

the amplification, and was processed for antisense RNA (aRNA).²⁴ The aRNA of MS patients and CN subjects was labeled with a fluorescent dye Cy5, while pooled aRNA of three independent healthy volunteers who were not included in the present study was labeled with Cy3 for a universal reference to standardize the gene expression levels throughout the experiments. The arrays were hybridized at 62°C for 10 hours in the hybridization buffer containing equal amounts of Cy3- or Cy5-labeled cDNA, and they were then scanned by the ScanArray 5000 scanner (GSI Lumonics, Boston, MA). The data were analyzed by using the QuantArray software (GSI Lumonics). The average of fluorescence intensities (FI) of duplicate spots was obtained after global normalization between Cy3 and Cy5 signals. The gene expression level (GEL) was calculated according to the formula: $GEL = FI(Cy5) \text{ of the sample} / FI(Cy3) \text{ of the universal reference}$.

Hierarchical Clustering Analysis, Principal Component Analysis and Statistical Analysis

The genes whose expression was significantly different between MS and CN groups were identified by using *pierre* of the "R" statistical software system (www.cran.r-project.org) based on a Bayesian framework for analysis of microarray expression data.²⁵ It was considered as significant when the error rate of this test was smaller than 0.25 following the Bonferroni correction. Hierarchical clustering analysis was performed on a set of 286 differentially expressed genes between MS and CN groups as a discriminator by using a standard x standard algorithm on GeneSpring (Silicon Genetics, Redwood City, CA). Principal component analysis (PCA) was performed on GeneSpring to reduce all of the variance in the original dataset to three dimensions that account for a significant fraction of the variance.²⁶ The differences in clinical parameters among MS subgroups were evaluated by multiple comparison test with the Bonferroni correction.

Results

Microarray Analysis Identified 286 Genes Differentially Expressed in Peripheral Blood T Cells between MS and Control Subjects

Among 1,258 genes on the cDNA microarray, 286 genes were expressed differentially in peripheral blood CD3⁺ T cells between 72 untreated MS patients and 22 CN subjects. Among these genes, 78 genes were upregulated, while 208 genes downregulated in MS patients as compared to CN (All the data sets are shown in Supplementary Table 1 online.). We also conducted the microarray analysis of CD3⁻ non-T cells that are composed of B cells, monocytes/macrophages and NK cells, and found that 96 genes were differentially expressed in the non-T cell fraction between MS patients and CN subjects (data not shown).

Hierarchical Clustering Analysis Identified Four Distinct Subgroups of MS and Five Gene Classes

Hierarchical clustering analysis was performed on all CD3⁺ T-cell samples of untreated MS patients and CN subjects, using the set of 286 differentially expressed genes described above as a discriminator. Genes and samples with a similar expression pattern were arranged as a cluster in the dendrogram (Fig 1). This analysis identified four distinct subgroups of MS separated from the CN group. In contrast, when we studied CD3⁻ non-T cells, hierarchical clustering analysis could not separate MS subgroups from CN clearly (data not shown). We operationally designated each subgroup of MS as A, B, C and D, following the position in the dendrogram (Fig 1). The subgroup D is located the most distantly from CN, whereas the subgroup A is the closest to CN. The subgroups B and C are equally distant from CN. Among 94 subjects examined, two MS patients and three CN subjects were considered as being unclassifiable (UC). Principal component analysis (PCA) further displayed a clear discrimination of four MS subgroups (Fig 2). Hierarchical clustering analysis categorized 281 of 286 differentially

expressed genes into five distinct classes numbered #1 to #5 (Fig. 1 and Supplementary Table 1 online). The remaining five genes, including TOP1, CHST4, SLC35A1, ST1B2, and TAF2H, were unable to be categorized into any classes. All the class #5 genes were upregulated in MS, whereas the genes of classes #1 to #4 were downregulated in MS when compared with CN (Fig 1). Upregulated expression of some of the class #5 genes in MS versus CN was verified by quantitative real-time RT-PCR analysis (data not shown).

