

分岐と内径の関係が生体においてどのようなになっているのかを初めて観察可能になり、肺局所における主幹部から細部にわたる気道系の形態や機能、とくに末梢気道の力学的状態を解析する技術の開発に繋がると考える。

E. 結論

現在の3次元CT撮影で観察可能な気道内径は1mmであるが、健常者と喘息患者では、全く異なる気管支の分岐レベルで内径1mmを呈することが明らかとなった。また、サルブタモール吸入は可視範囲の全ての気道を拡張することが明らかになった。

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2. 学会発表

なし

H. 知的財産権の出願・登録状況

1. 特許取得

なし。

2. 実用新案登録

なし。

3. その他

なし

アレルギー性気道炎症の新たな制御機構の解明

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研究要旨

気管支喘息の気道過敏性の病態解明と早期診断法、治療法の確立には、アレルギー性気道炎症の制御機構の分子レベルでの解明が必須である。これまで我々は、Stat6 に加え、Stat5a がアレルギー性気道炎症の惹起に必須であること、さらに Stat5a が Th2 細胞分化に関与する転写因子であることを直接的に明らかにしてきた。本研究では、1) Stat6 非依存性 Th2 細胞分化における Stat5a の役割、及び 2) Stat5a による SOCS3 発現誘導を介した Th1 細胞分化抑制機構を明らかにすることを研究目的とした。Stat5a/Stat6 ダブル欠損 T 細胞では、Stat6 欠損 T 細胞よりも強い Th2 細胞分化障害を示し、Th2 細胞分化は殆ど認められなかった。持続活性型 Stat5a を Stat6 欠損 T 細胞に過剰発現させても Th2 細胞分化は回復しなかった。Stat5a/Stat6 ダブル欠損マウスにおける抗原誘発気道好酸球及びリンパ球浸潤は、Stat6 欠損マウスよりも著明に減弱していた。Stat5a^{-/-} CD4 陽性 T 細胞では、野生型 CD4 陽性 T 細胞に比して IL-12 刺激による Stat4 リン酸化及び Th1 細胞分化が亢進していた。さらに、Stat5a^{-/-}CD4 陽性 T 細胞では、SOCS3 の発現が低下していた。そして、持続活性型 Stat5a は SOCS3 promoter を活性化した。Stat5a^{-/-}CD4 陽性 T 細胞に SOCS3 を発現させると Th1 細胞分化が抑制され Th2 細胞分化は増強された。

本研究により、Stat5a は Stat6 非依存的に Th2 細胞分化を誘導し、アレルギー性気道炎症を増強することが明らかにされた。そのメカニズムとして Stat5a は、SOCS3 の発現を誘導し、IL-12-Stat4 シグナルを抑制することにより Th1 細胞分化を抑制する。これらの結果は、Stat5a シグナルの制御によるアレルギー性気道疾患治療の可能性を示唆する。

A. 研究目的

気管支喘息は慢性のアレルギー性気道炎症を病態とし、その結果気道過敏性の亢進と気道閉塞が惹起される。アレルギー性気道炎症は、Th2 細胞の選択的活性化により惹起され、Th2 細胞と好酸球を主体とする炎症細胞浸潤、粘液細胞の増加、気道浮腫、さらには気道リモデリングにより特徴づけられる。したがって、気管支喘息の気道過敏性の病態解析とそれに基づく効果的かつ根本的な治療法の確立には、アレルギー性気道炎症の成立機序及びその制御機構の分子レベルでの解明が必須である。これまで Th2 細胞の分化とアレルギー性気道炎症の惹起には Stat6 が重要な役割を演じていることが知られているが、最近我々は、IL-2、IL-5、IL-7 をはじめ多くのサイトカインにより活性化される

Stat5a がアレルギー性気道炎症の惹起に必須であること、さらに Stat5a が Th2 細胞分化に関与する転写因子であることを直接的に明らかにした (Blood 2001)。

本研究では、1) Stat6 非依存性 Th2 細胞分化における Stat5a の役割、及び 2) Stat5a による SOCS3 発現誘導を介した Th1 細胞分化抑制機構を明らかにした。

B. 方法

1) Stat5a による Stat6 非依存性 Th2 細胞分化機構の解析：

a) 野生型マウス、Stat5a 欠損マウス、Stat6 欠損マウス、及び Stat5a/Stat6 ダブル欠損マウスを作製し、脾臓 T 細胞の増殖能、脾臓 T 細胞を抗 CD3 抗体と外因性サイトカインで刺激した際の T 細胞分化、サイトカイン産生を ELISA 法

及び細胞内サイトカイン染色法を用いて解析した。b) Stat6 欠損 T 細胞にレトロウイルスを用いて持続活性型 Stat5a を発現させた際の T 細胞分化に対する影響を解析した。c) Stat5a/Stat6 ダブル欠損マウスにおけるアレルギー性気道炎症を他の 3 群のそれと比較検討した。

2) Stat5a による Th1 細胞分化抑制機構の解析:

a) 野生型及び Stat5a^{-/-} CD4 陽性 T 細胞における IL-12 依存性 Th1 細胞分化、IL-12 刺激による Stat4 のリン酸化、及び IL-12/Stat4 シグナルの抑制分子である SOCS3 の発現を比較検討した。b) SOCS3 promoter に対する持続活性型 Stat5a 及び持続活性型 Stat6 発現の効果を検討した。c) Stat5a^{-/-} CD4 陽性 T 細胞の Th1/Th2 分化に対する SOCS3 発現の効果を検討した。

C. 結果及び D. 考察

1) Stat6 欠損 T 細胞では Th2 細胞分化が強く障害されたが、依然野生型 T 細胞の 25-30% 認められた。Stat5a/Stat6 ダブル欠損 T 細胞では、Stat6 欠損 T 細胞よりも強い Th2 細胞分化障害を示し、Th2 細胞分化は殆ど認められなかった。T 細胞増殖能については、各マウス間で有意な差が認められなかった。持続活性型 Stat5a を Stat6 欠損 T 細胞に過剰発現させても Th2 細胞分化は回復しなかった。Stat5a/Stat6 ダブル欠損マウスにおける抗原誘発気道好酸球及びリンパ球浸潤は、Stat6 欠損マウスよりも著明に減弱していた。しかし杯細胞の増加は、両者とも殆ど認められなかった。

2) Stat5a^{-/-} CD4 陽性 T 細胞では Th1 細胞分化が亢進しており、抗 IFN- γ 抗体により Th2 細胞分化が誘導された。Stat5a^{-/-} CD4 陽性 T 細胞では、野生型 CD4 陽性 T 細胞に比して IL-12 刺激による Stat4 リン酸化及び Th1 細胞分化が亢進していた。さらに、Stat5a^{-/-} CD4 陽性 T 細胞では、IL-12 による Stat4 リン酸化を抑制する SOCS3 の発現が低下していた。そして、持続活性型 Stat5a は SOCS3 promoter を活性化した。クロマチン免疫沈降法により、Stat5a が CD4 陽性 T 細胞の SOCS3 promoter に結合することが確認された。Stat5a^{-/-} CD4 陽性 T 細胞に SOCS3 を発現させると Th1 細胞分化が抑制され Th2 細胞分化は増強された。

