

Vitamin B₆ (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	0.86	0.23	96	0.89	0.23	97	0.91	0.26	106	0.86	0.28	75	0.77	0.16	8	0.88	0.25	382
Male	1.00	0.28	77	1.01	0.40	78	1.03	0.30	111	0.98	0.26	95	1.12	0.78	16	1.01	0.34	377
Total	0.92	0.26	173	0.94	0.33	175	0.97	0.29	217	0.93	0.28	170	1.00	0.66	24	0.94	0.31	759

Vitamin B₁₂ (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	1.29	0.33	96	1.36	0.38	97	1.43	0.45	106	1.33	0.35	75	1.30	0.36	8	1.35	0.38	382
Male	1.38	0.32	77	1.49	0.41	78	1.53	0.36	111	1.49	0.49	95	1.46	0.34	16	1.48	0.40	377
Total	1.33	0.33	173	1.42	0.40	175	1.48	0.41	217	1.42	0.44	170	1.41	0.35	24	1.41	0.40	759

Niacin (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	15.1	4.2	96	16.0	4.6	97	15.9	4.7	106	14.5	5.2	75	12.9	3.7	8	15.4	4.7	382
Male	19.6	5.6	77	21.2	7.1	78	19.6	6.3	111	18.4	5.4	95	14.7	4.3	16	19.4	6.2	377
Total	17.1	5.4	173	18.3	6.3	175	17.8	5.9	217	16.7	5.6	170	14.1	4.1	24	17.4	5.8	759

Vitamin B₉ (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	1.09	0.31	96	1.18	0.34	97	1.27	0.33	106	1.18	0.36	75	1.17	0.34	8	1.18	0.34	382
Male	1.31	0.38	77	1.45	0.44	78	1.49	0.40	111	1.45	0.37	95	1.28	0.41	16	1.43	0.40	377
Total	1.19	0.36	173	1.30	0.41	175	1.38	0.38	217	1.33	0.39	170	1.24	0.38	24	1.30	0.39	759

Vitamin B₁₂ (μg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	6.8	4.7	96	7.7	5.7	97	8.2	5.9	106	7.4	5.0	75	6.6	6.4	8	7.5	5.4	382
Male	8.7	6.3	77	9.2	5.5	78	9.7	5.0	111	10.7	6.6	95	8.6	5.0	16	9.6	5.8	377
Total	7.6	5.5	173	8.4	5.7	175	8.9	5.5	217	9.2	6.2	170	7.9	5.5	24	8.5	5.7	759

Folate (μg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	306	93	96	342	116	97	394	141	106	361	111	75	353	99	8	351	121	382
Male	322	111	77	356	125	78	404	119	111	402	169	95	374	172	16	376	139	377
Total	313	101	173	348	120	175	399	130	217	384	147	170	367	150	24	363	131	759

Pantothenic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	5.59	1.31	96	5.73	1.47	97	6.04	1.58	106	5.57	1.45	75	5.77	1.04	8	5.75	1.46	382
Male	6.40	1.42	77	6.59	1.55	78	6.77	1.57	111	6.65	1.88	95	6.31	1.51	16	6.61	1.62	377
Total	5.95	1.42	173	6.11	1.56	175	6.41	1.61	217	6.17	1.78	170	6.13	1.37	24	6.17	1.60	759

Vitamin C (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	109.6	67.5	96	126.8	68.2	97	154.4	89.0	106	126.2	60.3	75	126.8	65.2	8	130.0	74.5	382
Male	103.6	67.2	77	115.7	75.8	78	133.8	77.1	111	132.0	68.1	95	106.4	48.2	16	122.3	72.4	377
Total	106.9	67.2	173	121.9	71.7	175	143.8	83.6	217	129.4	64.7	170	113.2	53.9	24	126.2	73.5	759

Cholesterol (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	366.4	129.7	96	362.9	139.2	97	350.2	125.0	106	322.2	135.1	75	303.9	138.6	8	351.0	132.6	382
Male	435.2	140.2	77	401.7	134.9	78	406.8	128.4	111	401.1	144.8	95	382.0	89.5	16	409.0	135.2	377
Total	397.0	138.4	173	380.2	138.3	175	379.1	129.6	217	366.3	145.6	170	355.9	111.8	24	379.8	136.9	759

Water soluble dietary fiber (g)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	4.1	4.4	96	3.7	1.1	97	4.0	1.2	106	3.8	1.5	75	4.2	1.1	8	3.9	2.4	382
Male	3.4	1.1	77	3.6	1.3	78	4.1	1.5	111	4.0	1.3	95	3.7	1.2	16	3.8	1.3	377
Total	3.8	3.4	173	3.6	1.2	175	4.0	1.3	217	3.9	1.4	170	3.9	1.2	24	3.9	2.0	759

