

Average food intakes per month
Other dishes of noodle - bowl/month

	40-49yr			50-59yr			60-69yr			70-79yr			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	1.9	2.8	273	2.4	3.4	265	2.8	4.1	251	2.3	3.3	263	2.3	3.4	1052
Female	1.4	1.5	259	1.5	1.5	253	2.3	2.8	259	2.0	2.4	256	1.8	2.1	1027
Total	1.7	2.3	532	2.0	2.7	518	2.5	3.5	510	2.1	2.9	519	2.1	2.9	2079

Average food intakes per month
Chinese noodle, noodle with won-tun - bowl/month

	40-49yr			50-59yr			60-69yr			70-79yr			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	2.2	1.9	273	1.7	1.8	265	1.7	2.0	251	1.1	1.3	263	1.7	1.8	1052
Female	1.3	1.1	259	1.0	1.1	253	1.0	1.5	259	0.8	1.2	256	1.0	1.2	1027
Total	1.8	1.6	532	1.4	1.5	518	1.4	1.8	510	1.0	1.3	519	1.4	1.6	2079

Average food intakes per month
Fried or steamed noodles (yakisoba) - plate/month

	40-49yr			50-59yr			60-69yr			70-79yr			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	1.7	1.3	273	1.1	1.0	265	1.1	1.4	251	0.9	1.1	263	1.2	1.3	1052
Female	1.3	0.9	259	1.1	1.0	253	1.0	1.0	259	0.8	0.9	256	1.1	1.0	1027
Total	1.5	1.1	532	1.1	1.0	518	1.1	1.2	510	0.9	1.0	519	1.1	1.1	2079

Average food intakes per month
Spaghetti with tomato sauce and meat or cheese - plate/month

	40-49yr			50-59yr			60-69yr			70-79yr			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	1.0	1.0	273	0.6	0.7	265	0.5	0.7	251	0.3	0.6	263	0.6	0.8	1052
Female	0.9	0.7	259	0.7	0.8	253	0.5	0.6	259	0.4	0.7	256	0.6	0.7	1027
Total	1.0	0.9	532	0.7	0.7	518	0.5	0.7	510	0.4	0.7	519	0.6	0.8	2079

Average food intakes per month
Spaghetti with seafood - plate/month

	40-49yr			50-59yr			60-69yr			70-79yr			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	0.3	0.5	273	0.2	0.4	265	0.1	0.4	251	0.1	0.3	263	0.2	0.4	1052
Female	0.2	0.5	259	0.2	0.4	253	0.2	0.4	259	0.1	0.3	256	0.2	0.4	1027
Total	0.3	0.5	532	0.2	0.4	518	0.1	0.4	510	0.1	0.3	519	0.2	0.4	2079

Average food intakes per month
Macaroni gratin - plate/month

	40-49yr			50-59yr			60-69yr			70-79yr			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	0.3	0.5	273	0.2	0.4	265	0.2	0.7	251	0.2	0.5	263	0.2	0.5	1052
Female	0.3	0.4	259	0.2	0.4	253	0.2	0.3	259	0.2	0.4	256	0.2	0.4	1027
Total	0.3	0.5	532	0.2	0.4	518	0.2	0.5	510	0.2	0.4	519	0.2	0.5	2079

Average food intakes per month
Macaroni salada - plate/month

	40-49yr			50-59yr			60-69yr			70-79yr			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	0.5	0.6	273	0.4	0.6	265	0.5	1.1	251	0.3	0.5	263	0.4	0.7	1052
Female	0.4	0.5	259	0.3	0.5	253	0.4	0.4	259	0.4	0.6	256	0.4	0.5	1027
Total	0.5	0.6	532	0.4	0.5	518	0.4	0.8	510	0.4	0.6	519	0.4	0.6	2079

Average food intakes per month
Instant Chinese noodle - bag/month

	40-49yr			50-59yr			60-69yr			70-79yr			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	1.9	2.1	273	1.5	2.5	265	1.3	2.7	251	1.2	2.0	263	1.5	2.3	1052
Female	1.2	1.3	259	0.8	1.3	253	0.7	1.1	259	0.8	1.6	256	0.9	1.4	1027
Total	1.6	1.8	532	1.1	2.1	518	1.0	2.1	510	1.0	1.8	519	1.2	1.9	2079

Average food intakes per month
Cup noodle - cup/month

	40-49yr			50-59yr			60-69yr			70-79yr			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	1.2	1.8	273	0.7	1.4	265	0.4	0.8	251	0.4	1.0	263	0.7	1.4	1052
Female	0.8	1.3	259	0.3	0.8	253	0.2	0.6	259	0.3	0.8	256	0.4	0.9	1027
Total	1.0	1.6	532	0.5	1.2	518	0.3	0.7	510	0.4	0.9	519	0.5	1.2	2079

Average food intakes per month
Beef mixed with vegetables - plate/month

	40-49yr			50-59yr			60-69yr			70-79yr			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	2.9	2.6	273	2.7	2.6	265	2.0	2.1	251	1.9	1.9	263	2.4	2.4	1052
Female	2.4	2.1	259	2.2	2.3	253	1.7	1.6	259	1.7	1.9	256	2.0	2.0	1027
Total	2.7	2.4	532	2.4	2.5	518	1.9	1.8	510	1.8	1.9	519	2.2	2.2	2079

