

## Management of multiple trauma on scene

### Part 2 : The evidences

## Why aggressive management on scene is important ?

Any evidence of a positive effect ?

## Prehospital care : Is it possible to observe a difference in survival ?

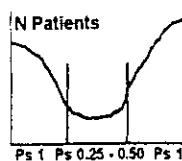
### Number of trauma patients to include in a trial ( $\alpha = 0.05$ , $\beta = 0.10$ ) using global or individual percentage of survival

Riou , Carli et Al Anesthesiology 2001

Trauma population	Control	Expected survival improvement			
		+ 10 %	+ 20 %	+ 30 %	+ 50 %
Global % of survivors	75	77.5	80.0	82.5	87.5
Cohort needed		12018	2848	1192	374
Individual % of survivors	75	76.5	76.0	78.0	79.0
Cohort needed		312400	63202	6730	3080

### Increase of number of patients related to distribution

Improvement of survival by 20 %  
Multiplication factor



Riou , Carli et Al Anesthesiology 2001

### Consequences of the bimodal distribution on mortality based study

- Very large multicenter study
- Subgroup of patients with low, intermediate, high Ps.
- Composite endpoint : Mortality, + sepsis, renal failure, SDRA

**Mutiple trauma patients  
SAMU de Paris and CHU Pitie**

Riou, Carli et Al. ESA 1999

- 350 blunt multiple trauma patients  $36 \pm 16$  years
- ISS  $28 \pm 16$  RTS  $6.2 \pm 2.3$ 

Head	70 %
Thorax	69 %
Abdomen	37 %
Pelvis	48 %
Limbs	62 %

**Evaluation of the population :  
Improvement of survival ?**

Riou, Carli et col. ESA 1999

$$\text{TRISS} = 0.750 \pm 0.341$$

277 (79 %) survivors as compared

TO 262 (75 %) predicted

$$W = \pm 5.1 \% (Z = 12.2 p < 0.001)$$

$$M = 0.65 (Z_s = 0.15 \text{ NS})$$

**Ventilation  
and airway control**

Is endotracheal intubation necessary ?

**Prehospital endotracheal intubation  
and chest decompression  
US versus German system**

SCHMIDT et Al. J. TRAUMA 33, 548, 1995

166 U.S.: Paramedics  
221 GERMAN: Physicians

Improvement of early survival  
by TRISS methodology

$$p < 0.001$$

ENDOTRACHEAL  
INTUBATION

THORAX  
DECOMPRESSION

**Success of endotracheal  
intubation by EMTs**

Study	Success rate 95 % CI		
	%	/year	/year
BRADLEY 1998 EMT	49	36.62	0.60
SAYRE 1998 EMT	51	42.61	

The need of an alternative for EMT

**Prehospital intubation by physicians  
in the French EMS system SAMU**

Author	Year	n Patients	% Difficult Intubation	Impossible
Orlagnet SAMU 75	1995	157	16	3
Cantineau SAMU 94	1997	224	4	0
Ricard SAMU 92	1997	147	5.4	0
Adnet Auticentric	1998	691	11	1

### Chest tube decompression of blunt chest injuries by physician in the field : effectiveness and complications

Schmidt et Al J Trauma 1998, 44, 98-101

- 624 chest trauma / 78 chest tubes
- 30 Tension PNT, 18 Hemothoraces
- 6 / 624 missed minor PNT
- 4 minor problems with the tube
- No misplacement or related injuries
- No infection

**Safe and effective  
when performed by trained physicians**

### Circulation and volume loading

- Is volume loading necessary ?
- What is the best fluid for volume loading ?

### Immediate Versus Delayed Fluid Resuscitation for Hypotensive Patients with Penetrating Torso Injuries

Bickell WH, Wall MJ, N Engl J Med 331, 1106, 1994

- 598 patients with thorax and neck trauma
- Prehospital SBP  $\leq$  90 mmHg
- Delayed F.R. survival 70 %       $p < 0.04$
- Immediate F.R. survival 62 %

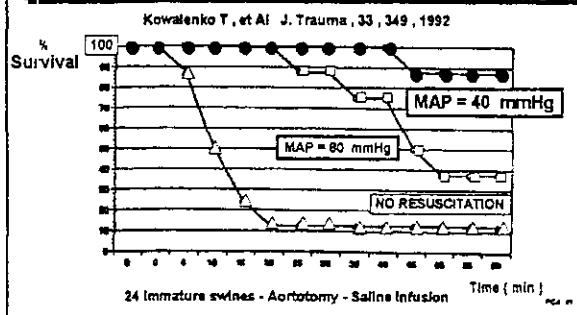
**Delay of aggressive fluid resuscitation improve outcomes**

### In Response: Immediate Versus Delayed Fluid Resuscitation ...

Carli , De la Coussaye et Al N Engl J Med 1996

- Hypotension or hypovolemia ?
- No difference in SBP with and without fluid  
Prehospital FR =  $870 \pm 667$  ml RL
- Compliance to the protocol
- Other ATLS procedures ?
- No analysis of the causes of death

### Improved Outcome with Hypotensive Resuscitation of Uncontrolled Hemorrhagic shock in a Swine Model



### Blood pressure target

- Multiple trauma with severe TBI:

SAP 120 mmHg

- Unique bleeding injury in a young patient:

