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#### H. 知的財産権の出願、登録状況

特になし。

# 厚生労働科学研究費補助金難治性疾患克服研究事業

## 研究課題：原発性高脂血症に関する調査研究

課題番号：H14-難治-11

### 研究目的

- 1) 高脂血症の診断指針と病態解析におけるゲノム解析の有用性の検討
- 2) ハイリスク高脂血症の診断と病態および発症要因に関する研究
- 3) 小児高脂血症におけるFCHLおよびFHの診断法の確立
- 4) 動脈硬化発症におけるHDLに関する研究
- 5) 高脂血症に関する各種検査法の実態調査

### 研究成果の概要

- 1) 日本人の高脂血症起因遺伝子異常、家族性高コレステロール血症（FH）、2000年調査解析のゲノムデータベースの作成を終了し公表した。一般住民のSNPs解析の中間解析を公表した。
- 2) 家族性複合型高脂血症（FCHL）の診断基準に沿って実際に同定された症例の解析から、その有用性と今後検討する必要性のある項目が明確化された。
- 3) 小児FHの診断基準(案)が作成された。小児のFCHLの診断基準が新たに必要になった。
- 4) 低HDL血症の治療による心筋梗塞の予防効果のシミュレーションから、心筋梗塞の予防期待値はLDL低下を上回ることが明らかになった。
- 5) LDL-コレステロール測定のための各々の直接法の比較から、標準化の問題点が明確になった。

これらの研究成果の一部は、日本動脈硬化学会英文誌に発表され、遺伝子解析に関わるデータベースは学会ホームページから閲覧可能となる。

# 高脂血症の診断指針と病態解析におけるゲノム解析の有用性の検討

## －日本人の高脂血症起因遺伝子異常

・原発性高脂血症調査研究班（北班）で実施された全国レベルの症例調査の結果を基礎に、平成15年末までに学会・論文等で公表された遺伝子変異を調査蒐集し、遺伝子ごとに集計された。

・日本人原発性高脂血症及び関連疾患の原因遺伝子変異として、現在までに15遺伝子、195変異が報告された。

・日本動脈硬化学会英文誌に公表された（*J Atheroscler Thromb.* 2004;11:131-45.）。本データベースは学会ホームページにリンクされる。

