

References	Year	List No.	Study time, prefecture, Type and source subjects age	Study subjects	Number of cases	Number of controls	Category	Relative risk (95%CI or p)	p for trend	Confounding variables considered	Comments
Author				Definition							
							Carrots				
							Total	0.78(0.61-1.00)			
							Cardia	0.68(0.44-1.06)			
							Middle	0.63(0.45-0.89)			
							Antrum	1.00(0.73-1.37)			
							Pumpkin				
							Total	1.10(0.75-1.62)			
							Cardia	1.14(0.59-2.20)			
							Middle	1.20(0.72-1.99)			
							Antrum	1.00(0.60-1.69)			
Huang X, et al.	1999	(7)	1990-1995	Hospital-based (Aichi Cancer Center)	Cases: histologically confirmed cases Controls: patients without stomach cancer	850	28,619	Raw vegetables everyday vs.< 3 times/week	0.82(0.71-0.95)		Adjusted for age sex
Ito L.S, et al.	2003	(8)	1988-1998	Hospital-based (Aichi Cancer Center)	Cases: histologically confirmed cases Controls: cancer-free first visit outpatients at the center	508 women	36490 women	Raw vegetables almost never occasionally 3-4times/week everyday Green vegetables < 1 times/week 1-2 times/week 3-4 times/week ≥ 5 times/week	1.00 0.68(0.48-0.97) 0.74(0.52-1.05) 0.50(0.36-0.71) 1.00 0.88(0.65-1.19) 0.84(0.62-1.14) 0.60(0.43-0.83)	<0.001	Adjusted for age, year and season of first hospital visit smoking habit family history of gastric cancer
							Carrots				
							< 1 times/week	1.00			
							1-2 times/week	1.10(0.85-1.19)			
							3-4 times/week	0.80(0.60-1.06)			
							≥ 5 times/week	0.76(0.55-1.04)	<0.001		

References Author	Year	List No.	Study time, prefecture, Type and source subjects age	Study subjects		Relative risk (95%CI or p)	p for trend	Confounding variables considered	Comments
				Definition	Number of cases controls				
					Pumpkin				
					< 1 times/week	1.00			
					1-2 times/week	0.90(0.74-1.10)			
					3-4 times/week	0.80(0.60-1.08)			
					≥ 5 times/week	0.90(0.57-1.41)	NS		
					Cabbage				
					< 1 times/week	1.00			
					1-2 times/week	1.14(0.88-1.46)			
					3-4 times/week	1.11(0.85-1.45)			
					≥ 5 times/week	0.79(0.55-1.13)	NS		
					Lettuce				
					< 1 times/week	1.00			
					1-2 times/week	0.94(0.76-1.17)			
					3-4 times/week	0.93(0.73-1.19)			
					≥ 5 times/week	0.74(0.52-1.05)	NS		
					Pickled vegetables				
					< 1 times/week	1.00			
					1-2 times/week	0.92(0.72-1.18)			
					3-4 times/week	1.10(0.88-1.39)			
					≥ 5 times/week	1.07(0.81-1.40)	NS		
					Salted vegetables				
					< 1 times/week	1.00			
					1-2 times/week	1.00(0.78-1.28)			
					3-4 times/week	1.10(0.88-1.39)			
					≥ 5 times/week	1.07(0.81-1.40)	NS		

