

Table 2 Pharmacodynamic parameters^a of quazepam following the administration of a single oral administration with grape fruit juice (GFJ) or water

	DSST (digits/h)		Drowsiness (VAS mm/h)		Mental slowness (VAS mm/h)	
	AUC(0-6)	AUC(0-12)	AUC(0-6)	AUC(0-12)	AUC(0-6)	AUC(0-12)
Triazolam + water	-49 (-68, -26)	-57 (-100, -15)	160 (42, 277)	200 (-13, 412)	126 (59, 192)	212 (64, 360)
Triazolam + GFJ	-64 (-98, -31)	-58 (-102, -14)	147 (33, 261)	136 (-88, 360)	126 (55, 198)	146 (-12, 305)
Quazepam + water	-9 (-30, 12) _{a,b}	0 (-40, 39)	187 (81, 292)	343 (116, 569)	100 (25, 175)	191 (19, 363)
Quazepam + GFJ	-6 (-22, 11) _{a,b}	5 (-28, 37) _{a,b}	162 (114, 210)	283 (196, 370)	88 (33, 143)	188 (85, 292)

^aDSST, Digit substitution symbol test; VAS, visual analog scale; AUC(0-*n*), area under the symbol number or analog scale-time curve between time zero and *n* hours after administration

^bData are mean values (90% confidence interval); values followed by 'a', $p < 0.05$ versus triazolam + water; values followed by 'b', $p < 0.05$ versus triazolam + GFJ

reach statistical significance. The concentration of *N*-desmethyl-2-oxoquazepam in the plasma rose up to 24 h following the administration of quazepam; consequently, the C_{max} of this metabolite could not be determined in this study. However, GFJ did not affect the plasma concentrations of this metabolite during the period we examined (Fig. 3b). No significant difference in the GFJ-related increase in AUC(0-24) was observed between triazolam and quazepam (difference: 58%). There was also no significant difference in the increase in C_{max} between triazolam (+55%) and quazepam (+62%). The increase in the AUC(0-24) or C_{max} of 2-oxoquazepam did not significantly differ from that of triazolam. The ratio of 2-oxoquazepam to quazepam in the C_{max} or AUC(0-24) did not differ between two trials C_{max} : water, 0.21; C_{max} : GFJ, 0.19; AUC(0-24): water, 0.24; AUC(0-24): GFJ, 0.22). The $t_{1/2}$ (in hours) of these agents did not significantly differ between the water and GFJ trials (quazepam: water, 5.9; quazepam: GFJ, 4.5; 2-oxoquazepam: water, 6.3; 2-oxoquazepam: GFJ, 5.8).

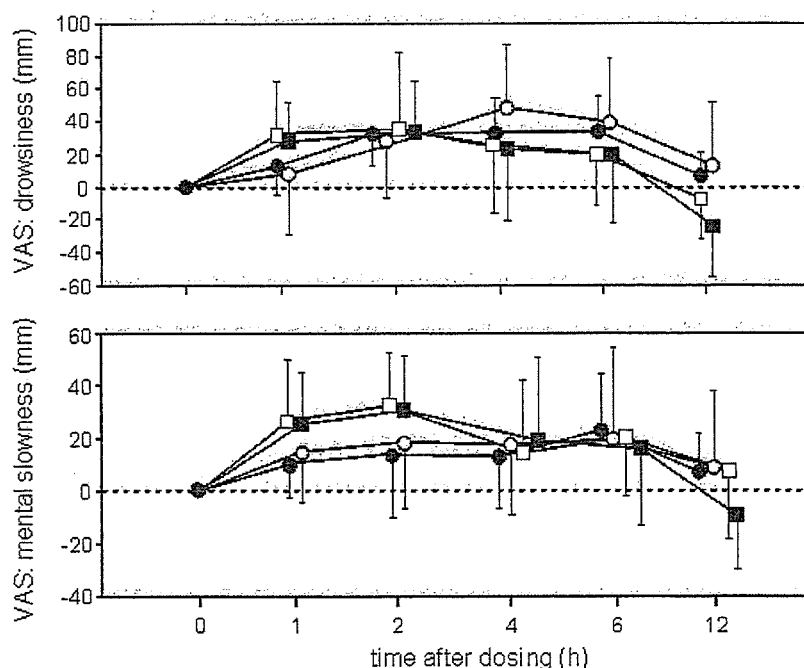
Pharmacodynamics

Triazolam remarkably reduced the number of digit substitutions (Fig. 4, Table 2). On the other hand, the effect of quazepam on the objective performance in the DSST was small. Triazolam with GFJ caused an addition decrease in digit substitution, especially at 2 h following administration of the dose (Fig. 4). However, GFJ did not deteriorate the performance in the DSST after the quazepam dose.

Triazolam caused significant ($p < 0.0001$) drowsiness and mental slowness, with a peak at 2 h after administration of the dose (Fig. 5). Time courses of other subjective effects were similar (data not shown). Quazepam also produced similar sedative-like drug effects but its peak was slightly later – at 4-6 h after administration of the dose (Fig. 5). GFJ did not significantly enhance these triazolam- or quazepam-induced subjective effects (Table 2).

A significant negative correlation was noted between triazolam concentrations in the plasma and the decrease in

Fig. 5 Sedative-like self-rated drug effects [based on scores from the 100-mm visual analog scale (VAS), expressed as changes over the predose baseline] after a single oral dose of 0.25 mg triazolam or 15 mg quazepam with grapefruit juice or water. *Open circle* Quazepam with water, *black circle* quazepam with grapefruit juice, *open square* triazolam with water, *black square* triazolam with grapefruit juice. Points represent the mean ($n=9$) \pm SD



the number of digit substitutions at 2 h after the dose had been given ($R=-0.539$, $p<0.05$, $n=18$). There were no significant correlations between the plasma concentrations of quazepam or 2-oxoquazepam and any pharmacodynamic parameters.

Discussion

In this study, the C_{max} of triazolam, quazepam and 2-oxoquazepam significantly increased during the trials with GFJ. The oral bioavailability of triazolam was about 60% due to presystemic elimination. Triazolam is mainly metabolized by CYP3A4 [8], and the elimination $t_{1/2}$ is 2–4 h. The bioavailability of quazepam is assumed to be 29–35% based on a calculation of the ratio of the dose-normalized cumulative amount excreted in Japanese subjects (personal communication, Mitsubishi Pharma, Tokyo, Japan). Quazepam is metabolized by CYP3A4 and CYP2C9 [11], and it has been reported that in plasma the elimination $t_{1/2}$ of quazepam and an active metabolite, 2-oxoquazepam, are 25–40 h and that of *N*-desmethyl-2-oxoquazepam is 70–75 h [14, 15]. The calculated elimination $t_{1/2}$ of quazepam and 2-oxoquazepam in the present study were shorter than those reported in the previous studies because the length of sampling period was not enough to estimate terminal half-lives of these compounds. In the present study, the effect of GFJ on the pharmacokinetics of quazepam and its metabolites were examined for 24 hours after administration of the dose; however, a longer sampling period post-dose administration and an analysis system with a high sensitivity are required to correctly estimate the half-lives of quazepam, 2-oxoquazepam and in particular *N*-desmethyl-2-oxoquazepam. In fact, we were unable to determine even the C_{max} for *N*-desmethyl-2-oxoquazepam.

The metabolism of quazepam and 2-oxoquazepam is mediated by CYP3A4 and CYP2C9, and the contribution of CYPs to the metabolic process is presumed to be 50:50 based on an inhibition study using the cDNA-expressed human CYPs and antiserum for CYP3A4 and CYP2C [11]. These findings led us to speculate that the inhibition of CYP3A4 activity by GFJ has a greater influence on the pharmacokinetics of triazolam than on those of quazepam. The AUC(0–24) of triazolam was significantly increased by GFJ, while the elevation in this parameter for quazepam or 2-oxoquazepam by GFJ did not reach statistical significance. However, the GFJ-related changes of AUC(0–24) or C_{max} for triazolam did not significantly differ from those for quazepam or 2-oxoquazepam. It therefore appears that the inhibition of intestinal CYP3A4 activities by GFJ enhances the oral bioavailability of both quazepam and triazolam. The ratio of 2-oxoquazepam to quazepam in the C_{max} or AUC(0–24) did not differ significantly between the trials with and without GFJ. GFJ elevated the plasma concentrations of quazepam and 2-oxoquazepam, but not of *N*-desmethyl-2-oxoquazepam. The quazepam metabolite 2-oxoquazepam is further metabolized to *N*-desmethyl-2-oxoquazepam by CYP3A4 and CYP2C9 and to another metabolite by CYP3A4 [11]. Consequently, it is likely that

in the present study the effect of GFJ diminished with the formation of *N*-desmethyl-2-oxoquazepam. In addition, GFJ did not prolong the $t_{1/2}$ of triazolam, quazepam and 2-oxoquazepam. These pharmacokinetic alterations may be caused by the GFJ-induced inhibition of CYP3A4 activity in the intestine, but not in the liver [5]. Lilja et al. [10] been reported that repeated consumption of GFJ prolonged the $t_{1/2}$ of triazolam, suggesting the inhibition of hepatic CYP3A4 by GFJ. In their study, subjects were given 200 ml of double-strength GFJ three times a day for 3 days, while we gave 250 ml of normal-strength GFJ three times a day for 4 days to our participants. Not only the length of the treatment period but the strength of GFJ may be a determinant of the GFJ-induced inhibition of hepatic CYP3A4, if this inhibition is truly caused by GFJ.

GFJ increases plasma triazolam concentration [9, 10], which is consistent with the present results. A significant increase in the pharmacodynamic effects of triazolam has been observed following multiple doses of GFJ [10], but not following a single dose [9, 16]. Hukkinen et al. [9] found that psychomotor function, as assessed by DSST, was not further impaired by a single dose of 250 ml GFJ despite an increase in plasma triazolam concentration [9]. In their study, triazolam C_{max} increased by only 30% following a single dose of GFJ. Similarly, Vanakoski et al. [16] observed that a single, concomitant ingestion of 300 ml GFJ did not influence the triazolam-induced objective effects, including DSST. In the present study in which multiple-doses of GFJ were given, C_{max} increased by 55% on average; furthermore, the maximum reduction in DSST performance showed a weak – but significant – correlation with the plasma concentration of triazolam. The present results suggest that pharmacodynamic alteration by the GFJ-triazolam interaction may be caused by the increase in plasma triazolam concentration. Taken together, a single dose of GFJ may not enough to cause the interaction with triazolam on psychomotor function, probably because of an insufficient increase in plasma triazolam concentration.

GFJ increased plasma quazepam and 2-oxoquazepam concentrations, but it did not alter the pharmacodynamic effects. The major metabolites of quazepam, 2-oxoquazepam and *N*-desmethyl-2-oxoquazepam are reported to be pharmacologically active, although the involvement of these metabolites has not been proven to date. Roth et al. [17] suggested that the hypnotic effect of quazepam is caused by the metabolite *N*-desmethyl-2-oxoquazepam [17]. In their study, a repeated dose of quazepam, however, did not increase the incidence or the duration of daytime napping; similarly, the hypnotic and sedative effect of quazepam disappeared 12 h after the dose despite a high plasma concentration of *N*-desmethyl-2-oxoquazepam. If the effect of quazepam is solely caused by *N*-desmethyl-2-oxoquazepam, the sedative-like subject-rated effects quazepam should have been evident even 12 h after administration of the dose of quazepam. However, we observed the maximum sedative-like subject-rated effects by quazepam 4–6 h after the dose. It therefore appears that the sedative effect observed in the present study was caused

by quazepam itself. A contribution by 2-oxoquazepam to the effects of quazepam is possible, but it is not obvious based on our results, and the contribution of *N*-desmethyl-2-oxoquazepam was small, if any. The effect of quazepam on psychomotor function as assessed by DSST was negligible, a result similar to that found by Nikaido et al. [18]. Our results suggest that the detrimental effects of 15 mg quazepam on psychomotor functions may be small even if the drug is taken with GFJ. However, 0.25 mg triazolam and 15 mg quazepam produced significant sedative-like, subject-rated effects in this study. The effect of GFJ on plasma quazepam or 2-oxoquazepam concentration was diminished at 4–6 h after the dose had been given, which is the time span when the sedative effect was at its maximum; consequently, the subject-rated effect of quazepam may not be enhanced by GFJ.

CYP2C9 metabolizes many clinically important drugs including the *S*-enantiomer of warfarin and tolbutamide [19]. The enzyme is also involved in the metabolism of quazepam [11]. Two common polymorphisms of CYP2C9 have been reported; the *2 allele (Arg144Cys) and the *3 allele (Ile359Leu) [20]. CYP2C9*2 and CYP2C9*3 diminish the clearance of *S*-warfarin and tolbutamide, respectively [19]. The frequencies of these alleles are as follows: CYP2C9*2, 8% in Caucasians and 0% in Japanese; CYP2C9*3: 6% in Caucasians and 2% in Japanese [12, 21]. Therefore, when quazepam is given to patients with one or these CYP2C9 polymorphisms, the effects of GFJ on the pharmacokinetics and pharmacodynamics of the drug may be exaggerated. Further study is needed to address the issue.

