

FIGURE 8. Quantitative analysis of the immunohistochemistry for CD11c and CD11b in the cornea of mice receiving transplants of BM cells or HSCs. The percentage of positive cells per section was calculated as the number of cells that coexpressed GFP and CD11c or GFP and CD11b, divided by the total number of GFP⁺ cells \times 100. The number of CD11c⁺ cells in both the peripheral and central areas of the cornea was greater in mice receiving transplants of HSCs than in those receiving BM cells. Approximately 50% of GFP⁺ cells were immunostained with CD11b in both BM cell and HSC recipients. There were statistically significant differences between CD11c⁺ and CD11b⁺ (Mann-Whitney test: * $P < 0.01$, ** $P < 0.05$).

a significant number of resident dendritic cells in the corneal tissue.

Our observations in corneas receiving GFP-labeled BM cell transplants are of particular interest. Ours is the first report on the time course of the migration of GFP-labeled BM cells into the cornea. Within 2 months after BM cell transplantation, the density of GFP-labeled cells gradually increased; thereafter, cell density was comparatively stable, and finally, at 6 months, it reached a plateau. These findings led us to the interesting hypothesis that BM-derived cells continuously migrate into corneal tissue and contribute to corneal integrity. At present, we do not know the longevity of GFP-labeled BM cells in the mouse cornea. Using other experimental protocols, further cell biological study is needed to clarify this point.

There have been no reports on the distribution of hematopoietic stem/progenitor cells (not bone marrow cells) in the mouse cornea. Although the type of transplantation necessary to obtain these data is very difficult, our group has mastered the technique by using a unique protocol that facilitates our long-term observation of the eyes of transplant-recipient mice.

Our study demonstrates that most of the GFP⁺ cells were distributed in the corneal stroma: Approximately 25% were found in the periphery and 7% in the center. In contrast, a small number, approximately 1%, were found in the corneal epithelium. The distribution rates of GFP⁺ cells were similar in mice receiving with BM cells and HSCs. These results suggest

that cells migrating into the corneal tissue may be definite populations of BM cells, such as HSCs or undifferentiated progenitor cells.

Based on our immunohistochemical results, we divided GFP⁺ cells in the corneal tissue into four groups: GFP⁺CD11c⁺, GFP⁺CD11b⁺, GFP⁺CD11c⁻, and GFP⁺CD11b⁻ cells. GFP⁺CD11c⁺ cells (approximately 40% in the HSC transplantation experiment) are thought to express the dendritic cell phenotype²⁰⁻²² and GFP⁺CD11b⁺ cells (approximately 55% in HSCs) either the dendritic cell or macrophage phenotype.²³ Using a protocol similar to ours, Espinosa-Heidmann et al.²⁴ found that BM-derived progenitor cells contributed to experimental choroidal neovascularization. When they used the F4/80 antibody (monocyte marker), they observed GFP⁺F4/80⁺ cells in the limbus, ciliary body, and normal choroid and sclera, suggesting a high turnover and recruitment rate of infiltrated macrophages. Based on their findings and our observations, we postulate that some of the GFP⁺ cells in the mouse cornea are BM-derived APCs.

Some of the GFP⁺ cells were negative for cell-surface markers for APCs (CD11c and CD11b), and their origin is unclear. Corneal stroma is composed of both corneal keratocytes and a variety of extracellular matrices comprising collagen subtypes. In our experience, the morphology of GFP⁺ cells in the corneal stroma and of corneal keratocytes is very similar. If BM-derived stem cells terminally transdifferentiate into corneal keratocytes, they can be expected eventually to lose surface CD45 expression. We posit that our immunologic experiment did not detect immature Sca-1⁺ cells in the mouse cornea (data not shown), suggesting that transplanted hematopoietic stem/progenitor cells first homed to BM and engrafted in the recipient mice, and then provided mature BM-derived cells in the cornea. Based on our present results we cannot unequivocally claim that BM-derived GFP⁺ cells can transdifferentiate into corneal cell phenotypes or neurons. Therefore, morphologic and immunohistochemical studies are under way to examine extracellular matrices and cell-surface markers that are uniquely synthesized by corneal keratocytes.

Several technical and conceptual issues deserve consideration in the interpretation of our results. It is important to note that even in eGFP mice significantly fewer than 100% of the cells express GFP. As this may be due to cell-cycle dependent expression of GFP, we suggest that our results underestimate the potential contribution of BM-derived cells in the mouse cornea. We are currently investigating whether the findings we made with our animal model are applicable to humans. Therefore, we are studying the distribution of BM-derived cells in human corneas.

In conclusion, ours is the first study that presents direct evidence for the migration into the cornea of GFP-labeled BM-derived cells. We provide immunohistochemical evidence that some of the migrating cells were BM-derived cells such as

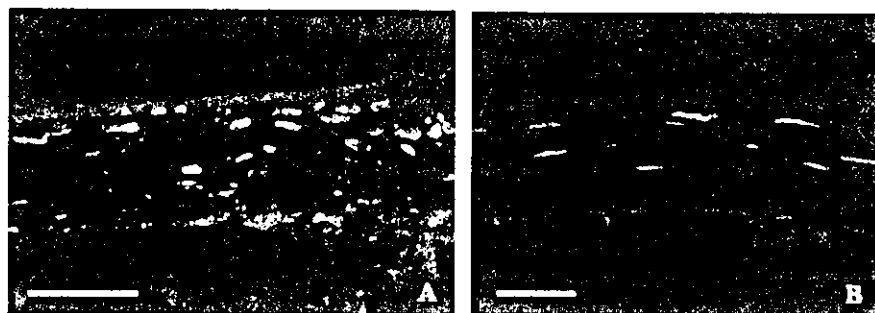


FIGURE 9. Representative immunohistochemical staining for CD45 (red) in the cornea of HSC-recipient mice. (A) Peripheral. (B) central retina. Most GFP⁺ cells were immunostained with CD45 (yellow). Scale bars: (A) 100 μ m; (B) 50 μ m.

dendritic cells and macrophages. Cell biology studies will determine the lineage(s) of the other cells.

