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# CYP2A6 polymorphisms are associated with nicotine dependence and influence withdrawal symptoms in smoking cessation

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CYP2A6 is the main enzyme that catalyzes nicotine into cotinine. Interindividual differences in nicotine metabolism result at least partially from polymorphic variation of CYP2A6 gene. In this study, we evaluated the influence of CYP2A6 polymorphisms on clinical phenotypes of smoking, such as smoking habit and withdrawal symptoms. Japanese smokers ( $n=107$ ) were genotyped for CYP2A6\*1, \*4 and \*9. Consistent with the previous reports, CYP2A6 genotypes have a tendency to correlate with the number of cigarettes per day and with daily intake of nicotine. Interestingly, CYP2A6 high-activity group (CYP2A6\*1/\*1, \*1/\*9, \*1/\*4, \*9/\*9) smoked the first cigarette of the day earlier than low-activity group (CYP2A6\*4/\*9, \*4/\*4), indicating more remarkable nicotine dependence. Furthermore, nicotine withdrawal symptoms were more serious in smoking cessation in CYP2A6 high-activity group. Collectively, CYP2A6 genotypes are related with nicotine dependence, influencing smoking habits and withdrawal symptoms in quitting smoking. It is proposed that individualized smoking cessation program could be designed based on CYP2A6 genotypes.

*The Pharmacogenomics Journal* (2006) 6, 115–119. doi:10.1038/sj.tj.6500348; published online 10 January 2006

**Keywords:** CYP2A6; polymorphism; smoking; nicotine; individualized medicine

## Introduction

Smoking is one of the most important risk factors for serious diseases, including cancers, chronic obstructive pulmonary diseases and cardiovascular diseases. It is strongly recommended that smokers should cease smoking for good health. However, there is an interindividual diversity in the difficulties in quitting smoking, mainly due to nicotine dependence. Therefore, to carry out smoking cessation program effectively, individual status of smoking should be estimated and, more importantly, predicted, based on nicotine dependence.

Nicotine is metabolized to cotinine, an inactive metabolite, principally by CYP2A6.<sup>1</sup> Several CYP2A6 gene polymorphisms have been identified so far, and three alleles, \*1, \*4 and \*9, are shown to be the major polymorphisms in Japanese. CYP2A6\*1 is a wild-type allele with normal enzyme activity. CYP2A6\*4 is a whole deletion type of the CYP2A6 gene.<sup>2,3</sup> CYP2A6\*9 has a single-nucleotide polymorphism in TATA box, T-48G substitution, which impairs the transcriptional activities<sup>4</sup> and, consequently, its enzymatic activity.<sup>5,6</sup> It has been clearly demonstrated that the pharmacokinetics of nicotine is influenced by CYP2A6 polymorphisms.

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Received 14 June 2005; revised 15 September 2005; accepted 20 September 2005; published online 10 January 2006

In the present study, as pharmacokinetic changes in plasma nicotine concentration are considered to be related with craving for nicotine,<sup>7</sup> we hypothesized that *CYP2A6* polymorphisms might affect smoking status. And we evaluated the relation between *CYP2A6* genotypes and smoking habits, including nicotine withdrawal symptoms, from the point of view of nicotine dependence. The data presented here provide insights into individualized smoking cessation program based on *CYP2A6* genotypes.

**Results**

First, we confirmed the relationship between the *CYP2A6* genotypes and the number of cigarettes in the subjects analyzed in the present study (Figure 1a). *In vivo* enzymatic activity of nicotine metabolism decreases in order, *CYP2A6*\*1/\*1, \*1/\*9, \*1/\*4, \*9/\*9, \*4/\*9 and \*4/\*4.<sup>5</sup> *CYP2A6* genotype, which determines the enzyme activity *in vivo*, had a tendency to be associated with the number of cigarettes smoked per day, as reported previously.<sup>8-10</sup> Next, the amounts of daily nicotine intake were also examined. As shown in Figure 1b, *CYP2A6* genotype is likely to be linked with daily nicotine intake, proposing the possible association between *CYP2A6* genotypes and nicotine dependence.

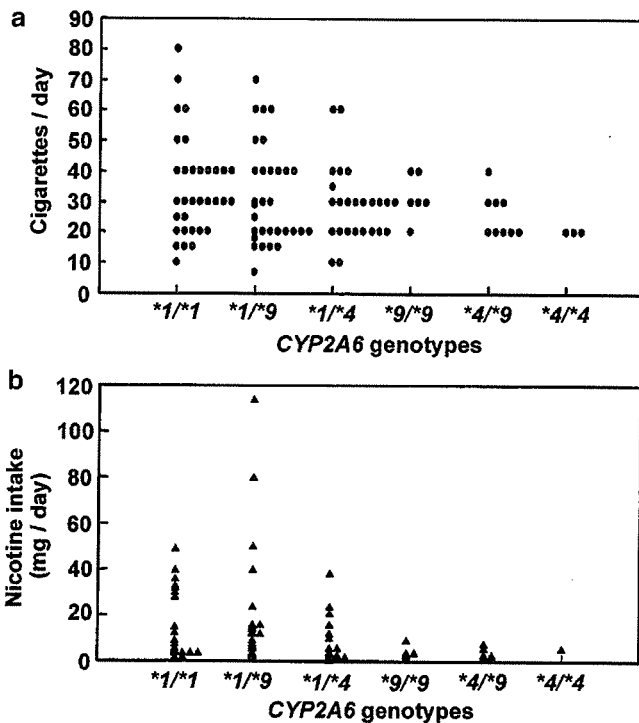
Association between *CYP2A6* genotypes and smoking habits, such as the number of the cigarettes per day and

the daily nicotine uptake, was statistically analyzed. The subjects were divided into the high- and low-activity group, based on their *CYP2A6* genotypes, according to the previous study.<sup>5</sup> The subjects with the \*1/\*1, \*1/\*9, \*1/\*4 and \*9/\*9 genotypes, whose metabolic activities of nicotine are more than 70% of those of the subjects with \*1/\*1, were defined as high-activity group, whereas the subjects with the \*4/\*9 and \*4/\*4 genotypes with less than 50% of metabolic activities of the subjects with \*1/\*1 as low-activity group. It was found that the associations of *CYP2A6* genotypes with the number of cigarettes or with the nicotine uptake approached statistical significance ( $P=0.09$  or  $0.06$ , respectively).

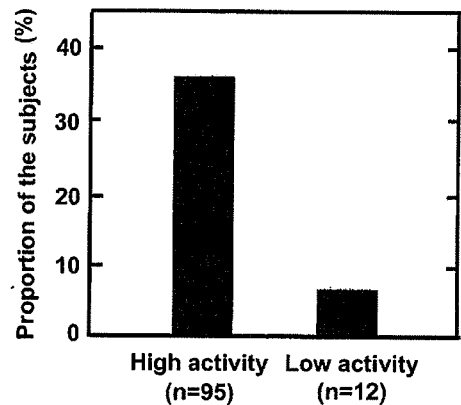
To evaluate nicotine dependence more directly, we analyzed the relation between *CYP2A6* genotypes and the time to the first cigarette as described in Materials and methods. As shown in Figure 2, proportion of subjects who smoked the first cigarette within 5 min of waking up was significantly higher in *CYP2A6* high-activity group than in low-activity group (36.8%,  $n=95$  and 8.3%,  $n=12$ , respectively,  $P<0.05$ ), suggesting that the subjects with high *CYP2A6* activity show the severer nicotine dependence than those with low activity.

Fagerstrom Test for Nicotine Dependence (FTND) is commonly performed to estimate nicotine dependence. Thus, the relationship between *CYP2A6* genotypes and nicotine dependence was evaluated according to FTND. Consistent with the results shown in Figure 2, there was significant association between the total score of FTND and *CYP2A6* activity ( $3.95 \pm 1.45$  in high-activity group,  $3.17 \pm 0.94$  in low-activity group,  $P<0.05$ ) (Figure 3).