In summary, the results of this study demonstrate that the effects of GFJ on the pharmacodynamics of triazolam are greater than on those of quazepam. These GFJ-induced different effects are partly explained by the fact that triazolam is mainly metabolized by CYP3A4 while quazepam is metabolized by CYP3A4 and CYP2C9.

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Indoxyl sulfate stimulates proliferation of rat vascular smooth muscle cells

H Yamamoto^{1,2}, S Tsuruoka^{1,2}, T Ioka¹, H Ando², C Ito¹, T Akimoto¹, A Fujimura², Y Asano¹ and E Kusano¹

¹Department of Nephrology, Jichi Medical School, Tochigi, Japan and ²Department of Clinical Pharmacology, Jichi Medical School, Tochigi, Japan

Vascular smooth muscle cell (VSMC) proliferation is a key event in the progression of arteriosclerosis. Clinical studies show that uremic toxins deteriorate the arteriosclerosis in renal failure patients. Indoxyl sulfate (IS) is a strong protein-bound uremic toxin, but the effect of IS on VSMC proliferation has not been studied. We examined the effect of IS on rat VSMC proliferation, assessed by a cell counting kit (4-[3-[4-Iodophenyl]-2-4(4-nitrophenyl)-2H-5-tetrazolio-1,3-benzene disulfonate] assay) and by [³H]thymidine incorporation *in vitro*. We further evaluated a contribution of mitogen-activated protein kinase (MAPK; p44/42 MAPK) to VSMC proliferation by IS. Immunohistochemical staining was performed for VSMCs using antirat organic anion transporter (OAT)3 antibody. The mRNA expressions of platelet-derived growth factor (PDGF)-A and -C chains, and PDGF- β receptor were evaluated by real-time PCR. IS stimulated the proliferation of VSMCs in a concentration-dependent manner and activated p44/42 MAPK. Concentration of IS needed to stimulate the proliferation of rat VSMC was about 250 μ M, which is compatible with that in the serum of end-stage renal failure patients. PD98059 (10 μ M), a selective inhibitor of MAPK/extracellular signal-regulated kinase, inhibited the IS-induced (250 μ M) VSMC proliferation and phosphorylation of MAPK. Probenecid (0.5 mM), an inhibitor and substrate of OAT, inhibited the IS-induced (250 μ M) VSMC proliferation. Rat OAT3 was detected in VSMCs. The mRNA expressions of PDGF-C chain and PDGF- β receptor were significantly increased by IS. We conclude that IS directly stimulates rat VSMC proliferation and activates MAPK *in vitro*. This might be one of the mechanisms underlying the progression of atherosclerotic lesions in end-stage renal disease patients.

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KEYWORDS: indoxyl sulfate; uremic toxin; vascular smooth muscle cells; MAP kinase cascade; organic anion transporter

Improvements in dialysis treatment have resulted in prolongation of the survival period of hemodialysis patients, but their prognosis is still poor compared to that in the general population.¹ The major cause of death in patients undergoing dialysis is cardiovascular disease.² The pathophysiology of cardiovascular disease in end-stage renal disease patients is not completely understood; however, accumulation of uremic toxins that are difficult to be removed from the body by current dialysis procedures is partly involved in the condition.^{3,4} Indoxyl sulfate (IS) is one of the organic anions metabolized in the liver from indole, which is produced by the intestinal bacteria as a metabolite of tryptophan.⁵ Although the molecular weight of IS is small, the rate of binding to albumin is high in the blood,⁶ which, in turn, leads to its large secretion from the proximal tubule cells in urine.⁷ Various organic anion transporters (OATs) exist in proximal tubules, and it has recently been revealed that IS is secreted in urine mainly by OAT3, one of the members of the OAT family.⁸ Therefore, IS accumulates in the body of patients with reduced renal function.⁵

Removal of IS by hemodialysis is difficult because the size of the IS-albumin complex molecule in blood is larger than the pore size of a dialysis membrane.⁵ Thus, IS is considered to be one of the main uremic toxins that are difficult to be removed from the body by current dialysis procedures.⁵ It has been reported that IS accelerates the progression of renal failure,⁹ but only one datum is available about the effects of IS on the cardiovascular system.¹⁰

In the progression of atherosclerotic lesions, the proliferation of vascular smooth muscle cells (VSMCs) is of particular importance. The mitogen-activated protein kinase (MAPK) cascades are a well-documented family of serine/threonine kinases that include p44/42 MAPK (also called extracellular signal-regulated kinases (ERK1/2)), p38 MAPK, and c-Jun N-terminal kinase.¹¹ The p44/42 MAPK cascade is the most well characterized and is shown to mediate proliferative responses in various cells, including mesangial cells¹² and VSMCs.¹³ Growth factors, such as platelet-derived growth factor (PDGF),¹⁴ angiotensin II,¹⁵ erythropoietin,¹⁶ and uremic toxins such as homocysteine,¹⁷ and uric acid¹⁸ can activate intracellular signaling cascades, leading to the proliferation of VSMCs. However, the effects of IS on VSMC proliferation and activation of MAPK have not been studied.

Correspondence: S Tsuruoka, Department of Pharmacology, Division of Clinical pharmacology, Jichi Medical School, 3311 Yakushiji, Minamikawachi, Kawachi, Tochigi 329-0498, Japan. E-mail: tsuru@jichi.ac.jp

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In this study, we therefore directly investigated the effects of IS *in vitro* on VSMC proliferation and MAPK activation using cultured rat VSMCs.

RESULTS

IS increases rat VSMC proliferation and DNA synthesis

First, we examined the effect of IS on the number of VSMCs. IS significantly increased the number of VSMCs in a concentration-dependent manner (Figure 1). PDGF (10 ng/ml) also increased the number of VSMCs.

We next evaluated whether the increase in cell proliferation was accompanied with DNA synthesis. Figure 2a shows that [³H]thymidine incorporation was also significantly increased by IS (100–500 μM). Because IS is mainly bound to albumin in the serum, we also evaluated the effect of IS in the presence of 4 g/dl albumin in the medium. Although basal value was significantly lower with albumin, IS at 250 and 500 μM significantly increased the uptake (Figure 2b). This result indicates that IS stimulated VSMC proliferation even in the presence of 4 g/dl albumin. IS in the body is made from tryptophan in the intestine⁵ and the medium used in this study contained tryptophan (78 μM), which may affect the results. Thus, we further examined the effect of the removal of tryptophan from the medium. As shown in Figure 3, 250 μM IS increased the [³H]thymidine incorporation by VSMCs in both the presence and absence of tryptophan (78 μM). Therefore, IS, but not its precursor, directly stimulated the proliferation of VSMC *in vitro*.

As IS is reported to be the substrate of OAT3 in the proximal tubule cell membrane,⁸ we next examined whether the proliferation of VSMCs is mediated by cellular transport of IS via the OAT. As shown in Figure 4, the increase of [³H]thymidine incorporation in VSMCs by 250 μM IS was partly prevented by co-administration of 0.5 mM probenecid, an inhibitor and substrate of OAT,⁸ whereas probenecid alone

did not affect it. Next, to determine whether OAT3 is present in rat VSMCs, we performed immunostaining of rat VSMCs by rat OAT3 antibody. As shown in Figure 5, the rat VSMCs had strong signals of rat OAT3, mainly in the cell membrane.

IS activates the p44/42MAPK pathway in rat VSMCs

To evaluate further intracellular signaling event in the effects of IS on the rat VSMC proliferation, we investigated the

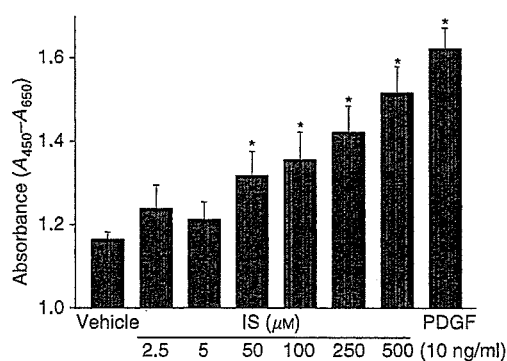


Figure 1 | Effect of IS on the proliferation of rat VSMCs by 4-[3-[4-iodophenyl]-2-(4-nitrophenyl)-2H-5-tetrazolio-1,3-benzene disulfonate] proliferation assay. Growth-arrested VSMCs were stimulated by IS and PDGF for 24 h. 4-[3-[4-iodophenyl]-2-(4-nitrophenyl)-2H-5-tetrazolio-1,3-benzene disulfonate] was added for the last 4 h. PDGF (10 ng/ml) was used as a positive control. Absorbance was measured by an enzyme-linked immunosorbent assay reader. Values are mean ± s.e.m. (n = 8). *P < 0.05 compared with the vehicle.

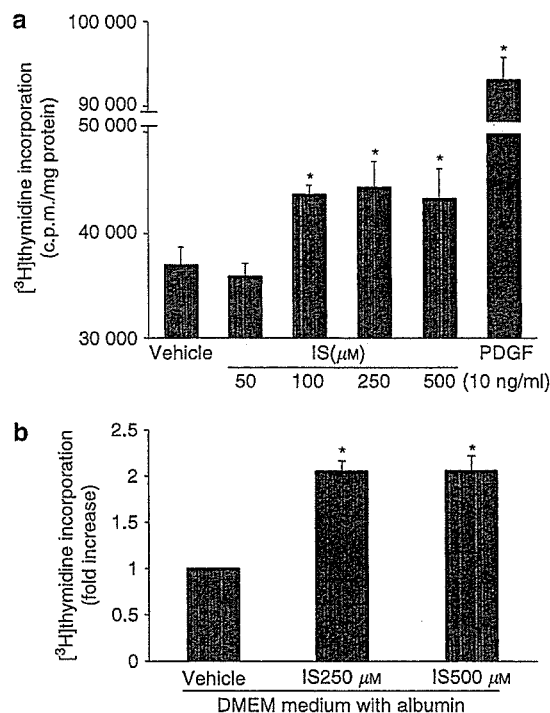


Figure 2 | Effect of IS on the proliferation of rat VSMCs assessed by DNA synthesis. (a) Growth-arrested VSMCs were stimulated by IS and PDGF for 24 h. [³H]Thymidine was added for the last 6 h. PDGF (10 ng/ml) was used as a positive control. (b) Effect of IS on the proliferation of rat VSMCs in the presence of 4 g/dl albumin in the medium assessed by DNA synthesis. Values are mean ± s.e.m. (n = 8). *P < 0.05 compared with the vehicle.

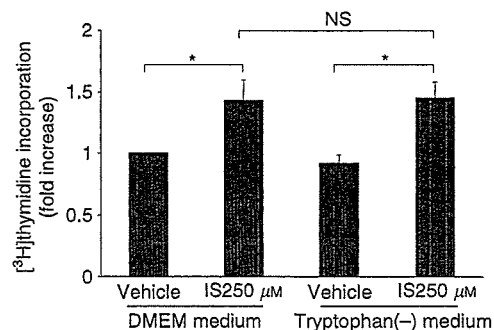


Figure 3 | Effect of the removal of tryptophan on IS-induced increase of DNA synthesis in rat VSMCs. Growth-arrested VSMCs were incubated for 24 h in DMEM or tryptophan (-) medium with or without IS (250 μM). [³H]Thymidine was added for the last 6 h. Values are mean ± s.e.m. (n = 8). *P < 0.05 compared with vehicle.

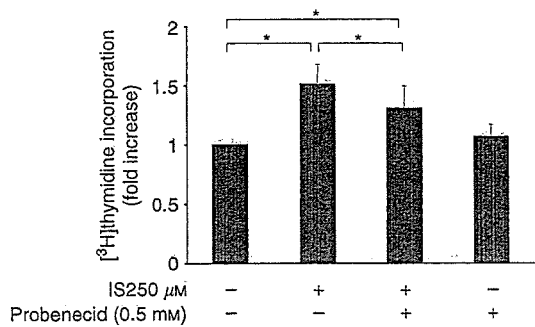


Figure 4 | Effect of probenecid on IS-induced increase of DNA synthesis in rat VSMC. Growth-arrested VSMCs were pretreated for 1 h with probenecid (0.5 mM) and then stimulated by IS (250 μM) for 24 h. Values are mean \pm s.e.m. ($n = 8$). * $P < 0.05$.

