

## **Acknowledgments**

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**TABLE 1. EXAMPLES OF QUALITY OF HEALTH CARE IN THE UNITED STATES UNDERUSE: DID PATIENTS RECEIVE THE CARE THEY SHOULD HAVE RECEIVED?**

Health care service <sup>a</sup>	Sample description	Data source	Quality of care	Reference <sup>b</sup>
<b>PREVENTIVE CARE</b>				
<b>Immunizations</b>				
<i>Childhood Vaccines</i>				
3 Polio; 4 Diphtheria, Tetanus, Pertussis; 1 Measles, Mumps, Rubella; and 3 Haemophilus influenzae type b (Hib) by 18 months old. (3-4 doses of Hib are recommended, depending on formulation; 3 Hepatitis B virus vaccines [HBV] are also recommended but were not included in this particular study.) (American Academy of Pediatrics [AAP] 1994; CDC 1995a).	Children 19-35 months old in 31,997 households from a nationally representative sample of the U.S.	National Immunization Survey (NIS), 1995.	74% received all the vaccines. (If 3 doses of Hib are not included, the percentage is 76%.)	CDC 1997
<i>Influenza Vaccine</i>				
Annual vaccination of all people ≥65 years old is recommended (U.S. Preventive Services Task Force [USPSTF] 1989). This recommendation has since been reiterated (USPSTF 1996).	Approximately 8,000 adults ≥65 years old from a sample of people representative of the U.S. civilian, noninstitutionalized population.	National Health Interview Survey (NHIS), 1993.	52% received annual influenza vaccine.	CDC 1995b
<i>Influenza Vaccine</i>				
Same as above.	From a sample of 7,997 randomly selected patients ≥ 20 years old who had	Mailed surveys with phone follow-up of patients who visited one of 44 clinics	72% of people 65 years or older had an influenza vaccine in the prior year.	Kotke et al. 1997

	visited a clinic during the study period, 6,830 (85%) completed surveys.	from 8/1-9/9/94 in the Minneapolis-St. Paul metropolitan area with contracts with one of two managed care companies.		
<b><i>Pneumococcal Vaccine</i></b>	One-time vaccination for all people ≥65 years old is recommended (USPSTF 1989). In 1996, the recommendation was modified to specify one-time vaccination for all immunocompetent individuals ≥65 years old (USPSTF 1996).	Same as above.	Same as above.	28% received pneumococcal vaccine.  CDC 1995b
<b><i>Pneumococcal Vaccine</i></b>	Same as above.			
	From a sample of 7,997 randomly selected patients ≥ 20 years old who had visited a clinic during the study period, 6,830 (85%) completed surveys.	Mailed surveys with phone follow-up of patients who visited one of 44 clinics from 8/1-9/9/94 in the Minneapolis-St. Paul metropolitan area with contracts with one of two managed care companies.		36% of people 65 years or older had ever had a pneumococcus vaccine.  Kottke et al. 1997
<b>Cancer Screening</b>				
<b><i>Breast Cancer Screening</i></b>	Recommendations vary. In 1989, the USPSTF recommended an annual CBE for women ≥40 years old and mammography every 1-2 years for women 50-75 years old (USPSTF 1989). In 1996, it	Behavioral Risk Factor Surveillance System, 1992.		58% had CBE in the prior year; 46% had mammography in the prior year; 40% had both examinations in the prior year.  CDC 1993a

recommended mammography every 1-2 years with or without annual CBE for women 50-69 years old (USPSTF 1996).						
<i>Breast Cancer Screening</i> Same as above.	From a sample of 7,997 randomly selected patients $\geq 20$ years old who had visited a clinic during the study period, 6,830 (85%) completed surveys.	Mailed surveys with phone follow-up of patients who visited one of 44 clinics from 8/1-9/9/94 in the Minneapolis-St. Paul metropolitan area with contracts with one of two managed care companies.	72% of women 50 years or older had a breast examination in the prior two years; 68% of women 50 years or older had a mammogram in the prior two years.		Kottke et al. 1997	
<i>Breast Cancer Screening</i> Same as above.	187 women $> 50$ years old.	Interview survey of women in farm households randomly sampled in 6 southern Minnesota states, 1992.	38% of women had not received a mammogram in the prior 18 months.		Stoner et al. 1998	
<i>Cervical Cancer Screening</i> Women with an intact uterus (have a cervix) should have a Papanicolaou (Pap) smear after initiation of sexual intercourse and every 1-3 years thereafter. Some organizations recommend starting Pap smears for all women who have reached 18 years old, regardless of sexual history (USPSTF 1989). These recommendations have since been reiterated	Women $\geq 18$ years old with an intact uterus from a sample of 128,412 people representative of the U.S. civilian, noninstitutionalized population.	NHIS, 1992.	67% had a Pap smear in the prior 3 years.		CDC 1995c	