Water insoluble dietary fiber (g)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	10.6	2.9	96	11.4	3.9	97	12.8	3.8	106	12.1	3.8	75	13.1	2.6	8	11.8	3.7	382
Male	10.6	3.4	77	11.2	3.4	78	12.8	3.6	111	13.0	3.6	95	11.5	3.7	16	12.0	3.6	377
Total	10.6	3.1	173	11.3	3.7	175	12.8	3.7	217	12.6	3.7	170	12.0	3.4	24	11.9	3.7	759

Total dietary fiber (g)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	15.3	6.1	96	15.9	5.1	97	17.6	4.9	106	16.7	5.2	75	17.8	3.3	8	16.4	5.4	382
Male	14.8	4.6	77	15.7	4.9	78	17.9	5.1	111	17.9	5.0	95	15.8	5.4	16	16.7	5.1	377
Total	15.1	5.5	173	15.8	5.0	175	17.8	5.0	217	17.4	5.1	170	16.5	4.8	24	16.6	5.2	759

Salt (g)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	10.0	2.1	96	10.1	2.4	97	10.5	2.6	106	10.0	2.5	75	8.3	1.6	8	10.1	2.4	382
Male	11.8	2.5	77	11.8	2.8	78	12.4	2.5	111	11.7	2.6	95	11.0	1.8	16	11.9	2.6	377
Total	10.8	2.5	173	10.9	2.7	175	11.5	2.7	217	11.0	2.7	170	10.1	2.2	24	11.0	2.6	759

Manganese (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	3.67	1.17	96	4.22	1.45	97	4.63	1.82	106	4.14	1.22	75	3.90	1.54	8	4.17	1.49	382
Male	3.89	1.26	77	4.20	1.51	78	4.77	1.54	111	4.50	1.51	95	3.94	1.36	16	4.37	1.49	377
Total	3.77	1.21	173	4.21	1.47	175	4.70	1.68	217	4.34	1.39	170	3.93	1.39	24	4.27	1.50	759

Nitrogen (g)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	9.6	1.8	96	9.7	2.2	97	9.8	2.0	106	9.2	2.3	75	8.3	0.9	8	9.6	2.1	382
Male	11.4	2.4	77	11.6	2.7	78	11.8	2.3	111	11.3	2.4	95	9.9	1.5	16	11.5	2.4	377
Total	10.4	2.3	173	10.5	2.6	175	10.8	2.4	217	10.4	2.6	170	9.3	1.5	24	10.5	2.4	759

Isoleucine (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	3038	615	96	3063	631	97	3082	669	106	2947	750	75	2539	288	8	3028	661	382
Male	3577	727	77	3653	757	78	3708	726	111	3590	734	95	3243	444	16	3620	728	377
Total	3278	718	173	3326	748	175	3402	764	217	3306	806	170	3008	518	24	3322	755	759

Leucine (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	5316	1064	96	5348	1097	97	5364	1143	106	5127	1275	75	4444	497	8	5282	1135	382
Male	6255	1239	77	6377	1301	78	6454	1242	111	6260	1255	95	5685	750	16	6316	1245	377
Total	5734	1234	173	5807	1295	175	5921	1311	217	5761	1381	170	5272	894	24	5796	1298	759

Lysine (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	4329	977	96	4379	980	97	4456	1105	106	4237	1211	75	3534	522	8	4342	1061	382
Male	5164	1246	77	5379	1289	78	5438	1235	111	5235	1223	95	4672	875	16	5286	1238	377
Total	4700	1177	173	4825	1231	175	4958	1270	217	4795	1312	170	4293	940	24	4811	1245	759

Methionine (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	1578	329	96	1592	336	97	1595	366	106	1515	406	75	1279	151	8	1568	357	382
Male	1905	416	77	1957	436	78	1963	413	111	1893	401	95	1705	241	16	1921	412	377
Total	1724	404	173	1755	424	175	1784	431	217	1726	444	170	1563	295	24	1743	423	759

Cystine (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	1100	201	96	1109	224	97	1100	208	106	1044	232	75	932	109	8	1088	215	382
Male	1294	216	77	1289	245	78	1309	224	111	1281	226	95	1164	99	16	1289	224	377
Total	1187	229	173	1190	250	175	1207	240	217	1176	257	170	1087	150	24	1188	242	759

