

Laminoplasty for cervical myelopathy caused by subaxial lesions in rheumatoid arthritis

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Object. Although controversy exists regarding surgical treatment for rheumatoid subaxial lesions, no detailed studies have been conducted to examine the efficacy of laminoplasty in such cases. To discuss indications for laminoplasty in rheumatoid subaxial lesions, the authors retrospectively investigated clinical and radiological outcomes in patients who underwent laminoplasty for subaxial lesions.

Methods. Thirty patients (11 men and 19 women) underwent laminoplasty for rheumatoid subaxial lesions. The patients were divided into those with mutilating-type rheumatoid arthritis (RA) and those with nonmutilating-type RA according to the number of eroding joints. As of final follow-up examination laminoplasty resulted in improvement of myelopathy in 24 patients (seven with mutilating- and 17 with nonmutilating-type RA) and transient or no improvement in six (five with mutilating- and one with nonmutilating-type RA). In the group with mutilating-type RA, significantly poorer results were displayed ($p < 0.05$). In most patients preoperative radiographs demonstrated vertebral slippage less than or equal to 5 mm at only one or two levels. Postlaminoplasty deterioration of subaxial subluxation and unfavorable alignment change occurred significantly more often in patients with mutilating-type RA ($p < 0.05$).

Conclusions. Patients with nonmutilating-type RA can benefit from laminoplasty for myelopathy due to subaxial lesions.

KEY WORDS • laminoplasty • rheumatoid arthritis • subluxation • myelopathy

RHEUMATOID arthritis commonly involves the cervical spine, and instability and neural compression are notorious complications. These disorders occur predominantly in the upper cervical region, where surgical treatments have been well documented.^{4,5,16} Conversely, great controversy remains regarding subaxial lesions, such as destruction of facet joints, intervertebral discs, endplates, and spinous processes or inflammatory changes in surrounding soft-tissue support, all of which can lead to hypermobility, subluxation, or step-ladder deformity.^{2,3,7,8,14,22,25,26}

Vertebral instability and rheumatoid granulation lead to spinal cord compression. In the subaxial region, relatively minor vertebral translation is more likely to result in spinal cord compression than changes in the upper cervical region, because of the narrowness of the spinal canal. Although multilevel instrumentation-augmented fusion is widely used for subaxial rheumatoid lesions,²⁰ some authors have reported finding instability at levels adjacent to fused segments.^{1,6,7,21} Fusion-related reduced neck mobili-

ty can affect swallowing and daily activities in patients with RA.

Laminoplasty was originally indicated for myelopathy due to cervical spondylosis or ossification of the posterior longitudinal ligament, and satisfactory long-term results have been reported.^{12,24} We have performed laminoplasty for RA-related subaxial lesions in expectation of preserving cervical ROM and avoiding drawbacks associated with arthrodesis. No detailed study regarding laminoplasty for these lesions has previously been conducted. We retrospectively evaluated clinical and radiological outcomes after performing laminoplasty for subaxial lesions and discuss the indications for this procedure.

Clinical Material and Methods

Patient Population

Between 1990 and 2000, 79 patients with RA underwent surgical intervention for subaxial lesions in our hospitals. Instrumentation-augmented fusion was performed in 47 patients, and the remaining 32 patients underwent laminoplasty. Follow-up data in two patients were insufficient; thus, 30 cases (11 men and 19 women) formed the

Abbreviations used in this paper: RA = rheumatoid arthritis; ROM = range of motion.

basis of this study. Twenty-eight patients underwent C3–7, one patient C4–T1, and one patient C2–5 decompression. This was not a randomized study, and criteria for selecting either laminoplasty or arthrodesis depended on individual surgeons. Laminoplasty was generally indicated in the following cases: 1) when subaxial spondylosis was relatively mild and no cervical kyphotic deformity was present; and 2) when the main symptom was myelopathy without significant neck pain. Progressive myelopathy represented the main symptom in all 30 patients. All patients fulfilled established criteria for RA. The mean age of patients at surgery was 63.9 years (range 46–82 years). The mean duration of RA was 16.2 years (range 3–48 years) before surgery.

Each patient was screened for osseous erosion in 68 joints throughout the body by an independent rheumatologist. Patients were divided into two groups according to the number of eroding joints: mutilating-type RA (12 cases), in which more than 40 joints were affected, and nonmutilating-type RA (18 cases), in which 40 or fewer joints were affected.^{9,18} In all patients subaxial spondylosis of at least 3 mm was present. Concomitant atlantoaxial spondylosis and/or vertical spondylosis was noted in 21 patients: atlantoaxial spondylosis in 10, atlantoaxial spondylosis and vertical spondylosis in five, and vertical spondylosis in six. Two patients had previously undergone upper cervical fusion for the treatment of atlantoaxial spondylosis and/or vertical spondylosis.

Interventions involved two types of laminoplasty: en bloc procedure¹¹ in 24 patients and midsagittal splitting procedure¹⁵ in six. En bloc laminoplasty was performed as follows. The spinous processes were removed and bilateral gutters were made at the facet–lamina junctions by using a high-speed drill. On the hinged side, the inner cortex was preserved; on the open side, the inner cortex was completely cut down to the epidural space. The laminae were elevated en bloc, and the removed spinous processes were used as a strut graft to hold the opened laminae. In the midsagittal splitting laminoplasty, the spinous processes were split in the midline by using a high-speed drill, bilateral gutters were made at the facet–lamina junctions, and bone graft was used as a spacer. In most patients autologous bone chip graft was placed on the hinged gutter.

Twenty patients underwent laminoplasty only. Concomitant occiput–C2 or C1–2 fusion was added to laminoplasty in five patients each. In all patients in whom concomitant upper cervical fusion was conducted, the primary myelopathy-inducing lesion was located in the subaxial region. Postoperatively, a cervical collar was routinely worn for 1 month by patients who underwent laminoplasty alone. Patients who underwent concomitant upper cervical fusion were placed in a halo jacket for 1 to 2 months.

Radiographic Evaluation

Consecutive radiographs were examined to determine the number of levels displaying vertebral slippage (≥ 3 mm), extent of slippage, and ROM between C-2 and C-7 on lateral flexion–extension x-ray films. Sagittal cervical alignment on lateral neutral radiographs was classified as lordosis, straight, or kyphosis. All radiographic measure-

ments and classifications were performed by one of the authors in a blinded manner.

Clinical Evaluation

Neurological impairment was evaluated according to the Ranawat classification system²¹ (Class I, no neural deficit; Class II, subjective weakness with hyperreflexia and dysesthesia; Class IIIA, objective weakness and long tract signs but ambulating; and Class IIIB, objective weakness and long tract signs but not ambulating). Neck pain was also classified using the Ranawat grading system (0, none; 1, mild; 2, moderate; and 3, severe). The ambulatory ability was classified into four grades (0, can ambulate outdoors without aid; 1, outdoors with aid; 2, indoors; 3, needs a wheelchair; and 4, bedridden). Neurological status was examined just before laminoplasty, 6 months later, and at final follow-up evaluation. For patients who underwent revision surgery, neurological status just before this procedure was used as the final score. The mean postoperative follow-up period was 3.5 years (range 1–9 years).

Statistical Analysis

The chi-square test or Mann–Whitney U-test was used for statistical analysis. Probability values less than 0.05 were considered statistically significant. Analyses were performed using JMP statistical computer software version 5.0 (SAS Institute, Cary, NC).

Results

Radiographic Evaluation

Preoperative dislocation was noted at one level in 22 patients, two levels in five, three levels in two, and four levels in one. Preoperative slippage was 3 to 5 mm in 26 patients and greater than 5 mm in four patients. At final follow up, eight patients (six with mutilating-, two with nonmutilating-type RA) exhibited progression of slippage (Table 1), in two of whom the slippage site displayed spontaneous fusion and stabilization.

Preoperative sagittal cervical alignment was considered lordotic in 17 patients, straight in 11, and kyphotic in only two. Postoperative alignment changes occurred in only five patients (four with mutilating- and one with nonmutilating-type RA). Significant differences in deterioration of

TABLE 1
Correlation between postoperative radiologically documented deterioration and subtype of RA

	RA Type		p Value*
	Nonmutilating	Mutilating	
increase or new development of slippage	2 of 18	6 of 12	<0.05
change of alignment			
lordosis to straight	1	1	<0.05
lordosis to kyphosis		2	
straight to kyphosis		1	

* Statistical analysis according to chi-square test.

