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(続く)

イギリスの医療制度 — 医療の「公共性」・「公益性」

国京則幸（静岡大学・社会保障法）

1. イギリスの医療制度概観 【後掲資料 参照】

(1) 概念・構造

イギリスの“医療” → NHS [*1]制度

→医療制度、医療保障制度について

イギリスの医療制度 — 質的確保の責任 GMC [*2]の構造（医師集団＝専門職）
（医育、医師資格の管理）
アングロサクソンの意味合いでの、“Profession”＝自律

イギリスの医療保障制度 — 量的確保の責任 NHSの構造（議会＝大臣）
（病院の管理、医療費支出の中央政府統制）

(2) 制度・しくみ

内部市場（internal market）

NHSトラスト

内部市場 — 廃止 → partnership and “performance”

2. 検討

イギリス医療の公共性・公益性

医療における医師と病院の区別

→医療は、主として「医師」とともに展開されてくる

医療の公共性・公益性 医師の社会的位置付けに由来する

→病院の役割とは？

医師の働く場としての病院？

cf. 医療法 § 1 の 5

「良き医療」の基準 医療成績、患者の満足度

患者憲章（Patients Charter）

苦情処理制度、オンブズマン

cf. 日本の病院における患者の位置付け

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*1 National Health Service＝国民保健サービス

*2 General Medical Council＝中央医師評議会

《資料》

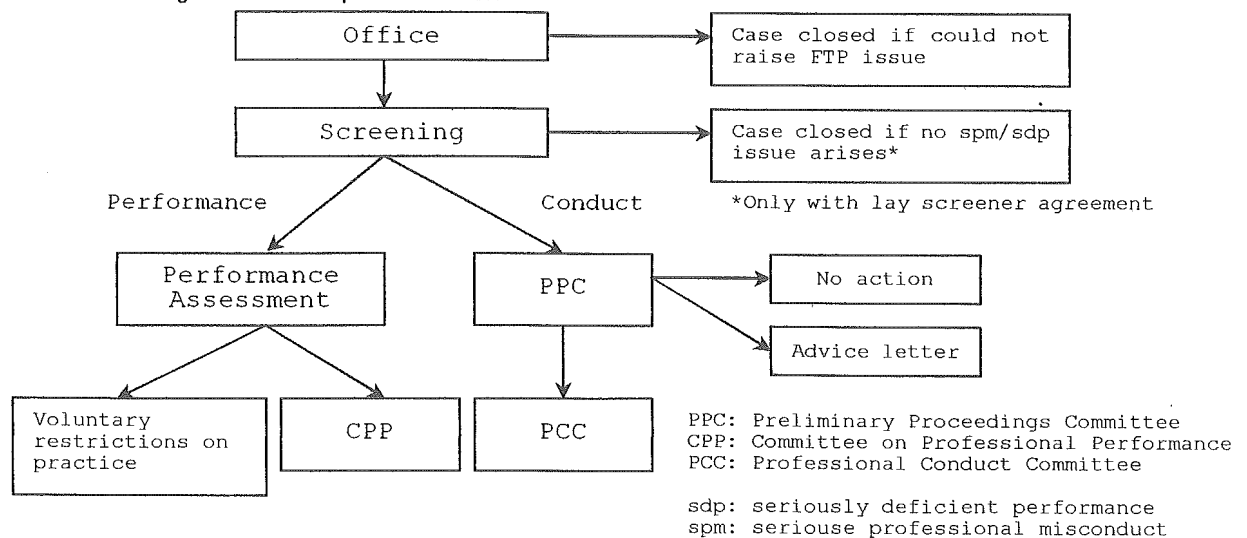
1. 現在のGMCの構成・委員会と構成員数、手続

Total 104 members:

