

左鎖骨下動脈撮影で axillary-axillary bypass (矢印) の良好な血流を認める

図8 腕頭動脈, 鎖骨下動脈閉塞病変症例(3)

end-to-side anastomosis を行った。術後の bypass の開存は良好で、血圧の左右差も著明に軽減し、眩暈発作や頸部熱感もほぼ消失した (図8)。

#### 4. 椎骨動脈閉塞症

症例：患者は54歳、男性。起床時に突然眩暈発作、嘔気、嘔吐をきたした。既往症として、高血圧と慢性腎不全に対し腎移植を受けていた。入院時も回転性の眩暈、眼振を認め、MRI にて左小脳半球に広範な虚血病変を認めた (図9 a)。MRA, 3D-CTA にて左椎骨動脈の起始部から C<sub>4</sub> レベルまでの閉塞を認めた (図9 b, c)。脳血管撮影では右椎骨動脈は後下小脳動脈より末梢の描出が乏しく、左椎骨動脈は起始部から C<sub>4</sub> レベルまで閉塞し、その末梢側が筋肉枝からの側副路でわずかに造影されるのみであった (図10 a ~ d)。椎骨脳底動脈系の血流改善を目的に静脈片 (足関節部の静脈を約 5 cm 採取) を用いた左外頸動脈-左椎骨動脈間の血行再建術を予定した。全身麻酔下に左胸鎖乳突筋の前縁に沿って約 7 cm の皮膚切開を設け、左外頸動脈、C<sub>3</sub> ~ C<sub>4</sub> 間で左椎骨動脈を約 4 cm 露出した (図11 a)。椎骨動脈に cross clamp をかけ、3.5mm の動脈切開を vascular punch で設け、静脈片と 8-0 モノフィラメント縫合した (図11 b)。次に静脈片の長さを調節し、外頸動脈と同様の方法で吻合した (図11 c, d)。術後の 3D-CTA で静脈片を介して外頸動脈から椎骨動脈への良好な血流を認めた (図12 a, b)。神経学的

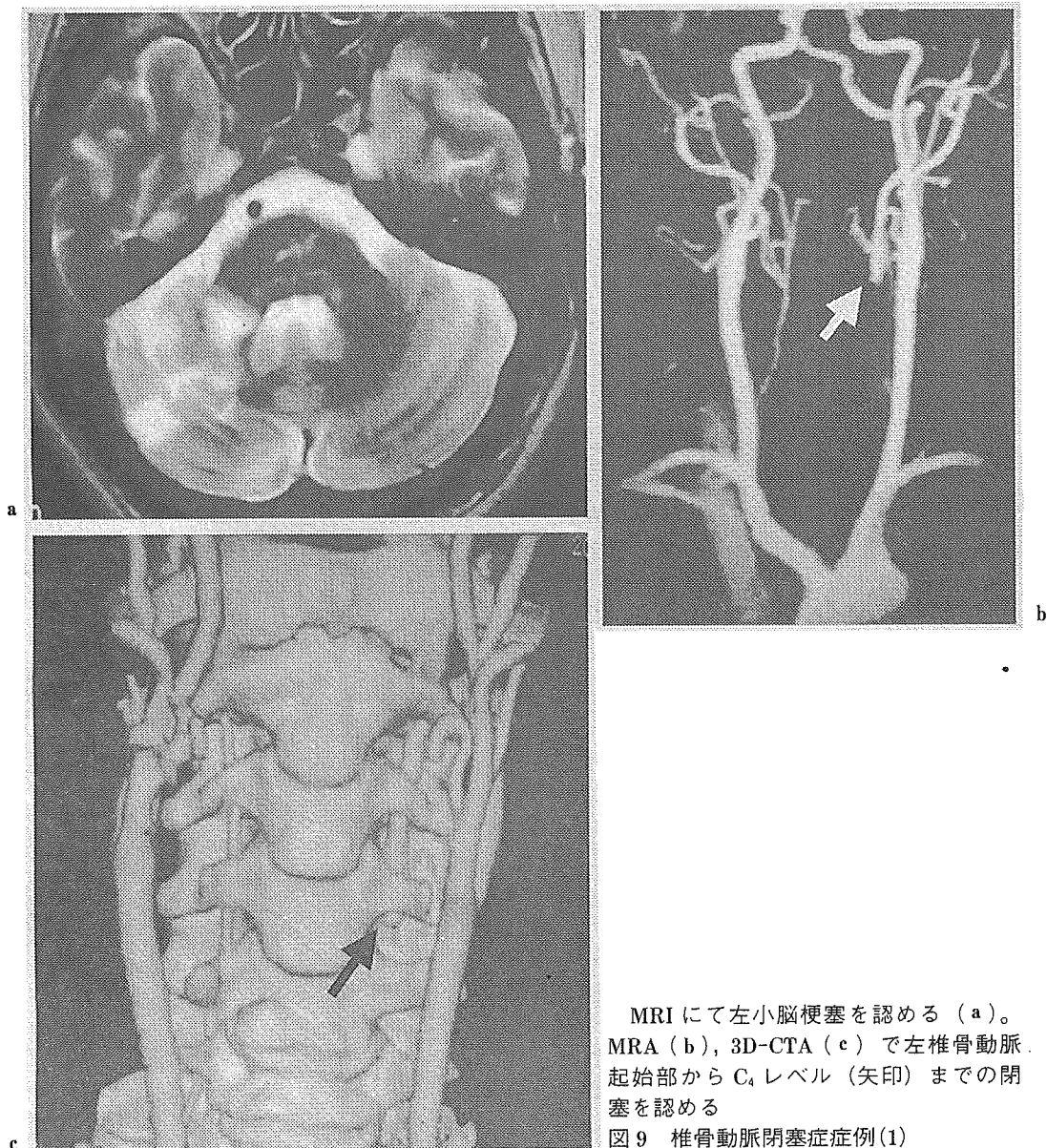
にも眩暈発作や浮遊感は消失し、発症 3 カ月目には社会復帰ができた。

## 考 察

頭蓋外脳主幹動脈閉塞性病変は、頸動脈系と椎骨動脈系の病変に分けることができるが、RCT などに基づく治療ガイドラインはなく、症例ごとに治療法の選択が必要となっている。頸動脈系に関しては動脈硬化性病変による頸動脈狭窄症は、国際的な RCT が施行され、症候性、無症候性病変に関して明確な指針が示されている<sup>1)2)</sup>。しかし本稿で示した大動脈炎症候群や外傷性頸動脈閉塞性病変では各症例での病変の状況や脳虚血状況、さらに血行再建の安全・確実性を十分に検討し、外科治療のインフォームド・コンセントを進め、治療を実施することが重要である。

完全閉塞をきたした頭蓋外の動脈を再建する手術においては、動脈の大きさに適した代用の血管が求められる<sup>9)10)</sup>。本稿では人工血管を使用した血行再建を呈示したが、静脈片を用いる方法も有用である。人工血管を用いて動脈の血行再建を行う場合、人工血管そのものの特性が手術の成否を決定する大きな因子である。理想的な人工血管としては抗血栓性で血液漏出がない、長期間開存しかつ生体との反応がない、吻合など外科的操作が容易であるなどの特性が求められている<sup>9)10)</sup>。現在血管外科領域で繁用されている人工血管は Dacron と Teflon で Dacron は強度に優れ、Teflon は抗血栓性に優れている。これらの条件から頭蓋外の脳主幹動脈の血行再建術では Teflon で、リング付きで圧迫などでつぶれ難いものが最適と考えられる。この人工血管を 6-0 プロリンなどのモノフィラメント縫合糸で吻合すると針孔からの出血を経験するが、この出血は縫合部へのフィブリン糊の塗布により容易にコントロールできる。人工血管の生体への適合は、結合組織がバイパス内腔に入り込み、内面が一層の内皮細胞に覆われ完成となる。この過程が確実に進むためには術中から術後の血栓形成の防止がポイントである。筆者らは術前から抗血小板療法 (アスピリン、チクロピジン) を行い、術中は heparinization と術直後は低分子デキストラン (250ml × 2/day) 投与を行い、可能なかぎり早期より抗血小板療法の再開を行っている。

このような人工血管を用いた血行再建術を外傷性頸動脈損傷、大動脈炎症候群、腕頭動脈閉塞症、鎖

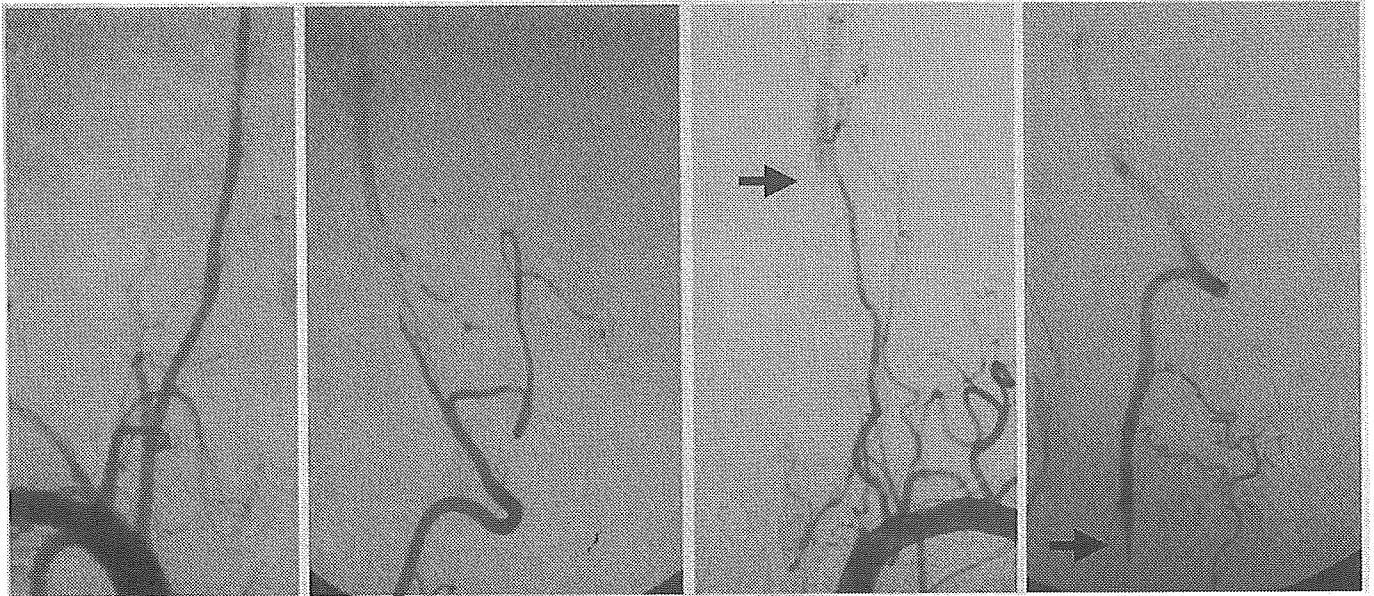


MRIにて左小脳梗塞を認める (a)。  
MRA (b), 3D-CTA (c) で左椎骨動脈  
起始部からC<sub>4</sub>レベル (矢印) までの閉  
塞を認める  
図9 椎骨動脈閉塞症例(1)