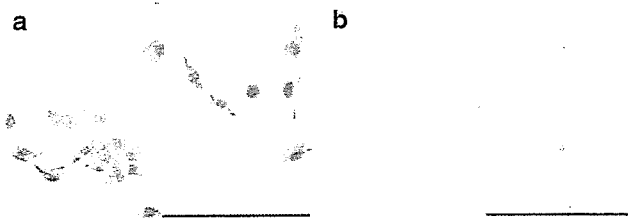


Figure 5 | Immunohistochemistry of rat OAT3 in rat VSMCs. (a) VSMCs were stained with polyclonal antibodies against rat OAT3 (b) There was no staining in the negative control with rabbit immunoglobulin fraction. Bar = 200 μm .

activation of p44/42 MAPK in VSMCs. As plasma concentration of IS in hemodialysis patients is reported to be about 250 μM ,⁵ we selected this dose for the following experiments. IS at 250 μM induced p44/42 MAPK phosphorylation in the cells, with a maximal intensity at 5 min (Figure 6). To confirm that the p44/42 MAPK pathway was actually involved in the IS-induced mitogenesis, we pretreated VSMCs with 10 μM PD98059, an MAPK/ERK kinase inhibitor,¹⁴ to inhibit the pathway. The IS-induced phosphorylation was significantly inhibited by PD98059 (Figure 7). We further evaluated the effect of pretreatment with PD98059 at the same dose on the increase in IS-induced [³H]thymidine incorporation. PD98059 inhibited the increase in DNA synthesis by IS, whereas PD98059 alone had no effect on DNA synthesis (Figure 8).

IS increases mRNA expressions of PDGF-C chain and PDGF- β receptor

To discuss the mechanisms of IS-induced proliferation of VSMC, we evaluated the mRNA expressions of PDGF-A and -C chains, and PDGF- β receptor by real-time PCR. We found that mRNA expressions of PDGF-C chain and PDGF- β receptor were significantly increased by the addition of IS (Figure 9). Therefore, the increased expressions by IS are partly involved in the mechanism of IS-induced VSMC proliferation.

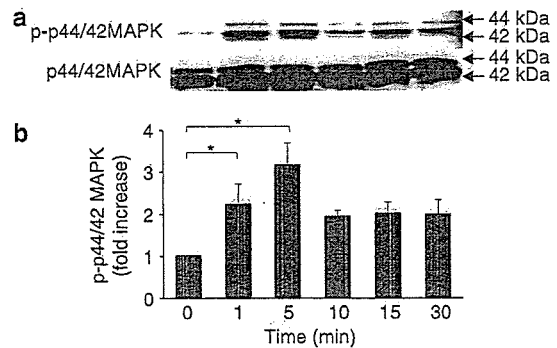


Figure 6 | Effect of IS on p44/42 MAPK phosphorylation. Growth-arrested VSMCs were stimulated by IS (250 μM) for the indicated times. (a) Representative immunoblots are shown with antibodies that recognize phosphorylated p44/42 MAPK and total p44/42 MAPK. (b) Densitometric analysis of phosphorylated p44/42 MAPK. Values are mean \pm s.e.m. ($n = 5$). * $P < 0.05$.

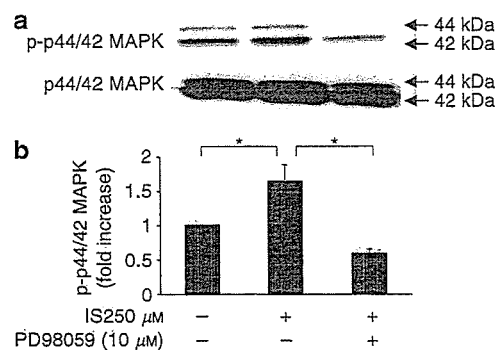


Figure 7 | Effect of PD98059 on IS-induced phosphorylation of p44/42 MAPK. Growth-arrested VSMCs were pretreated with PD98059 (10 μM) for 1 h and then stimulated by IS (250 μM) for 5 min. (a) Representative immunoblots are shown with antibodies that recognize phosphorylated p44/42 MAPK and total p44/42 MAPK. (b) Densitometric analysis of phosphorylated p44/42 MAPK. Values are mean \pm s.e.m. ($n = 5$). * $P < 0.05$.

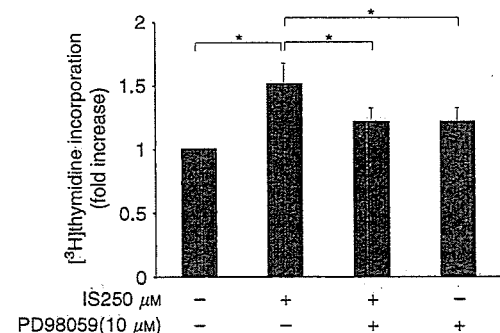


Figure 8 | Effect of PD98059 on IS-induced proliferation of rat VSMCs assessed by DNA synthesis. Growth-arrested VSMCs were pretreated for 1 h with PD98059 (10 μM) and then stimulated with IS (250 μM) for 24 h. Values are mean \pm s.e.m. ($n = 8$). * $P < 0.05$.

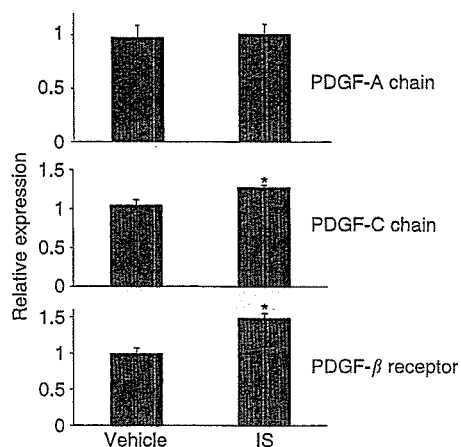


Figure 9 | Effect of IS on mRNA expressions of PDGF-A and -C chains and PDGF-β receptor. Growth-arrested VSMCs were stimulated with IS (250 μM) for 6 h and then total RNA was isolated. Real-time quantitative PCR was performed as described in Materials and Methods. Values are mean \pm s.e.m. of two identical samples performed in at least triplicate ($n = 4$ in each). * $P < 0.05$ compared with the vehicle.

DISCUSSION

It is known that IS is a protein-bound uremic toxin that accelerates the progression of renal failure,⁵ but data are limited about its actions on other organs. A recent *in vitro* study has shown that IS has a suppressive effect on the repair of damage in human umbilical vein endothelial cells, suggesting that the agent is involved in endothelium dysfunction in renal failure.¹⁰ The present study shows for the first time that IS directly promotes VSMC proliferation. This is the most important finding in the present study. Serum concentration of IS in patients with end-stage renal failure is about 250 μM ,⁵ which is compatible with that needed to stimulate the proliferation of rat VSMCs in this study. As the enhanced proliferation of VSMCs in vascular walls is believed to promote hypertrophy of arteries, it is possible that VSMC proliferation induced by IS is one of the causes of cardiovascular complications that occur in dialysis patients with a high serum IS.

As IS is known to be transported by OATs on tubular cell membranes, the effect of probenecid, an inhibitor and substrate of OATs, on VSMC proliferation was investigated. In this experiment, we found that probenecid had an inhibitory effect on the proliferation of VSMCs. We also confirmed the presence of OAT3 in VSMCs by immunostaining. These findings suggest that IS is at least in part taken into VSMCs via OAT. Proliferation of VSMCs plays some role in the development of hypertension and arteriosclerosis,¹⁹ and the p44/42 MAPK pathway is thought to be the intracellular signaling pathway involved in the proliferation of VSMCs.¹³ When we evaluated the involvement of MAPK in the effect of IS on VSMCs, we found that pretreatment of VSMCs with PD98059, an inhibitor of MAPK, caused inhibition of VSMC proliferation. We also found that IS induced p44/42 MAPK

phosphorylation, which was inhibited by PD98059. These findings indicate that the p44/42 MAPK pathway is involved in the induction of VSMC proliferation by IS.

In the present study, serum was not used in experiments examining the effects of IS stimulation, although no significant difference was found between the degrees of VSMC proliferation in serum with and without IS (data not shown). However, serum contains various growth factors, some of which might have a strong proliferative effect in addition to IS on VSMCs. Indeed, we found that the mRNA expressions of PDGF-C chain and PDGF-β receptor were increased by IS. Therefore, the increased expressions by IS are partly involved in the mechanism of IS-induced VSMC proliferation. The culture medium used in the present study contained tryptophan, a precursor of IS, but the possibility that the presence of tryptophan in the medium affected the results was ruled out by comparison of results of experiments using a medium containing tryptophan and a medium from which tryptophan had been removed.

The mechanisms by which IS induces proliferation of VSMC and activation of MAPK are not known. Uric acid has also been reported to be a uremic toxin that induces proliferation of VSMCs. Rao *et al.*¹⁸ reported that uric acid induces proliferation of VSMCs by promoting the production of PDGF-A chain, and Johnson *et al.*^{20,21} reported that uric acid is taken up by VSMCs via an OAT. As a potential mechanism for VSMC proliferation, uric acid, after being taken into VSMCs, activates MAPK and induces the production of cyclooxygenase-2 and the expression of PDGF-A chain, -C chain, and PDGF-α receptor mRNA.²⁰ We found that the induction of VSMC proliferation by IS was inhibited by probenecid and that MAPK was involved in the induction of VSMC proliferation by IS. Therefore, the mechanism of IS-induced VSMC proliferation might be similar to that of uric acid. To our knowledge, other protein-bound uremic toxins that have been shown to induce VSMC proliferation *in vitro* are homocysteine²² and leptin.²³ Further study is needed to determine whether MAPK activation by IS is mediated by various growth factor receptors on the cell membrane surface or by an as yet unidentified receptor. To understand the pathophysiology of cardiovascular disease in end-stage renal disease patients, the effect of IS on other cell types of blood vessels and their crosstalk must be evaluated in the future.

In summary, the present *in vitro* study shows for the first time that IS directly induces cell proliferation of rat VSMC. Concentration of IS required to induce VSMC proliferation is similar to its blood concentration in patients on maintenance dialysis. Part of the action of IS on VSMC is mediated by OAT3, and the induction of VSMC proliferation by MAPK activation caused by IS. Increases of mRNA expressions of PDGF-C chain and PDGF-β receptor are also involved in the phenomenon. This might be one of the mechanisms underlying the progression of atherosclerotic lesions in end-stage renal disease patients.

MATERIALS AND METHODS

Materials

A p44/42 MAPK assay kit, including anti-p44/42 MAP kinase and anti-phospho-p44/42 MAP kinase (Thr202/Tyr204) antibodies, was purchased from Cell Signaling Technology (Beverly, MA, USA). A Cell Counting Kit was purchased from DOJINDO Laboratories (Kumamoto, Japan). [³H]Thymidine was purchased from Perkin Elmer Life Science (Boston, MA, USA). Anti-rat OAT3 polyclonal antibody was purchased from TransGenic Inc. (Kumamoto, Japan). All other materials including IS were purchased from Sigma (St Louis, MO, USA). IS was dissolved with distilled water as vehicle in all experiments.

Cell culture

VSMCs were isolated from the aortas of male Sprague-Dawley rats (150–200 g) as previously described.¹³ In brief, VSMCs were maintained in Dulbecco's modified Eagle's medium (DMEM) supplemented with 10% fetal bovine serum (FBS) (ICN Biomedicals, Osaka, Japan), 100 U/ml penicillin, and 100 mg/ml streptomycin (Life Technology Inc., Rockville, MD, USA) in a 5% CO₂ incubator at 37°C. VSMCs at 70–80% confluence were growth-arrested by incubation in DMEM with 0.5% FBS for 48 h. The cells were used between passages 3 and 8. VSMCs were identified by their typical hill and valley morphology and by indirect immunofluorescent staining for α -smooth muscle actin (R&D Systems Inc., Minneapolis, MN, USA). We measured endotoxin concentration in the medium by limulus amoebocyte lysate method (Wako Pure Chemical Industries, Osaka, Japan) and found that it was under the detection limit, which strongly indicated the absence of lipopolysaccharide in the medium.

Cell proliferation assay

VSMC proliferation was assessed using the Cell Counting Kit.²⁴ The cells were seeded at a density of 5×10^3 cells/well on 96-well culture plates in DMEM with 10% FBS for 72 h. After serum starvation for 48 h in DMEM with 0.5% FBS, the cells were stimulated by IS or PDGF as a positive control for 24 h. For the final 4 h of incubation, 4-[3-[4-iodophenyl]-2-(4-nitrophenyl)-2H-5-tetrazolio-1,3-benzene disulfonate] was added to each well and the absorbance was measured at 450 nm with a reference wavelength of 650 nm using a microplate spectrophotometer system (SOFTmax PRO, Molecular Devices Corporation, Sunnyvale, CA, USA). The difference of absorbance between 450 and 650 nm was regarded as the cell proliferation.

[³H]Thymidine incorporation

The cells were seeded on 24-well culture plates, allowed to grow to 70–80% confluence, and then growth-arrested by incubation in DMEM with 0.5% FBS for 48 h. The cells were incubated for 24 h, and [³H]thymidine (1 μ Ci/ml; specific activity, 79 Ci/mmol) was added to for the last 6 h of the incubation period. The cells were then washed three times with phosphate-buffered saline, treated with ice-cold 10% trichloroacetic acid at 4°C for 15 min, and washed with phosphate-buffered saline. The acid-insoluble material was dissolved in 0.5 ml of 0.3 N NaOH. The protein content was measured by a DC Protein Assay (Bio-Rad, Hercules, CA, USA), and radioactivity was determined by using a liquid scintillation counter (Aloka, Japan).

