

Promoter polymorphism in fibroblast growth factor 1 gene increases risk of definite Alzheimer's disease

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Abstract

Fibroblast growth factor 1 (FGF1), also known as acidic FGF, protects selective neuronal populations against neurotoxic effects such as those in Alzheimer's disease (AD) and HIV encephalitis. The FGF1 gene is therefore a strong candidate gene for AD. Using the promoter polymorphism of the FGF1 gene, we examined the relationship between AD and the FGF1 and apolipoprotein E (APOE) genes in 100 Japanese autopsy-confirmed late-onset AD patients and 106 age-matched non-demented controls. The promoter polymorphism (−1385 A/G) was significantly associated with AD risk. The odds ratio for AD associated with the GG vs non-GG genotype was 2.02 (95% CI = 1.16–3.52), while that of 64 vs non-64 in the APOE4 gene was 5.19 (95% CI = 2.68–10.1). The odds ratio for APOE4 and FGF1 GG carriers was 20.5 (95% CI = 6.88–60.9). The results showed that the FGF1 gene is associated with autopsy-confirmed AD.

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Alzheimer's disease (AD; MIM#104300) is the most common cause of dementia in mid- to late-life. Studying the factors that influence the risk of developing AD may lead to the identification of those at high risk for developing it, strategies for prevention or intervention, and clues to the cause of the disease. Both genetic and environmental factors have been implicated in the development of AD [1], but the cause of AD remains unknown, and no cure or universally effective treatment has yet been developed [2]. Even the diagnosis is difficult. A definitive diagnosis depends on analysis of neu-

ritic plaques and neurofibrillary tangles found in brain tissue [3]. Given the recognition that AD constitutes a heterogeneous disorder, identification of established risk factors would be difficult using conventional methods.

Fibroblast growth factor 1 (FGF1), also known as acidic FGF) is a member of the fibroblast growth factor family that possesses broad mitogenic and cell survival activities and is involved in a variety of biological processes [4]. FGF1 protects selective neuronal populations against neurotoxic effects such as those in Alzheimer's disease [5,6] and HIV encephalitis [7]. Immunohistochemical examination of postmortem brain tissue of AD revealed that FGF1 was specifically expressed in a subpopulation of reactive astrocytes surrounding senile

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Table 1
Genotype and allele numbers and frequencies for G/A polymorphism in promoter of FGF1

Group	Genotype (frequency)				Allele (frequency)	
	AA	GA	GG	AA + GA	G	A
LOAD (100)	6 (0.06)	38 (0.38)	56 (0.56) ^a	64 (0.64) ^a	150 (0.75)	50 (0.25) ^b
Control (106)	14 (0.13)	51 (0.48)	41 (0.39)	65 (0.61)	133 (0.63)	79 (0.37)

LOAD, late-onset AD.

^a $p < 0.03$.

^b $p < 0.02$.

^c $p < 0.01$.

Table 2
Relative risk for interaction between APOE4 and −1385 G/A

APOE4	LOAD cases		Reference	Odds ratio	95% CI
	non-GG	GG			
−	46	65	Reference	1.16–3.52	
+	52	90	Reference	2.68–10.1	
	46	16	5.19		

APOE4 (−), one or two copies of APOE4 (−), no copies of $\epsilon 4$, 95% CI, confidence interval at 95% level.

to the FGF1 start site is sufficient to stimulate promoter activity. Therefore, it is reasonable to think that −1385 G/A polymorphism in the FGF1 promoter region can contribute the promoter activity. We performed an association study of the promoter polymorphism of the FGF1 gene.

We have evaluated definite LOAD as a relatively homogeneous case group. Our preliminary data suggest that the FGF1 gene, or a nearby gene, is an additional risk factor, independent of the APOE gene. Association studies often produce conflicting results. There are three possible reasons. First, this might be due to a type I statistical error, where there is a weak association between the polymorphism and the disease. Second, it might arise from the difference in genetic background between the American, French, Asian, and Japanese populations. In some studies, the AD group was made up of a mixture of familial and sporadic patients. We therefore tried to choose homogeneous subjects (autopsy-confirmed and late-onset AD) as much as possible. A third possibility could be linkage disequilibrium with other causative polymorphisms.

Patients with the GG genotype in this study had a higher risk of AD than those with the A allele. This indicates that the GG genotype in the promoter may influence the expression of FGF1 and could be involved in

the selective vulnerability of neurons in AD. The results of this study support the hypothesis that FGF1 contributes to the selective vulnerability of neurons in the entorhinal cortex in AD, and altered patterns of FGF1 immunoreactivity may play an important role in the pathophysiological processes of AD [11,12]. This hypothesis should be further examined by functional analysis of FGF1 polymorphisms.

Acknowledgments

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plaques. Such upregulation of FGF1 expression might be related to the presence of reactive astrocytes rather than β -amyloid protein deposition [8,9]. Recent studies suggest that FGF1 upregulates APOE synthesis and subsequently HDL production in reactive astrocytes in an autocrine or paracrine manner, and exerts its effect after central nervous system (CNS) damage through APOE secretion [10,11]. Besides, the fact that FGF1 expression is lower in the hippocampal formation than in nonneuronal suggests that FGF1 contributes to the selective vulnerability of neurons in the entorhinal cortex in AD, and altered patterns of FGF1 immunoreactivity may play an important role in the pathophysiological processes of AD [6,12]. The FGF1 gene is therefore a strong candidate gene for AD. However, there are no reports regarding the association of FGF1 gene polymorphism with AD. Therefore, we investigated whether FGF1 gene polymorphism could contribute to risk in a limited subgroup of AD (autopsy-confirmed AD).

