Physiological Characteristics and Serum Hormone Concentration

	Control		T3-Treated	
	0 Days	14 Days	0 Days	14 Days
Body weight, g	320±11.9	365±5.3*	332±9.9	297±7.6*‡
Blood pressure, mm Hg	130±3.5	127±3.4	123±4.2	134±2.9
Heart rate, beat/min	367±12.7	378±13.7	363±8.9	522±10.4†‡
TSH, ng/mL		7.68±0.48		5.45±0.16§
Free T3, pg/mL		0.78±0.02		6.85±5.79
Free T4, ng/dL		3.34±0.24		1.67±0.08§

TSH indicates thyroid stimulating hormone; T3, triiodothyronine; T4, thyroxine.

n=6. *$P<0.05$, †$P<0.01$ vs 0 day, ‡$P<0.01$ vs control, §$P<0.01$ vs control.

demonstrated that Ang II induced CREB activation through ERK and p38-MAPK pathways.[7] In this study, we reported an inhibitory effect of T3 on Ang II-induced CREB phosphorylation (Figure 1). T3, however, showed insignificant effects on ERK or p38-MAPK activation. Although we could not exclude the possibility that the T3-induced mild attenuation of MAPK phosphorylation affect CREB phosphorylation, the coimmunoprecipitation assay suggests that protein-protein interaction between CREB and TR may play a role (Figure 3). To our knowledge, this is the first report to show an existence of crosstalk between Ang II signaling and T3 signaling in VSMC.

Contradicting results are reported in terms of the effect of thyroid hormone on intracellular cAMP level. Marchal et al[20] reported that T3 increased cAMP production in myoblasts. In contrast, it was reported that T3 or T4 inhibited basal and corticotropin (ACTH)-stimulated levels of intracellular cAMP in adrenal cells.[21] Incubation with T3 alone did not affect the phosphorylation level of CREB (data not shown) or CRE-dependent gene transcription (Figure 1B) in our VSMCs. These data may suggest that cAMP level is not affected by T3 in VSMCs and the effect of thyroid hormone on cAMP level may be cell type-dependent.

Ang II is involved in vascular remodeling after balloon injury. It is reported that AT_1R mediates the progression of neointimal thickening after balloon-injured artery in rat.[22,23] We showed that hyperthyroidism downregulated AT_1R in the aorta in the previous study.[15] It was also demonstrated that T3 suppressed CREB phosphorylation and decreased cell proliferation in the neointima of balloon-injured artery. Therefore the decreased AT_1R level may be responsible for the decreased CREB phosphorylation and neointimal formation. However, in vitro study clearly demonstrated that T3 inhibited CREB phosphorylation with 30 minutes' of preincubation, which is insufficient to downregulate AT_1R. It may be, therefore, plausible to assume that both downregulation of AT_1R and inhibition of CREB phosphorylation are responsible for the reduced neointimal formation in T3-treated rats. However, it is difficult to examine these two effects separately in vivo.

We previously reported that overexpression of dominant negative CREB in injured rat carotid artery attenuated neointimal formation[10] with increased apoptosis and decreased

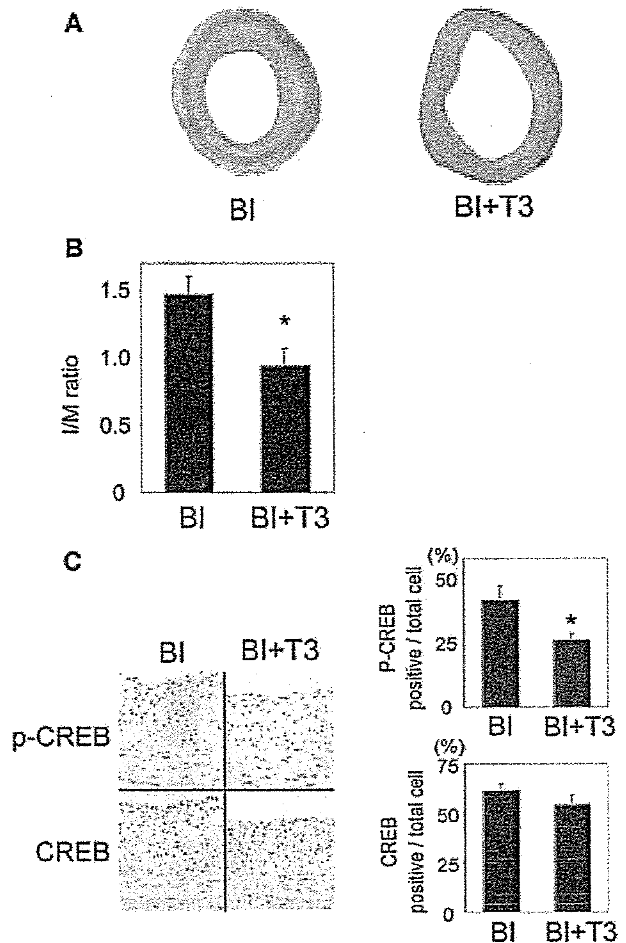

Figure 4. Neointimal formation of balloon-injured artery was suppressed in hyperthyroid rats. A, Representative microphotographs of hematoxylin-eosin staining of carotid arteries after 14 days of balloon injury (BI) are shown. In the right panel, rats received intraperitoneal injection of T3 (100 μg/100 g body weight suspended in 0.02 N NaOH) every other day for 2 weeks after BI (BI+T3). In the left panel, BI group received injection of 0.02 N NaOH only. B, A bar graph shows I/M ratio in the BI and BI+T3 groups. C, Representative microphotographs of immunohistochemistry for CREB and phosphorylated CREB in injured carotid artery at 14 days after injury are shown at left panel. The ratio of phosphorylated CREB-positive or CREB-positive cell number to total cell number is shown in the right panel (n=7).

proliferation. Although we expected that T3 has the same effect on injured artery, a significant increase in TUNEL index was not observed. This is probably because thyroid hormone has other effects than inhibiting CREB activity on blood vessel. And incubation of VSMCs with T3 for 24 hours failed to inhibit Ang II-induced CREB phosphorylation (data not shown). Further study is needed to clarify the mechanisms of these differences.

There are several reports describing that nuclear receptors can modulate gene expression by mechanism of protein–protein interaction with other transcription factors. Tagami et al reported an involvement of CREB in negative regulation of TSHα promoter activity by T3.[24] They suggests that T3 induces release of the co-repressor/histone deacetylase (HDAC) complex from TR and recruits co-activators such as

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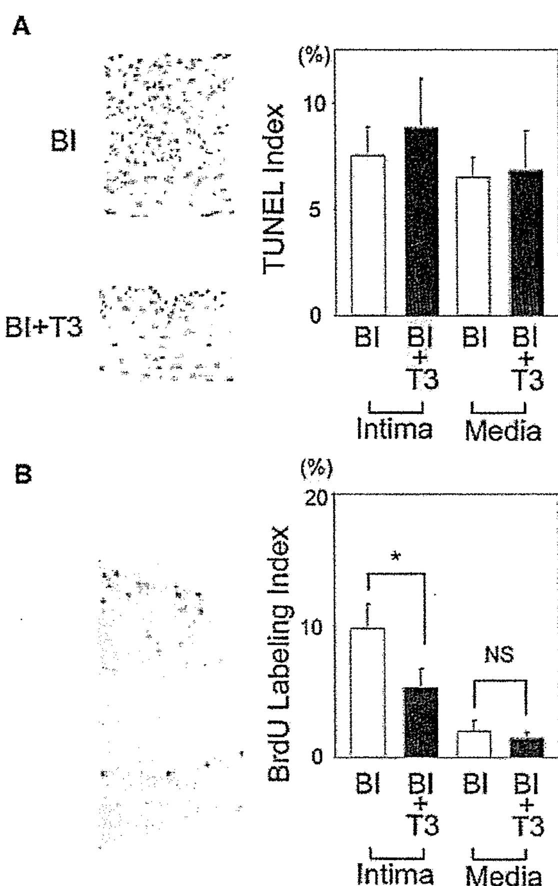

Figure 5. Effect of T3 on apoptosis and cell proliferation after balloon injury. A, TUNEL was performed in the cross-section of carotid arteries after 14 days of balloon injury with (BI+T3) or without (BI) T3 treatment (n=7). Representative microphotographs are shown in left panel and TUNEL index of intima or media is indicated in right panel. B, Representative microphotographs of BrdU labeling in the cross sections of carotid arteries after 7 days of balloon injury with (BI+T3) or without (BI) T3 treatment are shown in left panel. BrdU labeling index of intima or media is indicated in right panel. Results are expressed as mean±SEM (n=6). **P*<0.05. NS=not significant.

