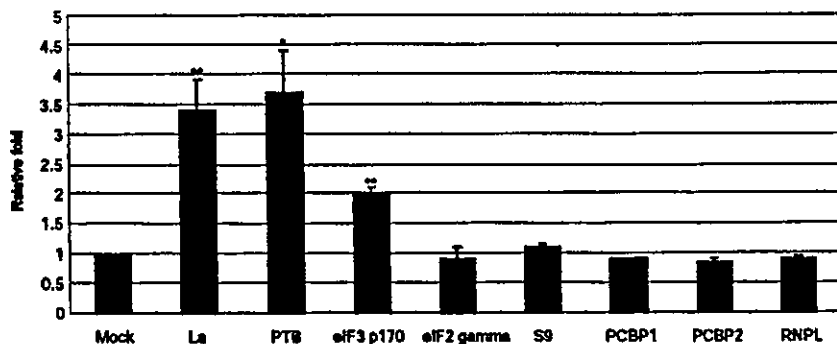
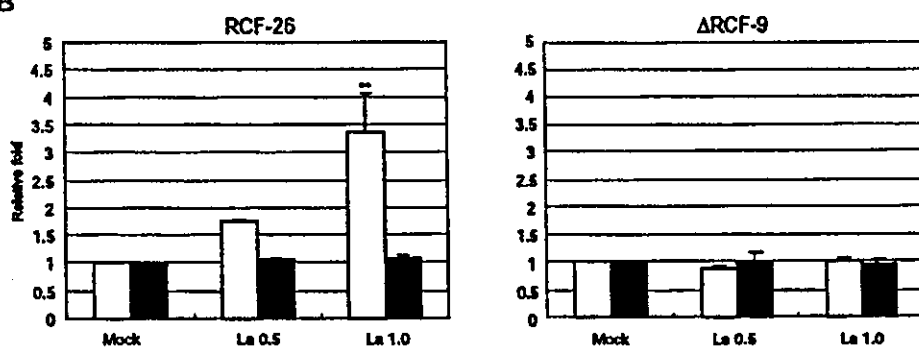


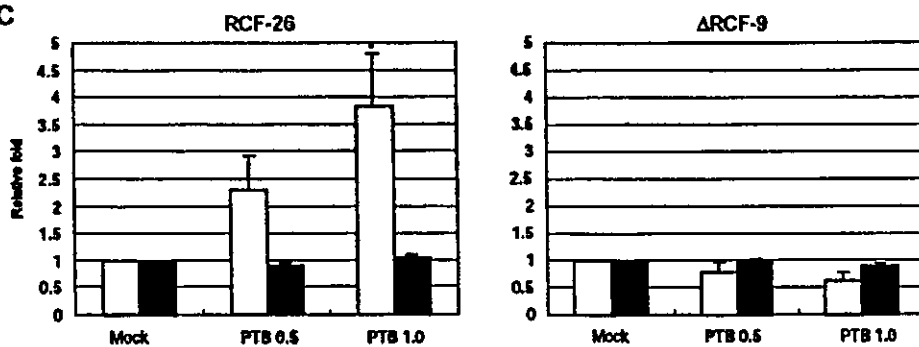
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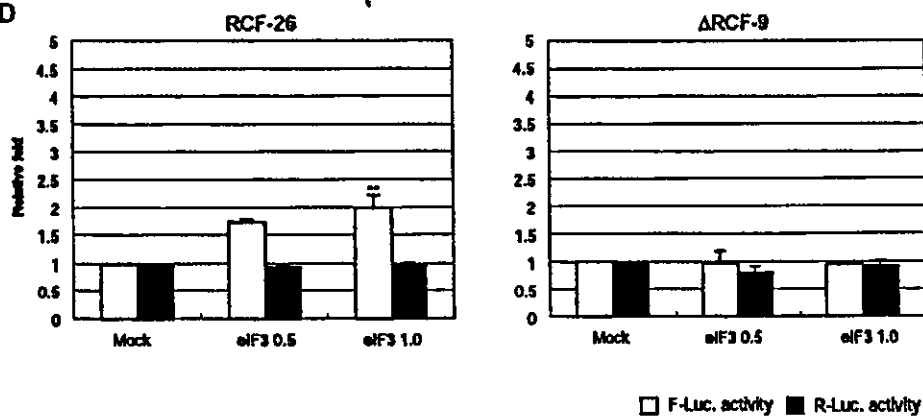


Figure 8. (A) Overexpression of HCV IRES-related canonical and noncanonical initiation factors (La protein, PTB, eIF3 [p170], eIF2 γ , RNPL, PCBP-1, PCBP-2, and ribosomal protein S9) in RCF-26 and HCV IRES activity. (B) Dose-dependent overexpression of La protein, PTB, and eIF3 p170 in RCF-26 and ΔRCF-9. **P* < .05; ***P* < .01.

□ F-Luc. activity ■ R-Luc. activity

Table 3. Expression of La Protein, PTB, and eIF3 (p170) in Liver Detected by RTD-PCR

Diagnosis	n	Age (y)	Sex (M:F)	ALT (IU/L)	Serological HCV	La ($\times 10^6$ copies/ μ g)	PTB-1 ($\times 10^6$ copies/ μ g)	eIF3 (p170) ($\times 10^6$ copies/ μ g)
					type (group 1:group 2)			
Normal	8	64.5 \pm 4.10	5:3	17.0 \pm 9.86	ND	1.08 \pm 0.11	1.34 \pm 0.15	3.32 \pm 0.46
Chronic hepatitis C	26	62.8 \pm 2.27	20:6	67.7 \pm 10.2 ^a	21:3 ^b	2.75 \pm 0.26 ^c	1.40 \pm 0.14	2.21 \pm 0.31

ALT, alanine aminotransferase; ND, not done.

^aP < .05.

^bTwo patients were unclassified.

^cP < .01.

Discussion

Although extensive studies have examined the molecular biology of HCV, the responsible host factors that regulate HCV replication in patients with chronic hepatitis C have not yet been elucidated. Patients with a high viral load are refractory to interferon therapy, even when it is combined with ribavirin.³⁻⁶ Recent advances in the HCV replicon system have shown some adaptive mutations in the HCV genome (NS5A or NS3) for efficient replication or cellular factors that inhibit HCV replication, such as protein kinase R and interferon-regulatory protein 1.⁴⁰ However, there has been no clear evidence that these factors are truly determinant of HCV replication in patients with chronic hepatitis C. The identification of host factors that regulate HCV replication in vivo should show the underlying mechanism of high viral load in patients with chronic hepatitis C. Moreover, it could provide a basis for the development of a new antiviral treatment strategy.

The translation of viral polyprotein is an important step in viral replication and could thus present a target for a novel antiviral therapy. Translation of the HCV RNA genome is initiated by a highly structured RNA segment, the IRES, that occupies most of the 5'-NTR RNA.⁷⁻¹⁵ We showed that HCV IRES activity varies during different phases of the cell cycle: it is highest during the S and M phases and lowest during the G₀ phase of the cell cycle.²² These findings have important clinical relevance because viral translation might be enhanced by factors that stimulate the regeneration of hepatocytes in patients with chronic hepatitis C. We investigated the molecular basis of these findings and found host factors that regulate HCV IRES.

The expression of La protein, PTB, eIF3, and eIF2 γ was repressed in confluent and serum-starved cells, but eIF3 and eIF2 γ were reduced in confluent or serum-starved cells. Analysis of cell-cycle progression more precisely showed the interaction of these initiation factors with the cell cycle-dependent regulation of HCV IRES activity. Most of the HCV IRES-related canonical and noncanonical initiation factors (PCBP-2, PTB, eIF3,

eIF2 γ , eIF2 β , La protein, and RNLPL) were induced during the S and G₂/M phases of the cell cycle. Conversely, eIF4A, eIF4B, and PABPC-1, which are not supposed to be a requirement for HCV IRES activity,^{33,39} were induced during G₁. In cells, because protein translation takes place immediately in the presence of mRNA, dynamism of expression profiles might directly link to HCV IRES activity, although some protein levels were also regulated by the posttranslational modification. The finding that HCV uses host factors induced during cell division (S and G₂/M), but not during quiescence (G₀/G₁), is of interest. In this respect, HCV IRES-directed translation differed from either cap-dependent or IRES-directed translation by encephalomyocarditis virus and the picornavirus-like group. Reports indicate that eIF4B and PABPC-1 are required for encephalomyocarditis virus and poliovirus, but not for HCV translation.³⁹ G₁ induction of the ribosomal protein S9, which supposedly binds the secondary structure of HCV IRES,⁷ seems controversial. To further investigate these findings, we evaluated the functional roles of these factors in HCV IRES activity. Among the canonical and noncanonical HCV IRES-related initiation factors, the suppression of PTB, La protein, and eIF2 γ by using antisense oligos reduced HCV IRES activity, and the overexpression of PTB, La, and eIF3 stimulated HCV IRES activity. The La protein and PTB changed HCV IRES activity in both the suppressed and overexpressed states. However, neither suppression nor overexpression of ribosomal protein S9 affected HCV IRES activity. Thus, this study could

Table 4. Histological Findings and La Protein Expression

Histology	n	La ($\times 10^6$ copies/ μ g)
F1	2	1.98 \pm 0.03
F2	6	3.31 \pm 0.80
F3	7	3.04 \pm 0.48
F4	11	2.40 \pm 0.30
A1	10	2.72 \pm 0.52
A2	15	2.82 \pm 0.30
A3	1	1.86

