

Frequency of food intakes
Beef mixed with vegetables

		40-49yr		50-59yr		60-69yr		70-79yr		Total	
		N	%	N	%	N	%	N	%	N	%
Never	Male	7	2.6	9	3.4	17	6.8	19	7.2	52	4.9
	Female	4	1.5	8	3.2	17	6.6	29	11.3	58	5.6
	Total	11	2.1	17	3.3	34	6.7	48	9.2	110	5.3
Once a month	Male	58	21.2	53	20.0	59	23.5	62	23.6	232	22.1
	Female	49	18.9	43	17.0	49	18.9	53	20.7	194	18.9
	Total	107	20.1	96	18.5	108	21.2	115	22.2	426	20.5
2 to 3 times a month	Male	91	33.3	97	36.6	99	39.4	100	38.0	387	36.8
	Female	99	38.2	106	41.9	105	40.5	85	33.2	395	38.5
	Total	190	35.7	203	39.2	204	40.0	185	35.6	782	37.6
Once a week	Male	70	25.6	69	26.0	56	22.3	56	21.3	251	23.9
	Female	66	25.5	68	26.9	69	26.6	60	23.4	263	25.6
	Total	136	25.6	137	26.4	125	24.5	116	22.4	514	24.7
2 to 3 times a week	Male	42	15.4	33	12.5	18	7.2	22	8.4	115	10.9
	Female	38	14.7	27	10.7	17	6.6	27	10.5	109	10.6
	Total	80	15.0	60	11.6	35	6.9	49	9.4	224	10.8
4 to 6 times a week	Male	5	1.8	4	1.5	2	0.8	4	1.5	15	1.4
	Female	3	1.2	1	0.4	2	0.8	2	0.8	8	0.8
	Total	8	1.5	5	1.0	4	0.8	6	1.2	23	1.1

Frequency of food intakes
Pork mixed with vegetables

		40-49yr		50-59yr		60-69yr		70-79yr		Total	
		N	%	N	%	N	%	N	%	N	%
Never	Male	10	3.7	12	4.5	25	10.0	43	16.3	90	8.6
	Female	8	3.1	10	4.0	20	7.7	32	12.5	70	6.8
	Total	18	3.4	22	4.2	45	8.8	75	14.5	160	7.7
Once a month	Male	56	20.5	57	21.5	82	32.7	59	22.4	254	24.1
	Female	55	21.2	58	22.9	70	27.0	52	20.3	235	22.9
	Total	111	20.9	115	22.2	152	29.8	111	21.4	489	23.5
2 to 3 times a month	Male	85	31.1	96	36.2	86	34.3	76	28.9	343	32.6
	Female	70	27.0	88	34.8	69	26.6	94	36.7	321	31.3
	Total	155	29.1	184	35.5	155	30.4	170	32.8	664	31.9
Once a week	Male	79	28.9	56	21.1	39	15.5	60	22.8	234	22.2
	Female	65	25.1	56	22.1	67	25.9	48	18.8	236	23.0
	Total	144	27.1	112	21.6	106	20.8	108	20.8	470	22.6
2 to 3 times a week	Male	34	12.5	34	12.8	19	7.6	24	9.1	111	10.6
	Female	54	20.8	36	14.2	31	12.0	23	9.0	144	14.0
	Total	88	16.5	70	13.5	50	9.8	47	9.1	255	12.3
4 to 6 times a week	Male	9	3.3	10	3.8	0	0	0	0	19	1.8
	Female	7	2.7	4	1.6	2	0.8	7	2.7	20	1.9
	Total	16	3.0	14	2.7	2	0.4	7	1.3	39	1.9
Once a day	Male	0	0	0	0	0	0	1	0.4	1	0.1
	Female	0	0	1	0.4	0	0	0	0	1	0.1
	Total	0	0	1	0.2	0	0	1	0.2	2	0.1

