

## Cystine (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N									
Male	1247	268	21	1316	225	28	1293	226	42	1241	250	44	1061	141	5	1266	240	140
Female	1008	124	11	1026	177	40	1063	171	37	1113	178	27	1007	165	5	1055	172	120
Total	1165	254	32	1146	243	68	1185	232	79	1193	233	71	1034	147	10	1169	236	260

## Sulfer-containing amino acids (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N									
Male	3112	712	21	3334	596	28	3225	650	42	3034	700	44	2663	377	5	3150	666	140
Female	2461	427	11	2500	496	40	2558	454	37	2739	472	27	2464	433	5	2566	472	120
Total	2888	696	32	2843	676	68	2912	655	79	2922	636	71	2564	397	10	2880	652	260

## Phenylalanine (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N									
Male	3500	767	21	3719	627	28	3650	691	42	3467	778	44	3086	353	5	3564	715	140
Female	2777	477	11	2897	571	40	2969	509	37	3183	562	27	2875	488	5	2971	545	120
Total	3252	758	32	3235	717	68	3331	699	79	3359	713	71	2980	417	10	3290	706	260

## Tyrosine (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N									
Male	2661	614	21	2853	502	28	2790	560	42	2612	635	44	2368	287	5	2712	580	140
Female	2092	406	11	2155	453	40	2213	398	37	2409	436	27	2223	372	5	2227	432	120
Total	2465	610	32	2443	584	68	2520	567	79	2535	573	71	2296	322	10	2489	570	260

## Aromatic amino acids (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N									
Male	6161	1377	21	6575	1123	28	6446	1251	42	6084	1409	44	5454	644	5	6280	1292	140
Female	4871	883	11	5055	1021	40	5184	906	37	5594	995	27	5098	855	5	5201	974	120
Total	5718	1364	32	5681	1298	68	5855	1266	79	5898	1282	71	5276	738	10	5782	1274	260

## Threonine (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N									
Male	3064	745	21	3312	640	28	3212	681	42	2995	747	44	2695	327	5	3123	703	140
Female	2414	505	11	2489	542	40	2521	479	37	2735	508	27	2429	499	5	2545	513	120
Total	2841	734	32	2828	708	68	2888	686	79	2896	674	71	2562	422	10	2856	685	260

## Tryptophan (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N									
Male	928	212	21	983	174	28	967	184	42	916	220	44	818	102	5	943	197	140
Female	727	133	11	759	155	40	778	140	37	838	147	27	762	133	5	780	148	120
Total	859	210	32	851	196	68	878	190	79	887	198	71	790	116	10	868	194	260

## Valine (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N									
Male	4101	946	21	4392	773	28	4298	861	42	4042	960	44	3615	485	5	4183	887	140
Female	3227	621	11	3352	689	40	3446	621	37	3717	665	27	3390	599	5	3453	662	120
Total	3801	938	32	3781	885	68	3899	867	79	3919	870	71	3503	527	10	3846	870	260

## Histidine (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N									
Male	2565	683	21	2815	664	28	2694	665	42	2538	787	44	2269	563	5	2635	707	140
Female	2003	462	11	2107	601	40	2091	494	37	2187	540	27	2008	510	5	2106	534	120
Total	2372	666	32	2398	715	68	2412	661	79	2404	720	71	2138	525	10	2391	685	260

## Alginine (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	4625	1150	21	5007	981	28	4832	941	42	4535	1147	44	4113	383	5	4717	1047	140
Female	3511	722	11	3702	811	40	3805	675	37	4091	789	27	3795	759	5	3808	763	120
Total	4242	1145	32	4240	1091	68	4351	970	79	4366	1042	71	3954	591	10	4297	1031	260

## Alanine (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N									
Male	3899	984	21	4233	836	28	4117	873	42	3820	973	44	3453	408	5	3990	914	140
Female	2986	663	11	3120	693	40	3159	603	37	3419	634	27	3207	567	5	3191	649	120
Total	3585	980	32	3578	931	68	3669	895	79	3667	877	71	3330	484	10	3621	895	260

## Aspartic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N									
Male	7164	1826	21	7755	1521	28	7608	1515	42	7071	1785	44	6458	772	5	7361	1649	140
Female	5468	1191	11	5872	1313	40	6058	1145	37	6581	1313	27	5930	1092	5	6054	1266	120
Total	6581	1811	32	6648	1676	68	6882	1555	79	6885	1629	71	6194	934	10	6758	1620	260

## Glutamic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N									
Male	14555	2928	21	14905	2566	28	14878	2965	42	14229	2756	44	12305	1159	5	14539	2787	140
Female	12077	1732	11	12161	2261	40	12377	2098	37	13010	2255	27	11128	1962	5	12368	2164	120
Total	13703	2815	32	13291	2735	68	13707	2869	79	13766	2629	71	11717	1641	10	13537	2738	260

## Glycine (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N									
Male	3336	824	21	3609	781	28	3466	738	42	3305	858	44	2937	301	5	3405	793	140
Female	2583	567	11	2668	572	40	2656	483	37	2881	545	27	2653	509	5	2704	537	120
Total	3077	821	32	3056	809	68	3086	748	79	3143	778	71	2795	422	10	3082	770	260

## Proline (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	4751	992	21	4678	1009	28	4673	1131	42	4575	860	44	3801	488	5	4624	990	140
Female	4066	516	11	3979	728	40	3995	775	37	4266	862	27	3335	767	5	4030	771	120
Total	4515	911	32	4267	916	68	4355	1032	79	4458	868	71	3568	654	10	4350	942	260