CBP to TR, which competes CBP away from the CREB on the promoter, causing repression of CREB-dependent transcription. It is also reported that the co-repressor complex containing HDAC released from TR binds to other transcription factors such as Octamer transcription factor-1 (Oct-1)[25] and nuclear factor-κB (NF-κB),[26] and inhibits the Oct-1–dependent or NF-κB–dependent gene transcription. Tricostatin A (TSA), an inhibitor of HDAC, is reported to restore co-repressor-induced suppression of IL-2 gene expression that is activated by NF-κB. We examined whether TSA abolishes T3-dependent suppression of Ang II-induced IL-6 expression. However, TSA did not affect T3 inhibition of Ang II-induced IL-6 mRNA expression (data not shown), suggesting that corepressor complex may not be involved. Recently, Mendez-Pertuz et al reported a transcriptional cross-talk between CREB and TR signaling pathways.[11] They showed that overexpression of CREB reduced T3-dependent transcriptional activation. To clarify the role of CREB, we took an advantage of overexpression of wild-type CREB by an adenovirus vector. Overexpression of CREB, however, did not restore an inhibitory effect of T3 on Ang II-induced IL-6 mRNA expression and Ang II-induced protein synthesis (data not shown). This may suggest that CREB is abundantly expressed in VSMCs. Actually, CREB is a ubiquitously expressed transcription factor and one report suggested that all the CRE sites in the genome are saturated by endogenous CREB.[27]

In this report, we showed a ligand-independent interaction between CREB and TR. T3 did not change the amount of association of CREB with TR but inhibited Ang II-induced CREB phosphorylation, which suggests that T3 may cause conformational change of TR resulting in the inhibition of CREB phosphorylation.

In the present study, we used a relatively high concentration of T3 to stimulate VSMCs. However, Mizuma et al[28] have shown the presence of an iodothyronine deiodinase in human VSMCs. This suggests that VSMCs are able to convert T4 to T3 and that intracellular concentration of T3 in blood vessel may be higher than the serum concentration. In addition, plasma concentration of T3 was not so high and TSH was weakly suppressed in our hyperthyroid model (Table), indicating that neointimal formation was significantly reduced in the mild hyperthyroid state. We therefore believe that our results are clinically relevant.

In summary, T3 inhibited Ang II-induced CREB activation without affecting MAPK activation. T3 attenuated Ang II-induced cytokine expression and protein synthesis. Neointimal formation of balloon-injured artery was suppressed in T3-treated rats with reduced CREB activation and cell proliferation. These results may suggest that an anti-atherosclerotic effect of thyroid hormone is, at least in part, dependent on the inhibition of AT_1R signaling and expression.

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Disclosures

None.

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Original Article

Amlodipine-Induced Reduction of Oxidative Stress in the Brain Is Associated with Sympatho-Inhibitory Effects in Stroke-Prone Spontaneously Hypertensive Rats

Yoshitaka HIROOKA[1),*], Yoshikuni KIMURA[1),*], Masatsugu NOZOE[1)], Yoji SAGARA[1)], Koji ITO[1)], and Kenji SUNAGAWA[1)]

Amlodipine is a dihydropyridine calcium channel blocker that is widely used for the treatment of hypertensive patients and has an antioxidant effect on vessels *in vitro*. The aim of the present study was to examine whether treatment with amlodipine reduced oxidative stress in the brains of stroke-prone spontaneously hypertensive rats (SHRSP). The animals received amlodipine, nicardipine or hydralazine for 30 days in their drinking water. Levels of thiobarbituric acid-reactive substances (TBARS) in the brain (cortex, cerebellum, hypothalamus, and brainstem) were measured before and after each treatment. Systolic blood pressure decreased to similar levels in the amlodipine-, nicardipine-, and hydralazine-treated groups. Urinary norepinephrine excretion was significantly reduced in SHRSP after treatment with amlodipine, but not with nicardipine or hydralazine. Levels of TBARS in the cortex, cerebellum, hypothalamus, and brainstem were significantly higher in SHRSP than in Wistar-Kyoto rats (WKY), and were reduced in amlodipine-treated, but not in nicardipine- or hydralazine-treated, SHRSP. Electron spin resonance spectroscopy revealed increased levels of reactive oxygen species in the brains of SHRSP, which were reduced by treatment with amlodipine. Intracisternal infusion of amlodipine also reduced systolic blood pressure, urinary norepinephrine excretion, and the levels of TBARS in the brain. These results suggested that oxidative stress in the brain was enhanced in SHRSP compared with WKY rats. In addition, antihypertensive treatment with amlodipine reduced oxidative stress in all areas of the brain examined and decreased blood pressure without a reflex increase in sympathetic nerve activity in SHRSP. (*Hypertens Res* 2006; 29: 49–56)

Key Words: **blood pressure, heart rate, hypertension, oxidative stress, sympathetic nervous system**

Introduction

Amlodipine is a dihydropyridine calcium channel blocker that is widely used for the treatment of hypertension. Large clinical trials have confirmed its usefulness for preventing cardiovascular events by lowering blood pressure (*1*, *2*). Concern remains over the risk of cardiovascular events in patients

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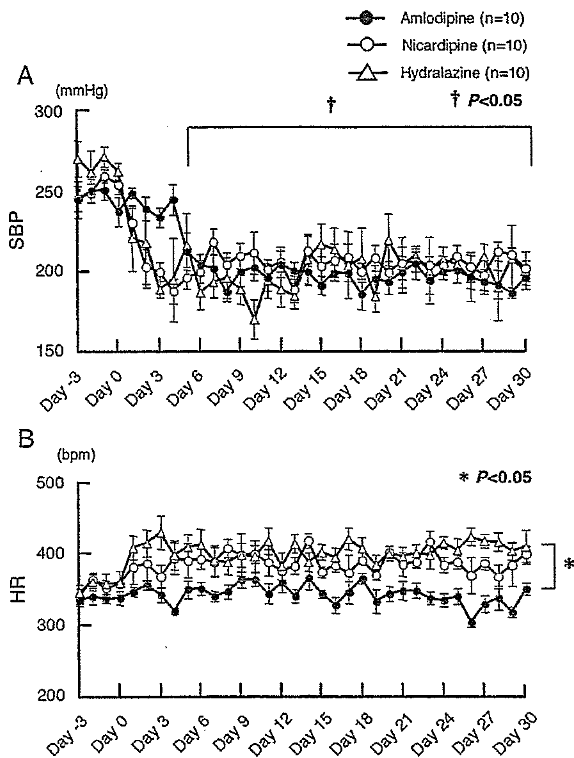

Fig. 1. *Time course of changes in systolic blood pressure (SBP) (A) and heart rate (HR) (B) induced by treatment with amlodipine, nicardipine and hydralazine.* †$p < 0.05$ *compared with the baseline values.* *$p < 0.05$ *for the difference between the two groups.*

with coronary artery disease, which is probably due to arterial baroreflex-mediated sympathoexcitation, particularly when short-acting calcium channel blockers are used (*3–5*). However, recent large clinical trials have indicated that this is not necessarily the case with long-acting dihydropyridine calcium channel blockers, such as amlodipine (*1*, *2*). In addition, amlodipine has been demonstrated to have anti-atherosclerotic and anti-inflammatory effects in animals (*6–9*) and humans (*10*). The mechanisms involved are complex, and include an increase in nitric oxide production (*11*) and a decrease in oxidative stress (*12–14*).

The reported effects of amlodipine on sympathetic nerve activity vary among human studies, although it appears to lower blood pressure (*15–17*). Receptor binding sites for calcium channel blockers have been identified in the brain (*18–20*). In conscious spontaneously hypertensive rats (SHR), intracerebroventricular administration of nifedipine or amlodipine decreases blood pressure, heart rate and renal sympathetic nerve activity (*21*, *22*). Furthermore, long-term i.v. infusion of nifedipine or amlodipine decreases these variables by inhibiting central sympathetic outflow (*21*, *22*).

Increased nitric oxide levels and decreased oxidative stress

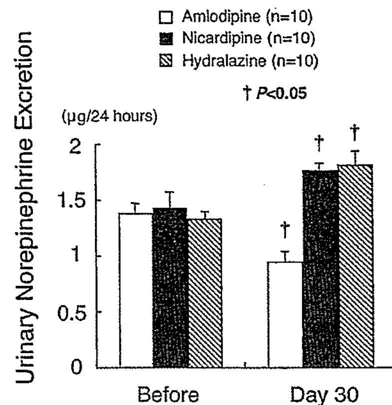

Fig. 2. *Urinary norepinephrine excretion for 24 h before and during the last day of (after) treatment with amlodipine, nicardipine and hydralazine.* †$p < 0.05$ *compared with the values before treatment.*

in the brain, particularly in the brainstem, inhibit sympathetic nerve activity, thereby reducing blood pressure in stroke-prone SHR (SHRSP) (*23*). Increased oxidative stress is also involved in the pathogenesis of hypertension and hypertensive vascular lesion formation (*24*). We demonstrated previously that oxidative stress in the brain is increased in SHRSP, which is related to the increased sympathetic outflow in this model (*23*). Amlodipine reduces oxidative stress in the vasculature of hypertensive animals (*25*) and humans (*26*, *27*). However, the antioxidant effect of amlodipine in the brain of hypertensive animals has not been reported previously. Therefore, the aim of the present study was to determine whether long-term oral treatment with amlodipine reduced oxidative stress in the brain of SHRSP, and to examine the associated changes in blood pressure, heart rate, and urinary norepinephrine excretion. For this purpose, we measured thiobarbituric acid-reactive substances (TBARS), which are the end products of lipid peroxidation and markers of oxidative stress (*23*). Electron spin resonance spectroscopy measurements (*23*) were also performed to analyze the production of reactive oxygen species.