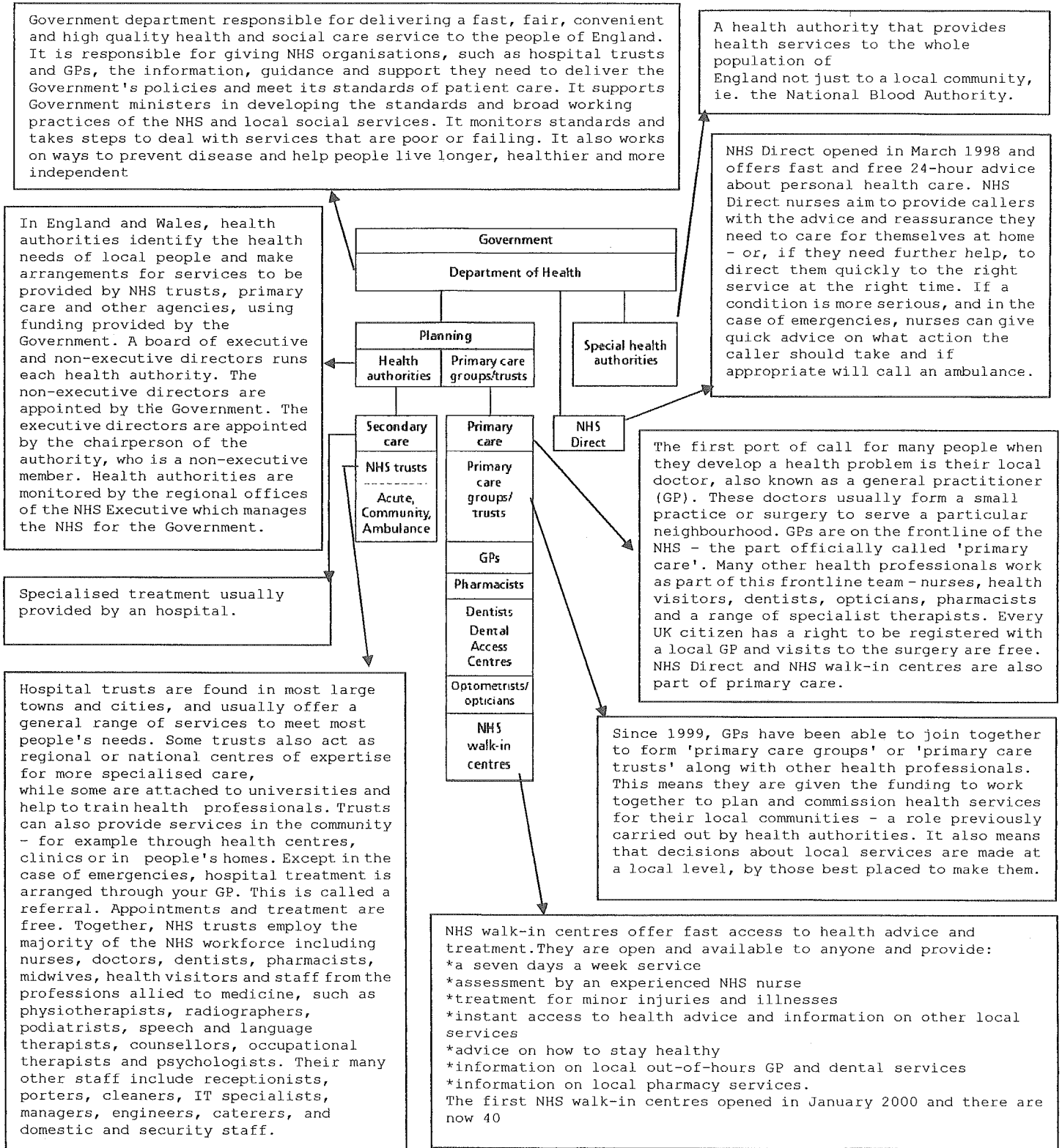
- 54 doctors elected by the doctors on the register
- 25 members of the public nominated by the Privy Council
- 25 doctors appointed by educational bodies - the universities, medical royal colleges and faculties

- *President's Advisory Committee 18
(Leads the GMC in addressing questions of central policy and external affairs)
- *Education Committee 21
(Defines and monitors standards of undergraduate medical education and promotes good practice in postgraduate training)
- *Standards Committee 17
(Promotes good practice in professional conduct and medical ethics)
- *Fitness to Practise Policy Committee 10
(Co-ordinates and monitors the operation of the fitness to practise procedures)
- *Interim Orders Committee 15
(Considers interim suspension or conditions on doctors where necessary for protecting the public)
- *Preliminary Proceedings Committee 7
(Screens convictions and allegations of serious professional misconduct and decides which should be heard by the Professional Conduct Committee)
- *Professional Conduct Committee 31
(Hears (in panels of between five and eight) cases of doctors charged with serious professional misconduct)
- *Assessment Referral Committee 18
(Hears appeals by doctors against a decision to assess their performance)
- *Committee on Professional Performance 25
(Considers doctors whose performance is seriously deficient or who fail to comply with remedial action)
- *Health Committee 9
(Considers doctors whose health is seriously impaired or who fail to comply with remedial action)
- *Registration Committee 9
(Oversees the policies and procedures for registering doctors)
- *Review Board 8+2
(Hears appeals against refusals to grant full registration to overseas qualified doctors)
- *Finance and Establishment Committee 11
(Oversees the GMC's finances and staffing arrangements)