・原発性高脂血症起因遺伝子データベースが一般臨床現場からアクセス可能になり、高脂血症診療におけるゲノム解析情報を組み入れることを可能にする。

表1. 日本人で報告されたLDL受容体遺伝子異常

GenID	Region	Allele	Ref	Gene	Nucleotide Change	Effect on LDL receptor	Site	Achie	Preferece
rs1411	4B-10	G→C	185	Hollander	G→C at 192	Trp→Arg p.192	185	Swedish	185
rs1412	4B-11	C→A	186	Hollander	C→A at 119	Trp→Cys p.119	186	Swedish	186
rs1413	4B-12	G→A	187	Hollander	G→A at 139	Leu→Val p.139	187	Swedish	187
rs1414	4B-13	G→A	188	Hollander	G→A at 159	Leu→Val p.159	188	Swedish	188
rs1415	4B-14	G→A	189	Hollander	G→A at 179	Leu→Val p.179	189	Swedish	189
rs1416	4B-15	G→A	190	Hollander	G→A at 199	Leu→Val p.199	190	Swedish	190
rs1417	4B-16	G→A	191	Hollander	G→A at 219	Leu→Val p.219	191	Swedish	191
rs1418	4B-17	G→A	192	Hollander	G→A at 239	Leu→Val p.239	192	Swedish	192
rs1419	4B-18	G→A	193	Hollander	G→A at 259	Leu→Val p.259	193	Swedish	193
rs1420	4B-19	G→A	194	Hollander	G→A at 279	Leu→Val p.279	194	Swedish	194
rs1421	4B-20	G→A	195	Hollander	G→A at 299	Leu→Val p.299	195	Swedish	195
rs1422	4B-21	G→A	196	Hollander	G→A at 319	Leu→Val p.319	196	Swedish	196
rs1423	4B-22	G→A	197	Hollander	G→A at 339	Leu→Val p.339	197	Swedish	197
rs1424	4B-23	G→A	198	Hollander	G→A at 359	Leu→Val p.359	198	Swedish	198
rs1425	4B-24	G→A	199	Hollander	G→A at 379	Leu→Val p.379	199	Swedish	199
rs1426	4B-25	G→A	200	Hollander	G→A at 399	Leu→Val p.399	200	Swedish	200
rs1427	4B-26	G→A	201	Hollander	G→A at 419	Leu→Val p.419	201	Swedish	201
rs1428	4B-27	G→A	202	Hollander	G→A at 439	Leu→Val p.439	202	Swedish	202
rs1429	4B-28	G→A	203	Hollander	G→A at 459	Leu→Val p.459	203	Swedish	203
rs1430	4B-29	G→A	204	Hollander	G→A at 479	Leu→Val p.479	204	Swedish	204
rs1431	4B-30	G→A	205	Hollander	G→A at 499	Leu→Val p.499	205	Swedish	205
rs1432	4B-31	G→A	206	Hollander	G→A at 519	Leu→Val p.519	206	Swedish	206
rs1433	4B-32	G→A	207	Hollander	G→A at 539	Leu→Val p.539	207	Swedish	207
rs1434	4B-33	G→A	208	Hollander	G→A at 559	Leu→Val p.559	208	Swedish	208
rs1435	4B-34	G→A	209	Hollander	G→A at 579	Leu→Val p.579	209	Swedish	209
rs1436	4B-35	G→A	210	Hollander	G→A at 599	Leu→Val p.599	210	Swedish	210
rs1437	4B-36	G→A	211	Hollander	G→A at 619	Leu→Val p.619	211	Swedish	211
rs1438	4B-37	G→A	212	Hollander	G→A at 639	Leu→Val p.639	212	Swedish	212
rs1439	4B-38	G→A	213	Hollander	G→A at 659	Leu→Val p.659	213	Swedish	213
rs1440	4B-39	G→A	214	Hollander	G→A at 679	Leu→Val p.679	214	Swedish	214
rs1441	4B-40	G→A	215	Hollander	G→A at 699	Leu→Val p.699	215	Swedish	215
rs1442	4B-41	G→A	216	Hollander	G→A at 719	Leu→Val p.719	216	Swedish	216
rs1443	4B-42	G→A	217	Hollander	G→A at 739	Leu→Val p.739	217	Swedish	217
rs1444	4B-43	G→A	218	Hollander	G→A at 759	Leu→Val p.759	218	Swedish	218
rs1445	4B-44	G→A	219	Hollander	G→A at 779	Leu→Val p.779	219	Swedish	219
rs1446	4B-45	G→A	220	Hollander	G→A at 799	Leu→Val p.799	220	Swedish	220
rs1447	4B-46	G→A	221	Hollander	G→A at 819	Leu→Val p.819	221	Swedish	221
rs1448	4B-47	G→A	222	Hollander	G→A at 839	Leu→Val p.839	222	Swedish	222
rs1449	4B-48	G→A	223	Hollander	G→A at 859	Leu→Val p.859	223	Swedish	223
rs1450	4B-49	G→A	224	Hollander	G→A at 879	Leu→Val p.879	224	Swedish	224
rs1451	4B-50	G→A	225	Hollander	G→A at 899	Leu→Val p.899	225	Swedish	225
rs1452	4B-51	G→A	226	Hollander	G→A at 919	Leu→Val p.919	226	Swedish	226
rs1453	4B-52	G→A	227	Hollander	G→A at 939	Leu→Val p.939	227	Swedish	227
rs1454	4B-53	G→A	228	Hollander	G→A at 959	Leu→Val p.959	228	Swedish	228
rs1455	4B-54	G→A	229	Hollander	G→A at 979	Leu→Val p.979	229	Swedish	229