Average food intakes per month
Pork mixed with vegetables - plate/month

	40-49yr			50-59yr			60-69yr			70-79yr			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	2.9	2.8	273	2.8	3.2	265	1.7	1.8	251	1.8	2.1	263	2.3	2.6	1052
Female	2.8	3.0	259	2.3	2.3	253	2.0	2.1	259	1.7	2.2	256	2.2	2.5	1027
Total	2.8	2.9	532	2.6	2.8	518	1.8	2.0	510	1.7	2.2	519	2.2	2.5	2079

Average food intakes per month
Chicken mixed with vegetables - plate/month

	40-49yr			50-59yr			60-69yr			70-79yr			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	2.1	2.3	273	2.1	2.3	265	1.7	2.0	251	1.7	1.9	263	1.9	2.2	1052
Female	2.2	2.3	259	2.1	2.3	253	1.9	2.0	259	2.0	2.5	256	2.0	2.3	1027
Total	2.2	2.3	532	2.1	2.3	518	1.8	2.0	510	1.8	2.3	519	2.0	2.2	2079

Average food intakes per month
Fish mixed with vegetables - plate/month

	40-49yr			50-59yr			60-69yr			70-79yr			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	1.8	2.1	273	2.1	2.6	265	2.0	2.2	251	1.8	2.3	263	1.9	2.3	1052
Female	1.5	1.9	259	1.8	2.1	253	1.9	2.9	259	1.8	2.9	256	1.7	2.5	1027
Total	1.6	2.0	532	2.0	2.4	518	1.9	2.6	510	1.8	2.6	519	1.8	2.4	2079

Average food intakes per month
Fried vegetables - plate/month

	40-49yr			50-59yr			60-69yr			70-79yr			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	2.4	2.7	273	2.8	3.6	265	2.9	3.3	251	2.9	3.3	263	2.8	3.2	1052
Female	2.3	2.7	259	2.9	2.8	253	3.4	5.0	259	3.0	3.7	256	2.9	3.7	1027
Total	2.4	2.7	532	2.9	3.2	518	3.2	4.3	510	3.0	3.5	519	2.8	3.5	2079

Average food intakes per month
Hamburger steak - plate/month

	40-49yr			50-59yr			60-69yr			70-79yr			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	1.1	1.0	273	0.8	1.0	265	0.6	0.8	251	0.5	0.6	263	0.7	0.9	1052
Female	0.8	0.7	259	0.5	0.5	253	0.5	0.6	259	0.4	0.5	256	0.5	0.6	1027
Total	1.0	0.9	532	0.6	0.8	518	0.5	0.7	510	0.4	0.6	519	0.6	0.8	2079

Average food intakes per month
Meat dumpling (niku-danngo) - piece/month

	40-49yr			50-59yr			60-69yr			70-79yr			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	3.9	5.7	273	2.6	3.7	265	2.0	3.5	251	1.8	2.7	263	2.6	4.2	1052
Female	2.6	2.9	259	2.1	2.8	253	2.0	2.9	259	2.0	3.0	256	2.2	2.9	1027
Total	3.3	4.6	532	2.4	3.3	518	2.0	3.2	510	1.9	2.9	519	2.4	3.6	2079

Average food intakes per month
Shao-mai - piece/month

	40-49yr			50-59yr			60-69yr			70-79yr			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	4.6	4.5	273	3.9	4.7	265	3.9	4.6	251	3.6	4.7	263	4.0	4.7	1052
Female	3.8	3.7	259	4.1	5.6	253	3.9	3.9	259	4.3	5.1	256	4.0	4.6	1027
Total	4.2	4.2	532	4.0	5.1	518	3.9	4.3	510	4.0	5.0	519	4.0	4.7	2079

Average food intakes per month
Fried or steamed dumpling stuffed with minced pork (gyoza) - piece/month

	40-49yr			50-59yr			60-69yr			70-79yr			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	13.5	9.9	273	12.9	10.2	265	10.9	10.2	251	9.5	9.2	263	11.7	10.0	1052
Female	10.6	6.4	259	10.4	8.0	253	11.2	11.1	259	9.8	8.6	256	10.5	8.7	1027
Total	12.1	8.5	532	11.7	9.3	518	11.0	10.7	510	9.6	8.9	519	11.1	9.4	2079

Average food intakes per month
Pizza - slice/month

	40-49yr			50-59yr			60-69yr			70-79yr			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	1.8	2.8	273	0.8	1.7	265	0.3	0.9	251	0.3	1.3	263	0.8	1.9	1052
Female	2.1	3.1	259	0.8	1.9	253	0.7	1.5	259	0.4	0.9	256	1.0	2.1	1027
Total	1.9	3.0	532	0.8	1.8	518	0.5	1.2	510	0.3	1.1	519	0.9	2.0	2079

Average food intakes per month
Grilled meat - plate/month

	40-49yr			50-59yr			60-69yr			70-79yr			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	2.5	2.1	273	2.1	1.8	265	1.8	2.6	251	1.3	1.4	263	2.0	2.1	1052
Female	1.8	1.4	259	1.6	1.6	253	1.3	1.5	259	1.1	1.4	256	1.5	1.5	1027
Total	2.2	1.8	532	1.9	1.7	518	1.6	2.1	510	1.2	1.4	519	1.7	1.8	2079

