

Frequency of food intakes
 Low fat milk or yogurt (as beverage or added to cereal)

		40-49yr		50-59yr		60-69yr		70-79yr		Total	
		N	%	N	%	N	%	N	%	N	%
Never	Male	82	30.0	98	37.0	87	34.7	125	47.5	392	37.3
	Female	27	10.4	42	16.6	54	20.8	77	30.1	200	19.5
	Total	109	20.5	140	27.0	141	27.6	202	38.9	592	28.5
Once a month	Male	48	17.6	38	14.3	32	12.7	15	5.7	133	12.6
	Female	33	12.7	16	6.3	20	7.7	26	10.2	95	9.3
	Total	81	15.2	54	10.4	52	10.2	41	7.9	228	11.0
2 to 3 times a month	Male	44	16.1	26	9.8	26	10.4	20	7.6	116	11.0
	Female	29	11.2	28	11.1	29	11.2	23	9.0	109	10.6
	Total	73	13.7	54	10.4	55	10.8	43	8.3	225	10.8
Once a week	Male	38	13.9	35	13.2	14	5.6	21	8.0	108	10.3
	Female	52	20.1	35	13.8	23	8.9	21	8.2	131	12.8
	Total	90	16.9	70	13.5	37	7.3	42	8.1	239	11.5
2 to 3 times a week	Male	30	11.0	27	10.2	38	15.1	29	11.0	124	11.8
	Female	64	24.7	58	22.9	47	18.1	30	11.7	199	19.4
	Total	94	17.7	85	16.4	85	16.7	59	11.4	323	15.5
4 to 6 times a week	Male	14	5.1	19	7.2	20	8.0	17	6.5	70	6.7
	Female	26	10.0	26	10.3	24	9.3	33	12.9	109	10.6
	Total	40	7.5	45	8.7	44	8.6	50	9.6	179	8.6
Once a day	Male	16	5.9	21	7.9	29	11.6	34	12.9	100	9.5
	Female	23	8.9	38	15.0	58	22.4	38	14.8	157	15.3
	Total	39	7.3	59	11.4	87	17.1	72	13.9	257	12.4
2 or more times a month	Male	1	0.4	1	0.4	5	2.0	2	0.8	9	0.9
	Female	5	1.9	10	4.0	4	1.5	8	3.1	27	2.6
	Total	6	1.1	11	2.1	9	1.8	10	1.9	36	1.7

Frequency of food intakes
Skim milk (as beverage or added to cereal)

		40-49yr		50-59yr		60-69yr		70-79yr		Total	
		N	%	N	%	N	%	N	%	N	%
Never	Male	265	97.1	252	95.1	240	95.6	243	92.4	1000	95.1
	Female	234	90.3	228	90.1	234	90.3	234	91.4	930	90.6
	Total	499	93.8	480	92.7	474	92.9	477	91.9	1930	92.8
Once a month	Male	3	1.1	6	2.3	4	1.6	5	1.9	18	1.7
	Female	16	6.2	11	4.3	5	1.9	5	2.0	37	3.6
	Total	19	3.6	17	3.3	9	1.8	10	1.9	55	2.6
2 to 3 times a month	Male	3	1.1	4	1.5	1	0.4	8	3.0	16	1.5
	Female	1	0.4	4	1.6	6	2.3	4	1.6	15	1.5
	Total	4	0.8	8	1.5	7	1.4	12	2.3	31	1.5
Once a week	Male	1	0.4	2	0.8	3	1.2	1	0.4	7	0.7
	Female	5	1.9	4	1.6	3	1.2	4	1.6	16	1.6
	Total	6	1.1	6	1.2	6	1.2	5	1.0	23	1.1
2 to 3 times a week	Male	1	0.4	1	0.4	1	0.4	4	1.5	7	0.7
	Female	2	0.8	4	1.6	3	1.2	4	1.6	13	1.3
	Total	3	0.6	5	1.0	4	0.8	8	1.5	20	1.0
4 to 6 times a week	Male	0	0	0	0	0	0	1	0.4	1	0.1
	Female	0	0	2	0.8	3	1.2	1	0.4	6	0.6
	Total	0	0	2	0.4	3	0.6	2	0.4	7	0.3
Once a day	Male	0	0	0	0	1	0.4	1	0.4	2	0.2
	Female	1	0.4	0	0	3	1.2	3	1.2	7	0.7
	Total	1	0.2	0	0	4	0.8	4	0.8	9	0.4
2 or more times a month	Male	0	0	0	0	1	0.4	0	0	1	0.1
	Female	0	0	0	0	2	0.8	1	0.4	3	0.3
	Total	0	0	0	0	3	0.6	1	0.2	4	0.2