骨下動脈閉塞症の22症例に施行し、全例で開存を確認し、神経症状の改善・消失を認めた。この手術に伴う合併症は左鎖骨下動脈の露出に伴う胸管の損傷をきたした1例のみであった。従って適応を十分に検討し、安全・確実な本法による血行再建術は、頭蓋外頸動脈閉塞性病変や鎖骨下動脈閉塞性病変に対して有効な治療手段と考えられる。

頭蓋外の椎骨動脈の閉塞・狭窄病変は、しばしば脳幹部や小脳の梗塞をきたすことが知られている<sup>4)6)</sup>。しかしこの病変に対する手術適応や手術法もいまだ確立されておらず、各施設での経験からさまざまな外科治療が紹介されている<sup>4)6)7)12)</sup>。基本的には椎骨動脈起始部の狭窄病変に対しては内膜剝離術より椎骨動脈の transposition や、saphenous vein を用いた鎖骨下動脈-椎骨動脈間の short vein

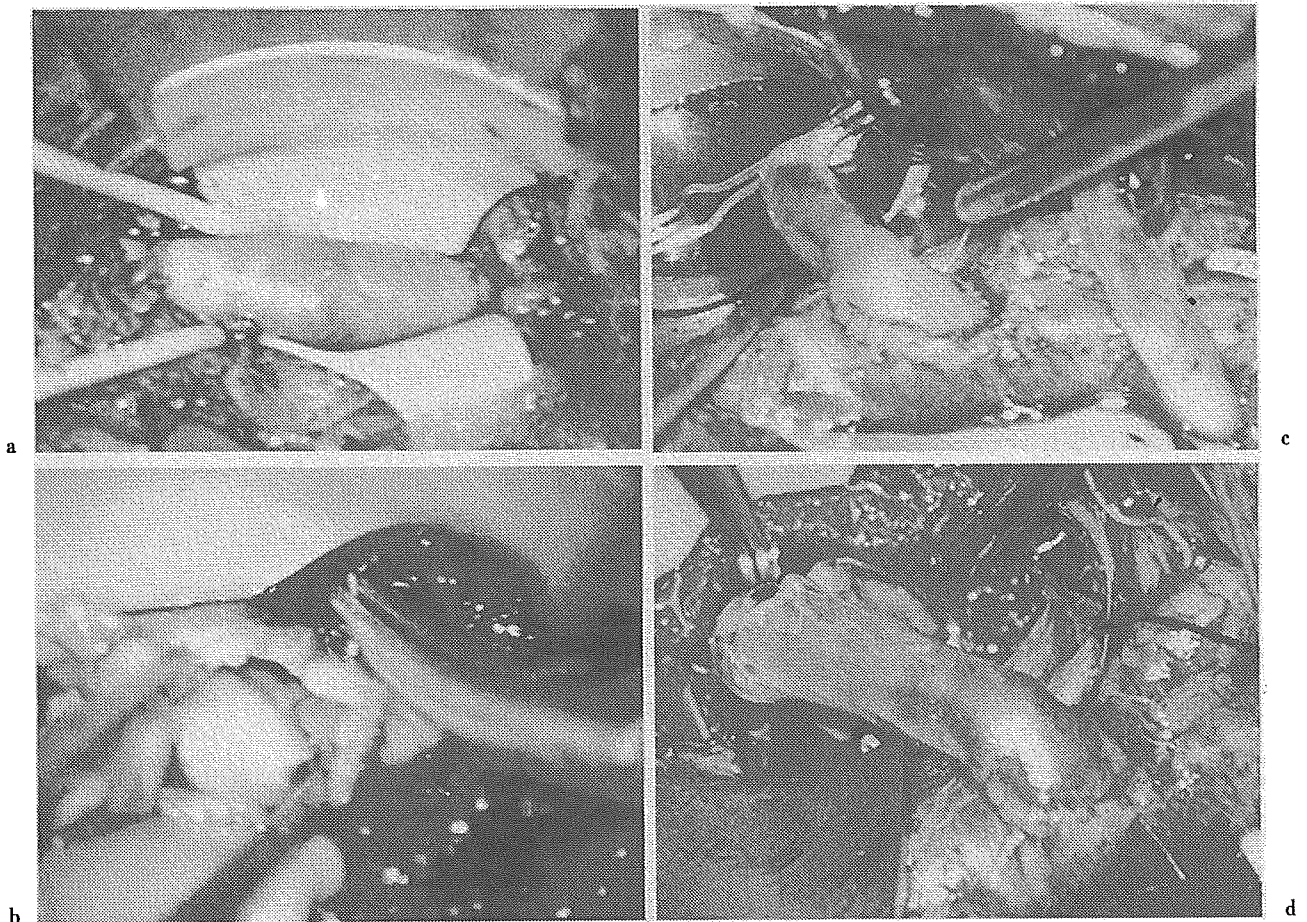
bypass が安全・確実な血行再建である。また椎骨動脈が起始部から閉塞している症例では筋肉枝などから末梢側の椎骨動脈が灌流されている場合が多く、本稿症例 (4.) のように外頸動脈と開存している末梢側の椎骨動脈間での血行再建が有用な手段である。この血行再建術においては椎骨動脈の動脈硬化性変化がどの部位まで及んでいるかを十分に把握してから recipient site を決めることが重要である。静脈片はこのような short bypass には適切なグラフトで、とくに足関節部で5cm くらいの長さのものが最適である。このグラフトは、ていねいに血管を剝離し、バイパスを行う直前に摘出し、ヘパリン加生理食塩水で100mmHg くらいの加圧で漏れないことと、スムーズな流れを確認することがポイントである。



a|b|c|d

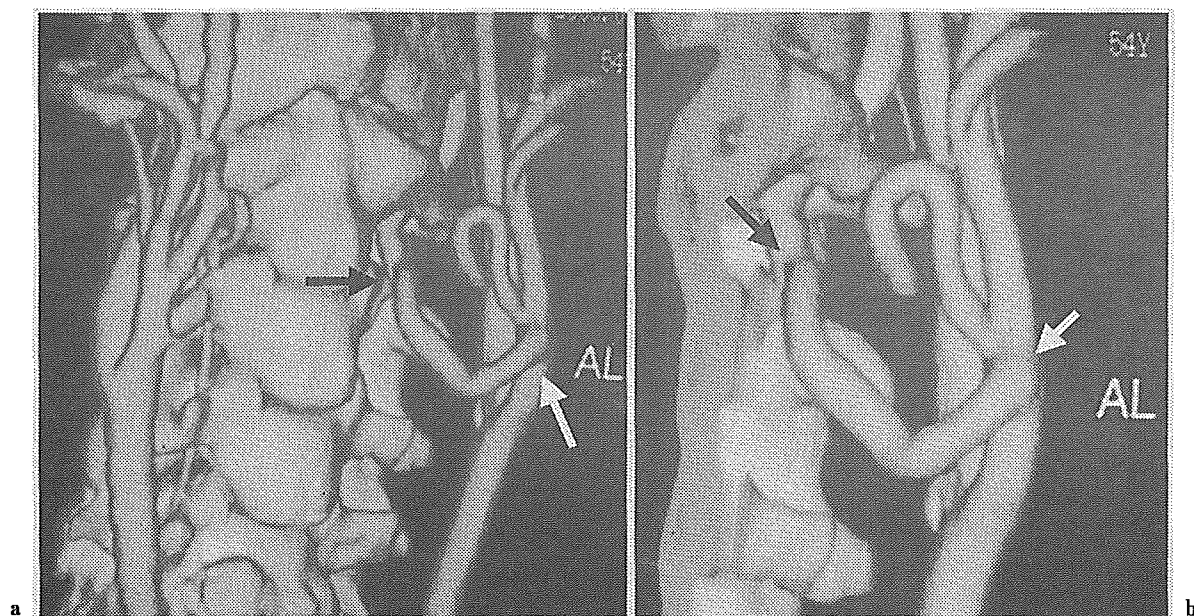
右椎骨動脈は後下小脳動脈までの灌流でとどまっている (a, b)。左椎骨動脈は C<sub>4</sub> の部位まで閉塞 (矢印) しており, 末梢側が筋肉枝からの側副路で造影されている (c, d)

図10 椎骨動脈閉塞症症例(2)



C<sub>3</sub> ~ C<sub>4</sub> 間で椎骨動脈を露出 (a) し, この部に側孔を設け静脈片と side-to-end の吻合を行う (b)。次に静脈片と左外頸動脈を side-to-end で吻合し, 左外頸動脈から左椎骨動脈間への血行再建を完成する (c, d)

図11 椎骨動脈閉塞症症例(3)



3D-CTAにて外頸動脈と椎骨動脈間の良好なバイパス(矢印)を認める(a, b)

図12 椎骨動脈閉塞症例(4)

頭蓋外脳主幹動脈病変に関する治療としては血管内治療の発展はめざましいものがある<sup>3)13)</sup>。頸部頸動脈狭窄症に対しては外科的治療(頸動脈内膜剝離術)と血管内治療(stenting)は、同等の治療成績が得られるようになってきている<sup>3)</sup>。一方鎖骨下動脈、腕頭動脈閉塞症に対しても古くから血管内治療が試みられてきたが、stentingが導入されてからの治療成績はめざましく、とくにsubclavian steal phenomenonを示している症例では頭蓋内へのdistal embolismの頻度も低いことや遠位側からのアプローチも可能であること、再狭窄も少ないことなどより有力な治療法として普及してきている<sup>13)</sup>。問題点としては閉塞部位を貫通できない症例やdissectionをきたす症例があげられるが、症例ごとに外科的治療法と比較検討を行い、集学的な治療として頭蓋外脳主幹動脈の閉塞性病変の治療を進めることが重要である。

### おわりに

頭蓋外脳主幹動脈の閉塞性病変は、動脈硬化性病変、外傷、炎症などさまざまな原因から、さまざまな部位に認められる。この病変に対しての外科的治療の指針は現時点ではないが、症候性で明らかな閉塞性病変に対しては安全・確実な外科的治療は虚血症状の改善や発作の予防に有効であり、今後血管内治療との集学的な治療の確立が期待される。

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# Cerebral Oxygen Metabolism and Neuronal Integrity in Patients With Impaired Vasoreactivity Attributable to Occlusive Carotid Artery Disease

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**Background and Purpose**—It is still unclear that impaired cerebrovascular reactivity (CVR) to acetazolamide is comparable to elevated oxygen extraction fraction (OEF) on positron emission tomography (PET) in patients with occlusive carotid diseases. Therefore, in this study, the authors aimed to clarify whether OEF is elevated in all patients with reduced cerebral blood flow (CBF) and CVR (type 3) on single photon emission computed tomography (SPECT), and, if not, to specify the underlying pathophysiology of type 3 but normal OEF.