Subjects and methods

The Ethics Committee of Ehime University School of Medicine approved the study protocol. Patients were selected based on the NINCDS-ADRDA criteria for definite AD, and non-demented controls were rigorously evaluated for cognitive impairment using the Mini-Mental State Examination [13,14]. Brain and blood samples were obtained with informed consent from subjects in the Chofu and Kanai areas of Japan. A total of 100 unrelated late-onset AD (LOAD) patients had been diagnosed previously, and 106 control (outpatients or healthy volunteers) were selected and matched for age and place of residence of the patients as described elsewhere [14,15]. The mean age \pm SD (years) at the time of this study was as follows: 85.3 \pm 6.0 for LOAD, 83.0 \pm 4.9 for control. Genomic DNA was extracted from the brain or peripheral blood using the phenol-chloroform method [16].

During screening for FGF1 gene mutation and polymorphism, we detected a common single nucleotide polymorphism (SNP) of −1385 G/A (GTT (rs3401)) in the promoter region. This polymorphism could easily be detected by PCR-RFLP using the restriction enzyme *HhaI*, where G and A, with respective frequencies of 0.65 and 0.35, were observed in our Japanese control population. The polymorphic region was amplified by PCR with the primers FGF1-F (5'-TCAACGCAATTCCTCCGCTCTT-3') and FGF1-R (5'-CCATCTCAAGCGATTTATGTTTG-3'). PCR was carried out in a 25- μ l reaction volume containing standard reaction buffer (1.5mM MgCl₂, 50mM KCl, and 10mM Tris-HCl, pH 8.3), 200 μ M each dNTP, 5 μ M each primer, 0.5 U Taq DNA polymerase and 50ng genomic DNA as a template with 35 cycles at 95°C for 30s, 60°C for 30s, and 72°C for 1min. PCR product size was 355bp, and the G allele was digested by *HhaI* to 59 + 141 bp, and the A allele to 53 + 302bp. DNA was electrophoresed on 2% agarose gels and visualized with ethidium bromide staining under UV light (Fig. 1). To investigate the contribution of the gene to sporadic LOAD, we compared allele frequencies between LOAD and normal control subjects. Because APOE4 is a risk factor for AD, we stratified the population by $\epsilon 4$ carrier status. APOE genotyping was performed as described previously. Allelic and genotype distribution were analyzed by the usual χ^2 test of association. The genotype frequencies were compared by χ^2 test with the values predicted by the assumption of Hardy-Weinberg equilibrium in the sample. Values of $p < 0.05$ were considered significant. Odds ratios were calculated with two-tailed p values and 95% confidence intervals.

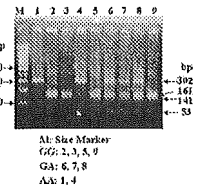


Fig. 1. Promoter polymorphism of FGF1. After amplification, PCR products were digested with *HhaI* and DNA was detected after electrophoresis on 2% agarose gels. Three genotypes of −1385 G/A (*HhaI* polymorphism) are shown: genotypes GG (lanes 1, 3, 5, and 9), GA (lanes 2, 4, 6, and 8), and AA (lanes 7 and 8).

Results

The PCR results were scored by two independent investigators who did not know whether each sample was from a case patient or a control. No intraobserver variability was found on repeated readings of the same gel, and the interobserver variability was less than 1%. All unambiguous samples were analyzed a second time.

The distribution of the three genotypes (GG, GA, and AA) reached Hardy-Weinberg equilibrium. The G allele was found in 75% of the 100 LOAD patients and 63% of the 106 control subjects. A significant association was observed between the −1385 G/A polymorphism and LOAD ($p < 0.03$; Table 1). We then examined the GG genotype as a risk factor for AD, considering the APOE status. As expected, APOE4 conferred an increased risk for AD [odds ratio (OR) = 5.19]. OR in homozygotes for the G allele was 2.02 [95% confidence interval (CI) = 1.16–3.52]. However, the risk-increasing effect was smaller for −1385 G than for APOE4 (Table 2). Four categories were defined by the presence (+) or absence (−) of a 64 or GG genotype. The GG genotype alone showed an increased risk (95% CI: 1.81–7.69), and OR for APOE4 and the GG genotype was 20.5 (95% CI: 6.88–60.9).

Discussion

To date, some polymorphisms of the FGF1 gene have been reported to associate with intracranial aneurysm [17]. However, functional role of the haplotype in its pathophysiology remains unclear. As the FGF1 gene contains alternative 5'-untranslated exons, the transcription is controlled by at least four distinct promoters in a tissue-specific manner [18–20]. Payson et al. [19] have reported that the sequence from −1614

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Letter to the Editor

COH1 analysis and linkage study in two Japanese families with Cohen syndrome

To the Editor:

Cohen syndrome (MIM 216550) is an autosomal recessive disorder associated with mental retardation, characteristic facial appearance, hypotonia, retinochoroidal dystrophy and neutropenia (1). We previously reported a Japanese family with Cohen syndrome and pointed out the presence of two clinical phenotypes of Cohen syndrome: Finnish type and Jewish type (2), now called non-Finnish type or Cohen-like syndrome (3). Differential clinical findings in two types were retinochoroidal dystrophy and neutropenia, which were only observed in patients with Finnish type of Cohen syndrome (2). Over 100 cases of both types have been reported worldwide, presenting a wide spectrum of clinical features (4-10). However, clinical phenotypes were homogeneous in Finnish patients and distinct diagnostic criteria for Cohen syndrome have been proposed (3, 4).

The locus for Cohen syndrome was assigned to a 10-cM region in 8q22-q23 by linkage analysis in Finnish families (5). Refined linkage studies have suggested the localization of Cohen syndrome in DNA marker loci D8S1789 and D8S546 (6). Recently, a novel gene, COH1, was reported as a candidate gene for Cohen syndrome by Kolehmainen et al. (7). They screened COH1 mutations in 27 Finnish patients and five non-Finnish patients with Cohen syndrome (7). Nine different mutations were identified in 31 patients, but 26 of 27 Finnish patients reported to have the same mutation, 2-bp deletion (c.3348-3349delCT) in exon 23 of COH1, which in 15 patients occurred in homozygous and in 11 in heterozygous form (7). Since then, over 50 different mutations in COH1 have been reported in patients with Cohen syndrome (8-10), and allelic heterogeneity in COH1 suggested clinical variability in Cohen syndrome (7-10). However, another genetic heterogeneity might exist in patients with Cohen syndrome, because one Finnish patient with

Cohen syndrome did not have any mutations in COH1 (7).