Frequency of food intakes
Cocoa

		40-49yr		50-59yr		60-69yr		70-79yr		Total	
		N	%	N	%	N	%	N	%	N	%
Never	Male	189	69.2	214	80.8	180	71.7	187	71.1	770	73.2
	Female	139	53.7	145	57.3	151	58.3	136	53.1	571	55.6
	Total	328	61.7	359	69.3	331	64.9	323	62.2	1341	64.5
Once a month	Male	55	20.1	34	12.8	33	13.1	36	13.7	158	15.0
	Female	64	24.7	49	19.4	51	19.7	40	15.6	204	19.9
	Total	119	22.4	83	16.0	84	16.5	76	14.6	362	17.4
2 to 3 times a month	Male	14	5.1	12	4.5	20	8.0	15	5.7	61	5.8
	Female	30	11.6	28	11.1	21	8.1	37	14.5	116	11.3
	Total	44	8.3	40	7.7	41	8.0	52	10.0	177	8.5
Once a week	Male	7	2.6	3	1.1	10	4.0	6	2.3	26	2.5
	Female	15	5.8	15	5.9	11	4.2	14	5.5	55	5.4
	Total	22	4.1	18	3.5	21	4.1	20	3.9	81	3.9
2 to 3 times a week	Male	2	0.7	2	0.8	3	1.2	9	3.4	16	1.5
	Female	5	1.9	10	4.0	7	2.7	19	7.4	41	4.0
	Total	7	1.3	12	2.3	10	2.0	28	5.4	57	2.7
4 to 6 times a week	Male	3	1.1	0	0	2	0.8	4	1.5	9	0.9
	Female	2	0.8	3	1.2	4	1.5	2	0.8	11	1.1
	Total	5	0.9	3	0.6	6	1.2	6	1.2	20	1.0
Once a day	Male	3	1.1	0	0	3	1.2	6	2.3	12	1.1
	Female	4	1.5	3	1.2	14	5.4	8	3.1	29	2.8
	Total	7	1.3	3	0.6	17	3.3	14	2.7	41	2.0

Frequency of food intakes
Lactic acid beverage

		40-49yr		50-59yr		60-69yr		70-79yr		Total	
		N	%	N	%	N	%	N	%	N	%
Never	Male	107	39.2	128	48.3	117	46.6	135	51.3	487	46.3
	Female	122	47.1	101	39.9	93	35.9	104	40.6	420	40.9
	Total	229	43.0	229	44.2	210	41.2	239	46.1	907	43.6
Once a month	Male	57	20.9	47	17.7	42	16.7	26	9.9	172	16.3
	Female	44	17.0	54	21.3	40	15.4	31	12.1	169	16.5
	Total	101	19.0	101	19.5	82	16.1	57	11.0	341	16.4
2 to 3 times a month	Male	38	13.9	30	11.3	45	17.9	27	10.3	140	13.3
	Female	41	15.8	39	15.4	43	16.6	32	12.5	155	15.1
	Total	79	14.8	69	13.3	88	17.3	59	11.4	295	14.2
Once a week	Male	30	11.0	23	8.7	17	6.8	16	6.1	86	8.2
	Female	25	9.7	18	7.1	16	6.2	22	8.6	81	7.9
	Total	55	10.3	41	7.9	33	6.5	38	7.3	167	8.0
2 to 3 times a week	Male	23	8.4	17	6.4	13	5.2	20	7.6	73	6.9
	Female	11	4.2	24	9.5	23	8.9	30	11.7	88	8.6
	Total	34	6.4	41	7.9	36	7.1	50	9.6	161	7.7
4 to 6 times a week	Male	12	4.4	9	3.4	5	2.0	12	4.6	38	3.6
	Female	9	3.5	10	4.0	15	5.8	11	4.3	45	4.4
	Total	21	3.9	19	3.7	20	3.9	23	4.4	83	4.0
Once a day	Male	6	2.2	9	3.4	11	4.4	26	9.9	52	4.9
	Female	7	2.7	7	2.8	27	10.4	25	9.8	66	6.4
	Total	13	2.4	16	3.1	38	7.5	51	9.8	118	5.7
2 or more times a month	Male	0	0	2	0.8	1	0.4	1	0.4	4	0.4
	Female	0	0	0	0	2	0.8	1	0.4	3	0.3
	Total	0	0	2	0.4	3	0.6	2	0.4	7	0.3

Frequency of food intakes
Soybean milk

		40-49yr		50-59yr		60-69yr		70-79yr		Total	
		N	%	N	%	N	%	N	%	N	%
Never	Male	244	89.4	243	91.7	225	89.6	228	86.7	940	89.4
	Female	217	83.8	206	81.4	196	75.7	217	84.8	836	81.4
	Total	461	86.7	449	86.7	421	82.5	445	85.7	1776	85.4
Once a month	Male	16	5.9	15	5.7	15	6.0	16	6.1	62	5.9
	Female	30	11.6	32	12.6	24	9.3	16	6.3	102	9.9
	Total	46	8.6	47	9.1	39	7.6	32	6.2	164	7.9
2 to 3 times a month	Male	7	2.6	4	1.5	8	3.2	9	3.4	28	2.7
	Female	5	1.9	4	1.6	11	4.2	11	4.3	31	3.0
	Total	12	2.3	8	1.5	19	3.7	20	3.9	59	2.8
Once a week	Male	4	1.5	2	0.8	1	0.4	6	2.3	13	1.2
	Female	3	1.2	3	1.2	10	3.9	4	1.6	20	1.9
	Total	7	1.3	5	1.0	11	2.2	10	1.9	33	1.6
2 to 3 times a week	Male	1	0.4	1	0.4	2	0.8	2	0.8	6	0.6
	Female	3	1.2	3	1.2	8	3.1	2	0.8	16	1.6
	Total	4	0.8	4	0.8	10	2.0	4	0.8	22	1.1
4 to 6 times a week	Male	1	0.4	0	0	0	0	1	0.4	2	0.2
	Female	1	0.4	1	0.4	6	2.3	3	1.2	11	1.1
	Total	2	0.4	1	0.2	6	1.2	4	0.8	13	0.6
Once a day	Male	0	0	0	0	0	0	1	0.4	1	0.1
	Female	0	0	4	1.6	4	1.5	3	1.2	11	1.1
	Total	0	0	4	0.8	4	0.8	4	0.8	12	0.6

