



Figure 6. Flow cytometric analysis of cell cycle perturbation. PA1 cells, treated with 0.2 μ M pemetrexed (MTA), 0.5 μ M cisplatin (CDDP), both drugs simultaneously for 24 h, pemetrexed for 24 h followed by cisplatin for 24 h, or the reverse sequence were harvested at 48 h (A), and MCF7 cells, treated with 0.5 μ M pemetrexed (MTA), 5 μ M cisplatin (CDDP), both drugs simultaneously for 24 h, pemetrexed for 24 h followed by cisplatin for 24 h, or the reverse sequence were harvested at 48 h (B) and stained for DNA with propidium iodide and analyzed by flow cytometry as described in Materials and Methods.

Table 2. Cell Cycle Perturbations Induced by Pemetrexed (MTA), Cisplatin (CDDP), and Their Combinations for PA1 and MCF7 Cells at 48 h

Cell Cycle (%)	MTA + CDDP (24 h)				MTA (24 h) → CDDP (24 h)				CDDP (24 h) → MTA (24 h)				MTA + CDDP
	Control	MTA	CDDP	MTA + CDDP	Control	MTA	CDDP	MTA + CDDP	Control	MTA	CDDP	MTA + CDDP	
PA1 cells													
Sub-G ₁	3.6	2.4	42.9	2.1	4.3	3.1	8.9	15.3	2.9	2.2	45.1	41.8	
G ₁	56.2	64.1	7.3	67.1	58.1	65.3	5.8	4.4	57.3	60.1	6.9	10.6	
S	15.6	26.7	17.2	19.1	10.4	25.9	48.4	38.7	11.0	30.4	15.8	20.1	
G ₂ /M	24.6	6.8	19.1	11.7	27.2	5.7	36.9	41.6	28.8	7.3	32.2	27.5	
MCF-7 cells													
Sub-G ₁	4.2	17.5	3.9	5.8	5.3	11.1	2.9	16.8	5.1	10.3	3.6	2.5	
G ₁	57.6	53.4	28.8	63.7	55.8	61.3	22.3	60.6	58.8	57.2	27.9	25.8	
S	16.8	26.9	4.7	21.4	19.1	22.1	21.2	13.8	16.4	28.6	5.0	20.4	
G ₂ /M	21.4	2.2	62.6	9.1	25.1	5.5	53.6	8.8	19.7	3.9	63.5	51.3	

early S phase, in which cells are sensitive to cisplatin (20). This may explain the synergistic effects of sequential exposure to pemetrexed followed by cisplatin. On the contrary, one agent may reduce the cytotoxicity of the other agent by preventing cells from entering the specific phase in which the cells are most cytotoxic to the other agent. It has been shown that cisplatin elicits cytotoxic effects by blocking cells in G₂/M phase (20), while pemetrexed does by blocking cells in S phase (21). Indeed, simultaneous exposure to pemetrexed and cisplatin produced antagonistic effects, which were caused by the cancellation of cisplatin-induced G₂/M arrest by coexisting pemetrexed in PA1 and MCF7 cells. This was also the case with sequential exposure with cisplatin first followed by pemetrexed.

Our findings suggest that the sequential administration of pemetrexed followed by cisplatin may be the optimal schedule for these combinations. For example, administrations of pemetrexed on day 1 and cisplatin on day 2 would be worthy of clinical investigations. The simultaneous administration of pemetrexed and cisplatin and the sequential administration of cisplatin followed by pemetrexed may be inadequate. However, it must be noted that there are a number of difficulties in the translation of results from in vitro models to clinical therapy. The drug metabolism and pharmacokinetics under in vivo and in vitro conditions are different. Clinical outcome includes both the antitumor effects and normal tissue toxicity that results from a variable drug exposure, whereas in vitro models represent only antitumor effects at a constant drug exposure.

Teicher et al. studied the combination of pemetrexed with cisplatin in vivo against EMT-6 murine mammary carcinoma by a tumor cell survival assay (26). They observed that pemetrexed administered four times over 48 h with cisplatin administered with the third dose of pem-

trexed produced an additive or more than additive tumor response. Teicher et al. further studied the combination of pemetrexed with cisplatin in human tumor xenografts (27). Administration of pemetrexed (days 7–11, days 14–18) along with cisplatin (day 7) produced greater-than-additive effects for human lung cancer H460 and Calu-6 tumor growth delay. Because experimental systems, schedules of drug administrations, and evaluating methods for synergism are different, it is difficult to compare their findings and ours.

A clinical and pharmacokinetic phase I study of pemetrexed in combination with cisplatin has been reported by Thordtmann et al. (15). They observed that this combination was clinically active and simultaneous administration of both agents on day 1 (pemetrexed intravenously over 10 min and cisplatin over 2 h) every 21 days was less toxic than a sequential administration of pemetrexed on day 1 and cisplatin on day 2. They recommended the simultaneous administration of pemetrexed at 500 mg/m² plus cisplatin at 75 mg/m² on day 1 every 21 days for this combination. Phase II and III studies of the same schedules have been started for this combination and encouraging results have been obtained so far (16–18).

Our in vitro findings are not contradictory to clinical findings. In our study, simultaneous exposure to pemetrexed and cisplatin produced additive effects in WiDr cells and antagonistic effects in A549, MCF7, and PA1 cells. Most data points fell in the area of subadditivity in MCF7 and PA1 cells, suggesting that the combination is superior to each drug alone but “sub-optimal.” The simultaneous administration of pemetrexed and cisplatin was less toxic than the sequential administration, probably due to antagonistic interaction in the simultaneous exposure. Our isobogram shows that the doses of both agents in the pemetrexed–cisplatin sequence required

for IC₅₀ or IC₉₀ levels were much less (40–90%) than of those in simultaneous exposure (Fig. 3). Pemetrexed at 500 mg/m² and cisplatin at 75 mg/m², the optimal dose for the simultaneous administration, would be overdosed for the sequential administration of pemetrexed followed by cisplatin, which produced synergistic effects.

In conclusion, the present findings show that the interaction of pemetrexed and cisplatin is definitely schedule dependent. Sequential exposure to pemetrexed followed by cisplatin produced synergistic effects, whereas simultaneous exposure to the two agents and sequential exposure to cisplatin followed by pemetrexed produced antagonistic effects. These findings suggest that the optimal schedule of pemetrexed in combination with cisplatin at the cellular level is the sequential administration of pemetrexed followed by cisplatin. Although the simultaneous administration of pemetrexed and cisplatin on day 1 is more convenient and less toxic for patients than the sequential administration of pemetrexed on day 1 and cisplatin on day 2, the former schedule may be suboptimal and may not improve the clinical efficacy to “originally expected” level for this combination. It would be important to conduct dose-finding clinical trials in sequential administration of pemetrexed and cisplatin.

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