

Eicosenoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	513.7	371.0	96	562.5	453.3	97	480.2	294.3	106	464.4	367.4	75	366.9	259.1	8	504.1	373.0	382
Male	592.0	372.7	77	615.7	399.6	78	500.5	320.7	111	565.1	432.1	95	457.0	294.6	16	557.5	378.6	377
Total	548.6	372.7	173	586.2	429.8	175	490.6	307.5	217	520.7	406.8	170	427.0	280.9	24	530.6	376.5	759

Eicosadienoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	24.1	20.8	96	19.7	22.1	97	15.8	16.8	106	14.2	16.2	75	14.8	13.8	8	18.6	19.4	382
Male	31.9	26.5	77	25.7	24.0	78	16.7	18.6	111	16.3	21.5	95	13.8	13.4	16	21.4	22.9	377
Total	27.6	23.7	173	22.4	23.1	175	16.3	17.7	217	15.4	19.3	170	14.1	13.2	24	20.0	21.3	759

Eicosatrienoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	2.1	5.1	96	2.8	8.4	97	1.3	3.3	106	1.6	5.0	75	0.4	1.1	8	1.9	5.7	382
Male	1.9	3.8	77	0.8	1.7	78	1.3	6.8	111	1.4	4.8	95	1.2	1.5	16	1.3	4.8	377
Total	2.0	4.6	173	1.9	6.4	175	1.3	5.4	217	1.5	4.9	170	0.9	1.4	24	1.6	5.3	759

Eicosatetraenoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	27.1	31.2	96	36.7	34.4	97	32.9	30.3	106	36.7	36.4	75	17.1	22.9	8	32.8	32.9	382
Male	31.7	31.4	77	40.6	33.9	78	42.3	42.3	111	48.6	45.1	95	26.4	30.7	16	40.7	39.3	377
Total	29.2	31.3	173	38.5	34.2	175	37.7	37.1	217	43.4	41.8	170	23.3	28.2	24	36.7	36.4	759

Arachidonic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	130.3	40.5	96	132.1	53.1	97	125.5	50.4	106	118.3	50.6	75	98.5	45.3	8	126.4	49.0	382
Male	161.9	57.2	77	158.5	58.9	78	153.4	59.9	111	147.2	56.3	95	145.7	48.3	16	154.3	57.8	377
Total	144.4	51.0	173	143.9	57.2	175	139.8	57.1	217	134.5	55.6	170	130.0	51.6	24	140.3	55.3	759

Eicosapentaenoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	247.5	199.7	96	357.7	296.6	97	353.0	264.8	106	321.3	252.9	75	224.3	154.3	8	318.8	257.8	382
Male	329.7	263.3	77	430.6	268.8	78	438.4	318.6	111	478.5	325.8	95	328.9	138.9	16	420.0	298.0	377
Total	284.1	233.1	173	390.2	286.1	175	396.7	296.0	217	409.1	305.2	170	294.0	149.6	24	369.1	282.9	759

Behenic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	60.9	35.3	96	73.4	124.7	97	66.6	55.5	106	49.6	44.4	75	45.6	46.4	8	63.1	74.7	382
Male	86.1	60.9	77	86.3	78.1	78	68.2	69.2	111	61.4	78.7	95	41.9	24.0	16	72.8	71.6	377
Total	72.1	49.9	173	79.1	106.4	175	67.4	62.8	217	56.2	65.9	170	43.1	32.2	24	67.9	73.3	759

Docosenoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	324.4	382.3	96	373.2	453.4	97	301.6	297.8	106	309.1	377.5	75	219.3	274.8	8	325.3	377.9	382
Male	340.1	390.8	77	400.1	431.1	78	291.7	273.0	111	367.3	438.4	95	287.4	239.5	16	342.9	377.9	377
Total	331.4	385.0	173	385.2	442.6	175	296.5	284.8	217	341.7	412.5	170	264.7	247.9	24	334.0	377.7	759

Docosadienoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	0.0	0.0	96	0.0	0.0	97	0.0	0.1	106	0.0	0.0	75	0.0	0.0	8	0.0	0.1	382
Male	0.0	0.0	77	0.0	0.0	78	0.1	0.6	111	0.0	0.0	95	0.0	0.0	16	0.0	0.3	377
Total	0.0	0.0	173	0.0	0.0	175	0.0	0.4	217	0.0	0.0	170	0.0	0.0	24	0.0	0.2	759

Docosapentaenoic acid n-3 (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	62.2	59.8	96	85.3	76.9	97	86.8	71.3	106	84.7	73.0	75	47.6	50.2	8	79.0	70.6	382
Male	78.7	71.6	77	106.5	77.5	78	114.5	94.7	111	121.7	95.0	95	96.6	62.3	16	106.6	86.8	377
Total	69.5	65.6	173	94.8	77.7	175	101.0	85.0	217	105.4	87.7	170	80.3	62.1	24	92.7	80.2	759

Docosapentaenoic acid acid n-6 (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	1.0	4.3	96	2.0	9.2	97	0.7	4.8	106	0.1	0.6	75	0.2	0.6	8	1.0	5.7	382
Male	1.2	6.9	77	0.6	4.9	78	0.8	4.2	111	1.3	6.9	95	0.0	0.0	16	0.9	5.6	377
Total	1.1	5.6	173	1.3	7.6	175	0.7	4.5	217	0.8	5.2	170	0.1	0.3	24	0.9	5.7	759

Docosahexaenoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	536.8	318.7	96	668.5	458.4	97	643.1	378.5	106	608.3	395.3	75	406.3	294.3	8	611.1	391.2	382
Male	689.1	454.5	77	843.7	449.3	78	849.3	519.2	111	873.4	506.6	95	714.7	332.5	16	815.8	485.3	377
Total	604.6	391.3	173	746.6	461.4	175	748.6	466.4	217	756.5	478.1	170	611.9	347.2	24	712.8	452.0	759

Lignoceric acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	3.6	10.8	96	13.9	65.1	97	11.8	26.1	106	5.7	19.1	75	8.0	22.6	8	9.0	37.2	382
Male	9.4	23.2	77	17.4	40.9	78	9.4	29.9	111	12.1	36.7	95	2.2	6.8	16	11.4	32.6	377
Total	6.2	17.6	173	15.5	55.5	175	10.6	28.1	217	9.3	30.3	170	4.1	13.9	24	10.2	35.0	759

Tetracosenoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	36.7	41.4	96	52.8	57.8	97	46.9	42.3	106	47.7	47.6	75	33.0	36.5	8	45.7	47.6	382
Male	46.9	50.9	77	61.8	50.9	78	56.4	47.9	111	64.1	56.7	95	48.6	31.8	16	57.2	51.1	377
Total	41.3	46.0	173	56.8	54.8	175	51.8	45.4	217	56.9	53.4	170	43.4	33.5	24	51.4	49.7	759

Alcohol (g)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	36.7	41.4	96	52.8	57.8	97	46.9	42.3	106	47.7	47.6	75	33.0	36.5	8	45.7	47.6	382
Male	46.9	50.9	77	61.8	50.9	78	56.4	47.9	111	64.1	56.8	95	48.6	31.8	16	57.2	51.1	377
Total	41.3	46.0	173	56.8	54.8	175	51.8	45.4	217	56.9	53.4	170	43.4	33.5	24	51.4	49.7	759

5) State of using supplement in previous 1 year (Frequency questionnaire)

Total supplement (number/day)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	2.44	2.63	195	1.69	1.75	189	1.97	1.97	197	1.75	1.67	202	1.25	1.26	24	1.94	2.04	807
Male	1.94	2.19	172	1.16	1.63	216	1.30	1.75	227	1.18	1.49	200	0.80	1.08	35	1.34	1.77	850
Total	2.20	2.45	367	1.41	1.71	405	1.61	1.88	424	1.47	1.60	402	0.98	1.17	59	1.63	1.93	1657

Vitamin supplement (number/day)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	0.59	0.88	195	0.43	0.72	189	0.45	0.77	197	0.76	0.91	202	0.50	0.66	24	0.56	0.83	807
Male	0.37	0.70	172	0.27	0.63	216	0.27	0.59	227	0.35	0.69	200	0.40	0.69	35	0.31	0.65	850
Total	0.49	0.81	367	0.34	0.68	405	0.35	0.69	424	0.56	0.83	402	0.44	0.68	59	0.43	0.75	1657

Mineral supplement (number/day)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	0.19	0.49	195	0.09	0.30	189	0.08	0.27	197	0.11	0.36	202	0.04	0.20	24	0.12	0.36	807
Male	0.08	0.35	172	0.02	0.15	216	0.05	0.22	227	0.05	0.22	200	0.06	0.24	35	0.05	0.24	850
Total	0.14	0.43	367	0.05	0.24	405	0.06	0.24	424	0.08	0.30	402	0.05	0.22	59	0.08	0.31	1657

Fat supplement (number/day)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	0.02	0.14	195	0.01	0.07	189	0.02	0.12	197	0.03	0.21	202	0.04	0.20	24	0.02	0.15	807
Male	0.02	0.13	172	0.00	0.07	216	0.01	0.09	227	0.01	0.10	200	0.00	0.00	35	0.01	0.10	850
Total	0.02	0.14	367	0.00	0.07	405	0.01	0.11	424	0.02	0.16	402	0.02	0.13	59	0.01	0.12	1657

Protein supplement (number/day)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	0.04	0.19	195	0.02	0.18	189	0.02	0.12	197	0.01	0.10	202	0.00	0.00	24	0.02	0.15	807
Male	0.04	0.23	172	0.01	0.12	216	0.03	0.16	227	0.00	0.00	200	0.00	0.00	35	0.02	0.14	850
Total	0.04	0.21	367	0.02	0.15	405	0.02	0.14	424	0.00	0.07	402	0.00	0.00	59	0.02	0.15	1657

Dietary fiber supplement (number/day)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	0.01	0.10	195	0.00	0.00	189	0.00	0.00	197	0.00	0.07	202	0.00	0.00	24	0.00	0.06	807
Male	0.00	0.00	172	0.00	0.07	216	0.00	0.00	227	0.00	0.00	200	0.00	0.00	35	0.00	0.03	850
Total	0.01	0.07	367	0.00	0.05	405	0.00	0.00	424	0.00	0.05	402	0.00	0.00	59	0.00	0.05	1657

Supplement contained other nutrients (number/day)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	1.17	1.79	195	0.85	1.19	189	1.18	1.52	197	0.73	1.10	202	0.63	0.97	24	0.97	1.43	807
Male	0.96	1.32	172	0.63	1.08	216	0.81	1.23	227	0.64	1.01	200	0.29	0.52	35	0.73	1.15	850
Total	1.07	1.59	367	0.73	1.14	405	0.98	1.38	424	0.68	1.06	402	0.42	0.75	59	0.85	1.30	1657

