

**Fig. 4** (A) [ $^{125}$ I] $\alpha$ -bgt binding to surface receptors on intact HEK cells transfected with the indicated AChR subunits. The results are normalized for  $\alpha$ -bgt binding to wild-type AChR and represent the mean and SD of three to six experiments. \* $P < 0.05$ ; \*\* $P < 0.01$ , compared with wild-type AChR. (B) ACh binding to intact HEK cells transfected with indicated AChR subunits determined by competition against the initial rate of [ $^{125}$ I] $\alpha$ -bgt binding. Curves are fitted to the Hill equation (see Methods).  $K_{ov} = 8.69 \times 10^{-6}$ ,  $n = 1.65$  for wild-type AChR;  $K_{ov} = 1.03 \times 10^{-5}$ ,  $n = 1.07$  for  $\epsilon N436del$ -AChR; and  $K_A = 7.73 \times 10^{-8}$ ,  $K_B = 2.22 \times 10^{-2}$ ,  $fract_A = 0.61$  for  $\epsilon$ -omitted AChR.

the N-terminal end of M4. To determine whether either or both effects reduce expression or alter activation of AChR, we engineered four site-directed mutants (Fig. 3B) and expressed each together with complementary wild-type subunits in HEK cells.

The first engineered mutant,  $\epsilon D435del$ , shortens the M3–M4 loop by a single residue, without shifting a negative charge against M4 (Fig. 3B). This mutation reduces surface expression of AChR to  $\sim 56\%$  of wild-type (Fig. 4A) and decreases the mean durations of the major components of

channel openings and bursts (Table 2 and Fig. 5C) to  $\sim 65$  and  $\sim 50\%$  of wild-type, respectively. The second engineered mutant,  $\epsilon DN435del$ , which removes two residues from the M3–M4 loop (Fig. 3B), reduces AChR expression to  $\sim 10\%$  of wild-type, and decreases the mean durations of the longest components of channel openings and bursts to  $\sim 65$  and  $\sim 55\%$  of wild-type, respectively (Table 2 and Fig. 5F). The third and fourth engineered mutants,  $\epsilon N436R$  and  $\epsilon N436D$ , do not shorten the M3–M4 loop but position a positive or negative charge next to M4 (Fig. 3B). Neither mutant has an appreciable effect on AChR surface expression (Fig. 4A) or channel kinetics (Table 2 and Fig. 5D and E). Thus, the effects of  $\epsilon N436del$  on AChR expression and channel kinetics can be attributed to shortening of the M3–M4 loop and not to shift of a negative charge adjacent to M4.

### Deletion of equivalent residues in non- $\epsilon$ subunits

To determine whether the effects of deleting a C-terminal residue of the M3–M4 loop are subunit specific, we constructed corresponding deletion mutants of the  $\alpha$  ( $\alpha H408del$ ),  $\beta$  ( $\beta R446del$ ) and  $\delta$  ( $\delta R450del$ ) subunits (Fig. 3C). The  $\beta$  and  $\delta$  deletion mutants reduce surface expression of AChR to  $\sim 5\%$  of wild-type (Fig. 4A) and shorten channel opening events by about the same amount as  $\epsilon N436del$  (Table 2 and Fig. 5H and I). The  $\alpha H408del$  mutation reduces expression of AChR to  $\sim 20\%$  of wild-type (Fig. 4A) and, in striking contrast to the  $\beta$  and  $\delta$  deletion mutants, prolongs the dominant component of open intervals  $\sim 3.5$ -fold and that of bursts  $\sim 13.5$ -fold (Table 2 and Fig. 5G).

Because HEK cells bound similar low levels of [ $^{125}$ I] $\alpha$ -bgt after transfection with  $\delta R450del$ -AChR,  $\alpha_2\beta\epsilon_2$ -AChR,  $\beta R446del$ -AChR and  $\alpha_2\beta\epsilon_2$ -AChR (Fig. 4A), the channel events recorded from the transfected HEK cells could have arisen from  $\delta$ -omitted or  $\beta$ -omitted receptors rather than from  $\delta R450del$ -AChR or  $\beta R446del$ -AChR. To test this possibility, we expressed either  $\delta$ - or  $\beta$ -omitted AChRs in HEK cells in each of three different experiments and searched for channel openings in 30 and 31 patches, respectively, but detected no channel openings. Therefore, it is unlikely that either  $\delta$ - or  $\beta$ -omitted AChRs, if present, are functional.

### Activation kinetics of $\epsilon N436del$ -AChR and $\alpha H408del$ -AChR

To determine the mechanism by which the  $\epsilon N436del$  receptor shortens and the  $\alpha H408del$  receptor prolongs channel opening events, we examined their kinetics of activation at desensitizing concentrations of ACh (see Methods). Wild-type and  $\epsilon N436del$ -AChRs generated well-defined clusters of openings at ACh concentrations as low as 10 and 20  $\mu M$ , respectively, but  $\alpha H408del$ -AChR produced clusters of openings even at 0.3  $\mu M$  ACh, indicating an enhanced propensity of receptors containing the mutant  $\alpha$  subunit to become desensitized (Fig. 6, left column).

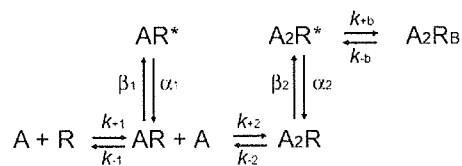
**Table 2** Single-channel recordings of wild-type and mutant AChRs expressed in HEK cells

	Open interval			Bursts		
	$\tau_1$ (ms) ( $a_1$ )	$\tau_2$ (ms) ( $a_2$ )	$\tau_3$ (ms) ( $a_3$ )	$\tau_1$ (ms) ( $a_1$ )	$\tau_2$ (ms) ( $a_2$ )	$\tau_3$ (ms) ( $a_3$ )
Wild-type	$0.037 \pm 0.033^a$ ( $0.17 \pm 0.02$ )	$0.31 \pm 0.050$ ( $0.27 \pm 0.04$ )	$1.35 \pm 0.05$ ( $0.67 \pm 0.04$ )	$0.036 \pm 0.002^b$ ( $0.24 \pm 0.021$ )	$0.47 \pm 0.06$ ( $0.21 \pm 0.03$ )	$3.31 \pm 0.12$ ( $0.58 \pm 0.04$ )
$\epsilon$ N436del	$0.031 \pm 0.0033^c$ ( $0.15 \pm 0.01$ )	$0.24 \pm 0.06^d$ ( $0.46 \pm 0.03$ )	$0.62 \pm 0.03$ ( $0.76 \pm 0.09$ )	$0.036 \pm 0.005^c$ ( $0.23 \pm 0.022$ )	$0.30 \pm 0.03^e$ ( $0.43 \pm 0.06$ )	$1.24 \pm 0.092$ ( $0.78 \pm 0.07$ )
$\epsilon$ D435del	ND	$0.20 \pm 0.09$ ( $0.24 \pm 0.08$ )	$0.87 \pm 0.05$ ( $0.76 \pm 0.08$ )	ND	$0.25 \pm 0.08$ ( $0.35 \pm 0.09$ )	$1.66 \pm 0.15$ ( $0.65 \pm 0.09$ )
$\epsilon$ DN435del	ND	$0.20 \pm 0.02$ ( $0.34 \pm 0.06$ )	$0.88 \pm 0.04$ ( $0.66 \pm 0.06$ )	ND	$0.31 \pm 0.07$ ( $0.48 \pm 0.06$ )	$1.82 \pm 0.10$ ( $0.52 \pm 0.06$ )
$\epsilon$ N436R	$0.058 \pm 0.014$ ( $0.16 \pm 0.008$ )	$0.39 \pm 0.08^b$ ( $0.29 \pm 0.55$ )	$1.31 \pm 0.12$ ( $0.70 \pm 0.07$ )	$0.052 \pm 0.01$ ( $0.32 \pm 0.02$ )	$0.45 \pm 0.13^f$ ( $0.25 \pm 0.01$ )	$3.33 \pm 0.44$ ( $0.53 \pm 0.07$ )
$\epsilon$ N436D	$0.054 \pm 0.014^b$ ( $0.14 \pm 0.07$ )	$0.39 \pm 0.10$ ( $0.23 \pm 0.48$ )	$1.15 \pm 0.13$ ( $0.72 \pm 0.08$ )	$0.034 \pm 0.006^f$ ( $0.20 \pm 0.08$ )	$0.55 \pm 0.15$ ( $0.26 \pm 0.07$ )	$3.03 \pm 0.15$ ( $0.62 \pm 0.10$ )
$\beta$ R446del	$0.032 \pm 0.0024^f$ ( $0.12 \pm 0.0009$ )	ND	$0.73 \pm 0.12$ ( $0.93 \pm 0.03$ )	$0.027 \pm 0.004^f$ ( $0.11 \pm 0.03$ )	ND	$1.40 \pm 0.29$ ( $0.84 \pm 0.07$ )
$\delta$ R450del	$0.041^c$ ( $0.30$ )	$0.33 \pm 0.06^f$ ( $0.49 \pm 0.11$ )	$0.73 \pm 0.12$ ( $0.60 \pm 0.12$ )	$0.050^c$ ( $0.24$ )	$0.49 \pm 0.12^b$ ( $0.46 \pm 0.10$ )	$1.13 \pm 0.18$ ( $0.70 \pm 0.10$ )
$\alpha$ H408del	$0.031 \pm 0.0030$ ( $0.20 \pm 0.03$ )	$0.98 \pm 0.21$ ( $0.16 \pm 0.03$ )	$4.70 \pm 0.76$ ( $0.68 \pm 0.05$ )	$0.067 \pm 0.02$ ( $0.41 \pm 0.05$ )	$1.33 \pm 0.29$ ( $0.21 \pm 0.05$ )	$44.76 \pm 3.56$ ( $0.38 \pm 0.05$ )

Values indicate mean  $\pm$  SE.  $\tau_n$  and  $a_n$  indicate time constants and fractional histogram areas. Wild-type,  $\epsilon$ N436del,  $\epsilon$ D435del,  $\epsilon$ N436R,  $\epsilon$ N436D and  $\alpha$ H408del were recorded with 50 nM ACh from 21, 11, 3, 5, 5 and 6 patches, respectively;  $\epsilon$ DN435del,  $\beta$ R446del and  $\delta$ R450del were recorded with 1  $\mu$ M ACh from 3, 5 and 7 patches respectively. Membrane potential =  $-80$  mV. <sup>a, b, c, d, e, f</sup> Either the first or the second component was not detected at 12, 3, 6, 7, 8 and 2 patches, respectively.

For both wild-type and  $\epsilon$ N436del-AChRs, the longest closed-time component shifted to shorter durations with increasing ACh concentration (Fig. 6, central column). The open times of the  $\epsilon$ N436del receptors were briefer and those of the  $\alpha$ H408del receptor longer compared with wild-type (Fig. 6, right column). Dwell times for wild-type and mutant receptors show typical dependence on ACh concentration: closings become briefer with increasing ACh concentration, and the major component of openings changes little across ACh concentrations.