Frequency of food intakes
Chicken mixed with vegetables

		40-49yr		50-59yr		60-69yr		70-79yr		Total	
		N	%	N	%	N	%	N	%	N	%
Never	Male	31	11.4	24	9.1	29	11.6	36	13.7	120	11.4
	Female	16	6.2	28	11.1	29	11.2	36	14.1	109	10.6
	Total	47	8.8	52	10.0	58	11.4	72	13.9	229	11.0
Once a month	Male	84	30.8	72	27.2	80	31.9	63	24.0	299	28.4
	Female	63	24.3	50	19.8	44	17.0	53	20.7	210	20.4
	Total	147	27.6	122	23.6	124	24.3	116	22.4	509	24.5
2 to 3 times a month	Male	67	24.5	85	32.1	84	33.5	85	32.3	321	30.5
	Female	67	25.9	73	28.9	87	33.6	59	23.0	286	27.8
	Total	134	25.2	158	30.5	171	33.5	144	27.7	607	29.2
Once a week	Male	63	23.1	57	21.5	40	15.9	50	19.0	210	20.0
	Female	69	26.6	63	24.9	63	24.3	59	23.0	254	24.7
	Total	132	24.8	120	23.2	103	20.2	109	21.0	464	22.3
2 to 3 times a week	Male	22	8.1	24	9.1	17	6.8	29	11.0	92	8.7
	Female	40	15.4	36	14.2	34	13.1	40	15.6	150	14.6
	Total	62	11.7	60	11.6	51	10.0	69	13.3	242	11.6
4 to 6 times a week	Male	6	2.2	3	1.1	1	0.4	0	0	10	1.0
	Female	4	1.5	2	0.8	2	0.8	8	3.1	16	1.6
	Total	10	1.9	5	1.0	3	0.6	8	1.5	26	1.3
Once a day	Male	0	0	0	0	0	0	0	0	0	0
	Female	0	0	1	0.4	0	0	1	0.4	2	0.2
	Total	0	0	1	0.2	0	0	1	0.2	2	0.1

Frequency of food intakes
Fish mixed with vegetables

		40-49yr		50-59yr		60-69yr		70-79yr		Total	
		N	%	N	%	N	%	N	%	N	%
Never	Male	41	15.0	28	10.6	28	11.2	47	17.9	144	13.7
	Female	34	13.1	29	11.5	29	11.2	45	17.6	137	13.3
	Total	75	14.1	57	11.0	57	11.2	92	17.7	281	13.5
Once a month	Male	86	31.5	81	30.6	66	26.3	56	21.3	289	27.5
	Female	102	39.4	71	28.1	76	29.3	58	22.7	307	29.9
	Total	188	35.3	152	29.3	142	27.8	114	22.0	596	28.7
2 to 3 times a month	Male	70	25.6	77	29.1	84	33.5	77	29.3	308	29.3
	Female	51	19.7	69	27.3	71	27.4	64	25.0	255	24.8
	Total	121	22.7	146	28.2	155	30.4	141	27.2	563	27.1
Once a week	Male	55	20.1	46	17.4	45	17.9	44	16.7	190	18.1
	Female	51	19.7	52	20.6	45	17.4	53	20.7	201	19.6
	Total	106	19.9	98	18.9	90	17.6	97	18.7	391	18.8
2 to 3 times a week	Male	20	7.3	25	9.4	26	10.4	34	12.9	105	10.0
	Female	19	7.3	31	12.3	34	13.1	28	10.9	112	10.9
	Total	39	7.3	56	10.8	60	11.8	62	11.9	217	10.4
4 to 6 times a week	Male	1	0.4	8	3.0	2	0.8	5	1.9	16	1.5
	Female	2	0.8	1	0.4	1	0.4	7	2.7	11	1.1
	Total	3	0.6	9	1.7	3	0.6	12	2.3	27	1.3
Once a day	Male	0	0	0	0	0	0	0	0	0	0
	Female	0	0	0	0	3	1.2	1	0.4	4	0.4
	Total	0	0	0	0	3	0.6	1	0.2	4	0.2

Frequency of food intakes
Fried vegetables

		40-49yr		50-59yr		60-69yr		70-79yr		Total	
		N	%	N	%	N	%	N	%	N	%
Never	Male	16	5.9	10	3.8	17	6.8	17	6.5	60	5.7
	Female	10	3.9	8	3.2	16	6.2	33	12.9	67	6.5
	Total	26	4.9	18	3.5	33	6.5	50	9.6	127	6.1
Once a month	Male	62	22.7	44	16.6	38	15.1	41	15.6	185	17.6
	Female	56	21.6	40	15.8	34	13.1	30	11.7	160	15.6
	Total	118	22.2	84	16.2	72	14.1	71	13.7	345	16.6
2 to 3 times a month	Male	90	33.0	105	39.6	72	28.7	69	26.2	336	31.9
	Female	76	29.3	77	30.4	65	25.1	47	18.4	265	25.8
	Total	166	31.2	182	35.1	137	26.9	116	22.4	601	28.9
Once a week	Male	77	28.2	61	23.0	66	26.3	72	27.4	276	26.2
	Female	79	30.5	67	26.5	66	25.5	66	25.8	278	27.1
	Total	156	29.3	128	24.7	132	25.9	138	26.6	554	26.6
2 to 3 times a week	Male	26	9.5	39	14.7	47	18.7	47	17.9	159	15.1
	Female	29	11.2	49	19.4	57	22.0	57	22.3	192	18.7
	Total	55	10.3	88	17.0	104	20.4	104	20.0	351	16.9
4 to 6 times a week	Male	1	0.4	4	1.5	7	2.8	14	5.3	26	2.5
	Female	8	3.1	11	4.3	14	5.4	19	7.4	52	5.1
	Total	9	1.7	15	2.9	21	4.1	33	6.4	78	3.8
Once a day	Male	1	0.4	2	0.8	4	1.6	3	1.1	10	1.0
	Female	1	0.4	1	0.4	5	1.9	4	1.6	11	1.1
	Total	2	0.4	3	0.6	9	1.8	7	1.3	21	1.0
2 or more times a month	Male	0	0	0	0	0	0	0	0	0	0
	Female	0	0	0	0	2	0.8	0	0	2	0.2
	Total	0	0	0	0	2	0.4	0	0	2	0.1

