

Aspartic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	7305	1542	139	7627	1673	179	7843	1646	213	7264	1590	180	6762	1349	28	7507	1630	739
Female	6153	1455	160	6352	1319	171	6439	1420	187	6177	1560	178	5684	994	21	6267	1436	717
Total	6689	1601	299	7004	1638	350	7186	1695	400	6724	1664	358	6300	1313	49	6897	1657	1456

Glutamic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	14860	2712	139	14875	2805	179	15071	2970	213	14111	2905	180	13468	2647	28	14689	2882	739
Female	12975	2740	160	12932	2564	171	12689	2444	187	11770	2613	178	11273	1556	21	12541	2610	717
Total	13852	2881	299	13926	2857	350	13957	2981	400	12947	2998	358	12527	2481	49	13631	2953	1456

Glycine (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	3424	755	139	3557	779	179	3560	805	213	3320	759	180	3026	545	28	3455	779	739
Female	2827	652	160	2907	632	171	2865	632	187	2722	684	178	2490	478	21	2820	650	717
Total	3105	761	299	3240	781	350	3235	807	400	3023	781	358	2796	578	49	3142	785	1456

Proline (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	4832	982	139	4723	1017	179	4784	1098	213	4503	1064	180	4378	1027	28	4694	1053	739
Female	4358	1009	160	4255	946	171	4114	892	187	3731	916	178	3640	574	21	4093	960	717
Total	4578	1022	299	4494	1009	350	4471	1060	400	4119	1065	358	4062	931	49	4398	1052	1456

Serine (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	3611	684	139	3656	734	179	3764	719	213	3506	725	180	3306	583	28	3629	721	739
Female	3114	694	160	3130	614	171	3105	628	187	2951	675	178	2785	411	21	3066	651	717
Total	3345	732	299	3399	727	350	3456	753	400	3230	753	358	3083	574	49	3351	742	1456

Total fatty acids (g)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	59.39	15.39	139	56.08	49.87	179	48.73	13.57	213	42.80	13.75	180	40.99	11.31	28	50.78	28.09	739
Female	52.66	13.81	160	48.18	14.48	171	42.99	11.73	187	37.51	10.71	178	35.68	8.80	21	44.81	13.84	717
Total	55.79	14.93	299	52.22	37.23	350	46.05	13.04	400	40.17	12.60	358	38.71	10.55	49	47.84	22.43	1456

Saturated fatty acids (g)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	18.70	5.85	139	16.54	5.40	179	15.27	4.93	213	13.57	5.19	180	14.03	5.57	28	15.76	5.59	739
Female	17.71	5.55	160	15.57	5.37	171	13.77	4.27	187	11.66	4.20	178	11.45	3.52	21	14.49	5.30	717
Total	18.17	5.70	299	16.07	5.40	350	14.57	4.69	400	12.62	4.81	358	12.92	4.92	49	15.13	5.48	1456

Monounsaturated fatty acids (g)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	24.01	6.77	139	22.82	26.44	179	18.66	5.77	213	16.42	5.94	180	15.29	4.63	28	20.00	14.33	739
Female	21.04	6.14	160	19.01	6.14	171	16.60	5.10	187	14.34	4.40	178	13.67	4.08	21	17.52	5.98	717
Total	22.42	6.60	299	20.96	19.45	350	17.70	5.55	400	15.39	5.32	358	14.59	4.44	49	18.78	11.11	1456

Polyunsaturated fatty acids (g)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	16.66	4.52	139	16.69	22.64	179	14.75	4.34	213	12.73	4.11	180	11.66	2.91	28	14.97	11.84	739
Female	13.88	4.10	160	13.55	4.18	171	12.55	3.93	187	11.46	3.69	178	10.50	2.45	21	12.76	4.05	717
Total	15.17	4.51	299	15.16	16.51	350	13.72	4.29	400	12.10	3.95	358	11.16	2.76	49	13.88	8.97	1456

Unsaturated fatty acids (g)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	40.58	10.64	139	39.40	48.91	179	33.31	9.48	213	29.07	9.39	180	26.85	6.97	28	34.87	25.88	739
Female	34.83	9.44	160	32.47	9.80	171	29.06	8.39	187	25.71	7.48	178	24.11	5.91	21	30.19	9.39	717
Total	37.50	10.40	299	36.02	35.76	350	31.32	9.22	400	27.40	8.65	358	25.68	6.62	49	32.57	19.71	1456

n-6 fatty acids (g)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	13.05	3.79	139	12.99	22.65	179	11.18	3.48	213	9.56	3.38	180	8.78	2.22	28	11.49	11.62	739
Female	10.67	3.22	160	10.43	3.34	171	9.61	3.31	187	8.79	3.05	178	8.22	1.95	21	9.80	3.29	717
Total	11.78	3.69	299	11.74	16.39	350	10.45	3.49	400	9.18	3.24	358	8.54	2.10	49	10.65	8.63	1456

n-3 fatty acids (g)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	3.15	1.10	139	3.32	1.18	179	3.16	1.21	213	2.86	1.13	180	2.67	0.94	28	3.11	1.17	739
Female	2.66	1.53	160	2.68	1.04	171	2.58	0.98	187	2.47	1.10	178	2.16	0.88	21	2.58	1.17	717
Total	2.89	1.37	299	3.01	1.16	350	2.89	1.14	400	2.67	1.13	358	2.45	0.94	49	2.85	1.19	1456

Butyric acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	244.7	229.5	139	221.0	207.5	179	220.3	178.5	213	197.4	177.7	180	269.0	277.9	28	221.3	200.5	739
Female	321.7	201.9	160	255.8	188.9	171	213.8	149.9	187	179.6	167.3	178	176.6	140.1	21	238.3	183.2	717
Total	285.9	218.2	299	238.0	199.1	350	217.3	165.6	400	188.6	172.6	358	229.4	231.8	49	229.7	192.3	1456

Hexanoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	188.2	178.8	139	172.6	159.3	179	178.1	147.7	213	157.2	146.1	180	213.4	212.6	28	174.9	159.3	739
Female	241.4	155.5	160	197.8	145.6	171	172.6	125.7	187	146.2	138.8	178	138.9	113.8	21	186.4	144.4	717
Total	216.7	168.6	299	184.9	153.1	350	175.5	137.7	400	151.7	142.4	358	181.5	179.4	49	180.6	152.2	1456

Octanoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	47.4	56.1	139	40.7	50.4	179	31.9	36.3	213	29.7	39.0	180	50.0	89.6	28	37.1	47.9	739
Female	71.9	59.9	160	51.0	51.2	171	34.5	36.7	187	28.4	36.5	178	29.8	41.3	21	45.1	49.2	717
Total	60.5	59.4	299	45.7	51.0	350	33.1	36.5	400	29.1	37.7	358	41.4	73.0	49	41.1	48.7	1456

Decanoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	208.6	191.9	139	186.4	167.1	179	189.4	154.6	213	166.8	155.4	180	231.3	244.8	28	188.4	169.7	739
Female	265.3	170.5	160	213.6	154.9	171	183.6	133.0	187	154.3	146.3	178	148.1	120.7	21	200.7	155.3	717
Total	239.0	182.7	299	199.7	161.6	350	186.7	144.7	400	160.6	150.8	358	195.6	203.7	49	194.4	162.8	1456

Decenoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	9.2	9.9	139	7.2	8.5	179	6.4	8.3	213	6.4	8.8	180	8.9	17.9	28	7.2	9.3	739
Female	12.9	11.6	160	9.3	9.7	171	7.0	7.6	187	5.5	7.5	178	4.4	6.8	21	8.4	9.5	717
Total	11.2	10.9	299	8.2	9.1	350	6.7	8.0	400	5.9	8.2	358	7.0	14.3	49	7.8	9.4	1456

Lauric acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	236.5	203.6	139	209.6	178.6	179	207.9	164.1	213	184.7	166.3	180	250.5	269.2	28	209.6	181.4	739
Female	311.6	203.9	160	241.5	167.1	171	205.7	143.4	187	170.1	154.6	178	165.1	131.8	21	227.8	174.0	717
Total	276.7	206.8	299	225.2	173.6	350	206.9	154.6	400	177.4	160.5	358	213.9	223.2	49	218.6	177.9	1456

Myristic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	1272.8	750.9	139	1263.9	689.5	179	1156.5	613.7	213	1064.8	616.2	180	1260.4	935.5	28	1186.0	677.7	739
Female	1417.5	692.1	160	1222.3	614.9	171	1092.5	512.4	187	927.9	582.5	178	880.6	485.4	21	1148.9	622.3	717
Total	1350.2	722.4	299	1243.6	653.5	350	1126.6	568.8	400	996.8	602.7	358	1097.7	791.5	49	1167.7	651.1	1456

Myristoleic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	82.3	95.5	139	84.6	94.3	179	55.6	67.3	213	46.9	56.8	180	49.0	72.3	28	65.3	79.9	739
Female	98.6	89.5	160	74.7	72.4	171	61.3	80.2	187	43.3	50.3	178	30.4	35.7	21	67.4	76.0	717
Total	91.0	92.6	299	79.7	84.3	350	58.3	73.6	400	45.1	53.7	358	41.0	59.6	49	66.3	78.0	1456

Pentadecanoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	163.4	145.0	139	159.9	127.3	179	160.9	130.3	213	143.4	121.1	180	183.9	154.5	28	157.7	131.3	739
Female	198.0	122.3	160	171.2	119.2	171	142.6	102.5	187	132.2	115.0	178	114.4	98.8	21	158.4	116.8	717
Total	181.9	134.3	299	165.4	123.3	350	152.3	118.3	400	137.9	118.1	358	154.1	136.7	49	158.1	124.3	1456

Pentadecenoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	0.75	7.20	139	0.00	0.05	179	0.02	0.15	213	0.00	0.00	180	0.00	0.00	28	0.15	3.13	739
Female	0.26	1.63	160	0.30	2.70	171	0.20	2.54	187	0.10	1.30	178	0.00	0.00	21	0.21	2.10	717
Total	0.48	5.05	299	0.15	1.89	350	0.10	1.74	400	0.05	0.92	358	0.00	0.00	49	0.18	2.67	1456

Palmitic acid (g)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	11.26	3.19	139	9.86	2.89	179	9.30	4.67	213	8.30	4.06	180	8.09	2.82	28	9.52	3.94	739
Female	10.21	2.96	160	9.05	2.90	171	8.07	2.38	187	7.17	4.71	178	6.87	1.95	21	8.52	3.51	717
Total	10.70	3.11	299	9.46	2.92	350	8.72	3.82	400	7.74	4.43	358	7.57	2.54	49	9.03	3.77	1456

Palmitoleic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	1226.4	469.2	139	1212.1	500.5	179	1038.4	398.6	213	964.1	374.9	180	930.4	357.0	28	1093.6	445.7	739
Female	1191.7	1332.9	160	1009.8	414.2	171	912.9	387.2	187	773.9	340.5	178	733.2	298.9	21	958.4	727.1	717
Total	1207.8	1024.8	299	1113.3	470.7	350	979.7	397.8	400	869.5	370.2	358	845.9	344.4	49	1027.1	604.6	1456

Hexadecatrienoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	0.12	0.38	139	0.18	0.63	179	0.14	0.46	213	0.15	0.63	180	0.14	0.51	28	0.15	0.54	739
Female	0.14	0.48	160	0.10	0.29	171	0.24	0.87	187	0.21	0.72	178	0.21	0.57	21	0.18	0.64	717
Total	0.13	0.44	299	0.14	0.49	350	0.18	0.68	400	0.18	0.68	358	0.17	0.53	49	0.16	0.59	1456

Heptadecanoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	121.5	67.9	139	128.7	71.8	179	104.8	61.8	213	90.0	58.1	180	85.8	67.5	28	109.4	66.5	739
Female	124.6	62.4	160	106.5	58.5	171	93.9	56.4	187	81.2	51.7	178	58.1	48.7	21	99.5	59.4	717
Total	123.2	65.0	299	117.9	66.5	350	99.7	59.5	400	85.6	55.1	358	73.9	61.2	49	104.5	63.3	1456

Heptadecenoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	87.3	51.1	139	97.4	58.3	179	77.5	48.3	213	70.5	46.5	180	56.6	42.5	28	81.7	51.9	739
Female	78.1	48.5	160	72.8	45.9	171	70.4	48.0	187	59.0	42.6	178	42.6	31.1	21	69.0	46.5	717
Total	82.4	49.9	299	85.3	54.0	350	74.2	48.2	400	64.8	44.9	358	50.6	38.3	49	75.4	49.7	1456

Stearic acid (g)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	4.34	1.38	139	3.71	1.24	179	3.45	1.49	213	2.98	1.45	180	2.85	1.02	28	3.54	1.46	739
Female	4.02	1.31	160	3.47	1.27	171	3.03	1.03	187	2.64	1.44	178	2.42	0.72	21	3.24	1.36	717
Total	4.17	1.35	299	3.59	1.26	350	3.25	1.31	400	2.81	1.45	358	2.67	0.92	49	3.39	1.42	1456

Oleic acid (g)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	21.52	6.31	139	1973.4	26160	179	16.93	8.53	213	15.88	17.91	180	13.30	3.96	28	491.29	12875	739
Female	18.69	5.44	160	16.77	5.65	171	14.58	4.76	187	13.17	8.64	178	12.07	3.58	21	15.60	6.59	717
Total	20.00	6.02	299	1017.4	18708	350	15.83	7.11	400	14.53	14.13	358	12.77	3.81	49	257.04	9172.4	1456

Linoleic acid (g)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	13.13	3.77	139	1687.3	22423	179	12.99	25.82	213	11.26	19.88	180	8.69	2.32	28	417.98	11036	739
Female	10.88	3.28	160	10.53	3.48	171	9.67	3.33	187	10.82	28.42	178	8.10	1.99	21	10.38	14.43	717
Total	11.93	3.69	299	868.08	16036	350	11.44	19.03	400	11.04	24.47	358	8.44	2.19	49	217.26	7862.1	1456

Linolenic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	1988.6	662.7	139	1660.3	577.3	179	1648.2	654.9	213	1372.3	562.2	180	1309.1	464.5	28	1635.1	644.1	739
Female	1600.2	600.2	160	1523.6	574.9	171	1377.3	536.2	187	1305.0	527.6	178	1208.6	422.0	21	1439.0	567.0	717
Total	1780.8	658.2	299	1593.5	579.3	350	1521.5	616.6	400	1338.9	545.5	358	1266.0	445.1	49	1538.6	615.0	1456

Gamma-Linolenic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	0.08	0.16	139	0.16	0.35	179	0.14	0.30	213	0.30	1.78	180	0.30	0.57	28	0.18	0.92	739
Female	0.08	0.27	160	0.08	0.21	171	0.12	0.37	187	0.18	0.42	178	0.12	0.25	21	0.12	0.33	717
Total	0.08	0.22	299	0.12	0.30	350	0.13	0.33	400	0.24	1.30	358	0.23	0.47	49	0.15	0.70	1456

Octadecatetraenic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	74.1	82.5	139	112.2	106.2	179	89.3	80.0	213	97.8	97.1	180	83.6	73.9	28	93.9	92.1	739
Female	65.0	76.4	160	80.9	95.5	171	78.6	75.0	187	79.5	87.3	178	63.6	76.5	21	75.9	83.7	717
Total	69.2	79.3	299	96.9	102.2	350	84.3	77.8	400	88.7	92.7	358	75.1	74.9	49	85.0	88.5	1456

Arachidic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	212.2	102.1	139	169.8	86.4	179	162.3	95.9	213	146.8	105.0	180	146.2	94.5	28	169.1	99.5	739
Female	191.2	83.7	160	177.8	98.9	171	149.6	76.4	187	126.5	71.7	178	138.6	71.3	21	159.6	86.1	717
Total	200.9	93.2	299	173.7	92.7	350	156.4	87.4	400	136.7	90.5	358	142.9	84.6	49	164.4	93.2	1456

Eicosenoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	578.5	322.7	139	653.5	447.8	179	497.2	293.1	213	523.4	379.1	180	450.2	329.2	28	555.0	368.0	739
Female	506.1	334.9	160	521.3	393.0	171	459.8	292.0	187	430.7	328.6	178	389.6	327.8	21	475.5	339.0	717
Total	539.7	330.7	299	588.9	426.5	350	479.7	292.8	400	477.3	357.4	358	424.2	326.6	49	515.8	356.1	1456

Eicosadienoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	32.5	25.8	139	26.2	24.9	179	17.0	17.9	213	16.2	22.2	180	10.7	13.6	28	21.7	23.2	739
Female	21.7	19.4	160	20.5	21.6	171	14.6	16.2	187	11.9	15.0	178	11.3	12.8	21	16.9	18.4	717
Total	26.7	23.2	299	23.5	23.5	350	15.9	17.1	400	14.0	19.1	358	10.9	13.1	49	19.3	21.1	1456

Eicosatrienoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	1.5	3.2	139	1.6	3.5	179	1.0	5.2	213	1.0	3.6	180	0.8	1.5	28	1.2	4.0	739
Female	2.7	7.7	160	2.4	6.9	171	1.6	4.2	187	1.4	4.4	178	0.6	1.7	21	1.9	5.8	717
Total	2.1	6.0	299	2.0	5.4	350	1.3	4.7	400	1.2	4.0	358	0.7	1.6	49	1.6	5.0	1456

Eicosatetraenoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	32.1	31.5	139	45.6	38.5	179	38.9	37.6	213	43.1	40.0	180	34.6	35.4	28	40.1	37.5	739
Female	28.8	29.6	160	32.7	31.2	171	32.6	27.6	187	34.1	34.6	178	25.9	32.7	21	32.0	30.9	717
Total	30.4	30.5	299	39.3	35.7	350	36.0	33.4	400	38.6	37.7	358	30.9	34.2	49	36.1	34.6	1456

Arachidonic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	161.8	56.7	139	162.8	63.1	179	153.5	56.9	213	143.4	60.9	180	138.8	48.7	28	154.3	59.5	739
Female	133.8	48.7	160	133.0	54.9	171	124.3	50.1	187	117.4	54.3	178	107.4	42.5	21	126.3	52.2	717
Total	146.8	54.3	299	148.3	61.0	350	139.8	55.7	400	130.5	59.1	358	125.4	48.3	49	140.5	57.8	1456

Eicosapentaenoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	312.9	259.5	139	488.3	461.6	179	427.7	301.8	213	426.7	293.8	180	381.5	260.2	28	418.8	342.0	739
Female	252.3	190.3	160	320.8	270.4	171	350.2	249.0	187	329.9	287.5	178	260.0	182.7	21	313.7	253.4	717
Total	280.5	226.8	299	406.4	389.0	350	391.5	280.7	400	378.6	294.3	358	329.4	236.0	49	367.0	306.1	1456

Behenic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	90.7	84.2	139	82.6	76.6	179	78.6	78.3	213	62.9	71.7	180	46.5	30.0	28	76.8	76.9	739
Female	64.4	46.7	160	75.6	100.9	171	61.1	54.9	187	55.3	56.8	178	45.5	33.9	21	63.4	67.6	717
Total	76.6	68.0	299	79.2	89.2	350	70.4	68.8	400	59.1	64.7	358	46.1	31.4	49	70.2	72.7	1456

Docosenoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	307.1	329.4	139	436.2	465.0	179	286.9	256.2	213	327.0	378.1	180	281.1	287.1	28	336.4	363.9	739
Female	296.8	338.7	160	328.6	397.8	171	282.6	300.2	187	286.7	334.6	178	242.2	320.5	21	296.5	342.6	717
Total	301.6	333.9	299	383.6	436.2	350	284.9	277.2	400	306.9	357.2	358	264.4	299.2	49	316.8	354.0	1456

Docosadienoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	0.000	0.000	139	0.011	0.149	179	0.029	0.411	213	0.000	0.000	180	0.000	0.000	28	0.011	0.233	739
Female	0.000	0.000	160	0.007	0.066	171	0.010	0.098	187	0.000	0.000	178	0.000	0.000	21	0.004	0.060	717
Total	0.000	0.000	299	0.009	0.116	350	0.020	0.307	400	0.000	0.000	358	0.000	0.000	49	0.008	0.171	1456

n-3 Docosapentaenoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	74.7	70.2	139	118.3	87.1	179	107.9	86.6	213	110.8	85.7	180	99.8	63.5	28	104.5	84.0	739
Female	64.3	57.4	160	79.3	73.3	171	89.0	69.5	187	87.6	84.2	178	67.9	65.9	21	80.2	72.3	717
Total	69.1	63.8	299	99.2	82.8	350	99.1	79.5	400	99.2	85.6	358	86.1	65.8	49	92.6	79.4	1456

n-6 Docosapentaenoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	1.6	7.4	139	1.3	6.9	179	0.9	5.5	213	0.9	5.4	180	0.1	0.5	28	1.1	6.1	739
Female	1.0	5.1	160	1.6	7.8	171	0.5	3.7	187	0.6	3.4	178	0.1	0.4	21	0.9	5.2	717
Total	1.3	6.3	299	1.4	7.3	350	0.7	4.8	400	0.7	4.5	358	0.1	0.4	49	1.0	5.7	1456

Docosahexaenoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	659.7	427.9	139	878.9	475.1	179	829.1	483.1	213	797.9	467.2	180	734.6	362.3	28	798.1	468.1	739
Female	643.5	1275.7	160	629.9	424.8	171	643.3	368.7	187	628.8	448.6	178	518.5	344.8	21	632.9	702.2	717
Total	651.0	976.3	299	757.3	467.5	350	742.3	442.7	400	713.8	465.2	358	642.0	367.5	49	716.8	600.5	1456

Lignoceric acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	12.0	40.3	139	15.6	39.6	179	14.9	37.3	213	11.8	33.8	180	4.1	11.4	28	13.4	37.0	739
Female	5.3	19.0	160	13.2	52.2	171	10.1	24.8	187	7.7	26.9	178	3.7	14.1	21	9.0	32.9	717
Total	8.4	30.9	299	14.4	46.1	350	12.6	32.1	400	9.8	30.6	358	3.9	12.5	49	11.2	35.1	1456

Tetracosenoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	42.3	45.0	139	67.3	54.8	179	56.3	45.9	213	57.1	50.3	180	50.1	38.8	28	56.3	49.4	739
Female	37.1	37.7	160	47.0	51.8	171	46.7	40.5	187	46.9	47.8	178	36.2	38.8	21	44.4	44.8	717
Total	39.5	41.3	299	57.4	54.2	350	51.8	43.7	400	52.0	49.3	358	44.1	39.0	49	50.4	47.6	1456