## Serine (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N									
Male	3459	771	21	3723	642	28	3632	701	42	3440	762	44	3026	407	5	3543	720	140
Female	2798	468	11	2877	547	40	2958	513	37	3179	552	27	2808	479	5	2960	536	120
Total	3231	745	32	3225	719	68	3316	703	79	3341	697	71	2917	434	10	3273	703	260

## Total fatty acids (g)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N									
Male	52.15	13.97	21	56.28	14.20	28	48.68	13.02	42	43.41	11.18	44	36.83	7.83	5	48.64	13.60	140
Female	45.52	10.24	11	46.50	13.75	40	44.25	10.89	37	45.79	10.45	27	33.84	13.02	5	45.03	11.94	120
Total	49.87	13.04	32	50.53	14.66	68	46.61	12.20	79	44.31	10.90	71	35.33	10.25	10	46.97	12.96	260

## Saturated fatty acids (g)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N									
Male	16.69	5.28	21	17.82	6.76	28	15.31	5.72	42	13.77	4.22	44	12.31	3.72	5	15.43	5.57	140
Female	15.37	4.47	11	15.11	5.75	40	13.87	3.78	37	14.86	5.17	27	10.26	4.99	5	14.49	4.96	120
Total	16.24	4.98	32	16.23	6.28	68	14.63	4.93	79	14.18	4.60	71	11.28	4.29	10	15.00	5.31	260

## Monounsaturated fatty acids (g)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N									
Male	20.54	6.10	21	22.21	6.34	28	19.05	5.47	42	16.68	4.69	44	14.18	4.01	5	18.99	5.85	140
Female	18.18	4.31	11	18.66	6.02	40	17.31	4.72	37	17.17	3.63	27	11.84	4.85	5	17.58	5.07	120
Total	19.73	5.60	32	20.12	6.35	68	18.24	5.18	79	16.86	4.30	71	13.01	4.37	10	18.34	5.54	260

## Polyunsaturated fatty acids (g)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N									
Male	14.93	3.84	21	16.22	3.97	28	14.23	3.54	42	12.91	3.70	44	10.31	3.08	5	14.18	3.92	140
Female	11.94	3.24	11	12.70	3.57	40	13.03	3.72	37	13.65	3.57	27	11.68	3.91	5	12.90	3.58	120
Total	13.90	3.87	32	14.15	4.10	68	13.67	3.65	79	13.19	3.64	71	11.00	3.40	10	13.59	3.81	260

Unsaturated fatty acids (g)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N									
Male	35.37	9.58	21	38.31	9.08	28	33.19	8.14	42	29.45	7.88	44	24.38	4.89	5	33.05	9.05	140
Female	30.04	7.23	11	31.23	8.67	40	30.20	8.03	37	30.73	6.29	27	23.43	8.45	5	30.37	7.87	120
Total	33.54	9.09	32	34.14	9.45	68	31.79	8.17	79	29.94	7.29	71	23.91	6.53	10	31.81	8.61	260

n-6 fatty acids (g)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N									
Male	11.52	2.92	21	12.15	3.08	28	10.81	2.76	42	9.83	3.00	44	8.05	2.87	5	10.78	3.06	140
Female	9.14	2.72	11	9.67	3.17	40	9.91	3.07	37	10.68	2.99	27	9.25	3.20	5	9.91	3.05	120
Total	10.70	3.04	32	10.69	3.34	68	10.39	2.92	79	10.16	3.00	71	8.65	2.94	10	10.38	3.08	260

n-3 fatty acids (g)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N									
Male	2.95	1.12	21	3.71	1.30	28	3.10	1.16	42	2.76	1.14	44	2.22	0.52	5	3.06	1.21	140
Female	2.13	0.71	11	2.54	0.89	40	2.74	1.04	37	2.64	1.11	27	2.44	0.92	5	2.58	0.98	120
Total	2.67	1.06	32	3.03	1.21	68	2.93	1.12	79	2.71	1.12	71	2.33	0.71	10	2.84	1.13	260

Butyric acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N									
Male	255.1	233.4	21	267.5	293.3	28	218.6	223.4	42	220.2	159.4	44	187.5	84.5	5	233.2	218.7	140
Female	274.9	252.2	11	237.4	172.7	40	209.0	136.7	37	281.0	244.4	27	146.3	167.5	5	238.1	189.5	120
Total	261.9	236.1	32	249.8	228.6	68	214.1	186.7	79	243.3	196.7	71	166.9	126.9	10	235.5	205.4	260

Hexanoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N									
Male	207.6	169.3	21	197.6	202.1	28	165.2	172.9	42	182.5	133.2	44	135.4	102.9	5	182.4	164.2	140
Female	209.0	177.6	11	187.1	135.6	40	170.1	123.5	37	234.8	194.6	27	143.5	167.7	5	192.8	152.3	120
Total	208.1	169.3	32	191.4	164.9	68	167.5	150.8	79	202.4	160.0	71	139.4	131.2	10	187.2	158.6	260

## Octanoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N									
Male	42.5	57.9	21	62.1	95.1	28	43.1	51.1	42	29.0	40.0	44	5.2	11.6	5	41.0	60.8	140
Female	58.7	64.7	11	43.2	47.6	40	37.2	42.2	37	42.5	60.0	27	3.0	4.1	5	41.0	50.1	120
Total	48.1	59.8	32	51.0	71.0	68	40.4	46.9	79	34.1	48.6	71	4.1	8.3	10	41.0	56.0	260

## Decanoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N									
Male	217.3	170.1	21	208.5	215.0	28	174.7	183.5	42	194.1	143.8	44	180.5	74.3	5	194.2	172.8	140
Female	223.9	188.2	11	197.6	142.2	40	191.0	135.1	37	247.5	214.2	27	144.1	168.6	5	207.0	163.7	120
Total	219.6	173.5	32	202.1	174.4	68	182.3	161.8	79	214.4	174.5	71	162.3	124.3	10	200.1	168.5	260

## Decenoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N									
Male	5.2	4.9	21	7.0	14.9	28	7.9	10.3	42	5.8	8.7	44	1.0	2.2	5	6.4	10.2	140
Female	10.0	11.2	11	6.4	8.6	40	7.6	9.6	37	7.9	12.4	27	0.6	0.8	5	7.2	10.0	120
Total	6.9	7.8	32	6.7	11.5	68	7.7	9.9	79	6.6	10.2	71	0.8	1.6	10	6.8	10.1	260

## Lauric acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N									
Male	230.6	175.0	21	228.7	231.2	28	198.7	202.9	42	213.6	161.9	44	192.1	74.0	5	213.9	188.1	140
Female	249.4	197.7	11	224.5	154.0	40	213.7	146.9	37	270.7	231.0	27	147.7	167.6	5	230.7	176.0	120
Total	237.0	180.2	32	226.2	188.0	68	205.7	177.9	79	235.3	191.5	71	169.9	124.3	10	221.6	182.4	260

## Myristic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N									
Male	1273.9	641.9	21	1402.5	828.6	28	1144.3	755.5	42	1150.7	612.9	44	957.5	444.2	5	1210.7	704.1	140
Female	1201.9	694.5	11	1220.5	662.9	40	1072.8	562.3	37	1270.1	784.3	27	920.6	723.1	5	1171.9	664.0	120
Total	1249.1	650.1	32	1295.5	735.2	68	1110.8	668.8	79	1196.1	680.1	71	939.1	566.1	10	1192.8	684.8	260

Myristoleic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	69.9	69.9	21	110.9	134.9	28	68.1	85.4	42	56.1	65.3	44	35.5	55.5	5	72.0	90.7	140
Female	101.8	102.4	11	91.6	131.8	40	51.4	41.5	37	39.1	49.5	27	3.2	3.1	5	64.7	91.5	120
Total	80.8	82.3	32	99.6	132.4	68	60.3	68.6	79	49.6	60.0	71	19.3	40.8	10	68.6	91.0	260

Pentadecanoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N									
Male	179.6	130.2	21	194.0	159.2	28	141.0	142.3	42	161.9	109.7	44	112.6	115.3	5	162.9	133.9	140
Female	175.5	127.6	11	156.4	131.2	40	140.5	106.3	37	194.6	141.8	27	114.8	128.4	5	160.1	126.0	120
Total	178.1	127.3	32	171.9	143.4	68	140.8	125.9	79	174.3	123.0	71	113.7	115.1	10	161.6	130.0	260

Pentadecenoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	0.00	0.00	21	0.05	0.25	28	2.48	13.57	42	0.10	0.65	44	0.00	0.00	5	0.78	7.47	140
Female	0.00	0.00	11	0.68	4.21	40	1.87	7.95	37	0.00	0.00	27	0.00	0.00	5	0.81	5.05	120
Total	0.00	0.00	32	0.42	3.24	68	2.19	11.23	79	0.06	0.51	71	0.00	0.00	10	0.79	6.45	260

Palmitic acid (g)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N									
Male	9.84	2.78	21	10.63	3.61	28	9.15	2.93	42	8.08	2.24	44	7.41	2.23	5	9.15	2.98	140
Female	8.98	2.12	11	8.88	3.33	40	8.08	1.95	37	8.48	2.35	27	6.07	2.40	5	8.43	2.63	120
Total	9.54	2.57	32	9.60	3.53	68	8.65	2.56	79	8.23	2.27	71	6.74	2.29	10	8.82	2.84	260

Palmitoleic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N									
Male	1132.9	399.8	21	1328.5	537.5	28	1101.4	491.1	42	980.8	361.4	44	922.5	452.8	5	1107.3	461.3	140
Female	941.8	411.2	11	1032.8	542.1	40	862.2	239.4	37	920.3	308.5	27	649.6	288.1	5	930.6	399.7	120
Total	1067.2	407.6	32	1154.5	555.9	68	989.4	409.5	79	957.8	341.2	71	786.1	385.6	10	1025.7	442.1	260

## Hexadecatrienoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N									
Male	0.02	0.07	21	0.00	0.00	28	0.24	0.66	42	0.19	0.77	44	0.00	0.00	5	0.13	0.57	140
Female	0.00	0.00	11	0.00	0.03	40	0.14	0.40	37	0.00	0.00	27	0.27	0.60	5	0.05	0.26	120
Total	0.01	0.06	32	0.00	0.02	68	0.19	0.55	79	0.12	0.61	71	0.13	0.42	10	0.10	0.45	260

## Heptadecanoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N									
Male	99.3	50.8	21	158.9	80.8	28	109.9	63.7	42	85.7	64.4	44	71.9	27.2	5	109.2	69.8	140
Female	105.1	57.7	11	116.4	72.4	40	93.7	50.1	37	91.3	58.4	27	57.7	51.4	5	100.3	61.6	120
Total	101.2	52.4	32	133.9	78.3	68	102.3	57.9	79	87.9	61.8	71	64.8	39.5	10	105.1	66.2	260

## Heptadecenoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N									
Male	77.2	42.8	21	111.4	59.8	28	84.2	54.5	42	70.0	45.3	44	63.1	33.8	5	83.4	52.3	140
Female	70.4	56.7	11	80.3	57.1	40	65.5	32.6	37	56.7	37.0	27	46.9	51.4	5	68.1	46.4	120
Total	74.9	47.2	32	93.1	59.8	68	75.4	46.3	79	64.9	42.6	71	55.0	41.9	10	76.3	50.2	260

## Stearic acid (g)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N									
Male	3.77	1.34	21	3.92	1.46	28	3.42	1.23	42	2.92	0.95	44	2.65	0.71	5	3.39	1.26	140
Female	3.38	0.95	11	3.32	1.35	40	3.13	0.89	37	3.19	1.04	27	2.14	0.99	5	3.19	1.11	120
Total	3.64	1.22	32	3.57	1.42	68	3.28	1.08	79	3.02	0.99	71	2.39	0.86	10	3.29	1.19	260

## Oleic acid (g)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N									
Male	18.14	5.54	21	19.13	5.84	28	16.62	4.69	42	14.49	4.08	44	12.37	3.36	5	16.53	5.17	140
Female	16.22	4.05	11	16.23	5.25	40	15.38	4.48	37	15.28	3.37	27	9.87	3.74	5	15.49	4.59	120
Total	17.48	5.10	32	17.42	5.65	68	16.04	4.61	79	14.79	3.82	71	11.12	3.60	10	16.05	4.93	260

Linoleic acid (g)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N									
Male	11.65	3.11	21	12.13	3.33	28	10.80	2.82	42	9.86	2.97	44	7.82	2.95	5	10.79	3.15	140
Female	9.45	2.85	11	9.86	3.24	40	10.00	3.05	37	10.74	3.00	27	9.08	3.19	5	10.03	3.07	120
Total	10.90	3.16	32	10.79	3.44	68	10.42	2.94	79	10.19	2.99	71	8.45	2.97	10	10.44	3.13	260

Linolenic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N									
Male	1782.3	525.7	21	1778.3	737.7	28	1573.3	558.7	42	1467.6	556.9	44	1217.6	441.2	5	1599.7	601.3	140
Female	1398.9	554.8	11	1372.2	433.4	40	1550.1	697.9	37	1473.9	496.8	27	1168.5	651.3	5	1443.9	558.4	120
Total	1650.5	558.4	32	1539.4	607.6	68	1562.4	623.7	79	1470.0	531.2	71	1193.0	525.1	10	1527.8	586.0	260

Gamma-Linolenic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	0.18	0.29	21	0.13	0.29	28	0.19	0.54	42	1.62	10.06	44	0.03	0.07	5	0.62	5.65	140
Female	0.02	0.05	11	0.23	0.68	40	0.05	0.16	37	0.06	0.20	27	0.00	0.00	5	0.11	0.42	120
Total	0.12	0.25	32	0.19	0.55	68	0.13	0.41	79	1.03	7.92	71	0.02	0.05	10	0.38	4.16	260

Octadecatetraenoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	85.8	129.7	21	143.8	115.0	28	97.9	97.6	42	85.3	98.2	44	52.6	42.9	5	99.7	106.8	140
Female	40.4	37.8	11	100.7	111.3	40	78.2	83.8	37	63.6	65.8	27	107.5	117.3	5	80.2	90.0	120
Total	70.2	108.6	32	118.5	114.0	68	88.7	91.4	79	77.0	87.5	71	80.0	88.2	10	90.7	99.7	260

Arachidic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N									
Male	157.4	55.6	21	153.6	74.8	28	158.0	89.3	42	155.8	82.0	44	72.1	22.6	5	153.3	78.9	140
Female	149.9	57.4	11	159.8	77.1	40	172.3	85.7	37	154.4	86.0	27	50.8	60.0	5	157.0	82.1	120
Total	154.8	55.4	32	157.2	75.6	68	164.7	87.4	79	155.3	82.9	71	61.5	44.2	10	155.0	80.3	260

Eicosenoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N									
Male	570.0	508.0	21	725.4	431.3	28	572.5	417.2	42	520.9	440.3	44	397.0	239.6	5	580.2	439.1	140
Female	387.2	161.9	11	580.1	440.0	40	484.6	357.7	37	434.7	252.0	27	574.0	456.8	5	500.0	360.4	120
Total	507.2	427.5	32	640.0	439.2	68	531.3	390.5	79	488.1	380.1	71	485.5	356.3	10	543.2	405.9	260

Eicosadienoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N									
Male	27.0	23.6	21	25.8	24.1	28	24.4	17.8	42	14.1	18.4	44	14.1	10.3	5	21.5	20.6	140
Female	24.2	11.2	11	20.0	23.6	40	20.5	21.2	37	14.5	15.9	27	16.1	21.0	5	19.1	20.2	120
Total	26.1	20.0	32	22.4	23.8	68	22.5	19.4	79	14.3	17.4	71	15.1	15.6	10	20.4	20.4	260

Eicosatrienoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N									
Male	0.9	1.7	21	0.7	1.4	28	0.7	2.0	42	1.9	6.8	44	0.4	0.8	5	1.1	4.1	140
Female	0.3	0.9	11	0.5	1.5	40	1.2	2.2	37	1.4	2.7	27	0.0	0.0	5	0.9	2.0	120
Total	0.7	1.5	32	0.6	1.5	68	1.0	2.1	79	1.7	5.6	71	0.2	0.6	10	1.0	3.3	260

Eicosatetraenoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N									
Male	38.5	40.1	21	58.2	44.0	28	45.0	38.0	42	40.1	39.0	44	23.7	36.4	5	44.4	40.1	140
Female	20.3	16.7	11	36.3	36.9	40	32.4	30.1	37	27.4	28.8	27	45.1	46.4	5	32.0	32.1	120
Total	32.2	34.7	32	45.3	41.1	68	39.1	34.9	79	35.2	35.8	71	34.4	40.9	10	38.7	37.1	260

Arachidonic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N									
Male	134.2	53.5	21	174.5	69.3	28	159.0	54.2	42	125.7	54.9	44	139.7	48.9	5	147.2	59.8	140
Female	102.0	27.5	11	116.6	56.7	40	125.9	52.3	37	132.4	53.6	27	96.4	54.3	5	120.9	52.7	120
Total	123.1	48.3	32	140.4	68.1	68	143.5	55.5	79	128.2	54.2	71	118.0	53.8	10	135.0	58.1	260

## Eicosapentaenoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N									
Male	316.5	255.4	21	552.5	337.9	28	435.3	323.5	42	366.2	281.2	44	271.2	142.0	5	413.3	307.2	140
Female	194.0	145.0	11	334.9	247.5	40	332.8	266.1	37	316.5	263.7	27	356.3	270.2	5	318.1	250.1	120
Total	274.4	228.8	32	424.5	305.5	68	387.3	300.6	79	347.3	273.9	71	313.8	208.4	10	369.4	285.8	260

## Behenic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N									
Male	67.4	40.0	21	86.4	69.9	28	69.9	50.2	42	53.6	40.5	44	43.7	45.0	5	66.8	51.4	140
Female	54.9	26.6	11	61.4	51.6	40	79.0	84.2	37	75.3	76.4	27	41.8	52.2	5	68.5	67.5	120
Total	63.1	36.0	32	71.7	60.6	68	74.2	68.0	79	61.8	57.4	71	42.8	45.9	10	67.6	59.3	260

## Docosenoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N									
Male	363.1	569.0	21	514.2	477.0	28	354.0	391.6	42	327.9	456.6	44	221.1	154.4	5	374.5	454.8	140
Female	227.5	175.7	11	405.1	505.1	40	311.7	404.6	37	248.5	261.4	27	501.5	509.7	5	328.8	406.3	120
Total	316.5	472.3	32	450.1	493.0	68	334.2	395.7	79	297.7	393.7	71	361.3	384.6	10	353.4	432.9	260

## Docosadienoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N									
Male	0.000	0.000	21	0.000	0.000	28	0.000	0.000	42	0.000	0.000	44	0.000	0.000	5	0.000	0.000	140
Female	0.000	0.000	11	0.000	0.000	40	0.014	0.082	37	0.000	0.000	27	0.000	0.000	5	0.004	0.046	120
Total	0.000	0.000	32	0.000	0.000	68	0.006	0.056	79	0.000	0.000	71	0.000	0.000	10	0.002	0.031	260

## n-3 Docosapentaenoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N									
Male	85.2	84.6	21	142.3	88.9	28	114.5	83.6	42	97.5	79.2	44	73.1	69.1	5	108.8	84.3	140
Female	47.2	40.4	11	79.8	72.6	40	86.0	75.0	37	85.4	78.7	27	96.3	80.1	5	80.7	72.6	120
Total	72.1	74.1	32	105.6	84.9	68	101.1	80.5	79	92.9	78.7	71	84.7	71.6	10	95.8	80.2	260

n-6 Docosapentaenoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N									
Male	0.0	0.0	21	0.1	0.6	28	0.6	3.6	42	2.1	7.9	44	0.0	0.0	5	0.9	4.9	140
Female	0.0	0.0	11	0.3	1.6	40	1.0	4.2	37	0.2	0.6	27	0.0	0.0	5	0.4	2.5	120
Total	0.0	0.0	32	0.2	1.3	68	0.8	3.9	79	1.4	6.3	71	0.0	0.0	10	0.7	4.0	260

Docosahexaenoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N									
Male	635.9	456.5	21	1035.2	565.6	28	816.3	497.8	42	684.9	423.3	44	554.7	311.1	5	782.4	494.8	140
Female	409.8	232.6	11	606.1	425.5	40	649.2	478.3	37	656.8	487.0	27	644.7	418.9	5	614.4	442.2	120
Total	558.2	404.7	32	782.8	528.7	68	738.0	492.9	79	674.3	445.4	71	599.7	351.1	10	704.9	477.8	260

Lignoceric acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N									
Male	6.3	20.9	21	13.3	34.9	28	10.0	21.8	42	6.5	20.9	44	1.3	3.0	5	8.7	24.2	140
Female	3.6	12.1	11	8.2	20.3	40	16.5	43.4	37	15.3	42.4	27	1.3	3.0	5	11.6	33.7	120
Total	5.4	18.2	32	10.3	27.2	68	13.1	33.6	79	9.9	30.9	71	1.3	2.8	10	10.1	28.9	260

Tetracosenoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N									
Male	48.6	66.0	21	81.3	58.6	28	58.3	52.2	42	52.2	52.0	44	38.1	27.6	5	58.8	55.7	140
Female	24.3	21.9	11	54.4	56.5	40	49.3	45.6	37	43.4	45.9	27	62.0	47.0	5	47.9	48.2	120
Total	40.3	55.7	32	65.5	58.4	68	54.1	49.1	79	48.8	49.6	71	50.0	38.5	10	53.8	52.6	260

