

## Eicosapentaenoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	244	212	241	302	225	270	310	265	264	290	234	241	352	260	19	289	237	1035
Male	288	226	253	443	322	276	431	347	279	404	300	254	236	358	14	392	310	1076
Total	266	220	494	373	287	546	372	315	543	349	275	495	302	306	33	341	281	2111

## Behenic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	78	55	241	82	61	270	72	49	264	66	52	241	84	80	19	75	55	1035
Male	94	73	253	96	99	276	92	83	279	81	69	254	110	123	14	91	83	1076
Total	86	65	494	89	83	546	82	69	543	73	62	495	95	99	33	83	71	2111

## Docosenoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	239	244	241	255	294	270	233	272	264	225	285	241	281	226	19	239	274	1035
Male	255	269	253	297	296	276	303	330	279	252	270	254	128	148	14	276	293	1076
Total	247	257	494	277	296	546	269	305	543	239	277	495	216	209	33	258	284	2111

## Docosadienoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	0.02	0.19	241	0.01	0.10	270	0.01	0.12	264	0.02	0.22	241	0.00	0.00	19	0.01	0.16	1035
Male	0.02	0.17	253	0.04	0.25	276	0.04	0.29	279	0.00	0.02	254	0.00	0.00	14	0.03	0.21	1076
Total	0.02	0.18	494	0.03	0.19	546	0.02	0.23	543	0.01	0.15	495	0.00	0.00	33	0.02	0.19	2111

n-3 Docosapentaenoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	69	59	241	89	70	270	83	70	264	80	71	241	119	95	19	81	69	1035
Male	88	76	253	121	92	276	117	99	279	110	87	254	63	69	14	109	90	1076
Total	78	69	494	105	83	546	100	88	543	95	81	495	95	89	33	95	81	2111

n-6 Docosapentaenoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	1.68	3.77	241	2.17	4.20	270	2.34	4.33	264	2.61	4.63	241	1.03	1.57	19	2.18	4.22	1035
Male	2.02	4.30	253	2.95	5.10	276	3.02	4.68	279	3.15	5.88	254	2.08	2.54	14	2.79	5.01	1076
Total	1.86	4.05	494	2.57	4.69	546	2.69	4.52	543	2.89	5.31	495	1.48	2.07	33	2.49	4.64	2111

Docosahexaenoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	478	312	241	550	331	270	543	362	264	518	346	241	637	410	19	526	341	1035
Male	565	361	253	765	460	276	739	492	279	680	423	254	438	384	14	687	445	1076
Total	523	341	494	659	415	546	644	444	543	601	395	495	553	406	33	608	405	2111

Lignoceric acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	11	27	241	15	30	270	11	24	264	9	24	241	19	42	19	12	27	1035
Male	12	36	253	16	51	276	16	43	279	14	34	254	32	61	14	15	42	1076
Total	12	32	494	16	42	546	14	35	543	12	30	495	25	50	33	13	36	2111

## Tetracosenoic acid (mg)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	40	33	241	48	36	270	48	38	264	46	38	241	54	35	19	46	37	1035
Male	46	37	253	66	47	276	65	51	279	60	44	254	35	40	14	59	46	1076
Total	43	35	494	57	43	546	57	46	543	53	42	495	46	38	33	53	42	2111

## Alcohol (g)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	3.7	7.1	241	2.8	7.1	270	2.3	6.6	264	1.2	2.6	241	0.4	1.1	19	2.5	6.2	1035
Male	17.1	20.4	253	19.7	21.6	276	15.3	21.4	279	10.5	13.5	254	5.6	11.0	14	15.6	19.8	1076
Total	10.5	16.8	494	11.3	18.2	546	9.0	17.3	543	6.0	10.9	495	2.6	7.5	33	9.2	16.2	2111

3) State of using supplement in previous 1 year (Frequency questionnaire)

Total supplement

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Not used	Female	87	33.3	130	45.8	107	39.5	98	36.4	7	31.8	429	38.8
	Male	102	37.4	133	44.9	144	49.5	137	49.8	8	47.1	524	45.5
	Total	189	35.4	263	45.3	251	44.7	235	43.2	15	38.5	953	42.2
Used	Female	174	66.7	154	54.2	164	60.5	171	63.6	15	68.2	678	61.2
	Male	171	62.6	163	55.1	147	50.5	138	50.2	9	52.9	628	54.5
	Total	345	64.6	317	54.7	311	55.3	309	56.8	24	61.5	1306	57.8

Vitamin supplement

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Not used	Female	175	67.0	213	75.0	194	71.6	181	67.3	10	45.5	773	69.8
	Male	208	76.2	242	81.8	232	79.7	192	69.8	12	70.6	886	76.9
	Total	383	71.7	455	78.4	426	75.8	373	68.6	22	56.4	1659	73.4
Used	Female	86	33.0	71	25.0	77	28.4	88	32.7	12	54.5	334	30.2
	Male	65	23.8	54	18.2	59	20.3	83	30.2	5	29.4	266	23.1
	Total	151	28.3	125	21.6	136	24.2	171	31.4	17	43.6	600	26.6

Mineral supplement

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Not used	Female	235	90.0	266	93.7	253	93.4	247	91.8	22	100.0	1023	92.4
	Male	265	97.1	292	98.6	283	97.3	264	96.0	17	100.0	1121	97.3
	Total	500	93.6	558	96.2	536	95.4	511	93.9	39	100.0	2144	94.9
Used	Female	26	10.0	18	6.3	18	6.6	22	8.2	0	0	84	7.6
	Male	8	2.9	4	1.4	8	2.7	11	4.0	0	0	31	2.7
	Total	34	6.4	22	3.8	26	4.6	33	6.1	0	0	115	5.1

