

Range of motion at hip joint in stance phase during comfortable walking (deg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	45.5	5.8	144	46.3	5.2	172	46.0	5.7	187	44.1	5.5	155	43.8	4.9	27	45.5	5.6	685
Female	44.9	4.6	162	44.4	4.6	164	45.6	4.9	169	42.8	5.5	157	38.1	5.1	17	44.3	5.1	669
Total	45.2	5.2	306	45.4	5.0	336	45.8	5.3	356	43.4	5.5	312	41.6	5.7	44	44.9	5.4	1354

Range of motion at hip joint in swing phase during comfortable walking (deg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	39.0	4.7	154	39.4	5.6	190	39.4	5.8	204	37.3	6.2	172	35.4	5.9	29	38.7	5.7	749
Female	38.3	5.2	176	37.8	5.3	167	38.9	5.6	177	36.0	6.1	163	30.5	5.3	18	37.6	5.8	701
Total	38.6	5.0	330	38.7	5.5	357	39.2	5.7	381	36.6	6.2	335	33.6	6.1	47	38.2	5.8	1450

Range of motion at hip joint in 1 cycle during comfortable walking (deg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	47.3	4.5	135	47.6	4.8	163	47.3	5.2	180	45.4	5.5	148	45.2	4.7	27	46.8	5.1	653
Female	46.1	4.5	153	45.9	4.4	154	47.2	4.8	161	44.6	5.2	147	39.8	4.5	17	45.8	4.9	632
Total	46.6	4.5	288	46.8	4.7	317	47.2	5.0	341	45.0	5.4	295	43.1	5.3	44	46.3	5.0	1285

Range of motion at knee joint in stance phase during comfortable walking (deg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	32.1	5.1	141	32.2	5.1	167	32.2	5.7	178	32.5	5.3	148	33.1	5.0	24	32.3	5.3	658
Female	32.8	5.9	155	33.6	5.8	159	32.1	5.7	165	33.6	5.6	147	36.0	7.7	14	33.1	5.8	640
Total	32.5	5.5	296	32.9	5.5	326	32.2	5.7	343	33.0	5.5	295	34.1	6.2	38	32.7	5.6	1298

Range of motion at knee joint in swing phase during comfortable walking (deg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	62.5	4.8	145	62.3	7.0	177	62.7	6.0	190	61.7	7.5	160	60.0	6.6	28	62.2	6.5	700
Female	62.4	5.3	158	61.9	6.4	155	62.7	6.7	166	60.8	7.6	144	57.5	13.5	16	61.9	6.8	639
Total	62.4	5.1	303	62.1	6.7	332	62.7	6.3	356	61.3	7.6	304	59.1	9.6	44	62.0	6.6	1339

Range of motion at knee joint in 1 cycle during comfortable walking (deg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	64.3	4.3	126	64.7	4.1	150	64.3	3.9	161	63.6	5.0	135	62.2	5.9	25	64.1	4.4	597
Female	64.6	4.7	135	64.1	4.1	140	64.2	5.2	152	62.8	5.3	129	61.3	6.9	15	63.9	5.0	571
Total	64.4	4.5	261	64.4	4.1	290	64.2	4.6	313	63.2	5.1	264	61.8	6.2	40	64.0	4.7	1168

Range of motion at ankle joint in stance phase during comfortable walking (deg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	26.9	5.3	140	26.4	5.3	168	27.0	5.1	178	26.0	5.3	153	23.5	5.0	26	26.5	5.3	665
Female	28.3	5.4	154	29.6	6.7	160	29.4	6.9	167	27.9	6.6	150	28.1	5.3	16	28.8	6.4	647
Total	27.6	5.4	294	28.0	6.2	328	28.2	6.2	345	26.9	6.0	303	25.3	5.5	42	27.6	6.0	1312

Range of motion at ankle joint in swing phase during comfortable walking (deg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	21.9	8.3	143	20.5	6.2	172	20.5	6.2	185	17.8	7.3	154	17.6	5.8	26	20.1	7.1	680
Female	25.2	8.6	154	23.5	8.2	145	23.7	9.2	160	19.8	6.1	140	19.9	6.3	15	23.0	8.3	614
Total	23.6	8.6	297	21.8	7.3	317	22.0	7.9	345	18.7	6.9	294	18.4	6.0	41	21.5	7.8	1294

Range of motion at ankle joint in 1 cycle during comfortable walking (deg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	34.0	9.0	124	32.7	6.1	145	32.6	5.3	155	30.9	5.5	129	26.6	6.0	23	32.3	6.7	576
Female	35.8	7.9	130	34.7	6.8	132	35.0	8.8	144	32.9	7.1	124	30.7	5.8	14	34.5	7.7	544
Total	34.9	8.5	254	33.7	6.5	277	33.7	7.3	299	31.9	6.4	253	28.1	6.2	37	33.4	7.3	1120

