NKT cells. Although the precise mechanism remains to be elucidated, such increase of $\gamma\delta$ T cells in the infected lungs seemed to take place in a different manner from that in NK and NKT cells. Accumulation of NK and NKT cells in lungs after cryptococcal infection was markedly reduced in MCP-1-KO mice, while such reduction was not found in $\gamma\delta$ T cells. At present, the precise mechanism of $\gamma\delta$ T cell recruitment remains to be clarified.

Interestingly, clearance of C. neoformans in lungs was enhanced in mice receiving a manipulation that deletes $\gamma\delta$ T cells by administration of specific antibody or targeted disruption of $C\delta$ gene. Such increased host defense was associated with the promoted differentiation of Th1 cells and increased production of IFN- γ . These observations suggest the down-regulatory role of $\gamma \delta$ T cells in the host defense to cryptococcal infection. This is in a sharp contrast to the role of NKT cells, which significantly contribute to the development of Th1-type immune response and host resistance to this infection (45). Earlier investigations reported antiinflammatory $\gamma\delta$ T cells that produced Th2 cytokines and TGF- β (97,98). These observations suggest that these cytokines mediate the down-regulatory effect observed in our study. This speculation was supported by our recent data showing the reduced production of TGF- β in the lungs of $C\delta$ -KO mice totally lacking $\gamma\delta$ T cells at earlier phase of cryptococcal infection, although the synthesis of Th2 cytokines, IL-4 and IL-10, was not much different from control mice. In this regard, TGF- β is known to suppress the host defense to infectious pathogens (99-102). Furthermore, other investigations revealed that $\gamma\delta$ T cells down-regulate the host defense against infection caused by L. monocytogenes, S. choleraesuis and Candida albicans (92-94). Thus, our study suggests that $\gamma\delta$ T cells may play down-regulatory roles in the host defense to pulmonary infection with C. neoformans.

5. Conclusions

Recently, the role of innate immunity in host defense to infectious pathogens has attracted much attention by many

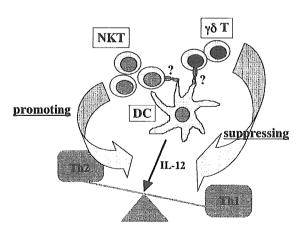


Fig. 1. Regulation of the host defense to cryptococcal infection by NKT and $\gamma\delta$ T cells.

Host defense to cryptococcal infection is critically regulated by Th1-Th2 cytokine balance. The predominant synthesis of Th1 cytokines over Th2 protects mice from infection, whereas infection is exacerbated under a Th2-dominant condition. NKT cells regulate this balance to promote the host protection, whereas $\gamma\delta$ T cells counter-regulate this process. Thus, these innate immune lymphocytes may act to keep the host defense in a proper manner, although the mechanism of their activation remains to be elucidated.

investigators according to the biological significance. In our series of studies on cryptococcal infection, the contribution of NKT and $\gamma\delta$ T cells has been unveiled. Contrast roles of NKT and $\gamma \delta$ T cells raise a possibility that these innate immune lymphocytes may co-regulate the Th1-mediated response for induction of the moderate host defense, as indicated in Fig. 1. $\gamma\delta$ T cells may act to keep the balance of Th1-Th2 responses in a proper manner by suppressing the exaggerated Th1 response caused by NKT cells. In pulmonary infection with C. neoformans, number of both NKT and $\gamma\delta$ T cells in the paratracheal lymph nodes increases in parallel with that of DCs (our unpublished data), which could be consistent with the above hypothesis. Interestingly, in toxoplasmal infection, $\gamma\delta$ T cells appear to play a protective role in the host defense through promoting Th1-mediated immune response, while NKT cells are likely to suppress these responses (91). This is in a sharp contrast to the findings in cryptococcal infection. Thus, NKT and $\gamma\delta$ T cells are suggested to participate in the regulation of host defense to infection by bridging from innate to antigen-specific acquired immune responses.

ACKNOWLEDGMENTS

The author is grateful to Drs. Y. Kinjo, K. Uezu, K. Miyagi, T. Kinjo and A. Saito (Division of Infectious Diseases, Department of Internal Medicine, University of the Ryukyus, Okinawa, Japan) for their collaboration in this study.

This work was supported in part by a Grant-in-Aid for Scientific Research (C) (09670292 and 12670261) from the Ministry of Education, Culture, Sport, Science and Technology and by grants from the Ministry of Health, Labour and Welfare, Japan.

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CpG oligodeoxynucleotides promote the host protective response against infection with Cryptococcus neoformans through induction of interferon-gamma production by CD4+ T cells

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Summary

In the present study, we elucidated the effect of synthetic CpG-containing oligodeoxynucleotides (ODN) on pulmonary and disseminated infection caused by Cryptococcus neoformans. CDF-1 mice were inoculated intratracheally with a highly virulent strain of this pathogen, which resulted in massive bacterial growth in the lung, dissemination to the brain and death. Administration of CpG-ODN promoted the clearance of C. neoformans in the lungs, decreased their dissemination to brain and prolonged the survival of infected mice. These effects correlated well with the enhanced production of interleukin (IL)-12 and interferon (IFN)-γ and attenuated secretion of IL-4 in bronchoalveolar lavage fluids (BALF) and promoted development of Th1 cells, as indicated by the increased production of IFN- γ by paratracheal lymph node cells upon restimulation with cryptococcal antigens. The IFN-y synthesis in BALF was inhibited by depletion of CD8+ and CD4+ T cells on days 7 and 14 after infection, respectively, but not by depletion of NK and γδ T cells. Consistent with these data, intracellular expression of IFN-ywas detected predominantly in CD8+ and CD4+ T cells in the lung on days 7 and 14, respectively. The protective effect of CpG-ODN, as shown by the prolonged survival, was completely and partially inhibited by depletion of CD4+ or CD8+ T cells, respectively, but not by depletion of other cells. Finally, TNF-α was markedly induced by CpG-ODN, and the protective effect of this agent was strongly inhibited by neutralizing anti-TNF-α MoAb. Our results indicate that CpG-ODN alters the Th1-Th2 cytokine balance and promotes host resistance against infection with C. neoformans.

Keywords: CpG-DNA, Cryptococcus neoformans, lung, Th1-Th2 balance

Introduction

Cryptococcus neoformans, a ubiquitous fungal pathogen, infects via an airborne route and causes a life-threatening infectious disease in the central nervous system in hosts with severely compromised immune responses, such as patients with acquired immunodeficiency syndrome [1]. Meningoencephalitis caused by this pathogen is often refractory to chemotherapy under these conditions, and development of a novel immune-based strategy is required. The host defence against C. neoformans is mediated largely by cellular immune responses [2], in which type-1 helper T (Th1) cells act as a critical population by producing interferon (IFN)-7, while Th2 cells play a negative regulatory role [3]. Recent studies found that mice with a genetic disruption of Th1-related cytokines, such as IFN-γ, interleukin (IL)-12, IL-18 and tumour necrosis factor (TNF)-α, are highly susceptible to cryptococcal infection [4-8], while the infection was less severe in mice that did not synthesize Th2 cytokines, IL-4 and IL-10 [4,9]. Consistent with these observations, administration of IFN- γ , IL-12, IL-18 and TNF-lpha helps in the protection against infections caused by C. neoformans [10–13].