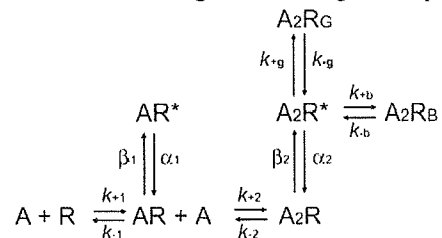
To determine the consequences of the mutations on rate constants underlying receptor activation, we analysed the global set of open and closed dwell times according to scheme 1:



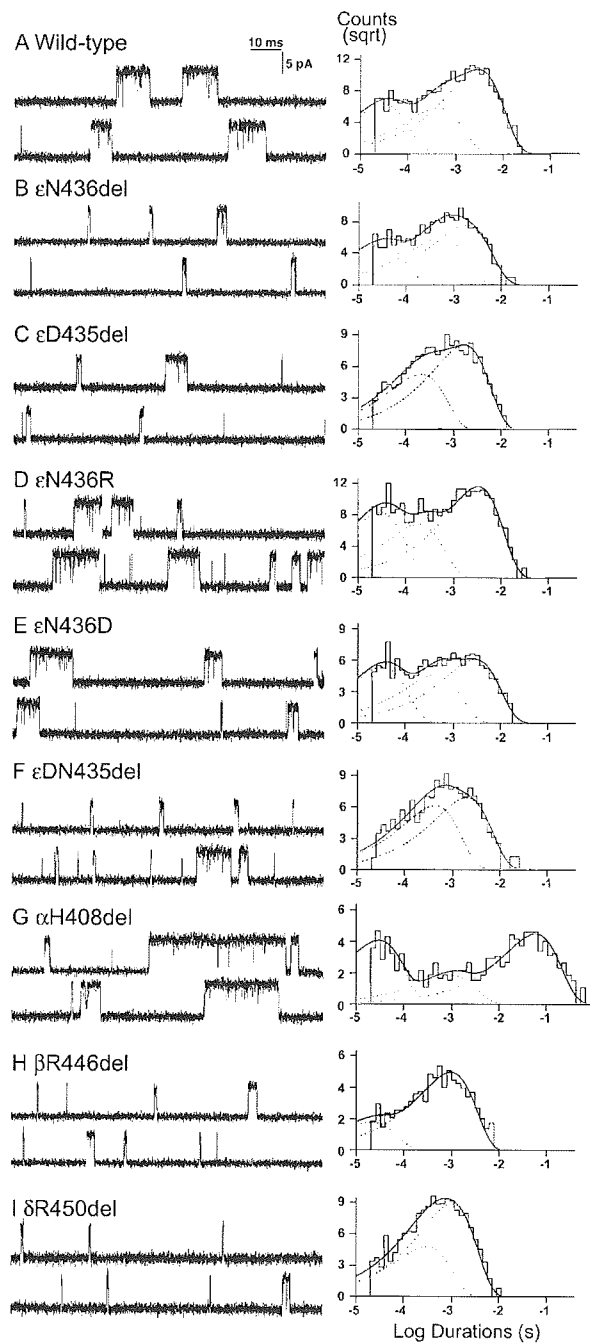
In this scheme, two agonists (A) bind to the receptor (R) with association rate constants  $k_{+1}$  and  $k_{+2}$ , and dissociate with rate constants  $k_{-1}$  and  $k_{-2}$ . Receptors occupied by one agonist open with rate  $\beta_1$  and close with rate  $\alpha_1$ , while receptors occupied by two agonists open with rate  $\beta_2$  and close with rate  $\alpha_2$ . Asterisks indicate open states and  $R_B$  indicates the blocked state of the receptor. At high ACh concentrations, ACh blocks the open channel with rate  $k_{+b}$ , and the channel unblocks with rate  $k_{-b}$ . The fitted rate constants allow calculation of the equilibrium dissociation constants

( $K_n = k_{-n}/k_{+n}$ ,  $K_B = k_{-b}/k_{+b}$ ) and the channel gating equilibrium constants ( $\theta_n = \beta_n/\alpha_n$ ). This scheme allows for only two open states, whereas low-concentration recordings (Fig. 5 and Table 2) had revealed three open states. However, at the high concentrations of ACh required to elicit clusters of channel events due to a single channel, only two components of openings are observed, presumably because the briefest class of monoligated openings occurs too infrequently to be identified.

Scheme 1 provided a good description of the closed and open intervals for wild-type and  $\epsilon$ N436del receptors but did not provide a satisfactory description of the closed intervals for the  $\alpha$ H408del mutant. The chief problem was complexity of the closed duration distribution, which exhibited at least one more component than accounted for by scheme 1. We therefore examined alternative scheme 2, which incorporated an additional closed state branching from the diliganded open state:



An analogous brief closed state was suggested by Elenes and Auerbach (2002) for wild-type mouse muscle AChR, and by Hatton and colleagues in describing the activation of the  $\epsilon$ L221F slow-channel mutation (Hatton *et al.*, 2003), both groups suggesting that it corresponded to a short-lived



**Fig. 5** (Left) AChR channel events elicited by 50 nM (A, B, C, D, E, G) or 1  $\mu$ M (F, H, I) ACh from HEK cells transfected with indicated AChR subunits. (Right) Burst duration histograms fitted to the sum of exponentials.

desensitized state. Schemes 1 and 2 provided equally satisfactory fits and similar rate constants for the human wild-type and  $\epsilon$ N436del receptors. To compare activation kinetics of wild type and mutant receptors, we analysed our data according to scheme 2 (Table 3).

**Table 3** Kinetic parameters of wild-type and mutant AChRs expressed in HEK cells

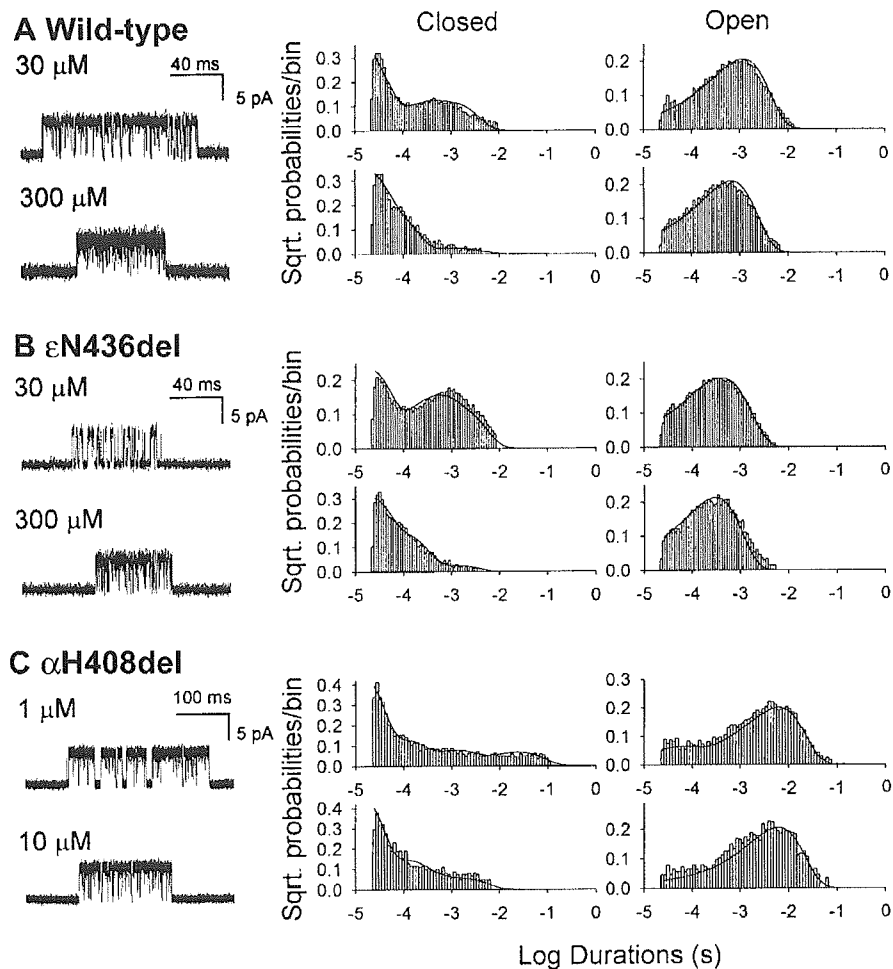
Rate constant	Wild-type	$\epsilon$ N436del	$\alpha$ H408del
$k_{+1}$	$59 \pm 6$	$32 \pm 2$	$72 \pm 5$
$k_{-1}$	$953 \pm 57$	$414 \pm 44$	$336 \pm 41$
$k_{+2}$	$77 \pm 2$	$54 \pm 1$	$369 \pm 35$
$k_{-2}$	$10\,300 \pm 170$	$15\,800 \pm 327$	$2880 \pm 153$
$\beta_1$	$146 \pm 13$	$556 \pm 29$	$194 \pm 21$
$\alpha_1$	$3240 \pm 323$	$5520 \pm 243$	$19\,200 \pm 1321$
$\beta_2$	$52\,800 \pm 1190$	$42\,300 \pm 1960$	$81\,900 \pm 3037$
$\alpha_2$	$2100 \pm 69$	$4000 \pm 139$	$704 \pm 39$
$k_{+g}$	$20 \pm 1$	$51 \pm 6$	$52 \pm 3$
$k_{-g}$	$802 \pm 62$	$959 \pm 86$	$10\,500 \pm 778$
$k_{+b}$	$17 \pm 2$	$25 \pm 3$	ND
$k_{-b}$	$84\,100 \pm 1719$	$73\,400 \pm 5360$	ND
$K_1$ ( $\mu$ M)	16	13	5
$K_2$ ( $\mu$ M)	133	293	8
$\theta_1$	0.045	0.100	0.010
$\theta_2$	25	11	116
$K_B$ (mM)	4.95	2.93	—
$K_G$	40	19	202
Predicted burst length (ms)	3.12	1.26	42.40
Low-concentration burst length (ms)	3.31	1.24	44.76

Association rates and  $k_{+b}$  are in  $\mu\text{M}^{-1} \text{s}^{-1}$ ; all other rate constants are in  $\text{s}^{-1}$ . Gating equilibrium constants  $\theta_n$  are the ratios  $\beta_n/\alpha_n$ . The predicted burst length was derived from a rate constant Q matrix (Colquhoun and Sigworth, 1995; Colquhoun and Hawkes, 1995).  $K_G = k_{-g}/k_{+g}$ . ND = not detected.

The fitted rate constants in Table 3 indicate the following functional consequences of the  $\epsilon$ N346del mutant: by decreasing  $k_{+2}$  and increasing  $k_{-2}$ , it increases  $K_2 \sim 2.2$ -fold, thus decreasing the affinity of the diliganded closed receptor for ACh; and by decreasing  $\beta_2$  and increasing  $\alpha_2$ , it decreases the gating efficiency of the diliganded receptor ( $\theta_2$ )  $\sim 2.3$ -fold. The fitted rate constants were used to predict burst duration at very low concentrations of agonist, which agreed very well with the independently determined burst duration obtained at 50 nM ACh (Table 3). Overall, the  $\epsilon$ N346del burst duration is reduced to 40% of wild-type, and the mutant receptor has mild fast-channel properties (Engel *et al.*, 2003).