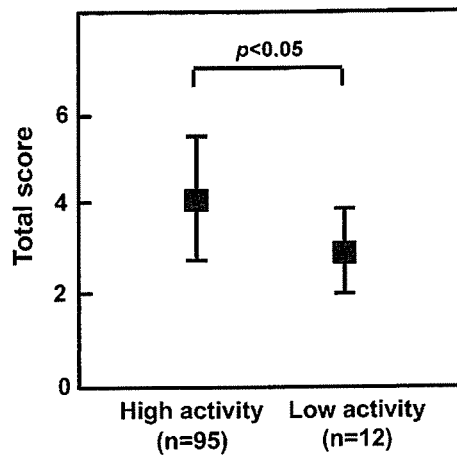
Finally, nicotine dependence was diagnosed according to the severity of withdrawal symptoms observed during smoking cessation. In the population of smokers who tried to quit smoking, withdrawal syndrome was categorized into



**Figure 1** Relationship between the *CYP2A6* genotypes and the number of cigarettes smoked per day (a) or the amount of daily nicotine intake (b). *CYP2A6* genotypes had a tendency to be associated with the number of cigarettes smoked per day ( $n=107$ ,  $P=0.09$ ) and the amount of daily nicotine intake ( $n=70$ ,  $P=0.06$ ).



**Figure 2** *CYP2A6* genotypes were related to time to the first cigarette of the day. The proportion of subjects who smoked the first cigarette within 5 min of waking up was calculated, as an index for nicotine dependence. The proportion of subjects was significantly higher in *CYP2A6* high-activity group than in low-activity group. *CYP2A6* high-activity group consists of subjects carrying *CYP2A6*\*1/\*1, \*1/\*9, \*1/\*4 and \*9/\*9. Low-activity group consists of subjects carrying *CYP2A6*\*4/\*9 and \*4/\*4.

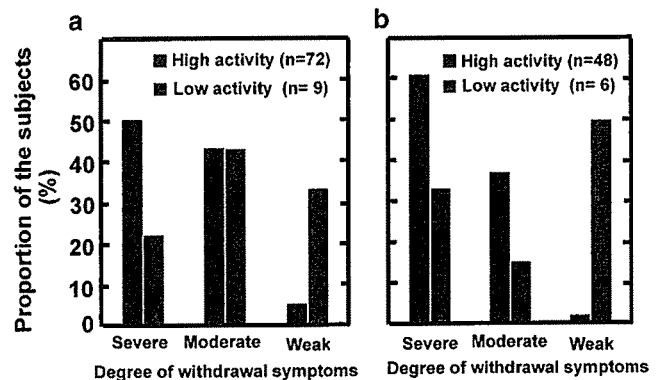


**Figure 3** CYP2A6 genotypes are associated with nicotine dependence, analyzed by Fagerstrom Test for Nicotine Dependence. A total score for nicotine dependence was calculated by total scores on self-reported number of cigarettes smoked per day and time to the first cigarette of the day. The score was significantly high in CYP2A6 high-activity group, compared to low-activity group. Data are shown as mean  $\pm$  s.d.

three groups: severe, moderate and weak. The proportion of subjects with severe withdrawal symptoms was higher in CYP2A6 high-activity group than in low-activity group (Figure 4a). The proportion of subjects was 50.0, 44.4 and 5.6% for severe, moderate and weak withdrawal symptoms, respectively, in high-activity group ( $n=72$ ), and 22.2, 44.4 and 33.3%, respectively, in low-activity group ( $n=9$ ) ( $\chi^2$  test;  $P<0.05$ ). Furthermore, as nicotine replacement therapy affects the withdrawal symptoms, the degree of withdrawal symptoms was compared in the subpopulation that tried to quit smoking by receiving nicotine replacement therapy. The proportion of subjects was 60.4, 37.5 and 2.1% for severe, moderate and weak symptom, respectively, in high-activity group ( $n=48$ ), and 33.3, 16.7 and 50.0%, respectively, in low-activity group ( $n=6$ ) ( $\chi^2$  test;  $P<0.01$ ; Figure 4b). To clarify the association between the CYP2A6 activities and nicotine dependence, the odds ratios (ORs) with 95% confidence intervals (CIs) were estimated relatively to the subjects with the weak withdrawal symptoms. In the total subjects, the ORs (95% CIs) were 6.0 (0.97–37.12,  $P=0.128$ ) for the moderate and 13.5 (1.71–106.56,  $P=0.025$ ) for the severe, respectively. In the subpopulation, they are 54.0 (2.61–1116.96,  $P=0.0089$ ) for the moderate and 43.5 (2.99–633.62,  $P=0.00341$ ) for the severe, respectively. Collectively, the relation between severities of withdrawal symptoms and CYP2A6 genotypes is more clearly demonstrated in this subpopulation.

## Discussion

In the present study, we have demonstrated that CYP2A6 mutant allele with impaired or null enzyme activity was a negative risk factor for habit of smoking, especially nicotine dependence.



**Figure 4** Impacts of CYP2A6 genotypes on withdrawal symptoms in the subpopulation that tried to quit smoking. Degree of withdrawal symptoms was evaluated using a questionnaire. (a) In CYP2A6 high-activity group, the withdrawal symptoms were significantly more serious than the low-activity group. (b) Degree of withdrawal symptoms and CYP2A6 genotypes in the population that tried to quit smoking by receiving nicotine replacement therapy. Among the population that tried to quit smoking by receiving nicotine replacement therapy, severe withdrawal symptoms were more remarkable in CYP2A6 high-activity group than in low activity group.

First, the number of cigarettes per day was likely to be associated with the activity of CYP2A6. Relation between the number of cigarettes and CYP2A6 genotype has been analyzed in several studies, with inconsistent results. Some studies have also shown that subjects who possessed CYP2A6 mutant allele smoked fewer cigarettes,<sup>8–10</sup> as is the case with the present study, whereas others reported that CYP2A6 genotypes are not associated with cigarettes consumption in Japanese,<sup>11–13</sup> Chinese<sup>14</sup> and Caucasians.<sup>15</sup> As smoking behavior is also influenced by environmental factors, these conflicting results might be due to interindividual differences in the environmental factors including lifestyles. In this study, a majority of the subjects were working as 'white collar workers', so difference in environmental influence was expected to be minimized.

To our knowledge, this is the first report that evaluated the relationship between the time to the first cigarette of the day and CYP2A6 genotypes. And it is revealed that the subjects with high-activity alleles of CYP2A6 smoke the first cigarette earlier than those with low activity. Importantly, as the time to the first cigarette of the day is considered to be influenced by nicotine dependence, it is possible that CYP2A6 activity is related with nicotine dependence. To address this possibility, nicotine dependence was quantified by calculating the score on the number of cigarettes per day and the time to the first cigarette of the day, according to FTND score. These two items are most important factors of FTND score,<sup>16</sup> and are generally used in smoking cessation program. As a result, nicotine dependence was more remarkable in the subjects with CYP2A6 high activity than in those with low activity.

Finally, we investigated the relationship between nicotine withdrawal symptoms and CYP2A6 genotypes. It was revealed that the subjects in CYP2A6 high-activity group

exhibited manifest withdrawal symptoms, which are clinical phenotypes derived from nicotine dependence in smoking cessation. Moreover, the correlation between CYP2A6 genotypes and withdrawal symptoms is more remarkable in subjects who received nicotine replacement therapy. Recent studies have provided molecular and cellular aspects of nicotine abuse. From the neuroscientific point of view, withdrawal symptom is considered to be the process of the nicotinic acetylcholine receptor from desensitization/inactivation states to functional states.<sup>17</sup> Importantly, low concentrations of nicotine cause desensitization of its receptors. Therefore, the smokers with high CYP2A6 activity might maintain a low level of nicotine that may inactivate a larger number of nicotinic receptors, compared with those with low activity. As a result, after many hours of abstinence, an excessive number of desensitized/inactivated nicotine receptors may begin to recover to functional states in the smokers with high CYP2A6 activity, resulting in the severe withdrawal symptoms.