Fat supplement

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Not used	Female	253	96.9	282	99.3	270	99.6	267	99.3	22	100.0	1094	98.8
	Male	270	98.9	294	99.3	288	99.0	272	98.9	17	100.0	1141	99.0
	Total	523	97.9	576	99.3	558	99.3	539	99.1	39	100.0	2235	98.9
Used	Female	8	3.1	2	0.7	1	0.4	2	0.7	0	0	13	1.2
	Male	3	1.1	2	0.7	3	1.0	3	1.1	0	0	11	1.0
	Total	11	2.1	4	0.7	4	0.7	5	0.9	0	0	24	1.1

Protein supplement

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Not used	Female	256	98.1	277	97.5	268	98.9	267	99.3	22	100.0	1090	98.5
	Male	267	97.8	291	98.3	289	99.3	275	100.0	17	100.0	1139	98.9
	Total	523	97.9	568	97.9	557	99.1	542	99.6	39	100.0	2229	98.7
Used	Female	5	1.9	7	2.5	3	1.1	2	0.7	0	0	17	1.5
	Male	6	2.2	5	1.7	2	0.7	0	0	0	0	13	1.1
	Total	11	2.1	12	2.1	5	0.9	2	0.4	0	0	30	1.3

Dietary fiber supplement

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Not used	Female	259	99.2	283	99.6	269	99.3	268	99.6	22	100.0	1101	99.5
	Male	273	100.0	296	100.0	291	100.0	274	99.6	17	100.0	1151	99.9
	Total	532	99.6	579	99.8	560	99.6	542	99.6	39	100.0	2252	99.7
Used	Female	2	0.8	1	0.4	2	0.7	1	0.4	0	0	6	0.5
	Male	0	0	0	0	0	0	1	0.4	0	0	1	0.1
	Total	2	0.4	1	0.2	2	0.4	2	0.4	0	0	7	0.3

Supplement contained other nutrients

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Not used	Female	132	50.6	175	61.6	153	56.5	151	56.1	11	50.0	622	56.2
	Male	143	52.4	171	57.8	189	64.9	182	66.2	12	70.6	697	60.5
	Total	275	51.5	346	59.7	342	60.9	333	61.2	23	59.0	1319	58.4
Used	Female	129	49.4	109	38.4	118	43.5	118	43.9	11	50.0	485	43.8
	Male	130	47.6	125	42.2	102	35.1	93	33.8	5	29.4	455	39.5
	Total	259	48.5	234	40.3	220	39.1	211	38.8	16	41.0	940	41.6

Drug contained some nutrients

		40-49yr		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Not used	Female	218	83.5	260	91.5	245	90.4	255	94.8	22	100.0	1000	90.3
	Male	215	78.8	267	90.2	258	88.7	260	94.5	14	82.4	1014	88.0
	Total	433	81.1	527	90.9	503	89.5	515	94.7	36	92.3	2014	89.2
Used	Female	43	16.5	24	8.5	26	9.6	14	5.2	0	0	107	9.7
	Male	58	21.2	29	9.8	33	11.3	15	5.5	3	17.6	138	12.0
	Total	101	18.9	53	9.1	59	10.5	29	5.3	3	7.7	245	10.8

4) Frequency of supplement intake (Frequency questionnaire)

Total supplement (time/day)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	0.44	0.65	174	0.61	0.80	154	0.88	0.82	164	0.96	0.85	171	0.91	0.92	15	0.73	0.81	678
Male	0.29	0.52	171	0.48	0.69	163	0.54	0.68	147	1.07	0.96	138	0.98	0.99	9	0.58	0.77	628
Total	0.37	0.59	345	0.54	0.74	317	0.72	0.77	311	1.00	0.90	309	0.93	0.93	24	0.65	0.79	1306

Vitamin supplement (time/day)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	0.55	0.73	86	0.77	0.92	71	1.03	0.86	77	1.34	0.94	88	1.42	0.85	12	0.94	0.91	334
Male	0.37	0.53	65	0.52	0.79	54	0.78	0.77	59	1.33	0.99	83	1.44	1.08	5	0.81	0.89	266
Total	0.47	0.65	151	0.66	0.87	125	0.92	0.83	136	1.33	0.96	171	1.42	0.89	17	0.89	0.91	600

Mineral supplement (time/day)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	0.50	0.65	26	1.09	1.01	18	1.04	0.77	18	1.17	0.84	22	.	.	0	0.92	0.85	84
Male	0.40	0.73	8	0.80	0.91	4	0.90	0.97	8	1.16	0.74	11	.	.	0	0.85	0.84	31
Total	0.48	0.66	34	1.04	0.98	22	1.00	0.82	26	1.17	0.80	33	.	.	0	0.90	0.84	115

Fat supplement (time/day)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	0.95	1.08	8	2.00	1.41	2	1.00	.	1	1.10	1.27	2	.	.	0	1.14	1.06	13
Male	0.40	0.53	3	1.00	0.00	2	2.33	0.58	3	2.33	0.58	3	.	.	0	1.56	1.01	11
Total	0.80	0.97	11	1.50	1.00	4	2.00	0.82	4	1.84	1.01	5	.	.	0	1.33	1.04	24

Protein supplement (time/day)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	0.80	0.84	5	1.43	0.98	7	0.67	0.58	3	1.00	0.00	2	.	.	0	1.06	0.83	17
Male	0.63	0.45	6	1.04	0.57	5	0.60	0.57	2	.	.	0	.	.	0	0.78	0.51	13
Total	0.71	0.62	11	1.27	0.82	12	0.64	0.50	5	1.00	0.00	2	.	.	0	0.94	0.71	30

