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Gene therapy for Duchenne muscular dystrophy

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Gene therapy has great potential to treat Duchenne muscular dystrophy. Among many proposed strategies to deliver a therapeutic gene to muscle, recombinant adeno-associated virus-mediated gene transfer is the most promising. The recent isolation of new adeno-associated virus serotypes from human and nonhuman primates provides the opportunity to develop vectors that can achieve the long-term expression of a therapeutic gene in muscles of the entire body without detrimental effects. To translate the results from small animal models to clinical trials in humans, further work using larger animal models, such as dystrophic dogs or nonhuman primates, is required. This review also discusses recent progress in other gene transfer-related therapeutic approaches, including targeted exon skipping and gene correction.

Duchenne muscular dystrophy (DMD), which affects one in 3300 males, is a devastating, progressive, muscle-wasting disease caused by mutations in the dystrophin gene [1,2]. Skeletal muscles in DMD are characterized by myofiber degeneration and progressive fibrous and fatty changes. There is, currently, no way to prevent muscle fiber necrosis and patients suffer severely from respiratory and cardiac complications in the second decade of life. The *DMD* gene is among the largest genes known, spanning 2.4 Mb at Xp21 and encoding a 427-kDa subsarcolemmal cytoskeletal protein, dystrophin, and several shorter isoforms (Dp260, Dp140, Dp116 and Dp71). The full-length dystrophin protein is composed of four domains: an N-terminal actin-binding domain, a central rod domain consisting of 24 spectrin-like repeats, a cysteine-rich domain and a C-terminal domain. Dystrophin binds actin at the N-terminal domain, β -dystroglycan at the cysteine-rich domain and dystrobrevin and syntrophins at the C-terminal domain, forming the dystrophin-glycoprotein complex (DGC) at the sarcolemma (Figure 1) [3]. A lack of dystrophin at the sarcolemma causes secondary loss of the DGC and other functional molecules, such as neuronal nitric oxide synthase (nNOS) [4] and aquaporin-4 [5]. Importantly, mutations in the genes encoding other members of the DGC cause several different types of muscular dystrophy. The mechanism of the degeneration and death of dystrophin-deficient myofibers is not yet fully understood, but it is believed that myofibers lacking dystrophin and the DGC at the cytoplasmic membrane are mechanically weak and highly susceptible to contraction-induced injury. As a

result, the affected muscle experiences continuous cycles of myofiber death and regeneration, resulting in the gradual loss of myofibers and contractile force. In addition to mechanical weakness, abnormalities in calcium handling and changes in mitogen-activated protein (MAP) kinase and GTPase signaling in dystrophin-deficient muscle have been reported and proposed as underlying processes of muscular dystrophy [6,7].

At present, only corticosteroids are reported to effectively attenuate the progress of the disease [8], and current treatment options focus on respiratory and cardiac assistance and improvement of quality of life. Many research groups are still attempting to develop an effective therapy for DMD. In this review, we describe recent progress in gene and related therapies for DMD.

Recombinant adeno-associated virus vector: a promising tool for delivery of dystrophin gene to skeletal muscles

Among several gene transfer vectors and methods developed to date, the adeno-associated virus (AAV) vector is the most suitable to introduce the exogenous gene into postmitotic, nondividing myofibers. An AAV is a tiny, nonpathological, replication-defective virus, with a 4.7-kb single-stranded DNA genome, belonging to the parvovirus family. AAV vectors induce fewer immunological and inflammatory responses *in vivo* than adenovirus vectors [9]. Although the virus genome persists predominantly in episomal form, expression of the transferred gene lasts months to years in adult skeletal muscle. To date, more than 100 AAVs with distinct virus genome sequences have been isolated from humans, nonhuman primates and other species [10]. They display varying

Keywords: adeno-associated virus vector, Duchenne muscular dystrophy, dystrophin, exon skipping, gene therapy