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TABLE 2
Summary of clinical data in 30 patients with RA*

Case No.	Age (yrs) at Op, Sex	Postop FU (yrs)	RA Subset	Op	Neurological Deficit Class†			Walking Function Grade		
					Preop	6 Mos	FU	Preop	6 Mos	FU
1	62, F	3.5	NM	EB	IIIA	II	II	3	0	0
2	61, F	1.5	NM	EB & UF	IIIA	II	II	0	0	0
3	55, F	4.5	NM	EB	IIIA	II	II	1	0	0
4	70, F	2.5	NM	EB & UF	IIIA	II	II	2	1	1
5	52, F	3.5	NM	EB	IIIB	IIIA	IIIA	4	2	2
6	67, F	3	NM	MS	IIIB	IIIA	IIIA	4	2	2
7	82, F	1	NM	MS	IIIA	IIIA	IIIA	2	1	1
8	76, F	3	NM	MS	IIIB	IIIA	IIIA	4	3	3
9	72, F	5	NM	MS	IIIA	IIIA	IIIA	3	2	2
10	69, F	4	NM	MS	IIIA	II	II	2	1	1
11	60, M	6	NM	MS & UF	IIIA	II	II	2	0	0
12	47, F	2	NM	EB	IIIA	IIIA	IIIA	2	1	1
13	73, M	6.5	NM	EB & UF	IIIA	II	II	0	0	0
14	66, M	2	NM	EB & UF	IIIA	II	II	2	1	1
15	67, M	2	NM	EB & UF	IIIB	II	II	4	2	2
16	70, F	3	NM	EB	IIIB	IIIA	IIIA	3	2	2
17	75, M	1	NM	EB	IIIA	II	II	0	0	0
18	54, F	9	NM	EB	IIIB	IIIA	IIIB	4	2	3
19	66, M	2	MU	EB & UF	IIIA	II	II	2	1	1
20	64, M	5	MU	EB	IIIB	IIIA	IIIB	3	2	4
21	66, F	3	MU	EB	IIIA	II	II	1	0	0
22	56, M	5	MU	EB	IIIB	IIIB	IIIB	4	4	4
23	70, M	6	MU	EB	IIIB	II	II	3	1	1
24	46, F	2	MU	EB & UF	IIIB	IIIB	IIIB	4	3	4
25	57, F	8	MU	EB	IIIA	II	IIIA	1	1	2
26	62, F	4	MU	EB	IIIB	IIIA	IIIA	3	2	2
27	70, F	1	MU	EB	IIIB	IIIA	IIIA	3	2	2
28	66, M	1	MU	EB	IIIB	IIIA	IIIA	3	1	1
29	61, F	1	MU	EB & UF	IIIA	IIIA	IIIA	3	2	2
30	55, M	3	MU	EB & UF	IIIA	II	IIIB	1	1	4

* EB = en bloc laminoplasty; FU = follow up; MS = midsagittal splitting laminoplasty; MU = mutilating; NM = nonmutilating; UF = upper cervical fusion.

† According to the Ranawat classification system.

subaxial subluxation and alignment change were observed between the two groups (Table 1).

The mean ROM in the sagittal plane between C-2 and C-7 was 29° preoperatively (range 6–63°) and 11.4° postoperatively (range 0–31°). The mean ROM decreased to 39% of its preoperative value following laminoplasty. In five patients no motion was displayed between C-2 and C-7 because spontaneous fusion occurred at all levels after laminoplasty.

Clinical Evaluation

Preoperatively, 14 patients reported no neck pain, 15 experienced moderate (Grade 1, five patients; Grade 2, 10 patients) pain, and only one patient suffered severe (Grade 3) pain. In the 16 patients with preoperative neck pain, 10 indicated pain relief by one or two grades, but the remaining six complained of the same level of pain at final follow up. Postoperative deterioration of neck pain occurred in only one patient.

All 30 patients suffered myelopathy preoperatively: Class IIIA in 17 patients and Class IIIB in 13. Postoperative improvement of at least one Ranawat class occurred in 24 patients, with improvement maintained until final follow up in 20 (Table 2). Although six patients had no neurological improvement in Ranawat class, ability to

walk improved postoperatively by at least one grade in five patients, with the improvement maintained until final follow up in four (Table 2).

Of five patients in whom neurological deterioration recurred, in three with mutilating-type RA, significant slippage or vertebral collapse developed; two needed revision surgery comprising occiput–upper thoracic fusion with instrumentation (Fig. 1) and one died suddenly of respiratory dysfunction 2 years after laminoplasty. In the remaining two patients, reasons for deterioration were unknown.

Finally, patients could be divided into two groups based on outcome: Group A (24 cases), in which improvement of myelopathy was demonstrated through final follow up, and Group B (six cases), in which only transient or no improvement of myelopathy occurred. The prevalence of mutilating-type RA was 29.2% in Group A and 83.3% in Group B, representing a significant difference ($p < 0.05$). Preoperative radiological disorders did not significantly affect clinical outcome after laminoplasty (Table 3).

Discussion

Studies of cervical lesions in patients with RA have predominantly focused on the occipitoatlantoaxial complex, whereas subaxial lesions have received less attention. Few detailed descriptions of surgical interventions for subaxial



FIG. 1. Lateral radiographs obtained in a 46-year-old woman with mutilating-type RA. A: Preoperative radiograph revealing vertebral slippage at C3-4 in flexion. B: The patient underwent laminoplasty and myelopathy improved from Ranawat Class IIIA to Class II. C: Four years postoperatively, new development of slippage occurred at C4-5 followed by collapse of the C-4 vertebral body. Myelopathy deteriorated to Class IIIB. D: Posterior instrumentation-augmented occiput-T4 fusion was performed. Iliac bone graft was added throughout the instrumentation area. The patient became ambulatory after reoperation.

lesions have been reported. Although laminoplasty has been widely conducted to treat degenerative cervical disease, it has not been generally applied to rheumatoid subaxial lesions because of related postoperative instability and poor results.

Most authors of reports on subaxial lesions have discussed spinal fusion. Ranawat, et al.,²¹ reported poor results after anterior spinal fusion for subaxial lesions and recommended posterior fusion. Some authors have insisted that decompression is unnecessary in cases of RA-related myelopathy, as long as solid fusion is attained;¹⁰ however, subaxial compression of the neural elements can also be caused by soft tissues, including pannus formation and extradural rheumatoid nodules. Santavirta, et al.,²³ therefore reported that reduction of subluxation and posterior fusion without laminectomy should be limited to patients in whom signs of cord compression are absent. In their series, vertebral collapse or new subluxations were found at the level adjacent to posterior fusion in some cases, and they indicated the risk of new subluxation below or above the fusion caused by mechanical stress from segmental arthrodesis. Olerud, et al.,²⁰ have recommended total cervical fusion extending to the upper thoracic spine to avoid complications adjacent to the fused segment.

In the surgical treatment of subaxial lesions, rigid stabilization has been considered crucial, but total cervical fusion would represent overtreatment for subaxial lesions. Based on the belief that some patients with RA harboring subaxial lesions can be successfully managed by undergoing decompression alone without solid fusion, we have performed laminoplasty, a very simple procedure that can preserve mobility of the cervical spine. Compared with laminectomy, kyphotic deformity or malalignment is well known to be reduced following laminoplasty with preser-

vation of posterior structures.^{13,17} In the present study, most patients underwent placement of an autologous bone chip graft on the hinged gutter, mainly at the level of subluxation, and we expected local fusion to develop. We anticipated both prevention of cervical instability and preservation of cervical ROM. As a result, cervical ROM was reduced to 39% after laminoplasty. Although some patients indicated complete loss of motion between C-2 and C-7 after laminoplasty, the reasons for such total fusion remain unclear. The quantity of bone graft on the gutter

TABLE 3
Correlation between preoperative severity of subaxial subluxation and result of laminoplasty*

Variable	Symptomatic Outcome†		p Value
	Group A	Group B	
no. of cases	24	6	
ratio of NM/MU RA cases	17/7	1/5	<0.05‡
no. of levels w/ slippage			
1	18	4	NS§
2	4	1	
3	2		
4		1	
slippage >5 mm	3	1	NS§
alignment			
lordosis	13	4	NS‡
straight	9	2	
kyphosis	2	0	

* NS = not significant.

† Group A, improvement of myelopathy and maintenance after laminoplasty; Group B, only transient or no improvement of myelopathy after laminoplasty.

‡ According to chi-square test.

§ According to Mann-Whitney U-test.

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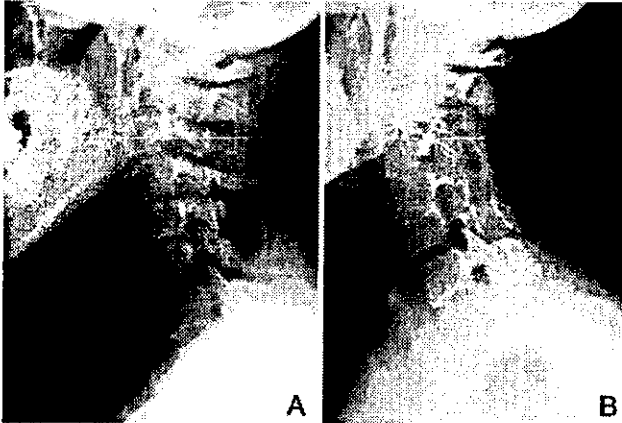


FIG. 2. Lateral radiographs obtained in a 55-year-old woman with nonmutilating-type RA. A: Preoperative radiograph revealing subaxial lesions, such as vertebral slippage at C3-4, facet joint erosion, endplate erosion, and spinous process erosion. Vertical subluxation was stabilized. B: Five years after laminoplasty, deterioration of vertebral slippage was not found. Neurological impairment had improved from Ranawat Class IIIA to Class II.

seems unrelated to the number of fusion levels. In most patients, other than those with mutilating-type RA, not only was radiological stability achieved after laminoplasty but sufficient mobility in the cervical spine remained for daily life (Fig. 2).