**Methods**—This study included 46 patients who had decreased CBF and CVR on *N*-isopropyl-*p*-<sup>123</sup>I-iodoamphetamine SPECT in the ipsilateral middle cerebral artery area attributable to occlusive carotid diseases. Hemodynamic and metabolism parameters were determined in all patients by <sup>15</sup>O-gas PET, and neuronal integrity was evaluated in 19 patients using <sup>11</sup>C-flumazenil (FMZ) PET.

**Results**—OEF was significantly elevated in 20 (43.5%) of 46 type 3 patients. Another 26 type 3 patients had normal OEF. Regression analysis showed that OEF significantly correlated with cerebral metabolic rate for oxygen and <sup>11</sup>C-FMZ binding potential but not with other parameters. Subcortical infarction had no significant effect on OEF values.

**Conclusions**—The results strongly suggest that type 3 patients with reduced CBF and CVR may be divided into 2 pathophysiologically different subgroups: misery perfusion attributable to hemodynamic compromise and matched hypometabolism attributable to incomplete infarction. Type 3 but normal OEF may represent a transition stage from misery perfusion to matched hypometabolism. (*Stroke*. 2006;37:393-398.)

**Key Words:** acetazolamide ■ cerebral ischemia ■ flumazenil ■ metabolism ■ oxygen

There is increasing evidence that hemodynamically compromised patients with internal carotid artery (ICA) occlusion are at higher risk for subsequent ischemic stroke. Over these 20 years, an elevated oxygen extraction fraction (OEF) determined by positron emission tomography (PET) has been believed to represent critical reduction of cerebral perfusion pressure, named as “misery perfusion” or “stage II.”<sup>1,2</sup> Recent statistical analyses have proven that an elevated OEF can be an independent risk factor for subsequent ischemic stroke in patients with occlusive carotid artery disease.<sup>3-5</sup>

Alternatively, cerebrovascular reactivity (CVR) to CO<sub>2</sub> or acetazolamide has also been used to assess cerebral perfusion reserve in patients with occlusive carotid diseases because single photon emission computed tomography (SPECT) or cold xenon computed tomography (CT) is more widely available and can be done at lower costs than PET. Recent studies have proven that quantitative measurements of cerebral blood flow (CBF) and CVR can also be a predictor for

subsequent ischemic stroke in patients with ICA or middle cerebral artery (MCA) occlusion. Thus, Kuroda et al (2001) reported that relative risk conferred by reduced CBF and CVR (type 3) was 8.0 (95% CI, 1.9 to 34.4) for ipsilateral stroke.<sup>6</sup> Subsequently, Ogasawara et al also reported similar results.<sup>7</sup> Based on these observations, SPECT has been expected to identify misery perfusion or stage II more easily than PET if CVR is comparable to OEF.<sup>8</sup>

However, it is still controversial whether impaired CVR is directly linked to OEF elevation in patients with occlusive carotid artery diseases or not. Thus, previous studies have reported a significant correlation between OEF and CVR to acetazolamide or CO<sub>2</sub>.<sup>9-14</sup> However, the number of patients included in these studies was not so large, and their hemodynamic and metabolic parameters varied widely among the subjects. On the other hand, recent study has shown that ≈40% of patients with reduced CVR have normal OEF when both parameters are evaluated in each patient.<sup>15</sup> The issue is

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quite important because there may be a significant difference in sensitivity for detecting the patients at higher risk for subsequent stroke between CVR and OEF.

On the other hand,  $^{11}\text{C}$ -flumazenil (FMZ) PET has been accepted as a noninvasive, variable tool to investigate neuronal integrity because FMZ is a specific ligand to the central type of benzodiazepine receptors that are exclusively localized in the neurons. Recent studies have shown that  $^{11}\text{C}$ -FMZ PET can detect ischemia-induced selective neuronal necrosis that is not visible on either CT or MRI.<sup>16,17</sup>

Therefore, in this study, the authors aimed to clarify whether OEF is elevated in all patients who are diagnosed as type 3 on SPECT, and, if not, to specify the underlying pathophysiology of normal OEF in spite of type 3. For this purpose, the authors measured the parameters for oxygen metabolism and for neuronal integrity in type 3 patients with occlusive, using  $^{15}\text{O}$ -gas and  $^{11}\text{C}$ -FMZ PET, respectively.

## Subjects and Methods

### Patients

The present study included a total of 46 patients who were admitted to our hospital between January 1999 and December 2004. All of them met the following criteria: (1) severe stenosis (>90%) or occlusion of the ipsilateral ICA or MCA; (2) no or, if any, small infarction on MRI; and (3) reduced CBF and CVR to acetazolamide in the ipsilateral MCA territory on [ $^{123}\text{I}$ ]-*N*-isopropyl-*p*-iodoamphetamine ( $^{123}\text{I}$ -IMP) SPECT (see below). There were 36 men and 10 women with a mean age of 68.2 years (range 48 to 79 years). Their clinical symptoms included transient ischemic attack or amaurosis fugax in 18 patients and minor completed stroke (Rankin score 1 or 2) in 25. The other 3 patients were asymptomatic. Digital subtraction angiography showed ICA occlusion in 27 patients, ICA severe stenosis in 8, MCA occlusion in 5, and MCA severe stenosis in 6. All studies were performed  $\geq 4$  weeks after the last ischemic episode because the studies in an earlier period might affect the correct interpretation of the data.<sup>18</sup>

### SPECT Measurements

All patients were scanned with a triple-head  $\gamma$  camera (GCA-9300/DI; Toshiba) to determine CBF and CVR to acetazolamide, as described previously.<sup>16</sup> Briefly, quantitative blood flow was determined by using the  $^{123}\text{I}$ -IMP injection and single-scan autoradiographic technique. CBF was quantitatively measured before and 15 minutes after intravenous injection of 10 mg/kg acetazolamide on the separate days with an interval of 2 to 3 days. To evaluate cerebral hemodynamics, 10-mm diameter circular regions of interest (ROIs) were symmetrically placed in the ipsilateral and contralateral MCA territories. As described previously,<sup>6,18,19</sup> CVR to acetazolamide was quantitatively calculated as:  $\text{CVR} (\%) = 100 \times (\text{CBF}_{\text{ACZ}} - \text{CBF}_{\text{rest}}) / \text{CBF}_{\text{rest}}$ , where  $\text{CBF}_{\text{rest}}$  and  $\text{CBF}_{\text{ACZ}}$  represent CBF before and after intravenous injection of acetazolamide, respectively. Normal control values of CBF (mean  $\pm$  SD =  $38.1 \pm 5.4$  mL/min per 100 g) and CVR ( $30.0 \pm 8.0\%$ ) in

the MCA territory were obtained from 10 normal volunteers free of cerebrovascular disease. The values were rated as reduced when any of them were less than mean  $-2$  SD. Thus, in the current study, patients were judged as type 3 when CBF was  $< 27$  mL/min per 100 g and CVR was  $< 14\%$ .<sup>16</sup>

### PET Measurements

All patients were scanned with ECAT EXACT HR+ (Siemens) as described previously.<sup>16</sup> The intervals between SPECT and PET measurements were within 2 weeks. One-minute inhalation of  $^{15}\text{O}$ -CO (2 GBq/min) followed by 3-minute static scanning and 3-time arterial blood sampling were performed to measure cerebral blood volume (CBV). After 15-minute inhalation of  $^{15}\text{O}$ -O<sub>2</sub> (0.5 GBq/min), a steady-state O<sub>2</sub> image was scanned and 3-time arterial blood sampling was performed for 5 minutes to measure OEF and cerebral metabolic rate for oxygen (CMRO<sub>2</sub>). Finally, to determine CBF, steady-state CO<sub>2</sub> image was scanned and 3-time arterial blood sampling was performed for 5 minutes after 15-minute inhalation of  $^{15}\text{O}$ -CO<sub>2</sub> (0.5 GBq/min). Normal PET values were obtained from 10 volunteers: CBF,  $44 \pm 4$  mL/min per 100 g; CMRO<sub>2</sub>,  $3.3 \pm 0.6$  mL/min per 100 g; CBV,  $3.7 \pm 0.7$  mL/min, and OEF,  $0.43 \pm 0.05$  (mean  $\pm$  SD). Each PET parameter was obtained using 10-mm diameter circular ROIs. The values were rated as decreased when any of them were less than mean  $-2$  SD and rated as increased when any of them were more than mean  $+2$  SD.

The dynamic FMZ PET was studied in 19 of 46 patients at the same time that  $^{15}\text{O}$ -gas PET was performed, as reported previously.<sup>16</sup> Briefly, the injected dose of  $^{11}\text{C}$ -FMZ was 370 MBq for each patient. The binding potential (BP) images were calculated pixel by pixel using the reference tissue model.<sup>20</sup>

### Data Analysis

To evaluate various parameters obtained from  $^{123}\text{I}$ -IMP SPECT,  $^{15}\text{O}$ -gas PET, and  $^{11}\text{C}$ -FMZ PET, the SPECT and PET images were automatically coregistered to axial T1-weighted MRI images. The SPECT, PET, and MRI images were registered using fully automatic multimodality image registration algorithm on Unix-based workstation (Indigo 2; SGI Inc.).<sup>21</sup>

All data were expressed as mean  $\pm$  SD. The data between 2 groups were compared by use of  $\chi^2$  test or paired *t* test as appropriate. Differences with a *P* value of  $< 0.05$  were considered statistically significant.

## Results

### $^{15}\text{O}$ PET Parameters

CBF, CBV, CMRO<sub>2</sub>, and OEF in type 3 patients are shown in the Table. There were significant differences in CBF, CMRO<sub>2</sub>, and OEF between the ipsilateral and contralateral MCA areas. However, there was no significant difference in CBV between them.