rs1456	4B-55	G→A	230	Hollander	G→A at 999	Leu→Val p.999	230	Swedish	230
rs1457	4B-56	G→A	231	Hollander	G→A at 1019	Leu→Val p.1019	231	Swedish	231
rs1458	4B-57	G→A	232	Hollander	G→A at 1039	Leu→Val p.1039	232	Swedish	232
rs1459	4B-58	G→A	233	Hollander	G→A at 1059	Leu→Val p.1059	233	Swedish	233
rs1460	4B-59	G→A	234	Hollander	G→A at 1079	Leu→Val p.1079	234	Swedish	234
rs1461	4B-60	G→A	235	Hollander	G→A at 1099	Leu→Val p.1099	235	Swedish	235
rs1462	4B-61	G→A	236	Hollander	G→A at 1119	Leu→Val p.1119	236	Swedish	236
rs1463	4B-62	G→A	237	Hollander	G→A at 1139	Leu→Val p.1139	237	Swedish	237
rs1464	4B-63	G→A	238	Hollander	G→A at 1159	Leu→Val p.1159	238	Swedish	238
rs1465	4B-64	G→A	239	Hollander	G→A at 1179	Leu→Val p.1179	239	Swedish	239
rs1466	4B-65	G→A	240	Hollander	G→A at 1199	Leu→Val p.1199	240	Swedish	240
rs1467	4B-66	G→A	241	Hollander	G→A at 1219	Leu→Val p.1219	241	Swedish	241
rs1468	4B-67	G→A	242	Hollander	G→A at 1239	Leu→Val p.1239	242	Swedish	242
rs1469	4B-68	G→A	243	Hollander	G→A at 1259	Leu→Val p.1259	243	Swedish	243
rs1470	4B-69	G→A	244	Hollander	G→A at 1279	Leu→Val p.1279	244	Swedish	244
rs1471	4B-70	G→A	245	Hollander	G→A at 1299	Leu→Val p.1299	245	Swedish	245
rs1472	4B-71	G→A	246	Hollander	G→A at 1319	Leu→Val p.1319	246	Swedish	246
rs1473	4B-72	G→A	247	Hollander	G→A at 1339	Leu→Val p.1339	247	Swedish	247
rs1474	4B-73	G→A	248	Hollander	G→A at 1359	Leu→Val p.1359	248	Swedish	248
rs1475	4B-74	G→A	249	Hollander	G→A at 1379	Leu→Val p.1379	249	Swedish	249
rs1476	4B-75	G→A	250	Hollander	G→A at 1399	Leu→Val p.1399	250	Swedish	250
rs1477	4B-76	G→A	251	Hollander	G→A at 1419	Leu→Val p.1419	251	Swedish	251
rs1478	4B-77	G→A	252	Hollander	G→A at 1439	Leu→Val p.1439	252	Swedish	252
rs1479	4B-78	G→A	253	Hollander	G→A at 1459	Leu→Val p.1459	253	Swedish	253
rs1480	4B-79	G→A	254	Hollander	G→A at 1479	Leu→Val p.1479	254	Swedish	254
rs1481	4B-80	G→A	255	Hollander	G→A at 1499	Leu→Val p.1499	255	Swedish	255
rs1482	4B-81	G→A	256	Hollander	G→A at 1519	Leu→Val p.1519	256	Swedish	256
rs1483	4B-82	G→A	257	Hollander	G→A at 1539	Leu→Val p.1539	257	Swedish	257
rs1484	4B-83	G→A	258	Hollander	G→A at 1559	Leu→Val p.1559	258	Swedish	258
rs1485	4B-84	G→A	259	Hollander	G→A at 1579	Leu→Val p.1579	259	Swedish	259
rs1486	4B-85	G→A	260	Hollander	G→A at 1599	Leu→Val p.1599	260	Swedish	260
rs1487	4B-86	G→A	261	Hollander	G→A at 1619	Leu→Val p.1619	261	Swedish	261
rs1488	4B-87	G→A	262	Hollander	G→A at 1639	Leu→Val p.1639	262	Swedish	262
rs1489	4B-88	G→A	263	Hollander	G→A at 1659	Leu→Val p.1659	263	Swedish	263
rs1490	4B-89	G→A	264	Hollander	G→A at 1679	Leu→Val p.1679	264	Swedish	264
rs1491	4B-90	G→A	265	Hollander	G→A at 1699	Leu→Val p.1699	265	Swedish	265
rs1492	4B-91	G→A	266	Hollander	G→A at 1719	Leu→Val p.1719	266	Swedish	266
rs1493	4B-92	G→A	267	Hollander	G→A at 1739	Leu→Val p.1739	267	Swedish	267
rs1494	4B-93	G→A	268	Hollander	G→A at 1759	Leu→Val p.1759	268	Swedish	268
rs1495	4B-94	G→A	269	Hollander	G→A at 1779	Leu→Val p.1779	269	Swedish	269
rs1496	4B-95	G→A	270	Hollander	G→A at 1799	Leu→Val p.1799	270	Swedish	270
rs1497	4B-96	G→A	271	Hollander	G→A at 1819	Leu→Val p.1819	271	Swedish	271
rs1498	4B-97	G→A	272	Hollander	G→A at 1839	Leu→Val p.1839	272	Swedish	272
rs1499	4B-98	G→A	273	Hollander	G→A at 1859	Leu→Val p.1859	273	Swedish	273
rs1500	4B-99	G→A	274	Hollander	G→A at 1879	Leu→Val p.1879	274	Swedish	274
rs1501	4B-100	G→A	275	Hollander	G→A at 1899	Leu→Val p.1899	275	Swedish	275