SAP 90 mmHg

**"Permissive hypotension or hypovolemia "**

## Prehospital volume loading

- Crystalloids
- Artificial colloids
  - Gelatins, Hydroxyethylstarch
  - No difference on survival with crystalloids
  - Advantages for prehospital care : weight limitation
- Other :
  - Hypertonic saline ± colloid
  - Oxygen carrying fluids

## DCLHb in the treatment of severe traumatic hemorrhagic shock

- SLCAN EP et Al JAMA 17, 282, 1999
- 18 US major trauma centers
  - 112 patients with unstable vital signs
  - DCLHb (up to 1000 ml) or Saline
  - More complications in the DCLHb group  $p < 0.03$
  - Mortality at 28 days
    - DCLHb 46 %
    - Saline 17 %  $p < 0.003$

European prehospital study stopped

## Hypertonic saline dextran in patients with traumatic brain injury and hypotension

WADE CE J Trauma, 42, 861, 1997

- Metaanalysis of 6 studies 223 patients
- AIS head injury  $\geq 4$  SBP  $< 90$  mmHg
- Stratified analysis, logistic regression
- Survival
  - HSD 37.9 %
  - STD care 26.9 %  $p = 0.08$
- Odds ratio survival until discharge 2.1  $p=0.048$
- TBI treated by HSD are about twice likely to survive

## Effect of hydroxyethylstarch in brain dead kidney donors on renal function in kidney-transplant recipients

Cittanova ML et Al Lancet 348, 1620-1622, 1996  
Randomized brain death donors, volume loading by HES or Gelatins

16 HES donors providing 27 recipients  
12 Gelatins donors providing 20 recipients

Hemodialysis at one week  
HES 9 / 27 GEL 1 / 20  $p < 0.05$

Creatinin ( $\mu\text{mol/l}$ ) at 10 days  
HES 312  $\pm$  259 GEL 145  $\pm$  70

Limitation of (prehospital) HES use in potential brain dead patients ?

## Post traumatic cardiac arrest Is resuscitation worth the price ?

- Very poor prognosis
- Survival in the USA  $< 0.5 \%$
- CPR and ALS are considered futile

## Post traumatic cardiac arrest

BOUILLOU ET COL Anaesthetist 1998

- 636 out of hospital cardiac arrest
- 224 ALS by physicians
- 30 % admitted alive
- 2 % survival at one year

### **Post traumatic cardiac arrest**

Barriot, Riou et Al, Med Ann 1988

**49 patients , age 32 ± 2 years**

**19 ROSC**

**12 discharge alive**

Survival is related to ALS interventions < 5 min :  
volume loading, thoracostomy, pericardiocentesis

### **Post traumatic cardiac arrest Is resuscitation worth the price ?**



### **Severe Head Trauma Patient**

**Limitation of secondary brain  
Injuries ?**

### **The role of secondary brain injury in determining outcome from severe head injury**

Chesnut R, Marshall L, et Al J. Trauma 34, 218-220, 1993

717 head trauma patients  
GCS < 8 from the Traumatic Coma Data Bank

- Prehospital hypotension is frequent : 34.6 %
- Hypotension is very detrimental, increases mortality by 160 %
- Hypotension and hypoxia increases separately mortality

Importance of prehospital care for comatose trauma patients :  
*" Resuscitation protocols for brain injured patients should assiduously avoid hypovolemic shock on a absolute basis."*

### **Aeromedical prehospital neurotrauma care and secondary systemic insults to the injured brain**

Carrel, Ravussin An Fr Anest Rean 1994

- 51 severe neurotrauma patients
- Possible insult defined as :  
SBPS 95 mmHg      PaO<sub>2</sub> ≤ 65 mmHg  
PaCO<sub>2</sub> ≥ 45 mmHg      Ht ≤ 30%
- Aggressive resuscitation on scene by anesthesiologists
- Low Glasgow Outcome Score (1 - 3) at 3 month  
No insult : 42 %   One or more : 72 %
- Efficient ATLS on scene improves prognosis

### **Fluid resuscitation of patients with multiple injuries and severe closed head injury ?**

York et al J Trauma 2000; 48 : 376-80

- Monocentric descriptive study , 34 polytrauma patients
- Traumatic brain injury GCS < 8 and ISS > 16
- Volume loading guided by  
PPC > 80 mmHg and hemodynamic monitoring
- 74 % of patients with good neurological outcome and no secondary insults
- 6 % mortality only

Fluid restriction is not necessary to achieve good outcome ..

## Advantages of prehospital sedation and anesthesia on scene ?

### Post - operative recall of surgery after trauma and shock

Patients with or without anesthesia

Bogetz et Al , Anesthesiology 1984

NO RECALL  
 RECALL

WITH WITHOUT

### Duration of hypovolemic shock and hemodynamic effect of anesthesia

CARLI AND ROZENBERG 1991

HYPOV CONTROL  
 ETOMIDATE

SYST  
B. P.  
mmHg



HYPVOLEMIC SWINE  
30% BLOOD LOSS n = 6

IMMEDIATELY  
AFTER HEMOR

AFTER HYPO  
2 HOURS

Effect of Etomidate on B. P.  
Immediately or 2 hours after hemorrhage

### Rapid sequence induction for intubation by aeromedical transport team

Fing et Al, Am J Emerg Med 1998, 16, 598

84 trauma patients ISS  $19 \pm 11$

Successful intubation 96 %

First attempt 87 %

Failure 4 %

RSI is safe and effective. Pulmonary complications are related to severity of trauma and not to intubation mishap

ASA II

### Time on scene

- Only one component of prehospital time
- Never been demonstrated as a prognostic index !