Even if subaxial subluxation is not so severe at surgery, it is often progressive irrespective of treatment in patients with mutilating-type RA. Oda, et al.,¹⁹ stated that the RA subset reported by Ochi, et al.,¹⁸ represents a good indicator of progression of subluxation at both upper and subaxial cervical regions, and that the mutilating-type RA group is at high risk for development of subaxial subluxation. In our study, deterioration of slippage and postoperative changes to cervical alignment were found significantly more often in the group with mutilating-type RA than in the other. In the group with nonmutilating-type RA, 17 (94%) of 18 patients experienced improved myelopathy and no recurrence of neurological deterioration, whereas five (42%) of 12 patients with mutilating-type RA experienced poor results. Intergroup clinical outcome thus differed significantly. Significant deterioration of cervical alignment due to increased slippage or vertebral collapse requiring revision surgery was noted in three patients (27%) in the mutilating-type RA group. This deterioration of alignment was the main reason for poor results in these patients. Although preoperative radiologically documented disorders in patients with both mutilating- and nonmutilating-type RA were relatively mild, mutilating-type RA was associated with a significantly higher rate of deterioration of subaxial subluxation after laminoplasty.

The study population did not represent all patients who had undergone surgery for subaxial lesions related to RA. Many patients with severe subaxial lesions underwent posterior spinal fusion and placement of instrumentation across the entire cervical spine and were not enrolled in the present study. Retrospectively, we found vertebral slippage of less than or equal to 5 mm at only one or two levels in most patients. In these patients, nonmutilating-

type RA was associated with good results, whereas mutilating-type RA was associated with poor results. We therefore believe that patients with nonmutilating-type RA can benefit from laminoplasty for myelopathy due to mild subaxial lesions. Conversely, good laminoplasty-related results in patients with mutilating-type RA should not be expected, even if radiological changes appear trivial before surgery.

Conclusions

Based on our results, we found that most patients with RA, except those with mutilating-type disease, can benefit from laminoplasty for subaxial lesions in which the degree of slippage is less than or equal to 5 mm in only one or two levels. Neurological improvements and preserved neck ROM ensure high quality of life in patients with RA for a long period. Radiological changes were also trivial. Laminoplasty can be undertaken more widely for compression-related myelopathy associated with subaxial lesions in patients with nonmutilating-type RA.

Disclaimer

No benefits in any form have been received or will be received from commercial parties directly or indirectly related to the subject of this study.

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Total ankle replacement in rheumatoid arthritis

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Abstract We reviewed 21 patients with rheumatoid arthritis who had a total ankle replacement between 1984 and 2000. The average follow-up was 72 (15–169) months. Clinical results were evaluated using the American Orthopaedic Foot and Ankle Society (AOFAS) score. At the latest review, three ankles had been revised. Two ankles were excellent, seven good, three fair, and 12 poor. Eleven patients with 13 ankles had residual pain, with radiographs showing a high incidence of radiolucent lines. Migration of the tibial component was seen in 13 ankles and collapse of talus in nine. Although clinical results were poor, patient satisfaction was not.

Résumé Nous avons examiné 21 malades atteints de polyarthrite rhumatoïde qui avaient eu une prothèse totale de la cheville entre 1984 et 2000. La moyenne de suivi était de 72 mois (15–169). Les résultats cliniques ont été évalués avec le score de la Société Américaine du Pied et de la Cheville. À la révision la plus tardive, trois chevilles avaient été réopérées. Deux chevilles avaient un résultat excellent, sept un bon, trois un résultat moyen et 12 un mauvais résultat. Onze malades, avec 13 chevilles opérées, avaient des douleurs résiduelles, avec une grande fréquence de lésions radiologiques. La migration du composant tibial a été notée dans 13 chevilles et l'enfoncement de l'astragale dans neuf chevilles. Bien

que les résultats cliniques étaient assez mauvais, les patients étaient plutôt satisfaits.

Introduction

Rheumatoid arthritis initially affects the ankle and hindfoot in only a few patients; however, with time, the joint is involved in numerous patients. Dereymaeker et al. [2] reported that only 15% of patients with polyarticular rheumatoid arthritis have some involvement of the ankle. Miehke et al. [9] reported that 52% of 300 patients with rheumatoid arthritis with an average duration of disease of 9.5 years had ankle and subtalar affected joints. Conservative therapy such as the use of orthoses and steroid injections is the preferred treatment. Surgical therapy is selected for painful and disabling cases for which conservative therapy is ineffective. In general, ankle arthrodesis is the primary surgical treatment; however, the long-term results are not always good. Lance et al. [7] reported that pseudarthrosis occurred in 22% of their patients treated in this way. The loss of ankle motion caused by arthrodesis increases strain on small joints of the ipsilateral foot, and many patients experience degenerative changes in the subtalar and midtarsal joints [8]. Patients with rheumatoid arthritis who require surgery usually already have degeneration of the subtalar and midtarsal joints. If arthrodesis is done, fusion of the ankle and hindfoot will result. Patients with bilateral ankle arthrodeses have functional problems with gait.

Total ankle replacement that can relieve pain while retaining ankle movement is important for patients with rheumatoid arthritis. The purpose of the current study was to evaluate results and present problems of total ankle replacement in patients with rheumatoid arthritis.

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Patients and methods

Thirty-two ankles in 26 patients with rheumatoid arthritis had total ankle replacements between 1984 and 2000. There were two men and 24 women. Six patients received bilateral total ankle replace-

ments. One patient (one ankle) died for reasons unrelated to the operation. Four patients (four ankles) were lost to follow-up at the time of review. The remaining 27 ankles in 21 patients were evaluated. Average patient age at the time of surgery was 60 (36–75) years, and average follow-up was 72 (15–169) months. Twenty patients had other lower extremity joint replacements. In all patients, the major complaint before surgery was pain and disability in walking.

The implant used was the TNK ankle (Kyocera, Kyoto, Japan), which is made of ceramic and ultra-high-molecular-weight polyethylene [13]. A ceramic implant, provided with a medial facet joint, was inserted from the anterior side. Three sizes (small, medium, and large) were available. The operation was done using an anterior approach as described previously [13]. With the patient under general anesthesia, implants were anchored with cement. A tourniquet was used to control bleeding during surgery.

A longitudinal incision was made between the tibialis anterior tendon and the extensor hallucis longus tendon to retract laterally the dorsalis pedis artery and deep peroneal nerve. Synovium in the tendon sheath of the extensor tendons and at the lateral and medial facet in the joint were removed. The cutting guide for the tibial osteotomy was inserted, and the osteotomy was done from an anterior opening at an angle of 80° from the long axis of the tibia and exited from the posterior tibial cortex. A talar osteotomy was done according to the cutting guide. An anchor hole in the talus was made according to the guide, the trial implant was inserted, and alignment and mobility were examined. The implants were fixed with cement, and a suction drain was inserted followed by suturing. A short leg cast was applied with the ankle in slightly dorsiflexed position. The suction drain was removed 48 h postoperatively. A short leg cast was maintained for 3 weeks before beginning ankle motion to allow for soft-tissue healing. Active flexion-extension began after cast removal. Weight bearing began 4 weeks after the operation.

Clinical results, range of motion (ROM), questionnaires, radiographic findings, complications, and survival rate were examined. Clinical results were evaluated using the clinical rating scale of the American Orthopaedic Foot and Ankle Society (AOFAS) (100 points total) [5]. The questionnaire assessed the level of pain, function, and alignment. Patients were asked to rate pain on a scale of 0–40 points. Function was calculated as the total score of activity limitations (0–10), maximum walking distance (0–5), walking surface (0–5), gait abnormality (0–8), sagittal motion (0–8), hindfoot motion (0–6), and ankle-hindfoot stability (0–8). Alignment was rated from 0 to 10 points (good, fair, poor), giving a total score of 100 points. Excellent was defined as a score of 85–100, good as 75–84, fair as 70–74, and poor as less than 70.

At the latest follow-up questionnaires were completed by 17 patients (24 ankles) whose implants had survived. The questionnaire assessed preoperative and postoperative condition, degrees of satisfaction with the operation, and complaints. Radiolucent lines at the interface between the component and the bone were assessed on anteroposterior (AP) and lateral radiographs. Tibial component migration and talus collapse were also examined. Survival rate was calculated using the Kaplan-Meier method at revision surgery as the end point.