In earlier studies, it was found that purified deoxynucleotides (DNA) from Mycobacterium bovis bacille Calmette-Guérin (BCG) possessed immune stimulatory effects, including the activation of natural killer (NK) cells and production of type-1 and type-2 IFN *in vitro* and the promotion of tumour regression *in vivo* [14–16]. Other investigators demonstrated that purified bacterial DNA induced B cell proliferation and immunoglobulin secretion, while vertebrate DNA did not [17]. Although the mechanisms of these effects had not been understood, Krieg and coworkers discovered that it was ascribed to an unmethylated CpG motif [18,19]. The oligo-DNA (ODN) containing this motif activate murine dendritic cells (DC) to produce IL-12 and expression of co-stimulatory molecules such as CD40, which results in the development of a pattern of Th1-like immune activation [20–22]. Indeed, *in vivo* injections of CpG-ODN induced systemic or local Th1-biased immune responses, including the synthesis of IL-12 and IFN-γ [23–25].

Based on the immune stimulatory activities, many investigations have addressed the therapeutic application of CpG-ODN in infections, malignancies and allergic diseases [19]. Administration of this agent was found to protect mice from infections by intracellular microbial pathogens, including Listeria monocytogenes [25], Francisella tularensis [26], Leishmania major [27,28] and Plasmodium yoelii [29]. In the present study, we examined the effect of CpG-ODN on the clinical course of infection caused by C. neoformans and the protective immune responses against this fungal pathogen. We show here that the beneficial effects of this treatment in protecting mice are related to the promotion of antigenspecific Th1-biased immune responses rather than the activation of innate immune lymphocytes, such as NK cells and γδ T cells.

Materials and methods

Mice

CDF-1 mice were purchased from Charles River Breeding Laboratories (Osaka, Japan) and used at 8–15 weeks of age. These mice were bred in a pathogen-free environment in the Laboratory Animal Center for Biomedical Science, University of the Ryukyus. All experimental protocols described in the present study were approved by the Ethics Review Committee for Animal Experimentation of our university.

Microorganisms

A serotype A-encapsulated strain of *C. neoformans*, designated as YC-11, was recovered from a patient with pulmonary cryptococcosis. We established a mouse model of pulmonary cryptococcosis by directly instilling the yeast cells through the trachea, because in most cases this pathogen is acquired by inhalation. In this model, the infection was fatal with dissemination to the central nervous system [11]. The yeast cells were cultured on potato dextrose agar (PDA) plates for 2–3 days before use. Mice were anaesthetized by intraperitoneal injection of 70 mg/kg of pentobarbital

(Abbott Laboratory, North Chicago, IL, USA) and restrained on a small board. Live *C. neoformans* (1×10^5 cells) were inoculated in 50 μ l per mouse by insertion of a 25-gauge blunt needle into and parallel to the trachea.

CpG- and CNT-ODN

All ODN were synthesized at Hokkaido System Science (Sapporo, Japan). The sequence of CpG-ODN was TCC ATG ACG TTC CTG ACG TT, and that of the control (CNT)-ODN was similar, except that the CpG motif (underlined) was replaced with GpC (TCC ATG AGC TTC CTG AGC TT). All ODN were phosphorothioated and purified by HPLC. The endotoxin content measured by *Limulus amoebocyte* lysate assay was less than 10 pg/ml.

Enumeration of viable C. neoformans

Mice were sacrificed 3 weeks after infection and lungs and brains were dissected carefully and excised, then homogenized separately in 10 and 2 ml of distilled water, respectively, by teasing with a stainless mesh at room temperature. The homogenates, diluted appropriately with distilled water, were inoculated at 100 μ l on PDA plates, cultured for 2–3 days followed by counting the number of colonies.

Preparation of BALF

Mice were sacrificed on days 3, 7 and 14 after infection and samples of bronchoalveolar lavage fluid (BALF) were collected as described below. Briefly, after bleeding under anaesthesia with ether, the chest was opened and the trachea was cannulated with the outer sheath of 24G intravenous catheter/needle unit (BD Vascular Access, Sandy, UT, USA), followed by lavage of the lung twice with 0.5 ml of chilled normal saline.

In vitro stimulation of lymph node cells

Paratracheal lymph node (LN) cells were prepared from four mice on day 14 after infection with C. neoformans and cultured at $2 \times 10^6/\text{ml}$ in flat-bottomed culture plates (Falcon no. 3047, Becton Dickinson, Franklin Lakes, NJ, USA) with various doses of viable organisms or purified protein derivatives (PPD: purchased from Nihon BCG Co., Tokyo, Japan) for 48 h. The culture supernatants were collected and kept at -70°C before use.

Measurement of cytokines

Murine IL-12p40, IFN- γ , IL-4 and TNF- α were measured by enzyme-linked immunosorbent assay (ELISA) kits (Bio-Source International, Inc., Camarillo, CA, USA for IL-12p40; Endogen, Inc., Cambridge, MA, USA for IFN- γ and IL-4; R&D Systems, Inc., Minneapolis, MN, USA for TNF- α). The

detection limits of assays for IL-12p40, IFN- γ , IL-4 and TNF- α were 2, 15, 5 and 5·1 pg/ml, respectively.

Preparation of pulmonary intraparenchymal leucocytes

Pulmonary intraparenchymal leucocytes were prepared as described previously [30]. Briefly, the chest of the mouse was opened, and the lung vascular bed was flushed by injecting 3 ml of chilled physiological saline into the right ventricle. The lungs were then excised and washed in physiological saline. The lungs, teased with a stainless steel mesh, were incubated in RPMI1640 (GIBCO BRL: Grand Island, NY, USA) with 5% of fetal calf serum (FCS, Cansera: Rexdale, Ontario, Canada), 100 U/ml penicillin G, 100 µg/ml streptomycin, 4-(2-hydroxyethyl)-1-piperazineethanesulphonic acid (HEPES), 50 μm 2-mercaptoethanol, and 2 m m Lglutamine, containing 20 U/ml collagenase (Sigma Chemical Co., St Louis, MO, USA) and 1 µg/ml DNaseI (Sigma). After incubation for 60 min at 37°C with vigorous shaking, the tissue fragments and the majority of dead cells were removed by passing through the 50 μ m-nylon mesh. After centrifugation, the cell pellet was resuspended in 4 ml of 40% (v/v) Percoll (Pharmacia, Uppsala, Sweden) and layered onto 4 ml of 80% (v/v) Percoll. After centrifugation at 600 g for 20 min at 15°C, the cells at the interface were collected, washed three times and counted with a haemocytometer. The obtained cells contained lymphocytes, macrophages and neutrophils.

