

Frequency of food intakes
Apple

		40-49yr		50-59yr		60-69yr		70-79yr		Total	
		N	%	N	%	N	%	N	%	N	%
Never	Male	28	10.3	21	7.9	19	7.6	25	9.5	93	8.8
	Female	17	6.6	8	3.2	11	4.2	22	8.6	58	5.6
	Total	45	8.5	29	5.6	30	5.9	47	9.1	151	7.3
Once a month	Male	83	30.4	76	28.7	39	15.5	36	13.7	234	22.2
	Female	57	22.0	38	15.0	22	8.5	34	13.3	151	14.7
	Total	140	26.3	114	22.0	61	12.0	70	13.5	385	18.5
2 to 3 times a month	Male	97	35.5	77	29.1	80	31.9	63	24.0	317	30.1
	Female	93	35.9	44	17.4	53	20.5	47	18.4	237	23.1
	Total	190	35.7	121	23.4	133	26.1	110	21.2	554	26.6
Once a week	Male	40	14.7	38	14.3	32	12.7	59	22.4	169	16.1
	Female	43	16.6	71	28.1	55	21.2	45	17.6	214	20.8
	Total	83	15.6	109	21.0	87	17.1	104	20.0	383	18.4
2 to 3 times a week	Male	19	7.0	37	14.0	44	17.5	41	15.6	141	13.4
	Female	28	10.8	54	21.3	71	27.4	64	25.0	217	21.1
	Total	47	8.8	91	17.6	115	22.5	105	20.2	358	17.2
4 to 6 times a week	Male	5	1.8	8	3.0	20	8.0	17	6.5	50	4.8
	Female	15	5.8	18	7.1	28	10.8	29	11.3	90	8.8
	Total	20	3.8	26	5.0	48	9.4	46	8.9	140	6.7
Once a day	Male	1	0.4	7	2.6	15	6.0	21	8.0	44	4.2
	Female	6	2.3	19	7.5	17	6.6	14	5.5	56	5.5
	Total	7	1.3	26	5.0	32	6.3	35	6.7	100	4.8
2 or more times a month	Male	0	0	1	0.4	2	0.8	1	0.4	4	0.4
	Female	0	0	1	0.4	2	0.8	1	0.4	4	0.4
	Total	0	0	2	0.4	4	0.8	2	0.4	8	0.4

Frequency of food intakes
Pear

		40-49yr		50-59yr		60-69yr		70-79yr		Total	
		N	%	N	%	N	%	N	%	N	%
Never	Male	59	21.6	69	26.0	61	24.3	88	33.5	277	26.3
	Female	36	13.9	42	16.6	55	21.2	73	28.5	206	20.1
	Total	95	17.9	111	21.4	116	22.7	161	31.0	483	23.2
Once a month	Male	142	52.0	116	43.8	115	45.8	101	38.4	474	45.1
	Female	124	47.9	95	37.5	100	38.6	85	33.2	404	39.3
	Total	266	50.0	211	40.7	215	42.2	186	35.8	878	42.2
2 to 3 times a month	Male	61	22.3	66	24.9	52	20.7	57	21.7	236	22.4
	Female	73	28.2	72	28.5	66	25.5	68	26.6	279	27.2
	Total	134	25.2	138	26.6	118	23.1	125	24.1	515	24.8
Once a week	Male	10	3.7	12	4.5	18	7.2	15	5.7	55	5.2
	Female	23	8.9	37	14.6	32	12.4	26	10.2	118	11.5
	Total	33	6.2	49	9.5	50	9.8	41	7.9	173	8.3
2 to 3 times a week	Male	1	0.4	2	0.8	5	2.0	1	0.4	9	0.9
	Female	3	1.2	5	2.0	6	2.3	3	1.2	17	1.7
	Total	4	0.8	7	1.4	11	2.2	4	0.8	26	1.3
4 to 6 times a week	Male	0	0	0	0	0	0	0	0	0	0
	Female	0	0	1	0.4	0	0	1	0.4	2	0.2
	Total	0	0	1	0.2	0	0	1	0.2	2	0.1
Once a day	Male	0	0	0	0	0	0	1	0.4	1	0.1
	Female	0	0	1	0.4	0	0	0	0	1	0.1
	Total	0	0	1	0.2	0	0	1	0.2	2	0.1