Sulfur-containing amino acids (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	2683	519	96	2706	545	97	2701	562	106	2563	623	75	2218	234	8	2661	559	382
Male	3203	617	77	3252	663	78	3279	621	111	3180	607	95	2875	317	16	3216	619	377
Total	2915	620	173	2949	657	175	2996	658	217	2908	685	170	2656	427	24	2936	651	759

Phenylalanine (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	3065	588	96	3094	633	97	3102	625	106	2968	711	75	2578	247	8	3053	634	382
Male	3589	657	77	3650	716	78	3709	681	111	3619	685	95	3271	390	16	3631	678	377
Total	3298	671	173	3342	724	175	3412	721	217	3332	767	170	3040	479	24	3340	716	759

Tyrosine (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	2316	465	96	2328	497	97	2346	502	106	2255	564	75	1932	271	8	2307	503	382
Male	2732	546	77	2788	568	78	2836	550	111	2738	541	95	2447	322	16	2764	547	377
Total	2501	542	173	2533	576	175	2597	581	217	2525	600	170	2275	389	24	2534	572	759

Aromatic amino acids (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	5383	1051	96	5425	1127	97	5450	1123	106	5226	1271	75	4512	516	8	5363	1133	382
Male	6325	1200	77	6439	1280	78	6547	1228	111	6362	1224	95	5713	705	16	6397	1221	377
Total	5802	1211	173	5877	1297	175	6011	1297	217	5860	1364	170	5313	860	24	5877	1285	759

Threonine (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	2637	533	96	2670	556	97	2693	597	106	2562	656	75	2179	247	8	2637	582	382
Male	3138	661	77	3224	692	78	3258	653	111	3153	651	95	2819	418	16	3181	657	377
Total	2860	642	173	2917	677	175	2982	686	217	2892	715	170	2606	477	24	2907	677	759

Tryptophan (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	806	158	96	813	167	97	820	173	106	785	195	75	679	77	8	805	172	382
Male	949	183	77	965	195	78	987	189	111	957	190	95	862	110	16	962	187	377
Total	869	184	173	881	194	175	906	199	217	881	210	170	801	132	24	883	196	759

Valine (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	3579	707	96	3606	734	97	3635	766	106	3487	865	75	3007	352	8	3571	761	382
Male	4211	813	77	4309	873	78	4378	832	111	4247	844	95	3843	507	16	4274	832	377
Total	3860	817	173	3920	870	175	4015	881	217	3912	931	170	3564	606	24	3920	871	759

Histidine (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	2132	492	96	2212	544	97	2214	586	106	2117	686	75	1682	218	8	2163	573	382
Male	2597	658	77	2776	773	78	2754	719	111	2680	664	95	2301	508	16	2689	702	377
Total	2339	615	173	2463	712	175	2490	710	217	2431	728	170	2095	521	24	2424	692	759

Alginine (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	3879	796	96	3973	880	97	4023	884	106	3845	950	75	3094	416	8	3919	875	382
Male	4745	982	77	4789	1000	78	4883	988	111	4752	931	95	4075	499	16	4768	968	377
Total	4264	981	173	4337	1017	175	4463	1031	217	4351	1040	170	3748	662	24	4341	1015	759

Alanine (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	3296	674	96	3373	697	97	3401	766	106	3239	808	75	2691	359	8	3321	734	382
Male	4012	848	77	4110	904	78	4154	840	111	4020	810	95	3537	498	16	4056	842	377
Total	3615	834	173	3702	875	175	3787	887	217	3676	896	170	3255	606	24	3686	870	759

Aspartic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	6110	1242	96	6298	1344	97	6409	1409	106	6119	1558	75	5167	707	8	6223	1381	382
Male	7269	1498	77	7502	1608	78	7704	1555	111	7466	1512	95	6535	997	16	7464	1537	377
Total	6626	1476	173	6835	1581	175	7072	1618	217	6872	1669	170	6079	1111	24	6839	1586	759

Glutamic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	12815	2514	96	12837	2686	97	12621	2480	106	11878	2740	75	10786	831	8	12540	2599	382
Male	14756	2720	77	14860	2817	78	14843	2833	111	14547	2803	95	13375	1737	16	14692	2765	377
Total	13679	2774	173	13739	2917	175	13757	2884	217	13369	3070	170	12512	1932	24	13609	2889	759

Glycine (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	2809	597	96	2855	624	97	2866	671	106	2709	683	75	2188	291	8	2804	644	382
Male	3433	756	77	3457	755	78	3512	767	111	3443	711	95	2920	396	16	3442	742	377
Total	3087	739	173	3123	746	175	3197	790	217	3119	787	170	2676	502	24	3121	764	759