Peak extensor torque at ankle during comfortable walking (Nm)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	93.3	17.4	146	91.0	19.3	179	83.3	17.0	185	77.1	14.3	156	72.6	11.8	25	85.6	18.2	691
Female	71.2	14.4	172	67.9	12.0	161	65.6	12.1	166	59.4	12.4	147	49.7	8.9	15	65.9	13.6	661
Total	81.3	19.3	318	80.1	19.9	340	74.9	17.3	351	68.5	16.0	303	64.0	15.5	40	76.0	18.9	1352

Mean velocity at stance phase during maximum walking (m/sec)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	2.00	0.21	149	1.98	0.25	180	1.92	0.23	206	1.78	0.26	177	1.61	0.22	29	1.91	0.26	741
Female	1.93	0.20	180	1.87	0.22	181	1.78	0.19	183	1.57	0.22	177	1.45	0.24	21	1.78	0.25	742
Total	1.96	0.21	329	1.93	0.24	361	1.85	0.22	389	1.67	0.26	354	1.55	0.24	50	1.84	0.26	1483

Mean velocity at swing phase during maximum walking (m/sec)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	1.97	0.22	126	1.95	0.26	167	1.88	0.23	181	1.71	0.25	154	1.58	0.24	27	1.86	0.26	655
Female	1.88	0.20	150	1.83	0.23	155	1.74	0.20	170	1.53	0.22	156	1.40	0.24	18	1.74	0.25	649
Total	1.92	0.21	276	1.89	0.25	322	1.81	0.23	351	1.62	0.25	310	1.51	0.25	45	1.80	0.27	1304

Mean velocity at 1 cycle during maximum walking (m/sec)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	1.97	0.21	129	1.96	0.25	169	1.90	0.23	183	1.73	0.26	159	1.60	0.22	29	1.88	0.26	669
Female	1.89	0.19	153	1.84	0.22	160	1.76	0.19	173	1.55	0.22	167	1.42	0.24	19	1.75	0.25	672
Total	1.93	0.20	282	1.90	0.24	329	1.83	0.22	356	1.64	0.25	326	1.53	0.24	48	1.81	0.26	1341

Step length during maximum walking (m)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	0.82	0.07	154	0.81	0.07	185	0.80	0.08	211	0.76	0.08	176	0.70	0.06	28	0.80	0.08	754
Female	0.74	0.06	183	0.72	0.07	179	0.70	0.06	181	0.65	0.07	172	0.61	0.09	21	0.70	0.08	736
Total	0.78	0.08	337	0.77	0.09	364	0.75	0.09	392	0.70	0.09	348	0.66	0.09	49	0.75	0.09	1490

Step frequency during maximum walking (Hz)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	2.41	0.23	124	2.38	0.22	152	2.38	0.24	178	2.30	0.22	156	2.30	0.35	27	2.36	0.24	637
Female	2.59	0.25	149	2.58	0.25	159	2.52	0.22	170	2.39	0.23	156	2.38	0.39	19	2.52	0.26	653
Total	2.51	0.26	273	2.48	0.26	311	2.45	0.24	348	2.34	0.23	312	2.33	0.36	46	2.44	0.26	1290

Stance time during maximum walking (sec)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	0.55	0.07	159	0.54	0.09	191	0.55	0.07	215	0.58	0.06	182	0.60	0.07	30	0.56	0.07	777
Female	0.53	0.04	187	0.53	0.05	184	0.55	0.04	187	0.58	0.07	184	0.58	0.07	21	0.55	0.05	763
Total	0.54	0.06	346	0.54	0.07	375	0.55	0.06	402	0.58	0.06	366	0.59	0.07	51	0.55	0.07	1540

Swing time during maximum walking (sec)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	0.36	0.09	126	0.35	0.07	157	0.36	0.10	183	0.36	0.11	159	0.38	0.14	28	0.36	0.09	653
Female	0.33	0.06	152	0.33	0.07	160	0.33	0.09	173	0.34	0.10	168	0.36	0.07	19	0.33	0.08	672
Total	0.34	0.08	278	0.34	0.07	317	0.35	0.09	356	0.35	0.10	327	0.37	0.12	47	0.35	0.09	1325

Double support time at late stance phase during maximum walking (sec)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	0.12	0.05	150	0.12	0.04	183	0.12	0.04	209	0.13	0.02	181	0.14	0.02	30	0.12	0.04	753
Female	0.12	0.02	185	0.12	0.02	183	0.12	0.02	187	0.13	0.06	183	0.13	0.03	21	0.12	0.03	759
Total	0.12	0.04	335	0.12	0.03	366	0.12	0.03	396	0.13	0.05	364	0.14	0.02	51	0.12	0.04	1512

Cycle duration during maximum walking (sec)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	0.91	0.10	126	0.90	0.11	157	0.91	0.12	183	0.95	0.13	159	0.98	0.17	28	0.92	0.12	653
Female	0.86	0.08	152	0.87	0.09	160	0.88	0.10	173	0.92	0.11	168	0.94	0.09	19	0.88	0.10	672
Total	0.88	0.09	278	0.88	0.10	317	0.90	0.11	356	0.93	0.12	327	0.97	0.15	47	0.90	0.11	1325

