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Original Article

Polymorphism of the Monocyte Chemoattractant Protein (MCP-1) Gene Is Associated with the Plasma Level of MCP-1 But Not with Carotid Intima-Media Thickness

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Monocyte chemoattractant protein-1 (MCP-1) plays an important role in atherosclerosis. Recently, single nucleotide polymorphisms (SNPs) in the MCP-1 regulatory region have been identified, and an *in vitro* study demonstrated that the SNP at position -2518 of the MCP-1 gene affected transcription of the gene. The purpose of this study was to clarify the association of the plasma level of MCP-1 and the SNP of the MCP-1 gene with carotid atherosclerosis in community-based subjects. The study subjects consisted of 325 community residents, aged 60 years or older (mean age, 70.5±3.4 years) and from many cardiovascular complications. Carotid intima-media thickness (IMT) was measured in the right common carotid artery using ultrasonography. The plasma level of MCP-1 was measured by enzyme-linked immunosorbent assay (ELISA). The SNP of the MCP-1 gene was determined by the polymerase chain reaction (PCR)-restriction fragment length polymorphism (RFLP) technique. The plasma level of MCP-1 was significantly associated with IMT ($r=0.12$, $p<0.05$) and carotid arterial diameter ($r=0.13$, $p<0.05$). There was a significant difference in plasma MCP-1 level between the genotypes (AA, 165±36 ng/ml; GG+AG, 184±56 ng/ml; $p=0.028$). Analysis restricted to the subjects not receiving antihypertensive drugs or oral medication further increased the statistical significance. However, carotid IMT and carotid arterial diameter were not significantly different among the MCP-1 genotypes. Stepwise regression analysis for plasma MCP-1 revealed that the MCP-1 genotype was an independent determinant of plasma MCP-1 level. These findings indicate that plasma MCP-1 is associated with carotid atherosclerosis. Although -2518 SNP is associated with the plasma level of MCP-1, it was not directly associated with carotid atherosclerosis. (*Hypertens Res* 2003; 26: 677–683)

Key Words: polymorphism, monocyte chemoattractant protein-1, carotid atherosclerosis

Introduction

There is accumulating evidence, both *in vivo* and *in vitro*, that monocyte chemoattractant protein-1 (MCP-1) plays an important role in atherosclerosis [1]. MCP-1 shows potent chemotactic activity toward monocytes in response to im-

ature, inflammatory, and mechanical stimuli, such as balloon injury [2–6]. Expression of MCP-1 has been demonstrated in atherosclerotic lesions in animal models and humans [7–10]. The plasma level of MCP-1 has also been shown to increase in patients with myocardial infarction [11, 12], unstable angina [13], venous thrombosis [14], and Kawasaki disease [15]. It has also been demonstrated that

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anti-MCP-1 neutralizing antibody prevents early inflammation and reduces subsequent coronary vascular medial thickening in N^ω-nitro-L-arginine methyl ester (L-NAME)-administered rats [16]. These findings suggest that continuous activation of MCP-1 is involved in the progression of atherosclerosis. Nevertheless, there have been only a few studies evaluating the relationship between MCP-1 and carotid atherosclerosis in humans [17].

Recently, single nucleotide polymorphisms (-2518 G/A) in the MCP-1 regulatory region, *i.e.*, substitutions of -2518 G/A, have been identified and shown to affect transcription of the gene [18]. It has also recently been reported that the GG genotype of the -2518 MCP-1 gene was associated with susceptibility to coronary arterial disease [19]. Aguilar *et al.* [20] demonstrated an association between the presence of G at position -2518 in the MCP-1 promoter region and the presence of carotid atherosclerosis among patients with systemic lupus erythematosus. However, there has been no study evaluating the association between -2518 SNP and MCP-1 level, which may account for the process of arterial remodeling.

In the present study, the plasma level of MCP-1 and the -2518 SNP of the MCP-1 gene were determined in 325 community residents, and their relationship with the carotid intima-media thickness (IMT) thickening and carotid arterial dilation was investigated to address the following unresolved issues: 1) whether the plasma level of MCP-1 is associated with the degree of carotid atherosclerosis; 2) whether the SNP at -2518 is associated with the plasma level of MCP-1; and 3) whether the SNP at -2518 is associated with carotid atherosclerosis.

Methods

Subjects

The Shimanami Health Promoting Program (J-SHPP) was started in 1999 in the Shimanami district, located in the southern part of Japan [21]. J-SHPP is a longitudinal study evaluating factors relating to cardiovascular disease, dementia, and death. The present study is a part of J-SHPP performed in a single community that participated in previous J-SHPP studies. All residents aged over 50 years were invited to participate in the program, which consisted of an interview, anthropometric measurement, blood sampling, and carotid ultrasonography. About 50% of residents aged over 50 participated in the program. Among them, subjects aged over 50 and free from any history or symptoms of cardiovascular disease such as stroke, transient ischemic attack (TIA), myocardial infarction, angina, congestive heart failure, and peripheral vascular disease were enrolled in the study. Subjects with inflammatory disease or infections were excluded from the study. Informed consent for the procedures was obtained from each subject. All procedures were approved by the ethical committee of the Ehime University School of

Medicine. Three hundred and twenty-five subjects completed the whole procedures.

Evaluation of Carotid Artery

The right carotid artery was evaluated with an SSD-900 (Aloka Co., Ltd., Tokyo, Japan) using a 7.5-MHz probe. After having the subject rest for at least 10 min in the supine position with the neck in slight hyperextension, we evaluated an optimal visualization of the right common carotid artery (CCA), carotid bulb, and extracranial internal and external carotid arteries. From anterior, lateral, and posterior approaches, IMT of the far wall was measured in the right common carotid artery 1 cm proximal to the bulb and averaged to obtain the mean IMT (2, 2). Two-dimensionally guided M-mode tracings of the right CCA at 1 cm proximal to the bulb were recorded in real time. Peak-systolic intima diameters (IDs) were obtained by continuous tracing of the intima-lumen interface of the near and far walls of the CCA in 3 cycles and averaged. The axial resolution of the M-mode system was 0.1 mm.

For the analysis of carotid atherosclerosis, carotid IMT thickening was defined as IMT > 0.85 mm and carotid arterial dilatation was defined as ID > 7 mm based on the mean \pm 0.5 SD values of studied subjects free from any known risk factors [22].

Evaluation of Risk Factors

Systolic and diastolic brachial blood pressure was measured twice at a 5-min interval in the supine position with an automatic oscillometric blood pressure recorder (HEM-705CF; OMRON Co., Ltd., Tokyo, Japan) during the carotid echo examination. The mean value of two measurements was obtained. The validity of the device and the reproducibility of its results have been established previously [24]. Total cholesterol, high-density lipoprotein (HDL)-cholesterol, and glucose were determined by conventional methods.

Determination of Plasma Level of MCP-1 and SNP of the MCP-1 Gene

Blood was withdrawn into a tube containing EDTA. Plasma was quickly obtained by centrifugation, and kept at -80°C until assay. The plasma level of MCP-1 was measured in duplicate with an enzyme-linked immunosorbent assay (ELISA) kit (R&D Systems, Minneapolis, USA). The inter-assay variability was 6.3%, and the intra-assay variability was 6.2%.

Genomic DNA was extracted from peripheral blood samples using an extraction kit (QIAGEN GmbH; QIAGEN, Hilden, Germany) [25]. SNP of the regulatory region of the MCP-1 gene, located at position -2518 (G or A), was determined according to the published method [26]. In brief, a 930 bp DNA segment including the polymorphic site was

Table 1. Clinical Characteristics of Participants

	325
n	325
Male (%)	73.5
Age (years old)	70.5±3.4
Body height (cm)	153.5±9.2
Body weight (kg)	53.9±10.1
BMI (kg/m ²)	23.1±3.2
SBP (mmHg)	138.9±24.1
DBP (mmHg)	75.5±10.9
Total cholesterol (mg/dl)	203±41
HDL-cholesterol (mg/dl)	54±15
Glucose (mg/dl)	111±33
Smoking (%)	11.4
Carotid artery	
IMT (mm)	0.79±0.13
Internal diameter (mm)	6.6±0.9

BMI, body mass index; SBP, systolic blood pressure; DBP, diastolic blood pressure; HDL, high-density lipoprotein; IMT, intima-media thickness.

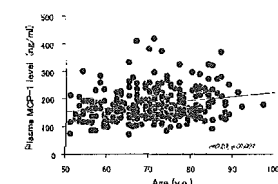


Fig. 1. Relationship between age and plasma MCP-1 level in all participants ($n=325$). There was a significant positive association between age and the plasma level of MCP-1.

amplified by polymerase chain reaction (PCR) using a set of oligonucleotide primers: 5'-CCGAGAGTTCACACACACA (G) and 5'-CTGCTTTCTTGTCCTCTT-3'. The PCR products were digested with one unit of Pvu II and separated by 3% agarose gel electrophoresis. If the polymorphism was -2518A, a unique Pvu II restriction site would be eliminated from this segment of the 5'-flanking region. The DNA sequence from GG homozygous individuals was digested into 708 and 222 bp fragments.

Statistical Analysis

All values are expressed as the mean \pm SD unless otherwise specified. Statistical comparisons among groups were performed by analysis of variance (ANOVA). Differences in the

Table 2. Simple Correlation Coefficients for Plasma Monocyte Chemoattractant Protein-1 (MCP-1)

Risk factors	r	p
Age	0.23	0.0001
Male (%)	0.01	0.84
BMI (kg/m ²)	0.05	0.34
SBP (mmHg)	0.11	0.051
DBP (mmHg)	0.01	0.90
Total cholesterol (mg/dl)	0.08	0.18
HDL-cholesterol (mg/dl)	0.01	0.98
Glucose	0.04	0.51
Smoking (%)	0.02	0.66
Medication	0.07	0.21

The abbreviations are the same as Table 1.

prevalence among groups and Hardy-Weinberg's equilibrium were analyzed by the χ^2 method. Stepwise regression analysis was performed to evaluate the association between plasma MCP-1 level, classical risk factors, and MCP-1 genotype. All analyses were performed using the software package JMP (SAS Institute, Cary, USA). Values of $p<0.05$ were considered to indicate statistical significance.

Results

Plasma MCP-1 and Carotid Atherosclerosis

The clinical characteristics of all participants are summarized in Table 1. The mean plasma level of MCP-1 was 181±54 ng/ml. The plasma MCP-1 level was significantly associated with age (Fig. 1). However, there were no significant associations between plasma MCP-1 level and other classical risk factors, including sex, systolic blood pressure, diastolic blood pressure, total cholesterol, HDL-cholesterol, plasma glucose and smoking status, or between plasma MCP-1 and medication status (Table 2). The plasma level of MCP-1 was significantly associated with carotid IMT ($r=0.12$, $p<0.05$) and carotid arterial diameter ($r=0.13$, $p<0.05$). The relationship between carotid atherosclerosis and plasma MCP-1 is summarized in Fig. 2. Carotid IMT thickening, defined as IMT > 0.85 mm, and carotid arterial dilatation, defined as ID > 7 mm, were associated with a significantly higher level of plasma MCP-1.

Effect of MCP-1 Gene Polymorphism on Plasma Concentration of MCP-1 and Carotid Atherosclerosis

The breakdown of the total 325 subjects by the -2518 SNP of the MCP-1 gene was as follows: 47 subjects had the AA genotype, 141 the GA genotype, and 137 the GG genotype. The genotype distribution of MCP-1 was in agreement with Hardy-Weinberg's equilibrium ($p=0.88$). The plasma levels of MCP-1 for each of the three genotypes are summarized in

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Original Article

Association of the GNAS1 Gene Variant with Hypertension Is Dependent on Alcohol Consumption

Yusen CHEN, Jun NAKURA, Jing-ji JIN, Zhihong WU, Miyuki YAMAMOTO, Michiko ABE, Yasuharu TABARA, Yoshikuni YAMAMOTO, Michiya IGASE, Xiao BO*, Katsuhiko KOHARA, and Tetsuro MIKI

The beta-adrenergic receptor (beta-AR)-stimulatory guanine nucleotide-binding (Gs) protein system has been shown to play important roles in the cardiovascular system. The gene encoding the alpha-subunit of Gs proteins (GNAS1) is a candidate genetic determinant for hypertension. Because alcohol consumption is known to affect blood pressure partly through the beta-AR-Gs protein system, we examined the possible interaction between GNAS1 T393C polymorphism and drinking status in the association with hypertension in the present study. As a result, a non-significant but reasonable trend supporting the presence of an interaction was shown (P=0.070). In line with this trend, the T393C polymorphism significantly interacted with drinking status in the association with systolic blood pressure (P=0.028). Moreover, supporting the presence of an interaction, T allele carriers consistently had a higher probability of hypertension, higher systolic blood pressure, and higher diastolic blood pressure than CC homozygotes in non-drinkers and light drinkers. In contrast, CC homozygotes consistently had a higher probability of hypertension, higher systolic blood pressure, and higher diastolic blood pressure than T allele carriers in moderate to heavy drinkers. The present study also showed a significant interaction between the T393C polymorphism and drinking status in the association with pulse pressure (P=0.028), reflected by a significant association between the T393C polymorphism and pulse pressure in moderate to heavy drinkers (P=0.028). These findings may be helpful in conducting further molecular and biological studies on the relationship among the effects of alcohol, the beta-AR-Gs protein system, and hypertension. (*Hypertens Res* 2003; 28: 438-444)

Key Words: guanine nucleotide-binding proteins, beta-adrenergic receptor, hypertension, polymorphism, alcohol

Introduction

Heterotrimeric guanine nucleotide-binding proteins (G proteins) couple seven transmembrane receptors to adenylyl cyclase. Each G protein is composed of three distinct subunits (alpha, beta, and gamma). Based on amino acid similarities of the alpha-

subunit, G proteins are classified into four major classes (G12, G13, Gq/11, and Gi1/2/3) (1-3). Ubiquitously expressed Gs proteins mediate signal transduction across cell membranes. Stimulation of the Gs subfamily activates adenylyl cyclase, resulting in accumulation of the second messenger, cAMP (1-3).