Association of MS Subgroups with Gene Clusters

The subgroup A showed the gene expression pattern that is the most similar to CN. This was supported by PCA (Fig 2) and by the observations that one CN subject was incorporated in the subgroup A, while two subgroup A MS patients were included in the CN population on hierarchical clustering (Fig 1). Expression of the class #5 genes were augmented in all MS subgroups, whereas the classes #1 to #4 genes were downregulated in MS. Notably, subgroup B showed a greatest level of class #5 gene upregulation. The most prominent suppression of classes #1 to #4 genes was also found in subgroup B (Fig 1), suggesting that this subgroup may represent a most active state of MS. Of note, the class #5 genes, composed of 78 genes, were found to contain nine chemokines (11.5%), including small inducible cytokine subfamily A member 1 (SCYA1 or CCL1), member 3 (SCYA3, CCL3 or MIP1- α), member 13 (SCY13 or CCL13), member 18 (SCYA18 or CCL18), member 24 (SCYA24 or CCL24), subfamily B member 1 (SCYB1, CXCL1 or GRO1), member 2 (SCYB2, CXCL2 or GRO2), member 9 (SCYB9, CXCL9 or MIG), and member 14 (SCYB14, CXCL14) (Supplementary Table 1 online). In contrast, the classes #1 to #4 genes composed of 203 genes contained only two chemokines (1.0%), SCYB5 (CXCL5) and SCYB10 (CXCL10 or IP10). Taken together, it is arguable that the class #5 gene cluster is highly enriched in chemokine genes.

Clinical Characteristics of MS Subgroups Classified by Hierarchical Clustering Analysis

Next, we investigated clinical characteristics of each MS subgroup (Table 2 and Fig 3). No statistically significant differences were observed among MS subgroups in the age, disease duration, EDSS score, and the number of lesions on T2-weighted MRI at enrollment. There was a trend that subgroup D showed a greater EDSS score and had a larger number of MRI lesions suggestive of an advanced stage of the disease. However, the difference did not reach the level of statistical significance. The female patients outnumbered the male patients in all the subgroups, although the male to female ratio was relatively higher in subgroup C, while no male patient was included in subgroup D. The patients with RRMS outnumbered those with SPMS in all the subgroups, although there was a mild bias for SPMS in subgroup B.

Previous studies showed that the patients with opticospinal form of MS (OSMS), characterized by the lesion distribution confined to the optic nerve and spinal cord, were accumulated in Asian countries. However, recent evidence indicated that the proportion of OSMS versus conventional form of MS (CMS) in Japanese MS patients has been markedly reduced in the past 30 years.⁶ Although genetic as well as environmental factors may affect the pattern of lesion distribution in MS, it is only speculative at this moment. Here, we determined a possible association between the pattern of the lesion distribution and microarray-determined MS subgroups. In all MS subgroups, CMS greatly outnumbered non-CMS. The latter was composed of OSMS and multifocal recurrent myelitis. Although no obvious association was identified between a particular MS subgroup and the spinal cord involvement, 5 of 6 patients having the lesions restricted to the cerebrum (CBR only) were clustered in subgroup C (Table 2), suggesting that the lesion distribution in the subgroup C patients might be affected by the status of T cell gene expression.

The number of relapse, the day of IVMP treatment, and the day of hospitalization during preceding two years before enrollment were the largest in subgroup B. This

postulate was verified by a statistically significant difference when compared between the subgroups B and C ($p = 0.0128, 0.0183, \text{ and } 0.0329$ for each parameter) (Table 2 and Fig 3). These observations indicate that subgroup B included the patients who were clinically most active at enrollment before starting IFN β .