Dietary Fiber supplement (time/day)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	1.50	2.12	2	3.00	.	1	1.00	0.00	2	2.00	.	1	.	.	0	1.67	1.21	6
Male	.	.	0	.	.	0	.	.	0	1.00	.	1	.	.	0	1.00	.	1
Total	1.50	2.12	2	3.00	.	1	1.00	0.00	2	1.50	0.71	2	.	.	0	1.57	1.13	7

Supplement contained other nutrients (time/day)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	0.45	0.63	129	0.61	0.73	109	0.75	0.71	118	0.77	0.80	118	0.85	1.02	11	0.65	0.73	485
Male	0.30	0.51	130	0.49	0.72	125	0.55	0.64	102	0.81	0.86	93	0.52	0.50	5	0.51	0.70	455
Total	0.37	0.58	259	0.54	0.72	234	0.66	0.69	220	0.79	0.82	211	0.75	0.89	16	0.58	0.72	940

Drug contained some nutrients (time/day)

	40-49yr			50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Female	0.04	0.18	43	0.06	0.21	24	0.05	0.13	26	0.39	0.62	14	.	.	0	0.09	0.29	107
Male	0.04	0.14	58	0.08	0.19	29	0.04	0.18	33	0.31	0.58	15	0.07	0.12	3	0.08	0.25	138
Total	0.04	0.16	101	0.07	0.20	53	0.04	0.16	59	0.34	0.59	29	0.07	0.12	3	0.08	0.27	245



## 5) Beverage intakes

Frequency of beverage intakes  
Japanese sake

		40 - 49yr		50 - 59yr		60 - 69yr		70 - 79yr		80yr -		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Male	Never	120	65.6	100	51.8	95	60.9	102	58.3	6	85.7	423	59.2
	Once a month	24	13.1	16	8.3	7	4.5	12	6.9	1	14.3	60	8.4
	2 to 3 times a mo.	6	3.3	13	6.7	7	4.5	8	4.6	0	0	34	4.8
	Once a week	8	4.4	19	9.8	5	3.2	7	4.0	0	0	39	5.5
	2 to 3 times a week	18	9.8	25	13.0	21	13.5	15	8.6	0	0	79	11.1
	4 to 6 times a week	2	1.1	6	3.1	12	7.7	12	6.9	0	0	32	4.5
	Once a day	5	2.7	14	7.3	9	5.8	18	10.3	0	0	46	6.4
	2 to 3 times a day	0	0	0	0	0	0	1	0.6	0	0	1	0.1
Female	Never	145	87.9	147	89.1	150	86.7	150	84.3	11	100.0	603	87.1
	Once a month	7	4.2	9	5.5	10	5.8	5	2.8	0	0	31	4.5
	2 to 3 times a mo.	9	5.5	3	1.8	3	1.7	5	2.8	0	0	20	2.9
	Once a week	2	1.2	2	1.2	4	2.3	6	3.4	0	0	14	2.0
	2 to 3 times a week	1	0.6	2	1.2	3	1.7	5	2.8	0	0	11	1.6
	4 to 6 times a week	1	0.6	0	0	1	0.6	3	1.7	0	0	5	0.7
	Once a day	0	0	2	1.2	2	1.2	4	2.2	0	0	8	1.2
	2 to 3 times a day	0	0	0	0	0	0	0	0	0	0	0	0
Total	Never	265	76.1	247	69.0	245	74.5	252	71.4	17	94.4	1026	73.0
	Once a month	31	8.9	25	7.0	17	5.2	17	4.8	1	5.6	91	6.5
	2 to 3 times a mo.	15	4.3	16	4.5	10	3.0	13	3.7	0	0	54	3.8
	Once a week	10	2.9	21	5.9	9	2.7	13	3.7	0	0	53	3.8
	2 to 3 times a week	19	5.5	27	7.5	24	7.3	20	5.7	0	0	90	6.4
	4 to 6 times a week	3	0.9	6	1.7	13	4.0	15	4.2	0	0	37	2.6
	Once a day	5	1.4	16	4.5	11	3.3	22	6.2	0	0	54	3.8
	2 to 3 times a day	0	0	0	0	0	0	1	0.3	0	0	1	0.1

Frequency of beverage intakes  
Japanese distilled alcoholic beverages (Shochu)

		40 - 49yr		50 - 59yr		60 - 69yr		70 - 79yr		80yr -		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Male	Never	117	63.9	124	64.2	110	70.5	137	78.3	6	85.7	494	69.2
	Once a month	20	10.9	9	4.7	7	4.5	4	2.3	0	0	40	5.6
	2 to 3 times a mo.	9	4.9	12	6.2	7	4.5	2	1.1	0	0	30	4.2
	Once a week	8	4.4	11	5.7	3	1.9	10	5.7	0	0	32	4.5
	2 to 3 times a week	18	9.8	11	5.7	8	5.1	8	4.6	0	0	45	6.3
	4 to 6 times a week	4	2.2	11	5.7	9	5.8	4	2.3	0	0	28	3.9
	Once a day	7	3.8	15	7.8	12	7.7	10	5.7	1	14.3	45	6.3
Female	Never	135	81.8	149	90.3	155	89.6	165	92.7	10	90.9	614	88.7
	Once a month	12	7.3	5	3.0	4	2.3	4	2.2	0	0	25	3.6
	2 to 3 times a mo.	9	5.5	3	1.8	4	2.3	3	1.7	0	0	19	2.7
	Once a week	3	1.8	4	2.4	2	1.2	3	1.7	1	9.1	13	1.9
	2 to 3 times a week	2	1.2	3	1.8	4	2.3	1	0.6	0	0	10	1.4
	4 to 6 times a week	2	1.2	1	0.6	1	0.6	0	0	0	0	4	0.6
	Once a day	2	1.2	0	0	3	1.7	2	1.1	0	0	7	1.0
Total	Never	252	72.4	273	76.3	265	80.5	302	85.6	16	88.9	1108	78.8
	Once a month	32	9.2	14	3.9	11	3.3	8	2.3	0	0	65	4.6
	2 to 3 times a mo.	18	5.2	15	4.2	11	3.3	5	1.4	0	0	49	3.5
	Once a week	11	3.2	15	4.2	5	1.5	13	3.7	1	5.6	45	3.2
	2 to 3 times a week	20	5.7	14	3.9	12	3.6	9	2.5	0	0	55	3.9
	4 to 6 times a week	6	1.7	12	3.4	10	3.0	4	1.1	0	0	32	2.3
	Once a day	9	2.6	15	4.2	15	4.6	12	3.4	1	5.6	52	3.7