In the process of smoking cessation, a number of smokers receive nicotine replacement therapy. High dose of nicotine is administered, for example, with nicotine patch, at the starting point and the subjects gradually weaned themselves from nicotine by reducing the dosage according to the generalized cessation protocol. Considering that the subjects with high CYP2A6 activity are prone to nicotine dependence, it might be beneficial to individualize the protocol for nicotine replacement therapy. Theoretically, by reducing the dosage of nicotine more deliberately in the subjects with high activity than in those with low activity, the success rate in quitting smoking would be improved. At the same time, we have also noticed the limitation of the individualized program for smoking cessation based on CYP2A6 genotypes alone. It is likely that other gene polymorphisms, in addition to CYP2A6, might be involved in nicotine dependence, because interindividual differences were not completely canceled by classifying the subjects based on CYP2A6 genotypes. Further investigation may be required to understand the genetic background of the susceptibility to nicotine dependence.

In conclusion, we found that CYP2A6 genotypes affect smoking habit, nicotine dependence, and withdrawal symptoms during smoking cessation. It could be proposed that CYP2A6 genotyping may be a novel pharmacogenomic strategy for smoking cessation program as an individualized health care.

## Materials and methods

### Subjects

This study is designed as a multicenter trial. The study subjects consisted of 107 Japanese smokers who attended to a clinic for their health care. The patients with life-threatening diseases, including cancer, heart failure and symptomatic chronic obstructive pulmonary diseases, were excluded. All subjects gave their informed consent to participate in this study.

**Table 1 Scoring for the degree of nicotine dependence, analyzed by the Fagerstrom Test for Nicotine Dependence (FTND)**

Score	0	1	2	3
Number of cigarettes/day	~10	11–20	21–30	31~
First cigarette of the day (min)	61~	31–60	6–30	~5

~ = from XX to XY.

This study was approved by the institutional review committee of Osaka University.

### Estimation of smoking status

All subjects were interviewed about their smoking habits such as the number of cigarettes per day, the nicotine content of the cigarettes, which they usually smoke, and time to the first cigarette of the day, which is generally accepted as a clinical index for nicotine dependence. Daily nicotine intake was calculated by multiplying the number of cigarettes per day by nicotine content of cigarette.

The total score for nicotine dependence was calculated by summing scores on two items that were extracted from FTND: 'the number of cigarettes smoked per day' and 'time to the first cigarette of the day' (Table 1).

In the subpopulation that tried to quit smoking ( $n=81$ ), the degree of withdrawal symptoms was evaluated using a questionnaire. The degree of withdrawal symptoms was categorized into three groups: severe, moderate and weak.

### Genotyping

Genomic DNA was extracted from blood using the QIAamp Blood Kit according to the manufacturer's protocol (Qiagen). The genotyping of CYP2A6\*4 was carried out by the PCR-RFLP method, according to the previous report.<sup>18</sup> The primers used for the PCR were as follows: forward – CAC CGA AGT GTT CCC TAT GCT G; reverse – TGT AAA ATG GGC ATG AAC GCC C. Genomic DNA samples (45 ng) were added to the 25- $\mu$ l PCR mixtures that consisted of 0.2  $\mu$ M each primer, PCR Gold Buffer, 2.5 mM MgCl<sub>2</sub>, 0.4 mM dNTPs and 1.25 U of AmpliTaq Gold DNA polymerase (Applied Biosystems). PCR was performed with an initial step at 94°C for 5 min, followed by 40 cycles at 95°C for 5 min, at 56°C for 1 min and at 72°C for 2 min, with a final extension at 72°C for 7 min. The PCR product was digested with Eco811. The digestion patterns were analyzed by electrophoresis with 2% agarose gel. Mutation allele was identified from the fragment with 728 bp, whereas the wild-type allele was from that with 789 bp.

CYP2A6\*9 alleles were genotyped by the allele-specific PCR method reported previously,<sup>5</sup> with minor modification. The primers used for the PCR were as follows: forward – GAT TCC TCT CCC CTG GAA C, reverse-wild type: GGC TGG GGT GGT TTG CCT TTA; reverse-mutant type – GGC TGG GGT GGT TTG CCT TTC. The PCR reaction was performed in 25  $\mu$ l PCR reaction mixtures containing 45 ng genomic DNA, 0.4  $\mu$ M each primer, PCR Gold Buffer, 2 mM MgCl<sub>2</sub>, 0.2 mM each dNTP and 1.25 U AmpliTaq Gold DNA

polymerase. PCR was performed with an initial step at 94°C for 5 min, followed by 35 cycles at 94°C for 30 s, at 66°C for 30 s and at 72°C for 25 s, with a final extension at 72°C for 7 min. Under these conditions, amplification of DNA fragments produced single product. The PCR product was detected with ABI PRISM 7700 Sequence detector (Applied Biosystems) using fluorescent dye SYBR Green I (Molecular Probes).

Owing to the low frequency, the alleles, except CYP2A6\*4 and \*9, were defined as CYP2A6\*1.

#### Statistical analysis

According to the genotypes, subjects were divided into two groups, high- and low-activity group, as described previously.<sup>5</sup> In brief, subjects with the \*4/\*9 and \*4/\*4 genotypes were considered to have less than 50% of the enzyme activity of \*1/\*1 and, therefore, defined as CYP2A6 low-activity group, whereas those with the \*1/\*1, \*1/\*9, \*1/\*4 and \*9/\*9 genotypes were defined as CYP2A6 high-activity group. All comparisons were carried out between CYP2A6 high-activity group and CYP2A6 low-activity group. Differences in the number of cigarettes, daily nicotine intake and score for nicotine dependence were tested using Mann-Whitney *U*-test. The  $\chi^2$  test was used to assess the time to the first cigarette of the day. The frequencies of withdrawal symptoms were also analyzed with  $\chi^2$  test. To assess the association of the CYP2A6 genotypes with the withdrawal symptoms, we calculated ORs and their 95% CIs. An association was reported as statistically significant if the respective null hypothesis of OR = 1 was rejected at  $P < 0.05$  or when the respective 95% CIs did not include the value 1.

#### Duality of interest

None declared.

#### Acknowledgments

We thank Ms Y Murao for her excellent secretary work. This work is supported by a Grant-in-Aid for Scientific Research from Ministry of Education, Science, Sports and Culture of Japan.

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### Warfarin dose requirement for patients with both *VKORC1* 3673A/A and *CYP2C9*\*3/\*3 genotypes

To the Editor:

Recently, interindividual variation in the maintenance dose of warfarin has been accounted for by several genetic factors, including cytochrome P450 (CYP) 2C9 and vitamin K epoxide reductase complex subunit 1 (*VKORC1*), according to excellent articles reported by Aquilante et al<sup>1</sup> and Lee et al<sup>2</sup> in this journal.

We have encountered a 69-year-old female patient (weight, 79.8 kg) with atrial fibrillation whose maintenance dose of warfarin was quite low, 0.5 mg/d (international normalized ratio [INR], 1.93; target INR, 1.5-2.0). For that reason, we tried to analyze her genotypes and measure the plasma concentration of *S*- and *R*-warfarin by HPLC<sup>3</sup> after receiving informed consent from her. Surprisingly, we found that she is homozygous for *CYP2C9*\*3 and for 3673A of *VKORC1* (*VKORC1*A/A). In addition, the data of 14 patients were further interpreted with regard to the relationship between the maintenance dose of warfarin and their genotypes (Fig 1). Four patients with *VKORC1*A/G and *CYP2C9*\*1/\*1 were identified as taking the 4 highest doses among all patients, consistent with several reports.<sup>1</sup> The plasma concentration of *S*-warfarin (286 ng/mL) in the patient with *CYP2C9*\*3/\*3 (*VKORC1*A/A) was rather high compared with that in patients with *CYP2C9*\*1/\*1 and *VKORC1*A/A (mean [± SD], 140 ± 50 ng/mL; range, 96-257 ng/mL), although the dose (0.5 mg/d) and *R*-warfarin concentration (132 ng/mL) were the lowest of the patients (mean, 451 ± 127 ng/mL; range, 214-684 ng/mL). This study was approved by the institutional ethical board of Osaka University, Osaka, Japan.