IFN β Responders were Clustered in Subgroups A and B

According to the patient's own determination on entry, 72 MS patients were separated into two groups; 46 who started to receive IFN β treatment for the following two years and 26 who were followed up without IFN β treatment for the successive two years (Supplementary Table 2 online). The IFN β -treated patients were evaluated by the IFN β responder/nonresponder score (Table 1) at the end of the two year-treatment. Forty-six IFN β -treated MS patients were classified into 19 IFN β responders, 7 nonresponders, 13 undermined subjects, and 7 dropouts (Table 3). Importantly, 16 of 19 IFN β responders were included either in subgroup A or B. The subgroup A patients were judged as being the most IFN β responsive, because a highest proportion of the patients were classified as IFN β responders [8 of 14 IFN β -treated patients (57.1%)], and because all the responder patients expressed a satisfaction on IFN β treatment. The subgroup B patients also showed a good response to IFN β equivalent to subgroup A (57.1%), although the number of the patients satisfied with the treatment was somewhat smaller. In contrast, only 2 of 11 IFN β -treated patients in subgroup C (18.2%) and none of the patients in subgroup D were judged as IFN β responders. Although the difference in the IFN β responder/nonresponder score among MS subgroups (A: 2.5 ± 2.3 ; B: 2.1 ± 2.6 ; C: 1.3 ± 2.1 ; and D: -0.3 ± 4.3) did not reach the level of statistical significance (Table 3), these observations indicate that the gene expression profiling of MS T cells at the time before starting IFN β treatment could help us to predict the therapeutic response for successive two years.

The subgroup C patients showed the greatest increase in the number of brain MRI lesions during two years of IFN β treatment, in accordance with the poor response to

IFN β , although it was not statistically significant (Table 3). A battery of side effects related to IFN β treatment, including skin reactions, flu-like symptoms, leukocytopenia, depression, and amenorrhea, were observed in more than 50% of the IFN β -treated patients. The patients suffering from such side effects were distributed in all the subgroups (Table 3). Seven patients in the IFN β -treated group discontinued the treatment: five due to IFN β -related adverse effects, one due to a severe relapse possibly related to IFN β treatment, and another by a personal reason.

We also performed the microarray and hierarchical clustering analysis of T-cell samples of MS patients obtained at 3 or 6 months after starting IFN β therapy. Although IFN β -treated patients could be classified on their gene expression pattern into several clusters, these new clusters did not match with the subgroup A, B, C, or D determined at enrollment before IFN β treatment (data not shown). Furthermore, no significant association was identified between these new clusters and IFN β response, suggesting that T cell gene expression profiling before starting IFN β treatment is the most valuable to predict the clinical outcome, whereas a single sampling of T cells after starting IFN β treatment might be less informative.

The Temporal Profile of IFN-Responsive Gene Expression in the First Six Months Discriminated Responders and Nonresponders

Finally, we investigated the temporal profile of gene expression levels before and after starting IFN β treatment at 3 and 6 months. As we have previously shown,²¹ IFN β treatment enhanced the expression of a battery of the genes with IFN-responsive promoter elements named IFN-responsive genes (IRGs) (Fig 4). Strikingly, a remarkable difference was observed between IFN β responders and nonresponders in the temporal profile of the expression of several known IRGs,^{21,27,28} including IFN-stimulated protein 15 (ISG15), small inducible cytokine A2 (SCYA2, alternatively named monocyte chemoattractant protein-1; MCP-1), TNF receptor subfamily member 1B (TNFRSF1B, alternatively named TNFRp75), and IFN α -inducible protein 27

(IFI27) (Fig 5). The IFN β responders (R) exhibited persistent upregulation of these IRGs during 6 months after initiation of IFN β treatment. In contrast, the nonresponders (NR) showed higher upregulation at 3 months than the responders (R), but this increase was followed by substantial downregulation at 6 months, presenting with the seesaw pattern. This was verified by a statistically significant difference between R and NR in the change of levels of TNFRSF1B and IFI27 from 3 to 6 months ($p = 0.0092$ and 0.0307 , respectively) (Fig 5). These observations suggest that IFN β nonresponders could also well respond to IFN β at 3 months but they could not maintain the responsiveness until 6 months.