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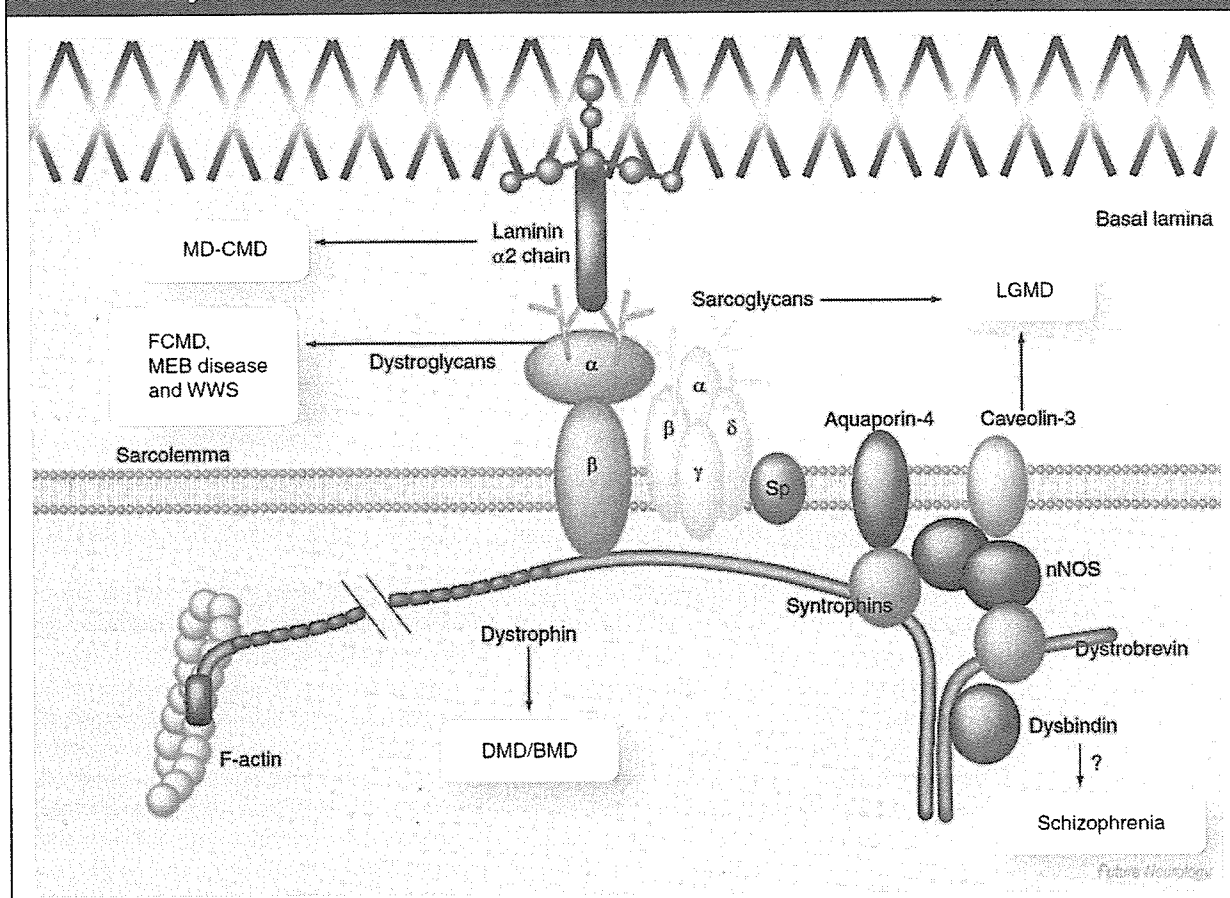
degrees of similarity in their capsid proteins and show diverse tissue tropisms. More than nine AAV vectors have already been developed and evaluated in animal models as a tool for gene transfer *in vivo* (Table 1) [10]. Although the molecular mechanisms of tissue and cell tropisms of AAV vectors are not fully explained, they are likely to use different cellular receptors for entry into and binding to the host cells. The expression of the therapeutic genes is not permanent, mainly because recombinant (τ)AAV does not replicate in the host and is barely incorporated into the genome of satellite cells. They are diluted out with the turnover of myofibers and, therefore, repeated

administrations are required. New AAV serotypes would provide good options for follow-up treatments because they have the potential to evade pre-existing neutralizing antibodies against the previously used AAV serotype. However, to avoid the risks of *in vivo* vector delivery, it is important to better understand the vectors and the natural infection with the corresponding virus.