The  $\alpha$ H408del mutation, on the other hand, has opposite effects to  $\epsilon$ N346del: by increasing  $k_{+1}$  and  $k_{+2}$  and decreasing  $k_{-1}$  and  $k_{-2}$ , it decreases  $K_1$  3-fold and  $K_2 \sim 17$ -fold, thus markedly enhancing both monoliganded and diliganded closed state affinities; by increasing  $\beta_2 \sim 1.5$ -fold and slowing  $\alpha_2 \sim 3.0$ -fold, it increases the gating efficiency of the diliganded receptor  $\sim 5$ -fold. Again, burst duration predicted by the fitted rate constants agreed well with the independently determined burst duration obtained at 50 nM ACh (Table 3). Burst duration increases  $\sim 14$ -fold, and the  $\alpha$ H408del receptor has pronounced slow-channel properties (Engel, *et al.*, 2003).

Figure 7 shows plots of open probabilities ( $P_{\text{open}}$ ) within defined clusters of channel events at different concentrations



**Fig. 6** Kinetics of activation of wild-type (A),  $\epsilon$ N436del- (B), and  $\alpha$ H408del- (C) AChR. (Left column) individual clusters of single-channel currents recorded at indicated ACh concentrations from HEK cells. (Centre and right columns) Corresponding histograms of closed and open durations with superimposed probability density functions for scheme 2 of receptor activation for the entire range of ACh concentrations. Table 3 shows the fitted rate constants.

of ACh for the wild-type,  $\epsilon$ N436del-AChR and  $\alpha$ H408del receptors. The plotted points are well described by the theoretical  $P_{\text{open}}$  curve computed from the rate constants determined by fitting scheme 2 to the dwell times (Fig. 7). The  $P_{\text{open}}$  curve for  $\epsilon$ N436del receptor is right-shifted with respect to wild-type, indicating a 3.5-fold decreased probability of opening at the  $EC_{50}$ . In contrast, the  $P_{\text{open}}$  curve for the  $\alpha$ H408del receptor is left-shifted with respect to wild-type, indicating a  $\sim$ 31-fold increased probability of opening at  $EC_{50}$ .

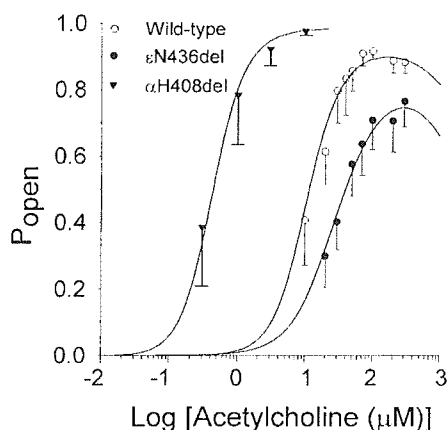
## Discussion

### Phenotypic consequences of $\epsilon$ N436del

Both CMS patients carry the  $\epsilon$ N436del mutation plus a null mutation in the second  $\epsilon$  allele; therefore,  $\epsilon$ N436del determines the phenotype. EP studies demonstrate severe AChR deficiency, compensatory expression of fetal-type  $\gamma$ -AChR, and short opening events of the expressed adult  $\epsilon$ -AChRs. Expression of  $\gamma$ -AChR at the EP has been documented

with low-expressor or null mutations of the  $\epsilon$  subunit, where it probably serves as a means of phenotypic rescue (Engel *et al.*, 2003). Because the number of AChRs at both patients' EPs is only  $\sim$ 10% of normal and most expressed AChRs harbour the fetal  $\gamma$  subunit, neuromuscular transmission is primarily compromised by the AChR deficiency, and this is compounded by the fast-channel kinetics of the  $\epsilon$ N436del-AChRs.

Expression of  $\epsilon$ N436del-AChR in HEK cells was 50% of wild-type. Higher AChR expression in HEK cells than at the EP has been observed previously with other low-expressor missense mutations of AChR (Milone *et al.*, 1998; Ohno *et al.*, 1997; Shen *et al.*, 2002; Wang *et al.*, 1999). This may be due to differences in the rate of synthesis or destruction of the mutant receptor in muscle fibres versus HEK cells. Interaction with the cytoplasmic anchoring protein rapsyn, absent in HEK cells, may also be compromised by the mutant receptors at the EP.



**Fig. 7** Open probability ( $P_{\text{open}}$ ) as a function of ACh concentration. Symbols represent mean  $P_{\text{open}}$  computed for 18–311 clusters per patch. Error bars indicate the standard deviation. Smooth curves are the predicted  $P_{\text{open}}$  computed from the rate constants in Table 3. Note the right shift of the curve for  $\epsilon\text{N436del}$  and  $\delta\text{R450del}$ , and the left shift of the curve for  $\alpha\text{H408del}$ .

### Expression of AChRs harbouring C-terminal deletion mutants of M3–M4 loops

All three C-terminal deletion mutants of the  $\epsilon$  M3–M4 loop ( $\epsilon\text{N436del}$ ,  $\epsilon\text{DN435del}$  and  $\epsilon\text{DN435del}$ ) as well as the corresponding deletion mutants of the  $\alpha$  ( $\alpha\text{H408del}$ ),  $\beta$  ( $\beta\text{R446del}$ ) and  $\delta$  ( $\delta\text{R450del}$ ) subunits curtail surface expression of AChR, whereas the two C-terminal charge mutants of the  $\epsilon$  M3–M4 loop ( $\epsilon\text{N436D}$  or  $\epsilon\text{N436R}$ ) do not; therefore the decreased AChR expression probably stems from shortening of the M3–M4 loop. Decreased AChR expression, in turn, may stem from abnormal folding and accelerated destruction of nascent peptides in the endoplasmic reticulum, or because C-terminal residues of the M3–M4 loops are required for efficient subunit assembly, or both.

### Activation kinetics of C-terminal deletion mutants of the M3–M4 loops

Scheme 1 described well the kinetics of activation the wild-type and  $\epsilon\text{N436del}$  receptors, but did not account for all closed states of the  $\alpha\text{H408del}$  receptor. We therefore explored an alternative scheme (scheme 2) that allowed an additional closed state connected to the open state of the receptor ( $A_2R_G$ ); scheme 2 described both closed and open times of the  $\alpha\text{H408del}$  receptor. Interestingly, applying scheme 2 to the wild-type and the  $\epsilon\text{N436del}$  receptors did not significantly alter the rate constants of activation or improve the likelihood of the fitted parameters compared to scheme 1. This finding differs from that in the mouse receptor, where allowing a non-conducting gap to arise from the diliganded open state improved the quality of the fit (Elenes and Auerbach, 2002). The functional significance of the  $A_2R_G$  state is not known; it may represent a brief desensitized state of the receptor

(Salamone *et al.*, 1999), but that the dwell in the  $A_2R_G$  state is  $\sim 13$  times shorter for the desensitization prone  $\alpha\text{H408del}$  receptor than for the wild-type or the  $\epsilon\text{N436del}$  receptor appears inconsistent with this interpretation.

The results shed new light on the structure–function relationships of the AChR. In particular, the M3–M4 linker has been shown to be a primary determinant of the fetal-to-adult kinetic switch, conferred by change from  $\gamma$  to  $\epsilon$  subunits (Bouzat *et al.*, 1994), as well as a determinant of the fidelity of channel gating (Milone *et al.*, 1998; Wang, *et al.*, 2000). The collective studies point to  $\gamma$  and  $\epsilon$  as subunits that specifically contribute to activation kinetics, but the present work is the first to show a contribution of the M3–M4 loop of the  $\alpha$  subunit. The single residue deletion from the  $\alpha$  subunit prolongs channel activation episodes and enhances desensitization to extents comparable to severe slow channel mutations. The enhanced activation is attributed to enhanced affinity of ACh for the resting closed state of the receptor as well as to enhanced gating. Both the ACh binding site (Celie *et al.*, 2004) and the channel gate (Miyazawa *et al.*, 2003) are distant from the M3–M4 linker, indicating an allosteric contribution of the M3–M4 loop of the  $\alpha$  subunit to receptor function. Thus, combined clinical, morphological, electrophysiological and genetic studies of our two patients unravelled the pathophysiological basis of a CMS. Further experimentation revealed subunit-specific contributions of C-terminal residues of the M3–M4 loops of AChR that allosterically affect gating of the ion channel and ACh occupancy of the more distant binding site.

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## Splicing abnormalities in congenital myasthenic syndromes

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A total of 173 mutations has been reported to date in eight genes in congenital myasthenic syndromes. Sixteen intronic and five exonic mutations in three genes affect pre-mRNA splicing. Eight of these are of particular interest, and are reviewed in this article.

An A-to-G mutation at intron position +3 results in exon skipping only when there are mismatched nucleotides to U1 snRNA at positions +4 to +6. Similarly, a mutation at the last nucleotide of an exon causes exon skipping when a nucleotide at position +6 is not complementary to U1 snRNA. We observe the similar compensation mechanisms for mismatches to U1 snRNA at 179,917 native human splice donor sites.

A 7-bp deletion in *CHRNE* exon 7 causes skipping of the preceding 101-bp exon 6. We found in general that the nonsense-mediated altered splicing of a remote exon (NASRE) is mediated by inherent weak splicing signals flanking the skipped exon and degradation of a normally spliced transcript by the nonsense-mediated mRNA decay (NMD).

A 16-bp duplication spanning the *CHRNE* intron 10/exon 11 boundary generates two copies of 3' splice sites, and the downstream copy is exclusively silenced. Analysis of a series of artificial mutants conforms to the scanning model of recognition of the 3' splice site that predicts that the first 'ag' more than 13 nucleotides downstream of the branch point is selected for splicing.

Splicing mutations may be more frequent than suspected, and one must always be aware of possible splicing abnormalities when analyzing human mutations.

**Key words:** aberrant splicing, congenital myasthenic syndromes

### Introduction

Congenital myasthenic syndromes (CMS) are monogenic disorders caused by genetic defects of molecules expressed at the neuromuscular junction. We identified genetic defects in (i) *CHAT*

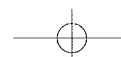
encoding choline acetyltransferase that resynthesizes acetylcholine at the nerve terminal [1], (ii) *COLQ* encoding the collagenic tail subunit of asymmetric acetylcholinesterase (AChE) [2], (iii) *RAPSN* encoding rapsyn that clusters acetylcholine receptor (AChR) at the endplate [3], (iv) *CHRNA1*, *CHRNB1*, *CHRND*, *CHRNE* encoding AChR  $\alpha$ ,  $\beta$ ,  $\delta$ , and  $\epsilon$  subunits, respectively [4], and (v) *SCN4A* encoding skeletal muscle voltage-gated sodium channel [5]. Mutations in AChR subunit genes cause AChR deficiency, fast channel syndrome, or slow channel syndrome. AChR mutations causing the slow channel syndrome are transmitted as a dominant trait, whereas all other CMS mutations are recessive.

A total of 173 mutations has been reported to date in *CHAT*, *COLQ*, *RAPSN*, *CHRNA1*, *CHRNB1*, *CHRND*, *CHRNE*, and *SCN4A* in CMS [6]. Twenty-one mutations (16 intronic and 5 exonic mutations) in *COLQ*, *CHRNE*, and *RAPSN* affect pre-mRNA splicing (Table 1). In *COLQ*, there are three intronic and one exonic mutations affecting pre-mRNA splicing. In *CHRNE*, 13 mutations affecting intron/exon boundaries and 3 exonic mutations cause aberrant splicing. Eight out of the 21 mutations are of particular interest, and are reviewed in this article.