Drug contained some nutrients (number/day)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	0.42	0.61	195	0.30	0.59	189	0.23	0.55	197	0.10	0.32	202	0.04	0.20	24	0.25	0.53	807
Male	0.47	0.77	172	0.22	0.50	216	0.13	0.39	227	0.14	0.41	200	0.06	0.24	35	0.22	0.53	850
Total	0.44	0.69	367	0.26	0.54	405	0.18	0.47	424	0.12	0.37	402	0.05	0.22	59	0.24	0.53	1657

Total supplement

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Not used	Female	41	21.0	60	31.7	48	24.4	47	23.3	8	33.3	204	25.3
	Male	54	31.4	93	43.1	100	44.1	88	44.0	18	51.4	353	41.5
	Total	95	25.9	153	37.8	148	34.9	135	33.6	26	44.1	557	33.6
Used	Female	154	79.0	129	68.3	149	75.6	155	76.7	16	66.7	603	74.7
	Male	118	68.6	123	56.9	127	55.9	112	56.0	17	48.6	497	58.5
	Total	272	74.1	252	62.2	276	65.1	267	66.4	33	55.9	1100	66.4

Vitamin supplement

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Not used	Female	115	59.0	129	68.3	134	68.0	98	48.5	14	58.3	490	60.7
	Male	125	72.7	173	80.1	180	79.3	147	73.5	24	68.6	649	76.4
	Total	240	65.4	302	74.6	314	74.1	245	60.9	38	64.4	1139	68.7
Used	Female	80	41.0	60	31.7	63	32.0	104	51.5	10	41.7	317	39.3
	Male	47	27.3	43	19.9	47	20.7	53	26.5	11	31.4	201	23.6
	Total	127	34.6	103	25.4	110	25.9	157	39.1	21	35.6	518	31.3

Mineral supplement

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Not used	Female	166	85.1	173	91.5	181	91.9	183	90.6	23	95.8	726	90.0
	Male	162	94.2	211	97.7	216	95.2	190	95.0	33	94.3	812	95.5
	Total	328	89.4	384	94.8	397	93.6	373	92.8	56	94.9	1538	92.8
Used	Female	29	14.9	16	8.5	16	8.1	19	9.4	1	4.2	81	10.0
	Male	10	5.8	5	2.3	11	4.8	10	5.0	2	5.7	38	4.5
	Total	39	10.6	21	5.2	27	6.4	29	7.2	3	5.1	119	7.2

Fat supplement

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Not used	Female	191	97.9	188	99.5	194	98.5	196	97.0	23	95.8	792	98.1
	Male	169	98.3	215	99.5	225	99.1	198	99.0	35	100.0	842	99.1
	Total	360	98.1	403	99.5	419	98.8	394	98.0	58	98.3	1634	98.6
Used	Female	4	2.1	1	0.5	3	1.5	6	3.0	1	4.2	15	1.9
	Male	3	1.7	1	0.5	2	0.9	2	1.0	0	0.0	8	0.9
	Total	7	1.9	2	0.5	5	1.2	8	2.0	1	1.7	23	1.4

Protein supplement

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Not used	Female	188	96.4	186	98.4	194	98.5	200	99.0	24	100.0	792	98.1
	Male	166	96.5	213	98.6	221	97.4	200	100.0	35	100.0	835	98.2
	Total	354	96.5	399	98.5	415	97.9	400	99.5	59	100.0	1627	98.2
Used	Female	7	3.6	3	1.6	3	1.5	2	1.0	0	0.0	15	1.9
	Male	6	3.5	3	1.4	6	2.6	0	0.0	0	0.0	15	1.8
	Total	13	3.5	6	1.5	9	2.1	2	0.5	0	0.0	30	1.8

Dietary fiber supplement

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Not used	Female	193	99.0	189	100.0	197	100.0	201	99.5	24	100.0	804	99.6
	Male	172	100.0	215	99.5	227	100.0	200	100.0	35	100.0	849	99.9
	Total	365	99.5	404	99.8	424	100.0	401	99.8	59	100.0	1653	99.8
Used	Female	2	1.0	0	0.0	0	0.0	1	0.5	0	0.0	3	0.4
	Male	0	0.0	1	0.5	0	0.0	0	0.0	0	0.0	1	0.1
	Total	2	0.5	1	0.2	0	0.0	1	0.2	0	0.0	4	0.2

Supplement contained other nutrients

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Not used	Female	80	41.0	99	52.4	80	40.6	115	56.9	15	62.5	389	48.2
	Male	87	50.6	129	59.7	126	55.5	123	61.5	26	74.3	491	57.8
	Total	167	45.5	228	56.3	206	48.6	238	59.2	41	69.5	880	53.1
Used	Female	115	59.0	90	47.6	117	59.4	87	43.1	9	37.5	418	51.8
	Male	85	49.4	87	40.3	101	44.5	77	38.5	9	25.7	359	42.2
	Total	200	54.5	177	43.7	218	51.4	164	40.8	18	30.5	777	46.9

Drug contained some nutrients

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Not used	Female	126	64.6	145	76.7	163	82.7	183	90.6	23	95.8	640	79.3
	Male	114	66.3	175	81.0	201	88.5	177	88.5	33	94.3	700	82.4
	Total	240	65.4	320	79.0	364	85.8	360	89.6	56	94.9	1340	80.9
Used	Female	69	35.4	44	23.3	34	17.3	19	9.4	1	4.2	167	20.7
	Male	58	33.7	41	19.0	26	11.5	23	11.5	2	5.7	150	17.6
	Total	127	34.6	85	21.0	60	14.2	42	10.4	3	5.1	317	19.1

6) Frequency of supplement intake (Frequency questionnaire)