Alcohol (g)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	19.9	24.9	139	19.9	22.4	179	17.1	23.8	213	11.3	14.3	180	6.1	10.1	28	16.5	21.7	739
Female	3.4	6.6	160	3.1	8.1	171	3.1	7.8	187	1.2	2.9	178	1.0	2.0	21	2.6	6.6	717
Total	11.1	19.4	299	11.7	18.9	350	10.5	19.5	400	6.3	11.5	358	3.9	8.1	49	9.7	17.5	1456

5) State of using dietary supplement in previous 1 year (DSFQ)

Total supplement

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Not used	Female	65	22.1	92	32.3	78	27.3	67	24.4	10	29.4	312	26.6
	Male	87	32.7	144	43.5	119	40.1	121	45.3	21	48.8	492	40.9
	Total	152	27.1	236	38.3	197	33.8	188	34.7	31	40.3	804	33.8
Used	Female	229	77.9	193	67.7	208	72.7	208	75.6	24	70.6	862	73.4
	Male	179	67.3	187	56.5	178	59.9	146	54.7	22	51.2	712	59.1
	Total	408	72.9	380	61.7	386	66.2	354	65.3	46	59.7	1574	66.2

Vitamin supplement

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Not used	Female	183	62.2	201	70.5	190	66.4	143	52.0	21	61.8	738	62.9
	Male	198	74.4	274	82.8	233	78.5	197	73.8	31	72.1	933	77.5
	Total	381	68.0	475	77.1	423	72.6	340	62.7	52	67.5	1671	70.3
Used	Female	111	37.8	84	29.5	96	33.6	132	48.0	13	38.2	436	37.1
	Male	68	25.6	57	17.2	64	21.5	70	26.2	12	27.9	271	22.5
	Total	179	32.0	141	22.9	160	27.4	202	37.3	25	32.5	707	29.7

Mineral supplement

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Not used	Female	256	87.1	260	91.2	264	92.3	249	90.5	32	94.1	1061	90.4
	Male	251	94.4	324	97.9	281	94.6	255	95.5	40	93.0	1151	95.6
	Total	507	90.5	584	94.8	545	93.5	504	93.0	72	93.5	2212	93.0
Used	Female	38	12.9	25	8.8	22	7.7	26	9.5	2	5.9	113	9.6
	Male	15	5.6	7	2.1	16	5.4	12	4.5	3	7.0	53	4.4
	Total	53	9.5	32	5.2	38	6.5	38	7.0	5	6.5	166	7.0

Fat supplement

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Not used	Female	288	98.0	281	98.6	283	99.0	269	97.8	33	97.1	1154	98.3
	Male	260	97.7	330	99.7	295	99.3	265	99.3	43	100.0	1193	99.1
	Total	548	97.9	611	99.2	578	99.1	534	98.5	76	98.7	2347	98.7
Used	Female	6	2.0	4	1.4	3	1.0	6	2.2	1	2.9	20	1.7
	Male	6	2.3	1	0.3	2	0.7	2	0.7	0	0.0	11	0.9
	Total	12	2.1	5	0.8	5	0.9	8	1.5	1	1.3	31	1.3

Protein supplement

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Not used	Female	284	96.6	282	98.9	280	97.9	272	98.9	34	100.0	1152	98.1
	Male	254	95.5	327	98.8	291	98.0	267	100.0	43	100.0	1182	98.2
	Total	538	96.1	609	98.9	571	97.9	539	99.4	77	100.0	2334	98.1
Used	Female	10	3.4	3	1.1	6	2.1	3	1.1	0	0.0	22	1.9
	Male	12	4.5	4	1.2	6	2.0	0	0.0	0	0.0	22	1.8
	Total	22	3.9	7	1.1	12	2.1	3	0.6	0	0.0	44	1.9

Dietary fiber supplement

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Not used	Female	292	99.3	285	100.0	285	99.7	273	99.3	34	100.0	1169	99.6
	Male	266	100.0	330	99.7	297	100.0	267	100.0	43	100.0	1203	99.9
	Total	558	99.6	615	99.8	582	99.8	540	99.6	77	100.0	2372	99.7
Used	Female	2	0.7	0	0.0	1	0.3	2	0.7	0	0.0	5	0.4
	Male	0	0.0	1	0.3	0	0.0	0	0.0	0	0.0	1	0.1
	Total	2	0.4	1	0.2	1	0.2	2	0.4	0	0.0	6	0.3

Supplement contained others

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Not used	Female	128	43.5	149	52.3	123	43.0	153	55.6	19	55.9	572	48.7
	Male	133	50.0	198	59.8	157	52.9	169	63.3	29	67.4	686	57.0
	Total	261	46.6	347	56.3	280	48.0	322	59.4	48	62.3	1258	52.9
Used	Female	166	56.5	136	47.7	163	57.0	122	44.4	15	44.1	602	51.3
	Male	133	50.0	133	40.2	140	47.1	98	36.7	14	32.6	518	43.0
	Total	299	53.4	269	43.7	303	52.0	220	40.6	29	37.7	1120	47.1

Drug contained some nutrients

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Not used	Female	190	64.6	215	75.4	242	84.6	249	90.5	33	97.1	929	79.1
	Male	186	69.9	267	80.7	256	86.2	236	88.4	40	93.0	985	81.8
	Total	376	67.1	482	78.2	498	85.4	485	89.5	73	94.8	1914	80.5
Used	Female	104	35.4	70	24.6	44	15.4	26	9.5	1	2.9	245	20.9
	Male	80	30.1	64	19.3	41	13.8	31	11.6	3	7.0	219	18.2
	Total	184	32.9	134	21.8	85	14.6	57	10.5	4	5.2	464	19.5

6) Frequency of dietary supplement intake (DSFQ)

Total supplement (number/day)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	2.30	2.43	294	1.69	1.81	285	1.94	2.01	286	1.73	1.67	275	1.29	1.22	34	1.90	2.00	1174
Male	1.84	2.13	266	1.13	1.52	331	1.35	1.65	297	1.11	1.42	267	0.91	1.15	43	1.33	1.70	1204
Total	2.08	2.30	560	1.39	1.69	616	1.64	1.85	583	1.43	1.58	542	1.08	1.19	77	1.61	1.87	2378