# 高脂血症の診断指針と病態解析におけるゲノム解析の有用性の検討

— 全国レベルの症例調査における家族性高コレステロール血症の集計 —

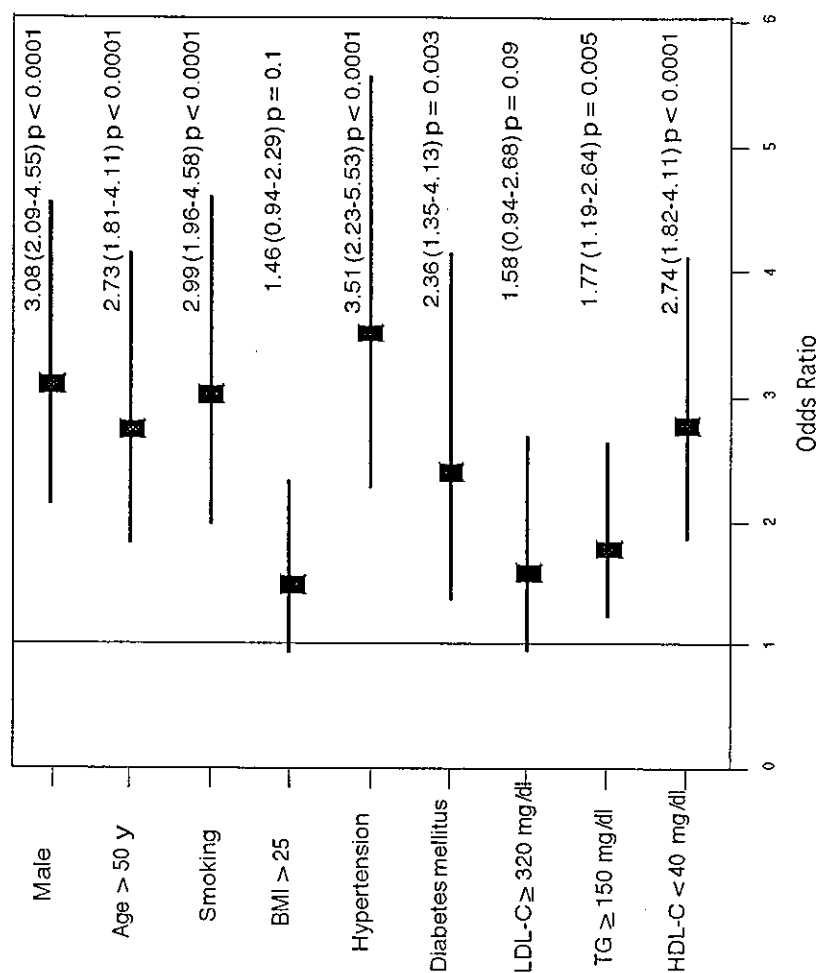
・ 全国レベルの症例調査のデータベースから、家族性高コレステロール血症の病態が集計された。

・ 家族性高コレステロール血症ホモ接合体19症例、ヘテロ接合体641症例が登録された。

・ 日本動脈硬化学会英文誌に公表された (*J.Atheroscler Thromb.* 2004;11:146-51)。本データベースは学会ホームページにリンクされる。

・ 原発性高脂血症起因遺伝子データベースが一般臨床現場からアクセス可能になり、家族性高コレステロール血症の診療における病態およびゲノム解析情報を組み入れることを可能にする。