Total supplement (time/day)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	0.23	0.34	195	0.30	0.52	189	0.48	0.61	197	0.76	0.85	202	0.80	0.93	24	0.46	0.66	807
Male	0.17	0.36	172	0.22	0.47	216	0.36	0.57	227	0.49	0.75	200	0.49	0.67	35	0.32	0.58	850
Total	0.20	0.35	367	0.26	0.50	405	0.41	0.59	424	0.63	0.81	402	0.62	0.79	59	0.39	0.62	1657

Vitamin supplement (time/day)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	0.42	0.56	80	0.64	0.70	60	0.79	0.77	63	1.16	0.92	104	1.38	0.94	10	0.81	0.83	317
Male	0.45	0.55	47	0.62	0.83	43	0.88	0.78	47	1.42	0.98	53	0.95	0.75	11	0.87	0.88	201
Total	0.43	0.56	127	0.63	0.76	103	0.83	0.77	110	1.25	0.95	157	1.16	0.86	21	0.83	0.85	518

Mineral supplement (time/day)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	0.46	0.67	29	0.85	0.59	16	1.25	1.04	16	1.44	1.03	19	0.60	.	1	0.92	0.91	81
Male	0.47	0.35	10	0.48	0.48	5	0.76	0.86	11	1.82	1.20	10	1.50	0.71	2	0.97	0.97	38
Total	0.46	0.60	39	0.76	0.58	21	1.05	0.98	27	1.57	1.08	29	1.20	0.72	3	0.94	0.93	119

Fat supplement (time/day)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	1.00	0.00	4	2.00	.	1	1.07	0.90	3	1.20	1.13	6	2.00	.	1	1.23	0.82	15
Male	0.07	0.12	3	1.00	.	1	1.00	1.41	2	1.00	1.41	2	.	.	0	0.65	0.90	8
Total	0.60	0.50	7	1.50	0.71	2	1.04	0.95	5	1.15	1.10	8	2.00	.	1	1.03	0.88	23

Protein supplement (time/day)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	0.46	0.51	7	0.67	0.58	3	0.33	0.58	3	1.50	0.71	2	.	.	0	0.61	0.62	15
Male	0.28	0.26	6	0.87	0.23	3	0.47	0.47	6	.	.	0	.	.	0	0.47	0.40	15
Total	0.38	0.41	13	0.77	0.41	6	0.42	0.47	9	1.50	0.71	2	.	.	0	0.54	0.52	30

Dietary Fiber supplement (time/day)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	0.80	0.28	2	.	.	0	.	.	0	1.00	.	1	.	.	0	0.87	0.23	3
Male	.	.	0	1.00	.	1	.	.	0	.	.	0	.	.	0	1.00	.	1
Total	0.80	0.28	2	1.00	.	1	.	.	0	1.00	.	1	.	.	0	0.90	0.20	4

Supplement contained other nutrients (time/day)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	0.36	0.44	115	0.51	0.60	90	0.62	0.58	117	0.72	0.71	87	1.04	0.88	9	0.56	0.61	418
Male	0.26	0.39	85	0.44	0.57	87	0.66	0.64	101	0.66	0.66	77	1.13	0.75	9	0.52	0.61	359
Total	0.32	0.42	200	0.47	0.59	177	0.64	0.61	218	0.69	0.69	164	1.09	0.79	18	0.54	0.61	777

Drug contained some nutrients (time/day)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	0.01	0.08	69	0.03	0.15	44	0.07	0.23	34	0.24	0.53	19	0.60	.	1	0.06	0.24	167
Male	0.03	0.14	58	0.20	0.49	41	0.21	0.45	26	0.41	0.67	23	2.50	0.71	2	0.20	0.52	150
Total	0.02	0.11	127	0.11	0.37	85	0.13	0.35	60	0.34	0.61	42	1.87	1.21	3	0.13	0.40	317

7) Beverage intakes

Frequency of beverage intakes
Japanese sake

		40 - 49yr		50 - 59yr		60 - 69yr		70 - 79yr		80yr -		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Male	Never	120	65.6	100	51.8	95	60.9	102	58.3	6	85.7	423	59.2
	Once a month	24	13.1	16	8.3	7	4.5	12	6.9	1	14.3	60	8.4
	2 to 3 times a mo.	6	3.3	13	6.7	7	4.5	8	4.6	0	0	34	4.8
	Once a week	8	4.4	19	9.8	5	3.2	7	4.0	0	0	39	5.5
	2 to 3 times a week	18	9.8	25	13.0	21	13.5	15	8.6	0	0	79	11.1
	4 to 6 times a week	2	1.1	6	3.1	12	7.7	12	6.9	0	0	32	4.5
	Once a day	5	2.7	14	7.3	9	5.8	18	10.3	0	0	46	6.4
	2 to 3 times a day	0	0	0	0	0	0	1	0.6	0	0	1	0.1
Female	Never	145	87.9	147	89.1	150	86.7	150	84.3	11	100.0	603	87.1
	Once a month	7	4.2	9	5.5	10	5.8	5	2.8	0	0	31	4.5
	2 to 3 times a mo.	9	5.5	3	1.8	3	1.7	5	2.8	0	0	20	2.9
	Once a week	2	1.2	2	1.2	4	2.3	6	3.4	0	0	14	2.0
	2 to 3 times a week	1	0.6	2	1.2	3	1.7	5	2.8	0	0	11	1.6
	4 to 6 times a week	1	0.6	0	0	1	0.6	3	1.7	0	0	5	0.7
	Once a day	0	0	2	1.2	2	1.2	4	2.2	0	0	8	1.2
	2 to 3 times a day	0	0	0	0	0	0	0	0	0	0	0	0
Total	Never	265	76.1	247	69.0	245	74.5	252	71.4	17	94.4	1026	73.0
	Once a month	31	8.9	25	7.0	17	5.2	17	4.8	1	5.6	91	6.5
	2 to 3 times a mo.	15	4.3	16	4.5	10	3.0	13	3.7	0	0	54	3.8
	Once a week	10	2.9	21	5.9	9	2.7	13	3.7	0	0	53	3.8
	2 to 3 times a week	19	5.5	27	7.5	24	7.3	20	5.7	0	0	90	6.4
	4 to 6 times a week	3	0.9	6	1.7	13	4.0	15	4.2	0	0	37	2.6
	Once a day	5	1.4	16	4.5	11	3.3	22	6.2	0	0	54	3.8
	2 to 3 times a day	0	0	0	0	0	0	1	0.3	0	0	1	0.1