Generation of microdystrophin suitable for use in rAAV vectors

The τ AAV vector is a promising tool for gene transfer to DMD muscle, but the limitation of the insertion size to 4.9 kb excludes incorporation of

Figure 1. Dystrophin forms the large dystrophin–glycoprotein complex at the sarcolemma, linking the basal lamina to the cytoskeletal actin.



Mutations in the dystrophin gene end in the secondary loss of dystrophin–glycoprotein complex and other functional molecules, such as nNOS and aquaporin-4. Mutation in the laminin α 2 chain gene causes congenital MD. Abnormal glycosylation of α -dystroglycan is commonly observed in FCMD, MEB disease and WWS. Abnormal glycosylation of α -dystroglycan also causes abnormalities in the eye and the CNS. Mutations in any of four sarcoglycan genes (α , β , γ and δ) result in LGMD. These observations emphasize the importance of dystrophin and associated molecules for muscle integrity. The dysbindin (*DTNBP1*) gene is one of the several putative susceptibility genes for schizophrenia.

BMD: Becker MD; DMD: Duchenne MD; FCMD: Fukuyama-type congenital MD; LGMD: Limb girdle MD; MD: Muscular dystrophy; MD-CMD: Merosin-deficient congenital MD; MEB: Muscle–eye–brain; nNOS: Neuronal nitric oxide synthase; WWS: Walker–Warburg syndrome.

Table 1. Characterization of nine serotypes of AAV vectors.

Serotype	Amino acid homology to AAV2 (%)	Isolated from	Tissue tropism				Delivery system
			Skeletal muscle	Heart	Liver	CNS	
1	84	NHP	+++	++	+	+	Local
2	100	Human	+	+	+	+	Local
3	88	Human		+	±	+	Local
4	64	NHP		+	±	+	Local
5	61	Human	+	+	++	++	Local
6	84	Human	++	++	+	+	Local, systemic
7	83	NHP	+++	+++	++	++	Local, systemic
8	84	NHP	+++	+++	+++	++	Local, systemic
9	83	Human	+++	+++	+++	++	Local, systemic

AAV: Adeno-associated virus; NHP: Nonhuman primate.

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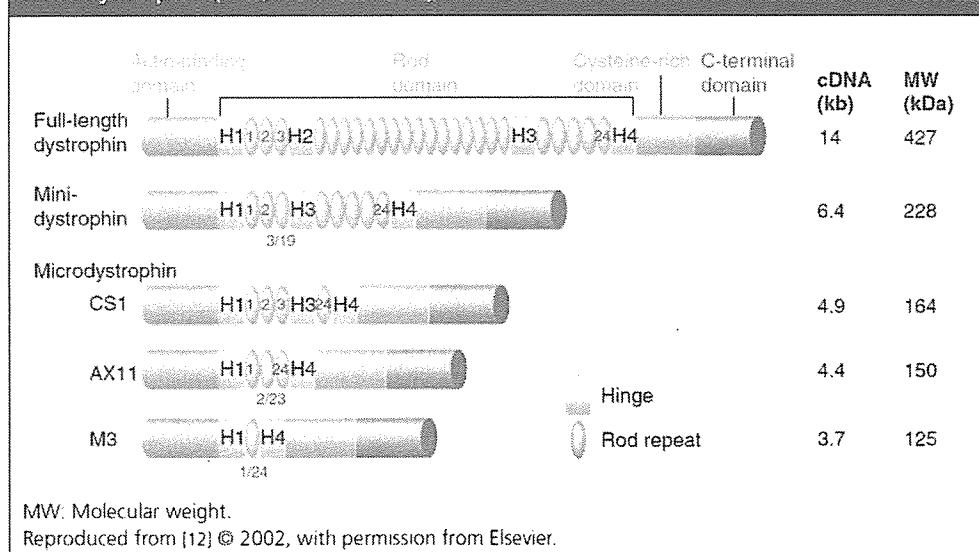
a full-length dystrophin gene (14-kb mRNA, 11-kb open reading frame). To overcome this drawback, several groups have designed small dystrophins in which the long, central rod domains are largely deleted, and tested their functions in dystrophin-deficient *mdx* mice [11]. The functions of three types of microdystrophins (CS1, AX11 and M3; Figure 2) have been tested on microdystrophin-transgenic, dystrophin-deficient *mdx* mice, and it was observed that over-expressed CS1 with four repeats and three hinges almost completely ameliorated dystrophic phenotypes [12]. Therefore, a rAAV2 vector was constructed expressing CS1, driven by a skeletal muscle-specific muscle creatine kinase promoter [13], and was injected it into the