Vitamin supplement (number/day)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	0.54	0.84	294	0.42	0.75	285	0.46	0.76	286	0.72	0.90	275	0.53	0.79	34	0.53	0.82	1174
Male	0.35	0.69	266	0.23	0.59	331	0.28	0.60	297	0.34	0.65	267	0.35	0.65	43	0.30	0.63	1204
Total	0.45	0.77	560	0.32	0.67	616	0.37	0.69	583	0.53	0.81	542	0.43	0.72	77	0.41	0.74	2378

Mineral supplement (number/day)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	0.16	0.44	294	0.09	0.30	285	0.08	0.27	286	0.11	0.34	275	0.09	0.38	34	0.11	0.35	1174
Male	0.08	0.33	266	0.02	0.14	331	0.06	0.25	297	0.04	0.21	267	0.07	0.26	43	0.05	0.24	1204
Total	0.12	0.39	560	0.05	0.23	616	0.07	0.26	583	0.08	0.28	542	0.08	0.31	77	0.08	0.30	2378

Fat supplement (number/day)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	0.02	0.14	294	0.01	0.12	285	0.01	0.10	286	0.03	0.18	275	0.03	0.17	34	0.02	0.14	1174
Male	0.03	0.18	266	0.00	0.05	331	0.01	0.08	297	0.01	0.09	267	0.00	0.00	43	0.01	0.11	1204
Total	0.02	0.16	560	0.01	0.09	616	0.01	0.09	583	0.02	0.14	542	0.01	0.11	77	0.01	0.12	2378

Protein supplement (number/day)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	0.03	0.18	294	0.01	0.14	285	0.02	0.14	286	0.01	0.10	275	0.00	0.00	34	0.02	0.14	1174
Male	0.05	0.23	266	0.01	0.11	331	0.02	0.14	297	0.00	0.00	267	0.00	0.00	43	0.02	0.14	1204
Total	0.04	0.21	560	0.01	0.13	616	0.02	0.14	583	0.01	0.07	542	0.00	0.00	77	0.02	0.14	2378

Dietary fiber supplement (number/day)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	0.01	0.08	294	0.00	0.00	285	0.00	0.06	286	0.01	0.09	275	0.00	0.00	34	0.00	0.07	1174
Male	0.00	0.00	266	0.00	0.05	331	0.00	0.00	297	0.00	0.00	267	0.00	0.00	43	0.00	0.03	1204
Total	0.00	0.06	560	0.00	0.04	616	0.00	0.04	583	0.00	0.06	542	0.00	0.00	77	0.00	0.05	2378

Supplement contained others (number/day)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	1.12	1.68	294	0.85	1.22	285	1.16	1.55	286	0.77	1.13	275	0.62	0.85	34	0.97	1.42	1174
Male	0.91	1.24	266	0.62	1.01	331	0.81	1.16	297	0.58	0.96	267	0.42	0.70	43	0.72	1.09	1204
Total	1.02	1.49	560	0.73	1.12	616	0.98	1.38	583	0.68	1.05	542	0.51	0.77	77	0.84	1.27	2378

Drug contained some nutrients (number/day)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	0.42	0.61	294	0.30	0.58	285	0.20	0.51	286	0.10	0.31	275	0.03	0.17	34	0.25	0.52	1174
Male	0.42	0.76	266	0.24	0.53	331	0.17	0.46	297	0.13	0.40	267	0.07	0.26	43	0.23	0.55	1204
Total	0.42	0.69	560	0.27	0.55	616	0.19	0.48	583	0.12	0.36	542	0.05	0.22	77	0.24	0.54	2378

7) Beverage intakes

Frequency of beverage intakes
Japanese sake

		40 - 49yr		50 - 59yr		60 - 69yr		70 - 79yr		80yr -		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Male	Never	156	58.6	187	56.5	181	60.9	151	56.6	23	53.5	698	58.0
	Once a month	37	13.9	32	9.7	19	6.4	17	6.4	5	11.6	110	9.1
	2 to 3 times a mo.	27	10.2	25	7.6	21	7.1	9	3.4	3	7.0	85	7.1
	Once a week	11	4.1	21	6.3	13	4.4	13	4.9	3	7.0	61	5.1
	2 to 3 times a week	21	7.9	38	11.5	30	10.1	24	9.0	3	7.0	116	9.6
	4 to 6 times a week	9	3.4	14	4.2	15	5.1	16	6.0	2	4.7	56	4.7
	Once a day	5	1.9	14	4.2	17	5.7	34	12.7	4	9.3	74	6.1
	2 to 3 times a day	0	0.0	0	0.0	1	0.3	3	1.1	0	0.0	4	0.3
Female	Never	268	91.2	262	91.9	249	87.1	254	92.4	31	91.2	1064	90.6
	Once a month	15	5.1	9	3.2	12	4.2	6	2.2	1	2.9	43	3.7
	2 to 3 times a mo.	7	2.4	5	1.8	9	3.1	5	1.8	1	2.9	27	2.3
	Once a week	2	0.7	2	0.7	3	1.0	5	1.8	1	2.9	13	1.1
	2 to 3 times a week	2	0.7	5	1.8	7	2.4	1	0.4	0	0.0	15	1.3
	4 to 6 times a week	0	0.0	0	0.0	4	1.4	2	0.7	0	0.0	6	0.5
	Once a day	0	0.0	2	0.7	2	0.7	2	0.7	0	0.0	6	0.5
	2 to 3 times a day	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
Total	Never	424	75.7	449	72.9	430	73.8	405	74.7	54	70.1	1762	74.1
	Once a month	52	9.3	41	6.7	31	5.3	23	4.2	6	7.8	153	6.4
	2 to 3 times a mo.	34	6.1	30	4.9	30	5.1	14	2.6	4	5.2	112	4.7
	Once a week	13	2.3	23	3.7	16	2.7	18	3.3	4	5.2	74	3.1
	2 to 3 times a week	23	4.1	43	7.0	37	6.3	25	4.6	3	3.9	131	5.5
	4 to 6 times a week	9	1.6	14	2.3	19	3.3	18	3.3	2	2.6	62	2.6
	Once a day	5	0.9	16	2.6	19	3.3	36	6.6	4	5.2	80	3.4
	2 to 3 times a day	0	0.0	0	0.0	1	0.2	3	0.6	0	0.0	4	0.2