The beta-adrenergic receptor (beta-AR)-Gs protein system has been shown to play important roles in the cardiovascular system. To date, three distinct beta-AR subtypes have been identified (beta1-AR, beta2-AR, and beta3-AR) (4-6). Signals of all three beta-AR subtypes are transmitted by coupling to Gs proteins. However, in the cardiovascular system, the alpha-subunit of Gs proteins couples to beta1-AR and beta2-AR (7). The gene encoding the alpha-subunit of Gs proteins (GNAS1), comprising 13 exons, maps to 20q13.2-q13.1 (8).

Recently, based on several lines of biological evidence suggesting an association of the alpha-subunit of G proteins with hypertension (9-11), an initial study examined the association between a common silent polymorphism (T393C) in GNAS1 and hypertension (12). This study showed that the T393C polymorphism was significantly associated with hypertension. Subsequently, we also studied this association in a large Japanese population (13), resulting in replication of the results of the initial study. Additionally, in the same population, we showed that the T393C polymorphism significantly interacted with cigarette smoking in the pathogenesis of hypertension (13). Because alcohol consumption, like cigarette smoking, is known to affect blood pressure at least partly through the beta-AR-Gs protein system (14-16), we speculated that the T393C polymorphism could also interact with alcohol consumption in the pathogenesis of hypertension. Because information on alcohol consumption was not available at the time of this earlier study, we were unable to examine the possible interaction between the T393C polymorphism and drinking status. However, because, more recently, such information was available in subjects included in the population, we were able to examine the possible interaction in the present study.

Methods

Subjects

According to the criteria described below, 699 hypertensive

subjects and 1,699 normotensive subjects were selected from among the employees of a company in the Ehime region of Japan (Table 1) (13). All subjects were Japanese. They had participated in medical check-ups 1 to 11 times (mean 6.2 times per person), and the mean values of variables in their personal health records were used in the analyses. All subjects provided their informed consent to participate, and the ethics committee of Ehime University approved the study.

Diagnostic Categories

Each subject was assigned to one of the blood pressure diagnostic categories defined by the following criteria. Hypertensive subjects had a previous diagnosis of hypertension and were being treated with antihypertensive medications, or their systolic/diastolic blood pressure (SBP/DBP) was >140/90 mmHg. Normotensive subjects had never been treated with medication for hypertension, and their SBP/DBP was <140/90 mmHg. Heavy smokers were defined as subjects smoking 20 or more cigarettes per day. Drinkers (moderate to heavy) were defined as subjects drinking 25 g of ethanol or more per day.

DNA Analysis

The polymerase chain reaction (PCR) was used to detect the GNAS1 T393C polymorphism (12). The sense oligonucleotide primer was 5'-CTCTAAGTCACTGGTGTGCA-3' and the antisense primer was 5'-TAACGTCACACAAAGTCGGGGT-3'. The PCR mixture contained 10 ng genomic DNA, 10 pmol of each primer, 250 pmol/l dNTP, 1.5 mmol/l MgCl2, 50 mmol/l KCl, 10 mmol/l Tris-HCl, pH 8.4, and 1 U Taq DNA polymerase (Takara Shuzo Co., Ltd., Kyoto, Japan) in a final volume of 25 µl. After initial denaturation at 94°C for 5 min, the DNA was amplified by 25 PCR cycles of denaturation at 94°C for 45 s, annealing at 55°C for 45 s, and extension at

Table 1. Characteristics of Participants According to Hypertensive Status

Variable	Normotensive (n=1,699)	Hypertensive (n=699)	P value
Sex (male %)	86.1	89.6	NS
Age (years)	51.2 (8.1)	55.1 (6.2)	<0.001
Body mass index (kg/m ²)	22.8 (2.7)	24.4 (3.0)	<0.001
Systolic blood pressure (mmHg)	123.7 (9.7)	150.9 (10.1)	<0.001
Diastolic blood pressure (mmHg)	72.0 (6.2)	87.6 (6.3)	<0.001
Pulse pressure (mmHg)	51.7 (5.1)	63.2 (6.7)	<0.001
Total cholesterol (mg/dl)	196.5 (31.2)	203.4 (32.0)	<0.001
HDL cholesterol (mg/dl)	60.4 (13.4)	60.5 (13.7)	NS
Triglyceride (mg/dl)	130.0 (74.0)	157.2 (84.8)	<0.001
Smoking (heavy smoker %)	28.7	24.7	NS
Alcohol (moderate to heavy drinker %)	29.1	37.9	<0.001

Data are mean (SD). HDL, high density lipoprotein. NS, not significant. Blood pressure readings prior to the start of antihypertensive treatment were not available for 141 hypertensive subjects whose values were measured under treatment.

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Table 2. *GNAS1* Genotype and Allele Frequencies in Hypertensive and Normotensive Subjects

Genotype	Genotype frequency		p value	OR	95% CI
	Normotensive (n=1,609)	Hypertensive (n=699)			
<i>GNAS1</i> genotypes					
TT	500 (31%)	338 (48%)			
TC	776 (48%)	342 (49%)			
CC	333 (21%)	119 (17%)	0.046*	1.27*	1.01-1.60*
<i>GNAS1</i> alleles					
T	1,776 (55%)	818 (59%)			
C	1,442 (45%)	580 (41%)	0.036	1.15	1.01-1.30

*p values, OR and 95% CI are for TT+TC vs. CC. *GNAS1*, α -subunit of stimulatory guanine nucleotide-binding protein gene; OR, odds ratio; CI, confidence interval.

Table 3. Association of *GNAS1* Genotype with Hypertension According to Drinking Status

Genotype	Genotype frequency		p value	OR	95% CI
	Normotensive (n=1,609)	Hypertensive (n=699)			
Non-drinkers and light drinkers					
TT+TC	897 (79%)	367 (85%)			
CC	344 (21%)	67 (15%)	0.0084	1.49	1.11-2.00
Moderate to heavy drinkers					
TT+TC	379 (81%)	213 (80%)			
CC	89 (19%)	52 (20%)	0.84	0.96	0.65-1.41

The abbreviations are the same as Table 2.

72°C for 2 min, followed by final extension at 72°C for 7 min. The amplified PCR products were digested with 3 U of the restriction enzyme, *FokI*. The digested samples were separated by electrophoresis through an agarose gel and visualized under ultraviolet light after ethidium bromide staining. A dymine at nucleotide position 393 was shown by a fragment of 345 base pairs (bp), whereas a cytosine at nucleotide position 393 was shown by two fragments of 263 bp and 82 bp. The person who assessed the genotype was blinded to the clinical data of the subjects from whom the samples originated (17).

Statistical Methods

Analysis of variance was used to assess differences in means and variances of continuous variables. Logistic regression models were used to assess whether the *GNAS1* T393C polymorphism made a statistically significant contribution to prediction of hypertension, with consideration of interactions between the T393C polymorphism and drinking status. Sex, age, body mass index, plasma total cholesterol, high density lipoprotein cholesterol, triglyceride levels, smoking status, and alcohol consumption were considered to be confounding factors (Table 1). Logarithmically transformed plasma triglyceride values were used in the analyses. General linear regression models were used to assess whether the T393C polymorphism made a statistically significant contribution to

prediction of blood pressure, with consideration of interactions between the polymorphism and drinking status. P values less than 0.05 were considered statistically significant. Statistical analysis was performed with SPSS statistical software.

Results

Association of *GNAS1* T393C Polymorphism with Hypertension

A total of 2,308 Japanese individuals from the Ehime region were categorized as hypertensive or normotensive and genotyped for the T393C polymorphism (Table 2). The frequencies in both hypertensive and normotensive subjects were in Hardy-Weinberg equilibrium. Logistic regression analysis showed a significant difference in the frequencies of the alleles ($p=0.036$) and genotypes ($p=0.046$ for TT+TC vs. CC) between the hypertensive and normotensive subjects, as shown also in our previous study (17) (Table 3).

Interaction of *GNAS1* T393C Polymorphism with Alcohol Consumption in the Association with Hypertension

In the present study, we analyzed the possible interaction of the *GNAS1* T393C polymorphism with drinking status in the association with hypertension in a logistic regression model.

Table 4. Association of *GNAS1* Genotype with Blood Pressure According to Drinking Status

Genotype	Systolic blood pressure		Diastolic blood pressure		Pulse pressure	
	Mean (SD)	p value	Mean (SD)	p value	Mean (SD)	p value
Non-drinkers and light drinkers						
TT+TC (1,264)	130.4 (16.2)		75.7 (9.7)		54.7 (7.7)	
CC (311)	129.1 (15.2)		74.7 (9.3)		54.4 (7.5)	
p value	0.18		0.092		0.51	
Moderate to heavy drinkers						
TT+TC (592)	135.3 (14.5)		79.2 (8.5)		56.0 (7.6)	
CC (141)	137.8 (16.3)		80.2 (9.0)		57.6 (8.2)	
p value	0.074		0.23		0.076	
Total						
TT+TC (1,856)	132.0 (15.8)		76.8 (9.5)		55.4 (7.7)	
CC (452)	131.8 (16.0)		76.4 (9.5)		55.4 (7.9)	
p value	0.82		0.39		0.50	

Data are mean (SD). The abbreviations are the same as Table 2.

This analysis showed a non-significant trend supporting the presence of an interaction ($p=0.076$). Given the suggestive trend, we next analyzed the association between the T393C polymorphism and hypertension according to stratified alcohol consumption (Table 3). This analysis revealed that the T393C polymorphism was associated with hypertension in non-drinkers and light drinkers ($p=0.0084$, OR=1.49, 95% CI=1.11-2.00, where OR indicates odds ratio and 95% CI indicates 95% confidence interval). This association remained significant even after adjustment for all confounding factors ($p=0.046$, OR=1.36, 95% CI=1.01-1.90). In contrast, the T393C polymorphism was not associated with hypertension in moderate to heavy drinkers ($p=0.84$, OR=1.04, 95% CI=0.71-1.52) (Table 3).

More quantitatively, we further analyzed the interaction between the T393C polymorphism and drinking status in the association with blood pressure in general linear regression models. This analysis showed significant interactions between the T393C polymorphism and drinking status in the association with SBP ($p=0.028$) and with pulse pressure ($p=0.028$). The analysis also showed a non-significant trend supporting the presence of an interaction between the T393C polymorphism and drinking status in the association with DBP ($p=0.059$). Given these interactions and trends, we next analyzed the association between the T393C polymorphism and blood pressure according to stratified alcohol consumption in general linear regression models (Table 4). This analysis showed a significant association between the T393C polymorphism and pulse pressure in moderate to heavy drinkers. However, except for this association, the analysis failed to show any significant association between the T393C polymorphism and blood pressure in stratified alcohol consumption groups.