Frequency of beverage intakes
Japanese distilled alcoholic beverages (Shochu)

		40 - 49yr		50 - 59yr		60 - 69yr		70 - 79yr		80yr -		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Male	Never	117	63.9	124	64.2	110	70.5	137	78.3	6	85.7	494	69.2
	Once a month	20	10.9	9	4.7	7	4.5	4	2.3	0	0	40	5.6
	2 to 3 times a mo.	9	4.9	12	6.2	7	4.5	2	1.1	0	0	30	4.2
	Once a week	8	4.4	11	5.7	3	1.9	10	5.7	0	0	32	4.5
	2 to 3 times a week	18	9.8	11	5.7	8	5.1	8	4.6	0	0	45	6.3
	4 to 6 times a week	4	2.2	11	5.7	9	5.8	4	2.3	0	0	28	3.9
	Once a day	7	3.8	15	7.8	12	7.7	10	5.7	1	14.3	45	6.3
Female	Never	135	81.8	149	90.3	155	89.6	165	92.7	10	90.9	614	88.7
	Once a month	12	7.3	5	3.0	4	2.3	4	2.2	0	0	25	3.6
	2 to 3 times a mo.	9	5.5	3	1.8	4	2.3	3	1.7	0	0	19	2.7
	Once a week	3	1.8	4	2.4	2	1.2	3	1.7	1	9.1	13	1.9
	2 to 3 times a week	2	1.2	3	1.8	4	2.3	1	0.6	0	0	10	1.4
	4 to 6 times a week	2	1.2	1	0.6	1	0.6	0	0	0	0	4	0.6
	Once a day	2	1.2	0	0	3	1.7	2	1.1	0	0	7	1.0
Total	Never	252	72.4	273	76.3	265	80.5	302	85.6	16	88.9	1108	78.8
	Once a month	32	9.2	14	3.9	11	3.3	8	2.3	0	0	65	4.6
	2 to 3 times a mo.	18	5.2	15	4.2	11	3.3	5	1.4	0	0	49	3.5
	Once a week	11	3.2	15	4.2	5	1.5	13	3.7	1	5.6	45	3.2
	2 to 3 times a week	20	5.7	14	3.9	12	3.6	9	2.5	0	0	55	3.9
	4 to 6 times a week	6	1.7	12	3.4	10	3.0	4	1.1	0	0	32	2.3
	Once a day	9	2.6	15	4.2	15	4.6	12	3.4	1	5.6	52	3.7

Frequency of beverage intakes
Regular or draft beer

		40 - 49yr		50 - 59yr		60 - 69yr		70 - 79yr		80yr -		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Male	Never	58	31.7	48	24.9	65	41.7	94	53.7	5	71.4	270	37.8
	Once a month	27	14.8	21	10.9	14	9.0	21	12.0	1	14.3	84	11.8
	2 to 3 times a mo.	13	7.1	24	12.4	15	9.6	14	8.0	0	0	66	9.2
	Once a week	23	12.6	22	11.4	20	12.8	16	9.1	0	0	81	11.3
	2 to 3 times a week	33	18.0	39	20.2	17	10.9	14	8.0	0	0	103	14.4
	4 to 6 times a week	10	5.5	12	6.2	10	6.4	7	4.0	0	0	39	5.5
	Once a day	19	10.4	27	14.0	15	9.6	8	4.6	1	14.3	70	9.8
	2 to 3 times a day	0	0	0	0	0	0	1	0.6	0	0	1	0.1
Female	Never	101	61.2	116	70.3	130	75.1	145	81.5	10	90.9	502	72.5
	Once a month	17	10.3	14	8.5	12	6.9	9	5.1	1	9.1	53	7.7
	2 to 3 times a mo.	16	9.7	8	4.8	11	6.4	4	2.2	0	0	39	5.6
	Once a week	12	7.3	13	7.9	7	4.0	6	3.4	0	0	38	5.5
	2 to 3 times a week	13	7.9	11	6.7	8	4.6	7	3.9	0	0	39	5.6
	4 to 6 times a week	3	1.8	0	0	3	1.7	2	1.1	0	0	8	1.2
	Once a day	3	1.8	3	1.8	2	1.2	5	2.8	0	0	13	1.9
	2 to 3 times a day	0	0	0	0	0	0	0	0	0	0	0	0
Total	Never	159	45.7	164	45.8	195	59.3	239	67.7	15	83.3	772	54.9
	Once a month	44	12.6	35	9.8	26	7.9	30	8.5	2	11.1	137	9.7
	2 to 3 times a mo.	29	8.3	32	8.9	26	7.9	18	5.1	0	0	105	7.5
	Once a week	35	10.1	35	9.8	27	8.2	22	6.2	0	0	119	8.5
	2 to 3 times a week	46	13.2	50	14.0	25	7.6	21	5.9	0	0	142	10.1
	4 to 6 times a week	13	3.7	12	3.4	13	4.0	9	2.5	0	0	47	3.3
	Once a day	22	6.3	30	8.4	17	5.2	13	3.7	1	5.6	83	5.9
	2 to 3 times a day	0	0	0	0	0	0	1	0.3	0	0	1	0.1