Frequency of food intakes
Banana

		40-49yr		50-59yr		60-69yr		70-79yr		Total	
		N	%	N	%	N	%	N	%	N	%
Never	Male	30	11.0	30	11.3	25	10.0	15	5.7	100	9.5
	Female	24	9.3	18	7.1	14	5.4	15	5.9	71	6.9
	Total	54	10.2	48	9.3	39	7.6	30	5.8	171	8.2
Once a month	Male	73	26.7	71	26.8	39	15.5	45	17.1	228	21.7
	Female	56	21.6	42	16.6	32	12.4	22	8.6	152	14.8
	Total	129	24.2	113	21.8	71	13.9	67	12.9	380	18.3
2 to 3 times a month	Male	80	29.3	76	28.7	49	19.5	69	26.2	274	26.0
	Female	78	30.1	55	21.7	58	22.4	52	20.3	243	23.7
	Total	158	29.7	131	25.3	107	21.0	121	23.3	517	24.9
Once a week	Male	50	18.3	41	15.5	38	15.1	41	15.6	170	16.2
	Female	45	17.4	52	20.6	53	20.5	47	18.4	197	19.2
	Total	95	17.9	93	18.0	91	17.8	88	17.0	367	17.7
2 to 3 times a week	Male	27	9.9	25	9.4	49	19.5	50	19.0	151	14.4
	Female	37	14.3	45	17.8	48	18.5	64	25.0	194	18.9
	Total	64	12.0	70	13.5	97	19.0	114	22.0	345	16.6
4 to 6 times a week	Male	8	2.9	16	6.0	25	10.0	18	6.8	67	6.4
	Female	15	5.8	21	8.3	36	13.9	25	9.8	97	9.4
	Total	23	4.3	37	7.1	61	12.0	43	8.3	164	7.9
Once a day	Male	5	1.8	6	2.3	25	10.0	22	8.4	58	5.5
	Female	4	1.5	19	7.5	18	6.9	29	11.3	70	6.8
	Total	9	1.7	25	4.8	43	8.4	51	9.8	128	6.2
2 or more times a month	Male	0	0	0	0	1	0.4	3	1.1	4	0.4
	Female	0	0	1	0.4	0	0	2	0.8	3	0.3
	Total	0	0	1	0.2	1	0.2	5	1.0	7	0.3

Frequency of food intakes
 Persimmon (include dried persimmon)

		40-49yr		50-59yr		60-69yr		70-79yr		Total	
		N	%	N	%	N	%	N	%	N	%
Never	Male	98	35.9	74	27.9	49	19.5	54	20.5	275	26.1
	Female	56	21.6	32	12.6	29	11.2	33	12.9	150	14.6
	Total	154	28.9	106	20.5	78	15.3	87	16.8	425	20.4
Once a month	Male	116	42.5	98	37.0	90	35.9	78	29.7	382	36.3
	Female	117	45.2	73	28.9	75	29.0	70	27.3	335	32.6
	Total	233	43.8	171	33.0	165	32.4	148	28.5	717	34.5
2 to 3 times a month	Male	38	13.9	64	24.2	69	27.5	75	28.5	246	23.4
	Female	59	22.8	72	28.5	76	29.3	69	27.0	276	26.9
	Total	97	18.2	136	26.3	145	28.4	144	27.7	522	25.1
Once a week	Male	18	6.6	20	7.5	35	13.9	44	16.7	117	11.1
	Female	17	6.6	60	23.7	54	20.8	55	21.5	186	18.1
	Total	35	6.6	80	15.4	89	17.5	99	19.1	303	14.6
2 to 3 times a week	Male	3	1.1	8	3.0	7	2.8	10	3.8	28	2.7
	Female	10	3.9	14	5.5	22	8.5	25	9.8	71	6.9
	Total	13	2.4	22	4.2	29	5.7	35	6.7	99	4.8
4 to 6 times a week	Male	0	0	0	0	0	0	1	0.4	1	0.1
	Female	0	0	1	0.4	2	0.8	3	1.2	6	0.6
	Total	0	0	1	0.2	2	0.4	4	0.8	7	0.3
Once a day	Male	0	0	1	0.4	0	0	1	0.4	2	0.2
	Female	0	0	1	0.4	1	0.4	0	0	2	0.2
	Total	0	0	2	0.4	1	0.2	1	0.2	4	0.2
2 or more times a month	Male	0	0	0	0	1	0.4	0	0	1	0.1
	Female	0	0	0	0	0	0	1	0.4	1	0.1
	Total	0	0	0	0	1	0.2	1	0.2	2	0.1

Frequency of food intakes
Strawberries

		40-49yr		50-59yr		60-69yr		70-79yr		Total	
		N	%	N	%	N	%	N	%	N	%
Never	Male	49	17.9	52	19.6	50	19.9	56	21.3	207	19.7
	Female	24	9.3	33	13.0	33	12.7	43	16.8	133	13.0
	Total	73	13.7	85	16.4	83	16.3	99	19.1	340	16.4
Once a month	Male	124	45.4	101	38.1	84	33.5	88	33.5	397	37.7
	Female	112	43.2	90	35.6	85	32.8	67	26.2	354	34.5
	Total	236	44.4	191	36.9	169	33.1	155	29.9	751	36.1
2 to 3 times a month	Male	74	27.1	81	30.6	77	30.7	66	25.1	298	28.3
	Female	96	37.1	81	32.0	80	30.9	90	35.2	347	33.8
	Total	170	32.0	162	31.3	157	30.8	156	30.1	645	31.0
Once a week	Male	24	8.8	26	9.8	30	12.0	35	13.3	115	10.9
	Female	19	7.3	38	15.0	44	17.0	35	13.7	136	13.2
	Total	43	8.1	64	12.4	74	14.5	70	13.5	251	12.1
2 to 3 times a week	Male	2	0.7	5	1.9	7	2.8	15	5.7	29	2.8
	Female	7	2.7	6	2.4	15	5.8	20	7.8	48	4.7
	Total	9	1.7	11	2.1	22	4.3	35	6.7	77	3.7
4 to 6 times a week	Male	0	0	0	0	3	1.2	3	1.1	6	0.6
	Female	1	0.4	5	2.0	2	0.8	0	0	8	0.8
	Total	1	0.2	5	1.0	5	1.0	3	0.6	14	0.7
2 or more times a month	Male	0	0	0	0	0	0	0	0	0	0
	Female	0	0	0	0	0	0	1	0.4	1	0.1
	Total	0	0	0	0	0	0	1	0.2	1	0.0