We carried out COH1 analysis and genetic mapping in two Japanese families with Cohen syndrome whose clinical features were summarized in Table 1. Two affected brothers in family 1 were born from consanguineous healthy parents and had typical clinical features of Cohen syndrome including retinopathy and neutropenia (Table 1) (3). Using direct sequencing from lymphoblastoid cell RNA after reverse transcription polymerase chain reaction and genomic DNA, we identified a novel mutation, 2-bp deletion affecting codons 1936 and 1937 (c.5808-5809delTA) in exon 34 of COH1 that leads to a frameshift and premature stop codon 11 amino acids downstream in family 1 (Fig. 1, a1). Furthermore, two affected brothers in family 1 were homozygous for the same haplotype of five polymorphic DNA markers, D8S506, D8S1789, D8D559, D8S546 and D8S1762, in 8q22-q23 (Fig. 1, b1).

On the other hand, two affected siblings in family 2 were born from non-consanguineous healthy parents and had clinical features of Cohen syndrome, but they did not have microcephaly, retinopathy and neutropenia (Table 1). No mutations in COH1 were identified and haplotypes of five DNA markers were different in two siblings in family 2 (Fig. 1, b2). These data suggest that clinical features are not associated with COH1 in family 2, because D8S1789 is located in intron 33 of COH1.

Kolehmainen et al. (9) reported that DNA markers flanking COH1 were not linked with clinical features in four of 12 families with Cohen-like syndrome. Most patients with Cohen-like syndrome did not have retinopathy and neutropenia (9). Hennies et al. (8) also suggest that early-onset atrophy, retinopathy and neutropenia are essential clinical features in patients with COH1 mutations. These data suggest that Cohen-like syndrome is caused by different gene(s) from

Table 1. Major clinical features of Japanese patients with Cohen syndrome in two families

Clinical characteristics	Family 1		Family 2	
	Sibling 1	Sibling 2	Sibling 1	Sibling 2
Age examined (years)	21	16	16	13
Gender	Male	Male	Male	Female
Growth and development				
Psychomotor retardation	+	+	+	+
Short stature (SD)	-1.2	-1.4	-6.3	-3.1
Truncal obesity	+	+	+	+
Mild hypotonia	+	+	+	+
Cheerful disposition	+	+	+	+
Craniofacial manifestations				
Microcephaly (SD)	-2.0	-2.0	-1.0	+1.7
Thick eyebrows	+	+	+	+
Prominent root of nose	+	+	+	+
Down-slanted eyes	+	+	+	+
High nasal bridge	+	+	+	+
Short philtrum	+	+	+	+
Prominent upper central incisors	+	+	+	+
Open mouth	+	+	+	+
Limbs				
Long/narrow hands and feet	+	+	+	+
Hypertelorism/biauricular	+	+	+	+
Ophthalmologic findings				
Progressive hyper myopia	+	+	-	-
Strabismus	+	+	+	+
Retinochoroidal dystrophy	+	+	+	+
Peripapillary blood vessels	+	+	+	+
Granulocytopenia	+	+	-	-
White blood count (mm ³)	3000-3200	3300	5280-7140	3300-5980

Both affected siblings have the frequency of over 80% in Cohen patients reported by Kivite-Kallio and Norio (4).

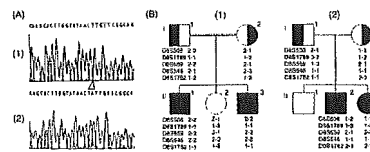


Fig. 1. (a) Sequence analysis of a portion of exon 34 of COH1 in family 1. (1) c.5808-5809delTA in exon 34 of COH1 in two affected siblings. (2) Normal sequence. (b) Pedigree of families 1 (1) and 2 (2) with haplotypes at marker loci mapped to Cohen syndrome on chromosome 8. Solid squares and circles show individuals with Cohen syndrome, open circles show healthy sibs and half-filled squares and circles show obligate carriers for Cohen syndrome. Bold genotypes indicate the DNA marker, D8S1789, in COH1.

COH1. The D8S1789 is the most useful DNA marker for linkage study of Cohen syndrome prior DNA analysis of COH1 in families with Cohen syndrome and Cohen-like syndrome.

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Letter to the Editor

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Identification of Hippocampus-Related Candidate Genes for Alzheimer's Disease

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Alzheimer's disease (AD) is a complex multifactorial disease in which many genetic and environmental factors are involved. We performed an association study using 376 AD patients and 376 control subjects. We studied 35 single nucleotide polymorphisms in 35 genes that were significantly downregulated or upregulated only in the AD hippocampus compared with control and found that 9 single nucleotide polymorphisms were associated with AD. Our data indicated that single nucleotide polymorphisms could highly reflect differences in gene expression. Furthermore, an intronic polymorphism (+9943T/C) in POU2F1 was most significantly associated with AD ($p = 0.0007$). Our results suggest that POU2F1 is a candidate gene for AD.