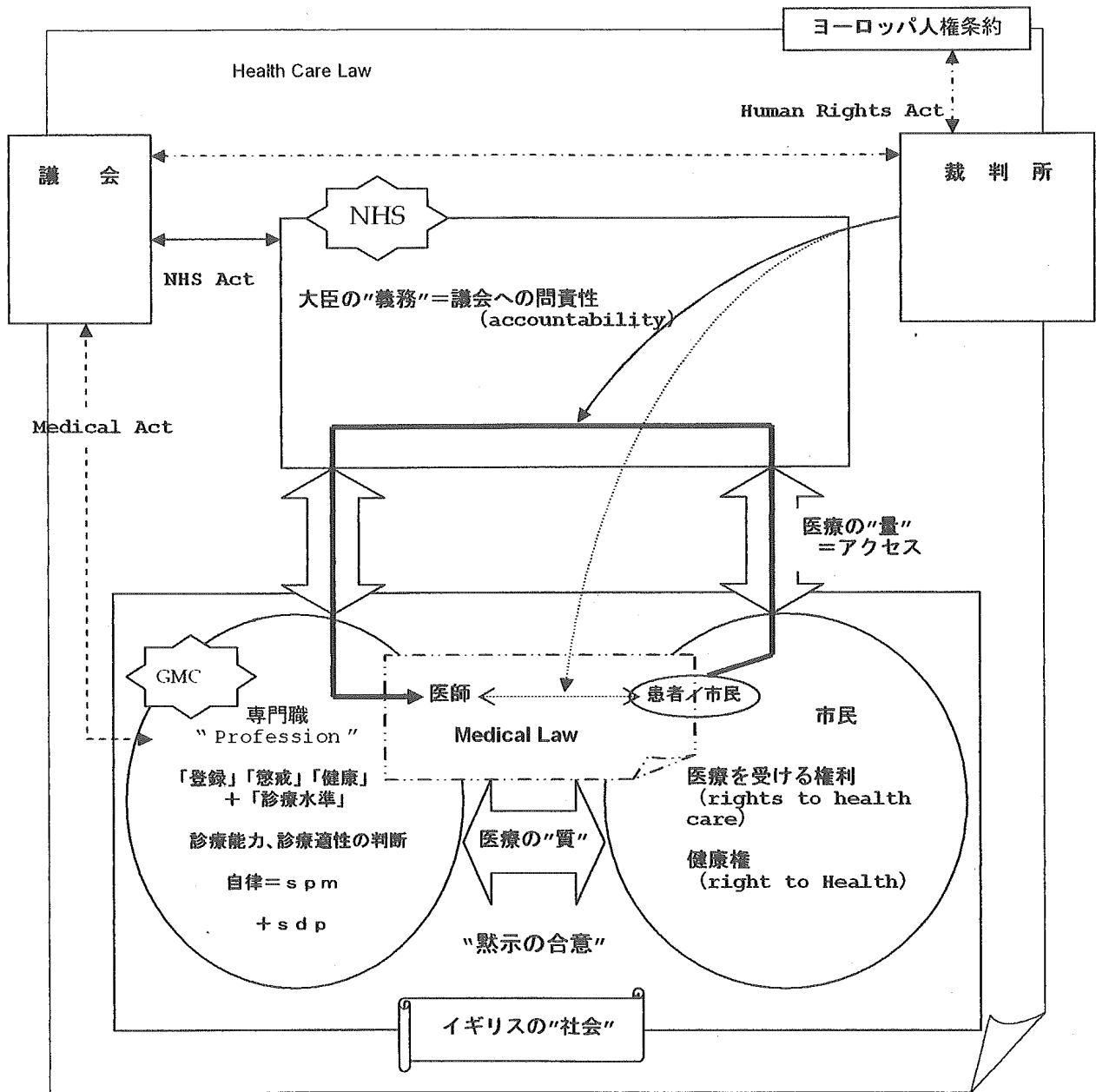
The Current initial stages of conduct and performance cases



2. NHSの構造



3. イギリスの医療保障法 (Health Care Law) の概念図 (試)



厚生労働科学研究費補助金（政策推進研究事業）

分担研究報告書

「保健・医療・福祉サービスの政策評価手法の開発に関する理論的・実証的研究」

「保健サービスの経済評価にかかわる保健統計データの研究」

分担研究者 藤岡光夫 静岡大学 教授

研究要旨 保健サービスの経済評価を行う上で、利用できる保健統計データの利用可能性ならびに社会科学的な視点からのアプローチは重要な問題である。そこで、イギリスの衛生統計の経緯を明らかにすることにより、健康の社会的不平等・格差の解決のための統計学的視点を明らかにした。