Frequency of food intakes
Kiwi fruit

		40-49yr		50-59yr		60-69yr		70-79yr		Total	
		N	%	N	%	N	%	N	%	N	%
Never	Male	130	47.6	134	50.6	117	46.6	138	52.5	519	49.3
	Female	75	29.0	68	26.9	80	30.9	101	39.5	324	31.5
	Total	205	38.5	202	39.0	197	38.6	239	46.1	843	40.5
Once a month	Male	89	32.6	82	30.9	65	25.9	63	24.0	299	28.4
	Female	104	40.2	79	31.2	72	27.8	56	21.9	311	30.3
	Total	193	36.3	161	31.1	137	26.9	119	22.9	610	29.3
2 to 3 times a month	Male	34	12.5	30	11.3	33	13.1	35	13.3	132	12.5
	Female	51	19.7	56	22.1	52	20.1	57	22.3	216	21.0
	Total	85	16.0	86	16.6	85	16.7	92	17.7	348	16.7
Once a week	Male	11	4.0	11	4.2	16	6.4	19	7.2	57	5.4
	Female	22	8.5	25	9.9	24	9.3	24	9.4	95	9.3
	Total	33	6.2	36	6.9	40	7.8	43	8.3	152	7.3
2 to 3 times a week	Male	7	2.6	5	1.9	15	6.0	7	2.7	34	3.2
	Female	5	1.9	17	6.7	17	6.6	13	5.1	52	5.1
	Total	12	2.3	22	4.2	32	6.3	20	3.9	86	4.1
4 to 6 times a week	Male	0	0	2	0.8	2	0.8	1	0.4	5	0.5
	Female	1	0.4	7	2.8	5	1.9	2	0.8	15	1.5
	Total	1	0.2	9	1.7	7	1.4	3	0.6	20	1.0
Once a day	Male	2	0.7	1	0.4	3	1.2	0	0	6	0.6
	Female	1	0.4	1	0.4	9	3.5	3	1.2	14	1.4
	Total	3	0.6	2	0.4	12	2.4	3	0.6	20	1.0

Frequency of food intakes
Grapefruit or orange juices or drinks

		40-49yr		50-59yr		60-69yr		70-79yr		Total	
		N	%	N	%	N	%	N	%	N	%
Never	Male	98	35.9	125	47.2	131	52.2	161	61.2	515	49.0
	Female	102	39.4	110	43.5	134	51.7	167	65.2	513	50.0
	Total	200	37.6	235	45.4	265	52.0	328	63.2	1028	49.4
Once a month	Male	76	27.8	70	26.4	59	23.5	50	19.0	255	24.2
	Female	84	32.4	76	30.0	60	23.2	38	14.8	258	25.1
	Total	160	30.1	146	28.2	119	23.3	88	17.0	513	24.7
2 to 3 times a month	Male	52	19.0	36	13.6	36	14.3	28	10.6	152	14.4
	Female	34	13.1	24	9.5	30	11.6	26	10.2	114	11.1
	Total	86	16.2	60	11.6	66	12.9	54	10.4	266	12.8
Once a week	Male	29	10.6	19	7.2	14	5.6	15	5.7	77	7.3
	Female	20	7.7	27	10.7	14	5.4	7	2.7	68	6.6
	Total	49	9.2	46	8.9	28	5.5	22	4.2	145	7.0
2 to 3 times a week	Male	12	4.4	11	4.2	9	3.6	8	3.0	40	3.8
	Female	13	5.0	10	4.0	13	5.0	13	5.1	49	4.8
	Total	25	4.7	21	4.1	22	4.3	21	4.0	89	4.3
4 to 6 times a week	Male	5	1.8	1	0.4	1	0.4	1	0.4	8	0.8
	Female	4	1.5	2	0.8	3	1.2	3	1.2	12	1.2
	Total	9	1.7	3	0.6	4	0.8	4	0.8	20	1.0
Once a day	Male	1	0.4	2	0.8	1	0.4	0	0	4	0.4
	Female	2	0.8	4	1.6	4	1.5	2	0.8	12	1.2
	Total	3	0.6	6	1.2	5	1.0	2	0.4	16	0.8
2 or more times a month	Male	0	0	1	0.4	0	0	0	0	1	0.1
	Female	0	0	0	0	1	0.4	0	0	1	0.1
	Total	0	0	1	0.2	1	0.2	0	0	2	0.1

