエンドポイントは生存率。予定登録は1群150例、合計300例;2年間で症例集積を行い、集積終了時点で中間解析を行う。5年生存率を算定できるまで症例集積治療及び追跡を行って最終解析を行う。

(年度別研究計画):

第1年度:前研究の結果解析。次期臨床研究Aのプロトコール作成

第2年度:研究Aの試験実施計画書の作成

第3年度:研究Aの症例集積、治療、追跡;研究B試験デザインの設定

3年計画終了時に研究継続が認められた場合、5年生存率を算定できるまで症例集積治療及び追跡を行って最終解析を行う。

(倫理面への配慮)

参加患者の安全性確保については、毒性中止・無効中止基準等の配慮がなされており、試験参加による不利益は最小化される。

また、ヘルシンキ宣言や米国ベルモントレポート等の国際的倫理原則に従い、これを遵守する。研究の監視:本研究班により、もしくは賛同の得られた他の主任研究者と協力して、臨床試験審査委員会、効果・安全性評価委員会、監査委員会を組織し、研究開始前および研究実施中の第三者的監視を行う。臨床試験登録の際には、この治療法が臨床試験であること、標準治療は手術単独であること、また術前治療を行うことに伴うメリット・リスク・不利益などを十分に説明がなされ、患者本人からの文書による同意を必須とする。また、試験の開始にあたり、グループ臨床試験審査委員会、参加各施設倫理委員会(IRB)の承認を得る。

C. 研究結果

2002年10月から実施した臨床病期IB-II 非小細胞肺癌症例に対して Cisplatin+Docetaxel 併用(DC)と Docetaxel (D)単剤という二種類の化学療法のいずれかを行い大規模試験に適切な術前化学療法のレジメンを選択するというランダム化臨床第II相試験の評価を行った。術後合併症は併用療法(DC)群に多かったが、Primary endpointである1年無再発生存割合は、DC群の77.3%に対し単剤群(D群)のそれは59.0%であり、併用群が単剤群を上回っていた。

また、治療完遂率、治療奏効割合、完全切除割合のいずれの項目においても DC 群が良好な成績であった。治療関連死は DC 群の2例に認められた。これらの結果から、当該病期における次期術前化学療法を含む臨床試験においてはシスプラチン併用療法 (DC 療法) を治療レジメンとして選択をすると結論した。次いで、本邦における術後補助化学療法の当該病期における妥当なレジメンを決定する大規模臨床試験 (本研究 A) のコンセプトシートを作成した。試験のデザインは、術後病理学的に病期 IB-III A 期と診断された非小細胞肺癌完全切除例を対象に本邦で有用性が証明されたテガフル・ウラシル配合剤と欧米で評価されたプラチナ化合物を含む2剤併用化学療法との無作為化比較試験 (第III相試験) で、実地臨床試験計画書を作成、計画中であった。しかし、2006年6月の米国臨床腫瘍学会 (ASCO) において、シスプラチンを含む2剤併用療法による術後化学療法のメタアナリシス: Lung Adjuvant Cisplatin Evaluation (LACE) の結果と対象を臨床病期 IB 期に特化した CALGB9633 の追加報告がなされ、病期によっては化学療法のリスクがベネフィットを上回る可能性が示唆され、術後化学療法によって IA 期ではむしろ死亡リスクが高くなり、I B 期では生存の延長に寄与することに疑問を残す結果であった。以上の経緯を踏まえグループ内で議論した結果、対象集団をプラチナ製剤の有効性が示された II、III 期と本邦においてのみ有効性が示された IB 期に分けて、新たに大規模臨床試験を計画する方針とした。IB 期においては UFT 投与群を対照として経口抗がん剤であるテガフル・ギメラシル・オテラシルカリウム配合剤 (S-1) の有用性を評価する試験を、II-III A 期に対しては、プラチナ製剤を含む2剤併用療法投与群を対照として経口剤もしくは分子標的薬剤の維持療法としての上乗せ効果を検証する試験をそれぞれ検討中である。

D. 考察

本邦から I 期非小細胞肺癌 (腺癌) に対するテガフル・ウラシル配合剤の術後化学療法の大規模臨床試験 (N Eng J Med 2004; 350: 1713) と meta-analysis (J Clin Oncol 2005; 23: 4999) の結果が公表され、本邦においてはテガフル・ウラシル配合剤を用いた術後補助療法が少なくとも I B 期の標準的治療戦略となりうる可能性が高いことが示された。また本剤が大腸癌や胃癌などの他癌種でも