Proline (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	4284	948	96	4231	987	97	4089	904	106	3838	1012	75	3660	347	8	4116	963	382
Male	4819	1039	77	4756	1051	78	4720	1061	111	4666	1058	95	4483	835	16	4724	1042	377
Total	4522	1022	173	4465	1046	175	4412	1035	217	4301	1114	170	4208	805	24	4418	1047	759

Serine (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	3065	590	96	3101	636	97	3105	627	106	2962	711	75	2588	255	8	3055	636	382
Male	3590	665	77	3638	719	78	3694	669	111	3602	688	95	3259	358	16	3620	676	377
Total	3299	675	173	3340	724	175	3406	712	217	3320	766	170	3036	456	24	3335	714	759

Total fatty acid (g)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	52.45	13.35	96	47.53	13.88	97	43.87	11.91	106	38.70	12.22	75	34.04	6.44	8	45.74	13.70	382
Male	57.99	14.55	77	52.26	13.00	78	47.65	13.32	111	43.21	13.14	95	44.02	11.06	16	49.45	14.35	377
Total	54.91	14.13	173	49.64	13.66	175	45.81	12.76	217	41.22	12.90	170	40.70	10.75	24	47.58	14.14	759

Saturated fatty acid (g)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	17.86	5.61	96	15.38	5.10	97	13.95	4.11	106	12.23	4.58	75	11.74	3.01	8	14.91	5.24	382
Male	18.39	5.66	77	16.59	5.47	78	14.96	4.60	111	13.72	4.80	95	15.66	5.58	16	15.71	5.35	377
Total	18.10	5.63	173	15.92	5.29	175	14.47	4.38	217	13.07	4.75	170	14.35	5.16	24	15.31	5.30	759

Monounsaturated fatty acid (g)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	20.91	5.84	96	18.69	5.96	97	17.09	5.39	106	14.84	4.88	75	13.18	3.11	8	17.93	5.93	382
Male	23.17	6.15	77	20.69	5.40	78	18.28	5.87	111	16.42	5.62	95	16.58	4.75	16	19.24	6.22	377
Total	21.91	6.07	173	19.58	5.79	175	17.70	5.66	217	15.73	5.35	170	15.45	4.51	24	18.58	6.11	759

Polyunsaturated fatty acid (g)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	13.65	3.69	96	13.38	4.12	97	12.74	3.84	106	11.56	4.14	75	9.08	1.80	8	12.82	4.00	382
Male	16.41	4.58	77	14.96	3.88	78	14.39	4.27	111	12.98	4.20	95	11.78	2.86	16	14.46	4.37	377
Total	14.88	4.32	173	14.08	4.08	175	13.58	4.14	217	12.36	4.22	170	10.88	2.83	24	13.63	4.26	759

Unsaturated fatty acid (g)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	34.47	8.63	96	32.00	9.52	97	29.76	8.58	106	26.32	8.53	75	22.20	4.34	8	30.68	9.26	382
Male	39.49	10.09	77	35.55	8.52	78	32.57	9.48	111	29.34	9.13	95	28.28	6.96	16	33.60	9.93	377
Total	36.71	9.61	173	33.58	9.24	175	31.19	9.14	217	28.01	8.97	170	26.25	6.77	24	32.13	9.70	759

n-6 fatty acid (g)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	10.64	3.15	96	10.20	3.17	97	9.85	3.30	106	8.87	3.54	75	7.19	1.39	8	9.89	3.32	382
Male	12.84	3.85	77	11.42	3.48	78	10.88	3.32	111	9.65	3.53	95	9.02	2.47	16	11.00	3.66	377
Total	11.62	3.63	173	10.75	3.36	175	10.38	3.34	217	9.31	3.55	170	8.41	2.31	24	10.44	3.54	759

n-3 fatty acid (g)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	2.52	0.89	96	2.73	1.12	97	2.59	0.98	106	2.45	1.03	75	1.79	0.65	8	2.56	1.01	382
Male	3.13	1.12	77	3.17	0.96	78	3.14	1.29	111	2.99	1.20	95	2.59	0.58	16	3.08	1.15	377
Total	2.79	1.04	173	2.92	1.07	175	2.87	1.18	217	2.75	1.16	170	2.33	0.70	24	2.82	1.11	759