図 FHにおける冠動脈疾患危険因子のオッズ比



# 高脂血症の診断指針と病態解析におけるゲノム解析の有用性の検討 — 2000年調査解析 —

・ 1960年より10年ごとに行われている西暦2000年の日本人の血清脂質調査の解析が集計された。約1万2千人の血清脂質調査のなかでインフォームドコンセントにより同意を得た2267名の遺伝子解析が行われ血清脂質との関連が解析された。

・ 脂質関連因子の変異である遺伝子多型と血中コレステロール、中性脂肪値との相関が明らかになった。

・ 日本動脈硬化学会英文誌に公表される (*J Atheroscler Thromb.* 2005 in press)。本データベースは学会ホームページにリンクされる。

	野生型	ヘテロ	ホモ
CETP	99.5%	0.5%	0.0%
1452GA			
CETP D442G	92.6%	7.3%	0.1%
LPL S447X	78.0%	20.7%	1.3%
	<b>B1/B1</b>	<b>B1/B2</b>	<b>B2/B2</b>
CETP Taq1B	35.8%	48.4%	15.8%
	<b>C/C</b>	<b>C/C</b>	<b>T/T</b>
HTGL 514CT	24.9%	50.4%	24.7%
MTHFR	32.7%	49.0%	18.3%
C667T			
	<b>C/C</b>	<b>C/G</b>	<b>C/G</b>
ApoCIII Sst	42.0%	45.8%	12.2%

# 日本人の脂質代謝異常の起因遺伝子のデータベースの作成

— 動脈硬化発症に関する多様性の原因である遺伝子異常の重積に関する一般住民のSNPs解析 —

・ 高脂血症を有する一般住民におけるゲノムワイドおよび脂質関連SNPs解析を実施した。

・ 1100検体の登録、547SNPsのタイプングを終了した。362検体、413SNPsの中間集計結果を公表した。

・ 動脈硬化進展度と6種類、LDL-コレステロールと6種類、HDLコレステロールと5種類、中性脂肪と5種類の関連SNPsが同定された。

・ 動脈硬化進展度へのSNPsと危険因子の寄与度を明らかにした。

・ 研究成果は英文誌に公表され (J Hum Genet. 2003;48:305-8、2003;48:447-50、2004;49:24-8)、本データベースは日本動脈硬化化学会ホームページにリンクされる。