Western blot analysis

Growth-arrested cells cultured in 100-mm dishes were stimulated by 250 μ M IS for the indicated times. For the inhibitor studies, cells

were pretreated for 1 h with PD98059 (10 μ M), an MAPK/ERK kinase inhibitor.¹⁴ The cells were washed with ice-cold phosphate-buffered saline and lysed in 400 μ l of lysis buffer (1% Triton, 20 mM Tris-HCl (pH 7.5), 150 mM NaCl, 1 mM Na₂EDTA, 1 mM ethyleneglycol tetraacetate, 2.5 mM sodium pyrophosphate, 1 mM β -glycerophosphate, 1 mM Na₃VO₄, 1 μ g/ml L-leupeptin, 1 mM phenylmethylsulfonyl fluoride) for 30 min at 4°C. The cell lysates were centrifuged for 15 min at 15 000 g and the supernatants were collected. Equal amounts of protein (20 μ g) were separated by 10% sodium dodecyl sulfate-polyacrylamide gel electrophoresis, and electrophoretically transferred to polyvinylidene difluoride membranes (Invitrogen Corp., Carlsbad, CA, USA). The membranes were blocked for 1 h at room temperature with Tris-buffered saline containing 0.05% Tween 20 (TBS-T) and 5% bovine serum albumin. After washing with TBS-T, the membranes were incubated overnight with phospho-p44/42 MAPK (Thr202/Tyr204) antibody (1:1000) or p44/42 MAPK antibody (1:1000) (Cell Signaling Technology, Beverly, MA, USA) at 4°C with gentle shaking. The primary antibodies were detected using horseradish peroxidase-conjugated goat antirabbit IgG and visualized by enhanced chemiluminescence Western blotting reagents (Amersham Biosciences, Buckinghamshire, UK). Band intensity was analyzed using KODAK 1D Image Analysis Software (KODAK, Rochester, NY, USA).

Immunohistochemical staining

Immunostaining of OAT3 in rat VSMCs was performed by the labeled streptavidin biotin (LSAB) method using a DAKO LSAB Kit (Dako, Carpinteria, CA, USA). Briefly, VSMCs were cultured on eight-well Lab-Tek chamber slides (Nalge Nunc International) and fixed with paraformaldehyde lysine periodate solution (containing 0.01 M NaIO₄, 0.075 M lysine, 0.0375 M phosphate buffer with 2% paraformaldehyde; pH 6.2) for 1 h at 4°C. After fixation, the cells were permeabilized in 0.1% Triton X-100 in phosphate-buffered saline for 5 min and incubated with 3% hydrogen peroxide for 30 min to suppress endogenous peroxidase activity and then with blocking solution for 10 min. The cells were incubated with a polyclonal antibody against rat OAT3⁸ (1:20) at 4°C overnight. The negative controls were treated with the rabbit immunoglobulin fraction (Dako, Carpinteria, CA, USA). After rinsing with TBS-T, the cells were incubated with a biotinylated link antibody against rabbit immunoglobulin for 30 min. The cells were washed with TBS-T and incubated with horseradish peroxidase-conjugated streptavidin solution for 30 min. Horseradish peroxidase labeling was detected using a peroxidase substrate diaminobenzidine, and then counterstaining was performed with hematoxylin.

RNA extraction and real-time quantitative PCR

The isolation of total RNA was achieved using the RNeasy Mini Kit (Qiagen, Valencia, CA, USA). Reverse transcription was performed with 1.2 μ g of total RNA, random hexamer primers, and RevertAid M-MuLV reverse transcriptase (Fermentas, Hanover, MD, USA). The resulting cDNA equivalent to 60 ng of RNA was used for real-time quantitative PCR in the ABI Prism 7700 sequence detection system (Applied Biosystems, Foster City, CA, USA) as previously described.²⁵ All of the specific sets of primers and TaqMan probes in the present study were obtained from Applied Biosystems (Assays-on-Demand Gene Expression Products and TaqMan Rodent GAPDH Control Reagents). All primer sets but that of TaqMan Rodent GAPDH Control Reagents were designed to be located in two exons to avoid amplification of potentially contaminating

genomic DNA. To control the variation in the amount of DNA available for PCR in the different samples, gene expressions of the target sequence were normalized in relation to the expression of an endogenous control, glyceraldehyde-3-phosphate dehydrogenase. As the efficiency of the target amplification was approximately equal to that of the glyceraldehyde-3-phosphate dehydrogenase amplification, data were analyzed using the comparative threshold cycle method.²⁶ Because the intra- and interassay coefficients of variation of the relative expression values were <20%, we considered the mean relative values of less than 0.8 or more than 1.2 to be significant in this study.

Statistics

The results are expressed as the mean \pm s.e.m. Data were analyzed by the unpaired Student's *t*-test or by one-way analysis of variance combined with Fisher's protected least significant difference using personal computer with StatView version 5.0 (SAS Institute, Cary, NC, USA). Differences with *P*<0.05 were considered to be significant.

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5 Shuichi Tsuruoka · Atsuhiko Kawaguchi ·
6 Kazuhirō Harada · Akio Fujimura

7 **Favorable effect on postgraduate clinical practice**
8 **of a drug-interaction exercise for undergraduate students**

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11 **Abstract** *Aim:* Undergraduate students in Jichi Medical
12 School participated in a laboratory exercise investigating
13 the furosemide–probenecid interaction at the end of their
14 clinical pharmacology (CP) course. The aim of this study
15 was to determine whether they learned to recognize drug
16 interactions better than students who did not take such a
17 course. *Methods:* We conducted a postal survey of phy-
18 sicians who had graduated from Jichi Medical School or
19 from other medical schools without a CP course including
20 the exercise. Questions were asked concerning: (1) the
21 recognition of furosemide–probenecid and nine other drug
22 interactions, and (2) the need to anticipate drug interac-
23 tions and their adverse effects before writing prescriptions.
24 *Results:* The degree of the recognition of all drug
25 interactions, and the percentage of physicians who
26 responded that knowledge of drug interactions and adverse
27 effects were essential before writing prescriptions, were
28 significantly greater in physicians who had taken an
29 undergraduate CP course than in those who had not.
30 *Conclusions:* CP courses with specific laboratory ex-
31 ercises on drug interactions lead future physicians to
32 recognize drug interactions and their adverse effects.

33 **Keywords** Drug-interaction exercise · Postgraduate
34 clinical practice · Undergraduate course

35 **Introduction**

36 During the last decade, dramatic changes in medical
37 education have occurred worldwide because of dissatisfac-
38 tion with the way in which doctors were being trained. A
39 traditional passive approach has been replaced by a more

active approach. Educational reform has also taken place in
the fields of basic and clinical pharmacology [1–7].

The clinical pharmacology (CP) course in the Jichi
Medical School is a compulsory course and consists of 16
lectures concerning the core knowledge of CP, such as
clinical pharmacokinetics, adverse drug reactions, and drug
interactions. At the end of the course, undergraduate
students participate in a laboratory exercise investigating
the furosemide–probenecid interaction, as described pre-
viously [8]. In brief, students are randomly assigned to one
of three groups in a double-blind fashion: (1) placebo plus
20 mg of furosemide; (2) 250 mg of probenecid plus 20 mg
of furosemide; and (3) 1,000 mg of probenecid plus 20 mg
of furosemide. They take probenecid or its placebo 1 h
before furosemide. Urine volume and urinary sodium
excretion are measured for 3 h after they take furosemide.

We analyzed data obtained for 5 years (1995–1999) and
found that the furosemide–probenecid interaction exercise
was easy to perform, reproducible, and safe [8]. In addition,
more than 80% of the students considered the exercise to be
useful. Based on these observations, we hypothesized that
the CP course with the furosemide–probenecid laboratory
exercise would motivate students to recognize drug
interactions and their adverse effects. To evaluate this
hypothesis, we conducted a postal survey of physicians
who had graduated from Jichi Medical School or other
medical schools without a CP course.

67 **Methods**

68 Physicians who had been in clinical practice for 3–7 years
69 participated in this study. A questionnaire was sent by mail
70 to 527 graduates of Jichi Medical School whose mailing
71 addresses were available on file. Each was asked to provide
72 copies of the questionnaire to colleagues who had gradu-
73 ated from other medical schools and worked at the same
74 hospital. Their colleagues were asked whether they took a
75 CP course during their undergraduate education.

76 As shown in Table 1, questions were asked concerning
77 the recognition of the furosemide–probenecid interaction

S. Tsuruoka (✉) · A. Kawaguchi · K. Harada · A. Fujimura
Department of Clinical Pharmacology, Jichi Medical School,
3311 Yakushiji, Shimotsuke,
Tochigi, 329-0498, Japan
e-mail: tsuru@jichi.ac.jp
Tel.: +81-285-587387
Fax: +81-285-447562

t1.1 **Table 1** List of questions

t1.2	No.	Drug interaction	Recognition
t1.3	1	Digoxin-verapamil	A B C
t1.4	2	Tetracycline-aluminum	A B C
t1.5	3	Warfarin-aspirin	A B C
t1.6	4	Cisapride-clarithromycin	A B C
t1.7	5	Nifedipine-rifampicin	A B C
t1.8	6	Aspirin-sodium bicarbonate	A B C
t1.9	7	Furosemide-probenecid	A B C
t1.10	8	Ciclosporine-grapefruit juice	A B C
t1.11	9	Quinolones-NSAIDs	A B C
t1.12	10	HMG CoA reductase inhibitors-clofibrates	A B C

I. Do you recognize the following drug interactions?

A: yes, and understand its mechanism; B: yes, but do not understand its mechanism; C: no

II. Is the knowledge of drug interactions and adverse effects essential for prescribing drugs?

1. Drug interactions: yes no

2. Drug-related adverse effects: yes no

78 and nine clinically important drug interactions documented
79 in National drug formulary by the Ministry of Health,
80 Labour and Welfare, Japan [9]. The possible answers were:
81 (A) knew it and understood its mechanism; (B) knew it but
82 did not understand its mechanism; or (C) did not know it.
83 Respondents were also asked whether understanding drug
84 interactions and their adverse effects was essential for
85 prescribing drugs.

86 Because physicians who had graduated from Jichi
87 Medical School participated in the furosemide-probenecid
88 laboratory exercise, these respondents were divided into
89 three groups: (I) knew the furosemide-probenecid interac-
90 tion and understood its mechanism; (II) knew the drug
91 interaction but did not understand its mechanism; (III) did
92 not know the drug interaction. Respondents who had
93 graduated from other medical schools and did not
94 participate in CP courses or laboratory exercises during
95 their undergraduate education belonged to group IV.

Data were analyzed by chi-square or Kruskal-Wallis tests as appropriate. The level of significance was set at $P < 0.05$.

Results

Of the 527 survey recipients, 357 (68%) responded (group I=139, group II=118, group III=100). In addition, 126 physicians who graduated from other medical schools responded; because 23 of them took a CP course with laboratory exercises (other than drug-interaction exercises) during their undergraduate education, they were not included (group IV=103). Thirty-five (34%) doctors in group IV recognized the furosemide-probenecid interaction. The various medical specialties of respondents are shown in Table 2; specialty did not differ significantly between the groups who took a CP course (I + II + III) and the group that did not (IV; $P > 0.05$) or among groups I, II, and III ($P > 0.40$).

There was a significant difference between groups I, II, and III and group IV with regard to recognition of all drug interactions (Fig. 1). Among groups I, II, and III, significant differences were also observed in the degree of the recognition of eight drug interactions (except quinolones-NSAIDs). In these eight drug interactions, the degree of recognition was greater in group I than in groups II and III. Physicians in group II recognized more drug interactions than did those in group III, except for the tetracycline-aluminium interaction.