Frequency of beverage intakes  
Regular or draft beer

		40 - 49yr		50 - 59yr		60 - 69yr		70 - 79yr		80yr -		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Male	Never	58	31.7	48	24.9	65	41.7	94	53.7	5	71.4	270	37.8
	Once a month	27	14.8	21	10.9	14	9.0	21	12.0	1	14.3	84	11.8
	2 to 3 times a mo.	13	7.1	24	12.4	15	9.6	14	8.0	0	0	66	9.2
	Once a week	23	12.6	22	11.4	20	12.8	16	9.1	0	0	81	11.3
	2 to 3 times a week	33	18.0	39	20.2	17	10.9	14	8.0	0	0	103	14.4
	4 to 6 times a week	10	5.5	12	6.2	10	6.4	7	4.0	0	0	39	5.5
	Once a day	19	10.4	27	14.0	15	9.6	8	4.6	1	14.3	70	9.8
	2 to 3 times a day	0	0	0	0	0	0	1	0.6	0	0	1	0.1
Female	Never	101	61.2	116	70.3	130	75.1	145	81.5	10	90.9	502	72.5
	Once a month	17	10.3	14	8.5	12	6.9	9	5.1	1	9.1	53	7.7
	2 to 3 times a mo.	16	9.7	8	4.8	11	6.4	4	2.2	0	0	39	5.6
	Once a week	12	7.3	13	7.9	7	4.0	6	3.4	0	0	38	5.5
	2 to 3 times a week	13	7.9	11	6.7	8	4.6	7	3.9	0	0	39	5.6
	4 to 6 times a week	3	1.8	0	0	3	1.7	2	1.1	0	0	8	1.2
	Once a day	3	1.8	3	1.8	2	1.2	5	2.8	0	0	13	1.9
	2 to 3 times a day	0	0	0	0	0	0	0	0	0	0	0	0
Total	Never	159	45.7	164	45.8	195	59.3	239	67.7	15	83.3	772	54.9
	Once a month	44	12.6	35	9.8	26	7.9	30	8.5	2	11.1	137	9.7
	2 to 3 times a mo.	29	8.3	32	8.9	26	7.9	18	5.1	0	0	105	7.5
	Once a week	35	10.1	35	9.8	27	8.2	22	6.2	0	0	119	8.5
	2 to 3 times a week	46	13.2	50	14.0	25	7.6	21	5.9	0	0	142	10.1
	4 to 6 times a week	13	3.7	12	3.4	13	4.0	9	2.5	0	0	47	3.3
	Once a day	22	6.3	30	8.4	17	5.2	13	3.7	1	5.6	83	5.9
	2 to 3 times a day	0	0	0	0	0	0	1	0.3	0	0	1	0.1

Frequency of beverage intakes  
Light beer

		40 - 49yr		50 - 59yr		60 - 69yr		70 - 79yr		80yr -		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Male	Never	103	56.3	119	61.7	112	71.8	145	82.9	7	100.0	486	68.1
	Once a month	7	3.8	12	6.2	4	2.6	6	3.4	0	0	29	4.1
	2 to 3 times a mo.	9	4.9	5	2.6	6	3.8	5	2.9	0	0	25	3.5
	Once a week	9	4.9	7	3.6	12	7.7	4	2.3	0	0	32	4.5
	2 to 3 times a week	24	13.1	25	13.0	12	7.7	3	1.7	0	0	64	9.0
	4 to 6 times a week	12	6.6	9	4.7	1	0.6	3	1.7	0	0	25	3.5
	Once a day	19	10.4	16	8.3	9	5.8	8	4.6	0	0	52	7.3
	2 to 3 times a day	0	0	0	0	0	0	1	0.6	0	0	1	0.1
Female	Never	124	75.2	142	86.1	158	91.3	167	93.8	10	90.9	601	86.8
	Once a month	4	2.4	4	2.4	3	1.7	0	0	1	9.1	12	1.7
	2 to 3 times a mo.	5	3.0	4	2.4	2	1.2	3	1.7	0	0	14	2.0
	Once a week	11	6.7	2	1.2	4	2.3	2	1.1	0	0	19	2.7
	2 to 3 times a week	9	5.5	6	3.6	4	2.3	2	1.1	0	0	21	3.0
	4 to 6 times a week	5	3.0	6	3.6	0	0	3	1.7	0	0	14	2.0
	Once a day	7	4.2	1	0.6	2	1.2	1	0.6	0	0	11	1.6
	2 to 3 times a day	0	0	0	0	0	0	0	0	0	0	0	0
Total	Never	227	65.2	261	72.9	270	82.1	312	88.4	17	94.4	1087	77.3
	Once a month	11	3.2	16	4.5	7	2.1	6	1.7	1	5.6	41	2.9
	2 to 3 times a mo.	14	4.0	9	2.5	8	2.4	8	2.3	0	0	39	2.8
	Once a week	20	5.7	9	2.5	16	4.9	6	1.7	0	0	51	3.6
	2 to 3 times a week	33	9.5	31	8.7	16	4.9	5	1.4	0	0	85	6.0
	4 to 6 times a week	17	4.9	15	4.2	1	0.3	6	1.7	0	0	39	2.8
	Once a day	26	7.5	17	4.7	11	3.3	9	2.5	0	0	63	4.5
	2 to 3 times a day	0	0	0	0	0	0	1	0.3	0	0	1	0.1