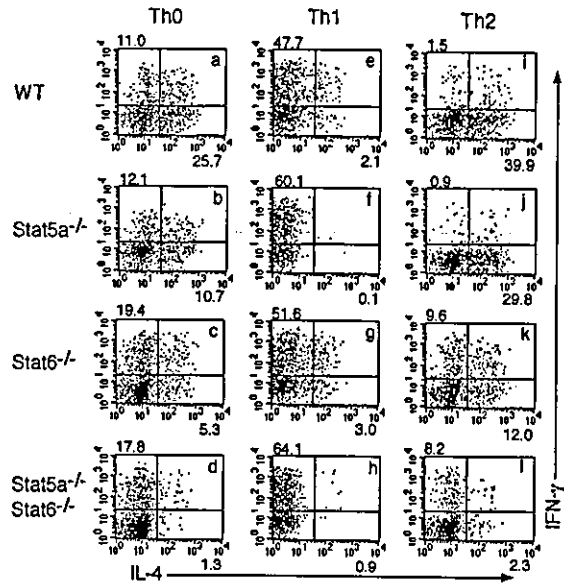


図 1. Stat5a/Stat6 ダブル欠損 T 細胞における Th2 細胞分化障害

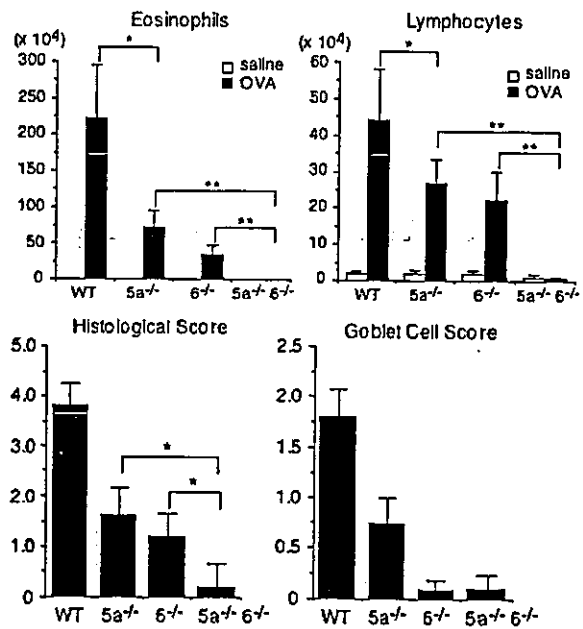


図 2. Stat5a/Stat6 ダブル欠損における抗原誘発気道好酸球とリンパ球浸潤及び杯細胞増加が著明に低下している

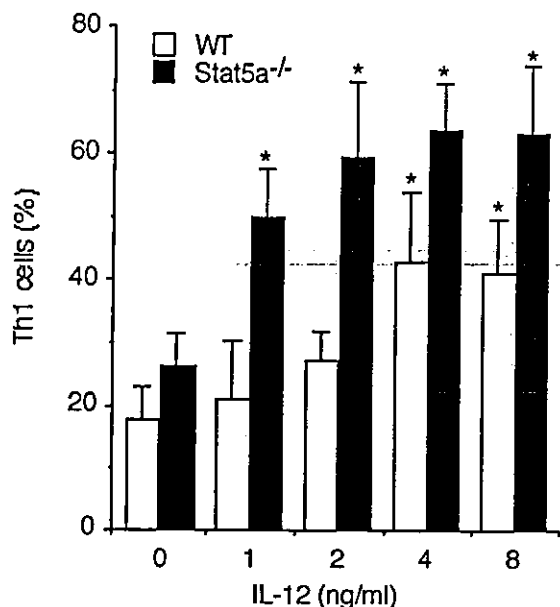


図3. Stat5a^{-/-} CD4 陽性 T 細胞では IL-12 による Th1 細胞分化が亢進している

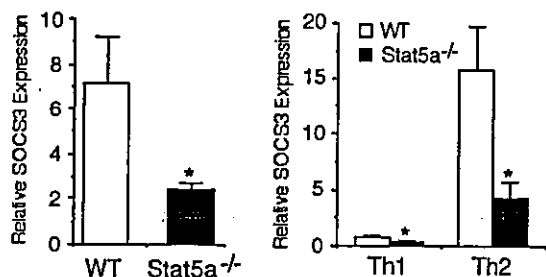


図4. Stat5a^{-/-} CD4 陽性 T 細胞では SOCS3 の発現が低下している

E. 結論

本研究により、Stat5a は Stat6 非依存的に Th2 細胞分化を誘導し、アレルギー性気道炎症を増強することが明らかにされた。そのメカニズムとして Stat5a は、SOCS3 の発現を誘導し、IL-12-Stat4 シグナルを抑制することにより Th1 細胞分化を抑制する。これらの結果は、Stat5a シグナルの制御によるアレルギー性気道疾患治療の可能性を示唆する。

F. 健康危険情報

なし

G. 研究発表

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H. 知的財産権の出願・登録状況 なし

III. 研究成果の刊行に関する一覧表

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Clinical features of asthmatic patients with increased urinary leukotriene E4 excretion (hyperleukotrienuria): Involvement of chronic hyperplastic rhinosinusitis with nasal polyposis

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Background: The urinary leukotriene E4 (U-LTE4) concentration is significantly increased in patients with aspirin-intolerant asthma (AIA). However, the relationship between the clinicopathogenic factors of asthma and the U-LTE4 concentration remains undetermined.

Objective: We sought to examine the clinical features of asthmatic patients with increased excretion levels of U-LTE4 (hyperleukotrienuria).

Methods: We measured the U-LTE4 concentrations in 137 asthmatic patients (including 64 patients with AIA) who were in clinically stable condition. A U-LTE4 concentration of 150 pg/mg creatinine or greater (mean U-LTE4 + 3 SDs of normal healthy control subjects) was indicative of hyperleukotrienuria.

Results: The basal concentration of U-LTE4 was significantly higher in the patients with AIA than in those with aspirin-tolerant asthma (ATA; median, 227.2 vs 90.3 pg/mg creatinine; $P < .01$). Compared with normal leukotrienuria in the patients with AIA, hyperleukotrienuria in the patients with AIA was associated with older age and decrease in pulmonary function. On the other hand, compared with normal leukotrienuria in the patients with ATA, hyperleukotrienuria in the patients with ATA was associated with severe asthma and chronic hyperplastic rhinosinusitis with nasal polyposis (CHRS/NP), which are well-known symptoms of the aspirin triad, as well as hypereosinophilia and anosmia. The patients with CHRS/NP excreted U-LTE4 at significantly high concentrations. There were significant decreases in the U-LTE4 concentrations before and after the sinus surgery in both the AIA and ATA groups ($P < .05$).

Conclusion: Cysteinyl leukotrienes are not strictly associated with aspirin intolerance itself but rather with clinical features, such as CHRS/NP, that are similar to those seen in AIA. CHRS/NP might be involved in cysteinyl leukotriene overproduction in asthmatic patients. (*J Allergy Clin Immunol* 2004;113:277-83.)

Key words: Aspirin-intolerant asthma, urinary leukotriene E4, chronic hyperplastic rhinosinusitis with nasal polyposis

Cysteinyl leukotrienes (cys-LTs), namely leukotriene C4 (LTC4), LTD4, and LTE4, play an extremely important role in the pathophysiology of asthma.¹ Cys-LTs cause potent bronchoconstriction, mucosal edema, and increased mucus secretion within the airways of asthmatic patients.^{2,3} LTE4 has been identified as a major metabolite of LTC4,^{4,5} and urinary LTE4 (U-LTE4) is now considered as the most reliable analytic parameter for monitoring the endogenous synthesis of cys-LTs.^{6,7} Previous studies have shown that the U-LTE4 concentration is useful in demonstrating cys-LT release in vivo during allergen challenge^{8,9} and acute exacerbation of asthma.^{10,11} Moreover, even in clinically stable conditions, basal urinary excretion levels of LTE4 in patients with aspirin-intolerant asthma (AIA) are significantly higher than those in patients with aspirin-tolerant asthma (ATA).^{12,13} The cellular source of cys-LTs is as yet unknown, but it possibly includes eosinophils and mast cells.^{14,15} It also remains unclear which step in the pathway is responsible for cys-LT overproduction in patients with AIA. Cowburn et al¹⁶ reported that the number of cells expressing LTC4 synthase (LTC4S) is higher in the bronchial mucosa of patients with AIA than in that of patients with ATA and that the amount of cys-LTs in bronchoalveolar lavage fluid is strongly correlated with the number of LTC4S-positive cells. In addition, Sanak et al^{17,18} found that the polymorphism (ie, A to C transversion at 444 nucleotides upstream of the ATG translation start site) in the promoter region of the *LTC4S* gene is associated with the development of AIA in a Polish population. However, this polymorphism of the *LTC4S* gene might not be the probable mechanism underlying cys-LT overproduction in patients with AIA. Van Sambeek et al¹⁹ reported that the C allele in the *LTC4S* gene is not correlated with the phenotype of AIA in the United States and that this polymorphism does not affect the transcriptional activity of the *LTC4S* gene. More recently, Kawagishi et al²⁰ also reported similar findings that there is no clear association between this polymorphism of the *LTC4S* gene and the aspirin intolerance or the enzymatic activity of the *LTC4S* gene in eosinophils. There has been no

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Abbreviations used

| | |
|----------|--|
| AIA: | Aspirin-intolerant asthma |
| ATA: | Aspirin-tolerant asthma |
| CHRS/NP: | Chronic hyperplastic rhinosinusitis with nasal polyposis |
| cys-LT: | Cysteinyl leukotriene |
| LTC4S: | Leukotriene C4 synthase |
| LTE4: | Leukotriene E4 |
| U-LTE4: | Urinary leukotriene E4 |

report demonstrating that the basal concentration of U-LTE4 differs between wild-type A homozygotes and variant C allelic carriers in patients with AIA^{18,20} or in patients with ATA.²⁰ The clinicopathogenetic factors associated with the increased excretion levels of U-LTE4 in asthmatic patients have not been determined. In our study we evaluated the clinicopathogenetic factors that might be associated with the increased excretion level of U-LTE4 in asthmatic patients and demonstrated that the cys-LT overproduction is associated with some clinical features also observed in AIA, such as chronic hyperplastic rhinosinusitis with nasal polyposis (CHRS/NP).

METHODS**Subjects**

The hospital-based case-control study was conducted from June 1998 through March 2002. The subjects of this study were 64 non-smoking asthmatic outpatients with AIA (age range, 21-79 years; mean age, 53.3 years; 23 male and 41 female patients) and 73 control asthmatic outpatients who tolerated aspirin well (ATA; age range, 21-80 years; mean age, 51.2 years; 38 male and 35 female patients; Table 1). The diagnosis of asthma was based on the American Thoracic Society criteria.²¹ Asthma severity was classified on the basis of daily medication regimen and response to treatment according to the Global Initiative for Asthma guidelines.²² All the patients with AIA have been proved to have histories of severe bronchoconstriction and nasal symptoms after ingestion of at least 2 different nonsteroidal anti-inflammatory drugs or have had a positive reaction to aspirin systemic challenge.²⁰ All the patients with ATA have had a negative reaction to the aspirin challenge. All the patients were in clinically stable condition. None of the patients had complications of cystic fibrosis, immotile cilia syndrome, or autoimmune diseases, and none of them had an upper respiratory tract infection in the 6 weeks preceding the study. Thirty-five healthy volunteers without subjective symptoms or objective findings of diseases, including asthma and allergic rhinitis, were also enrolled in this study as healthy control subjects (age range, 25-81 years; mean age, 50.1 years; 23 male and 12 female subjects). Permission to conduct the study was obtained from the Ethics Committee of the National Sagami Hospital, and all the patients who participated in the study provided informed consent.

Study design

On entry into this study, the patients were documented according to a detailed structured questionnaire. The age at onset of asthma was determined as accurately as possible. In case of uncertainty, the earliest respiratory symptoms, including cough, wheezing, and episodic dyspnea, were taken into account. Nasal symptoms were also assessed. Self-assessment of olfactory disturbance was performed by the patients using an analog scale for rating symptoms from 0 (none)

to 4 points (anosmia) by evaluating the degree at which the disturbance interfered with their everyday life. When a 4-point (anosmia) score was obtained, we reconfirmed the presence of anosmia by using cards or smell bottles containing cigarettes, coffee, deodorants, and cloves, as previously described but with some modifications.²³ Subjective assessment of olfactory disturbance in asthmatic patients with seasonal allergic rhinitis was performed during the off season of pollen allergens. The diagnosis of CHRS/NP²⁴⁻²⁶ was assessed by an independent observer on the basis of clinical histories, rhinoscopic findings, and sinus radiographic or computed tomographic scans. In this article CHRS/NP is determined by evaluating the clinical symptoms of chronic rhinosinusitis with evidence of bilateral sinus mucosal thickening on radiographic studies in conjunction with nasal polyposis.²⁷⁻³⁰ In contrast, infectious chronic rhinosinusitis,³¹ as determined by means of clinical definition, such as the presence of facial pain, purulent drainage, or an extensive air fluid level on sinus radiographs, was an exclusion criterion.