Frequency of food intakes
Tomato or vegetable juices

		40-49yr		50-59yr		60-69yr		70-79yr		Total	
		N	%	N	%	N	%	N	%	N	%
Never	Male	137	50.2	115	43.4	111	44.2	145	55.1	508	48.3
	Female	157	60.6	132	52.2	143	55.2	161	62.9	593	57.7
	Total	294	55.3	247	47.7	254	49.8	306	59.0	1101	53.0
Once a month	Male	63	23.1	61	23.0	58	23.1	34	12.9	216	20.5
	Female	52	20.1	47	18.6	41	15.8	30	11.7	170	16.6
	Total	115	21.6	108	20.8	99	19.4	64	12.3	386	18.6
2 to 3 times a month	Male	37	13.6	48	18.1	37	14.7	41	15.6	163	15.5
	Female	31	12.0	31	12.3	26	10.0	24	9.4	112	10.9
	Total	68	12.8	79	15.3	63	12.4	65	12.5	275	13.2
Once a week	Male	19	7.0	15	5.7	20	8.0	14	5.3	68	6.5
	Female	9	3.5	16	6.3	10	3.9	10	3.9	45	4.4
	Total	28	5.3	31	6.0	30	5.9	24	4.6	113	5.4
2 to 3 times a week	Male	7	2.6	15	5.7	14	5.6	18	6.8	54	5.1
	Female	4	1.5	13	5.1	17	6.6	18	7.0	52	5.1
	Total	11	2.1	28	5.4	31	6.1	36	6.9	106	5.1
4 to 6 times a week	Male	4	1.5	3	1.1	4	1.6	3	1.1	14	1.3
	Female	1	0.4	8	3.2	12	4.6	6	2.3	27	2.6
	Total	5	0.9	11	2.1	16	3.1	9	1.7	41	2.0
Once a day	Male	6	2.2	7	2.6	7	2.8	8	3.0	28	2.7
	Female	5	1.9	6	2.4	10	3.9	7	2.7	28	2.7
	Total	11	2.1	13	2.5	17	3.3	15	2.9	56	2.7
2 or more times a month	Male	0	0	1	0.4	0	0	0	0	1	0.1
	Female	0	0	0	0	0	0	0	0	0	0
	Total	0	0	1	0.2	0	0	0	0	1	0.0

Frequency of food intakes
Other fruits juices and drinks

		40-49yr		50-59yr		60-69yr		70-79yr		Total	
		N	%	N	%	N	%	N	%	N	%
Never	Male	115	42.1	151	57.0	157	62.5	184	70.0	607	57.7
	Female	143	55.2	148	58.5	176	68.0	184	71.9	651	63.4
	Total	258	48.5	299	57.7	333	65.3	368	70.9	1258	60.5
Once a month	Male	54	19.8	49	18.5	40	15.9	35	13.3	178	16.9
	Female	49	18.9	55	21.7	37	14.3	36	14.1	177	17.2
	Total	103	19.4	104	20.1	77	15.1	71	13.7	355	17.1
2 to 3 times a month	Male	45	16.5	31	11.7	25	10.0	18	6.8	119	11.3
	Female	29	11.2	25	9.9	16	6.2	18	7.0	88	8.6
	Total	74	13.9	56	10.8	41	8.0	36	6.9	207	10.0
Once a week	Male	29	10.6	19	7.2	14	5.6	17	6.5	79	7.5
	Female	14	5.4	7	2.8	11	4.2	9	3.5	41	4.0
	Total	43	8.1	26	5.0	25	4.9	26	5.0	120	5.8
2 to 3 times a week	Male	21	7.7	7	2.6	9	3.6	5	1.9	42	4.0
	Female	13	5.0	7	2.8	10	3.9	4	1.6	34	3.3
	Total	34	6.4	14	2.7	19	3.7	9	1.7	76	3.7
4 to 6 times a week	Male	5	1.8	2	0.8	2	0.8	3	1.1	12	1.1
	Female	5	1.9	5	2.0	5	1.9	2	0.8	17	1.7
	Total	10	1.9	7	1.4	7	1.4	5	1.0	29	1.4
Once a day	Male	2	0.7	3	1.1	4	1.6	1	0.4	10	1.0
	Female	6	2.3	6	2.4	4	1.5	2	0.8	18	1.8
	Total	8	1.5	9	1.7	8	1.6	3	0.6	28	1.3
2 or more times a month	Male	2	0.7	3	1.1	0	0	0	0	5	0.5
	Female	0	0	0	0	0	0	1	0.4	1	0.1
	Total	2	0.4	3	0.6	0	0	1	0.2	6	0.3

Frequency of food intakes
White bread

		40-49yr		50-59yr		60-69yr		70-79yr		Total	
		N	%	N	%	N	%	N	%	N	%
Never	Male	21	7.7	34	12.8	32	12.7	39	14.8	126	12.0
	Female	8	3.1	11	4.3	28	10.8	42	16.4	89	8.7
	Total	29	5.5	45	8.7	60	11.8	81	15.6	215	10.3
Once a month	Male	34	12.5	37	14.0	42	16.7	31	11.8	144	13.7
	Female	21	8.1	26	10.3	45	17.4	32	12.5	124	12.1
	Total	55	10.3	63	12.2	87	17.1	63	12.1	268	12.9
2 to 3 times a month	Male	34	12.5	48	18.1	28	11.2	46	17.5	156	14.8
	Female	22	8.5	30	11.9	36	13.9	30	11.7	118	11.5
	Total	56	10.5	78	15.1	64	12.5	76	14.6	274	13.2
Once a week	Male	43	15.8	42	15.8	29	11.6	33	12.5	147	14.0
	Female	40	15.4	43	17.0	30	11.6	24	9.4	137	13.3
	Total	83	15.6	85	16.4	59	11.6	57	11.0	284	13.7
2 to 3 times a week	Male	59	21.6	33	12.5	35	13.9	26	9.9	153	14.5
	Female	60	23.2	39	15.4	37	14.3	45	17.6	181	17.6
	Total	119	22.4	72	13.9	72	14.1	71	13.7	334	16.1
4 to 6 times a week	Male	38	13.9	24	9.1	19	7.6	27	10.3	108	10.3
	Female	57	22.0	45	17.8	31	12.0	22	8.6	155	15.1
	Total	95	17.9	69	13.3	50	9.8	49	9.4	263	12.7
Once a day	Male	44	16.1	47	17.7	66	26.3	60	22.8	217	20.6
	Female	49	18.9	58	22.9	51	19.7	60	23.4	218	21.2
	Total	93	17.5	105	20.3	117	22.9	120	23.1	435	20.9
2 or more times a month	Male	0	0	0	0	0	0	1	0.4	1	0.1
	Female	2	0.8	1	0.4	1	0.4	1	0.4	5	0.5
	Total	2	0.4	1	0.2	1	0.2	2	0.4	6	0.3