Discussion

We previously showed a significant interaction between the

GNAS1 T393C polymorphism and cigarette smoking status in the association with hypertension in a Japanese population (17). Prompted by the presence of this interaction, in the present study, we assessed the interaction between the *GNAS1* T393C polymorphism and alcohol consumption in the association with hypertension in the same population. As a result, a non-significant trend supporting the presence of an interaction was shown. In line with this trend, our results also showed a significant interaction between the T393C polymorphism and drinking status in the association with SBP, and a non-significant trend supporting the presence of an interaction between the T393C polymorphism and drinking status in the association with DBP. These results suggest that the apparent effect of the T393C polymorphism differed depending on alcohol consumption. Association analyses of the T393C polymorphism with blood pressure in stratified alcohol consumption groups also supported this difference. Although a significant association was shown only in non-drinkers and light drinkers, subjects with the TT and TC genotypes consistently had a higher probability of hypertension, higher SBP, and higher DBP than subjects with the CC genotype in this group (Tables 3 and 4). In contrast, subjects with the CC genotype consistently had a higher probability of hypertension, higher SBP, and higher DBP than subjects with the TT and TC genotypes in moderate to heavy drinkers (Tables 3 and 4).

The present study also showed a significant interaction between the *GNAS1* T393C polymorphism and alcohol consumption in the association with pulse pressure, reflected by a significant association between the T393C polymorphism and pulse pressure in moderate to heavy drinkers. A wide pulse pressure resulting largely from excessive large artery stiffness is associated with systolic hypertension (17). Consistent with this established association, the present study showed a non-significant but strong trend supporting an association between the T393C polymorphism and SBP in moderate to heavy drinkers (Table 4).

Taking these results together, the present study suggested an interaction between the *GNAS1* T393C polymorphism and alcohol consumption in the association with hypertension and with pulse pressure. Because alcohol is known to affect blood pressure through the β -AR-Gs protein system (14-16), an interaction between the T393C polymorphism and alcohol consumption in the association with hypertension seems reasonable. This interaction could be reflected by the interaction between the T393C polymorphism and alcohol consumption in the association with pulse pressure, because hypertension promotes atherosclerosis (18, 19), which results in large-vessel stiffening and increased wave reflection, and thereby amplifies pulse pressure (20). However, the precise mechanism of these interactions remains elusive. Previous studies have provided evidence that the T allele of the T393C polymorphism is associated with poor responsiveness to β -blockade (12) and that the T393C polymorphism interacts with cigarette smoking status in the pathogenesis of hypertension (17). Based on this evidence, we previously speculated that the TT and TC genotypes or genotypes in linkage disequilibrium with them might produce a constant amount of the α -subunit of Gs proteins independent of activation of the sympathetic nervous system (17). In contrast, the CC genotype or genotype in linkage disequilibrium with it might produce a controlled amount of α -subunit of Gs proteins. Indeed, subjects with the CC genotype tended to be more strongly affected by alcohol consumption than subjects with the TT and TC genotypes in the association with hypertension (Tables 3 and 4). Thus, the above explanation appears also to be applicable to the interaction between the T393C polymorphism and alcohol consumption in the association with hypertension. Alternatively, depending on the genotypes, alcohol could influence glucose metabolism, which in turn could influence blood pressure (21). Indeed, *GNAS1* gene knockout mice have been shown to exhibit a significant increase in insulin sensitivity (22). Data on the parameters of glucose metabolism, however, were not available in our population, preventing assessment of the association between the T393C polymorphism and glucose metabolism. Another possible explanation for the interaction between the T393C polymorphism and alcohol consumption in the association with hypertension and with pulse pressure might be that this interaction might reflect the interaction between the T393C polymorphism and cigarette smoking status. Indeed, in our population, alcohol consumption was associated with cigarette smoking status (data not shown). Moreover, the T393C polymorphism interacted significantly with cigarette smoking status in the association with hypertension ($p=0.00050$) and with pulse pressure ($p=0.00667$). However, considering that both cigarette smoking and alcohol consumption could affect blood pressure through the β -AR-Gs protein system, the final explanation may be less plausible than the former two.

The present study has additional limitations. Information on the history of alcohol consumption and the actual amount

of alcohol drunk by subjects was not available in our population, preventing quantitative assessment of alcohol consumption. In this regard, analysis of the aldehyde dehydrogenase 2 gene may be helpful to some extent (23). Moreover, the present study did not assess gene-gene interaction, which is a candidate factor for modifying the evaluation of an association. In this context, interaction analyses of the *GNAS1* gene with other genes involved in the β -AR-Gs protein system may be helpful to improve understanding of the relation between the β -AR-Gs protein system and hypertension.

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ELECTRONIC LETTER

Patients with the R133C mutation: is their phenotype different from patients with Rett syndrome with other mutations?

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Key points

- 1. Rett syndrome is now known to be caused by mutations in the MECP2 gene.
2. Over 200 pathogenic mutations have been identified with high common areas accounting for two thirds of cases.
3. Grouping of mutations is not providing consistent genotype-phenotype relations: recent studies and the present study suggest a need to examine individual mutations.
4. We found that the phenotype of a patient with a R133C mutation likely to differ from other Rett syndrome cases.
5. We found that the phenotype of a patient with a R133C mutation is similar to that of Rett syndrome with a wild type allele and a greater than wild type MECP2 level.
6. It is important to determine how the relative wild type alleles are distributed.

Rett syndrome is an X-linked dominant neurodevelopmental disorder with an incidence of 1:10 000 females in Australia. It is characterised by apparently normal development between 6 and 18 months, followed by a period of regression with loss of purposeful hand use, deceleration of head growth, and onset of repetitive, stereotypic hand movements. Affected people also manifest gait ataxia and apraxia, autistic features, epileptic seizures, respiratory dysfunction, autonomic dysfunction, and decreased somatic growth. In recent years it has become apparent that the phenotypic range of this disorder is much wider than previously thought. Some patients may have a milder phenotype and retain the ability to walk or speak and others have an earlier onset and more severe features. People who have some but not all of the necessary criteria have been categorised as 'atypical' or as a form of atypical Rett.

Rett syndrome has now been shown to be associated with mutations in the methyl-CpG-binding protein 2 (MECP2). For many genetic disorders, the next stage in research after the identification of the gene involves describing the relation between genotype and phenotype, and the phenotypic diversity produced by different mutations in the same gene. Some research has found that people with missense MECP2 mutations may have a milder phenotype than those with truncating mutations. In a recent publication, Tappin et al. concluded that patients with missense mutations in the methyl-binding domain (MBD) and mutations truncating the entire transcription repression domain (TRD) were more severely affected than those with missense and nonsense mutations in the TRD and C-terminal segment. Similarly, in another study, a milder phenotype was associated with loss compared with early truncating mutations. In a recent publication, Tappin et al. considered these mutations in the methyl-binding domain as a separate category from the other truncating mutations. Overall, they found that scores with mutations leading to a partial or complete truncation of the MBD were more severe than those with mutations downstream of the TRD. Although some phenotypic associations with different classes of mutations within MECP2 are emerging, the reports are hampered by relatively small sample sizes. In one recent review, it was actually suggested that a simple relation between clinical severity and type of mutation may not even exist.

skewed X inactivation patterns and the phenotype seen remains uncertain. In the two most comprehensive reported studies, Hollinger et al. found skewing (defined as >85% of one X allele active) in 9/39 (15%) cases whereas Weaving et al. with a more liberal definition (>75% of one X allele active) found it in 31/73 (43%).

Functional analysis of specific mutations associated with Rett syndrome is now also being undertaken. Similar to some other missense mutations in the MBD, the R133C mutation has been shown to abrogate methylation specific binding to the DNA template. However, in a later study Kondo et al. found the R133C mutation to be functionally almost equivalent to the wild type protein, if this were the case, it could be hypothesised that people with the R133C mutation may have a milder phenotype.

The purpose of this study was to examine whether the clinical phenotype of patients with the R133C mutation is different from the clinical phenotype in those with other pathogenic mutations. The phenotype has been defined by scales that have already been used to describe the clinical variation in the Australian cohort. Although included in the group of eight

Abbreviations: DIRC, descending high performance liquid chromatography; EDA, ethylene diamine tetra-acetic acid; IQ2000, Australian follow up 2000 study; MBD, methyl binding domain; MECP2, methyl-CpG-binding protein 2; M3, nuclear localization signal; PCR, polymerase chain reaction; RFLP, RFLP-MECP2 gene mutation; TRD, transcription repression domain; Weaving, fractional independent measure for skewing.

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Table 1 Study demographics. Table with columns for Age, Sex, Height, Weight, etc. and rows for different demographic categories.

common mutations which account for almost two thirds of pathogenic MECP2 mutations. The R133C mutation currently represents only 4.3% of all MECP2 variations reported in the RFLP-MECP2 gene variation database (RFLP-MECP2). To enhance the power of the analysis the R133C case group of 11 Australian patients was expanded by the addition of four Japanese and nine United Kingdom patients with this mutation.

MATERIALS AND METHODS

The Australian Rett Syndrome Database is an ongoing national registry of patients diagnosed with Rett syndrome from 1978 and subsequently. At the end of 2001, 277 verified cases had been reported to the registry. Patient consent was obtained from all patients. Mutation screening had been carried out on 175 (79%) of these patients as well as on 19 Australian adult patients with a clinical diagnosis of Rett syndrome. A pathogenic mutation was identified in 121/175 (69%) of registry patients and 15/19 (79%) adult patients. Australian patients with an R133C mutation represented 91/21 (78%) registry cases and 3/15 (40%) adult patients with a pathogenic mutation. X inactivation studies have now been completed on 115 registry patients, including 89 with R133C mutations. X inactivation data were also available for 24 Japanese R133C patients and 59 United Kingdom R133C patients (table 1).

Singapore, clinical data in the format published in Cherdron et al. were sought using a clinical data sheet that recorded key diagnostic points.

Chi-squared tests were performed on categorical variables and t tests were used to compare means of the continuous variables with the SAS package. Growth charts for Japanese females were used in cases Z scores and centile ranges for the four Japanese patients. Centre for Disease Control growth charts were used for the rest of the cohort.

Mutation analysis

DNA was extracted from blood samples collected in ethylene diamine tetra-acetic acid (EDTA) anticoagulant. Using a variety of template primers, the MECP2 coding region was amplified by polymerase chain reaction (PCR) and then screened for mutations by direct sequencing (bidirectional). Screening was also performed in some cases by denaturing high performance liquid chromatography (DHLPC) followed by sequence analysis of fragments shown to have an altered elution profile by DHLPC.

Inactivation of the X chromosome

Inactivation of the X chromosome was measured by examining the methylation of each allele of the androgen receptor locus, after the method of Pogorzala et al. Microsatellites were analysed using Genescan (Automated DNA Analysis Facility, University of New South Wales, Sydney, Australia). For scoring the X inactivation pattern, we calculated the percentage of the smaller allele present. This was compared to a logistic transformation and values for R133C and comparison cases were compared with t tests. Skewing was defined as greater than 75% of one X allele active.

RESULTS

For this study, the case population consisted of 11 Australian, four Japanese, and nine United Kingdom patients with Rett syndrome who have been identified as having an R133C mutation. Four clinical scales, the WeeFIM, DIRC, Kerr, and M3 scales, have been used to compare this case group with the group within the Australian follow up 2000 study of 98 patients considered to have a pathogenic mutation other than R133C. Table 1 shows the age distribution, country of ascertainment, and clinical classification for case and comparison groups. There were six major groups of genotype based on type and domain which covered 91% of the 98 comparison case

Table 2 Inactivated clinical data from (pathogenic) variable R133C cases and comparison group. Large table with columns for MECP2 mutation, Percentage affected, Mean age, and Mean IQ. Rows list various clinical features like growth, head growth, hand use, etc.

Cont.

Table 3 continued

Study	No. of patients	Country	Case ID	Phenotypic features
...

... (text continues with details of the table content)

initiation. These were observed MDD 12.5%, nonsense TDJ-NLS (14/38) frameshifts in the C terminal (11/3%), nonsense TDJ (12/3%), and nonsense mutations positioned between the MDD and the TDJ (9/2%). The most frequent mutations found in the 58 comparison cases were T158M (n=14), R168S (n=11), G279X (n=11), R255X (n=8), and R306S (n=7).

The proportion of cases in each category for the R133C case group (n=24) for selected neurological items used in the adapted Kerr, Percy, and Findeis scales are contrasted with the comparison group (n=98) in table 3. Results for continuous variables and the four severity scales are shown in table 3.

- Patients were significantly less likely to be in the most severe category for most of the individual clinical data items:
 - Head use (voluntary and finger feedings)
 - Speech
 - Gross motor function and ambulation
 - Age at losing social interaction
 - Sleep disturbance
 - Respiratory dysfunction
 - Averse breathing rhythm
 - Age at onset and frequency of hand stereotypies
 - Seizures

Also, all four severity scales were significantly different between the patients with the R133C mutation and the comparison group.