We collected blood and urine samples from the patients, and then pulmonary function tests were performed between 9 and 11 AM. The number of eosinophils in peripheral blood was determined by using a standard automated cell counter. Because treatment with β_2 -agonists or with anti-inflammatory drugs, including oral or inhaled corticosteroids, sodium cromoglycate, or oral leukotriene receptor antagonists themselves, does not affect U-LTE4 levels,³² these medications were not withheld at the time of urine sample collection in this study.

To reconfirm the involvement of CHRS/NP in the increase in the excretion level of U-LTE4, we compared the LTE4 concentration in urine between before and after the elective endoscopic surgery for CHRS/NP (3-4 weeks after the surgical treatment), which is not part of the goal of this study. The subjects in the reconfirmatory study were 7 patients with AIA (age range, 37-68 years; mean age, 52.9 years; 2 male and 5 female patients) and 8 patients with ATA (age range, 22-71 years; mean age, 48.4 years; 5 male and 3 female patients). Before and after the endoscopic surgery for CHRS/NP (sinus surgery), all these patients were in clinically stable condition, with no changes in asthma symptoms or the kind and dose of medication. Treatments included only inhaled steroids, leukotriene receptor antagonists, and single use of short-acting β_2 -agonists but not systemic corticosteroid administration.

Measurements

We measured the LTE4 concentration in spot urine by using a method previously described.^{20,33-35} The U-LTE4 concentration is expressed as picograms per milligram of creatinine.

Analysis of data

Demographic characteristics are expressed as means \pm SD. The U-LTE4 concentration is shown as the median and the range. U-LTE4 concentrations in the AIA, ATA, and healthy control groups were first compared by using the Kruskal-Wallis test. When a significant difference was found, the Mann-Whitney *U* test with the Bonferroni correction for comparison between groups was performed. U-LTE4 concentrations in the patients with different clinical asthma severity levels were compared by using the same statistical analyses described above. U-LTE4 concentrations in patients with CHRS/NP and those with normal sinuses were compared with the Mann-Whitney *U* test. Similarly, U-LTE4 concentrations in patients with AIA and ATA were compared with the Mann-Whitney *U* test. U-LTE4 concentrations before and after the sinus surgery were compared by using the Wilcoxon *t* test.

In this study the U-LTE4 concentration was the basis for classifying the patients into those showing either increased excretion levels of U-LTE4 (hyperleukotrienuria) or nonincreased excretion levels of U-LTE4 (normal leukotrienuria). A U-LTE4 concentration of

TABLE I. Demographic characteristics of the patients with AIA and those with ATA

| | AIA | ATA | P value |
|--|---------------------|-------------------|---------|
| No. | 64 | 73 | |
| Male/female sex | 23/41 | 38/35 | NS |
| Age (y), mean (SD) | 53.3 (13.5) | 51.2 (15.2) | NS |
| Onset age (y), mean (SD) | 38.1 (14.0) | 37.3 (17.7) | NS |
| Atopic status, n (%) | 32 (50.0) | 51 (69.9) | <.05 |
| Blood eosinophil ($\times 10^6/\text{mL}$), median (range) | 585 (5-3520) | 430 (20-4160) | NS |
| Serum IgE-RIST (IU/mL), median (range) | 114 (14-1390) | 233 (15-2290) | <.05 |
| U-LTE4 (pg/mg creatinine), median (range) | 227.2 (30.9-1465.7) | 90.3 (16.5-915.8) | <.01 |
| Pulmonary function tests | | | |
| FEV ₁ (mL), mean (SD) | 2043 (757) | 2100 (796) | NS |
| FEV ₁ (% predicted), mean (SD) | 77.3 (19.8) | 80.7 (21.5) | NS |
| Clinical features | | | |
| Severity | | | |
| Intermittent, n (%) | 5 (7.8) | 10 (13.7) | NS |
| Mild persistent, n (%) | 12 (18.8) | 23 (31.5) | |
| Moderate persistent, n (%) | 17 (26.6) | 17 (23.3) | |
| Severe persistent, n (%) | 30 (46.9) | 23 (31.5) | |
| CHRS/NP, n (%) | 43* (71.7) | 27† (40.3) | <.001 |
| Anosmia, n (%) | 41‡ (67.2) | 16§ (24.2) | <.001 |
| Treatment | | | |
| Oral systemic CS, n (%) | 22 (34.4) | 11 (15.1) | <.05 |
| LTRAs, n (%) | 11 (17.2) | 18 (24.7) | NS |
| Dose of inhaled CS (mg/d), median] | 800 | 800 | NS |

NS, Not significant; RIST, radioimmunosorbent test; CS, corticosteroids.

*n = 60 and ‡n = 61, patients with AIA.

†n = 67 and §n = 66, patients with ATA.

||Dose of inhaled corticosteroids is the median daily dose in beclomethasone equivalent units. Beclomethasone is assumed to be equipotent with budesonide and has a potency half that of fluticasone.

greater than 150 pg/mg creatinine, which corresponds to the mean U-LTE4 plus 3 SDs of the healthy control subjects, indicated hyperleukotrienuria, and a U-LTE4 concentration of less than 100 pg/mg creatinine (mean U-LTE4 + 1 SD of the healthy control subjects) indicated normal leukotrienuria. We compared the clinical features between asthmatic patients with hyperleukotrienuria and those with normal leukotrienuria. The differences in demographic characteristics between these 2 groups were analyzed by using the unpaired Student *t* test and the χ^2 test. Relationships were analyzed by using the Spearman rank correlation test. *P* values of less than .05 were regarded as statistically significant.

RESULTS

Table I shows the clinical characteristics of the patients with AIA and those with ATA. These 2 groups were well matched for age, sex, severity of asthma, respiratory function, and doses of both inhaled steroids and leukotriene receptor antagonists. In the ATA group, however, both the frequency of atopic asthmatic patients (69.9% vs 50.0%, *P* < .05) and the level of serum IgE on radioimmunosorbent testing (median, 233 vs 114 IU/mL; *P* < .05) were significantly higher than those in the AIA group. The frequency of the complication of CHRS/NP was higher in the patients with AIA than in the patients

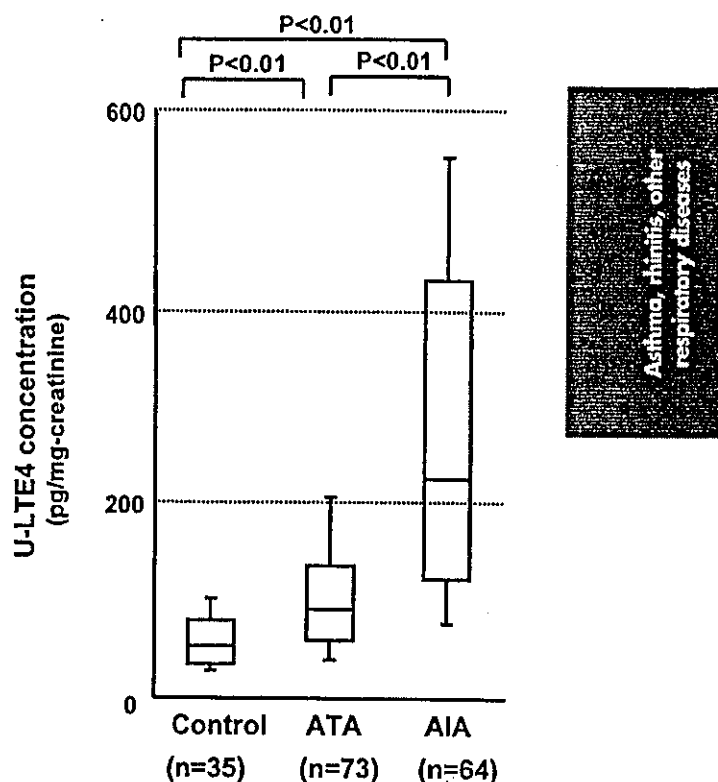


FIG 1. U-LTE4 concentration (in picograms per milligram of creatinine) in patients with AIA, patients with ATA, and healthy control subjects. U-LTE4 concentration in each group is expressed as median plus percentile (10%, 25%, 75%, and 90%).

with ATA (71.7% vs 40.3%, *P* < .001). In addition, the frequency of anosmia was higher in the patients with AIA (frequency, 67.2% vs 24.2%; *P* < .001).

The basal excretion level of U-LTE4 was significantly higher in patients with AIA than in those with ATA (median, 227.2 vs 90.3 pg/mg creatinine; *P* < .01; Fig 1 and Table I). There was no significant difference in the U-LTE4 concentration between the sexes for these 2 groups (data not shown). When U-LTE4 concentrations between these 2 groups with different clinical asthma severity levels were compared, the U-LTE4 concentrations in patients with AIA with moderate or severe persistent asthma were significantly higher than those in patients with ATA with the same severity of asthma (*P* < .01 and *P* < .05, respectively; Fig 2). Table II shows the clinical characteristics of patients with hyperleukotrienuria and those with normal leukotrienuria in each group. The frequency of the patients with AIA with hyperleukotrienuria was 67.2%. Compared with the patients with AIA with normal leukotrienuria, the patients with AIA with hyperleukotrienuria were significantly older (mean, 56.1 vs 44.8 years, *P* < .05) and had a lower pulmonary function (mean FEV₁, 1907 vs 2401 mL; *P* < .05). In contrast, the frequency of patients with ATA with hyperleukotrienuria was 21.9%, and patients with ATA with hyperleukotrienuria had more severe asthma (*P* < .05) and a higher frequency of anosmia (frequency, 50.0% vs 13.9%; *P* < .05). In addition, 81.3% of the