### 1. G at intron position +3 is compensated for by matched nucleotides to U1 snRNA at positions +4 to +6

An A-to-G substitution at position +3 of *COLQ* intron 16 (IVS16+3A>G) results in skipping of

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**Table 1.** Splicing mutations observed in congenital myasthenic syndromes.

GENE	MUTATION	EXON/INTRON	STATEMENTS IN TEXT*	REFERENCE
<i>COLQ</i>	g.IVS1-1G>A	Intron 1		[19]
	g.IVS15+1G>A	Intron 15		[20]
	g.IVS16+3A>G	Intron 16	1	[7]
	p.E415G	Exon 16	4	[11]
<i>CHRNE</i>	g.IVS4+1G>A	Intron 4		[21]
	g.IVS4-2A>C	Intron 4		[10]
	g.IVS6+1G>T	Intron 6		[22]
	g.IVS6-1G>C	Intron 6		[8]
	g.IVS7+2T>C	Intron 7		[23, 24]
	g.IVS7-2A>G	Intron 7		[25]
	g.IVS9+1G>T	Intron 9		[26]
	g.IVS9-1G>C	Intron 9		[10, 27]
	g.IVS9-1G>A	Intron 9		[8]
	g.IVS10-9_c.1167dup16	Intron 10/Exon 11	5	[8]
	g.IVS10+2T>G	Intron 10		[28]
	c.1259_g.IVS11+15del23	Exon 11/Intron 11		[8]
	p.E154X (c.460G>T)	Exon 6	4	[10]
p.EF157V (c.470delAGT)	Exon 6	4	[10]	
c.553del7	Exon 7	3	[10]	
p.R286M (c.857G>T)	Exon 8	2	[8]	
<i>RAPSN</i>	g.IVS4-2A>G	Intron 4		[29]

\* Numbers refer to those in the subheadings of the text.

exon 16. This was unexpected, because both A and G are equally frequent at intron position +3 in human genes (Table 2). In pre-mRNA splicing, 9 nucleotides of U1 snRNA base-pair with the splice donor site comprising 3 exonic and 6 intronic nucleotides. The mutation in *COLQ* intron 16 presents mismatched nucleotides to U1 snRNA at positions -3, -2, +3, +4, and +6. Introduction of a nucleotide complementary to U1 snRNA- either at position +4 or +6 results in normal splicing even with a mutant G at position +3. On the other hand, introduction of a nucleotide complementary to U1 snRNA either at position -3 or -2 does not correct splicing. Consistent with a role of residues at +4 to +6 in splicing, analysis of 179,917 native human splice donor sites revealed that with a G at position +3, human genes frequently carry U1 snRNA-complementary nucleotides at positions +4 to +6 (Table 2). Analysis of 11 disease-associated A-to-G mutations at position +3 also indicates that 2 of 3 nucleotides at positions +4 to +6 fail to base-pair, and that the nucleotide at +4 never base-pairs, with U1 snRNA. These data all point to a notion that with G at intron position +3, normal splicing depends on concordance of residues at +4 to +6 with U1 snRNA [7].

## 2. A mutation at the last nucleotide of an exon results in exon skipping when a nucleotide at intron position +6 is not complementary to U1 snRNA

A single nucleotide substitution at the last nucleotide of *CHRNE* exon 8 (c.857G>T) predicts an Arg-to-Met substitution at codon 286 (p.R286M). By analyzing the cloned entire genomic segment of *CHRNE*, we found that this mutation results in skipping of exon 8. Analysis of 179,917 native human splice donor sites revealed that a mismatch to U1 snRNA at the last nucleotide of an exon is frequently compensated for by a matched nucleotide at intron position +6, and also but to a lesser extent by nucleotides at +4 and +5 (Table 2). Indeed, 19 out of 28 splicing mutations reported to date at the last G nucleotide of an exon do not carry a matched T nucleotide at position +6. In the remaining 7 mutants carrying a matched T nucleotide at position +6, one or two mismatches to U1 snRNA are observed at intron positions +4 and +5 [8].

An extreme example of this notion is observed in *IKBKAP* IVS20+6T>C causing familial dysau-



**Table 2.** Nucleotide frequencies at positions -3 to +6 of 179,917 native human splice donor sites.

	% OF NUCLEOTIDE AT POSITION								
	-3	-2	-1	+1	+2	+3	+4	+5	+6
<b>Whole splice donor sites (179,917 sites)</b>									
A	33.2	<i>62.9</i>	10.2	0.0	0.0	<i>59.2</i>	<i>68.8</i>	9.0	17.9
C	<i>36.7</i>	11.1	3.0	0.0	0.0	3.0	7.7	6.0	15.3
G	18.5	11.9	<i>79.6</i>	<i>100.0</i>	0.0	34.8	12.0	<i>77.2</i>	19.5
T	12.2	14.1	7.2	0.0	<i>100.0</i>	3.0	11.5	7.8	<i>47.2</i>
<b>Splice donor sites with A at position +3 (106,541 sites)</b>									
A	34.7	<i>64.9</i>	11.6	0.0	0.0	<i>100.0</i>	<i>63.8</i>	13.0	21.9
C	<i>34.8</i>	9.5	2.5	0.0	0.0	0.0	9.0	7.9	14.1
G	17.6	11.3	<i>78.7</i>	<i>100.0</i>	0.0	0.0	12.5	<i>67.9</i>	20.1
T	13.0	14.3	7.2	0.0	<i>100.0</i>	0.0	14.7	11.2	<i>43.9</i>
<b>Splice donor sites with G at position +3 (62,544 sites)</b>									
A	30.3	<i>56.9</i>	8.6	0.0	0.0	<i>0.0</i>	<i>80.0</i>	3.0	12.1
C	<i>37.4</i>	14.8	4.1	0.0	0.0	0.0	5.7	3.1	17.7
G	20.5	13.4	<i>79.3</i>	<i>100.0</i>	0.0	100.0	10.6	<i>91.5</i>	19.3
T	11.8	14.9	8.0	0.0	<i>100.0</i>	0.0	3.7	2.3	<i>50.9</i>
<b>Splice donor sites with G at position -1 (143,251 sites)</b>									
A	32.9	<i>67.8</i>	0.0	0.0	0.0	<i>58.5</i>	<i>65.0</i>	10.7	20.4
C	<i>37.9</i>	6.6	0.0	0.0	0.0	3.4	8.7	6.8	16.7
G	18.2	10.6	<i>100.0</i>	<i>100.0</i>	0.0	34.6	13.7	<i>73.1</i>	22.6
T	10.9	15.0	0.0	0.0	<i>100.0</i>	3.5	12.5	9.3	<i>40.3</i>
<b>Splice donor sites with non-G at position -1 (36,666 sites)</b>									
A	34.1	<i>43.9</i>	49.9	0.0	0.0	<i>61.9</i>	<i>83.6</i>	2.5	8.5
C	<i>28.7</i>	28.8	14.9	0.0	0.0	1.4	3.8	2.7	9.8
G	19.9	16.8	<i>0.0</i>	<i>100.0</i>	0.0	35.3	5.4	<i>92.9</i>	7.7
T	17.2	10.5	35.3	0.0	<i>100.0</i>	1.4	7.3	1.9	<i>74.0</i>

Underlines indicate high frequencies of complementary nucleotides to U1 snRNA at positions +4 to +6 when there is G at position +3 or non-G at position -1. The data were extracted from the Human Genome Database Build 35.1. Nucleotides complementary to U1 snRNA are italicized.

tonomia [9], in which the only mismatched nucleotide at the native splice donor site is A at position -1, and an additional mismatch mutation at position +6 a is enough to cause exon skipping.

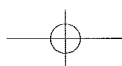
Knowledge of compensatory mechanisms at human splice donor sites, allows one to predict the splicing consequences of identified mutations.

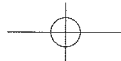
### 3. Nonsense-mediated altered splicing of a remote exon (NASRE)

A 7-bp deletion in *CHRNE* exon 7 (c.553del7) causes skipping of a preceding 101-bp exon 6. This was unexpected, because current models of pre-mRNA splicing cannot explain skipping of a remote exon. A series of artificial mutations expressed in COS cells suggested that presence of a premature termination codon (PTC) determines the splicing consequences. We thus inhibited the nonsense-mediated mRNA decay (NMD) by anisomycin, and found

that exon 6 is skipped even in the wild-type *CHRNE* due to weak splicing signals flanking exon 6. The exon-skipped transcript, however, carries a premature stop codon (PTC) in exon 7, and is degraded by NMD. In the presence of a 7-bp deletion in exon 7, the normally spliced transcript carries a PTC in exon 7, and is degraded by NMD. On the other hand, the exon 6-skipped transcript resumes the open reading frame after the 7-bp deletion, and is immune to NMD. The c.553del7 mutation does not directly affect pre-mRNA splicing, but instead swaps the NMD target by placing a PTC in the normally spliced transcript and by removing a PTC from the exon 6-skipped transcript. We found that inherent weak splicing signals and swapping of the NMD target are the common mechanisms observed in nonsense-mediated altered splicing of a remote exon (NASRE) in other genes as well [10].

Skipping of a remote exon has been reported only in four genes, likely because only few researchers look for aberrant splicing of a remote exon. Screen-





ing for aberrant splicing affecting a remote exon, however, is very important, because it potentially converts a “frameshift” to an “inframe” mutation, or vice versa, and thus changes a phenotypic consequence.

#### 4. Exonic splicing enhancer (ESE)-disrupting mutations

Transplantation of recombinant human asymmetric AChE carrying E415G in collagen Q to the frog endplate indicates that E415G does not compromise anchoring of AChE to the synaptic basal lamina. Analysis of muscle mRNA and minigene constructs in COS cells revealed that E415G disrupts an ESE and hence causes skipping of exon 16 [11].

Studies of NASRE mentioned above revealed that *CHRNE* exon 6 carries weak splicing signals. As exons flanked by weak splicing signals frequently harbor ESEs [12], we examined if any of four mutations in *CHRNE* exon 6 observed in CMS patients affects splicing of exon 6. We indeed found that a single nucleotide substitution predicting a nonsense mutation, p.E154X (c.460G>T), and an inframe deletion, p.EF157V (c.470delAGT), both in exon 6 cause aberrant splicing of exon 6 [10]. Before we identified that p.EF157V is a splicing mutation, we expressed mutant AChR carrying p.EF157V in HEK cells, and found that p.EF157V does not significantly affect the level of AChR expression or the ion channel kinetics.

A recent estimate indicates that 15-20% of missense mutations possibly affect an ESE [13]. We always have to think about a possibility that a given exonic mutation potentially disrupts an exonic splicing enhancer or a silencer, even if the mutant protein shows functional abnormalities and readily explains the disease.

#### 5. The scanning model of recognition of the 3' splice site

A 16-bp duplication spanning the *CHRNE* intron 10/exon 11 boundary (g.IVS10-9\_c.1167dup16) generates two copies of 3' splice sites, and the downstream copy is exclusively silenced. The mutation is comprised of duplication of 8 intronic and 8 exonic nucleotides. Analysis of a series of artificial mutants conforms to the scanning model of recognition of the 3' splice site that predicts that the first ‘ag’ more than 13 nucleotides downstream of the branch point is selected for splicing [14, 15]. Previous reports indi-

cate two exceptions against this rule [16-18]: the first ‘ag’ dinucleotide is hidden in a stable secondary structure; or two ‘ag’ dinucleotides that are less than 12 nucleotide apart compete for being recognized by the spliceosome. As the 16-bp duplication in *CHRNE* is not applicable to these exceptions, the mutation follows the scanning model of the 3' splice site recognition [8].