Relationships between OEF and other PET parameters were analyzed in the ipsilateral hemispheres (Figure 1). There was no significant correlation between OEF and CBF ( $R^2 = 0.001$ ;

**Quantitative Data of Hemodynamic and Metabolic Parameters in the Ipsilateral and Contralateral MCA Areas in Type 3 Patients**

	Type 3 Patients			Control Value
	Ipsilateral MCA Area	Contralateral MCA Area	Significance	
n	46	46		10
CBF, mL/100 g/min	24.8 $\pm$ 4.5	31.9 $\pm$ 6.3	<i>P</i> < 0.0001	44.0 $\pm$ 4.0
CBV, mL/100 g	4.2 $\pm$ 1.1	3.8 $\pm$ 1.1	NS	3.70 $\pm$ 0.70
CMRO <sub>2</sub> , mL/100 g/min	1.98 $\pm$ 0.48	2.27 $\pm$ 0.48	<i>P</i> = 0.0045	3.30 $\pm$ 0.60
OEF	0.46 $\pm$ 0.09	0.40 $\pm$ 0.05	<i>P</i> < 0.0001	0.43 $\pm$ 0.05

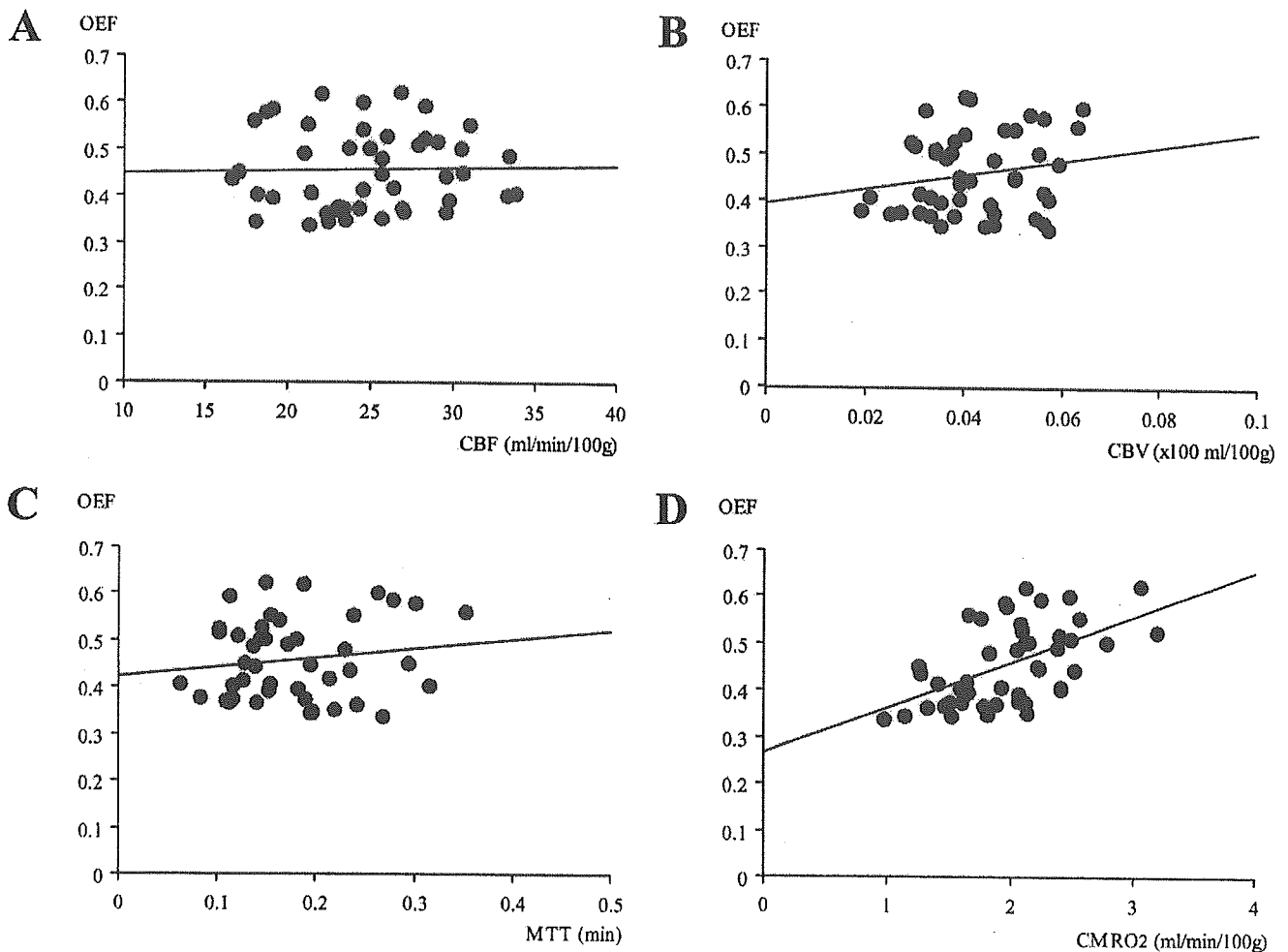


Figure 1. Regression analysis of the relationships between OEF and CBF (A), CBV (B), MTT (C), or  $\text{CMRO}_2$  (D) in 46 type 3 patients.

$P=0.841$ ), between OEF and CBV ( $R^2=0.041$ ;  $P=0.1794$ ), or between OEF and mean transit time (MTT;  $R^2=0.023$ ;  $P=0.3169$ ). On the other hand, there was significant, positive correlation between OEF and  $\text{CMRO}_2$  ( $R^2=0.081$ ;  $P=0.006$ ).

Then the values of OEF,  $\text{CMRO}_2$ , and CBV were evaluated in each patient. Although OEF was significantly higher in the ipsilateral MCA area than in the contralateral side, OEF was significantly elevated in only 20 (43.5%) of 46 patients. OEF was kept within normal limits in the other 26 patients (Figure 2).

$\text{CMRO}_2$  was significantly higher in patients with elevated OEF than in those with normal OEF:  $2.26 \pm 0.41$  and  $1.78 \pm 0.42$  mL/100 g per minute, respectively ( $P=0.0002$ ; Figure 3). Of 20 patients with elevated OEF, 14 (70%) had normal  $\text{CMRO}_2$  and the other 6 (30%) had decreased  $\text{CMRO}_2$  ( $<2.1$  mL/100 g per minute). On the other hand, of 26 patients with normal OEF, 7 (26.9%) had normal  $\text{CMRO}_2$  and the other 19 (73.1%) had decreased  $\text{CMRO}_2$ . Thus, normal  $\text{CMRO}_2$  was more frequently observed in patients with elevated OEF than in those with normal OEF ( $P=0.0032$ ; Figure 3).

There was no significant difference in CBV between patients with elevated OEF and with normal OEF:  $4.4 \pm 1.1$  and  $4.0 \pm 1.1$  mL/100 g, respectively ( $P=0.2357$ ; Figure 3). However, of 20 patients with elevated OEF, 9 (45%) had increased CBV. Of 26 patients with normal OEF, only 4

(15.4%) had increased CBV. As the result, increased CBV was more frequently denoted in patients with elevated OEF than in those with normal OEF ( $P=0.0264$ ; Figure 3).

#### $^{11}\text{C}$ -FMZ Binding Potential

To evaluate the neuronal integrity in patients with type 3 ischemia,  $^{11}\text{C}$ -FMZ PET was performed in 19 (41.3%) of 46 patients. The relationships between the ratio of the ipsilateral to contralateral  $^{11}\text{C}$ -FMZ BP and metabolic parameters were analyzed. There was a significant, positive correlation between the ratio and OEF ( $R^2=0.507$ ;  $P=0.0006$ ; Figure 4). The ratio also significantly correlated with  $\text{CMRO}_2$  ( $R^2=0.324$ ;  $P=0.011$ ).

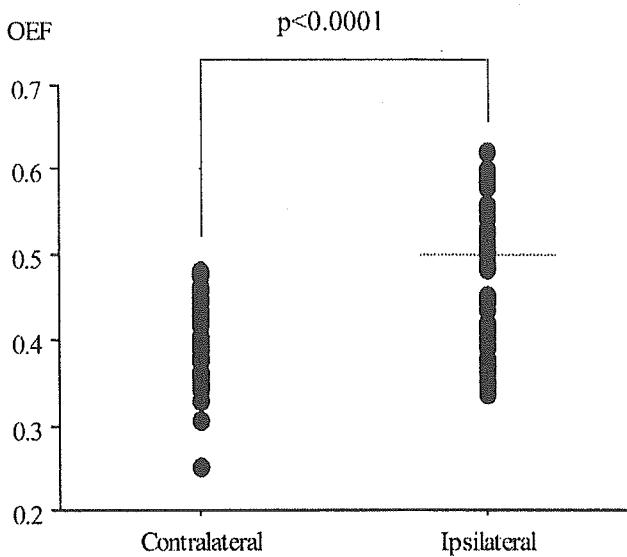
#### MRI

Using T2-weighted MRI, the localization of cerebral infarction was evaluated to clarify its effects on cerebral oxygen metabolism and neuronal integrity. Subcortical infarction in the ipsilateral hemisphere was found in 7 of 20 patients with elevated OEF and in 16 of 26 patients with normal OEF. There was no significant effect of subcortical infarction on OEF value in type 3 patients ( $\chi^2$  test  $P=0.0743$ ).

#### Discussion

The present results revealed that hemodynamic and metabolic parameters in type 3 patients are not uniform, and that they

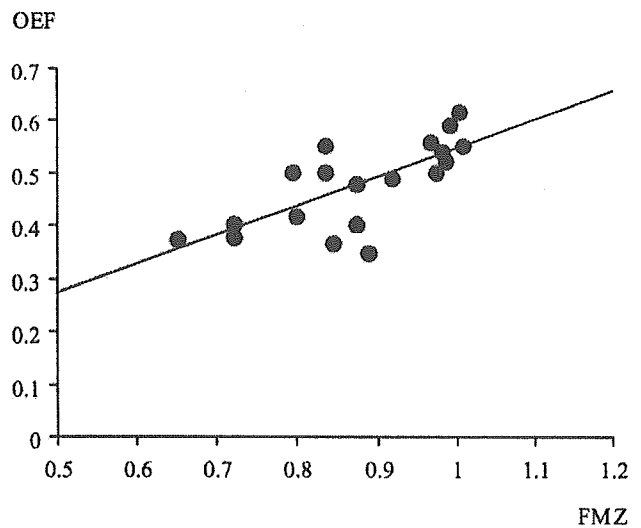




**Figure 2.** Plot of OEF values in the ipsilateral and contralateral hemisphere of type 3 patients. Dotted line indicates the upper limit of normal OEF value.

can be largely classified into 2 subgroups according to OEF value. OEF was significantly elevated in ≈40% of type 3 patients and was within normal limits in the others, indicating that type 3 is not always identical to misery perfusion or stage II. CMRO<sub>2</sub> was significantly higher in patients with elevated OEF than in those with normal OEF (Figure 3A) and significantly correlated with OEF (Figure 1D). Therefore, OEF may depend on the metabolic demand in the ischemic tissue.