同様に補助療法として有効性が示された。従来進行肺癌での単剤としての有効性は 6~8%とされていた薬剤が術後補助療法として有効性が示されたことは画期的である。本研究は、昨今のエビデンスに基づき、IB 期と II-III 期を分離してそれぞれ臨床試験を計画し、病期別の標準的補助化学療法の確立を目指す。IB 期ではテガフル・ウラシル配合剤術後投与を標準的治療として、進行肺癌で有効性が示されているテガフル・ギメラシル・オテラシルカリウム配合剤 (S-1) の術後補助療法としての有効性を検討するデザインとした。これは術後補助療法として比較的毒性の少ない抗がん剤を長期投与することが良いのか、あるいは相応の毒性のある抗がん剤を進行癌と同様に短期的に投与するのが良いのかという術後補助治療コンセプトあるいは効果のメカニズムに関わる重要な情報を提供する可能性があり、研究の意義は大きい。また、この試験の結果は手術対象病期の非小細胞肺癌の標準的治療を確立するものであり、一般診療に情報還元するとともに、今後の臨床試験のデザインの礎となると予想される。

E. 結論

本研究 (研究 A) は、2006年3月末現在試験実施計画書作成中であり、本研究の結論は得られていない。

F. 健康危険情報

健康危険情報として該当する事項はない。

G. 研究発表

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Treatment of Peripheral Early Stage Lung Cancer

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Introduction

Not only is the incidence of lung cancer increasing around the world, this disease has become the leading cause of cancer death. Since lung cancer kills 85% to 90% of its victims, it is recognized as one of the most difficult to cure diseases. Although the therapeutic results are quite unsatisfactory as a whole, earlier stages of lung cancer, stages IA and IB show better therapeutic results (Table 1).¹⁾ To improve the therapeutic results of lung cancer, efforts for early detection and treatment are essential. In our institution, the 5-year survival rate has gradually improved over the past five decades. These results could be due to improvement of therapeutic procedures including surgery, chemotherapy, radiotherapy, laser therapy and immunotherapy. Furthermore, the improvement of survival may be partially due to lung cancer mass screening made by the Health Insurance Act of 1987.

Lung cancer mass screening by chest computed tomography (CT) was begun in Japan 10 years ago and now is becoming subsequently used in the United States and Europe. Since large numbers of peripheral tiny lung shadows were detected in many of the CT screening pilot trials,^{2,3)} it is important to establish an internationally accepted definition of peripheral type early stage lung cancer.

In this editorial the authors describe the present status and prospects for the treatment of early stage lung cancer.

The Criteria of Early Stage Lung Cancer

Since there are no authorized international criteria of early

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stage lung cancer, establishment of criteria is urgently required. According to the location of the tumor, early stage lung cancers are classified into two categories; central type and peripheral type.

In Japan, the criteria of early stage lung cancer were first proposed about 30 years ago, in 1975. Peripheral type early stage lung cancer was defined as a tumor located in an airway more peripheral than subsegmental bronchi, and the longest dimension of the tumor should be 2 cm or less and with no recognized lymph node and distant metastases. In central type early stage lung cancer, the tumor should be located in a segmental bronchus or more proximal airway, and the depth of tumor invasion should be limited to within the bronchial wall with no lymph node or distant metastases. These criteria of central type early stage lung cancer were first defined pathologically in a resected lung by Ikeda in a study supported by the Ministry of Health and Welfare in Japan. Now we have criteria of endoscopically diagnosed central type early stage lung cancer defined by the Japan Lung Cancer Society.⁴⁾

Therapeutic Guidelines of Early Stage Lung Cancer

In Japan, the therapeutic guidelines of lung cancer established on Evidence-based Medicine were made with the support of the Ministry of Health, Labor and Welfare in 2002. In these guidelines, surgical resection and PDT are recommended for treatment of central type early stage lung cancer.⁵⁾

The Possibility of Limited Resection by Video-assisted Thoracoscopic Surgery (VATS)

The standard therapeutic procedure for peripheral type early stage lung cancer is believed to be lobectomy with mediastinal lymph node dissection. However the question was raised whether lobectomy is really needed for tiny tumors, particularly those less than 1 cm in greatest

Table 1. Survival rates according to pathologic stages (n=7,047)

| p-stage | n | 1 year | 2 year | 3 year | 4 year | 5 year |
|---------|-------|--------|--------|--------|--------|--------|
| IA | 2,142 | 96.5 | 92.8 | 87.9 | 82.7 | 79.2 |
| IB | 1,488 | 90.2 | 80.3 | 72.4 | 65.6 | 60.1 |
| IIA | 261 | 90.7 | 78.6 | 68.4 | 62.9 | 58.6 |
| IIB | 785 | 81.3 | 64.5 | 52.7 | 47.6 | 42.2 |
| IIIA | 1,337 | 74.7 | 53.8 | 40.3 | 32.6 | 28.4 |
| IIIB | 759 | 64.6 | 40.2 | 28.4 | 22.5 | 20 |
| IV | 275 | 60.3 | 39.4 | 29.9 | 22.5 | 19.3 |