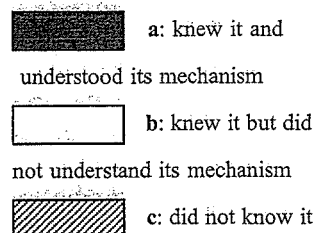
The percentages of physicians who responded that understanding drug interactions and their adverse effects was essential for prescribing drugs were significantly greater in the group with the CP course (I + II + III) than in the group without (IV; Table 3).

t2.1 **Table 2** Medical specialty in each group

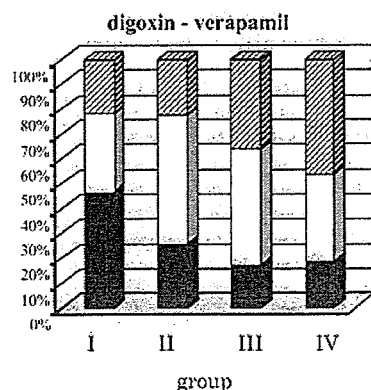
t2.2	Specialty	Number (and %) in each group			
		I	II	III	IV
t2.3	Medicine	81 (58%)	65 (55%)	50 (50%)	43 (42%)
t2.4	Surgery	24 (17%)	14 (12%)	20 (20%)	18 (18%)
t2.5	Pediatrics	10 (7%)	7 (6%)	4 (4%)	3 (3%)
t2.6	Gynecology	4 (3%)	7 (6%)	4 (4%)	6 (6%)
t2.7	Other	20 (15%)	25 (21%)	22 (22%)	32 (31%)
t2.8	No answer	0 (0%)	0 (0%)	0 (0%)	1 (0%)
t2.9	Total (male/female)	139 (112/27)	118 (95/23)	100 (79/21)	103 (85/18)
t2.10	Age (mean±SE)	30.2±2.2	29.8±2.5	30.9±2.0	31.0±2.2

(I) Doctors who knew the furosemideprobenecid interaction, understood its mechanism and participated in CP courses or laboratory exercise in Jichi Medical School; (II) octors who knew the drug interaction but did not understand its mechanism and participated in CP courses or laboratory exercise in Jichi Medical School; (III) doctors who did not know the drug interaction and participated in CP courses or laboratory exercise in Jichi Medical School; (IV) doctors who graduated from other medical schools and did not participate in CP courses or laboratory exercises during their undergraduate education

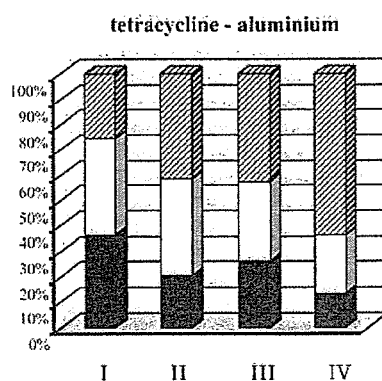
Fig. 1 Recognition of clinically important drug interactions that were documented by the Ministry of Health, Labour and Welfare, Japan. Sample sizes of groups I, II, III, and IV were 139, 118, 100, and 103, respectively. (I) Doctors who knew the furosemide-probenecid interaction, understood its mechanism and participated in CP courses or laboratory exercise in Jichi Medical School; (II) doctors who knew the drug interaction but did not understand its mechanism and participated in CP courses or laboratory exercise in Jichi Medical School; (III) doctors who did not know the drug interaction and participated in CP courses or laboratory exercise in Jichi Medical School; (IV) doctors who graduated from other medical schools and did not participate in CP courses or laboratory exercises during their undergraduate education



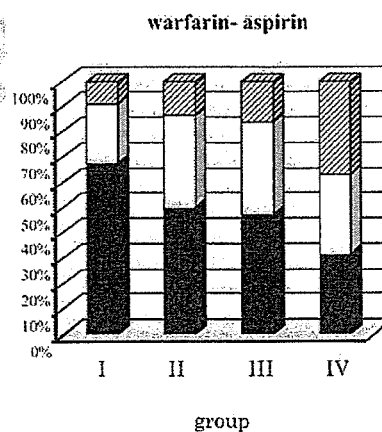
 a: knew it and understood its mechanism
 b: knew it but did not understand its mechanism
 c: did not know it



between groups with CP course (I + II + III) and group without CP course (IV): $P < 0.01$
among groups I, II, and III: $P < 0.01$



between groups with CP course (I + II + III) and group without CP course (IV): $P < 0.01$
among groups I, II, and III: $P < 0.01$



between groups with CP course (I + II + III) and group without CP course (IV): $P < 0.01$
among groups I, II, and III: $P < 0.01$

128 **Discussion**

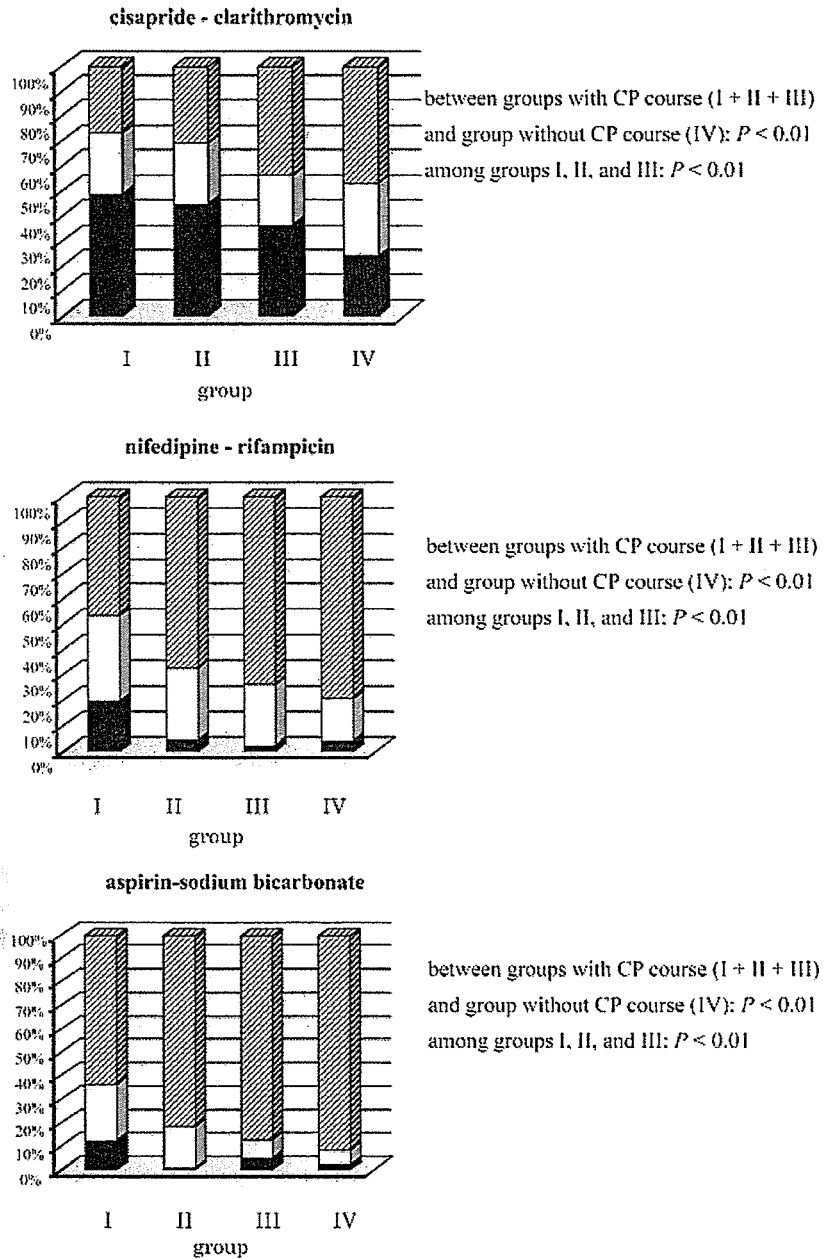
129 At the beginning of the 1990s, it was recognized that the
 130 inhibition of terfenadin metabolism by erythromycin and
 131 ketoconazole led to serious adverse effects [8], thus
 132 highlighting the importance of physicians recognizing
 133 drug interactions. Subsequently, the U.S. Food and Drug
 134 Administration has published guidelines for studies of in
 135 vitro and in vivo drug interactions [10, 11]. To avoid
 136 serious drug-related adverse effects in patients, it is
 137 important to improve the system of transmitting information
 138 about drug interactions to physicians [12]. It is also
 139 necessary that undergraduate students acquire the knowl-
 140 edge and understanding of drug interactions during CP

courses. However, for medical students to develop an
 attitude that will lead them to assess and estimate potential
 drug interactions before prescribing drugs, we think it is
 important that the students themselves experience a drug
 interaction.

The drug interaction between furosemide and probenecid is well known. Both furosemide and probenecid are secreted in urine by the renal organic anion transport system [13, 14]. Therefore, when these agents are coadministered, probenecid reduces the renal secretion of furosemide and subsequent diuretic effects. For more than 15 years at Jichi Medical School, we have performed a laboratory exercise of the furosemide-probenecid interaction at the end of the CP course for undergraduate students.

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Fig. 1 (continued)



155 Recently, we analyzed data obtained from 1995 to 1999
156 and found that the exercise was easy to perform,
157 reproducible, and safe [8].

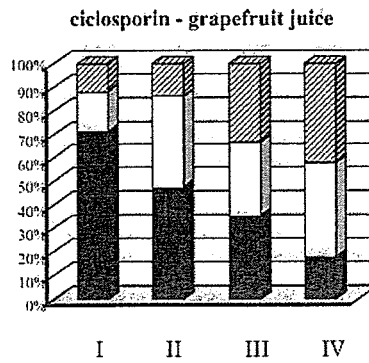
158 In this study, we surveyed physicians who had been
159 prescribing drugs for 3–7 years, and we evaluated the effect
160 of the CP course including the furosemide–probenecid
161 exercise on their recognition of clinically important drug
162 interactions. The percentage of physicians who responded
163 that knowledge of drug interactions was essential for
164 prescribing drugs and the degree of recognition of ten drug
165 interactions was significantly greater in the group which
166 had taken an undergraduate CP course than in those who
167 had not. In addition, the percentage of doctors who thought
168 that the knowledge of drug-related adverse effects was

essential before writing a prescription was also significantly
greater in the group which had taken the CP course.
Based on these results, we think that a CP course including
the furosemide–probenecid laboratory exercise provides a
good opportunity for active learning of drug interactions
and adverse reactions in patients.

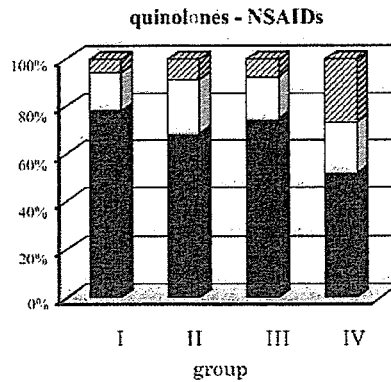
In general, among physicians who had taken the CP
course, the degree of the recognition of drug interactions
was group I (knew the furosemide–probenecid interaction
and understood its mechanism) > group II (knew the drug
interaction but did not understand its mechanism) > group
III (did not know the drug interaction). These findings
suggest that both the recognition of potential drug
interactions as well as an understanding of the underlying

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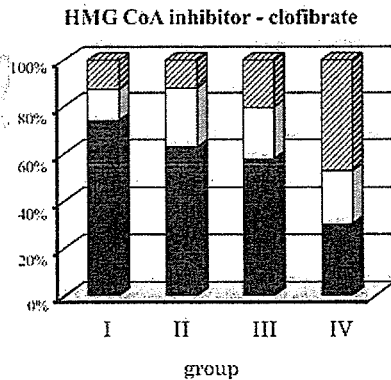
Fig. 1 (continued)



between groups with CP course (I + II + III) and group without CP course (IV): $P < 0.01$
among groups I, II, and III: $P < 0.01$



between groups with CP course (I + II + III) and group without CP course (IV): $P < 0.01$
among groups I, II, and III: $P < 0.01$



between groups with CP course (I + II + III) and group without CP course (IV): $P < 0.01$
among groups I, II, and III: $P < 0.01$

183 mechanisms are needed to prevent serious adverse effects
184 in future clinical practice.

185 Because this study is based on a questionnaire survey, it
186 is difficult to estimate the honesty of the responses, which
187 is a limitation of the study. However, because we can
188 assume that the incidence of dishonesty was evenly
189 distributed in all groups, the results still indicated the

effectiveness of the laboratory exercise in the under-
graduate CP course. Another possible interpretation of the
present results could be that the graduates of Jichi Medical
School had greater knowledge about drug interaction
whether they had done the laboratory exercise or not.
However, we think that such a possibility is small because
the degree of recognition in group I is greater than group II

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t3.1 **Table 3** Percentage of
t3.2 physicians who responded that
t3.3 knowledge of drug interactions
and adverse effects were
essential for prescribing drugs

Knowledge	Group		
	With CP course (I + II + III) (n=357)	Without CP course (IV) (n=103)	P-value
Drug interactions	65%	45%	<0.01
Adverse effects	50%	39%	<0.05

t3.4
t3.5

197 and III (all were graduates from Jichi Medical School) as
198 discussed in the previous paragraph.

199 In summary, this study showed that physicians who took
200 a CP course including a drug-interaction laboratory
201 exercise during their undergraduate education were more
202 likely to recognize clinically important drug interactions.
203 Through the personal experience of a drug interaction,
204 undergraduate medical students will be more motivated to
205 recognize drug interactions once in clinical practice.