Some mutations or polymorphisms close the 3' end of an intron potentially create an ‘ag’ dinucleotide prior to the native ‘ag’ splice site. The splicing effects of these mutations/polymorphisms must be carefully examined.

#### Conclusions

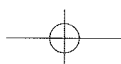
As in other disease-causing mutations affecting pre-mRNA splicing, splicing mutations in CMS are not restricted to the intronic AG-GT dinucleotides. Unusual aberrant splicings reviewed in this article were either detected by chance, or sought after when other assays failed to show any functional abnormalities. Splicing mutations may be more frequent than suspected, and one must always be aware of possible splicing abnormalities when analyzing human mutations.

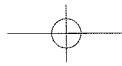
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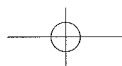
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## PAPER

## Age associated axonal features in HNPP with 17p11.2 deletion in Japan

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**Objective:** To clarify age related changes in the clinicopathological features of hereditary neuropathy with liability to pressure palsy (HNPP) in Japanese patients with deletion of 17p11.2, particularly concerning axonal abnormalities.

**Methods:** Forty eight proband patients from 48 HNPP families were assessed as to clinical, electrophysiological, and histopathological features, including age associated changes beyond those in controls.

**Results:** Motor conduction studies showed age associated deterioration of compound muscle action potentials in nerves vulnerable to repetitive compression (median, ulnar, and peroneal nerves), but not in others such as the tibial nerve. Sensory conduction studies revealed more profound reduction of action potentials than motor studies with little age related change. Large myelinated fibre loss was seen in the sural nerve irrespective of age at examination.

**Conclusions:** Irreversible axonal damage may occur at entrapment sites in motor nerves in HNPP patients, progressing with aging. Sensory nerves may show more profound axonal abnormality, but without age association. The electrophysiological features of HNPP are presumed to be a mixture of abnormalities occurring from early in life and acquired features caused by repetitive insults at entrapment sites. Unlike Charcot-Marie-Tooth disease type 1A, age associated axonal damage may not occur unless the nerves are subjected to compression.

Hereditary neuropathy with liability to pressure palsy (HNPP) is an autosomal dominant disorder characterised by recurrent transient nerve palsies associated with compression at the typical anatomic sites of potential nerve entrapment.<sup>1–2</sup> Tomacula, which represent focal thickening of the myelin sheath, characteristically are seen in both sensory and motor nerves in HNPP.<sup>3–6</sup> This disorder usually is associated with a 1.5 Mb deletion of locus 17p11.2, which contains the gene for peripheral myelin protein 22 (PMP22).<sup>7–9</sup> HNPP therefore appears to represent a reciprocal product of Charcot-Marie-Tooth disease type 1A (CMT1A), which is associated with duplication of PMP22.<sup>10</sup> PMP22 is an important factor for regulation of Schwann cell proliferation and apoptosis.<sup>11</sup> As the Schwann cell plays an important role in maintenance of the axon, axonal loss associated with demyelination has been reported to occur in patients with CMT1A.<sup>12–15</sup> Age associated reduction of compound muscle action potential (CMAP) amplitude resulting from large-axon loss has been reported in CMT1A<sup>15</sup> and is closely related to clinical manifestations and functional impairment.<sup>14, 15</sup>

In Western countries, the clinical and electrophysiological features of HNPP have been described on a large scale.<sup>16–20</sup> Characteristic electrophysiological findings are multifocal slowing of conduction at sites of entrapment, prolonged distal latency (DL), mild slowing of motor nerve conduction velocity (MCV), and diffuse abnormality of sensory nerve conduction velocity (SCV).<sup>16–20</sup> However, there have been no similar large scale investigations of the clinical and electrophysiological features of HNPP in Asian subjects. Furthermore, it has not been clarified whether electrophysiological and histopathological abnormalities, particularly axonal features, worsen with aging in HNPP as happens in CMT1A.

The present investigation was carried out in Japan and we studied HNPP including its electrophysiological and histopathological features, especially in relation to aging.

## METHODS

## Patients and DNA diagnosis

An HNPP survey was conducted by the study group for hereditary neuropathy in Japan under the auspices of the Ministry of Health, Labor, and Welfare.<sup>13, 21</sup> A total of 48 proband patients from 48 HNPP families, whose 17p11.2 deletion was confirmed, were investigated. The mean age (SD) of the patients at examination was 41.8 (18.5) years (table 1). All subjects underwent clinical examination by at least one neurologist. Patients with chronic alcoholism or vitamin deficiency were not included. Four patients manifested mild glucose intolerance. To confirm the diagnosis of HNPP, DNA analyses for the presence of a chromosome 17p11.2–12 deletion, which includes a 1.5 Mb region containing the PMP22 gene between CMT1A-REP repeats, were performed in all patients. For most patients these analyses were performed at the Department of Neurology at Nagoya University Graduate School of Medicine as described previously,<sup>22</sup> while DNA was analysed at other institutions for the rest. The characteristic deletion in HNPP was detected by Southern analysis, probing with PMP22 cDNA, and CMT1A-REP fragments as described previously.<sup>22–24</sup> Hybridisation with PMP22 cDNA and pNEA102, pHK1.0P, and pHK5.2 probes, which map within the CMT1A-REP, was carried out

**Abbreviations:** CMAP, compound muscle action potential; CMT1A, Charcot-Marie-Tooth disease type 1A; DL, distal latency; HNPP, hereditary neuropathy with liability to pressure palsy; MCV, motor nerve conduction velocity; PMP22, peripheral myelin protein 22; SCV, sensory nerve conduction velocity; SNAP, sensory nerve action potential

to determine the gene dose of the 1.5 Mb region containing PMP22. Deletion of one copy of the PMP22 gene, compared to the presence of two copies in normal controls, was genetically identified as HNPP. Informed consent was obtained in all patients, and the study as a whole was approved by the Ethics Committee of Nagoya University Graduate School of Medicine.

### Electrophysiological study

Motor and sensory conduction was measured in the median, ulnar, tibial, peroneal, and sural nerves, using a standard method with surface electrodes for stimulation and recording.<sup>25-26</sup> Motor conduction was investigated in the median, ulnar, tibial, and peroneal nerves, recording from the abductor pollicis brevis, abductor digiti minimi, abductor hallucis brevis, and extensor digitorum brevis muscles, respectively. The following nerve segments were used for calculating MCV: wrist to elbow for the median nerve, wrist to distally at the elbow for the ulnar nerve, ankle to popliteal fossa for the tibial nerve, and ankle to distally at the fibular head for the peroneal nerve. Sensory conduction was investigated in the median, ulnar, and sural nerves, using antidromic recording from ring electrodes at the second and fifth digit for the median and ulnar nerves respectively, and bar electrodes at the ankle for the sural nerve. SCV was calculated for the distal segment. Amplitudes of CMAP and sensory nerve action potential (SNAP) were measured from the baseline to the first negative peak. Waveforms also were analysed to assess temporal dispersion. For motor nerves, we measured duration from the onset to the first crossing of the baseline in the CMAP.<sup>27</sup> For sensory nerves, duration from the onset of the SNAP to the first negative peak rather than to the first crossing of the baseline was measured to avoid artefacts from overlapping muscle action potentials.<sup>25</sup> This was necessary because some motor axons have thresholds similar to those of large myelinated sensory axons, resulting in superimposition on the SNAP that modifies the waveform, especially when abnormal nerves are examined.<sup>28-29</sup> Because of a delay at the neuromuscular junction, the initial phase of the waveform of SNAP is less likely to be affected by muscle action potentials than the later phase.<sup>29</sup>

Control values were obtained in 171 normal volunteers (51.0 (SD 16.3) years of age; male:female, 89:82) for the median nerve, 170 (51.2 (SD 16.4) years of age; male:female,

88:82) for the ulnar nerve, 161 (51.8 (SD 16.6) years of age; male:female, 85:76) for the tibial nerve, 171 (54.2 (SD 16.7) years of age; male:female, 92:79) for the peroneal nerve, and 163 (52.2 (SD 16.7) years of age; male:female, 85:78) for the sural nerve.

### Histopathological study

Sural nerve biopsy was performed in 14 patients as described previously.<sup>30-31</sup> Informed consent was obtained beforehand. Specimens were divided into two portions. The first portion was fixed in 2.5% glutaraldehyde in 0.125 M cacodylate buffer (pH 7.4) and embedded in epoxy resin for morphometric study. The density of myelinated fibres was assessed in toluidine blue stained semithin sections using a computer assisted image analyser (Luzex FS; Nikon, Tokyo, Japan) to calculate the densities of small and large myelinated fibres as described previously.<sup>32-34</sup> A fraction of the glutaraldehyde fixed sample was processed for a teased fibre study, in which at least 100 single fibres were isolated; their pathologic condition was assessed microscopically according to criteria described previously.<sup>32-35</sup> The second portion of the specimen was fixed in 10% formalin solution and embedded in paraffin. Sections were cut by routine methods and stained with haematoxylin and eosin as well as by the Klüver-Barrera and Masson trichrome methods. Control values were obtained from 13 autopsy cases in which patients died of non-neurologic diseases (48.5 (SD 23.5) years of age; male:female, 7:6). Specimens were processed in the same manner as for HNPP patients.

### Statistical analysis

Quantitative data are presented as the mean (SD) and were compared with control values using the Mann-Whitney U test. To determine the relationship of electrophysiological and histopathological indices and age at examination, Pearson's correlation coefficient analysis was carried out. To determine whether worsening of these indices in HNPP patients with aging was significantly greater than in normal controls, regression slopes of patient and control groups were compared. Values of *p* less than 0.05 were considered to indicate significance.

## RESULTS

### Clinical features

The age at first awareness of neuropathic symptoms in the 48 probands was 33.1 (SD 19.3) years (table 1). The male:female ratio was 38:10. An obvious family history of recurrent transient nerve palsies was present for 24 patients (50%). Only one patient (2%) reported athletic impairment during childhood. Deformity in the distal part of the lower limbs such as hammer toe or pes cavus was present in two patients (4%). Atrophy was noted in the leg in six patients (13%). The pattern of neuropathic symptoms was multiple mononeuropathy associated with recurrent transient nerve palsies in 41 patients (85%), while the other seven (15%) manifested mainly a symmetric polyneuropathy pattern. A history of transient nerve palsy was noted in the median, ulnar, radial, and peroneal nerves in 11 (23%), 18 (38%), seven (15%), and 29 (60%) patients, respectively. Signs of brachial plexus palsy were reported in 10 (21%). With respect to the activities of daily living, all patients were non-disabled or only mildly disabled, except for two (4%) who became unable to walk.