Frequency of beverage intakes  
Wine

		40 - 49yr		50 - 59yr		60 - 69yr		70 - 79yr		80yr -		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Male	Never	146	79.8	138	71.5	132	84.6	147	84.0	7	100.0	570	79.8
	Once a month	18	9.8	28	14.5	15	9.6	10	5.7	0	0	71	9.9
	2 to 3 times a mo.	12	6.6	13	6.7	6	3.8	11	6.3	0	0	42	5.9
	Once a week	4	2.2	7	3.6	2	1.3	2	1.1	0	0	15	2.1
	2 to 3 times a week	1	0.5	5	2.6	1	0.6	4	2.3	0	0	11	1.5
	4 to 6 times a week	2	1.1	1	0.5	0	0	0	0	0	0	3	0.4
	Once a day	0	0	1	0.5	0	0	0	0	0	0	1	0.1
	4 or more times	0	0	0	0	0	0	1	0.6	0	0	1	0.1
Female	Never	131	79.4	139	84.2	149	86.1	159	89.3	11	100.0	589	85.1
	Once a month	18	10.9	10	6.1	18	10.4	5	2.8	0	0	51	7.4
	2 to 3 times a mo.	5	3.0	7	4.2	1	0.6	1	0.6	0	0	14	2.0
	Once a week	6	3.6	4	2.4	2	1.2	4	2.2	0	0	16	2.3
	2 to 3 times a week	2	1.2	1	0.6	2	1.2	3	1.7	0	0	8	1.2
	4 to 6 times a week	1	0.6	1	0.6	0	0	2	1.1	0	0	4	0.6
	Once a day	2	1.2	3	1.8	1	0.6	4	2.2	0	0	10	1.4
	4 or more times	0	0	0	0	0	0	0	0	0	0	0	0
Total	Never	277	79.6	277	77.4	281	85.4	306	86.7	18	100.0	1159	82.4
	Once a month	36	10.3	38	10.6	33	10.0	15	4.2	0	0	122	8.7
	2 to 3 times a mo.	17	4.9	20	5.6	7	2.1	12	3.4	0	0	56	4.0
	Once a week	10	2.9	11	3.1	4	1.2	6	1.7	0	0	31	2.2
	2 to 3 times a week	3	0.9	6	1.7	3	0.9	7	2.0	0	0	19	1.4
	4 to 6 times a week	3	0.9	2	0.6	0	0	2	0.6	0	0	7	0.5
	Once a day	2	0.6	4	1.1	1	0.3	4	1.1	0	0	11	0.8
	4 or more times	0	0	0	0	0	0	1	0.3	0	0	1	0.1

Frequency of beverage intakes  
 Hard liquor (such as whisky, brandy, gin, vodka, rum, cocktails, etc.)

		40 - 49yr		50 - 59yr		60 - 69yr		70 - 79yr		80yr -		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Male	Never	137	74.9	141	73.1	117	75.0	141	80.6	7	100.0	543	76.1
	Once a month	18	9.8	24	12.4	14	9.0	9	5.1	0	0	65	9.1
	2 to 3 times a mo.	7	3.8	8	4.1	5	3.2	6	3.4	0	0	26	3.6
	Once a week	6	3.3	7	3.6	9	5.8	2	1.1	0	0	24	3.4
	2 to 3 times a week	7	3.8	6	3.1	3	1.9	3	1.7	0	0	19	2.7
	4 to 6 times a week	3	1.6	3	1.6	3	1.9	5	2.9	0	0	14	2.0
	Once a day	5	2.7	4	2.1	5	3.2	8	4.6	0	0	22	3.1
	2 to 3 times a day	0	0	0	0	0	0	1	0.6	0	0	1	0.1
Female	Never	157	95.2	159	96.4	167	96.5	178	100.0	11	100.0	672	97.1
	Once a month	3	1.8	4	2.4	4	2.3	0	0	0	0	11	1.6
	2 to 3 times a mo.	3	1.8	0	0	0	0	0	0	0	0	3	0.4
	Once a week	0	0	0	0	0	0	0	0	0	0	0	0
	2 to 3 times a week	0	0	2	1.2	0	0	0	0	0	0	2	0.3
	4 to 6 times a week	0	0	0	0	1	0.6	0	0	0	0	1	0.1
	Once a day	2	1.2	0	0	1	0.6	0	0	0	0	3	0.4
	2 to 3 times a day	0	0	0	0	0	0	0	0	0	0	0	0
Total	Never	294	84.5	300	83.8	284	86.3	319	90.4	18	100.0	1215	86.4
	Once a month	21	6.0	28	7.8	18	5.5	9	2.5	0	0	76	5.4
	2 to 3 times a mo.	10	2.9	8	2.2	5	1.5	6	1.7	0	0	29	2.1
	Once a week	6	1.7	7	2.0	9	2.7	2	0.6	0	0	24	1.7
	2 to 3 times a week	7	2.0	8	2.2	3	0.9	3	0.8	0	0	21	1.5
	4 to 6 times a week	3	0.9	3	0.8	4	1.2	5	1.4	0	0	15	1.1
	Once a day	7	2.0	4	1.1	6	1.8	8	2.3	0	0	25	1.8
	2 to 3 times a day	0	0	0	0	0	0	1	0.3	0	0	1	0.1