Average food intakes per month
Beefsteak - plate/month

	40-49yr			50-59yr			60-69yr			70-79yr			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	0.9	1.3	273	0.8	1.1	265	0.7	0.9	251	0.5	0.8	263	0.7	1.1	1052
Female	0.7	1.2	259	0.6	0.8	253	0.5	0.8	259	0.3	0.6	256	0.5	0.9	1027
Total	0.8	1.2	532	0.7	1.0	518	0.6	0.9	510	0.4	0.7	519	0.6	1.0	2079

Average food intakes per month
Porksteak - plate/month

	40-49yr			50-59yr			60-69yr			70-79yr			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	0.7	1.0	273	0.6	0.9	265	0.4	0.7	251	0.3	0.7	263	0.5	0.9	1052
Female	0.6	0.7	259	0.5	0.8	253	0.4	0.8	259	0.2	0.7	256	0.4	0.8	1027
Total	0.6	0.9	532	0.5	0.8	518	0.4	0.8	510	0.3	0.7	519	0.5	0.8	2079

Average food intakes per month
Pork cutlet (ton-katsu) - plate/month

	40-49yr			50-59yr			60-69yr			70-79yr			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	2.1	1.5	273	1.8	1.6	265	1.6	1.8	251	1.4	1.4	263	1.7	1.6	1052
Female	1.4	1.2	259	1.2	1.1	253	1.1	1.1	259	1.0	1.2	256	1.2	1.1	1027
Total	1.8	1.4	532	1.5	1.4	518	1.3	1.5	510	1.2	1.3	519	1.4	1.4	2079

Average food intakes per month
Ham or sausages - plate/month

	40-49yr			50-59yr			60-69yr			70-79yr			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	3.6	4.2	273	3.3	4.7	265	2.5	3.5	251	2.0	3.5	263	2.9	4.1	1052
Female	2.9	3.7	259	2.2	3.6	253	2.3	3.5	259	1.9	3.6	256	2.3	3.6	1027
Total	3.2	4.0	532	2.8	4.3	518	2.4	3.5	510	1.9	3.6	519	2.6	3.9	2079

Average food intakes per month
Bacon - plate/month

	40-49yr			50-59yr			60-69yr			70-79yr			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	1.1	2.0	273	0.8	1.7	265	0.9	2.4	251	0.5	0.9	263	0.8	1.8	1052
Female	1.3	2.0	259	0.8	1.4	253	0.9	1.8	259	0.5	1.3	256	0.9	1.7	1027
Total	1.2	2.0	532	0.8	1.5	518	0.9	2.1	510	0.5	1.1	519	0.9	1.8	2079

Average food intakes per month
Rorsted pork - plate/month

	40-49yr			50-59yr			60-69yr			70-79yr			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	0.7	1.1	273	0.8	1.1	265	0.9	1.6	251	0.8	1.4	263	0.8	1.3	1052
Female	0.6	1.0	259	0.7	1.2	253	0.7	1.2	259	0.7	1.4	256	0.7	1.2	1027
Total	0.7	1.0	532	0.7	1.2	518	0.8	1.4	510	0.7	1.4	519	0.7	1.2	2079

Average food intakes per month
Liver (beef, pork and chicken) - plate/month

	40-49yr			50-59yr			60-69yr			70-79yr			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	0.6	1.0	273	0.7	0.9	265	0.9	1.6	251	0.7	1.3	263	0.7	1.2	1052
Female	0.4	0.7	259	0.6	1.1	253	0.7	1.4	259	0.8	1.4	256	0.6	1.2	1027
Total	0.5	0.9	532	0.6	1.0	518	0.8	1.5	510	0.8	1.3	519	0.7	1.2	2079

Average food intakes per month
Grilled or boiled intestine (horumon-yaki, dote-ni) - plate/month

	40-49yr			50-59yr			60-69yr			70-79yr			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	0.7	1.0	273	0.7	1.1	265	0.5	1.0	251	0.4	0.7	263	0.6	1.0	1052
Female	0.3	0.4	259	0.4	0.7	253	0.3	0.9	259	0.2	0.5	256	0.3	0.6	1027
Total	0.5	0.8	532	0.5	0.9	518	0.4	0.9	510	0.3	0.6	519	0.4	0.8	2079

Average food intakes per month
Fried chicken (deep-fried chicken, kara-age) - plate/month

	40-49yr			50-59yr			60-69yr			70-79yr			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	1.4	1.8	273	1.1	1.8	265	1.0	1.6	251	0.8	1.3	263	1.1	1.7	1052
Female	1.0	1.1	259	0.6	1.0	253	0.7	1.1	259	0.7	1.4	256	0.8	1.2	1027
Total	1.2	1.5	532	0.9	1.5	518	0.9	1.4	510	0.8	1.3	519	0.9	1.4	2079

Average food intakes per month
Roast chicken, chicken teri-yaki, yakitori - plate/month

	40-49yr			50-59yr			60-69yr			70-79yr			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	0.9	1.5	273	0.7	1.1	265	0.7	1.1	251	0.6	1.0	263	0.7	1.2	1052
Female	0.8	1.0	259	0.7	1.3	253	0.7	1.1	259	0.6	1.1	256	0.7	1.1	1027
Total	0.8	1.3	532	0.7	1.2	518	0.7	1.1	510	0.6	1.0	519	0.7	1.2	2079