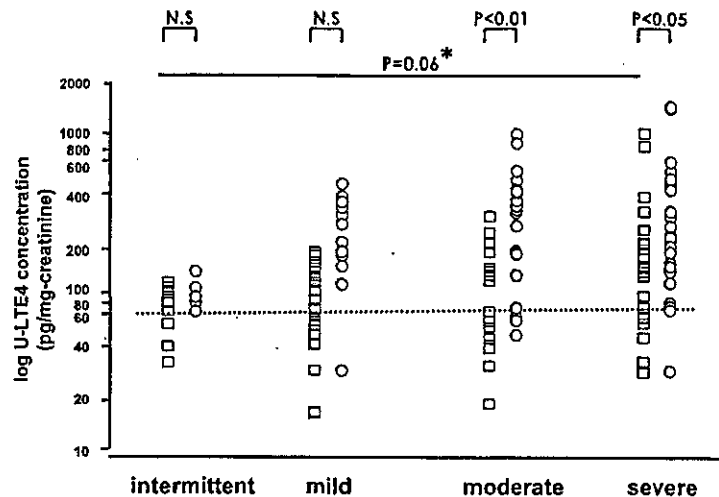


FIG 2. U-LTE4 concentration (in picograms per milligram of creatinine) in patients with AIA and patients with ATA classified according to clinical severity of asthma. U-LTE4 concentration is expressed by using the log scale. Patients with ATA and patients with AIA are denoted by an open square and an open circle, respectively. The dotted line indicates the mean level of U-LTE4 in healthy control subjects. *U-LTE4 concentrations in the patients with ATA with different clinical asthma severity levels were compared by using the Kruskal-Wallis test.

patients with ATA with hyperleukotrienuria appeared to have CHRS/NP compared with 22.9% of the patients with ATA with normal leukotrienuria ($P < .001$). The number of eosinophils in peripheral blood was greater in the patients with ATA with hyperleukotrienuria (median, 860/ μL vs 330/ μL , $P < .01$). Female patients with ATA with hyperleukotrienuria showed a higher U-LTE4 concentration than male patients with ATA (median, 258.7 vs 184.3 pg/mg creatinine; $P < .05$).

Between the 2 groups with hyperleukotrienuria, the frequency of atopic status was significantly less in the patients with AIA (frequency, 48.8% vs 87.5%; $P < .05$). In contrast, between the 2 groups with normal leukotrienuria, anosmia had a greater frequency in the patients with AIA (frequency, 50.0% vs 13.9%; $P < .05$).

When we examined the correlations between the U-LTE4 concentration and other clinical parameters, a statistically nonsignificant but noteworthy correlation between the U-LTE4 concentration and clinical asthma severity level in the patients with ATA was found ($P = .06$, Fig 2). In addition, U-LTE4 concentrations in the patients with ATA with CHRS/NP ($n = 27$) were higher than those in the patients with ATA with normal sinuses ($n = 30$; median, 148.0 vs 81.2 pg/mg creatinine; $P < .05$; Fig 3). In contrast, there were 43 patients with CHRS/NP and only 8 with normal sinuses in the AIA group. No significant correlations between the U-LTE4 concentration and clinical parameters, such as asthma severity or the complication of CHRS/NP, were observed in the AIA group. There was a significant decrease in the U-LTE4 concentration after the sinus surgery in 15 asthmatic patients (median, 221.3 vs 72.3 pg/mg creatinine; $P < .01$). Six of 9 asthmatic patients with hyperleukotrienuria before the sinus surgery were not classified into the hyperleukotrienuria group after the sinus surgery. Fig 4 shows

significant decreases in the U-LTE4 concentrations before and after the sinus surgery in both the AIA and ATA groups (median, 322.7 pg/mg creatinine [before] vs 98.2 pg/mg creatinine [after], $P < 0.05$, for the AIA group; 93.4 pg/mg creatinine [before] vs 80.9 pg/mg creatinine [after], $P < .05$, for the ATA group). Before the sinus surgery, the U-LTE4 concentrations of both groups were not significantly different. Similarly, the U-LTE4 concentrations of both groups after the sinus surgery showed no significant difference. All the nasal polyp and sinus sections revealed a diffused and marked infiltration of eosinophils, leading to the diagnosis of CHRS/NP.³⁶⁻³⁸

DISCUSSION

There is accumulating evidence that supports the central role of cys-LTs as mediators of inflammatory diseases.¹ An increase in the U-LTE4 concentration has been observed not only in asthma but also in autoimmune diseases, including rheumatoid arthritis³⁹ and systemic lupus erythematosus.⁴⁰ However, the relationship between the clinicopathogenetic factors of asthma and U-LTE4 concentration remains undetermined. We have demonstrated for the first time that there are some important clinicopathogenetic factors associated with increased excretion levels of U-LTE4 (ie, hyperleukotrienuria) in asthmatic patients. Hyperleukotrienuria in patients with AIA (67.2% of patients with AIA in this study) was associated with older age and decrease in pulmonary function. On the other hand, hyperleukotrienuria in patients with ATA (21.9% of the patients with ATA in this study) was associated with severe asthma and CHRS/NP, which are well-known symptoms of the aspirin triad,⁴¹ as well as hyper-eosinophilia and anosmia. Conversely, the U-LTE4 concentration in the patients with ATA with CHRS/NP was

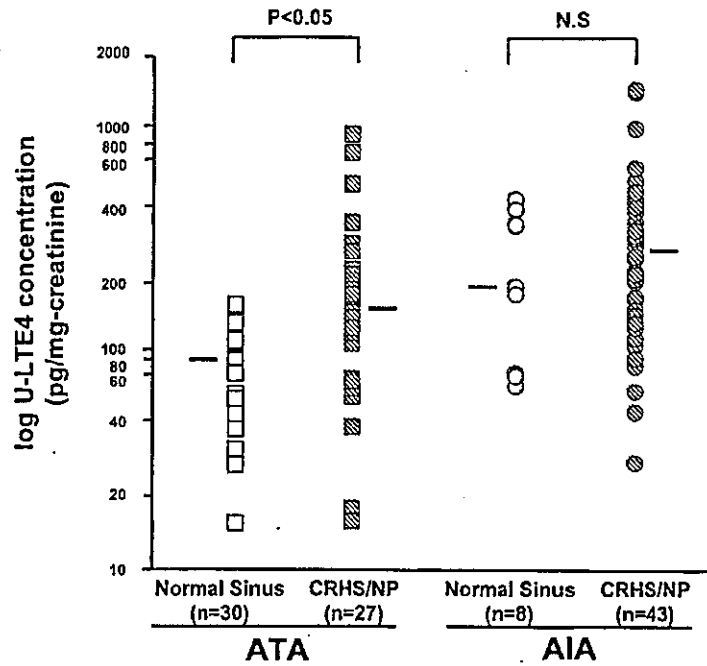


FIG 3. U-LTE4 concentration (in picograms per milligram of creatinine) in patients with CHRS/NP and those with normal sinuses. U-LTE4 concentration is expressed by using the log scale. The horizontal bars indicate medians. Patients with ATA and patients with AIA are denoted by an open square and an open circle, respectively.

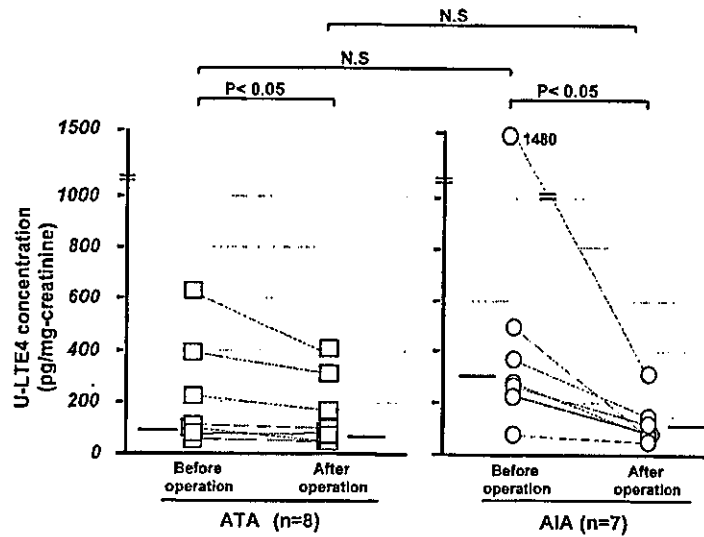


FIG 4. A significant decrease in the U-LTE4 concentration between before and after the endoscopic surgery of rhinosinusitis with nasal polyposis. Horizontal bars indicate medians. Patients with ATA and patients with AIA are denoted by squares and circles, respectively.

higher than that in the patients with ATA with normal sinuses. In addition, a statistically nonsignificant but noteworthy correlation between the U-LTE4 concentration and clinical asthma severity in patients with ATA was found. In support of our findings, ten Brinke et al⁴² have suggested a direct relationship between hyperplastic rhinosinusitis and lower airway inflammation in severe asthma, and they have suggested that extensive rhinosinusitis

is associated with adult-onset asthma, aspirin intolerance, and nasal polyposis.