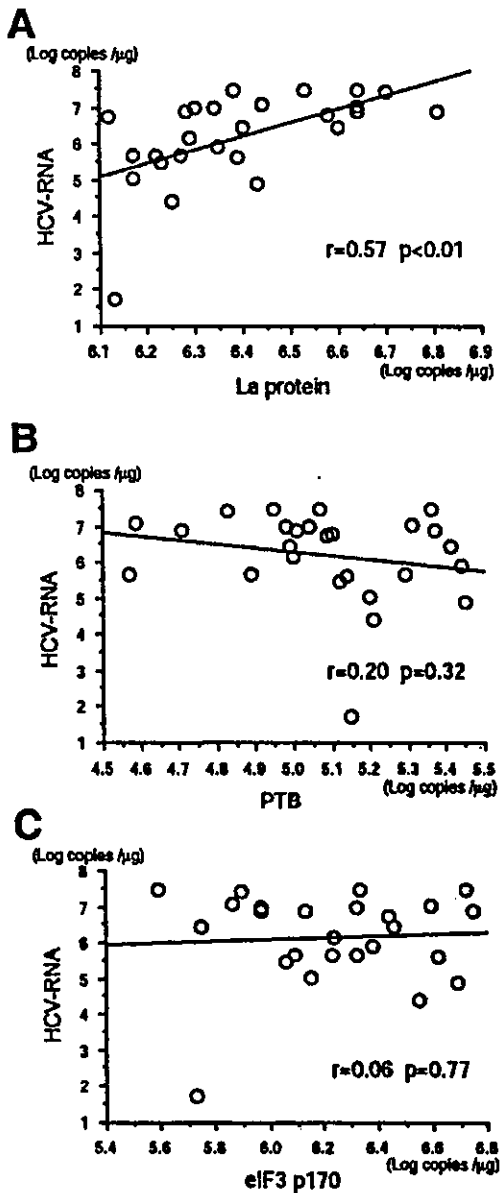


Figure 9. Correlation of La protein (A), PTB (B), and eIF3 p170 (C) with the amount of HCV RNA in tissue lesions of chronic hepatitis C.

not identify the functional significance of ribosomal protein S9 for HCV IRES activity.

The definition of these initiation factors has very important clinical relevance to HCV replication. We therefore investigated the expression of La protein, PTB, and eIF3 in tissue lesions from patients with chronic hepatitis C. Expression of La protein was significantly increased in the liver of patients, whereas that of PTB and eIF3 did not significantly increase. Neither histological activity nor stage was associated, but the amount of liver HCV RNA was significantly correlated with the level of La protein expression. Patients that expressed high levels of

La protein in the liver were infected with more HCV (Figure 10). Thus, La protein plays an important role in HCV replication in livers of patients with chronic hepatitis C. Two possible mechanisms might explain the induction of La protein in the livers of chronic hepatitis C patients. First, significant proportions of cells undergo division during hepatocyte regeneration, and the proportion of cells in M phase that lead to the induction of the La protein increases. Second, HCV induces La protein. Because the expression of PTB and eIF3 was not significantly induced in the tissue lesions of chronic hepatitis C patients in this study, there must be unknown mechanisms by which HCV infection induces La protein. Our preliminary results showed that HCV proteins increased La protein in Huh-7 cells (data not shown). Further analysis is needed to show the interaction between La protein induction and HCV replication in chronic hepatitis C.

In conclusion, we discovered host factors that regulate HCV translation and replication in the liver. The implication of these findings with regard to the HCV life cycle is shown in Figure 11. Hepatitis and the resulting increased regeneration of hepatocytes increase IRES activity and enhance HCV replication. This may be an important mechanism by which HCV maintains its viral load under host defense immune pressure. These findings shed new light on the mechanism of HCV replication and could be the basis for developing a novel antiviral therapy. Although La protein and PTB have been shown to be involved in the cell-cycle regulation of HCV IRES activity, many other host factors might also be involved. We are extending these analyses to other initiation factors and investigating the functional role on HCV IRES activity and replication of HCV.

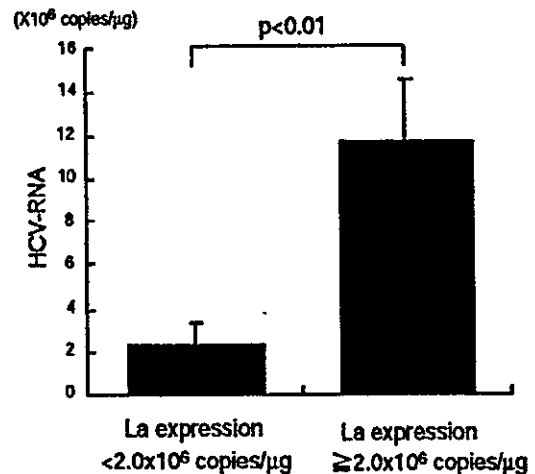


Figure 10. La protein expression and HCV RNA in liver.

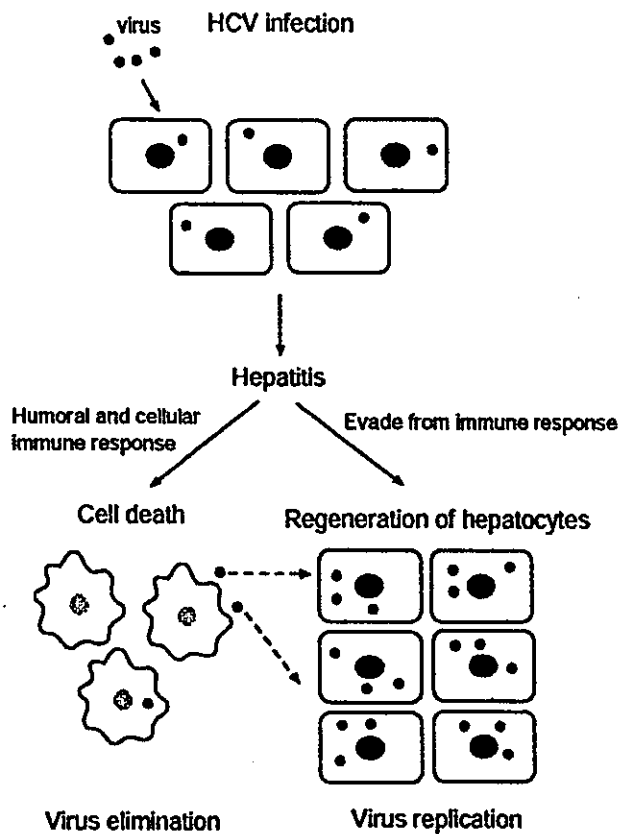


Figure 11. Hepatitis and HCV life cycle.

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 Address requests for reprints to: Shulchi Kaneko, MD, PhD, Department of Gastroenterology, Graduate School of Medicine, Kanazawa University, Takara-Machi 13-1, Kanazawa, 920-8641, Japan. e-mail: skaneko@medf.m.kanazawa-u.ac.jp; fax: (81) 76-234-4250.
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Genome-wide transcriptome mapping analysis identifies organ-specific gene expression patterns along human chromosomes

Taro Yamashita^a, Masao Honda^a, Hajime Takatori^a, Ryuhei Nishino^a,
Nobuaki Hoshino^b, Shuichi Kaneko^{a,*}

^aDepartment of Cancer Gene Regulation, Kanazawa University Graduate School of Medical Science, 13-1 Takara-Machi, Kanazawa 920-8641, Japan

^bFaculty of Economics, Kanazawa University, Kakuma-Machi, Kanazawa 920-1192, Japan

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Abstract

The Human Genome Project has revealed that there about 32,000 protein-encoding genes, which are distributed throughout the genome. It is unclear, however, whether genes are distributed on the chromosomes according to patterns linked to organ specificity. To explore the relationship between genes actively transcribed in normal tissues and their chromosomal locations, we analyzed serial analysis of gene expression libraries of normal human liver, brain, breast, and colon tissues. Transcriptome mapping analysis revealed that transcriptional activity in each tissue varied according to the chromosomal domains, and a weak positive correlation was observed between transcription density and gene density. We identified six liver-related and five colon-related chromosomal domains highly transcribed in each tissue, whereas no brain-related or breast-related chromosomal domains were identified. Representative genes located on these chromosomal domains were associated with the function of each organ and were highly conserved in both mouse and rat genomes. These data revealed that the transcriptional activities of normal human tissues are well orchestrated at chromosomal levels, suggesting that highly expressed genes may share physical proximity.

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Keywords: Genomics; Gene expression profiling; Serial analysis of gene expression; Transcriptome mapping; Organ-related chromosomal domain

Introduction

Analysis of the human genome has shown that there are about 32,000 protein-coding genes distributed throughout the 46 chromosomes. Previous work, however, indicated that the highly expressed genes in all human tissues are clustered in several chromosomal domains [1]. In the nematode *Caenorhabditis elegans*, genes expressed in the muscle are clustered in small groups along the chromosomes [2], suggesting a relationship between muscle-specific functionality and chromosomal domains actively transcribed in *C. elegans*. Another report revealed that groups of adjacent genes were coregulated in the fly

Drosophila melanogaster, suggesting that coregulated genes also share physical proximity in *D. melanogaster* [3]. Furthermore, a comparative analysis of the genomes of *D. melanogaster*, *C. elegans*, and *Saccharomyces cerevisiae* revealed the existence of a “core proteome” highly conserved in yeast, worm, and fly [4], suggesting the heredity of fundamental genomic or proteomic organization associated with the cellular processes or functions commonly observed in all eukaryotes. From these reports, we postulated a hypothesis that the distribution of genes along human chromosomes may exhibit a higher level of organization, which may be linked to organ-specific functionality and conserved in mammals.