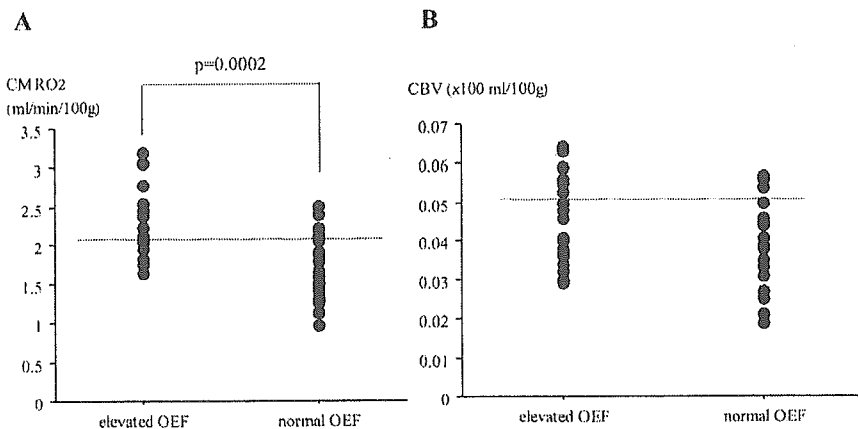
As the next step, <sup>11</sup>C-FMZ BP and the localization of cerebral infarction were evaluated to specify the underlying pathophysiology of CMRO<sub>2</sub> reduction in the area with type 3 but normal OEF. Subcortical infarction in the ipsilateral hemisphere was not directly related to type 3 but normal OEF, although previous reports suggested its involvement.<sup>15</sup> However, there was a significant correlation between OEF and the <sup>11</sup>C-FMZ BP in type 3 patients. Because  $\gamma$ -aminobutyric acid receptors are abundant in the cortex and sensitive to ischemic damage, the specific ligand to their subunits, the central type of benzodiazepine receptors, has been used as a marker of preserved morphological integrity. Garcia et al emphasized the importance of selective neuronal necrosis



**Figure 4.** Regression analysis of the relationship between OEF and the BP for <sup>11</sup>C-FMZ in 19 type 3 patients.

(incomplete infarction) in human stroke as a pathologic entity.<sup>17</sup> Recently, the authors demonstrated that CMRO<sub>2</sub> and <sup>11</sup>C-FMZ BP were reduced to ≈80% of the contralateral side, but there was no significant side-to-side difference in CBV and OEF in patients with reduced CBF and normal CVR (type 4) and concluded that type 4 represents oxygen hypometabolism attributable to ischemia-related selective neuronal damage.<sup>16</sup> Previous studies have shown that the patients with type 4 may not be at high risk for subsequent stroke when medically treated.<sup>6,18</sup> The PET parameters in patients with type 3 ischemia but normal OEF are quite similar to those in the patients with type 4.

Based on these observations, type 3 may include 2 pathophysiologically different conditions: misery perfusion (or stage II ischemia) attributable to hemodynamic compromise, and matched hypometabolism attributable to incomplete infarction. Although the authors have simply graded cerebral hemodynamics of the patients with occlusive carotid artery diseases into 4 types, type 3 should be subdivided into “true type 3,” with elevated OEF, and “type 3.5,” with normal OEF, in discussing their pathophysiology and long-term prognosis. It is obscure why CVR is impaired in patients with type 3 but normal OEF. As Yamauchi et al pointed out, such



**Figure 3.** Plots of ipsilateral values of CMRO<sub>2</sub> (A) and CBV (B) in patients with elevated and normal OEF. Dotted lines indicate the lower limit of normal CMRO<sub>2</sub> value (A) and the upper limit of normal CBV value (B).

patients may have complex hemodynamic and metabolic changes in response to both reduced perfusion pressure and ischemic tissue damage.<sup>14</sup>

Present results mirror previous descriptions, that is, using <sup>133</sup>xenon inhalation method and SPECT, the authors divided 32 patients with ICA occlusion into 4 types and serially measured CBF and CVR after superficial temporal artery to MCA anastomosis. Seven patients were diagnosed as having type 3 before surgery. The CVR normalized in all type 3 patients, suggesting postoperative improvement of cerebral perfusion reserve. But CBF returned to normal range in 3 (42.8%) of 7 type 3 patients. As the result, SPECT parameters altered from type 3 to type 4 in other 4 patients.<sup>18</sup> Furthermore, they recently assessed long-term prognosis of 77 patients who were medically treated because of ICA or MCA occlusion. Of 11 type 3 patients, 4 (36.4%) developed ipsilateral ischemic stroke during follow-up periods.<sup>6</sup> The present results may explain these varieties in type 3 patients.

However, as recent studies have clarified, hemodynamic and metabolic responses to reduced perfusion pressure are not so simple. Patients with "classic" misery perfusion (elevated OEF and CBV) are at highest risk for subsequent stroke.<sup>22</sup> However, CBV changes widely vary in patients with occlusive carotid artery disease. This study also showed that CBV widely varied in spite of OEF values. Further studies would clarify the CBV responses to chronic cerebral ischemia more precisely.

This study showed that type 3 is not equal to misery perfusion. However, SPECT and acetazolamide test are still useful modalities because they can simply select the patients at higher risk for subsequent ischemic stroke at lower costs than PET, as described previously.<sup>6,7</sup> Thus, it is very valuable to establish the methodology to detect misery perfusion more efficiently with the use of SPECT because PET is not widely available. Based on a significant linear correlation between OEF and <sup>11</sup>C-FMZ BP in this study, the authors propose to evaluate whether <sup>123</sup>I-iomazenil (IMZ) SPECT can detect misery perfusion or stage II ischemia in type 3 patients more efficiently. <sup>123</sup>I-IMZ is an alternative benzodiazepine receptor ligand for SPECT and has been reported that a reduction of its binding reflects oxidative hypometabolism caused by neuronal damage in hemodynamically impaired areas in patients with cerebrovascular disease.<sup>23-25</sup> Therefore, SPECT may be able to identify the patients with misery perfusion by measuring CVR and <sup>123</sup>I-IMZ binding, if the results on <sup>123</sup>I-IMZ SPECT are comparable to those on <sup>11</sup>C-FMZ PET in patients with occlusive carotid artery diseases.

## Conclusion

Previous studies have shown that type 3 (reduced CBF and CVR) as well as elevated OEF is statistically independent predictors for subsequent stroke in patients with occlusive carotid artery diseases.<sup>3,4,6,26</sup> However, this study clearly showed that OEF was elevated in ≈40% of patients with reduced CBF and CVR (type 3). Significant, positive linear relationships were observed between OEF and CMRO<sub>2</sub> and between OEF and <sup>11</sup>C-FMZ BP. Type 3 may include 2 pathophysiologically different conditions: misery perfusion (or stage II) attributable to hemodynamic compromise and

matched hypometabolism attributable to incomplete infarction. Further studies would be necessary to define the SPECT parameter to select the patients at higher risk for subsequent stroke more specifically.

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# Incidence and Clinical Features of Disease Progression in Adult Moyamoya Disease

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**Background and Purpose**—The progression of occlusive lesions in the major intracranial arteries was believed to be very rare in adult patients with moyamoya disease. The present study aims to clarify the incidence and clinical features of disease progression in adult moyamoya disease.

**Methods**—For the past 15 years, 120 adult Japanese patients were diagnosed with moyamoya disease. Of these, 63 patients were enrolled in this historical prospective cohort study on a total of 86 nonoperated hemispheres. All were followed up with a mean period of 73.6 months. MRI and magnetic resonance angiography were repeated every 6 to 12 months, and cerebral angiography was performed when disease progression was suspected on MRI and magnetic resonance angiography.

**Results**—Disease progression occurred in 15 of 86 nonoperated hemispheres (17.4% per hemisphere) or in 15 of 63 patients (23.8% per patient) during the follow-up period. Occlusive arterial lesions progressed in both anterior and posterior circulations, in both symptomatic and asymptomatic patients, and in both bilateral and unilateral types. Eight of 15 patients developed ischemic or hemorrhagic events in relation to disease progression. Multivariate analysis revealed that the odds ratio conferred by a male patient was 0.20 (95% CI, 0.04 to 0.97).

**Conclusions**—The incidence of disease progression in adult moyamoya disease is much higher than recognized before, and female patients may be at higher risk for it than male patients. Careful follow-up would be essential to prevent additional stroke occurrence in medically treated adult patients with moyamoya disease, even if they are asymptomatic or are diagnosed as having unilateral moyamoya disease. (*Stroke*. 2005;36:2148-2153.)

**Key Words:** adult ■ cerebral ischemia ■ disease progression ■ moyamoya disease

Moyamoya disease is characterized by progressive occlusion of the bilateral carotid forks associated with a fine vascular network at the base of brain, the “moyamoya” vessels.<sup>1</sup> The posterior cerebral artery is also involved in ≈30% of patients with moyamoya disease.<sup>2</sup> Both children and adults develop moyamoya disease, but their clinical features often differ. Thus, although most pediatric patients develop transient ischemic attack (TIA) or cerebral infarction, about half of adult patients experience intracranial bleeding. In addition, the occlusive lesions in the carotid forks frequently progress in pediatric patients, although it is believed quite rare in adult patients.<sup>3,4</sup> Only 8 cases have previously been reported to demonstrate the progression of occlusive lesions in adult patients with moyamoya disease.<sup>3,5-11</sup> However, there is no report that precisely denoted the incidence and features of stage progression in a large population of adult patients with moyamoya disease.

On the other hand, the recent development of a noninvasive diagnostic technique, magnetic resonance angiography (MRA), has clarified that the prevalence of asymptomatic

adult patients with moyamoya disease is much higher than considered before.<sup>12</sup> However, the guideline for the management of asymptomatic adult moyamoya disease has not been established, even in Japan.<sup>12-14</sup> The natural course of adult moyamoya disease should also be elucidated in order to determine appropriate therapeutic strategies for asymptomatic patients. Therefore, in this study, we aimed to clarify the incidence and clinical features of disease progression in adult moyamoya disease.