Stance time during maximum walking (% of 1 cycle)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	60.5	7.2	126	60.3	7.5	157	60.8	6.3	183	62.1	4.9	159	61.8	6.3	28	61.0	6.5	653
Female	62.0	4.0	152	62.2	4.0	160	62.5	5.0	173	63.0	7.0	168	62.0	5.3	19	62.4	5.2	672
Total	61.3	5.7	278	61.2	6.0	317	61.6	5.8	356	62.6	6.0	327	61.9	5.8	47	61.7	5.9	1325

Swing time during maximum walking (% of 1 cycle)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	39.5	7.2	126	39.7	7.5	157	39.2	6.3	183	37.9	4.9	159	38.2	6.3	28	39.0	6.5	653
Female	38.0	4.0	152	37.8	4.0	160	37.5	5.0	173	37.0	7.0	168	38.0	5.3	19	37.6	5.2	672
Total	38.7	5.7	278	38.8	6.0	317	38.4	5.8	356	37.4	6.0	327	38.1	5.8	47	38.3	5.9	1325

Double support time at late stance phase during maximum walking (% of 1 cycle)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	13.0	7.2	117	13.2	6.6	150	13.3	5.1	172	14.0	2.0	151	14.2	2.1	27	13.4	5.4	617
Female	13.9	1.7	139	14.0	1.8	150	14.2	2.0	161	14.3	9.1	148	14.7	2.3	18	14.1	4.7	616
Total	13.5	5.0	256	13.6	4.9	300	13.7	3.9	333	14.1	6.6	299	14.4	2.2	45	13.8	5.1	1233

Range of motion at hip joint in stance phase during maximum walking (deg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	51.5	5.0	132	50.8	8.1	149	51.2	6.5	159	49.3	6.6	148	47.6	4.4	27	50.5	6.6	615
Female	48.9	5.1	153	48.0	5.8	155	48.3	5.8	162	45.8	6.8	152	41.6	7.6	17	47.6	6.1	639
Total	50.1	5.2	285	49.3	7.1	304	49.7	6.3	321	47.5	6.9	300	45.3	6.5	44	49.0	6.6	1254

Range of motion at hip joint in swing phase during maximum walking (deg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	45.3	5.9	139	45.8	6.2	163	45.2	7.2	187	43.0	7.0	165	40.0	4.6	27	44.6	6.7	681
Female	42.9	4.9	159	42.5	6.1	169	42.2	6.3	172	40.1	6.4	171	36.3	7.4	20	41.7	6.2	691
Total	44.1	5.5	298	44.1	6.4	332	43.8	7.0	359	41.5	6.9	336	38.4	6.2	47	43.2	6.6	1372

Range of motion at hip joint in 1 cycle during maximum walking (deg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	52.1	4.7	120	52.1	5.0	130	52.3	6.0	144	50.0	6.3	138	47.8	4.2	26	51.4	5.6	558
Female	49.7	4.7	136	48.8	5.2	145	49.6	5.5	152	47.5	5.9	146	43.3	7.0	17	48.7	5.5	596
Total	50.8	4.8	256	50.3	5.4	275	50.9	5.9	296	48.7	6.2	284	46.0	5.8	43	50.0	5.8	1154

Range of motion at knee joint in stance phase during maximum walking (deg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	27.6	4.6	123	27.6	5.9	140	27.5	5.5	146	29.0	6.1	138	29.7	6.5	26	28.0	5.6	573
Female	26.8	4.9	143	28.2	5.6	149	28.6	5.8	153	29.8	6.6	137	31.3	8.7	14	28.4	5.9	596
Total	27.2	4.8	266	27.9	5.7	289	28.1	5.7	299	29.4	6.3	275	30.3	7.3	40	28.2	5.8	1169

Range of motion at knee joint in swing phase during maximum walking (deg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	59.3	7.9	116	59.4	6.8	146	60.1	5.9	167	60.6	7.6	142	56.5	9.5	27	59.7	7.2	598
Female	58.5	6.9	141	59.1	5.9	144	59.5	7.5	156	60.3	7.1	144	56.1	12.6	19	59.2	7.2	604
Total	58.8	7.3	257	59.3	6.3	290	59.8	6.7	323	60.4	7.3	286	56.3	10.8	46	59.5	7.2	1202

Range of motion at knee joint in 1 cycle during maximum walking (deg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	63.1	5.1	96	63.2	6.7	113	63.0	4.6	121	63.4	5.1	113	59.7	10.1	25	63.0	5.8	468
Female	62.7	4.4	117	62.6	4.2	119	62.5	4.8	134	62.6	5.2	119	60.0	6.7	16	62.5	4.8	505
Total	62.9	4.7	213	62.9	5.6	232	62.7	4.7	255	63.0	5.2	232	59.8	8.8	41	62.7	5.3	973