Methods

General Preparation

This study was reviewed and approved by the Committee of Ethics of Animal Experiments, Kyushu University Graduate School of Medical Sciences, Japan. Male SHRSP/Izm (*14* weeks old; SLC Japan, Hamamatsu, Japan) were fed a standard diet with free access to drinking water. The animals received amlodipine in their drinking water at doses (3 or 10 mg/kg body weight/day) that were chosen based on previous studies (*12*, *28–30*). Control groups were fed a standard diet

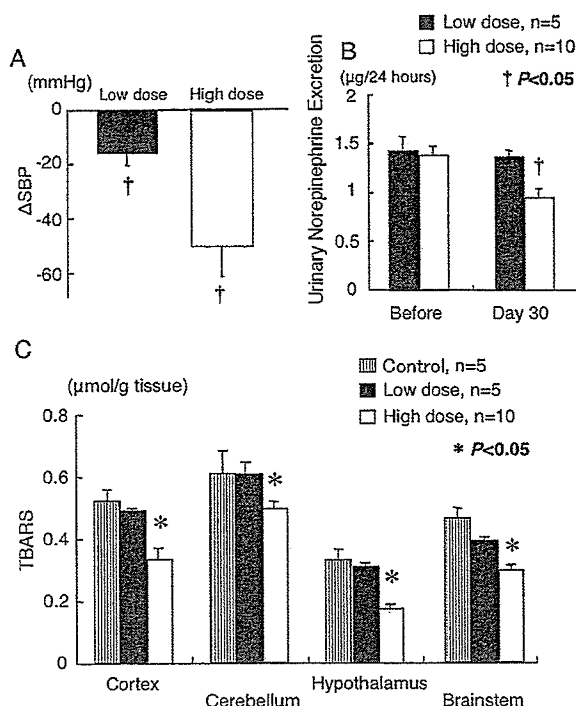

Fig. 3. *A: Amlodipine-induced changes in systolic blood pressure (ΔSBP) at doses of 3 or 10 mg/kg body weight/day. B: Urinary norepinephrine excretion for 24 h before and after amlodipine treatment. C: Levels of TBARS in the brain (cortex, cerebellum, hypothalamus and brainstem) in non-treated rats (control) and rats treated with amlodipine.* $^{\dagger}p < 0.05$ *compared with the baseline values.* $^{*}p < 0.05$ *for the difference between the two groups.*

and received nicardipine (10 mg/kg body weight/day) or hydralazine (20 mg/kg body weight/day) in their drinking water. The treatment commenced when the rats were 14 weeks of age and continued for 30 days. All drugs were dissolved in 45 ml of drinking water per day and, once this had been consumed, additional water was made available *ad libitum*.

Measurement of Blood Pressure, Heart Rate, and Urinary Norepinephrine Excretion

Systolic blood pressure and heart rate evaluated using the tail-cuff method were measured before and after treatment with amlodipine and the other drugs in SHRSP, as described previously (*31*). Urine was collected for 24 h in a metabolic cage. Urinary norepinephrine concentrations were measured before and after amlodipine, nicardipine or hydralazine treatment using high-performance liquid chromatography. Urinary norepinephrine excretion was calculated as a marker of sympathetic nerve activity (*23*, *31*).

Measurement of TBARS

Brain tissue was homogenized in 1.15% KCl (pH 7.4), and 0.4% sodium dodecyl sulfate, 7.5% acetic acid adjusted to pH 3.5 with NaOH and 0.3% TBA were added to the homogenate. The amounts of TBARS were determined by absorbance with a molecular extinction coefficient of 156,000 and expressed as μmol/g of wet weight tissue, as described previously (*23*, *32*).

Electron Spin Resonance Spectroscopy Measurements

Electron spin resonance spectroscopy measurements were performed at room temperature with an X-band (9.45-GHz) electron spin resonance spectrometer (JES-RE-1X; JEOL, Tokyo, Japan) at the following settings: microwave power of 10 mW, an external magnetic field range of 20 mT and a scan rate of 10 mT/min. The amounts of reactive oxygen species were quantified by monitoring the time-dependent decay of the amplitude of the electron spin resonance spectra elicited by the nitroxide radical 4-hydroxy-2,2,6,6-tetramethyl-piperidine-*N*-oxyl (hydroxy-TEMPO) as a spin probe. The tissue was homogenized in 50 mmol/l phosphate-buffered saline (PBS) containing the following protease inhibitors: leupeptin (10 g/ml), phenylmethylsulfonyl fluoride (100 g/ml), dithiothreitol (1 mmol/l) and trypsin inhibitor (10 μg/ml). The homogenate was mixed rapidly with hydroxy-TEMPO (0.1 mmol/l) in PBS and drawn into glass tubes. The electron spin resonance spectra were recorded for up to 10 min at 10-s intervals, as described previously (*23*, *32*, *33*).

Continuous Intracisternal (i.c.) Infusion Experiments with Amlodipine

The SHRSP were randomly divided into two groups, which received either artificial cerebrospinal fluid vehicle (n=5) or amlodipine (dissolved in artificial cerebrospinal fluid; 0.1 mg/kg body weight/day; n=6) by continuous i.c. infusion (0.25 μl/h) for 2 weeks *via* an osmotic minipump (Alzet model 1002; DURECT Corp., Cupertino, USA), as described previously (*34*, *35*). The treatment commenced when the rats were 14 weeks of age and continued for 2 weeks. Systolic blood pressure, heart rate, urinary norepinephrine concentrations, and levels of TBARS were measured before and after the infusion.

Drugs

Amlodipine was provided from Pfizer Japan Inc. Other drugs were purchased from Sigma Chemical Co. (St. Louis, USA).

Statistical Analysis

All values are expressed as the mean±SEM). Two-way anal-

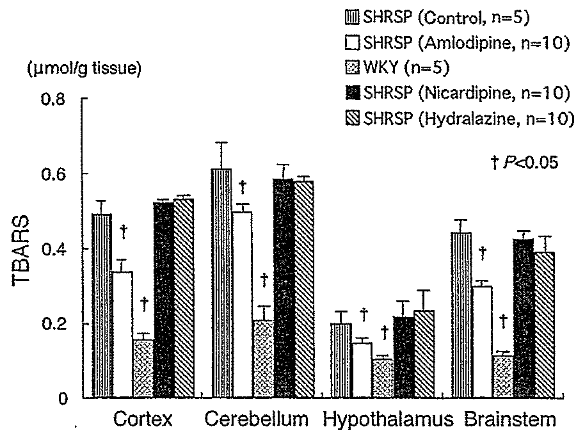

Fig. 4. *Levels of TBARS in the brain (cortex, cerebellum, hypothalamus and brainstem) in non-treated rats (control) and rats treated with amlodipine, nicardipine or hydralazine.* †$p < 0.05$ *compared with the values for non-treated rats.*

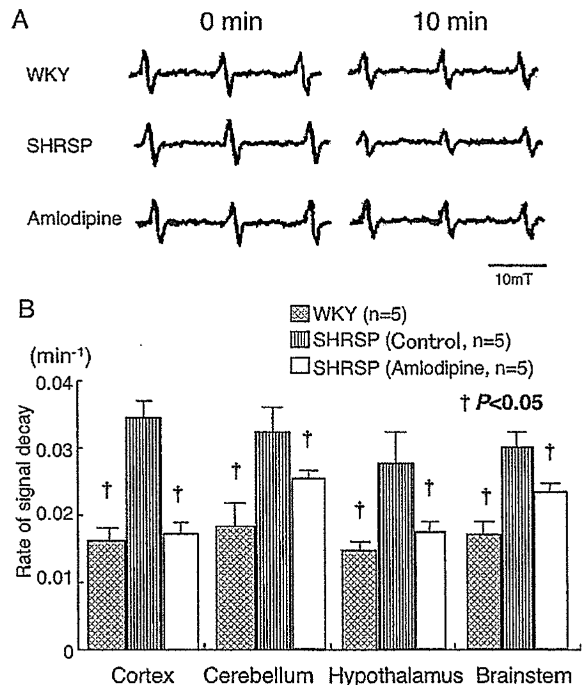

Fig. 5. *Electron spin resonance analysis of hydroxy-TEMPO in the tissues. A: Sequential sample of electron spin resonance spectra of hydroxy-TEMPO in brainstem tissues from SHRSP (middle spectra), SHRSP treated with amlodipine (lower spectra) and WKY rats (upper spectra). B: Summary data for the signal decay rate in the brain (cortex, cerebellum, hypothalamus and brainstem) in WKY rats, SHRSP and SHRSP treated with amlodipine.* †$p < 0.05$ *compared with the values for non-treated SHRSP (control).*

ysis of variance (ANOVA) was used to compare the systolic blood pressure and heart rate between the amlodipine-treated and other groups. Comparisons between any two mean values were performed using Bonferroni's correction for multiple comparisons. ANOVA was used to compare the amounts of TBARS and the electron spin resonance signal-decay rates in non-treated SHRSP and other rats in conjunction with a *post hoc* test using Scheffe's correction. A paired *t*-test was performed to compare the urinary norepinephrine excretion before and after treatment. Differences were considered to be statistically significant when p was less than 0.05.