References Author	Year	List No.	Study time, prefecture, subjects age	Study subjects		Category	Relative risk (95%CI or p)	p for trend	Confounding variables considered	Comments
				Type and source	Definition					
Hara M, et al.	2003	(9)	1998-2002	Hospital-based (four hospitals in Nagano Prefecture)	Cases: newly diagnosed cases at the hospitals	149	287			Matching for age(±3 yr) sex residential area
					Controls: subjects who visited hospital for a health checkup and were confirmed not to have cancer					Adjusted for smoking status family history of stomach cancer salt intake total energy intake JA membership
						Total vegetables				
						Tertile 1 (Median 119 g/1000kcal)		1.00		
						T 2 (219)		0.71(0.40-1.25)		
						T 3 (385)		1.12(0.61-2.05)	0.70	
						Vegetables containing carotenes > 600µg/100g		1.00		
						T1 (23)		1.00		
						T 2 (53)		0.86(0.50-1.49)		
						T 3 (103)		1.41(0.76-2.62)	0.28	
						Vegetables containing carotenes < 600µg/100g		1.00		
						T 1 (69)		1.08(0.64-1.83)		
						T 2 (133)		0.88(0.48-1.59)	0.66	
						T 3 (230)				
						Cruciferous vegetables		1.00		
						T1 (40)		1.04(0.61-1.79)		
						T 2 (80)		1.11(0.58-2.13)	0.76	
						T 3 (139)				
						Cabbage		1.00		
						≤ 2/wk		0.63(0.37-1.07)		
						3-4/wk		0.73(0.42-1.29)	0.23	
						≥ 5/wk				
						Japanese white radish		1.00		
						≤ 2/wk		0.79(0.47-1.34)		
						3-4/wk		1.13(0.64-1.99)	0.77	
						≥ 5/wk				
						Komatsuna		1.00		
						almost none		0.62(0.37-1.06)		
						< 1/wk		0.66(0.38-1.14)	0.14	
						≥ 1/wk				

表E-4-9/9

References	Year	List No.	Study time, prefecture, subjects age	Type and source	Definition	Study subjects	Number of cases	Number of controls	Category	Relative risk (95%CI or p)	p for trend	Confounding variables considered	Comments
									Broccoli				
									< 1/wk	1.00			
									1-2/wk	0.91(0.55-1.53)			
									≥3/wk	0.60(0.34-1.08)	0.10		
									Chinese cabbage				
									≤ 2/wk	1.00			
									3-4/wk	1.04(0.61-1.79)			
									≥ 5/wk	0.61(0.35-1.07)	0.10		

表E-5 果物と胃がんとの関連に関するコホート研究(エビデンステーブル)

References		Study population					Number among cases	Relative risk (95%CI or p)	p for trend	Confounding variables considered	Comments									
Author	List Year No.	Study period	Number of subjects for analysis, sex, age	Source of subjects	Event followed	Number of incident cases or deaths						Category								
Kato I, et al.	(1)	1985-1991 (6yr)	9,753	population-based inhabitants of Higashi-kamo county, Aichi prefecture.	Death	57	fruits	Adjusted for age, sex												
							< 1-2/week				16	1.00 (Referent)								
							3-4/week				15	0.97 (0.48-1.96)								
							Daily			0.035										
Kato I, et al.	(2)	1985-1989 (4.4-yr)	3,914	subjects who underwent gastroscopic examination Aichi prefecture	Incidence	45	fruits	Adjusted for age, sex, residence												
							< 1-2/month				5	1.00 (Referent)								
							2-3/week				21	0.71 (0.27-1.90)								
							Daily			0.25										
Inoue M, et al.	(3)	1985-1995 (mean 6-yr)	5,373	subjects who underwent gastroscopic examination Aichi prefecture	Incidence	69	fruits	Adjusted for age, sex												
							Without Atrophic Gastritis				Men 51	0.57 (0.24-1.34)								
							Occasionally (vs rare)				Women 18		0.55 (0.22-1.35)							
							Daily (vs rare)													
							With Atrophic Gastritis													
							Rarely				8	1.00 (Referent)								
							Occasionally				30	0.65 (0.30-1.43)								
							Daily				26	0.58 (0.25-1.31)								
							Fujino Y, et al.				(4)	1988-1997 (10-yr)	127,477	population-based 45 areas of Japan JACC study	Death	379	fruits	Adjusted for age		
																	Men			
>3 times/week	Women 118	0.89 (0.64-1.25)																		
< 3 times/week			1.03 (0.78-1.35)																	
Every day																				
Women																				
>3 times/week	30	1.00 (Referent)																		
< 3 times/week	19	0.98 (0.55-1.75)																		
Every day	69	1.22 (0.79-1.87)																		