A. 研究目的

本年度は、利用できる保健統計データの利用可能性ならびに、社会科学的な視点から健康問題を分析するための枠組みを検討するために、イギリスの保健政策を取り上げて、論点を整理することを目的とする。

B. 研究方法

文献研究の方法による。

C. 研究成果

日本では、健康問題は、一般に医学や疫学の問題として、疾病とそれに直接関連する原因に焦点が当てられ、社会科学的な視点からのアプローチは軽視されがちである。しかし、現実社会で生活する住民の健康問題は、労働や所得、家族、生活、地域、環境、等々の社会経済的な要因と切り離して考えることはできない。その一方で、健康問題が社会や経済に与える影響も大きく、社会科学にとっても

重要な関心事である。

現在、世界の保健政策は、WHOの“Health for All”計画を基本としている。WHO規約の前文では、「達成可能な最高水準の健康を享受することは、人種、宗教、政治的信条、経済的・社会的条件に関わらず、全ての人間が有する基本的人権のひとつである」と明記されている。そして、1977年のWHO第30回世界保健会議では、すべての人々に健康を保証するための“Health for All”の基本方針が打ち出され、翌年の1978年のアルマ・アタ宣言において、健康の不平等への取り組みが、保健分野だけでなく他の多くの社会的・経済的分野の行動を必要とする最も重要な世界的な社会目標であることが確認された。さらに、1998年の世界保健宣言で、健康における社会経済的な不平等を減少させることの重要性と、“Health for All”計画実行への各国の責任が再確認された。

このような国際的な流れを受けて、イギリスでは、“Health for All”計画として、1998

年に“Our Healthier Nation”が発表され、「すべての人々の健康づくり、とくに最も条件が不利な人々の健康改善」を目的とする保健政策が打ち出された。そこでは、「病気の根源的な原因は非常に多様」であり、「不健康は、運動や喫煙、食事による影響があるが、それだけでなく、貧困、低賃金、失業や水準以下の住宅、不十分な教育、犯罪・混乱・環境汚染やレクリエーション施設の不足などにも起因している」とされ、健康を阻害する社会経済的要因、及び環境要因の重視が明示された。これを受けたアクション・レポート「健康の不平等の縮小」(1999年)では、健康政策の主要な目的のひとつが社会の中で最悪の状況にある人々の健康を改善し、公平な社会を目指して健康の不平等を縮小することであるとされている。これに対して、日本版の“Health for All”計画である「健康日本21」においては、健康の不平等の改善は明記されておらず、日本では、社会経済的要因に起因する健康の不平等は存在しないという考え方が根強い。

イギリスにおける保健政策を推進していく基本的なシステムとして国民保健サービスがある。イギリスの保健政策は、戦後、社会保障の中心的な部分のひとつとして位置づけられてきた。国民保健サービスは、1948年に始まるが、その前提には、戦後イギリスの社会保障政策の基本方向を決めることになった1942年のベヴァリジ報告があった。それは、国の制度として国民が生活に必要な基本的な所得を保障し、国民の最低生活を支える「最低生活水準の給付」という原則を打ち出したものであった。所得保障の方法は、社会保険、国民扶助、任意保険によるが、そのうちで最低

生活を保障するのが社会保険であった。この報告書では、窮乏の防止、疾病の減退が全国民の共通の関心事としてあり、「包括的な保険医療サービス供給体制が生活水準の改善に関わるいかなる計画にも不可欠」であるとされた。その包括的な内容とは、「治療や看護、あるいは手術、リハビリテーションなどのサービスの提供であり、国民全てに最高かつ最新の医療とその補完的なサービスを受ける平等な機会を与え、医療を個人資産と切り離すこと」であった(ジョン・バトラー(中西範幸『イギリスの医療改革—患者・政治・政策』劉草書房、1994年)。

国民保健サービスのシステムでは、全ての国民が、国民保健サービスの無料のサービスを受けることができる一方で、その枠外で私費診療を受けることもできる。国民は一般開業医から家庭を選んで登録し、医療サービスを受ける。治療が必要な場合は、一般開業医の診療を受け、その紹介を得て病院の専門医の診療を受けることになる。保健サービスは、一般開業や専門医のほか、予防的取り組みとして訪問看護師やヘルスビジター(保健師)などによっても担われてきている。この国民保健サービスのシステムは、すべての国民に健康を保障するという原則に置いて、画期的な保健政策であった。

しかし、実際の運営においては、政府の医療費負担の増大とともに、サービス供給体制の地域格差、恒常的な病院の入院待機などの問題が生じ、それらの改革が課題となっていた。1974年には、大規模な組織改革によって、病院サービス、一般開業医サービス、地域保険活動等の各部門の連携を軸にした国民保健