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Endothelin and nitric oxide mediate adaptation of the cortical collecting duct to metabolic acidosis

Shuichi Tsuruoka,¹ Seiji Watanabe,² Jeffrey M. Purkerson,² Akio Fujimura,¹ and George J. Schwartz²

¹Department of Pharmacology, Jichi Medical School, Tochigi, Japan; and ²Department of Pediatrics, University of Rochester School of Medicine, Rochester, New York

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Tsuruoka, Shuichi, Seiji Watanabe, Jeffrey M. Purkerson, Akio Fujimura, and George J. Schwartz. Endothelin and nitric oxide mediate adaptation of the cortical collecting duct to metabolic acidosis. *Am J Physiol Renal Physiol* 291: F866–F873, 2006. First published May 16, 2006; doi:10.1152/ajprenal.00027.2006.—Endothelin (ET) and nitric oxide (NO) modulate ion transport in the kidney. In this study, we defined the function of ET receptor subtypes and the NO guanylate cyclase signaling pathway in mediating the adaptation of the rabbit cortical collecting duct (CCD) to metabolic acidosis. CCDs were perfused *in vitro* and incubated for 3 h at pH 6.8, and bicarbonate transport or cell pH was measured before and after acid incubation. Luminal chloride was reversibly removed to isolate H⁺ and HCO₃⁻ secretory fluxes and to raise the pH of β-intercalated cells. Acid incubation caused reversal of polarity of net HCO₃⁻ transport from secretion to absorption, comprised of a 40% increase in H⁺ secretion and a 75% decrease in HCO₃⁻ secretion. The ET_B receptor antagonist BQ-788, as well as the NO synthase inhibitor, N^G-nitro-L-arginine methyl ester (L-NAME), attenuated the adaptive decrease in HCO₃⁻ secretion by 40%, but only BQ-788 inhibited the adaptive increase in H⁺ secretion. There was no effect of inactive D-NAME or the ET_A receptor antagonist BQ-123. Both BQ-788 and L-NAME inhibited the acid-induced inactivation (endocytosis) of the apical Cl⁻/HCO₃⁻ exchanger. The guanylate cyclase inhibitor LY-83583 and cGMP-dependent protein kinase inhibitor KT-5823 affected HCO₃⁻ transport similarly to L-NAME. These data indicate that signaling via the ET_B receptor regulates the adaptation of the CCD to metabolic acidosis and that the NO guanylate cyclase component of ET_B receptor signaling mediates downregulation of Cl⁻/HCO₃⁻ exchange and HCO₃⁻ secretion.

tubule microperfusion; endothelin receptor antagonist; nitric oxide synthase inhibitor; cyclic GMP; cyclic GMP-dependent protein kinase

ENDOTHELINS (ET) were first described as vasoactive peptides that regulate regional vascular tone by signaling cells in the cardiovascular system via members of the G protein-coupled receptor family (15a, 45). Since the early 1990s, it has become apparent that ET also regulates sodium-water balance and pH homeostasis in the kidney by directly signaling renal epithelial cells. ET promotes water diuresis by acting to inhibit the hydroosmotic action of vasopressin (22). Several studies implicate ET in the regulation of acid-base homeostasis in the proximal tubule (41) as well as the distal nephron (42, 43). ET modulates NHE3 activity in the proximal tubule and thereby regulation of proton secretion by this segment (13). In the distal nephron, ET-1 is abundantly expressed by collecting ducts (12), as are ET_B receptors (29). ET stimulates distal tubular acidification in the rat (42, 43), and the expression of

ET in the kidney is stimulated by metabolic acidosis (44). Mice having a genetically disrupted ET_B receptor experience a more severe acidosis than normal mice in response to acid loading (13). However, a detailed assessment of the regulation of proton vs. bicarbonate transport in the cortical collecting duct (CCD) is lacking.

In many cases, the effects of ET on ion transport processes in nephron segments are mediated by the generation of nitric oxide (NO) resulting from activation of a NO synthase (NOS) (9, 10, 17). *In vivo* studies suggest that NO induces a natriuresis and diuresis, which is mediated by activation of guanylate cyclase. In the proximal tubule, Wang et al. (41) reported that tubules from neuronal NOS knockout mice exhibited lower fluid and HCO₃⁻ absorption rates compared with tubules from wild-type mice. Thus NO produced by neuronal NOS in the proximal tubule is likely to stimulate fluid and HCO₃⁻ absorption. In the CCD NO inhibits Na⁺ absorption and vasopressin-stimulated osmotic water permeability (5, 17). The effect of NO on osmotic water permeability is blocked by guanylate cyclase and cGMP-dependent protein kinase (PKG) inhibitors, indicating that the effect of NO is mediated by activation of soluble guanylate cyclase and subsequent activation of PKG by cGMP (6, 17). This cascade results in inhibition of vasopressin-stimulated osmotic water permeability (6, 17).

In the thick ascending limb, endogenous NO inhibits chloride transport (20), and a comparable inhibition is observed using exogenous ET-1 (19). The ET effect is blocked by inhibiting NOS with N^G-nitro-L-arginine methyl ester (L-NAME) (19), suggesting that the effects of ET-1 are mediated by NOS in the thick ascending limb of Henle's loop (9).

NO also regulates pH homeostasis in the distal nephron. In freshly isolated CCDs, NO donors decrease bafilomycin-sensitive H⁺-ATPase activity (31). Such inhibition is likely mediated by cGMP because cGMP analogs also inhibit H⁺-ATPase activity (31). However, this finding would lead to an expectation of decreased H⁺ secretion in the CCD, which could be life threatening in a setting of metabolic acidosis. In contrast, mice deficient in neuronal (n)NOS develop metabolic acidosis (41). In rats inhibition of NO by administration of L-NAME impairs urinary acid excretion after acute NH₄Cl loading (35). CCDs taken from such treated rats showed that net bicarbonate absorption was reduced by 40%. These studies strongly suggest that NO is involved in the maintenance of acid-base homeostasis in the distal nephron; however, it has not been established whether NO regulates proton and/or bicarbonate flux by intercalated cells.

Address for reprint requests and other correspondence: G. J. Schwartz, Pediatric Nephrology, Box 777, Univ. of Rochester Medical Center, 601 Elmwood Ave., Rochester, NY 14642 (e-mail: George_Schwartz@urmc.rochester.edu).

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In this study, we examine whether the changes in $\text{H}^+/\text{HCO}_3^-$ secretion fluxes induced by acidosis are regulated by ET receptor signaling via the NO-guanylate cyclase pathway. We made use of in vitro acid incubation of CCDs that recapitulates the findings of 3 days of in vivo acid loading (21). CCDs taken from normal rabbits secrete net HCO_3^- , and this net flux is made up of a small H^+ secretory flux that is outstripped by a much larger HCO_3^- secretory flux (26, 33). The adaptation to acidosis is associated with both a modest increase in H^+ secretory flux and a large decrease in HCO_3^- secretory flux, with the resultant sum of fluxes being the secretion of net protons (26, 33); that is, a reversal in polarity of net HCO_3^- transport.

METHODS

Animals. Female New Zealand white rabbits ($n = 49$) weighing 1.6–2.5 (mean 2.04) kg were maintained on standard laboratory chow (Japan Clea) with free access to water (33). Animals were killed by intracardiac injection of 130 mg pentobarbital sodium after premedication with ketamine (44 mg/kg) and xylazine (5 mg/kg). Urine was obtained postmortem by bladder tap; urine pH averaged 7.96 ± 0.02 (SE, $n = 49$).

Microperfusion of CCDs. CCDs were microdissected and microperfused as performed in this laboratory (26, 33). The average tubule length was 0.9 ± 0.1 mm. Equilibration and transport were performed using Burg's solution in the perfusate and bath, containing (in mM) 120 NaCl, 25 NaHCO_3 , 2.5 K_2HPO_4 , 2 CaCl_2 , 1.2 MgSO_4 , 5.5 D-glucose, 1 trisodium citrate, 4 sodium lactate, and 6 L-alanine, 290 ± 2 mosmol/kg H_2O , and gassed with 94% O_2 -6% CO_2 , yielding a pH of 7.4 at 37°C (26, 33, 34). Bath was continually exchanged at 14 ml/h by a peristaltic pump. Luminal perfusion rate was maintained at 1.5–2.1 nl/min.

Incubation for 3 h at low pH (pH 6.8 in both luminal and bathing solutions) has been previously described (21). Briefly, the luminal solution contained DMEM without NaHCO_3 (GIBCO, BRL, Gaithersburg, MD), Burg's solution, and dissection solution (Burg's solution with 25 mM NaHCO_3 replaced by NaCl) in a ratio of 3:2:4, respectively. The bathing solution was similar except that it also contained 30 U/ml penicillin, 30 $\mu\text{g}/\text{ml}$ streptomycin, and 3.3% fetal calf serum (GIBCO, BRL) (21, 33, 46). Incubation at pH 6.8 in vitro yields a physiology comparable to 3 days of acidosis in vivo and reverses the polarity of HCO_3^- flux from net secretion to net absorption (21, 26, 33).

Bicarbonate transport. Triplicate collections of 12–15 nl of tubular fluid were made under water saturated mineral oil and analyzed for HCO_3^- using a Nanoflo (WPI, Sarasota, FL) (26, 33, 35, 36). Net HCO_3^- was calculated as $J_{\text{HCO}_3^-} = (C_{\text{O}} - C_{\text{L}}) \times (V_{\text{L}}/L)$, where C_{O} and C_{L} are the HCO_3^- concentrations of perfused and collected fluid, respectively, V_{L} is the rate of collected fluid, and L is the length of the tubule (mm) (26, 33). When HCO_3^- transport ($J_{\text{HCO}_3^-}$) is >0 , there is net HCO_3^- absorption; when $J_{\text{HCO}_3^-}$ is <0 , there is net HCO_3^- secretion. To distinguish between unidirectional H^+ and HCO_3^- secretion after net HCO_3^- transport is measured, luminal Cl^- was replaced by gluconate (21). In this maneuver, HCO_3^- is not secreted, thereby uncovering the unidirectional H^+ secretory flux. Subtracting this H^+ secretory flux from the net bicarbonate transport flux reveals the HCO_3^- secretory flux.

Measurements were repeated after the 3-h incubation and compared with preincubation values. In most of the experiments, an agent was introduced in the bath for 30 min at pH 7.4 before being added to the pH 6.8 bathing solution for the 3-h incubation (21, 26). The agents included BQ-788 (1 μM , Sigma, ET_B receptor antagonist) (8), BQ-123 (1–10 μM , Sigma, ET_A receptor antagonist) (2), L-NAME (1 mM, Sigma, St. Louis, MO and Tokyo, Japan, NOS inhibitor) (39), D-NAME (1 mM, Sigma, inactive enantiomer control), LY-83583 (or

6-anilino-5,8-quinolinedione, 10 μM , Biomol, Plymouth Meeting, PA, guanylate cyclase inhibitor) (39), and KT-5823 (2 μM , Sigma, specific cell-permeant cGMP-dependent protein kinase inhibitor) (16).

Transepithelial voltage (mV) was measured using the luminal perfusion pipette as an electrode. The voltage difference between calomel cells connected via 3 M KCl agar bridges to perfusate and bath was measured with a high-impedance electrometer.

Cell pH studies. Cell pH was measured by excitation ratio fluorometry (490 nm/445-nm excitation; 520-nm emission) using 5–10 μM BCECF (Molecular Probes, Eugene, OR) (26, 36). Fluorescence was detected in multiple intercalated cells and corrected for background (Photon Technology, London, Ontario). Movement and contaminating fluorescent signals were minimized by examining cells in focus close to the perfusion pipette and in the wall of the tubule. Duplicate readings were averaged in Burg's solution, after the reversible removal of luminal Cl^- and subsequently after the reversible removal of basolateral Cl^- . The sequence of readings was repeated in the same identified intercalated cells after 3-h incubation.

Agents were dissolved in 0.1% DMSO (vehicle) and added to the bathing solution 3–15 min before and during the 3-h incubation at pH 6.8. These agents included BQ-788 (1 μM , the ET_B receptor antagonist) and L-NAME (1 mM).

Statistics. Data are presented as means \pm SE. Standard paired and unpaired comparisons were performed on spreadsheets using Excel 2003 (Microsoft, Bellvue, WA). One-way ANOVA, box plots, and post hoc Duncan and Scheffé's multiple comparison tests were used to examine the acid-incubated/basal $\text{H}^+/\text{HCO}_3^-$ flux ratios and the acid-induced changes in net HCO_3^- flux using NCSS 6.0 statistical software (Kaysville, UT). Significance was asserted if $P < 0.05$ for each multiple comparison test.

RESULTS

Incubation at pH 6.8 induces a reversal in polarity of net HCO_3^- flux. To study the adaptation of intercalated cells, we utilized the model of in vitro acid incubation (21) and examined the effect of 3-h incubation of each CCD at pH 6.8 in both luminal and bathing solutions. In three CCDs taken from normal rabbits, the mean rate of bicarbonate transport before acid incubation was -3.18 ± 0.51 $\text{pmol} \cdot \text{min}^{-1} \cdot \text{mm}^{-1}$, indicating net HCO_3^- secretion. After 3-h incubation at pH 6.8, the solutions were restored to pH 7.4 and HCO_3^- transport was remeasured in the same tubule. After acid incubation the net flux was $+3.07 \pm 0.28$ $\text{pmol} \cdot \text{min}^{-1} \cdot \text{mm}^{-1}$ ($P < 0.05$), indicating net H^+ secretion, as has been shown previously (21). The transepithelial voltage became less negative after acid incubation, in keeping with a higher rate of net H^+ secretion (-2.9 ± 0.1 to -2.4 ± 0.1 mV, $P < 0.05$).