Average food intakes per month
Grilled fish - plate/month

	40-49yr			50-59yr			60-69yr			70-79yr			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	5.2	4.5	273	6.4	6.6	265	5.2	4.9	251	4.9	4.4	263	5.4	5.2	1052
Female	5.5	5.0	259	5.6	5.6	253	4.9	4.7	259	3.8	3.4	256	5.0	4.8	1027
Total	5.4	4.7	532	6.0	6.2	518	5.1	4.8	510	4.3	4.0	519	5.2	5.0	2079

Average food intakes per month
Fish boiled with soy and sugar - plate/month

	40-49yr			50-59yr			60-69yr			70-79yr			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	3.1	2.9	273	4.5	4.4	265	4.3	3.9	251	4.3	4.4	263	4.1	4.0	1052
Female	3.4	3.0	259	4.2	3.5	253	3.9	3.5	259	4.0	5.1	256	3.9	3.9	1027
Total	3.2	2.9	532	4.4	4.0	518	4.1	3.7	510	4.1	4.7	519	4.0	3.9	2079

Average food intakes per month
Dried fish - plate/month

	40-49yr			50-59yr			60-69yr			70-79yr			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	2.8	3.6	273	4.1	5.3	265	3.7	3.6	251	4.3	5.4	263	3.7	4.6	1052
Female	3.6	4.6	259	4.1	4.4	253	4.0	5.0	259	3.7	5.7	256	3.9	5.0	1027
Total	3.2	4.1	532	4.1	4.9	518	3.8	4.4	510	4.0	5.6	519	3.8	4.8	2079

Average food intakes per month
Raw fish (sashimi) - slice/month

	40-49yr			50-59yr			60-69yr			70-79yr			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	21.2	24.2	273	24.8	25.4	265	23.8	25.8	251	22.6	26.6	263	23.1	25.5	1052
Female	16.2	19.6	259	19.0	19.7	253	19.3	19.4	259	16.0	18.4	256	17.6	19.3	1027
Total	18.8	22.2	532	22.0	23.0	518	21.5	22.9	510	19.3	23.2	519	20.4	22.8	2079

Average food intakes per month
Squid, octopus - plate/month

	40-49yr			50-59yr			60-69yr			70-79yr			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	2.5	2.5	273	2.9	3.6	265	2.4	2.5	251	1.7	1.9	263	2.4	2.7	1052
Female	2.0	2.1	259	2.2	2.9	253	1.9	2.8	259	1.5	2.2	256	1.9	2.5	1027
Total	2.2	2.3	532	2.5	3.3	518	2.1	2.7	510	1.6	2.1	519	2.1	2.6	2079

Average food intakes per month
Canned fish - plate/month

	40-49yr			50-59yr			60-69yr			70-79yr			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	0.7	1.3	273	0.6	0.9	265	0.6	1.2	251	0.7	1.3	263	0.7	1.2	1052
Female	0.7	1.2	259	0.5	0.9	253	0.7	1.5	259	0.7	1.3	256	0.7	1.2	1027
Total	0.7	1.3	532	0.5	0.9	518	0.7	1.3	510	0.7	1.3	519	0.7	1.2	2079

Average food intakes per month
Boiled fish paste (hanpen, kamaboko, chikuwa) - plate/month

	40-49yr			50-59yr			60-69yr			70-79yr			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	2.9	3.0	273	3.5	3.6	265	3.7	4.4	251	4.1	5.0	263	3.5	4.1	1052
Female	3.2	4.0	259	3.2	3.9	253	3.7	4.6	259	3.7	5.7	256	3.5	4.6	1027
Total	3.0	3.5	532	3.4	3.7	518	3.7	4.5	510	3.9	5.4	519	3.5	4.4	2079

Average food intakes per month
Shellfish boiled down in soy (tsukudani) - table spoon/month

	40-49yr			50-59yr			60-69yr			70-79yr			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	1.3	2.2	273	2.4	3.7	265	3.0	6.5	251	2.8	5.8	263	2.3	4.8	1052
Female	1.5	2.8	259	2.5	4.6	253	2.4	4.6	259	3.5	6.1	256	2.5	4.7	1027
Total	1.4	2.5	532	2.4	4.2	518	2.7	5.6	510	3.2	6.0	519	2.4	4.8	2079

Average food intakes per month
Deep fried fish - slice/month

	40-49yr			50-59yr			60-69yr			70-79yr			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	2.6	3.1	273	2.9	3.5	265	2.4	3.4	251	2.0	2.1	263	2.5	3.1	1052
Female	1.6	1.9	259	1.7	1.7	253	1.7	2.0	259	1.7	2.2	256	1.7	1.9	1027
Total	2.1	2.6	532	2.3	2.8	518	2.1	2.8	510	1.9	2.1	519	2.1	2.6	2079

Average food intakes per month
Deep fried prawn, tempura of shrimp - plate/month

	40-49yr			50-59yr			60-69yr			70-79yr			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	2.1	2.0	273	2.1	2.2	265	1.8	1.8	251	1.8	2.1	263	1.9	2.0	1052
Female	1.6	1.5	259	1.7	1.5	253	1.7	1.8	259	1.6	1.7	256	1.7	1.6	1027
Total	1.8	1.7	532	1.9	1.9	518	1.7	1.8	510	1.7	1.9	519	1.8	1.8	2079