Discussion

Although MS is a disease manifesting remarkable variability in clinical and pathological manifestations, very little is known about the immunological and molecular basis that may account for the heterogeneity. To explore the molecular mechanism underlying heterogeneity of MS, we designed a comprehensive study combining cDNA microarray analysis of peripheral blood T cells and analysis of clinical information during four years before and after starting IFN β . Our initial analysis of 72 untreated MS patients and 22 CN subjects revealed 286 genes differentially expressed between MS and CN. By applying hierarchical clustering analysis for these 286 genes, we found that MS patients could be divided into four distinct MS subgroups. Notably, IFN β responders were clustered in two of the subgroups (subgroups A and B). When clinical profiles in each subgroup were studied, the subgroup B was found to be the most clinically active MS before treatment with IFN β . Furthermore, by adding kinetic analysis for six months after starting IFN β , we showed that IFN β responders are significantly different from nonresponders in the kinetics of two IFN-responsive genes; TNFRSF1B and IFI27. Although these results are not readily utilized for predicting IFN β responsiveness in

individual patients, they undoubtedly support a potential power of DNA microarray analysis of peripheral blood T cells for evaluating of the clinical profile of patients.

Hierarchical clustering analysis for the untreated MS and CN also identified five different gene classes numbered #1 to #5. Among these, upregulated exclusively in MS were the class #5 genes, including nine chemokines, such as CCL1, CCL3, CCL13, CCL18, CCL24, CXCL1, CXCL2, CXCL9 and CXCL14. Interestingly, the most clinically active subgroup B showed the highest upregulation of the class #5 genes. These observations suggest that the higher disease activity in the subgroup B might be in part attributable to T-cell secretion of the chemokines within the CNS, which promotes lymphocyte and macrophage trafficking into the CNS.²⁹ It is also possible that these T cell-derived chemokines amplify the inflammation in the CNS by serving as a coactivator of IFN γ -activated macrophages.³⁰

It is of particular note that the proportions of IFN β responders greatly differed among the MS subgroups: the percentage of IFN β responders was 57.1% in subgroup A, 57.1% in B, 18.2% in C and 0% in D. Unexpectedly, the patients in subgroup B exhibited a good response to IFN β , despite its highest clinical activity. However, this is consistent with a recent clinical observation that IFN β responders were characterized by higher relapse rates during the year prior to initiation of IFN β treatment.⁷ In contrast, the patients in subgroup C with the poor response to IFN β showed the greatest increase in the number of MRI lesions during two years after IFN β treatment. This is in accord with a recent study showing that the number of on-treatment new T2 MRI lesions correlates with poor response to IFN β -1a.³¹ Although subgroup D did not include any IFN β responders, the number of MRI lesions did not increase during two years of treatment. This raises a possibility that subgroup D could undergo a neurodegenerative process that is independent of active inflammation. The present study suggests that the microarray-based classification of MS could be useful to predict therapeutic response to IFN β . Obviously, further studies on the larger cohort of MS patients are required to obtain the conclusive evidence.

IFN α and β (type I IFNs) are produced principally by virus-infected host cells, whereas IFN γ (type II IFN) is secreted by activated T cells and NK cells. Type I IFNs activate JAK protein tyrosine kinases linked with the cell surface receptors for IFNs, leading to formation of the complex composed of STAT molecules and the IFN regulatory factor (IRF) family of transcription factors.³² Then, the STAT/IRF complex translocates into the nucleus, where it interacts with transcriptional coactivators such as p300 and CREB-binding protein (CBP), and binds to the DNA sequences termed the IFN-stimulated response element or the IRF-recognition element. This activates transcription of a wide range of IFN-responsive genes (IRGs) primarily responsible for biological effects of IFNs. It is of particular interest that the genes differentially expressed between MS and CN included those having IFN-responsive elements in their promoter regions: p300 (EP300) and IFN α receptor 1 (IFNAR1) in the class #1, SCYB10 (CXCL10, IP10), ATP-binding cassette (ABC) subfamily E member 1 (ABCE1, alternatively named RNase L inhibitor),³³ IFN γ -inducible protein 16 (IFI16), and STAT1 in the class #2, myxovirus resistance 2 (MX2) in the class #3, NF- κ B-repressing factor (NRF),³⁴ IRF9 and IRF2 in the class #4, and IFN α -16 (IFNA16) and SCYB9 (CXCL9, MIG) in the class #5 (see all the datasets in Supplementary Table 1 online). These results suggest that the IFN-signaling pathway is aberrantly regulated in peripheral blood T cells of MS patients before treatment with IFN β . Although the precise reason for this remains unclear, the dysregulation of IRGs might play a role in the pathogenesis of MS, and have some relevance to therapeutic effects of IFN β in MS. We previously showed that upregulated expression of SCYB9 was suppressed by a long-term treatment with IFN β .²¹ This supports the possibility that IFN β produces a beneficial effect on MS by correcting the preexisting disturbance in regulation of the IFN-signaling pathway.