anterior tibialis muscles of immunocompetent adult *mdx* mice. A total of 24 weeks after injection, 50% of myofibers, on average, expressed microdystrophin and the treated muscles demonstrated improved contractile force [14].

Systemic delivery of rAAV-serotype 6, 8 & 9 vectors

Systemic delivery systems for the treatment of DMD require improvement to enable transfer of the therapeutic genes to the complete musculature of the body, especially to the heart and diaphragm. Gregorevic and colleagues reported that intravenous injection of rAAV6 vectors efficiently delivered a microdystrophin gene to the

Figure 2. Structure of full-length dystrophin and constructs of mini- and microdystrophin (CS1, AX11 and M3).



muscles of an adult mouse and the ratio of microdystrophin-positive fibers was increased when co-injected with vascular endothelial growth factor [15]. The widespread expression of microdystrophin was sufficient to correct susceptibility to contraction-induced injury and to lower serum creatine kinase levels [15]. Wang and colleagues, and Nakai and colleagues, demonstrated that AAV8 was more efficient than AAV6 or AAV1 at attaining systemic gene transfer, especially to the cardiac muscles of mice or hamsters, without pharmacological intervention [16,17]. More recently, Inagaki and colleagues reported that AAV9 vectors demonstrated robust systemic transduction in mice [18]. Remarkably, rAAV9 is superior to rAAV8 for gene delivery to cardiac muscle by systemic vector administration [18]. The molecular basis of the high transduction efficiency via the bloodstream is not fully understood, but these results are encouraging for researchers who are developing gene therapies for DMD patients. On the other hand, however, AAV8 or 9 vectors also increase transduction of nonmuscle tissues, such as liver (Table 1), which may be deleterious.

AAV vectors for human muscle

Animal models are indispensable for the evaluation of the efficacy and safety of AAV-mediated gene therapy of DMD, but a recent report on clinical gene transfer studies for hemophilia B demonstrated that the data obtained in preclinical studies in animals are not always predictive of vector efficacy in humans [19]. Certain human populations are exposed to AAVs in daily life: 50–96% are seropositive for AAV2 and at least a third have a neutralizing antibody to AAV2 [10]. Therefore, prior exposure to AAV2 explains the unsatisfactory results of clinical trials using rAAV2-factor IX gene transfer on hemophilia B patients [19]. The new serotypes of AAVs are reported to be prevalent in human and non-human primates. Prescreening of patients for neutralizing antibodies against the vector serotype and transient immune suppression would be required to avoid the elimination of rAAV particles by neutralizing antibodies.

Minidystrophin coded by two AAV vectors (dual vector system)

Microdystrophin proteins, with 3–4 spectrin-like repeats in the rod domain, do not completely compensate for the lack of full-length dystrophin. Among the constituents of DGC and its binding proteins, the expression of nNOS cannot be recovered through the introduction of microdystrophin.