Results

Pain relief was the primary criterion of success in this study. The implant in three patients (three ankles) had been removed because of pain and component loosening. One ankle was treated with revision total ankle replacement, and two ankles were treated with arthrodesis. At the latest follow-up of the 24 surviving ankles in 17 patients, the average ankle-hindfoot score was 66.3 (32–90) points. Clinical results were graded excellent in two ankles, good in seven, fair in three, and poor in 12 (Table 1). Average

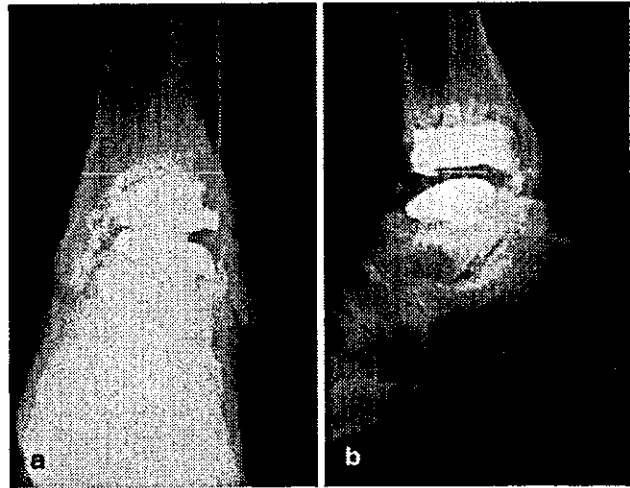


Fig. 1 a Anteroposterior radiograph showing migration of the tibial component. b Lateral radiograph showing collapse of talus after TNK arthroplasty

Table 1 Average American Orthopaedic Foot and Ankle Society (AOFAS) ankle-hindfoot score at latest follow-up. Total score: 66.3 (range 32–90)

Pain	Function	Walking distance
33.0	4.3	3.3
Walking surface	Gait abnormality	Sagittal motion
2.6	4.7	3.0
Hindfoot motion	Ankle-hindfoot stability	Alignment
0	8.0	7.3

pain score was 33 (0–40) points. Eleven patients with 13 ankles had no pain. Plantar flexion was 8.5° (–10–20°) and dorsiflexion was 7.5° (0–20°). Average scores for sagittal motion was 3 (0–8) points and hindfoot motion 0 points.

Questionnaires were sent to 17 patients whose implants survived until follow-up, with 15 questionnaires (21 ankles) returned. Conditions compared with before surgery mostly had improved. Twelve patients with 16 ankles improved, and one patient with two ankles deteriorated. Five patients with seven ankles were extremely satisfied, and six patients with eight ankles were satisfied. Major complaints included deformity, low mobility, and pain.

On anteroposterior radiographs, 18 ankles had radiolucent lines at the tibial component and nine also radiolucent lines at the talar component. On lateral radiographs, 15 ankles had radiolucent lines at the tibial component and 12 also had radiolucent lines at the talar components. Tibial component migration was seen in 13 ankles, and talus collapse was seen in nine (Fig. 1a,b).

Complications involved loosening in 10 ankles. One ankle was treated with revision total ankle replacement; however, the ankle later was fused because of early loosening 2 years after revision surgery. Two ankles were treated with arthrodesis. However, two of three fused

ankles fractured within 1 year after arthrodesis and required additional surgery. The remaining seven ankles had mild symptoms, and therefore were followed up without additional therapy. Delayed wound healing occurred in one ankle, which eventually healed with conservative therapy without any deep infection. Intra-operative fracture of the medial facet occurred in one ankle and was treated with internal fixation. Survival rate was 77% at 169 months using revision surgery as the end point.

Discussion

The results of total ankle replacement are not always as satisfactory as total hip replacement or total knee replacement. Many authors recommend ankle arthrodesis for ankle end-stage arthritis as the primary surgical treatment. Dini et al. [3] reported that of 21 Smith total ankle replacements, only 50% were rated as good at the 3-year follow-up. Kitaoka et al. [4] also reported poor results of 204 Mayo-type, total ankle replacements at the 9-year follow-up and stated that "we no longer recommend ankle arthroplasty." Bolton-Maggs et al. [1] reported the results of 62 total ankle replacements after 5.5 years' follow-up and reported only 13 ankles that could be described as satisfactory. Takakura et al. [13] reported the results 69 TNK total ankle replacements with satisfactory results (excellent, good) in only 24% of ankles with a cemented metal component.

Although these reports included both patients with osteoarthritis and patients with rheumatoid arthritis, only patients with rheumatoid arthritis were evaluated in the current study. Only Lachiewicz et al. [6] have reported the results of total ankle replacement in patients with rheumatoid arthritis. Of 15 total ankle arthroplasties in patients with rheumatoid arthritis at 39 months follow-up, seven were rated as excellent and eight as good. Pain relief was gratifying in all their patients. They reported that moderate-to-severe arthritic changes were present in other tarsal joints, and no inversion or eversion motion was observed in many patients. They reported total ankle replacement could be successful in carefully selected patients with severe arthritis of the ankle.

The analysis of old total ankle replacements indicated that the major factors of failure are the fixation method and component design. Takakura et al. [13] reported that uncemented ceramic components with less bone resection yield better results than cemented metal components. The many early design components usually were highly constrained. The high rates of constrained implant loosening are thought to be from greater stress at the bone-prosthesis interface, as constrained implants do not allow rotation and sliding during extension and flexion.

Cement fixation was used for all patients in the current study despite the fact that other authors have shown that uncemented ceramic components with less bone resection yield better results than cemented metal components [12, 13]. The reason for this decision was that patients with

rheumatoid arthritis in the current study had severe osteoporosis develop after using corticosteroids for long periods [10], rendering the use of uncemented fixation too problematic in many patients.

If component loosening occurs, revision surgery or arthrodesis is required. However, this operation is difficult to do because of massive bone loss and poor bone quality. In the current study, one patient (one ankle) had revision total ankle replacement; however, re loosening occurred in 2 years. The ankle then was treated by arthrodesis but fractured after 8 months, requiring additional surgery. The average ROM at the follow-up was approximately 15°. This range is not satisfactory because of the implant design.

Patients with rheumatoid arthritis often have several joint deformities in the lower extremities by the time the ankle is surgically treated. In the current study, all patients except one already had other joint replacements in their lower extremities when the total ankle replacement was done, which may explain the poor clinical score. Patients with no pain cannot live highly active lives because of severe deformities from rheumatoid arthritis requiring multiple operations.

Radiographs showed radiolucent lines around components, implant migration, and talus collapse; however, unacceptable residual pain was observed in only a few patients. Patients with a low clinical score, or loosening or sinking of components, do not always experience pain. Sixty percent of patients with poor results were satisfied, and none was disappointed.

Patients with rheumatoid arthritis usually have degeneration of subtalar and midtarsal joints and no inversion or eversion motion of the ankle by the time they need surgery. If arthrodesis is done in those ankles, increased stress affects other joints and worsens functions such as gait. Although the results of total ankle replacement are poor, the degree of patient satisfaction is not poor in those with rheumatoid arthritis. Therefore, total ankle replacement is an important therapy that can retain hindfoot motion for patients with rheumatoid arthritis.

The latest component design is semiconstrained to allow for rotation and sliding during extension and flexion. Reports of the agility total ankle system (two-component) [11] and the STAR total ankle system (mobile bearing) were encouraging [12]. Future improvements of component design, fixation method, and surgical technique are required to improve outcomes.

The results of 27 total ankle arthroplasties in 21 patients with rheumatoid arthritis were evaluated. Residual pain was present in 11 ankles, with radiographs showing a high incidence of radiolucent lines. There were 13 tibial component migrations and nine talus collapses at follow-up. For low hindfoot mobility in patients with rheumatoid arthritis, total ankle replacement that can retain ankle function is an important therapeutic option; however, implant designs and surgical methods that produce stable results need to be developed.

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Original articles

Matrix extracellular phosphoglycoprotein (MEPE) is highly expressed in osteocytes in human bone

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Abstract The matrix extracellular phosphoglycoprotein (MEPE) gene is highly expressed in tumors that cause oncogenic hypophosphatemic osteomalacia (OHO). MEPE is also known as one of the bone-tooth matrix proteins and is associated with bone mineralization. We developed a rabbit polyclonal antibody directed against recombinant human MEPE (rhMEPE) after cloning its cDNA from the cDNA library of a nasal tumor tissue causing OHO. Using this antibody, we analyzed the distribution of MEPE in human bones by immunohistochemistry. In bone specimens from normal subjects, MEPE was predominantly expressed by osteocytes and not by osteoblasts. In bone specimens from patients with osteomalacia, however, MEPE was focally expressed by deeply located osteocytes. We also compared the MEPE positivity of osteocytes in mineralized bone and non-mineralized osteoid obtained from patients with osteomalacia and osteoporosis. Among osteomalacia patients, MEPE positivity was seen in $87.5 \pm 8.6\%$ of the osteocytes from mineralized bone compared with $7.8 \pm 6.4\%$ of those from osteoid. Among osteoporosis patients, MEPE positivity was found in $95.3 \pm 0.5\%$ of the osteocytes from mineralized bone compared with $4.9 \pm 5.7\%$ of those from osteoid. MEPE was mainly expressed by osteocytes embedded in the matrix of mineralized bone from patients with osteomalacia or osteoporosis. Our data provide the first histological evidence that MEPE is predominantly expressed by osteocytes in human bone, with significant expression by osteocytes within mineralized bone.

Key words MEPE · osteocyte · immunohistochemistry · mineralization · human

Introduction

Matrix extracellular phosphoglycoprotein (MEPE) is a glycosylated protein that was originally cloned from the

tumors of patients with oncogenic hypophosphatemic osteomalacia (OHO) [1]. Because of its high expression in tumors that cause OHO, MEPE is regarded as a candidate phosphatonin, a putative humoral factor causing hypophosphatemic osteomalacia [2]. The MEPE gene has similarities with the genes of bone-tooth mineral matrix phosphoglycoproteins called SIBLINGs (small integrin-binding ligand with N-linked glycosylation) which contain RGD sequences that have been proposed as essential for integrin-receptor interactions [3]. This group of proteins includes osteopontin (OPN), dentin sialo phosphoprotein (DSPP), dentin matrix protein 1 (DMP1), and bone sialo protein (BSP).