Frequency of beverage intakes
Light beer

		40 - 49yr		50 - 59yr		60 - 69yr		70 - 79yr		80yr -		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Male	Never	103	56.3	119	61.7	112	71.8	145	82.9	7	100.0	486	68.1
	Once a month	7	3.8	12	6.2	4	2.6	6	3.4	0	0	29	4.1
	2 to 3 times a mo.	9	4.9	5	2.6	6	3.8	5	2.9	0	0	25	3.5
	Once a week	9	4.9	7	3.6	12	7.7	4	2.3	0	0	32	4.5
	2 to 3 times a week	24	13.1	25	13.0	12	7.7	3	1.7	0	0	64	9.0
	4 to 6 times a week	12	6.6	9	4.7	1	0.6	3	1.7	0	0	25	3.5
	Once a day	19	10.4	16	8.3	9	5.8	8	4.6	0	0	52	7.3
	2 to 3 times a day	0	0	0	0	0	0	1	0.6	0	0	1	0.1
Female	Never	124	75.2	142	86.1	158	91.3	167	93.8	10	90.9	601	86.8
	Once a month	4	2.4	4	2.4	3	1.7	0	0	1	9.1	12	1.7
	2 to 3 times a mo.	5	3.0	4	2.4	2	1.2	3	1.7	0	0	14	2.0
	Once a week	11	6.7	2	1.2	4	2.3	2	1.1	0	0	19	2.7
	2 to 3 times a week	9	5.5	6	3.6	4	2.3	2	1.1	0	0	21	3.0
	4 to 6 times a week	5	3.0	6	3.6	0	0	3	1.7	0	0	14	2.0
	Once a day	7	4.2	1	0.6	2	1.2	1	0.6	0	0	11	1.6
	2 to 3 times a day	0	0	0	0	0	0	0	0	0	0	0	0
Total	Never	227	65.2	261	72.9	270	82.1	312	88.4	17	94.4	1087	77.3
	Once a month	11	3.2	16	4.5	7	2.1	6	1.7	1	5.6	41	2.9
	2 to 3 times a mo.	14	4.0	9	2.5	8	2.4	8	2.3	0	0	39	2.8
	Once a week	20	5.7	9	2.5	16	4.9	6	1.7	0	0	51	3.6
	2 to 3 times a week	33	9.5	31	8.7	16	4.9	5	1.4	0	0	85	6.0
	4 to 6 times a week	17	4.9	15	4.2	1	0.3	6	1.7	0	0	39	2.8
	Once a day	26	7.5	17	4.7	11	3.3	9	2.5	0	0	63	4.5
	2 to 3 times a day	0	0	0	0	0	0	1	0.3	0	0	1	0.1

Frequency of beverage intakes
Wine

		40 - 49yr		50 - 59yr		60 - 69yr		70 - 79yr		80yr -		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Male	Never	146	79.8	138	71.5	132	84.6	147	84.0	7	100.0	570	79.8
	Once a month	18	9.8	28	14.5	15	9.6	10	5.7	0	0	71	9.9
	2 to 3 times a mo.	12	6.6	13	6.7	6	3.8	11	6.3	0	0	42	5.9
	Once a week	4	2.2	7	3.6	2	1.3	2	1.1	0	0	15	2.1
	2 to 3 times a week	1	0.5	5	2.6	1	0.6	4	2.3	0	0	11	1.5
	4 to 6 times a week	2	1.1	1	0.5	0	0	0	0	0	0	3	0.4
	Once a day	0	0	1	0.5	0	0	0	0	0	0	1	0.1
	4 or more times	0	0	0	0	0	0	1	0.6	0	0	1	0.1
Female	Never	131	79.4	139	84.2	149	86.1	159	89.3	11	100.0	589	85.1
	Once a month	18	10.9	10	6.1	18	10.4	5	2.8	0	0	51	7.4
	2 to 3 times a mo.	5	3.0	7	4.2	1	0.6	1	0.6	0	0	14	2.0
	Once a week	6	3.6	4	2.4	2	1.2	4	2.2	0	0	16	2.3
	2 to 3 times a week	2	1.2	1	0.6	2	1.2	3	1.7	0	0	8	1.2
	4 to 6 times a week	1	0.6	1	0.6	0	0	2	1.1	0	0	4	0.6
	Once a day	2	1.2	3	1.8	1	0.6	4	2.2	0	0	10	1.4
	4 or more times	0	0	0	0	0	0	0	0	0	0	0	0
Total	Never	277	79.6	277	77.4	281	85.4	306	86.7	18	100.0	1159	82.4
	Once a month	36	10.3	38	10.6	33	10.0	15	4.2	0	0	122	8.7
	2 to 3 times a mo.	17	4.9	20	5.6	7	2.1	12	3.4	0	0	56	4.0
	Once a week	10	2.9	11	3.1	4	1.2	6	1.7	0	0	31	2.2
	2 to 3 times a week	3	0.9	6	1.7	3	0.9	7	2.0	0	0	19	1.4
	4 to 6 times a week	3	0.9	2	0.6	0	0	2	0.6	0	0	7	0.5
	Once a day	2	0.6	4	1.1	1	0.3	4	1.1	0	0	11	0.8
	4 or more times	0	0	0	0	0	0	1	0.3	0	0	1	0.1

Frequency of beverage intakes
 Hard liquor (such as whisky, brandy, gin, vodka, rum, cocktails, etc.)