Analysis of intracellular IFN-y expression

The lung leucocytes were cultured at 1×10^6 /ml with 5 ng/ml phorbol 12-myristate 13-acetate (PMA), 500 ng/ml ionomycin and 2 mм monencin (Sigma) in RPMI-1640 medium supplemented with 10% FCS for 4 h. The cells were washed three times in phosphate-buffered saline (PBS) containing 1% FCS and 0.1% sodium azide and then stained with phycoerythrin (PE)-conjugated anti-CD4 or -CD8 MoAb (clone GK1·5 or 53–6·7, respectively; BD Pharmingen, San Diego, CA, USA). After washing twice, the cells were incubated in the presence of cytofix/cytoperm (BD Biosciences, San Jose, CA, USA), washed twice in BD perm/wash solution and stained with fluorescein isothiocyanate (FITC)-conjugated anti-IFN-γMoAb (clone XMG1.2, BD Pharmingen) or control IgG (clone R3-34, BD Pharmingen). The stained cells were analysed using an EPICS XL flow cytometer (Beckman Coulter, Inc., Fullerton, CA, USA). Data were collected from 15 000-20 000 individual cells using parameters of forward-scatter and sidescatter to set a gate on lymphocyte population.

Antibodies

Monoclonal anti-T cell receptor (TCR)- $\gamma\delta$ (hamster IgG), -CD4, -CD8 and -TNF- α (rat IgG) antibodies were purified by using a protein G column kit (Kirkegaard & Perry Laboratory, Gaithersburg, MD, USA) from the culture superna-

tants of hybridomas (clone UC7-13D5, GK1·5, 53-6·72 and MP6-XT2·2-11, respectively; ATCC, Manassas, VA, USA). Asialo GM1 (ASGM1) antibody was purchased from Wako Pure Chemical Industries (Osaka, Japan). To delete NK, γδ T, CD4+ or CD8+ cells, mice were injected intraperitoneally with anti-ASGM1 antibody at 200 μg or -TCR-γδ, -CD4 or -CD8 MoAb at 400 μ g on days -3, 0, +3, +7 and + 14 after infection. Rabbit IgG (Wako Pure Chemical Industries), hamster IgG (Organon Teknika Co., Durham, NC, USA) and rat IgG (ICN Pharmaceuticals, Inc., Aurora, OH, USA) were used as the control antibodies. We confirmed that treatment with each antibody greatly reduced the specific cell population in lung intraparenchymal leucocytes when lymphocyte populations were gated on the forward- and side-scatter profiles in a flow cytometric analysis: 22.5% to 1.1% in CD4+T cells; 9·1% to 0·7% in CD8+ T cells; 1·6% to 0·2% in $\gamma\delta$ T cells; and 18.2% to 0.9% in ASGM1+ cells. To block endogenously synthesized TNF-α, mice were injected intraperitoneally with MoAb at 400 μ g on days -1, 0, + 3 and every 7 days post-infection. Rat IgG (ICN Pharmaceuticals, Inc.) was used as a control antibody. This MoAb completely neutralized the cytotoxic activity against L929 cells of 0·1 ng/ml recombinant murine TNF-α at 0.78 µg/ml.

Statistical analysis

Data were analysed using Statview II software (Abacus Concept, Inc., Berkeley, CA, USA) on a Macintosh computer. Data are expressed as mean ± standard deviation (s.d.). Differences between groups were examined for statistical significance using one-way analysis of variance (ANOVA) with a *post-hoc* analysis [Fisher's partial least squares difference (PLSD) test]. Survival data were analysed using the generalized Wilcoxon test. A *P*-value less than 0·05 was considered significant.

Results

Effect of CpG-ODN on the host defence to cryptococcal infection

Initially, we elucidated the effects of CpG-ODN treatment on the clinical course of *C. neoformans* infection. Mice received multiple doses of CpG- or CNT-ODN (10, 20 or 40 μ g/mouse) on days –3, 0, 3, and every 7 days after infection. As shown in Fig. 1a, all the infected mice died within 5 weeks when they were treated with CNT-ODN irrespective of the dose. Administration of CpG-ODN at 20 μ g, but not at 10 μ g, significantly prolonged the survival time, although 80% of these mice died 14 weeks after infection. Such an effect also tended to occur when CpG-ODN was administered at 40 μ g. Furthermore, we tested the effect of these treatments on the number of live microorganisms in the lung and brain 3 weeks after infection. As shown in Fig. 1b, administration of CpG-ODN at 20 or 40 μ g significantly

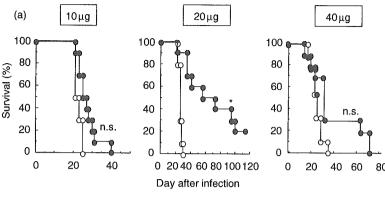
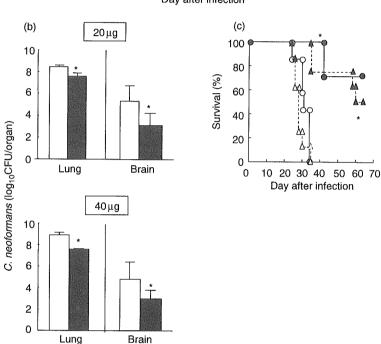


Fig. 1. Effect of CpG-oligodeoxynucleotides (ODN) on the clinical course of cryptococcal infection (a and b). Mice infected intratracheally with Cryptococcus neoformans were treated with 10, 20 or 40 µg/ mouse of CpG- or CNT-ODN on days -3, 0, 3, 7 and every 7 days after infection. (a) The number of live mice was noted daily. Open circles, CNT-ODN (n = 10); closed circles, CpG-ODN (n = 10). (b) The numbers of live colonies in lung and brain were counted on day 21 post-infection. No live colonies were detected in the brain of one mouse treated with 20 µg CNT-ODN, which was not included when the mean value was calculated. Open bars, CNT-ODN: closed bars, CpG-ODN. Data are mean ± s.d. of six mice. (c) Mice were treated with 20 µg/mouse CpGor CNT-ODN on the same schedule above (preventive) or on days 3, 7 and every 7 days after infection (therapeutic), and the number of live mice was noted daily. Open symbols, CNT-ODN; closed symbols, CpG-ODN; circles and solid lines, preventive; triangles and doted lines, therapeutic (n = 8 each). The experiments were repeated twice with similar results. *P < 0.05, compared with CNT-ODN.



reduced the fungal burdens in both lung and brain, compared with the same dose of CNT-ODN. To examine the therapeutic effect, treatment with 20 μg CpG- or CNT-ODN per mouse was begun at 3 days after infection. As shown in Fig. 1c, the therapeutic treatment significantly prolonged the survival of infected mice as efficiently as did the preventive treatment. These results indicate that CpG-ODN protects mice against fatal and disseminated infection with C. neoformans.