Patients with both *CYP2C9*\*3/\*3 and *VKORC1*A/A are rare, especially among the white population, because *VKORC1*G/G is the major genotype in white persons. However, these patients should be treated carefully, because they are expected to require the lowest dose of warfarin. So far, 2 cases have been reported concerning the maintenance dose of warfarin in patients with *CYP2C9*\*3/\*3 in a Japanese population. One patient re-

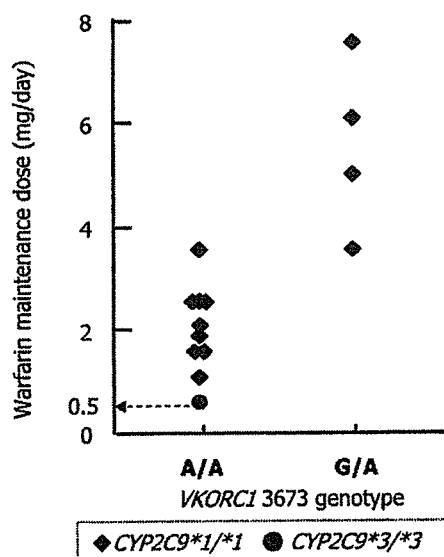


Fig 1. Relationship between warfarin maintenance dose and genotypes. Diamonds, *CYP2C9*\*1/\*1; circles, *CYP2C9*\*3/\*3.

ceived 0.4 mg/d of warfarin,<sup>3</sup> whereas in another patient, identified from a sample of 828 Japanese patients, the symptoms seemed to be controlled by 2.0 mg/d of warfarin.<sup>4</sup> The maintenance dose of the second patient was similar to the mean dose (2.0 mg/d) for patients with *CYP2C9*\*1/\*3 and *VKORC1*A/A. According to data in white subjects,<sup>5</sup> those with *CYP2C9*\*3/\*3 required a much lower dose (1.6 ± 0.81 mg/d, n = 5) than those with *CYP2C9*\*1/\*3 (3.3 ± 0.94 mg/d, n = 18), although most patients probably have the *VKORC1*G/G genotype. This result implies that the patient reported by Mushiroda et al<sup>4</sup> may have received an overdose of warfarin or that this patient's treatment must have been influenced by other factors leading to an increased requirement for warfarin, as pointed out in the article by Aquilante et al.<sup>1</sup> Unfortu-

nately, the medical condition of the patient, including weight, INR, target INR, smoking status, and so on, was not detailed in the article by Mushirola et al. Although they suggested that patients with *CYP2C9*\*3/\*3 and *CYP2C9*\*1/\*3 together with *VKORC1A/A* were classified as "index 0," for whom the recommended dose was 2.0 mg/d, the maintenance dose for patients with *CYP2C9*\*3/\*3 and *VKORC1A/A* might be around 0.5 mg/d according to our observation, as well as the report by Takahashi et al.<sup>3</sup>

In general, it is difficult to obtain reliable evidence for phenotyping patients with a rare genotype; therefore these data should be accumulated to comprise accurate evidence. From this viewpoint, our observation may provide practical information about the maintenance dose in patients with *CYP2C9*\*3/\*3 and *VKORC1A/A*, who have a high potential risk of bleeding as a result of warfarin overdose.

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The authors have no conflict of interest.

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doi:10.1016/j.cjpt.2006.08.005



## フォーラム

遺伝子多型情報に基づく投与指針作成に向けて  
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東 純 一\*<sup>1</sup>

## 1. はじめに

薬の応答性の個体差と薬物代謝酵素の遺伝子多型との関係が多く薬物で検討されている。今回は、CYP2Cファミリーの中でCYP2C9と並んで薬物に対する影響が検討されているCYP2C19について述べる。

## 2. CYP2C19の遺伝子多型と表現型

CYP2C19に関しては、現在\*1Bから\*2Iまでのアレルが報告されている(2006年2月28日更新)<sup>1)</sup>。このうち、酵素活性との関連が明らかになっている遺伝子多型で、日本人で重要なのは\*2と\*3で、アレル頻度はそれぞれ約30%、約10%である。両者で日本人のpoor metabolizer (PM)のほとんどを説明できる。遺伝子型と表現型とはよく一致し、\*2および\*3などのアレルを有さず代謝の速いhomozygous extensive metabolizer (homoEM)、\*2もしくは\*3のいずれかを有する中間型のheterozygous extensive metabolizer (heteroEM)、および両アレルが\*2もしくは\*3であり代謝の遅いPMの3群に分けられる。日本人では、CYP2C19酵素活性が低下しているPMが約20%で<sup>2)</sup>、欧米人に比べてPMの割合が有意に高く、臨床的に重要である。

CYP2C19の基質薬物として、プロトンポンプ阻害薬(proton pump inhibitor, PPI)や抗不安薬(diazepam)などが知られている。本稿では、遺伝子多型のみならず表現型としての血中動態や薬効との関連がよく検討されているPPIについて最初に取り上げる。

## 3. PPIの臨床効果とCYP2C19の遺伝子多型

現在日本で認可されているPPIはomeprazole (OPZ)、lansoprazole (LPZ)およびrabeprazole

(RPZ)である。いずれの代謝にも、CYP2C19が関与しているが、その経口クリアランスに対するCYP2C19活性の寄与度は異なる。たとえば、これら3種類のPPIを健康成人に8日間連続投与した際、血中濃度(pharmacokinetics, PK)と胃内pH(pharmacodynamics, PD)とに対するCYP2C19遺伝子多型の影響は、OPZ(20mg)>LPZ(30mg)>RPZ(20mg)の順である<sup>3,4)</sup>。CYP2C19遺伝子多型が薬効に及ぼす影響についての報告を、以下に取り上げる。

1) *Helicobacter pylori* (*H. pylori*) 除菌

現在、日本ヘリコバクター学会のガイドラインによると、*H. pylori*除菌治療の第一選択はPPIと抗生物質2剤の3剤併用療法である<sup>5)</sup>。NCBIが提供するPubMedを利用し、「proton pump inhibitor」「CYP2C19」「pylori」のキーワードで検索した。そのうち、日本人での*H. pylori*除菌に関するものでかつ1998年以降のものは13件であった。これらの論文を網羅するとともに、必要に応じて海外文献なども参照した。

Table 1-Aに示すように、PPI通常用量による除菌療法では、*H. pylori*の除菌率にCYP2C19遺伝子型が影響すると報告されている<sup>6~11)</sup>。PMの少ない海外(白人におけるPMの頻度:3~5%)でも多型の影響が観察されている<sup>11)</sup>。HomoEMとheteroEMとにおける除菌失敗の要因の1つとしてPPIの用量不足が考えられる。すなわち、LPZを常用量の30mg×2回から30mg×4回に増量して投与すると、homoEMでも胃酸分泌が十分に抑制されることが報告されている<sup>4)</sup>。さらに、3剤併用療法で除菌に失敗したhomoEMおよびheteroEMの日本人患者に対して、PPIを増量して再除菌を試みたところ、ほぼ100%の

**Key words** : CYP2C19, proton pump inhibitor, benzodiazepine, genetic polymorphism, individualized medicine

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(投稿受付2006年2月13日, 第2稿受付2006年6月8日, 掲載決定2006年7月8日)