Results

Effects of Amlodipine on Blood Pressure, Heart Rate, and Urinary Norepinephrine Excretion

Systolic blood pressure was reduced to similar levels in the high-dose amlodipine- and hydralazine-treated groups; the values for amlodipine, nicardipine and hydralazine were -40 ± 12, -45 ± 7 and -43 ± 8 mmHg, respectively ($n=10$ for each; Fig. 1A). By contrast, heart rate was not significantly affected by amlodipine treatment, but was increased by nicardipine and hydralazine treatment (Fig. 1B). Urinary norepinephrine excretion was significantly higher in SHRSP than in WKY rats, with values of 1.38 ± 0.10 and 0.76 ± 0.03 μg/day, respectively ($n=6$ for both; $p<0.05$). Furthermore, urinary norepinephrine excretion was decreased in SHRSP after amlodipine treatment, but was significantly increased after nicardipine or hydralazine treatment; the values were 1.37 ± 0.15 *vs.* 0.87 ± 0.10 μg/day, 1.45 ± 0.17 *vs.* 1.68 ± 0.06 μg/day and 1.33 ± 0.08 *vs.* 1.77 ± 0.14 μg/day for amlodipine, nicardipine, and hydralazine, respectively ($n=10$; $p<0.05$; Fig. 2). Treatment with a high dose of amlodipine decreased the systolic blood pressure to a greater extent than treatment with a low dose, with values of -40 ± 12 and -18 ± 7 mmHg, respectively ($p<0.05$; Fig. 3A). Urinary norepinephrine excretion was not significantly different before and after treatment with a low dose of amlodipine (1.44 ± 0.25 *vs.* 1.38 ± 0.15 μg/day; Fig. 3B).

Reactive Oxygen Species Generation in the Brain

Levels of TBARS in the cortex, cerebellum, hypothalamus and brainstem were significantly higher in SHRSP than in WKY rats ($p<0.05$; $n=5$ for both). Furthermore, levels of TBARS in each area of the brain examined were significantly reduced in the high-dose amlodipine-treated, but not in the nicardipine- or hydralazine-treated, SHRSP ($p<0.05$; $n=10$ for each; Fig. 4). The levels of TBARS in all areas of the brain examined were not significantly altered in the low-dose amlodipine-treated SHRSP (Fig. 3C). The intensity of electron spin resonance signals in each area of the brain decreased more rapidly in SHRSP than in WKY rats (Fig. 5A). The rates

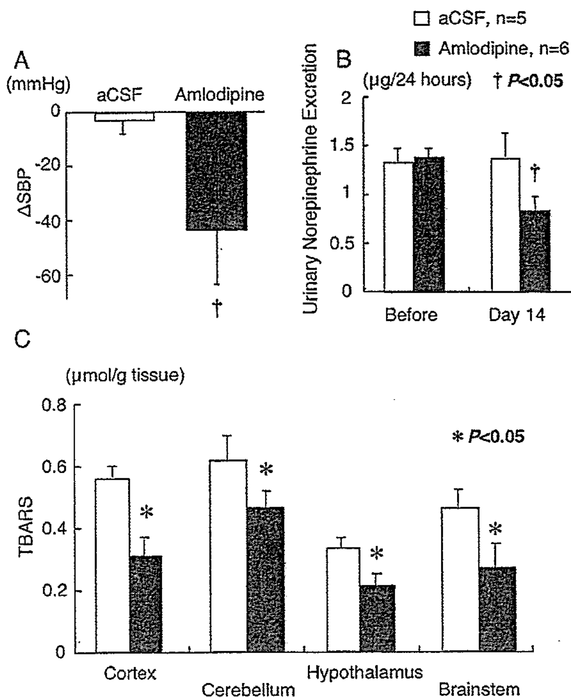

Fig. 6. *A: Changes in systolic blood pressure (ΔSBP) caused by continuous i.c. infusion with amlodipine or artificial cerebrospinal fluid (aCSF) for 2 weeks. B: Urinary norepinephrine excretion for 24 h at days 0 and 14. C: Levels of TBARS in the brain (cortex, cerebellum, hypothalamus and brainstem) in non-treated rats and rats treated with amlodipine at days 0 and 14.* †p < 0.05 *compared with the values before treatment.* *p < 0.05 *for the difference between the two groups.*

of signal decay in the cortex, cerebellum, hypothalamus and brainstem, calculated from the slopes of the lines, were significantly higher in SHRSP than in WKY rats ($p<0.05$; $n=5$ for each; Fig. 5B). Furthermore, the rates of signal decay in these areas of the brain were significantly reduced in amlodipine-treated SHRSP ($p<0.05$; $n=5$ for each; Fig. 5B).

Effect of Continuous i.c. Infusion with Amlodipine

The changes in systolic blood pressure after the i.c. infusion of amlodipine for 2 weeks are shown in Fig. 6A. The changes in systolic blood pressure were significantly greater after treatment with amlodipine (−43±22 mmHg; $n=6$) than after treatment with artificial cerebrospinal fluid (−3±12 mmHg; $n=5$; $p<0.05$). Figure 6B shows that urinary norepinephrine excretion was significantly decreased in SHRSP after treatment with amlodipine (1.45±0.10 *vs.* 0.67±0.11; $n=6$; $p<0.05$), but was not significantly altered by treatment with artificial cerebrospinal fluid (1.42±0.08 *vs.* 1.48±0.20 μg/day; $n=5$). The levels of TBARS in all areas of the brain were significantly reduced in amlodipine- but not artificial cerebrospinal fluid-treated SHRSP ($n=6$ and 5, respectively; $p<0.05$; Fig. 6C).

Discussion

The major findings of the present study were that oral treatment with amlodipine did not induce reflex tachycardia and reduced sympathetic nerve activity. In addition, amlodipine decreased oxidative stress in the brains of SHRSP, as evaluated by the measurement of levels of TBARS. By contrast, treatment with hydralazine induced sympathoexcitation and reflex tachycardia, but did not alter levels of TBARS. Nicardipine, which is another calcium channel blocker, also induced sympathoexcitation and reflex tachycardia, but did not alter TBARS levels. The electron spin resonance spectroscopy results indicated increased reactive oxygen species production in SHRSP, which was attenuated after treatment with amlodipine. These findings suggest that long-term antihypertensive treatment with amlodipine does not cause reflex-induced sympathoexcitation and reduces the increased oxidative stress in the brains of SHRSP. In particular, the decreased oxidative stress levels in the brainstem and hypothalamus might be related to a decrease in sympathetic nerve activity.

A gradual decrease in blood pressure was observed over time in rats treated with amlodipine compared with those treated with hydralazine or nicardipine, due to differences in the pharmacokinetic profiles, plasma concentrations and lipophilicities of the drugs (*16*, *21–33*, *36*). Disrupted tight junctions caused by endothelial dysfunction are responsible for the increased permeability of tracers through the blood–brain barrier in chronic hypertension (*37*). L-type voltage-gated calcium channels in the central nervous system and dihydropyridines act on these receptors (*19*, *20*, *38–40*). Thus, it is possible that lipophilic dihydropyridines (such as nifedipine and amlodipine) are able to cross the blood–brain barrier in chronic hypertension (*21*, *22*) and reduce the generation of reactive oxygen species (*41–43*). However, this might not occur with all calcium channel blockers, as nicardipine did not reduce the generation of reactive oxygen species.

We believe that treatment with the lower dose of amlodipine in our study was not sufficient to reduce the oxidative stress in the brain. In addition, urinary norepinephrine excretion was not altered. By contrast, treatment with the higher dose of amlodipine induced a greater reduction in blood pressure, which was associated with a decrease in urinary norepinephrine excretion. Oxidative stress in the brain was also reduced. A greater reduction in blood pressure is thought to elicit a greater reflex increase in sympathetic nerve activity. Thus, these results suggest that treatment with amlodipine, at a dose that is sufficient to decrease blood pressure, reduces oxidative stress in the brain in association with sympathoinhibition.