Frequency of beverage intakes
Japanese distilled alcoholic beverages (Shochu)

		40 - 49yr		50 - 59yr		60 - 69yr		70 - 79yr		80yr -		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Male	Never	144	54.1	182	55.0	192	64.6	200	74.9	35	81.4	753	62.5
	Once a month	28	10.5	18	5.4	12	4.0	4	1.5	3	7.0	65	5.4
	2 to 3 times a mo.	13	4.9	22	6.6	9	3.0	11	4.1	1	2.3	56	4.7
	Once a week	16	6.0	19	5.7	15	5.1	5	1.9	0	0.0	55	4.6
	2 to 3 times a week	30	11.3	31	9.4	24	8.1	13	4.9	2	4.7	100	8.3
	4 to 6 times a week	14	5.3	16	4.8	13	4.4	10	3.7	0	0.0	53	4.4
	Once a day	21	7.9	42	12.7	31	10.4	24	9.0	2	4.7	120	10.0
	2 to 3 times a day	0	0.0	1	0.3	1	0.3	0	0.0	0	0.0	2	0.2
Female	Never	242	82.3	256	89.8	263	92.0	256	93.1	31	91.2	1048	89.3
	Once a month	9	3.1	7	2.5	6	2.1	3	1.1	2	5.9	27	2.3
	2 to 3 times a mo.	15	5.1	7	2.5	3	1.0	3	1.1	1	2.9	29	2.5
	Once a week	4	1.4	2	0.7	3	1.0	4	1.5	0	0.0	13	1.1
	2 to 3 times a week	13	4.4	10	3.5	5	1.7	5	1.8	0	0.0	33	2.8
	4 to 6 times a week	5	1.7	0	0.0	2	0.7	3	1.1	0	0.0	10	0.9
	Once a day	6	2.0	3	1.1	4	1.4	1	0.4	0	0.0	14	1.2
	2 to 3 times a day	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
Total	Never	386	68.9	438	71.1	455	78.0	456	84.1	66	85.7	1801	75.7
	Once a month	37	6.6	25	4.1	18	3.1	7	1.3	5	6.5	92	3.9
	2 to 3 times a mo.	28	5.0	29	4.7	12	2.1	14	2.6	2	2.6	85	3.6
	Once a week	20	3.6	21	3.4	18	3.1	9	1.7	0	0.0	68	2.9
	2 to 3 times a week	43	7.7	41	6.7	29	5.0	18	3.3	2	2.6	133	5.6
	4 to 6 times a week	19	3.4	16	2.6	15	2.6	13	2.4	0	0.0	63	2.6
	Once a day	27	4.8	45	7.3	35	6.0	25	4.6	2	2.6	134	5.6
	2 to 3 times a day	0	0.0	1	0.2	1	0.2	0	0.0	0	0.0	2	0.1

Frequency of beverage intakes
Regular or draft beer

		40 - 49yr		50 - 59yr		60 - 69yr		70 - 79yr		80yr -		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Male	not recorded	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
	Never	83	31.2	111	33.5	145	48.8	141	52.8	28	65.1	508	42.2
	Once a month	48	18.0	45	13.6	29	9.8	27	10.1	5	11.6	154	12.8
	2 to 3 times a mo.	33	12.4	38	11.5	30	10.1	19	7.1	2	4.7	122	10.1
	Once a week	37	13.9	31	9.4	30	10.1	32	12.0	1	2.3	131	10.9
	2 to 3 times a week	36	13.5	52	15.7	27	9.1	22	8.2	3	7.0	140	11.6
	4 to 6 times a week	16	6.0	23	6.9	15	5.1	9	3.4	1	2.3	64	5.3
	Once a day	13	4.9	31	9.4	19	6.4	16	6.0	3	7.0	82	6.8
	2 to 3 times a day	0	0.0	0	0.0	2	0.7	1	0.4	0	0.0	3	0.2
Female	not recorded	0	0.0	0	0.0	0	0.0	1	0.4	0	0.0	1	0.1
	Never	211	71.8	216	75.8	210	73.4	229	83.3	29	85.3	895	76.2
	Once a month	33	11.2	19	6.7	21	7.3	10	3.6	1	2.9	84	7.2
	2 to 3 times a mo.	14	4.8	16	5.6	19	6.6	11	4.0	0	0.0	60	5.1
	Once a week	14	4.8	14	4.9	13	4.5	6	2.2	3	8.8	50	4.3
	2 to 3 times a week	12	4.1	6	2.1	14	4.9	10	3.6	0	0.0	42	3.6
	4 to 6 times a week	4	1.4	10	3.5	4	1.4	4	1.5	0	0.0	22	1.9
	Once a day	6	2.0	4	1.4	5	1.7	4	1.5	1	2.9	20	1.7
	2 to 3 times a day	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
Total	not recorded	0	0.0	0	0.0	0	0.0	1	0.2	0	0.0	1	0.0
	Never	294	52.5	327	53.1	355	60.9	370	68.3	57	74.0	1403	59.0
	Once a month	81	14.5	64	10.4	50	8.6	37	6.8	6	7.8	238	10.0
	2 to 3 times a mo.	47	8.4	54	8.8	49	8.4	30	5.5	2	2.6	182	7.7
	Once a week	51	9.1	45	7.3	43	7.4	38	7.0	4	5.2	181	7.6
	2 to 3 times a week	48	8.6	58	9.4	41	7.0	32	5.9	3	3.9	182	7.7
	4 to 6 times a week	20	3.6	33	5.4	19	3.3	13	2.4	1	1.3	86	3.6
	Once a day	19	3.4	35	5.7	24	4.1	20	3.7	4	5.2	102	4.3
	2 to 3 times a day	0	0.0	0	0.0	2	0.3	1	0.2	0	0.0	3	0.1