Table 1 *H. pylori* 感染の除菌率と *CYP2C19* 遺伝子型A: *CYP2C19* 遺伝子多型と除菌率に有意な関係が観察された研究

対象 ( <i>H. pylori</i> 陽性)	処方	効果判定 定時期	<i>CYP2C19</i> 遺伝子型別の除菌率			文献
			homoEM	heteroEM	PM	
胃潰瘍・十二指腸潰瘍 (日本人 n=62)	2 剤療法 (OPZ 20 mg×1/AMPC 500 mg×4) 2 週間 のち OPZ 20 mg×1 4~6 週間	4 週	28.6%	60.0%	100%	6)
胃炎・胃潰瘍 (日本人 n=21)	2 剤療法 (OPZ 40 mg/AMPC 2 g) 1 週間	4 週	33.3% (3/9)	30.0% (3/10)	100% (2/2)	7)
胃炎・胃潰瘍 (日本人 n=44)	3 剤療法 (OPZ 40 mg/AMPC 2000 mg/CAM 800 mg) 1 週間	4 週	81.3% (13/16)	94.7% (18/19)	100% (4/4)	
胃炎 (日本人 n=97)	2 剤療法 (RPZ 10 mg×2/AMPC 500 mg×3) 2 週間	4 週	60.6%	91.7%	93.8%	8)
胃潰瘍・十二指腸潰瘍・胃炎 (日本人 n=261)	3 剤療法 (OPZ 20 mg or LPZ 30 mg×2/AMPC 500 mg×3/CAM 200 mg×3) 1 週間 のち OPZ 20 mg or LPZ 30 mg×1 5~7 週間	4 週	72.7%	92.1%	97.8%	9)
胃炎・胃潰瘍 (日本人 n=26)	2 剤療法 (OPZ 20 mg×2/AMPC 500 mg×4) 1 週間	4 週 以降	40.0% (4/10)	41.7% (5/12)	100% (4/4)	10)
胃炎・胃潰瘍 (日本人 n=57)	3 剤療法 (OPZ 20 mg×2/AMPC 500 mg×4/ CAM 200 mg×4) 1 週間		75.0% (15/20)	88.5% (23/26)	100% (11/11)	
上部消化管異常 (内視鏡・症状) (白人 n=131)	4 剤療法 (LPZ 30 mg×2/AMPC 1 g×2/CAM 250 mg×2/MNZ 400 mg×2) 5 日間	4~12 週	*80.2%	*97.8%	*100%	11)

OPZ : omeprazole, RPZ : rabeprazole, LPZ : lansoprazole,  
AMPC : amoxicillin, CAM : clarithromycin, MNZ : metronidazole

\**CYP2C9*\*2 のみ判定

除菌率が得られたと報告されている (Table 2)<sup>8,9,12-14</sup>。HeteroEM で再除菌率が 25% と低値であった報告<sup>14</sup>は、OPZ の用量が他の報告と比較して少ないことが一因である。欧米人を対象とした検討でも、除菌失敗患者に対し高用量の OPZ (40 mg×4) と amoxicillin (AMPC/750 mg×4) で 2 週間治療を行ったときの除菌率は 83.8% で、2 剤併用療法の平均的な除菌率より高い効果が得られている<sup>15</sup>。本報告では、遺伝子多型は調べられていないが、欧米人での PM の頻度を考慮すると、大半の患者が EM であった可能性が高い。なお、高用量投与時の副作用に関しては、単純に比較することはできないものの、日本人では問題とされていないが、海外の報告<sup>15</sup>では下痢、嘔気、頭痛などが軽微としながらも言及されている。

一方、*H. pylori* の除菌率に対する *CYP2C19* 遺伝子多型の関連が明らかではないとする報告もある (Table 1-B)<sup>16-23</sup>。また、homoEM の再除菌で、高用量 RPZ を含む 2 剤療法 (RPZ 20 mg×2/AMPC 1,000 mg×2: 2 週間) を用いた場合でも、除菌率が約 60% にとどまったという報告<sup>24</sup>もある。この報告に対して Furuta ら<sup>25</sup>は、homoEM の除菌には投与

回数も影響し、同じ「RPZ 1 日量 40 mg」でも、1 日 2 回投与よりも 1 日 4 回 (10 mg×4) 投与のほうが有効率が高いことを報告し、試験デザインの差異を指摘している。また、RPZ 処方時には除菌率に対する *CYP2C19* の関与が小さい可能性も指摘される (Table 1-B)<sup>17-19,21,22</sup>。これは、RPZ の代謝への *CYP2C19* の寄与が低いことによるものと考えられ、胃内 pH に対する効果は *CYP2C19* 遺伝子多型間で有意な差がなかったとの報告と一致する<sup>26</sup>。以上のように、*H. pylori* 除菌に対する *CYP2C19* 遺伝子多型の影響については明らかでないものも散見される。しかし、明らかでないとする報告でも EM の除菌率は 80% 前後であり効果不十分であること、PPI 増量による除菌成功の報告 (Table 2) があることから、EM に対して 2 倍程度増量することにより、EM における治療効果が上昇する可能性が高い。

また、*CYP2C19* 遺伝子多型以外の除菌率に影響する因子として、*H. pylori* 菌の抗生物質耐性の有無<sup>9,19,20,27</sup>がある。初回除菌治療時の耐性菌の存在は、clarithromycin の乱用が背景として挙げられる。そのほか、喫煙者では除菌率が低くなっており<sup>28</sup>、非喫

Table 1 (つづき)

B: CYP2C19 遺伝子多型と除菌率に有意な関係が観察されていない研究

対象 ( <i>H. pylori</i> 陽性)	処方	効果判定時期	CYP2C19 遺伝子型別の除菌率・備考			文献
			homoEM	heteroEM	PM	
消化性潰瘍・非潰瘍性消化不良 (日本人 n=150)	3 剤療法 (OPZ 20 mg×2/AMPC 500 mg×3/ CAM 200 mg×2) 1 週間	4~8 週	89.3%			16)
			本文中で遺伝子多型間に有意差なしとあるが、遺伝子型別の除菌率の記載なし			
胃潰瘍 (日本人 n=92)	3 剤療法 (RPZ 10 mg×1 or 10 mg×2 or 20 mg×2/AMPC 750 mg×2/CAM 200 mg×2) 1 週間 のち RPZ 10 mg 7 週間	6 週	86.5%		76.9%	17)
消化性潰瘍 (日本人 n=174)	2 剤療法 (OPZ 20 mg or RPZ 10 mg×2/ AMPC 500 mg×3) 2 週間 [非喫煙者のみ]	4~8 週	72.4% [85.0%]	72.3% [87.5%]	78.8% [100%]	18)
消化性潰瘍・胃炎 (日本人 n=138)	3 剤療法 (LPZ 30 mg×2 or RPZ 10 mg×2 or RPZ 20 mg×2/AMPC 1000 mg×2/CAM 400 mg×2) 1 週間	4 週 以降	88.6%	88.9%	77.3%	19)
消化性潰瘍・非潰瘍性消化不良 (日本人 n=61)	3 剤療法 (LPZ 30 mg×2/AMPC 750 mg×2/ CAM 200 mg×2) 1 週間	4~8 週	76.2%	78.6%	91.7%	20)
慢性胃炎 (日本人 n=164)	3 剤療法 (OPZ 20 mg or RPZ 20 mg×2/ AMPC 750 mg×2/CAM 400 mg×2) 1 週間	3 カ月	73.3%	86.1%	85.0%	21)
			81.0%	82.9%	87.5%	
			上段: OPZ 下段: RPZ			
消化性潰瘍 (日本人 n=173)	3 剤療法 (LPZ 30 mg×2 or RPZ 10 mg×2/ AMPC 750 mg×2/CAM 400 mg×2) 1 週間 のち LPZ 30 mg×1 or RPZ 10 mg×1 4 週間 (一部の患者)	6 週	73%	74%	83%	22)
			87%	81%	60%	
			上段: LPZ 下段: RPZ 多型の影響 LPZ で傾向あり			
消化性潰瘍 (日本人 n=116)	3 剤療法 (OPZ 20 mg or LPZ 30 mg or RPZ 10 mg×2/AMPC 500 mg×3/CAM 200 mg×3) 1 週間	4~6 カ月	76.2%	88.9%	90.0%	23)
			90.0%	89.7%	88.9%	
			62.5%	87.1%	87.5%	
			上段: OPZ 中段: LPZ 下段: RPZ 多型の影響 OPZ 傾向あり RPZ 有意差あり			
			治療効果が LPZ>RPZ となり試験中止			

OPZ : omeprazole, RPZ : rabeprazole, LPZ : lansoprazole, AMPC : amoxicillin, CAM : clarithromycin

煙者で CYP2C19 遺伝子多型の影響が見られたという報告<sup>19)</sup>もある。喫煙による胃酸分泌の変化などが除菌率に影響していた可能性も考えられる。これらの要因が、CYP2C19 遺伝子多型の除菌率に対する影響が明らかではないとする報告の一因になっている可能性がある。さらに、胃酸分泌抑制に関係する IL-1β や薬物輸送にかかわる MDR1 の遺伝子多型が影響しているという報告<sup>29~31)</sup>もあり、CYP2C19 遺伝子多型に加えてこれらの因子についても今後検討する必要がある。