Frequency of food intakes
Hamburger steak

		40-49yr		50-59yr		60-69yr		70-79yr		Total	
		N	%	N	%	N	%	N	%	N	%
Never	Male	37	13.6	82	30.9	97	38.6	114	43.3	330	31.4
	Female	36	13.9	79	31.2	98	37.8	107	41.8	320	31.2
	Total	73	13.7	161	31.1	195	38.2	221	42.6	650	31.3
Once a month	Male	119	43.6	113	42.6	109	43.4	89	33.8	430	40.9
	Female	137	52.9	129	51.0	108	41.7	90	35.2	464	45.2
	Total	256	48.1	242	46.7	217	42.5	179	34.5	894	43.0
2 to 3 times a month	Male	100	36.6	51	19.2	35	13.9	52	19.8	238	22.6
	Female	75	29.0	41	16.2	47	18.1	49	19.1	212	20.6
	Total	175	32.9	92	17.8	82	16.1	101	19.5	450	21.6
Once a week	Male	16	5.9	16	6.0	6	2.4	7	2.7	45	4.3
	Female	10	3.9	4	1.6	6	2.3	10	3.9	30	2.9
	Total	26	4.9	20	3.9	12	2.4	17	3.3	75	3.6
2 to 3 times a week	Male	1	0.4	3	1.1	4	1.6	1	0.4	9	0.9
	Female	1	0.4	0	0	0	0	0	0	1	0.1
	Total	2	0.4	3	0.6	4	0.8	1	0.2	10	0.5

Frequency of food intakes
Meat dumpling (niku-danngo)

		40-49yr		50-59yr		60-69yr		70-79yr		Total	
		N	%	N	%	N	%	N	%	N	%
Never	Male	103	37.7	132	49.8	151	60.2	155	58.9	541	51.4
	Female	114	44.0	136	53.8	147	56.8	146	57.0	543	52.9
	Total	217	40.8	268	51.7	298	58.4	301	58.0	1084	52.1
Once a month	Male	118	43.2	102	38.5	83	33.1	84	31.9	387	36.8
	Female	119	45.9	97	38.3	87	33.6	79	30.9	382	37.2
	Total	237	44.5	199	38.4	170	33.3	163	31.4	769	37.0
2 to 3 times a month	Male	41	15.0	20	7.5	13	5.2	23	8.7	97	9.2
	Female	22	8.5	18	7.1	22	8.5	26	10.2	88	8.6
	Total	63	11.8	38	7.3	35	6.9	49	9.4	185	8.9
Once a week	Male	7	2.6	10	3.8	2	0.8	1	0.4	20	1.9
	Female	4	1.5	2	0.8	3	1.2	4	1.6	13	1.3
	Total	11	2.1	12	2.3	5	1.0	5	1.0	33	1.6
2 to 3 times a week	Male	4	1.5	1	0.4	2	0.8	0	0	7	0.7
	Female	0	0	0	0	0	0	1	0.4	1	0.1
	Total	4	0.8	1	0.2	2	0.4	1	0.2	8	0.4