Frequency of food intakes
Whole wheat or rye breads

		40-49yr		50-59yr		60-69yr		70-79yr		Total	
		N	%	N	%	N	%	N	%	N	%
Never	Male	238	87.2	242	91.3	226	90.0	240	91.3	946	89.9
	Female	224	86.5	209	82.6	229	88.4	222	86.7	884	86.1
	Total	462	86.8	451	87.1	455	89.2	462	89.0	1830	88.0
Once a month	Male	25	9.2	18	6.8	18	7.2	9	3.4	70	6.7
	Female	19	7.3	25	9.9	14	5.4	15	5.9	73	7.1
	Total	44	8.3	43	8.3	32	6.3	24	4.6	143	6.9
2 to 3 times a month	Male	6	2.2	3	1.1	4	1.6	5	1.9	18	1.7
	Female	12	4.6	8	3.2	4	1.5	5	2.0	29	2.8
	Total	18	3.4	11	2.1	8	1.6	10	1.9	47	2.3
Once a week	Male	2	0.7	0	0	3	1.2	4	1.5	9	0.9
	Female	2	0.8	7	2.8	7	2.7	9	3.5	25	2.4
	Total	4	0.8	7	1.4	10	2.0	13	2.5	34	1.6
2 to 3 times a week	Male	0	0	0	0	0	0	4	1.5	4	0.4
	Female	1	0.4	2	0.8	3	1.2	4	1.6	10	1.0
	Total	1	0.2	2	0.4	3	0.6	8	1.5	14	0.7
4 to 6 times a week	Male	2	0.7	0	0	0	0	0	0	2	0.2
	Female	1	0.4	2	0.8	1	0.4	1	0.4	5	0.5
	Total	3	0.6	2	0.4	1	0.2	1	0.2	7	0.3
Once a day	Male	0	0	2	0.8	0	0	1	0.4	3	0.3
	Female	0	0	0	0	1	0.4	0	0	1	0.1
	Total	0	0	2	0.4	1	0.2	1	0.2	4	0.2

Frequency of food intakes
 Rolles, french rolles

		40-49yr		50-59yr		60-69yr		70-79yr		Total	
		N	%	N	%	N	%	N	%	N	%
Never	Male	110	40.3	138	52.1	141	56.2	167	63.5	556	52.9
	Female	59	22.8	92	36.4	113	43.6	138	53.9	402	39.1
	Total	169	31.8	230	44.4	254	49.8	305	58.8	958	46.1
Once a month	Male	74	27.1	68	25.7	61	24.3	40	15.2	243	23.1
	Female	74	28.6	69	27.3	83	32.0	57	22.3	283	27.6
	Total	148	27.8	137	26.4	144	28.2	97	18.7	526	25.3
2 to 3 times a month	Male	40	14.7	36	13.6	27	10.8	28	10.6	131	12.5
	Female	62	23.9	46	18.2	25	9.7	31	12.1	164	16.0
	Total	102	19.2	82	15.8	52	10.2	59	11.4	295	14.2
Once a week	Male	31	11.4	15	5.7	12	4.8	13	4.9	71	6.7
	Female	43	16.6	27	10.7	23	8.9	10	3.9	103	10.0
	Total	74	13.9	42	8.1	35	6.9	23	4.4	174	8.4
2 to 3 times a week	Male	13	4.8	7	2.6	5	2.0	11	4.2	36	3.4
	Female	14	5.4	14	5.5	6	2.3	16	6.3	50	4.9
	Total	27	5.1	21	4.1	11	2.2	27	5.2	86	4.1
4 to 6 times a week	Male	3	1.1	0	0	2	0.8	3	1.1	8	0.8
	Female	5	1.9	4	1.6	7	2.7	4	1.6	20	1.9
	Total	8	1.5	4	0.8	9	1.8	7	1.3	28	1.3
Once a day	Male	2	0.7	1	0.4	3	1.2	1	0.4	7	0.7
	Female	2	0.8	1	0.4	2	0.8	0	0	5	0.5
	Total	4	0.8	2	0.4	5	1.0	1	0.2	12	0.6

Frequency of food intakes
Doughnuts (agepan)