MEPE also appears to be associated with the mineralization of bone. Petersen et al. [4] reported that osteoblast/osteocyte factor 45 (OF 45), which is identical to MEPE, was specifically expressed in bone tissue and that its expression was increased during matrix mineralization mediated by rat bone marrow-derived osteoblasts. They also showed that this protein was highly expressed by osteocytes embedded within the bone matrix. Argiro et al. [5] reported that murine MEPE mRNA was expressed by fully differentiated osteoblasts in vitro and that its expression was markedly increased during murine osteoblast-mediated matrix mineralization in normal and Hyp mice. Recently, Gowen et al. [6] reported that OF 45 knockout mice showed an increase in bone mass due to an increase in osteoblast numbers and activity. These findings suggest that MEPE may have a direct influence on bone metabolism, not only on renal phosphate handling but also on the mineralization of osteoid.

Although MEPE expression at the protein level has been demonstrated in mice [6] and rats [4], MEPE expression in human bone remains unproven. We developed a rabbit polyclonal antibody directed against recombinant human (rh)MEPE, which was obtained by the expression of MEPE cDNA in *Escherichia coli*. In

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this study, we demonstrated the expression of MEPE histologically in bone tissue from normal subjects, patients with several types of osteomalacia (OHO, Fanconi's syndrome, and vitamin D-deficient rickets), and patients with osteoporosis.

Subjects, materials, and methods

Preparation of polyclonal anti-MEPE antibody

We constructed a cDNA library from the nasal tumor of a patient with OHO [7], and cloned human MEPE cDNA using primers designed from the reported MEPE DNA sequence [1]. Then we obtained rhMEPE by expression in *E. coli* and developed a rabbit polyclonal antibody against rhMEPE. Briefly, a rabbit was immunized with rhMEPE (1mg) in Freund's complete adjuvant (Wako, Osaka, Japan) injected at multiple subcutaneous sites on the back and intramuscularly into both thighs. After 2, 4, 6, and 8 weeks, the rabbit was given a half dose (0.5mg) of rhMEPE in Freund's incomplete adjuvant (Wako). One week after the final booster injection, the rabbit was killed to obtain 70ml of antiserum. The anti-serum had a titer of around 10^6 – 10^7 when assayed by enzyme immunoassay (EIA), using horseradish peroxidase (HRP)-conjugated anti-rabbit IgG (Wako). The anti-serum (6ml) was diluted twofold with MAPSII binding buffer (Bio-Rad Laboratories, Tokyo, Japan), and applied to a column of Protein A-Sepharose FF (1.6×5.0 cm, 10ml; Amersham Biosciences, Tokyo, Japan). An IgG fraction was eluted from the column with MAPSII elution buffer (Bio-Rad Laboratories), followed by neutralization. After dialysis against phosphate-buffered saline (PBS), the IgG fraction was chromatographed on a column of MEPE-coupled NHS-Hitrap (1ml, containing 3mg of coupled rhMEPE; Amersham Biosciences). The specific antibody fraction was eluted with 0.5M NaCl–0.1M glycine-HCl (pH 2.7). After neutralization and dialysis against PBS, the affinity-purified anti-MEPE IgG fraction was stored at 4°C until use. Starting from 6ml of anti-serum, 16mg of rabbit polyclonal anti-MEPE antibody was obtained. To confirm the specificity of this anti-rhMEPE antibody, a Western blot was performed of a crude cell lysate of *E. coli* expressing rhMEPE, using anti-MEPE IgG and HRP-conjugated goat anti-rabbit IgG (Wako) as the primary and secondary antibodies, respectively. To confirm the detectability of rhMEPE expressed by a mammalian host, immunoblotting with the anti-MEPE antibody of the culture medium of rhMEPE-transfected Chinese hamster ovary (CHO) cells was also performed.

Clinical profile of the subjects

Samples of normal bone tissue were obtained intraoperatively from two patients: intact bone was obtained from a site away from a traumatic fracture of the tibia in a healthy 18-year-old man (NC1), and intact fibula was obtained from a 2-year-old boy who underwent below-knee amputation for fibrosarcoma of the tibia (NC2). Informed consent was obtained in both cases.

Iliac bone samples affected by osteomalacia (OM1-4; $n = 4$) and osteoporosis (OP1-4; $n = 4$) were obtained from patients who were diagnosed on the basis of bone mineral density, laboratory data, and iliac bone biopsy findings. Of the patients with osteomalacia, two had OHO (OM1, 2), one had Fanconi's syndrome (OM3), and one had vitamin D-deficient rickets (OM4). The clinical characteristics of all patients are summarized in Table 1.

Preparation of specimens

Paraffin sections

Decalcified paraffin sections were prepared for immunohistochemistry to detect MEPE. Bone samples from NC1, NC2, and OM1 were fixed in 4% paraformaldehyde (pH 7.4) at 4°C for 24 h, decalcified in 20% ethylenediamine tetraacetic acid (EDTA) (pH 7.4), dehydrated through an ethanol series, and finally embedded in paraffin. The specimens were then cut into serial sections (5- μ m-thick) on a microtome, mounted on slides, and prepared for immunohistochemistry. One of the sections was stained with hematoxylin and eosin to assess the histological features of each bone specimen.

Methylmethacrylate (MMA) sections

Sections were also prepared from undecalcified tissue to distinguish between the calcified and noncalcified areas. Iliac bone samples from the four osteomalacia patients (OM1-4) and the four osteoporosis patients (OP1-4) were fixed in 70% ethanol, prestained with Villanueva bone stain for 7 days, dehydrated through an ethanol and acetone series, and embedded in MMA, as described [8]. To distinguish noncalcified osteoid as Villanueva-positive areas, dry sections (5- μ m-thick) were cut, using a Jung Supercut 2065 Microtome (Leica Microsystems, Heidelberg, Germany) equipped with a tungsten carbide knife. For immunohistochemistry, serial wet sections (5- μ m-thick) were cut with the same machine while applying 30% ethanol to the block and knife. These sections were carefully stretched using 70% ethanol, mounted on gelatin-coated slides, using a mixture of carboic acid crystals and glycerol, flattened with a rubber roller, pressed with a slide press, and dried on a hot plate at 40°C.

Table 1. Characteristics of patients

Patient	Age (years)	Sex	Diagnosis	Bone histomorphometric data				Serum data					
				OS/BS (%)	O.Th (μm)	MAR ($\mu\text{m}/\text{day}$)	Calcium (8.4-10.0 mg/dl)	Phosphorous (2.9-4.8 mg/dl)	ALP (69-135 IU/l)	1,25(OH) ₂ vitD (20-60 pg/ml)	25(OH)vitD (10-55 pg/ml)		
NC1	18	M	Tibial fracture	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA
NC2	2	M	Amputation	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA
OM1	53	F	Oncogenic osteomalacia	83.6	42.8	CND	8.5	1.8	356	12.5	12.5	NA	NA
OM2	58	F	Oncogenic osteomalacia	80.1	38.0	CND	8.0	1.6	472	18.0	18.0	29	29
OM3	35	F	Fanconi's syndrome	90.2	50.0	CND	8.2	2.4	947	9.2	9.2	24	24
OM4	53	F	Vitamin D deficiency	97.3	117.5	CND	7.1	2.4	264	23.5	23.5	16	16
OP1	53	M	Osteoporosis	16.7	10.2	0.78	8.3	4.6	118	61.3	61.3	6	6
OP2	54	F	Osteoporosis	20.2	9.4	NM	8.9	4.6	101	61.7	61.7	21	21
OP3	65	M	Osteoporosis	12.1	13.1	0.66	9.8	3.6	147	67.4	67.4	25	25
OP4	45	F	Osteoporosis	20.2	9.4	0.61	9.4	4.9	99	66.0	66.0	NA	NA

OS/BS, osteoid surface/bone surface; O.Th, osteoid thickness; MAR, mineral apposition rate; CND, calculation not done; NM, no measurement; NA, not available; NC, normal control; OM, osteomalacia; OP, osteoporosis

Immunohistochemical staining

Paraffin-embedded tissue sections were deparaffinized, and MMA-embedded sections were deacrylated twice in acetone, for 8 min each time, and then decalcified in 20% EDTA (pH 7.4) for 1 h. After being rinsed with water for 10 min, the sections were incubated in 0.3% H₂O₂ in 90% methanol for 30 min at room temperature to block endogenous peroxidase activity, and then the sections were incubated in 10% normal goat serum to minimize nonspecific background staining. Next, the rabbit polyclonal antibody directed against human MEPE was applied to each section, followed by incubation overnight at 4°C. An isotype-matched IgG was used for control staining. Detection was then performed using the streptavidin biotin-peroxidase complex technique (Histofine SAB-PO Kit; Nichirei, Tokyo, Japan) before the sections were developed in 3,3'-diaminobenzidine tetrahydrochloride (Dojindo Laboratories, Kumamoto, Japan) and counterstained with hematoxylin.