Alcohol (g)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N									
Male	25.6	30.2	21	20.4	30.7	28	18.0	19.9	42	11.5	14.4	44	6.7	8.4	5	17.2	22.9	140
Female	8.0	11.5	11	1.4	2.3	40	3.3	5.4	37	1.0	1.1	27	1.6	3.2	5	2.5	5.1	120
Total	19.5	26.5	32	9.3	21.7	68	11.1	16.6	79	7.5	12.4	71	4.1	6.6	10	10.4	18.6	260

4) State of using supplement in previous 1 year (DSFQ)

Total supplement

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Not used	Female	45	32.8	42	32.1	57	42.2	33	29.5	3	15.0	180	33.6
	Male	53	40.2	53	51.5	83	55.0	55	43.7	9	34.6	253	47.0
	Total	98	36.4	95	40.6	140	49.0	88	37.0	12	26.1	433	40.4
Used	Female	92	67.2	89	67.9	78	57.8	79	70.5	17	85.0	355	66.4
	Male	79	59.8	50	48.5	68	45.0	71	56.3	17	65.4	285	53.0
	Total	171	63.6	139	59.4	146	51.0	150	63.0	34	73.9	640	59.6

Vitamin supplement

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Not used	Female	99	72.3	97	74.0	104	77.0	68	60.7	10	50.0	378	70.7
	Male	108	81.8	91	88.3	123	81.5	97	77.0	18	69.2	437	81.2
	Total	207	77.0	188	80.3	227	79.4	165	69.3	28	60.9	815	76.0
Used	Female	38	27.7	34	26.0	31	23.0	44	39.3	10	50.0	157	29.3
	Male	24	18.2	12	11.7	28	18.5	29	23.0	8	30.8	101	18.8
	Total	62	23.0	46	19.7	59	20.6	73	30.7	18	39.1	258	24.0

Mineral supplement

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Not used	Female	118	86.1	123	93.9	124	91.9	102	91.1	18	90.0	485	90.7
	Male	125	94.7	100	97.1	145	96.0	117	92.9	25	96.2	512	95.2
	Total	243	90.3	223	95.3	269	94.1	219	92.0	43	93.5	997	92.9
Used	Female	19	13.9	8	6.1	11	8.1	10	8.9	2	10.0	50	9.3
	Male	7	5.3	3	2.9	6	4.0	9	7.1	1	3.8	26	4.8
	Total	26	9.7	11	4.7	17	5.9	19	8.0	3	6.5	76	7.1

Fat supplement

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Not used	Female	134	97.8	131	100.0	133	98.5	109	97.3	19	95.0	526	98.3
	Male	130	98.5	103	100.0	151	100.0	125	99.2	26	100.0	535	99.4
	Total	264	98.1	234	100.0	284	99.3	234	98.3	45	97.8	1061	98.9
Used	Female	3	2.2	0	0.0	2	1.5	3	2.7	1	5.0	9	1.7
	Male	2	1.5	0	0.0	0	0.0	1	0.8	0	0.0	3	0.6
	Total	5	1.9	0	0.0	2	0.7	4	1.7	1	2.2	12	1.1

Protein supplement

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Not used	Female	135	98.5	129	98.5	134	99.3	111	99.1	20	100.0	529	98.9
	Male	126	95.5	101	98.1	149	98.7	126	100.0	26	100.0	528	98.1
	Total	261	97.0	230	98.3	283	99.0	237	99.6	46	100.0	1057	98.5
Used	Female	2	1.5	2	1.5	1	0.7	1	0.9	0	0.0	6	1.1
	Male	6	4.5	2	1.9	2	1.3	0	0.0	0	0.0	10	1.9
	Total	8	3.0	4	1.7	3	1.0	1	0.4	0	0.0	16	1.5

Dietary fiber supplement

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Not used	Female	134	97.8	131	100.0	135	100.0	112	100.0	20	100.0	532	99.4
	Male	132	100.0	103	100.0	150	99.3	126	100.0	26	100.0	537	99.8
	Total	266	98.9	234	100.0	285	99.7	238	100.0	46	100.0	1069	99.6
Used	Female	3	2.2	0	0.0	0	0.0	0	0.0	0	0.0	3	0.6
	Male	0	0.0	0	0.0	1	0.7	0	0.0	0	0.0	1	0.2
	Total	3	1.1	0	0.0	1	0.3	0	0.0	0	0.0	4	0.4

Supplement contained other nutrients

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Not used	Female	66	48.2	59	45.0	70	51.9	55	49.1	9	45.0	259	48.4
	Male	63	47.7	64	62.1	102	67.5	70	55.6	16	61.5	315	58.6
	Total	129	48.0	123	52.6	172	60.1	125	52.5	25	54.3	574	53.5
Used	Female	71	51.8	72	55.0	65	48.1	57	50.9	11	55.0	276	51.6
	Male	69	52.3	39	37.9	49	32.5	56	44.4	10	38.5	223	41.4
	Total	140	52.0	111	47.4	114	39.9	113	47.5	21	45.7	499	46.5

Drug contained some nutrients

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Not used	Female	118	86.1	116	88.5	123	91.1	107	95.5	20	100.0	484	90.5
	Male	120	90.9	95	92.2	136	90.1	121	96.0	26	100.0	498	92.6
	Total	238	88.5	211	90.2	259	90.6	228	95.8	46	100.0	982	91.5
Used	Female	19	13.9	15	11.5	12	8.9	5	4.5	0	0.0	51	9.5
	Male	12	9.1	8	7.8	15	9.9	5	4.0	0	0.0	40	7.4
	Total	31	11.5	23	9.8	27	9.4	10	4.2	0	0.0	91	8.5