		40-49yr		50-59yr		60-69yr		70-79yr		Total	
		N	%	N	%	N	%	N	%	N	%
Never	Male	98	35.9	152	57.4	156	62.2	177	67.3	583	55.4
	Female	93	35.9	135	53.4	167	64.5	188	73.4	583	56.8
	Total	191	35.9	287	55.4	323	63.3	365	70.3	1166	56.1
Once a month	Male	100	36.6	73	27.5	56	22.3	43	16.3	272	25.9
	Female	92	35.5	70	27.7	60	23.2	39	15.2	261	25.4
	Total	192	36.1	143	27.6	116	22.7	82	15.8	533	25.6
2 to 3 times a month	Male	46	16.8	21	7.9	25	10.0	32	12.2	124	11.8
	Female	39	15.1	29	11.5	20	7.7	18	7.0	106	10.3
	Total	85	16.0	50	9.7	45	8.8	50	9.6	230	11.1
Once a week	Male	17	6.2	14	5.3	8	3.2	8	3.0	47	4.5
	Female	26	10.0	11	4.3	7	2.7	11	4.3	55	5.4
	Total	43	8.1	25	4.8	15	2.9	19	3.7	102	4.9
2 to 3 times a week	Male	9	3.3	4	1.5	5	2.0	2	0.8	20	1.9
	Female	8	3.1	6	2.4	4	1.5	0	0	18	1.8
	Total	17	3.2	10	1.9	9	1.8	2	0.4	38	1.8
4 to 6 times a week	Male	3	1.1	1	0.4	0	0	1	0.4	5	0.5
	Female	1	0.4	1	0.4	1	0.4	0	0	3	0.3
	Total	4	0.8	2	0.4	1	0.2	1	0.2	8	0.4
Once a day	Male	0	0	0	0	1	0.4	0	0	1	0.1
	Female	0	0	1	0.4	0	0	0	0	1	0.1
	Total	0	0	1	0.2	1	0.2	0	0	2	0.1

Frequency of food intakes
Sweet rolles

		40-49yr		50-59yr		60-69yr		70-79yr		Total	
		N	%	N	%	N	%	N	%	N	%
Never	Male	66	24.2	95	35.8	95	37.8	95	36.1	351	33.4
	Female	26	10.0	39	15.4	71	27.4	74	28.9	210	20.4
	Total	92	17.3	134	25.9	166	32.5	169	32.6	561	27.0
Once a month	Male	71	26.0	72	27.2	64	25.5	64	24.3	271	25.8
	Female	72	27.8	71	28.1	77	29.7	66	25.8	286	27.8
	Total	143	26.9	143	27.6	141	27.6	130	25.0	557	26.8
2 to 3 times a month	Male	56	20.5	54	20.4	45	17.9	44	16.7	199	18.9
	Female	47	18.1	56	22.1	52	20.1	53	20.7	208	20.3
	Total	103	19.4	110	21.2	97	19.0	97	18.7	407	19.6
Once a week	Male	43	15.8	26	9.8	20	8.0	29	11.0	118	11.2
	Female	66	25.5	40	15.8	27	10.4	33	12.9	166	16.2
	Total	109	20.5	66	12.7	47	9.2	62	11.9	284	13.7
2 to 3 times a week	Male	26	9.5	12	4.5	16	6.4	23	8.7	77	7.3
	Female	35	13.5	29	11.5	21	8.1	18	7.0	103	10.0
	Total	61	11.5	41	7.9	37	7.3	41	7.9	180	8.7
4 to 6 times a week	Male	10	3.7	6	2.3	5	2.0	4	1.5	25	2.4
	Female	6	2.3	7	2.8	6	2.3	7	2.7	26	2.5
	Total	16	3.0	13	2.5	11	2.2	11	2.1	51	2.5
Once a day	Male	1	0.4	0	0	6	2.4	4	1.5	11	1.0
	Female	6	2.3	10	4.0	5	1.9	5	2.0	26	2.5
	Total	7	1.3	10	1.9	11	2.2	9	1.7	37	1.8
2 or more times a month	Male	0	0	0	0	0	0	0	0	0	0
	Female	1	0.4	1	0.4	0	0	0	0	2	0.2
	Total	1	0.2	1	0.2	0	0	0	0	2	0.1

Frequency of food intakes
Pancakes, waffles and french toast

		40-49yr		50-59yr		60-69yr		70-79yr		Total	
		N	%	N	%	N	%	N	%	N	%
Never	Male	148	54.2	182	68.7	161	64.1	188	71.5	679	64.5
	Female	99	38.2	127	50.2	146	56.4	150	58.6	522	50.8
	Total	247	46.4	309	59.7	307	60.2	338	65.1	1201	57.8
Once a month	Male	82	30.0	53	20.0	63	25.1	52	19.8	250	23.8
	Female	109	42.1	86	34.0	74	28.6	65	25.4	334	32.5
	Total	191	35.9	139	26.8	137	26.9	117	22.5	584	28.1
2 to 3 times a month	Male	31	11.4	22	8.3	19	7.6	13	4.9	85	8.1
	Female	33	12.7	23	9.1	27	10.4	28	10.9	111	10.8
	Total	64	12.0	45	8.7	46	9.0	41	7.9	196	9.4
Once a week	Male	8	2.9	6	2.3	5	2.0	8	3.0	27	2.6
	Female	14	5.4	14	5.5	7	2.7	11	4.3	46	4.5
	Total	22	4.1	20	3.9	12	2.4	19	3.7	73	3.5
2 to 3 times a week	Male	3	1.1	2	0.8	1	0.4	2	0.8	8	0.8
	Female	4	1.5	3	1.2	4	1.5	1	0.4	12	1.2
	Total	7	1.3	5	1.0	5	1.0	3	0.6	20	1.0
4 to 6 times a week	Male	1	0.4	0	0	1	0.4	0	0	2	0.2
	Female	0	0	0	0	1	0.4	1	0.4	2	0.2
	Total	1	0.2	0	0	2	0.4	1	0.2	4	0.2
Once a day	Male	0	0	0	0	1	0.4	0	0	1	0.1
	Female	0	0	0	0	0	0	0	0	0	0
	Total	0	0	0	0	1	0.2	0	0	1	0.0