Frequency of beverage intakes  
Regular coffee

		40 - 49yr		50 - 59yr		60 - 69yr		70 - 79yr		80yr -		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Male	Never	10	5.5	14	7.3	17	10.9	29	16.6	2	28.6	72	10.1
	Once a month	1	0.5	1	0.5	5	3.2	7	4.0	0	0	14	2.0
	2 to 3 times a mo.	1	0.5	3	1.6	5	3.2	13	7.4	0	0	22	3.1
	Once a week	5	2.7	1	0.5	9	5.8	7	4.0	1	14.3	23	3.2
	2 to 3 times a week	8	4.4	10	5.2	11	7.1	13	7.4	0	0	42	5.9
	4 to 6 times a week	6	3.3	9	4.7	9	5.8	4	2.3	1	14.3	29	4.1
	Once a day	26	14.2	44	22.8	42	26.9	56	32.0	2	28.6	170	23.8
	2 to 3 times a day	82	44.8	80	41.5	42	26.9	40	22.9	1	14.3	245	34.3
4 or more times	44	24.0	31	16.1	16	10.3	6	3.4	0	0	97	13.6	
Female	Never	9	5.5	8	4.8	21	12.1	40	22.5	1	9.1	79	11.4
	Once a month	3	1.8	4	2.4	8	4.6	10	5.6	1	9.1	26	3.8
	2 to 3 times a mo.	4	2.4	6	3.6	13	7.5	17	9.6	2	18.2	42	6.1
	Once a week	5	3.0	8	4.8	8	4.6	17	9.6	0	0	38	5.5
	2 to 3 times a week	9	5.5	18	10.9	25	14.5	20	11.2	3	27.3	75	10.8
	4 to 6 times a week	8	4.8	5	3.0	6	3.5	4	2.2	0	0	23	3.3
	Once a day	26	15.8	47	28.5	46	26.6	45	25.3	3	27.3	167	24.1
	2 to 3 times a day	78	47.3	58	35.2	41	23.7	23	12.9	1	9.1	201	29.0
4 or more times	23	13.9	11	6.7	5	2.9	2	1.1	0	0	41	5.9	
Total	Never	19	5.5	22	6.1	38	11.6	69	19.5	3	16.7	151	10.7
	Once a month	4	1.1	5	1.4	13	4.0	17	4.8	1	5.6	40	2.8
	2 to 3 times a mo.	5	1.4	9	2.5	18	5.5	30	8.5	2	11.1	64	4.6
	Once a week	10	2.9	9	2.5	17	5.2	24	6.8	1	5.6	61	4.3
	2 to 3 times a week	17	4.9	28	7.8	36	10.9	33	9.3	3	16.7	117	8.3
	4 to 6 times a week	14	4.0	14	3.9	15	4.6	8	2.3	1	5.6	52	3.7
	Once a day	52	14.9	91	25.4	88	26.7	101	28.6	5	27.8	337	24.0

(CONTINUED)

Frequency of beverage intakes  
Regular coffee

		40 - 49yr		50 - 59yr		60 - 69yr		70 - 79yr		80yr -		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Total	2 to 3 times a day	160	46.0	138	38.5	83	25.2	63	17.8	2	11.1	446	31.7
	4 or more times	67	19.3	42	11.7	21	6.4	8	2.3	0	0	138	9.8

Frequency of beverage intakes  
Decaffeinated coffee

		40 - 49yr		50 - 59yr		60 - 69yr		70 - 79yr		80yr -		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Male	Never	182	99.5	193	100.0	155	99.4	175	100.0	7	100.0	712	99.7
	Once a month	0	0	0	0	0	0	0	0	0	0	0	0
	2 to 3 times a mo.	1	0.5	0	0	0	0	0	0	0	0	1	0.1
	2 to 3 times a week	0	0	0	0	1	0.6	0	0	0	0	1	0.1
	Once a day	0	0	0	0	0	0	0	0	0	0	0	0
Female	Never	164	99.4	164	99.4	173	100.0	176	98.9	10	90.9	687	99.3
	Once a month	0	0	1	0.6	0	0	1	0.6	1	9.1	3	0.4
	2 to 3 times a mo.	0	0	0	0	0	0	1	0.6	0	0	1	0.1
	2 to 3 times a week	0	0	0	0	0	0	0	0	0	0	0	0
	Once a day	1	0.6	0	0	0	0	0	0	0	0	1	0.1
Total	Never	346	99.4	357	99.7	328	99.7	351	99.4	17	94.4	1399	99.5
	Once a month	0	0	1	0.3	0	0	1	0.3	1	5.6	3	0.2
	2 to 3 times a mo.	1	0.3	0	0	0	0	1	0.3	0	0	2	0.1
	2 to 3 times a week	0	0	0	0	1	0.3	0	0	0	0	1	0.1
	Once a day	1	0.3	0	0	0	0	0	0	0	0	1	0.1