To explore the relationship between genes actively transcribed in normal human tissues and chromosomal domains, we analyzed serial analysis of gene expression (SAGE) libraries derived from normal human liver, brain,

* Corresponding author. Fax: +81 76 234 4250.

E-mail address: skaneko@medf.m.kanazawa-u.ac.jp (S. Kaneko).

breast, and colon tissues with human genome sequence information. We observed organ-specific gene expression patterns along the chromosomes in each tissue, identifying six liver-related chromosomal domains and five colon-related chromosomal domains. We found that transcriptional activity in normal human tissues is well orchestrated at the chromosomal level, suggesting that most of the highly expressed genes in each organ might be clustered. We further observed that representative genes located on these chromosomal domains were associated with organ-specific function, and the genes were also clustered on the *Rattus norvegicus* and *Mus musculus* genomes. These findings may be the results of binding of specific transcription factors onto specific chromosomal domains in each tissue or of chromosome rearrangements during mammalian evolution.

Results

Organ-specific gene expression patterns along the chromosome

An outline of the construction of the transcriptome map is shown in Fig. 1. We assigned 27,402 NCBI RefSeq genes (build 31) to 17,193 Locus ID clusters. All SAGE tags detected could be assigned to a total of 55,612 reliable UniGene clusters using the SAGEmap reliable tag-to-gene mapping table (<http://www.sagenet.org/SAGEDatabases/>

unigene.htm). All SAGE tags assigned were related to the Locus ID clusters by UniGene ID, and the origins of the start sites in all genes were mapped to the SAGE tag.

When we investigated the correlation between the number of genes and the number of transcripts in each chromosome using a 5-Mb window moving along the chromosome at 1-Mb intervals, we found that Pearson's correlation coefficients ranged from 0.119 to 0.869 in the liver, 0.107 to 0.838 in the brain, 0.314 to 0.791 in the breast, 0.206 to 0.872 in the colon, and 0.304 to 0.883 in the reference library (Table 1). These data suggested that the transcriptional activity in each tissue varied and was not in accordance with the number of genes encoded by each chromosome. The strongest positive correlations, however, were observed in the reference libraries, indicating that gene expression levels in total tissues could be relatively correlated with the number of genes per chromosome.

To investigate the transcription density along the human chromosomes using digital gene expression data, we calculated transcription density factor (TDF), which would be well correlated with the abundance of transcripts and adjusted by gene density in each chromosomal domain, as described under Materials and methods. When we calculated the gene density and TDF in each tissue on whole chromosomal domains, we found that gene expression levels fluctuated along the chromosome, with most genes in most chromosomal domains expressed at a range of $0.5 < \text{TDF} < 1.5$ in each tissue (representative transcriptome maps are shown in Fig. 2). Gene expression patterns in each of

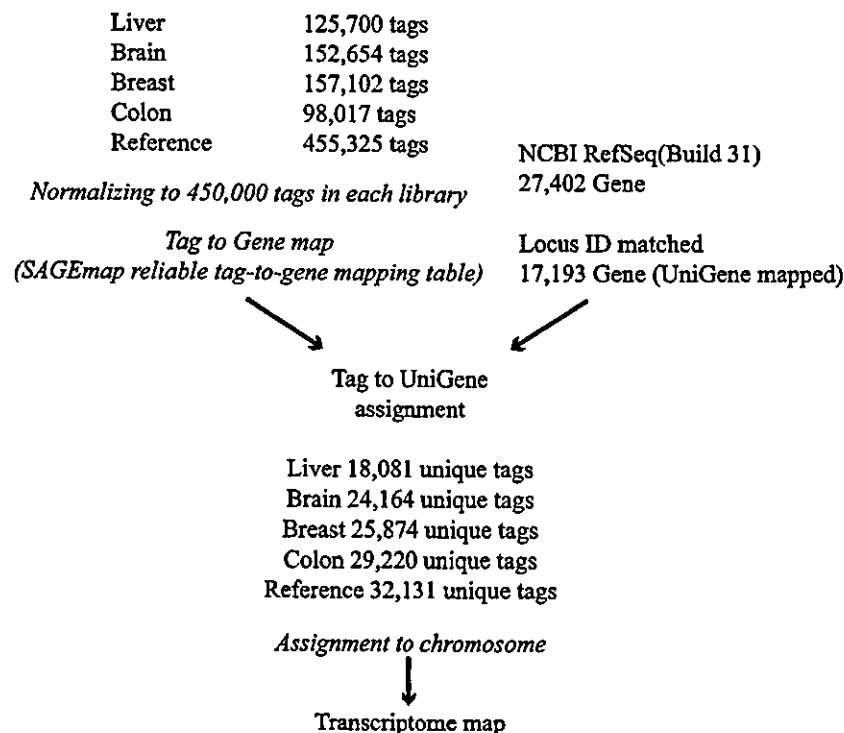


Fig. 1. Schematic outline of transcriptome map construction. All detected SAGE tags were assigned to a total of 55,612 reliable UniGene clusters and related to the Locus ID clusters by UniGene ID. Location of the SAGE tags on the chromosome was coordinated with physical distance information.

Table 1
Correlation between the number of transcripts and the number of genes in each chromosome

Chromosome	Liver	Brain	Breast	Colon	Reference
1	0.483	0.674	0.640	0.537	0.703
2	0.491	0.739	0.642	0.670	0.675
3	0.517	0.672	0.594	0.538	0.739
4	0.404	0.470	0.512	0.391	0.512
5	0.869	0.785	0.669	0.721	0.883
6	0.720	0.838	0.709	0.805	0.856
7	0.638	0.686	0.568	0.699	0.670
8	0.324	0.386	0.314	0.335	0.364
9	0.355	0.776	0.555	0.705	0.515
10	0.448	0.498	0.322	0.441	0.304
11	0.224	0.801	0.544	0.556	0.778
12	0.397	0.632	0.711	0.616	0.730
13	0.281	0.398	0.478	0.311	0.459
14	0.354	0.573	0.378	0.431	0.651
15	0.119	0.284	0.345	0.206	0.339
16	0.520	0.719	0.500	0.588	0.666
17	0.410	0.550	0.791	0.670	0.634
18	0.211	0.107	0.453	0.359	0.364
19	0.587	0.701	0.555	0.610	0.700
20	0.570	0.769	0.701	0.673	0.709
21	0.766	0.627	0.547	0.872	0.744
22	0.429	0.563	0.680	0.445	0.593
X	0.653	0.786	0.747	0.705	0.758
Average	0.468	0.610	0.563	0.560	0.624

these chromosomal domains were tissue specific, indicating the existence of distinct, organ-specific gene expression patterns along the chromosomes.

Identification of organ-related chromosomal domains

To determine whether each tissue type had distinct gene expression patterns along the chromosomes, we mathematically classified the chromosomal domains by TDF. For each tissue type, we determined if the TDF in a given SAGE library exceeded 1.8 and if the TDF in the other libraries was less than 1.0. The chromosomal domains identified by these criteria fulfilled the condition that gene expression levels in the given tissue were increased more than 6-fold compared with those of other tissues and that gene expression levels in the other tissues did not exceed the 2.7-fold of the reference levels. To diminish the effect of a gene highly expressed in a chromosomal domain of low gene density on a TDF score, we selected chromosomal domains more than 3 Mb long, containing more than two genes in a window of 1 Mb, with TDF >1.8 consecutively.

Using these criteria, we first compared the gene expression patterns of the liver. Using SAGE libraries derived from normal liver and a mixture of five normal livers, we investigated whether there were individual variations in hepatic gene expression patterns along the chromosome. The TDF derived from the normal liver SAGE library could be correlated with the TDF derived from the mixture of five normal liver SAGE libraries, with Pearson's correlation coefficient ranging from 0.618 to 0.960. In

addition, the difference between the TDF in the normal liver library and that in the pooled liver library never exceeded 1.8 on all chromosomal domains (data not shown), indicating that there were no individual differences of more than sixfold along the chromosome. These data also suggested that the criteria used here could enable us to disregard the individual variations in gene expression patterns and could be useful for identifying chromosomal domains actively transcribed in each tissue type.

We investigated whether highly expressed genes clustered along the chromosome in each tissue and applied the criteria to the mapping data of the liver, brain, breast, and colon SAGE libraries. After filtering transcriptome mapping data of the liver, we found that genes highly expressed in the liver were clustered in six chromosomal domains, compared with the brain, breast, and colon libraries. Similarly, we identified five colon-related chromosomal domains, but no brain-related or breast-related chromosomal domains.

To rule out the possibility of chance observation of high variance in the selected domains, we performed a permutation test as described under Materials and methods. The identified liver-related chromosomal domains and colon-related chromosomal domains were fully significant (liver-related chromosomal domains $p < 0.0001$, colon-related chromosomal domains $p < 0.0001$), revealing the statistical validity of our criteria.