n: numbers of patients with lung cancer

dimension. There are several reports on limited resection of small lung cancer.^{6,7)} Some of these results showed satisfactory 5-year survival rates. Clinical trials to clarify the possibility of limited resection are needed for particularly small lung cancers showing ground glass opacity (GGO), or ground glass attenuation (GGA). Most of these lesions showed no lymph node metastases, and a 100% 5-year survival was obtained in such cases who underwent resection. A multi-center clinical trial sponsored by the Japan Clinical Oncology Group (JCOG) just started to examine the suitability of limited resection for peripheral small lung cancer. Wedge resection of small lung cancer by VATS without lymph node dissection is one type of the minimally invasive surgery. If some types of lung cancer could be shown to be resected by VATS without any increase of local recurrence, this method could become a future standard treatment for peripheral small lung cancer.

The Rate of Lymph Node Metastasis of Peripheral Small Nodular Cancer

In the past five years, 783 patients with lung cancer underwent surgery in our institution. Among them there were 150 patients with peripheral nodules less than 2 cm in diameter, including 135 adenocarcinomas. Lobectomy was performed in 93 cases and limited resection was performed in 42 cases. The pathological prognostic factors were investigated for the future selection of surgical procedures in the peripheral small nodules. Of cases less than 1 cm, 97.5% of cases showed no lymph node involvement, however even in such tiny tumors 2.5% of them already showed N2 disease. In the cases between 1 and 1.5 cm, 91.9% of cases showed no metastasis, however 8.1% showed either N1 or N2 involvements. In the cases between 1.5 and 2 cm, lymph node involvement was recognized in 12%. Therefore it seems that the tumor size does not have a large correlation with lymph node involvement.

involvement.

According to Noguchi's classification,⁸⁾ bronchioalveolar cell carcinoma showing findings of GGO on CT images did not have any nodal metastases.⁹⁾ The CT images of our cases were classified into four categories according to the percentages of areas of GGO findings in relation to the entire tumor; 100% GGO, between 50% and 100%, less than 50% and 0% GGO findings. According to these criteria, 16 cases consisted of GGO in 100% of the tumor area and 21 cases consisted of between 50% and 100% GGO. These two groups showed no lymph node metastases. Furthermore, in cases with GGO findings consisting of less than 50% or 0% of the lesion, cases with a tumor size of less than 1 cm showed no lymph node metastasis. However, two cases with a tumor size more than 1 cm had nodal metastases. In the cases with 0% GGO, the presence of lymph node metastases was not related to the sizes of the tumor. The overall 5-year survival rate in adenocarcinoma 2 cm or less in tumor size was 93.3%.

The survival curves according to the postoperative stage showed a 98.1% 5-year survival rate in stage IA, 54.7% in stage IIIA and no 5-year survivals in stages IIA and IV. Since the number is small in stages IIA and IV, it is necessary to increase the number for accurate evaluation. In the survival curves according to the tumor size, tumors less than 1 cm showed a 100% 5-year survival rate. In tumors between 1 and 1.5 cm the survival rate was 86.5%, and in cases between 1.5 and 2 cm, the 5-year survival rate was 92.4%. On the survival curves according to area of GGO finding, the cases consisting of more than 50% GGO showed 100% 5-year survival rate and the cases consisting of less than 50% GGO had 91.1% 5-year survival rate. From these data it seems that the proportion of GGO in the tumor may be related to prognosis. The survival rate was 100% in cases of limited operation and 91.5% in lobectomy cases. The better result of limited resection than lobectomy might be due to selection bias.

Future Surgical Procedures for Peripheral Early Stage Lung Cancer

Tumors with 100% GGO findings on CT images could indicate the suitability of surgical limited resection by VATS. Lesions consisting of between 50% and 100% of GGO in area may also be indication for limited resection in cases less than 2 cm in diameter, and also perhaps in cases consisting of between 10% and 50% GGO finding with a tumor size less than 1 cm in diameter.

The evaluation of limited resection for the small peripheral nodules were reported previously by several researchers,^{6,7,9)} however different opinions concerning these modalities have been reported.^{10,11)} There are still controversies concerning limited resection of peripheral small lung cancers. A randomized clinical trial by the Lung Cancer Study Group (LCSG) demonstrated disadvantages of limited resection for T1N0 tumors in relation to lobectomy.¹¹⁾ Therefore clinical evidence of the usefulness of limited resection for peripheral early stage lung cancers should be proven. The features of peripheral lung cancers suitable for limited resection without lymph node dissection should be clarified. That will make it possible to determine the optimal CT findings for limited resection.

In our experience, even if the primary lesion was less than 1 cm in size, nodal involvement was confirmed histologically in some cases. Prognostic factors may not solely depend on tumor size but also on the percentage of the area of GGO. It is necessary to clarify the findings of CT images of non-invasive cancer by a clinical multi-center study.