Analysis of MEPE expression by osteocytes

MEPE expression by osteocytes was analyzed in mineralized bone and non-mineralized osteoid from all bone samples. Sections immunostained for MEPE, as well as Villanueva-stained MMA-embedded sections, were examined under a light microscope (ECLIPSE E1000; Nikon, Tokyo, Japan). Five randomly chosen visual fields within the trabecular bone area were examined at 200 \times magnification. The number of osteocytes was counted in the mineralized and non-mineralized areas of the Villanueva-stained section. Then the number of MEPE-positive cells was counted in the immunostained serial section in the areas that corresponded to those characterized as mineralized or non-mineralized by Villanueva staining. Subsequently, the ratio of MEPE-positive osteocytes to the total number of osteocytes in the mineralized bone and the non-mineralized osteoid was calculated. Values for results are presented as means \pm SDs. Statistical analysis was performed using the Mann-Whitney U-test, and statistical significance was established at the $P < 0.05$ level.

Results

Western blotting of rhMEPE using the anti-MEPE polyclonal antibody

The specificity of the anti-MEPE antibody was examined by the Western blotting of both a crude lysate of *E. coli* expressing rhMEPE and of the culture medium of CHO cells transfected with a MEPE expression plasmid (Fig. 1). When the *E. coli* lysate was tested, rhMEPE

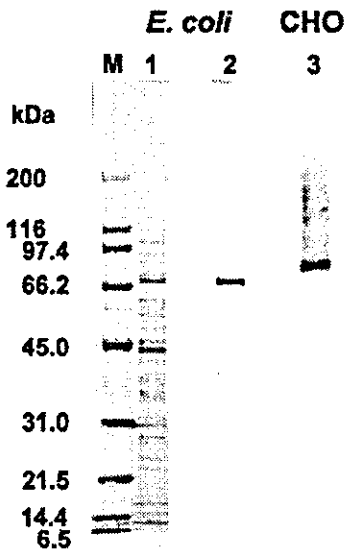


Fig. 1. Western blot analysis of recombinant human matrix extracellular phosphoglycoprotein (rhMEPE) expressed in *Escherichia coli* and Chinese hamster ovary (CHO) cells. A cell lysate prepared from *E. coli* expressing rhMEPE was stained with Coomassie Blue (lane M, molecular weight markers; lane 1, the *E. coli* lysate) and the lysate was also immunostained (lane 2) with anti-MEPE antibody. Culture medium from CHO cells transiently expressing rhMEPE was also analyzed by Western blotting (lane 3)

immunoreactivity was visualized as a single band at 67kDa (lane 2; Fig. 1), demonstrating high specificity of the anti-MEPE antibody. When CHO cells were tested, a secreted protein of 70kDa was selectively detected (lane 3; Fig. 1), confirming the specificity of the antibody. A broad, faint band was also observed at 100–150kDa, indicating the secretion of heavily glycosylated forms of MEPE by the CHO transfectants.

Uniform MEPE expression in normal bone

MEPE expression was examined in normal bone tissue. Figure 2 shows MEPE expression in adult bone (NC1, tibial fracture), and Fig. 3 shows its expression in bone from a child (NC2, intact fibula). MEPE was strongly expressed by osteocytes in both cortical bone and trabecular bone (Fig. 2B, F), but it was not expressed by osteoblasts (Fig. 3C). Strong MEPE expression was observed in dendritic processes, as well as in the pericellular bone matrix of these bone-embedded osteocytes (Fig. 2D, H).

Focal MEPE expression in bone from osteomalacia patients

Bone specimens from osteomalacia patients were also examined. Figure 4 shows the bone specimen from a patient with OHO (OM1). MEPE expression was predominant in the osteocytes of cortical bone, although focal expression was also seen in trabecular bone (Fig. 4B); expression was more abundant in the central area

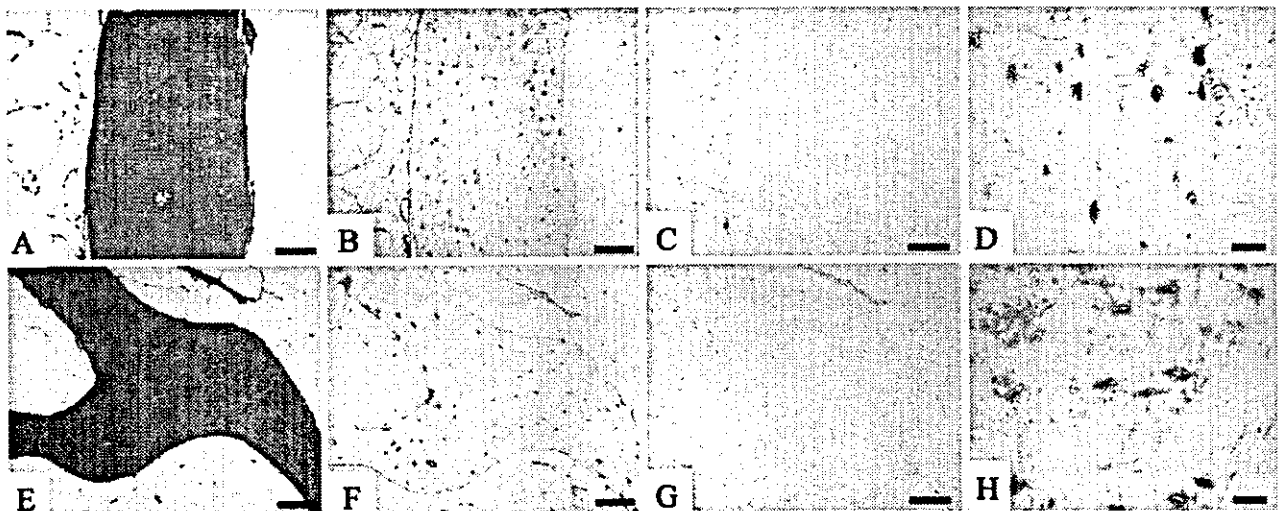


Fig. 2. Immunohistochemical detection of MEPE in normal human bone tissue (subject, NC1); A–D cortical bone; E–H trabecular bone from the tibia. A,E Staining with H&E. B,D, F,H Immunolocalization of MEPE; C,G negative control, and D,H higher magnifications of B and F, respectively. B,F

MEPE is uniformly expressed by osteocytes embedded in the matrix of both cortical and trabecular bone. D,H The dendritic processes and pericellular bone matrix of osteocytes are also positive. Bar, 100µm in A–C and E–G; bar, 20µm in D and H

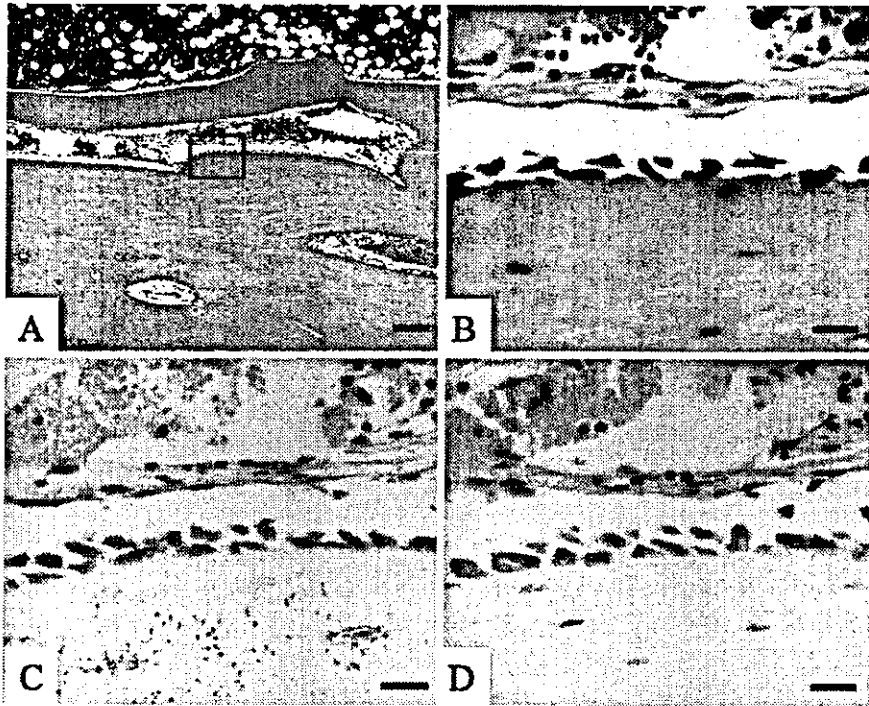


Fig. 3. Immunohistochemical detection of MEPE in immature bone (subject, NC2); **A, B** H&E staining; **C** anti-MEPE antibody; **D** negative control. **B** Higher magnification of the boxed area in **A**. **C** Osteoblasts are not stained, but osteocytes, pericellular bone matrix, and dendritic processes are stained, as was the case in mature bone (Fig. 2). Bar, 150 μ m in **A**; bar, 20 μ m in **B-D**