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Alzheimer's disease (AD; MIM #104300) is a neurodegenerative disorder characterized by progressive memory impairment and multiple cognitive deficits in mid to late life.¹ Its pathological hallmarks consist of neuritic plaques and neurofibrillary tangles in the cerebral cortex, accompanied by neuronal loss.²⁻⁶ These neuropathological findings are prominent in the temporal neocortex and hippocampus. To date, four genes have been established to be associated with AD phenotypes,

including the amyloid precursor protein gene, apolipoprotein E (*ApoE*) gene, and presenilin 1 (*PSEN1*) and presenilin 2 (*PSEN2*) genes.⁷ The majority of familial AD cases are associated with *PSEN1* mutations, and the majority of sporadic cases are related to *ApoE-ε4*.⁸⁻⁸ It has become clear that genetic and environmental factors are involved in the pathophysiology of this disease, but it remains unclear how these factors combine and ultimately lead to the neurodegenerative process.^{1,2}

Recent advances in molecular biological technology have demonstrated that single nucleotide polymorphisms (SNPs) are a valuable tool for investigating the genetic basis of disease. SNPs may be used in not only positional cloning studies, but also genome-wide association studies.⁹ Previously, we reported significantly upregulated or downregulated gene expression in the AD hippocampus using a complementary DNA microarray.¹⁰ The most upregulated gene proved to be calcineurin Aβ (*PPP2C.B*). We made a list of the top 20 named genes upregulated or downregulated (Table 1). Because SNPs may themselves represent genetic variants that affect disease susceptibility or progression, evaluating variants in a disease-associated gene is of great importance to identify alleles responsible for disease susceptibility or progression.

Subjects and Methods

Subjects

The Ethics Committee of Ehime University School of Medicine approved the study protocol. Patients were selected using National Institute of Neurological and Communicative Disorders-Alzheimer's Disease and Related Disorders Association criteria for definite or probable AD, and nondemented control subjects were rigorously evaluated for cognitive impairment using the Mini-Mental State Examination.^{9,11} Brain and blood samples were obtained with informed consent from the patients (or their guardians) in the Chubu, Kansai, and Ehime areas of Japan. A total of 376 unrelated AD patients had been diagnosed previously, and 376 control subjects (outpatients or healthy volunteers) were selected and matched for age and place of residence with each patient. The mean age ± SD at the time of this study was 78.2 ± 8.3 years for late-onset AD and 75.3 ± 4.9 years for control subjects. The female proportion was greater in the AD group (70.5%) than in the control group (54.7%). Genomic DNA was purified by standard procedures from lymphocytes, lymphoblastoid cell lines, or brain samples.¹²

We compared allelic frequencies between sporadic late-onset AD and healthy control subjects. Because *ApoE-ε4* is a risk factor for AD, we stratified the population by ε4 carrier status. *ApoE* genotyping was performed as described previously. Allelic and genotypic distributions were analyzed by the usual χ^2 test with the values predicted by the assumption of Hardy-Weinberg equilibrium in the sample p values less than 0.05 were considered significant. Odds ratios (ORs) were calculated with two-sided p values and 95%

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Table 5 Distribution of apolipoprotein E (APOE) subtypes of patients with AD or/and NFT deposition diseases compared with FBB normals and PBC*

	LOAD (%)	EOAD (%)	LNTD (%)	PBC (%)
APOE genotype				
ε2/ε2	0	0	1 (0.3)	2 (2)
ε2/ε3	1 (1)	0	32 (10.2)	2 (2)
ε2/ε4	1 (1)	0	3 (0.9)	0
ε3/ε3	28 (9.0)	6 (4.3)	3 (75)	238 (75.7)
ε3/ε4	31 (8.2)	6 (4.3)	1 (2.5)	65 (14.8)
ε4/ε4	5 (8)	2 (1.4)	0	3 (0.8)
Total	75 (100)	14 (100)	4 (100)	337 (100)
APOE allele				
ε2	2 (1)	0	0	37 (6.8)
ε3	108 (71)	16 (8.4)	7 (86)	673 (67.9)
ε4	42 (28.7)	10 (33.3)	1 (12)	64 (10.2)

*AD, AD patients; LOAD, late-onset Alzheimer's disease; EOAD, early-onset Alzheimer's disease; LNTD, late-onset Lewy neurofibrillary tangle dementia; PBC, population-based control.

cases were classified into nine cases with the brain stem, 11 with the limbic and 11 with the neocortical types (Table 1). All DLB cases except for two with the brain stem type had the common form of DLB with AD pathology. The frequency of the APOE4 allele in the neocortical type of DLB was significantly higher than that in the PBC group ($P = 0.039$), and the same tendency was seen in both the brain stem (17%) and limbic (18%) types.

DISCUSSION

Since 1993, it has been known that having the APOE4 allele places an individual at increased risk for LOAD.^{2,3} However, its frequency varies according to ethnic background,² such as among Caucasians and Japanese.²³ Evans et al.²³ reported that the frequency of the APOE4 allele is higher in black populations than among Caucasians, but this higher frequency is not associated with an increased risk of AD. Our results showed that the frequencies of the APOE alleles in the PBC group were similar to those of a Japanese population investigated in a previous study.²⁴ It seems reasonable to consider the samples used in the present study as representative of the Japanese elderly with respect to the frequencies of APOE genotypes.

It has been noted that the APOE4 allele, which promotes premature atherosclerosis, is significantly

less frequent in centenarians than in controls.²⁷ The APOE2 allele, in contrast, has been positively associated with advancing age.²⁸ In our reference controls (PBC group), the ratio of the APOE2 allele increased with age and that of the APOE4 allele decreased (Table 3). However, an interesting and deceptively conflicting finding with regard to the APOE4 allele was that the ratio of the APOE4 allele at younger ages was higher than that of older people, even in the PBC group (Table 3). This was because the group of younger subjects might have included normal persons who might eventually develop AD at some future time. The APOE2 allele was seldom found in our FBB samples, and we were unable to detect any particular tendency. Although the number of normal aging FBB samples was limited, the APOE2-positive cases included only patients over 80 years of age. This supports the findings of a previous report.²⁸ The normal FBB samples showed the same tendency as the PBC with respect to the APOE4 allele. Because 35.2% of FBB samples revealed some form of AD pathology, the frequency of the APOE4 allele in the total FBB group was higher (16.9%) than in the normal group (Table 4). But even in our FBB group of which 35.2% showed AD pathology, the presence of the APOE4 allele might not only represent an AD risk factor, but might also influence longevity, as in the PBC and normal FBB groups (Table 3).