R mutation status was available for 15 R133C cases and 70 of the comparison group. In the Australian cases and comparison group, skewing was found in 14/78 (18%) cases. Skewing was less common in the R133C cases than the comparison group ($p=0.017$) with the mutant allele percentages for the less commonly expressed allele being 35.0% for cases and 27.4% for the comparison group (logistic transformations -0.37 and -0.50 respectively). Kerr, Percy, and Findeis scales were uniformly but not significantly higher [3.5, 24.0, and 14.3 in the two cases with skew than in the eight with none; mean TDJ (13.3%), and nonsense mutations positioned between the MDD and the TDJ (9/2%). The most frequent mutations found in the 58 comparison cases were T158M (n=14), R168S (n=11), G279X (n=11), R255X (n=8), and R306S (n=7).

DISCUSSION

This is the first report among cases of Rett syndrome that shows and measures the extent of the milder phenotype associated with the R133C mutation by contrast with cases that have mutations elsewhere in MECP2. These data show that patients harbouring the R133C mutation have better function overall. These girls and young women are more likely to have learned to walk and to have motor ambulation, to have better speech (single words or better), and to be able to use a spoon or finger feed. Among patients with the R133C mutation, hand stereotypies were less dominating and age of onset was later. Seizures, breathing, and sleep disturbance were less common.

Of interest is the fact that we have found no evidence to suggest that the mild phenotype in R133C cases is related to non-random X inactivation patterns. X inactivation was in fact more likely to be random in this group than in the comparison case. This contrasts to the findings of Hoffbauer et al¹ who found a linear relation between X inactivation ratio and clinical severity scores for a small group of cases with nonsense MDD and nonsense mutations in the intermediate region. However, their complete study group of 73 cases with mutations only contained two cases with the R133C mutation and it is not known whether these were included in the group of 45 patients who had informative X inactivation results.

Although the quantitative data from the individual items and the composite scoring systems showed significantly milder disease overall, some R133C cases can be identified with phenotypes and severity scales in the range compatible with classical Rett syndrome. However, although equivalent

Table 3 continued

Study	No. of patients	Country	Case ID	Phenotypic features
...

Table 4 continued

Study	No. of patients	Country	Case ID	Phenotypic features
...

information on their representativeness is not available for the cases from either the Japanese or the United Kingdom, we know that the cases from Australia have been selected from national population database and are thus representative of patients with the R133C mutation in this country. The fact that such a sound epidemiological framework has underpinned this particular study provides with the confidence to generalise the findings. While R133C cases we do not know who factors predict a milder or more severe phenotype but skewing seems to be either more subtle or more severely affected than other patients with the same type of mutation. Like Hoffbauer et al¹ relative to their six cases which showed preferential use of one X chromosome, patients with skewing seem to be either more subtly or more severely affected than other patients with the same type of mutation. Like Hoffbauer et al¹ in this study we were unable to determine whether it was the mutant or wild-type X chromosome that was preferentially active in those patients with skewing. If it were the mutant chromosome this could account for the direction of our findings.

Still, now, reports of patients with the R133C mutation have involved only a description of affected patients who also have given an impression of milder disease (table 4). The R133C mutation has previously been documented in girls with preserved speech¹ and in a family with no mildly affected sisters and a clinically unaffected mother.² Based on a case sample with a total of only 10 patients with preserved speech (two of whom had an R133C mutation) and with no comparison group, Zappella et al² have suggested that the presence of this mutation is more likely to contribute to a milder phenotype. Ability to confirm this association statistically in our study depended upon the existence of the Rett syndrome epidemiological database in which most patients have now been genetically ascertained. However, because Rett syndrome is a rare disorder and because fewer than 120 of these patients may have the R133C mutation, it takes this optimal level of ascertainment of juvenile Rett syndrome in the Australian population of almost 19.5 million people to generate the size of affected childhood cases. As well as adequate sample size, which is clearly facilitated by national population based data collections as well as international collaborations, the two other important things necessary for success are comprehensive mutation analysis and systematic collection of relevant clinical data.

The systems for classification of phenotypes which have been developed so far have partly resulted from individual researchers taking advantage of the information they had already collected on various clinical items and using these to develop a score.¹⁻³ The scores for two (Percy and Kerr) of the scales used to describe the phenotype in our Australian population database increased with age. This did not occur with the Findeis scale (derived from the study of Morris et al⁴) which was based more on developmental data than on current clinical features. Because the milder phenotype associated with the R133C mutation is so marked, understanding by age

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Table 4 Phenotype of the MECP2 R133C mutation in Rett syndrome in published reports

Study	No. of patients	Country	Case ID	Phenotypic features
...

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Table 2 (continued)

Table with 5 columns: Exon number, Exon size (bp), cDNA (nt), Genome position (NCBI build 33 chr3 (bp)). Rows 62-71.

Amplification and sequencing of cDNA between predicted exons. Primers with forward and reverse directions were designed according to the sequence of each predicted exon, which putatively encoded CUB and sushi domains. We attempted to amplify partial cDNAs among

between adapter primer 1 (AP1: CCACTCCTAAATAGCACTACCA TAGCAGC) and 5' anti-sense primer (CTTCCACAGCCTCCACAGG TTTCATCTCTCT) using human fetal brain RACE template, and then second amplification was performed using adapter primer 2 (AP2: AACTCCTATATAGGCTTCAGCAGC) and second 5' anti-sense primer (GCAATGCAAGCTTCCTCTCTCTCTCTCTCTCT).

Table 3

Table with 5 columns: SNF candidates in CSMD3 gene region, Amino acid change, Exon/Intron, Position of nucleotides, Allele frequency, NCBI SNP cluster ID. Rows 1a-70.

*Numbers from the first base of initiation codon of exon 1a transcript.

Maternal allele. PCR primers of 50-250 bp flanking exon-intron boundaries were designed manually or by the program Primer3. Genomic DNA (10 ng) from patients or control individuals was used for amplification of each exon. For exons of more than 400 bp, two or more pairs of primers were designed to amplify PCR products less than 500 bp. All primer sequences are listed in Table 5. The PCR products were sequenced by ABI Prism 3700 DNA sequencer. These products were assembled and searched for SNPs by Conned with polyphor (PE).

Multiplexed cDNA panel and Southern blot analysis. Expression analysis of CSMD3 gene by PCR was performed using MTC panels (Clontech), 1.1 kb fetal and immune system panel consisting of cDNAs from 27 human adult and fetal tissues with primer pairs of A-GCAC AAGAGGGAAGAGCCAGCAAGAGCATCTTTCAGCTGGAGGTC

labeled with [³²P]dCTP by random primer extension method. Hybridization was carried out according to the manufacturer's protocol. Autoradiography was carried out using 10 plate (Miyajima, Japan) for 30 h and then hybridization signals were detected by FLA-3000 system (FujiFilm, Japan).

Sequence analysis. Homology search of nucleotide and amino acid sequences in the database was performed through the BLAST server at NCBI using BLASTN, BLASTP, and BLASTX. The full genomic DNA sequences corresponding to CSMD3 gene family (Scfald1_3752, CSMD3, Scfald1_380, CSMD3a, Scfald1_55, CSMD3b, and Scfald1_73, CSMD2) were downloaded from Ensembl genome server and analyzed by DUTTER program to compare with cDNA sequences of human CSMD. Identified exons were used to construct putative cDNA sequences for the further analysis.

Evolutionary analysis. The amino acid sequences deduced from the coding sequences of CSMD family genes of human, mouse, and fugu were aligned using the Clustal X (see Fig. 1E). An evolutionary neighbor joining tree was constructed by Clustal X. The phylogenetic tree was drawn by TreeView (see Fig. 1). Graphic representation of the aligned amino acid sequence was obtained by BOXSHADE 3.21.

Table 4 Primers used for amplification of CSMD3 cDNA

Table with 4 columns: Exon, Forward primer (5'-3'), Reverse primer (5'-3'), Site (bp). Rows 1a-71.

*The sequences of AP1 and AP2 which were used for 5' and 3' RACE are described in Materials and methods.

Table 5 Primers used for mutation search

Table with 5 columns: Exon, Forward primer (5'-3'), Reverse primer (5'-3'), Site (bp). Rows 1a-62.

Table 5 (continued)

Table with 5 columns: Exon, Forward primer (5'-3'), Reverse primer (5'-3'), Site (bp). Rows 63-71.

A190517, A190719, AC02710, AC03499, and AC007719. Accession numbers of cDNA sequences of the CSMD3 gene are AB11464 (CSMD3a) and AB11465 (CSMD3b).

Results

Identification of CSMD3 gene

We have sequenced and analyzed a BAC contig of 30 Mb corresponding to the 8q22-q24.1, within which the genetic locus of an epilepsy FAME1/FAME has been mapped (Figs. 1A and B). Extensive computer-aided analysis with exon prediction programs revealed many potential exons, some of which encoded CUB and/or sushi domains (Fig. 1B). We integrated these predicted exons and formulated initially eight putative genes (CUB1-CUB8, data not shown). CUB1 showed significant homology to a cDNA clone KIAA1894, but no other putative genes had any significant homology to the cDNA sequences deposited in GenBank or database.

exon 1a was connected directly with exon 2 but found in adult and fetal brains, whereas transcripts in which exon 1b was connected with exon 2 were found in testis. However, no cDNA fragments connecting exons 1a and 1b were amplified from any tissues in the MTC panel, and hence we concluded that exons 1a and 1b act as an independent first exon, generating two distinct transcripts. The first base of exon 1a was determined by sequence analysis of the longest 5'-RACE product from fetal brain cDNA. We also analyzed 5' end of exon 1b using testis cDNAs and unexpectedly we found an additional exon very close to exon 1b. Therefore, we named the original exon 1b as "exon 1b2" and the new exon as "exon 1b1", respectively. Thus, this new gene consists of 73 exons and produces two transcripts from two independent first exons (1a and 1b1) (Fig. 2A). We also found in the transcript of brain that exons 32 and 35 were connected and therefore two exons 33 and 34 were skipped, generating a shorter transcript. In addition, we found that exon 37 was split into 1 in the transcripts of testis. In adult and fetal brains, two transcripts with or without exon 7 were observed. The longest coding sequences are estimated to be 11,124 bp for the transcript with the exon 1a and 11,004 bp for the transcript with exon 1b. All the exon-intron junctions follow the GT-AG rule.

Protein structure of CSMD3

The longest open reading frame of 11,124 bp in this new gene CSMD3 encodes a protein of 406 kDa consisting of 3707 amino acids (Fig. 1F). Examination with SMART program revealed multiple units of CUB and sushi domains. The protein deduced from a transcript variant without exons 33 and 34 lost 10th CUB domain and therefore the predicted molecular mass was decreased to 398 kDa. There are 14 CUB domains which are located from N-terminus and interrupted by 13 sushi domains (Fig. 1F). There are additional 15 sushi domains which are arranged in tandem starting from the last CUB domain toward the C-terminus. A transmembrane domain was predicted at a position after the last sushi domain. The transcript which started at exon 1b caused

no change in domain structure (Fig. 1D). These analyses indicate that CSMD3 protein is a transmembrane protein composed of a long N-terminal polypeptide with CUB and sushi multiple domains exposing outside the cell, a single transmembrane domain, and C-terminal domain of 55 amino acid residues located in the cytoplasm.

Expression of CSMD3

Northern blot hybridization was performed using human adult and fetal multiple-tissue blots with 5'-partial cDNA of CSMD3 (containing exons 2–4) as a

probe (Fig. 2A). The Northern blot analysis indicated that the longest transcript of about 13 kb is detected mainly in the adult brain, fetal brain, and testis (Fig. 2B). Some shorter transcripts were also found in the testis and fetal brain. The 13-kb transcript was not clearly detected in other tissues, but smears were seen in some tissues such as pancreas and spleen.

We then made further expression analysis by PCR amplification of cDNA fragments in the MTC panel. For this, we used three sets of PCR primers, which are designed to detect any cDNA fragments with the sequences covering exons 1a–3 (primers A), exons 1b2–3 (primers B), and exons 68–71 (primers C) (Fig. 2C). The

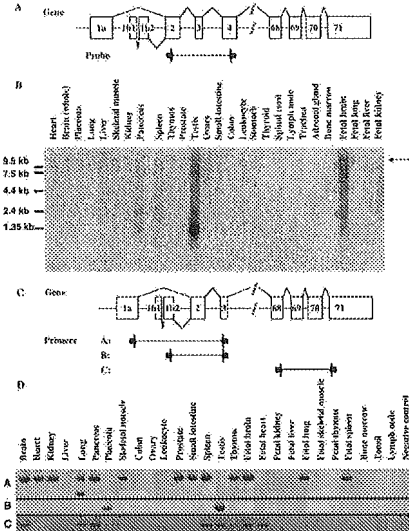


Fig. 2. Expression of human CSMD3 gene in various tissues. (A) The position of a cDNA probe used for Northern blot hybridization. It detects exon 2–4 of CSMD3 gene corresponding to the N-terminal CUB and sushi domains. (B) Northern blot analysis of CSMD3 gene expression using human multiple-tissue Northern blots of 27 tissues. Arrow indicates the longest transcript of CSMD3 gene. (C) Three sets of PCR primers (A, B, and C) used for expression analysis of CSMD3 gene. (D) PCR products amplified from each tissue in the MTC panels with three sets of primers. A second band in the lung with primer set A may represent an alternatively spliced transcript variant.

with BAFMEI/FAME and identified three types of single nucleotide changes, such as 6204T/C, 10861A/C, and 657A/G in the coding sequences (Table 3).