## Materials and Methods

### Patients and Follow-Up

This study included 120 adult patients who were diagnosed with moyamoya disease at Hokkaido University Hospital and its affiliate hospitals in Sapporo between 1990 and 2004. All of them were >20 years of age at onset and were diagnosed with moyamoya disease based on the guidelines for the diagnosis of moyamoya disease set by the Research Committee on Moyamoya Disease (Spontaneous Occlusion of the Circle of Willis) of the Ministry of Health and Welfare of Japan. Of these 120 patients, 6 (5%) were deceased because of severe intracranial bleeding within 1 month after the onset. Using

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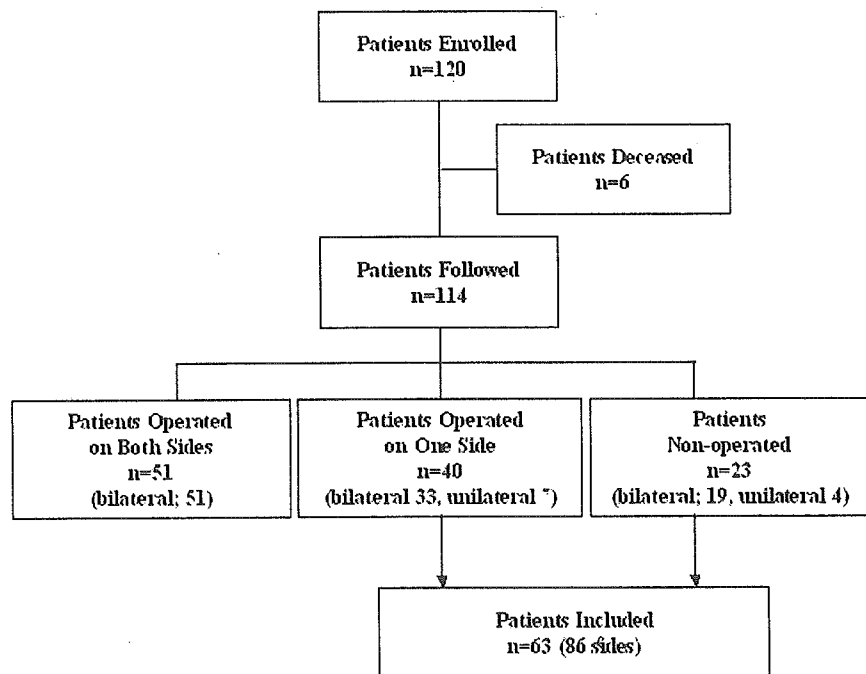


Figure 1. Diagram of adult patients with moyamoya disease included in this study.

<sup>133</sup>xenon or <sup>123</sup>I-IMP single photon emission computed tomography, cerebral blood flow and its reactivity to acetazolamide were quantitatively measured in all of the patients at least 4 weeks after the onset.<sup>15-18</sup> The involved hemisphere was considered as the candidate for surgical revascularization when it had impaired reactivity to acetazolamide.<sup>15-18</sup> As a result, surgical revascularization was performed on 142 sides of 91 patients. Fifty-one patients underwent surgical revascularization on both sides. On the other hand, 40 patients underwent it on 1 side. Surgical procedures included superficial temporal artery to middle cerebral artery anastomosis combined with encephalo-myelo-synangiosis or encephalo-duro-arterio-myelo-synangiosis in all of these patients.<sup>19</sup> The other 23 patients were medically treated according to the above-mentioned criteria or patients' request. Therefore, we enrolled 63 patients in this study, for a total of 86 nonoperated sides, and evaluated their natural course (Figure 1). There were 23 male and 40 female patients. Of these, 52 patients were diagnosed with typical "bilateral" moyamoya disease (definite cases). The other 11 patients were diagnosed with "unilateral" moyamoya disease (probable cases). Their mean age at onset was  $46.7 \pm 10.8$  years. Their clinical type included ischemic type in 28 patients, bleeding type in 24, and asymptomatic in 11.

All 63 patients included in the present study were followed up in the outpatient clinic at Hokkaido University Hospital or its affiliate hospitals. The mean follow-up period was  $73.6 \pm 49.0$  months, ranging from 7 to 181 months. Both MRI and MRA were performed every 6 or 12 months, using a 1.5-T whole-body magnetic resonance imager. When the progression of the occlusive lesion in the major intracranial arteries was suspected, digital subtraction angiography was performed to verify it. Occlusive lesions in the carotid forks were graded according to Suzuki's angiographical staging.<sup>1</sup>

### Statistical Analysis

To clarify the predictors of disease progression in adult moyamoya disease, primary comparisons were performed between the patients with and without disease progression. Categorical variables were compared by using a  $\chi^2$  test. Continuous variables were expressed as percentage or as mean  $\pm$  SD, and were compared by using the unpaired Student *t* test. Differences were considered to be statistically significant if the *P* value was  $<0.05$ . Subsequently, a multivariate logistic regression model was conducted to test the effect of gender, onset age, disease type, symptoms at onset, and previous surgery on disease progression. The statistical level of significance

was also set at  $P < 0.05$ . Statistical analysis was completed with StatView version 5.0 (SAS Institute Inc.).<sup>20</sup>

## Results

### Characteristics of Stage Progression

During follow-up periods, the occlusive lesions in the major intracranial arteries progressed in 15 of 86 sides (17.4% per hemisphere) or in 15 of 63 patients (23.8% per patient). Disease progression was verified in 2 men and 13 women, and their age at onset was  $46.9 \pm 8.2$  years (range, 32 to 60 years). Their symptoms at onset included TIA or cerebral infarction in 9 patients and intracranial bleeding in 4. The remaining 2 patients were asymptomatic when they were diagnosed with moyamoya disease.

Disease progression occurred in 4 of 11 patients (36.4%) with unilateral moyamoya disease and in 11 of 52 patients (21.2%) with bilateral moyamoya disease. Thus, the carotid fork of the contralateral side was involved in 4 patients with unilateral moyamoya disease, which meant progression from unilateral to bilateral type. The interval between their onset and disease progression varied from 1.5 to 8 years ( $60.0 \pm 36.3$  months). All of the patients were women. In relation to the progression from unilateral to bilateral type, TIA or intracranial bleeding occurred in 3 patients, and a single photon emission tomography study revealed the deterioration of cerebral hemodynamics in another (case 3). All of them underwent additional bypass surgery (Table 1). On the other hands, 8 of 52 patients with bilateral moyamoya disease showed the progression of the occlusive lesion in the carotid fork. The other 3 patients with bilateral moyamoya disease developed an additional occlusive lesion in the posterior cerebral artery (PCA) during follow-up periods (Table 2). The interval between their onset and disease progression was  $28.4 \pm 26.3$  months, ranging from 1 month to 8 years, and was significantly shorter in patients with bilateral moyamoya

**TABLE 1. Clinical Features of 4 Adult Patients Who Showed the Progression From Unilateral to Bilateral Moyamoya Disease**

Case	Age/Gender	Onset			Progression		
		Symptom	Involved Side	Bypass Surgery	Symptom	Additional Side	Interval (yr)
1	52F	Bleeding	Rt	None	Bleeding	Lt	7
2	44F	Infarct	Lt	Lt	TIA	Rt	3.5
3	33F	Bleeding	Rt	Rt	None	Lt	8
4	45F	TIA	Lt	Lt	TIA	Rt	1.5

Rt indicates right; Lt, left.

disease than in those with unilateral moyamoya disease ( $P=0.0123$ ). In relation to the disease progression, TIA or cerebral infarction occurred in 5 patients, and cerebral hemodynamics worsened in another 2 (cases 5 and 14). Subsequently, 8 patients underwent bypass surgery.

### Independent Predictor of Disease Progression

The effects of various clinical factors on disease progression are shown in Table 3. The patients with and without disease progression were categorized into the progression group ( $n=15$ ) and stable group ( $n=48$ ), respectively. As the results of univariate analysis, there was no significant difference in onset age, disease type, symptoms at onset, and previous bypass surgery between the 2 groups. However, disease progression was noted in 13 of 40 female patients (32.5%), but in 2 of 23 male patients (8.7%), revealing that the incidence of disease progression was significantly higher in female patients than in male patients ( $\chi^2$  test,  $P=0.0327$ ).

As the next step, multivariate logistic regression analysis showed that patients' gender was an independent predictor of disease progression during follow-up periods ( $P=0.0463$ ). The odds ratio conferred by a male patient was 0.20 (95% CI, 0.04 to 0.97) for disease progression (Table 3).

### Illustrative Cases

#### Case 14

A 50-year-old female experienced minor head injury because of a traffic accident in March 2001. Because brain MRI and

MRA studies strongly suggested the presence of moyamoya disease, cerebral angiography was performed. Right carotid angiography showed the stenosis of the right anterior cerebral artery (Figure 2a). The left cerebral angiography revealed marked stenosis of the left internal carotid artery and middle cerebral artery associated with mild dilatation of the lenticulostriate arteries (Figure 2b). Although she was still asymptomatic, follow-up cerebral angiography in March 2004 showed progression of an occlusive lesion on the left side (Figure 2c). Single photon emission tomography studies also revealed the reduction of cerebral blood flow and its reactivity to acetazolamide. She underwent superficial temporal artery to middle cerebral artery anastomosis and encephaloduro-arterio-myo-synangiosis. Postoperative course was uneventful.

#### Case 15

A 56-year-old female was admitted to our hospital because of a severe headache and consciousness disturbance in March 1996. Plain computed tomography scans revealed intracerebral hematoma in the right putamen (Figure 3a). Cerebral angiography on admission showed the marked stenosis of the bilateral carotid forks. The posterior cerebral arteries were intact. She was diagnosed with moyamoya disease. She completely recovered and was medically followed up because she and her family did not want surgical revascularization. The brain MRI and MRA were annually repeated at an outpatient clinic. Although the posterior cerebral arteries

**TABLE 2. Clinical Features of 11 Adult Patients With Bilateral Moyamoya Disease Showing the Progression of Occlusive Lesion in the Major Intracranial Arteries**

Case	Age/Gender	Onset			Progression		
		Symptom	Symptomatic Side	Bypass Surgery	Symptom	Progressed Lesion	Interval
5	53F	TIA	Rt	Rt	None	Lt PCA	2 y
6	37F	TIA	Lt	Lt	Infarct	Rt (2 → 4)	2 y
7	50F	TIA	Rt	Rt	None	Lt (2 → 4)	3 y
8	55M	None		None	Infarct	Lt (2 → 4)	3 y
9	48M	Bleeding	Lt	None	Infarct	Lt (3 → 4)	1 mo
10	32F	TIA	Lt	None	None	Lt (2 → 3)	3 mo
11	50F	Infarct	Lt	None	None	Lt (2 → 3)	9 mo
12	60F	TIA	Rt	Rt	Infarct	Lt PCA	11 mo
13	41F	TIA	Lt	None	TIA	Rt (3 → 4)	3 y
14	50F	None		None	None	Lt (3 → 4)	3 y
15	54F	Bleeding	Rt	None	None	Rt PCA	8 y

Occlusive lesions in the carotid forks were graded according to Suzuki's angiographical staging; Rt indicates right; Lt, left.

**TABLE 3. Clinical Features of the Patients With Stage Progression of Adult Moyamoya Disease (Progression Group) and Without (Stable Group)**

Variables	Progression Group	Stable Group	Univariate Analysis	Multivariate Analysis	Odds Ratio (95% CI)
No. of patients	15	48			
Gender					
Male	2	21	<i>P</i> =0.0327	<i>P</i> =0.0463	0.20 (0.04–0.97)
Female	13	27			
Age at onset (y)	46.9±8.2	47.0±9.9	<i>P</i> =0.9754		
Disease type					
Bilateral	11	41	<i>P</i> =0.2819		
Unilateral	4	7			
Symptoms at onset					
Ischemia	9	19	<i>P</i> =0.3793		
Bleeding	4	20			
Asymptomatic	2	9			
Bypass surgery					
Yes	7	33	<i>P</i> =0.1210		
No	8	15			

Continuous data are expressed as mean±SD.

were intact in March 2004 (Figure 3b), a marked stenosis developed in the right posterior cerebral artery in March 2005 (Figure 3c).