Frequency of food intakes
Shao-mai

		40-49yr		50-59yr		60-69yr		70-79yr		Total	
		N	%	N	%	N	%	N	%	N	%
Never	Male	73	26.7	88	33.2	88	35.1	111	42.2	360	34.2
	Female	69	26.6	93	36.8	74	28.6	84	32.8	320	31.2
	Total	142	26.7	181	34.9	162	31.8	195	37.6	680	32.7
Once a month	Male	126	46.2	127	47.9	111	44.2	97	36.9	461	43.8
	Female	141	54.4	101	39.9	120	46.3	100	39.1	462	45.0
	Total	267	50.2	228	44.0	231	45.3	197	38.0	923	44.4
2 to 3 times a month	Male	58	21.2	37	14.0	43	17.1	44	16.7	182	17.3
	Female	40	15.4	45	17.8	56	21.6	52	20.3	193	18.8
	Total	98	18.4	82	15.8	99	19.4	96	18.5	375	18.0
Once a week	Male	15	5.5	11	4.2	7	2.8	9	3.4	42	4.0
	Female	9	3.5	12	4.7	9	3.5	17	6.6	47	4.6
	Total	24	4.5	23	4.4	16	3.1	26	5.0	89	4.3
2 to 3 times a week	Male	1	0.4	2	0.8	2	0.8	2	0.8	7	0.7
	Female	0	0	2	0.8	0	0	3	1.2	5	0.5
	Total	1	0.2	4	0.8	2	0.4	5	1.0	12	0.6

Frequency of food intakes
Fried or steamed dumpling stuffed with minced pork (gyoza)

		40-49yr		50-59yr		60-69yr		70-79yr		Total	
		N	%	N	%	N	%	N	%	N	%
Never	Male	13	4.8	21	7.9	29	11.6	43	16.3	106	10.1
	Female	11	4.2	22	8.7	18	6.9	32	12.5	83	8.1
	Total	24	4.5	43	8.3	47	9.2	75	14.5	189	9.1
Once a month	Male	107	39.2	118	44.5	116	46.2	108	41.1	449	42.7
	Female	131	50.6	120	47.4	115	44.4	105	41.0	471	45.9
	Total	238	44.7	238	45.9	231	45.3	213	41.0	920	44.3
2 to 3 times a month	Male	125	45.8	90	34.0	86	34.3	94	35.7	395	37.5
	Female	103	39.8	90	35.6	100	38.6	87	34.0	380	37.0
	Total	228	42.9	180	34.7	186	36.5	181	34.9	775	37.3
Once a week	Male	27	9.9	34	12.8	15	6.0	13	4.9	89	8.5
	Female	13	5.0	19	7.5	23	8.9	28	10.9	83	8.1
	Total	40	7.5	53	10.2	38	7.5	41	7.9	172	8.3
2 to 3 times a week	Male	1	0.4	2	0.8	5	2.0	5	1.9	13	1.2
	Female	1	0.4	2	0.8	3	1.2	4	1.6	10	1.0
	Total	2	0.4	4	0.8	8	1.6	9	1.7	23	1.1

Frequency of food intakes
Pizza

		40-49yr		50-59yr		60-69yr		70-79yr		Total	
		N	%	N	%	N	%	N	%	N	%
Never	Male	155	56.8	203	76.6	220	87.6	234	89.0	812	77.2
	Female	107	41.3	182	71.9	193	74.5	211	82.4	693	67.5
	Total	262	49.2	385	74.3	413	81.0	445	85.7	1505	72.4
Once a month	Male	89	32.6	53	20.0	31	12.4	27	10.3	200	19.0
	Female	131	50.6	63	24.9	59	22.8	41	16.0	294	28.6
	Total	220	41.4	116	22.4	90	17.6	68	13.1	494	23.8
2 to 3 times a month	Male	25	9.2	8	3.0	0	0	0	0	33	3.1
	Female	16	6.2	6	2.4	5	1.9	4	1.6	31	3.0
	Total	41	7.7	14	2.7	5	1.0	4	0.8	64	3.1
Once a week	Male	4	1.5	1	0.4	0	0	2	0.8	7	0.7
	Female	3	1.2	0	0	2	0.8	0	0	5	0.5
	Total	7	1.3	1	0.2	2	0.4	2	0.4	12	0.6
2 to 3 times a week	Male	0	0	0	0	0	0	0	0	0	0
	Female	2	0.8	2	0.8	0	0	0	0	4	0.4
	Total	2	0.4	2	0.4	0	0	0	0	4	0.2