Frequency of food intakes
Cheese

		40-49yr		50-59yr		60-69yr		70-79yr		Total	
		N	%	N	%	N	%	N	%	N	%
Never	Male	91	33.3	94	35.5	93	37.1	104	39.5	382	36.3
	Female	51	19.7	73	28.9	84	32.4	112	43.8	320	31.2
	Total	142	26.7	167	32.2	177	34.7	216	41.6	702	33.8
Once a month	Male	66	24.2	67	25.3	55	21.9	40	15.2	228	21.7
	Female	83	32.0	63	24.9	49	18.9	40	15.6	235	22.9
	Total	149	28.0	130	25.1	104	20.4	80	15.4	463	22.3
2 to 3 times a month	Male	58	21.2	51	19.2	46	18.3	34	12.9	189	18.0
	Female	51	19.7	52	20.6	38	14.7	26	10.2	167	16.3
	Total	109	20.5	103	19.9	84	16.5	60	11.6	356	17.1
Once a week	Male	32	11.7	23	8.7	16	6.4	34	12.9	105	10.0
	Female	44	17.0	19	7.5	30	11.6	23	9.0	116	11.3
	Total	76	14.3	42	8.1	46	9.0	57	11.0	221	10.6
2 to 3 times a week	Male	19	7.0	16	6.0	20	8.0	22	8.4	77	7.3
	Female	17	6.6	21	8.3	25	9.7	24	9.4	87	8.5
	Total	36	6.8	37	7.1	45	8.8	46	8.9	164	7.9
4 to 6 times a week	Male	4	1.5	5	1.9	8	3.2	14	5.3	31	2.9
	Female	10	3.9	13	5.1	16	6.2	17	6.6	56	5.5
	Total	14	2.6	18	3.5	24	4.7	31	6.0	87	4.2
Once a day	Male	3	1.1	9	3.4	12	4.8	14	5.3	38	3.6
	Female	3	1.2	12	4.7	17	6.6	14	5.5	46	4.5
	Total	6	1.1	21	4.1	29	5.7	28	5.4	84	4.0
2 or more times a month	Male	0	0	0	0	1	0.4	1	0.4	2	0.2
	Female	0	0	0	0	0	0	0	0	0	0
	Total	0	0	0	0	1	0.2	1	0.2	2	0.1

Frequency of food intakes
Ice cream

		40-49yr		50-59yr		60-69yr		70-79yr		Total	
		N	%	N	%	N	%	N	%	N	%
Never	Male	51	18.7	75	28.3	67	26.7	103	39.2	296	28.1
	Female	38	14.7	43	17.0	63	24.3	79	30.9	223	21.7
	Total	89	16.7	118	22.8	130	25.5	182	35.1	519	25.0
Once a month	Male	93	34.1	86	32.5	90	35.9	80	30.4	349	33.2
	Female	74	28.6	82	32.4	92	35.5	78	30.5	326	31.7
	Total	167	31.4	168	32.4	182	35.7	158	30.4	675	32.5
2 to 3 times a month	Male	69	25.3	58	21.9	48	19.1	42	16.0	217	20.6
	Female	80	30.9	65	25.7	68	26.3	65	25.4	278	27.1
	Total	149	28.0	123	23.7	116	22.7	107	20.6	495	23.8
Once a week	Male	33	12.1	24	9.1	25	10.0	23	8.7	105	10.0
	Female	35	13.5	36	14.2	15	5.8	18	7.0	104	10.1
	Total	68	12.8	60	11.6	40	7.8	41	7.9	209	10.1
2 to 3 times a week	Male	21	7.7	14	5.3	14	5.6	14	5.3	63	6.0
	Female	26	10.0	23	9.1	15	5.8	10	3.9	74	7.2
	Total	47	8.8	37	7.1	29	5.7	24	4.6	137	6.6
4 to 6 times a week	Male	6	2.2	6	2.3	6	2.4	0	0	18	1.7
	Female	4	1.5	3	1.2	6	2.3	5	2.0	18	1.8
	Total	10	1.9	9	1.7	12	2.4	5	1.0	36	1.7
Once a day	Male	0	0	2	0.8	1	0.4	1	0.4	4	0.4
	Female	2	0.8	0	0	0	0	0	0	2	0.2
	Total	2	0.4	2	0.4	1	0.2	1	0.2	6	0.3
2 or more times a month	Male	0	0	0	0	0	0	0	0	0	0
	Female	0	0	1	0.4	0	0	1	0.4	2	0.2
	Total	0	0	1	0.2	0	0	1	0.2	2	0.1