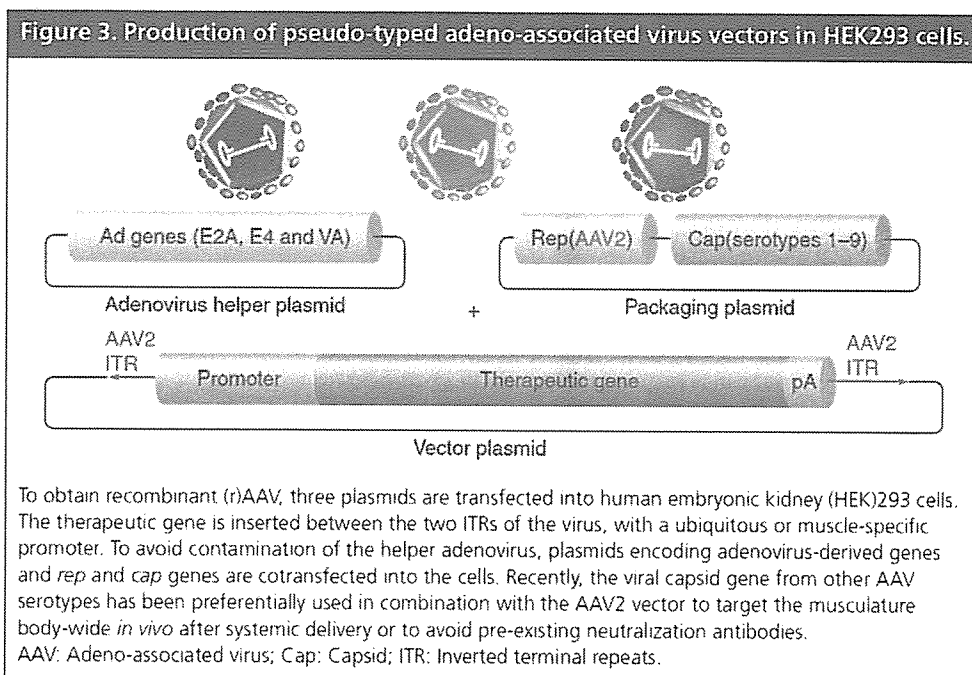
In an attempt to introduce a therapeutic gene larger than 4.7 kb into target cells, the trans-splicing approach, in which the gene is split between two rAAV vectors, each containing part of an intron with either a splice-acceptor or a splice-donor sequence, has been developed. After formation of head-to-tail concatamers, trans-splicing of the two RNA transcripts from the two different expression cassettes removes the intervening sequence, producing a functional mRNA larger than could be delivered in a single vector. This approach was employed to deliver a minidystrophin to *mdx* muscle [20], however, the coordinated nature of transcription and splicing makes this strategy highly inefficient *in vivo*.

Production of AAV vectors on a large scale

rAAV vector plasmids are generated by deleting the viral genome except for the inverted terminal repeats. To obtain recombinant AAV particles, double [21] or triple [22] transfection of the plasmids into human embryonic kidney (HEK)293 cells is performed to provide rep and capsid proteins and adenoviral helper functions (Figure 3). The obtained AAV vectors are further purified by CsCl gradient sedimentation or ion-exchange chromatography. In the case of rAAV2, it is estimated that at least 1×10^{13} vg/kg is required to treat humans with hemophilia, whereas the titer of the vectors prepared by this standard method is approximately $2\text{--}5 \times 10^{13}$ genome copies from 1×10^9 HEK293 cells [13]. In clinical trials, an inexpensive, safe, large-scale system must be developed for the production of AAV. For example, Urabe and colleagues described a highly powerful production of rAAV using non-mammalian cell culture [23]. Okada and colleagues described a large-scale AAV vector production with active gassing [24].

Safety issues

Currently, most research on AAV-mediated gene transfer focuses on the systemic delivery of therapeutic genes via the blood circulation. Some have demonstrated the effectiveness of high-pressure arterial [25] or venous [26] infusion. These procedures seem to be powerful in transducing the therapeutic genes into targeted muscle groups, but the safety should be tested carefully in larger animal models. In particular, the mutagenic and carcinogenic potentials of recombinant genomes should be investigated, in addition to their potential for germline transfer after systemic delivery.