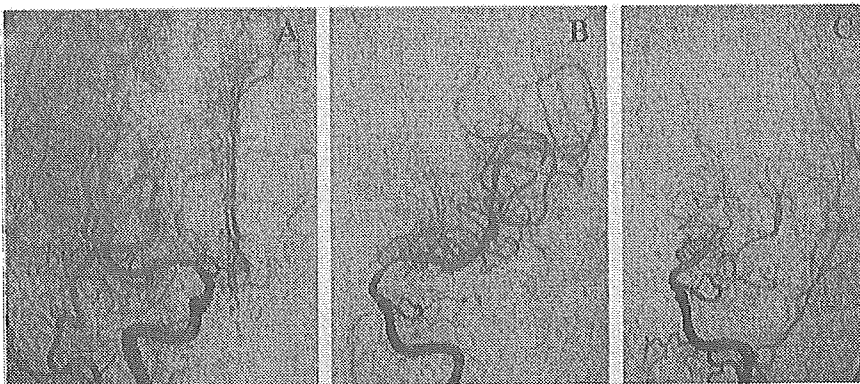
### Discussion

This study is the first to focus on clinical manifestations of the progression in the major intracranial arteries in a large population of patients with adult moyamoya disease. The results clearly showed that the incidence of disease progression was ≈20% in adult patients with moyamoya disease, which is higher than what was considered before. Disease progression occurred in both unilateral and bilateral moyamoya disease, in both anterior and posterior circulation, and in both symptomatic and asymptomatic patients. An ischemic or hemorrhagic episode was noted in more than half of patients when the occlusive lesions progressed. Multivariate analysis revealed that female patients had a higher risk of disease progression than male patients.

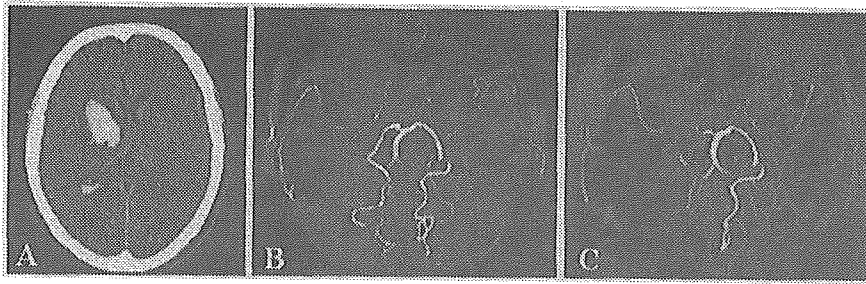
As described above, the disease progression in adult moyamoya disease has previously been recognized as very rare, and 8 patients have been reported to exhibit it as case reports.<sup>3,5–11</sup> In addition, Kawano et al<sup>21</sup> reported 4 adult patients who showed

progression from unilateral to bilateral type in their series of 64 cases with unilateral moyamoya disease, although their clinical data were limited. Clinical information of these 12 patients is summarized in Table 4. Thus, the occlusive lesions in the carotid fork advanced in both sides or in the nonoperated side in 4 adult patients with bilateral moyamoya disease.<sup>3,6–8</sup> In addition, unilateral moyamoya disease has been reported to progress to bilateral type in 8 adult patients.<sup>5,9–11,21</sup> As shown in this study, disease progression occurred within 1 year after the onset in 2 of 4 patients with bilateral moyamoya disease, whereas it occurred 1 to 6 years after the onset in patients with unilateral moyamoya disease. When analyzing 8 patients with sufficient clinical information (case 1 to 5 and 10 to 12), 3 developed ischemic or hemorrhagic episode because of disease progression. Gender difference was not observed in these 8 cases, which is different from the present result. It may result from the difference of patients' background among the studies. However, Kawano et al<sup>21</sup> reported female predominance in patients with unilateral moyamoya disease showing progression to a bilateral type, correlating well with the present result.

Unilateral moyamoya disease accounts for ≈20% of all of the moyamoya disease in Japan.<sup>22</sup> According to previous surveys,



**Figure 2.** Right (a) and left internal carotid angiograms (b and c) of a 50-year-old woman (case 14), showing progression of an occlusive lesion in the left carotid fork during 3-year follow up (b and c).



**Figure 3.** Plain computed tomography (a) and MRA (b and c) of a 56-year-old woman (case 15), showing the development of an occlusive lesion in the right posterior cerebral artery between March 2004 (b) and March 2005 (c).

unilateral moyamoya disease has been recognized as stable in adults.<sup>21,23,24</sup> However, this study revealed that about one-third of patients progressed to the typical bilateral type. The discrepancy may result from the difference in follow-up periods. Thus, mean follow-up periods were within 3 years in previous studies.<sup>21,23,24</sup> On the other hand, the patients included in this study were followed up for a mean period of ≈6 years. Because the interval between initial diagnosis and disease progression is significantly longer in unilateral moyamoya disease than in the bilateral type, long-term follow-up would be essential to discuss the prognosis of unilateral moyamoya disease. Indeed, disease progression was confirmed 7 to 8 years after the initial diagnosis in 2 patients (cases 1 and 3, Table 1).

In this study, 3 patients developed additional occlusive lesions in the PCA during follow-up periods. To our best knowledge, there is no report describing the phenomenon in adult moyamoya disease. The development of additional PCA lesions implies the increased risk for recurrent ischemic stroke, because the PCA is playing an important role as a major collateral circulation in moyamoya disease as pointed out before.<sup>2,25,26</sup> In this study, cerebral infarction occurred in 1 patient, and cerebral hemodynamics deteriorated in another 2. Therefore, the importance of carefully observing the whole intracranial arteries should be remembered during follow-up.

Noninvasive examinations using MRI and MRA have revealed that the incidence of asymptomatic moyamoya disease is

much higher than believed before.<sup>12</sup> However, the prognosis of asymptomatic patients is still unclear, and the standardized strategy for them has not been established.<sup>12–14</sup> This study revealed that the occlusive arterial lesions advanced in 2 of 11 asymptomatic patients (18.2%) during 3 years, leading to cerebral infarction (case 8) or disturbed cerebral hemodynamics (case 14). The findings should be taken into consideration when establishing the management guideline for asymptomatic patients with moyamoya disease, although additional survey would be necessary on the basis of a larger population of asymptomatic patients. Furthermore, MRI and MRA studies at outpatient clinics could accurately detect disease progression before recurrent onsets including TIA, cerebral infarction, and intracranial bleeding in 7 of 15 patients, suggesting the importance of continuous imaging studies.

Based on multivariate analysis in this study, female gender may be a significant predictor of disease progression in adult moyamoya disease. None of the other factors were related to disease progression. Previous epidemiological surveys have shown that a male-to-female ratio of moyamoya disease is ≈1:1.8,<sup>27</sup> suggesting the female predominance in moyamoya disease. Furthermore, female predominance is more pronounced in familial moyamoya disease. Thus, Kanai et al<sup>28</sup> reported that a male-to-female ratio in familial moyamoya disease was 1:3.3. A recent study<sup>29</sup> also showed that male-to-female ratios were 1:5 and 1:1.6 in familial and sporadic cases, respectively, indicating

**TABLE 4. Summary of Clinical Features in 12 Reported Case With Moyamoya Disease Showing Progression of Occlusive Arterial Lesions**

Initial Diagnosis	Age	Gender	Onset		Progression		Interval	Authors (Year)
			Symptom	Side	Symptom	Interval		
<b>Bilateral moyamoya disease</b>								
1	25	M	Infarct	Both sides	None	17 y	Takeshita et al (1995) <sup>6</sup>	
2	56	F	Infarct	Nonoperated side	None	5 mo	Shirane et al (1999) <sup>3</sup>	
3	47	F	Infarct	Nonoperated side	TIA	1 mo	Oka et al (2000) <sup>6</sup>	
4	37	M	Infarct	Both sides	Bleeding	4 y	Tomida et al (2000) <sup>7</sup>	
<b>Unilateral moyamoya disease</b>								
5	30	F	TIA	Both sides	None	4 y	Aoki et al (1989) <sup>11</sup>	
6	27		TIA	Noninvolved side		1 y	Kawano et al (1994) <sup>21</sup>	
7	30		TIA	Noninvolved side		6 y		
8	41		TIA	Noninvolved side		5 y		
9	63		Bleeding	Noninvolved side		1 y		
10	38	M	Infarct	Noninvolved side	Bleeding	2.5 y	Wanifuchi et al (1996) <sup>10</sup>	
11	54	M	Infarct	Noninvolved side	None	4 y	Fujiwara et al (1997) <sup>5</sup>	
12	21	F	Infarct	Noninvolved side	None	2.5 y	Kagawa et al (2004) <sup>9</sup>	



enhanced female predominance in familial moyamoya disease. The results strongly suggest that female gender may be highly susceptible to the unknown factors causing moyamoya disease and may promote disease progression more easily.

Recently, the prospective, randomized clinical trial has been accepted to provide the highest level of evidence. The present study has some problems for evidence-based medicine. Thus, this study has bias in the patient selection. The patients who underwent bypass surgery on both sides were excluded, because it is well known that occlusive lesions in the carotid fork rapidly progress and often result in complete occlusion when surgical collaterals start to supply enough blood flow after surgery.<sup>30-32</sup> As a result, this study included the patients who underwent bypass surgery on one side and those who were medically treated and observed their natural course. Therefore, we cannot exclude the possibility that the present results are diluted because less severe patients were included in this study.

In conclusion, the process of occlusive arterial change in adult moyamoya disease is still active. Disease progression can occur in both anterior and posterior circulations, in both symptomatic and asymptomatic patients, and in both unilateral and bilateral types. Careful and long-term neurological and radiological follow-up would be essential in adult patients with moyamoya disease to prevent additional stroke events and to improve their outcome.

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## Clinical features of familial moyamoya disease

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**Abstract** *Objects:* This study aims to clarify the genetic background of moyamoya disease by comparing clinical features between familial and sporadic cases to reveal the responsible genes for familial moyamoya disease. *Methods:* This study included 155 Japanese patients with moyamoya disease, which included 24 familial cases (10 family pedigrees) and 131 sporadic cases. Clinical features were compared between the familial and sporadic cases. *Results and conclusion:* A female preponderance was significantly more prominent in the familial than in the sporadic group ( $P=0.0421$ ). Mean age at onset was significantly lower in familial than in sporadic cases

( $P=0.004$ ). In eight parent–offspring pairs, mean age at onset was significantly lower in the second than in the first generation ( $P<0.0001$ ). These results suggest that familial moyamoya disease is associated with genetic anticipation and female predominance and that a genetic analysis study focused on expanded triplet repeats may clarify the pathogenesis of the disease.