Frequency of food intakes
Ice milk or sherbet

		40-49yr		50-59yr		60-69yr		70-79yr		Total	
		N	%	N	%	N	%	N	%	N	%
Never	Male	111	40.7	131	49.4	137	54.6	160	60.8	539	51.2
	Female	102	39.4	115	45.5	138	53.3	155	60.5	510	49.7
	Total	213	40.0	246	47.5	275	53.9	315	60.7	1049	50.5
Once a month	Male	95	34.8	82	30.9	69	27.5	63	24.0	309	29.4
	Female	83	32.0	77	30.4	63	24.3	52	20.3	275	26.8
	Total	178	33.5	159	30.7	132	25.9	115	22.2	584	28.1
2 to 3 times a month	Male	39	14.3	31	11.7	28	11.2	22	8.4	120	11.4
	Female	49	18.9	39	15.4	33	12.7	36	14.1	157	15.3
	Total	88	16.5	70	13.5	61	12.0	58	11.2	277	13.3
Once a week	Male	17	6.2	12	4.5	12	4.8	13	4.9	54	5.1
	Female	20	7.7	14	5.5	13	5.0	6	2.3	53	5.2
	Total	37	7.0	26	5.0	25	4.9	19	3.7	107	5.1
2 to 3 times a week	Male	11	4.0	7	2.6	4	1.6	4	1.5	26	2.5
	Female	5	1.9	8	3.2	9	3.5	4	1.6	26	2.5
	Total	16	3.0	15	2.9	13	2.5	8	1.5	52	2.5
4 to 6 times a week	Male	0	0	2	0.8	1	0.4	0	0	3	0.3
	Female	0	0	0	0	3	1.2	2	0.8	5	0.5
	Total	0	0	2	0.4	4	0.8	2	0.4	8	0.4
Once a day	Male	0	0	0	0	0	0	1	0.4	1	0.1
	Female	0	0	0	0	0	0	0	0	0	0
	Total	0	0	0	0	0	0	1	0.2	1	0.0
2 or more times a month	Male	0	0	0	0	0	0	0	0	0	0
	Female	0	0	0	0	0	0	1	0.4	1	0.1
	Total	0	0	0	0	0	0	1	0.2	1	0.0

Frequency of food intakes
Cookies

		40-49yr		50-59yr		60-69yr		70-79yr		Total	
		N	%	N	%	N	%	N	%	N	%
Never	Male	84	30.8	107	40.4	100	39.8	94	35.7	385	36.6
	Female	42	16.2	64	25.3	80	30.9	78	30.5	264	25.7
	Total	126	23.7	171	33.0	180	35.3	172	33.1	649	31.2
Once a month	Male	78	28.6	64	24.2	70	27.9	65	24.7	277	26.3
	Female	60	23.2	80	31.6	63	24.3	58	22.7	261	25.4
	Total	138	25.9	144	27.8	133	26.1	123	23.7	538	25.9
2 to 3 times a month	Male	56	20.5	48	18.1	40	15.9	53	20.2	197	18.7
	Female	67	25.9	45	17.8	56	21.6	43	16.8	211	20.5
	Total	123	23.1	93	18.0	96	18.8	96	18.5	408	19.6
Once a week	Male	26	9.5	23	8.7	16	6.4	29	11.0	94	8.9
	Female	45	17.4	30	11.9	28	10.8	32	12.5	135	13.1
	Total	71	13.3	53	10.2	44	8.6	61	11.8	229	11.0
2 to 3 times a week	Male	26	9.5	20	7.5	17	6.8	20	7.6	83	7.9
	Female	37	14.3	27	10.7	24	9.3	29	11.3	117	11.4
	Total	63	11.8	47	9.1	41	8.0	49	9.4	200	9.6
4 to 6 times a week	Male	3	1.1	2	0.8	5	2.0	1	0.4	11	1.0
	Female	8	3.1	4	1.6	6	2.3	11	4.3	29	2.8
	Total	11	2.1	6	1.2	11	2.2	12	2.3	40	1.9
Once a day	Male	0	0	1	0.4	3	1.2	1	0.4	5	0.5
	Female	0	0	3	1.2	2	0.8	4	1.6	9	0.9
	Total	0	0	4	0.8	5	1.0	5	1.0	14	0.7
2 or more times a month	Male	0	0	0	0	0	0	0	0	0	0
	Female	0	0	0	0	0	0	1	0.4	1	0.1
	Total	0	0	0	0	0	0	1	0.2	1	0.0

Frequency of food intakes
Cake

		40-49yr		50-59yr		60-69yr		70-79yr		Total	
		N	%	N	%	N	%	N	%	N	%
Never	Male	74	27.1	93	35.1	95	37.8	121	46.0	383	36.4
	Female	28	10.8	42	16.6	69	26.6	89	34.8	228	22.2
	Total	102	19.2	135	26.1	164	32.2	210	40.5	611	29.4
Once a month	Male	132	48.4	118	44.5	114	45.4	83	31.6	447	42.5
	Female	131	50.6	121	47.8	123	47.5	113	44.1	488	47.5
	Total	263	49.4	239	46.1	237	46.5	196	37.8	935	45.0
2 to 3 times a month	Male	49	17.9	43	16.2	30	12.0	41	15.6	163	15.5
	Female	65	25.1	72	28.5	52	20.1	43	16.8	232	22.6
	Total	114	21.4	115	22.2	82	16.1	84	16.2	395	19.0
Once a week	Male	15	5.5	7	2.6	11	4.4	15	5.7	48	4.6
	Female	28	10.8	14	5.5	13	5.0	11	4.3	66	6.4
	Total	43	8.1	21	4.1	24	4.7	26	5.0	114	5.5
2 to 3 times a week	Male	3	1.1	4	1.5	1	0.4	2	0.8	10	1.0
	Female	6	2.3	4	1.6	2	0.8	0	0	12	1.2
	Total	9	1.7	8	1.5	3	0.6	2	0.4	22	1.1
4 to 6 times a week	Male	0	0	0	0	0	0	1	0.4	1	0.1
	Female	1	0.4	0	0	0	0	0	0	1	0.1
	Total	1	0.2	0	0	0	0	1	0.2	2	0.1