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CHAPTER 28

Primary Biliary Cirrhosis Bench to Bedside

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Abstract

Primarily biliary cirrhosis (PBC) is an autoimmune liver disease that predominantly affects women and characterized by chronic progressive destruction of small intrahepatic bile ducts with portal inflammation and subsequent fibrosis. The serologic hallmark of PBC is the presence of antimitochondrial antibodies (AMA), which are found in 95% of patients with PBC. The AMA are directed against the 2-oxo-acid dehydrogenase complexes located on the inner membrane of mitochondria. Although the role of AMA in the pathogenesis of PBC is unknown, the presence of antibodies has allowed detailed immunological definition of the antigenic epitopes, the autoantibodies and the T-cell response. Theories have been proposed regarding the mechanism of immune-mediated bile duct damage in PBC, including the possible role of T-cell-mediated cytotoxicity and molecular mimicry. PBC is usually diagnosed based on the triad of elevated alkaline phosphatase, AMA, and characteristic histological changes on liver biopsy. Biochemical liver abnormalities tests are consistent with the presence of cholestasis and reveal an elevation of both serum alkaline phosphatase and γ -glutamyl transpeptidase, with or without elevation of aminotransferase levels. Ursodeoxycholic acid (UDCA), a dihydroxy bile acid, appears to be the only effective therapy in preventing or delaying the need for liver transplantation. However, a number of patients receiving UDCA still develop progressive disease and require transplantation; at present, liver transplantation is the only effective therapy for end-stage PBC.

Introduction

Primary biliary cirrhosis (PBC) is an organ specific autoimmune disease whose autoimmune targets are the small intrahepatic bile ducts. PBC primarily affects middle aged women and is associated with intrahepatic chronic progressive bile stasis without obstruction of the extrahepatic bile system. The signature of PBC is antimitochondrial antibodies (AMA). Most of the advances in PBC have occurred secondary to dissection of the anti-mitochondrial response at the level of the CD4, CD8 and B cell response. PBC is diagnosed based on clinical findings, the presence of AMA, elevation of alkaline phosphatase (ALP) and γ -glutamyl transpeptidase (γ -GTP), and finally liver biopsy. The survival of PBC was once believed to be 5-10 years after the appearance of clinical finding, itching or jaundice. Recently many cases of asymptomatic PBC have been found, and prognosis of some patients with asymptomatic PBC is almost the same as healthy subjects. In fact, it is now suggested that some asymptomatic PBC will not progress to cirrhosis. In this review we will present a description of the fundamental pathology of PBC and then follow this presentation with a state-of-the art description of the autoimmune response.

Table 28.A. Clinical and pathological profiles of PBC

- Predominantly middle-aged women (M: F ratio is 1:9)
- Recurrent pruritus, lethargy, and progressive jaundice
- Elevation of serum alkaline phosphatase, g-glutamyl transpeptidase and IgM
- Antimitochondrial antibodies (AMA)
- Associated with other autoimmune diseases
 - Sjögren's syndrome, scleroderma, thyroid disease, etc.
- Classified histologically into four stages
 - 1) Inflammatory destruction of intrahepatic small bile ducts
 - 2) Proliferation of bile ductules and/or piecemeal necrosis
 - 3) Fibrosis and/or bridging necrosis
 - 4) Cirrhosis

Noncaseating granulomas are sometimes but not always seen in the early stage
- Other possibilities need to be excluded in cases with the absence of AMA, male sex, or young age

Clinical Features

PBC presents insidiously with fatigue and pruritus; fatigue is found up to 80% of patients (Table 28.A). However, fatigue is relatively nonspecific and varies considerably between patients, as is the case of fatigue in patients with other chronic liver diseases. The cause of fatigue is unknown, but some recent work has indicated the possibility of altered neurotransmission. The lethargy of PBC must be differentiated from other causes of tiredness such as depression, hypothyroidism, adrenal disease or side effects of medications. Pruritus is the second commonest symptom in PBC, occurring in 50 to 60% of patients, and is characteristically worse on the palms and soles and not associated with cutaneous changes. When pruritus occurs, it does not appear to be related to the disease stage and may remit as the disease progresses; in some patients, it can develop during the late stages of the disease. Although several hypotheses are proposed, recent data support the importance of increased opioids tone in patients with PBC.

Jaundice usually follows months or years later; however, in 10% of patients, jaundice may be the presenting symptom. Darkening of the skin, hirsutism, anorexia, diarrhea, and weight loss may also be present. Less commonly, patients may present with a complication of portal hypertension, such as variceal bleeding or ascites, as evidence of more advanced liver disease. Occasionally, patients may present with problems related to cholestasis, such as severe osteoporosis or fat-soluble vitamin deficiency. Some patients present with malabsorption, but this is usually more common in patients with advanced disease. PBC may be associated with cutaneous changes such as generalized hyperpigmentation and facial xanthelasmata. The latter changes result from raised total cholesterol concentration.

Physical findings are variable and depend on the extent of the disease (Table 28.B). Hepatosplenomegaly, spider angiomas, palmar erythema, hyperpigmentation, hirsutism, and xanthoma may be present. An increasing susceptibility to urinary tract infection has been observed in women with PBC, but the cause of this associated problem is unknown. There appears to be an increased association between PBC and cancer of the breast. Increased risk of hepatocellular carcinoma among male patients with PBC has been also reported, but the magnitude of this implication is controversial.

In patients with PBC, elevated serum alkaline phosphatase and γ -glutamyl transpeptidase levels are the most characteristic abnormalities of liver chemistries. Hyperbilirubinemia is not frequently observed. However, serum bilirubin levels can rise to remarkably high levels as the disease progresses, and serum bilirubin is an excellent predictor of survival. Serum albumin

Table 28.B. Initial symptoms and signs at presentation of PBC

- Pruritus
- Fatigue
- Jaundice
- Appetite loss
- Weight loss
- Variceal bleeding
- Ascites
- Hepatosplenomegaly
- Hyperpigmentation
- Xanthelasma and/or xanthoma
- Palmar erythema

levels and prothrombin time are normal early in the course of the disease. A low serum albumin level and prolonged prothrombin time that is not corrected by vitamin K therapy are poor prognostic signs that indicate an advanced disease. Serum IgM levels are frequently increased, whereas IgG and IgA levels are usually within normal limits. The finding of a significant AMA titer ($>1:40$) is strongly suggestive of PBC, even in the absence of symptoms and the presence of normal levels of serum alkaline phosphatase. Although demonstration of AMA by immunofluorescence has diagnostic specificity, newer techniques, such as enzyme-linked immunosorbent assay and immunoblotting, are more sensitive and specific than immunofluorescence.