References	Study population														
	Author	Year	List No.	Study period	Number of subjects for analysis, sex, age	Source of subjects	Event followed	Number of incident cases or deaths	Category	Number among cases	Relative risk (95%CI or p)	p for trend	Confounding variables considered	Comments	
Ngoan L T, et al.	2002	(5)	1986-1999 (10-yr)	13,250 Men 5,917 Women 7,333	population-based Fukuoka Prefecture	Death	116 Men 77 Women 39	fruits				Adjusted for age			
								Men							
								< 2-4 times/week	36	1.00 (Referent)					
								Once/day	28	0.9 (0.6-1.5)	NS				
								Twice </day	11	1.6 (0.8-3.3)					
								Women	9	1.00 (Referent)				Adjusted for age	
Kobayashi M, et al.	2002	(6)	1990-1999 (10-yr)	39,993 Men 19,304 Women 20,689	JPHC study Cohort 1, 4 areas Iwate, Akita, Nagano, Okinawa	Incidence	404 Men 294 Women 110	fruits							
								< 1 day/week	44	1.00 (Referent)					
								1-2 days/week	102	0.68 (0.47-0.98)					
								3-4 days/week	122	0.67 (0.47-0.97)	0.25				
								Almost daily	136	0.70 (0.48-1.01)					
								Men & Women	45	1.00 (Referent)				Adjusted for age, sex, smoking, processed meat, liver, cooking or salad oil, suimono, pickled food	

References	Study population												
	Author	Year	List No.	Study period	Number of subjects for analysis, sex, age	Source of subjects	Event followed	Number of incident cases or deaths	Category	Number among cases	Relative risk (95%CI or p)	p for trend	Confounding variables considered
Sauvaget C, et al.	2003	(7)	1980-1998 (median follow-up; 16yr)	38,540 Men 14, 873 Women 23, 667	Atomic bomb survivors & non exposed controls of Hiroshima & Nagasaki.	Death	617	fruits < Once/week 2-4 times/week Daily/Almost daily	176 203 238	1.00 (Referent) 0.97 (0.79-1.19) 0.80 (0.65-0.98)	0.027	Adjusted for sex, age, radiation dose, city, BMI, smoking status, alcohol habits, education level	
Khan MMH, et al.	2004	(8)	1984-2002	3,158 Men 1,524 Women 1,634	population-based (Hokkaido)	Death	51 Men 36 Women 15	fruits Men ≤ several times/month ≥ several times/week Women ≤ several times/month ≥ several times/week	1.0 (Referent) 1.1 (0.4-3.0)			Adjusted for age, smoking	Adjusted for age, smoking, health status, health education, health screening

表E-6 果物と胃がんとの関連に関するケースコントロール研究(エビデンステーブル)