On the other hand, one cannot make comparisons related to the age at death of FBB patients and the age at blood drawing of PBC. The mean ± SD age at death of the patient group (82.3 years ± 8.5) was obviously higher than that of the PBC group at blood drawing (75.3 years ± 5.0). However, the allele and genotype frequencies of the PBC group could be considered as reference data on Japanese elderly since this group was population-based.

Therefore, allele and genotype frequencies of the patient group or subgroups differing by diagnosis could be compared to those of this non-demented control group.

With respect to dementia, the frequencies of APOE alleles in AD and DLB were significantly different from those of the PBC group (Table 4), and analysis of allele subtype frequencies in both the diseases showed interesting results.

Compared with our 20 control brains and PBC, percentages of the various subtypes in EOAD and

LOAD patients were very different. These differences have already been discussed in previous reports from 1993.²¹ Among the patients who had CAA, the APOE4 allele tended to have a stronger correlation with CAA than with AD (data not shown) but this will be analyzed in detail at a future time.

The phosphorylated form of tau was more prominent in cases of familial and sporadic AD which were positive for the APOE4 allele and its amounts increased with the gene dose.²⁹ In an *in vitro* study, the authors reported that isoform-specific interactions between APOE and tau might be important in the regulation of intraneuronal tau metabolism in AD and could alter the rate of formation of paired helical filaments (PHF) and NFT.²⁶ In our study, we did not analyze correlations between the frequencies of APOE alleles and the quantity of PHF/NFT in AD or LNTD, but we did note that the APOE genotype was not a risk factor for LNTD (Table 5), which is a NFT-only dementia without significant numbers of either diffuse amyloid or neuritic plaques. This would be in agreement with Banerjee et al. who stated that, although the APOE genotype is not a risk factor for LNTD, LNTD patients would have APOE4 alleles,¹¹ would be AD. We have only a few autopsy cases with common tauopathies such as PD, PSP and corticobasal degeneration (CBD). Therefore, we could not statistically examine any correlation between tau phosphorylation and the APOE4 allele. But, according to our results on LNTD and PTD, APOE4 might not influence tau formation.

Dementia with Lewy bodies is the second most frequent neurodegenerative dementia, following AD. Among our FBB samples, 12% had changes characteristic of DLB. As a whole, our DLB group had a high frequency of APOE4 (Table 4) and compared with the PBC, the difference was statistically significant ($P < 0.01$). Using the previously established guidelines,¹¹ DLB samples were classified into a brain stem type (nine cases), a limbic type (11 cases) and a neocortical type (11 cases) (Table 1). Only the neocortical type showed a statistically significant relationship ($P < 0.05$) with the APOE genotype, but it should be recognized that the single ε4/ε4 neocortical DLB sample would have a strong influence on the result. This case also had CAA changes. In a sample comparison, however, the frequencies of allele 4 in our normal aging group was 10% and in the PBC group, 8.2%, compared to 17% in the brain stem,

18% in the limbic and 23% in the neocortical type of DLB. Each group of DLB had a higher APOE4 allele frequency than the normal groups. In our previous examination of Yokohama City University samples,⁴ 39% of those with neocortical DLB had the APOE4 allele. Another Japanese group reported that the frequencies of the APOE4 allele in AD and DLB were similar.⁹ In addition, Wakabayashi et al. analyzed Lewy body pathology with respect to APOE alleles and concluded that when PD occurs in APOE4-positive individuals, these patients concomitantly develop cortical Lewy body pathology which in a proportion of cases results in limbic (transitional) or neocortical-type Lewy body disease.¹⁰ We also found that the frequency of the APOE4 allele increased going from the brain stem type to the neocortical type. However, all of our limbic and neocortical DLB cases were of the common form. Among our six cases having the brain stem type with a 3/ε3 genotype, two had the pure form of DLB and four had the common form (Table 1). All three with the APOE ε3/ε4 genotype had the common form. This tendency reflected AD pathology. In the report by Wakabayashi et al.,¹⁰ samples positive for the APOE4 allele had an increased Lewy body density, and the plaque density was also high. Lewy body disease without concomitant AD pathology (pure form) ($n = 12$) has also been analyzed and the APOE4 allele frequency was found not to be significantly increased.⁴¹ In *in vitro* studies investigating α-synuclein as a Lewy body constituent, its interaction with lipid vesicles was highly dependent on their phospholipid composition.⁴²⁻⁴⁴ However, the participation of apolipoprotein in Lewy body formation is not yet clear. Further biochemical analyses and epidemiological investigations of a sufficient number of pure form DLB samples are needed.

In conclusion, while it is known that the frequencies of APOE alleles in Japan are different from those of Western countries, we found that AD and DLB have a positive correlation with the APOE4 allele. From a previous report, APOE interacts with Aβ and plays a role in SP formation and CAA development. In the present study, APOE4 was confirmed to be a risk factor for AD. As for DLB, we mainly analyzed the common form with AD pathology. Therefore, further data are needed in order to determine whether the APOE4 might also be a risk factor for Lewy body formation.

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Regular Article

Effect of Genetic Polymorphism of OATP-C (SLCO1B1) on Lipid-Lowering Response to HMG-CoA Reductase Inhibitors

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Summary: The effect of genetic polymorphism of human organic anion transporting polypeptide C (OATP-C) on the lipid-lowering response to 3-hydroxy-3-methylglutaryl-CoA (HMG-CoA) reductase inhibitors was assessed.