Average food intakes per month
Shellfish (include oyster) - cup/month

	40-49yr			50-59yr			60-69yr			70-79yr			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	1.4	1.3	273	1.7	2.6	265	1.7	2.1	251	1.4	1.6	263	1.5	2.0	1052
Female	1.2	1.4	259	1.4	1.9	253	1.6	2.3	259	1.3	1.5	256	1.4	1.8	1027
Total	1.3	1.3	532	1.6	2.3	518	1.7	2.2	510	1.3	1.5	519	1.5	1.9	2079

Average food intakes per month
Rice (include rice ball) - cup/month

	40-49yr			50-59yr			60-69yr			70-79yr			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	76.9	35.6	273	74.1	33.5	265	67.9	33.6	251	65.7	32.5	263	71.2	34.1	1052
Female	59.6	26.2	259	59.1	26.2	253	58.6	25.5	259	57.1	23.0	256	58.6	25.2	1027
Total	68.5	32.5	532	66.7	31.1	518	63.2	30.1	510	61.5	28.5	519	65.0	30.7	2079

Average food intakes per month
Half-cleaned rice, unpolished rice - cup/month

	40-49yr			50-59yr			60-69yr			70-79yr			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	0.9	8.9	273	1.5	9.7	265	4.2	18.6	251	2.7	14.0	263	2.3	13.3	1052
Female	0.4	3.2	259	1.6	8.8	253	2.4	11.0	259	2.4	10.9	256	1.7	9.1	1027
Total	0.7	6.7	532	1.5	9.3	518	3.3	15.2	510	2.6	12.6	519	2.0	11.4	2079

Average food intakes per month
Sushi (nigiri-zushi) - piece/month

	40-49yr			50-59yr			60-69yr			70-79yr			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	15.4	12.6	273	15.1	14.1	265	13.4	13.4	251	13.4	13.9	263	14.3	13.5	1052
Female	15.2	14.4	259	14.2	15.3	253	13.5	14.9	259	11.1	12.0	256	13.5	14.3	1027
Total	15.3	13.5	532	14.7	14.7	518	13.5	14.2	510	12.2	13.0	519	13.9	13.9	2079

Average food intakes per month
Sushi (chirashi-zushi, maki-zushi and inari-zushi) - plate/month

	40-49yr			50-59yr			60-69yr			70-79yr			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	0.8	0.8	273	1.0	1.5	265	1.1	1.5	251	1.1	1.1	263	1.0	1.2	1052
Female	1.0	0.8	259	1.1	1.5	253	1.1	1.0	259	1.1	1.1	256	1.1	1.1	1027
Total	0.9	0.8	532	1.0	1.5	518	1.1	1.3	510	1.1	1.1	519	1.0	1.2	2079

Average food intakes per month
Boiled rice mixed with fish, chicken, vegetable and mushroom - cup/month

	40-49yr			50-59yr			60-69yr			70-79yr			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	1.7	1.4	273	1.4	1.6	265	1.6	1.7	251	1.5	1.3	263	1.6	1.5	1052
Female	1.8	1.4	259	1.7	1.5	253	2.0	1.8	259	1.8	1.8	256	1.8	1.6	1027
Total	1.7	1.4	532	1.5	1.5	518	1.8	1.8	510	1.6	1.5	519	1.7	1.6	2079

Average food intakes per month
Chinese dish of fried rice - plate/month

	40-49yr			50-59yr			60-69yr			70-79yr			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	1.7	1.6	273	1.1	1.0	265	0.9	1.1	251	0.8	0.9	263	1.1	1.2	1052
Female	1.4	1.1	259	1.1	1.1	253	1.3	1.8	259	1.0	1.3	256	1.2	1.4	1027
Total	1.6	1.4	532	1.1	1.0	518	1.1	1.5	510	0.9	1.1	519	1.2	1.3	2079

Average food intakes per month
Rice boiled together with red beans (seki-han) - cup/month

	40-49yr			50-59yr			60-69yr			70-79yr			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	0.4	1.3	273	0.4	0.9	265	0.5	0.9	251	0.5	0.9	263	0.5	1.0	1052
Female	0.4	0.6	259	0.5	0.7	253	0.6	1.0	259	0.7	0.9	256	0.5	0.8	1027
Total	0.4	1.1	532	0.4	0.8	518	0.6	1.0	510	0.6	0.9	519	0.5	0.9	2079

Average food intakes per month
Rice gruel - cup/month

	40-49yr			50-59yr			60-69yr			70-79yr			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	0.3	0.9	273	0.4	2.3	265	1.0	5.0	251	1.4	6.1	263	0.8	4.1	1052
Female	0.3	0.7	259	0.5	1.3	253	1.0	4.2	259	1.7	6.1	256	0.9	3.8	1027
Total	0.3	0.8	532	0.4	1.9	518	1.0	4.6	510	1.5	6.1	519	0.8	4.0	2079

Average food intakes per month
Rice cake (mochi) - piece/month

	40-49yr			50-59yr			60-69yr			70-79yr			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	1.8	2.0	273	1.6	1.7	265	2.9	4.6	251	3.2	8.0	263	2.4	4.8	1052
Female	2.1	3.3	259	2.1	2.6	253	2.9	3.0	259	3.3	4.4	256	2.6	3.4	1027
Total	1.9	2.7	532	1.8	2.2	518	2.9	3.8	510	3.3	6.5	519	2.5	4.2	2079