Frequency of beverage intakes  
Black tea

		40 - 49yr		50 - 59yr		60 - 69yr		70 - 79yr		80yr -		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Male	not recorded	0	0	0	0	1	0.6	0	0	0	0	1	0.1
	Never	117	63.9	140	72.5	100	64.1	134	76.6	2	28.6	493	69.0
	Once a month	11	6.0	19	9.8	12	7.7	5	2.9	1	14.3	48	6.7
	2 to 3 times a mo.	16	8.7	10	5.2	14	9.0	9	5.1	0	0	49	6.9
	Once a week	16	8.7	5	2.6	8	5.1	11	6.3	4	57.1	44	6.2
	2 to 3 times a week	5	2.7	4	2.1	13	8.3	6	3.4	0	0	28	3.9
	4 to 6 times a week	3	1.6	3	1.6	1	0.6	2	1.1	0	0	9	1.3
	Once a day	13	7.1	8	4.1	6	3.8	7	4.0	0	0	34	4.8
	2 to 3 times a day	2	1.1	4	2.1	0	0	1	0.6	0	0	7	1.0
4 or more times	0	0	0	0	1	0.6	0	0	0	0	1	0.1	
Female	not recorded	0	0	0	0	0	0	0	0	0	0	0	0
	Never	75	45.5	76	46.1	82	47.4	91	51.1	5	45.5	329	47.5
	Once a month	20	12.1	22	13.3	20	11.6	22	12.4	2	18.2	86	12.4
	2 to 3 times a mo.	16	9.7	14	8.5	23	13.3	17	9.6	0	0	70	10.1
	Once a week	13	7.9	24	14.5	12	6.9	15	8.4	0	0	64	9.2
	2 to 3 times a week	19	11.5	13	7.9	20	11.6	16	9.0	3	27.3	71	10.3
	4 to 6 times a week	5	3.0	1	0.6	2	1.2	3	1.7	0	0	11	1.6
	Once a day	14	8.5	14	8.5	7	4.0	12	6.7	1	9.1	48	6.9
	2 to 3 times a day	2	1.2	1	0.6	7	4.0	2	1.1	0	0	12	1.7
4 or more times	1	0.6	0	0	0	0	0	0	0	0	1	0.1	
Total	not recorded	0	0	0	0	1	0.3	0	0	0	0	1	0.1
	Never	192	55.2	216	60.3	182	55.3	225	63.7	7	38.9	822	58.5
	Once a month	31	8.9	41	11.5	32	9.7	27	7.6	3	16.7	134	9.5
	2 to 3 times a mo.	32	9.2	24	6.7	37	11.2	26	7.4	0	0	119	8.5
	Once a week	29	8.3	29	8.1	20	6.1	26	7.4	4	22.2	108	7.7
	2 to 3 times a week	24	6.9	17	4.7	33	10.0	22	6.2	3	16.7	99	7.0
	4 to 6 times a week	8	2.3	4	1.1	3	0.9	5	1.4	0	0	20	1.4
	Once a day	27	7.8	22	6.1	13	4.0	19	5.4	1	5.6	82	5.8
	2 to 3 times a day	4	1.1	5	1.4	7	2.1	3	0.8	0	0	19	1.4
4 or more times	1	0.3	0	0	1	0.3	0	0	0	0	2	0.1	

Frequency of beverage intakes  
Green tea

		40 - 49yr		50 - 59yr		60 - 69yr		70 - 79yr		80yr -		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Male	Never	12	6.6	11	5.7	12	7.7	15	8.6	1	14.3	51	7.1
	Once a month	1	0.5	2	1.0	1	0.6	1	0.6	0	0	5	0.7
	2 to 3 times a mo.	4	2.2	1	0.5	3	1.9	0	0	0	0	8	1.1
	Once a week	2	1.1	6	3.1	1	0.6	1	0.6	0	0	10	1.4
	2 to 3 times a week	7	3.8	3	1.6	5	3.2	4	2.3	0	0	19	2.7
	4 to 6 times a week	10	5.5	2	1.0	4	2.6	1	0.6	0	0	17	2.4
	Once a day	32	17.5	37	19.2	17	10.9	8	4.6	0	0	94	13.2
	2 to 3 times a day	77	42.1	77	39.9	52	33.3	59	33.7	4	57.1	269	37.7
	4 or more times	38	20.8	54	28.0	61	39.1	86	49.1	2	28.6	241	33.8
Female	Never	14	8.5	8	4.8	3	1.7	7	3.9	0	0	32	4.6
	Once a month	3	1.8	0	0	1	0.6	2	1.1	0	0	6	0.9
	2 to 3 times a mo.	3	1.8	0	0	2	1.2	2	1.1	0	0	7	1.0
	Once a week	10	6.1	1	0.6	5	2.9	2	1.1	0	0	18	2.6
	2 to 3 times a week	13	7.9	3	1.8	5	2.9	2	1.1	1	9.1	24	3.5
	4 to 6 times a week	9	5.5	7	4.2	1	0.6	5	2.8	0	0	22	3.2
	Once a day	26	15.8	13	7.9	19	11.0	11	6.2	1	9.1	70	10.1
	2 to 3 times a day	59	35.8	68	41.2	64	37.0	56	31.5	3	27.3	250	36.1
	4 or more times	28	17.0	65	39.4	73	42.2	91	51.1	6	54.5	263	38.0
Total	Never	26	7.5	19	5.3	15	4.6	22	6.2	1	5.6	83	5.9
	Once a month	4	1.1	2	0.6	2	0.6	3	0.8	0	0	11	0.8
	2 to 3 times a mo.	7	2.0	1	0.3	5	1.5	2	0.6	0	0	15	1.1
	Once a week	12	3.4	7	2.0	6	1.8	3	0.8	0	0	28	2.0
	2 to 3 times a week	20	5.7	6	1.7	10	3.0	6	1.7	1	5.6	43	3.1
	4 to 6 times a week	19	5.5	9	2.5	5	1.5	6	1.7	0	0	39	2.8
	Once a day	58	16.7	50	14.0	36	10.9	19	5.4	1	5.6	164	11.7
	2 to 3 times a day	136	39.1	145	40.5	116	35.3	115	32.6	7	38.9	519	36.9
	4 or more times	66	19.0	119	33.2	134	40.7	177	50.1	8	44.4	504	35.8