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A Clinicopathological Study of Resected Adenocarcinoma 2 cm or Less in Diameter

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Background. The biological behavior of small adenocarcinoma is different in each patient and these are especially enormous differences when evaluating solid tumors and nonsolid tumors.

Methods. A total of 159 adenocarcinomas 2 cm or less in diameter were studied. Several clinicopathological factors were retrospectively analyzed.

Results. The diameter of the primary tumors was less than 1 cm in 47 patients, 1–1.5 cm in 49 patients, and 1.5–2 cm in 63 patients, respectively. Almost all patients (147) were pathologic N0 and there were 12 node-positive patients (7.5%). Lymph-node involvement was observed in 1 patient with a tumor diameter measuring less than 1 cm and in 11 patients with a tumor diameter measuring 1–2 cm. According to Noguchi's classification, 33 patients belonged to class A or B, 71 patients belonged to class C,

and 55 patients belonged to class D, E, or F. The ratio of ground-glass opacity (GGO) area in the main tumor in high resolution computed tomography was classified into two groups with a threshold of 50%. There were 44 patients with a GGO ratio of equal to or greater than 50%, none of which indicated lymph-node metastasis or tumor recurrence during follow-up (5-year survival = 100%). On the contrary among 115 patients with a GGO ratio less than 50%, lymph-node involvement was indicated in 12 patients (10.4%) and the 5-year survival rate was 83.9%.

Conclusions. The biological malignancy of small adenocarcinomas might be accurately evaluated by the proportion of GGO area as well as the Noguchi classification.

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Lung cancer is the greatest cause of cancer-related death in the world because most lung cancers are detected at a late stage and curative treatment is not an option. Nevertheless a cure rate of greater than 70% was obtained in completely resected patients of stage I cancer [1]. Prevention and early detection are thus essential with regard to the reduction of lung cancer mortality. Adenocarcinoma is the most common type of lung cancer arising from the peripheral lung parenchyma. Chest x-ray surveys have been considered useful for early detection. However if the lesions are located in a "dead angle" on the chest roentgenogram film, such as behind the aorta or heart, abnormalities may be overlooked. Bronchioloalveolar carcinoma (BAC) seldom reveals abnormalities on chest roentgenogram because it grows without destroying alveolar structure [2]. Helical computed tomography (CT) screening has greatly increased the sensitivity of cancer detection compared with that of conventional chest roentgenogram screening [3–7]. A prospective randomized trial comparing the lung cancer mortality rate of a CT screening group with that of a conventional chest roentgenogram screening group has been conducted by the National Cancer Institute [8]. In this respect, the biggest issue facing thoracic surgeons is the treatment strategy for small cancers detected by CT

screening, including the possibility of limited resection. BAC is known to exhibit a relatively nonaggressive nature, therefore a favorable outcome can be expected after curative operation [2, 9–12]. However patients with solid images on chest CT tend to have invasive adenocarcinomas and their survival is definitely worse than that of BAC [9–11]. Pathologic classification of the tumor is essential regarding the evaluation of the aggressiveness of each patient [2] but postoperative pathologic findings cannot exhibit a strong impact on the choice of treatment.

There are several reports indicating that the ratio of the size of ground-glass opacity (GGO) and that of consolidation on high resolution CT (HRCT) is strongly related to the stage and prognosis of the cancer [10, 13–15]. Lung cancers with a large GGO component tend to be BAC or minimally invasive adenocarcinomas that exhibit favorable prognoses [10, 13–15]. If a definition of peripheral early cancer could be established, it would be useful with regard to selecting optimal treatment for individual patients. For this purpose we retrospectively analyzed clinicopathological features of adenocarcinomas with a diameter of 2 cm or less resected in our hospital between 1997–2002.

Patients and Methods

Patients

A total of 983 lung cancer operations were performed from January 1997 to December 2002 at the Department

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Table 1. Patient Characteristics

| Character | |
|---------------------|-----|
| Age | |
| Average | 63 |
| Minimum | 40 |
| Maximum | 84 |
| Sex | |
| Male | 67 |
| Female | 92 |
| Smoking habit | |
| Non-smoker | 89 |
| Smoker | 70 |
| Operative procedure | |
| Lobectomy | 112 |
| Segmentectomy | 20 |
| Wedge resection | 27 |

of Thoracic Surgery, Tokyo Medical University Hospital (Tokyo, Japan). Among these, there were 168 patients with peripheral adenocarcinomas less than 2 cm in diameter as well as a total of 159 patients who had undergone high-resolution computed tomography (HRCT) and in whom complete records were available for study (Table 1). There were 67 men and 92 women ranging in age from 40–84. There were 89 nonsmokers and 70 smokers. The primary lesions were detected by chest x-ray in 115 patients: detection was determined by mass survey or private general check-up in 81 patients, follow-up for other diseases in 18 patients, and respiratory symptoms in 16 patients. The other 44 patient's lesions

were detected by chest CT performed by mass survey program or private general check-up.