Average food intakes per month
Sweet potato - piece/month

	40-49yr			50-59yr			60-69yr			70-79yr			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	0.6	0.8	273	0.6	0.8	265	1.5	3.5	251	2.0	4.0	263	1.1	2.8	1052
Female	1.0	1.1	259	1.3	2.0	253	2.4	3.8	259	2.9	4.2	256	1.9	3.1	1027
Total	0.8	1.0	532	0.9	1.6	518	1.9	3.7	510	2.4	4.1	519	1.5	3.0	2079

Average food intakes per month
Taro (sato-imo) - piece/month

	40-49yr			50-59yr			60-69yr			70-79yr			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	3.5	3.7	273	5.3	6.2	265	7.1	7.9	251	8.4	9.9	263	6.0	7.5	1052
Female	5.7	6.5	259	7.8	8.1	253	9.9	11.4	259	10.3	13.7	256	8.4	10.5	1027
Total	4.6	5.4	532	6.5	7.3	518	8.5	9.9	510	9.3	12.0	519	7.2	9.2	2079

Average food intakes per month
Yam (yama-imo, naga-imo) - plate/month

	40-49yr			50-59yr			60-69yr			70-79yr			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	0.8	1.1	273	1.0	1.3	265	1.3	2.0	251	1.4	2.2	263	1.1	1.7	1052
Female	0.8	0.9	259	1.1	1.3	253	1.4	2.0	259	1.3	1.5	256	1.1	1.5	1027
Total	0.8	1.0	532	1.0	1.3	518	1.3	2.0	510	1.3	1.9	519	1.1	1.6	2079

Average food intakes per month
Fried potatos - plate/month

	40-49yr			50-59yr			60-69yr			70-79yr			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	0.6	0.9	273	0.3	0.4	265	0.2	0.5	251	0.3	0.6	263	0.4	0.6	1052
Female	0.6	0.6	259	0.3	0.6	253	0.3	0.6	259	0.5	2.0	256	0.4	1.1	1027
Total	0.6	0.7	532	0.3	0.5	518	0.3	0.6	510	0.4	1.5	519	0.4	0.9	2079

Average food intakes per month
Baked or boiled potatos - piece/month

	40-49yr			50-59yr			60-69yr			70-79yr			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	2.7	3.4	273	3.3	4.4	265	3.9	5.3	251	4.7	7.9	263	3.6	5.5	1052
Female	3.6	5.4	259	4.3	6.3	253	4.5	6.3	259	4.1	6.3	256	4.2	6.1	1027
Total	3.1	4.5	532	3.8	5.4	518	4.2	5.8	510	4.4	7.1	519	3.9	5.8	2079

Average food intakes per month
Potato salad - plate/month

	40-49yr			50-59yr			60-69yr			70-79yr			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	0.9	1.0	273	0.8	1.0	265	0.9	1.3	251	0.9	1.4	263	0.9	1.2	1052
Female	0.8	0.7	259	0.9	0.8	253	1.0	1.1	259	0.9	1.2	256	0.9	1.0	1027
Total	0.8	0.9	532	0.8	0.9	518	1.0	1.2	510	0.9	1.3	519	0.9	1.1	2079

Average food intakes per month
Cornflakes - plate/month

	40-49yr			50-59yr			60-69yr			70-79yr			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	0.1	0.7	273	0.1	0.3	265	0.1	0.3	251	0.1	0.4	263	0.1	0.5	1052
Female	0.3	1.9	259	0.1	0.4	253	0.1	0.3	259	0.1	0.3	256	0.2	1.0	1027
Total	0.2	1.4	532	0.1	0.3	518	0.1	0.3	510	0.1	0.4	519	0.1	0.8	2079

Average food intakes per month
Corn - corn/month

	40-49yr			50-59yr			60-69yr			70-79yr			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	0.4	0.7	273	0.3	0.6	265	0.4	0.9	251	0.4	0.8	263	0.4	0.8	1052
Female	0.5	0.8	259	0.4	0.6	253	0.6	1.0	259	0.5	0.7	256	0.5	0.8	1027
Total	0.4	0.7	532	0.4	0.6	518	0.5	1.0	510	0.4	0.7	519	0.4	0.8	2079

Average food intakes per month
Eggs (such as boiled, fried, scrambled, etc) - egg/month

	40-49yr			50-59yr			60-69yr			70-79yr			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	15.3	13.0	273	14.0	11.9	265	16.2	13.3	251	15.2	11.5	263	15.2	12.4	1052
Female	15.3	10.3	259	14.5	11.8	253	14.7	10.0	259	14.1	12.5	256	14.7	11.2	1027
Total	15.3	11.7	532	14.3	11.9	518	15.4	11.7	510	14.7	12.0	519	14.9	11.8	2079

Average food intakes per month
Tofu - piece/month

	40-49yr			50-59yr			60-69yr			70-79yr			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	3.4	3.2	273	4.3	3.6	265	4.7	3.8	251	4.8	4.0	263	4.3	3.7	1052
Female	3.9	2.8	259	4.4	3.8	253	4.5	4.8	259	4.1	3.5	256	4.2	3.8	1027
Total	3.6	3.0	532	4.4	3.7	518	4.6	4.3	510	4.4	3.8	519	4.3	3.8	2079