表 ゲノムワイドおよび脂質関連SNPsの一覧

SNP ID	Chr	Position (kb)	Gene	Frequency	Associated Trait
rs1044398	1	10,000	LDLR	0.05	LDL-C
rs1044399	1	10,000	LDLR	0.05	LDL-C
rs1044400	1	10,000	LDLR	0.05	LDL-C
rs1044401	1	10,000	LDLR	0.05	LDL-C
rs1044402	1	10,000	LDLR	0.05	LDL-C
rs1044403	1	10,000	LDLR	0.05	LDL-C
rs1044404	1	10,000	LDLR	0.05	LDL-C
rs1044405	1	10,000	LDLR	0.05	LDL-C
rs1044406	1	10,000	LDLR	0.05	LDL-C
rs1044407	1	10,000	LDLR	0.05	LDL-C
rs1044408	1	10,000	LDLR	0.05	LDL-C
rs1044409	1	10,000	LDLR	0.05	LDL-C
rs1044410	1	10,000	LDLR	0.05	LDL-C
rs1044411	1	10,000	LDLR	0.05	LDL-C
rs1044412	1	10,000	LDLR	0.05	LDL-C
rs1044413	1	10,000	LDLR	0.05	LDL-C
rs1044414	1	10,000	LDLR	0.05	LDL-C
rs1044415	1	10,000	LDLR	0.05	LDL-C
rs1044416	1	10,000	LDLR	0.05	LDL-C
rs1044417	1	10,000	LDLR	0.05	LDL-C
rs1044418	1	10,000	LDLR	0.05	LDL-C
rs1044419	1	10,000	LDLR	0.05	LDL-C
rs1044420	1	10,000	LDLR	0.05	LDL-C
rs1044421	1	10,000	LDLR	0.05	LDL-C
rs1044422	1	10,000	LDLR	0.05	LDL-C
rs1044423	1	10,000	LDLR	0.05	LDL-C
rs1044424	1	10,000	LDLR	0.05	LDL-C
rs1044425	1	10,000	LDLR	0.05	LDL-C
rs1044426	1	10,000	LDLR	0.05	LDL-C
rs1044427	1	10,000	LDLR	0.05	LDL-C
rs1044428	1	10,000	LDLR	0.05	LDL-C
rs1044429	1	10,000	LDLR	0.05	LDL-C
rs1044430	1	10,000	LDLR	0.05	LDL-C
rs1044431	1	10,000	LDLR	0.05	LDL-C
rs1044432	1	10,000	LDLR	0.05	LDL-C
rs1044433	1	10,000	LDLR	0.05	LDL-C
rs1044434	1	10,000	LDLR	0.05	LDL-C
rs1044435	1	10,000	LDLR	0.05	LDL-C
rs1044436	1	10,000	LDLR	0.05	LDL-C
rs1044437	1	10,000	LDLR	0.05	LDL-C
rs1044438	1	10,000	LDLR	0.05	LDL-C
rs1044439	1	10,000	LDLR	0.05	LDL-C
rs1044440	1	10,000	LDLR	0.05	LDL-C
rs1044441	1	10,000	LDLR	0.05	LDL-C
rs1044442	1	10,000	LDLR	0.05	LDL-C
rs1044443	1	10,000	LDLR	0.05	LDL-C
rs1044444	1	10,000	LDLR	0.05	LDL-C
rs1044445	1	10,000	LDLR	0.05	LDL-C
rs1044446	1	10,000	LDLR	0.05	LDL-C
rs1044447	1	10,000	LDLR	0.05	LDL-C
rs1044448	1	10,000	LDLR	0.05	LDL-C
rs1044449	1	10,000	LDLR	0.05	LDL-C
rs1044450	1	10,000	LDLR	0.05	LDL-C
rs1044451	1	10,000	LDLR	0.05	LDL-C
rs1044452	1	10,000	LDLR	0.05	LDL-C
rs1044453	1	10,000	LDLR	0.05	LDL-C
rs1044454	1	10,000	LDLR	0.05	LDL-C
rs1044455	1	10,000	LDLR	0.05	LDL-C
rs1044456	1	10,000	LDLR	0.05	LDL-C
rs1044457	1	10,000	LDLR	0.05	LDL-C
rs1044458	1	10,000	LDLR	0.05	LDL-C
rs1044459	1	10,000	LDLR	0.05	LDL-C
rs1044460	1	10,000	LDLR	0.05	LDL-C
rs1044461	1	10,000	LDLR	0.05	LDL-C
rs1044462	1	10,000	LDLR	0.05	LDL-C
rs1044463	1	10,000	LDLR	0.05	LDL-C
rs1044464	1	10,000	LDLR	0.05	LDL-C
rs1044465	1	10,000	LDLR	0.05	LDL-C
rs1044466	1	10,000	LDLR	0.05	LDL-C
rs1044467	1	10,000	LDLR	0.05	LDL-C
rs1044468	1	10,000	LDLR	0.05	LDL-C
rs1044469	1	10,000	LDLR	0.05	LDL-C
rs1044470	1	10,000	LDLR	0.05	LDL-C
rs1044471	1	10,000	LDLR	0.05	LDL-C
rs1044472	1	10,000	LDLR	0.05	LDL-C
rs1044473	1	10,000	LDLR	0.05	LDL-C
rs1044474	1	10,000	LDLR	0.05	LDL-C
rs1044475	1	10,000	LDLR	0.05	LDL-C
rs1044476	1	10,000	LDLR	0.05	LDL-C
rs1044477	1	10,000	LDLR	0.05	LDL-C
rs1044478	1	10,000	LDLR	0.05	LDL-C
rs1044479	1	10,000	LDLR	0.05	LDL-C
rs1044480	1	10,000	LDLR	0.05	LDL-C
rs1044481	1	10,000	LDLR	0.05	LDL-C
rs1044482	1	10,000	LDLR	0.05	LDL-C
rs1044483	1	10,000	LDLR	0.05	LDL-C
rs1044484	1	10,000	LDLR	0.05	LDL-C
rs1044485	1	10,000	LDLR	0.05	LDL-C
rs1044486	1	10,000	LDLR	0.05	LDL-C
rs1044487	1	10,000	LDLR	0.05	LDL-C
rs1044488	1	10,000	LDLR	0.05	LDL-C
rs1044489	1	10,000	LDLR	0.05	LDL-C
rs1044490	1	10,000	LDLR	0.05	LDL-C
rs1044491	1	10,000	LDLR	0.05	LDL-C
rs1044492	1	10,000	LDLR	0.05	LDL-C
rs1044493	1	10,000	LDLR	0.05	LDL-C
rs1044494	1	10,000	LDLR	0.05	LDL-C
rs1044495	1	10,000	LDLR	0.05	LDL-C
rs1044496	1	10,000	LDLR	0.05	LDL-C
rs1044497	1	10,000	LDLR	0.05	LDL-C
rs1044498	1	10,000	LDLR	0.05	LDL-C
rs1044499	1	10,000	LDLR	0.05	LDL-C
rs1044500	1	10,000	LDLR	0.05	LDL-C