Frequency of food intakes
Grilled meat

		40-49yr		50-59yr		60-69yr		70-79yr		Total	
		N	%	N	%	N	%	N	%	N	%
Never	Male	22	8.1	31	11.7	51	20.3	60	22.8	164	15.6
	Female	32	12.4	39	15.4	48	18.5	74	28.9	193	18.8
	Total	54	10.2	70	13.5	99	19.4	134	25.8	357	17.2
Once a month	Male	109	39.9	116	43.8	108	43.0	108	41.1	441	41.9
	Female	118	45.6	127	50.2	124	47.9	92	35.9	461	44.9
	Total	227	42.7	243	46.9	232	45.5	200	38.5	902	43.4
2 to 3 times a month	Male	119	43.6	89	33.6	70	27.9	72	27.4	350	33.3
	Female	88	34.0	66	26.1	64	24.7	69	27.0	287	27.9
	Total	207	38.9	155	29.9	134	26.3	141	27.2	637	30.6
Once a week	Male	17	6.2	27	10.2	18	7.2	21	8.0	83	7.9
	Female	19	7.3	17	6.7	19	7.3	16	6.3	71	6.9
	Total	36	6.8	44	8.5	37	7.3	37	7.1	154	7.4
2 to 3 times a week	Male	5	1.8	2	0.8	3	1.2	2	0.8	12	1.1
	Female	2	0.8	4	1.6	4	1.5	5	2.0	15	1.5
	Total	7	1.3	6	1.2	7	1.4	7	1.3	27	1.3
4 to 6 times a week	Male	1	0.4	0	0	0	0	0	0	1	0.1
	Female	0	0	0	0	0	0	0	0	0	0
	Total	1	0.2	0	0	0	0	0	0	1	0.0
Once a day	Male	0	0	0	0	1	0.4	0	0	1	0.1
	Female	0	0	0	0	0	0	0	0	0	0
	Total	0	0	0	0	1	0.2	0	0	1	0.0

Frequency of food intakes
Beefsteak

		40-49yr		50-59yr		60-69yr		70-79yr		Total	
		N	%	N	%	N	%	N	%	N	%
Never	Male	132	48.4	132	49.8	128	51.0	149	56.7	541	51.4
	Female	128	49.4	130	51.4	148	57.1	177	69.1	583	56.8
	Total	260	48.9	262	50.6	276	54.1	326	62.8	1124	54.1
Once a month	Male	116	42.5	111	41.9	109	43.4	89	33.8	425	40.4
	Female	117	45.2	108	42.7	93	35.9	67	26.2	385	37.5
	Total	233	43.8	219	42.3	202	39.6	156	30.1	810	39.0
2 to 3 times a month	Male	18	6.6	19	7.2	12	4.8	22	8.4	71	6.7
	Female	13	5.0	14	5.5	14	5.4	12	4.7	53	5.2
	Total	31	5.8	33	6.4	26	5.1	34	6.6	124	6.0
Once a week	Male	7	2.6	3	1.1	2	0.8	3	1.1	15	1.4
	Female	0	0	1	0.4	4	1.5	0	0	5	0.5
	Total	7	1.3	4	0.8	6	1.2	3	0.6	20	1.0
2 to 3 times a week	Male	0	0	0	0	0	0	0	0	0	0
	Female	1	0.4	0	0	0	0	0	0	1	0.1
	Total	1	0.2	0	0	0	0	0	0	1	0.0

Frequency of food intakes
Porksteak

		40-49yr		50-59yr		60-69yr		70-79yr		Total	
		N	%	N	%	N	%	N	%	N	%
Never	Male	154	56.4	168	63.4	173	68.9	199	75.7	694	66.0
	Female	138	53.3	149	58.9	172	66.4	208	81.3	667	64.9
	Total	292	54.9	317	61.2	345	67.6	407	78.4	1361	65.5
Once a month	Male	97	35.5	80	30.2	71	28.3	50	19.0	298	28.3
	Female	106	40.9	80	31.6	70	27.0	32	12.5	288	28.0
	Total	203	38.2	160	30.9	141	27.6	82	15.8	586	28.2
2 to 3 times a month	Male	20	7.3	17	6.4	6	2.4	10	3.8	53	5.0
	Female	15	5.8	23	9.1	13	5.0	14	5.5	65	6.3
	Total	35	6.6	40	7.7	19	3.7	24	4.6	118	5.7
Once a week	Male	2	0.7	0	0	1	0.4	4	1.5	7	0.7
	Female	0	0	1	0.4	4	1.5	2	0.8	7	0.7
	Total	2	0.4	1	0.2	5	1.0	6	1.2	14	0.7

Frequency of food intakes
Pork cutlet (ton-katsu)