Frequency of food intakes
Butter

		40-49yr		50-59yr		60-69yr		70-79yr		Total	
		N	%	N	%	N	%	N	%	N	%
Never	Male	177	64.8	186	70.2	175	69.7	172	65.4	710	67.5
	Female	179	69.1	176	69.6	202	78.0	202	78.9	759	73.9
	Total	356	66.9	362	69.9	377	73.9	374	72.1	1469	70.7
Once a month	Male	42	15.4	27	10.2	33	13.1	21	8.0	123	11.7
	Female	33	12.7	24	9.5	19	7.3	20	7.8	96	9.3
	Total	75	14.1	51	9.8	52	10.2	41	7.9	219	10.5
2 to 3 times a month	Male	13	4.8	18	6.8	12	4.8	21	8.0	64	6.1
	Female	14	5.4	13	5.1	8	3.1	4	1.6	39	3.8
	Total	27	5.1	31	6.0	20	3.9	25	4.8	103	5.0
Once a week	Male	18	6.6	14	5.3	11	4.4	21	8.0	64	6.1
	Female	11	4.2	13	5.1	9	3.5	9	3.5	42	4.1
	Total	29	5.5	27	5.2	20	3.9	30	5.8	106	5.1
2 to 3 times a week	Male	10	3.7	10	3.8	7	2.8	14	5.3	41	3.9
	Female	17	6.6	12	4.7	11	4.2	10	3.9	50	4.9
	Total	27	5.1	22	4.2	18	3.5	24	4.6	91	4.4
4 to 6 times a week	Male	8	2.9	3	1.1	2	0.8	6	2.3	19	1.8
	Female	2	0.8	6	2.4	5	1.9	6	2.3	19	1.9
	Total	10	1.9	9	1.7	7	1.4	12	2.3	38	1.8
Once a day	Male	5	1.8	7	2.6	11	4.4	8	3.0	31	2.9
	Female	3	1.2	9	3.6	5	1.9	5	2.0	22	2.1
	Total	8	1.5	16	3.1	16	3.1	13	2.5	53	2.5

Frequency of food intakes
Margarine

		40-49yr		50-59yr		60-69yr		70-79yr		Total	
		N	%	N	%	N	%	N	%	N	%
Never	Male	79	28.9	104	39.2	107	42.6	124	47.1	414	39.4
	Female	40	15.4	63	24.9	104	40.2	116	45.3	323	31.5
	Total	119	22.4	167	32.2	211	41.4	240	46.2	737	35.4
Once a month	Male	28	10.3	33	12.5	29	11.6	20	7.6	110	10.5
	Female	25	9.7	28	11.1	33	12.7	28	10.9	114	11.1
	Total	53	10.0	61	11.8	62	12.2	48	9.2	224	10.8
2 to 3 times a month	Male	34	12.5	33	12.5	25	10.0	26	9.9	118	11.2
	Female	28	10.8	26	10.3	26	10.0	21	8.2	101	9.8
	Total	62	11.7	59	11.4	51	10.0	47	9.1	219	10.5
Once a week	Male	37	13.6	27	10.2	22	8.8	14	5.3	100	9.5
	Female	39	15.1	26	10.3	14	5.4	14	5.5	93	9.1
	Total	76	14.3	53	10.2	36	7.1	28	5.4	193	9.3
2 to 3 times a week	Male	34	12.5	28	10.6	20	8.0	21	8.0	103	9.8
	Female	42	16.2	40	15.8	29	11.2	23	9.0	134	13.0
	Total	76	14.3	68	13.1	49	9.6	44	8.5	237	11.4
4 to 6 times a week	Male	27	9.9	16	6.0	7	2.8	16	6.1	66	6.3
	Female	42	16.2	24	9.5	21	8.1	15	5.9	102	9.9
	Total	69	13.0	40	7.7	28	5.5	31	6.0	168	8.1
Once a day	Male	34	12.5	24	9.1	41	16.3	41	15.6	140	13.3
	Female	42	16.2	45	17.8	31	12.0	39	15.2	157	15.3
	Total	76	14.3	69	13.3	72	14.1	80	15.4	297	14.3
2 or more times a month	Male	0	0	0	0	0	0	1	0.4	1	0.1
	Female	1	0.4	1	0.4	1	0.4	0	0	3	0.3
	Total	1	0.2	1	0.2	1	0.2	1	0.2	4	0.2