References Author	Year List No.	Study time, prefecture, subjects age	Type and source	Study subjects		Category	Relative risk (95%CI or p)	p for trend	Confounding variables considered	Comments
				Definition	Number of cases					
Haenszel W, et al.	1976 (1)	1962-1965	Hospital- based (Hiroshima, Miyagi)	Cases:	783	Japanese Pear < 4 times/month	1.00		Adjusted for age	* P < 0.05
				histologically confirmed cases who received gastroscopic examination	367 (Hiroshima) 416 (Miyagi)	734 (Hiroshima) 832 (Miyagi)	0.66**			** P < 0.01
				Controls: patients with other diseases in the same hospital services of each case			Plum < 1 time/month ≥ 1 time/month	1.00 0.72**	sex prefecture	
						Pineapple < 1 time/month ≥ 1 time/month	1.00 0.71**	occupation		
						Number of high-use fruit ≥ 1 high-use	0.79*			
						1-2 high-use ≥ 3 high-use	0.85 0.74*			
Tajima K, et al.	1985 (2)	1981-1983	Hospital- based (Aichi Cancer Center)	Cases:	93	Orange < Once/week	1.00		Matched for sex	
				histologically confirmed cases	59 (men) 34 (women)	111 (men) 75 (women)	1.01 0.90	age (±5yrs) time interview (±6months)		
				Control: patients without stomach cancer			Other fruit < Once/week 1-3 times/week 4 times≤/week	1.00 1.38 1.42	Adjusted for age, sex	
Kono S, et al.	1988 (3)	1979-1982	Hospital- based (Karatsu Stomach Institute)	Cases:	139	Hospital controls Mandarin oranges			Matched for sex	
				newly diagnosed as having gastric cancer at the institute	74 (men) 65 (women)	2574 1,171 (men) 1,474 (women)	1.0 0.7 0.6	year of birth by two-stage Adjusted for age sex		
							1-3 times/week or less Once/day ≥ 2 times/day	NS		

References Author	Year List No.	Study time, prefecture, subjects age	Study subjects		Category	Relative risk (95%CI or p)	p for trend	Confounding variables considered	Comments		
			Type and source	Definition						Number of cases	Number of controls
			Hospital controls: patients without gastric cancer	General population controls: random sampling from the computerized file of residents	Fruits; others none or 1-3 times/month	1.0					
					1-3 times/week	1.0					
					Once/day or more	0.6	NS				
			General population controls: random sampling from the computerized file of residents	general population controls 278 148 (men) 130 (women)	General population control						
					Mandarin oranges 1-3 times/week or less	1.0					
					Once/day ≥ 2 times/day	0.9 0.7		NS			
			Fruits; others none or 1-3 times/month 1-3 times/week Once/day or more		1.0						
					1.1						
					0.5		<0.05				
Kato I, et al.	1990 (4)	1985-1989	Hospital- based (Aichi Cancer Center)	Cases: histologically confirmed cases who received gastroscopic examination Controls: patients with normal gastric mucosa	3,014		Adjusted for age residence				
					427	289 (men) 138 (women)	1,247 (men) 1,767 (women)	Once or twice/month or less	1.00		
								2-3 times/week	1.02 (0.64-1.62)		
Hoshiyama Y, et al.	1992 (5)	1984-1990	Hospital- based (Saitama Cancer Center Hospital)	Cases: newly histologically confirmed cases who received gastroscopic examination in the institute Hospital Controls: inpatients without cancer	294	206 (men) 88 (women)	202	104 (men) 98 (women)	General population control	1.00	
									≤ 4/week	0.6 (0.4-1.0)	
									5-7/week ≥ 8/week	0.4 (0.3-0.7)	<0.01
				general population control 294 206 (men) 88 (women)	General population control*	1.00		Matched for sex, age, administrative division vs. general population control			
					≤ 4/week	0.7 (0.5-1.2)		Adjusted for sex, age, administrative division			
					5-7/week ≥ 8/week	0.70, 4-1.2)	0.14				

表E-6-3/4

References	Year	List No.	Study time, prefecture, subjects age	Type and source	Study subjects		Category	Relative risk (95%CI or p)	p for trend	Confounding variables considered	Comments
					Definition	Number of cases					
					<p>Population Controls: residents in the study area</p>		<p>Hospital control ≤ 4/week 5-7/week ≥ 8/week Hospital control* ≤ 4/week 5-7/week ≥ 8/week</p>	<p>1.00 0.7 (0.5-1.1) 0.8 (0.4-1.4)</p>	<p>0.21</p>	<p>vs. hospital control Adjusted for sex, age (3 categories), area (3 categories), smoking status * variables for smoking and 11 food items which had a statistically significant trend (salty foods, rice, miso soup, boiled fish, pickled vegetables, nut, seaweed, soybean products, fruits, green-yellow vegetables, raw vegetables) were simultaneously included in a model</p>	
Inoue M, et al.	1994	(6)	1988-1991	Hospital-based (Aichi Cancer Center)	<p>Case: histologically confirmed incident case Control: outpatients of the same hospital</p>	<p>668 420 (men) 248 (women)</p>	<p>Fruits 26, 426 < 3-4 times/week > 3-4 times/week Total Cardia Middle Antrum</p>	<p>1.00 0.86 (0.70-1.10) 0.97 (0.69-1.48) 0.86 (0.64-1.21) 0.84 (0.62-1.14)</p>		<p>Matched for sex, age (±2yrs) time of first hospital visit (±2months) Adjusted for sex</p>	