		40 - 49yr		50 - 59yr		60 - 69yr		70 - 79yr		80yr -		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Male	Never	137	74.9	141	73.1	117	75.0	141	80.6	7	100.0	543	76.1
	Once a month	18	9.8	24	12.4	14	9.0	9	5.1	0	0	65	9.1
	2 to 3 times a mo.	7	3.8	8	4.1	5	3.2	6	3.4	0	0	26	3.6
	Once a week	6	3.3	7	3.6	9	5.8	2	1.1	0	0	24	3.4
	2 to 3 times a week	7	3.8	6	3.1	3	1.9	3	1.7	0	0	19	2.7
	4 to 6 times a week	3	1.6	3	1.6	3	1.9	5	2.9	0	0	14	2.0
	Once a day	5	2.7	4	2.1	5	3.2	8	4.6	0	0	22	3.1
	2 to 3 times a day	0	0	0	0	0	0	1	0.6	0	0	1	0.1
Female	Never	157	95.2	159	96.4	167	96.5	178	100.0	11	100.0	672	97.1
	Once a month	3	1.8	4	2.4	4	2.3	0	0	0	0	11	1.6
	2 to 3 times a mo.	3	1.8	0	0	0	0	0	0	0	0	3	0.4
	Once a week	0	0	0	0	0	0	0	0	0	0	0	0
	2 to 3 times a week	0	0	2	1.2	0	0	0	0	0	0	2	0.3
	4 to 6 times a week	0	0	0	0	1	0.6	0	0	0	0	1	0.1
	Once a day	2	1.2	0	0	1	0.6	0	0	0	0	3	0.4
	2 to 3 times a day	0	0	0	0	0	0	0	0	0	0	0	0
Total	Never	294	84.5	300	83.8	284	86.3	319	90.4	18	100.0	1215	86.4
	Once a month	21	6.0	28	7.8	18	5.5	9	2.5	0	0	76	5.4
	2 to 3 times a mo.	10	2.9	8	2.2	5	1.5	6	1.7	0	0	29	2.1
	Once a week	6	1.7	7	2.0	9	2.7	2	0.6	0	0	24	1.7
	2 to 3 times a week	7	2.0	8	2.2	3	0.9	3	0.8	0	0	21	1.5
	4 to 6 times a week	3	0.9	3	0.8	4	1.2	5	1.4	0	0	15	1.1
	Once a day	7	2.0	4	1.1	6	1.8	8	2.3	0	0	25	1.8
	2 to 3 times a day	0	0	0	0	0	0	1	0.3	0	0	1	0.1

Frequency of beverage intakes
Regular coffee

		40 - 49yr		50 - 59yr		60 - 69yr		70 - 79yr		80yr -		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Male	Never	10	5.5	14	7.3	17	10.9	29	16.6	2	28.6	72	10.1
	Once a month	1	0.5	1	0.5	5	3.2	7	4.0	0	0	14	2.0
	2 to 3 times a mo.	1	0.5	3	1.6	5	3.2	13	7.4	0	0	22	3.1
	Once a week	5	2.7	1	0.5	9	5.8	7	4.0	1	14.3	23	3.2
	2 to 3 times a week	8	4.4	10	5.2	11	7.1	13	7.4	0	0	42	5.9
	4 to 6 times a week	6	3.3	9	4.7	9	5.8	4	2.3	1	14.3	29	4.1
	Once a day	26	14.2	44	22.8	42	26.9	56	32.0	2	28.6	170	23.8
	2 to 3 times a day	82	44.8	80	41.5	42	26.9	40	22.9	1	14.3	245	34.3
	4 or more times	44	24.0	31	16.1	16	10.3	6	3.4	0	0	97	13.6
Female	Never	9	5.5	8	4.8	21	12.1	40	22.5	1	9.1	79	11.4
	Once a month	3	1.8	4	2.4	8	4.6	10	5.6	1	9.1	26	3.8
	2 to 3 times a mo.	4	2.4	6	3.6	13	7.5	17	9.6	2	18.2	42	6.1
	Once a week	5	3.0	8	4.8	8	4.6	17	9.6	0	0	38	5.5
	2 to 3 times a week	9	5.5	18	10.9	25	14.5	20	11.2	3	27.3	75	10.8
	4 to 6 times a week	8	4.8	5	3.0	6	3.5	4	2.2	0	0	23	3.3
	Once a day	26	15.8	47	28.5	46	26.6	45	25.3	3	27.3	167	24.1
	2 to 3 times a day	78	47.3	58	35.2	41	23.7	23	12.9	1	9.1	201	29.0
	4 or more times	23	13.9	11	6.7	5	2.9	2	1.1	0	0	41	5.9
Total	Never	19	5.5	22	6.1	38	11.6	69	19.5	3	16.7	151	10.7
	Once a month	4	1.1	5	1.4	13	4.0	17	4.8	1	5.6	40	2.8
	2 to 3 times a mo.	5	1.4	9	2.5	18	5.5	30	8.5	2	11.1	64	4.6
	Once a week	10	2.9	9	2.5	17	5.2	24	6.8	1	5.6	61	4.3
	2 to 3 times a week	17	4.9	28	7.8	36	10.9	33	9.3	3	16.7	117	8.3
	4 to 6 times a week	14	4.0	14	3.9	15	4.6	8	2.3	1	5.6	52	3.7
	Once a day	52	14.9	91	25.4	88	26.7	101	28.6	5	27.8	337	24.0