Butyric acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	328.1	211.8	96	251.1	192.8	97	208.5	136.3	106	190.6	177.3	75	218.6	154.1	8	246.1	186.9	382
Male	247.0	240.4	77	233.7	240.7	78	217.2	179.4	111	199.7	173.7	95	282.5	272.4	16	225.1	209.5	377
Total	292.0	227.9	173	243.4	215.0	175	213.0	159.5	217	195.7	174.9	170	261.2	237.8	24	235.6	198.6	759

Hexanoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	249.5	164.1	96	195.4	147.8	97	164.5	111.2	106	158.3	146.5	75	184.3	135.3	8	192.9	146.3	382
Male	188.8	183.5	77	180.7	180.3	78	170.3	139.1	111	154.9	139.8	95	225.4	221.5	16	174.7	162.0	377
Total	222.5	175.1	173	188.8	162.8	175	167.5	126.0	217	156.4	142.4	170	211.7	194.9	24	183.8	154.4	759

Octanoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	73.6	64.7	96	50.2	52.3	97	36.4	35.8	106	27.9	37.0	75	33.5	45.3	8	47.5	51.7	382
Male	49.0	60.6	77	40.5	54.8	78	30.2	37.1	111	28.4	40.2	95	56.2	104.0	16	36.8	51.7	377
Total	62.6	63.9	173	45.9	53.5	175	33.3	36.5	217	28.2	38.7	170	48.6	88.3	24	42.2	52.0	759

Decanoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	275.2	179.9	96	209.8	158.4	97	176.2	117.4	106	166.8	154.7	75	191.0	136.9	8	208.1	157.9	382
Male	208.8	197.3	77	194.5	185.1	78	183.0	144.2	111	163.7	149.2	95	252.1	270.5	16	188.7	172.8	377
Total	245.6	190.2	173	203.0	170.5	175	179.7	131.5	217	165.0	151.2	170	231.8	233.0	24	198.5	165.7	759

Decenoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	13.4	12.2	96	8.4	9.7	97	7.2	7.4	106	6.0	8.2	75	3.3	4.2	8	8.8	9.9	382
Male	9.3	10.1	77	6.2	7.1	78	5.5	7.6	111	5.8	8.7	95	11.4	22.2	16	6.8	9.5	377
Total	11.6	11.5	173	7.5	8.7	175	6.4	7.5	217	5.9	8.4	170	8.7	18.5	24	7.8	9.7	759

Lauric acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	326.6	221.9	96	238.7	171.1	97	198.7	127.5	106	181.7	162.8	75	205.1	142.3	8	237.8	180.8	382
Male	238.5	211.3	77	215.5	194.0	78	200.6	152.7	111	181.9	159.3	95	278.7	306.2	16	210.1	185.0	377
Total	287.4	221.0	173	228.4	181.5	175	199.7	140.6	217	181.8	160.4	170	254.2	261.8	24	224.0	183.3	759

Myristic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	1447.4	700.6	96	1234.9	622.8	97	1095.1	452.2	106	995.0	611.2	75	1003.5	517.9	8	1197.6	617.9	382
Male	1281.4	775.4	77	1261.3	709.0	78	1145.8	556.9	111	1087.7	592.9	95	1385.6	971.9	16	1192.9	669.6	377
Total	1373.5	737.3	173	1246.7	660.8	175	1121.1	507.9	217	1046.8	601.0	170	1258.2	855.3	24	1195.3	643.7	759

Myristoleic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	94.7	80.4	96	74.0	74.3	97	70.8	88.5	106	42.3	48.4	75	38.8	38.0	8	71.4	77.2	382
Male	76.0	60.5	77	83.3	88.9	78	54.3	68.5	111	41.9	53.5	95	58.6	88.0	16	61.8	70.8	377
Total	86.4	72.6	173	78.1	81.0	175	62.4	79.1	217	42.1	51.1	170	52.0	74.7	24	66.6	74.2	759

Pentadecanoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	202.8	122.0	96	172.6	118.8	97	141.8	93.9	106	142.4	125.0	75	129.8	124.6	8	164.8	116.9	382
Male	161.8	136.5	77	166.0	141.2	78	154.0	119.5	111	139.9	113.7	95	201.3	164.1	16	156.5	128.5	377
Total	184.6	129.9	173	169.6	128.9	175	148.0	107.7	217	141.0	118.5	170	177.4	153.2	24	160.7	122.8	759

Pentadecenoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	0.2	1.1	96	0.1	0.6	97	0.3	3.4	106	0.0	0.0	75	0.0	0.0	8	0.2	1.9	382
Male	1.3	9.7	77	0.0	0.0	78	0.0	0.2	111	0.0	0.0	95	0.0	0.0	16	0.3	4.4	377
Total	0.7	6.5	173	0.1	0.5	175	0.2	2.4	217	0.0	0.0	170	0.0	0.0	24	0.2	3.4	759