Range of motion at ankle joint in stance phase during maximum walking (deg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	30.7	7.9	123	29.3	8.3	141	30.4	8.2	148	28.1	6.3	141	25.2	5.8	26	29.4	7.7	579
Female	31.6	8.1	146	32.2	8.6	146	30.7	7.1	152	28.3	7.1	139	31.7	7.6	15	30.7	7.9	598
Total	31.1	8.0	269	30.8	8.6	287	30.5	7.6	300	28.2	6.7	280	27.6	7.1	41	30.1	7.8	1177

Range of motion at ankle joint in swing phase during maximum walking (deg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	26.8	10.2	106	27.3	8.0	133	24.8	10.5	155	21.6	6.7	134	20.5	7.2	27	24.8	9.2	555
Female	28.2	7.6	131	29.7	11.3	132	27.6	9.3	145	23.8	8.2	136	23.0	7.6	19	27.1	9.4	563
Total	27.6	8.8	237	28.5	9.9	265	26.1	10.0	300	22.7	7.5	270	21.5	7.4	46	26.0	9.4	1118

Range of motion at ankle joint in 1 cycle during maximum walking (deg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	37.4	11.2	82	35.4	8.1	102	36.1	10.6	111	33.1	6.3	105	28.3	7.1	25	35.0	9.3	425
Female	37.5	7.3	107	38.5	11.8	104	36.1	7.5	120	33.0	7.3	109	34.8	7.0	15	36.2	8.8	455
Total	37.4	9.2	189	36.9	10.2	206	36.1	9.1	231	33.0	6.8	214	30.7	7.7	40	35.6	9.1	880

Peak extensor torque at ankle joint during maximum walking (Nm)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	92.5	22.3	129	90.3	20.3	159	84.2	18.2	175	76.9	16.5	155	71.1	15.1	27	85.1	20.2	645
Female	67.1	14.6	161	63.6	12.1	159	62.8	12.8	159	57.0	12.2	149	50.0	10.4	14	62.5	13.5	642
Total	78.4	22.3	290	77.0	21.4	318	74.0	19.1	334	67.2	17.6	304	63.9	16.9	41	73.8	20.5	1287

4) Stabilometry (NEC Co.)

Stabilometry - out around area with eyes open (cm2)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	1.99	0.70	172	2.11	0.93	215	2.38	0.98	225	2.98	1.45	195	3.36	1.59	35	2.41	1.15	842
Female	1.68	0.75	194	1.90	0.80	187	2.34	1.02	197	2.52	1.28	201	2.31	1.00	24	2.12	1.04	803
Total	1.82	0.74	366	2.02	0.87	402	2.36	1.00	422	2.75	1.38	396	2.93	1.47	59	2.27	1.11	1645

Stabilometry - total power spectram X with eyes open (cm2)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	0.22	0.12	172	0.22	0.12	215	0.26	0.15	225	0.35	0.22	195	0.38	0.19	35	0.26	0.17	842
Female	0.18	0.12	194	0.21	0.13	187	0.26	0.14	197	0.29	0.18	201	0.30	0.17	24	0.24	0.15	803
Total	0.20	0.12	366	0.21	0.12	402	0.26	0.15	422	0.32	0.20	396	0.35	0.19	59	0.25	0.16	1645

Stabilometry - total power spectram Y with eyes open (cm2)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	0.63	0.36	172	0.67	0.51	215	0.79	0.57	225	0.78	0.54	195	0.78	0.53	35	0.73	0.51	842
Female	0.57	0.41	194	0.65	0.49	187	0.72	0.51	197	0.66	0.59	201	0.50	0.33	24	0.65	0.50	803
Total	0.60	0.39	366	0.66	0.50	402	0.76	0.54	422	0.72	0.57	396	0.67	0.47	59	0.69	0.51	1645

Stabilometry - back and forth difference with eyes open (cm)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	2.66	0.66	172	2.74	0.81	215	2.94	0.86	225	3.03	0.84	195	3.12	0.87	35	2.86	0.82	842
Female	2.48	0.70	194	2.59	0.78	187	2.85	0.80	197	2.75	0.95	201	2.54	0.66	24	2.66	0.82	803
Total	2.57	0.68	366	2.67	0.80	402	2.89	0.84	422	2.89	0.91	396	2.88	0.83	59	2.76	0.83	1645

Stabilometry - right and left difference with eyes open (cm)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	1.78	0.44	172	1.80	0.47	215	1.96	0.48	225	2.28	0.64	195	2.46	0.61	35	1.98	0.56	842
Female	1.62	0.44	194	1.76	0.42	187	1.93	0.49	197	2.07	0.60	201	2.07	0.56	24	1.85	0.52	803
Total	1.70	0.45	366	1.78	0.44	402	1.95	0.48	422	2.17	0.63	396	2.30	0.62	59	1.92	0.55	1645