Natural History

The natural history of patients with PBC is heterogeneous. Patients with prolonged survival with minimal progression of the disease and few or absent symptoms are well described. However, the prognosis largely depends on when the diagnosis of PBC has been established. Routine blood screening and increased awareness of PBC has led to the early detection of the disease, and approximately 60 to 70% of patients diagnosed as PBC are asymptomatic; the prognosis for asymptomatic patients with PBC is better than for symptomatic patients. Median predicted survival of patients from the time of diagnosis is twice as long for patients who present without symptoms compared to symptomatic patients. Approximately one third of asymptomatic patients become symptomatic within 5 years; 50% survival is seen at 12 years, as it is seen at only 8 years in symptomatic patients.^{1,2} Overall survival of asymptomatic patients is shorter than that predicted for an age- and gender-matched control population, difference that becomes apparent only after 11 years of follow-up.¹

There are no markers that can predict outcome in patients with PBC who are asymptomatic with normal serum bilirubin. There is a suggestion that the pattern of serum bile acids may be helpful, but such analyses are not readily available. There is correlation, albeit weak, between histology and outcome; patients found to be cirrhotic at diagnosis have a lesser chance of survival than those who are not cirrhotic. It is not unusual to find an asymptomatic patient with cirrhosis, and even baseline histology does not predict who will and who will not develop symptoms.² Serum bilirubin level is a reliable indication of final outcome.³ In symptomatic patients, advanced age, decreased serum albumin levels, and cirrhosis each also correlated with shortened survival.

The increased use of liver transplantation for the treatment of PBC has highlighted the need for accurate assessment of prognosis. Several prognostic models based in Cox's regression analysis on follow-up of patients have been proposed for the estimation of survival probability. The Mayo survival model has gained the greatest popularity among them. The variables used

Table 28.C. Phenotypic changes to biliary epithelium of small bile ducts in PBC

	Normal	PBC	Other LD
Autoantigens			
PDC-E2	+	+++	+
PDC-E3BP	+	+++	+
Anion-Exchanger-2	+	-/+	+
Immune adhesion molecules			
MHC class I	+	+	+
MHC-class II (HLA-DR)	-	+*	+
CD 1d	-	+*	-
ICAM-1 (CD54)	-	-/+	-/+
VCAM-1	-	-/+	-
LFA-3 (CD58)	-	-/+	-/+
B7-1 (CD80)	-	-/+ ?	-
B7-2 (CD86)	-	-/+	-/+
Apoptosis-related molecules			
Fas (CD95)	-	+*	-/+
granzyme B	-	-/+	-/+
Perforin	-	-/+*	-/+
bcl-2	++	**	++
Inflammatory cytokines			
IL-6	-	++	+
TNF- α	-/+	++	+
IL-6 receptor	-	-/+	-
TNF receptor	-/+	++	+
Others			
MUC1 apomucin	-	+*	+*
MUC6 apomucin	-/+	+*	+*
Lewis Y antigen	-	++*	++*
Heat-shock protein 27, 90	-	-/+	-/+

*: Increased expression in damaged bile ducts

** : Decreased expression in damaged bile ducts

in this model (age, serum bilirubin and albumin concentration, prothrombin time, and presence of edema) have most of the diagnostic information irrespective of prior treatment with UDCA. We note that the Mayo risk score is more precise but also more complicated to predict outcome than serum bilirubin levels. Post-transplantation outcome correlates well with the level of serum bilirubin level; optimal post-transplantation survival requires the bilirubin level to be less than 180 $\mu\text{mol/L}$ at the time of transplantation. Although treatment with UDCA reduces the serum bilirubin level, it does not alter the validity of bilirubin level or the Mayo risk score in assessing prognosis.⁴

Pathology

Bile duct inflammation and destruction, with selective involvement of different size ducts, are the fundamental lesions in PBC.⁵ Interlobular bile ducts, whose diameters are 30-100 μm , are affected displaying necrobiotic and proliferous changes of biliary epithelial cells,⁶ with an intense peri-ductal lymphocytic infiltration. In the early stages of PBC, epithelioid granulomas are frequently noted but become less prominent with progressive disease.⁷ T cells and other

inflammatory cells are frequently infiltrated in the biliary epithelial layer;^{8,9} these features have suggested that PBC is similar to graft versus host disease. Indeed the striking similarity of the ultrastructural lesions in both PBC and graft versus host disease provides a morphological argument to suggest that certain common pathogenic mechanisms might be involved in the destruction of bile ducts.⁸ However, despite such similarities, there are few if any common serologic links and the inflammatory lesions of PBC are strikingly mitochondrial antigen specific.

Current evidence suggests that T cell receptor (TCR) recognition of antigen bound to the major histocompatibility complex (Ag-MHC) is insufficient to lead to T cell proliferation or effector function. There is also a requirement for so-called 'costimulatory' or 'accessory' signals in addition to TCR ligation by Ag-MHC.^{10,11} Cell-to-cell adhesions via ICAM-1 and LFA-1 or Mac-1, VCAM-1 and VLA-4, and LFA-3 and CD2 are well known as contributors to antigen nonspecific binding. In contrast, costimulatory factors such as the B7 families and its ligands CD28 and CTLA 4 are also significantly involved as second signals that are important for the activation of antigen-specific T cells.¹⁰⁻¹⁴ B7-1 is normally expressed at low levels in professional antigen presenting cells, including dendritic cells. B7-2 is constitutionally expressed on the surfaces of dendritic cells and macrophages, and is rapidly up-regulated in B cells by the stimulation via the immunoglobulin receptor or in concert with cytokines. In fact, B7-2 is the major CD28 ligand which is activated in the clonal expansion of antigen-specific T cells.

Since the lymphocytes presumably must adhere to the bile ducts to initiate a cell-to-cell mediated destruction, Broome et al¹⁵ have studied the expression of the LFA-1 together with its ligand, ICAM-1, and the expression of HLA-DR in PBC livers. Most lymphocytes expressed LFA-1. ICAM-1 expression was found on hepatocytes but was not seen on septal bile ducts and found only marginally on interlobular bile ducts. However, most bile ducts express HLA-DR. Proliferating bile ductules demonstrate a concomitant expression of ICAM-1 and HLA-DR. Thus, since most bile ducts involved in the disease process of PBC lack expression of ICAM-1, other mechanisms must be involved if a cell-to-cell mediated destruction accounts for the biliary destruction in PBC. The expression/induction of ICAM-1 on bile ducts may be important in the pathogenesis of bile duct damage in PBC and is further evidence to support an immune pathogenesis in PBC. The induction of ICAM-1 on hepatocytes may be an important factor in the liver-cell damage and fibrosis that occur during the development of cirrhosis.¹⁶

Activation of T cells to cytokine production and proliferation requires at least two distinct signals. The antigen-specific "first signal" is provided when the TCR interacts with antigen presented in the context of MHC expressed on APCs. The "second signal" or costimulatory signal is provided by a set of receptor-ligand interactions distinct from the TCR interactions.¹³ It is generally accepted that interaction between members of the B7 family on antigen-presenting cells and the CD28 receptor on T cells causes transduction of a costimulatory signal, which is important for primary T cell activation.¹⁷ Table 28.C summarizes what is known about adhesion molecules in PBC. Clearly further work is needed.