Brain cell membranes contain a high concentration of polyunsaturated fatty acids (*44*). These are targets of free radicals, which cause chain reactions of lipid peroxidation (*45*). TBARS, which are the end products of lipid peroxidation and markers of oxidative stress, were increased in the brain of SHRSP (*23*). In the present study, we examined levels of TBARS in the cortex, cerebellum, hypothalamus and brainstem, and found that they were all increased in SHRSP compared with WKY rats. This was consistent with the results of our recent study, in which we compared levels of TBARS in the whole brain, the rostral ventrolateral medulla and the nucleus tractus solitarius of SHRSP and WKY rats (*46*). These areas are important for autonomic cardiovascular regulation (*47, 48*). The electron spin resonance spectroscopy results further support the theory that there is increased generation of reactive oxygen species in the brain of SHRSP compared with WKY rats. Moreover, this increase was attenuated by amlodipine.

Although variable effects on the sympathetic nervous system have been reported in clinical studies in humans (*16–18, 26*), lipophilic dihydropyridines (such as nifedipine and amlodipine) are believed to have sympatho-inhibitory and depressor effects through central nervous system mechanisms in SHR (*21, 22*). During long-term i.v. infusion, nifedipine and amlodipine cross the blood–brain barrier and, thereafter, inhibit sympathetic nerve activity and reduce blood pressure (*21, 22*). Furthermore, intracerebroventricular injection of these calcium channel blockers reduces blood pressure, heart rate, and renal sympathetic nerve activity (*21, 22*). In addition, direct microinjection of calcium channel blockers into the nucleus tractus solitarius of the brainstem reduces blood pressure and heart rate *via* the inhibition of central sympathetic outflow (*49*). In the present study, amlodipine administered by i.c. infusion decreased blood pressure, urinary norepinephrine excretion and oxidative stress in the brain, further supporting the idea that it elicits these effects by acting on the central nervous system. There were no effects on blood pressure and heart rate when we intravenously administered the same concentration of amlodipine as used for the intracisternal infusion for 1 h (data not shown). Although the site of the sympatho-inhibitory actions of amlodipine in the central nervous system is not known, we consider the hypothalamus and brainstem to be likely candidates. In conjunction with the decrease in reactive oxygen species generation, an increase in endothelial nitric oxide synthase activity might be related to the decrease in oxidative stress and central sympathetic outflow in SHRSP (*31, 50–52*). In fact, amlodipine enhances endothelial nitric oxide synthase activity (*53*), although we did not address this issue in the present study. Increased nitric oxide production in the brainstem also produces a decrease in central sympathetic outflow (*50–52*). Amlodipine may reduce reactive oxygen species by upregulating Cu/Zn superoxide dismutase in SHRSP (*54*).

Several previous studies have suggested that the generation of reactive oxygen species leads to hypertensive vascular-lesion formation (*55–60*). Therefore, therapies aimed at reducing the generation of reactive oxygen species might be useful for hypertensive patients. In particular, the brain is the organ that is most affected by hypertension (*55*). In the present study, we demonstrated that oral treatment with amlodipine reduced oxidative stress in the cortex and cerebellum, as well as the hypothalamus and brainstem; the effects on the latter might help reduce sympathetic nerve activity, thereby preventing cardiovascular events, whereas the effects on the former might help to protect brain function. Hypertension accelerates age-related organ damage, which is also associated with sympathetic dysregulation (*55, 56*). In addition, dementia might be related to hypertension (*60*). Further studies will be required to examine how treatment with amlodipine leads to the reduction of reactive oxygen species. It is possible that long-term treatment for hypertension, as well as the reduction of oxidative stress in the brain, will result in a better quality of life for patients.

We cannot exclude the possibility that amlodipine might act on the peripheral sympathetic nervous system, thereby inhibiting the sympathetic nerve activity. In particular, amlodipine has been shown to block both N-type Ca^{2+} channels and L-type Ca^{2+} channels (*61, 62*), although the extent of these actions has not been clarified *in vivo*. Nicardipine has also been reported to exhibit this blocking activity (*62*). However, we found different results between amlodipine and nicardipine. Furthermore, the present study does not provide direct evidence that an increase in oxidative stress in the brain inhibits sympathetic nerve activity, thereby reducing blood pressure. Thus, it remains unknown whether the decrease in reactive oxygen species in the brain is a cause or an effect of sympatho-inhibition or blood pressure reduction from the results of the present study. The reduction of blood pressure itself, however, did not decrease oxidative stress in the brain when we administered hydralazine or nicardipine. Finally, we used a high dose of amlodipine in the present study. Although this dose of amlodipine (10 mg/kg/day) has been used in other experimental studies (*12, 28–30*), it did require us to adjust the level of blood pressure reduction among the treatments.

In conclusion, the results of the present study suggest that long-term treatment with amlodipine decreases the generation of reactive oxygen species in several areas of the brain, including the hypothalamus and brainstem. This mechanism might be associated with a reduction in sympathetic nerve activity in SHRSP.

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Original Article

cAMP-Response Element-Binding Protein Mediates Tumor Necrosis Factor-α-Induced Vascular Cell Adhesion Molecule-1 Expression in Endothelial Cells

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Hypertension causes endothelial dysfunction, which plays an important role in atherogenesis. The vascular cell adhesion molecule-1 (VCAM-1) contributes to atherosclerotic lesion formation by recruiting leukocytes from blood into tissues. Tumor necrosis factor-α (TNFα) induces endothelial dysfunction and VCAM-1 expression in endothelial cells (ECs). We examined whether the cAMP-response element binding protein (CREB), a transcription factor that mediates cytokine expression and vascular remodeling, is involved in TNFα-induced VCAM-1 expression. TNFα induced phosphorylation of CREB with a peak at 15 min of stimulation in a dose-dependent manner in bovine aortic ECs. Pharmacological inhibition of p38 mitogen-activated protein kinase (p38-MAPK) inhibited TNFα-induced CREB phosphorylation. Adenovirus-mediated overexpression of a dominant-negative form of CREB suppressed TNFα-induced VCAM-1 and *c-fos* expression. Although activating protein 1 DNA binding activity was attenuated by overexpression of dominant negative CREB, nuclear factor-κB activity was not affected. Our results suggest that the p38-MAPK/CREB pathway plays a critical role in TNFα-induced VCAM-1 expression in vascular endothelial cells. The p38-MAPK/CREB pathway may be a novel therapeutic target for the treatment of atherosclerosis. (*Hypertens Res* 2006; 29: 39–47)

Key Words: **endothelial factors, cytokine, gene expression, mitogen-activated protein kinase, signal transduction**

Introduction

The initial step of atherogenesis involves attachment of mononuclear leukocytes to endothelial cells (ECs) and migration into the subendothelial space (*1*). Adhesion molecules expressed in ECs play an important role in the attachment of mononuclear leukocytes. Various cardiovascular risk factors including hypertension have been shown to increase the levels of soluble adhesion molecules, such as the vascular cell adhesion molecule-1 (VCAM-1), intercellular adhesion molecule-1 (ICAM-1) and E-selectin (*2–4*). Carotid intima-media thickness has been positively correlated with the plasma level of circulating soluble cellular adhesion molecules (*5*). VCAM-1 is expressed in ECs predisposed to atherosclerotic lesion formation (*6*) and contributes to recruitment of mono-

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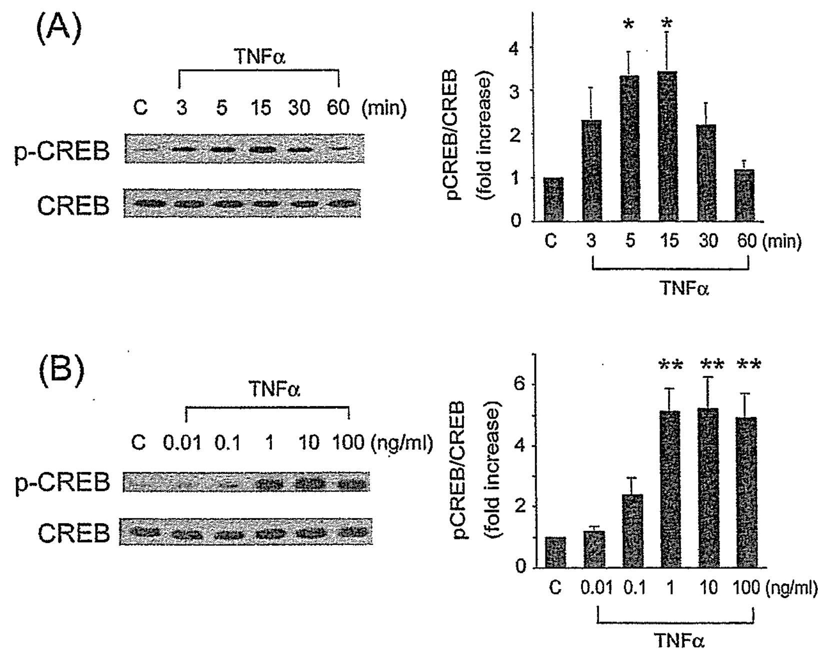

Fig. 1. *CREB is phosphorylated at Ser133 by TNFα. A: Bovine ECs were stimulated with TNFα (1 ng/ml) for varying periods indicated in the figure (n = 4). B: Bovine ECs were stimulated with TNFα for 15 min at concentrations varying from 0.01 to 100 ng/ml (n = 4). Phosphorylation of CREB was detected by Western blot analysis using a phospho-specific CREB antibody. The density of the specific band was scanned and quantified with an imaging analyzer. The ratio of phosphorylated CREB to total CREB in TNFα-stimulated cells is shown as the relative fold increase compared with that in unstimulated cells. The values are expressed as the mean±SEM.* $^*p < 0.05$, $^{**}p < 0.01$ vs. *the control.*

nuclear leukocytes by binding to α4β1-integrin expressed on leukocytes (*7*).