Stabilometry - total locus length with eyes open (cm)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	66.3	13.2	172	70.9	16.3	215	74.2	17.2	225	89.3	28.5	195	96.3	30.3	35	76.2	22.2	842
Female	58.9	10.2	194	63.8	11.7	187	70.8	15.2	197	74.8	18.7	201	76.9	18.4	24	67.5	15.8	803
Total	62.4	12.3	366	67.6	14.8	402	72.6	16.3	422	81.9	25.1	396	88.4	27.6	59	71.9	19.8	1645

Stabilometry - out around area with eyes closed (cm2)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	3.56	1.78	172	4.14	2.72	215	4.52	2.81	225	6.09	4.17	195	8.41	8.65	35	4.75	3.61	842
Female	2.73	1.45	194	3.25	1.66	187	4.24	2.82	197	4.56	3.60	201	4.06	2.21	24	3.72	2.65	803
Total	3.12	1.66	366	3.73	2.33	402	4.39	2.81	422	5.31	3.96	396	6.64	7.10	59	4.25	3.22	1645

Stabilometry - total power spectrum X with eyes closed (cm2)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	0.43	0.27	172	0.49	0.38	215	0.53	0.44	225	0.76	0.64	195	0.99	1.07	35	0.57	0.51	842
Female	0.35	0.24	194	0.41	0.25	187	0.51	0.38	197	0.58	0.51	201	0.42	0.23	24	0.46	0.37	803
Total	0.39	0.26	366	0.45	0.33	402	0.52	0.41	422	0.67	0.58	396	0.76	0.88	59	0.52	0.45	1645

Stabilometry - total power spectram Y with eyes closed (cm2)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	0.58	0.38	172	0.65	0.51	215	0.75	0.55	225	0.89	0.59	195	1.07	0.91	35	0.74	0.55	842
Female	0.45	0.27	194	0.52	0.33	187	0.70	0.56	197	0.71	0.65	201	0.66	0.48	24	0.60	0.49	803
Total	0.51	0.34	366	0.59	0.44	402	0.73	0.55	422	0.80	0.63	396	0.91	0.79	59	0.67	0.53	1645

Stabilometry - center coodainates X with eyes closed (cm)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	-0.10	0.62	172	-0.15	0.68	215	-0.26	0.75	225	-0.09	0.72	195	-0.09	0.91	35	-0.15	0.71	842
Female	-0.14	0.63	194	-0.07	0.64	187	-0.04	0.64	197	0.05	0.72	201	-0.04	0.82	24	-0.05	0.67	803
Total	-0.12	0.62	366	-0.11	0.67	402	-0.16	0.71	422	-0.02	0.72	396	-0.07	0.87	59	-0.10	0.69	1645

Stabilometry - center coodainates Y with eyes closed (cm)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	0.95	1.45	172	1.19	1.54	215	1.22	1.52	225	1.33	1.45	195	1.62	1.81	35	1.20	1.51	842
Female	-0.22	1.31	194	0.14	1.51	187	0.06	1.38	197	0.17	1.59	201	-0.32	1.30	24	0.03	1.45	803
Total	0.33	1.49	366	0.70	1.61	402	0.68	1.57	422	0.74	1.63	396	0.83	1.88	59	0.63	1.60	1645

Stabilometry - back and forth difference with eyes closed (cm)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	2.89	0.77	172	3.08	1.02	215	3.26	1.02	225	3.63	1.18	195	4.02	1.33	35	3.26	1.07	842
Female	2.53	0.71	194	2.77	0.83	187	3.19	1.02	197	3.14	1.10	201	3.09	0.84	24	2.92	0.96	803
Total	2.70	0.76	366	2.94	0.95	402	3.23	1.02	422	3.38	1.17	396	3.64	1.23	59	3.09	1.03	1645

Stabilometry - right and left difference with eyes closed (cm)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	2.62	0.76	172	2.74	0.92	215	2.88	1.00	225	3.33	1.30	195	3.91	1.57	35	2.94	1.09	842
Female	2.26	0.66	194	2.49	0.75	187	2.79	0.89	197	2.92	1.15	201	2.61	0.72	24	2.62	0.92	803
Total	2.43	0.73	366	2.62	0.86	402	2.83	0.95	422	3.12	1.24	396	3.38	1.44	59	2.78	1.02	1645

Stabilometry - total focus length with eyes closed (cm)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	98.2	29.8	172	108.5	38.7	215	111.7	34.6	225	144.3	73.2	195	177.7	91.7	35	118.4	53.7	842
Female	80.2	21.2	194	87.6	20.8	187	101.6	28.7	197	109.4	41.2	201	103.2	30.6	24	95.2	31.5	803
Total	88.7	27.1	366	98.8	33.3	402	107.0	32.4	422	126.6	61.6	396	147.4	81.6	59	107.1	45.7	1645

5) Physical activity accessed by electric pedometer

Electric pedometer, Suzuken corp.