The 6204T/C transition was found at the third letter of Tyr codon, but caused no amino acid substitution. This single nucleotide polymorphism (SNP) was a new type and was not deposited in the NCBI SNP database. The 10861A/C transversion caused amino acid substitution from Asn to His (N3621H). Interestingly, two patients from two unrelated families showed homozygous change of this type 10861A/C, however such a homozygous change is unlikely in the case of autosomal dominant disease like epilepsy BAFMEI/FAME. The 657A/G transition caused amino acid change from Ile to Met (I219M). We expanded the mutation analysis of 6204T/C and 657A/G for additional 18 members of one of the patient families. However, these changes were not associated with the patients in the family and in fact these substitutions, 10861A/C and 657A/G, were found in the SNP database. Thus, we conclude, these three types of base substitution are not responsible for pathogenesis of the BAFMEI/FAME.

During the course of mutation search, we identified 24 potential SNPs including 18 new SNPs for flanking sequences of 72 exons of CSMD3 gene. These SNPs should be useful for further genetic analysis, particularly for linkage disequilibrium mapping of the region.

Comparison of CSMD genes among human, mouse, and fugu

We performed a homology search to the genomic sequence databases NCBI and Ensembl using the sequence of CSMD1 [10] and CSMD3. We identified an additional CSMD gene (CSMD2) on human chromosome 1p34. We also found three CSMD homologs in the mouse genome and four CSMD genes in the fugu genome. Thus, we could construct putative structure of human CSMD2, mouse CSMD2, and 3. Fig. 1F shows protein structures of human CSMD protein family. The numbers and positions of CUB and sushi domains and transmembrane domain are completely conserved among the human CSMD family. Fig. 1E shows comparison of exon structures and corresponding protein domains among human CSMD family genes. The exon structures are also well conserved except for exon 7 and last exon of CSMD2 and exon 7 and 8 of CSMD3. The exons 7 and 8 correspond to a portion of CSMD3 protein between second CUB and sushi domains. Consequently, CSMD3 protein is longer than CSMD1 and CSMD2 proteins. Interestingly, exon 7 of CSMD3 gene was subject to alternative splicing. We could not construct the entire structure of fugu CSMD because information on fugu genome sequence is incomplete. Nevertheless, using the sequences of human and mouse CSMD gene family and all available fugu sequences, we

could identify the fifth unit (designated E unit) of CUB and sushi domain in the CSMD genes of human, mouse, and fugu (Fig. 3). Using the deduced amino acid sequences of the E unit of CUB and sushi domain, we were able to draw a phylogenetic tree of CSMD gene family. A relationship between CSMD1 and CSMD2 was found to be much closer than CSMD3. In addition, we found a fourth CSMD gene in fugu genome which could be derived from fugu CSMD3 gene.

Discussion

We identified a novel giant gene encoding a transmembrane protein with CUB and sushi multiple domains on the human chromosome 9q23.3–q24.1 in which benign adult familial myoclonic epilepsy type 1 (BAFMEI/FAME, OMIM:601068) has been mapped. This giant gene consists of 73 exons and spans over 1.2 Mb on the genomic DNA region. Deduced amino acid sequence of the protein showed high homology to two other CSMD genes (CSMD1 on 8p23 and CSMD2 on 1p34) and hence this new gene was named as CSMD3. The CSMD3 gene was expressed mainly in adult and fetal brains as several forms of transcript variants. Comparative genomic analysis revealed the conserved family of CSMD genes in the mouse and fugu genomes.

There is little information about the function of CUB-containing proteins, although it has been postulated that they would be mainly involved in developmental process [11]. On the contrary, some sushi repeats are known as CCP domain, which exists in a wide variety of complement- and adhesion proteins and is known to form a β -sandwich arrangement [12].

Epileptic seizures are induced by abnormal electrical discharges in the brain. Recent studies have revealed that membrane proteins for potassium, sodium, and calcium ion channels are the “gates” to regulate neuron signaling and are considered to be involved in some types of epilepsy. For example, it is reported that mutation of potassium gate protein KCNQ3 and KCNQ3 causes benign familial neonatal convulsion [13,14]. Since ion channels are fundamental in generation of membrane potential, mutation of genes encoding some types of ion channel proteins may cause epilepsy. However, mutation of ion-gate proteins also causes epilepsy or seizures in some cases. For instance, cystatin B, which is a widely expressed cysteine protease inhibitor, is responsible for a severe neurological disorder known as progressive myoclonus epilepsy of the Unverricht-Lundborg disease (EPM1) [15]. More recent study shows that SEZ-6 containing both CUB and sushi domains is involved in signaling and cell-cell adhesion. The SEZ-6 was first identified as a seizure related gene by differential screening of mRNA from cortical neurons

cDNA fragments covering exons 1a–3 were detected in many tissues including adult and fetal brains, whereas those covering exons 1b2–3 were detected only in placenta and testis (Fig. 2D). Interestingly, cDNA fragments covering exon 1a–3 were not found in placenta and testis, indicating the alternative use of first exons 1a and 1b. In seven tissues including adult brain, fetal brain, and testis, cDNAs covering from 5' end through 3' end were detected. These results are not perfect match with the Northern blot data, but strongly support that CSMD3 gene is expressed mainly in adult and fetal brains. The expression in the adult brain led us to ex-

amine CSMD3 gene as a candidate gene for the BAFMEI/FAME.

Mutation analysis

We investigated the possible sequence variations in the coding regions of CSMD3 gene by PCR-based sequence analysis. Based on the exon/intron structure of CSMD3 gene, we designed sets of PCR primers to amplify every 72 exons except 1b1. For some larger exons, multiple overlapping PCR primers were generated. Using these PCR primers, we analyzed seven patients from five families

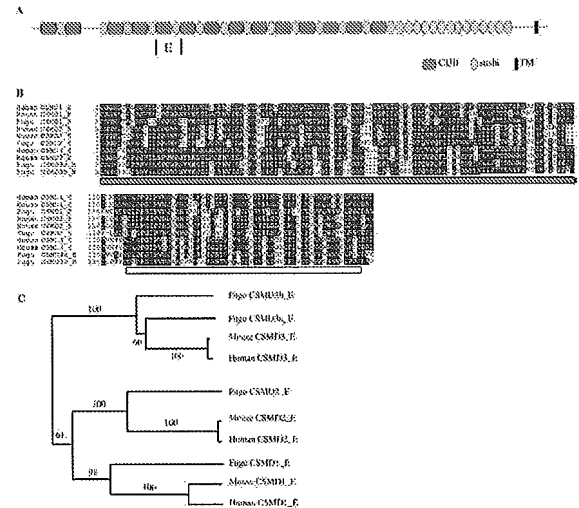


Fig. 3. Comparison of CSMD3 gene families among human, mouse, and fugu. (A) The position of the 5th unit of CUB and sushi domain (E unit) in the CSMD3. (B) Alignment of the E units of CUB and sushi domain in the CSMD gene families of human, mouse, and fugu. Alignment was performed by using the BCM implementation of Clustal X. The CUB and sushi domains are underlined with thick gray and white bars, respectively. Black background indicates that these amino acid residues are identical for all of the aligned amino acid residues. Three “X” letters at amino acid residues 108–110 in fugu CSMD2_E indicate undetermined amino acid sequence resulting in the fugu genome scaffold sequence. (C) Evolutionary trees of CUB-sushi unit E among human, mouse, and fugu CSMD. The numbers labeled with the bootstrap nodes indicate percentage of reliability of this tree deduced from 1000 bootstrap replicates.

treated with pentyleneetetrazole (PTZ), which is a drug to induce epileptic seizures. The SEZ-6 is strongly expressed in the developing forebrain and necessary for the formation of neural network [16]. These findings led us to examine CSMD3 as a candidate gene.

Although our initial trial to identify causative mutations in the CSMD3 gene was unsuccessful, a possibility of CSMD3 gene as a candidate gene for BAFMEI/FAME still remains because many other types of mutations have not been analyzed due to unusually large size of CSMD3 gene. As a similar example, majority of mutations in the Parkin gene, which is one of the major familial Parkinson’s disease genes, are exon deletions, and such exon deletions are often difficult to find, particularly in the case of patients with compound heterozygosity, when simple PCR-based method was applied [17]. The size of CSMD3 gene is as large as Parkin and dystrophin, therefore it is likely that exon deletions might frequently occur in the CSMD3 gene as observed in those giant genes. Because BAFMEI/FAME is an autosomal dominant inheritance, and judging from the pedigrees of patients, it is very unlikely that both alleles harbor causative mutations.

Further genetic linkage analysis with newly identified SNPs will be necessary to identify the causative mutations for BAFMEI/FAME.

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Original Article

Association of a GNAS1 Gene Variant with Hypertension and Diabetes Mellitus

Miyuki YAMAMOTO, Michiko ABE, Jing Ji IIN, Zhihong WU, Yasuharu TABARA, Masaki MOGI, Katsuhiko KOHARA, Tetsuro MIKI, and Jun NAKURA

Previous studies have shown that the T allele of the GNAS1 T393C polymorphism is associated with poor responsiveness to β -blockers and that the T393C polymorphism interacts with cigarette smoking and alcohol consumption in the pathogenesis of hypertension. Thus, the T393C polymorphism is likely to interact with β -adrenoceptor (β -AR) stimulation in the pathogenesis of hypertension. Although this interaction might be caused by a direct effect of Gs proteins on the cardiovascular system, it could also result from an indirect effect of Gs proteins mediated by glucose metabolism. Moreover, association studies are often irreproducible. We therefore examined the possible interaction between the T393C polymorphism and γ -glutamyl transpeptidase (GGT), which is an established biomarker of alcohol consumption, in the association with glucose metabolism as well as with hypertension in a Japanese population. Genotyping for GNAS1 was performed by using the polymerase chain reaction-restriction fragment length polymorphism method in 821 samples. The present study showed a significant interaction between the T393C polymorphism and GGT in the association with hypertension ($p=0.033$). This interaction was even more significant after adjustment for all confounding factors ($p=0.0025$). In contrast, analysis of the possible interaction of the T393C polymorphism with GGT in the association with diabetes mellitus or fasting plasma glucose failed to show a significant result. These results did not support the hypothesis that the interaction between the T393C polymorphism and GGT in the association with hypertension could be caused by an indirect effect of Gs proteins mediated by glucose metabolism. (Hypertens Res 2004; 27: 919-924)

Key Words: G proteins, glucose, hypertension, polymorphism, sympathetic nervous system

Introduction

Hypertension is considered to be a complex trait to which genetic, environmental, and demographic factors contribute interactively (1). The β -adrenoceptor (β -AR)-stimulatory guanine nucleotide-binding protein (Gs) system has been shown to play important roles in the cardiovascular system. Recently, based on several lines of biological evidence suggesting an association of the α -subunit of Gs proteins with

hypertension (2-4), an initial study examined the association between a common site polymorphism (T393C) in GNAS1 and hypertension (5). This study showed that the T393C polymorphism was significantly associated with hypertension and with poor responsiveness to β -blockade. Subsequently, we also studied the association in a large Japanese population, resulting in replication of the association between the T393C polymorphism and hypertension (6). Additionally, in the same population, we showed that the T393C polymorphism interacted with cigarette smoking and with al-

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Table 2. GNAS1 Genotype and Allele Frequencies in Hypertensive and Normotensive Subjects

Genotype	Genotype frequency		p value*	OR*	95% CI*
	Normotensive (n=554)	Hypertensive (n=267)			
GNAS1 genotypes					
TT (%)	187 (33.8)	87 (32.6)			
TC (%)	254 (45.8)	126 (47.2)			
CC (%)	113 (20.4)	54 (20.2)	0.954*	1.01*	0.70-1.45*
GNAS1 alleles					
T (%)	628 (56.7)	300 (56.2)			
C (%)	490 (43.3)	234 (43.8)	0.849	0.98	0.79-1.21

*p value, OR and 95% CI are for TT+TC vs. CC. OR, odds ratio; CI, confidence interval.