References Author	Year	List No.	Study time, prefecture, subjects age	Type and source	Study subjects		Category	Relative risk (95%CI or p)	p for trend	Confounding variables considered	Comments
					Definition	Number of cases					
Huang X, et al.	1999	(7)	1990-1995	Hospital- based (Aichi Cancer Center)	Case: histologically confirmed case	850	28,619 Fruits <3 times/week Everyday	1.00 0.84 (0.72-0.97)		Adjusted for age sex	
Ito LS, et al.	2002	(8)	1988-1998	Hospital- based (Aichi Cancer Center)	Case: histologically confirmed case Control: cancer-free first visit outpatients at center	508 women	36,490 women Almost never Occasionally 3-4 times/week Every day	1.00 0.98 (0.57-1.67) 0.95 (0.56-1.62) 0.68 (0.40-1.16)	<0.001	Adjusted for age, year and season of first hospital visit smoking habit family history of gastric cancer	

表E-7 野菜と大腸がんとの関連に関するコホート研究(エビデンステーブル)

References Author	Year	List No.	Study period		Study population		Category	Number among cases	Relative risk (95%CI or p)	p for trend	Confounding variables considered	Comments
			Number of subjects for analysis, sex, age	Source of subjects	Event followed	Number of incident cases or deaths						
Hirayama T	1989	(1)	1966-1981	265,118 males and females	6 prefecture	Death	Colon 552 (M: 248, F: 304)	Green-yellow veg. non-daily	1.00		sex and age	*90%CI
							248 males	Green-yellow veg. daily	0.85 (0.73-0.99)*	NA		
							304 females	Green-yellow veg. occasional	1.00			
								occasional	1.18 (0.94-1.48)*			
								rare	1.08 (0.53-2.17)*			
								none	1.14 (0.20-6.55)*	NA		
								Green-yellow veg. daily	1.00			
								occasional	1.16 (0.94-1.43)*			
								rare	1.31 (0.70-2.47)*			
								none	1.90 (0.57-6.92)*	NA		
							Rectum 563 (M: 316, F: 247)	Green-yellow veg. non-daily	1.00			
							316 males	Green-yellow veg. daily	1.05 (0.90-1.24)*	NA		
							247 females	Green-yellow veg. daily	1.00			
								occasional	0.97 (0.78-1.20)*			
								rare	1.19 (0.67-2.14)*	NA		
								none	NA			
								Green-yellow veg. daily	1.00			
								occasional	0.95 (0.74-1.21)*			
								rare	0.45 (0.14-1.41)*	NA		
								none	NA			
Sauvaget C et al.	2003	(2)	1980-1998	38,540 men and women	atomic-bomb survivors in Hiroshima/Namas	Death	226 colorectal cancer	Green-yellow veg. <=1/week	1.00	0.52	sex, age, city, radiation dose	
								2-4 times/week	1.04 (0.81-1.35)		smoking, alcohol	
								daily or almost daily	1.10 (0.82-1.47)		education, BMI	