Frequency of food intakes
Apple or other fruit pies

		40-49yr		50-59yr		60-69yr		70-79yr		Total	
		N	%	N	%	N	%	N	%	N	%
Never	Male	185	67.8	199	75.1	200	79.7	220	83.7	804	76.4
	Female	100	38.6	129	51.0	171	66.0	180	70.3	580	56.5
	Total	285	53.6	328	63.3	371	72.7	400	77.1	1384	66.6
Once a month	Male	60	22.0	55	20.8	39	15.5	32	12.2	186	17.7
	Female	120	46.3	97	38.3	67	25.9	52	20.3	336	32.7
	Total	180	33.8	152	29.3	106	20.8	84	16.2	522	25.1
2 to 3 times a month	Male	25	9.2	8	3.0	9	3.6	6	2.3	48	4.6
	Female	30	11.6	20	7.9	17	6.6	20	7.8	87	8.5
	Total	55	10.3	28	5.4	26	5.1	26	5.0	135	6.5
Once a week	Male	3	1.1	2	0.8	3	1.2	4	1.5	12	1.1
	Female	7	2.7	6	2.4	4	1.5	4	1.6	21	2.0
	Total	10	1.9	8	1.5	7	1.4	8	1.5	33	1.6
2 to 3 times a week	Male	0	0	1	0.4	0	0	0	0	1	0.1
	Female	1	0.4	0	0	0	0	0	0	1	0.1
	Total	1	0.2	1	0.2	0	0	0	0	2	0.1
4 to 6 times a week	Male	0	0	0	0	0	0	0	0	0	0
	Female	1	0.4	1	0.4	0	0	0	0	2	0.2
	Total	1	0.2	1	0.2	0	0	0	0	2	0.1
Once a day	Male	0	0	0	0	0	0	1	0.4	1	0.1
	Female	0	0	0	0	0	0	0	0	0	0
	Total	0	0	0	0	0	0	1	0.2	1	0.0

Frequency of food intakes
 Pudding

		40-49yr		50-59yr		60-69yr		70-79yr		Total	
		N	%	N	%	N	%	N	%	N	%
Never	Male	125	45.8	141	53.2	125	49.8	150	57.0	541	51.4
	Female	64	24.7	83	32.8	102	39.4	79	30.9	328	31.9
	Total	189	35.5	224	43.2	227	44.5	229	44.1	869	41.8
Once a month	Male	96	35.2	74	27.9	77	30.7	68	25.9	315	29.9
	Female	109	42.1	103	40.7	81	31.3	83	32.4	376	36.6
	Total	205	38.5	177	34.2	158	31.0	151	29.1	691	33.2
2 to 3 times a month	Male	32	11.7	36	13.6	33	13.1	27	10.3	128	12.2
	Female	57	22.0	47	18.6	46	17.8	48	18.8	198	19.3
	Total	89	16.7	83	16.0	79	15.5	75	14.5	326	15.7
Once a week	Male	15	5.5	9	3.4	6	2.4	9	3.4	39	3.7
	Female	22	8.5	11	4.3	15	5.8	28	10.9	76	7.4
	Total	37	7.0	20	3.9	21	4.1	37	7.1	115	5.5
2 to 3 times a week	Male	3	1.1	4	1.5	9	3.6	7	2.7	23	2.2
	Female	7	2.7	7	2.8	11	4.2	14	5.5	39	3.8
	Total	10	1.9	11	2.1	20	3.9	21	4.0	62	3.0
4 to 6 times a week	Male	1	0.4	1	0.4	0	0	2	0.8	4	0.4
	Female	0	0	1	0.4	3	1.2	3	1.2	7	0.7
	Total	1	0.2	2	0.4	3	0.6	5	1.0	11	0.5
Once a day	Male	1	0.4	0	0	1	0.4	0	0	2	0.2
	Female	0	0	1	0.4	1	0.4	1	0.4	3	0.3
	Total	1	0.2	1	0.2	2	0.4	1	0.2	5	0.2