Representative transcriptome mapping data and chromosomal domains are shown in Fig. 2 (chromosomes 1 and 6). Cytogenetically, we found liver-related chromosomal domains at 1q23–q25, 4q21–q24, 6p12.1, 11q23–q24, 17q11, and 18q12; we found colon-related chromosomal domains at 2p21, 3q23, 8q21, 12q15, and 21q22.

The numbers of SAGE tags distributed in each organ-related chromosomal domain are shown in Table 2. In liver-related chromosomal domains, the average gene expression levels in the liver were increased 18.1-, 22.2-, and 22.5-fold compared with levels in the brain, breast, and colon, respectively. In colon-related chromosomal domains, the average gene expression levels in the colon were increased 15.0-, 13.3-, and 8.0-fold compared with levels in the liver, brain, and breast, respectively.

Conservation of the organ-related chromosomal domains in human and rodent genomes

To examine whether organ-related chromosomal domains were preserved in other mammalian genomes, we investigated the possible homologous genes and their locations on the *R. norvegicus* and *M. musculus* genomes using the HomoloGene database. Of 412 human genes comprising 11 organ-related chromosomal domains, we identified 213 rat homologous genes (51.7%) and 230 mouse homologous genes (55.8%). Almost all of the homologous genes on human chromosomes 1q23–q25, 2p21, 3q23, 4q21–q24, 11q23, 12q15, 17q11, 18q12.1, and Xq21.3–q22 were located on the same chromosomal

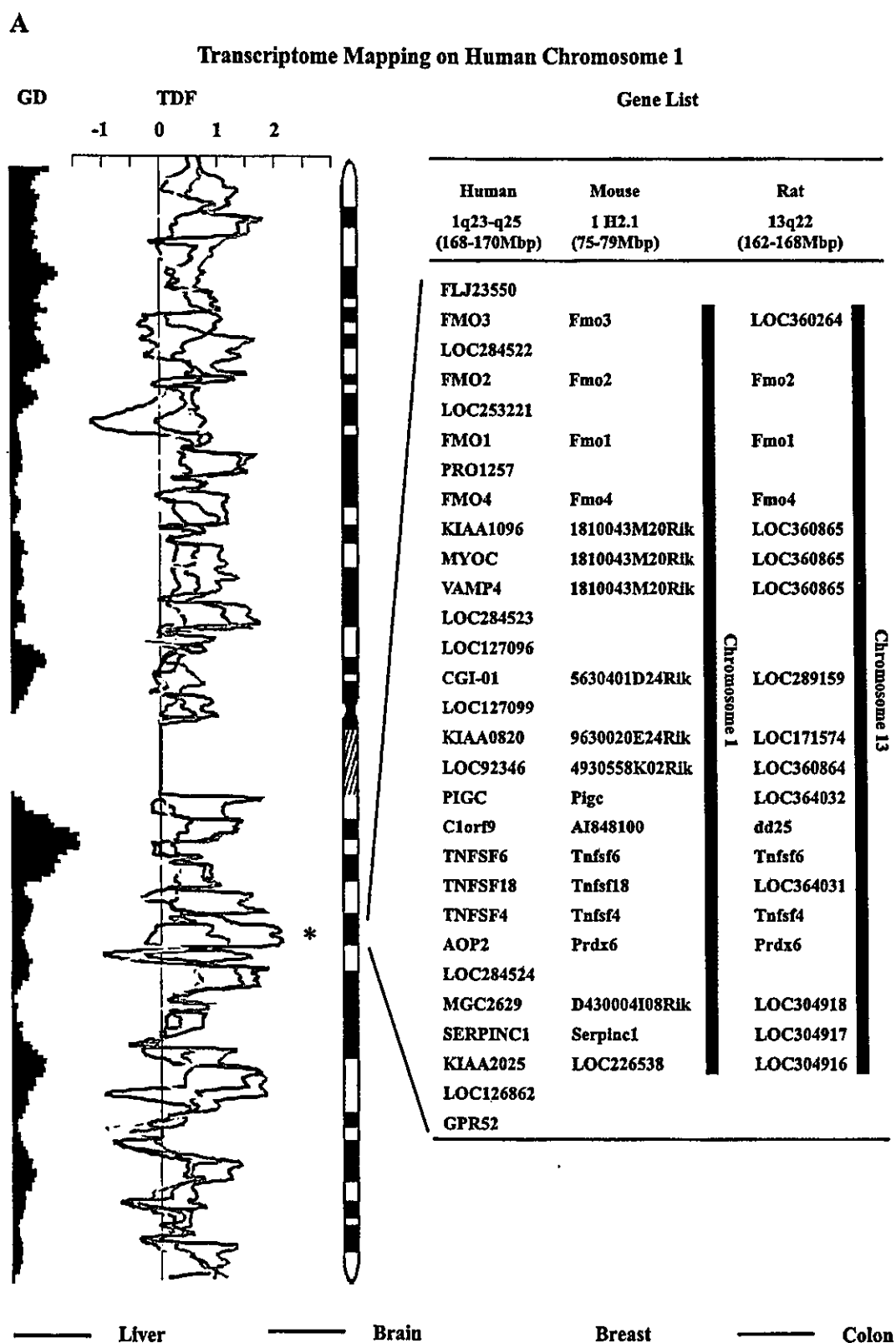


Fig. 2. Representative transcriptome map analysis of liver, brain, breast, and colon SAGE libraries. Differential expression patterns were observed in each tissue along the chromosome, and asterisks indicate the organ-related chromosomal domain. The genes located on the organ-related chromosomal domain in human are shown. Their possible homologous genes on mouse and rat genome are also shown.

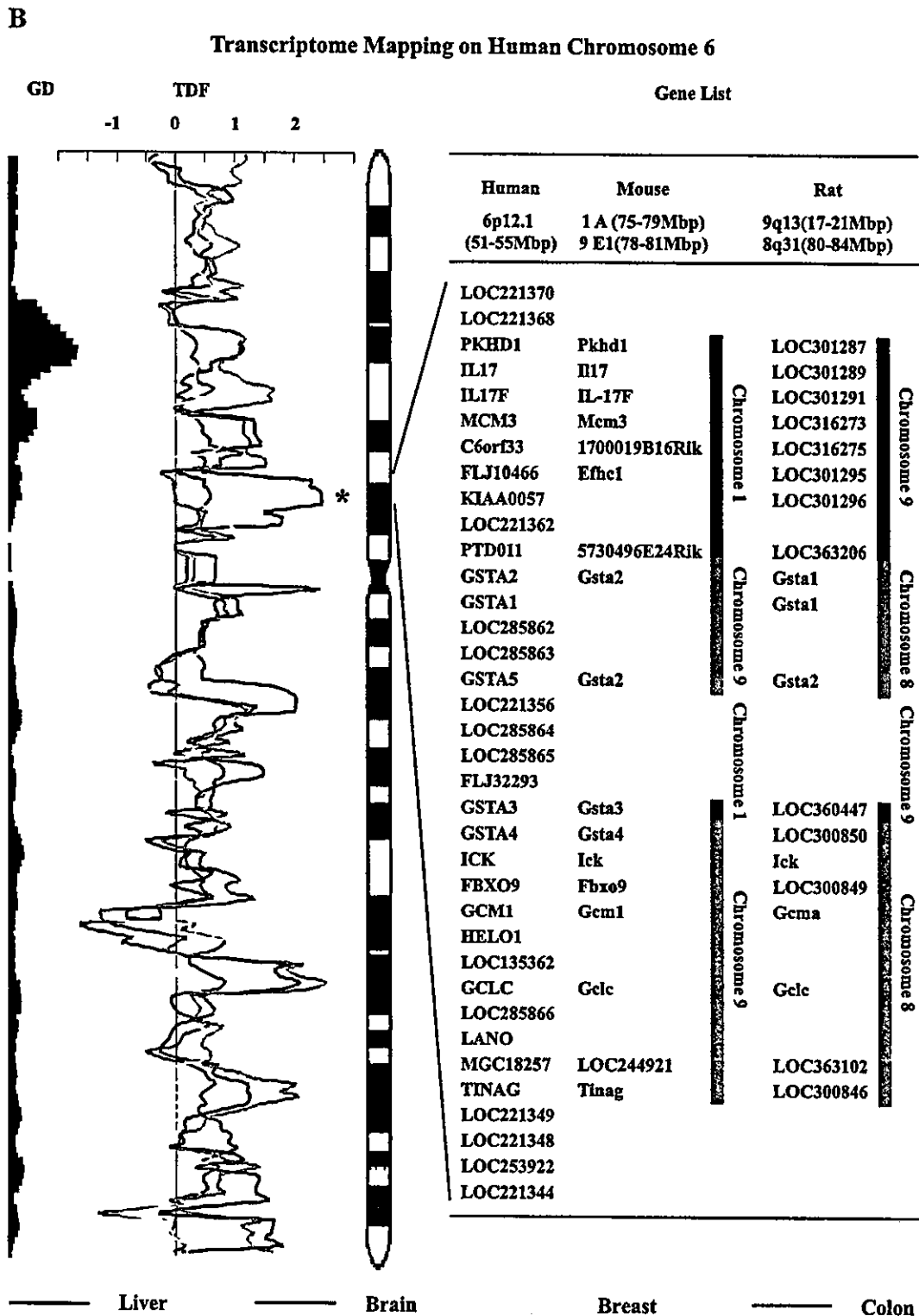


Fig. 2 (continued).