Spaite et Al Ann Emerg Med 32, 480, 1998

### Duration of prehospital VS in hospital management

MTOS  
UK

PREHOSPITAL INHOSPITAL

SAMU  
PARIS

Prehospital time is not wasted but invested

0 100 200 300 YATES, CARLI et AL JEUR, 2, 88, 1994

TIME MIN

## **Conclusion**

- All trauma patients cannot be managed in the same manner
- Importance of the training of the team members
- Major area for research

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Paris SAMU strategy  
for optimal pre-hospital emergency medical care  
for  
**Myocardial infarction (MI) in 2001**



P. Carli P.Sauval M.Martinez Almoyna C. Bertrand  
SAMU de France

**The aims of medical care  
during pre-hospital phase?**

- Diagnosis
- Treatment
- Strategy

**Different steps of pre-hospital  
Medical care**

- Calling the SAMU
- MICU intervention
- ICU patient orientation
- ICU direct taking over

**MICU equipment and drugs for MI**

- . Diagnosis :  
  EKG  
  Mini blood tests
- . Treatment :  
  thrombolytics  
  anti gp2b3a  
  aspirin  
  nitroglycerin  
  defibrillator  
  syrings  
  electric IV pumps  
  oxygen  
  etc
- . Monitoring :  
  EKG o2saturation

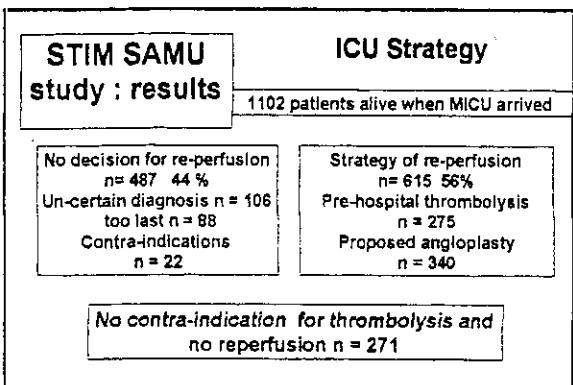
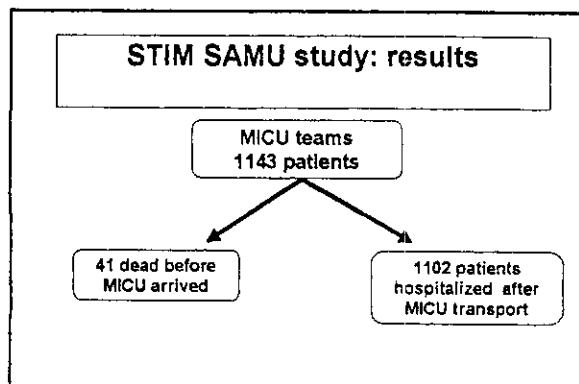
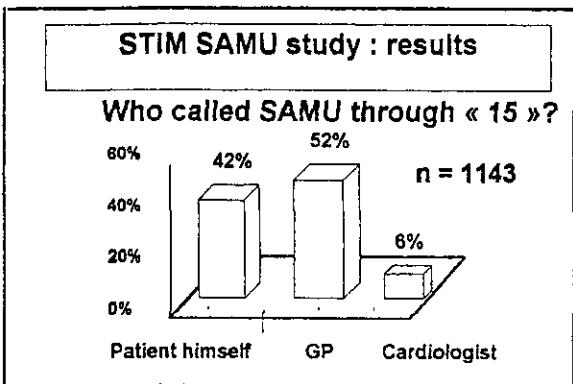
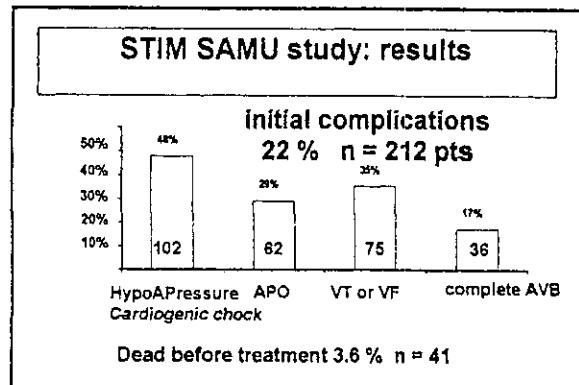
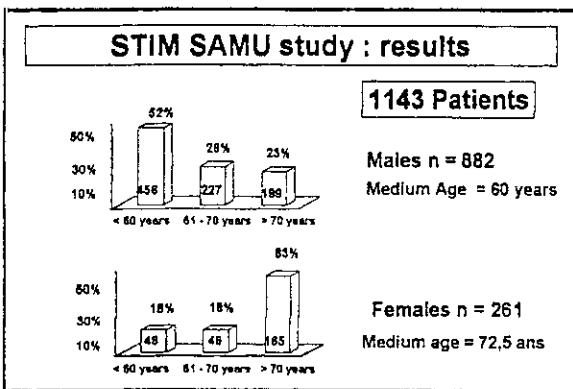


**assessment strategies**

- STIM study by SAMU in France
- ESTIM study for Ile de France (Paris region and Paris city)
- Specially targeted studies

**STIM SAMU 1997**

- prospective data collection through Minitel
- Objectives : implementation of a strategy for MI
- All IM treated by SAMU MICU
- from 15 / 9 to 15 / 12 / 1997
- participants : 108 / 350 SAMU MICU Bases and 88 Hospital ICU