Electric pedometer - total energy expenditure average (kcal)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	2182.4	207.8	147	2091.3	195.5	199	1909.6	180.3	212	1708.3	196.1	172	1520.8	146.3	28	1950.2	270.4	758
Female	1705.7	167.1	179	1676.4	144.9	174	1610.0	170.1	187	1452.9	132.7	176	1300.2	132.2	22	1602.2	188.7	738
Total	1920.7	301.9	326	1897.7	270.3	373	1769.2	230.5	399	1579.1	210.2	348	1423.8	177.5	50	1778.5	291.3	1496

Electric pedometers - energy expenditure average (kcal)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	273.5	109.0	147	266.3	119.7	199	222.8	122.0	212	165.4	104.1	172	118.9	67.8	28	227.2	122.2	758
Female	196.6	74.8	179	194.9	76.5	174	190.7	97.5	187	129.1	66.1	176	104.9	39.9	22	175.9	84.4	738
Total	231.3	99.3	326	233.0	107.8	373	207.7	112.2	399	147.0	88.8	348	112.8	57.1	50	201.9	108.3	1496

Electric pedometers - steps average (steps)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	9058	3193	147	9087	3688	199	8050	3651	212	6590	3493	172	5379	2769	28	8088	3674	758
Female	8561	2648	179	8612	3015	174	8421	3454	187	6357	2624	176	5967	1900	22	7935	3090	738
Total	8785	2912	326	8866	3395	373	8224	3560	399	6472	3082	348	5638	2421	50	8012	3398	1496

6) Physical activity questionnaire

Distribution of 4 categories of leisure-time physical activity

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
2.5METs	Male	64	37.2	113	52.3	161	70.9	157	78.5	26	74.3	521	61.3
	Female	51	26.2	91	48.1	112	56.9	131	64.9	16	66.7	401	49.7
	Total	115	31.3	204	50.4	273	64.4	288	71.6	42	71.2	922	55.6
4.5METs	Male	66	38.4	74	34.3	92	40.5	44	22.0	2	5.7	278	32.7
	Female	53	27.2	68	36.0	72	36.5	43	21.3	6	25.0	242	30.0
	Total	119	32.4	142	35.1	164	38.7	87	21.6	8	13.6	520	31.4
6.5METs	Male	22	12.8	12	5.6	10	4.4	2	1.0	0	0.0	46	5.4
	Female	8	4.1	4	2.1	2	1.0	0	0.0	0	0.0	14	1.7
	Total	30	8.2	16	4.0	12	2.8	2	0.5	0	0.0	60	3.6
8.5METs	Male	0	0.0	0	0.0	0	0.0	1	0.5	0	0.0	1	0.1
	Female	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
	Total	0	0.0	0	0.0	0	0.0	1	0.2	0	0.0	1	0.1
Total	Male	172	100.0	216	100.0	227	100.0	200	100.0	35	100.0	850	100.0
	Female	195	100.0	189	100.0	197	100.0	202	100.0	24	100.0	807	100.0
	Total	367	100.0	405	100.0	424	100.0	402	100.0	59	100.0	1657	100.0

Leisure-time physical activity score (2.5METs) (METs*min/1000/year)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	6.5	13.7	172	14.5	28.1	216	30.3	40.4	227	40.7	46.6	200	44.8	44.9	35	24.5	38.0	850
Female	4.4	10.2	195	13.5	21.3	189	16.6	24.1	196	29.4	50.7	202	26.6	40.9	24	16.4	32.3	806
Total	5.4	12.0	367	14.0	25.1	405	23.9	34.5	423	35.0	48.9	402	37.4	43.9	59	20.6	35.5	1656

Leisure-time physical activity score (4.5METs) (METs*min/1000/year)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	11.3	23.7	172	10.2	22.5	216	19.4	36.7	227	10.1	30.2	200	2.9	15.9	35	12.6	29.0	850
Female	7.8	17.6	195	11.2	22.4	189	16.9	36.2	196	6.7	16.8	202	6.9	14.8	24	10.5	24.5	806
Total	9.4	20.7	367	10.7	22.4	405	18.3	36.5	423	8.4	24.5	402	4.5	15.5	59	11.6	27.0	1656

Leisure-time physical activity score (6.5METs) (METs*min/1000/year)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	3.5	13.4	172	2.8	15.5	216	3.4	20.2	227	0.3	2.8	200	0.0	0.0	35	2.4	14.5	850
Female	1.4	7.9	195	1.5	11.7	189	0.1	0.9	196	0.0	0.0	202	0.0	0.0	24	0.7	6.9	806
Total	2.4	10.9	367	2.2	13.9	405	1.9	14.9	423	0.1	2.0	402	0.0	0.0	59	1.6	11.5	1656

Leisure-time physical activity score (8.5METs) (METs*min/1000/year)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	0.0	0.0	172	0.0	0.0	216	0.0	0.0	227	0.2	3.5	200	0.0	0.0	35	0.1	1.7	850
Female	0.0	0.0	195	0.0	0.0	189	0.0	0.0	196	0.0	0.0	202	0.0	0.0	24	0.0	0.0	806
Total	0.0	0.0	367	0.0	0.0	405	0.0	0.0	423	0.1	2.4	402	0.0	0.0	59	0.0	1.2	1656