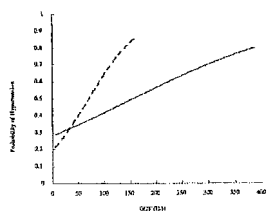


Fig. 1. Genotypic variations in the positive relationship between GGT and the probability of having hypertension. The solid line indicates the TT and TC genotypes; the dotted line indicates the CC genotype. The regression between GGT and the probability of having hypertension in T carriers was represented by the equation, $Y = \exp(0.006X - 0.946)/1 + \exp(0.006X - 0.946)$. The equation was $Y = \exp(0.020X - 1.450)/1 + \exp(0.020X - 1.450)$ in CC homozygotes. CC homozygotes show a steeper slope than T carriers ($p=0.033$; after adjustment for all confounding factors, $p=0.0025$).

Results

Association of GNAS1 T393C Polymorphism with Hypertension

A total of 821 Japanese individuals from the Hyogo region were categorized as hypertensive or normotensive and genotyped for the T393C polymorphism (Table 2). The frequencies in both hypertensive and normotensive subjects were in Hardy-Weinberg equilibrium. Statistical analysis failed to show a significant difference in the frequencies of the alleles ($p=0.954$) and genotypes ($p=0.849$ for TT+TC vs. CC) between the hypertensive and normotensive subjects (Table

2). Moreover, there was no significant difference in GGT and FPG between the genotypes (TT+TC vs. CC) (data not shown).

Interaction of GNAS1 T393C Polymorphism with GGT in Association with Hypertension and Diabetes Mellitus

We next analyzed the possible interaction of the GNAS1 T393C polymorphism with GGT in the association with hypertension in a logistic regression model. This analysis showed a significant interaction ($p=0.033$) (Fig. 1). This interaction was even more significant after adjustment for all confounding factors ($p=0.0025$). Because, all nine of the subjects with a GGT level above 150 U/L of GGT had the T allele(s), and despite the fact that the T393C polymorphism was not associated with GGT ($p=0.686$), we also examined this interaction using GGT stratified by quartiles (11, 22, and 42 U/L). The results showed that the p value for the interaction was 0.034. The p value was 0.013 after adjustment for all confounding factors. In contrast, analysis of the possible interaction of the T393C polymorphism with GGT in the association with diabetes mellitus failed to show a significant relation ($p=0.492$).

We further analyzed the interaction between the T393C polymorphism and GGT in the association with blood pressure in general linear regression models (Table 3 and Fig. 2). This analysis showed a marginally significant interaction between the T393C polymorphism and GGT in the association with DBP ($p=0.049$). This interaction was more significant after adjustment for all confounding factors ($p=0.0027$). The analysis also showed a non-significant trend supporting the presence of an interaction between the T393C polymorphism and GGT in the association with SBP ($p=0.198$). However, this interaction was significant after adjustment in all confounding factors ($p=0.011$). Analyses of these interactions using GGT stratified by quartiles showed that the p values for these interactions were 0.039 and 0.183 for DBP and SBP, respectively. The p values were 0.011 for DBP and 0.041 for SBP after adjustment for all confounding factors. In contrast, analysis of the possible interaction of the

Table 1. Characteristics of Participants According to Hypertension Status

Variable	Normotensive (n=554)	Hypertensive (n=267)	p value
Sex (male %)	78.3	59.0	<0.001
Age (years)	52.8±8.6	57.4±8.4	<0.001
BMI (kg/m ²)	22.6±2.9	23.9±2.9	<0.001
SBP (mmHg)	115.1±11.6	143.9±16.6	<0.001
DBP (mmHg)	72.2±8.9	88.9±9.9	<0.001
T-Chol (mg/dl)	197.7±31.2	202.9±37.1	NS
HDL-Chol (mg/dl)	54.2±14.6	52.1±14.1	NS
TC (mg/dl)	116.2±20.9	151.6±29.2	<0.001
FPG (mg/dl)	101.2±17.0	105.7±18.5	<0.001
AST (U/l)	23.3±26.0	25.1±14.3	NS
ALT (U/l)	20.9±32.8	21.4±14.9	NS
GGT (U/l)	31.3±34.8	43.3±45.4	NS

BMI, body mass index; SBP, systolic blood pressure; DBP, diastolic blood pressure; T-Chol, plasma total cholesterol; HDL-Chol, plasma high density lipoprotein cholesterol; TC, plasma triglyceride; FPG, fasting plasma glucose; AST, aspartate aminotransferase; ALT, alanine aminotransferase; GGT, γ -glutamyl transpeptidase. Data are mean±SD. Blood pressure readings prior to the start of antihypertensive medication were not available for 113 hypertensive subjects whose values were measured under treatment.

cohol consumption in the pathogenesis of hypertension (6, 7). Taken together, these results indicate that the T393C polymorphism is likely to interact with β -AR stimulation in the pathogenesis of hypertension. Although this interaction could be caused by a direct effect of Gs proteins on the cardiovascular system, it could also result from an indirect effect of Gs proteins mediated by glucose metabolism. However, we were unable to assess these two possibilities in the population previously analyzed due to a lack of information on glucose metabolism. In this regard, information on glucose metabolism as well as a well-established biomarker of alcohol consumption, γ -glutamyl transpeptidase (GGT) (8-11), was available in another population. Moreover, association studies are often irreproducible. We therefore examined the possible interaction between the T393C polymorphism and GGT in the association with glucose metabolism as well as with hypertension.

Methods

Subjects

According to the criteria described below, 267 hypertensive subjects and 554 normotensive subjects were selected from a population in the Hyogo region of Japan (Table 1). All subjects were Japanese. They had participated in a medical check-up, and the values of variables in their personal health

records were used in the analyses. All subjects provided informed consent to participate, and the ethics committee of Ehime University approved the study.

Diagnostic Categories

Each subject was assigned to one of the blood pressure diagnostic categories defined by the following criteria. Hypertensive subjects had a previous diagnosis of hypertension and were being treated with antihypertensive medication, or their systolic/diastolic blood pressure (SBP/DBP) was $\geq 140/90$ mmHg. Normotensive subjects had never been treated with medication for hypertension, and their SBP/DBP was $< 140/90$ mmHg. Diabetic subjects were diagnosed according to the WHO98 definition of type 2 diabetes (12). Subjects were considered to have diabetes mellitus if their fasting plasma glucose (FPG) concentration was ≥ 126 mg/dl.

DNA Analysis

Polymerase chain reaction (PCR) was used to detect the GNAS1 T393C polymorphism (5). The sense oligonucleotide primer was 5'-CTCTAAGTCACATGGTCAAA-3' and the antisense primer was 5'-TAAGGCACACAAAGTGGGGT-3'. The amplified PCR products were digested with 3 U of the restriction enzyme, FokI. A thymine at nucleotide position 393 was shown by a fragment of 345 bp, whereas a cytosine at nucleotide position 393 was shown by two fragments of 263 bp and 82 bp. The person who assessed the genotype was blinded to the clinical data of the subjects from whom the samples originated.

Statistical Methods

Analysis of variance was used to assess differences in the means and variances of continuous variables. Logistic regression models were used to assess whether the GNAS1 T393C polymorphism made a statistically significant contribution to prediction of hypertension or diabetes mellitus, with consideration of the interactions between the T393C polymorphism and GGT. Sex, age, body mass index, plasma total cholesterol, high-density lipoprotein-cholesterol, and triglyceride levels were considered to be confounding factors (Table 1). Because the distributions of plasma triglyceride and GGT values were skewed, their logarithmically transformed values were used in the analyses. General linear regression models were used to assess whether the T393C polymorphism made a statistically significant contribution to prediction of blood pressure or FPG, with consideration of interactions between the polymorphism and GGT. p values less than 0.05 were considered statistically significant. Statistical analysis was performed with SPSS statistical software.

Table 3. General Linear Model for Regression of GGT in Association with Blood Pressure and FPG According to Genotype

Phenotype	Genotype (n)	Coefficient	Constant	p value for regression	Determination coefficient	p value for interaction
	CC (167)	0.10	119.6	0.006	0.077	0.198
DBP (mmHg)	TT+TC (654)	0.03	76.5	0.003	0.014	
	CC (167)	0.09	74.1	0.003	0.122	0.049
FPG (mg/dl)	TT+TC (654)	5.49	85.0	<0.001	0.065	
	CC (167)	5.58	84.0	<0.001	0.071	0.998

GGT, γ -glutamyl transpeptidase; FPG, fasting plasma glucose; SBP, systolic blood pressure; DBP, diastolic blood pressure.

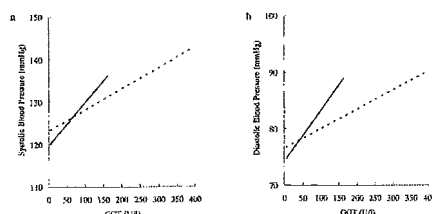


Fig. 2. Genotype-specific regression slopes of blood pressure on GGT. The solid line indicates the TT and TC genotypes; the dotted line indicates the CC genotype. a: The regression between GGT and SBP in T carriers was represented by the equation, $Y = 0.101X + 119.6$. The equation was $Y = 0.049X + 123.0$ in CC homozygotes. CC homozygotes showed a steeper slope than T carriers ($p=0.198$; after adjustment for all confounding factors, $p=0.011$). b: The regression between GGT and DBP in T carriers was represented by the equation, $Y = 0.039X + 74.1$. The equation was $Y = 0.034X + 76.5$ in CC homozygotes. CC homozygotes showed a steeper slope than T carriers ($p=0.049$; after adjustment for all confounding factors, $p=0.0027$).

T393C polymorphism with GGT in the association with FPG failed to show a significant result ($p=0.998$) (Table 3).

Discussion

The present study showed a significant interaction of the GNAS1 T393C polymorphism with GGT in the association with hypertension in a Japanese population. In subjects with lower GGT, the CC genotype appeared to have a protective effect against the development of hypertension, whereas the TT and TC genotypes appeared to have a risk-increasing effect (Figs. 1 and 2). However, CC homozygotes were more sensitive to an increment of GGT than T carriers in the association with hypertension. Consequently, in subjects with higher GGT, the TT and TC genotypes appeared to have a protective effect against the development of hypertension, whereas the CC genotype appeared to have a risk-increasing effect. These relations and directions were very similar to

those in the interaction of the T393C polymorphism with cigarette smoking and alcohol consumption in the association with hypertension (6, 7). Given that both cigarette smoking and alcohol consumption could affect blood pressure through the β -AR-Gs protein system (13-15), and because GGT is a well-established biomarker of alcohol consumption (8-11), the significant interactions of the T393C polymorphism with cigarette smoking, alcohol consumption, and GGT in the association with hypertension may each indicate the presence of an interaction between the T393C polymorphism and β -AR stimulation in the pathogenesis of hypertension from different angles. Indeed, the T393C polymorphism has been shown to be associated with blood pressure response to β -blockers in a Caucasian population (5). However, more accurate assessment will require additional information on drinking history.

The present study failed to show a significant association between the T393C polymorphism and hypertension. How-

ever, given the above interactions, this failure may not be surprising, because an association between a polymorphism and hypertension could be masked in the presence of gene-environment interactions even when analyzed in subjects with matched confounding factors (6). In this context, the significant association shown in the population previously analyzed was largely dependent on the fact that hypertensive subjects had a significantly higher frequency of the TT and TC genotypes than normotensive subjects both in non-heavy smokers and in non-drinkers or light drinkers. In the present population, a possibly lower β -AR stimulation might have resulted in failure to show a significant association between the T393C polymorphism and hypertension, although the extent of β -AR stimulation is difficult to estimate.

The precise mechanism of the interaction between the T393C polymorphism and β -AR stimulation in the pathogenesis of hypertension is elusive and remains to be investigated. Previous studies have shown that the T allele of the T393C polymorphism is associated with poor responsiveness to β -blockade (5) and that the T393C polymorphism interacts with cigarette smoking and alcohol consumption in the pathogenesis of hypertension (6, 7). Based on this evidence, we previously speculated that the TT and TC genotypes or genotypes in linkage disequilibrium with them might produce a constant amount of α -subunit of Gs proteins independent of activation of the sympathetic nervous system (6). In contrast, the CC genotype or genotype in linkage disequilibrium with it might produce a controlled amount of α -subunit of Gs proteins. In this context, it is noteworthy that CC homozygotes tended to be more strongly affected by an increment of GGT than T carriers in the association with hypertension (Figs. 1 and 3). Thus, the above explanation appears also to be applicable to the interaction between the T393C polymorphism and GGT in the association with hypertension.