All patients underwent a physical examination and blood examination, respiratory function test, electrocardiogram, and chest radiography. Also, all patients received helical CT of the chest preoperatively with 10-mm thick continuous sections. HRCT images with 1–2 mm slices of the primary tumors were then performed to obtain the precise findings of GGO and consolidation of the tumors. Histologic typing was diagnosed based upon the classification of the World Health Organization (WHO) and we also classified all of the patients into six subtypes using the Noguchi classification. The staging of patients was determined by the thoracic wall, node involvement, and metastases (TNM) classification of the International Union Against Cancer (UICC).

Lobectomy combined with systemic mediastinal lymph-node dissection was performed in 112 patients and limited surgery was performed in 47 patients. Of these 47 patients, 37 received intentionally limited operation because of the nonaggressive appearance on HRCT and the remaining 10 patients because of impaired condition. Segmentectomy with mediastinal sampling was performed in 27 patients and wedge resection without nodal dissection was performed in 20 patients. All patients that underwent wedge resection indicated pure GGO or enormously GGO-dominant findings on HRCT as well as being clinically node negative.

CT Findings

In this study the ratio of the size of solid attenuation to that of GGO was extensively analyzed. GGO was defined as a hazy increase in lung attenuation without obscuration of the underlying vascular marking. At least two experienced chest surgeons and radiologists reviewed the hard-copy films of HRCT and determined the maximal area of GGO and tumor. Discrepancies between reviewers were resolved by consensus. The ratio area of GGO to the area of primary tumor was calculated as illustrated in Figure 1. Patients were divided into two groups: those with a GGO ratio greater than 50% and those with a GGO ratio less than 50%.

Pathology

Resected lungs were fixed in formalin and stained by hematoxylin and eosin staining in a routine manner and also stained with elastica van Gieson. Experienced pathologists diagnosed the subtypes of primary tumors according to the Noguchi classification as well as the nodal status. The Noguchi classification is presented in Table 2. Types A and B are considered to be noninvasive cancers and types D, E, and F are considered to be invasive cancer.

Statistics

We examined the relation of the proportion of GGO area to maximal tumor size, stage, Noguchi classification, and other prognostic factors. The χ^2 test using StatView 5.0 (SAS Institute Inc., Cary, NC) was performed and the differences were considered to be statistically significant

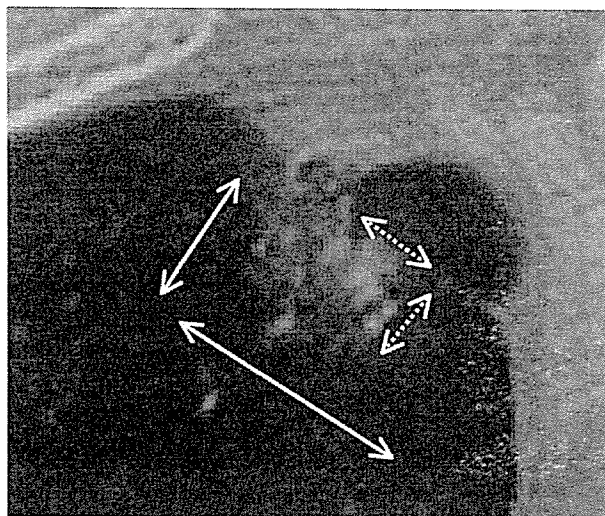


Fig 1. Thin section computed tomographic scan of lung cancer depicting solid attenuation and ground-glass opacity (GGO). The largest area of tumor (solid line) and solid attenuation (dotted line) were decided based on this film. The proportion of GGO area to the entire tumor was defined; $GGO\ ratio = (maximum\ GGO - maximum\ consolidation) / maximum\ GGO$. Max GGO (solid arrow); Max consolidation (dotted arrow).

Table 2. Tumor Size and Nodal Status

| Tumor Size | N0 | N1 | N2 |
|-------------------------|----|----|----|
| 1.0 cm or less (n = 47) | 46 | 0 | 1 |
| 1.0-1.5 cm (n = 49) | 46 | 1 | 2 |
| 1.5-2.0 cm (n = 63) | 55 | 2 | 6 |

when the *p* value was less than 0.05. All patients were periodically examined and the average length of follow-up was 40 months. The 5-year survival curve was obtained using the Kaplan-Meier method.