**STIM SAMU : study results**

**re-perfusion strategy in function of age**

Males	Thrombolysis	Angioplasty proposed	Total
847	n = 234	n = 256	n = 490
< 60 years	31%	51%	82%
61 à 70 years	30%	40%	70%
> 70 years	17%	26%	42%

STIM SAMU : Résultats			
Strategy for re-perfusion in function of age			
Females	Thrombolysis	proposed angioplasty	Total
255	n = 41	n = 84	n = 125
< 60 years	21%	40%	60%
61 à 70 years	21%	43%	65%
> 70 years	13%	38%	51%

STIM SAMU study: results			
Medical intensive care by SAMU MICU mean delays			
Pain - SAMU call	84 min	0 - 1380	
SAMU call - MICU on site	15 min	0 - 330	
MICU on site - thrombolysis	40 min	1 - 146	
Pain - thrombolysis	135 min	45 - 810	
( 39% < 2h 95% < 6h)			
Pain - ICU for angioplasty	144 min	0 - 1440	

STIM SAMU study results			
Delays for aging patients			
. Delay pain-SAMU demand is later: 120 min vs 69 p < 0,001			
even more later for females patients: 125 min vs 76 p < 0,001			
. No difference for re-perfusion delay			
More SAMU delays of demands for females!			

STIM SAMU study : results			
Incidents during SAMU MICU out of hospital phase of treatment			
n= 185 patients	18%		
. Cardiac rhythm and conduction incidents / n = 125			
. PAO n = 38			
. thrombolysis due hemorrhages n = 11			
. death : n = 17 with 4 hemorrhages			

Discussion and conclusion of STIM SAMU study			
Re-perfusion			
. 25 % of MICU thrombolyses .			
. 13 % of objective contra indications			
. 31% of angioplasties propositions performed			
MICU préhospital thrombolysis is feasible, simple and saves time			
25 % of patients do not have yet any re-perfusion strategy decided in pre-hospital phase			

pre-hospital phase of MI studies			
re-perfusion by pre-hospital thrombolysis saves time			
EMIP : 55 minutes			
MITI : 33 minutes			
GREAT : 140 minutes			
CAPTIM : 60 minutes			
MI prehospital medical diagnosis is safe			
95 % reliability in CAPTIM study			

## CAPTIM study conclusions

- No difference between préhospital thrombolysis and angioplasty for MI treatment
- 33 % of patients thrombolysed undergo angioplasty in few hours
- The future is to be combination of drugs and coronary interventions

## ESTIM<sub>1</sub>

Évaluation de la Stratégie Thérapeutique de l'infarctus aigu du Myocarde

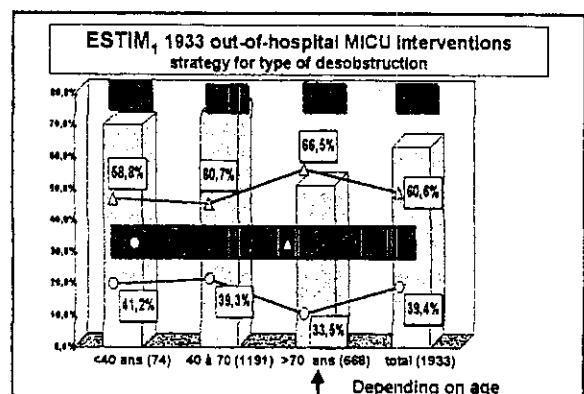
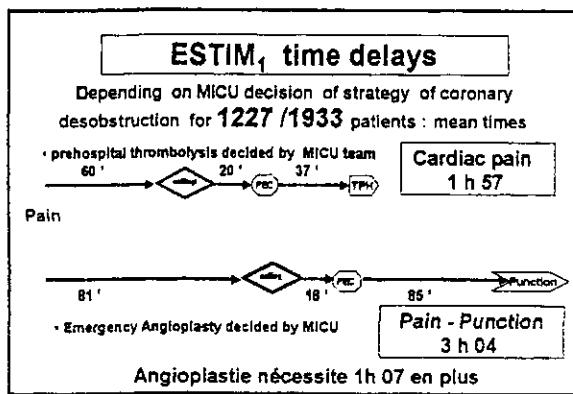
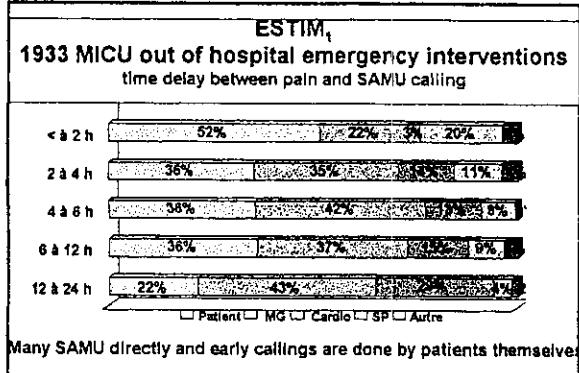
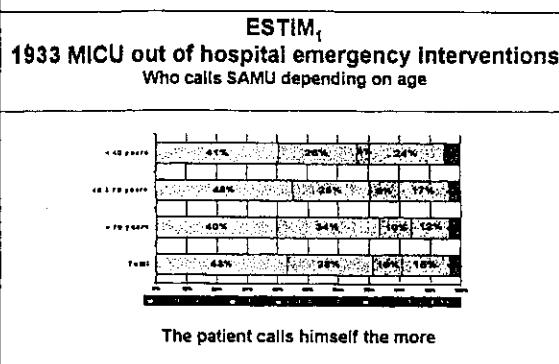
pre hospital critical care  
for myocardial infarction in  
Paris Region : Ile de France