Palmitic acid (g)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	10.25	2.93	96	8.93	2.71	97	8.22	2.37	106	7.14	2.40	75	6.64	1.45	8	8.67	2.82	382
Male	11.04	3.00	77	9.89	2.88	78	8.83	2.39	111	8.17	2.56	95	9.10	2.91	16	9.35	2.87	377
Total	10.60	2.98	173	9.36	2.82	175	8.53	2.39	217	7.72	2.54	170	8.28	2.75	24	9.00	2.86	759

Palmitoleic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	1078.2	391.3	96	1002.6	424.2	97	947.0	400.6	106	805.8	327.7	75	718.7	336.6	8	961.6	400.8	382
Male	1227.1	479.2	77	1178.2	457.3	78	1060.9	417.5	111	979.0	364.6	95	1024.0	370.8	16	1096.9	433.5	377
Total	1144.5	437.7	173	1080.9	446.6	175	1005.2	412.4	217	902.6	358.3	170	922.2	381.8	24	1028.8	422.5	759

Hexadecatrienoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	0.2	0.6	96	0.1	0.3	97	0.3	1.1	106	0.3	0.9	75	0.3	0.8	8	0.2	0.8	382
Male	0.1	0.3	77	0.2	0.8	78	0.1	0.5	111	0.1	0.4	95	0.1	0.3	16	0.1	0.5	377
Total	0.2	0.5	173	0.2	0.6	175	0.2	0.9	217	0.2	0.7	170	0.2	0.5	24	0.2	0.7	759

Heptadecanoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	124.9	59.6	96	107.9	54.6	97	99.5	60.8	106	81.6	48.8	75	56.3	36.7	8	103.6	58.4	382
Male	121.2	66.0	77	123.8	70.4	78	105.2	61.0	111	93.5	59.4	95	90.6	72.5	16	108.7	65.0	377
Total	123.3	62.4	173	115.0	62.4	175	102.4	60.8	217	88.3	55.1	170	79.2	64.1	24	106.2	61.8	759

Heptadecenoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	76.2	43.7	96	73.6	44.9	97	74.2	52.6	106	61.9	37.1	75	38.4	23.4	8	71.4	45.5	382
Male	85.3	43.9	77	89.9	54.4	78	77.5	48.3	111	71.4	47.8	95	59.7	40.0	16	79.4	48.8	377
Total	80.2	43.9	173	80.9	49.9	175	75.9	50.3	217	67.2	43.5	170	52.6	36.2	24	75.4	47.3	759

Stearic acid (g)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	4.06	1.33	96	3.42	1.16	97	3.08	1.01	106	2.66	1.00	75	2.58	0.70	8	3.32	1.23	382
Male	4.23	1.34	77	3.69	1.16	78	3.33	1.08	111	2.95	1.16	95	3.21	1.02	16	3.49	1.25	377
Total	4.14	1.33	173	3.54	1.16	175	3.21	1.05	217	2.82	1.10	170	3.00	0.96	24	3.40	1.24	759

Oleic acid (g)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	18.65	5.33	96	16.38	5.38	97	15.02	4.96	106	12.97	4.45	75	11.62	2.62	8	15.80	5.42	382
Male	20.59	5.66	77	18.07	4.89	78	16.01	4.97	111	14.19	5.32	95	14.50	4.10	16	16.85	5.64	377
Total	19.51	5.55	173	17.13	5.22	175	15.53	4.98	217	13.65	4.98	170	13.54	3.87	24	16.32	5.55	759

Linoleic acid (g)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	10.81	3.15	96	10.32	3.36	97	9.84	3.27	106	8.83	3.54	75	7.06	1.40	8	9.95	3.37	382
Male	12.90	3.81	77	11.43	3.55	78	10.89	3.41	111	9.66	3.57	95	8.90	2.64	16	11.02	3.72	377
Total	11.74	3.60	173	10.82	3.48	175	10.38	3.38	217	9.29	3.57	170	8.29	2.44	24	10.48	3.59	759

Linolenic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	1570.6	579.6	96	1471.7	552.7	97	1379.1	543.8	106	1310.9	620.8	75	1033.3	266.0	8	1430.1	575.0	382
Male	1903.9	668.2	77	1628.8	548.1	78	1588.6	622.0	111	1342.9	552.8	95	1327.8	469.2	16	1588.3	623.7	377
Total	1719.0	640.6	173	1541.7	554.6	175	1486.2	593.1	217	1328.8	582.2	170	1229.6	430.4	24	1508.7	604.5	759