Modulation of Th1–Th2 balance by CpG-ODN treatment in mice infected with *C. neoformans*

CpG-ODN directly activates DC, which results in preferential expression of Th1-related cytokines within a few hours [19]. Therefore, we next elucidated the effects of CpG-ODN treatment on the production of IL-12 and IFN-γ, as Th1-related cytokines, and IL-4, as a Th2 cytokine, in the lungs after infection with *C. neoformans*. For this purpose, the lev-

els of these cytokines in BALF were compared in mice treated with CpG- or CNT-ODN at 20 μg on days 7 and 14 post-infection. As shown in Fig. 2, IL-12 and IFN- γ were detected at a marginal level in the BALF of CNT-ODN-treated mice at both time points, and administration of CpG-ODN significantly enhanced the production of IL-12 on days 7 and 14 and of IFN- γ on day 14. In contrast, the levels of IL-4 in BALF were significantly lower in mice treated with CpG-ODN than those in CNT-ODN-treated mice on both days 7 and 14 post-infection. These results indicate that CpG-ODN modulates Th1-Th2 balance towards Th1-dominance at the primary site of cryptococcal infection.

Effect of CpG-ODN treatment on Th1 and Th2 cell development in mice infected with *C. neoformans*

To elucidate the effect of CpG-ODN on the development of fungus-specific Th1 and Th2 cells, on day 14 after crypto-coccal infection paratracheal LN cells were prepared from

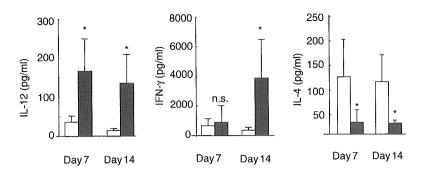


Fig. 2. Effect of CpG-oligodeoxynucleotides (ODN) on the production of cytokines in bronchoalveolar lavage fluids (BALF) after cryptococcal infection. Mice infected intratracheally with *Cryptococcus neoformans* were treated with 20 μ g/mouse of CpG- or CNT-ODN on days -3, 0, 3, 7 and every 7 days after infection. The concentrations of interleukin (IL-12), interferon (IFN)- γ and IL-4 in BALF were measured on days 7 and 14 post-infection. Open bars, CNT-ODN; closed bars, CpG-ODN. Data are mean \pm s.d. of six mice. The experiments were repeated twice with similar results. n.s., not significant; *P < 0.05.

mice treated with CpG- or CNT-ODN at 20 µg, and synthesis of IFN-γ and IL-4 by these cells upon restimulation with live microorganisms was measured. As shown in Fig. 3, unstimulated LN cells from infected and CNT-ODN-treated mice did not produce IFN-y and only the highest amount of antigens (1×10^6 yeast cells/ml) induced the synthesis of this cytokine. In contrast, LN cells from infected and CpG-ODNtreated mice produced a considerable amount of IFN-γ even in the absence of cryptococcal antigens, and administration of live yeast cells promoted the synthesis of IFN-γ in a dosedependent manner. The production upon restimulation with the highest dose of antigens was significantly higher in mice treated with CpG-ODN than in CNT-ODN-treated mice. The IFN-γ production was not detected when stimulated with PPD (data not shown). On the other hand, IL-4 synthesis by restimulated LN cells was almost undetectable in both CNT-ODN- and CpG-ODN-treated mice (data not shown). Thus, development of Th1 cells specific for C. neoformans was induced by administration of CpG-ODN.

Lymphocyte subsets contribute to the protective response caused by CpG-ODN

To identify the lymphocyte subsets that contribute to the protective effect of CpG-ODN, we examined the effect of depletion of NK, $\gamma\delta$ T, CD4⁺ T and CD8⁺ T cells on the survival of mice infected with *C. neoformans*. As shown in Fig. 4a and b, survival of CpG-ODN-treated mice was significantly longer than that of CNT-ODN-treated mice after cryptococcal infection, and the protective effect was not affected significantly by the depletion of either NK cells or $\gamma\delta$ T cells. In contrast, the protective effect of CpG-ODN treatment was completely abrogated in CD4⁺ T cell-depleted mice (Fig. 4c). Administration of anti-CD8 MoAb partially, but significantly, suppressed the protective effect of CpG-ODN on the survival of infected mice, compared with control IgG

(Fig. 4d). These results indicate that CD4⁺ T cells, rather than NK, $\gamma\delta$ T and CD8⁺ T cells, play a critical role in the CpG-ODN-induced host protection against lethal infection with *C. neoformans*.

Next, we elucidated the lymphocyte subsets responsible for the production of IFN- γ in CpG-ODN-treated mice after cryptococcal infection. For this purpose, the effect of the

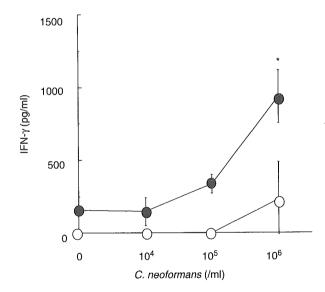


Fig. 3. Effect of CpG-oligodeoxynucleotides (ODN) on the development of Th1 cells after cryptococcal infection. Mice infected intratracheally with *Cryptococcus neoformans* were treated with 20 μg/mouse of CpG- or CNT-ODN on days -3, 0, 3, 7 and every 7 days after infection. The paratracheal lymph node (LN) cells obtained on day 14 post-infection were cultured with indicated doses of live yeast cells for 48 h, and the concentration of interferon (IFN)- γ in the culture supernatants was measured. Open circles, CNT-ODN; closed circles, CpG-ODN. Data are mean \pm s.d. of triplicate cultures. The experiments were repeated twice with similar results. *P < 0.05.

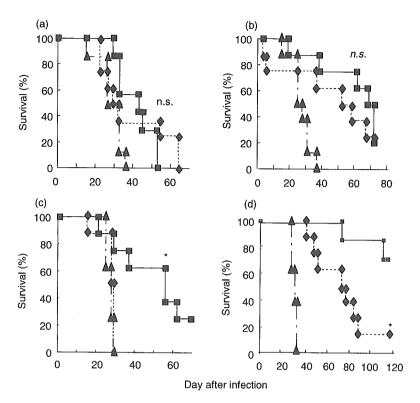


Fig. 4. Lymphocyte subsets responsible for CpGoligodeoxynucleotides (ODN)-induced host protection. Mice infected intratracheally with Cryptococcus neoformans were treated with 20 µg/mouse of CpGor CNT-ODN on days -3, 0, 3, 7 and every 7 days after infection. The CpG-ODN-treated mice received antibodies against Asialo GM1 (ASGM1) (a), T cell receptor (TCR)-γδ (b), CD4 (c) or CD8 (d) or respective control IgG. The number of live mice was noted daily. Each group consists of seven to eight mice. The experiments were repeated twice (a, b and c) and four times (d) with similar results. Triangles, CNT-ODN; squares, CpG-ODN + control IgG; diamonds, CpG-ODN + specific antibody. n.s., not significant; *P < 0.05, compared between control IgG and specific antibody.

depletion of NK, $\gamma\delta$ T, CD4⁺ T and CD8⁺ T cells was examined on days 3, 7 and 14 post-infection. As shown in Table 1, on day 3 the BALF levels of IFN- γ in infected and CpG-ODN-treated mice were not reduced significantly by depletion of any lymphocyte subsets. On day 7, IFN- γ production was inhibited significantly in CD8⁺ T cell-depleted mice, but not in mice depleted of other lymphocyte subsets, compared with control IgG-treated mice. In contrast, depletion of CD4⁺ T cells strongly inhibited the production of IFN- γ in infected and CpG-ODN-treated mice on day 14 post-infection, whereas no influence was noted for depletion of other lymphocyte subsets.