Another point of view in regard to the interaction between the T393C polymorphism and β -AR stimulation in the association with hypertension is that, depending on the genotype, β -AR stimulation could influence glucose metabolism, which in turn could influence blood pressure (6). In order to assess this possibility, we examined the possible interaction between the T393C polymorphism and GGT in the association with diabetes mellitus, and failed to show a significant interaction. Analysis of the possible interaction between the T393C polymorphism and GGT in the association with PPG also failed to show a significant interaction. These results appeared to contribute evidence against the hypothesis that the interaction between the T393C polymorphism and GGT in the association with hypertension could be caused by an indirect effect of Gs proteins mediated by glucose metabolism. Further extending this, the interaction between the T393C polymorphism and β -AR stimulation in the association with hypertension might not result from an indirect effect of Gs proteins mediated by glucose metabolism. However, because data on insulin levels, HbA1c, and oral glucose tolerance test

were not available in the present population, a further study including such data should be performed.

Taking advantage of the fact that GGT is a good biomarker of alcohol consumption, the present study provided an additional piece of evidence supporting the presence of an interaction between the GNAS1 T393C polymorphism and β -AR stimulation in the pathogenesis of hypertension. Moreover, by analyzing the possible interaction between the T393C polymorphism and GGT in the association with diabetes mellitus and with PPG, the present study provided evidence against the possibility that the interaction may be caused by an indirect effect of Gs proteins mediated by glucose metabolism. However, the present study did not assess gene-gene interaction, which is a candidate factor for modifying the evaluation of an association. In this context, interaction analyses of the GNAS1 gene with other genes involved in the β -AR-Gs protein system may be helpful to improve understanding of the relation between the β -AR-Gs protein system and hypertension. Furthermore, in order to establish an association, it is also important that associated alleles affect the gene product in a physiologically meaningful way. In this context, thus far, there is no evidence showing that the T393C polymorphism affects the gene product in a physiologically meaningful way. Therefore, it is necessary to investigate the possible biological change of the gene product by the T393C polymorphism or another variant in linkage disequilibrium with it.

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Original Paper

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Genetic Predisposition to Neurological Symptoms in Lacunar Infarction

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Key Words

Polymorphism · Angiotensin-converting enzyme · Angiotensinogen · Type 1 angiotensin II receptor · Lacunar infarction · Magnetic resonance imaging

Abstract

Objective: Lacunar infarction is a unique stroke entity with characteristic symptoms. However, it is often silent clinically. The possible genetic predisposition to symptoms of lacunar infarction was investigated. **Methods:** One-hundred and fifty-one patients with lacunar stroke were consecutively recruited. Lacunar stroke was diagnosed based on both neurological symptoms and lacunar lesions, demonstrated by MRI, that were responsible for the symptoms. One-hundred and fifty control subjects with MRI-proven lacunar lesions without neurological symptoms served as controls. There was no significant difference in age, sex and prevalence of known risk factors between cases and controls. Insertion and deletion polymorphisms of the angiotensin-converting enzyme gene (ACE), M235T substitution of the angiotensinogen gene (AGT), and A1123C substitution of type 1 receptor of the angiotensin II gene were determined. **Results:** The frequency of ACE D allele was significantly higher in symptomatic patients compared with asym-

ptomatic subjects (0.44 vs. 0.36, $p < 0.05$). The genotype distribution of AGT was significantly different between symptomatic and asymptomatic patients ($\chi^2 = 6.6$, $p = 0.037$). Multiple logistic regression analysis revealed that ACE gene and AGT genotypes were independently associated with the neurological manifestation of lacunar infarction. In subjects with 1 lacuna, the odds ratio of the ACE DD genotype for symptomatic manifestation was 4.98 (95% CI 1.25–19.9). In subjects with 4 or more lacunae, the odds ratio of the ACE II genotype for symptomatic manifestation was 0.24 (95% CI 0.10–0.56). Furthermore, the ACE gene polymorphism was significantly different between symptomatic patients with a single lacuna and asymptomatic subjects with 4 or more multiple lacunar infarctions ($\chi^2 = 10.6$, $p = 0.005$). **Conclusion:** These findings suggest that 2 subtypes of lacunar infarction, single symptomatic lacuna and multiple asymptomatic lacunae, may possess different genetic backgrounds. Subjects with the ACE DD genotype could be more predisposed to be symptomatic in first-ever lacunar stroke, while the ACE II genotype may convey resistance to symptoms even after multiple lacunar strokes. Polymorphism of genes of the renin-angiotensin system could be involved in the manifestation of neurological symptoms of lacunar infarction.

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Introduction

The candidate gene approach is the mainstay of genetic study of ischemic stroke [1]. Among numerous candidate genes, insertion and deletion polymorphism of the angiotensin-converting enzyme (ACE) gene is the most frequently studied in the field of cardiovascular diseases including stroke [1–8]. However, conflicting results have been reported [1–8].

The lack of precise phenotyping of ischemic stroke is thought to be a major problem leading to the conflicting results. Many studies have used ischemic stroke cases with diverse clinical manifestations including atherothrombotic as well as lacunar infarctions [2, 3, 5, 6]. Since the pathophysiological backgrounds and mechanisms are significantly different among subtypes of ischemic stroke, a more precise approach with accurate phenotyping of the stroke subtypes should be taken. Among subtypes of ischemic stroke, many studies have reported the strongest association of the ACE genotype with lacunar stroke [1–3]. However, the number of cases in these studies was too small to reach a conclusion.

Lacunar infarction is a common form of stroke, accounting for 10–40% of stroke cases [9–12]. Lacunar infarction possesses several noteworthy characteristics including low mortality rate [12–14]. Although its symptoms are well known as lacunar syndromes, lacunar infarction is more often silent [15, 16]. The prevalence of asymptomatic lacunar lesions has been shown to increase with hypertension and aging [15–17]. Since a previous study showing a positive association between lacunar infarction and ACE polymorphism analyzed both symptomatic and asymptomatic lacunar subjects together [3], phenotyping of lacunar stroke has not been completely accurate.

Furthermore, asymptomatic lacunar infarctions are often raised [15, 16]. This other feature of lacunar infarction raised the possibility of two distinct clinical entities of lacunar infarction: single symptomatic lacunar stroke and asymptomatic multiple lacunar infarctions [18–20]. Based upon these findings, we hypothesized that there is a genetic predisposition to the manifestation of neurological symptoms of lacunar infarction. However, there has been no study investigating the genetic background of lacunar infarction including these clinical characteristics.

In the present study, we performed an association study of genes of the renin-angiotensin system (RAS) between symptomatic lacunar infarction patients and subjects with lacunar infarction without neurological symptoms. In this particular case-control matching, we revealed a genetic

predisposition to the neurological symptomatic manifestation of lacunar infarction. We also compared subjects with first-ever lacunar infarction with neurological clinical manifestation as well as MRI documentation, and asymptomatic subjects with multiple lacunar infarctions, to determine whether there is any genetic difference in the two categories of lacunar infarction.

Subjects and Methods

Subjects

The cases were recruited from patients admitted to Ehime University Hospital, Katagi Neurosurgical Clinic or Kyoto Second Red-Cross Hospital in Japan with the manifestation of first symptomatic lacunar stroke between April 1998 and December 1999. The diagnosis of lacunar stroke was made when both neurological symptoms and lacunar infarctions were confirmed on an MRI scan by neurologists. Cases with a history of symptomatic lacunar stroke events with documentation in both the clinical records and MRI were also included [21].

Control subjects were recruited from consecutive subjects who visited the same institute for medical checkups. They had several risk factors for stroke and underwent brain MRI examination for evaluation of atherosclerotic conditions. The criteria for asymptomatic lacunar infarction were as follows: (i) lacunar lesions demonstrated by MRI, (ii) absence of neurological signs and symptoms and (iii) no past history of stroke including transient ischemic attack.

Risk factors for stroke were determined for each participant. These included hypertension, diabetes mellitus, dyslipidemia and current smoking. Hypertension was defined as systolic blood pressure ≥ 140 mm Hg or diastolic blood pressure ≥ 90 mm Hg without medication in the outpatient clinic on at least 2 separate measurements or taking antihypertensive drugs. Diabetes mellitus was defined as fasting blood glucose ≥ 126 mg/dl (7 mmol/l) or nonfasting blood glucose ≥ 200 mg/dl (11.1 mmol/l) or use of medication for diabetes. Dyslipidemia was defined as total cholesterol ≥ 220 mg/dl (5.69 mmol/l) and/or HDL cholesterol ≤ 35 mg/dl (0.90 mmol/l) and/or triglyceride ≥ 50 mg/dl (1.71 mmol/l) or use of medication for dyslipidemia. Informed consent to the procedure was obtained from each participant. All procedures were approved by the Ethics Committee of the Ehime University School of Medicine.

Brain MRI Examination

The diagnosis of lacunar infarction was made by brain MRI examination [21–23]. MRI was performed with a superconducting magnet with a main field strength of 1.0–1.5 T. A lacuna was defined as an area of low signal intensity that measured ≥ 3 mm and < 15 mm on T₂-weighted images and was also visible as a hypointense lesion on T₁-weighted images. The number of lacunae was counted for each subject. Both symptomatic and asymptomatic patients were divided into 3 groups according to the number of lacunae: single lacuna, 2 or 3 lacunae and 4 or more lacunae. MRI was evaluated by 2 authors (K.K. and Y.Y.) who were not aware of the types of gene polymorphisms. An active lacunar lesion among multiple lacunae infarction in symptomatic patients was determined by the sequential changes in MRI findings and brain CT lesions during their course of the stroke.

Detection of Gene Polymorphisms

Genomic DNA was extracted from peripheral blood samples using an extraction kit (Qiagen GmbH, Hilden, Germany). Gene polymorphisms of ACE insertion/deletion, angiotensinogen gene (AGT) M235T and type I receptor of angiotensin II gene (AT1R) A1166C were determined by standard methods [24–27].

In brief, the insertion/deletion polymorphism of the ACE gene was identified by polymerase chain reaction (PCR) using a set of oligonucleotide primers flanking the polymorphic site in intron 16 sense primer 5'-GCCCTGCGAGGCTCAGGAGATGTT-3' and antisense primer 5'-GGATGGCTCTCCCGCCCTGTTTCTC-3' [24]. To avoid mistyping, each sample found to have the DD genotype was subjected to a second, independent PCR amplification with a primer pair that recognizes an insertion-specific sequence (5'-TGG GAC CAC AGC GCC CGC CAC TAC-3' and 5'-TCTG CCA GCC CTC CCA TGC CCA TAA-3') [25].

To identify the AGT M235T polymorphism, sense primer 5'-TGACAGATGGAGACATGGCTGTCTCTCC-3' and antisense primer 5'-AGGAGCAGGCTGTTTCCCTTACCTGTC-3' were used [26]. The PCR product (5 µl) was digested with 5 units *Hpa*I for 1 h, and cleaved products were separated by electrophoresis.

The AT1R A1166C polymorphism was determined using sense primer 5'-TCTCCTGCGACACTCTACTACCAATGGGC-3' and antisense primer 5'-TCTCCTGCGAGTTCGACATTT-3' [27]. The PCR product (5 µl) was digested with 5 units *Hae*III for 1 h, and cleaved products were separated by electrophoresis.

All values are expressed as means ± SD if not specified. Statistical analysis among genotypes was performed by ANOVA. Prevalence of genotypes and the Hardy-Weinberg equilibrium were analyzed by the χ^2 method. To assess the independent role of risk factors, multiple logistic regression analysis was performed with neurological symptoms as dependent variables, and age, sex, current smoking, hypertension, dyslipidemia, diabetes, total number of lacunae and genotypes as independent variables. The inheritance models of dominant (DD + ID vs. II), additive (DD vs. ID vs. II) as well as recessive (DD vs. ID + II) were all considered. For each odds ratio, the 95% confidence interval was calculated. A probability value less than 0.05 was considered statistically significant. All statistical analyses were performed using StatView package and JMP 4.0 (SAS).

Results

Demographic Characteristics of Cases and Controls

The clinical profiles of the two populations studied in the present study are summarized in table 1. There was no difference in age, sex and the frequency of risk factors including hypertension, dyslipidemia, diabetes mellitus and current smoking between the symptomatic and asymptomatic lacunar infarction groups.