Results

A total of 159 patients were studied. The size was classified into three categories: 1 cm or less, 1-1.5 cm, and 1.5-2 cm. There were 47, 49, and 63 patients, respectively. There were 147 pathologic N0 patients and lymph-node metastasis was recognized in 12 patients (7.5%); N1 in 3 patients and N2 in 9 patients. Table 3 lists the rate of lymph-node involvement according to tumor size. Lymph-node involvement was not indicated in 98% of patients who had a tumor size of 1 cm or less, however even in patients with tiny tumors, 2% indicated N2 disease. In patients who had a tumor size of 1 and 1.5 cm, 94% indicated no metastasis but 6% were either N1 or N2. In patients who had a tumor size of 1.5 and 2 cm, lymph-node involvement was recognized in 13%.

In this study the proportion of the size of GGO to that of the tumor was extensively analyzed. We divided patients into two categories according to how much of the lesion consisted of GGO findings. According to these criteria, 44 tumors consisted of greater than 50% of GGO and 115 tumors consisted of less than 50% of GGO. Patients with a GGO ratio of greater than 50% indicated no lymph-node metastases. On the contrary all node-positive patients indicated a GGO ratio of less than 50% (Table 3). The relationship between the proportion of GGO area on HRCT and the Noguchi classification is indicated in Table 4.

Twenty-five out of 44 patients (76%) of types A and B indicated a GGO component of greater than 50% on HRCT. Seventeen out of 71 patients (24%) of type C indicated greater than 50% GGO and the remaining 54 patients (76%) indicated less than 50% GGO. Fifty three out of 55 patients (96%) of types D, E, and F tumors indicated less than 50% GGO. A favorable correlation between CT findings and the Noguchi classification was recognized.

Table 3. GGO Area and T₁N Status

| GGO% | T ≤ 1 | 1 < T ≤ 5 | 1.5 < T ≤ 2 | |
|------|---------------------|---------------------|---------------------|-----------------------|
| 50 ↑ | 18 | 16 | 10 | 44 |
| 50 ↓ | 29 (1) ^a | 33 (3) ^a | 53 (8) ^a | 115 (12) ^a |

^a The number in parentheses corresponds to the number of node-positive cases.

GGO = ground-glass opacity.

Table 4. GGO Area and Noguchi Classification

| GGO% | A, B | C | D, E, F | |
|------|------|----|---------|-----|
| 50 ↑ | 25 | 17 | 2 | 44 |
| 50 ↓ | 8 | 54 | 53 | 115 |

GGO = ground-glass opacity.

The relationship between representative clinicopathological factors and the proportion of GGO area is indicated in Table 5. According to the χ^2 test, the ratio of GGO area to that of the tumor is related to the tumor size (*p* = 0.0135) and pathologic stage (*p* = 0.04). In particular a significant relationship was obtained regarding the pathologic features including Noguchi classification (*p* = 0.0001), vascular invasion, and lymphatic invasion.

Patients were followed-up in the outpatient clinic and periodically received blood examinations, chest roentgenogram, and chest CT. The median follow-up period for all patients was 40 months. The overall 5-year survival rate of patients studied was 88.0% (Fig 2), but it was 96.7% in patients with tumors less than 1 cm in diameter, 81.6% in patients with tumors between 1 and 1.5 cm, and 84.4% in patients with tumors between 1.5 and 2 cm (Fig 3).

The 5-year survival rate according to how much of the lesion consisted of GGO findings was also analyzed. In patients with tumors greater than 50% GGO, a 100% 5-year survival rate was obtained, but in patients with tumors less than 50% GGO an 83.9% 5-year survival rate was obtained (Fig 4).

The survival rate according to the Noguchi classification is illustrated in Figure 5. A 100% 5-year survival rate was obtained in types A and B, 97.4% in type C, and 67.1% in types D, E, and F, respectively, which was statistically lower than the results of types A, B, and C.

Comment

Because of the increasing widespread application of helical CT, the detected number of small lung peripheral nodules has enormously increased [3-7]. In addition the size of peripheral type adenocarcinomas has been smaller on average when they were detected. This has raised several issues: discerning how to discriminate

Table 5. Relationship Between Prognostic Factors and GGO Ratio on HRCT

| Prognostic Factor | χ^2 | <i>p</i> Value |
|------------------------|----------|----------------|
| Gender | 0.162 | 0.687 |
| Tumor size | 8.616 | 0.0135 |
| <i>p</i> stage | | |
| I or II-IV | 4.168 | 0.0412 |
| Noguchi classification | | |
| A, B, C or DEF | 14.442 | 0.0001 |
| Vascular invasion | 6.76 | 0.0093 |
| Lymphatic invasion | 5.326 | 0.0206 |

GGO = ground-glass opacity; HRCT = high resolution computed tomography.