(USPSTF 1996).					
<i>Cervical Cancer Screening</i>					
Same as above.	From a sample of 7,997 randomly selected patients $\geq 20$ years old who had visited a clinic during the study period, 6,830 (85%) completed surveys.	Mailed surveys with phone follow-up of patients who visited one of 44 clinics from 8/1-9/9/94 in the Minneapolis-St. Paul metropolitan area with contracts with one of two managed care companies.	84% of women had a Papanicolaou test in the prior two years.	Kottke et al. 1997	
<i>Colon Cancer Screening</i>					
Recommendations vary. In 1980, the American Cancer Society recommended annual fecal occult blood testing (FOBT) starting at 50 years old. Some other organizations made similar recommendations. In 1989, the USPSTF did not make recommendations (USPSTF 1989), but in 1996, it recommended annual FOBT, sigmoidoscopy (periodicity unspecified), or both starting at 50 years old (USPSTF 1996).	Adults $\geq 40$ years old from a sample of 128,412 people representative of the U.S. civilian, noninstitutionalized population.	Same as above.	14% of men and 15% of women had FOBT in the prior year; 44% of men and 43% of women had ever had FOBT; 11% of men and 7% of women had sigmoidoscopy in the prior 3 years.	CDC 1995c	
<i>Colon Cancer Screening</i>					
Same as above.	250 women 40-65 years old who had no major illnesses, who received primary care at one of the group practices, and who were eligible for preventive care.	Medical records for patients from 4 group practices in Massachusetts, 11/1/85-10/31/87.	51%-59% of women had FOBT every 2 years or flexible sigmoidoscopy every 5 years.	Udvarhelyi et al. 1991	

<p><b>Cardiac Risk Factors</b></p>	<p><i>Smoking Counseling</i></p> <p>The USPSTF recommends a complete history of tobacco use as well as tobacco cessation counseling on a regular basis (USPSTF, 1989, 1996). The Agency for Health Care Policy (AHCPR) and Research recommends that primary care physicians identify patients' smoking status and counsel smokers at every visit (AHCPR, 1996).</p>	<p>8,778 smokers <math>\geq</math>18 years old from a sample of 43,732 people representative of the U.S. civilian, noninstitutionalized population.</p>	<p>NHIS, 1991.</p>	<p>37% of smokers who had a visit with a physician or other health-care professional during the prior year had been advised to quit smoking.</p>	<p>CDC 1993b</p>
<p><i>Smoking Counseling</i></p> <p>Same as above.</p>	<p>From a sample of 7,997 randomly selected patients <math>\geq</math> 20 years old who had visited a clinic during the study period, 6,830 (85%) completed surveys.</p>	<p>Mailed surveys with phone follow-up of patients who visited one of 44 clinics from 8/1-9/94 in the Minneapolis-St. Paul metropolitan area with contracts with one of two managed care companies.</p>	<p>53% of smokers were asked their smoking status. 47% of smokers were advised to quit.</p>	<p>Kotlke et al. 1997</p>	
<p><i>Smoking Counseling</i></p> <p>Same as above.</p>	<p>A nationally representative sample of 3,254 physicians representing 145,716 adult patient ambulatory care visits.</p>	<p>The National Ambulatory Medical Care Survey (NAMCS), 1991-1995.</p>	<p>Physicians knew the patient's smoking status at 66% of all patient visits. (The percentage for primary care physicians ranged from about 61%-67%, depending on the year.) Smoking counseling was provided at 22% of visits of known smokers. (The percentage for primary care physicians</p>	<p>Thordike et al. 1998</p>	