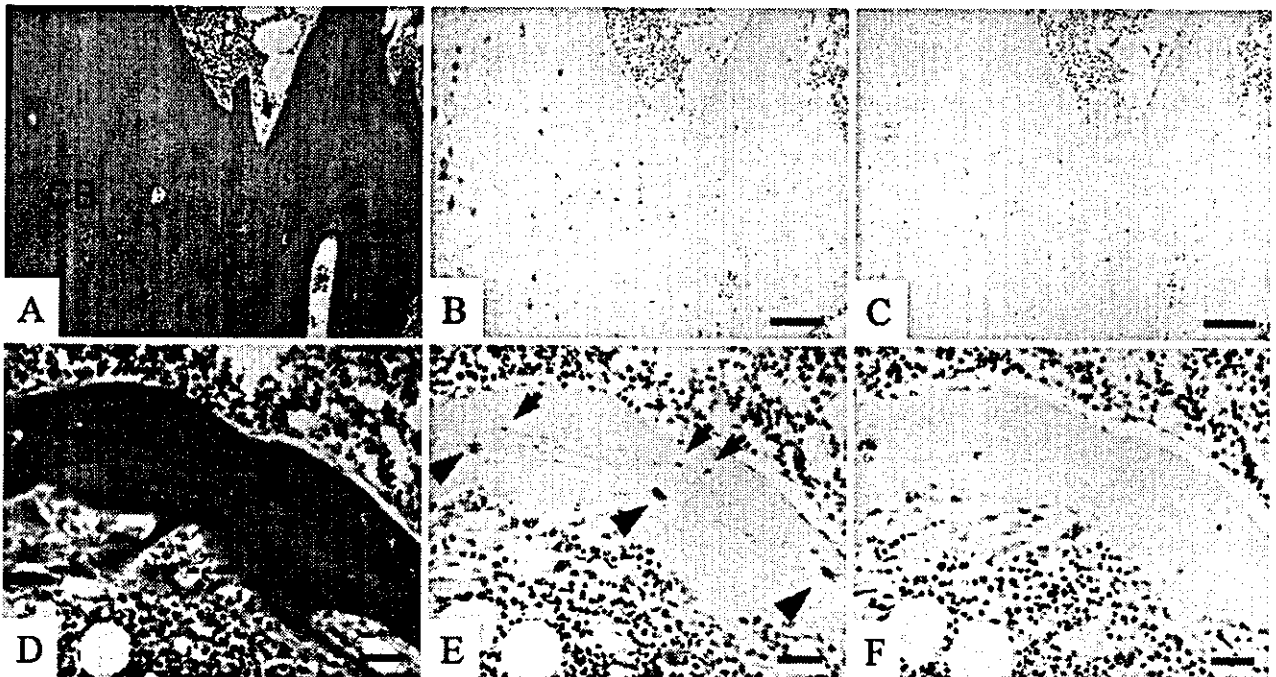


Fig. 4. Immunolocalization of MEPE in bone tissue from a patient with osteomalacia (OM1); **A, D** H&E; **B, E** anti-MEPE antibody; **C, F** negative control. **B** MEPE is expressed heterogeneously by osteocytes, and there is more positive staining in

cortical bone (CB) than in trabecular bone (TB). **E** In trabecular bone, MEPE-positive cells are more abundant in the central area (arrowheads) than at the boundary zone (arrows). Bar, 100 μ m in **A-C**; bar, 40 μ m in **D-F**

of bone than at the boundary zone, which could be regarded as osteoid (Fig. 4E).

Abundant MEPE expression in mineralized bone in patients with osteomalacia and osteoporosis

To assess the expression of MEPE in osteoid, we performed Villanueva staining and MEPE immunostaining of bone specimens from osteomalacia patients, using serial sections. In the specimen from osteomalacia patient 1 (OM1), Villanueva staining revealed prominent osteoid at the boundaries of trabecular bone (Fig. 5A, B), and MEPE expression was mainly observed in the Villanueva-unstained mineralized bone area (Fig. 5C). In the other three osteomalacia patients, similar findings were obtained. In order to make a comparison with the pattern of MEPE localization in patients with osteoporosis, iliac bone specimens from the four osteoporosis patients were examined by the same method (Fig. 6). MEPE-positive osteocytes were mainly observed in the mineralized bone area (Fig. 6C), as was the case in the osteomalacia patients. All four osteoporosis patients showed a similar pattern of MEPE expression.

The MEPE-positive osteocyte ratio was calculated separately for mineralized bone and non-mineralized osteoid. In mineralized bone from the osteomalacia and osteoporosis patients, MEPE positivity was seen in $87.5 \pm 8.6\%$ and $95.3 \pm 0.5\%$ of the osteocytes, respectively (Table 2). In contrast, in the osteocytes in the non-mineralized osteoid of osteomalacia patients, MEPE positivity was shown in $7.8 \pm 6.4\%$, while in the osteocytes in osteoid from osteoporosis patients MEPE positivity was shown in $4.9 \pm 5.7\%$ (Table 2). These findings show that there is significantly increased MEPE expression in the osteocytes within mineralized bone ($*P < 0.05$) in both osteomalacia and osteoporosis patients, and that there are no significant differences in MEPE expression between these two metabolic bone diseases.

Discussion

In the present study, we developed a rabbit polyclonal antibody that targeted rhMEPE expressed in *E. coli* and then used it to prepare an affinity-purified anti-MEPE antibody. Specific detection of crude rhMEPE from *E. coli* and CHO cells by Western blotting with the anti-MEPE antibody (Fig. 1) demonstrated its high specificity for MEPE. The difference in the molecular weight of MEPE obtained from *E. coli* and CHO transformants suggested that glycosylation of this molecule occurred in CHO cells.

Using this antibody, we investigated the distribution of MEPE in normal human bone by immunohistochem-

istry and recognized its predominant expression in bone-embedded osteocytes, a finding compatible with the results already obtained in mice [6] and rats [4]. Furthermore, MEPE expression was observed in the dendritic processes and pericellular bone matrix of the osteocytes, but not in osteoblasts.

Previous *in vitro* studies have suggested a correlation between MEPE expression and bone mineralization. Petersen et al. [4] showed that MEPE mRNA was expressed by fully differentiated osteoblasts and that its expression increased markedly during osteoblast-mediated mineralization of the bone matrix. Argiro et al. [5] reported a correlation between MEPE expression and bone mineralization after the addition of glycerophosphate to osteoblast culture medium. We found abundant MEPE expression by osteocytes in mineralized bone matrix, but more limited expression in non-mineralized osteoid (Figs. 5, 6), using a previously reported combination of histomorphometry and immunohistochemistry [8]. In normal bone, the non-mineralized osteoid area is too small to allow the detection of osteocytes in the non-mineralized matrix by standard histological examination. This may account for the fact that previous immunohistochemical studies of normal rodent bone did not detect osteocytes without MEPE expression. Our results, combined with previous *in vitro* data, suggest that MEPE is strongly expressed during the mineralization of bone as osteoblasts undergo maturation into osteocytes. However, it is not clear whether MEPE expression precedes the onset of mineralization of the bone matrix or whether it is preceded by mineralization.

Osteocytes are easily defined by their location and typical stellate morphology, and they have a relatively small number of organelles, which are necessary for the production and secretion of bone matrix [9,10]. Several non-collagenous matrix proteins have been found in and around osteoblasts and osteocytes, including OPN [11–16], osteocalcin [17–19], BSP [20–22], biglycan [23–25], osteonectin [26], and DMP1 [27–29]. These proteins are thought to play various roles in promoting bone mineralization [30] and in facilitating the attachment of osteocytes to the bone matrix [31], and genetic studies with knockout animal models have supported such hypotheses [32–36]. Some of these proteins belong to the SIBLING family, sharing many characteristic motifs and structural features (such as the RGD motif and ASARM motif encoded on chromosome 4q), and are considered to have similar functions [3]. Because most of these proteins are expressed by both osteocytes and osteoblasts, few osteocyte-specific markers have been established, apart from DMP1 [29] and several monoclonal antibodies directed against avian osteocytes (mAb OB7.3 [37], mAb OB37.11 [38], and mAb SB5 [39]). Recently, mAb OB7.3 was shown to target

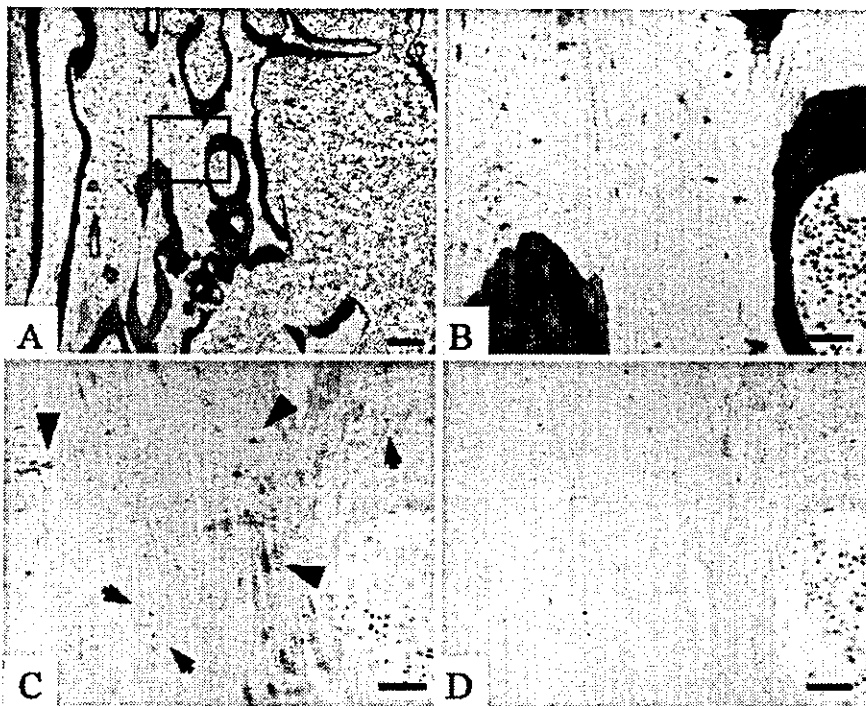


Fig. 5. Immunolocalization of MEPE in osteocytes of iliac bone tissue from a patient with oncogenic hypophosphatemic osteomalacia (OHO; OM1); **A,B** Villanueva bone stain; **C** anti-MEPE antibody; **D** negative control. **B** Higher magnification of the boxed area in **A**. **A** Abundant Villanueva-positive osteoid area is observed. **C** MEPE is expressed by osteocytes within the Villanueva-unstained mineralized bone area (arrowheads) and is not expressed by osteocytes within the osteoid (arrows). Bar, 150 μ m in **A**; bar, 40 μ m in **B-D**

