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表１．文献の種類の内訳

		論　説	研　究	報　告	計
活動	母子保健	4	6	2	12
	予防接種	1	1	1	3
	健康教育	2			2
	精神保健	5			5
小　計		12	7	3	22
概　念		2			2
看護提供者		4	12	7	23
教　育		3	5	10	18
推進への方略		1	1		2
総　計		22	25	20	67

表２．WHOが提唱するPHCと米国でのprimary careの比較（Eribes et al.1995による）

論　点	WHOの提唱するPHC	米国でのPrimary Care
起　源	HFAの戦略の一つとして考え出された。	プライマリー医の不足、医療資源の不均衡な分布、貧困層･地方住民の利用可能なサービスの減少、医療費の増加に対応するため。
定　義	PHCは実際的、科学的、社会的に受け入れられる方法による基本的なヘルスケアであり、住民の参加を通じて広く利用でき、地域や国の費用で賄いうるものである。	初回の接触から維持的ケアまでを含む複合的サービスの提供である。 利用者のニードと文化的価値観に応じて特定のサービスを照会する責任を持つ。
原則・本質	･PHCはすべての人が健康になるために必須なもので、社会経済開発も含む。 ･公的に推進される。 ･ケアの最小レベルは住民によって決められる。 ･予防に重点を置いた保健サービスを大多数に提供する。 ･支払能力に関係なく、広くサービスが可能。	･身体/精神的ヘルスサービスの臨床的分配は必要なものである。 ･プラーベートで商業セクターが推進 ･身体的健康と機能の治療と回復に焦点を当てる。 ･必要ならば二次、三次ケアへの照会 ･かぎられた予防的ケアを行なう。 ･高度のケアの分配を焦点にする。
住民参加	･人々のヘルスケアへの参加は、権利であり務めである。 ･利用者主導 ･草の根協力において利用者はパートナーとして参加 ･専門職の役割：ファッシリテーター、コンサルタント、促進者、資源	･サービスの再構築には住民の参加は考えられていない。 ･提供者主導 ･コミュニティは権力ブローカーによって規定される ･専門職の役割：エキスパート、提供者、権威者、チームリーダー
多領域の協力	･ヘルスセクターの範囲を超えて、保健、雇用者、教育対象者、他のセクターを含む協力 ･コミュニティ/集合体を対象 ･資源の割り当てでの協力	･保健専門職、ヘルスケアチームメンバー間で行なわれる。 ･個人/家族を対象 ･資源に対する競争
アクセス	･ヘルスケアサービスと資源は、広く入手可能であり適正がある ･住民の優先度、必要性に応じて、どこに何を求めるかが決まる	･医療職が、個々の疾患の予防と治療に必要なニードをもとに決める ･医療職主導の市場原理によって、どこに何を求めうるかが決まるため、ヘルスケアサービスの入手に制限がある。
エンパワーメント	･集団的意思決定と行動 ･権力の再配分 ･共同して働く、機能の付与；過程と結果	･個人の意思決定と行動＝ノンコンプライアンスはエンパワーメントの現われ ･相互作用はパターナリスティック ･供給者―支援過程

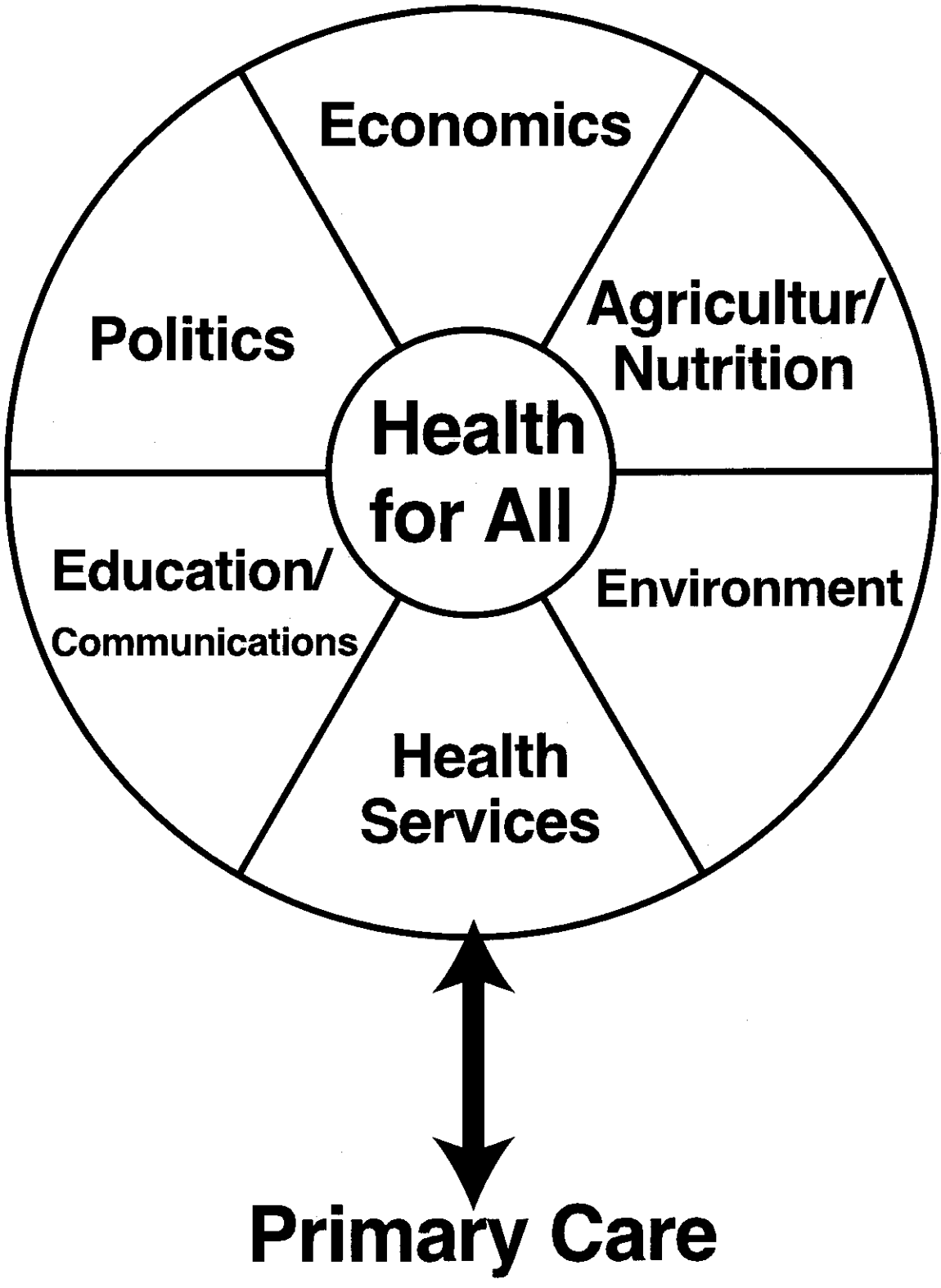

図1.PHCのモデル（Shoultz et al.1997による）

平成10年度厚生省看護対策総合研究事業

研究報告

看護の質の確保に関する研究―

プライマリヘルスケアに基づく看護モデルの開発―

：プライマリヘルスケアと看護実践・教育・研究に関する文献から

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