Gamma-Linolenic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	0.1	0.3	96	0.1	0.2	97	0.1	0.4	106	0.2	0.5	75	0.0	0.0	8	0.1	0.4	382
Male	0.1	0.2	77	0.2	0.4	78	0.1	0.3	111	0.2	0.5	95	0.3	0.6	16	0.2	0.4	377
Total	0.1	0.3	173	0.1	0.3	175	0.1	0.4	217	0.2	0.5	170	0.2	0.5	24	0.1	0.4	759

Octadecatetraenic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	66.7	87.4	96	94.1	105.9	97	82.0	78.9	106	82.3	93.0	75	54.1	70.3	8	80.7	91.2	382
Male	80.3	90.5	77	102.5	92.2	78	92.6	84.6	111	114.2	112.4	95	73.6	47.7	16	96.8	94.4	377
Total	72.8	88.8	173	97.8	99.8	175	87.4	81.9	217	100.1	105.2	170	67.1	55.5	24	88.7	93.1	759

Arachidic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	185.1	82.2	96	180.7	109.4	97	152.4	73.7	106	130.5	74.5	75	170.2	60.7	8	163.9	88.2	382
Male	206.8	103.5	77	174.4	89.4	78	155.9	97.4	111	153.3	112.6	95	163.4	85.9	16	169.8	102.2	377
Total	194.7	92.7	173	177.9	100.7	175	154.2	86.5	217	143.2	98.0	170	165.7	77.1	24	166.8	95.4	759

Eicosenoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	513.7	371.0	96	562.5	453.3	97	480.2	294.3	106	464.4	367.4	75	366.9	259.1	8	504.1	373.0	382
Male	592.0	372.7	77	615.7	399.6	78	500.5	320.7	111	565.0	432.1	95	457.0	294.6	16	557.4	378.6	377
Total	548.6	372.7	173	586.2	429.8	175	490.6	307.5	217	520.6	406.8	170	427.0	280.9	24	530.6	376.5	759

Eicosadienoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	24.1	20.8	96	19.7	22.1	97	15.8	16.8	106	14.2	16.2	75	14.8	13.8	8	18.6	19.4	382
Male	31.9	26.5	77	25.7	24.0	78	16.7	18.6	111	16.3	21.5	95	13.8	13.4	16	21.4	22.9	377
Total	27.6	23.7	173	22.4	23.1	175	16.3	17.7	217	15.4	19.3	170	14.1	13.2	24	20.0	21.3	759

Eicosatrienoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	2.1	5.1	96	2.8	8.4	97	1.3	3.3	106	1.6	5.0	75	0.4	1.1	8	1.9	5.7	382
Male	1.9	3.8	77	0.8	1.7	78	1.3	6.8	111	1.4	4.8	95	1.2	1.5	16	1.3	4.8	377
Total	2.0	4.6	173	1.9	6.4	175	1.3	5.4	217	1.5	4.9	170	0.9	1.4	24	1.6	5.3	759

Eicosatetraenoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	27.1	31.2	96	36.7	34.4	97	32.9	30.3	106	36.7	36.4	75	17.1	22.9	8	32.8	32.9	382
Male	31.7	31.4	77	40.6	33.9	78	42.3	42.3	111	48.6	45.1	95	26.4	30.7	16	40.7	39.3	377
Total	29.2	31.3	173	38.5	34.2	175	37.7	37.1	217	43.4	41.8	170	23.3	28.2	24	36.7	36.4	759

Arachidonic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	130.3	40.5	96	132.1	53.1	97	125.5	50.4	106	118.3	50.6	75	98.5	45.3	8	126.4	49.0	382
Male	161.9	57.2	77	158.5	58.9	78	153.4	59.9	111	147.2	56.3	95	145.7	48.3	16	154.3	57.8	377
Total	144.4	51.0	173	143.9	57.2	175	139.8	57.1	217	134.5	55.6	170	130.0	51.6	24	140.3	55.3	759

Eicosapentaenoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	247.5	199.7	96	357.7	296.6	97	353.0	264.8	106	321.3	252.9	75	224.3	154.3	8	318.8	257.8	382
Male	328.7	264.4	77	430.6	268.8	78	438.4	318.6	111	478.4	325.8	95	328.9	138.9	16	419.8	298.3	377
Total	283.6	233.6	173	390.2	286.1	175	396.7	296.0	217	409.1	305.2	170	294.0	149.6	24	369.0	283.0	759