Tumor necrosis factor-α (TNFα) is a multifunctional cytokine produced by activated macrophages, monocytes and lymphocytes. The vascular EC is an important target of TNFα (*1*, *8*). A previous study demonstrated that *in vivo* blockade of TNFα accelerated functional endothelial recovery after angioplasty (*9*). TNFα is known to modulate the expression of many genes involved in cytoadhesion, thrombosis, and inflammatory response in ECs, resulting in the acquisition of new functional capacities leading to atherosclerosis (*10*). VCAM-1 is one of the molecules induced by TNFα (*11*).

cAMP-response element (CRE)-binding protein (CREB) is a 43 kD nuclear transcription factor belonging to the CREB/ATF family (*12*, *13*). Phosphorylation of the serine residue at 133 (Ser133), which recruits a transcriptional coactivator, CREB-binding protein (CBP) or p300, is necessary for transcriptional activation. The phosphorylation of Ser133 is mediated by a variety of protein kinase pathways, such as 1) protein kinase A (PKA), 2) Ca^{2+}/calmodulin-dependent protein kinase (CaMK) II (*14*), 3) extracellular signal-regulated protein kinase (ERK) (*15*, *16*), 4) p38 mitogen-activated protein kinase (p38-MAPK) (*17*), and 5) phosphatidylinositol 3-kinase (PI3-K) (*18*).

Although TNFα is known to activate transcription factors such as activating protein 1 (AP-1) and nuclear factor-κB (NF-κB) (*19*, *20*), it has not been examined whether TNFα activates CREB in ECs. We investigated whether CREB is activated by TNFα in bovine ECs. We report in the present study that TNFα phosphorylated CREB through p38-MAPK and CREB mediated TNFα-induced VCAM-1 expression.

Methods

Materials

Dulbecco's modified Eagle's medium (DMEM) was purchased from GIBCO BRL (Gaithersburg, USA). Fetal bovine serum (FBS) was purchased from BioWhittaker (Walkersville, USA). Ionomycin, KN93 and SP60125 were purchased from Sigma Chemical Co. (St. Louis, USA). Recombinant human TNFα was a gift from Dainippon Pharmaceutical Co. (Osaka, Japan). PD98059 and wortmannin were purchased from BIOMOL Research Laboratories Inc. (Plymouth Meeting, USA). SB203580 and FR167653, inhibitors of p38-MAPK, were gifts from GlaxoSmithKline and Fujisawa Pharmaceutical Co. (Osaka, Japan), respectively. H89 was purchased from Seikagaku Co. (Tokyo, Japan). Horseradish peroxidase conjugated second antibodies (anti-rabbit or anti-mouse IgG) were purchased from VECTOR Laboratories Inc.

Fig. 2. *The p38-MAPK pathway mediates TNFα-induced CREB phosphorylation. A: Bovine ECs were preincubated with PD98059 (10 μmol/l), SB203580 (10 μmol/l), wortmannin (50 nmol/l), KN93 (10 μmol/l) or H89 (1 μmol/l) for 30 min and stimulated with TNFα (1 ng/ml) for 15 min. Phosphorylation of CREB was detected and analyzed as described in the legend to Fig. 1 (n = 3). The ratio of phosphorylated CREB to total CREB in TNFα-stimulated cells is shown as the relative fold increase compared with that in unstimulated cells. The values are expressed as the mean ±SEM.* **$p < 0.01$ vs. *TNFα,* #$p < 0.01$ vs. *the control. B, C: Bovine ECs were preincubated with (B) SB203580 or (C) FR167653 at concentrations varying from 10^{-8} to 10^{-5} mol/l for 30 min and stimulated with TNFα (1 ng/ml) for 15 min. D: Bovine ECs were stimulated with TNFα (1 ng/ml) for varying periods indicated in the figure. Phosphorylation of CREB and p38-MAPK was detected and analyzed as described in the legend to Fig. 1 (n = 4–6). The ratio of phosphorylated CREB or p38-MAPK to total CREB or p38-MAPK in TNFα-stimulated cells is shown as the relative fold increase compared with that in unstimulated cells. The values are expressed as the mean ±SEM.* #$p < 0.01$ vs. *the control,* *$p < 0.01$, **$p < 0.05$ vs. *TNFα.*

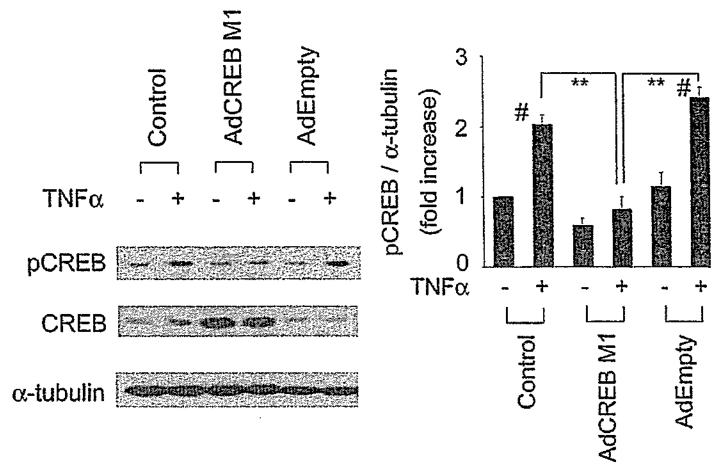

Fig. 3. *AdCREB M1 inhibits TNFα-induced CREB phosphorylation. Bovine ECs were infected with AdCREB M1 (30 MOI) or AdEmpty (30 MOI) and stimulated with or without TNFα (1 ng/ml) for 15 min. TNFα-induced CREB phosphorylation was detected by Western blot analysis (n = 4). The ratio of phosphorylated CREB to α-tubulin in TNFα-stimulated cells is shown in the right panel as the relative fold increase compared with that in unstimulated cells. The values are expressed as the mean ±SEM.* $^{**}p < 0.01$ vs. *AdCREB M1 TNFα (+),* $^{\#}p < 0.01$ vs. *control TNFα (–) or AdEmpty TNFα (–).*

(Burlingame, USA). Other antibodies used in the experiments were obtained from Cell Signaling Technology (Danvers, USA). Other chemical reagents were purchased from Wako Pure Chemicals (Osaka, Japan) unless specifically mentioned.

Cell Culture

The bovine aortic ECs were the gift of Katsuya Hirano (Kyushu University Graduate School of Medical Sciences) and grown in a humidified atmosphere of 95% air/5% CO_2 at 37°C in DMEM with 10% FBS. Passages between 5 and 12 were used for the experiments. The investigation conformed with the Guide for the Care and Laboratory Animals published by the US National Institutes of Health (NIH Publication No. 85-23, revised 1996).

Western Blot Analysis

Bovine ECs were lysed in a sample buffer (5 mmol/l EDTA, 10 mmol/l Tris-HCl, pH 7.6, 1% Triton X-100, 50 mmol/l NaCl, 30 mmol/l sodium phosphate, 50 mmol/l NaF, 1% aprotinin, 0.5% pepstatin A, 2 mmol/l phenylmethylsulfonyl fluoride and 5 mmol/l leupeptin). Western blot analyses of CREB, p38-MAPK and VCAM-1 were performed as described previously (*21*).

Adenovirus Vector Expressing a Dominant Negative Form of CREB

A recombinant adenovirus vector expressing a mutant of CREB (AdCREB M1) (*22*) in which the phosphorylation site at Ser133 was changed to alanine was a gift from Anthony J. Zeleznik (University of Pittsburgh, Pittsburgh, USA). Confluent bovine ECs were washed 2 times with PBS and incubated with AdCREB M1 or adenovirus empty vector (AdEmpty) under gentle agitation for 2 h at room temperature. Then the cells were washed 3 times, cultured in DMEM with 10% FBS for 2 days and used for the experiments. The multiplicity of infection (MOI) value indicates the number of viruses per cell added to a culture dish.

Northern Blot Analysis

Total RNA was prepared according to an acid–guanidinium–thiocyanate–phenol–chloroform extraction method. Northern blot analysis of *c-fos*, VCAM-1 and 18S rRNA was performed as described previously (*21*). The radioactivity of hybridized bands of *c-fos* and VCAM-1 mRNA, and 18S rRNA was quantified with a MacBAS Bioimage Analyzer (Fuji Film Co., Tokyo, Japan).