Frequency of food intakes
Peanut butter

		40-49yr		50-59yr		60-69yr		70-79yr		Total	
		N	%	N	%	N	%	N	%	N	%
Never	Male	228	83.5	219	82.6	208	82.9	219	83.3	874	83.1
	Female	194	74.9	193	76.3	213	82.2	201	78.5	801	78.0
	Total	422	79.3	412	79.5	421	82.5	420	80.9	1675	80.6
Once a month	Male	27	9.9	25	9.4	27	10.8	17	6.5	96	9.1
	Female	34	13.1	32	12.6	28	10.8	21	8.2	115	11.2
	Total	61	11.5	57	11.0	55	10.8	38	7.3	211	10.1
2 to 3 times a month	Male	8	2.9	11	4.2	5	2.0	14	5.3	38	3.6
	Female	21	8.1	10	4.0	10	3.9	14	5.5	55	5.4
	Total	29	5.5	21	4.1	15	2.9	28	5.4	93	4.5
Once a week	Male	4	1.5	4	1.5	2	0.8	5	1.9	15	1.4
	Female	3	1.2	12	4.7	4	1.5	8	3.1	27	2.6
	Total	7	1.3	16	3.1	6	1.2	13	2.5	42	2.0
2 to 3 times a week	Male	3	1.1	6	2.3	7	2.8	5	1.9	21	2.0
	Female	4	1.5	4	1.6	3	1.2	8	3.1	19	1.9
	Total	7	1.3	10	1.9	10	2.0	13	2.5	40	1.9
4 to 6 times a week	Male	1	0.4	0	0	0	0	0	0	1	0.1
	Female	3	1.2	0	0	1	0.4	0	0	4	0.4
	Total	4	0.8	0	0	1	0.2	0	0	5	0.2
Once a day	Male	2	0.7	0	0	2	0.8	3	1.1	7	0.7
	Female	0	0	2	0.8	0	0	4	1.6	6	0.6
	Total	2	0.4	2	0.4	2	0.4	7	1.3	13	0.6

Frequency of food intakes
Jam, honey, sirop

		40-49yr		50-59yr		60-69yr		70-79yr		Total	
		N	%	N	%	N	%	N	%	N	%
Never	Male	128	46.9	126	47.5	120	47.8	124	47.1	498	47.3
	Female	77	29.7	77	30.4	90	34.7	95	37.1	339	33.0
	Total	205	38.5	203	39.2	210	41.2	219	42.2	837	40.3
Once a month	Male	48	17.6	54	20.4	45	17.9	34	12.9	181	17.2
	Female	51	19.7	50	19.8	51	19.7	30	11.7	182	17.7
	Total	99	18.6	104	20.1	96	18.8	64	12.3	363	17.5
2 to 3 times a month	Male	39	14.3	30	11.3	29	11.6	39	14.8	137	13.0
	Female	44	17.0	30	11.9	39	15.1	36	14.1	149	14.5
	Total	83	15.6	60	11.6	68	13.3	75	14.5	286	13.8
Once a week	Male	20	7.3	19	7.2	17	6.8	20	7.6	76	7.2
	Female	34	13.1	30	11.9	21	8.1	33	12.9	118	11.5
	Total	54	10.2	49	9.5	38	7.5	53	10.2	194	9.3
2 to 3 times a week	Male	16	5.9	17	6.4	16	6.4	19	7.2	68	6.5
	Female	28	10.8	39	15.4	29	11.2	26	10.2	122	11.9
	Total	44	8.3	56	10.8	45	8.8	45	8.7	190	9.1
4 to 6 times a week	Male	12	4.4	9	3.4	4	1.6	11	4.2	36	3.4
	Female	17	6.6	12	4.7	14	5.4	10	3.9	53	5.2
	Total	29	5.5	21	4.1	18	3.5	21	4.0	89	4.3
Once a day	Male	10	3.7	10	3.8	20	8.0	16	6.1	56	5.3
	Female	8	3.1	15	5.9	15	5.8	26	10.2	64	6.2
	Total	18	3.4	25	4.8	35	6.9	42	8.1	120	5.8

Frequency of food intakes
Whole milk (as beverage or added to cereal)

		40-49yr		50-59yr		60-69yr		70-79yr		Total	
		N	%	N	%	N	%	N	%	N	%
Never	Male	39	14.3	40	15.1	43	17.1	52	19.8	174	16.5
	Female	29	11.2	40	15.8	45	17.4	41	16.0	155	15.1
	Total	68	12.8	80	15.4	88	17.3	93	17.9	329	16.8
Once a month	Male	26	9.5	33	12.5	12	4.8	14	5.3	85	8.1
	Female	20	7.7	12	4.7	17	6.6	11	4.3	60	5.8
	Total	46	8.6	45	8.7	29	5.7	25	4.8	145	7.0
2 to 3 times a month	Male	26	9.5	23	8.7	18	7.2	11	4.2	78	7.4
	Female	11	4.2	19	7.5	10	3.9	8	3.1	48	4.7
	Total	37	7.0	42	8.1	28	5.5	19	3.7	126	6.1
Once a week	Male	21	7.7	25	9.4	15	6.0	12	4.6	73	6.9
	Female	16	6.2	23	9.1	15	5.8	8	3.1	62	6.0
	Total	37	7.0	48	9.3	30	5.9	20	3.9	135	6.5
2 to 3 times a week	Male	47	17.2	29	10.9	33	13.1	32	12.2	141	13.4
	Female	36	13.9	38	15.0	24	9.3	33	12.9	131	12.8
	Total	83	15.6	67	12.9	57	11.2	65	12.5	272	13.1
4 to 6 times a week	Male	30	11.0	28	10.6	32	12.7	20	7.6	110	10.5
	Female	53	20.5	27	10.7	28	10.8	23	9.0	131	12.8
	Total	83	15.6	55	10.6	60	11.8	43	8.3	241	11.6
Once a day	Male	71	26.0	76	28.7	78	31.1	108	41.1	333	31.7
	Female	65	25.1	70	27.7	105	40.5	115	44.9	355	34.6
	Total	136	25.6	146	28.2	183	35.9	223	43.0	688	33.1
2 or more times a month	Male	13	4.8	11	4.2	20	8.0	14	5.3	58	5.5
	Female	29	11.2	24	9.5	15	5.8	17	6.6	85	8.3
	Total	42	7.9	35	6.8	35	6.9	31	6.0	143	6.9