We also investigated T cell gene expression profile of MS at 3 or 6 months after starting IFN β . Again, hierarchical clustering analysis classified IFN β -treated patients into several subgroups, but none of these new subgroups matched with either IFN β

responders or nonresponders. Therefore, we conclude that T cell gene profiling at pretreatment (Pre) was the most informative to identify the population of IFN β responders in MS. A possible explanation could be provided that a defect in the IFN-signaling pathway in untreated MS patients was adjusted by IFN β treatment.

The present study was also conducted to identify marker genes for IFN β responsiveness in MS. The separate analysis at Pre versus 3 months, at Pre versus 6 months or at 3 months versus 6 months did not identify the gene expression profile characteristic of IFN β responders (unpublished observations). However, when all the data sets at three time points (Pre, 3 months and 6 months) were combined, discernible differences were found between IFN β responders (R) and nonresponders (NR). A panel of IRGs including ISG15, SCYA2, TNFRSF1B and IFI27 were persistently upregulated in IFN β responders, while they were downregulated to some extent in nonresponders by 6 months.

The class #5 genes composed of 78 genes were upregulated in MS compared with CN. They were comprised of proinflammatory and antiinflammatory cytokines, growth factors and their receptors (see all the datasets in Supplementary Table 1 online). These results suggest that not a simple Th1-mediated but more complex immunoregulatory mechanism is involved in the pathogenesis of MS.³⁵ Importantly, substantial numbers of upregulated genes in peripheral blood T cells of MS were expressed at high levels in the lesions of MS brain. The corresponding genes include IL-12p40, IL-10, SCYA3 (CCL3, MIP1- α), SCYB1 (CXCL1, GRO1), granulocyte colony-stimulating factor (GCSF), SCYB9 (CXCL9, MIG), platelet-derived growth factor receptor-alpha (PDGFRA), transforming growth factor-beta 2 (TGFB2), and insulin-like growth factor-II (IGF-II).^{14,36-43}

At the initial stage of this work, we noticed that top 30 differentially expressed genes of CD3⁺ T cells between untreated MS patients and CN subjects included a battery of apoptosis signaling-related genes pivotal for regulation of T cell development, such as nuclear receptor subfamily 4, group A, member 2 (NR4A2) and transcription

factor 8 (TCF8).²² NR4A2 in the class #5 upregulated in MS encodes an orphan member of the steroid-thyroid hormone receptor superfamily transcription factors designated Nurr1. Nurr1 is induced in human T cells during apoptosis⁴⁴ and the members of this family positively regulate clonal deletion of self-reactive T cells in the thymus.⁴⁵ In contrast to our observations, a previous microarray analysis showed that NR4A2 expression is downregulated in unfractionated PBMC of MS patients compared with the levels in healthy subjects,²⁰ although the following study from the same group indicated a significant upregulation of NR4A2 in PBMC of both MS and SLE.⁴⁶ We verified upregulation of NR4A2 mRNA levels in CD3⁺ T cells of MS versus CN by quantitative real-time RT-PCR analysis (data not shown). It is worthy to note that Nurr1 activates the transcription of osteopontin,⁴⁷ a Th1 cytokine possibly involved in progression of inflammatory demyelination in MS.