Taken together, these findings led us to the following generalizations. First, cys-LT overproduction is not strictly associated with aspirin intolerance itself but is associated with clinical features, such as CHRS/NP, that are similar to those of AIA. Second, CHRS/NP might play an important role in cys-LT overproduction in asthmatic

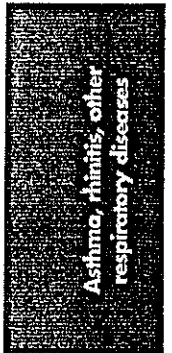


TABLE II. Demographic characteristics of each group

| | AIA | | | ATA | | | | |
|--|--------------------------|--------------------------|--------------------|--------------------------|--------------------------|-----------------|---------|---------|
| | Hyperleuko- trienuria | Normal leukotrienuria | P_{AIA} (h-n) | Hyperleuko- trienuria | Normal leukotrienuria | P_{ATA} (h-n) | PG(h-h) | PG(n-n) |
| No. | 43 | 12 | | 16 | 40 | | | |
| Male/female sex | 16/27 | 3/9 | NS | 6/10 | 21/19 | NS | NS | NS |
| Age (y), mean (SD) | 56.1 (13.0) | 44.8 (11.4) | <.05 | 52.1 (12.2) | 49.2 (16.1) | NS | NS | NS |
| Onset age (y), mean (SD) | 39.2 (14.1) | 32.3 (15.9) | NS | 39.4 (16.9) | 33.5 (17.1) | NS | NS | NS |
| Atopic status (n) | 21 (48.8) | 7 (58.3) | NS | 14 (87.5) | 23 (57.5) | NS (.07) | <.05 | NS |
| Blood eosinophil ($\times 10^6/\text{mL}$), median (range) | 535 (12-3520) | 560 (5-2460) | NS | 860 (200-4163) | 330 (20-930) | <.01 | NS | NS |
| Serum IgE-RIST (IU/mL), median (range) | 114 (14-1390) | 119 (15-600) | NS | 314 (44-2290) | 162 (15-2050) | NS | NS | NS |
| Pulmonary function tests | | | | | | | | |
| FEV ₁ (mL), mean (SD) | 1907 (746) | 2401 (622) | <.05 | 2117 (923) | 2308 (788) | NS | NS | NS |
| FEV ₁ (% predicted), mean (SD) | 73.5 (19.5) | 91.1 (18.8) | <.05 | 81.1 (26.3) | 84.1 (20.4) | NS | NS | NS |
| Clinical features | | | | | | | | |
| Severity | | | NS | | | <.05 | NS | NS |
| Intermittent, n (%) | 0 (0) | 3 (25.0) | | 0 (0) | 8 (20.0) | | | |
| Mild persistent, n (%) | 9 (20.9) | 1 (8.3) | | 2 (12.5) | 15 (37.5) | | | |
| Moderate persistent, n (%) | 12 (27.9) | 4 (33.3) | | 4 (25.0) | 8 (20.0) | | | |
| Severe persistent, n (%) | 22 (51.2) | 4 (33.3) | | 10 (62.5) | 9 (22.5) | | | |
| CHRS/NP, n (%) | 30* (75.0) | 6 (50.0) | NS | 13 (81.3) | 8† (22.9) | <.001 | NS | NS |
| Anosmia, n (%) | 28* (70.0) | 6 (50.0) | NS | 8 (50.0) | 5‡ (13.9) | <.05 | NS | <.05 |
| Treatment | | | | | | | | |
| Oral systemic CS, n (%) | 12 (27.9) | 4 (33.3) | NS | 1 (6.3) | 6 (15.0) | NS | NS | NS |
| LTRAs, n (%) | 12 (27.9) | 4 (33.3) | NS | 3 (18.8) | 9 (22.5) | NS | NS | NS |
| Dose of inhaled CS (mg/d), median§ | 800 | 950 | NS | 800 | 800 | NS | NS | NS |

*n = 40, patients with AIA with hyperleukotrienuria.

†n = 35 and ‡n = 36, patients with ATA with normal leukotrienuria.

§Dose of inhaled corticosteroids is the median daily dose in beclomethasone equivalent units. Beclomethasone is assumed to be equipotent with budesonide and has a potency half of that of fluticasone.

P(h-n), Significant differences between asthmatic patients with hyperleukotrienuria and those with normal leukotrienuria; PG, significant differences between the 2 groups; PG(h-h), significant differences between the 2 groups with hyperleukotrienuria; PG(n-n), significant differences between the 2 groups with normal leukotrienuria; NS, not significant; RIST, radioimmunosorbent test; CS, corticosteroids.

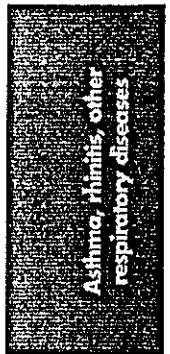
patients. The precise pathophysiologic mechanism underlying hyperleukotrienuria remains obscure. We attempted to reconfirm the involvement of CHRS/NP in the pathogenesis of hyperleukotrienuria, and thus we compared the U-LTE4 concentrations between before and after the sinus surgery. We demonstrated for the first time that there is a significant decrease in the U-LTE4 concentrations after the sinus surgery, suggesting that sinonasal tissue might be one of the main tissues that produce cys-LTs in asthmatic patients. Surgical resection of both large nasal polyps and extensive hyperplastic sinonasal mucosa contributes to the termination of the vicious cycle in which cys-LTs and chemotactic factors produced in the sinonasal tissue⁴³ promote the chemotaxis of eosinophils.⁴⁴ More recently, it has been reported that cys-LT concentrations were significantly higher in sinus tissues obtained from patients with CHRS/NP than in healthy sinus tissues and noneosinophilic sinus tissues.⁴⁵ Thus the complication of severe CHRS/NP might affect the U-LTE4 concentration, and sinonasal tissues might be one of the main tissues that produce cys-LTs in asthmatic

patients. Interestingly, we reconfirmed the decrease in U-LTE4 concentration after surgery for CHRS/NP (72.4 pg/mg creatinine to 32.8 pg/mg creatinine) in only one nonasthmatic patient. Because U-LTE4 has a detection limit to serve as a biomarker of airway inflammation,^{32,35} it is necessary to carry out further investigations with a large number of patients. Considering the high recurrence rate of nasal polyposis in patients with AIA,⁴⁶ we should examine whether those with CHRS/NP recurrence have significant increases in U-LTE4 levels over time and whether aspirin intolerance will develop in patients with ATA with hyperleukotrienuria exhibiting clinical characteristics similar to those of patients with AIA.

In conclusion, our study showed, for the first time, a close relationship between the U-LTE4 concentration and clinical features of asthmatic patients. We suggest the possibility that cys-LTs are not strictly associated with aspirin intolerance itself but with clinical features such as CHRS/NP that are similar to those of AIA. In particular, our study suggests the involvement of CHRS/NP in cys-LT overproduction in asthmatic patients.

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Urinary eicosanoid and tyrosine derivative concentrations in patients with vasculitides

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Background: Vasculitides are classified on the basis of the type of cell involved, namely, eosinophilic vasculitides such as Churg-Strauss syndrome (CSS) and noneosinophilic vasculitides. However, knowledge on inflammatory mediators and oxidative tissue damage associated with vasculitides is insufficient.

Objective: We measured the urinary concentrations of inflammatory mediators and tyrosine derivatives to assess biomarkers associated with the pathophysiology of vasculitides. **Methods:** Urine was collected from 9 patients with CSS during acute exacerbation and during clinical remission, 24 patients with rheumatoid arthritis in stable condition, and 8 patients with vasculitis diseases (VDs) during acute exacerbation. Leukotriene E₄ (LTE₄), 9 α ,11 β prostaglandin F₂, and eosinophil-derived neurotoxin (EDN) concentrations were determined by enzyme immunoassay. 3-Bromotyrosine (BrY) and 3-chlorotyrosine (CIY) concentrations were determined by gas chromatography-mass spectrometry.

Results: The urinary LTE₄, EDN, BrY, and CIY concentrations were significantly higher in the patients with CSS during acute exacerbation than in healthy control subjects and, except for urinary CIY concentration, significantly decreased during clinical remission. The urinary EDN and BrY concentrations were significantly higher in patients with CSS during acute exacerbation than in patients with VD during acute exacerbation. Only urinary LTE₄ concentration was significantly different between the patients with rheumatoid arthritis in stable condition and the patients with VD during acute exacerbation.

Conclusion: Oxidative tissue damage caused by eosinophil peroxidase is a pathophysiological characteristic of eosinophil-associated diseases such as CSS. Urinary LTE₄ concentration may reflect a pathophysiological event involved in eosinophilic and noneosinophilic vasculitides. Cysteinyl-leukotriene pathways are potential therapeutic targets for small-vessel vasculitides. (*J Allergy Clin Immunol* 2004;114:1353-8.)

Key words: Churg-Strauss syndrome, vasculitides, 3-bromotyrosine, 3-chlorotyrosine, leukotriene E₄

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Abbreviations used

| | |
|--------|---|
| ANCA: | Antineutrophil cytoplasmic autoantibody |
| BrY: | 3-Bromotyrosine |
| CIY: | 3-Chlorotyrosine |
| cr: | Creatinine |
| CSS: | Churg-Strauss syndrome |
| cysLT: | Cysteinyl-leukotriene |
| EDN: | Eosinophil-derived neurotoxin |
| EPO: | Eosinophil peroxidase |
| HC: | Healthy control |
| HOBr: | Hypobromous acid |
| LT: | Leukotriene |
| MPA: | Microscopic polyangiitis |
| PG: | Prostaglandin |
| RA: | Rheumatoid arthritis |
| TA: | Temporal arteritis |
| VD: | Vasculitis disease |
| WG: | Wegener granulomatosis |

Eosinophils possess a wide range of biological properties. Namely, eosinophils release proteins, inflammatory cytokines, and mediators, such as eicosanoids and platelet-activating factors, and can cause tissue injury by releasing a spectrum of toxic products. Eosinophil peroxidase (EPO)¹⁻³ also resides in a matrix of cytoplasmic granules and is one of the most abundant proteins in eosinophils.⁴ EPO plays a role in mediating the host-defense mechanism, such as the destruction of invading parasites and the pathological damage of host tissue by oxidizing intermediates. Briefly, activated eosinophils generate superoxide (O₂⁻) by using a membrane-associated nicotinamide adenine dinucleotide phosphate oxidase,⁵ and its dismutation product, H₂O₂.¹ By using H₂O₂ as a cosubstrate, EPO in eosinophils generates a halogenating oxidant, which is a potent reactive, cytotoxic, and diffusible species. Despite the fact that the plasma chloride (Cl⁻) concentration is 1000-fold higher than that of bromide (Br⁻), interestingly, the major product of the EPO-H₂O₂ system is hypobromous acid (HOBr): Br⁻ + H₂O₂ + H⁺ → HOBr + H₂O.⁶ *In vitro*, HOBr reacts with primary amines to form N-mono-bromamines, and it converts tyrosine to 3-bromotyrosine (BrY).^{7,8} Similarly, myeloperoxidase, a structurally and functionally distinct enzyme produced by neutrophils, monocytes, and certain tissue macrophages,⁹ also contributes to inflammatory tissue injury. Neutrophils selectively use Cl⁻ in plasma to