					ranged from 20%-38%.)	
<b>Blood Cholesterol Testing</b>						
In 1988, the National Heart, Lung, and Blood Institute recommended routine cholesterol screening at least every 5 years starting at 20 years old. In 1989, the USPSTF recommended periodic screening for middle-aged men (USPSTF, 1989), and in 1996, it recommended periodic screening for men 35-65 years old and women 45-65 years old. Treatment involves dietary therapy or lipid-lowering medications, as well as increased physical activity (National Cholesterol Education Program [NCEP], 1993).	3,700 adults $\geq$ 18 years old from a representative sample of the non-African American U.S. population.	Telephone survey by the National Heart, Lung, and Blood Institute, 1990.	65% of adults had ever had a blood cholesterol test; 51% had the test in the prior year; and an additional 14% had it prior to that. 35% had never had a blood cholesterol test.			Schucker et al. 1991
<b>Blood Cholesterol Testing</b>						
Same as above.	Adults $\geq$ 20 years old from a sample of people representative of the U.S. (excluding Wyoming, Kansas, and Nevada, and including the District of Columbia) (sample sizes for individual states range from 670 to 3,190 people).	CDC's Behavioral Risk Factor Surveillance System data, 1991.	The state-specific rates of adults who had cholesterol screening in the prior 5 years ranged from 57%--70%.			CDC 1993c
<b>Blood Cholesterol Testing</b>						
Same as above.	From a sample of 7,997 randomly selected patients $\geq$ 20 years old who had	Mailed surveys with phone follow-up of patients who visited one of 44 clinics	68% had had their cholesterol measured during the prior five years.			Kottke et al. 1997

	visited a clinic during the study period, 6,830 (85%) completed surveys.	from 8/1-9/9/94 in the Minneapolis-St. Paul metropolitan area with contracts with one of two managed care companies.		
<b>Blood Cholesterol Testing and Treatment</b>	Same as above.			
	1004 people 40-64 years old from a sample that had been enrolled continuously for at least five years and had at least one outpatient visit during the study period.	Medical records from three sites of a managed care plan (South Florida; Jacksonville, FL; and Atlanta, GA), 1/1/88-12/31/93.	84% were screened for elevated cholesterol levels at least once during the six-year period. 86% with a diagnosis of hypercholesterolemia were treated with diet therapy, cholesterol lowering drugs, or both.	Davis et al. 1998
<b>Blood Pressure Screening</b>	From a sample of 7,997 randomly selected patients $\geq 20$ years old who had visited a clinic during the study period, 6,830 (85%) completed surveys.	Mailed surveys with phone follow-up of patients who visited one of 44 clinics from 8/1-9/9/94 in the Minneapolis-St. Paul metropolitan area with contracts with one of two managed care companies.	88% had blood pressure measured at the most recent visit.	Kottke et al. 1997
	In 1989, the USPSTF recommended blood pressure measurements for normotensive patients $\geq 21$ years old once every two years if their last diastolic and systolic blood pressure readings were below 85 mm Hg and 140 mm Hg, respectively, and annually if their last diastolic was 85-89 mm Hg (USPSTF, 1989). In 1996, these recommendations were modified to specify <i>apparently</i> normotensive patients (USPSTF, 1996).			
<b>General Preventive Care</b>				

<i>Well-child care</i>	The AAP recommends routine history, physical examination, screening tests, and anticipatory guidance throughout childhood (AAP 1988).	All children who had their second birthday during the first half of the study year, and all 2-year-olds with otitis media or asthma, from a sample of 2,024 patients of 135 providers.	Medical records from physicians' offices, community health centers, and hospital outpatient facilities sampled from Maryland Medicaid claims data, 1988.	For each type of clinical setting, the study reports the average percentage of technical quality indicators for well-child care that were not met. Each average was located in the 35%–65% range.	Starfield et al. 1994
<i>Well-adult care</i>	Patients should have preventive health visits every 1-3 years when 19-64 years old and every year when ≥65 years old (USPSTF 1989).	All adults with asthma, hypertension, and diabetes from a sample of 2,024 patients of 135 providers.	Same as above.	For each type of clinical setting, the study reports the average percentage of technical quality indicators for well-adult care that were not met. Each average was located in the 45%–55% range.	Starfield et al. 1994
<b>ACUTE CARE</b>					
<b>Respiratory Illness</b>					
<i>Pneumonia</i>		1,408 patients hospitalized with pneumonia from a nationally representative sample of 7,156 patients hospitalized with any of 5 conditions (congestive heart failure, acute myocardial infarction, pneumonia, stroke, hip fracture) (Draper et al. 1990).	Medical records for Medicare patients from 297 hospitals in 5 states (California, Florida, Indiana, Pennsylvania, Texas), 7/1/85-6/30/86.	52%–90% of patients with pneumonia received appropriate components of care (e.g., documentation of tobacco use/nonuse and lower-extremity edema; blood pressure readings; oxygen therapy or intubation for hypoxic patients).	Kahn et al. 1990
<i>Pneumonia</i>		1,343 patients ≥ 65 years old hospitalized with pneumonia.	National Medicare claims data and medical records, 10/1/94-9/30/95.	89% had oxygenation assessment within 24 hours of hospital arrival, 76%	Meehan et al. 1997