5) Number of dietary supplement consumed in the previous 1 year

Total supplement

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
0	Male	53	40.2	53	51.5	83	55.0	55	43.7	9	34.6	253	47.0
	Female	45	32.8	42	32.1	57	42.2	33	29.5	3	15.0	180	33.6
	Total	98	36.4	95	40.6	140	49.0	88	37.0	12	26.1	433	40.4
1	Male	32	24.2	29	28.2	33	21.9	37	29.4	10	38.5	141	26.2
	Female	33	24.1	36	27.5	30	22.2	25	22.3	5	25.0	129	24.1
	Total	65	24.2	65	27.8	63	22.0	62	26.1	15	32.6	270	25.2
2	Male	19	14.4	16	15.5	17	11.3	16	12.7	5	19.2	73	13.6
	Female	23	16.8	20	15.3	14	10.4	30	26.8	7	35.0	94	17.6
	Total	42	15.6	36	15.4	31	10.8	46	19.3	12	26.1	167	15.6
3	Male	14	10.6	2	1.9	7	4.6	8	6.3	2	7.7	33	6.1
	Female	14	10.2	17	13.0	16	11.9	8	7.1	2	10.0	57	10.7
	Total	28	10.4	19	8.1	23	8.0	16	6.7	4	8.7	90	8.4
4	Male	6	4.5	1	1.0	4	2.6	5	4.0	0	0.0	16	3.0
	Female	12	8.8	9	6.9	7	5.2	7	6.3	2	10.0	37	6.9
	Total	18	6.7	10	4.3	11	3.8	12	5.0	2	4.3	53	4.9
5-9	Male	8	6.1	2	1.9	7	4.6	5	4.0	0	0.0	22	4.1
	Female	8	5.8	7	5.3	10	7.4	8	7.1	1	5.0	34	6.4
	Total	16	5.9	9	3.8	17	5.9	13	5.5	1	2.2	56	5.2
10-	Male	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
	Female	2	1.5	0	0.0	1	0.7	1	0.9	0	0.0	4	0.7
	Total	2	0.7	0	0.0	1	0.3	1	0.4	0	0.0	4	0.4

Vitamin supplement

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
0	Male	108	81.8	91	88.3	123	81.5	97	77.0	18	69.2	437	81.2
	Female	99	72.3	97	74.0	104	77.0	68	60.7	10	50.0	378	70.7
	Total	207	77.0	188	80.3	227	79.4	165	69.3	28	60.9	815	76.0
1	Male	17	12.9	9	8.7	21	13.9	24	19.0	7	26.9	78	14.5
	Female	25	18.2	25	19.1	25	18.5	26	23.2	6	30.0	107	20.0
	Total	42	15.6	34	14.5	46	16.1	50	21.0	13	28.3	185	17.2
2	Male	6	4.5	2	1.9	6	4.0	4	3.2	1	3.8	19	3.5
	Female	10	7.3	6	4.6	4	3.0	12	10.7	1	5.0	33	6.2
	Total	16	5.9	8	3.4	10	3.5	16	6.7	2	4.3	52	4.8
3	Male	1	0.8	0	0.0	1	0.7	0	0.0	0	0.0	2	0.4
	Female	2	1.5	3	2.3	2	1.5	6	5.4	3	15.0	16	3.0
	Total	3	1.1	3	1.3	3	1.0	6	2.5	3	6.5	18	1.7
4	Male	0	0.0	0	0.0	0	0.0	1	0.8	0	0.0	1	0.2
	Female	1	0.7	0	0.0	0	0.0	0	0.0	0	0.0	1	0.2
	Total	1	0.4	0	0.0	0	0.0	1	0.4	0	0.0	2	0.2
5-9	Male	0	0.0	1	1.0	0	0.0	0	0.0	0	0.0	1	0.2
	Female	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
	Total	0	0.0	1	0.4	0	0.0	0	0.0	0	0.0	1	0.1

Mineral supplement

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
0	Male	125	94.7	100	97.1	145	96.0	117	92.9	25	96.2	512	95.2
	Female	118	86.1	123	93.9	124	91.9	102	91.1	18	90.0	485	90.7
	Total	243	90.3	223	95.3	269	94.1	219	92.0	43	93.5	997	92.9
1	Male	6	4.5	3	2.9	6	4.0	8	6.3	1	3.8	24	4.5
	Female	14	10.2	6	4.6	11	8.1	8	7.1	2	10.0	41	7.7
	Total	20	7.4	9	3.8	17	5.9	16	6.7	3	6.5	65	6.1
2	Male	1	0.8	0	0.0	0	0.0	0	0.0	0	0.0	1	0.2
	Female	4	2.9	1	0.8	0	0.0	1	0.9	0	0.0	6	1.1
	Total	5	1.9	1	0.4	0	0.0	1	0.4	0	0.0	7	0.7
3	Male	0	0.0	0	0.0	0	0.0	1	0.8	0	0.0	1	0.2
	Female	1	0.7	1	0.8	0	0.0	1	0.9	0	0.0	3	0.6
	Total	1	0.4	1	0.4	0	0.0	2	0.8	0	0.0	4	0.4