Leisure-time physical activity score (METs*min/1000/year)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	21.3	32.4	172	27.6	39.3	216	53.1	58.8	227	51.4	51.7	200	47.7	45.0	35	39.6	49.2	850
Female	13.6	22.8	195	26.2	32.9	189	33.6	40.8	196	36.0	52.7	202	33.5	44.4	24	27.6	40.1	806
Total	17.2	28.0	367	26.9	36.4	405	44.1	52.1	423	43.7	52.7	402	41.9	44.9	59	33.7	45.4	1656

Time spent on the leisure-time physical activity (hour/year)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	94.2	139.2	172	142.0	206.7	216	282.7	305.7	227	310.1	314.1	200	309.5	295.0	35	216.3	272.5	850
Female	61.7	98.0	195	136.5	165.3	189	173.8	195.1	196	221.8	341.5	202	202.8	281.4	24	150.8	229.7	806
Total	76.9	120.0	367	139.4	188.3	405	232.3	265.7	423	265.7	330.8	402	266.1	291.9	59	184.5	254.6	1656

Leisure-time physical activity score (METs*min/1000/day)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	0.06	0.10	172	0.08	0.12	216	0.16	0.18	227	0.15	0.15	200	0.14	0.13	35	0.12	0.15	850
Female	0.04	0.07	195	0.08	0.10	189	0.10	0.12	196	0.11	0.16	202	0.10	0.13	24	0.08	0.12	806
Total	0.05	0.08	367	0.08	0.11	405	0.13	0.16	423	0.13	0.16	402	0.12	0.13	59	0.10	0.14	1656

Time spent on the leisure-time physical activity (hour/day)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	0.3	0.4	172	0.4	0.6	216	0.8	0.9	227	0.9	0.9	200	0.9	0.9	35	0.6	0.8	850
Female	0.2	0.3	195	0.4	0.5	189	0.5	0.6	196	0.7	1.0	202	0.6	0.8	24	0.4	0.7	806
Total	0.2	0.4	367	0.4	0.6	405	0.7	0.8	423	0.8	1.0	402	0.8	0.9	59	0.5	0.8	1656

Distribution of 4 categories of the job physical activity

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
1. 5METs	Male	171	99.4	211	97.7	175	77.1	107	53.5	15	42.9	679	79.9
	Female	190	97.4	182	96.3	175	88.8	142	70.3	15	62.5	704	87.2
	Total	361	98.4	393	97.0	350	82.5	249	61.9	30	50.8	1383	83.5
2. 5METs	Male	158	91.9	199	92.1	189	83.3	146	73.0	23	65.7	715	84.1
	Female	195	100.0	188	99.5	196	99.5	201	99.5	24	100.0	804	99.6
	Total	353	96.2	387	95.6	385	90.8	347	86.3	47	79.7	1519	91.7
4. 5METs	Male	54	31.4	50	23.1	64	28.2	55	27.5	8	22.9	231	27.2
	Female	125	64.1	132	69.8	124	62.9	123	60.9	12	50.0	516	63.9
	Total	179	48.8	182	44.9	188	44.3	178	44.3	20	33.9	747	45.1
7. 5METs	Male	17	9.9	17	7.9	8	3.5	1	0.5	0	0.0	43	5.1
	Female	1	0.5	2	1.1	2	1.0	0	0.0	0	0.0	5	0.6
	Total	18	4.9	19	4.7	10	2.4	1	0.2	0	0.0	48	2.9
Total	Male	172	100.0	216	100.0	227	100.0	200	100.0	35	100.0	850	100.0
	Female	195	100.0	189	100.0	197	100.0	202	100.0	24	100.0	807	100.0
	Total	367	100.0	405	100.0	424	100.0	402	100.0	59	100.0	1657	100.0

On the job physical activity score (1.5METs) (METs*min/1000/year)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	143.7	80.0	172	132.2	83.6	216	65.8	76.7	227	13.8	30.2	200	7.5	14.9	35	83.8	87.5	850
Female	57.5	57.4	195	56.7	66.1	189	27.8	34.8	196	15.1	26.6	202	9.5	14.2	24	38.0	51.5	806
Total	97.9	81.2	367	96.9	84.7	405	48.2	63.8	423	14.5	28.4	402	8.3	14.5	59	61.5	75.7	1656

On the job physical activity score (2.5METs) (METs*min/1000/year)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	144.0	124.8	172	134.4	112.1	216	77.0	81.4	227	53.4	72.9	200	47.3	67.2	35	98.4	104.7	850
Female	228.8	94.7	195	223.7	104.2	189	183.9	97.1	196	140.6	84.2	202	102.1	88.0	24	190.8	102.2	806
Total	189.1	117.6	367	176.0	117.2	405	126.5	103.7	423	97.2	90.0	402	69.6	80.4	59	143.3	113.3	1656