## 2) 逆流性食道炎

PPI は、逆流性食道炎および胃食道逆流症 (GERD) の治療にも用いられる。GERD の治療効果に対する CYP2C19 遺伝子多型の影響に関しても見解は分かれており、影響するという報告<sup>32,33)</sup>と影響しない<sup>34)</sup>という報告がある。H. pylori 陰性の健康成人を対象に RPZ による夜間胃酸分泌の抑制を検討した報告<sup>35)</sup>では、homoEM と heteroEM の場合、GERD の治療に必要とされる胃内 pH 4 未満時間 16.7% 以下を達成するのに、従来の投与量では不十分であり、増

Table 2 *H. pylori* 再除菌療法と *CYP2C19* 遺伝子多型

除菌を失敗したときの処方	多型患者背景	再除菌のときの処方 PPI+AMPCによる2剤療法	再除菌成功率	文献
3回除菌失敗 ① LPZ 30 mg×2+CAM 200 mg×3 +AMPC 500 mg×3 1週間 ② LPZ 30 mg×2+CAM 200 mg×4 +AMPC 500 mg×4 1週間 ③ LPZ 30 mg×2+minocycline 200 mg×2 +cefaclor 250 mg×3 2週間	homoEM CAM 耐性	OPZ 40 mg×3, AMPC 750 mg×3 2週間	100% (1症例)	12)
RPZ 10 mg×2+AMPC 500 mg×3 2週間	homoEM (n=10) heteroEM (n=2)	RPZ 10 mg×4 AMPC 500 mg×4 2週間	100% (12/12)	8)
OPZ 20 mg or LPZ 30 mg×2 AMPC 500 mg×3 CAM 200 mg×3 1週間	homoEM (n=24) heteroEM (n=7)	LPZ 30 mg×4 AMPC 500 mg×4 2週間	96.9% (31/32)	9)
	PM (n=1)	LPZ 30 mg×2 AMPC 500 mg×4 2週間		
OPZ 40 mg+AMPC 1500 mg +CAM 800 mg or LPZ 60 mg or RPZ 20 mg+AMPC 1500 mg +CAM 600 mg 1週間	homoEM (n=12) heteroEM (n=5)	RPZ 10 mg×4 AMPC 500 mg×4 2週間	100% (17/17)	13)
PPI+AMPC+CAM* 5~14日間	CAMとMNZ 耐性あり homoEM (n=2)	OPZ 120 mg/day (for homoEM) or OPZ 40 mg/day (for heteroEM) AMPC 1000 mg×2/day 2週間	100% (2/2)	14)
	heteroEM (n=4)		25% (1/4)	

OPZ : omeprazole, RPZ : rabeprazole, LPZ : lansoprazole,  
AMPC : amoxicillin, CAM : clarithromycin, MNZ : metronidazole  
\*詳細な処方記載なし

量および分割投与が有効であるとしている。この報告では、RPZをPMには20 mg/day, heteroEMには20 mg×2/dayまたは10 mg×4/day, homoEMには10 mg×4/day投与することが推奨されている。

PPIの副作用で重篤なものは少ないが、胃潰瘍や長期投与可能な逆流性食道炎に対するOPZ投与により、homoEMと比較してheteroEMやPMでは、血清ガストリン濃度の上昇、および血清ビタミンB<sub>12</sub>の減少が報告<sup>34,36,37)</sup>されている。現在のところ、これらの濃度変化と具体的な副作用との関連性は報告されていない。しかし、体内成分の二次的な濃度変化に伴う副作用の原因となる可能性も否定できないため、heteroEMやPMでの長期投与では注意深く観察するのが望ましい。

### 3) 小児におけるPPI使用の現状

PPIは小児においても重要な医薬品であるが、日本では小児に対する投与は承認されていない。一方、海外では小児を対象とした検討が行われており、米国

でLPZ、欧州でOPZが小児適応を取得している。小児における*CYP2C19*遺伝子多型の影響を検討したものとしては、これまでに2つの報告<sup>38,39)</sup>がある。いずれの検討でも*CYP2C19*のPMでは、EMに比較してPPI(OPZ<sup>38)</sup>またはpantoprazole<sup>39)</sup>の血中濃度下面積が6~11倍増加している。しかし、PMの人数がそれぞれ1人および3人と非常に少ないため、これらの検討だけでその影響を結論付けることはできない。日本では、小児で*CYP2C19*遺伝子多型を考慮した試験はまだ実施されておらず、PMの多い日本での検討が望まれる。著者らは、大阪府立母子保健総合医療センターでの検討を開始した(ClinicalTrials.gov Identifier : NCT 00299845)。

日本ではPPIは小児においても*H. pylori*除菌療法および逆流性食道炎に対する有力な治療手段と認められており<sup>40)</sup>、*H. pylori*除菌療法に関して小児用のガイドライン<sup>41)</sup>が作成されている段階である。小児に対してもPPIを処方する際に、*CYP2C19*遺伝子多型

Table 3 ベンゾジアゼピン系薬物に対する CYP2C19 遺伝子多型の影響

薬物	対象・投与量など	CYP2C19 遺伝子多型の影響			PD	備考	文献	
		PK パラメータ (EM に対する PM の比)						
		未変化体		代謝物				
CL	T <sub>1/2</sub>	AUC						
Diazepam	健康成人・白人 (n=16) 10 mg 単回経口投与	0.47 倍	2.2 倍		CL 0.45 倍 T <sub>1/2</sub> 2.2 倍	—	・phenotyping (mephenytoin)	42)
	健康成人・韓国人 (n=17) 8 mg 単回経口投与	0.55 倍	1.5 倍	1.8 倍	T <sub>1/2</sub> 2.2 倍 AUC 1.9 倍	—	・phenotyping (mephenytoin) ・メフェニトイン代謝能と「未」の T <sub>1/2</sub> , CL 相関あり ・「未」と「代」の T <sub>1/2</sub> 相関あり	43)
	健康成人・中国人 (n=16) 5 mg 単回経口投与	差なし	差なし		濃度 (7 日後以降) 1.3~2.9 倍 T <sub>1/2</sub> 1.4 倍	—	・phenotyping (mephenytoin) ・人種差について言及	44)
	健康成人・中国人 (n=18) 5 mg 単回経口投与	0.14 倍	4.2 倍	6.1 倍	T <sub>1/2</sub> 1.8 倍 AUC 2.4 倍	—	・genotyping (*2 のみ) ・CYP2C19*2/*2 との比較	45)
	健康成人・日本人 (n=15) 0.1 mg/kg 単回静脈注射	0.52 倍	1.6 倍	1.8 倍	AUC 1.4 倍	—	・phenotyping (mephenytoin) ・OPZ により EM で「未」の PK パラメータ変化 (PM では変化なし)	46)
	健康成人・日本人 (n=13) 2 mg 単回経口投与	0.65 倍	1.7 倍	1.4 倍	AUC 1.4 倍	×	・genotyping (*2,*3)	47)
Flunitrazepam	健康成人・白人/中国人/他 (n=16) 1 mg 単回経口投与			差なし	2 つの代謝物の AUC と OPZ 代謝能に相関あり	—	・genotyping (*2,*3)/phenotyping (OPZ) ・CYP2C19 の寄与は minor と結論	48)
Quazepam	健康成人・日本人 (n=20) 20 mg 単回経口投与	C <sub>max</sub> 2.8 倍		2.4 倍	C <sub>max</sub> 差なし AUC 差なし	×	・genotyping (*2,*3) ・喫煙の影響もみられている	49)
Clobazam	患者・日本人 (n=16) 0.28 mg/kg/day (EM の平均: 多型間で差なし) 4 週間以上服用量安定	C <sub>ss</sub> 差なし			C <sub>ss</sub> 8.2 倍 代/未 gene dose effect*あり	△	・genotyping (*2,*3) ・CYP3A4 誘導作用のある併用薬で、血中濃度/投与量の割合が低下する等の影響あり	50)