### Electrophysiological features

Motor conduction studies showed variable degrees of abnormality in individual nerves (table 2). For the median nerve, MCV was significantly slowed compared to normal controls ( $p < 0.0001$ ). This slowing of MCV was present regardless of age at examination, and there was no

**Table 1** Characteristics of 48 Japanese HNPP probands with deletion of 17p11.2-12

Clinical features	n (%)
Age at onset, years	33.1 (SD 19.3)
Age at examination, years	41.8 (SD 18.5)
Men/women	38/10
Family history	24 (50%)
Athletic impairment during childhood	1 (2%)
Pes cavus or hammer toe	2 (4%)
Atrophy in the legs	6 (13%)
Pattern of neuropathy	
Multiple mononeuropathy	41 (85%)
Symmetric polyneuropathy	7 (15%)
History of transient nerve palsy	
Median nerve	11 (23%)
Ulnar nerve	18 (38%)
Radial nerve	7 (15%)
Peroneal nerve	29 (60%)
Brachial plexus	10 (21%)
Activity of daily living	
Able to walk	46 (96%)
Unable to walk	2 (4%)
Bedridden	0

Age at onset, age at first awareness of neuropathic symptoms; Family history, obvious family history of recurrent transient nerve palsies.

significant difference in regression slopes in the correlation between MCV and age at examination (regression slope  $-0.073$  for HNPP  $\nu$   $-0.064$  for controls). DL was very prolonged (179% of controls) and prolongation tended to worsen as age at examination increased ( $r=0.47$ ). The CMAP was reduced to various degrees in most patients and showed further reduction with advancing age ( $r=-0.67$ ; fig 1). Worsening of both DL and CMAP with age was significantly more prominent than in controls, as evident from comparison of regression slopes ( $p<0.0001$  and  $<0.01$ , respectively).

For the ulnar nerve, mild to moderate slowing of MCV and prolongation of DL were noted regardless of age at examination, while CMAP decreased with advancing age ( $r=-0.65$ ). CMAP diminution with aging was significantly worse in patients than in controls (regression slope  $-0.109$  for HNPP  $\nu$   $-0.021$  for controls;  $p<0.0001$ ). For the tibial nerve, slowing of MCV and prolongation of DL also were mild to moderate in most patients of all ages. Reduction of CMAP was also present in all ages examined but, in contrast to other nerves, the relationship of reduction to aging was indistinguishable from that in controls (regression slope  $-0.062$  for HNPP  $\nu$   $-0.069$  for controls). For the peroneal nerve, the age associated decrement in CMAP was significantly greater than in controls ( $p<0.05$ ). Slowing of MCV and prolongation of DL were present in patients of all ages, but no significant worsening with aging was seen in comparison with controls.

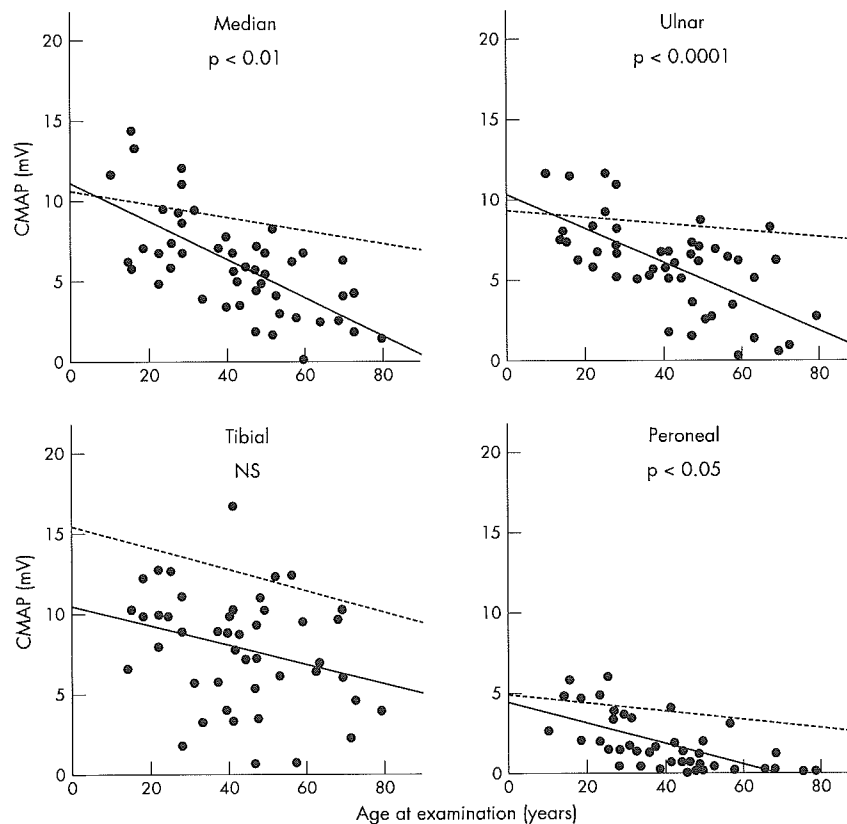
As for sensory conduction studies, slowing of conduction velocity was present as in motor nerves. SCV of the median nerve tended to slow with increasing age at examination

( $r=-0.41$ ). This age associated worsening was significantly greater than in controls ( $p<0.05$ ), while SCV of the ulnar and sural nerves did not show a correlation with age. Reduction of SNAP was conspicuous in the median (24% of control amplitude), ulnar (28%), and sural (42%) nerves. Age associated reduction of SNAP was seen in the median ( $r=-0.50$ ), ulnar ( $r=-0.45$ ), and sural ( $r=-0.37$ ) nerves, but the rate of change was not worse than in controls.

Duration of CMAP and SNAP was prolonged in all nerves examined compared to normal controls, suggesting the presence of temporal dispersion.<sup>27</sup> Compared to controls, significant age associated worsening was seen only in the SNAP of the median nerve ( $p<0.0001$ ).

### Histopathological features

Average total myelinated fibre density in patients' sural nerves was mildly, but not significantly, reduced compared to normal controls (7738 (SD 1253)  $\nu$  8561 (SD 1289) fibers/mm<sup>2</sup>; table 3). The density of large myelinated fibres was significantly reduced from that in controls (2458 (SD 730)  $\nu$  3258 (SD 736) fibers/mm<sup>2</sup>;  $p<0.01$ ) but that of small myelinated fibres was not (5280 (SD 1025)  $\nu$  5302 (SD 655) fibers/mm<sup>2</sup>). Axonal sprouting was not conspicuous in any case. Although the density of large myelinated fibres decreased as age at examination increased ( $r=-0.70$ ), the rate of reduction was indistinguishable from that in controls (regression slope  $-27.1$  for HNPP  $\nu$   $-26.0$  for controls) because large myelinated fibres were reduced even at younger ages. Teased fibre preparations revealed frequent tomacular change (41.5% (SD 15.8%)). The frequency of segmental



**Figure 1** Correlation between CMAP and age at examination in HNPP patients and normal controls. Filled circles represent indices in HNPP patients, bold lines represent regression lines for HNPP patients, and broken lines represent regression lines for normal controls. Comparing regression slopes of normal controls and HNPP patients, CMAP of the median, ulnar, and peroneal nerves, but not the tibial nerve, in HNPP patients were significantly more reduced with increasing age at examination.

**Table 2** Nerve conduction studies

	HNPP				Correlation to aging			Controls			
	Nerve conduction measures				Correlation to aging			Correlation to aging			
	n	Mean (SD)	% of controls	p Values for controls*	r †	Regression slope	p Values for controls‡	Mean (SD)	r †	Regression slope	
<b>Motor conduction</b>											
<b>Median nerve</b>											
MCV (m/s)	47	46.0 (5.3)	80	<0.0001	-0.25	-0.073	NS	57.6 (3.8)	-0.27	-0.064	
DL (ms)	47	6.1 (1.8)	179	<0.0001	0.47	0.046	<0.0001	3.4 (0.4)	0.19	0.005	
CMAP (mV)	48	6.3 (3.2)	77	<0.0001	-0.67	-0.122	<0.01	8.2 (2.9)	-0.24	-0.042	
Duration (ms)	32	5.4 (0.8)	115	<0.0001	0.13	0.006	NS	4.7 (0.9)	-0.07	-0.004	
<b>Ulnar nerve</b>											
MCV (m/s)	47	46.9 (8.3)	81	<0.0001	0.04	0.018	NS	58.0 (4.6)	-0.22	-0.062	
DL (ms)	47	3.8 (0.8)	146	<0.0001	0.17	0.009	NS	2.6 (0.3)	0.06	0.001	
CMAP (mV)	48	6.0 (3.0)	81	<0.0001	-0.65	-0.109	<0.0001	7.4 (1.8)	-0.20	-0.021	
Duration (ms)	28	5.9 (1.2)	116	<0.0001	-0.22	-0.016	NS	5.1 (0.7)	-0.01	-0.001	
<b>Tibial nerve</b>											
MCV (m/s)	45	39.6 (4.5)	86	<0.0001	-0.02	-0.006	NS	46.0 (3.8)	-0.34	-0.079	
DL (ms)	45	5.5 (1.3)	138	<0.0001	0.15	0.011	NS	4.0 (0.6)	0.11	0.004	
CMAPs (mV)	45	7.9 (3.7)	67	<0.0001	-0.29	-0.062	NS	11.8 (3.5)	-0.33	-0.069	
Duration (ms)	25	5.7 (1.3)	114	<0.01	-0.18	-0.012	NS	5.0 (0.7)	-0.17	-0.008	
<b>Peroneal nerve</b>											
MCV (m/s)	38	35.7 (5.7)	76	<0.0001	-0.11	-0.042	NS	47.4 (4.5)	-0.38	-0.101	
DL (ms)	38	7.7 (2.3)	167	<0.0001	-0.002	-0.00004	NS	4.6 (1.1)	0.04	0.002	
CMAP (mV)	41	1.9 (1.8)	56	<0.0001	-0.65	-0.067	<0.05	3.4 (2.0)	-0.22	-0.027	
Duration (ms)	16	6.4 (0.9)	131	<0.0001	-0.09	-0.006	NS	4.9 (0.9)	-0.17	-0.009	
<b>Sensory conduction</b>											
<b>Median nerve</b>											
SCV (m/s)	42	38.6 (10.1)	69	<0.0001	-0.41	-0.235	<0.05	56.3 (5.3)	-0.26	-0.085	
SNAP ( $\mu$ V)	48	6.8 (6.2)	24	<0.0001	-0.50	-0.178	NS	28.0 (11.5)	-0.45	-0.327	
Duration (ms)	26	0.9 (0.4)	150	<0.0001	0.56	0.011	<0.0001	0.6 (0.1)	-0.11	-0.001	
<b>Ulnar nerve</b>											
SCV (m/s)	41	36.8 (8.4)	68	<0.0001	-0.13	-0.069	NS	54.5 (5.5)	-0.28	-0.093	
SNAP ( $\mu$ V)	48	6.6 (6.4)	28	<0.0001	-0.45	-0.170	NS	23.8 (10.3)	-0.37	-0.240	
Duration (ms)	26	0.9 (0.2)	150	<0.0001	0.08	0.001	NS	0.6 (0.1)	-0.05	-0.00004	
<b>Sural nerve</b>											
SCV (m/s)	43	36.4 (6.9)	74	<0.0001	-0.13	-0.052	NS	49.2 (4.8)	-0.12	-0.035	
SNAP ( $\mu$ V)	48	7.1 (5.9)	42	<0.0001	-0.37	-0.124	NS	16.8 (7.8)	-0.38	-0.177	
Duration (ms)	21	0.9 (0.3)	129	<0.05	0.23	0.004	NS	0.7 (0.1)	0.21	0.002	

\*Mann-Whitney U test; †Pearson's correlation coefficient; ‡regression slopes of HNPP and controls were compared.