Behenic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	60.9	35.3	96	73.4	124.7	97	66.6	55.5	106	49.6	44.4	75	45.6	46.4	8	63.1	74.7	382
Male	86.1	60.9	77	86.3	78.1	78	68.2	69.2	111	61.4	78.7	95	41.9	24.0	16	72.8	71.6	377
Total	72.1	49.9	173	79.1	106.4	175	67.4	62.8	217	56.2	65.9	170	43.1	32.2	24	67.9	73.3	759

Docosenoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	324.4	382.3	96	373.2	453.4	97	301.6	297.8	106	309.1	377.5	75	219.3	274.8	8	325.3	377.9	382
Male	340.1	390.8	77	400.1	431.1	78	291.7	273.0	111	367.3	438.4	95	287.4	239.5	16	342.9	377.9	377
Total	331.4	385.0	173	385.2	442.6	175	296.5	284.8	217	341.7	412.5	170	264.7	247.9	24	334.0	377.7	759

Docosadienoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	0.0	0.0	96	0.0	0.0	97	0.0	0.1	106	0.0	0.0	75	0.0	0.0	8	0.0	0.1	382
Male	0.0	0.0	77	0.0	0.0	78	0.1	0.6	111	0.0	0.0	95	0.0	0.0	16	0.0	0.3	377
Total	0.0	0.0	173	0.0	0.0	175	0.0	0.4	217	0.0	0.0	170	0.0	0.0	24	0.0	0.2	759

Docosapentaenoic acid n-3 (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	62.2	59.8	96	85.3	76.9	97	86.8	71.3	106	84.7	73.0	75	47.6	50.2	8	79.0	70.6	382
Male	78.7	71.6	77	106.5	77.5	78	114.5	94.7	111	121.7	95.0	95	96.6	62.3	16	106.6	86.8	377
Total	69.5	65.6	173	94.8	77.7	175	101.0	85.0	217	105.4	87.7	170	80.3	62.1	24	92.7	80.2	759

Docosapentaenoic acid acid n-6 (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	1.0	4.3	96	2.0	9.2	97	0.7	4.8	106	0.1	0.6	75	0.2	0.6	8	1.0	5.7	382
Male	1.2	6.9	77	0.6	4.9	78	0.8	4.2	111	1.3	6.9	95	0.0	0.0	16	0.9	5.6	377
Total	1.1	5.6	173	1.3	7.6	175	0.7	4.5	217	0.8	5.2	170	0.1	0.3	24	0.9	5.7	759

Docosahexaenoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	536.8	318.7	96	668.5	458.4	97	643.1	378.5	106	608.3	395.3	75	406.3	294.3	8	611.1	391.2	382
Male	688.4	455.4	77	843.7	449.3	78	849.3	519.2	111	873.4	506.6	95	714.7	332.5	16	815.7	485.5	377
Total	604.3	391.7	173	746.6	461.4	175	748.6	466.4	217	756.4	478.1	170	611.9	347.2	24	712.7	452.1	759

Lignoceric acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	3.6	10.8	96	13.9	65.1	97	11.8	26.1	106	5.7	19.1	75	8.0	22.6	8	9.0	37.2	382
Male	9.4	23.2	77	17.4	40.9	78	9.4	29.9	111	12.1	36.7	95	2.2	6.8	16	11.4	32.6	377
Total	6.2	17.6	173	15.5	55.5	175	10.6	28.1	217	9.3	30.3	170	4.1	13.9	24	10.2	35.0	759

Tetracosenoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	36.7	41.4	96	52.8	57.8	97	46.9	42.3	106	47.7	47.6	75	33.0	36.5	8	45.7	47.6	382
Male	46.9	50.9	77	61.8	50.9	78	56.4	47.9	111	64.1	56.8	95	48.6	31.8	16	57.2	51.1	377
Total	41.3	46.0	173	56.8	54.8	175	51.8	45.4	217	56.9	53.4	170	43.4	33.5	24	51.4	49.7	759

Alcohol (g)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	3.1	6.1	96	1.9	5.3	97	3.0	6.2	106	1.5	3.8	75	1.2	2.8	8	2.4	5.5	382
Male	21.3	23.2	77	20.3	23.9	78	16.4	20.9	111	10.5	12.7	95	4.7	7.2	16	16.2	20.5	377
Total	11.2	18.4	173	10.1	18.8	175	9.9	16.9	217	6.5	10.8	170	3.6	6.2	24	9.3	16.5	759