Gutted adenoviral vectors expressing full-length dystrophin

Adenoviral vectors infect both dividing myoblasts and terminally differentiated muscle fibers, and possess a large insert capacity. However, early generations of adenoviral vectors, however, elicited substantial immune reactions in immunocompetent *mdx* mice and, hence, a rapid loss of transgene expression [27,28]. To circumvent this problem, a 'gutted' adenoviral vector, from which most viral DNA sequences are deleted, has been developed. Gutted adenoviral vectors are capable of carrying the large dystrophin gene together with regulatory sequences, and show reduced immunotoxicity compared with conventional adenoviral vectors [29-31]. Preparation of the gutted adenovirus vector requires a conventional adenovirus to supply replication and packaging functions *in trans*, and therefore has a high risk of helper virus contamination that may elicit immunological reactions upon delivery to tissues. In addition, recombinant adenoviral vectors remain comparatively toxic, especially in the liver, when administered systemically and have yet to achieve comparable transduction efficiency compared with AAV vectors.

Other vectors

A lentiviral vector is an alternative option for *in vivo* gene transfer into skeletal muscle. Kobinger and colleagues demonstrated that a lentiviral

vector encoding minidystrophin targeted both satellite cells and myofibers of *mdx* mice and provided functional correction *in vivo* [32].

Direct injection of naked plasmid into dystrophic animals

Direct injection of a naked plasmid containing a full-length dystrophin cDNA into the muscles of DMD patients has been proposed as a promising treatment to restore the expression of dystrophin. The efficiency was low in animal models [33,34] and in a Phase I gene therapy clinical trial [35], but the dystrophin expression is relatively stable and evoked no signs of humoral or cellular immune responses. Experiments using mouse models demonstrated that the efficiency of gene transfer can be enhanced by electroporation coupled with the intramuscular application of hyaluronidase [36,37]. However, combination of electroporation and hyaluronidase administration would act to damage the muscle. The application to DMD patients is questionable. Hydrodynamic delivery of naked plasmid DNA expressing full-length dystrophin into the *mdx* mice has been reported to be effective [38]. Dystrophin expression was seen in 1-5% of the myofibers of the targeted muscle group of the hind limb for an extended period. To protect dystrophin-deficient muscles from muscle degeneration, repeated administration of plasmids would be required.

Ex vivo gene transfer into myogenic cells

Cell-mediated therapy can be used to deliver the normal dystrophin gene to dystrophic muscle. In particular, *ex vivo* transfer of a functional dystrophin gene into patients' satellite cells (myogenic progenitor cells usually located between myofibers and muscle basal lamina in a dormant state) and their progeny (myoblasts) is an attractive option for cell-based therapies for DMD since several methods to freshly purify satellite cells from muscle have been established [39,40]. A lentivirus vector would be the first choice for *ex vivo* mini- or micro-dystrophin gene transfer into autologous myogenic cells because it can infect freshly isolated satellite cells without lowering their proliferation and differentiation potential [Ikemoto *et al.*, Unpublished Data]. Stem cells other than satellite cells, such as muscle side population (SP) cells [41-43], mesoangioblasts [44], and AC133-positive human stem cells [43], have been reported to participate in muscle regeneration. Muscle SP cells are isolated by their ability to efflux Hoechst dye. Bachrach and colleagues demonstrated that SP cells from *mdx* (5cv) mice transduced with microdystrophin *ex vivo* were transplanted successfully via the tail vein and delivered human microdystrophin to the skeletal muscle of nonirradiated *mdx* (5cv) mice [45]. Recently, Dezawa and colleagues reported a novel method to induce muscle progenitor cells from human bone marrow stromal cells with a high efficiency [46].