		40-49yr		50-59yr		60-69yr		70-79yr		Total	
		N	%	N	%	N	%	N	%	N	%
Never	Male	24	8.8	39	14.7	45	17.9	54	20.5	162	15.4
	Female	33	12.7	50	19.8	58	22.4	74	28.9	215	20.9
	Total	57	10.7	89	17.2	103	20.2	128	24.7	377	18.1
Once a month	Male	126	46.2	114	43.0	129	51.4	119	45.2	488	46.4
	Female	148	57.1	134	53.0	129	49.8	109	42.6	520	50.6
	Total	274	51.5	248	47.9	258	50.6	228	43.9	1008	48.5
2 to 3 times a month	Male	108	39.6	94	35.5	61	24.3	76	28.9	339	32.2
	Female	71	27.4	63	24.9	64	24.7	61	23.8	259	25.2
	Total	179	33.6	157	30.3	125	24.5	137	26.4	598	28.8
Once a week	Male	13	4.8	16	6.0	14	5.6	13	4.9	56	5.3
	Female	7	2.7	6	2.4	8	3.1	11	4.3	32	3.1
	Total	20	3.8	22	4.2	22	4.3	24	4.6	88	4.2
2 to 3 times a week	Male	2	0.7	2	0.8	2	0.8	1	0.4	7	0.7
	Female	0	0	0	0	0	0	1	0.4	1	0.1
	Total	2	0.4	2	0.4	2	0.4	2	0.4	8	0.4

Frequency of food intakes
Ham or sausages

		40-49yr		50-59yr		60-69yr		70-79yr		Total	
		N	%	N	%	N	%	N	%	N	%
Never	Male	20	7.3	30	11.3	43	17.1	47	17.9	140	13.3
	Female	28	10.8	41	16.2	51	19.7	55	21.5	175	17.0
	Total	48	9.0	71	13.7	94	18.4	102	19.7	315	15.2
Once a month	Male	47	17.2	62	23.4	58	23.1	74	28.1	241	22.9
	Female	39	15.1	52	20.6	62	23.9	68	26.6	221	21.5
	Total	86	16.2	114	22.0	120	23.5	142	27.4	462	22.2
2 to 3 times a month	Male	72	26.4	70	26.4	74	29.5	77	29.3	293	27.9
	Female	69	26.6	70	27.7	59	22.8	69	27.0	267	26.0
	Total	141	26.5	140	27.0	133	26.1	146	28.1	560	26.9
Once a week	Male	71	26.0	63	23.8	44	17.5	36	13.7	214	20.3
	Female	69	26.6	44	17.4	40	15.4	33	12.9	186	18.1
	Total	140	26.3	107	20.7	84	16.5	69	13.3	400	19.2
2 to 3 times a week	Male	52	19.0	26	9.8	26	10.4	13	4.9	117	11.1
	Female	41	15.8	37	14.6	37	14.3	20	7.8	135	13.1
	Total	93	17.5	63	12.2	63	12.4	33	6.4	252	12.1
4 to 6 times a week	Male	8	2.9	11	4.2	4	1.6	9	3.4	32	3.0
	Female	9	3.5	6	2.4	7	2.7	8	3.1	30	2.9
	Total	17	3.2	17	3.3	11	2.2	17	3.3	62	3.0
Once a day	Male	3	1.1	3	1.1	2	0.8	7	2.7	15	1.4
	Female	4	1.5	3	1.2	3	1.2	3	1.2	13	1.3
	Total	7	1.3	6	1.2	5	1.0	10	1.9	28	1.3

Frequency of food intakes
Bacon

		40-49yr		50-59yr		60-69yr		70-79yr		Total	
		N	%	N	%	N	%	N	%	N	%
Never	Male	107	39.2	125	47.2	135	53.8	153	58.2	520	49.4
	Female	67	25.9	100	39.5	117	45.2	143	55.9	427	41.6
	Total	174	32.7	225	43.4	252	49.4	296	57.0	947	45.6
Once a month	Male	66	24.2	83	31.3	68	27.1	57	21.7	274	26.0
	Female	70	27.0	68	26.9	66	25.5	59	23.0	263	25.6
	Total	136	25.6	151	29.2	134	26.3	116	22.4	537	25.8
2 to 3 times a month	Male	51	18.7	31	11.7	26	10.4	40	15.2	148	14.1
	Female	56	21.6	49	19.4	38	14.7	32	12.5	175	17.0
	Total	107	20.1	80	15.4	64	12.5	72	13.9	323	15.5
Once a week	Male	35	12.8	18	6.8	13	5.2	10	3.8	76	7.2
	Female	49	18.9	25	9.9	23	8.9	12	4.7	109	10.6
	Total	84	15.8	43	8.3	36	7.1	22	4.2	185	8.9
2 to 3 times a week	Male	12	4.4	7	2.6	8	3.2	2	0.8	29	2.8
	Female	15	5.8	11	4.3	12	4.6	10	3.9	48	4.7
	Total	27	5.1	18	3.5	20	3.9	12	2.3	77	3.7
4 to 6 times a week	Male	2	0.7	1	0.4	0	0	1	0.4	4	0.4
	Female	2	0.8	0	0	3	1.2	0	0	5	0.5
	Total	4	0.8	1	0.2	3	0.6	1	0.2	9	0.4
Once a day	Male	0	0	0	0	1	0.4	0	0	1	0.1
	Female	0	0	0	0	0	0	0	0	0	0
	Total	0	0	0	0	1	0.2	0	0	1	0.0