Frequency of beverage intakes  
Oolong tea

		40 - 49yr		50 - 59yr		60 - 69yr		70 - 79yr		80yr -		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Male	Never	20	10.9	37	19.2	36	23.1	89	50.9	3	42.9	185	25.9
	Once a month	5	2.7	6	3.1	5	3.2	5	2.9	0	0	21	2.9
	2 to 3 times a mo.	3	1.6	4	2.1	3	1.9	8	4.6	1	14.3	19	2.7
	Once a week	8	4.4	13	6.7	4	2.6	9	5.1	0	0	34	4.8
	2 to 3 times a week	21	11.5	19	9.8	19	12.2	6	3.4	1	14.3	66	9.2
	4 to 6 times a week	27	14.8	26	13.5	13	8.3	13	7.4	0	0	79	11.1
	Once a day	40	21.9	36	18.7	40	25.6	23	13.1	0	0	139	19.5
	2 to 3 times a day	49	26.8	42	21.8	29	18.6	12	6.9	1	14.3	133	18.6
	4 or more times	10	5.5	10	5.2	7	4.5	10	5.7	1	14.3	38	5.3
Female	Never	14	8.5	28	17.0	34	19.7	42	23.6	4	36.4	122	17.6
	Once a month	7	4.2	5	3.0	5	2.9	4	2.2	0	0	21	3.0
	2 to 3 times a mo.	2	1.2	4	2.4	5	2.9	6	3.4	0	0	17	2.5
	Once a week	5	3.0	11	6.7	9	5.2	2	1.1	0	0	27	3.9
	2 to 3 times a week	14	8.5	13	7.9	15	8.7	12	6.7	0	0	54	7.8
	4 to 6 times a week	15	9.1	25	15.2	23	13.3	17	9.6	2	18.2	82	11.8
	Once a day	42	25.5	42	25.5	34	19.7	49	27.5	1	9.1	168	24.3
	2 to 3 times a day	43	26.1	25	15.2	28	16.2	31	17.4	4	36.4	131	18.9
	4 or more times	23	13.9	12	7.3	20	11.6	15	8.4	0	0	70	10.1
Total	Never	34	9.8	65	18.2	70	21.3	131	37.1	7	38.9	307	21.8
	Once a month	12	3.4	11	3.1	10	3.0	9	2.5	0	0	42	3.0
	2 to 3 times a mo.	5	1.4	8	2.2	8	2.4	14	4.0	1	5.6	36	2.6
	Once a week	13	3.7	24	6.7	13	4.0	11	3.1	0	0	61	4.3
	2 to 3 times a week	35	10.1	32	8.9	34	10.3	18	5.1	1	5.6	120	8.5
	4 to 6 times a week	42	12.1	51	14.2	36	10.9	30	8.5	2	11.1	161	11.5
	Once a day	82	23.6	78	21.8	74	22.5	72	20.4	1	5.6	307	21.8
	2 to 3 times a day	92	26.4	67	18.7	57	17.3	43	12.2	5	27.8	264	18.8
	4 or more times	33	9.5	22	6.1	27	8.2	25	7.1	1	5.6	108	7.7

Frequency of beverage intakes  
Carbonated beverages (such as cola, soda, etc.)

		40 - 49yr		50 - 59yr		60 - 69yr		70 - 79yr		80yr -		Total	
		N	%	N	%	N	%	N	%	N	%	N	%
Male	Never	92	50.3	132	68.4	122	78.2	138	78.9	4	57.1	488	68.3
	Once a month	41	22.4	25	13.0	10	6.4	13	7.4	0	0	89	12.5
	2 to 3 times a mo.	21	11.5	11	5.7	9	5.8	8	4.6	0	0	49	6.9
	Once a week	15	8.2	12	6.2	5	3.2	8	4.6	1	14.3	41	5.7
	2 to 3 times a week	6	3.3	9	4.7	8	5.1	7	4.0	1	14.3	31	4.3
	4 to 6 times a week	4	2.2	3	1.6	1	0.6	1	0.6	0	0	9	1.3
	Once a day	4	2.2	1	0.5	1	0.6	0	0	1	14.3	7	1.0
	2 to 3 times a day	0	0	0	0	0	0	0	0	0	0	0	0
Female	Never	112	67.9	133	80.6	150	86.7	151	84.8	10	90.9	556	80.3
	Once a month	16	9.7	12	7.3	7	4.0	11	6.2	0	0	46	6.6
	2 to 3 times a mo.	15	9.1	10	6.1	11	6.4	4	2.2	0	0	40	5.8
	Once a week	12	7.3	8	4.8	3	1.7	7	3.9	0	0	30	4.3
	2 to 3 times a week	4	2.4	2	1.2	2	1.2	3	1.7	0	0	11	1.6
	4 to 6 times a week	1	0.6	0	0	0	0	1	0.6	1	9.1	3	0.4
	Once a day	4	2.4	0	0	0	0	1	0.6	0	0	5	0.7
	2 to 3 times a day	1	0.6	0	0	0	0	0	0	0	0	1	0.1
Total	Never	204	58.6	265	74.0	272	82.7	289	81.9	14	77.8	1044	74.3
	Once a month	57	16.4	37	10.3	17	5.2	24	6.8	0	0	135	9.6
	2 to 3 times a mo.	36	10.3	21	5.9	20	6.1	12	3.4	0	0	89	6.3
	Once a week	27	7.8	20	5.6	8	2.4	15	4.2	1	5.6	71	5.0
	2 to 3 times a week	10	2.9	11	3.1	10	3.0	10	2.8	1	5.6	42	3.0
	4 to 6 times a week	5	1.4	3	0.8	1	0.3	2	0.6	1	5.6	12	0.9
	Once a day	8	2.3	1	0.3	1	0.3	1	0.3	1	5.6	12	0.9
	2 to 3 times a day	1	0.3	0	0	0	0	0	0	0	0	1	0.1