Correction of endogenous genes

Gene conversion using chimeraplasts attempts to correct point mutations of the *DMD* gene in the cell. The first generation of chimeraplasts comprises hybrid RNA/DNA molecules that are homologous to a targeted gene, yet include one mismatched base. These hybrid nucleotides trigger gene conversion from a mutant to a functional allele via intranuclear DNA mismatch repair mechanisms. Injection of chimeric oligonucleotides into *mdx* mice resulted in the expression of full-length dystrophin in muscle fibers at the site of injection [47]. Gene correction mediated by chimeraplasts has also been demonstrated in the dystrophic golden retriever dog [48]. A second generation gene editing tool is a linear DNA oligonucleotide, 25-mer or longer containing a single central mismatch. This tool repaired single point mutations in the dystrophin gene with efficiencies comparable to that seen with chimeric RNA/DNA oligonucleotides, but yielded

more consistent results [49]. Approximately 20% of DMD patients have single point mutations and, therefore, are potential targets of this therapeutic approach. However, gene repair techniques may not work for all mutations. Further data on the efficacy of the correction *in vivo* are required, using a range of point mutations of the dystrophin gene.

Targeted exon skipping**Antisense oligonucleotides**

DMD and *mdx* muscles have a few revertant fibers that express functional dystrophin [50,51]. This phenomenon is explained by aberrant splicing, which omits one or more exons and, as a result, restores a disrupted reading frame and dystrophin expression. Based on this observation, forced exon skipping is being developed as a future treatment to restore dystrophin expression from the mutated *DMD* gene in humans. The main tools for targeted exon skipping are antisense oligonucleotides (AOs). 2'-*O*-methyl-modified RNA on a phosphorothioate backbone, endowed oligonucleotides with greater resistance to nuclease degradation and, therefore, additional increases in stability were achieved [52-54]. Direct intramuscular injection of 2'-*O*-methyl phosphorothioate AOs resulted in a significant increase in the number of dystrophin-positive fibers (20%) in *mdx* mouse muscle [55]. Phosphoro-amide morpholino oligonucleotides have also proven to be effective in producing functional dystrophin in dystrophin-deficient muscle [56]. Weekly intravenous injections of morpholino AOs induced the expression of functional levels of dystrophin body-wide in skeletal muscles of the dystrophic *mdx* mouse and improved muscle function [57]. Based on the successful results in animal models, a clinical trial using AOs has already started in Leiden and is about to commence in the UK. Theoretically, AO-based exon skipping is applicable to 80% of dystrophin gene mutations. Furthermore, it is estimated that targeting just 12 exons restores the open reading frame of 75% of all deletions responsible for DMD.

AAV-mediated exon skipping

AOs display a limited half-life *in vivo*, and administration of AOs to patients must be repeated weekly or monthly. To obtain a longer-term effect, rAAV1 vectors expressing a modified U7 small nuclear RNA gene were used to direct exon skipping in *mdx* mice [58]. Following a single, high-pressure injection of the rAAV1/U7 vector

into the femoral artery of *mdx* mice, normal levels of dystrophin expression were restored and sustained for over 6 months. Although the initial study was limited to delivery to a single limb, this technique could be coupled with systemic delivery of AAV vectors of new serotypes.

Insulin-like growth factor-1 & myostatin blockade rescue dystrophin-deficient muscle

Myostatin (also known as growth and differentiation factor [GDF]8) is a transforming growth factor (TGF)- β family member that negatively regulates skeletal muscle growth, as evidenced by the increased musculature of the mice with a null mutation in this gene [59]. Mutation of the myostatin gene has also been found in human [60]. The myostatin-null child was reported to be muscular without any health problems at 4.5 years of age [60]. Myostatin blockade in *mdx* mice results in increases in both muscle mass and muscle strength and reductions in muscle fiber degeneration and serum creatine kinase levels [61]. Based on this observation, the recombinant human antibody against myostatin (MYO-029) is now being tested on adult muscular dystrophy patients.

Increased insulin-like growth factor (IGF)-1 within *mdx* myofibers reduces the breakdown of dystrophic muscle during the acute onset of muscle degeneration [62]. This mechanism of action can partly account for the long-term reduced severity of the dystrophic pathology in *mdx* mice over-expressing mIGF-1 and provides opportunities for therapeutic strategies [63].

Conclusion

Almost 20 years have passed since the discovery of dystrophin. Unfortunately, we have yet to find an effective therapy that can mitigate the dystrophic process. Numerous approaches are currently being explored, but many suffer from a variety of drawbacks. Among the gene therapy approaches to DMD under investigation, rAAV-mediated gene transfer is the most

promising but still faces several obstacles. Other therapeutic approaches, including cell therapy and pharmacological intervention, would be used in complement with AAV-microdystrophin gene transfer.