Frequency of food intakes
Rorsted pork

		40-49yr		50-59yr		60-69yr		70-79yr		Total	
		N	%	N	%	N	%	N	%	N	%
Never	Male	105	38.5	95	35.8	106	42.2	115	43.7	421	40.0
	Female	87	33.6	98	38.7	80	30.9	110	43.0	375	36.5
	Total	192	36.1	193	37.3	186	36.5	225	43.4	796	38.3
Once a month	Male	111	40.7	122	46.0	91	36.3	85	32.3	409	38.9
	Female	124	47.9	104	41.1	124	47.9	92	35.9	444	43.2
	Total	235	44.2	226	43.6	215	42.2	177	34.1	853	41.0
2 to 3 times a month	Male	46	16.8	39	14.7	40	15.9	41	15.6	166	15.8
	Female	35	13.5	37	14.6	38	14.7	35	13.7	145	14.1
	Total	81	15.2	76	14.7	78	15.3	76	14.6	311	15.0
Once a week	Male	10	3.7	5	1.9	10	4.0	17	6.5	42	4.0
	Female	12	4.6	10	4.0	12	4.6	13	5.1	47	4.6
	Total	22	4.1	15	2.9	22	4.3	30	5.8	89	4.3
2 to 3 times a week	Male	1	0.4	4	1.5	4	1.6	5	1.9	14	1.3
	Female	1	0.4	3	1.2	4	1.5	6	2.3	14	1.4
	Total	2	0.4	7	1.4	8	1.6	11	2.1	28	1.3
4 to 6 times a week	Male	0	0	0	0	0	0	0	0	0	0
	Female	0	0	1	0.4	1	0.4	0	0	2	0.2
	Total	0	0	1	0.2	1	0.2	0	0	2	0.1

Frequency of food intakes
Liver (beef, pork and chicken)

		40-49yr		50-59yr		60-69yr		70-79yr		Total	
		N	%	N	%	N	%	N	%	N	%
Never	Male	147	53.8	127	47.9	108	43.0	109	41.4	491	46.7
	Female	127	49.0	121	47.8	118	45.6	114	44.5	480	46.7
	Total	274	51.5	248	47.9	226	44.3	223	43.0	971	46.7
Once a month	Male	90	33.0	85	32.1	85	33.9	97	36.9	357	33.9
	Female	103	39.8	84	33.2	79	30.5	75	29.3	341	33.2
	Total	193	36.3	169	32.6	164	32.2	172	33.1	698	33.6
2 to 3 times a month	Male	31	11.4	48	18.1	46	18.3	41	15.6	166	15.8
	Female	26	10.0	40	15.8	40	15.4	39	15.2	145	14.1
	Total	57	10.7	88	17.0	86	16.9	80	15.4	311	15.0
Once a week	Male	3	1.1	5	1.9	9	3.6	9	3.4	26	2.5
	Female	3	1.2	6	2.4	16	6.2	22	8.6	47	4.6
	Total	6	1.1	11	2.1	25	4.9	31	6.0	73	3.5
2 to 3 times a week	Male	2	0.7	0	0	1	0.4	5	1.9	8	0.8
	Female	0	0	1	0.4	6	2.3	5	2.0	12	1.2
	Total	2	0.4	1	0.2	7	1.4	10	1.9	20	1.0
4 to 6 times a week	Male	0	0	0	0	1	0.4	1	0.4	2	0.2
	Female	0	0	0	0	0	0	1	0.4	1	0.1
	Total	0	0	0	0	1	0.2	2	0.4	3	0.1
Once a day	Male	0	0	0	0	1	0.4	1	0.4	2	0.2
	Female	0	0	1	0.4	0	0	0	0	1	0.1
	Total	0	0	1	0.2	1	0.2	1	0.2	3	0.1

Frequency of food intakes
Grilled or boiled intestine (horumon-yaki, dote-ni)