Preparation of Nuclear Extracts and Gel Mobility Shift Assay

The preparation of nuclear extracts and gel mobility shift assay were performed as described previously (*23*). DNA probes of AP-1 (5′-CGCTTGATGAGTCAGCCGGAA-3′) and NF-κB (5′-AGATGAGGGGACTTTCCCAGGC-3′) were end-labeled with ^{32}P γ-ATP. Ten micrograms of nuclear extracts were incubated with 1×10^5 cpm of labeled DNA probe for 30 min at room temperature and electrophoresed on 4% acrylamide gel. A fifty-fold molar excess of unlabeled DNA was added as a competitor. After electrophoresis, the

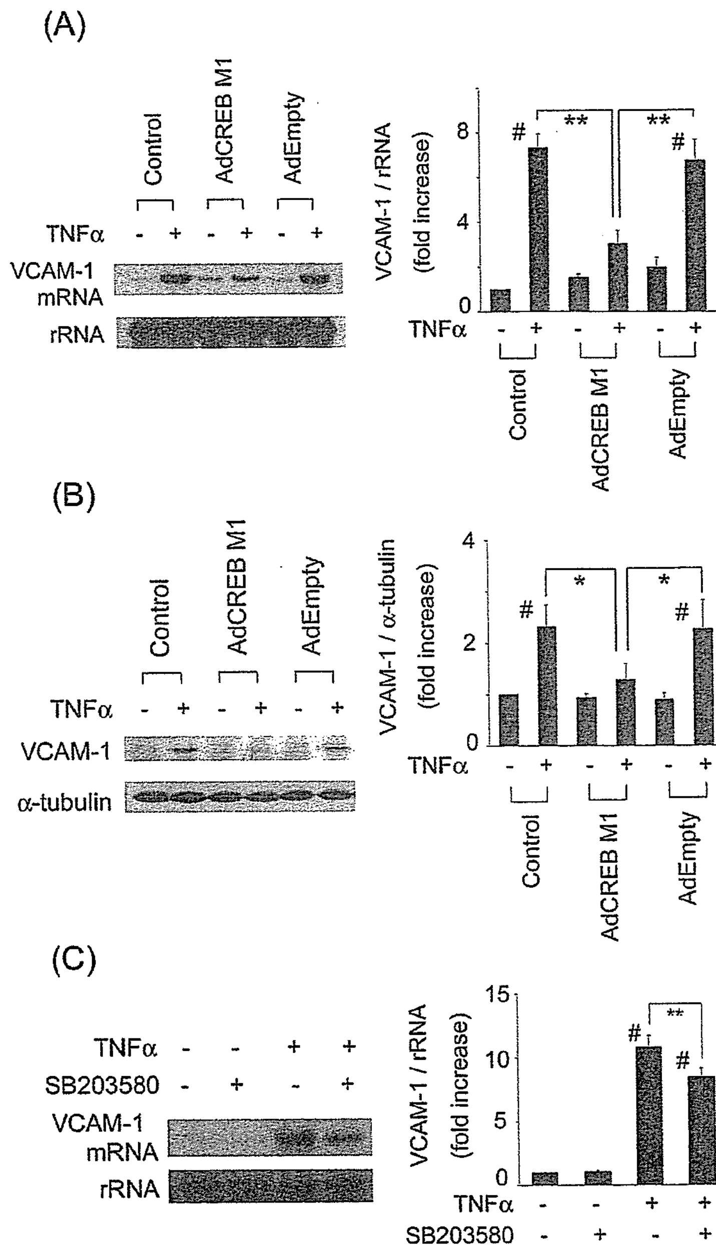

Fig. 4. *AdCREB M1 inhibits TNFα-induced VCAM-1 mRNA and protein expression. A: Bovine ECs were infected with AdCREB M1 (30 MOI) or AdEmpty (30 MOI) and stimulated with or without TNFα (1 ng/ml) for 4 h. TNFα-induced VCAM-1 mRNA expression was detected by Northern blot analysis and the radioactivities of the bands were measured with an imaging analyzer* (n = 4)*. The radioactivity of VCAM-1 mRNA in TNFα-stimulated cells was normalized against that of rRNA and shown as the relative fold increase compared with that in unstimulated cell. B: Bovine ECs were infected with AdCREB M1 (30 MOI) or AdEmpty (30 MOI) and stimulated with or without TNFα (1 ng/ml) for 12 h. TNFα-induced VCAM-1 protein expression was detected by Western blot analysis* (n = 4) *and the ratio of VCAM-1 expression to α-tubulin in TNFα-stimulated cells is shown in the right panel as the relative fold increase compared with that in unstimulated cells. C: Bovine ECs were preincubated with SB203580 (10 μmol/l) for 30 min and stimulated with TNFα (1 ng/ml) for 4 h. TNFα-induced VCAM-1 mRNA expression was detected by Northern blot. The values are expressed as the mean±SEM.* **$p < 0.01$ vs. *AdCREB M1 TNFα (+) or TNFα,* *$p < 0.05$ vs. *AdCREB M1 TNFα (+),* #$p < 0.01$ vs. *control TNFα (−) or AdEmpty TNFα (−).*

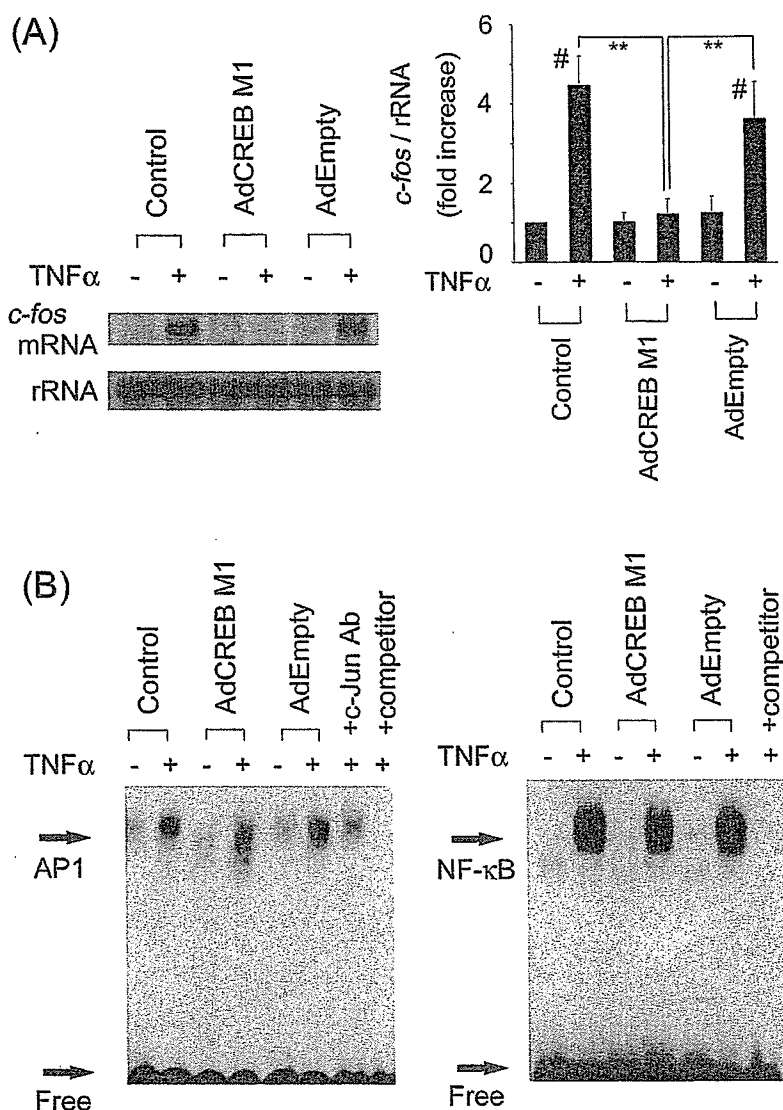

Fig. 5. *AdCREB M1 inhibits TNFα-induced* c-fos *mRNA expression and AP-1 DNA binding activity. A: Bovine ECs were infected with AdCREB M1 (30 MOI) or AdEmpty (30 MOI) and stimulated with or without TNFα (1 ng/ml) for 30 min. TNFα-induced* c-fos *mRNA expression was detected by Northern blot analysis and the radioactivities of the bands were measured with an imaging analyzer (*n = 4*). The radioactivity of* c-fos *mRNA was normalized against that of rRNA. The ratio in TNFα-stimulated cells is shown as the relative fold increase compared with that in unstimulated cells. The values are expressed as the mean±SEM.* **$p < 0.01$ vs. *AdCREB M1 TNFα (+),* #$p < 0.01$ vs. *control TNFα (−) or AdEmpty TNFα (−). B: Bovine ECs were infected with AdCREB M1 (30 MOI) or AdEmpty (30 MOI) and stimulated with or without TNFα (1 ng/ml) for 4 h. Nuclear extracts were prepared and incubated with radiolabeled AP-1 (left panel) or NF-κB (right panel) probe for 30 min and electrophoresed. A fifty-fold molar excess of unlabeled probe was used as a competitor. For the supershift assay, an antibody against c-Jun was added to the binding reaction mixtures. The same results were obtained in other independent experiments and a representative autoradiogram is shown (*n = 4*).*

gels were dried and exposed to X-ray films.