PBC is characterized therefore by chronic nonsuppurative cholangitis and progressive destruction. Biliary epithelial cells show proliferative change and papillary sheets of nuclei are seen. At the same time, eosinophilic changes, swellings, and destructive changes of biliary epithelial cells are found. Around destroyed bile ducts, various mononuclear cells, including lymphocytes and plasma cells are found; some lymphocytes invade into bile duct epithelial cells. Infiltration of eosinophils and CD68 positive monocytes are also seen. These bile duct changes are generally called chronic nonsuppurative destructive cholangitis (CNSDC). The progressive destruction of intrahepatic bile ducts is irreversible and there is no regeneration of bile ducts.¹⁸ In the advanced stages, intrahepatic bile ducts vanish.

Histologically, PBC can be classified into four stages of increasing severity.¹⁹ In stage 1, there is inflammatory destruction of the intrahepatic bile ducts involving interlobular bile ducts and bile ductules, which are up to 100 μm in diameter. These lesions are often seen

Table 28.D. Characteristics of antimitochondrial autoantibodies and mitochondrial antigens in PBC

Antigen	M.W. (kD) ¹	Frequency (%) in PBC ²	Lipoyl Domain	B-Cell Epitopes	Major Ig Isotype	Inhibition of Function by AMA
PDC-E2	74	95	+	Outer and inner lipoyl domain	IgG3, IgM	+
BCOADC-E2	52	53-55	+	Lipoyl domain	NR	+
OGDC-E2	48	39-88	+	Lipoyl domain	IgG2, IgM	+
PDC-E1 α	41	41-66	-	TPP binding and phosphorylation sites	NR	+
E3BP	55	95	+	NR	NR	NR

1. Determined by SDS-PAGE and immunoblotting against PBC sera; 2. Determined by immunoblotting or ELISA against recombinant proteins; NR: not reported

focally. The portal tracts are usually expanded by infiltration of lymphocytes and a few neutrophils or eosinophils, but the hepatic parenchyma is not prominently involved. Inflammation is also accompanied by granuloma formation that consists of histiocytes, lymphocytes, and occasionally giant cells. These granulomas are most often seen in stage 1 disease. In stage 2, the lesion is characterized by periportal inflammation and ductular proliferation. In this stage, inflammation extends from the portal tract into the hepatic parenchyma, so-called interface hepatitis or piecemeal necrosis. A prominent feature is the destruction of bile ducts with proliferation of bile ductules. In stage 3, the disease is characterized by scarring and fibrosis. Lymphocytic involvement of the portal and periportal areas as well as the hepatic parenchyma can be seen, but the main feature is the presence of subsequent fibrosis without regenerative nodules. Cholestasis is becoming increasingly evident. Stage 4 is represented by established cirrhosis that includes fibrous septa and regenerative nodules. The lesions develop at different rates in the different parts of the liver, and overlap among stages is frequently found. The histological features of early PBC may be seen in those with established cirrhosis. Therefore, it is often difficult to follow the course of the disease or the efficacy of a treatment by the histological findings from a single liver biopsy specimen. Other diseases, such as liver allograft rejection and chronic hepatitis, may also show bile duct lesions similar to those of PBC and should be differentiated from PBC.

Many infiltrating T cells around bile ducts are CD4 positive TCR α and β positive, and the ratio of CD4+/CD8+ is 2 to 2.5. In the early stages of PBC, there are many CD8⁺ T cells. NK cells compose less than 5% of total infiltrated cells in the portal area. Plasma cells which produce anti-PDC antibody are very abundant in PBC liver, with a frequency much higher than blood.²⁰ Th1 type cytokines are found in PBC liver. For example,²¹⁻²⁴ Harada et al reported that mononuclear cells expressing IFN- γ and IL-4 mRNA were aggregated in inflamed portal tracts in PBC livers, and that IFN- γ mRNA expression was more commonly detected than IL-4 expression in PBC livers and that the levels of IFN- γ mRNA expression was highly correlated with the degree of portal inflammatory activity.²⁵ IL-6²⁶ is present in the bile ducts, suggesting the contribution of ADCC by Th2 type cytokines. In the livers of patients with PBC, eosinophils are abundant around the damaged bile ducts, around the portal vein branches and at the marginal regions, and they are scattered in the portal tracts. Peripheral blood eosinophils are often increased in patients with higher grades of eosinophilic infiltration of the portal tracts. Eosinophilic infiltration of the portal tracts may play a role in immunological injuries of the interlobular bile ducts in PBC.²⁷ Cytokine production profiles from portal area (biliary epithelial cells and endothelial cells) suggest it is important for generation of bile duct lesion in

PBC. Also it has been suggested that adherent molecules^{28,29} and dendritic cells that produce NO all contribute to cytotoxic effects.^{30,31} There is also increased fibronectin expression on the biliary basement membrane. Integrin alpha4-fibronectin interaction facilitates adhesion and the penetration of infiltrating alpha4-expressing lymphocytes into the biliary epithelial layer in PBC.²⁸ The selective impairment of dendritic cell function, increased production of NO by dendritic cells and restoration of blastogenesis using NO inhibitors in PBC all imply a role for NO and dysfunction of dendritic cells in the pathogenesis of PBC.³¹ Nonetheless vigorous serial studies have not yet been performed.

Autoantibodies

AMA are highly specific for PBC,³² but there is no clear relationship of AMA titer with prognosis or the progression of disease. The predominant AMA reactivity is directed to five autoantigens of the 2-OADC complexes; the E1 α subunit of PDC, the E2 subunits of PDC, OGDC and BCOADC, and E3 binding protein (E3BP)³³⁻³⁸ (Table 28.D). Serum autoantibodies from more than 90% of patients with PBC react with PDC-E2 by immunoblotting, whereas the frequency of reactivity against the E2 subunits of OGDC and BCOADC is lower, around 50-70%. Antibodies to PDC-E1 α are present in lower titers. Approximately 10% of patients react only to OGDC-E2 and/or BCOADC-E2. Antimitochondrial reactivity is usually observed against some, or even all of the 2-OADC, but serologic cross-reactivity is only found between PDC-E2 and E3BP.