# ハイリスク高脂血症の診断と病態および発症要因に関する研究 — 家族性複合型高脂血症(FCHL)の診断と病態 —

- ・家族性複合型高脂血症(FCHL)と診断された100症例の臨床像が解析された。
- ・異なった地区におけるFCHLの症例解析から、血清脂質、アポ蛋白の特徴が明らかになった。
- ・FCHLのアポB高値およびsmall dense LDLの存在の特異性を検討する必要がある。
- ・新FCHLの診断基準に沿った症例と家族歴から診断された症例の病態の比較が今後必要である。
- ・診断基準の普及により、冠動脈疾患の基礎疾患として最も頻度の高い高脂血症であるFCHLの治療体制の確立が可能になる。

表 1 FCHLの臨床像の比較

	千葉大学	金沢大学	
年齢	60±8歳	52±2.8歳	(p<0.001)
BMI	24.9±3.3 kg/m <sup>2</sup>	24.3±2.8 kg/m <sup>2</sup>	(ns)
TC	230±31mg/dl	235±35mg/dl	(ns)
TG	255±131mg/dl	200±115mg/dl	(<0.05)
LDL-C	138±31mg/dl	160±38mg/dl	(<0.05)
HDL-C	46±12 mg/dl	44±14mg/dl	(ns)
Apo A-I	133±22 mg/dl	122±29 mg/dl	(<0.05)
Apo A-II	31±5.5 mg/dl	35±7.8 mg/dl	(<0.05)
Apo B	136±23 mg/dl	135±30 mg/dl	(ns)
Apo CII	5.7±2.2 mg/dl	6.7±2.9 mg/dl	(<0.05)
Apo CIII	14±4.9 mg/dl	14±5.5 mg/dl	(ns)
Apo E	6.5±2.1 mg/dl	5.7±1.8 mg/dl	(<0.05)