References Author	Year	List No.	Study period		Study population		Category	Number among cases	Relative risk (95%CI or p)	p for trend	Confounding variables considered	Comments
			Number of subjects for analysis, sex, age	Source of subjects	Event followed	Number of incident cases or deaths						
							Wild plants					
							less than weekly	NA	1.0			
							weekly or daily	NA	3.3 (1.1-9.8)	NA		
Kojima M et al	2004	(4)	1988-1999	107,824 men and women	45 areas	Colon						
						138 males	Green leafy veg.	34	1.00	0.40	age, family history of colorectal cancer, body mass index, frequency of alcohol	
							0-2 per week	43	1.63 (1.03-2.55)			
							3-4 per week	36	1.19 (0.74-1.91)			
							Every day					
							Carrot	57	1.00	0.33		
							0-2 per week	27	1.10 (0.69-1.75)			
							3-4 per week	15	0.99 (0.55-1.76)			
							Every day					
							Tomato	62	1.00	0.66		
							0-2 per week	23	1.30 (0.80-2.11)			
							3-4 per week	13	1.12 (0.61-2.07)			
							Every day					
							Cabbage and lettuce	43	1.00	0.33		
							0-2 per week	29	1.05 (0.65-1.68)			
							3-4 per week	27	1.19 (0.73-1.94)			
							Every day					
						146 females	Green leafy veg.	42	1.00	0.64		
							0-2 per week	31	0.83 (0.42-1.32)			
							3-4 per week	49	1.00 (0.66-1.52)			
							Every day					
							Carrot	51	1.00	0.51		
							0-2 per week	36	0.99 (0.64-1.51)			
							3-4 per week	32	1.12 (0.71-1.75)			
							Every day					
							Tomato	74	1.00	0.23		
							0-2 per week	21	0.75 (0.46-1.22)			
							3-4 per week	18	0.73 (0.43-1.24)			
							Every day					
							Cabbage and lettuce	42	1.00	0.44		
							0-2 per week	35	1.06 (0.67-1.66)			
							3-4 per week	41	1.21 (0.78-1.87)			
							Every day					

References Author	Study period		Study population		Category	Number Relative risk among (95%CI or p) cases	p for trend	Confounding variables considered	Comments
	Year	List No.	Number of subjects for analysis, sex, age	Source of subjects followed					
			Rectum 116 males		Green leafy veg. 0-2 per week	46 1.00	0.02		
					3-4 per week	26 0.74 (0.46-1.20)			
					Every day	23 0.57 (0.34-0.94)			
					Carrot				
					0-2 per week	55 1.00	0.62		
					3-4 per week	15 0.60 (0.34-1.07)			
					Every day	16 1.01 (0.57-1.79)			
					Tomato				
					0-2 per week	63 1.00	0.16		
					3-4 per week	15 0.77 (0.44-1.36)			
					Every day	11 0.83 (0.43-1.58)			
					Cabbage and lettuce				
					0-2 per week	39 1.00	0.55		
					3-4 per week	26 1.05 (0.64-1.73)			
					Every day	24 1.22 (0.73-2.05)			
			57 females		Green leafy veg.				
					0-2 per week	14 1.00	0.23		
					3-4 per week	11 0.88 (0.40-1.94)			
					Every day	13 0.75 (0.35-1.60)			
					Carrot				
					0-2 per week	13 1.00	0.13		
					3-4 per week	11 1.16 (0.51-2.61)			
					Every day	11 1.49 (0.66-3.37)			
					Tomato				
					0-2 per week	16 1.00	0.50		
					3-4 per week	11 1.97 (0.90-4.29)			
					Every day	8 1.54 (0.64-3.68)			
					Cabbage and lettuce				
					0-2 per week	15 1.00	0.48		
					3-4 per week	6 0.49 (0.19-1.27)			
					Every day	14 1.08 (0.51-2.25)			