(CONTINUED)

Frequency of beverage intakes
Regular coffee

		40 - 49yr		50 - 59yr		60 - 69yr		70 - 79yr		80yr -		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Total	2 to 3 times a day	160	46.0	138	38.5	83	25.2	63	17.8	2	11.1	446	31.7
	4 or more times	67	19.3	42	11.7	21	6.4	8	2.3	0	0	138	9.8

Frequency of beverage intakes
Decaffeinated coffee

		40 - 49yr		50 - 59yr		60 - 69yr		70 - 79yr		80yr -		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Male	Never	182	99.5	193	100.0	155	99.4	175	100.0	7	100.0	712	99.7
	Once a month	0	0	0	0	0	0	0	0	0	0	0	0
	2 to 3 times a mo.	1	0.5	0	0	0	0	0	0	0	0	1	0.1
	2 to 3 times a week	0	0	0	0	1	0.6	0	0	0	0	1	0.1
	Once a day	0	0	0	0	0	0	0	0	0	0	0	0
Female	Never	164	99.4	164	99.4	173	100.0	176	98.9	10	90.9	687	99.3
	Once a month	0	0	1	0.6	0	0	1	0.6	1	9.1	3	0.4
	2 to 3 times a mo.	0	0	0	0	0	0	1	0.6	0	0	1	0.1
	2 to 3 times a week	0	0	0	0	0	0	0	0	0	0	0	0
	Once a day	1	0.6	0	0	0	0	0	0	0	0	1	0.1
Total	Never	346	99.4	357	99.7	328	99.7	351	99.4	17	94.4	1399	99.5
	Once a month	0	0	1	0.3	0	0	1	0.3	1	5.6	3	0.2
	2 to 3 times a mo.	1	0.3	0	0	0	0	1	0.3	0	0	2	0.1
	2 to 3 times a week	0	0	0	0	1	0.3	0	0	0	0	1	0.1
	Once a day	1	0.3	0	0	0	0	0	0	0	0	1	0.1

Frequency of beverage intakes
Black tea

		40 - 49yr		50 - 59yr		60 - 69yr		70 - 79yr		80yr -		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Male	not recorded	0	0	0	0	1	0.6	0	0	0	0	1	0.1
	Never	117	63.9	140	72.5	100	64.1	134	76.6	2	28.6	493	69.0
	Once a month	11	6.0	19	9.8	12	7.7	5	2.9	1	14.3	48	6.7
	2 to 3 times a mo.	16	8.7	10	5.2	14	9.0	9	5.1	0	0	49	6.9
	Once a week	16	8.7	5	2.6	8	5.1	11	6.3	4	57.1	44	6.2
	2 to 3 times a week	5	2.7	4	2.1	13	8.3	6	3.4	0	0	28	3.9
	4 to 6 times a week	3	1.6	3	1.6	1	0.6	2	1.1	0	0	9	1.3
	Once a day	13	7.1	8	4.1	6	3.8	7	4.0	0	0	34	4.8
	2 to 3 times a day	2	1.1	4	2.1	0	0	1	0.6	0	0	7	1.0
	4 or more times	0	0	0	0	1	0.6	0	0	0	0	1	0.1
Female	not recorded	0	0	0	0	0	0	0	0	0	0	0	0
	Never	75	45.5	76	46.1	82	47.4	91	51.1	5	45.5	329	47.5
	Once a month	20	12.1	22	13.3	20	11.6	22	12.4	2	18.2	86	12.4
	2 to 3 times a mo.	16	9.7	14	8.5	23	13.3	17	9.6	0	0	70	10.1
	Once a week	13	7.9	24	14.5	12	6.9	15	8.4	0	0	64	9.2
	2 to 3 times a week	19	11.5	13	7.9	20	11.6	16	9.0	3	27.3	71	10.3
	4 to 6 times a week	5	3.0	1	0.6	2	1.2	3	1.7	0	0	11	1.6
	Once a day	14	8.5	14	8.5	7	4.0	12	6.7	1	9.1	48	6.9
	2 to 3 times a day	2	1.2	1	0.6	7	4.0	2	1.1	0	0	12	1.7
	4 or more times	1	0.6	0	0	0	0	0	0	0	0	1	0.1
Total	not recorded	0	0	0	0	1	0.3	0	0	0	0	1	0.1
	Never	192	55.2	216	60.3	182	55.3	225	63.7	7	38.9	822	58.5
	Once a month	31	8.9	41	11.5	32	9.7	27	7.6	3	16.7	134	9.5
	2 to 3 times a mo.	32	9.2	24	6.7	37	11.2	26	7.4	0	0	119	8.5
	Once a week	29	8.3	29	8.1	20	6.1	26	7.4	4	22.2	108	7.7
	2 to 3 times a week	24	6.9	17	4.7	33	10.0	22	6.2	3	16.7	99	7.0
	4 to 6 times a week	8	2.3	4	1.1	3	0.9	5	1.4	0	0	20	1.4
	Once a day	27	7.8	22	6.1	13	4.0	19	5.4	1	5.6	82	5.8
	2 to 3 times a day	4	1.1	5	1.4	7	2.1	3	0.8	0	0	19	1.4
	4 or more times	1	0.3	0	0	1	0.3	0	0	0	0	2	0.1