On the job physical activity score (4.5METs) (METs*min/1000/year)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	40.0	105.4	172	28.7	95.4	216	25.5	71.5	227	18.4	57.6	200	6.7	27.8	35	26.8	82.4	850
Female	23.7	60.7	195	24.9	52.0	189	18.8	39.0	196	14.0	24.8	202	7.5	11.7	24	19.9	45.5	806
Total	31.4	84.9	367	26.9	78.1	405	22.4	58.8	423	16.2	44.3	402	7.0	22.5	59	23.4	67.1	1656

On the job physical activity score (7.5METs) (METs*min/1000/year)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	17.1	69.9	172	11.0	60.1	216	9.2	76.5	227	0.3	4.6	200	0.0	0.0	35	8.8	59.1	850
Female	0.1	0.8	195	0.4	4.7	189	2.9	38.7	196	0.0	0.0	202	0.0	0.0	24	0.8	19.2	806
Total	8.0	48.5	367	6.1	44.3	405	6.3	61.9	423	0.2	3.2	402	0.0	0.0	59	4.9	44.6	1656

On the job physical activity score (METs*min/1000/year)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	344.9	130.4	172	306.3	125.0	216	177.5	147.9	227	85.9	102.6	200	61.5	84.2	35	217.8	163.6	850
Female	310.1	109.3	195	305.6	115.5	189	233.4	117.4	196	169.7	94.1	202	119.1	86.6	24	249.5	124.7	806
Total	326.4	120.7	367	306.0	120.5	405	203.4	137.3	423	128.0	106.9	402	84.9	89.1	59	233.2	146.8	1656

Time spent on the job (hour/year)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	2743.2	648.2	172	2495.1	710.7	216	1359.1	1026	227	578.0	652.3	200	423.1	532.2	35	1705.5	1175	850
Female	2252.3	763.3	195	2214.2	844.1	189	1610.9	782.9	196	1157.0	650.5	202	813.7	570.1	24	1770.1	894.8	806
Total	2482.4	751.8	367	2364.0	787.5	405	1475.8	929.0	423	868.9	712.3	402	582.0	576.5	59	1736.9	1048	1656

On the job physical activity score (METs*min/1000/day)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	1.03	0.39	172	0.91	0.37	216	0.53	0.44	227	0.26	0.31	200	0.18	0.25	35	0.65	0.49	850
Female	0.92	0.33	195	0.91	0.34	189	0.69	0.35	196	0.51	0.28	202	0.35	0.26	24	0.74	0.37	806
Total	0.97	0.36	367	0.91	0.36	405	0.61	0.41	423	0.38	0.32	402	0.25	0.27	59	0.69	0.44	1656

Time spent on the job (hour/day)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	8.2	1.9	172	7.4	2.1	216	4.0	3.1	227	1.7	1.9	200	1.3	1.6	35	5.1	3.5	850
Female	6.7	2.3	195	6.6	2.5	189	4.8	2.3	196	3.4	1.9	202	2.4	1.7	24	5.3	2.7	806
Total	7.4	2.2	367	7.0	2.3	405	4.4	2.8	423	2.6	2.1	402	1.7	1.7	59	5.2	3.1	1656

Residual physical activity score (METs*min/1000/year)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	266.5	55.9	172	275.9	63.4	216	348.5	83.1	227	400.1	65.7	200	392.5	64.9	35	327.4	87.3	850
Female	318.8	68.6	195	310.1	76.0	189	339.1	68.8	196	365.7	61.2	202	397.0	61.6	24	335.8	72.4	806
Total	294.3	68.1	367	291.9	71.5	405	344.1	76.8	423	382.8	65.7	402	394.4	63.1	59	331.5	80.5	1656

Time spent on residual physical activity (hour/day)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	8.8	1.8	172	9.1	2.1	216	11.5	2.7	227	13.2	2.2	200	13.0	2.1	35	10.8	2.9	850
Female	10.5	2.3	195	10.3	2.5	189	11.2	2.3	196	12.1	2.0	202	13.1	2.0	24	11.1	2.4	806
Total	9.7	2.3	367	9.7	2.4	405	11.4	2.5	423	12.7	2.2	402	13.0	2.1	59	11.0	2.7	1656

Sleeping time (hour/day)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	6.7	0.9	172	7.0	1.0	216	7.6	1.0	227	8.1	1.3	200	8.8	1.2	35	7.5	1.2	850
Female	6.6	0.9	195	6.7	0.8	189	7.5	1.1	196	7.8	1.2	202	7.8	1.0	24	7.2	1.1	806
Total	6.7	0.9	367	6.9	1.0	405	7.5	1.1	423	8.0	1.2	402	8.4	1.2	59	7.3	1.2	1656

Sleep activity score (METs*min/1000/year)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	101.9	13.3	172	106.3	15.9	216	114.8	15.7	227	122.9	19.0	200	133.6	18.1	35	112.7	18.4	850
Female	99.4	13.0	195	102.1	12.6	189	113.0	16.6	196	118.0	18.2	202	118.6	14.5	24	108.6	17.1	806
Total	100.6	13.2	367	104.3	14.6	405	114.0	16.1	423	120.4	18.7	402	127.5	18.2	59	110.7	17.9	1656