Fat supplement

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
0	Male	130	98.5	103	100.0	151	100.0	125	99.2	26	100.0	535	99.4
	Female	134	97.8	131	100.0	133	98.5	109	97.3	19	95.0	526	98.3
	Total	264	98.1	234	100.0	284	99.3	234	98.3	45	97.8	1E3	98.9
1	Male	2	1.5	0	0.0	0	0.0	1	0.8	0	0.0	3	0.6
	Female	3	2.2	0	0.0	2	1.5	2	1.8	1	5.0	8	1.5
	Total	5	1.9	0	0.0	2	0.7	3	1.3	1	2.2	11	1.0
2	Male	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
	Female	0	0.0	0	0.0	0	0.0	1	0.9	0	0.0	1	0.2
	Total	0	0.0	0	0.0	0	0.0	1	0.4	0	0.0	1	0.1

Protein supplement

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
0	Male	126	95.5	101	98.1	149	98.7	126	100.0	26	100.0	528	98.1
	Female	135	98.5	129	98.5	134	99.3	111	99.1	20	100.0	529	98.9
	Total	261	97.0	230	98.3	283	99.0	237	99.6	46	100.0	1E3	98.5
1	Male	5	3.8	2	1.9	2	1.3	0	0.0	0	0.0	9	1.7
	Female	2	1.5	2	1.5	1	0.7	1	0.9	0	0.0	6	1.1
	Total	7	2.6	4	1.7	3	1.0	1	0.4	0	0.0	15	1.4
3	Male	1	0.8	0	0.0	0	0.0	0	0.0	0	0.0	1	0.2
	Female	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
	Total	1	0.4	0	0.0	0	0.0	0	0.0	0	0.0	1	0.1

Dietary fiber supplement

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
0	Male	132	100.0	103	100.0	150	99.3	126	100.0	26	100.0	537	99.8
	Female	134	97.8	131	100.0	135	100.0	112	100.0	20	100.0	532	99.4
	Total	266	98.9	234	100.0	285	99.7	238	100.0	46	100.0	1E3	99.6
1	Male	0	0.0	0	0.0	1	0.7	0	0.0	0	0.0	1	0.2
	Female	3	2.2	0	0.0	0	0.0	0	0.0	0	0.0	3	0.6
	Total	3	1.1	0	0.0	1	0.3	0	0.0	0	0.0	4	0.4

Supplement contained other nutrients

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
0	Male	63	47.7	64	62.1	102	67.5	70	55.6	16	61.5	315	58.6
	Female	66	48.2	59	45.0	70	51.9	55	49.1	9	45.0	259	48.4
	Total	129	48.0	123	52.6	172	60.1	125	52.5	25	54.3	574	53.5
1	Male	39	29.5	28	27.2	28	18.5	36	28.6	6	23.1	137	25.5
	Female	39	28.5	40	30.5	31	23.0	34	30.4	5	25.0	149	27.9
	Total	78	29.0	68	29.1	59	20.6	70	29.4	11	23.9	286	26.7
2	Male	17	12.9	9	8.7	11	7.3	10	7.9	2	7.7	49	9.1
	Female	20	14.6	18	13.7	15	11.1	11	9.8	5	25.0	69	12.9
	Total	37	13.8	27	11.5	26	9.1	21	8.8	7	15.2	118	11.0
3	Male	8	6.1	1	1.0	5	3.3	6	4.8	2	7.7	22	4.1
	Female	6	4.4	9	6.9	12	8.9	4	3.6	1	5.0	32	6.0
	Total	14	5.2	10	4.3	17	5.9	10	4.2	3	6.5	54	5.0
4	Male	2	1.5	0	0.0	3	2.0	2	1.6	0	0.0	7	1.3
	Female	4	2.9	3	2.3	2	1.5	6	5.4	0	0.0	15	2.8
	Total	6	2.2	3	1.3	5	1.7	8	3.4	0	0.0	22	2.1
5-9	Male	3	2.3	1	1.0	2	1.3	2	1.6	0	0.0	8	1.5
	Female	0	0.0	2	1.5	5	3.7	2	1.8	0	0.0	9	1.7
	Total	3	1.1	3	1.3	7	2.4	4	1.7	0	0.0	17	1.6
10-	Male	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
	Female	2	1.5	0	0.0	0	0.0	0	0.0	0	0.0	2	0.4
	Total	2	0.7	0	0.0	0	0.0	0	0.0	0	0.0	2	0.2

Drug contained some nutrients

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
0	Male	120	90.9	95	92.2	136	90.1	121	96.0	26	100.0	498	92.6
	Female	118	86.1	116	88.5	123	91.1	107	95.5	20	100.0	484	90.5
	Total	238	88.5	211	90.2	259	90.6	228	95.8	46	100.0	982	91.5
1	Male	12	9.1	8	7.8	14	9.3	4	3.2	0	0.0	38	7.1
	Female	18	13.1	13	9.9	11	8.1	4	3.6	0	0.0	46	8.6
	Total	30	11.2	21	9.0	25	8.7	8	3.4	0	0.0	84	7.8
2	Male	0	0.0	0	0.0	0	0.0	1	0.8	0	0.0	1	0.2
	Female	1	0.7	2	1.5	1	0.7	1	0.9	0	0.0	5	0.9
	Total	1	0.4	2	0.9	1	0.3	2	0.8	0	0.0	6	0.6
3	Male	0	0.0	0	0.0	1	0.7	0	0.0	0	0.0	1	0.2
	Female	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
	Total	0	0.0	0	0.0	1	0.3	0	0.0	0	0.0	1	0.1