TABLE I. Demographic characteristics of patients with CSS

| | |
|--|--------------------|
| Male/female sex | 2/7 |
| Age, y, mean (SD) | 51.8 (15.2) |
| Age at onset, y, mean (SD) | |
| Asthma onset | 42.3 (14.3) |
| CSS onset | 49.8 (14.5) |
| Blood eosinophil $\times 10^6/L$, median (range) | |
| During acute exacerbation | 6590 (2510-17,880) |
| During remission | 70 (10-700) |
| IgE-radioimmunosorbent test, IU/mL, median (range) | 467 (18-3360) |
| Cumulative organ involvement, n | |
| Mononeuritis multiplex | 9 |
| Lung | 9 |
| Sinus | 7 |
| Kidney/urinary tract | 7 |
| Heart | 4 |
| Skin | 2 |
| Mediastinum | 1 |

generate chlorinating oxidants.¹⁰⁻¹² Thus, 3-chlorotyrosine (CIY) is considered to be a selective marker of myeloperoxidase-catalyzed oxidation, whereas BrY is that of EPO-catalyzed oxidation.¹³

The characteristic feature of Churg-Strauss syndrome (CSS),^{14,15} an eosinophilic necrotizing vasculitis,¹⁶ is hypereosinophilia in blood and tissues, such as those of the lungs, gastrointestinal, nerves, and kidneys. The extent of eosinophilia commonly reflects clinical disease activity.^{14,15} Previous studies demonstrated that the seromarkers of the activation of eosinophils, such as eosinophil cationic protein and eosinophil-derived neurotoxin (EDN), can predict a relapse.¹⁷ However, measurement of these seromarkers is not applicable to patients with noneosinophilic small-vessel vasculitides, such as Wegener granulomatosis (WG) and microscopic polyangiitis (MPA). Considering the oxidative reaction-associated myeloperoxidase in the human artery,^{12,18} we hypothesized that measuring both BrY and CIY may serve as a powerful method for estimating oxidative tissue damage and the relative contributions of eosinophils versus neutrophils *in vivo*. Furthermore, the high levels of antibody against myeloperoxidase-specific antineutrophil cytoplasmic autoantibody (ANCA) are observed in patients with myeloperoxidase-ANCA-related vasculitides such as WG and MPA.^{19,20} Because ANCA-activated neutrophils can adhere to and destroy endothelial cells *in vitro*, ANCA is considered to inhibit the inactivation of myeloperoxidase, resulting in tissue damage.^{21,22} In addition, Mayatepek and Lehmann²³ demonstrated a high urinary leukotriene (LT) E₄ concentration in patients with Kawasaki disease, which is the most common childhood vasculitis. However, there has been little experimental evidence to substantiate the close relationship between cysteinyl-leukotriene (cysLT) and vasculitides. According to the National Institutes of Health workshop report,²⁴

there is no objective evidence that CSS is actually caused by LT receptor antagonists. Because there have been no comparative studies of urinary eicosanoid concentrations and clinical characteristics, we aimed to characterize the profiles of eicosanoid, BrY, and CIY concentrations in patients with systemic small-vessel vasculitides, including CSS.

METHODS

Subjects

The subjects of this study were 9 patients with CSS (age range, 27-75 years; mean age, 51.8 years; 2 male and 7 female), 8 patients with vasculitis diseases (VDs) during acute exacerbation (age range, 50-77 years; mean age, 66.0 years; 2 male and 6 female), 24 patients with rheumatoid arthritis (RA) in a clinically stable condition (age range, 39-77 years; mean age, 60.1 years; 6 male and 18 female), and 8 healthy control (HC) subjects (age range, 27-55 years; mean age, 37.3 years; 4 male and 4 female). CSS was diagnosed according to the 1990 American College of Rheumatology criteria and the 1992 Chapel Hill definition.^{25,26} Three patients had recurrent CSS. The mean age at onset of CSS was 49.8 (Table I). Histopathological confirmations, such as necrotizing vasculitis, extravascular necrotizing granulomas, and/or hypereosinophilia in extravascular tissues, were present in all 9 patients with CSS. Clinical examinations and staging included the lung function test, chest radiography, bronchoalveolar lavage test, echocardiography, radioisotope scintigraphy, otorhinolaryngologic and neurologic examinations, and laboratory screening for ANCA.²⁷ During the acute exacerbation of CSS, all patients with CSS showed vasculitis symptoms involving multiple organs, such as eosinophilic pneumonia and cardiopathy, in addition to peripheral hypereosinophilia (mean %, 58.1%) and mononeuritis multiplex, as shown in Table I. After intensive immunosuppressive therapies with drugs including systemic corticosteroids (n = 5 with intravenous administration of 1000 mg/d methylprednisolone for 3 days; n = 9 with 30-40 mg/d prednisolone), cyclosporine (n = 5, 50-100 mg/d), and/or intravenous immunoglobulin²⁷ (n = 7), all 9 patients with CSS were clinically in a disease remission phase, maintained at a dose of 5 to 25 mg/d prednisolone (n = 7) in addition to cyclosporine (n = 4, 50-100 mg/d) at the time of follow-up examination. The mean percentage of peripheral eosinophils was 2.3%. The duration between acute exacerbation and remission was 6.1 ± 2.5 months.

The patients with VD had an acute exacerbation of vasculitis accompanied by autoimmune diseases, such as MPA,²⁶ WG,^{26,28} temporal arteritis (TA, giant-cell arteritis),²⁹ and RA³⁰ (Table II). The patients with VD were diagnosed on the basis of clinical and laboratory examination findings, such as the presence of ANCA (n = 4) and immunocomplex C1q. Pathological vasculitis was confirmed in 5 of 8 patients. In contrast, the stable RA group, composed of 24 patients with RA in a stable condition, was a comparative control for patients with an acute exacerbation of VD. Nine patients received systemic corticosteroid (mean prednisolone dose, 4.2 mg/d), whereas 12 patients received methotrexate therapy. None of the patients had an upper respiratory tract infection in the 4 weeks preceding the study. Permission to conduct the study was obtained from the Ethics Committee of the National Sagami Hospital, and all of the patients who participated gave their informed consent.

Measurements

Spot urine was collected between 9:00 and 11:00 AM from patients with CSS during acute exacerbation and during clinical remission, patients with VD during acute exacerbation, patients with stable RA,

TABLE II. Demographic characteristics of patients with VD

| | |
|---|----------------|
| Male/female sex | 2/6 |
| Age, y, mean (SD) | 66.0 (8.4) |
| White blood cells $\times 10^6/L$ | 9453 (3024) |
| Neutrophil %, mean (SD) | 81.0 (8.7) |
| Eosinophil %, mean (SD) | 2.1 (1.9) |
| C-reactive protein, mg/dL, mean (SD) | 9.7 (6.6) |
| CIq, mg/mL, median (range)* | 5.0 (1.6-29.6) |
| Underlying diseases, n | |
| RA | 3 |
| MPA | 1 |
| MPA, PSS, and Sjogren syndrome | 1 |
| WG | 1 |
| Mixed-connective tissue disease and RA | 1 |
| TA and Behcet disease | 1 |
| Cumulative vasculitis-associated symptoms, n | |
| Mononeuritis multiplex | 5 |
| Skin ulcer | 2 |
| Scleritis | 2 |
| RA nodule/TA nodule | 3/1 |
| Pathological findings, n | 5 |
| Obstructive vasculitis/necrotizing vasculitis | 3/2 |

*n = 7.

and HC subjects. In particular, in the cases of acute exacerbations of CSS and VD, urine was collected before intensive immunosuppressive therapy. We determined the urinary concentrations of LTE₄ (Cayman, Ann Arbor, Mich), 9 α ,11 β prostaglandin (PG) F₂ (Cayman), which corresponds to the PGD₂ metabolite, and EDN (MBL, Nagoya, Japan) by enzyme immunoassay as previously reported.³¹ The urinary concentrations of BrY and CIY, the selective markers of EPO-catalyzed and myeloperoxidase-catalyzed oxidations, respectively, were determined by gas chromatography-mass spectrometry by using ¹³C-labeled compounds as internal standards, as reported elsewhere.³² Briefly, after the addition of ¹³C₆-BrY (50 ng) and ¹³C₆-CIY (30 ng) to 2 mL urine, BrY and CIY were extracted with 25% methanol by using a reverse-phase column and then converted to the corresponding heptafluorobutyl *tert*-butyldimethylsilyl derivatives.^{33,34} BrY and CIY concentrations were determined by using Shimadzu gas chromatography-mass spectrometry QP2010 (Kyoto, Japan) equipped with a SPD-5 capillary column (15 m; 0.25-mm internal diameter; 0.25- μ m film thickness; Supelco, Bellefonte, Pa) in the negative ion chemical ionization mode with methane as the reagent gas. BrY and CIY concentrations were determined by measuring the fragment ions at mass-to-charge ratio (*m/z*) 489.10 for endogenous compounds and *m/z* 495.15 for the internal standards. Urinary LTE₄, 9 α ,11 β PGF₂, EDN, BrY, and CIY concentrations were normalized to urinary creatinine (cr) concentration.

Analysis of data

Demographic characteristics are expressed as means \pm SDs. The urinary eicosanoid, EDN, BrY, and CIY concentrations are expressed on a log scale in the figures. These urinary concentrations in the 4 groups (CSS during acute exacerbation, VD during acute exacerbation, stable RA, and HC groups) were first compared by using the Kruskal-Wallis test. When a significant difference was found, the Mann-Whitney *U* test with the Bonferroni correction for comparison between groups was performed. The urinary concentrations of the 5 biomarkers in CSS patients during acute exacerbation and clinical remission were compared by using the Wilcoxon *t* test. Relationships were analyzed by using the Spearman rank correlation test. *P* values of less than .05 were regarded as statistically significant.