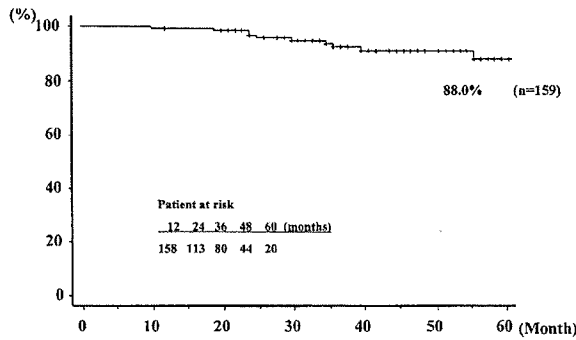


Fig 2. Five-year survival rate of adenocarcinoma less than or equal to 2 cm was 88.0%.

malignant from benign nodules, the usefulness of CT screening in diminishing lung cancer mortality, the optimal intervention in patients who have small nodules, and so on [16, 17]. The management of small cancers is a particular concern of thoracic surgeons, because some of these small cancers might be managed appropriately by limited resection. As previously reported adenocarcinoma tends to metastasize to the regional lymph nodes even if small in size. Nearly 20% of adenocarcinomas less than 2 cm in diameter were reported to be node positive and 5% of adenocarcinomas less than 1 cm were also considered as N1 or N2 disease [18-20]. The Lung Cancer Study Group failed to demonstrate positive results with regard to limited resection for clinical T1 lung cancers. The limited surgery group indicated a local recurrence rate of 5-6 times higher than the lobectomy group [21]. Thus lobectomy and locoregional lymph-node dissection have been recommended as standard lung cancer procedures. However if peripheral early cancer is properly defined, such patients could be managed by lesser resection, which would be useful with regard to decreasing the operative mortality and morbidity as well as enhancing the performance status of the patients.

In our study 12 out of 159 patients (7.5%) exhibited lymph-node metastasis and even tumors measuring 1 cm or less indicated lymph-node metastasis in 2% of patients. The 5-year survival rate did not indicate a statistically significant difference between the three groups

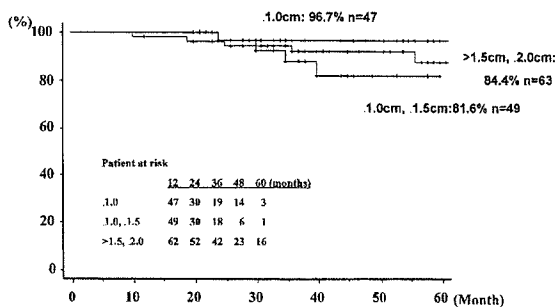


Fig 3. Five-year survival rate according to tumor size. Less than or equal to 1 cm = 96.7%, 1.0-1.5 cm = 81.6%, 1.5-2.0 cm = 84.4%.

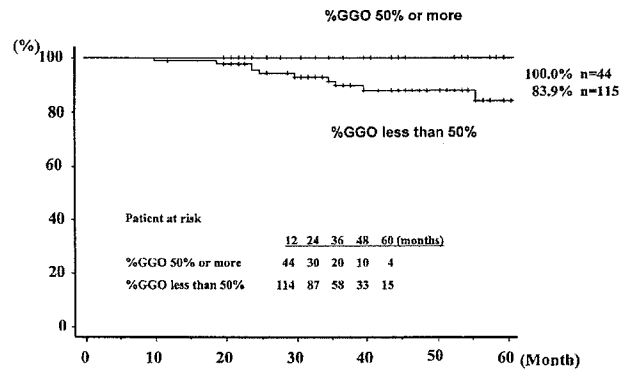


Fig 4. Five-year survival rate according to the proportion of ground-glass opacity (GGO) area. A GGO dominant patient indicated a 100% 5-year survival, whereas patients exhibiting a GGO area less than 50% indicated an 83.9% 5-year survival.

according to tumor size in this study. There are reports that 5%-8% of such tiny adenocarcinomas indicated lymph-node metastasis [18, 22]. Kondo reported 57 adenocarcinomas measuring 1 cm or less, none of which indicated lymph-node metastasis, and 49 revealed BAC without destructive growth that were categorized as nonaggressive tumors [23]. This demonstrates that the indications of limited surgery cannot be determined by size alone. In our study, 47 patients received limited resection. Out of these, mediastinal lymph node or sampling were performed in 20 patients and the rest of 27 patients received wedge resection without nodal dissection. Of these 27 patients stage migration may occur because nodal status was not evaluated pathologically. However these patients indicated pure GGO or overwhelmingly dominant GGO findings on chest CT as well as being clinically node negative. Such patients have been reported to be free from lymph-node metastasis [10, 12-15, 20] and recurrence was not observed in any of these patients by chest CT examination during follow-up.