		40-49yr		50-59yr		60-69yr		70-79yr		Total	
		N	%	N	%	N	%	N	%	N	%
Never	Male	138	50.5	129	48.7	155	61.8	172	65.4	594	56.5
	Female	165	63.7	160	63.2	184	71.0	200	78.1	709	69.0
	Total	303	57.0	289	55.8	339	66.5	372	71.7	1303	62.7
Once a month	Male	98	35.9	106	40.0	69	27.5	68	25.9	341	32.4
	Female	92	35.5	76	30.0	62	23.9	41	16.0	271	26.4
	Total	190	35.7	182	35.1	131	25.7	109	21.0	612	29.4
2 to 3 times a month	Male	34	12.5	25	9.4	23	9.2	21	8.0	103	9.8
	Female	2	0.8	15	5.9	8	3.1	13	5.1	38	3.7
	Total	36	6.8	40	7.7	31	6.1	34	6.6	141	6.8
Once a week	Male	3	1.1	4	1.5	4	1.6	2	0.8	13	1.2
	Female	0	0	2	0.8	4	1.5	1	0.4	7	0.7
	Total	3	0.6	6	1.2	8	1.6	3	0.6	20	1.0
2 to 3 times a week	Male	0	0	0	0	0	0	0	0	0	0
	Female	0	0	0	0	1	0.4	1	0.4	2	0.2
	Total	0	0	0	0	1	0.2	1	0.2	2	0.1
4 to 6 times a week	Male	0	0	1	0.4	0	0	0	0	1	0.1
	Female	0	0	0	0	0	0	0	0	0	0
	Total	0	0	1	0.2	0	0	0	0	1	0.0

Frequency of food intakes
Fried chicken (deep-fried chicken, kara-age)

		40-49yr		50-59yr		60-69yr		70-79yr		Total	
		N	%	N	%	N	%	N	%	N	%
Never	Male	79	28.9	112	42.3	109	43.4	126	47.9	426	40.5
	Female	68	26.3	132	52.2	114	44.0	119	46.5	433	42.2
	Total	147	27.6	244	47.1	223	43.7	245	47.2	859	41.3
Once a month	Male	91	33.3	91	34.3	87	34.7	75	28.5	344	32.7
	Female	126	48.6	72	28.5	86	33.2	79	30.9	363	35.3
	Total	217	40.8	163	31.5	173	33.9	154	29.7	707	34.0
2 to 3 times a month	Male	78	28.6	47	17.7	42	16.7	50	19.0	217	20.6
	Female	52	20.1	39	15.4	46	17.8	43	16.8	180	17.5
	Total	130	24.4	86	16.6	88	17.3	93	17.9	397	19.1
Once a week	Male	19	7.0	10	3.8	9	3.6	10	3.8	48	4.6
	Female	11	4.2	9	3.6	13	5.0	12	4.7	45	4.4
	Total	30	5.6	19	3.7	22	4.3	22	4.2	93	4.5
2 to 3 times a week	Male	5	1.8	5	1.9	4	1.6	2	0.8	16	1.5
	Female	2	0.8	1	0.4	0	0	3	1.2	6	0.6
	Total	7	1.3	6	1.2	4	0.8	5	1.0	22	1.1
4 to 6 times a week	Male	1	0.4	0	0	0	0	0	0	1	0.1
	Female	0	0	0	0	0	0	0	0	0	0
	Total	1	0.2	0	0	0	0	0	0	1	0.0

Frequency of food intakes
Roast chicken, chicken teri-yaki, yakitori

		40-49yr		50-59yr		60-69yr		70-79yr		Total	
		N	%	N	%	N	%	N	%	N	%
Never	Male	128	46.9	126	47.5	126	50.2	132	50.2	512	48.7
	Female	97	37.5	115	45.5	108	41.7	121	47.3	441	42.9
	Total	225	42.3	241	46.5	234	45.9	253	48.7	953	45.8
Once a month	Male	105	38.5	110	41.5	98	39.0	93	35.4	406	38.6
	Female	117	45.2	103	40.7	106	40.9	87	34.0	413	40.2
	Total	222	41.7	213	41.1	204	40.0	180	34.7	819	39.4
2 to 3 times a month	Male	32	11.7	22	8.3	22	8.8	29	11.0	105	10.0
	Female	41	15.8	30	11.9	35	13.5	35	13.7	141	13.7
	Total	73	13.7	52	10.0	57	11.2	64	12.3	246	11.8
Once a week	Male	6	2.2	6	2.3	4	1.6	8	3.0	24	2.3
	Female	3	1.2	2	0.8	9	3.5	12	4.7	26	2.5
	Total	9	1.7	8	1.5	13	2.5	20	3.9	50	2.4
2 to 3 times a week	Male	2	0.7	1	0.4	1	0.4	1	0.4	5	0.5
	Female	1	0.4	3	1.2	1	0.4	1	0.4	6	0.6
	Total	3	0.6	4	0.8	2	0.4	2	0.4	11	0.5