**Keywords** Moyamoya disease · Genetics · Anticipation · Familial case · Age at onset · Female predominance · Triplet repeat

### Introduction

Moyamoya disease (spontaneous occlusion of the circle of Willis) is characterized by a progressive stenosis or occlusion of the terminal portions of the bilateral internal carotid arteries associated with abnormal vascular network at the base of the brain (“moyamoya” vessels; [19]). Clinically, of special interest is that moyamoya disease occurs in both children and adults. Most pediatric patients develop transient ischemic attack (TIA) or cerebral infarction, whereas adult patients more frequently suffer intracranial hemorrhage. The man-to-woman ratio is 1:1.8 [22].

The pathogenesis of moyamoya disease is still unknown. Several epidemiological studies suggest that infection in the head and neck regions may be related to moyamoya disease, although a certain infectious pathogen has not been determined [23]. Alternatively, specific cytokines such as basic fibroblast growth factor (bFGF), vascular endothelial

growth factor (VEGF), and platelet-derived growth factors have been proposed as pathogenetic factors for moyamoya disease because these substances are detected at high levels in the cerebrospinal fluid and the involved arteries of patients with moyamoya disease [20, 26]. Furthermore, it has been widely accepted that some genetic factors may play an important role in the pathogenesis of moyamoya disease. The hypothesis is based on the facts that familial occurrence has been recognized in approximately 10–15% of patients and that the incidence of moyamoya disease is much higher in Far Eastern than in western countries [24]. Thus, according to recent literature review, 172 familial cases of 76 pedigrees have been reported. Of these, 38 parent–offspring pairs of 16 pedigrees and 128 sibling pairs of 51 pedigrees have been described [15]. Compared with the general population, first- or second-degree relatives are known to have a 30- to 40-fold significantly increased risk of moyamoya disease [10]. Identical twins associated with

moyamoya disease have also been reported [11]. The incidence is 0.35 per 100,000 in Japan, but only 201 and 105 patients have been reported from Europe and USA, respectively, between 1972 and 1989 [4]. The incidence is higher in Japanese population than in the Hawaiian population [5].

Clinical studies of familial cases have suggested that moyamoya disease is most likely inherited in a polygenic mode or in an autosomal-dominant fashion with a low penetrance. Microsatellite linkage analysis has recently identified the genetic loci on chromosomes 3, 6, and 17 [8, 9, 25]. However, the responsible genes have not been identified yet [15].

Based on these considerations, the present study aims to facilitate the transition from linkage analyses to the identification of responsible genes by analyzing clinical manifestations among familial and sporadic cases of moyamoya disease.

## Materials and methods

### Patients

The current study included 155 patients with moyamoya disease. Of these, 141 were admitted to our hospital between 1969 and 2002 and were diagnosed as having moyamoya disease on cerebral angiography based on the guidelines for the diagnosis of moyamoya disease set by the Research Committee on Moyamoya Disease (Spontaneous Occlusion of the Circle of Willis) of the Ministry of Health and Welfare of Japan. All patients were Japanese and were residents of Hokkaido Island, a northern part of Japan. All of them presented with TIA, cerebral infarction, or intracranial hemorrhage. When they were diagnosed as having moyamoya disease, their family history was precisely evaluated, and the members of their family underwent cerebral angiography or magnetic resonance angiography (MRA) when they had at least one episode suggesting the symptoms of moyamoya disease or when they strongly desired MRI/MRA examination as a screening tool. As a result, an additional 14 patients were diagnosed as having moyamoya disease, bringing the total number of patients included in this study to 155. Of these, 110 patients were

categorized as definite cases and the other 45 as probable cases. This study did not include quasi-moyamoya cases.

To characterize the clinical features in familial moyamoya disease, the authors compared the gender, age at onset, and symptoms at onset of the patients between the familial and sporadic cases.

### Statistical analysis

All data were expressed as mean±SD. Categorical variables were compared using the chi-square test. Continuous variables were compared using a two-tailed unpaired Student's *t* test. The cumulative onset free-survival rate was compared between the studied groups using the Kaplan–Meier method and Mantel–Cox log-rank statistics. Differences were considered to be statistically significant if the *P* value was <0.05. All statistical analyses were performed using StatView ver 5.0 (SAS Institute Inc., USA).

## Results

### Familial and sporadic moyamoya disease

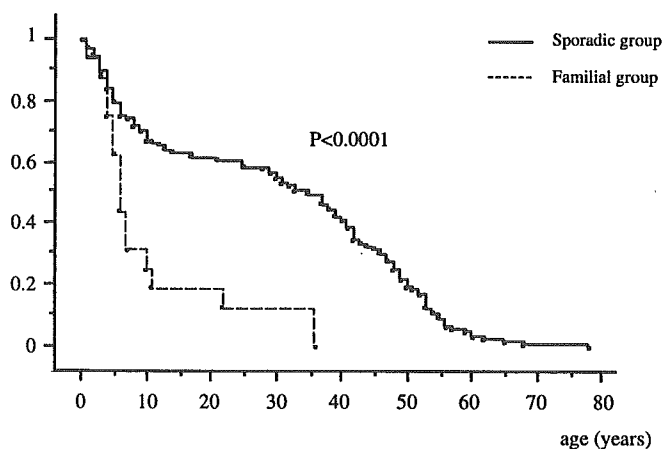
Of the 155 patients included in this study, familial occurrence was observed in 24 patients of 10 pedigrees (familial group). The other 131 patients were sporadic cases (sporadic group). The clinical features of both groups are summarized in Table 1.

There were 4 men and 20 women in the familial group, while there were 50 men and 81 women in the sporadic group. Therefore, a female preponderance was significantly more prominent in the familial than in the sporadic group (chi-square test, *P*=0.0421). Age at onset ranged from 1 to 36 years (11.8±11.7 years) in the familial group and from 1 to 78 years (30.0±20.9 years) in the sporadic group. As a result, mean age at onset was significantly lower in the familial than in the sporadic group (unpaired *t* test, *P*=0.0043). Kaplan–Meier analysis and Mantel–Cox log-rank statistics also showed that age at onset was significantly lower in the familial than in the sporadic group (Fig. 1; *P*<0.0001).

**Table 1** Summary of clinical characteristics in familial and sporadic group of moyamoya disease

	Familial group	Sporadic group	Significance
<i>n</i>	24	131	
Gender (male/female)	4:20	50:81	<i>P</i> =0.0421
Age at onset (years)	11.8±11.7	30.0±20.9	<i>P</i> =0.0043
Clinical diagnosis at onset	TIA: 19 Cerebral infarct: 0 Intracranial bleeding: 3 None: 2	TIA: 43 Cerebral infarct: 48 Intracranial bleeding: 37 None: 3	<i>P</i> <0.0001

TIA Transient ischemic attack

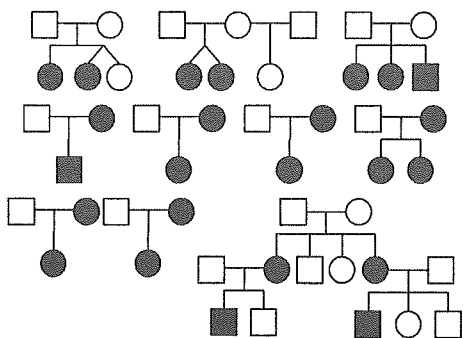


**Fig. 1** Graph showing the age at onset in familial and sporadic cases with moyamoya disease. Kaplan–Meier analysis reveals that the age at onset is significantly lower in familial than in sporadic group

In the familial group ( $n=24$ ), clinical symptoms at onset included TIA in 19 patients (79.2%), intracranial hemorrhage in 3 (12.5%), and none in 2 (8.3%). On the other hand, in the sporadic group ( $n=131$ ), clinical symptoms at onset included TIA in 43 patients (32.8%), completed ischemic stroke in 48 (36.6%), intracranial hemorrhage in 37 (28.2%), and none in 3 (2.3%). Thus, the symptoms at onset were significantly different between the two groups (chi-square test,  $P < 0.0001$ ), and completed ischemic stroke developed more often in the sporadic than in the familial group.

#### Clinical features of familial moyamoya disease

As a next step, the authors analyzed the clinical features of familial moyamoya disease to characterize their genetic properties. Of 10 pedigrees, there were eight parent–off-



**Fig. 2** Ten pedigrees of familial moyamoya disease included in the present study

spring pairs, all of which were mother–offspring pairs. There were four sibling pairs, one of which was twins (Fig. 2). Of the eight parent–offspring pairs, seven parents were symptomatic and one was asymptomatic. The seven symptomatic parents presented with the symptoms related to moyamoya disease when they were 22 to 36 years old ( $30.7 \pm 7.5$  years). On the other hand, their children presented with the symptom when they were 5 to 11 years old ( $7.2 \pm 2.7$  years). Thus, mean age at onset was significantly lower in the second than in the first generation (unpaired  $t$  test,  $P < 0.0001$ ). Of the eight parents, symptoms at onset included TIA in five and intracranial hemorrhage in three, whereas all of their children experienced TIA at onset.

#### Discussion

##### Epidemiological features of familial moyamoya disease

The current study demonstrates several clinical features of familial moyamoya disease. First, the female preponderance in sporadic moyamoya disease is overrepresented in familial moyamoya disease, although the bias in the data sample cannot be excluded. Furthermore, a significant mother–offspring transmission is observed in the present study. The man-to-woman ratio of moyamoya disease is generally known as 1:1.8 [22]. However, a previous survey of familial moyamoya disease has also shown more pronounced female predominance, that is, 1:3.3 [10], consistent with the present result. The authors have recently reviewed previous literature on familial moyamoya disease and found 16 parent–offspring pairs of moyamoya disease [14]. There are 5 men and 11 women in the first generation, whereas there are 8 boys and 12 girls in the second generation. These clinical findings strongly suggest that women are highly susceptible to some genetic factors of familial moyamoya disease. Otherwise, the unknown genetic factors responsible for familial moyamoya disease might have some different effects on the gender. No reports have revealed that familial moyamoya disease is related with the X or Y chromosome. The responsible gene of the disease may exhibit a different pattern of expression according to gender. Recent studies have revealed that the methylation pattern of CpG island differs between genders and that the malfunction of methylation reflects the pathogenesis of certain genetic diseases such as Prader–Willi syndrome and Angelman syndrome [13].

Second, by the use of unpaired Student's  $t$  test and Kaplan–Meier analysis, this study indicates that mean age at onset is significantly lower in familial than in sporadic moyamoya disease. Previous clinical studies have revealed a similar result in some inheritable cerebrovascular or neurological disorders. Familial subarachnoid hemorrhage (SAH) is characterized, in comparison with SAH from sporadic aneurysms, by an earlier age at the time of SAH