domains of the mouse and rat genomes (representative data of human 1q23–q25, mouse 1H2.1, and rat 13q22 are shown in Fig. 2). However, genes on chromosomes 6p12.1 and 21q22 were located on two different chromosomal domains of the rat and mouse genomes (representative data of human 6p12.1, mouse 1A and 9E1, and rat 9q13 and

8q31 are shown in Fig. 2). Interestingly, more than half of these chromosomal domains (1q23–q25, 4q21–q24, 6p12.1, 11q23, 18q12.1, and 21q22) contained multigene families. These data revealed that most of organ-related chromosomal domains identified here are conserved in the human and rodent genomes, which might have originated from chro-

Table 2
Cytogenetic loci of gene clusters highly expressed in each organ

Cytogenetic locus	Liver	Brain	Breast	Colon	Reference
<i>Liver-related chromosomal domains</i>					
1q23–q25	1,326	140	169	326	370
4q21–q25	2,104	132	139	129	352
6p12.1	983	189	166	84	210
11q23.1–q23.2	30,168	932	840	804	3552
17q11	3,329	777	445	385	778
18q12.1	1,752	26	26	28	168
Total	39,662	2196	1785	1756	5430
<i>Colon-related chromosomal domains</i>					
2p21	40	72	127	411	154
3q22–q23	59	55	86	406	116
8q13–q22.1	62	32	49	531	139
12q14.1–q21.1	35	37	53	510	132
21q22.3	25	52	100	1447	265
Total	221	248	415	3305	806

mosomal rearrangement and/or gene duplication during mammalian evolution (supplementary figure of all transcriptome mapping data and the gene list are available on our home page: <http://www.intmedkanazawa.jp/>).

Analysis of gene function on organ-related chromosomal domains

We investigated the functions of genes clustered on organ-related chromosomal domains using the Gene Ontology database (<http://www.geneontology.org/>). We could retrieve the information for 227 of 412 clustered genes from the Gene Ontology database, and 150 of these were annotated by molecular function. Interestingly, 74 of 150 genes were associated with metabolic enzymes, revealing that about half of the genes clustered on organ-related chromosomal domains are those encoding metabolic enzymes, suggesting the close relation of the chromosomal domains and some metabolic processes.

We searched the downstream targets of the genes on the organ-related chromosomal domains using PathwayAssist software and investigated the common targets and functions of the genes on the chromosomal domains. As shown in Table 3, 10 of 11 organ-related chromosomal domains consisted of genes associated with common metabolic or functional pathways, whereas no common targets were detected on chromosome 12q15 (colon-related chromosomal domain). Apparently, gene families associated with metabolism are clustered in liver-related chromosomal domains, such as 6p12.1 with xenobiotic metabolism, 4q21–q24 with alcohol and aldehyde metabolism, and 11q23–q24 with lipid metabolism. On the other hand, genes associated with transporters and apoptosis were clustered in colon-related chromosomal domains, such as 8q21 with anion transporter and 21q22 with apoptosis and cell proliferation. These data suggested that the genes clustered on organ-related chromosomal domains might be associated with the organ-specific functionality.

Discussion

The release of the sequence of the entire human genome and the development of advanced gene expression profiling technologies have focused interest on understanding the relationship between gene expression and chromosomal organization in complex systems. The genome is not simply a patchwork of genes but forms complex structures. The presence of chromosomal regions enriched in gene families has been demonstrated for several gene clusters. For example, the major histocompatibility complex is located on chromosome 6p21 [5], and the apolipoproteins are located on chromosome 11q23 [6]. It is not known, however, if genes abundantly expressed in each organ are distributed throughout the genome or clustered on various chromosomes. This question was addressed by assessing the chromosomal distribution of genes expressed in the brain and heart using EST collection databases [7,8]. Although these studies reported complex tissue-specific gene regulation patterns in the brain and heart, organ-specific gene expression patterns have not been compared simultaneously in several tissues. In addition, since EST databases are not generated according to the same methods by each distributor, comparison of the expression levels between organs may not be accurate. In this study, therefore, we utilized SAGE analysis to obtain unbiased gene expression data from hundreds of thousands of transcripts expressed in the normal human liver, brain, breast, and colon. Using genome-wide transcriptome maps for each organ, we identified six liver-related and five colon-related chromosomal domains. Thus, it seemed that organ-specific genes are accumulated on specific chromosomal domains for each organ.

Table 3
Functional annotation of the genes located on organ-related chromosomal domains

Cytogenetic locus	Function
<i>Liver-related chromosomal domains</i>	
1q23–q25	Xenobiotic mono-oxygenation; apoptosis and cell proliferation
4q21–q25	Alcohol and formaldehyde metabolism
6p12.1	Xenobiotic metabolism
11q23.1–q23.2	Lipid metabolism
17q11	Amyloid production
18q12.1	Focal contact; apoptosis and cell proliferation
<i>Colon-related chromosomal domains</i>	
2p21	Apoptosis and cell proliferation
3q22–q23	Ion transporter; apoptosis and cell proliferation
8q13–q22.1	Ion transporter; apoptosis and cell cycle regulation
12q14.1–q21.1	None
21q22.3	Apoptosis and cell proliferation; mucin production

Although the biological significance of this clustering of highly expressed, organ-related genes along the chromosomes is not clear, these clusters must provide significant advantages for tissue-specific functioning. The functional annotation of liver-related chromosomal domains revealed that they encoded metabolism-related genes such as for xenobiotic, lipid, and alcohol metabolism. The lipid and alcohol metabolism is liver specific. The functional annotation of colon-related chromosomal domains revealed that they encoded apoptosis, cell proliferation, ion transporter, and mucin production. These functions are essential for colon epithelium producing gut fluid and compatible with the short life span of the colon epithelium [9,10]. Thus, we first identified the presence of organ-related gene clusters in chromosomes and revealed their biological significance for organ-specific functioning.

In general, the relative proportions of cell types differ in each organ and affect the patterns of gene expression. In this study, we identified six liver-related and five colon-related chromosomal domains, whereas no brain-related or breast-related chromosomal domains were found on whole chromosome. It is possible that different compositions of cells might underestimate the presence of organ-related gene clusters in chromosomes.

What is the biological and evolutionary background of these organ-related chromosomal domains? In general, transcriptional machineries may access two coexpressed genes more efficiently when they are neighbors, so active transcription of organ-related chromosomal domains may result from the binding of a specific transcription factor to these domains [2]. Another possibility is that the formation of organ-related chromosomal domains in the human genome is the result of chromosome rearrangement during the process of evolution, because the organ-related chromosomal domains were conserved in one or two mouse and rat chromosomes. Recent comparative analyses of large-scale genome sequencing revealed that rearrangement of chromosomal segments and localized duplication of genomic segments are two major factors in eukaryotic genome evolution [11]. Our data revealed that half of the organ-related chromosomal domains contained multigene families. These results suggest that the gene duplications may also contribute to the formation of organ-specific functionality in mammalian evolution.

Recently, draft genome sequences of the Brown Norway rat were analyzed and compared with the human and mouse genomes, revealing that the human and rodent genomes contain conserved synteny blocks [12]. We therefore investigated the organ-related chromosomal domains with reported conserved synteny blocks in human, mouse, and rat genomes (<http://www.genboree.org>) and identified that all organ-related chromosomal domains were included in synteny blocks conserved in human and rodent genomes (data not shown). These data might indicate the proximity of the human and rodent genomes in mammalian evolution, and organ-related chromosomal domains may have con-

stituted parts of synteny blocks of larger size during human, mouse, and rat genome evolution.

If the number of genes in a chromosomal domain were small and the transcriptional activity in most of a tissue were low in the 5-Mb window, we could not eliminate the effects of a single highly expressed gene on the TDF score. To eliminate this limitation, we set the region criteria of gene density to more than two genes in a window of 1 Mb. Another limitation of the method is the inability to reveal some chromosomal domains with equal up-down differential gene expression. Although the method in this study still has some limitations, our data could provide the candidate organ-related chromosomal domains and could highlight the neighboring genes on the domains with tissue specificity.

In conclusion, we have identified gene expression patterns along the chromosomes in normal human liver, brain, breast, and colon, showing the clustering of organ-related genes on specific chromosomal domains. Our results indicate that the human genome organization may be closely related to the organ-specific gene expression patterns.

Materials and methods

SAGE

To determine organ-specific gene expression patterns comprehensively along human chromosomes, we collected SAGE databases derived from normal tissues. To avoid individual variations in gene expression, we selected, for each tissue, SAGE libraries that contained at least 50,000 tags, and we used at least two libraries per tissue type. We analyzed publicly available SAGE libraries derived from normal brain (GSM676, GSM695), breast (GSM677, GSM780, GSM781), and colon (GSM728, GSM729) tissues (<ftp://ftp.ncbi.nih.gov/pub/sage/>). We also constructed SAGE libraries derived from normal liver tissues (<http://www.intmedkanazawa.jp/>) [13], as well as reference SAGE databases containing publicly available normal human brain, breast, colon, heart, kidney, liver, lung, prostate, and stomach SAGE libraries (GSM761, GSM677, GSM728, GSM1499, GSM708, GSM785, GSM762, GSM739, GSM739, and GSM784), each containing about 50,000 SAGE tags. All sequence files from these databases were analyzed with SAGE 2000 software, kindly donated by Drs. Kenneth W. Kinzler and Bert Vogelstein. The number of SAGE tags per library was normalized to 450,000 transcripts.