A retrospective study was conducted on 66 patients who underwent treatment of hyperlipidemia with HMG-CoA reductase inhibitors in a municipal hospital in a community-based cohort of Ehime prefecture in the southern part of Japan. Plasma lipid concentrations before and after administration were analyzed in patients in relation to the 521T/C (Val174→Ala) polymorphism in the OATP-C gene (TT: n = 44 (66.7%), TC: n = 20 (30.3%), CC: n = 0 (0.0%), undetermined: n = 2 (3.0%)). Total cholesterol level was significantly lowered after treatment with HMG-CoA reductase inhibitors in all patients (p < 0.001); moreover, subjects with the 521C allele showed an attenuated total-cholesterol-lowering effect compared with those homozygous for the 521T allele (-22.3 ± 8.7% vs. -16.5 ± 10.5%, p < 0.05).

These data suggest that the 521T/C polymorphism of the OATP-C gene modulates the lipid-lowering efficacy of HMG-CoA reductase inhibitors.

Key words: HMG-CoA reductase inhibitor; genetic polymorphism; transporter; OATP-C; cholesterol; individualized medicine

Introduction

The treatment of common diseases as typified by hyperlipidemia and hypertension gives first priority to lifestyle regimens such as smoking cessation, dietary therapy, kinestherapy, and maintenance of optimal body weight. However, pharmacotherapy is combined with these measures in patients showing low effectiveness or compliance. Hydroxymethylglutaryl-coenzyme A (HMG-CoA) reductase inhibitors (statins) are now the most widely prescribed drugs worldwide and are established as the first-line treatment for hyperlipidemia. Inhibition of HMG-CoA reductase, which catalyzes the rate-limiting step of cholesterol biosynthesis,

causes a decrease in intracellular cholesterol levels, resulting in upregulation of low density lipoprotein (LDL) receptors, increasing clearance of LDL-cholesterol, and leading to a further lipid-lowering effect. The statins decrease blood levels of total cholesterol, LDL-cholesterol, very low density lipoprotein (VLDL)-cholesterol and triglyceride. High-density lipoprotein (HDL) level is increased to a moderate degree.¹ The clinical significance of statins has been established as the class of drug that most effectively lowers LDL-cholesterol at present. Recent primary and secondary prevention trials have evidenced that statins also reduce the risk of coronary heart disease (CHD).²⁻⁹

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375

Genetic Polymorphism of OATP-C and Effect of Statins

377

decreased from their mean baseline concentrations of 259 to 203, 167 to 119, and 177 to 126 mg/dL, respectively. The mean serum HDL-cholesterol concentration increased slightly from the baseline of 58.7 mg/dL to 59.9 mg/dL. The mean percent changes in total

cholesterol, LDL-cholesterol, triglyceride, and HDL-cholesterol concentrations between pre- and post-treatment were -20.9%, -28.3%, -7.6%, and +4.6%, respectively. There were significant differences in the concentration of total cholesterol (p < 0.001), LDL-cholesterol (p < 0.001), and triglyceride (p < 0.01) between pre- and post-treatment. No statistically significant difference was found in HDL-cholesterol (p = 0.275).

Then the differences in the effect of three kinds of statins; pravastatin, atorvastatin, and simvastatin, were examined. There was no significant difference in the patterns of change of total cholesterol, LDL-cholesterol, and HDL-cholesterol levels. In contrast, the triglyceride-lowering pattern differed (repeated measures ANOVA; p = 0.040). Out of the three statins, a significant difference between simvastatin and atorvastatin was found by subsequent Tukey's multiple comparison

Pravastatin, one of the statins, is widely used in the treatment of hyperlipidemia. After oral administration, it is absorbed from the gastrointestinal tract, and then taken up from the circulation by the liver through organic anion transporting polypeptide C (OATP-C).^{10,11} OATP-C, encoded by the gene SLCO1B1 and also referred to as liver-specific transporter 1 (LST-1) or OATP2, is a liver-specific multispecific organic anion transporter that plays a major role in the hepatic uptake of a variety of endogenous and foreign chemicals.¹² In addition to pravastatin, it also plays a major role in the hepatic uptake of pitavastatin,¹³ and an inhibition study suggested that lovastatin, simvastatin and atorvastatin are potential substrates of OATP-C.¹⁰ Recently, a number of single nucleotide polymorphisms (SNPs) have been identified in the human OATP-C gene by different groups, and some nonsynonymous SNPs have been found to alter its transport activities.¹⁴⁻²⁰ The distribution of OATP-C haplotypes varies among ethnic groups. The T521C polymorphism is strongly associated with the A388C variant in Japanese subjects,²¹ while in European Americans, the A388C521 (OATP-C*5) allele occurs at a considerable frequency of 14-15%.^{22,23} An *in vivo* pharmacokinetic study in healthy Japanese subjects showed reduced total and nonrenal clearance of pravastatin in subjects with the G388C521 (OATP-C*15) allele as compared with individuals homozygous for the G388T521 (OATP-C*1b) allele.²⁴ The reduced hepatic uptake due to this gene polymorphism may be associated with a lower hepatic concentration, resulting in attenuation of the lipid-lowering effect of statins, since the liver is the target organ of statins. In this retrospective study performed in Japanese patients with hyperlipidemia in whom a statin was prescribed, the effect of genetic polymorphism of OATP-C (T521C) on the lipid-lowering response to statins was assessed.

Methods

Subjects: This retrospective cohort study included 3071 subjects in a rural district of Ehime prefecture in the southern part of Japan. Of these subjects, 101 were prescribed HMG-CoA reductase inhibitors between July 1, 2003 and August 28, 2003.

Follow-up survey was based on the medical records of the municipal hospital. The date of first administration of an HMG-CoA reductase inhibitor was confirmed, and the data of total cholesterol, HDL-cholesterol and triglyceride before and after the first administration were transcribed. LDL-cholesterol concentration was calculated using Friedewald's formula. Subjects who showed low or no drug compliance in their medical record were excluded from the analysis. Sixty-six subjects were finally available for analysis.