Frequency of food intakes
Chocolate

		40-49yr		50-59yr		60-69yr		70-79yr		Total	
		N	%	N	%	N	%	N	%	N	%
Never	Male	62	22.7	109	41.1	112	44.6	103	39.2	386	36.7
	Female	36	13.9	57	22.5	89	34.4	101	39.5	283	27.6
	Total	98	18.4	166	32.0	201	39.4	204	39.3	669	32.2
Once a month	Male	86	31.5	93	35.1	73	29.1	76	28.9	328	31.2
	Female	87	33.6	86	34.0	87	33.6	57	22.3	317	30.9
	Total	173	32.5	179	34.6	160	31.4	133	25.6	645	31.0
2 to 3 times a month	Male	65	23.8	31	11.7	37	14.7	38	14.4	171	16.3
	Female	52	20.1	66	26.1	46	17.8	51	19.9	215	20.9
	Total	117	22.0	97	18.7	83	16.3	89	17.1	386	18.6
Once a week	Male	35	12.8	19	7.2	13	5.2	22	8.4	89	8.5
	Female	35	13.5	27	10.7	12	4.6	23	9.0	97	9.4
	Total	70	13.2	46	8.9	25	4.9	45	8.7	186	8.9
2 to 3 times a week	Male	19	7.0	7	2.6	11	4.4	14	5.3	51	4.8
	Female	34	13.1	13	5.1	15	5.8	18	7.0	80	7.8
	Total	53	10.0	20	3.9	26	5.1	32	6.2	131	6.3
4 to 6 times a week	Male	3	1.1	6	2.3	1	0.4	4	1.5	14	1.3
	Female	12	4.6	2	0.8	7	2.7	4	1.6	25	2.4
	Total	15	2.8	8	1.5	8	1.6	8	1.5	39	1.9
Once a day	Male	3	1.1	0	0	3	1.2	5	1.9	11	1.0
	Female	3	1.2	2	0.8	3	1.2	2	0.8	10	1.0
	Total	6	1.1	2	0.4	6	1.2	7	1.3	21	1.0
2 or more times a month	Male	0	0	0	0	1	0.4	1	0.4	2	0.2
	Female	0	0	0	0	0	0	0	0	0	0
	Total	0	0	0	0	1	0.2	1	0.2	2	0.1

Frequency of food intakes
Japanese style confectioneries (man-ju, yo-kan)

		40-49yr		50-59yr		60-69yr		70-79yr		Total	
		N	%	N	%	N	%	N	%	N	%
Never	Male	60	22.0	48	18.1	35	13.9	21	8.0	164	15.6
	Female	23	8.9	15	5.9	16	6.2	19	7.4	73	7.1
	Total	83	15.6	63	12.2	51	10.0	40	7.7	237	11.4
Once a month	Male	95	34.8	91	34.3	65	25.9	65	24.7	316	30.0
	Female	61	23.6	40	15.8	41	15.8	45	17.6	187	18.2
	Total	156	29.3	131	25.3	106	20.8	110	21.2	503	24.2
2 to 3 times a month	Male	65	23.8	64	24.2	70	27.9	72	27.4	271	25.8
	Female	75	29.0	82	32.4	60	23.2	58	22.7	275	26.8
	Total	140	26.3	146	28.2	130	25.5	130	25.0	546	26.3
Once a week	Male	37	13.6	34	12.8	35	13.9	42	16.0	148	14.1
	Female	58	22.4	56	22.1	51	19.7	57	22.3	222	21.6
	Total	95	17.9	90	17.4	86	16.9	99	19.1	370	17.8
2 to 3 times a week	Male	14	5.1	23	8.7	35	13.9	42	16.0	114	10.8
	Female	37	14.3	40	15.8	58	22.4	52	20.3	187	18.2
	Total	51	9.6	63	12.2	93	18.2	94	18.1	301	14.5
4 to 6 times a week	Male	1	0.4	4	1.5	6	2.4	11	4.2	22	2.1
	Female	5	1.9	14	5.5	21	8.1	19	7.4	59	5.7
	Total	6	1.1	18	3.5	27	5.3	30	5.8	81	3.9
Once a day	Male	1	0.4	1	0.4	5	2.0	10	3.8	17	1.6
	Female	0	0	5	2.0	12	4.6	6	2.3	23	2.2
	Total	1	0.2	6	1.2	17	3.3	16	3.1	40	1.9
2 or more times a month	Male	0	0	0	0	0	0	0	0	0	0
	Female	0	0	1	0.4	0	0	0	0	1	0.1
	Total	0	0	1	0.2	0	0	0	0	1	0.0

Frequency of food intakes
Cracker, Rice cracker, Snack cake (arare, sen-bei)

		40-49yr		50-59yr		60-69yr		70-79yr		Total	
		N	%	N	%	N	%	N	%	N	%
Never	Male	29	10.6	44	16.6	34	13.5	22	8.4	129	12.3
	Female	11	4.2	18	7.1	28	10.8	29	11.3	86	8.4
	Total	40	7.5	62	12.0	62	12.2	51	9.8	215	10.3
Once a month	Male	58	21.2	60	22.6	42	16.7	35	13.3	195	18.5
	Female	32	12.4	33	13.0	27	10.4	22	8.6	114	11.1
	Total	90	16.9	93	18.0	69	13.5	57	11.0	309	14.9
2 to 3 times a month	Male	78	28.6	64	24.2	61	24.3	57	21.7	260	24.7
	Female	59	22.8	67	26.5	42	16.2	33	12.9	201	19.6
	Total	137	25.8	131	25.3	103	20.2	90	17.3	461	22.2
Once a week	Male	53	19.4	46	17.4	39	15.5	54	20.5	192	18.3
	Female	50	19.3	51	20.2	33	12.7	42	16.4	176	17.1
	Total	103	19.4	97	18.7	72	14.1	96	18.5	368	17.7
2 to 3 times a week	Male	33	12.1	28	10.6	50	19.9	64	24.3	175	16.6
	Female	58	22.4	47	18.6	70	27.0	63	24.6	238	23.2
	Total	91	17.1	75	14.5	120	23.5	127	24.5	413	19.9
4 to 6 times a week	Male	15	5.5	17	6.4	16	6.4	21	8.0	69	6.6
	Female	35	13.5	27	10.7	42	16.2	44	17.2	148	14.4
	Total	50	9.4	44	8.5	58	11.4	65	12.5	217	10.4
Once a day	Male	7	2.6	6	2.3	9	3.6	10	3.8	32	3.0
	Female	13	5.0	10	4.0	16	6.2	21	8.2	60	5.8
	Total	20	3.8	16	3.1	25	4.9	31	6.0	92	4.4
2 or more times a month	Male	0	0	0	0	0	0	0	0	0	0
	Female	1	0.4	0	0	1	0.4	2	0.8	4	0.4
	Total	1	0.2	0	0	1	0.2	2	0.4	4	0.2