The E2 enzymes have a common structure, which consists of the N-terminal domain containing the lipoyl group(s); the peripheral subunit-binding domain, responsible, at least in part, for binding the E1 and E3 components together; and the C-terminal inner core domain, which houses the active site responsible for the acetyltransferase activity. Several studies using oligopeptides or recombinant proteins have shown that the predominant epitope of PDC-E2 is located within the lipoyl domain of PDC-E2.³⁹ AMA also react with the outer lipoyl domain, but at a 100-fold lower titer, and only a minority of PBC sera reacts weakly to the E1/E3-binding domain. The mapping of B-cell epitopes using truncated constructs reveals that the reactive AMA to BCOADC-E2, OGDC-E2 and E3BP each also recognize a conformational epitope including the lipoyl domain.⁴⁰⁻⁴² These domains contain the signature motifs of amino acids with lipoyl acid covalently bound to lysine residue.

The highly conserved structure in the E2 subunits of 2-OADC and their lipoyl domains suggest that lipoyl acid may be a part of the immunodominant epitope. Several studies have been conducted to address the contribution of lipoyl acid to the reactivity of the autoantibodies, and the results are somewhat contradictory.⁴³⁻⁴⁵ However, the data clearly show that AMA are capable of binding to both lipoylated and unlipoylated PDC-E2.

AMA also reacts with the outer domain, but at a 100-fold lower titer, and only one in 26 PBC sera react weakly to the E1/E3 binding region.³⁹ The mapping of B cell epitopes using truncated constructs and the combination of peptides reveals that the reactive AMA to PDC-E2, BCOADC-E2, and OGDC-E2 each recognize a conformational epitope including the inner lipoyl domain.^{39,41,46,47} These domains contain amino acids motif ETDKA, ETDK(T), (GlnS)DKA with lipoyl acid covalently bound to the ϵ group of lysine (K).

An additional target of some AMA is the E1 α subunit of PDC (PDC-E1 α) which lacks the lipoyl domain (Table 28.A).⁴⁸ Its autoepitope of interest is located at the phosphorylation and TPP-binding site.⁴⁹ Interestingly, AMA, especially of the IgA isotype, and the autoantigens, PDC-E2, OGDC-E2, and BCOADC-E2 have all been readily detected in the bile of patients with PBC.⁵⁰

Approximately 30% to 50% patients with PBC have antinuclear antibodies. Interestingly some ANA subtypes are nearly 100% specific for PBC including peripheral labeling of the nuclear envelope and multiple nuclear dots when examined by immunofluorescence microscopy.⁵¹ However the predominant ANA recognizes a nuclear envelope antigen coined gp210.⁵² Gp210 is a 210 KD integral membrane glycoprotein of the nuclear pore membrane with the

majority of its molecular mass in the perinuclear space, a single transmembrane segment and a carboxyl-terminal tail of 58 amino acids that faces the nuclear pore complex.^{53,54} The results of several studies show that from about 10% to 40% of patients with PBC have gp210 autoantibodies.⁵⁵⁻⁵⁸ Less frequently, patients with PBC have autoantibodies against other nuclear envelope antigens, including (Lamin B receptor) LBR,⁵⁷⁻⁵⁹ a polytopic integral protein of the inner nuclear membrane,⁶⁰ and possibly nucleoporin p62,^{61,62} a nonmembrane protein of the nuclear pore complex.⁶³ The predominant antigen recognized by autoantibodies that produce the multiple nuclear dot pattern is Sp100, a protein of nuclear bodies.⁶⁴ Various studies have reported that anti-Sp100 autoantibodies are present in approximately 20% to 40% of patients with PBC.⁶⁵⁻⁶⁷ The promyelocytic leukemia protein of nuclear bodies (PML) is also recognized by autoantibodies in some patients with PBC.^{67,68}

Antigens in Biliary Epithelium

In PBC, immune responses are directed against similar intracellular mitochondrial antigens that are sheltered from the immune system by double membrane barriers. One obvious question is how the immune response is confined to the biliary tissue of the liver despite ubiquitous distribution of mitochondrial antigens in the body. Several studies have shown that autoantigens relevant to PBC may be present on the surface of biliary epithelial cells of livers from PBC patients using antibodies specific for PDC-E2.^{69,70} Monoclonal antibodies (mAbs) to OGDC-E2 and BCOADC-E2 also showed a disease-specific pattern of reactivity.⁷¹ Increased production of these mitochondrial proteins in bile duct cells seems unlikely in patients with PBC.⁷² Nonetheless, the abundance of such disease-specific determinants raises the possibility that novel molecules exist in the biliary epithelial cells of PBC, which cross-react with PDC-E2, OGDC-E2 and BCOADC-E2.

Emerging data suggest that this specific staining is due to a large fragment of PDC-E2, if not the entire molecule, as the disease-specific mAbs recognize the same region of PDC-E2, but not the same epitope.⁷³ It has been reported that the bile from patients with PBC contains AMA of IgG and IgA classes and mitochondrial autoantigens and that there is a positive correlation between the two.⁵⁰ The existence of AMA and mitochondrial autoantigens in bile creates the hypothesis in which the disease-specific staining is primarily caused by uptake of mitochondrial autoantigens by bile duct cells. In patients with PBC, simultaneous presence of mitochondrial autoantigens and AMA, especially IgA AMA, may form antigen-antibody complexes and be trapped or accumulated in bile duct cells during their transport to the bile duct lumen via the polyimmunoglobulin receptors found only bile duct cells. Such immune complex formation in bile duct cells may cause conformational change of mitochondrial antigens, which bring about limited expression of antigen determinant, resulting in the recognition of antigens by only a subset of mAbs.