Future perspective

An important step towards the clinical use of gene therapy is the evaluation of the efficacy and safety of gene transfer methods and protocols using animals larger than mice. We have established a beagle-based canine X-linked muscular dystrophy (CXMD) colony at the National Institute of Neuroscience in Japan (CXMD_J) and reported their severe phenotypes [64]. Beagle-based CXMD_J is smaller and easier to handle than golden retriever CXMD, and is, therefore, a useful model for DMD. Preclinical studies using nonhuman primates would also be informative before clinical trials. Importantly, there are so many variables, even in a single treatment, such as myostatin blockade with antibodies, that more trials will be needed.

At present, gene therapy trials and related strategies face various hurdles and difficulties. Effective treatment of DMD may be achieved through a combination of different therapeutic approaches; for example, a combination of AAV vector-mediated gene transfer plus corticosteroid administration or myostatin blockage.

Acknowledgements

The authors are grateful to A Nishiyama and T Yokota for discussion and E Takahashi for help in preparing this manuscript. Studies in the authors' laboratory are supported by a Grant for Research on Nervous and Mental Disorders (16B-2), and Health Science Research Grants for Research on the Human Genome and Gene Therapy (H16-genome-003), for Research on Brain Science (H15-Brain-021, H18-Brain-019) from the Ministry of Health, Labor and Welfare, and Grants-in-Aid for Scientific Research (16590333, 18590392) from the Ministry of Education, Culture, Sports, Science and Technology.

Executive summary

Introduction

- Duchenne muscular dystrophy (DMD) is caused by mutations in the *DMD* gene, which encodes a 427-kDa subsarcolemmal cytoskeletal protein, dystrophin.
- At present, there is no treatment to arrest the progression of DMD and patients generally suffer from respiratory and/or cardiac complications in the second decade of life.
- Among several therapeutic strategies for this disease, recombinant adeno-associated virus (rAAV)-mediated gene transfer is the most promising.

Executive summary**Viral vector-mediated gene therapy**

- AAV vectors drive long-term expression of the therapeutic gene in skeletal muscle *in vivo*, but the insertion size is limited to 4.9 kb.
- Functional, rod domain-deleted dystrophin (microdystrophin) can be incorporated into AAV vectors.
- New serotypes of AAV vectors have been isolated and developed as gene-transfer vectors, some of which transport the therapeutic genes to all the muscles of the body after systemic delivery.

Ex vivo gene transfer into myogenic stem cells

- Cell-mediated therapy can be used to deliver a normal dystrophin gene to dystrophic muscle in the hope that the delivered cells will participate in muscle-fiber regeneration in dystrophic muscle, express dystrophin and improve muscle function.
- Muscle satellite cells, side population cells, mesangioblasts, AC133-positive cells and bone marrow stromal cells are expected to be potential cell sources for cell-mediated therapy.

Gene correction & exon skipping using antisense oligonucleotides

- Chimeraplasts, which are chimeric RNA/DNA oligonucleotides homologous to a targeted gene (except for the inclusion of one mismatched base) can be used to direct the correction of a mutation by inducing preferential gene conversion from a mutant to a functional allele.
- Exon skipping using antisense oligonucleotides (AOs) targets transcribed RNA molecules to omit a nonsense mutation and restore a disrupted reading frame.
- Weekly intravenous injections of morpholino phosphorodiamidate (morpholino) AOs induce the expression of functional levels of dystrophin in skeletal muscles body-wide in the dystrophic *mdx* mouse.

Myostatin & insulin-like growth factor-1

- Blockage of myostatin and delivery of insulin-like growth factor-1 are effective to improve dystrophic phenotypes and the contractile force of dystrophin-deficient muscle.

Future perspective

- Preclinical studies using dystrophic dogs and nonhuman primates would be informative before human clinical trials.
- To overcome this devastating disease, multiple, diverse therapeutic strategies should be combined.

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