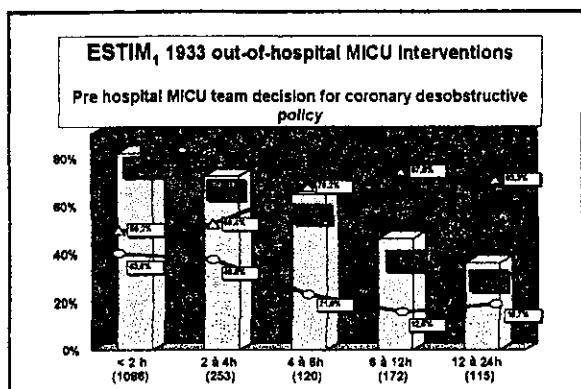
12 months résultats  
March 2000 - March 2001  
MI < 24h



Scientific Comity C Lapandry

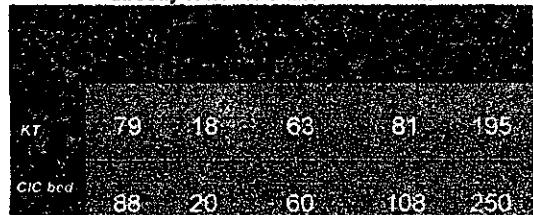
SAMU of IDF



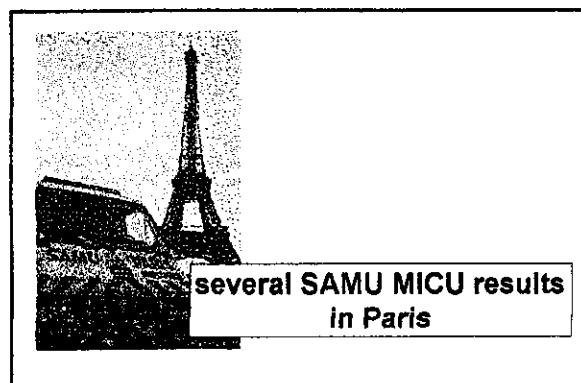


### Catheterisation decided by pre hospital MICU team

Delays depending on choice between an ICCU bed or directly towards catheterism room

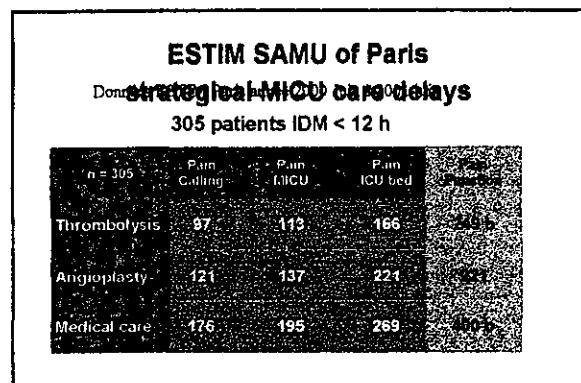
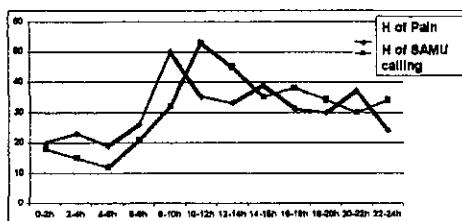


Avantages of direct access in coronary catheterisation room

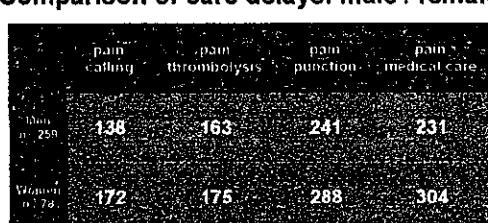


### ESTIM study : Hours in a day of callings to SAMU of Paris for MI

Données ESTIM Paris année 2000-Juin à 2001-juin



### ESTIM Comparison of care delays: male / female



mean age : men = 63 women = 65

**Time delays of critical care when GP or cardiologist « on the site » call for MICU in second intervention**

time	calling-MICU	Pain-Thrombolysis	Pain-Angioplasty	Pain medical care
206	33	274	313	268

GP for MI « on the site » EKG diagnosis ≈ 100 min lost

**strategy for MICU dispatch for MI at level of the calling « medical regulation for MI »**

- What thoracic pain needs MICU?
- Who needs to be directed to direct ICCU bed?

**Medical regulation for thoracic pains**

Viggiani et col SFAR 2000

study during 21 month

MICU interventions : n = 1906

= 1565 cardio-vascular diseases

Calling from :

G1 : laymen = 51 %

G2 : EMT = 30 %

G3 : GP = 19 %

**SAMU « medical regulation » for thoracic pains**

Study on pertinence of SAMU « medical regulation »

During : 21 month

1906 MICU Interventions with 1565 cardio-vascular pathologies

Justified MICU non justified MICU

G1 n (%)	718 (73)*	258 (27) †
G2 n (%)	386 (67)	192 (33) †
G3 n (%)	324 (87)*	48 (13) †

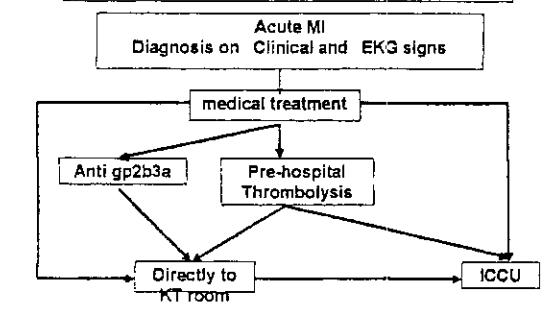
Why a direct admission in ICCU beds of MICU patients suffering was justified?