## 小児高脂血症におけるFCHLおよびFHの診断法の確立

・ 幼児FHスクリーニング結果及び日本人学童の総コレステロール(TC)値から家族性高コレステロール血症 (FH)の診断基準(案)を作成した。

1. 血清総コレステロール値220 mg/dl以上でIIaまたはIIbの表現型を示す。

2. 第1度近親者にFH確診例がみられる。

3. LDL受容体の分析により受容体活性低下ないし異常が認められる。

1, 2 を満たした場合FHと診断する。 3 は努力目標とする。

・ この診断基準案の妥当性を全国アンケート調査により評価する必要がある。

・ 本診断基準の確定により、小児におけるFHの診断が可能になり早期からの動脈硬化性疾患の予防のためのフォローアップ体制が確立できる。

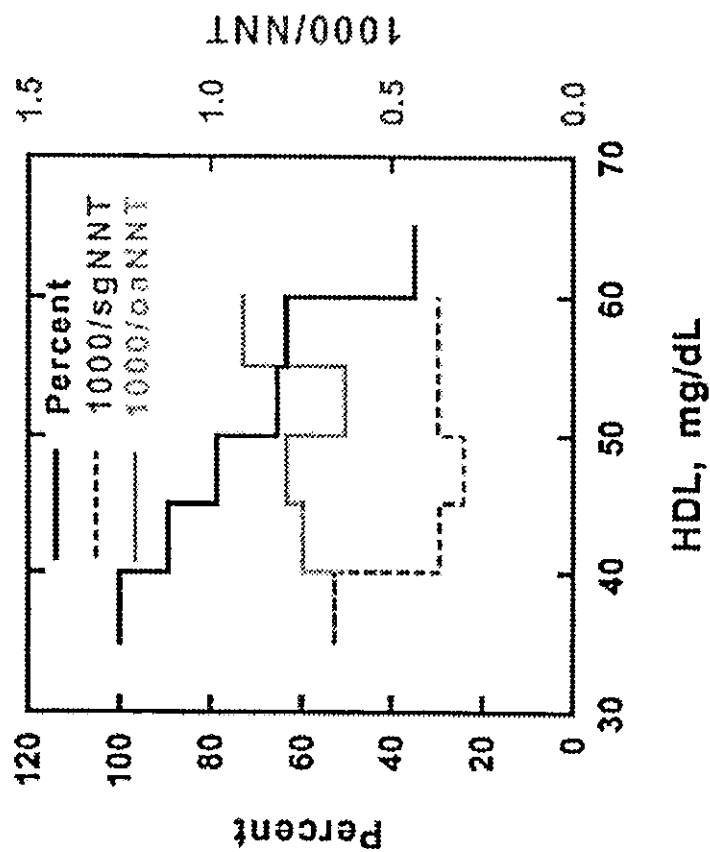
## 動脈硬化発症におけるHDLに関する研究

・ 1990年の本研究班による日本人の年齢別・性別のLDL、HDLの濃度分布と1995年の国勢調査による年齢・性別人口、及びJ-LITによる性別のLDL、HDL依存心筋梗塞発症率から、それぞれの低下・上昇による発症予防のNNTを計算し、治療効率のシミュレーションを試みた。

・ LDL低下による予防効率は目標が160 mg/dLより高ければHDLに勝るがそれ以下では急速に低下する。これに比べ、HDL上昇による予防効率は目標値に関わらず一定であった。その結果、LDL低下による心筋梗塞の最大達成率は40%、HDL上昇によるそれは65%と試算された。

・ HDL増加をひき起こす治療は効果的であり今後の動脈硬化治療のターゲットとなる。

図 HDL低下による冠動脈疾患予防の治療効率



## 高脂血症に関する各種検査法の実態調査

・我が国における動脈硬化学会による動脈硬化性疾患診療ガイドラインにおいてカテゴリー別にLDL-コレステロール治療目標値が設定され、日常臨床における測定の重要性が認識されている。

・LDL-C測定には、Friedewald式における計測に加え、直接法による測定が普及し、これらの標準化と有用性の検討が必要である。

・同一脂質異常検体を、異なる直接法により測定した結果、各々、LDL-C値の差異のあることが明らかになった。測定方法によることが考えられ、LDL-C値に関わる標準化が必要であるとが明らかになった。

・様々な症例の検体を用いた測定結果を比較検討することにより検討をすすめる必要がある。

表1

### 対象血清の血清脂質

No.	T-CHO	TG	HDL	Midband		LDL		協和	和光
				の有無	計算式	第一	LDL		
A-1	249	310	49	±	138	148	156.7	161.2	161.2
A-2	225	155	55	+	139	135	161.9	153.2	153.2
A-3	195	143	53	±	113.4	117	123.5	121.3	121.3
A-4	283	71	71	-	197.8	182	197.4	193.7	193.7
A-5	247	89	60	.	169.2	164	168.9	172.1	172.1
A-6	202	77	43	±	143.6	137	144.2	140.1	140.1
A-7	220	392	39	+	102.6	128	128.1	131.8	131.8
B-1	181	253	29	+	101.4	95	104	104.7	104.7
B-2	227	108	53	+	152.4	142	144.8	144.6	144.6
B-3	354	284	39	+	258.2	240	287.2	282.6	282.6
B-4	181	280	57	-	68	89	88.7	102.2	102.2
B-5	227	248	39	+	138.4	144	159.2	169.5	169.5
B-6	282	582	37	+	128.6	107	139.2	140.5	140.5
平均					142.35	140.6	154.14	155.19	155.19

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