Transcriptome mapping

Gene identity and UniGene CLUSTER assignment of each SAGE tag were obtained from the SAGEmap reliable tag-to-gene mapping table (<http://www.sagenet.org/SAGEDatabases/unigene.htm>). Association of UniGene

clusters with chromosome positions was obtained from RefSeq build 31 (<http://www.ncbi.nlm.nih.gov/RefSeq/>) and LocusLink (<http://www.ncbi.nlm.nih.gov/LocusLink/>) databases (November 26, 2002). SAGE tag locations along the chromosomes were matched to physical distance information by connecting the SAGE map, RefSeq, and LocusLink tables with the UniGene number.

Transcription density and gene density

Transcriptional activity was determined from the TDF [7]. Briefly, TDF is calculated using a 5-Mb window moving along the chromosome at 1-Mb intervals and defined as $TDF = \ln(R/R_{ref}) / (T/T_{ref})$, where R is the number of SAGE tags in each library and T is the number of unique SAGE tags in each library, within a window of 5 Mb. Gene density is defined as the number of RefSeq records divided by the average RefSeq records in each 5-Mb window. The correlation between transcription density and gene density in each chromosome was assessed by calculating the Pearson’s correlation coefficient using the equation

$$r = \frac{n \left(\sum_{i=1}^n X_i Y_i \right) - \left(\sum_{i=1}^n X_i \right) \left(\sum_{i=1}^n Y_i \right)}{\sqrt{\left\{ n \sum_{i=1}^n X_i^2 - \left(\sum_{i=1}^n X_i \right)^2 \right\} \left\{ n \sum_{i=1}^n Y_i^2 - \left(\sum_{i=1}^n Y_i \right)^2 \right\}}}$$

where X_i is the number of SAGE tags in each library and Y_i is the number of RefSeq records in each 5-Mb window.

To investigate the statistical significance of the TDF values selected, we performed a permutation test. The following argument explains a statistical method that tests the null hypothesis that two groups are equivalent in the distribution of orders of their members. The alternative hypothesis is that members of one of the groups tend to rank higher. By rejecting the null hypothesis, we show that selected members are significantly high-ranked in the order of a variable. First we set up the notation. Suppose that n regions are classified into two groups. Each region is indexed by i , where $i \in I = \{1, 2, \dots, n\}$ and I_1 denotes the set of indices of the first group of m regions. Assuming that an observed value x_i is attributed to the i th region, we denote the order statistics of the values by $x_{(1)} > x_{(2)} > \dots > x_{(n)}$, where no tie is assumed to simplify the argument. Let a function $\rho(i)$, $i \in I$ uniquely assign to an index its rank: $x_i = x_{(\rho(i))}$.

A permutation test is adopted, and without loss of generality, we henceforth assume that $I_1 = \{1, 2, \dots, m\}$. Under the null hypothesis,

$$Pr(\rho(1)) = i_1, \rho(2) = i_2, \dots, \rho(m) = i_m = \frac{1}{\binom{n}{m}}$$

for all the elements of $\{(i_1, i_2, \dots, i_m) \in I^m \mid \forall j \neq k, j_j \neq i_k, (j, k) \in I_1^2\}$.

Let us consider the test statistic $T = \sum_{i=1}^m \rho(i)$ where the null hypothesis is rejected for some c if $T < c$. Consequently,

the p value of a realized test statistic t is given by $Pr(T \leq t)$. In particular, if the regions of the first group are ranked from the first to the m th, the p value reduces to

$$Pr\left(T \leq \frac{m(1+m)}{2}\right) = \frac{1}{\binom{n}{m}}$$

To be concrete, let us regard x_i as the TDF of the i th region, for example. Top m ranks group together under the criterion that selects the regions where TDFs are larger than 1.8. Hence its significance is easy to evaluate by the aforesaid method, and the rejection of the null hypothesis implies that the selected regions’ TDFs are larger. Similarly, if we select the regions where an objective organ’s TDF is larger than 1.8 and other organs’ TDFs are smaller than 1.0, just regard x_i as the number of organs whose TDFs are smaller than 1.0. Then top m ranks consist of the selected regions among n regions where an objective organ’s TDF is larger than 1.8. In this case, the rejection of the null hypothesis implies that the TDFs of organs other than the objective are relatively small in the selected regions.

Comparison of organ-related chromosomal domains in rat, mouse, and human genomes

All genes located on organ-related chromosomal domains in human were listed using the RefSeq build 31 database (<http://www.ncbi.nlm.nih.gov/RefSeq/>). All possible homologous genes and their locations on the *R. norvegicus* and *M. musculus* genomes were searched using the HomoloGene database (February 20, 2004) (<http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?DB=homologene>). The chromosomal location and the gene list on each domain were also confirmed by MapViewer (<http://www.ncbi.nlm.nih.gov/mapview/>).

Pathway analysis

To investigate the functions of genes located on organ-related chromosomal domains comprehensively, we used PathwayAssist software (Ariadone Genomics, Rockville, MD, USA). All genes located on the chromosomal domains were investigated and annotated with the biological processes, protein–protein interactions, and gene regulatory networks using a reference-based data file.

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An open-label study of administration of EH0202, a health-food additive, to patients with chronic hepatitis C

KYOSUKE KAJI¹, SATOSHI YOSHIDA², NOBUO NAGATA², TATSUYA YAMASHITA¹, EISHIRO MIZUKOSHI¹, MASAO HONDA¹, YASUHIKO KOJIMA², and SHUICHI KANEKO¹

¹Department of Gastroenterology, Kanazawa University Hospital, Ishikawa, Japan

²Institute for Consumer Healthcare, Consumer Healthcare Division, Yamanouchi Pharmaceutical Co., Ltd., Tokyo, Japan

Background. In this study, we examined the effect of EH0202, a mixture of four herbal extracts that are known to induce interferons, on hepatitis C virus (HCV)-RNA levels in patients with chronic hepatitis C. **Methods.** This was an open-label uncontrolled study. The study subjects ingested food containing EH0202 daily for 3 months, which was equivalent to 1 g of desiccated herbs daily. Clinical symptoms, hematology and biochemical examinations, urine, and HCV-RNA levels were examined before, during (1 month), and after the EH0202 treatment (3 months). **Results.** Among the 35 patients who successfully completed the study, there were improvements in malaise (seen in 6 patients before and in 2 after EH0202 treatment), bloating sensation in the abdomen (seen in 2 before and in none after treatment), and nausea and vomiting (seen in 2 before and in 1 after treatment). There were no changes in hematology or biochemical examination parameters. There was a statistically significant decrease in HCV-RNA levels in patients with high viral titers after 3 months of EH0202 administration. No serious adverse events were observed with the EH0202 treatment. **Conclusions.** These findings suggest that EH0202 may be safe and useful in the treatment of patients with chronic hepatitis C. Further studies are, however, needed to obtain a definitive conclusion.

Key words: hepatitis C, health food, food additive, HCV-RNA, interferon

Introduction

In recent years, the number of people who use health foods has been increasing, reflecting an increase in public awareness of diet and fitness for improving health. However, there have been few clinical studies that evaluated the safety and efficacy of these health-food products.

EH0202 is a health-food additive that was developed by Yamanouchi Pharmaceutical Co., Ltd. (Tokyo, Japan). It is a mixture of four herbal extracts (see below) that are known to stimulate macrophage activity. Dr. Yasuhiko Kojima,¹ who was the first to describe interferon (IFN), in 1970, and who is one of the foremost experts in this field, together with his fellow researchers, has screened some 200 herbs commonly used as traditional Kampo (Chinese medicine) formulations in Japan. Based on their screening, four herbs were finally selected that were shown to be IFN inducers² and could be used as food additives. They were: pumpkin seeds (*Cucurbita moschata*), plantain seeds (*Plantago asiatica*), Japanese honeysuckle (*Lonicera japonica*), and safflower (*Carthamus tinctorius*). EH0202 is a mixture of these four extracts.

It has been shown that EH0202 administration decreases the incidence of viral pneumonia and the mortality rate in pigs with porcine reproductive and respiratory syndrome.³ In addition, in postmenopausal women, oral EH0202 administration for 6 months improved subjective menopausal symptoms and increased granulocyte-macrophage colony-stimulating factor (GM-CSF) levels, while decreasing follicle-stimulating hormone (FSH) levels in blood. Thus, it appears that EH0202 acts to stimulate immunological systems and may improve endocrine dysfunction.⁴

IFNs have been used to treat patients with chronic hepatitis C, and, because EH0202 has been shown to stimulate macrophages and increase IFN levels in experimental animals, we examined the effect of EH0202

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Reprint requests to: S. Yoshida

Present address: Original Image Co., Ltd., Helios Kannai Bldg, 3-21-2 Motohama-cho, Naka-ku, Yokohama 231-0004, Japan

on hepatitis C virus (HCV)-RNA levels, clinical symptoms, and hematological and biochemical parameters in patients with chronic hepatitis C, in an open-label uncontrolled study.

Methods

Patients

The subjects included in the study were 50 patients with chronic hepatitis C (26 men and 24 women; 28–80 years old; mean \pm SD, 59.0 \pm 10.6 years old), who visited the Kanazawa University Hospital from February to November 2002. This study was carried out as an open-label study. Hepatitis C was diagnosed by the referring physicians, and the patients included in the study were those who agreed, in writing, to participate in the study. HCV serotypes were: group 1 (40 patients), group 2 (9 patients), and unknown (1 patient). Twenty-four patients had a history of receiving IFN therapy in the past.