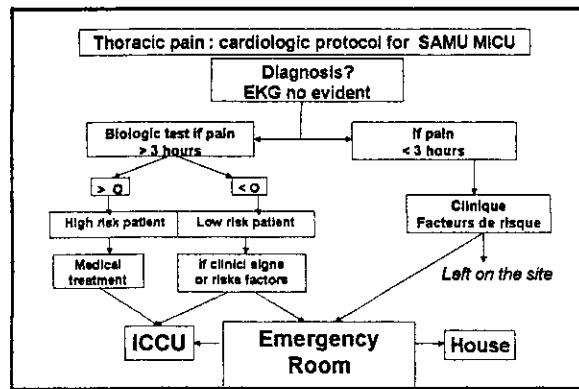
Telion et Col AFAR 2000

retrospective study for one year

coherent diagnosis process (%)	gravity of the case (%)	Cardiac critical care needed (%)	MICU cardiologic protocols (%)
ICCU admissions N = 175	159 (91%)	100 (57%)	47 (84%)

**Thoracic pain : cardiologic protocol for SAMU MICU**





## Conclusion

- Public Information : SAMU calling through the « 15 », MI and chest pains
- Coordination between different levels of medical care
- Cardiologists-SAMU coordinated, clear and efficient policy
- Periodic evaluation of quality of pre and in-hospital MI emergency critical care

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## SAMU and helicopters



Catherine BERTRAND, MD, Ph.D.  
SAMU de France / Creteil



Regulations & types,  
Daily & exceptional use,  
Equipment, teams, cost

## MICU HELICOPTERS

- Based at the Hospital
- Equipped for ICU
- SMUR
- European Regulation: dual-engine
- SMUH / AIR AMBULANCE

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## HELICOPTER SPECIFICATION MANUAL over 3 years

- Service according to performance class 1 aimed for 2004
- Helicopter based at the hospital
- Rental cost:
  - fixed costs + flight time  $\geq 300 \text{ H} / \text{year}$
- 24/24H
- ICU Pre-equipement carried on board
- Experienced pilot

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## MICU Helicopters

- 2 flight modes:
  - Emergency: second pilot if poor weather conditions
  - Air Ambulance: non-urgent planned flights
- All hospitals should have convenient & close helipad
  - Including newly constructed HPs...

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## SAMU 94 Henri Mondor Helipad is ~10m to triage room



## The « Ile de France helicopter »

- 1 Eurocopter EC135
- Based at Henri Mondor Hospital, in Créteil (94000 France)
- Shared by 8 SAMU (= « Départements »)
- For 10 M of inhabitants in the Paris region
- 721 missions
- 689 hours of flight in year 2000

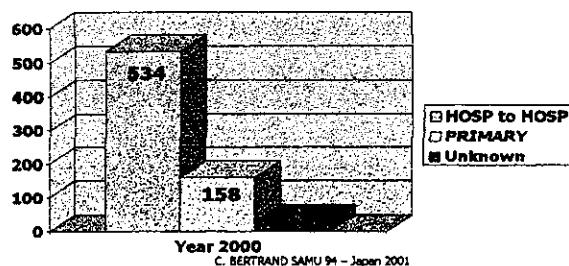
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## SAMU Ile de France



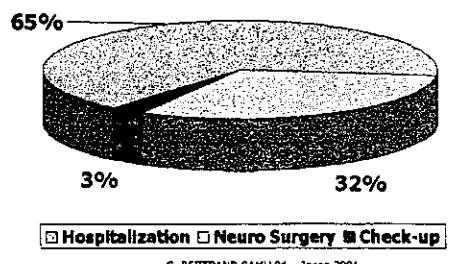
## The « Ile de France helicopter »

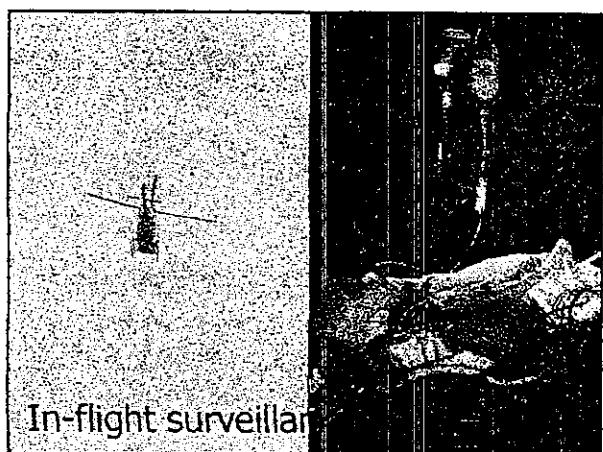
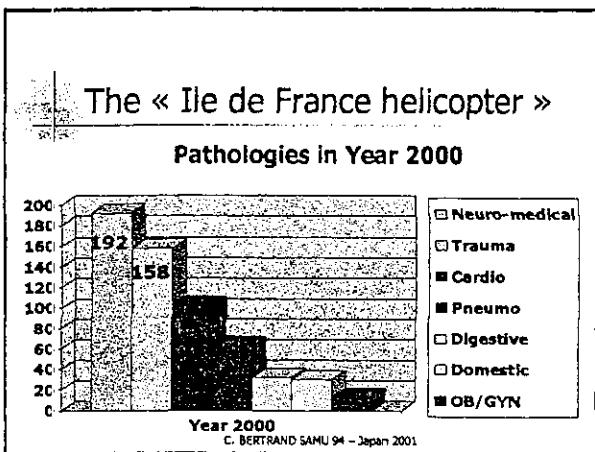
### 721 missions in Year 2000