All subjects gave informed consent, and the study was approved by the ethics committee of Ehime University.

Results

Baseline characteristics of the subjects are shown in Table 1. Out of the 66 subjects, 22 were treated with pravastatin, 11 with atorvastatin and 33 with simvastatin.

The allele frequencies of the OATP-C T521C polymorphism were 0.85 and 0.15, respectively, and agreed with the results of previous reports in Japanese.^{21,22} Genotype frequencies were: TT, 66.7%; TC, 30.3%; CC, 0%; undetermined, 3.0%.

Lipid concentrations in patients treated with statins are shown in Table 2. The mean serum concentrations of total cholesterol, LDL-cholesterol, and triglyceride

(p = 0.010). The percent changes in total cholesterol, LDL-cholesterol, triglyceride, and HDL-cholesterol concentrations between pre- and post-treatment showed no significant differences among the three statins.

The effect of the T521C polymorphism of the OATP-C gene on the lipid-lowering response to the statins is shown in Table 3. The serum concentration of total cholesterol significantly decreased in subjects with both 521T/C and 521T/T genotype, from the baseline concentration of 256.8 ± 31.4 to 213.1 ± 28.3 mg/dL and 259.4 ± 35.4 to 200.3 ± 28.7 mg/dL, respectively. Moreover, 521T/T heterozygous subjects showed a smaller decrease than 521T/T homozygous subjects. A significant difference in T521C variant was observed in the total-cholesterol-lowering effect of statins (repeated measures ANOVA; p = 0.041). No statistically significant effect of the T521C variant was found in the other lipid-lowering responses to the statins (LDL-cholesterol, HDL-cholesterol, and triglyceride).

Discussion

Cholesterol-lowering therapy is the central approach in the primary and secondary prevention of CHD. HMG-CoA reductase inhibitors (statins) are currently the most widely used cholesterol-lowering drugs. Large-scale clinical trials have unequivocally demonstrated the efficacy of statin treatment in reducing the risk of CHD.²⁻⁹ On the other hand, an adequate reduction in CHD events is not necessarily achieved in all patients treated with statins.²⁵ Pharmacogenomic variability is an important determinant of drug response. Assessment of polymorphic genes involved in the pharmacokinetics and pharmacodynamics of statins prior to initiation of treatment may help to identify patients at risk of a low response. Choosing an appropriate therapeutic approach for individual patients may be of great advantage not only from the therapeutic standpoint, but also in relation to cost effectiveness, since therapeutic drugs for lifestyle-related diseases such as statins are prescribed over the long term. In this study, the association of genetic polymorphism of liver-specific organic anion transporter OATP-C, which is concerned with the pharmacokinetics of statins, with the lipid-lowering effect of statins was examined in a community-based cohort.

Previous large scale clinical trials of statins reported 18-27%, 25-46%, 10-16%, and 5-8% reductions on average in serum concentrations of total cholesterol, LDL-cholesterol, triglyceride, and HDL-cholesterol, respectively.²⁻⁹ Our results essentially agree with these results. Serum concentrations of total cholesterol, LDL-cholesterol, and triglyceride significantly decreased after administration of statins, but HDL-cholesterol did not change significantly. The major effect of statins is considered to be the upregulation of LDL receptors.

This effect increases the clearance of LDL-cholesterol and leads to a further lipid-lowering effect. Suppression of the synthesis and secretion of VLDL by a reduction of cholesterol synthesis in the liver also decreases serum triglyceride. In contrast, the increase in HDL-cholesterol by statins is moderate.^{1,26}

Statins are well tolerated apart from two uncommon but potentially serious adverse effects: (i) elevation of liver enzymes in less than 2% of patients and (ii) skeletal muscle abnormalities, which range from benign myalgia, which may occur in 0.5 to 2.5% of patients, to myopathy (10-fold elevation of creatine kinase with muscle pain or weakness) in up to 0.3% of patients to life-threatening rhabdomyolysis. These serious adverse effects were not recorded in the medical records of the subjects in this study.

The frequency of the CC genotype of the OATP-C T521C polymorphism is very low in Japanese (previous studies reported 0.8% (ref. 22) and 3% (ref. 21)), although the 521C allele occurs at a considerable frequency (16% (ref. 22), 11% (ref. 21)). In the total 3701 subjects in this cohort study, genotype frequencies were: TT, 215 (70.8%), TC, 750 (24.9%), CC, 80 (2.6%), and undetermined; 66 (2.1%), consistent with previous reports.^{21,22} However, no individuals homozygous for the 521C allele were ultimately included in the subjects for analysis.

The therapeutic efficacy of statins for total-cholesterol lowering was compared in subjects with and without the 521C allele. The therapeutic effect was attenuated in subjects with the 521C allele compared with those homozygous for the 521T allele. Therefore, it is possible that the reduced hepatic uptake due to the gene polymorphism is associated with the therapeutic effect of statins. This tendency is expected to be more profound in patients homozygous for the 521C allele according to the results of Nishizato *et al.*²⁷ and Mwinjiri *et al.*²⁸ On the other hand, Niemi *et al.* recently reported no gene-dose effect of the 521T > C variant on the systemic exposure to pravastatin.²⁹ Haplotype analysis revealed that the haplotype containing the -1187C > A, 388A > G and 521T > C SNPs had a particularly pronounced effect on the AUC₀₋₂₄ of pravastatin. This result suggests that the 521T > C variant is not the only predictable SNP of the OATP-C phenotype, and haplotype analysis is more informative than single SNPs analysis. Further study is required to elucidate the most effective SNP or haplotype for predicting OATP-C phenotype.