Statistical Analysis

Statistical analysis was performed with 1-way ANOVA and Fisher's test if appropriate. Values of $p<0.05$ were considered to indicate statistical significance. Data are shown as the mean±SEM.

Results

Phosphorylation of CREB at Ser133 by TNFα

To examine whether CREB is phosphorylated in response to TNFα, we performed Western blot analysis using an antibody that only recognizes the phosphorylated form of CREB at Ser133 (p-CREB). TNFα stimulated phosphorylation of CREB with a peak at 15 min of stimulation (Fig. 1A). TNFα dose-dependently increased phosphorylation of CREB at 15 min of stimulation (Fig. 1B).

The p38-MAPK Pathway Mediates TNFα-Induced CREB Phosphorylation

Several protein kinases are reported to phosphorylate CREB. We examined which pathway is responsible for TNFα-induced CREB phosphorylation. SB203580 (10 μmol/l), a p38-MAPK inhibitor, completely blocked TNFα-induced CREB phosphorylation (Fig. 2A). PD98059 (10 μmol/l), an ERK kinase (MEK) inhibitor, wortmannin (50 nmol/l), an inhibitor of PI3-K, KN93 (10 μmol/l), an inhibitor of CAMKII, and H89 (1 μmol/l), an inhibitor of PKA, did not affect TNFα-induced CREB phosphorylation (Fig. 2A). SP600125, a *c-jun* N-terminal kinase inhibitor, also had no effect on TNFα-induced CREB phosphorylation (data not shown). SB203580 was first described as an inhibitor of p38-MAPK activity that acts by competing with ATP for binding; however, it was later demonstrated that SB203580 also prevents p38-MAPK phosphorylation/activation (*24–26*). SB203580 dose-dependently inhibited TNFα-induced CREB and p38-MAPK phosphorylation (Fig. 2B). To confirm the role of p38-MAPK, we used another p38-MAPK inhibitor, FR167653. FR167653 dose-dependently inhibited TNFα-induced CREB and p38-MAPK phosphorylation (Fig. 2C). TNFα stimulated phosphorylation of p38-MAPK with a peak at 5 min of stimulation, which is faster than phosphorylation of CREB (Fig. 2D). PD98059 and wortmannin at the same concentrations used in Fig. 2 inhibited TNFα-induced ERK and Akt (a target molecule of PI3-K) activation, respectively (data not shown). KN93 and H89 at the same concentrations also inhibited ionomycin- and forskolin-induced CREB phosphorylation, respectively (data not shown). Therefore, the concentrations of these protein kinase inhibitors were sufficient. These data suggest that the p38-MAPK pathway is critical for TNFα-induced CREB phosphorylation.

Overexpression of a Dominant Negative Form of CREB Inhibits TNFα-Induced VCAM-1 Expression

To clarify the role of CREB in the TNFα signaling, we overexpressed a dominant negative form of CREB by an adenovirus vector (AdCREB M1). We used AdEmpty as a negative control for the infection of adenovirus. Phosphorylation of CREB by TNFα was attenuated by infection of AdCREB M1, but not by AdEmpty (Fig. 3). A previous study demonstrated that TNFα stimulated VCAM-1 expression in ECs (*11*). In the present study, AdCREB M1 but not AdEmpty suppressed TNFα-induced VCAM-1 mRNA and protein expression (Fig. 4A, B). SB203580 also suppressed TNFα-induced VCAM-1 mRNA expression (Fig. 4C), suggesting that the p38-MAPK/CREB pathway plays an important role. It is known that TNFα induces VCAM-1 expression through activation of NF-κB and AP-1 (*27*). AP-1 is a heterodimer of c-Fos and c-Jun and CRE is one of the important *cis*-DNA elements regulating *c-fos* gene expression. We therefore hypothesized that dominant negative CREB may affect *c-fos* induction and AP-1 activation. AdCREB M1 but not AdEmpty suppressed TNFα-induced *c-fos* mRNA expression (Fig. 5A). Furthermore, AdCREB M1 suppressed AP-1 DNA binding activity to the consensus sequence induced by TNFα, but it did not affect NF-κB binding activity (Fig. 5B). The binding of AP-1 was specific because the band was eliminated by a 50 mol excess of unlabeled competitor, and the band was supershifted by addition of an antibody against c-Jun. These data suggest that AdCREB M1 may suppress TNFα-induced VCAM-1 gene expression through inhibition of not only CREB but also AP-1 activity.

Discussion

In the present study, we showed that TNFα activated CREB through p38-MAPK. Inhibition of CREB function by a dominant negative molecule suppressed TNFα-induced AP-1 activity and VCAM-1 expression.

The results of a search for *cis*-DNA elements of the VCAM-1 gene promoter by TFSEACH showed the presence of a possible CRE site in the promoter of VCAM-1 at −1686 bp. Therefore, our result suggests that the CRE site of the VCAM-1 gene promoter may play an important role in VCAM-1 expression induced by TNFα. A previous study demonstrated that TNFα stimulated VCAM-1 expression through two NF-κB sites (present at −63 bp and −77 bp from the transcription initiation site) (*11*). Ahmad *et al.* reported that the AP-1/NF-κB complex was induced by TNFα and regulated VCAM-1 gene expression (*27*). AP-1 can interact with other transcription factors and modulate their transcriptional activity (*28*).The p65 subunit of NF-κB requires a co-factor protein for transcriptional activity and can interact with c-Fos and c-Jun through the Rel homology domain (*29*). CRE in the promoter region of the *c-fos* gene plays an important role in the induction of *c-fos* by many stimuli (*30–32*). We confirmed that CRE mediates *c-fos* expression by TNFα. These data suggest that inhibition of AP-1 activity by AdCREB M1 may be involved in the suppression of TNFα-induced VCAM-1 expression. However, further study is necessary to confirm the role of the AP-1 site of the VCAM-1 gene promoter in response to TNFα.

TNFα is known to activate the mitogen-activated protein kinases (MAPKs), such as *c-jun* NH_2-terminal kinase and p38-MAPK in ECs (*33, 34*). A previous study demonstrated that p38-MAPK mediated actin filament reorganization by several stimuli, such as vascular endothelial growth factor or oxidative stress, in human umbilical vein ECs (*35*). Another study demonstrated that p38-MAPK negatively regulated cell survival and proliferation by FGF-2 stimulation in bovine capillary ECs (*36*). In the present study, we demonstrated that p38-MAPK mediated TNFα-induced CREB phosphorylation and could modulate the expression of cytoadhesion molecules. The p38-MAPK family includes four isoforms, p38α, p38β, p38γ and p38δ. Vascular EC expresses p38α, p38β and p38δ (*37*). SB203580 inhibits p38α and p38β, and thus p38α or p38β may mediate TNFα-induced CREB phosphorylation.

Atherosclerotic lesion progression has been shown to depend on persistent, chronic inflammation in the arterial wall and is characterized by the recruitment of monocytes and lymphocytes to the arterial wall (*38*). Adhesion molecules and chemotactic factors mediate the entry of the leukocytes into the subendothelial space. The first step in adhesion, the rolling of leukocytes along the endothelial surface, is mediated by selectins which bind to carbohydrate ligands on leucocytes (*39, 40*). The firm adhesion of monocytes and T lymphocytes to endothelium is mediated by VCAM-1 on the endothelium, which interacts with the integrin VLA-4 on monocytes and T lymphocytes (*7*). Therefore, VCAM-1 is assumed to be important for atherosclerogenesis, and knockout strategies have been attempted. Although VCAM-1-null mice die during embryogenesis (*41*), it has been shown that atherosclerotic lesion was reduced that the size of atherosclerotic lesions is reduced in VCAM-1 domain 4-deficient mice (*42*), suggesting that VCAM-1 is indeed an important gene product directly involved in the formation of atherosclerotic lesions.

In the present study, we demonstrated the possible involvement of CREB in TNFα-induced VCAM-1 expression. In addition to TNFα, angiotensin II has been shown to stimulate VCAM-1 expression (*43, 44*), and we and others previously reported that angiotensin II stimulated phosphorylation of CREB (*32, 45*). Inhibition of CREB may suppress not only TNFα-induced but also angiotensin II-induced VCAM-1 expression. Furthermore, it was previously reported that high blood pressure activates MAPKs (*46–48*) and that p38-MAPK activation induced by high blood pressure is involved in endothelial dysfunction (*48*). Therefore, inhibition of the p38-MAPK/CREB pathway may attenuate endothelial dysfunction in patients with hypertension. Our data suggest that the p38-MAPK/CREB pathway could be a therapeutic target for the prevention of atherosclerosis.

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