## The « Ile de France helicopter »

### Purpose of transportation in Year 2000





**MICU Helicopters 1991-1995**

- 35 « regions » have a helicopter
- 24 helicopters full time + 12 on short notice
- 12 680 missions / year
- 4 490 primary, 8290 secondary (HP to HP)
- SAMU White: 62 %
- Sécurité Civile Red: 30 %
- Gendarmerie Blue: 8 %
- Flights for Search & Rescue are not done by SAMU

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**Survey on Helicopter use by SAMU (1)**

- 61 SAMU participated
- 15 days in August 1998
- 448 Primary missions
- 370 H to H missions
- 304 Potential missions
- Would have used helicopter if available

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**Survey on Helicopter use by SAMU (2)**

Enquête prospective sur les transports sanitaires héliportés  
Periode du .../1998 ..heure à .../1998 ..heure

SAMU  Equipe Smur de  Date  /  /  98

Nature du lieu de prise en charge du patient:

Etablissement hospitalier   
Aire de poser intra-hospitaliers sans relais   
Aire de poser intra-hospitalière avec relais ambulance   
Aire de poser extra-hospitalière avec relais ambulance

Aire extra-hospitalier   
Aire de poser répertoriée   
Aire de poser non répertoriée

Destination :  Type de mission :

Jour de poser sans relais par ambulance   
Jour de poser avec relais par ambulance   
Jour aéronautique   
Nuit

**Survey on Helicopter use by SAMU (3)**

Indication de la demande :  Age du patient:

1  2  3  4  5  6

Indication du (des) motif(s) prioritaire(s) ayant conduit au choix du transport héliporté :  
Etat du patient   
Nombre insuffisant d'équipes SMUR disponibles obligeant à raccourcir les missions   
Eloignement de l'établissement hospitalier desservi

Réponse apportée :

Vols aérienne  Par détour, volé terrestre   
avec : car :  
Hélicoptère sanitaire  Problème météorologique   
Avec hélicoptère  Hélicoptère indisponible sur autre mission   
Léquel :  Absence hélicoptère   
Autre

**Survey on Helicopter use by SAMU (4)**

Description de la mission héliportée ou terrestre:

S'agit-il d'un transport intra-départemental?  SMUR  AIR AMBULANCE

Inter-régional?

Temps de vol total de l'hélicoptère

Ville et hôpital de prise en charge \_\_\_\_\_

Ville et hôpital de destination \_\_\_\_\_

Temps de vol de l'hélicoptère :  
avec l'équipe sans malade  à l'allier  au retour  
sans équipe   
équipe avec malade

L'équipe était à vide : à l'allier  au retour



**Survey on Helicopter use by SAMU (5)**

Classification of transportation request

1. Life-threatening or disaster cases
2. Extreme emergencies
3. Emergencies within 2 to 6 hours
4. Fragile or unstable patients
5. Donor or Organs for transplantation
6. Quick transportation of the SMUR team

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**Survey on Helicopter use by SAMU (6)**

Qualification of transportation purpose  
(Can be one or several of...)

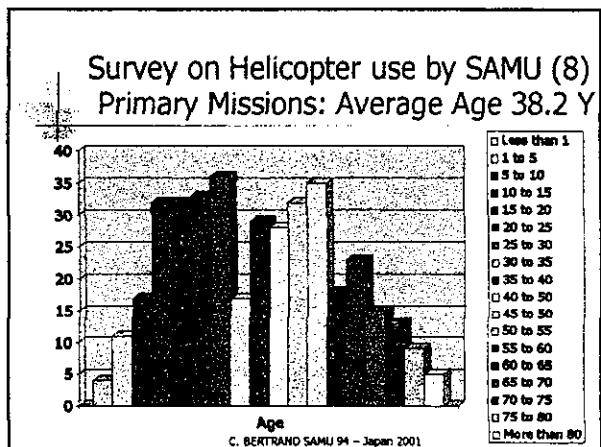
- Condition of patient
  - Always severe
- Lack of manpower in SAMU / SMUR
  - Need to shorten the mission
- Long distance
  - Access or transportation

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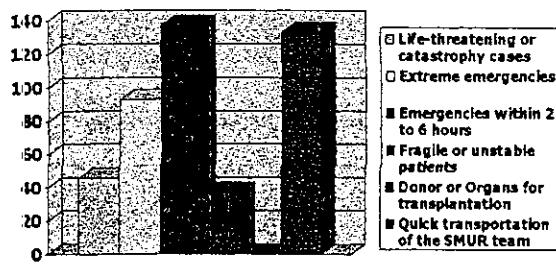
**Survey on Helicopter use by SAMU (7)**  
Primary Missions (448 missions)