Frequency of food intakes
Rice dumpling (dango)

		40-49yr		50-59yr		60-69yr		70-79yr		Total	
		N	%	N	%	N	%	N	%	N	%
Never	Male	81	29.7	114	43.0	84	33.5	94	35.7	373	35.5
	Female	50	19.3	61	24.1	61	23.6	71	27.7	243	23.7
	Total	131	24.6	175	33.8	145	28.4	165	31.8	616	29.6
Once a month	Male	132	48.4	103	38.9	97	38.6	102	38.8	434	41.3
	Female	132	51.0	126	49.8	118	45.6	107	41.8	483	47.0
	Total	264	49.6	229	44.2	215	42.2	209	40.3	917	44.1
2 to 3 times a month	Male	50	18.3	37	14.0	48	19.1	45	17.1	180	17.1
	Female	53	20.5	44	17.4	49	18.9	45	17.6	191	18.6
	Total	103	19.4	81	15.6	97	19.0	90	17.3	371	17.8
Once a week	Male	9	3.3	8	3.0	17	6.8	15	5.7	49	4.7
	Female	17	6.6	17	6.7	20	7.7	27	10.5	81	7.9
	Total	26	4.9	25	4.8	37	7.3	42	8.1	130	6.3
2 to 3 times a week	Male	1	0.4	1	0.4	5	2.0	6	2.3	13	1.2
	Female	7	2.7	4	1.6	11	4.2	6	2.3	28	2.7
	Total	8	1.5	5	1.0	16	3.1	12	2.3	41	2.0
4 to 6 times a week	Male	0	0	2	0.8	0	0	1	0.4	3	0.3
	Female	0	0	1	0.4	0	0	0	0	1	0.1
	Total	0	0	3	0.6	0	0	1	0.2	4	0.2

Frequency of food intakes
Nuts (peanuts, other nuts)

		40-49yr		50-59yr		60-69yr		70-79yr		Total	
		N	%	N	%	N	%	N	%	N	%
Never	Male	62	22.7	86	32.5	98	39.0	118	44.9	364	34.6
	Female	74	28.6	65	25.7	83	32.0	120	46.9	342	33.3
	Total	136	25.6	151	29.2	181	35.5	238	45.9	706	34.0
Once a month	Male	83	30.4	56	21.1	59	23.5	47	17.9	245	23.3
	Female	90	34.7	77	30.4	60	23.2	49	19.1	276	26.9
	Total	173	32.5	133	25.7	119	23.3	96	18.5	521	25.1
2 to 3 times a month	Male	65	23.8	52	19.6	49	19.5	43	16.3	209	19.9
	Female	59	22.8	53	20.9	36	13.9	35	13.7	183	17.8
	Total	124	23.3	105	20.3	85	16.7	78	15.0	392	18.9
Once a week	Male	31	11.4	32	12.1	13	5.2	19	7.2	95	9.0
	Female	21	8.1	32	12.6	25	9.7	15	5.9	93	9.1
	Total	52	9.8	64	12.4	38	7.5	34	6.6	188	9.0
2 to 3 times a week	Male	16	5.9	21	7.9	19	7.6	23	8.7	79	7.5
	Female	9	3.5	13	5.1	30	11.6	20	7.8	72	7.0
	Total	25	4.7	34	6.6	49	9.6	43	8.3	151	7.3
4 to 6 times a week	Male	14	5.1	11	4.2	8	3.2	8	3.0	41	3.9
	Female	5	1.9	6	2.4	13	5.0	13	5.1	37	3.6
	Total	19	3.6	17	3.3	21	4.1	21	4.0	78	3.8
Once a day	Male	2	0.7	5	1.9	4	1.6	4	1.5	15	1.4
	Female	1	0.4	5	2.0	12	4.6	3	1.2	21	2.0
	Total	3	0.6	10	1.9	16	3.1	7	1.3	36	1.7
2 or more times a month	Male	0	0	2	0.8	1	0.4	1	0.4	4	0.4
	Female	0	0	2	0.8	0	0	1	0.4	3	0.3
	Total	0	0	4	0.8	1	0.2	2	0.4	7	0.3