To dissect out the unidirectional fluxes of HCO_3^- and H^+ comprising the net flux, we incubated five CCDs at pH 6.8 and added a period in which luminal Cl^- was removed (and replaced by gluconate) to the pre- and postacid-incubation measurements. Bicarbonate transport in the absence of luminal Cl^- reflects the secretion of protons by α -intercalated cells, because HCO_3^- secretion is simultaneously inhibited in the β -intercalated cells. Figure 1 shows that the mean rate of net HCO_3^- transport was -3.81 ± 0.21 $\text{pmol} \cdot \text{min}^{-1} \cdot \text{mm}^{-1}$, which was comprised of an H^+ secretion rate of 3.69 ± 0.16 $\text{pmol} \cdot \text{min}^{-1} \cdot \text{mm}^{-1}$ and a HCO_3^- secretion rate of -7.50 ± 0.36 $\text{pmol} \cdot \text{min}^{-1} \cdot \text{mm}^{-1}$ (Table 1). After 3-h incubation at pH 6.8 in the presence of vehicle, the net HCO_3^- flux reversed polarity to net H^+ secretion ($+3.27 \pm 0.14$ $\text{pmol} \cdot \text{min}^{-1} \cdot \text{mm}^{-1}$, $P < 0.01$); at 7.1 $\text{pmol} \cdot \text{min}^{-1} \cdot \text{mm}^{-1}$ (Fig. 2), the change in net flux from basal to acid incubated was large enough to result in a change in

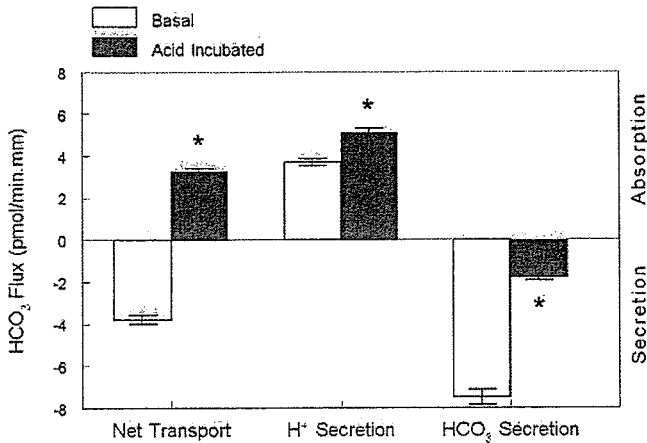


Fig. 1. Changes in H^+/HCO_3^- flux induced by incubation of cortical collecting duct (CCD) at pH 6.8 ($n = 5$ CCDs). *Left*: net bicarbonate transport. *Middle*: H^+ secretory fluxes obtained from luminal Cl^- removal (which inhibits HCO_3^- secretion). *Right*: HCO_3^- secretory fluxes obtained from the difference between the net and H^+ secretion flux. Each flux is presented before and following acid incubation. *Significantly different ($P < 0.01$) from basal value.

polarity from net HCO_3^- secretion to absorption. This adaptation was associated with a 39% increase in H^+ secretory flux to $5.08 \pm 0.23 \text{ pmol} \cdot \text{min}^{-1} \cdot \text{mm}^{-1}$ ($P < 0.05$; Table 1 and Fig. 3) and a 76% decrease in HCO_3^- secretory flux to $-1.81 \pm 0.11 \text{ pmol} \cdot \text{min}^{-1} \cdot \text{mm}^{-1}$ ($P < 0.01$); the acid-incubated flux was 24% of the basal flux (Table 1 and Fig. 4). Concomitant with the increase in H^+ secretion, the transepithelial voltage tended to become less negative after acid incubation (-2.5 ± 0.1 to $-2.1 \pm 0.2 \text{ mV}$, $P = 0.06$).

Adaptive changes in H^+/HCO_3^- secretion fluxes induced by low pH are inhibited by ET_B receptor antagonism. Because ET secretion is induced by acidosis (42, 44) and ET receptor signaling regulates ion transport processes along the nephron (13, 32, 43), we examined the effect of ET receptor antagonism on the changes in H^+/HCO_3^- secretory fluxes induced by incubation at low pH. Acid incubation with BQ-788 failed to reverse the polarity of the net HCO_3^- flux (Table 1); that is, net HCO_3^- secretion was reduced to no significant HCO_3^- transport (-4.03 ± 0.29 to $0.16 \pm 0.16 \text{ pmol} \cdot \text{min}^{-1} \cdot \text{mm}^{-1}$, $P < 0.01$); at $4.1 \text{ pmol} \cdot \text{min}^{-1} \cdot \text{mm}^{-1}$, the change in net flux was significantly smaller than vehicle (Fig. 2). The reduction in net HCO_3^- secretion was not due to an offsetting increase in H^+

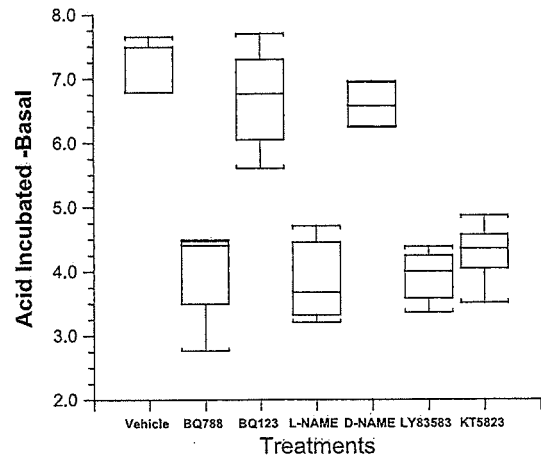


Fig. 2. Inhibition of ET_B receptor signaling blocks adaptive changes in net bicarbonate flux induced by acid incubation. The difference between acid-incubated and basal net bicarbonate flux in $\text{pmol} \cdot \text{min}^{-1} \cdot \text{mm}^{-1}$ under various treatments is shown in box plots. Treatments include vehicle ($n = 5$), BQ-788 ($n = 5$), BQ-123 ($n = 5$), L-NAME ($n = 4$), D-NAME ($n = 4$), LY-83583 ($n = 6$), and KT-5823 ($n = 6$). The horizontal line represents the median, the top and bottom of the box represent the 75th and 25th percentiles, respectively, and the length of the box is the interquartile range; the T-shaped lines represent upper and lower adjacent values, wherein the former is the largest observation that is less than or equal to the 75th percentile plus 1.5 times the interquartile range and the latter is the smallest observation that is greater than or equal to the 25th percentile minus 1.5 times the interquartile range. The change in net bicarbonate flux is positive, indicating a shift from net secretion to zero net flux or to net HCO_3^- absorption. Because 1-way ANOVA was highly significant ($P < 0.001$), Duncan and Scheffé's multiple-comparison tests were performed. The change in vehicle net flux was significantly different from those due to BQ-788, L-NAME, LY-83583, and KT-5823, and the changes due to the inactive agents D-NAME and BQ-123 were also significantly different from these 4 treatments. The changes due to BQ-788, L-NAME, LY-83583, and KT-5823 were each significantly different from those due to vehicle, BQ-123, or D-NAME.

secretion [3.95 ± 0.10 to 4.05 ± 0.20 , $P = \text{not significant (NS)}$; Table 1 and Fig. 3, significantly smaller than vehicle], but rather to a 49% reduction in HCO_3^- secretion (-7.98 ± 0.35 to $-4.00 \pm 0.15 \text{ pmol} \cdot \text{min}^{-1} \cdot \text{mm}^{-1}$, $P < 0.01$); the acid-incubated HCO_3^- secretory flux was 51% of the basal flux (Table 1 and Fig. 4) and significantly larger than vehicle. The lack of change in H^+ secretion was associated with no significant change in transepithelial voltage (-2.13 ± 0.15 to $-2.04 \pm 0.14 \text{ mV}$, $P = \text{NS}$). BQ-123, an ET_A receptor

Table 1. Basal and acid incubation net and H^+/HCO_3^- fluxes

Treatment	N	Net Flux			H^+ Flux			HCO_3^- Flux		
		Basal	Acid	Δ	Basal	Acid	%	Basal	Acid	%
Vehicle	5	-3.8 ± 0.21	$3.3 \pm 0.14^\dagger$	7.1	3.7 ± 0.16	$5.1 \pm 0.23^*$	39	-7.5 ± 0.36	$-1.8 \pm 0.11^\dagger$	24
BQ-788	5	-4.0 ± 0.29	$0.1 \pm 0.16^\dagger$	4.1	3.9 ± 0.10	4.0 ± 0.20	3	-8.0 ± 0.35	$-4.0 \pm 0.15^\dagger$	51
BQ-123	5	-4.1 ± 0.15	$2.6 \pm 0.22^\dagger$	6.7	3.5 ± 0.18	$4.9 \pm 0.22^\dagger$	42	-7.6 ± 0.26	$-2.3 \pm 0.31^\dagger$	30
L-NAME	4	-3.7 ± 0.37	$0.2 \pm 0.19^\dagger$	3.8	3.2 ± 0.06	$3.9 \pm 0.08^\dagger$	24	-6.8 ± 0.38	$-3.8 \pm 0.12^\dagger$	56
D-NAME	4	-3.8 ± 0.07	$2.8 \pm 0.18^\dagger$	6.6	3.6 ± 0.19	$4.9 \pm 0.22^\dagger$	37	-7.4 ± 0.22	$-2.2 \pm 0.12^\dagger$	29
LY-83583	6	-3.8 ± 0.17	$0.2 \pm 0.09^\dagger$	3.9	3.2 ± 0.11	$3.8 \pm 0.18^*$	16	-7.0 ± 0.27	$-3.6 \pm 0.23^\dagger$	51
KT-5823	6	-4.2 ± 0.15	$0.1 \pm 0.05^\dagger$	4.3	3.6 ± 0.12	$4.0 \pm 0.12^*$	11	-7.9 ± 0.22	$-3.9 \pm 0.13^\dagger$	50

Values are means \pm SE. Fluxes are reported as $\text{pmol} \cdot \text{min}^{-1} \cdot \text{mm}^{-1}$ tubule length; the fluxes have been rounded to 2 significant numbers to facilitate comparisons across the table. Δ Denotes change from basal to acid incubated. % denotes the ratio of acid-incubated/basal unidirectional H^+/HCO_3^- fluxes $\times 100$. Concentrations of drug treatments were as follows: $1 \mu\text{M}$ BQ-788 and $1\text{--}10 \mu\text{M}$ BQ-123, D-NAME, 1 mM N^G -nitro-L-arginine methyl ester (L-NAME), $10 \mu\text{M}$ LY-83583, and $2 \mu\text{M}$ KT-5823. *Acid incubated significantly different from basal, $P < 0.05$. † Acid incubated significantly different from basal, $P < 0.01$.

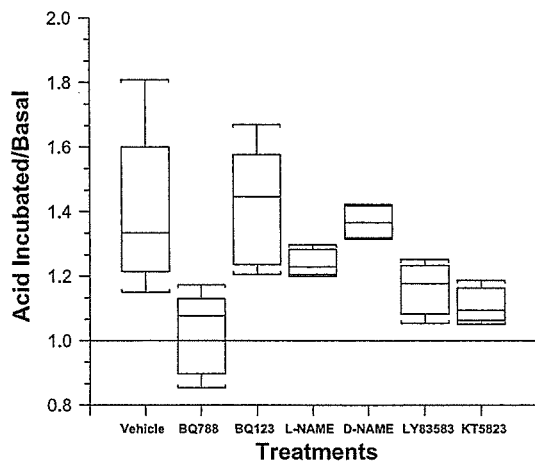


Fig. 3. Antagonism of ET_B receptor blocks increases in H⁺ secretion induced by low pH. The ratio of acid-incubated/basal H⁺ secretory fluxes under the various treatments is shown. The median and 75th and 25th percentiles are presented as in Fig. 2. The dashed horizontal line denotes the ratio of one, indicating no significant increase in H⁺ secretion. ANOVA was highly significant ($P < 0.001$) and the multiple range comparisons showed that the vehicle was significantly different from BQ-788, LY-83583, and KT-5823. The H⁺ secretory flux after BQ-788 treatment was significantly different from vehicle, L-NAME, D-NAME, and BQ-123; the BQ-788 ratio includes one within the interquartile range, indicating no significant increase in H⁺ secretion with acid incubation. LY-83583 and KT-5823 treatments were significantly different from vehicle, D-NAME, and BQ-123.

antagonist used at 1–10 μM , did not prevent the changes in H⁺ secretion and HCO₃⁻ secretion resulting from the incubation at pH 6.8. Acid incubation with BQ-123 resulted in a reversal of polarity of net HCO₃⁻ flux that was comparable to CCDs treated with vehicle control (Table 1 and Figs. 2–4). Because the response to acid incubation in the presence of BQ-788 resulted in a larger HCO₃⁻ secretory flux ($P < 0.05$) and a smaller H⁺ secretory flux ($P < 0.05$) than in the presence of vehicle or BQ-123 incubation (Table 1 and Figs. 3 and 4), we concluded that ET_B, but not ET_A, receptor signaling was critical for the adaptation of the CCD to acidosis.