- 5% during night time
- 75% on « wild » dropping zones
  - Outside of previously registered zones
- 50% needed relay helico to ambulance
  - Upon arrival to hospital with far away DZ
- 51% in SAMU white helico, 30% in blue, 18% in red, 1% in private helicos
- Average duration 82 minutes is HALF of the estimated time if not by helicopter

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### Survey on Helicopter use by SAMU (9) Primary Missions (448 missions)



### Survey on Helicopter use by SAMU (10) Qualification of transportation purpose

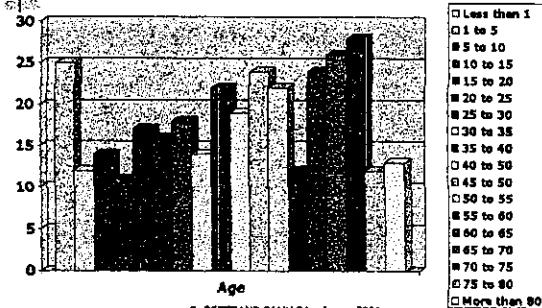
% of missions	22%	42%	34%	2%
Condition of patient	✓	✓	✓	✓
Lack of manpower in SAMU / SMUR			✓	✓
Long distance		✓	✓	

C. BERTRAND SAMU 94 – Japan 2001

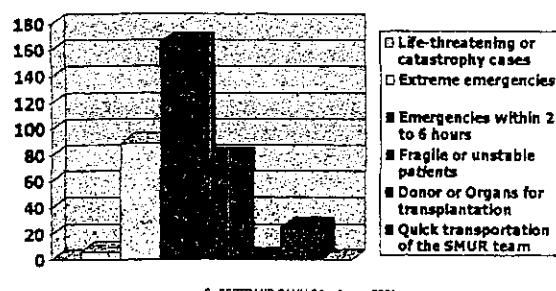
### Survey on Helicopter use by SAMU (11) H to H Missions (370 missions)

- 10% during night time
  - 49% needed relay helico to ambulance
    - Upon departure from hospital w/ far away DZ
  - 66% needed relay helico to ambulance
    - Upon arrival to hospital w/ far away DZ
  - 83% in SAMU white helico, 10% in red, 5% in blue, 2% in private helicos
  - Average duration 111 minutes is HALF of estimated time if not by helicopter
- C. BERTRAND SAMU 94 – Japan 2001

### Survey on Helicopter use by SAMU (12) H to H Missions: Average Age 42.7 Y



### Survey on Helicopter use by SAMU (13) H to H Missions (370 missions)



### Survey on Helicopter use by SAMU (14) Qualification of H to H transportation purpose

% of missions	23%	34%	36%	7%
Condition of patient	✓	✓	✓	✓
Lack of manpower in SAMU / SMUR			✓	✓
Long distance		✓	✓	

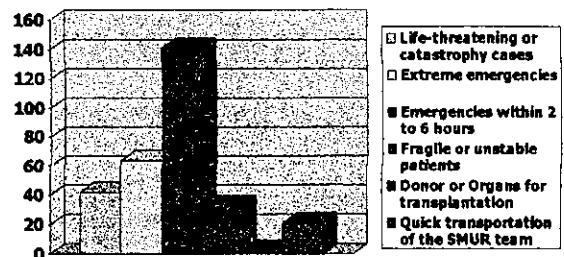
C. BERTRAND SAMU 94 – Japan 2001

### Survey on Helicopter use by SAMU (15) Potential Missions (304 wishes)

- Potential missions would have been made by helicopter if available
- 54% Primary, 46% H to H
- 24% during night time

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### Survey on Helicopter use by SAMU (16) Potential Missions (304 wishes)



C. BERTRAND SAMU 94 - Japan 2001

### Survey on Helicopter use by SAMU (17) Qualification of Potential transportation purpose

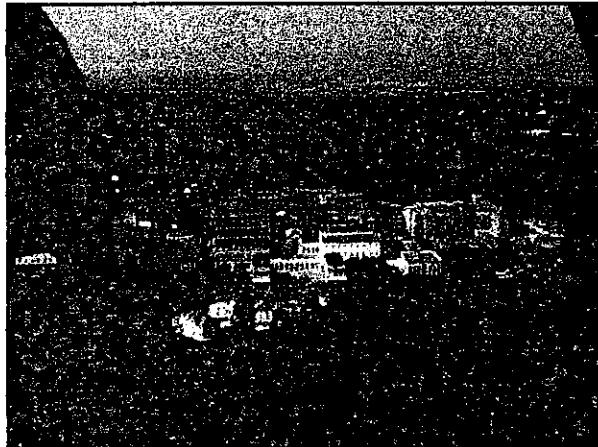
% of wishes	<b>19%</b>	<b>28%</b>	<b>13%</b>
Condition of patient	✓	✓	✓
Lack of manpower in SAMU / SMUR			✓
Long distance		✓	

C. BERTRAND SAMU 94 - Japan 2001

### Reasons for transport by Helicopters

- Rapid access to site reduces delay
- Primary RENDEZ-VOUS technique
- Norias if many victims
- HP to HP transfers
- SMUR team over extended

C. BERTRAND SAMU 94 - Japan 2001



### PRIMARY « RENDEZ VOUS » TECHNIQUE

- First team travels by land route
- Diagnosis / known destination
- Helicopter is sent to rendez-vous
- Landing site secured
- Short missions
  - norias (shuttle loop transit)

C. BERTRAND SAMU 94 - Japan 2001