Frequency of food intakes
 Potato, corn or other chips

		40-49yr		50-59yr		60-69yr		70-79yr		Total	
		N	%	N	%	N	%	N	%	N	%
Never	Male	102	37.4	177	66.8	170	67.7	200	76.0	649	61.7
	Female	120	46.3	173	68.4	201	77.6	182	71.1	676	65.8
	Total	222	41.7	350	67.6	371	72.7	382	73.6	1325	63.7
Once a month	Male	101	37.0	58	21.9	54	21.5	35	13.3	248	23.6
	Female	75	29.0	59	23.3	42	16.2	50	19.5	226	22.0
	Total	176	33.1	117	22.6	96	18.8	85	16.4	474	22.8
2 to 3 times a month	Male	46	16.8	16	6.0	14	5.6	15	5.7	91	8.7
	Female	43	16.6	14	5.5	13	5.0	12	4.7	82	8.0
	Total	89	16.7	30	5.8	27	5.3	27	5.2	173	8.3
Once a week	Male	17	6.2	11	4.2	9	3.6	8	3.0	45	4.3
	Female	9	3.5	6	2.4	2	0.8	8	3.1	25	2.4
	Total	26	4.9	17	3.3	11	2.2	16	3.1	70	3.4
2 to 3 times a week	Male	6	2.2	3	1.1	2	0.8	4	1.5	15	1.4
	Female	10	3.9	1	0.4	1	0.4	3	1.2	15	1.5
	Total	16	3.0	4	0.8	3	0.6	7	1.3	30	1.4
4 to 6 times a week	Male	1	0.4	0	0	2	0.8	1	0.4	4	0.4
	Female	1	0.4	0	0	0	0	1	0.4	2	0.2
	Total	2	0.4	0	0	2	0.4	2	0.4	6	0.3
Once a day	Male	0	0	0	0	0	0	0	0	0	0
	Female	1	0.4	0	0	0	0	0	0	1	0.1
	Total	1	0.2	0	0	0	0	0	0	1	0.0

Frequency of food intakes
Pop corn

		40-49yr		50-59yr		60-69yr		70-79yr		Total	
		N	%	N	%	N	%	N	%	N	%
Never	Male	208	76.2	238	89.8	214	85.3	232	88.2	892	84.8
	Female	202	78.0	217	85.8	226	87.3	218	85.2	863	84.0
	Total	410	77.1	455	87.8	440	86.3	450	86.7	1755	84.4
Once a month	Male	56	20.5	23	8.7	27	10.8	23	8.7	129	12.3
	Female	53	20.5	30	11.9	27	10.4	31	12.1	141	13.7
	Total	109	20.5	53	10.2	54	10.6	54	10.4	270	13.0
2 to 3 times a month	Male	9	3.3	4	1.5	6	2.4	5	1.9	24	2.3
	Female	3	1.2	5	2.0	5	1.9	4	1.6	17	1.7
	Total	12	2.3	9	1.7	11	2.2	9	1.7	41	2.0
Once a week	Male	0	0	0	0	2	0.8	3	1.1	5	0.5
	Female	1	0.4	1	0.4	0	0	2	0.8	4	0.4
	Total	1	0.2	1	0.2	2	0.4	5	1.0	9	0.4
2 to 3 times a week	Male	0	0	0	0	2	0.8	0	0	2	0.2
	Female	0	0	0	0	0	0	1	0.4	1	0.1
	Total	0	0	0	0	2	0.4	1	0.2	3	0.1
Once a day	Male	0	0	0	0	0	0	0	0	0	0
	Female	0	0	0	0	1	0.4	0	0	1	0.1
	Total	0	0	0	0	1	0.2	0	0	1	0.0

Frequency of food intakes
Pickled Japanese radish (takuan)

		40-49yr		50-59yr		60-69yr		70-79yr		Total	
		N	%	N	%	N	%	N	%	N	%
Never	Male	39	14.3	34	12.8	43	17.1	45	17.1	161	15.3
	Female	32	12.4	28	11.1	51	19.7	52	20.3	163	15.9
	Total	71	13.3	62	12.0	94	18.4	97	18.7	324	15.6
Once a month	Male	41	15.0	30	11.3	35	13.9	23	8.7	129	12.3
	Female	56	21.6	49	19.4	29	11.2	32	12.5	166	16.2
	Total	97	18.2	79	15.3	64	12.5	55	10.6	295	14.2
2 to 3 times a month	Male	49	17.9	45	17.0	35	13.9	31	11.8	160	15.2
	Female	53	20.5	50	19.8	31	12.0	28	10.9	162	15.8
	Total	102	19.2	95	18.3	66	12.9	59	11.4	322	15.5
Once a week	Male	51	18.7	48	18.1	28	11.2	23	8.7	150	14.3
	Female	34	13.1	32	12.6	26	10.0	19	7.4	111	10.8
	Total	85	16.0	80	15.4	54	10.6	42	8.1	261	12.6
2 to 3 times a week	Male	50	18.3	52	19.6	45	17.9	37	14.1	184	17.5
	Female	47	18.1	42	16.6	48	18.5	41	16.0	178	17.3
	Total	97	18.2	94	18.1	93	18.2	78	15.0	362	17.4
4 to 6 times a week	Male	28	10.3	29	10.9	22	8.8	34	12.9	113	10.7
	Female	22	8.5	27	10.7	28	10.8	32	12.5	109	10.6
	Total	50	9.4	56	10.8	50	9.8	66	12.7	222	10.7
Once a day	Male	12	4.4	24	9.1	32	12.7	48	18.3	116	11.0
	Female	13	5.0	18	7.1	30	11.6	29	11.3	90	8.8
	Total	25	4.7	42	8.1	62	12.2	77	14.8	206	9.9
2 or more times a month	Male	3	1.1	3	1.1	11	4.4	22	8.4	39	3.7
	Female	2	0.8	7	2.8	16	6.2	23	9.0	48	4.7
	Total	5	0.9	10	1.9	27	5.3	45	8.7	87	4.2