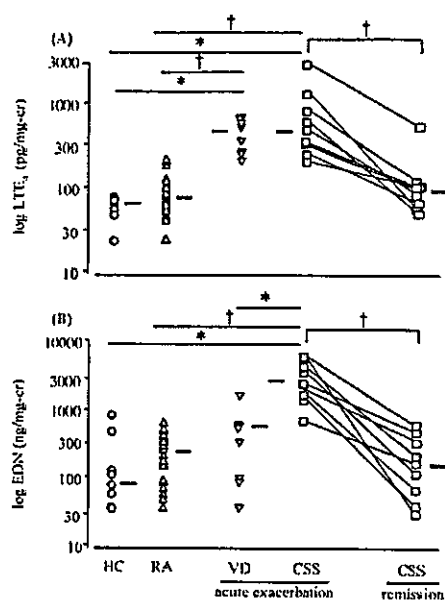


FIG 1. Urinary LTE₄ (A) and EDN (B) concentrations in each group. Urinary concentrations are expressed by using the log scale. Patients with CSS, VD, and RA and HC subjects are denoted by closed squares, closed triangles, open triangles, and open circles, respectively. Horizontal bars indicate medians. **P* < .05; †*P* < .01.

RESULTS

As shown in Fig 1, the urinary LTE₄ concentration was significantly higher in the patients with CSS during acute exacerbation (median, 449.6 pg/mg-cr) than in the patients with stable RA (median, 79.3 pg/mg-cr; *P* < .01) and the HC subjects (67.5 pg/mg-cr; *P* < .05). A significantly higher urinary EDN concentration was observed in the patients with CSS during acute exacerbation (2404.0 ng/mg-cr) than in the patients with VD (432.3 ng/mg-cr; *P* < .05), the patients with stable RA (296.7 ng/mg-cr; *P* < .01), and the HC subjects (94.9 ng/mg-cr; *P* < .05), respectively. Fig 2 shows the urinary BrY and CIY concentrations in each group. The urinary BrY concentration was significantly higher in the patients with CSS during acute exacerbation (182.6 ng/mg-cr) than in the patients with stable RA (36.8 ng/mg-cr; *P* < .01) and the HC subjects (25.2 ng/mg-cr; *P* < .05). The urinary CIY concentration was significantly higher in the patients with CSS during acute exacerbation (6.1 ng/mg-cr; *P* < .05), the patients with VD during acute exacerbation (9.2 ng/mg-cr; *P* < .05) and the patients with stable RA (4.7 ng/mg-cr; *P* < .05) than in the HC subjects (1.2 ng/mg-cr). No significant difference in urinary 9 α ,11 β PGF₂ concentration was observed among the 4 groups (data was not shown). Next, we examined the correlation between these urinary parameters and the involvement of vasculitis. As shown in Figs 1 and 2, there were significant differences in urinary LTE₄, EDN, and BrY concentrations in the patients with CSS during acute exacerbation and clinical remission (median, for LTE₄, 449.6 pg/mg-cr vs 91.2 pg/mg-cr;

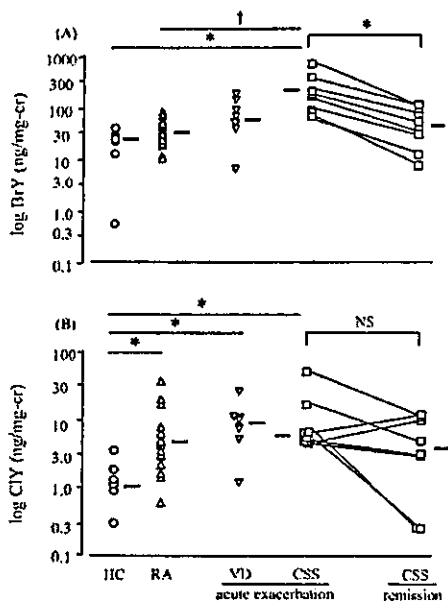


FIG 2. Urinary BrY (A) and CIY (B) concentrations in each group. Results are expressed as in Fig 1. * $P < .05$; † $P < .01$.

$P < .01$; for EDN, 2404.0 ng/mg-cr vs 151.7 ng/mg-cr; $P < .01$; for BrY, 182.6 ng/mg-cr vs 44.4 ng/mg-cr; $P < .05$). Only urinary LTE₄ concentration was significantly different between the patients with stable RA and the patients with VD during acute exacerbation (median, 79.3 pg/mg-cr vs 434.0 pg/mg-cr; $P < .01$). No correlation was found among these 5 urinary markers in any of the 4 groups.

DISCUSSION

Leukotriene E₄ has been identified as a major metabolite of LTC₄, and urinary LTE₄ concentration is now considered the most appropriate analytical parameter for monitoring the endogenous synthesis of cysLTs.³⁵ In this study, we demonstrated for the first time that urinary LTE₄ concentration was significantly higher in patients with CSS during acute exacerbation than in HC subjects, and significantly decreased during clinical remission. It is most interesting to note that the increased urinary LTE₄ concentration in patients with VD during acute exacerbation was observed despite relatively low EDN concentrations. Recent studies have demonstrated a close relationship between cysLTs and vascular events. Sjöström et al³⁶ demonstrated that microsomal glutathione S-transferase 2, a distant homologue of LTC₄ synthase, is a critical enzyme present in vascular walls for LTC₄ biosynthesis, originating from the transfer of LTA₄ from granulocytes to endothelial cells. In addition, an increased urinary LTE₄ concentration was observed in patients with ischemic heart diseases.³⁷⁻³⁹ Taking these findings together, transcellular biosynthesis among mononuclear cells and endothelial cells plays an important role in the cysLT overproduction in vasculitides.

Aspirin intolerance is also characterized by a cysLT overproduction profile.⁴⁰⁻⁴² In particular, the clinical features of CSS are quite similar to those of the aspirin intolerance phenotype—namely, bronchial asthma, eosinophilic sinusitis, and hypereosinophilia. We previously demonstrated that basal urinary LTE₄ concentration in patients with asthma is higher than that in HC subjects, and that basal urinary LTE₄ concentration in asthmatic patients with eosinophilic sinusitis is higher than that in asthmatic patients without eosinophilic sinusitis.⁴⁰ In addition, we preliminarily confirmed in this study that markedly high urinary LTE₄ concentrations (167.6, 188.3, and 199.0 pg/mg-cr) were observed in 3 patients with nonvasculitic eosinophil diseases (acute eosinophilic pneumonia, episodic eosinophilic angioedema, and bronchial asthma with hypereosinophilia). However, despite markedly high percentages of blood eosinophils (mean, 34.6%), the extents of increase in urinary LTE₄ concentrations in these 3 patients with nonvasculitic eosinophil diseases were relatively smaller than in patients with CSS. Thus, particularly in CSS, eosinophilic vasculitides may be involved in cysLT overproduction in addition to eosinophilic pneumonia and sinusitis. Transcellular biosynthesis among endothelial cells and LTC₄ synthase-positive cells, including eosinophils, plays a key role in the mechanism underlying cysLT production in CSS. The vicious cycle, in which cysLTs promote the progenitor effect of LTC₄-producing cells,⁴³ possibly contributes to the further increased production of cysLTs in patients with an acute exacerbation of vasculitides. At least, this study demonstrated that urinary LTE₄ concentration as a new biomarker determined by a non-invasive methodology possibly contributes to the early diagnosis of small-vessel vasculitides.

In this study, we determined the urinary concentrations of 2 halogenated oxidation products—that is, BrY and CIY. BrY is considered a candidate marker of eosinophil activation,^{13,32} CIY of neutrophil and monocyte activation. BrY and CIY concentrations in biological samples such as bronchoalveolar lavage fluid^{13,44} and sputum⁴⁵ have been determined. Thus, we hypothesized that the adaptation of this methodology is expected to identify oxidative tissue damage and the involvement of specific inflammatory cells in vasculitides and hypereosinophilia.^{46,47} In the patients with CSS, the urinary BrY concentration significantly increased during acute exacerbation and decreased during clinical remission. We previously demonstrated the significantly higher urinary BrY and CIY concentrations in patients with asthma than in the HC subjects.³² Similarly, 3 patients with nonvasculitic eosinophil diseases described previously also showed high urinary BrY concentrations (97.4, 122.9, and 62.0 ng/mg-cr). Thus, these findings suggest that the oxidative tissue damage caused by activated eosinophils is a pathophysiological characteristic of eosinophil-associated diseases such as bronchial asthma and CSS. In contrast, we also analyzed the time course of the concentrations of urinary tyrosine derivatives in 2 patients with severe anaphylactic shock. This additional analysis showed normal urinary tyrosine derivative concentrations despite

marked increases in urinary $9\alpha,11\beta$ PGF₂ and LTE₄ concentrations during severe anaphylactic shock, suggesting that the effect of activated mast cells on urinary tyrosine derivative concentration (data not shown) is negligible or limited. Moreover, these results strongly suggest that BrY and CIY are preferentially produced by activated eosinophils and neutrophils/monocytes, respectively. Interestingly, 2 deceased patients with VD showed the highest concentration of urinary BrY (145.6 and 196.2 ng/mg-cr), and 1 of them also had methotrexate-induced pneumonitis.⁴⁸ There is clear evidence linking eosinophils and methotrexate-induced lung injury. The blood and tissue eosinophilia are often found in patients with methotrexate-induced pneumonitis.⁴⁹ Considering that the patients with VD in our study are heterogeneous, further investigations of a large number of patients with VD are required to determine whether urinary BrY concentration may be a useful prognostic predictor of vasculitides and methotrexate-induced pneumonitis. There was no significant difference in urinary CIY concentration among the patients with RA, VD, and CSS, suggesting that urinary CIY concentration may be a less sensitive biochemical indicator of noneosinophilic oxidative tissue damage. Urinary BrY and CIY concentrations may not be directly associated with the pathogenesis of vasculitides. However, we must consider that the stable and major metabolites of BrY and CIY in urine have not yet been elucidated. Other candidate biomarkers for oxidative tissue damage in vasculitides may be total nitrite and nitrate (NO₂⁻ + NO₃⁻) concentration⁵⁰ and 3-nitro-4-hydroxyphenylacetic acid concentration⁵¹ in urine.

In conclusion, although urinary LTE₄ concentration failed to discriminate these 2 eosinophilic and noneosinophilic vasculitides, urinary LTE₄ concentration may be used as a sensitive biomarker for monitoring the pathophysiological events involved in vasculitides. These data suggest that cysLT pathways may be new therapeutic targets for small-vessel vasculitides. In addition, we demonstrated for the first time that oxidative tissue damage caused by activated eosinophils is a pathophysiological characteristic of eosinophil-associated allergic diseases such as bronchial asthma and CSS.