PK (薬物動態学)……CL: クリアランス T<sub>1/2</sub>: 半減期 AUC: 血中濃度下面積 C<sub>ss</sub>: 定常状態血中濃度 未: 未変化体 代: 代謝物  
OPZ: omeprazole

PD (薬力学) 作用への影響……—: 記述なし ×: CYP2C19 多型の影響なし △: PM で副作用 1 例報告あり

\*gene dose effect: 変異アレルの保有数が多いほど遺伝子多型の影響が大きくなること

の影響を考慮することは、より個人に合わせた処方が可能になると考えられ、そのためのエビデンスの確立が必要である。

### 3. ベンゾジアゼピン系薬物への CYP2C19 遺伝子多型の影響

CYP2C19 遺伝子多型とベンゾジアゼピン系薬物との関連もいくつか報告されている。Diazepam に関する検討は、健康成人を対象にした単回投与の試験において、表現型または遺伝子型に基づいた群分けをして PK パラメータを比較したものである (Table 3)<sup>42-50)</sup>。報告により若干異なるが、遺伝子多型間で PK パラメータに次のような差異が認められている。すなわち、EM に比し PM では、未変化体のクリアランス

が低下し、半減期の延長や AUC の増加がみられる。また、代謝物の AUC が PM では EM の 1.4~2.4 倍に増加していることから、代謝物も CYP2C19 の基質であることが示唆される。その他、人種差について言及している報告もある<sup>44,51)</sup>。Diazepam は治療域が比較的広い薬物とされているが、これまでに得られている報告は健康成人での単回投与による検討である。実際の患者での PD 作用への影響を明らかにするために、患者を対象とした検討の実施が望まれる。

Diazepam 以外のベンゾジアゼピン系薬物については Table 3 にまとめた。いずれの薬物も未変化体および代謝物が薬理活性を有する。PK パラメータには CYP2C19 遺伝子多型の影響が見られるが、PD への影響に関しては、遺伝子多型の関与を明らかに示した

報告はない。

このほか、cyclophosphamideの代謝にCYP2C19が関与しているという新たな報告<sup>52)</sup>があり、今後の研究が待たれる。

#### 4. まとめ

CYP2Cファミリーの代謝に関与する薬物の中で、遺伝子多型情報に基づいた個別化治療実現に最も近いのは、今回取り上げた*H. pylori*除菌療法におけるPPIである。治療対象患者のCYP2C19遺伝子多型をあらかじめ判定し、遺伝子多型によって治療法を個別化するというプロスペクティブな臨床研究がすでに開始されており<sup>53)</sup>、遺伝子多型に基づく投与指針の作成まであと一歩という段階である。

一方、ベンゾジアゼピン系薬物に関しては、遺伝子多型のPDへの影響や患者における投与量や副作用との関係が検討されておらず、現時点では多型別の投与量を論ずる段階ではない。PPIの小児に対する使用や、ベンゾジアゼピン系薬物とCYP2C19遺伝子多型との関係に関しては、エビデンスが不十分であり今後の検討課題である。

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# Determination of Single Nucleotide Polymorphisms in *N*-Acetyltransferase2 Gene Using an Electrochemical DNA Chip and an Automated DNA Detection System

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An electrochemical DNA chip using an electrochemically active intercalator and DNA probe immobilized on a gold electrode has been developed for genetic analysis. In this study, *N*-acetyltransferase2 (NAT2) gene polymorphisms (C481T G590A G857A) were determined by the electrochemical DNA chip and the automated DNA detection system that performs hybridization reaction, washing, detection, and data analysis. Human genomic DNAs were extracted from blood and DNA fragments containing the three polymorphisms were amplified by the polymerase chain reaction (PCR) method. Double-stranded PCR products were treated with T7 exonuclease and single-stranded target DNAs were obtained. A sample containing the single-stranded target DNAs was injected into a cassette including the electrochemical DNA chip and set in an automated system. The turnaround time for genotyping with this system was 90 min. A total of 38 samples were automatically genotyped by an SNP determination algorithm. The results of genotype were completely consistent with those determined by the polymerase chain reaction-restriction fragment length polymorphism (PCR-RFLP) analysis. Consequently, this method requires no labeling step and has the advantage of realizing a compact and automatic system, and so the system is expected to contribute to personalized medicine based on genotype.

[Rinsho Byori 55 : 216~223, 2007]

**[Key Words]** electrochemical DNA chip, automated DNA detection system, single nucleotide polymorphisms, *N*-acetyltransferase2

## I. Introduction

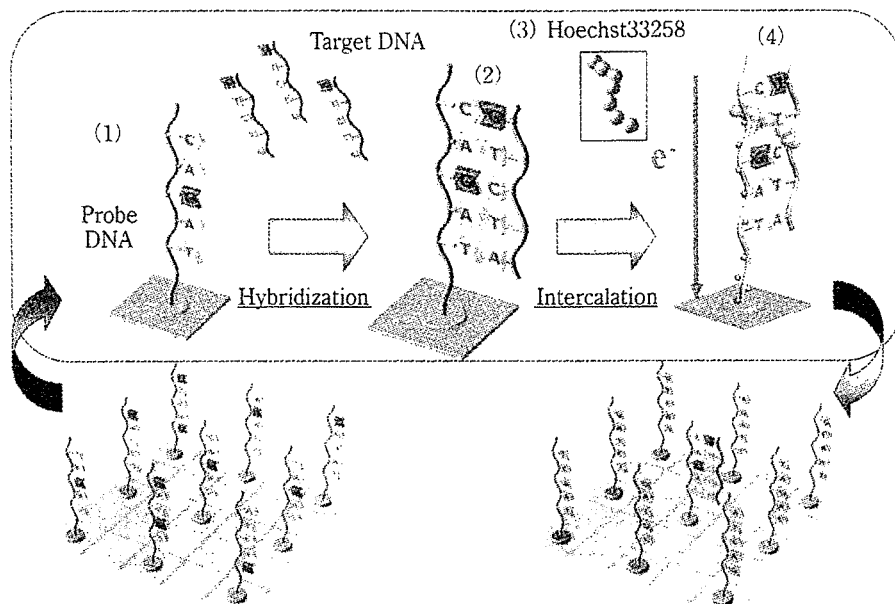
Among several types of genetic variation, single nucleotide polymorphisms (SNPs) are the most important and basic form of variation in the genome. They are responsible for individual differences in disease susceptibility and drug response. If an individual's genomic information is identified in advance of drug treatment, safe and effective treatment, so-called "personalized medicine," is achieved.

A DNA chip, a device in which DNA probes are located with high density on glass or silicon, is widely used

Received September 28, 2006; accepted February 19, 2007

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**Figure 1** Principal of electrochemical DNA chip.

- (1) Immobilized DNA probe on the gold electrode
- (2) Hybridization and washing of target DNA
- (3) Adding the electrochemically active intercalator, Hoechst 33258
- (4) Detecting an anodic current by electrochemical measurement

for gene expression and SNP analysis. In regard to the DNA chip, fluorescence-based detection methods such as those applied by Affimetrix Inc. are the most general<sup>(1)~(3)</sup>. However, these methods need complicated fluorochrome labeling and expensive fluorescence analysis equipment. Therefore, the use of the methods is limited to research work in laboratories. In order to solve such problems, some electrochemical-based detection methods have been reported<sup>(4)~(8)</sup>. Among these methods, we have been developing those using the electrochemically active intercalator, Hoechst 33258 (**Fig. 1**)<sup>(9)~(10)</sup>, and have reported DNA chips for determination of SNPs in MxA and MBL gene associated with the efficacy of interferon therapy for Hepatitis C patient<sup>(11)</sup> and SNPs in MDR1 gene that encode the drug transport protein<sup>(12)</sup>.