Induction of intracellular IFN-γ expression in CD4⁺ T and CD8⁺ T cells in lung by CpG-ODN

In further experiments, we examined the expression of intracellular IFN-γ in CD4⁺ T and CD8⁺ T cells in the lung on days 7 and 14 after infection with *C. neoformans*. As shown in Fig. 5a, intracellular IFN-γ was detected at a small level in CD4⁺ T and CD8⁺ T cells from CNT-ODN-treated mice on day 7 post-infection. Administration of CpG-ODN did not alter the expression of this cytokine in CD4⁺ T cells compared with CNT-ODN-treated mice. In contrast, such expression was considerably augmented in CD8⁺ T cells although the magnitude was not pronounced (0·74% and 1·62% in CNT- and CpG-ODN, respectively). On day 14 post-infection, IFN-γ synthesis was not detected in CD4⁺ T

and CD8⁺ T cells from CNT-ODN-treated mice, and the expression of this cytokine was induced in both T cell subsets by treatment with CpG-ODN. Interestingly, CpG-ODN induction of IFN- γ synthesis was detected at a higher level in CD4⁺ T cells than in CD8⁺ T cells (9·86% *versus* 2·59%) (Fig. 5b). These results indicate that CpG-ODN treatment stimulates the synthesis of IFN- γ predominantly in CD4⁺ T cells rather than in CD8⁺ T cells.

Table 1. Effect of lymphocyte subset depletion on IFN-γ production.^a

	IFN-γ (pg/ml) in BALF			
	Day 3	Day 7	Day 14	
Rabbit IgG	1176 ± 114	9714 ± 1167	6053 ± 3167	
aASGM1 antibody	1622 ± 229 ^b	4557 ± 6284°	5654 ± 1617°	
Hamster IgG	705 ± 417	7451 ± 4842	11371 ± 816	
α γδ T antibody	1296 ± 232°	8636 ± 2785°	11238 ± 3432°	
Rat IgG	1141 ± 478	3680 ± 2018	4820 ± 2071	
αCD4 antibody	1451 ± 143°	$2317 \pm 1850^{\circ}$	573 ± 134 ^b	
Rat IgG	1296 ± 232	3680 ± 2018	5527 ± 3906	
αCD8 antibody	1249 ± 101°	1083 ± 226 ^b	5761 ± 1566°	

 a Infected and CpG-oligodeoxynucleotides (ODN)-treated mice received control IgG or specific antibody, and the concentrations of interferon (IFN)- γ in bronchoalveolar lavage fluids (BALF) (pg/ml) were measured at each time point. The values are the mean \pm s.d. of four to five mice. The experiments were repeated twice with similar results. $^{b}P<0.05$, compared to control IgG-treated mice. 'Not significant, compared to control IgG-treated mice.

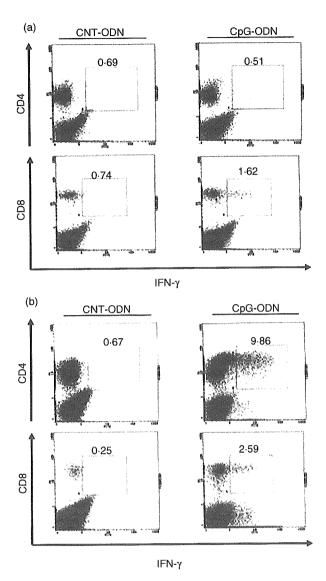


Fig. 5. CpG-oligodeoxynucleotides (ODN) stimulates intracellular interferon (IFN)- γ expression. Mice infected intratracheally with *Cryptococcus neoformans* were treated with 20 μg/mouse of CpG- or CNT-ODN on days –3, 0, 3, 7 and every 7 days after infection. The lung leucocytes prepared on days 7 (a) and 14 (b) post-infection were stained with fluoroscein isothyocyanate (FITC)-anti-IFN- γ MoAb and phycoerythrin (PE)-anti-CD4 or -CD8 MoAb and analysed by flow cytometry. Each number indicates the proportion of each subset. The experiments were repeated twice with similar results.

Involvement of TNF- α in the protective effect of CpG-ODN

Finally, we elucidated the contribution of TNF- α to CpG-ODN-induced host protection against a lethal infection with *C. neoformans*. For this purpose, we examined the effect of CpG-ODN on the synthesis of TNF- α in the lung. As shown in Fig. 6, TNF- α levels were under detection limit in the BALF of CNT-ODN-treated mice on day 14 post-infection,

whereas CpG-ODN markedly induced such levels. In the next experiments, we examined the effect of neutralizing anti-TNF- α MoAb on the host protective responses to cryptococcal infection caused by CpG-ODN. As shown in Fig. 7a, CpG-ODN treatment significantly extended the survival of infected mice compared with CNT-ODN-treated mice, and this protective effect was abrogated almost completely by administration of anti-TNF- α MoAb. In addition, anti-TNF- α MoAb significantly suppressed CpG-ODN-stimulated IFN- γ production in the infected lungs (Fig. 7b).