Unlike pravastatin, atorvastatin and simvastatin have not been shown to be a substrate of OATP-C. Since atorvastatin is administered to patients as the acid form, it is possible that OATP-C accounts for its hepatic uptake. Simvastatin is administered as the lactone form, and it is generally considered that it crosses the plasma

Table 1. Baseline characteristics (n = 66)

Age (years)	70.4 ± 8.4
Sex (male/female)	17/49
Body mass index (BMI) (kg/m ²)	22.7 ± 2.6
Drug (n)	
Pravastatin	22
Atorvastatin	11
Simvastatin	33
Polymorphism of OATP-C (n)	V174A VV 44 (66.7%)
	VA 20 (30.3%)
	AA 0 (0%)
	N.D. 2 (3.0%)

N.D.; not determined

Table 2. Lipid concentrations in patients treated with statins

	n		Pre (mg/dL)	Post (mg/dL)	% Change (95% CI, LL/UL) ^a	p
Total	66	TC	259.2 ± 33.6	203.7 ± 28.7	-20.9 (-23.3/-18.5)	<0.001
	59	LDL-C	167.0 ± 39.3	115.1 ± 24.5	-28.3 (-32.2/-24.3)	<0.001
	62	TG	176.9 ± 131.7	126.1 ± 63.9	-7.6 (-21.6/6.4)	<0.01
Pravastatin	21	HDL-C	58.7 ± 19.6	59.9 ± 14.8	4.6 (0.1/9.2)	0.275
	22	TC	253.6 ± 35.5	208.3 ± 28.5	-17.5 (-21.3/-13.6)	<0.001
	19	LDL-C	161.2 ± 32.3	122.9 ± 23.1	-23.0 (-29.0/-17.0)	<0.001
Atorvastatin	21	TG	159.1 ± 83.8	148.2 ± 86	6.8 (-20.3/33.9)	0.555
	20	HDL-C	59.6 ± 12.8	57.5 ± 12.2	-2.0 (-8.0/2.8)	0.302
	11	TC	249.5 ± 36.9	196.5 ± 31.9	-20.3 (-24.0/-16.1)	<0.001
Simvastatin	8	LDL-C	139.2 ± 49.2	102.2 ± 19	-34.8 (-41/-28.5)	<0.05
	10	TG	282.9 ± 266.1	139.7 ± 69.8	-7.9 (-58.9/43.1)	0.152
	9	HDL-C	56.2 ± 16.0	64.9 ± 12.5	10.7 (-1.4/22.3)	0.059
TT	33	TC	256.1 ± 32.2	202.4 ± 28.2	-23.4 (-27.2/-19.6)	<0.001
	30	LDL-C	180.2 ± 33.0	122.2 ± 21.1	-30.2 (-36.5/-23.9)	<0.001
	31	TG	154.8 ± 69.9	106.8 ± 33.1	-17.2 (-33.8/-0.7)	<0.001
CC	40	TC	170.7 ± 89.0	122.8 ± 48.0	-10.5 (-26.0/16.4)	<0.001
	30	HDL-C	58.8 ± 24.4	60.0 ± 17.3	7.2 (-0.4/14.9)	0.582

TC, total cholesterol; LDL-C, low-density lipoprotein cholesterol; TG, triglyceride; HDL-C, high-density lipoprotein cholesterol
^aCI, confidence interval; UL, upper limit; LL, lower limit.
 p value: significant difference between pre- and post-treatment.

Table 3. Association of lipid-lowering effect by statins and OATP-C polymorphism

	T521C	N	Pre (mg/dL)	Post (mg/dL)	% Change (95% CI, LL/UL) ^a	p
TC	TT	44	259.4 ± 35.4	200.3 ± 28.7	-22.3 (-25.0/-19.7)	<0.05
	TC	20	256.8 ± 31.4	213.1 ± 28.3	-16.5 (-21.4/-11.6)	
LDL-C	TT	19	170.2 ± 36.1	115.6 ± 26.8	-29.0 (-33.6/-24.4)	0.094
	TC	20	158.4 ± 46.3	122.6 ± 20.3	-12.4 (-33.4/8.6)	
HDL-C	TT	38	56.1 ± 15.4	57.0 ± 13.7	1.2 (-6.6/9.0)	0.745
	TC	20	63.0 ± 26.0	61.9 ± 16.7	11.1 (-5.3/27.6)	
TG	TT	40	170.7 ± 89.0	122.8 ± 48.0	-10.5 (-26.0/16.4)	0.492
	TC	19	152.8 ± 97.3	127.6 ± 61.2	3.4 (-24.7/31.5)	

TC, total cholesterol; LDL-C, low-density lipoprotein cholesterol; TG, triglyceride; HDL-C, high-density lipoprotein cholesterol
^aCI, confidence interval; UL, upper limit; LL, lower limit.
 p value: significant difference of lipid-lowering effect of statins in T521C variant.

membrane by passive diffusion. However, simvastatin undergoes conversion to the acid form, which is the active form, in the body. A substantial amount of the active form was detected in the blood circulation. Therefore, the acid form may be taken up by the liver by a transporter, presumably by OATP-C. This may account for the attenuated cholesterol-lowering effect of simvastatin treatment in subjects with the 521C allele.

Genetic polymorphisms in drug-metabolizing enzymes, transporters, receptors, and other drug targets have been linked to individual differences in the efficacy and toxicity of many drugs. Therapeutic effect is determined by the interplay of several genes encoding proteins involved in multiple pathways of drug metabolism, disposition, and effects.²⁰ To optimize the benefits of medication for individual patients, it is necessary to accumulate clinical data on the association between genotypes and phenotypes for the target drug. Currently, no genetic polymorphisms that are useful for the prediction of effects and adverse drug reactions to statin therapy are available.²⁰ Our results indicated that the T521C polymorphism in the OATP-C gene, which is one of the transporters related to the pharmacokinetics of statins, affected the therapeutic effects of statins on hyperlipidemia. Assessment of the OATP-C T521C polymorphism could be useful for the prediction of therapeutic efficacy and the risk of statin treatment in individualized medicine.

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