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Increase in urinary leukotriene B₄ glucuronide concentration in patients with aspirin-intolerant asthma after intravenous aspirin challenge

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Summary

Background Aspirin challenge of aspirin-intolerant asthma (AIA) patients causes a significant increase in leukotriene E₄ (LTE₄) concentration in urine. However, knowledge on leukotriene B₄ (LTB₄) generation in patients with AIA is insufficient. Recent research has demonstrated that exogenously administered LTB₄ is excreted as glucuronide into the urine in human healthy subjects.

Objective The purpose of this study is to estimate urinary LTB₄ glucuronide (LTBG) concentration in the clinically stable condition in healthy subjects and asthmatic patients and to investigate changes in urinary LTBG concentration in patients with AIA after aspirin challenge.

Methods A provocation test was performed by intravenous aspirin challenge. After urine was hydrolysed by β-glucuronidase, the fraction containing LTB₄ was purified by high-performance liquid chromatography and LTB₄ concentration was quantified by enzyme immunoassay. Urinary LTBG concentration was calculated as the difference between the concentration obtained with hydrolysis and that without hydrolysis.

Results (1) After hydrolysis, the presence of urinary LTB₄ was verified by gas chromatography-mass spectrometry-selected ion monitoring. (2) The urinary LTBG concentration was significantly higher in the asthmatic patients than in the healthy subjects (median, 5.37 pg/mg creatinine [range 1.2–13] vs. 3.32 pg/mg creatinine [range, 0.14–10.5], $P = 0.0159$). (3) The patients with AIA ($n = 7$), but not those with aspirin-tolerant asthma ($n = 6$), showed significant increases in LTBG and LTE₄ excretions after aspirin challenge. (4) When the concentrations after aspirin challenge were analysed simultaneously, a significant linear correlation was observed between urinary LTBG concentration and urinary LTE₄ concentration in patients with AIA (Spearman's rank correlation test, $r = 0.817$, $P = 0.0003$).

Conclusion LTBG is present in human urine, albeit at a concentration lower than urinary LTE₄. In addition to a marked increase in cysteinyl-leukotriene production, aspirin challenge induced LTB₄ production in AIA patients.

Keywords aspirin-intolerant asthma, leukotriene B₄ glucuronide, leukotriene B₄, leukotriene E₄
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Introduction

Aspirin and related non-steroidal anti-inflammatory drug ingestion precipitates severe bronchoconstriction in a subset of patients with bronchial asthma. This syndrome is referred to as aspirin-intolerant asthma (AIA). Because these drugs inhibit cyclooxygenase, an enzyme responsible for the formation of PGs and thromboxane, it has been assumed that cyclooxygenase has a pivotal role in the initiation of the intolerance reaction, and an abnormality in arachidonic acid metabolism may be responsible in the onset of the reaction [1]. However, the mechanism underlying the intolerance reaction remains unknown. AIA patients show an increased basal production of cysteinyl-leukotrienes (cys-LTs) even under a clinically stable condition, as evidenced by an increased excretion of leukotriene E₄ (LTE₄) into the urine

[2–6]. Following aspirin administration, the patients show a further increase in urinary LTE₄ excretion [2, 7, 8]. These findings suggest that cys-LTs play a considerable role in the pathogenesis of AIA [1, 9]. Based on studies in which eicosanoids and chemical mediators were measured in biological fluids, it is most plausible that mast cells, but not eosinophils, are activated in patients with AIA after aspirin challenge [10, 11]. However, it has been impossible to determine definitely the type of cell that generates leukotriene C₄ (LTC₄) in patients with AIA after aspirin challenge despite extensive investigation.

Leukotriene B₄ (LTB₄), which is a product of another branch of the LT pathway, is a chemotactic factor for eosinophils and neutrophils [12]. LTB₄ also stimulates the adhesion of neutrophils to endothelial cells and causes degranulation and superoxide anion generation in neutrophils [13]. *In vivo* LTC₄ production has been estimated by measuring urinary LTE₄ concentration. On the other hand, the method of estimating LTB₄ production has not been established yet, because an easily accessible metabolite has

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not been identified in spite of extensive studies [14]. A recent study has demonstrated that LTB₄ glucuronide (LTBG) and 20-carboxy-LTB₄ appear in the urine after an intravenous injection of a relatively large dose of LTB₄ and that these compounds may be used as a marker for the whole-body production of LTB₄ [15, 16]. To date, there have been no studies of the measurement of these compounds in urine from humans who did not receive exogenous LTB₄. The purpose of this study was to establish a method of LTBG quantification and to measure urinary LTBG concentration in order to assess *in vivo* LTB₄ production in humans. In addition, we have measured urinary LTBG concentration after aspirin challenge in AIA patients in order to better understand the relationship between arachidonic acid metabolism and the pathogenesis of AIA.

Materials and methods

Measurement of urinary LTBG concentration

Siliconized glass tubes, polypropylene tubes and polypropylene pipettes were used throughout the study. Two urine aliquots were withdrawn from the stored urine samples, which had been collected during visits to the hospital in the morning (between 9:00 and 12:00 hours). One urine aliquot (1 mL) was subjected to enzymatic hydrolysis and the other urine aliquot (1 mL) was used for the quantification of intact urinary LTB₄ without hydrolysis. Each urine sample was loaded on an LC18 column (Supelco, Bellefonte, PA, USA). The column was washed with distilled water, and LTB₄ and its glucuronide were eluted with 3 mL of methanol. The methanol extract was concentrated under reduced pressure and dissolved in 1 mL of 0.1 M phosphate buffer (pH 7.0). The solution was incubated with 200 U of β -glucuronidase (G7646, Sigma, St Louis, MO, USA) at 37 °C overnight. After extraction using an Empore C18 disk cartridge (3M, St Paul, MN, USA), LTB₄ was purified by high-performance liquid chromatography (HPLC). HPLC was performed on a NOVA-PAK C18 column (Waters, Milford, MA, USA) with a solvent mixture of methanol-distilled water-acetic acid (65:35:0.1, v/v/v) containing 0.1% EDTA (pH adjusted to 5.4 with ammonium hydroxide) at a flow rate of 1.0 mL/min at 37 °C [17]. LTB₄ and LTE₄ were eluted at 10.1 and 11.1 min, respectively, and two distinct peaks were obtained. The fraction with a retention time corresponding to that of LTB₄ was collected and LTB₄ was recovered from eluates with Empore C18 disk cartridge. The method using Empore C18 disk cartridge is rapid, yields reproducible results. LTB₄ concentration was determined by enzyme immunoassay (Cayman Chemical, Ann Arbor, MI, USA). The value obtained for the sample treated with β -glucuronidase was subtracted from the amount of LTB₄ to obtain the amount of LTBG. The concentrations were expressed as picogram per milligram of creatinine.

LTB₄ identification by gas chromatography-mass spectrometry-selected ion monitoring (GC-MS-SIM)

LTB₄ was converted to its pentafluorobenzyl ester di-trimethylsilyl ether derivative as reported previously [18].

When the derivative was analysed by GC-MS in the negative-ion chemical ionization mode using methane as reagent gas, the mass spectrum of the derivative revealed two prominent ions. The ion at *m/z* 479 was formed as a base ion following the elimination of the pentafluorobenzyl fragment from the molecular ion, and this ion further fragmented to the ion at *m/z* 389 following the loss of the trimethylsilyl alcohol fragment. Due to thermal rearrangement, the retention time of the ion at *m/z* 389 was slightly longer than that at *m/z* 479 [18]. The mass spectrum was measured using Shimadzu GC-MS QP2010 (Kyoto, Japan) equipped with an SPD-5 capillary column (15 m, 0.25 mm internal diameter, 0.25 μ m film thickness; Supelco). The ion source and interface temperatures were set at 250 °C. The initial column temperature was maintained at 150 °C for 2 min and then increased to 300 °C at 10 °C/min. The retention time of the derivative was about 9.6 min under these conditions.

Measurement of recovery rates of LTB₄

When we measured the recovery rates of LTB₄ using a ³H-labelled compound, radioactivity remained even when the ³H-labelled compound was decomposed after purification by chromatography, as long as the ³H label remained intact. That is, radioactivity would not identify the ³H-labelled compound itself and it is impossible to measure the correct recovery rates of LTB. Therefore, we used the following method of measuring recovery rate. (1) We added 10 pmol each of deuterium-labelled LTB₄ (d4-LTB₄, Cayman Chemical) and LTB₄ to the urine. We then extracted them with ethyl acetate at pH 1.0 and converted them to pentafluorobenzyl di-trimethylsilyl ether derivatives. The peak areas of the derivatives were measured by GC-MS-NCI at *m/z* 479 and at *m/z* 483, which corresponded to fragment ions derived from LTB₄ and d4-LTB₄, respectively. We assumed that the ratio of the peak area of *m/z* 483 to that of *m/z* 479 is *A*. (2) We added 10 pmol of LTB₄ to the urine, which was then purified using all the methods, and after the purification, 10 pmol of d4-LTB₄ was added. We measured the ratio of the peak area of *m/z* 483 to that for *m/z* 479 of the urine sample, and assumed that if the ratio of the peak area of *m/z* 483 to that for *m/z* 479 is *B*, we could calculate the recovery rate (%) as $B \times 100/A$.

Characteristics of subjects

The study group consisted of 18 bronchial asthmatic patients (seven females, 11 males), which excluded AIA patients, and 18 healthy subjects (11 females, seven males). The mean ages were 52.8 ± 15.6 years for the asthmatic patients and 48.1 ± 13.6 years for the healthy subjects. The asthmatic patients were classified into 13 atopic and five non-atopic. All the asthmatic patients were in a clinically stable condition. None of the asthmatic patients were receiving systemic corticosteroids or a 5-lipoxygenase inhibitor, and 17 out of the 18 asthmatic patients were using inhalation steroids (median, 800 μ g equivalent to BDP/day; range, 400–2400 μ g). Asthma severity was classified as follows: mild persistent asthma in three patients, moderate persistent asthma in nine patients, and severe persistent asthma in six patients.