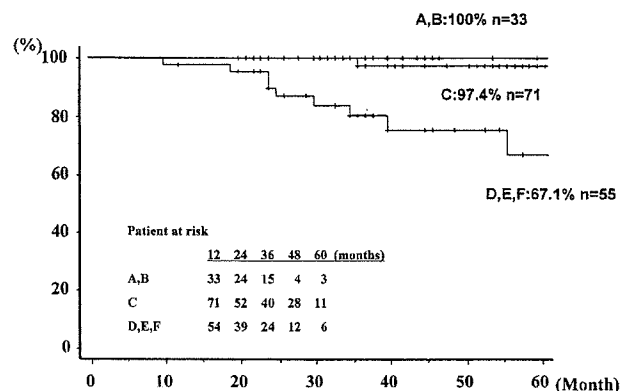


Fig 5. Five-year survival rate according to the Noguchi classification. Noguchi A, B indicated a 100% 5-year survival, type C indicated a 97.4% 5-year survival, and types D, E, and F, indicated a 67.1% 5-year survival, respectively.

Therefore we classified these patients as N0 in this study. Noguchi classified small adenocarcinomas into six categories (types A-F) and this classification indicated a favorable correlation with the biologically aggressive nature of the tumor [2]. Types A and B are localized BAC with or without foci indicating a collapse of alveolar structures that are recognized to be noninvasive. Types D, E, and F are poorly differentiated, tubular, papillary type, respectively, and are invasive. Pathologic analysis revealed that all type A and B patients were N0, however 25%-56% of type D, E, and F patients indicated lymph-node metastasis [2]. Many thoracic surgeons postulated that certain types of adenocarcinomas might be candidates for limited resection and have sought for criteria of "peripheral early cancer." The Noguchi classification is useful with regard to evaluating the aggressive nature in individual patients, but this criteria is based on postoperative pathologic findings and could not have a strong impact on the choice of treatment. Therefore we require criteria that are available preoperatively to define early minimally invasive cancers.

Increased amounts of collagenization or hyalinization microscopically detected in the central fibrotic focus in adenocarcinoma have been reported to influence the prognosis and the smaller the central fibrosis, the more favorable the prognosis [24, 25]. Suzuki reported that central fibrosis in a tumor corresponds to consolidation on HRCT. Thus the ratio of the area of GGO and that of consolidation seems to be strongly related to nodal status and stage [25].

In our study there were 12 N1 or N2 out of 159 patients, in all of whom the proportion of the area of GGO to the entire tumor was less than 50%. All patients with a ratio of GGO greater than 50% survived without recurrence during the follow-up period, although patients with GGO less than 50% indicated an 83.9% 5-year survival rate. The proportion of the GGO area correlates well with the Noguchi classification [26]. There were 33 Noguchi type A and B patients, 25 of which indicated a GGO area of greater than 50% and 8, of which indicated a GGO area of less than 50%. As for type D, E, and F patients, 53 out of 55 indicated a low GGO% and only 2 patients belonged to the high GGO ratio group. A statistically significant correlation was obtained between GGO% and Noguchi classification but types A and B could be completely diagnosed by HRCT findings as they should be the suitable indication of limited surgery. The 5-year survival rate of the high GGO group was 100% and the 5-year survival rate of the low GGO group was 83.9%. Similar results were obtained by Matsuguma who compared the preoperative HRCT findings with pathologic results in 96 patients who underwent surgical resection because of stage Ia cancers [14]. They determined that patients in whom the proportion of GGO to the whole tumor on CT was equal to or greater than 50% exhibited no nodal metastasis or postoperative recurrence. Small cancers with a high GGO ratio might be candidates for limited resection and a large multicenter study is necessary to confirm this postulate.

Limited resection has mostly been performed on pa-

tients with poor pulmonary reserve. Intentional limited surgery has not been common, particularly because lobectomy has been considered to be the standard treatment, which was confirmed by a randomized trial of the Lung Cancer Study Group [21]. However some successful results regarding limited surgery for T1 N0 tumors were published by Yamato who proposed limited resection for BAC by employing intraoperative pathological examination to confirm the absence of nodal metastasis [27]. They planned to convert limited resection to lobectomy if some invasive signs were recognized by frozen section. Tsubota performed extended segmentectomy for 55 patients with peripheral cancers measuring less than 2 cm in diameter and only 1 patient locally recurred in whom N2 disease was not indicated during operation [28]. Nakata performed thoracoscopic wedge resection for 33 pure GGO patients with tumors measuring less than 1 cm and no recurrence or metastasis was indicated during the follow-up period [12]. However well-differentiated adenocarcinomas or GGO-dominant tumors are considered to be indolent and slow-growing, therefore a long-term observation period is necessary to evaluate whether limited surgery could be an alternative to lobectomy.

In this study the ratio of GGO and consolidation on chest CT allows for the evaluation of the aggressive nature of small adenocarcinomas. However further investigation is required in this area, especially to characterize GGO on HRCT. Also genomic or proteomic studies are necessary to provide the clues to discriminate tumors with an indolent nature from those with an aggressive nature. Comprehensive research including pathology and molecular analysis will alter the conventional method of management regarding tiny cancers, which will be of great importance in daily practice.

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