Time control. To ensure the stability of the isolated CCD preparation, we performed four timed control experiments with a 3-h incubation at pH 7.4; three of these experiments utilized 1 μM BQ-788 and the fourth used no inhibitor. Net bicarbonate secretion was unchanged by the incubation (or inhibitor): -3.89 ± 0.16 before and -3.83 ± 0.17 $\text{pmol}\cdot\text{min}^{-1}\cdot\text{mm}^{-1}$ after incubation ($P = \text{NS}$). There was no change in H⁺ secretory flux (3.44 ± 0.05 to 3.68 ± 0.21 $\text{pmol}\cdot\text{min}^{-1}\cdot\text{mm}^{-1}$, $P = \text{NS}$) or in HCO₃⁻ secretory flux (-7.33 ± 0.13 to -7.51 ± 0.29 $\text{pmol}\cdot\text{min}^{-1}\cdot\text{mm}^{-1}$, $P = \text{NS}$). In agreement with the stability of the H⁺ secretory flux, there was no change in transepithelial voltage (-2.1 ± 0.1 to -2.1 ± 0.1 mV, $P = \text{NS}$). Similar data have been reported previously (33).

Adaptive decrease in HCO₃⁻ secretion flux induced by low pH requires NO synthesis. ET receptor signaling induces activation of NOS activity (9, 10). Therefore, we examined whether NO production was required for adaptation of the CCD to low pH. To detect the effect of NOS inhibition, we incubated five CCDs in 1 μM L-NAME just before and during the pH 6.8 incubation. Net HCO₃⁻ secretion before the acid incubation averaged -3.22 ± 0.22 $\text{pmol}\cdot\text{min}^{-1}\cdot\text{mm}^{-1}$ and after

acid incubation was only slightly greater than zero, 0.59 ± 0.02 $\text{pmol}\cdot\text{min}^{-1}\cdot\text{mm}^{-1}$. Whereas the change in net HCO₃⁻ flux was significant ($P < 0.01$), the acid-induced reversal of polarity of HCO₃⁻ flux was inhibited by L-NAME. When the inactive D-NAME was employed in two CCDs, the full adaptation and reversal of polarity of the net HCO₃⁻ flux were apparent (preincubation: -2.59 and -3.74 $\text{pmol}\cdot\text{min}^{-1}\cdot\text{mm}^{-1}$; postacid incubation: 2.94 and 2.79 $\text{pmol}\cdot\text{min}^{-1}\cdot\text{mm}^{-1}$, respectively).

We further examined the effect of NOS inhibition on the adaptation to low pH (in vitro acidosis) by measuring HCO₃⁻ transport in the presence and absence of luminal Cl⁻. Table 1 shows that acid incubation with L-NAME resulted in a significant reduction, but not a reversal in polarity, of net HCO₃⁻ transport (-3.66 ± 0.37 to 0.16 ± 0.19 $\text{pmol}\cdot\text{min}^{-1}\cdot\text{mm}^{-1}$, $P < 0.01$); at 3.8 $\text{pmol}\cdot\text{min}^{-1}\cdot\text{mm}^{-1}$, the change in net flux was significantly smaller than vehicle (Fig. 2). This attenuated adaptation was associated with a 24% increase in H⁺ secretory flux (3.17 ± 0.06 to 3.93 ± 0.08 $\text{pmol}\cdot\text{min}^{-1}\cdot\text{mm}^{-1}$, $P < 0.01$; Fig. 3) and a 44% decrease in HCO₃⁻ secretory flux (-6.84 ± 0.38 to -3.77 ± 0.12 $\text{pmol}\cdot\text{min}^{-1}\cdot\text{mm}^{-1}$, $P < 0.01$; Fig. 4); at 56%, the ratio of acid-incubated basal HCO₃⁻ secretory flux was significantly increased over vehicle, indicating a failure to adaptively reduce HCO₃⁻ secretion during acid incubation. The small increase in H⁺ secretion was not associated with a significant decrease in transepithelial voltage (-2.3 ± 0.1 to -2.1 ± 0.2 mV, $P = \text{NS}$). In contrast, for CCDs incubated at pH 6.8 with the inactive enantiomer D-NAME, there was a complete adaptive reversal of polarity of net HCO₃⁻ flux (Table 1 and Figs. 2–4), similar to what was observed with vehicle control. These data show that NOS inhibition via L-NAME diminishes the downregulation of HCO₃⁻ secretion that occurs in response to incubation at low pH. L-NAME also partially blocks the acid-induced increase in H⁺ secretion (24 vs. 37% for D-NAME; Table 1) but was not

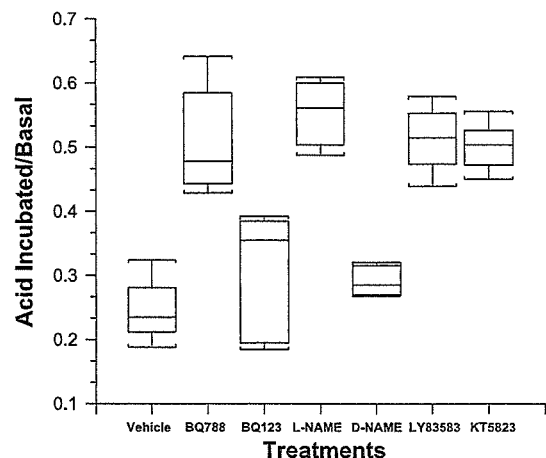


Fig. 4. Inhibition of ET_B receptor signaling blocks adaptive changes in HCO₃⁻ secretion induced by acid incubation. The ratio of acid-incubated/basal HCO₃⁻ secretory fluxes under the various treatments is shown. The median and 75th and 25th percentiles are presented as in Fig. 2. ANOVA was highly significant ($P < 0.001$) and the multiple range comparisons showed that vehicle was significantly different from BQ-788, L-NAME, LY-83583, and KT-5823 but was not different from D-NAME or BQ-123. D-NAME and BQ-123 were significantly different from BQ-788, L-NAME, LY-83583, and KT-5823. Each of the active treatments (BQ-788, L-NAME, LY-83583, and KT-5823) was significantly different from vehicle, BQ-123, and D-NAME.

as effective as the ET_B receptor antagonist, BQ-788 (Table 1 and Fig. 2), so that the end result is not a reversal in polarity of HCO_3^- transport, but a reduction to zero net transport.

ET_B receptor antagonism and L-NAME block the effect of acidosis on chloride-dependent cell pH changes. To confirm the changes in HCO_3^- transport, we examined β -intercalated cell pH changes in response to removal of Cl^- from the lumen or bath. Previously, we showed that β -intercalated cells express apical Cl^-/HCO_3^- exchangers and basolateral Cl^- conductances (21, 25). Figure 5A shows that when luminal Cl^- was removed, intercalated cell pH rose by 0.40 ± 0.04 pH U, but that after acid incubation, there was no alkalinization of cell pH with this maneuver (delta pH = -0.01 ± 0.03 , $P < 0.01$). When bath Cl^- was removed before the incubation, intercalated cell pH fell by -0.42 ± 0.01 pH U (Fig. 5B), but after acid incubation, the change in pH was reduced (delta

pH = -0.18 ± 0.05 , $P < 0.05$). Such an adaptation to reduce apical Cl^-/HCO_3^- exchange and basolateral Cl^- exit would be appropriate during metabolic acidosis.

BQ-788 added to the pH 6.8 incubation prevented the adaptive reduction in apical Cl^-/HCO_3^- exchange (0.46 ± 0.02 to 0.46 ± 0.01 pH U, $P = NS$; Fig. 5C) and in sensitivity to basolateral Cl^- removal (-0.44 ± 0.03 to -0.44 ± 0.04 , $P = NS$; Fig. 5D). Similarly, L-NAME added to the pH 6.8 incubation clearly prevented the reduction in apical Cl^-/HCO_3^- exchange (0.47 ± 0.03 to 0.45 ± 0.03 pH U, $P = NS$; Fig. 5E) and in sensitivity to basolateral Cl^- removal (-0.48 ± 0.04 to -0.51 ± 0.05 pH U, $P = NS$; Fig. 5F). These results confirm that ET_B receptor signaling and NO synthesis are required for the adaptive decrease in HCO_3^- secretion (presumably by endocytosis of apical Cl^-/HCO_3^- exchangers) induced by incubation at low pH.

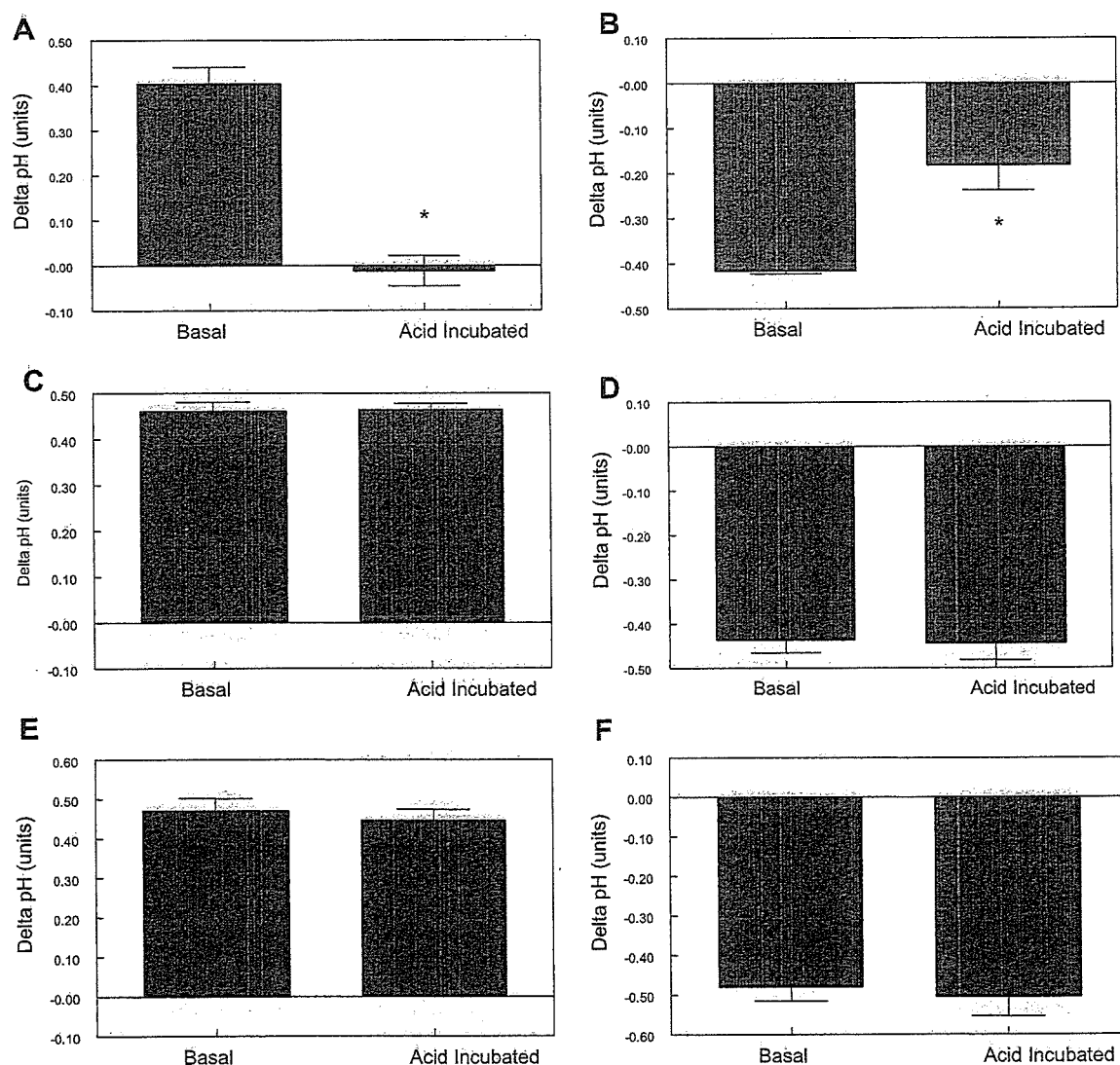


Fig. 5. ET_B receptor signaling is required for loss of luminal Cl^-/HCO_3^- exchange activity stimulated by low pH. Cell pH changes in response to Cl^- removal in basal state and after acid incubation are shown. A, C, and E: intercalated cell pH changes resulting from luminal Cl^- removal. B, D, and F: cell pH changes resulting from bath Cl^- removal. A and B: vehicle ($n = 25$ cells from 3 CCDs). C and D: BQ-788 ($n = 40$ cells from 5 CCDs). E and F: L-NAME ($n = 66$ cells from 7 CCDs). *Significantly different from basal value ($P < 0.01$).