The number of lacunae and their locations are also summarized in table 1. There was no difference in number of lacunae in the whole brain, deep white matter as well as brainstem between the symptomatic and asymptomatic

Table 1. Clinical profile of cases and controls

	Lacunar infarction patients	
	symptomatic	asymptomatic
Number (male/female)	151 (88/63)	150 (67/83)
Age, years	68 ± 9	69 ± 9
Hypertension, %	118 (78)	120 (80)
Dyslipidemia, %	66 (44)	59 (39)
Diabetes mellitus, %	33 (23)	23 (15)
Current smoker, %	57 (38)	36 (27)
Number of lacunae		
Whole brain	2.9 ± 2.1	2.7 ± 1.8
Basal ganglia	1.9 ± 1.7*	1.1 ± 1.5
Corona radiata	0.9 ± 1.2	1.0 ± 1.4
Brainstem	0.1 ± 0.3	0.06 ± 0.8
Symptoms†		
Hemiparesis	115	
Sensory disturbance	19	
Ataxia	12	
Dysarthria	9	

* $p < 0.05$ versus asymptomatic lacunar infarction patients.
† Four patients had more than 1 symptom.

Table 2. Genotype and allele frequencies of ACE, AGT and AT1R in the study population

	Lacunar infarction patients	
	symptomatic (n = 151)	asymptomatic (n = 150)
ACE		
II	49 (0.33)	59 (0.39)
ID	71 (0.47)	74 (0.49)
DD	31 (0.21)	17 (0.11)
Allele D	0.44*	0.36
AGT		
MM	2 (0.01)	11 (0.07)
MT	46 (0.30)	42 (0.28)
TT	103 (0.68)	97 (0.65)
Allele M	0.17	0.21
AT1R		
CC	2 (0.01)	0 (0)
AC	16 (0.11)	22 (0.15)
AA	131 (0.88)	128 (0.85)
Allele C	0.07	0.07

* $p < 0.05$ versus asymptomatic lacunar infarction patients. Figures in parentheses indicate ratio of genotype.

Table 3. Multiple logistic regression analysis with neurological symptoms as dependent variable in patients with lacunar infarction

Independent variables	χ^2	OR	95% CI	p value
Age	0.98	1.01	0.99–1.04	0.32
Sex (male)	0.06	1.07	0.60–1.93	0.81
Hypertension	0.42	0.83	0.46–1.48	0.52
Diabetes mellitus	1.84	1.54	0.83–2.87	0.17
Dyslipidemia	0.38	1.17	0.71–1.90	0.54
Current smoker	0.20	1.15	0.62–2.13	0.66
Number of lacunae (total)	2.58	0.86	0.72–1.03	0.11
Number of lacunae (basal ganglia)	7.39	1.39	1.10–1.76	0.007
ACE genotype (D recessive)	4.99	2.13	1.11–4.15	0.056
AGT genotype (T dominant)	4.39	3.28	1.11–25.04	0.036
AT1R genotype (C dominant)	0.16	0.87	0.42–1.77	0.69

ACE genotype (D recessive): 1 = II, 2 = DD; AGT genotype (T dominant): 1 = MM, 2 = TT + MT; AT1R genotype (C dominant): 1 = AA, 2 = CC + AC.

Table 4. Single symptomatic lacunar infarction and multiple asymptomatic lacunar infarctions: distribution of genotypes encoding the renin-angiotensin system

ACE	II	Patients with a single symptomatic lacunar infarction (n = 54)	Patients with 4 or more multiple asymptomatic lacunar infarctions (n = 42)
		DD	18 (0.33)
ID	24 (0.44)	10 (0.24)	
DD	12 (0.22)	4 (0.10)	
	$\chi^2 = 0.60, f = 2, p = 0.005$		
AGT	MM	2 (0.04)	2 (0.05)
MT	16 (0.30)	12 (0.29)	
TT	36 (0.67)	28 (0.67)	
AT1R	CC	2 (0.07)	0 (0)
AC	3 (0.06)	6 (0.14)	
AA	51 (0.94)	36 (0.86)	
	$\chi^2 = 2.12, f = 1, p = 0.15$		

Genotype and Allele Frequencies of ACE, AGT and AT1R in Lacunar Infarction

Table 2 summarizes the genotype and allele frequencies of ACE, AGT and AT1R. The distributions of ACE, AGT and AT1R genotypes observed in the study population were in agreement with the Hardy-Weinberg equilibrium. The frequencies of ACE genotypes were not different between symptomatic patients and asymptomatic subjects. However, the frequency of the D allele was significantly higher in symptomatic patients compared with asymptomatic subjects. The genotype distribution of AGT in symptomatic patients was also significantly different from that in asymptomatic patients.

To further investigate whether genotype was independently associated with the symptomatic manifestation of lacunar infarction, multiple logistic regression analysis was performed in all subjects with lacunar infarction (n = 301) with neurological symptoms as dependent variables (table 3). It revealed that the number of lacunae in the basal ganglia and ACE and AGT genotypes were independently associated with the manifestation of neurological symptoms. On the other hand, other risk factors including age, sex, hypertension, diabetes mellitus, dyslipidemia and smoking were not significantly related to the symptomatic manifestation of lacunar infarction.

Lacunar Subtypes and RAS Genes

The genetic difference between 2 lacunar categories, single symptomatic lacunar infarction and asymptomatic multiple lacunar infarction, was further evaluated (table 4). There was a significant difference in ACE genotype distribution between the 2 lacunar subtypes. Multiple logistic regression analysis also showed that ACE genotype (D dominant) was independently associated with the manifestation of neurological symptoms in this population (odds ratio 11.09, 95% CI 2.0–14.63; $p = 0.0009$). Odds ratios of ACE genotypes for the manifestation of neurological symptoms according to the number of lacunae

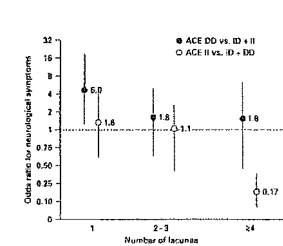


Fig. 1. Odds ratios of ACE genotypes for the manifestation of neurological symptoms of lacunar infarctions according to the number of lacunae. Closed circles indicate the odds ratio for ACE DD genotype compared with ACE ID + II, and open circles indicate the odds ratio for ACE II genotype compared with ACE DD + ID. Bars indicate 95% confidence intervals. Odds ratios were corrected for other risk factors including hypertension, diabetes mellitus, dyslipidemia, age and smoking.

noe are shown in figure 1. The ACE DD genotype was significantly associated with the symptomatic manifestation of single lacunar infarction. On the other hand, the ACE II genotype was significantly associated with an asymptomatic state in patients with multiple lacunar infarctions.

Discussion

In the present study, polymorphisms of genes encoding the renin-angiotensin system were significantly associated with a symptomatic manifestation of lacunar stroke. Several studies on the genetic predisposition to stroke have been reported, with conflicting results on genes related to components of the renin-angiotensin system [1–8]. Many of these studies evaluated stroke patients combining different categories of infarction including lacunar stroke [2, 3, 5, 6]. Since the main underlying mechanisms of lacunar infarction has been shown to be arteriosclerosis and lipohyalinosis in small arteries such as perforating arteries [28], the etiology of lacunar infarction is quite different from that of atherothrombotic infarction as well as car-

dioembolic infarctions. Accordingly, the genetic background for lacunar infarction could also be different from that of atherothrombotic as well as cardioembolic infarction. However, no study has evaluated the genetic background of symptomatic lacunar infarction alone. The diversity of the background for the different categories of stroke could underlie the failure to detect an association in previous studies. Furthermore, the number of lacunar infarction patients evaluated according to genetic background was small in previous studies [4, 5, 7]. This could be another reason for the negative results. In the present study, we focused on lacunar stroke as a single category of ischemic stroke.

Fisher [28, 29] defined lacunae pathologically as areas of infarction of less than 2 cm in size. Lacunar stroke is more often asymptomatic than symptomatic, although the symptoms of lacunar infarction are recognized as classical lacunar syndromes. In the Cardiovascular Health Study, 3,660 elderly subjects aged ≥ 65 years underwent brain MRI examination [15]. Among them, 751 subjects without any history of TIA or stroke had MRI-proven lacunar lesions. The frequency of asymptomatic lacunar lesions was more than 30%. One third of lacunar lesions were multiple. Accordingly, an asymptomatic status as well as multiple lesions are clinical features of lacunar infarction. The genetic background of asymptomatic lacunar stroke in the Japanese population has been investigated [4, 8]. Although the number of patients with lacunar infarction was small, both studies failed to demonstrate an association with ACE gene polymorphism. In a community-based study, it has been shown that the number of asymptomatic lacunae was significantly associated with AT1R AC and AGT MT genotypes [4]. However, no study has ever investigated the genetic association with neurological symptoms in lacunar stroke. In the present study, we compared neurologically symptomatic lacunar infarction patients with asymptomatic patients. Background risk factors including age, prevalence of hypertension, diabetes mellitus and dyslipidemia as well as current smoking were not significantly different between the two groups. In this population, it was revealed that ACE and AGT genotypes were associated with symptomatic manifestation.

Fisher [29–31] distinguished 2 causes of local small-vessel obstruction: lipohyalinosis, mainly found in hypertensive patients with small, multiple and usually asymptomatic lacunae, and microatheromatous disease, which mainly occurred in patients with a larger, usually single symptomatic lacuna. However, recent study indicates that small-vessel atheromatous disease but not lipohyal-

inosis may be a primary mechanism for lacunar infarctions [32]. There have been suggestions that the profiles of risk factors for lacunae may differ between single and multiple lacunae, as well as silent and symptomatic lacunae [15, 18–20]. However, a study with a large cohort of elderly subjects failed to reveal significant factors to discriminate single and multiple, as well as symptomatic and asymptomatic lacunae [15]. To examine the possibility that the genetic background for multiple asymptomatic lacunar infarctions is different from that for single symptomatic lacunar infarction, we analyzed the gene polymorphisms in symptomatic lacunar stroke patients and asymptomatic lacunar infarction subjects, focusing on the number of lacunae. We observed a significantly higher prevalence of ACE DD in patients with single symptomatic lacunar infarction compared with subjects with multiple asymptomatic lacunar infarctions. Analysis of subjects with multiple lacunar infarctions revealed that those with the ACE II genotype might be resistant to being symptomatic even after multiple lacunar strokes. These findings have never been obtained in previous analyses between patients and normal controls. Our finding indicates that the ACE DD genotype predisposes to microatheromatous lacunae, since microatheromatous disease occurs in cases with a larger, usually single symptomatic lacuna [29–31, 33].

Recently, relatively high prevalences of distinct mechanisms for lacunar infarcts, cardioembolism [34] and carotid arterial stenosis [35] have also been reported. Since these reports studied symptomatic lacunar patients, it is conceivable that our symptomatic patients might also have had these underlying mechanisms. To address the mechanism-specific manifestation of lacunar infarction more precisely, a more detailed determination of phenotype including carotid ultrasound as well as echocardiogram would be necessary.

In the present study, control subjects were recruited from patients who underwent brain MRI as an evaluation of atherosclerosis because of their risk factors. Although they did not have any neurological symptoms including lacunar syndromes, they might have had nonspecific symptoms such as headache. Furthermore, it is also reported that asymptomatic lacunae were associated with cognitive impairment [15, 36, 37], depressive mood [38] as well as autonomic abnormalities such as dysregulation of blood pressure [21, 37, 39]. Accordingly, we could not rule out the possibility that nonspecific symptoms could be associated with the present genetic finding rather than symptomatic stroke conditions. Two Japanese studies have reported no difference in ACE insertion/deletion

genotype distribution between patients with asymptomatic cerebral infarction and subjects without a brain lesion demonstrated by MRI [4, 8]. These findings may indicate that the present findings are related to symptomatic lacunae rather than control-related conditions.

We could not exactly explain the mechanism by which the gene encoding ACE was associated with neurological manifestation. The site and size of the lacunae are responsible for the symptoms [33]. In the present study, there was no difference in the total number of lacunae between symptomatic and asymptomatic subjects. However, the number and prevalence of lacunae in the basal ganglia were significantly higher in symptomatic patients than asymptomatic subjects, suggesting that the site of infarction could be associated with genetic predisposition. However, our finding that ACE as well as AGT gene polymorphisms were significantly associated with the symptomatic manifestation of lacunar stroke was not due to a genotype-specific accumulation of lacunae in the region of the basal ganglia (data not shown). These findings indicate that ACE gene polymorphism could affect the size of lacunar infarctions. However, to reach the conclusion, studies with more precise determination of phenotype with pathological documentation as well as prospective studies with a larger population are needed.

In summary, ACE gene and AGT genotypes were associated with the manifestation of neurological symptoms in patients with lacunar strokes. Furthermore, the ACE DD genotype was an independent risk factor for being symptomatic with the first-ever lacunar stroke. On the other hand, patients with the ACE II genotype were less symptomatic even after multiple lacunar infarctions. These findings suggest the existence of diverse mechanisms in single symptomatic lacunar infarction and multiple asymptomatic lacunar infarctions.

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