After completion of the study, 15 of the 50 patients were excluded from the efficacy analysis for one of the following reasons: inappropriate dosage and/or administration (4 patients), data missing (4 patients), IFN had been administered during the 6 months prior to the commencement of administration of EH0202 (3 patients), premature discontinuation of EH0202 administration (2 patients), administration of IFN commenced during the EH0202 dosing period (1 patient), and a complication (hepatic tumor) was observed prior to administration (1 patient). Thus, efficacy was examined based on the data of 35 evaluable subjects (17 men and 18 women; 28–80 years old; mean \pm SD, 60.5 \pm 10.4 years). The number of patients classified based on the HCV serotype was 27 patients for group 1, 7 patients for group 2, and 1 patient, unclassified. Of the 35 evaluable patients, 15 patients had a previous history of receiving IFN therapy. The 15 patients excluded from the efficacy evaluation of EH0202, who nonetheless, took EH0202, were included in the safety analysis, together with the 35 evaluable patients.

During the EH0202 treatment period, concomitant medications for the liver conditions were used in 22 patients. Thirteen patients had received ursodeoxycholic acid prior to and during the study. During EH0202 treatment, 5 patients started to take ursodeoxycholic acid for the first time. A glycyrrhizin preparation was used in conjunction with ursodeoxycholic acid in 2 patients, and in conjunction with Kantec (malotilate; Daiichi Pharmaceutical, Tokyo, Japan) and Proheparum S (liver hydrolysate; Kaken Pharmaceutical, Tokyo, Japan) tablets in 1 patient. Taurine powder was used in conjunction with ursodeoxycholic acid in 1 patient. Aminoleban (a branch-

chained amino acids; Otsuka Pharmaceutical, Tokyo, Japan), Shosaiko-to (a bupleurum root-based formula; Tsumura, Tokyo, Japan), and Proheparum tablets were used as single agents in 1 patient each.

Test product

In this study, we used InterPunch (Sanwell, Tokyo, Japan), a commercially available form of EH0202, as the test product. EH0202 is a mixture of four herbal extracts: *Cucurbita moschata* (seeds), *Plantago asiatica* (mature seeds), *Lonicera japonica* (flowers and flower buds), and *Carthamus tinctorius* (dried tubular flowers). These herbs were dried and weighed and then added to water equal to ten times the total weight of the dried herbs. The mixture was heated for 30 min at 95 \pm 5°C in order to prepare an extract. The extract was strained and condensed. Inactive ingredients and flavors, such as lactulose, maltitol, lactose, and starch, were added to the extract. The mixture was then formed into fine granules. Finally, the granules and *Bifidobacterium longum* were combined to prepare the product. Two packets of InterPunch (1.5 g \times 2 packets), which is the daily dosage, contain the equivalent of 1 g of the dried herbs listed above.

Test parameters

Six clinical symptoms, namely, nausea and vomiting, abdominal pain, a bloating sensation in the abdomen, hematemesis and hematochezia, pruritus, and malaise, were examined. The clinical symptoms were examined and recorded by physicians when each patient visited the hospital. The parameters in hematological examinations were: white blood cell count, red blood cell count, hemoglobin, hematocrit, platelet count, and differential white blood cell count. The parameters in the biochemical examinations were: aspartate aminotransferase (AST), alanine aminotransferase (ALT), alkaline phosphatase, γ -guanosine triphosphate (GTP), Zincsulfate Turbidity Test (ZTT), lactic dehydrogenase (LDH), urea nitrogen, creatinine, Na, K, Cl, total bilirubin, total protein, albumin, total cholesterol, and triglycerides. Urinalysis parameters were protein, glucose, and occult blood. HCV-RNA levels were quantified, using AMPLICOR version 2.0 assay (Roche Diagnostics, Tokyo, Japan). The HCV antibody titer was measured using Lumipulse II Ortho HCV (Ortho-Clinical Diagnostics, Tokyo, Japan); the standard upper limit is 850 KIU/ml in this assay. If the measurement was above this value, HCV-RNA was remeasured following appropriate dilution of the sample. These measurements were performed prior to and 1 month and 3 months following the commencement of administration of EH0202.

Table 1. Clinical symptoms

Symptoms	Number of patients (Total number, 35)		
	At the start	1 Month	3 Months
Malaise	6	2	2
Bloating sensation in the abdomen	2	1	0
Nausea/vomiting	2	2	1
Pruritus	1	1	1

Table 2. Effects of EH0202 on hematological indices

	Pre	1 Month	3 Months
White blood cell count ($\times 10^3/\text{mm}^3$)	3.9 ± 1.2	3.9 ± 1.2	3.9 ± 1.2
Red blood cell count ($\times 10^4/\text{mm}^3$)	433 ± 53	431 ± 52	432 ± 50
Hemoglobin (g/dl)	13.6 ± 1.7	13.4 ± 1.6	13.4 ± 1.6
Hematocrit (%)	40.0 ± 4.6	39.6 ± 4.3	39.9 ± 4.3
Platelet count ($\times 10^4/\text{mm}^3$)	12.6 ± 5.1	12.5 ± 5.2	12.4 ± 5.1

Data values are presented as means \pm SD ($n = 34$ patients)

Statistical analysis

Data from hematological and biochemical examinations, HCV-RNA analyses, and the HCV antibody assays were analyzed by means of Student's *t*-test. The efficacy of concomitant medications was analyzed by means of the χ^2 test.

Results

Clinical symptoms

Malaise was observed in six patients prior to administration. At 1 month of administration, improvement was observed in four of the six patients (66.7%). Improvement was also observed in the same four patients after 3 months of administration (Table 1). Two patients had a bloating sensation in the abdomen, and improvement was observed in one of the two patients (50%) after 1 month of administration, and in both patients (100%) after 3 months of administration. Two patients had nausea and vomiting, and improvement was observed in one of the two patients (50%) after 3 months of administration.

Blood and biochemical examinations, and urinalysis

No change was observed in any hematological parameters, such as white blood cell (WBC) count, red blood cell count, hemoglobin, hematocrit, and platelet count (Table 2). Administration of EH0202 did not influence WBC differentials (data not shown).

In biochemical examinations, ZTT was 17.5 ± 7.6 IU/l prior to administration, while it was 18.4 ± 7.8 IU/l after 3 months of administration. The increase was significant ($P < 0.05$). Na was 141.5 ± 2.2 mEq/l prior to administration, while it was 142.7 ± 2.0 mEq/l after 1 month of administration. This increase was also significant ($P < 0.01$). However, serum Na concentration after 3 months of administration was similar to the value prior to administration (141.1 ± 2.2 mEq/l). Parameters that indicate the level of hepatic and/or renal function did not change during the study (Table 3). No change was observed in the hematological or biochemical indices following the cessation of EH0202 administration. No significant change was observed in urinalysis findings.

HCV-RNA quantification and HCV antibody titer

Average HCV-RNA levels for the 35 patients were 734.4 ± 716.1 KIU/ml, 605.1 ± 471.1 KIU/ml, and 578.7 ± 437.9 KIU/ml prior to and 1 month and 3 months following the commencement of EH0202 administration, respectively (means \pm SD). Although HCV-RNA levels tended to decrease with time, the decrease was statistically insignificant.

Further analysis was conducted by classifying patients into one of four groups, based on their baseline HCV-RNA, i.e., below 100 KIU/ml, 100–499 KIU/ml, 500–849 KIU/ml, and over 850 KIU/ml. As shown in Fig. 1, HCV-RNA levels had decreased significantly after 1 and 3 months of administration in patients in the over-850-KIU/ml group ($n = 12$; $P = 0.044$ and $P = 0.024$,

Table 3. Effects of EH0202 on biochemical indices

	<i>n</i>	Pre	1 Month	3 Months
AST (IU/l)	35	59.7 ± 29.2	61.1 ± 30.2	57.4 ± 28.5
ALT (IU/l)	35	70.6 ± 39.6	68.9 ± 37.9	66.4 ± 35.4
Alkaline phosphatase (IU/l)	35	335.1 ± 162.0	341.4 ± 168.9	342.9 ± 170.7
γ-GTP (IU/l)	35	53.9 ± 53.8	52.7 ± 48.8	50.6 ± 35.8
ZTT (IU/l)	34	17.5 ± 7.6	17.6 ± 7.3	18.4 ± 7.8*
LDH (IU/l)	35	199.4 ± 41.4	198.2 ± 35.4	193.8 ± 31.6
Total bilirubin (mg/dl)	35	0.8 ± 0.3	0.8 ± 0.3	0.8 ± 0.4
Total protein (g/dl)	35	7.4 ± 0.5	7.4 ± 0.4	7.3 ± 0.5
Albumin (g/dl)	34	4.3 ± 0.5	4.26 ± 0.45	4.3 ± 0.4
Urea nitrogen (mg/dl)	34	15.9 ± 4.6	16.7 ± 4.4	15.9 ± 4.1
Creatinine (mg/dl)	34	0.7 ± 0.2	0.7 ± 0.2	0.7 ± 0.2
Na (mEq/l)	34	141.5 ± 2.2	142.7 ± 2.0**	141.1 ± 2.2
K (mEq/l)	34	4.1 ± 0.4	4.2 ± 0.4	4.2 ± 0.4
Cl (mEq/l)	34	105.2 ± 2.4	105.9 ± 2.3	104.6 ± 2.2
Total cholesterol (mg/dl)	33	174.5 ± 38.5	172.9 ± 34.0	170.0 ± 33.8
Triglycerides (mg/dl)	33	104.9 ± 50.3	96.1 ± 42.2	107.6 ± 62.3