References Author	Year	List No.	Study time, prefecture, subjects age	Study subjects		Category	Relative risk (95%CI or p)	p for trend	Confounding variables considered	Comments
				Type and source	Definition					
Haenszel W, et al.	1980	(2)	Hospital-based (Hiroshima, Aichi, Miyagi)	Case: 89% were histologically confirmed; Controls: Impatients without gastric and duodenal ulcers, other diseases of the large bowel, or other cancers of the digestive system	588	1176	Welsh onion non-use	1.00	Matched (1:2) for age, sex, and hospital (prefecture)	NA
							use	3.80 (<0.05)		
							Tomato non-use	1.00		
							use	1.52 (n.s.)	NA	
							Carrot non-use	1.00		
							use	2.15 (<0.05)	NA	
Watanabe Y, et al.	1984	(3)	Hospital-based (5 hospitals in Kyoto, Shiga, Hyogo)	Case: histologically confirmed cases; Controls: Colon	138 males and 138 females	138 males and 138 females	Vegetables none	1.00	Matched (1:1) for : hospital, sex, and age (± 5 yrs)	NA
							others	1.00 (1.00-1.00)		
							Rectum 65 males and 65 females	1.00		
							Vegetables none	0.33 (0.04-2.87)	NA	
							others			

References Author	Year	List No.	Study time, prefecture, subjects age	Study subjects		Category	Relative risk (95%CI or p)	p for trend	Confounding variables considered	Comments	
				Type and source	Definition						Number of cases
Tajima K, et al.	1985	(4)	1981-1983	hospital-based (Aichi-Cancer Center)	Case: histologically confirmed cases; Controls: inpatients without history of cancer	Colon 27 males	111 males*				*common controls for cases of cancer of the stomach, colon, or rectum
						Carrot	1.00		adjusted for age		
						<1/week	1.35 (n.s.)				
						1-3/week	1.44 (n.s.)	NA			
						4+/week					
						Pumpkin	1.00				
						<1/week	3.49 (<0.01)	NA			
						1-3/week					
						Spinach	1.00				
						<1/week	1.41 (n.s.)				
						1-3/week	2.64 (n.s.)	NA			
						4+/week					
						Radish	1.00				
						<1/week	0.96 (n.s.)				
						1-3/week	1.43 (n.s.)	NA			
						4+/week					
						Hakusai	1.00				
						<1/week	1.10 (n.s.)				
						1-3/week	0.88 (n.s.)	NA			
						4+/week					
						Onion	1.00				
						<1/week	1.31 (n.s.)				
						1-3/week	3.84 (<0.01)	NA			
						4+/week					
						Cabbage	1.00				
						<1/week	1.24 (n.s.)				
						1-3/week	2.07 (n.s.)	NA			
						4+/week					
						Lettuce	1.00				
						<1/week	1.82 (n.s.)				
						1-3/week	1.73 (n.s.)	NA			
						4+/week					

References Author	Year	List No. subjects age	Study time, prefecture, Type and source	Definition	Study subjects		Category	Relative risk (95%CI or p)	p for trend	Confounding variables considered	Comments
					Number of cases	Number of controls					
							Tomato				
							<1/week	1.00			
							1-3/week	1.63 (n.s.)			
							4+/week	1.30 (n.s.)	NA		
							Carrot				
					Rectum 25 males	111 males*	<1/week	1.00			
							1-3/week	1.57 (n.s.)			
							4+/week	1.14 (n.s.)	NA		
							Pumpkin				
							<1/week	1.00			
							1-3/week	2.55 (<0.05)	NA		
							Spinach				
							<1/week	1.00			
							1-3/week	0.57 (n.s.)			
							4+/week	1.45 (n.s.)	NA		
							Radish				
							<1/week	1.00			
							1-3/week	1.05 (n.s.)			
							4+/week	1.70 (n.s.)	NA		
							Hakusai				
							<1/week	1.00			
							1-3/week	0.75 (n.s.)			
							4+/week	1.87 (n.s.)	NA		
							Onion				
							<1/week	1.00			
							1-3/week	1.17 (n.s.)			
							4+/week	2.99 (<0.01)	NA		
							Cabbage				
							<1/week	1.00			
							1-3/week	0.64 (n.s.)			
							4+/week	1.01 (n.s.)	NA		