Average food intakes per month
Steamed egg custard (tamago-dofu) - piece/month

	40-49yr			50-59yr			60-69yr			70-79yr			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	0.6	1.4	273	0.5	0.9	265	0.5	1.0	251	0.6	1.6	263	0.5	1.2	1052
Female	0.4	0.7	259	0.5	1.1	253	0.7	1.5	259	0.6	1.1	256	0.6	1.1	1027
Total	0.5	1.1	532	0.5	1.0	518	0.6	1.3	510	0.6	1.4	519	0.6	1.2	2079

Average food intakes per month
Fried been curd (abura-age) - piece/month

	40-49yr			50-59yr			60-69yr			70-79yr			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	2.0	2.5	273	3.0	4.1	265	3.7	4.6	251	4.3	5.2	263	3.2	4.3	1052
Female	3.4	5.2	259	3.4	3.2	253	4.7	5.3	259	5.1	6.6	256	4.1	5.3	1027
Total	2.7	4.1	532	3.2	3.7	518	4.2	5.0	510	4.7	5.9	519	3.7	4.8	2079

Average food intakes per month
Dried been curd (kouya-dofu) - slice/month

	40-49yr			50-59yr			60-69yr			70-79yr			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	0.9	2.1	273	1.2	2.7	265	1.3	2.9	251	1.9	3.4	263	1.3	2.8	1052
Female	1.1	2.0	259	2.5	7.2	253	2.1	4.2	259	2.2	5.2	256	2.0	5.0	1027
Total	1.0	2.1	532	1.8	5.4	518	1.7	3.6	510	2.1	4.4	519	1.7	4.1	2079

Average food intakes per month
Fried been curd (ganmodoki or nama-age) - piece/month

	40-49yr			50-59yr			60-69yr			70-79yr			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	0.4	0.6	273	0.5	0.7	265	0.5	0.9	251	0.6	1.3	263	0.5	0.9	1052
Female	0.7	1.0	259	0.9	1.6	253	1.0	1.8	259	1.0	1.7	256	0.9	1.6	1027
Total	0.5	0.8	532	0.7	1.2	518	0.8	1.4	510	0.8	1.5	519	0.7	1.3	2079

Average food intakes per month
 Fermented soy beans - portion/month

	40-49yr			50-59yr			60-69yr			70-79yr			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	3.6	6.0	273	5.2	7.2	265	6.5	8.2	251	6.1	10.3	263	5.3	8.1	1052
Female	4.1	5.8	259	6.5	8.6	253	6.4	7.9	259	6.0	8.2	256	5.7	7.8	1027
Total	3.9	5.9	532	5.9	8.0	518	6.4	8.1	510	6.0	9.3	519	5.5	8.0	2079

Average food intakes per month
 Cucumber - stick/month

	40-49yr			50-59yr			60-69yr			70-79yr			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	2.9	2.6	273	3.4	3.2	265	4.6	5.7	251	3.8	4.6	263	3.6	4.2	1052
Female	4.0	3.1	259	4.5	5.1	253	4.4	4.3	259	4.0	4.3	256	4.3	4.2	1027
Total	3.4	2.9	532	3.9	4.2	518	4.5	5.0	510	3.9	4.4	519	3.9	4.2	2079

Average food intakes per month
 Tomato - tomato/month

	40-49yr			50-59yr			60-69yr			70-79yr			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	2.8	3.1	273	4.2	4.3	265	5.9	6.6	251	5.0	6.2	263	4.4	5.3	1052
Female	3.9	3.9	259	5.9	7.3	253	6.1	6.9	259	6.0	7.0	256	5.5	6.5	1027
Total	3.3	3.5	532	5.0	6.0	518	6.0	6.7	510	5.5	6.6	519	5.0	5.9	2079

Average food intakes per month
 Lettuce - plate/month

	40-49yr			50-59yr			60-69yr			70-79yr			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	2.2	2.1	273	2.4	2.6	265	2.6	3.6	251	2.0	2.7	263	2.3	2.8	1052
Female	2.7	2.5	259	2.3	2.2	253	2.4	2.5	259	2.1	2.8	256	2.4	2.5	1027
Total	2.4	2.3	532	2.3	2.4	518	2.5	3.1	510	2.1	2.7	519	2.3	2.6	2079

Average food intakes per month
Celery - plate/month

	40-49yr			50-59yr			60-69yr			70-79yr			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	0.2	0.5	273	0.5	1.0	265	0.5	1.1	251	0.4	1.1	263	0.4	0.9	1052
Female	0.2	0.5	259	0.5	1.0	253	0.5	1.1	259	0.3	0.9	256	0.3	0.9	1027
Total	0.2	0.5	532	0.5	1.0	518	0.5	1.1	510	0.3	1.0	519	0.4	0.9	2079

Average food intakes per month
Broccoli - plate/month

	40-49yr			50-59yr			60-69yr			70-79yr			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	0.7	1.0	273	0.9	1.3	265	1.3	1.8	251	1.1	1.7	263	1.0	1.5	1052
Female	1.0	1.2	259	1.3	1.4	253	1.4	1.6	259	1.2	1.4	256	1.2	1.4	1027
Total	0.9	1.1	532	1.1	1.4	518	1.3	1.7	510	1.1	1.6	519	1.1	1.5	2079