Control values were obtained in 171 normal volunteers for the median nerve, 170 for the ulnar nerve, 161 for the tibial nerve, 171 for the peroneal nerve, and 163 for the sural nerve.

CMAP, compound muscle action potential; DL, distal latency; Duration, duration from the onset to the first crossing of the baseline in the CMAP and duration from the onset of the SNAP to the first negative peak; MCV, motor nerve conduction velocity; NS, not significant; SCV, sensory nerve conduction velocity; SNAP, sensory nerve action potential.

de/re-myelination also was significantly high (25.6% (SD 13.9%),  $p < 0.001$ ). Axonal degeneration was slightly increased (3.6% (SD 3.8%)) and was seen even in young patients in contrast to controls.

## DISCUSSION

This study demonstrated clinical, electrophysiological, and histopathological features of Japanese HNPP patients with the 17p11.2 deletion. Although recurrent transient nerve

palsies are the characteristic feature of this disease, a minority of patients showed a symmetric polyneuropathy pattern, as previously reported.<sup>16-18, 36</sup> Electrophysiological features of slowing of conduction velocities and varying degrees of abnormality among individual nerves, agreed well with previous reports of Western populations.<sup>16-20</sup> Slowing of MCV in our series seemed more marked than in previous reports.<sup>16-18, 30</sup> The fact that we only examined probands of HNPP families and did not include affected siblings could

**Table 3** Histopathological study of the sural nerve

	HNPP (n = 14)			Correlation to aging			Controls (n = 13)		
	Mean (SD)	p Values for controls*	r †	Regression slope	p Values for controls‡	Mean (SD)	r †	Regression slope	
<b>Myelinated fibre density (no./mm<sup>2</sup>)</b>									
Total	7738 (1253)	NS	-0.45	-29.6	NS	8561 (1289)	-0.73	-39.9	
Large	2458 (730)	<0.01	-0.70	-27.1	NS	3258 (736)	-0.83	-26.0	
Small	5280 (1025)	NS	-0.05	-2.5	NS	5302 (655)	-0.50	-13.9	
<b>Teased fibre study (%)</b>									
Tomacular change	41.5 (15.8)	-	-0.21	-0.18	-	-	-	-	
Segmental de/re-myelination	25.6 (13.9)	<0.001	0.39	0.30	NS	6.9 (6.5)	0.82	0.22	
Axonal degeneration	3.6 (3.8)	NS	-0.35	-0.07	<0.05	1.6 (1.8)	0.81	0.06	

\*Mann-Whitney U test; †Pearson's correlation coefficient; ‡regression slopes of HNPP and controls were compared. NS, not significant.

account for the difference, or greater slowing might be characteristic of Japanese patients. In the peroneal nerve, it seems that the amplitude of CMAP is lower and the distribution of DL is wider than in Western populations even in normal controls.<sup>26</sup> Japanese people usually sit on the floor at home, rather than on chairs, and sometimes sit with their legs folded underneath them. This traditional Japanese sitting position may induce peroneal nerve injury.

A striking finding in our study was a reduction in CMAP with increasing age at examination. This feature was observed in the median, ulnar, and peroneal nerves but not in the tibial nerve. The median nerve passes through the carpal tunnel, predisposing it to entrapment injury, while the ulnar and peroneal nerves are vulnerable to repetitive compression injury at the cubital tunnel and fibular head, respectively, as suggested by the high frequency of episodic palsy of these nerves compared with the tibial nerve. Repetitive movement and nerve stretching at these sites also may contribute to injury. Thus, individual nerve-specific CMAP reduction with increasing age probably resulted from the cumulative effects of repetitive damage; conduction slowing caused by demyelination would be prominent at entrapment sites, as previously reported.<sup>16–18, 20</sup> In the present study, demyelination also showed progression over time as demonstrated by age associated prolongation of DL and SCV in the median nerve for conduction through the entrapment site. However, in the ulnar and peroneal nerves, where electrophysiological indices were recorded distally from sites vulnerable to compression, no age associated worsening of MCV, SCV, or DL was observed, suggesting that myelin abnormality distal to the entrapment site does not worsen with advancing age. Thus, CMAP reduction in the median, ulnar, and peroneal nerves would reflect secondary axonal involvement complicating demyelination at the entrapment site. This age associated axonal involvement in a primarily demyelinating condition is similar to that observed in CMT1A with PMP22 duplication.<sup>12–14, 15</sup> However, unlike CMT1A, axonal damage may not occur unless the nerves are subjected to compression. PMP22 duplication in Schwann cells results in disturbance of axonal cytoskeletal organisation, resulting in distal axonal degeneration and fibre loss.<sup>13</sup> However, the effect of PMP22 deletion on the axonal cytoskeleton is less severe.<sup>11</sup> PMP22 deletion in itself may not cause progressive axonal involvement associated with aging, though compression induced demyelination may elicit secondary axonal loss because of deficient Schwann cell signalling to the axonal cytoskeleton.<sup>37</sup>

SNAP of the median, ulnar, and sural nerves showed marked reduction even in nerves relatively free from compression and tended to decrease with increasing age at examination. Unlike findings for CMAP, however, rates of reduction with aging did not differ significantly from those in normal controls. Sensory axons may be less susceptible than motor nerves to changes caused by entrapment.

Reduction in CMAP and SNAP may be at least partly attributed to dispersion with phase cancellation as a result of demyelinating change, as suggested by significant prolongation of waveform duration.<sup>27–28</sup> Sural nerve biopsy specimens showed a reduction in large myelinated fibre density irrespective of age, which may indicate a developmental abnormality of axons or a loss of axons relatively early in life. This axonal loss also may contribute to reduction in amplitudes. At any rate, reduction in myelinated fibres of sensory nerves in HNPP patients did not appear to be associated with acquired damage at the entrapment sites. Thus, the electrophysiological features of HNPP are a mixture of abnormalities occurring from an early stage in life and acquired features caused by repetitive insults at entrapment sites. One therapeutic strategy in HNPP patients may be

directed toward prevention of axonal damage associated with entrapment.

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## PAPER

# Progression and prognosis in pure autonomic failure (PAF): comparison with multiple system atrophy

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**Objective:** To clarify the progression of autonomic symptoms and functional deterioration in pure autonomic failure (PAF), particularly in comparison with multiple system atrophy (MSA).

**Methods:** The investigation involved eight patients with PAF (M/F = 7/1; mean age at onset, 57 years) and 22 with probable MSA matched for age at onset (M/F = 14/8; onset 56 years). Subjects were followed up for neurological symptoms, activities of daily living, and autonomic function for more than seven years. Autonomic functional tests were carried out.

**Results:** In PAF, fainting or sudomotor dysfunction occurred first, followed by constipation and syncope. Urinary dysfunction developed late, and respiratory dysfunction was not evident. This clinical course contrasted sharply with that in MSA, where early urinary dysfunction usually preceded to sudomotor dysfunction or orthostatic hypotension ( $p=0.004$ ), followed by respiratory dysfunction ( $p=0.0004$ ). Results of pharmacological tests also distinguished PAF from MSA. Progression and prognosis in patients with PAF did not worsen, unlike the steady progressive autonomic dysfunction in MSA ( $p<0.0001$ ,  $p<0.0001$ ,  $p=0.0009$ , and  $p=0.003$ , for progression to modified Rankin scale grade III, IV, V, and death, respectively).

**Conclusions:** The time course and pattern of progression of autonomic failure differed significantly between PAF and MSA. Patients with PAF had slower functional deterioration and a better prognosis.

Pure autonomic failure (PAF) is a sporadic idiopathic neurodegenerative disorder characterised by gradually progressive severe autonomic disturbances without other neurological features. In the past, PAF was defined as severe orthostatic hypotension without other neurological deficits, and was referred to as idiopathic orthostatic hypotension. However, this has proved to be a heterogeneous condition, including diseases such as PAF, acute autonomic neuropathy, the early stages of Shy–Drager syndrome, and Parkinson's disease with autonomic failure.<sup>1–6</sup>

Bannister *et al*<sup>7</sup> classified primary autonomic failure into three categories: Parkinson's disease with autonomic failure, multiple system atrophy (MSA), and pure autonomic failure. In 1996, a consensus statement was established concerning PAF,<sup>8</sup> but it has remained uncertain whether the autonomic failure of PAF can readily be distinguished from those of MSA and Parkinson's disease with autonomic failure. In addition, although the clinical course of both MSA and Parkinson's disease with autonomic failure has been described to some extent, details of the natural history of PAF have not been fully assessed because of its rarity and very slow progression.<sup>9–11</sup> Previous reports have noted longer survival in patients with PAF than in those with MSA.<sup>12–15</sup> Orthostatic hypotension and anhidrosis/hypohidrosis are the main clinical symptoms in PAF, but their severity, prognosis, and progression have been only incompletely assessed. To clarify the clinical features, particularly the natural course of PAF, we observed eight patients who fulfilled the PAF consensus statement and maintained a follow up for at least five years. We show that their features are distinct from those of another form of primary autonomic failure, MSA.

## METHODS

### Patients

We examined eight patients with PAF (seven men, one woman; mean (SD) age at onset, 57 (14) years; mean age at first evaluation, 68 (12) years; mean duration from onset to

most recent evaluation, 19 (10) years) who were referred to the Nagoya University Hospital or its affiliated hospitals in Aichi prefecture between 1988 and 1997. We evaluated these patients clinically from onset for between seven and 32 years. We reviewed the clinical records preceding our own follow up period, and also obtained information by interviewing the patients and family members.

According to the consensus statement,<sup>8</sup> PAF is characterised by orthostatic hypotension, various other autonomic signs without more widespread neurological involvement, and a low resting supine plasma noradrenaline concentration. The statement acknowledged that some patients would later prove to have other disorders such as MSA,<sup>8</sup> but did not state how long a period of follow up was required to confirm a diagnosis of PAF. Early MSA with predominant autonomic failure is particularly difficult to distinguish from PAF. We estimated that most MSA patients can be diagnosed by follow up for five years or more after onset,<sup>8, 16</sup> and we therefore serially examined putative PAF patients for more than five years from onset to exclude those with MSA. We also excluded patients with acute autonomic neuropathy, Parkinson's disease with autonomic failure, and other diseases presenting with autonomic signs by neurological examination, imaging (magnetic resonance imaging and positron emission tomography), and neurophysiological tests.