There is evidence that BECs undergo apoptosis in PBC using in situ nick-end labeling methods for the detection of DNA fragmentation of apoptosis, although the mechanisms responsible for inducing apoptosis are presently unclear.^{74,75} Related studies have shown increased expression of perforin and granzymes in PBC. In addition, Fas (CD95) is upregulated on the biliary epithelial cell membrane, it is possible that both of these pathways are involved.^{74,76}

Genetics

Published studies have shown marked variation in prevalence rates, with high levels found among Northern European populations and low levels found in Japan. There is no consensus regarding whether PBC is more common in urban or rural populations. Estimates of disease prevalence range from 19 to 150 cases per million population, and annual incidence rates vary between 4 and 30 cases per million.⁷⁷ The point prevalence of PBC has risen from 19 per million in 1976 to 128 per million in 1987⁷⁸ and the reported incidence has also increased. Such apparent increases might only represent an improved diagnosis due to greater awareness and the increased use of autoantibody screening in primary care. However, it is impossible to

Table 28.E. Extrahepatic autoimmune diseases associated with PBC

-
- Sjögren's syndrome
 - Rheumatoid arthritis
 - Autoimmune thyroiditis
 - Scleroderma (CREST syndrome)
 - Mixed connective tissue disease (MCTD)
 - Polymyositis
 - Renal tubular acidosis
 - Systemic lupus erythematosus (SLE)
 - Myasthenia gravis
 - Ulcerative colitis
 - Exocrine pancreatic insufficiency
-

exclude a genuine increase in the frequency of the disease. Geographical clusters of disease have been also reported, but no causative environmental agents have been identified.⁷⁹ There is increasing evidence of a family predisposition for PBC: the prevalence of disease among first degree relatives is markedly increased compared with that of the general population and the relative risk of siblings for PBC was 10.5 in a population based study.⁸⁰ When different generations are affected, the second generation usually presents earlier and tends to have more rapid progression. Furthermore, family members of PBC patients have positive AMA as well as other autoantibodies more frequently than controls and exhibit abnormal immunoglobulin levels.⁸¹ These data provide clues regarding the etiology of the disease, and support a genetic component.

Studies of genetic background have largely focused on the major histocompatibility complex (MHC). MHC class I molecules are not associated with susceptibility to PBC. In contrast, some association of susceptibility to PBC with MHC class II molecules have been shown, especially for DR8 (DRB1*0801) in patients from Europe and North America, although the results are not uniform.⁸²⁻⁸⁴ In many cases, the association between MHC class II and PBC is weaker than what has been reported for other autoimmune diseases.

The development of PBC is likely determined by the interaction of multiple genes, whose contribution can only be determined by examining large numbers of PBC patients or performing sibling studies, i.e., inheritance by descent. It also needs to be kept in mind that environmental factors, such as infectious agents, environmental chemicals, and hormonal stimulation may be implicated in the precipitation of disease. Finally, we note the increased frequency of other autoimmune diseases in patients with PBC (Table 28.E).

T Cell Response in PBC

The presence of lymphoid infiltration in the portal tracts, the specific destruction of small bile ducts and the aberrant expression of MHC class II antigen on biliary epithelium in PBC have suggested that an intense autoimmune response is directed against biliary epithelial cells. It has been hypothesized that the destruction of biliary tract in PBC is mediated by autoreactive liver-infiltrating T cells through either cytotoxicity or lymphokine production. The evidence was initially derived from immunohistochemical studies of liver tissues,⁸⁵ in which a predominance of T cell infiltration, mainly CD3⁺, CD4⁺ T cells bearing T cell receptor $\alpha\beta$, was shown in the liver and in particular around the portal tracts. Later several studies have been reported on analysis of T-cell lines that proliferate in the presence of putative mitochondrial antigens. However, despite accumulating data that T cell-mediated immune responses are involved in PBC, studies to determine the T cell epitopes of the mitochondrial antigens in PBC are still limited. The data available on the T-cell epitope of PDC-E2 in PBC show that there is some

overlapping in the PDC-E2-specific T and B cell epitopes. This may be a result of not only more efficient uptake and processing of the autoantigen by autoimmune B cells but also could be due to the fact that the epitopes may be protected from degradation during antigen processing. A study by Van de Water et al demonstrated for the first time that T cell clones reacting with PDC-E2 and/or BCOADC-E2 were present in the liver biopsy specimens of patients with PBC.⁸⁶ These clones were CD4+, TCR $\alpha\beta$ + and produced IL-2 specifically in response to PDC-E2 or BCOADC-E2.⁸⁶ The precise T cell autoepitopes of PDC-E2 have been characterized by Shimoda et al.^{87,88} During the course of these studies, a number of PDC-E2 specific T cell clones from not only the peripheral blood, but also from the explanted livers and regional lymph nodes (RLH) of patients with PBC were established. Using a battery of overlapping peptides covering the full length PDC-E2 molecule, the minimal autoepitopes recognized by these T cell clones was defined and found to locate within the same region of PDC-E2 peptide 163-176 (GDLLAEIETDKATI), which is contained within the inner lipoyl domain of human PDC-E2.⁸⁸ Additional peptide specificity studies revealed a degree of cross-reactivity for the T cell clones with specificity for the PDC-E2 peptide 163-176. Thus, such PDC-E2 163-176 was also shown to proliferate with PDC-E2 peptide 36-49 and OGDC peptide 100-113. A fine analysis of the peptides that react with such T cell clones led to the identification of a common T cell epitope motif ExExDK.^{87,88} These data provide evidence for a major role for the PDC-E2 peptide 163-176 and/or peptides bearing a similar motif in the pathogenesis of PBC. Interestingly, autoreactive T cells and autoantibodies from PBC patients both recognize the same dominant epitope. The importance of such T cell clones was highlighted by the finding that there is a disease-specific 100-150-fold increase in the precursor frequency of such PDC-E2 163-176-specific T cells in the hilar lymph nodes and liver when compared with concordant PBMC samples from the patients with PBC. In addition, in the early or moderate stage of PBC, the frequency of peripheral T cells responding to peptide 163-176 is significantly higher than in end-stage PBC, although it is not currently known whether this represents the disappearance of cells during the course of the disease or a progressive homing of cells to the liver or the RLH.⁸⁷

Several TCR V β usage studies have been performed on liver-derived T cells. Some studies showed that the T cell clones established from PBC patients had limited diversity and sequence analysis of CDR3 and revealed the presence of conserved residues, no random N additions, and a common motif within the CDR3.^{89,90} However, another study showed that TCR-V β usage by PDC-reactive T cell clones infiltrating the liver was remarkably heterogeneous.⁹¹ The reasons for such discrepant results are not clear. By the nature of techniques utilized, all the T cell clones established thus far express CD3+, CD4+, CD45RO, and TCR $\alpha\beta$ + denoting that each of these T cell clones is a memory helper T cells. The role, characteristics and functions of CD8+ cytotoxic T cell in PBC to date remain largely unknown. Clearly additional studies are required to define a role if any for CD8+ cytotoxic T cells in PBC.