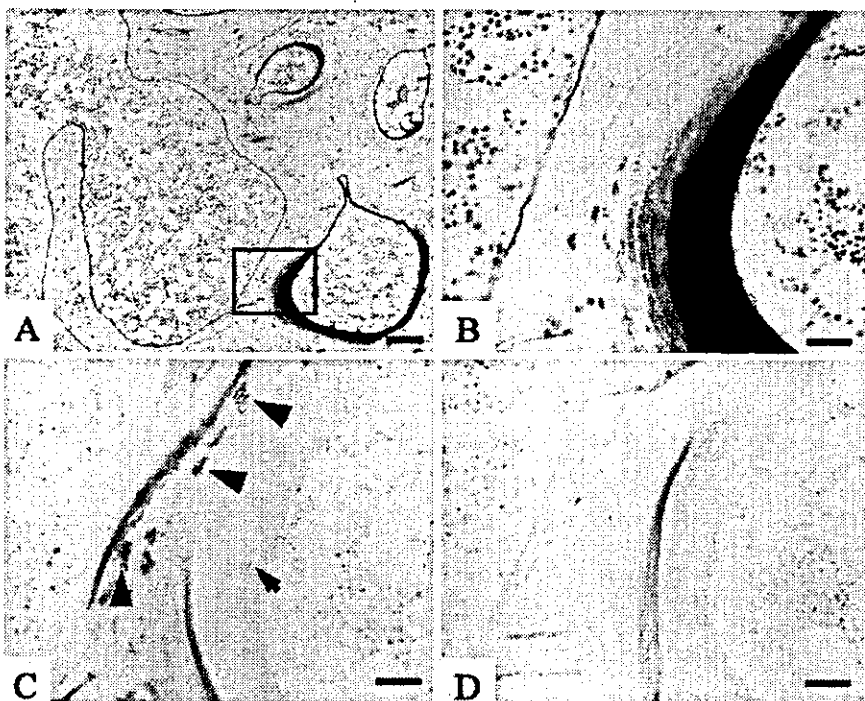


Fig. 6. Immunolocalization of MEPE in osteocytes of iliac bone tissue from a patient with osteoporosis (OP1); **A,B** Villanueva bone stain; **C** anti-MEPE antibody; **D** negative control. **B** Higher magnification of the boxed area in **A**. **A** The Villanueva-positive osteoid area is very small. **C** An osteocyte within the osteoid does not express MEPE (arrow), but osteocytes within mineralized bone express MEPE (arrowheads), as was the case in osteomalacia bone (Fig. 5). Bar, 150 μ m in **A**; bar, 40 μ m in **B-D**

the Phex (phosphate-regulating gene with homologies to endopeptidases on the X chromosome) protein [40]. MEPE has already been shown immunohistochemically to be expressed by rodent osteocytes, and we also demonstrated here that it is expressed predominantly in

human osteocytes, but not in osteoblasts. These findings raise the possibility that MEPE is one of the specific markers for osteocytes.

We were unable to detect a difference in the distribution of MEPE between OHO and non-OHO bone

Table 2. Number of matrix extracellular phosphoglycoprotein (MEPE)-positive osteocytes and MEPE positivity in bone tissue of osteomalacia and osteoporosis patients

Patient	Mineralized bone			Osteoid		
	Total OCY	MEPE(+) OCY	Positivity (%)	Total OCY	MEPE(+) OCY	Positivity (%)
OM1	88	66	75.0	52	9	17.3
OM2	223	211	94.6	104	5	4.8
OM3	191	173	90.6	74	3	4.1
OM4	127	114	89.8	83	4	4.8
Mean \pm SD value			87.5 \pm 8.6			7.8 \pm 6.4*
OP1	156	148	94.9	6	0	0
OP2	147	121	96.0	9	1	11.1
OP3	61	58	95.1	6	0	0
OP4	164	156	95.1	12	1	8.3
Mean \pm SD value			95.3 \pm 0.5			4.9 \pm 5.7*

Number of osteocytes is the total value in five examined fields

OCY, number of osteocytes; MEPE(+) OCY, number of MEPE-positive osteocytes; positivity, the ratio of MEPE-positive osteocytes/total osteocytes

Asterisk indicates significant difference between positivity in mineralized bone and in osteoid, calculated by Mann-Whitney *U*-test (**P* < 0.05)

(Table 2), or between osteoporosis and osteomalacia (Figs. 5 and 6, Table 2), so it remains unclear whether MEPE has a direct effect on bone metabolism in patients with osteomalacia. Further investigations are therefore needed to assess the influence of MEPE on bone metabolism in osteomalacia.

In summary, we demonstrated MEPE expression by osteocytes in human bone histologically, using a new rabbit polyclonal anti-rhMEPE antibody. We also investigated MEPE expression in bone from patients with osteomalacia and osteoporosis, and found that it was abundant in osteocytes within mineralized bone in both these diseases.

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Smad6/Smurf1 overexpression in cartilage delays chondrocyte hypertrophy and causes dwarfism with osteopenia

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Biochemical experiments have shown that Smad6 and Smad ubiquitin regulatory factor 1 (Smurf1) block the signal transduction of bone morphogenetic proteins (BMPs). However, their *in vivo* functions are largely unknown. Here, we generated transgenic mice overexpressing Smad6 in chondrocytes. Smad6 transgenic mice showed postnatal dwarfism with osteopenia and inhibition of Smad1/5/8 phosphorylation in chondrocytes. Endochondral ossification during development in these mice was associated with almost normal chondrocyte proliferation, significantly delayed chondrocyte hypertrophy, and thin trabecular bone. The reduced population of hypertrophic chondrocytes after

birth seemed to be related to impaired bone growth and formation. Organ culture of cartilage rudiments showed that chondrocyte hypertrophy induced by BMP2 was inhibited in cartilage prepared from Smad6 transgenic mice. We then generated transgenic mice overexpressing Smurf1 in chondrocytes. Abnormalities were undetectable in Smurf1 transgenic mice. Mating Smad6 and Smurf1 transgenic mice produced double-transgenic pups with more delayed endochondral ossification than Smad6 transgenic mice. These results provided evidence that Smurf1 supports Smad6 function *in vivo*.

Introduction

Bone morphogenetic proteins (BMPs) were originally identified as secreted signaling molecules that could induce ectopic endochondral bone formation when implanted subcutaneously. Subsequent molecular cloning experiments have revealed that the BMP family consists of various molecules including the growth and differentiation factor subfamily, and belongs to the TGF- β superfamily. BMP family members have diverse biological activities during the development of various organs and tissues, as well as during embryonic axis determination (Hogan, 1996).

Members of the TGF- β superfamily transduce their signals through two types of serine/threonine kinase receptors, types I and II (Heldin et al., 1997; Shi and Massague, 2003). Upon ligand binding, type I and type II receptors form a tetramer consisting of two pairs of type I and type II receptors.

Type II receptors phosphorylate type I receptors. Then, type I receptors phosphorylate downstream targets such as Smads. In vertebrates, seven type I receptors and five type II receptors have been found so far. Among them, three type I receptors, BMP type IA receptor (BMPR-IA, or activin receptor-like kinase [ALK-3]), BMPR-IB (ALK-6), and ALK-2, mediate BMP signaling. Smads are the major downstream targets of type I receptors for TGF- β /BMP superfamily proteins (Heldin et al., 1997). Eight Smads have been identified in mammals and are classified into three subgroups. Receptor-regulated Smads (R-Smads) are phosphorylated at SXS motifs at their COOH terminus by type I receptors. Smad1, Smad5, and Smad8 are R-Smads that transduce BMP signals, and Smad2 and Smad3 are responsible for TGF- β and activin signaling. Phosphorylated R-Smads form heteromers with

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Key words: chondrocyte; hypertrophy; osteopenia; dwarfism; transgenic mice

Abbreviations used in this paper: BMP, bone morphogenetic protein; BMPR, BMP receptor; *Col10a1*, type X collagen gene; *Col11a2*, $\alpha 2(XI)$ collagen chain gene; *Col2a1*, type II collagen gene; d.p.c., days post coitus; G₀, generation zero; rhBMP2, recombinant human BMP2; R-Smads, receptor-regulated Smads; Smurf1, Smad ubiquitin regulatory factor 1; TRAP, tartate-resistant acid phosphatase.