Discussion

The present study shows that CpG-ODN treatment protected mice against infection with C. neoformans by promoting local clearance of this fungal pathogen and preventing its dissemination to the central nervous system. This beneficial effect was associated with alteration in the Th1-Th2 cytokine balance toward a Th1-dominant condition. In our earlier studies [31], aggravation of cryptococcal infection was associated with a Th2-biased cytokine balance in which Th1related cytokines, IL-12, IL-18 and IFN-γ, were hardly detected in the infected lung tissues, compared with overproduction of Th2 cytokines, IL-4 and IL-10. Administration of recombinant IL-12 results in strong Th1-like immune responses and reduced mortality by this infection [11]. Similar data were obtained when CpG-ODN was administered in these mice. The synthesis of IL-12 and IFN-7 was induced strongly in the infected lungs by this treatment, whereas

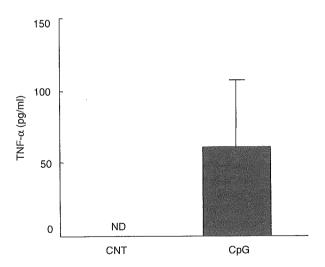
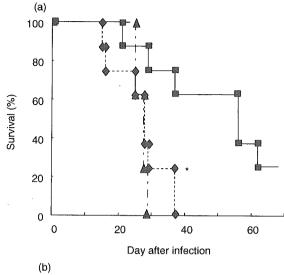


Fig. 6. Effect of CpG-oligodeoxynucleotides (ODN) on the production of tumour necrosis factor (TNF)- α in bronchoalveolar lavage fluids (BALF) after cryptococcal infection. Mice infected intratracheally with *Cryptococcus neoformans* were treated with 20 μg/mouse of CpG- or CNT-ODN on days -3, 0, 3, 7 and every 7 days after infection. The concentrations of TNF- α in BALF were measured on day 14 post-infection. Data are mean \pm s.d. of five mice. The experiments were repeated twice with similar results. n.d., not detected.



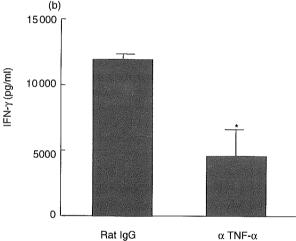


Fig. 7. Effect of anti-tumour necrosis factor (TNF)- α MoAb on the host protective responses stimulated by CpG-oligodeoxynucleotides (ODN). Mice infected intratracheally with *Cryptococcus neoformans* were treated with 20 μg/mouse of CpG- or CNT-ODN on days -3, 0, 3, 7 and every 7 days after infection. The CpG-ODN-treated mice received anti-TNF- α MoAb or control rat IgG. (a) The number of live mice was noted daily. Each group consists of eight mice. Triangles, CNT-ODN; squares, CpG-ODN + control IgG; diamonds, CpG-ODN + specific antibody. *P< 0.05, compared between control IgG and anti-TNF- α MoAb. (b) The concentrations of IFN- γ in bronchoalveolar lavage fluids (BALF) were measured on day 14 post-infection. Data are mean \pm s.d. of five mice. The experiments were repeated twice with similar results. *P< 0.05, compared with control IgG and anti-TNF- α MoAb.

IL-4 production was significantly inhibited. CpG-ODN is well known to polarize the immune response towards Th1 over Th2 by promoting IL-12 synthesis and expression of costimulatory molecules by DC [20–22]. Similar observations are shown also in previous reports addressing the effect of CpG-ODN in other infectious diseases [25–29].

Bacterial DNA was found to activate NK cell production of IFN- γ [14–16]. The major source of initial IFN- γ produc-

tion in CpG-ODN-stimulated mouse spleen cells is supposed to be NK cells [32]. Recently, Iho and colleagues reported that CpG-ODN directly activate human NK cells [33]. In our study, by contrast, the role of NK cells in CpG-ODN-induced IFN-γ synthesis as well as host protection against cryptococcal infection could not be confirmed from the experiments in which this lymphocyte subset was depleted. In addition, we did not obtain any evidences indicating the contribution of $\gamma\delta$ T cells in these processes, although there is no report that described the involvement of this particular lymphocyte subset. We also found no difference in the protective effect of CpG-ODN between control C57BL/6 mice and J\u03c418 gene-disrupted mice [mice lacking invariant natural killer T (iNKT) cells (unpublished data). These observations demonstrated that the contribution of innate immune lymphocytes to the CpG-ODN effects on cryptococcal infection was limited, although we could not exclude the possibility that these subsets were directly or indirectly activated at an earlier phase by this treatment. In fact, there are many investigations indicating the contribution of NK cells to elimination of this fungal pathogen in a direct or indirect manner [34-37]. In other studies, we reported the roles of iNKT cells and γδ T cells in the host defence to cryptococcal infection [38,39] and the contribution of NK cells and γδ T cells to IFN-γ synthesis in the lung caused by combined treatment with IL-12 and IL-18 [40]. Further studies are necessary to define the relationship to the present observations.

Generally, CpG-ODN does not have a direct stimulatory effect on resting T cells [19,41-43], although direct activation of purified human T cells by this agent has been reported recently [33]. CpG-ODN-induced T cell activation would be conducted in an indirect way by antigenpresentation and expression of cytokines and co-stimulatory molecules by DC, as reviewed by Krieg [19]. This notion is thoroughly consistent with our unpublished data showing complete abrogation of CpG-ODN induction of host defence to cryptococcal infection by anti-CD11c MoAb that depletes DC. Previous studies reported the contribution of both CD4⁺ and CD8⁺ T cells to IFN-γ production induced by CpG-ODN treatment of different animal models, although their contribution varied from one model to another [44,45]. In our hands, using intracellular cytokine analysis we found that the major source of IFN-y production was CD8⁺ T cells rather than CD4⁺ T cells in lung on day 7 after infection, although the overall proportion of intracellular IFN- γ^+ CD8⁺ T cells was not very high (2.6%). In contrast, on day 14 CD4⁺ T cells became the major IFN-γ-producing cells instead of CD8⁺ T cells, as shown by intracellular cytokine production ratio in each subset (CD8+ IFN-γ+ 2.59% versus CD4⁺ IFN-γ⁺ 9·86%). These findings were consistent with the results showing that IFN-7 synthesis detected at a protein level in BALF was significantly inhibited in CD8+ T celldepleted, but not CD4+T cell-depleted mice on day 7 and vice versa on day 14 after infection with C. neoformans. These

findings indicate that CD8⁺ T cells are the major source of IFN-γ production stimulated by CpG-ODN, although not large production, at an earlier phase and CD4⁺ T cells are the main IFN-γ producer at a later phase of infection. In further experiments, the protective effects of CpG-ODN treatment against fatal infection were abrogated completely by depletion of CD4⁺ T cells and only partially affected by depletion of CD8⁺ T cells. Thus, in our model, the development of *C. neoformans*-specific Th1 cells, rather than type-1 cytotoxic T cells (Tc1), contributes more profoundly to the induction of host protective immune responses caused by CpG-ODN.

TNF- α is known to play a critical role in the host defence to intracellular microorganisms [46]. Mice with a genetic disruption of this cytokine are highly susceptible to infection with *C. neoformans* [8]. In a series of studies by Huffnagle and colleagues [47,48], TNF- α was shown to function at an early phase by initiating the accumulation of inflammatory leucocytes and development of Th1-based immune responses to *C. neoformans*. Here, we demonstrated that TNF- α was an important cytokine in the CpG-ODN induction of IFN- γ synthesis and host protection against this infectious pathogen. Although the cellular source remains to be elucidated, DC or macrophages may be directly involved in TNF- α production caused by CpG-ODN, as reported in earlier investigations [20,49].