We also investigated 22 probable MSA patients<sup>17</sup> matched according to age at onset (14 men, eight women; mean age at onset, 56 (8) years; mean age at first autonomic test, 61 (7) years; mean interval from onset, 8 (3) years) who had detailed clinical information particularly concerning autonomic features, and follow up intervals from over five years to 16 years after onset. All patients with MSA presented with autonomic failure as an initial symptom or with predominant autonomic failure at their first clinical visit, and fulfilled the criteria for a probable MSA diagnosis.<sup>17</sup>

**Abbreviations:** AVP, arginine-vasopressin; HUT, head up tilt test; MSA, multiple system atrophy; PAF, pure autonomic failure

**Table 1** Clinical profiles of eight patients with pure autonomic failure at their first visit

Variable	Patient							
	1	2	3	4	5	6	7	8
Sex	M	M	M	M	M	M	M	F
Onset age (y)	35	68	72	78	50	52	51	50
Time until first evaluation (y)	17	1	10	5	27	7	5	13
Duration of observation (y)	32	7	12	12	32	14	15	29
Hypohidrosis	+	+	+	+	+	+	+	+
Faintness	+	+	+	+	+	+	+	+
Syncope	-	-	-	-	+	+	+	+
Constipation	+	-	-	-	+	-	+	-
Difficulty in urination	-	-	+	-	+	-	-	-
Incontinence/urinary urgency	-	-	-	-	-	+	+	+
Respiratory disturbance	-	-	-	-	-	-	-	-
Plasma noradrenaline (pg/ml) *	30	43	25	83	50	34	14	10
Orthostatic hypotension	+	+	+	+	+	+	+	+
Denervation supersensitivity	+	+	+	+	+	+	+	+
Modified Rankin scale	0	0	0	0	0	0	0	0

\*Normal range 150 to 450 pg/ml.  
F, female; M, male; y, years.

### Procedures

We evaluated all eight patients with PAF and 22 with MSA with a passive multistage head up tilt test (HUT) and a noradrenaline infusion test. The HUT was performed as follows. Blood pressure and heart rate were measured continuously by tonometry (SA-250; Colin, Komaki, Japan). After blood pressure stabilised at the supine stage, changes in blood pressure and heart rate were recorded continuously through 20°, 40°, and 60° head up tilting for five minutes each. Orthostatic hypotension was defined as a fall in systolic blood pressure of more than 30 mm Hg during the 60° head up tilt.<sup>18</sup>

Blood samples were collected at the rested supine stage and after 60° head up tilting from all patients for evaluation of plasma noradrenaline and arginine-vasopressin (AVP). Differences in AVP between after 60° head up tilting and the supine position were calculated as  $\Delta$ AVP. Additionally, a noradrenaline infusion test was carried out as follows. A very low (0.3 µg/min) or a low (3 µg/min) concentration of noradrenaline was infused intravenously while blood pressure was monitored for changes. If diastolic or systolic blood pressure rose by more than 10 mm Hg or 25 mm Hg, respectively, the patient was considered to have denervation supersensitivity involving the sympathetic nervous system.<sup>19</sup> Four patients were re-evaluated two, five, six, and 11 years later, respectively. We also carried out <sup>123</sup>I-metaiodobenzylguanidine (MIBG) scintigraphy and evaluated the heart/mediastinum (H/M) ratio from delayed images, as previously described.<sup>20-22</sup>

We followed up all eight patients and noted the time points when new autonomic symptoms appeared, including hypohidrosis, faintness and syncope, constipation, urinary dysfunction, impotence, and respiratory distress, and considered such clinical features in sequence to assess the natural clinical course. We evaluated hypohidrosis in terms of inspection of the skin and recording of patient symptoms. Dry skin or reduced perspiration was noted on some parts of the body, with compensatory hyperhidrosis elsewhere. Patients often noted their reduced perspiration in summer and felt severe fatigue, which sometimes limited their capacity for outdoor work. Faintness was defined as a floating sensation while in the upright position without loss of consciousness, or as symptomatic orthostatic hypotension during the head up tilt test. Syncope was defined as a blackout or loss of consciousness, including severe blurred vision. Constipation was defined by the passage of stools at intervals of three days or more, or complaints of straining.

Urinary dysfunction was defined as urination twice at night or more than five times in the daytime, urinary urgency, incontinence, or difficulty in urination. Impotence was defined as difficulty in achieving normal sexual function. Respiratory disturbances were defined either as the presence of sleep apnoea, including heavy snoring, or as difficulty in respiration. Onset of an autonomic symptom was defined as the time when the patient first noted the symptom.

### Statistics

The Mann-Whitney U test for non-parametric statistics was used as appropriate. Kaplan-Meier analyses were employed to estimate the natural course of autonomic features and disease progression, assessed by the modified Rankin scale in both PAF and MSA patients. Log-rank test statistics were used to determine whether the Kaplan-Meier curves differed between PAF and MSA. Calculations were done using the statistical software package Stat View (Abacus Concepts, Berkeley, California, USA). Statistical significance was defined as a probability (p) value of <0.05.

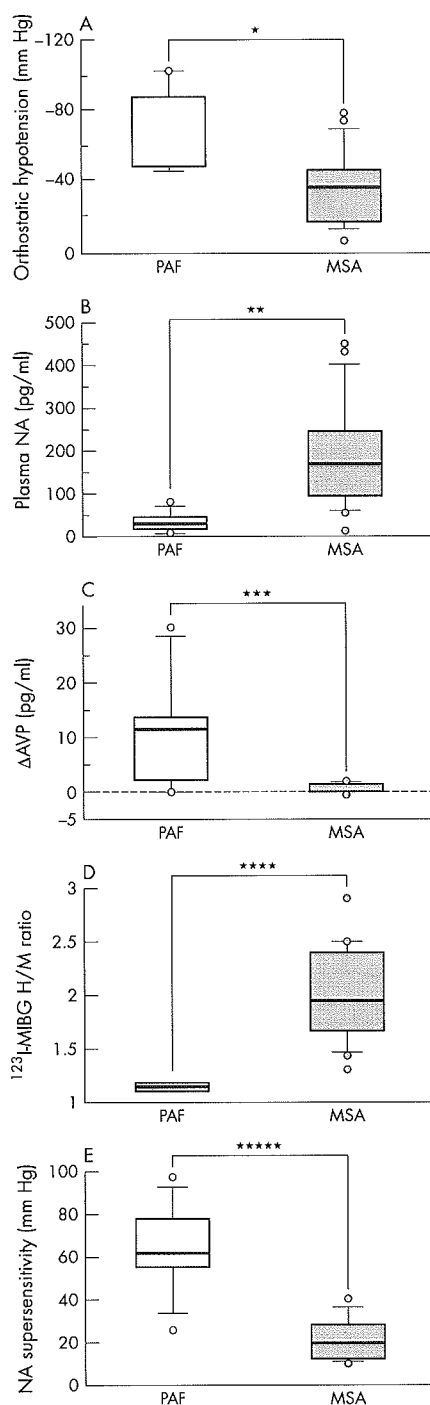
### RESULTS

#### Clinical profiles of PAF on the first visit to the hospitals

Clinical profiles of the eight patients with PAF at their first examination at our hospital are presented in table 1. They had many complaints suggesting autonomic disturbances, but the specific features varied. The earliest age at onset was 35 years, and the latest was 78 years. The interval from onset to presentation at our hospital varied from one to 27 years. Each patient showed various autonomic disturbances at that time, but faintness and hypohidrosis had been experienced by all patients. Other autonomic symptoms were as follows: urinary dysfunction in five, syncope in four, constipation in three, and impotence in two. All patients had very low plasma noradrenaline concentrations, orthostatic hypotension, and denervation supersensitivity according to the noradrenaline infusion test.

#### Clinical manifestations of MSA

The initial symptoms in all 22 patients with MSA were those of autonomic failure. Median time from onset to the presence of concomitant autonomic and motor manifestations (evolution from onset to probable MSA) was 2.0 years (range 1 to 10). At the first clinical visit, seven of the 22 patients presented with severe autonomic failure but failed to fulfil consensus diagnostic criteria of MSA.



**Figure 1** Box and whisker plot of the autonomic nervous testing comparing pure autonomic failure (PAF) with multiple system atrophy (MSA). (A) Systolic blood pressure fall during orthostatic hypotension. (B) Plasma noradrenaline (NA) concentration. (C) Differences in arginine-vasopressin (AVP) concentration between 60° head up tilt and supine posture calculated as  $\Delta$ AVP. (D) Heart/mediastinum (H/M) ratio from  $^{123}\text{I}$ -metaiodobenzylguanidine (MIBG) delayed imaging. (E) Systolic blood pressure increase during noradrenaline infusion test. \* $p=0.004$ , \*\* $p=0.0003$ , \*\*\* $p=0.003$ , \*\*\*\* $p=0.002$ , \*\*\*\*\* $p=0.0004$ , Mann-Whitney U test.

### Autonomic nervous system testing in PAF and MSA

We found significant differences between PAF and MSA patients with respect to the following:

- *orthostatic hypotension* evaluated by the head up tilt test (mean (SD): PAF, 68.9 (22.5) mm Hg; MSA, 36.3 (20.4) mm Hg;  $p=0.004$  (fig 1A);
- *noradrenaline concentration*: PAF, 36.1 (23.2) pg/ml; MSA, 189.9 (121.9) pg/ml;  $p=0.0003$  (fig 1B);
- $\Delta$ AVP: PAF, (10.7) pg/ml; MSA, 0.34 (0.62) pg/ml;  $p=0.003$  (fig 1C);
- *H/M ratio*: PAF, 1.15 (0.05); MSA, 2.04 (0.44);  $p=0.002$  (fig 1D);
- *noradrenaline infusion test*: PAF, 70.1 (23.2) mm Hg; MSA, 23.7 (11.0) mm Hg;  $p=0.0004$  (fig 1E).

### Clinical course of autonomic failure

Kaplan–Meier curves depicting the natural clinical course of PAF and MSA are shown in fig 2. Hypohidrosis, faintness and syncope, constipation, urinary dysfunction, and respiratory disturbance were assessed sequentially.

### Hypohidrosis

Six patients noted hypohidrosis or anhidrosis as an initial symptom, and seven became aware of hypohidrosis within five years of onset. Hypohidrosis was one of the earliest and most important symptoms of patients with PAF. In contrast, patients with MSA noted hypohidrosis at a significantly later stage of disease ( $p=0.027$ ).

### Faintness and syncope

These symptoms represented orthostatic hypotension. Usually faintness preceded syncope. Faintness was often noted as an initial autonomic symptom in PAF. Four of eight patients first noted hypohidrosis in the same year as they first experienced faintness. In our series, five patients complained of faintness as an initial symptom, and seven noted faintness within five years of onset. Syncope appeared at (mean (SD)) 6 (7) years after the onset of faintness, and half the patients had experienced syncope within five years. However, two patients first noted syncope more than 19 years after experiencing faintness. In patients with MSA, faintness was observed later in the course of illness, with risk of progression to syncope differing significantly between the two groups ( $p=0.002$ ).

### Constipation

Constipation was among the early symptoms of PAF. In our series, three patients noted constipation as an initial symptom, and five noted constipation within five years of onset; all patients complained of constipation within 13 years. Constipation was the second earliest symptom in our PAF patients, while patients with MSA also complained of constipation at a relatively early stage of disease. No significant differences were seen between the two groups in time from onset of first symptom to development of constipation ( $p=0.46$ ).

### Urinary dysfunction

In the early stages few PAF patients noted urinary dysfunction, while at a later stage most patients had this complaint. In our series, urinary dysfunction appeared at (mean (SD)) 9 (9) years after the onset of hypohidrosis, faintness, and constipation. Only three patients noted urinary urgency, urinary frequency, or incontinence in the first five years. Among types of urinary dysfunction, difficulty in urination was rare in PAF patients. We evaluated the results of urodynamic studies in five of the eight PAF patients, at four,