Average food intakes per month
Cauliflower - plate/month

	40-49yr			50-59yr			60-69yr			70-79yr			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	0.3	0.5	273	0.4	0.8	265	0.5	1.0	251	0.4	0.6	263	0.4	0.7	1052
Female	0.3	0.6	259	0.3	0.4	253	0.4	0.7	259	0.5	1.2	256	0.4	0.8	1027
Total	0.3	0.5	532	0.4	0.6	518	0.5	0.9	510	0.4	1.0	519	0.4	0.8	2079

Average food intakes per month
Cabbage - plate/month

	40-49yr			50-59yr			60-69yr			70-79yr			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	2.9	2.4	273	3.1	3.4	265	3.8	3.8	251	3.5	3.8	263	3.3	3.4	1052
Female	2.8	2.3	259	3.4	4.0	253	3.6	3.7	259	3.4	3.5	256	3.3	3.4	1027
Total	2.9	2.4	532	3.2	3.7	518	3.7	3.7	510	3.5	3.6	519	3.3	3.4	2079

Average food intakes per month
Green vegetable (such as green peppers, spinach, etc) - plate/month

	40-49yr			50-59yr			60-69yr			70-79yr			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	2.6	2.3	273	4.1	5.6	265	4.0	4.2	251	3.8	3.9	263	3.6	4.2	1052
Female	3.3	3.3	259	4.0	3.9	253	4.7	5.1	259	5.1	5.3	256	4.2	4.5	1027
Total	2.9	2.9	532	4.1	4.8	518	4.3	4.7	510	4.4	4.7	519	3.9	4.4	2079

Average food intakes per month
Carrot - plate/month

	40-49yr			50-59yr			60-69yr			70-79yr			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	2.1	2.0	273	2.5	2.8	265	2.8	2.4	251	2.8	2.7	263	2.5	2.5	1052
Female	3.2	2.9	259	3.9	3.7	253	4.0	4.3	259	3.8	3.6	256	3.7	3.7	1027
Total	2.7	2.6	532	3.2	3.4	518	3.4	3.5	510	3.3	3.2	519	3.1	3.2	2079

Average food intakes per month
Pumpkin - plate/month

	40-49yr			50-59yr			60-69yr			70-79yr			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	0.7	1.0	273	1.0	1.5	265	1.0	1.3	251	1.3	1.7	263	1.0	1.4	1052
Female	1.1	1.1	259	1.3	1.4	253	1.7	1.9	259	1.5	1.7	256	1.4	1.6	1027
Total	0.9	1.1	532	1.2	1.5	518	1.4	1.7	510	1.4	1.7	519	1.2	1.5	2079

Average food intakes per month
Chinese cabbage (haksai) - plate/month

	40-49yr			50-59yr			60-69yr			70-79yr			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	1.1	1.1	273	1.4	2.1	265	1.5	1.8	251	1.5	2.1	263	1.4	1.8	1052
Female	1.2	1.5	259	1.5	1.9	253	1.5	1.8	259	1.7	3.2	256	1.4	2.2	1027
Total	1.1	1.3	532	1.5	2.0	518	1.5	1.8	510	1.6	2.7	519	1.4	2.0	2079

Average food intakes per month
Edible wild plants (sansai) - plate/month

	40-49yr			50-59yr			60-69yr			70-79yr			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	0.2	0.3	273	0.2	0.5	265	0.2	0.5	251	0.3	1.2	263	0.2	0.7	1052
Female	0.2	0.4	259	0.2	0.3	253	0.3	0.8	259	0.2	0.5	256	0.2	0.5	1027
Total	0.2	0.3	532	0.2	0.4	518	0.3	0.7	510	0.2	0.9	519	0.2	0.6	2079

Average food intakes per month
Japanese radish (daikon) - plate/month

	40-49yr			50-59yr			60-69yr			70-79yr			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	1.6	1.5	273	2.3	2.4	265	2.7	2.4	251	2.8	3.1	263	2.4	2.5	1052
Female	2.4	2.7	259	2.5	2.7	253	3.1	2.9	259	3.3	3.8	256	2.8	3.1	1027
Total	2.0	2.2	532	2.4	2.6	518	2.9	2.7	510	3.1	3.5	519	2.6	2.8	2079

Average food intakes per month
Other vegetables (such as eggplant, onion etc.) - plate/month

	40-49yr			50-59yr			60-69yr			70-79yr			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	3.0	2.9	273	3.8	4.6	265	3.5	3.1	251	3.6	3.5	263	3.5	3.6	1052
Female	4.0	4.1	259	4.3	3.8	253	4.2	3.8	259	4.1	4.0	256	4.2	3.9	1027
Total	3.5	3.6	532	4.0	4.2	518	3.9	3.5	510	3.9	3.7	519	3.8	3.8	2079

Average food intakes per month
Green soybeans, green peas (soramame, edamame) - plate/month

	40-49yr			50-59yr			60-69yr			70-79yr			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	0.7	0.9	273	1.1	2.4	265	1.0	1.7	251	1.1	1.6	263	0.9	1.7	1052
Female	0.8	1.4	259	0.8	1.1	253	1.2	1.8	259	1.2	1.6	256	1.0	1.5	1027
Total	0.7	1.2	532	0.9	1.9	518	1.1	1.8	510	1.1	1.6	519	1.0	1.6	2079