Frequency of beverage intakes
Light beer

		40 - 49yr		50 - 59yr		60 - 69yr		70 - 79yr		80yr -		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Male	Never	124	46.6	195	58.9	189	63.6	216	80.9	34	79.1	758	63.0
	Once a month	16	6.0	4	1.2	5	1.7	3	1.1	1	2.3	29	2.4
	2 to 3 times a mo.	9	3.4	12	3.6	15	5.1	11	4.1	1	2.3	48	4.0
	Once a week	24	9.0	21	6.3	21	7.1	5	1.9	0	0.0	71	5.9
	2 to 3 times a week	41	15.4	39	11.8	36	12.1	12	4.5	5	11.6	133	11.0
	4 to 6 times a week	21	7.9	30	9.1	7	2.4	8	3.0	2	4.7	68	5.6
	Once a day	31	11.7	29	8.8	24	8.1	11	4.1	0	0.0	95	7.9
	2 to 3 times a day	0	0.0	1	0.3	0	0.0	1	0.4	0	0.0	2	0.2
Female	Never	216	73.5	235	82.5	239	83.6	256	93.1	34	100.0	980	83.5
	Once a month	16	5.4	8	2.8	7	2.4	0	0.0	0	0.0	31	2.6
	2 to 3 times a mo.	14	4.8	9	3.2	10	3.5	5	1.8	0	0.0	38	3.2
	Once a week	4	1.4	9	3.2	7	2.4	1	0.4	0	0.0	21	1.8
	2 to 3 times a week	21	7.1	8	2.8	9	3.1	8	2.9	0	0.0	46	3.9
	4 to 6 times a week	8	2.7	6	2.1	8	2.8	2	0.7	0	0.0	24	2.0
	Once a day	15	5.1	10	3.5	6	2.1	3	1.1	0	0.0	34	2.9
	2 to 3 times a day	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
Total	Never	340	60.7	430	69.8	428	73.4	472	87.1	68	88.3	1738	73.1
	Once a month	32	5.7	12	1.9	12	2.1	3	0.6	1	1.3	60	2.5
	2 to 3 times a mo.	23	4.1	21	3.4	25	4.3	16	3.0	1	1.3	86	3.6
	Once a week	28	5.0	30	4.9	28	4.8	6	1.1	0	0.0	92	3.9
	2 to 3 times a week	62	11.1	47	7.6	45	7.7	20	3.7	5	6.5	179	7.5
	4 to 6 times a week	29	5.2	36	5.8	15	2.6	10	1.8	2	2.6	92	3.9
	Once a day	46	8.2	39	6.3	30	5.1	14	2.6	0	0.0	129	5.4
	2 to 3 times a day	0	0.0	1	0.2	0	0.0	1	0.2	0	0.0	2	0.1

Frequency of beverage intakes
Wine

		40 - 49yr		50 - 59yr		60 - 69yr		70 - 79yr		80yr -		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Male	Never	203	76.3	258	77.9	253	85.2	225	84.3	40	93.0	979	81.3
	Once a month	34	12.8	43	13.0	24	8.1	20	7.5	2	4.7	123	10.2
	2 to 3 times a mo.	16	6.0	16	4.8	12	4.0	10	3.7	0	0.0	54	4.5
	Once a week	7	2.6	8	2.4	4	1.3	4	1.5	1	2.3	24	2.0
	2 to 3 times a week	5	1.9	4	1.2	4	1.3	4	1.5	0	0.0	17	1.4
	4 to 6 times a week	0	0.0	2	0.6	0	0.0	2	0.7	0	0.0	4	0.3
	Once a day	1	0.4	0	0.0	0	0.0	2	0.7	0	0.0	3	0.2
Female	Never	240	81.6	244	85.6	248	86.7	258	93.8	27	79.4	1017	86.6
	Once a month	32	10.9	21	7.4	16	5.6	8	2.9	1	2.9	78	6.6
	2 to 3 times a mo.	12	4.1	8	2.8	10	3.5	2	0.7	1	2.9	33	2.8
	Once a week	5	1.7	5	1.8	5	1.7	4	1.5	1	2.9	20	1.7
	2 to 3 times a week	3	1.0	5	1.8	4	1.4	3	1.1	1	2.9	16	1.4
	4 to 6 times a week	2	0.7	2	0.7	0	0.0	0	0.0	1	2.9	5	0.4
	Once a day	0	0.0	0	0.0	3	1.0	0	0.0	2	5.9	5	0.4
Total	Never	443	79.1	502	81.5	501	85.9	483	89.1	67	87.0	1996	83.9
	Once a month	66	11.8	64	10.4	40	6.9	28	5.2	3	3.9	201	8.5
	2 to 3 times a mo.	28	5.0	24	3.9	22	3.8	12	2.2	1	1.3	87	3.7
	Once a week	12	2.1	13	2.1	9	1.5	8	1.5	2	2.6	44	1.9
	2 to 3 times a week	8	1.4	9	1.5	8	1.4	7	1.3	1	1.3	33	1.4
	4 to 6 times a week	2	0.4	4	0.6	0	0.0	2	0.4	1	1.3	9	0.4
	Once a day	1	0.2	0	0.0	3	0.5	2	0.4	2	2.6	8	0.3