In conclusion, we demonstrated in the present study that CpG-ODN protects mice against infection with C. neoformans by promoting Th1-mediated immune responses. Recently, clinical trials using CpG-ODN in cancer therapy, treatment of allergic diseases and in vaccination against infectious diseases has been reported [50,51], suggesting that this treatment can be conducted without any serious adverse effects. Thus, CpG-ODN could be a candidate therapeutic agent against refractory cryptococcal infection in patients with compromised immune responses. However, our data identifying CD4+ T cells as a major subset of IFN-γ production may limit the usefulness of this agent, because the compromised immune response associated with cryptococcosis patients is a severe reduction in this T cell subset [1]. Further investigations will be necessary to make the CpG-ODN treatment useful in such clinical settings.

Acknowledgements

This work was supported in part by a Grant-in-Aid for Science Research (C) (KAKENHI12670261) from the Ministry of Education, Culture, Sports, Science and Technology and by Grants of Research on Health Sciences focusing on Drug Innovation (SA14806) from the Japan Health Sciences Foundation and by Grants of Research on HIV/AIDS (HIS-AIDS-005) from the Ministry of Health, Labor and Welfare, Japan.

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Research Signpost 37/661 (2), Fort P.O., Trivandrum-695 023, Kerala, India



Immunomodulators as Promising Therapeutic Agents Against Infectious Diseases, 2004 ISBN: 81-7736-174-0 Editors: Kazuyoshi Kawakami and David A. Stevens

5

Possible immunotherapy with Interleukin-18 in intractable infectious diseases

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Introduction

Interleukin (IL)-18, originally discovered as an interferon (IFN)-γ-inducing cytokine [1], is produced by macrophages, dendritic cells, Kupfer cells and keratinocytes upon stimulation with microbial products [2-4]. This cytokine is originally synthesized in a premature 26kD form and needs cleavage by caspase-1 for converting to the bioactive 18kD form [2-4]. IL-18 induces IFN-γ production by natural killer (NK) and T cells [1-4] and potentiates IL-12-mediated Th1 cell development, although it does not exhibit such an effect alone [5]. In collaboration with IL-12, IL-18 also induces IFN-γ secretion by NK cells, NKT cells,

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T cells, B cells and even macrophages and dendritic cells [2-4,6-10]. Surprisingly, IL-18 has recently been reported to induce synthesis of Th2 cytokines such as IL-4 and IL-13 by NK, T cells and basophils when administered with IL-2 and IL-3, respectively [4,11,12] and to cause Th2-type immune response, including IgE production and eosinophilic accumulation [4,13-15]. To date, many investigators have addressed the question of how IL-18 is involved in the development and regulation of host resistance against a variety of pathogenic microorganisms, including bacteria, fungi, protozoa and viruses.

In this review, I first focus on the role of IL-18 in the development and regulation of host resistance against infectious pathogens, with an emphasis on cryptococcal infection as determined by recent studies from our laboratory, and then on the possible application of this cytokine to the therapy of intractable infectious diseases.

Role of IL-18 in host defense against infectious pathogens

The role of IL-18 in host protection against various infectious pathogens, including extracellular and intracellular bacteria, fungi, protozoa and viruses, has so far been investigated by many investigators. Most studies reported the beneficial effects of this cytokine. The major findings are summarized in Table.

Table. IL-18 and infectious diseases

Microorganisms	recombinant IL-18	anti-IL-18 Ab	IL-18-/- mice	References
Extracellular bacteria				
Yersinia enterocolitica	Improved	Exacerbated	_	Bohn et al., 1998 (18)
Staphylococcus aureus	-	-	Not exacerbated	Wei et al., 1999 (19)
Streptococcus pneumoniae		Exacerbated	Exacerbated	Lauw et al., 2002 (21)
Intracellular bacteria		Lxaccibated	Exaccidated	Lauw Ct al., 2002 (21)
Mycobacterium tuberculosis	_		Exacerbated	Sugawara et al., 1999 (22)
	_	_	Exacerbated	Kinjo et al., 2002 (23)
Salmonella typhymurium	Improved	Exacerbated	Exaccidated	Mastroeni et al., 1999 (28)
Legionella pneumophila	mproved	Not exacerbated		Brieland et al., 2000 (31)
Fungi		110t CARCUDATED	-	Diferanti et al., 2000 (31)
Candida albicans	Improved			Managari et al. 2000 (22)
Cryptococcus neoformans	Improved	Exacerbated	•	Mencacci et al., 2000 (33) Kawakami et al., 1997 (55
	-	LARCOVACU	Exacerbated	Kawakami et al., 2000 (45
		Exacerbated	Exacerbated	Kawakami et al., 2000 (45
Protozoa		Lxaccibatcu	Exacerdated	Kawakaiii et at., 2000 (40
Leishmania major			Exacerbated	W-1 -4 -1 1000 (10)
	Improved (with IL-12)	-	Exacerbated	Wei et al., 1999 (19)
	improved (with it-12)	-	Not exacerbated	Ohkusu et al., 2000 (47)
Toxoplasma gondii	- Improved	Not exacerbated	Not exacerdated	Monteforte et al., 2000 (48
Plasmodium berghei	Improved (with IL-12)	Exacerbated	-	Cai et al., 2000 (50)
i iusmoutum vergnet	Improved (with IL-12)	Exacerbated	Exacerbated	Okamura et al., 1998 (2)
Viruses	Improved	Evaccingien	Exaccidated	Singh et al., 2002 (51)
	T			E " 1 4 1 1000 (77)
Herpes simplex	Improved	•		Fujioka et al., 1999 (52)
Murine cytomegalovirus	•	-	Not exacerbated	Pien et al., 2000 (54)

^{-:} Not examined.

Extracellular bacteria

Host protection against extracellular bacteria is primarily mediated by neutrophil-dependent killing mechanism. IL-18 indirectly causes the production of IL-8, a major chemokine for neutrophils, by peripheral blood monocytes by inducing the secretion of tumor necrosis factor (TNF)-α from T and NK cells [16]. In addition, neutralizing anti-IL-18 antibody reduces the accumulation of neutrophils in mice challenged with *Escherichia coli* and *Salmonella typhimurium* endotoxin [17]. Thus, IL-18 may contribute to neutrophildependent host defenses.

Bohn and co-workers [18] reported that hepatic expression of IL-18 mRNA in mice after infection with *Yersinia enterocolitica*, was higher in resistant mice than in susceptible mice. Neutralization of endogenous IL-18 by specific antibody markedly reduced resistance to this infection without affecting the synthesis of IFN-γ, invoking an IFN-γ-independent pathway of resistance. Exogenous administration of IL-18, however, failed to increase the protective host response against the same infection. Thus, endogenously synthesized IL-18 apparently contributed to at least the clearance of *Yersinia* infection, although the precise mechanism remains to be elucidated.