Microarray analysis of T cell gene expression profile in MS identified an aberrant expression of key regulators for drug metabolism, whose role has not previously been proposed in MS.⁴⁸ A panel of cytochrome P450 (CYP) family enzymes, including CYP4B1, CYP3A4, CYP1A2, CYP8B1, CYP17, CYP2E, CYP4F2, and CYP2A6, were over-expressed in MS T cells (see Supplementary Table 1 online). Of note, the CYP family regulates Ca²⁺ influx in activated T cells.⁴⁹ On the other hand, various ABC transporters, including ABCD2, ABCE1, ABCG2 and ABCF2 in the class #2, ABCF1, ABCB10 and ABCC5 in the class #3, and ABCB7, ABCB1 and ABCB6 in the class #4 were downregulated in MS T cells (Supplementary Table 1 online). The ABC transporter superfamily regulates the transport of amino acids, ions, sugars, lipids and drugs across the cell membrane by consuming the energy derived from ATP hydrolysis. ABCB1 and ABCG2 expressed on brain endothelial cells act as a main transporter in the blood-brain barrier (BBB) that determines bioavailability of corticosteroids and mitoxantrone in the brain.⁵⁰ The precise pathological implication for the opposing changes in CYP family enzymes and ABC transporters in the T cells of MS remains to be further investigated.

Previous studies showed that autoreactive T cells are clonally expanded and activated in MS.⁵¹⁻⁵⁴ However, the frequency of potentially pathogenic autoreactive Th1 cells in total PBMC is very low, ranging from 1/200 to 1/10,000. The present study on transcriptional analysis of peripheral blood CD3⁺ T cells has disclosed a number of differences in gene expression levels between MS and CN, but they were not simply consistent with a Th1 bias. These observations suggest that molecular changes observed in our study do not reflect a small population of autoreactive Th1 cells but involve broader range of T cell populations. A recent study showed that a mutation in the ZAP70 gene that dysregulates the proximal post-TCR signaling cascade causes development of autoimmune arthritis,⁵⁵ raising the possibility that development of certain clinicopathological variants of MS might be caused by unidentified mutations and polymorphisms shared by all T cell populations.

In conclusion, T cell gene expression profiling would provide us a novel insight into the molecular pathogenesis and tailor-made treatment of MS.

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Figure Legends

Fig 1. Hierarchical clustering analysis of 286 genes differentially expressed between untreated MS patients and control subjects. The gene expression profile of peripheral blood CD3⁺ T cells was studied in 72 untreated MS patients and 22 age- and sex-matched healthy control (CN) subjects on cDNA microarray spotted with 1,258 genes of various functional classes. Hierarchical cluster analysis was performed on a set of 286 genes differentially expressed between MS and CN (see Supplementary Table 1 online) as a discriminator following a standard x standard algorithm on GeneSpring. This analysis separated MS (purple) from CN (dark blue), and classified the former into four subgroups named A (green), B (light blue), C (red) and D (yellow). The 286 genes were also categorized into five classes numbered #1 (pink) to #5 (light blue). The results are expressed in a matrix format, with each row representing the gene expression level (GEL) of a single gene in all the subjects, and each column representing GEL of the 286 genes in an individual subject. The figure is shown by a pseudo-color, with red expressing upregulation, green expressing downregulation, and the color intensity representing the magnitude of the deviation from GEL 1.0 as shown on the upper right.

Fig 2. Principal component analysis (PCA) of 286 genes differentially expressed between untreated MS patients and control subjects. The gene expression profile of peripheral blood CD3⁺ T cells was studied in 72 untreated MS patients and 22 age- and sex-matched healthy control (CN) subjects on an 1,258 cDNA microarray. Principal component analysis (PCA) was performed on GeneSpring to reduce all of the variance in the original dataset of 286 differentially expressed genes between MS and CN to three dimensions that account for a significant fraction of the variance. This analysis verified a clear separation of the CN group (dark blue) and four MS subgroups named A (green), B (light blue), C (red) and D (yellow) that were established by hierarchical clustering analysis.