While a large body of data has accumulated on the precise identification of the autoantigens that serve as targets for humoral immune responses and significant data exists on the nature of the autoantigen-specific CD4+ helper T cell responses in primary biliary cirrhosis (PBC), information on the nature of autoantigen-specific cytotoxic T lymphocyte (CTL) responses is relatively unknown (121,122). Characterization of the CD8+ CTL response in PBC is important as such cells are likely involved in the lysis of biliary epithelial cells (BECs), the major target involved in the pathogenesis of this disease. Identification of the autoantigen peptide, that is the target of MHC Class I restricted CTLs in PBC, will provide an important initial step not only in determining the mechanism by which tolerance to the self peptide is abrogated, but also in facilitating the potential for therapeutic strategies.

Several sequence patterns or motifs for peptides that bind to particular MHC molecules or groups of MHC molecules have been defined by analysis of peptides presented by MHC class I molecules.^{92,93} Amongst the best-studied motif is that of the MHC class I HLA-A2 molecule which is prevalent in 50% of the Caucasian population in the Western Hemisphere.^{94,95} In

fact, motif prediction analysis of HLA-A2 has led to the identification of the dominant epitopes of the human myelin basic proteins⁹⁶ and glutamic acid decarboxylase,⁹⁷ the key autoantigens in multiple sclerosis and insulin-dependent diabetes mellitus, respectively.

Using PBMC from PBC, we identified an HLA-A2 restricted CTL epitope of the E2 component of pyruvate dehydrogenase (PDC-E2), the immunodominant mitochondrial autoantigen. This peptide, aa 159-167 of PDC-E2, induces specific MHC-class I restricted CD8⁺ CTL lines from 10/12 HLA-A2⁺ PBC patients, but not controls, following in vitro stimulation with antigen pulsed dendritic cells (DCs). PDC-E2 specific CTLs could also be generated by pulsing DCs with full length recombinant PDC-E2 protein. Furthermore, using soluble PDC-E2 complexed with either PDC-E2 specific human mAb or affinity purified autoantibodies against PDC-E2, the generation of PDC-E2 specific CTLs, occurred at 100-fold and 10 fold less concentration respectively, compared to soluble antigen alone. Collectively, these data demonstrate that autoantibody, helper and CTL epitopes all contain a shared peptide sequence. The finding that autoantigen-immune complexes can not only cross present but also that presentation of the autoantigen is of a higher relative efficiency, for the first time defines a unique role for autoantibodies in the pathogenesis of an autoimmune disease.

PDC-E2 specific autoreactive CTLs appear primed in vivo only in PBC patients. Our data prompted us to hypothesize that a previously described *nonconventional mechanism of antigen presentation*, "cross-priming" or "cross-presentation", is involved in the maintenance and / or amplification of CTL response against PDC-E2, with PDC-E2-specific autoantibody playing a key role. Professional APCs have been shown capable of intracellular processing of exogenous antigen using proteasomes to generate peptides presented by MHC class I,^{98,99} the exogenous antigen being presented by the same APCs to both CD4⁺ and CD8⁺ T cells.¹⁰⁰ This is important for the induction of immunity to pathogens that avoid professional APCs.¹⁰¹ The precise nature of the APCs that are able to take up, process and present exogenous antigens in association with MHC class I molecules remains to be defined. However, in vitro studies suggest that DCs,¹⁰²⁻¹⁰⁴ macrophages,¹⁰⁵ or B cells¹⁰⁶ might be involved. Cross-priming is generally inefficient, but the efficiency is much higher with macropinocytosis¹⁰⁷ and phagocytosis of the particle.^{108,109} Phagocytosis of apoptotic cells also results in efficient MHC class I-restricted antigen presentation in macrophages and / or DCs.^{104,110,111} DCs in murine models have been shown to mediate internalization of antigen-immunoglobulin complexes (immune complexes, ICs), and promote efficient MHC class I as well as class II-restricted antigen presentation.¹¹² In terms of MHC class II presentation, Fcγ receptors, which bind ICs, represent a privileged antigen internalization route for efficient MHC class II-restricted antigen presentation in DCs.¹¹³ In murine systems, it has been suggested that DCs are capable of taking up ICs, and presenting the appropriate processed antigenic peptide to CD4⁺ T cells, which in turn activate DCs, and convert them into DCs capable of priming CD8⁺ T cells in vivo.¹¹²

The estimated frequency of PDC-E2 specific CD8⁺ T cells from peripheral blood was significantly higher in early stages of PBC than in the more advanced disease stages. This is in agreement with a previous report showing that the frequency of peripheral blood CD4⁺ T cells that respond to the helper T cell epitope 163-176 was significant higher in early stage of PBC as compared with advanced stage.¹¹⁴ In previous studies directly comparing the frequency of hepatitis C virus (HCV) specific CD8⁺ T cells in peripheral blood and liver, higher frequencies of HCV-specific CD8⁺ T cells were found in liver biopsies than in the blood of patients with chronic HCV infection.^{115,116} In another study using end stage cirrhotic liver, the HCV-specific T cell could not be found in the liver,¹¹⁷ suggesting that the level of virus-specific intrahepatic CTLs declines as the viral hepatitis progress. Supposing that declination of the disease specific CTL with the disease progression occurs in PBC, the PDC-E2-specific CD8⁺ T cells in the liver may be even more abundant during the earlier stages of PBC and be playing an important role in the disease development. In addition, the autoreactive CTL response in PBC may also involve other epitopes restricted by HLA-A*0201, as well as epitopes restricted by other HLA molecules.

Table 28.F. Possible pathogenetic determinants in PBC

1.	INCREASED EXPRESSION OF PDC-E2 ON BEC
a.	Isoform/cross-reactive antigen?
b.	IgA-PDC-E2 immune complex
2.	ABERRANT MOLECULAR TRAFFICKING
a.	MHC Class I (and Class II) association of autoantigenic molecules
b.	Surface expression of autoantigen with MHC
3.	STIMULATION OF CYTOTOXIC CD8 CELLS
a.	Genetic background?
b.	Cytokine release - interferon γ and other stimulatory molecules
c.	Necrosis of biliary epithelial cells
4.	ASSOCIATION OF ANTIGEN WITH CLASS II
a.	Genetic background: DRW8 possible but not evident in all studies.
b.	Null alleles for C4A0
5.	STIMULATION OF CD4 T CELLS
a.	Production of autoantibody
6.	REACTION WITH SURFACE-EXPRESSED ANTIGEN
a.	Necrosis
7.	MOLECULAR MIMICRY
8.	SELECTIVE INDUCTION OF APOPTOSIS
9.	XENOBIOTIC EXPOSURE