* $P < 0.05$; ** $P < 0.01$ vs Pre

Data values are presented as means ± SD

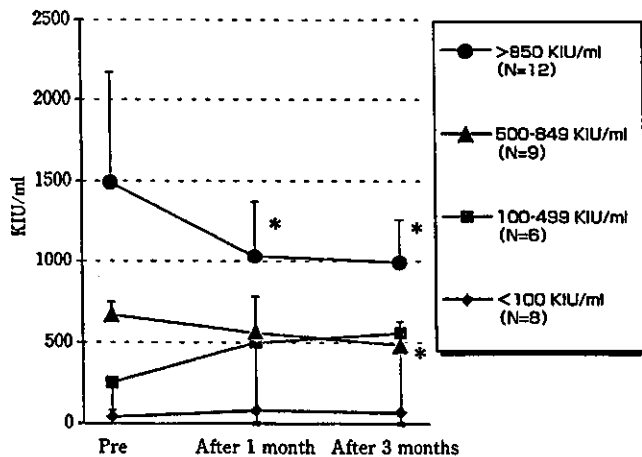


Fig. 1. Hepatitis C virus (HCV)-RNA levels were quantified using the AMPLICOR version 2.0 assay (Roche Diagnostics, Tokyo, Japan). Values represent means ± SD. * $P < 0.05$, Compared to the pretreatment value

respectively). HCV-RNA had also decreased significantly after 3 months of administration in patients in the 500- to 849-KIU/ml group ($n = 9$; $P = 0.021$). In general, no significant change was observed in patients with HCV-RNA levels below 500 KIU/ml, except for one patient who had a level of HCV-RNA of 1.4 KIU/ml before administration, with a level below the detection limit after 1 month of EH0202 administration. The level in this patient remained below the detection limit both at 1 month and 3 months after the cessation of the administration. We also tried to collect data on viral RNA levels after the study, but it was virtually impossible to collect useful data, because patients were treated with various drugs and regimens, including IFN.

A statistical analysis of the HCV antibody titer was carried out. Complete sets of antibody data were available only for 25 patients. The HCV antibody titer was 66.44 ± 7.78 HCV-Ab index, 67.17 ± 7.00 HCV-Ab index, and 66.83 ± 8.23 HCV-Ab index prior to and at 1 month and 3 months of administration, respectively. That is, no change was observed in the HCV antibody titer following EH0202 treatment. Further analysis by group, as specified above, did not show significant change either.

No significant correlation between HCV-RNA and AST/ALT was observed in patients whose HCV-RNA decreased significantly. In addition, we performed the χ^2 test in order to analyze the difference, with respect to changes in HCV-RNA, between patients using concomitant drugs and patients not using concomitant drugs. The difference, with respect to changes in HCV-RNA, between patients using ursodeoxycholic acid, which was the most commonly used concomitant drug in this study, and patients not using ursodeoxycholic acid was also analyzed. In all cases, no significant difference was observed. No particular trend was observed between improvement in clinical signs/symptoms and the amount of virus.

Adverse events

A 71-year-old female patient had mild diarrhea in the first month of the dosing period, but the diarrhea disappeared with continued use of EH0202. A 60-year-old male patient experienced a mild bloating sensation in the abdomen during the third month of the dosing period, which did not call for termination of EH0202 treatment. No other adverse events were observed.

Discussion

Currently there are 4 million patients with viral hepatitis in Japan. In addition, it is thought that there are more than 1 million carriers of HCV.⁵ In the United States, it is known that 4 million people have been infected with HCV.⁶ Thus, hepatitis is a major international health problem which requires significant medical attention.

The general strategies for the treatment of chronic hepatitis C are to eradicate HCV and to suppress hepatitis. IFNs are the mainstay in the treatment of hepatitis C by eradicating HCV; however, complete responses are not always obtained, and the treatment is not without side effects. More recently, a combination of IFN and ribavirin has been introduced as a better treatment of chronic hepatitis C; however, a complete response has yet to be seen, and this treatment is also associated with side effects such as granulocytopenia, thrombocytopenia, and flu-like symptoms.

The present study was an open-label, uncontrolled study of the effect of EH0202 in patients with chronic hepatitis C. In addition to the examination of clinical symptoms, quantification of hematological indices, biochemical examinations, and determination of HCV-RNA levels were made prior to and 1 month and 3 months after the commencement of EH0202 treatment. The most notable finding was a significant decrease in HCV-RNA levels, which was found in patients with viral titers higher than 500 KIU/ml. Namely, there was a statistically significant decrease in HCV-RNA in the 500- to 849-KIU/ml group, at 3 months, and in the over-850-KIU/ml group at 1 month and 3 months following EH0202 commencement ($P < 0.05$). In addition, a few patients showed improvement in certain clinical symptoms, but this was not found in all subjects.

It has been reported that the coefficients of variation of the version 2.0 AMPLICOR test range from 18% to 39%.⁷ In our study, the amount of virus in patients with a high viral load (over 850 KIU/ml) decreased to 65.7% of the baseline value (on average, from 1447 KIU/ml to 951 KIU/ml) following the administration of EH0202, which fell within the range of the reported variation.⁷ Thus, no definitive conclusion could be made from this study, and further studies are needed to clarify this question. It has been shown in animal studies that EH0202 promotes the phagocytic activity of macrophages (monocytes) in blood when it is administered to dairy cattle.⁸ It has also been reported that EH0202 promotes the phagocytic activity of peritoneal macrophages and promotes IFN production in blood in mice following oral administration.⁹ These findings in experimental animals suggest that EH0202 induces IFNs within the body, which may lead to an increase in antiviral activity.

Abnormally elevated levels of AST and ALT in patients with chronic hepatitis C were not decreased or influenced by EH0202 treatment, even in patients whose HCV-RNA levels were significantly decreased. Thus, there was no overt correlation between the amount of viral load and the indices of hepatic dysfunction. It has been reported that the prognosis of hepatic diseases depends on decreases in AST and ALT.¹⁰ In contrast, it is not yet known if a decrease in viral load is directly correlated with clinical improvement in patients with hepatitis C. Nevertheless, the use of EH0202, either concomitantly with, or without other medications, may be effective in the treatment of hepatitis C, because a complete response to IFN treatment is known to depend critically on a decrease in the viral load. In addition, because hepatitis C virus is implicated not only in the inflammatory process in hepatitis but also in the carcinogenic process leading to the development of hepatoma,¹¹ it appears prudent to suppress the viral titer as much and for as long as possible.

With respect to clinical symptoms, even though relatively few patients experienced symptoms at the outset of the study, the improvements were notable. At 3 months of EH0202 administration, improvements were observed in four of the six patients who experienced malaise, in two of the two patients who had a bloating sensation in the abdomen, and in one of the two patients who had nausea/vomiting. No patient experienced exacerbation of the clinical symptoms that had been observed prior to administration during or after EH0202 treatment. These findings thus suggest that EH0202 may also contribute to improvements in quality of life (QOL), and if so, EH0202 may be a useful health-food additive with antiviral potency. However, further studies are needed to definitively prove this point, because the current study was an open-label uncontrolled study, which does not permit such conclusions.

In this study, two adverse events, both minor, were observed. One was mild diarrhea, which was observed during the first month of the dosing period. The patient recovered soon after, despite continuation of EH0202 administration, and it was therefore considered a transient reaction. Because InterPunch used in this study contains *Bifidobacterium longum*, the diarrhea may have been caused by this bacterium. The other adverse event was a mild bloating sensation in the abdomen, which was observed in a 60-year-old male patient during the third month of the dosing period, but it was mild and did not necessitate stopping EH0202 treatment. No other adverse event was observed in the 35 evaluable patients, or in the other 15 patients who did not qualify for evaluation of efficacy, but took EH0202 in the study. These findings suggest that oral administration of EH0202 daily for 3 months is not associated with any serious adverse event; thus, it can be considered safe.

It is known that IFNs can be toxic in high doses, as intensive IFN therapy greatly influences immunomodulation and causes adverse drug reactions that occur in the central nervous, endocrine, and/or digestive systems. In contrast to direct IFN therapy, indirect stimulation of IFN production in the body by various means has not been shown to cause any adverse events. Thus, the finding of no adverse events induced by EH0202 treatment is also consistent with the existing knowledge, and oral EH0202 treatment can be considered safe.

Our findings in this study suggest that oral EH0202 treatment may decrease the viral load in patients with chronic hepatitis C, as soon as 1 month after its administration is begun. The effect of EH0202 appears to be more dominant in patients with high viral titers than in those with a low titer. In some patients, EH0202 may also improve certain symptoms, such as malaise. That oral EH0202 treatment is safe was also shown by the lack of any serious adverse event associated with the treatment, and by the finding that parameters in the blood and biochemical examinations did not worsen. While it is clear that many more studies are necessary to clearly define the safety and the efficacy of EH0202, the preliminary findings in our present study suggest that EH0202 may be a useful health-food additive with antiviral activity to be used in the treatment of chronic hepatitis, such as hepatitis C, and it merits further investigation.

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