The electrochemical DNA detection method is advantageous for realizing an automated system, because the reaction part and the detection part are unified and simple. Moreover, large and expensive signal transduction equipment is unnecessary. Exploiting these advantages, we have developed a small detection system that automatically performs the process after hybridization. In this study, we have demonstrated the feasibility of this automated system by performing accurate genotyping of NAT2 C481T, G590A, and G857A polymorphisms, which relate to the hepatotoxicity of anti-tuberculous drug, isoniazid<sup>(13)</sup>.

## II. Materials and Methods

### A. Human genomic DNA

Human genomic DNAs were purchased from Coriell Cell Repositories (Camden, NJ, USA) and were used for determination of genotyping condition by the DNA chip. Peripheral blood was drawn from 38 tuberculosis patients into EDTA-containing tube, and genomic DNA was extracted from whole blood using QIAamp DNA blood kit (QIAGEN, Hilden, Germany). All of the genomic DNAs were genotyped by PCR-RFLP analysis in order to confirm the accuracy of the DNA chip.

### B. Preparation of a target sample

The enzyme activity of NAT2 in Japanese is mostly predicted by determination of NAT2\*4, NAT2\*5,

*NAT2*\*6, *NAT2*\*7<sup>13)14)</sup>. In this study, we detect the polymorphisms of C481T, G590A and G857A for these alleles determination<sup>15)</sup>. G590A and G857A were designed to be located on the same fragment of PCR product. The target for C481T and the target for G590A and G857A were coamplified simultaneously in a single-tube according to the reaction condition shown in **Table 1 (1)**. Amplification of the PCR products was checked by electrophoresis (**Fig. 2 (2)**). These PCR products were treated with T7 gene6 exonuclease (USB, Cleveland, USA) and the single-stranded target DNA samples were obtained to increase hybridization efficiency between probes and target DNAs. A technique for preparing single-stranded target DNAs has been described previously<sup>12)</sup>. The protocol of target DNA preparation is shown in **Fig. 2 (1)**.

### C. PCR-RFLP conditions

PCR was performed under the reaction conditions shown in **Table 1 (1)**. The restriction enzymes used for RFLP and the digested patterns are shown in **Table 1 (2)**. The results of PCR-RFLP analysis for three polymorphisms are shown in **Fig. 3**.

### D. Preparation of the DNA chip

The DNA chip substrates used in this study were prepared as described previously<sup>10)</sup>. The substrate consists of 40 working electrodes (200 $\mu$ m diameter), a reference electrode, and a counter electrode. Oligonucleotide probes with a thiol group at the 5' or 3' end were obtained as custom synthesis products from Greiner Japan (Tokyo, Japan). Each working electrode was spotted with 0.1 $\mu$ l of the probe solution containing the 40 $\mu$ g/ml oligonucleotide probe and 400mmol/l sodium chloride by use of a spotter (Microsys<sup>TM</sup> 4100 manufactured by Cartesian Technology, Irvine, CA, USA). The DNA chip was covered with a reaction chamber (50 $\mu$ l, Grace Bio-Labs, Bend, OR, USA) to prevent drying and kept for 1 h at room temperature. After washing with distilled water, the chip was stored at 4°C.

### E. Genotyping by the automated detection system

**Fig. 4** shows the DNA chip cassette including the probe-immobilized DNA chip substrate and the automated detection system. The system consists of a temperature control part, an electrochemical analyzing part and a reagent sending part. After setting a cassette with a sample, hybridization reaction, washing and electrochemical detection are performed automatically. Specially designed software for SNP analysis is installed on a computer connected to the system and SNPs are automatically genotyped using voltammetric results. The process operated in the system is described below.

45 $\mu$ l of 2 $\times$ SSC solution (300mmol/l sodium chloride, 30mmol/l sodium citrate) containing the single-stranded target DNAs was reacted with DNA probes on the electrodes. The hybridization reaction was carried out at 35°C for 40 min. After the reaction, the chip was washed at 35°C for 40 min with 0.2 $\times$ SSC to remove non-specific hybridized DNA. The chip was reacted with phosphate buffer (20mmol/l, pH 7.0) containing 50 $\mu$ mol/l Hoechst 33258 (Wako Pure Chemicals, Osaka, Japan) and 100mmol/l sodium chloride at 25°C for 10 min. Then, the anodic current derived from Hoechst 33258 was measured by linear sweep voltammetry. Anodic peak current ( $I_{pa}$ ) values were measured from the voltammogram of Hoechst 33258.

## III. Results

In order to carry out simultaneous genotyping of the *NAT2* 3SNPs, two types of probes, wild type and mutant type were prepared for each polymorphism. The sequences of 6 probes for polymorphisms and 2 probes for control are shown in **Table 1 (3)**. **Fig. 5 (A)** shows voltammograms for G590A polymorphisms with the automated system. The 590-G probe, the 590-A probe, and the 5'SH control probe were immobilized on separate electrodes. The target DNA amplified from genomic DNA (590G/G, 590A/A or 590G/A) was reacted with these probes, respectively. The  $I_{pa}$  values on the 590-G probe, the 590-A probe, and the 5'SH control probe for target 590G/G were (a) 41nA, (b) 22nA, and (c) 20nA, respectively. In the case of target 590A/A and target 590G/A, the  $I_{pa}$  values on the 590-G probe, the 590-A probe, and the 5'SH control probe were (d) 24nA, (e) 49nA, (f) 20nA, and (g) 34nA, (h) 37nA, (i) 17nA, respectively. A signal-to-noise

Table 1

(1) PCR Primers and amplification conditions

1. Target DNA preparation

SNP site	Sequence		Amplification condition						Target length	
	F	R	Primer concentration	dNTP	Enzyme	Human genome	Reaction volume	Anneal (X)		Step
C481T	ctaTTTTTGGATCACATGTAAGAAGAA	GCTCTCTCCTGATTTGGTCC	30pmol	0.3mM	1.25U	30ng	50µl	53°C	3step	342bp
G590A	ATACTTATTACGCTTGAACCTC	gttCCTTATTCTAAATAGTAAGGGAT	30pmol							317bp

2. PCR-RFLP analysis

SNP site	Sequence		Amplification condition						Target length	
	F	R	primer concentration	dNTP	Enzyme	Human genome	Reaction volume	Anneal (X)		Step
C481T	AGATGTGGCAGCCTCTAGAA	ATTAGTGAGTTGGGTGATAC	20pmol	0.4mM	1.25U	30ng	50µl	59°C	3step	534bp
G590A										
G857A										

★ Step  
95°C 5min  
98°C 10sec  
X°C 30sec  
72°C 30sec  
72°C 1min  
×40cycle

(2) PCR-RFLP analysis

SNP site	C481T	G590A	G857A
Restriction enzyme	<i>KpnI</i>	<i>TaqI</i>	<i>BamHI</i>
Reaction temperature	37°C	65°C	30°C
Before treatment fragment length	534bp	534bp	534bp
Genotype	C	T	G
After treatment fragment length	444bp 90bp	534bp 170bp 164bp	467bp 67bp

(3) Probes

Name	Sequence
3'SH control	ATGCTTTCCGTGGCA-SH
5'SH control	HS-GTTTCTGCTCCCGGA
481-C	HS-TGGTCCAGGTACCAGA
481-T	HS-TTTGGTCCAAGTACCAGA
590-G	HS-CCTCGAACAAATTGA
590-A	HS-GAACCTCAAACAATTGA
857-G	TGGTGATGGATCCCTTAC-SH
857-A	TGGTGATGAATCCCTTACTATT-SH

(1) Primer sequences and PCR conditions for target DNA preparation and PCR-RFLP analysis: The primers were obtained as custom synthesis products from SIGMA Genosys. Small letters are S-oligo. PCR was carried out using GeneAmp PCR System Model 9700 (Applied Biosystems, Foster City, CA, USA). Pyrobrest DNA Polymerase (TAKARA Bio, Shiga, Japan), and attached buffer and dNTP were used for this reaction.

(2) Enzyme used for PCR-RFLP analysis, and the digested pattern after treatment: The restriction enzymes were purchased from Daiichi Pure Chemicals (Tokyo, Japan). (3) Sequences of probe DNA: HS- means thiol modification on 5' or 3' end of probe DNA. Sequences of control probes are irrelevant to NAT2 sequence.