Etiology

Although the etiology of PBC is unknown, there are several clues and hypotheses (Table 28.F). First, it is never found in childhood. Second, it is more common in Westernized countries and the incidence may be increasing.¹¹⁸ Third, despite the absence of correlation with the MHC, the risk factor for developing PBC in a first degree relative is 100-800 fold more common and the onset of disease in relatives is often within a few years of each other's diagnosis.¹¹⁹ Fourth, there is a long incubation time between the appearance of AMA and clinical disease. Fifth, AMA, detected by using recombinant autoantigens as targets, are pathognomonic of PBC. Sixth, there is no objective data supporting a role for microbial agents in the etiology of PBC.¹²⁰

Xenobiotics are foreign compounds that may either alter or complex to defined self proteins, inducing a change in the molecular structure of the native protein sufficient to induce an immune response. Such immune responses may then result in the recognition of not only the modified or altered protein, but also the unmodified native protein.^{121,122} The chronic presence of the self protein serves to perpetuate the immune response initiated by the xenobiotic-induced adduct and leads to autoimmunity.^{123,124} Many xenobiotics are metabolized in the liver, thereby increasing the potential for liver-specific alteration of proteins.¹²⁵ In fact, a liver-specific autoimmune disease can be observed in some patients exposed to chlorofluorohydrocarbon anesthetics.^{126,127} Previous work has reported that immunization with halothane, whose trifluoroacetyl (TFA) metabolite covalently links to lysine on cytochrome p450 2E1,¹²⁸ induces the formation of antibodies that cross-react with not only the haptenated (TFA) immunogen, but also to lipoylated PDC-E2, the major autoantigen of PBC.^{129,130} This finding has important implications in the pathogenic mechanisms associated with PBC, an autoimmune disease marked by the presence of antimitochondrial antibodies (AMA).^{131,132} The target of AMA are the E2 components of the 2-oxo acid dehydrogenase pathway, particu-

larly PDC-E2,¹³¹ and the primary B cell epitope of PDC-E2 recognized by AMA includes a lipoylated lysine residue.^{114,133}

Our group hypothesized that the lipoic acid residue of PDC-E2 serves as a xenobiotic target which, following the modification of the lipoyl lysine residue, becomes immunogenic and initiates or perpetuates an AMA response. We further hypothesized that the AMA response is induced by a modified self protein and that the antibody specificities present in such sera include those that recognize the xenobiotic modification. To address the hypothesis that PBC is induced by xenobiotic exposure, we took advantage of *ab initio* quantum chemistry and synthesized the inner lipoyl domain of PDC-E2, replacing the lipoic acid moiety with synthetic structures designed to mimic a xenobiotically-modified lipoyl hapten, and we quantitated the reactivity of these structures with sera from PBC patients. Interestingly, AMA from all seropositive patients with PBC, but no controls, reacted against 3 of the 18 organic modified autoepitopes significantly better than to the native domain. By structural analysis, the features that correlated with autoantibody binding included synthetic domain peptides with a halide or methyl halide in the meta- or para-position containing no strong hydrogen bond accepting groups on the phenyl ring of the lysine substituents, and synthetic domain peptides with a relatively low rotation barrier about the linkage bond. Many chemicals including pharmaceuticals and household detergents have the potential to form such halogenated derivatives as metabolites. This data reflects the first time that an organic compound has been shown to serve as a *mimotope* for an autoantigen and further provides evidence for a potential mechanism by which environmental organic compounds may cause primary biliary cirrhosis.

The liver is an important organ for metabolism/degradation for xenobiotics and an altered immune response.¹³⁴ A large number of chemicals, including halogenated compounds, are detoxified through the liver and secreted in the bile. Hence, exposure to an agent that would uniquely modify the mitochondrial antigens within biliary epithelium, could lead to a breakdown of tolerance and induction of a self-reactive response that is target-specific. Moreover, there is evidence based on *in vivo* studies in guinea pigs exposed to halothane, that Kupffer cells carry trifluoroacetylated protein adducts;¹³⁵ these protein adducts are not found in other organs, including hilar lymph nodes. This provides evidence that the generation of autoreactivity to the protein adducts is likely a local liver response. We should also note the possibility that xenobiotics have other immunotoxic potential, including a selective stimulation or inhibition of components of the immune system.¹²³ Such effects, of course, would be independent of any modification of autoantigens.

We postulate that people genetically predisposed to PBC have inherited such predisposition based on either the cytochrome p450 pathway or another metabolic process responsible for degrading halogenated compounds. A large number of common pharmaceuticals such as diuretic agents are halogenated structures. In fact, halogens are common substituents in pharmaceuticals that modulate binding, activity and metabolism. In addition, there are large numbers of detergents, commonly used at home and commercially, that are rich in halogenated derivatives. Estrogens have already been shown to modulate the expression of many liver metabolic pathways and may explain the preponderance of women with PBC. Finally, the presence of primarily small bile duct destruction may be reflective of the local mucosal immune response, which is more prominent on epithelial surfaces.¹³⁶ Indeed, PBC is often referred to as an epithelitis with involvement not only of bile ducts, but also of salivary glands.

The destructive phase of PBC appears to be mediated locally by an intense mucosal immune response. High titer IgA PDC-E2 specific autoantibodies have been found in the bile, saliva and even the urine of patients with PBC.^{137,138} Moreover, there is unique staining of the cell surface, of both bile duct and salivary gland epithelial cells, with monoclonal antibodies to PDC-E2 that colocalizes with IgA transcytosing the cell, suggesting that these may be IgA-PDC-E2 complexes.^{138,139} Furthermore, the precursor frequency of PDC-E2-specific CD4 T cells is 100-150 folds higher in liver than in the peripheral blood of patients with PBC.¹¹⁴ In addition, we have recently observed the presence of PDC-E2 peptide specific MHC Class I

restricted CD8 T cells only in patients with PBC (manuscript in preparation). Chronic intense PDC-E2 specific responses, either individually or in concert, contribute to the overall pathology. It is ironic that the liver, known to contribute to the induction of tolerance, is precisely the organ that is the target of a central breakdown in tolerance. Towards that end, the influence of these xenobiotics on cellular immune responses in PBC is currently underway. Defining the precise sequence and the molecular basis by which xenobiotics initiate the cascade of autoimmune responses is the next challenge for understanding the etiology and pathogenesis of PBC.

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