IL-18-/- mice were used to investigate the role of IL-18 in septicemia and septic arthritis induced by intravenous injection of *Staphylococcus aureus* [19]. Septicemia was less profound in these mice than in similarly infected wild-type mice, while the opposite results were obtained in septic arthritis. The IL-18-/-mice developed a reduced synthesis of Th1-type cytokines such as IFN-γ and TNF-α. These data suggested that IL-18 played a pro-inflammatory role in the development of septicemia, although its role in septic arthritis remains to be further elucidated. In contrast, Hochholzer *et al.* [20] revealed IL-18-independent IFN-γ synthesis and lethal shock caused by *S. aureus* enterotoxin B.

Lauw and co-workers elucidated the role of IL-18 in host protective responses to *Streptococcus pneumoniae* using mice genetically lacking the synthesis of IL-18 [21]. These mice were more susceptible to this infection, as indicated by the enhanced number of live colonies in the infected organs than control mice. Similar results were obtained in mice which received neutralizing anti-IL-18 antibody. Interestingly, the clearance of pneumococci from lungs of IL-12-/- mice was not affected, when compared with control mice. Their works clearly indicated the important role of IL-18, but not IL-12, in the antibacterial host responses during pneumococcal pneumonia.

Intracellular bacteria

Most intracellular bacteria possess survival mechanisms that enable them to evade the host defense system and reside in phagocyte cells. Hosts therefore need to promote cell-mediated immunity to attack such pathogens. The role of IL-12 in this process has been extensively studied by many investigators. Recently, several investigations have addressed the role of IL-18 in defense against intracellular bacteria.

Sugawara and co-workers [22] used IL-18-/- mice to investigate the role of IL-18 in host resistance and cytokine responses to mycobacterial infection. IL-18-/- mice were more susceptible to M. tuberculosis infection than control, wild-type mice, as indicated by the increased number of live bacteria in their lungs. Although such impairment of host defenses was associated with reduced IFN- γ production by bacille Calmette-Guérin (BCG)-stimulated spleen cells, the magnitude of the impairment was not as pronounced as that observed in IFN- γ -/-mice. Defective IL-18 synthesis led to the development of large granulomatous lesions in the lung and spleen, which were significantly reduced by administration of exogenous IL-18.

Our investigation compared the role of IL-18 in host defense against *M. tuberculosis* infection more critically with that of IL-12 using IL-12p40-/-, IL-18-/- and IL-12p40-/-IL-18-/- mice [23]. IL-18-/- mice were more prone to this infection than control mice, and in addition, mice lacking both IL-12p40 and IL-18 died earlier than IL-12p40 mice. This increased mortality under IL-18 deficient condition was correlated with the reduced production of IFN-γ. Recently, IL-23 has been discovered as a novel IFN-γ-inducing cytokine [24]. Interestingly, this cytokine is formed by combination of p19 protein with IL-12p40 to constitute the active heterodimer. Thus, our data indicated that IL-18 played a considerable role in the host defense to mycobacterial infection even in the absence of both IL-12 and IL-23, two other IFN-γ-inducing cytokines. Compatible with this conclusion, mice over-expressing IL-18 gene produced higher Th1 responses and were more resistant to this infection than control littermate mice [23].

Th1 cytokine expression has been demonstrated to predominate in lesions of patients with resistant tuberculoid leprosy, while Th2 cytokines predominated in lesions from patients with susceptible lepromatous leprosy [25]. The protective role of IL-18 in host defense to *M. leprae* infection was demonstrated by Kobayashi *et al.* using an animal model of leprosy [26]. Consistent with this study, Garcia and colleagues [27] observed higher IL-18 mRNA expression in tuberculoid than lepromatous leprosy lesions. Similar results were obtained using peripheral blood mononuclear cells (PBMC) from the patients after stimulation with microbial antigens; exogenous IL-18 augmented IFN-γ production by PBMC in tuberculoid, but not in lepromatous patients. Thus, IL-18 was identified as a cytokine that acts to limit leprosy lesions by inducing IFN-γ synthesis. In a sharp contrast, Yoshimoto *et al.* [15] documented higher production of IL-18 in the serum of lepromatous than tuberculoid leprosy patients. The explanation for these discrepant results is not yet known.

Neutralization of endogenous IL-18 by specific anibody caused a decrease in circulating IFN- γ levels and exacerbated *Salmonella typhimurium* infection in mice. Conversely, exogenous administration of IL-18 protected mice against *S. typhimurium* by induction of IFN- γ , confirmed by the failure of this treatment to affect the outcome of infection in IFN- γ -/- mice [28]. These observations identified IL-18 as a key cytokine in host defense against *S. typhimurium* infection. In contrast, Elhofy and Bost [29] proposed only a limited role for IL-18 in clearance of *S. dublin*. In their study, the bacteria did not induce IL-18 but rather suppressed its basal secretion by mouse peritoneal macrophages. Similar results were found in mesenteric lymph nodes and Peyers patch cells following oral inoculation of *S. dublin*. In addition, IFN- γ synthesis by peritoneal cells stimulated with *S. dublin* was totally dependent on IL-12, but not on IL-18.

Burkholderia pseudomallei causes the life-threatening infectious disease, melioidosis, especially in Southeast Asia. This pathogenic microbe induced production of IL-18 by mouse spleen cells and IFN-γ by NK cells within 5 h, and induced CD8+ T cells within 15 h. IFN-γ production by these cells was strongly inhibited by anti-IL-18 Ab, implicating the role of this cytokine in host resistance to B. pseudomallei infection [30].

Brieland and co-workers [31] examined IL-18 synthesis, at the mRNA and protein levels, in the lungs of mice infected intratracheally with *L. pneumophila*. Competitive RT-PCR analysis showed that IL-18 mRNA was significantly increased 24 h after infection, whereas IL-18 protein had already increased at 2 h, peaked at 4 h and reduced to the basal level at 24 h post-infection. Such early secretion of IL-18 protein preceded IL-12p70 and IFN-γ production, and the local production of IFN-γ was inhibited partially by administration of anti-IL-18 receptor monoclonal antibody (mAb) and completely by anti-IL-12 mAb. These results indicated that IL-18 contributed to the Th1 response induced by pulmonary *L. pneumophila* infection. However, anti-IL-18 receptor mAb treatment did not affect the clinical course of this infection, as indicated by pulmonary live bacteria loads. Thus, the true role of IL-18 in host defense to *L. pneumophila* remains to be elucidated.

Fungal pathogens

Host defense against fungal infection is largely divided into two mechanisms mediated by neutrophils and cellular immunity. Deep-seated *Candida* infections, such as pneumonia and sepsis, trigger the former mechanism, while mucocutaneous *Candida* infections are eradicated by the latter. Protection against *Cryptococcus neoformans* is primarily mediated by cellular immunity [32].

The role of IL-18 in host resistance to *C. albicans* infection was investigated by Mencacci and co-workers using mice with a targeted disruption of the gene